

Kurztriathlon 1000m - 38.5km - 10km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	269	Schaffeld Timo	OTV Endurance Team	1:45:53	MHK	1	3		0:14:32	1	0:57:58	2	1:12:31	1	0:33:22
2	273	Schlüter Klaus	ASV Ellewick	1:46:57	M40	1	1		0:13:44	2	0:58:39	1	1:12:23	2	0:34:34
3	275	Lindemann Marius	SV Gladbeck 13	1:49:55	MHK	2	2		0:14:09	5	1:01:12	4	1:15:21	3	0:34:34
4	261	Schuhmachers Jörg	Dülkener SV 06	1:50:43	M40	2	13		0:16:00	3	0:59:21	5	1:15:21	6	0:35:21
5	268	Lensing Martin	DJK Coesfeld	1:51:47	M35	1	5		0:15:01	4	1:00:19	3	1:15:20	7	0:36:26
6	274	Gerhards Sven	Dülkener-SV 06	1:53:36	M30	1	4		0:14:34	7	1:02:29	6	1:17:04	8	0:36:32
7	214	Siemes Bastian	Tri-Team Nettetal	1:54:49	M30	2	17		0:17:05	10	1:03:03	12	1:20:08	4	0:34:41
8	270	Reinders Yves	TuS Xanten	1:55:43	M45	1	7		0:15:25	10	1:03:03	7	1:18:28	12	0:37:14
9	264	Hallebach Tobias	LT Starlight Team Essen	1:55:51	MHK	3	11		0:15:44	9	1:03:01	8	1:18:45	10	0:37:05
10	263	Reichmann Alexander	Reeser SC Triathlon	1:56:53	M35	2	6		0:15:18	15	1:04:20	10	1:19:38	11	0:37:14
11	246	Laschet Christian	TRC Essen 84	1:58:01	M40	3	21		0:17:17	6	1:02:22	11	1:19:40	16	0:38:20
12	242	Jany Thomas	TRC Essen 84	1:59:00	M50	1	24		0:17:26	12	1:03:48	13	1:21:14	14	0:37:45
13	272	Theisen Stephan	Allround Triathlon Team	2:00:19	M40	4	9		0:15:38	20	1:05:55	15	1:21:34	20	0:38:45
14	250	Harbecke Sascha	Fortuna Düsseldorf	2:00:37	M35	3	12		0:15:59	16	1:05:16	14	1:21:15	22	0:39:22
15	157	Müller Marvin	WSV Schermbeck	2:01:00	MHK	4	62		0:20:24	17	1:05:20	23	1:25:45	5	0:35:14
16	221	Kaufhold Christian	MRRC München	2:01:32	M40	5	30		0:17:48	24	1:07:11	22	1:24:59	9	0:36:33
17	173	Docter Jonas	V-Racing Crew	2:01:44	M30	3	49		0:19:15	14	1:04:15	19	1:23:30	15	0:38:14
18	138	Schottek Benjamin	Tritus SV Neptun	2:03:05	M40	6	18		0:17:07	18	1:05:48	16	1:22:56	26	0:40:08
19	252	Birkenfeld Gero	geobiz.de	2:04:22	M45	2	16		0:16:48	8	1:02:42	9	1:19:30	60	0:44:52
20	230	Limburg Hermann	Triathlon Waldfeucht	2:04:25	M55	1	25		0:17:32	19	1:05:50	18	1:23:22	35	0:41:03
21	254	Egin-Richter Taner	TuS Breitscheid	2:04:51	M40	7	15		0:16:35	31	1:09:44	24	1:26:20	18	0:38:31
22	109	Schönwald Gerrit	Schermbeck	2:06:04	M35	4	77		0:21:21	21	1:06:07	28	1:27:29	19	0:38:35
23	237	Lutz Christian	Duisburger SV 98	2:06:40	M30	4	27		0:17:36	30	1:08:59	25	1:26:36	25	0:40:04
24	217	Musialak Thomas	Bochum	2:06:42	MHK	5	29		0:17:43	23	1:06:39	20	1:24:22	40	0:42:19
25	211	Gattinger Carsten	TriForce Vital RS	2:07:44	M50	2	43		0:18:59	27	1:08:04	27	1:27:04	34	0:40:40
26	229	Goraus Stephan	Dülkener SV 06	2:07:59	M40	8	19		0:17:10	48	1:12:20	39	1:29:30	17	0:38:28
27	177	Nier Lars	TRC Essen 1984	2:08:16	M40	9	35		0:18:16	22	1:06:34	21	1:24:50	46	0:43:26
28	241	Gerhards Stefan	Marathon-Club	2:09:09	MHK	6	28		0:17:37	38	1:11:03	31	1:28:40	30	0:40:29
29	145	Klösters Lukas	TV Goch	2:09:21	MHK	7	20		0:17:16	45	1:11:52	36	1:29:08	28	0:40:12
30	203	Rath Lukas	Triathlon Team	2:09:37	MHK	8	31		0:17:50	44	1:11:37	38	1:29:28	27	0:40:09
31	207	Kurowski Philipp	TV Hülsenbusch	2:10:11	M35	5	45		0:19:05	13	1:03:54	17	1:22:59	81	0:47:12
32	43	Klein Joachim		2:11:47	M45	3	33		0:18:04	33	1:09:46	29	1:27:50	49	0:43:56
33	112	Drenker Ditmar	Triathlon Team Ratingen	2:11:59	M50	3	34		0:18:08	36	1:10:27	30	1:28:36	45	0:43:22
34	171	Munnes Oliver	Mülheim an der Ruhr	2:12:06	M35	6	97		0:22:48	46	1:12:01	62	1:34:49	13	0:37:17
35	238	Brückner Steven	SSF Bonn	2:12:36	M40	10	26		0:17:33	42	1:11:29	35	1:29:03	47	0:43:33
36	206	Schmidt Lars	Hildener AT Triathlon	2:13:12	M45	4	61		0:20:20	39	1:11:09	45	1:31:29	37	0:41:42
37	118	Scharfenstein Sven	SV Tri City Darmstadt	2:13:33	M45	5	83		0:21:49	26	1:07:43	40	1:29:32	50	0:44:00
38	243	Bolz Thomas	Tri-Team TV Schiefbahn	2:13:52	M45	6	14		0:16:28	56	1:13:13	41	1:29:42	51	0:44:09
39	70	Torke Fred	Team Erdinger	2:14:19	M55	2	112		0:24:49	34	1:09:52	61	1:34:42	23	0:39:36
40	227	Kühn Christian	Moerser TV Triathlon	2:14:41	M30	5	54		0:19:46	74	1:15:05	64	1:34:51	24	0:39:50
41	135	Matschurek Andreas	VfL Engelskirchen	2:14:56	M35	7	60		0:20:17	76	1:15:31	69	1:35:48	21	0:39:07
42	136	Beckmann Matthias	Dorsten	2:15:03	M45	7	90		0:22:13	28	1:08:21	43	1:30:35	56	0:44:27
43	262	Döweling Niklas	SV Gladbeck 13	2:15:12	MHK	9	8		0:15:27	41	1:11:22	26	1:26:50	87	0:48:22
44	117	Van Engelen Bram	Breda	2:15:17	MHK	10	57		0:20:01	29	1:08:43	32	1:28:45	72	0:46:32
45	205	Huppertz Christian	DuisburgerSV98Triathlo	2:15:19	M35	8	44		0:19:04	32	1:09:46	33	1:28:51	71	0:46:27
46	256	Zeiler Ralf	Tri Team Hagen	2:15:28	M45	8	10		0:15:42	55	1:13:09	34	1:28:52	74	0:46:36
47	151	Müller André	TRI Familia	2:15:43	M30	6	66		0:20:31	67	1:14:34	65	1:35:05	32	0:40:37
48	247	Van Haren Marcel	Team Kiwicycle	2:15:54	M55	3	42		0:18:47	62	1:13:46	49	1:32:33	44	0:43:21
49	178	Peters Yorick	Emmerich am Rhein	2:16:06	MHK	11	36		0:18:17	84	1:17:08	67	1:35:26	33	0:40:39
50	228	Casella Marco	TRC Essen 84	2:16:39	M55	4	23		0:17:23	63	1:13:57	44	1:31:20	64	0:45:18
51	120	Kullik Oliver	TUS 09 Erkenschwick	2:17:16	M45	9	82		0:21:46	25	1:07:23	37	1:29:09	85	0:48:07
52	201	Landsberg Hans-Peter	VfL Engelskirchen	2:17:32	M50	4	79		0:21:33	77	1:15:36	77	1:37:10	29	0:40:22
53	210	Blasey Frank	PV-Triathlon Witten	2:17:33	M45	10	72		0:20:43	51	1:12:35	51	1:33:18	54	0:44:14

+ = enthält 2min Zeitstrafe

timing & results: Frielingsdorf - Datenservice - <http://www.frielingsdorf-datenservice.de>

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Gladbeck ELE Triathlon am 12. Mai 2019

Ergebnisliste

Kurztriathlon 1000m - 38.5km - 10km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
54	147	Aschenbrenner Marcus	TRC Essen	2:17:38	M45	11	71	0:20:42	40	1:11:15	46	1:31:58	66	0:45:39	
55	46	Mross Steffen	Essen	2:18:29	M45	12	102	0:23:13	57	1:13:14	73	1:36:27	38	0:42:01	
56	240	Kaiser Andre	Moerser TV Triathlon	2:18:30	M40	11	39	0:18:37	78	1:15:42	60	1:34:20	52	0:44:10	
57	224	Lürken Franz-Josef	Triathlon Team Indeland	2:18:36	M55	5	56	0:20:00	64	1:14:18	59	1:34:18	55	0:44:18	
58	213	Kruse Thorsten	ASV Duisburg	2:18:52	M50	5	37	0:18:21	72	1:14:58	52	1:33:20	65	0:45:32	
59	22	Olschok Denis	Duisburg	2:18:54	MHK	12	85	0:21:53	80	1:16:30	81	1:38:23	31	0:40:31	
60	126	Friedrich-Heyking Marc	Tri-Team Hagen	2:19:13	M45	13	47	0:19:10	69	1:14:50	57	1:34:01	63	0:45:12	
61	51	Sobaszkiwicz Marc	LP-Racing Team	2:19:44	MHK	13	91	0:22:15	43	1:11:30	55	1:33:46	67	0:45:58	
62	140	Kläsener Christian	Düsseldorf	2:20:04	M50	6	52	0:19:37	35	1:10:07	42	1:29:45	97	0:50:19	
63	165	Scholz Christopher	SC Gelsenkirchen 04	2:20:05	M45	14	99	0:22:55	49	1:12:24	66	1:35:19	59	0:44:45	
64	208	Schröder Norbert	TK Grevenbroich	2:20:09	M55	6	75	0:20:54	50	1:12:32	53	1:33:27	76	0:46:42	
65	170	Deick Andreas	SSF Bonn	2:20:18	M50	7	73	0:20:43	73	1:15:04	68	1:35:48	57	0:44:30	
66	169	Rensing Eugen	DJK Coesfeld	2:20:19	M60	1	50	0:19:16	54	1:13:04	48	1:32:21	84	0:47:57	
67	142	Url Michael	Moerser TV Triathlon	2:20:25	M40	12	70	0:20:42	59	1:13:30	58	1:34:12	68	0:46:12	
68	155	Lichtenberger Frank	Styrumer TV Mülheim	2:20:33	M55	7	65	0:20:29	53	1:13:02	54	1:33:32	78	0:47:01	
69	102	Chmielewski Roland	Triathlon Team Ratingen	2:20:42	M50	8	48	0:19:14	81	1:16:35	70	1:35:49	61	0:44:52	
70	77	Hilden Dirk	SSK Kerpen	2:20:46	M50	9	46	0:19:09	90	1:18:51	80	1:38:00	42	0:42:45	
71	33	Romberg Marvin	Triathlon Team	2:20:51	M30	7	114	0:25:11	58	1:13:26	84	1:38:37	39	0:42:13	
72	152	Stobbe Markus	Essen	2:21:04	M30	8	59	0:20:10	60	1:13:41	56	1:33:51	80	0:47:12	
73	9	Grütters Tim		2:21:16	M45	15	101	0:23:09	82	1:16:57	88	1:40:06	36	0:41:09	
74	61	Murray Samuel	Essen	2:21:27	M30	9	103	0:23:20	75	1:15:10	82	1:38:31	43	0:42:56	
75	57	Theurich Florian	Essen	2:21:46	M40	13	40	0:18:43	86	1:18:23	76	1:37:07	58	0:44:39	
76	64	Schilling Patrick	Gladbeck	2:22:52	MHK	14	80	0:21:33	37	1:10:37	47	1:32:11	100	0:50:40	
77	81	Schneider Michael	TV Aldekerk	2:23:24	M35	9	67	0:20:34	52	1:12:36	50	1:33:10	95	0:50:13	
78	222	Kunte Carsten	ASC Mülheim	2:23:57	M50	10	22	0:17:18	85	1:17:32	63	1:34:51	91	0:49:06	
79	107	Stehr Dirk	Kevelaerer SV Triathlon	2:24:13	M50	11	93	0:22:23	68	1:14:37	75	1:37:00	82	0:47:13	
80	67	Falke Till	TSV Dormagen	2:24:17	M45	16	104	0:23:28	61	1:13:45	78	1:37:13	79	0:47:03	
81	245	Althoff Markus	OTV Endurance Team	2:24:23	M50	12	111	0:24:11	47	1:12:04	71	1:36:16	86	0:48:07	
82	179	Heymann Jan	Tri-Geckos Dortmund	2:25:04	M40	14	84	0:21:50	91	1:19:01	91	1:40:52	53	0:44:12	
83	79	Becker Rainer	Haltern am See	2:25:25	M55	8	86	0:21:56	65	1:14:27	72	1:36:23	90	0:49:02	
84	78	Lankes Stefan	SV Schermbeck	2:25:42	M50	13	64	0:20:29	88	1:18:40	85	1:39:09	73	0:46:33	
85	37	Overwin Ralph	TRC Essen 84	2:26:01	M60	2	92	0:22:17	66	1:14:30	74	1:36:48	92	0:49:13	
86	231	Piontek Andreas	SC Bayer 05 Uerdingen	2:28:55	M50	14	53	0:19:43	104	1:22:48	97	1:42:31	69	0:46:24	
87	34	Schmelzer Kai	Lauf Team Unna	2:29:43	M40	15	115	0:25:16	103	1:21:45	111	1:47:02	41	0:42:41	
88	162	Lawrenz Sven	Nordtriathleten	2:29:47	M40	16	74	0:20:46	93	1:19:27	89	1:40:13	93	0:49:34	
89	17	Comtesse Denis	Münster	2:30:16	M35	10	81	0:21:39	107	1:23:38	102	1:45:18	62	0:44:58	
90	182	Ericke Patrick	TSV Bayer Dormagen Tri	2:30:54	M40	17	55	0:19:48	101	1:21:18	92	1:41:06	94	0:49:48	
91	144	Breier Jörn	Tri-Team TV Schiefbahn	2:31:06	M45	17	78	0:21:28	99	1:21:06	98	1:42:34	88	0:48:31	
92	159	Trebeck Marc	Triathlon Team Ratingen	2:31:49	M45	18	58	0:20:07	92	1:19:04	86	1:39:11	105	0:52:38	
93	1	Pyka Martin	OTV Endurance Team	2:32:03	M40	18	95	0:22:30	70	1:14:51	79	1:37:21	116	0:54:41	
94	164	Blesgen Jörg	SV Tricity Darmstadt	2:32:21	M50	15	69	0:20:40	97	1:21:02	94	1:41:43	99	0:50:37	
95	35	Kallabis Jakob	DJK Eintracht Coesfeld	2:32:54	MJun	1	87	0:21:57	111	1:24:15	109	1:46:13	75	0:46:41	
96	24	Birkhoven Stefan	Düsseldorf	2:33:29	M55	9	96	0:22:43	105	1:22:51	105	1:45:34	83	0:47:54	
97	103	Pfeiffer Dirk	ASV Duisburg	2:33:37	M55	10	100	0:22:56	117	1:27:05	116	1:50:01	48	0:43:35	
98	54	Wuesten Christian	Team Erdinger	2:34:02	M45	19	109	0:23:51	87	1:18:35	96	1:42:26	103	0:51:35	
99	74	Paul Thomas	LCW Herne	2:34:27	M60	3	107	0:23:40	71	1:14:53	83	1:38:33	120	0:55:53	
100	0	unbekannt DW0EPWZ		2:34:37	M	0	63	0:20:28	100	1:21:09	93	1:41:37	109	0:53:00	
101	219	Sures Bernd	Haltern am See	2:35:17	M50	16	41	0:18:45	102	1:21:37	90	1:40:22	117	0:54:54	
102	56	Büttner Christoph	Marathon Club	2:35:46	M35	11	123	0:28:32	79	1:16:19	100	1:44:51	101	0:50:54	
103	80	Conrad Jürgen	TSV Bayer Dormagen	2:36:00	M70	1	94	0:22:25	98	1:21:06	99	1:43:31	104	0:52:28	
104	59	Rataj André	Voerde	2:36:21	M40	19	105	0:23:36	115	1:25:57	114	1:49:34	77	0:46:46	
105	32	Zielke Armin	TUS Breitscheid 72/89	2:36:31	M45	20	89	0:22:11	108	1:23:47	106	1:45:58	98	0:50:32	
106	166	Barral Farto Ramon	UM Triathlon e.V.	2:36:45	M45	21	76	0:21:12	96	1:20:56	95	1:42:09	115	0:54:36	

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Gladbeck ELE Triathlon am 12. Mai 2019

Ergebnisliste

Kurztriathlon 1000m - 38.5km - 10km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
107	163	Sauels Heinrich	VFL Tönisberg	2:36:49	M55	11	38	0:18:24	116	1:26:54	103	1:45:19	102	0:51:30	
108	25	Leben Georg	SSF Bonn	2:39:05	M55	12	117	0:25:19	94	1:20:42	107	1:46:02	110	0:53:02	
109	18	Schröder-Bernhardi Julia	affriabolos HH	2:39:11	M40	20	106	0:23:38	113	1:25:13	113	1:48:52	96	0:50:18	
110	23	Vittinghoff Mario	Dorsten	2:39:37	M40	21	121	0:28:17	83	1:17:05	104	1:45:22	113	0:54:14	
111	44	Pütz Frank	PSV Brühl Triathlon	2:40:23	M50	17	110	0:24:07	95	1:20:44	101	1:44:51	119	0:55:31	
112	31	Siano Claas	Blau-Weiß Bochum 1896	2:40:24	M40	22	119	0:26:23	112	1:25:13	118	1:51:36	89	0:48:47	
113	277	Thielmann Tobias	Lauf Team Unna	2:40:27	M35	12	88	0:22:11	109	1:23:55	108	1:46:06	114	0:54:21	
114	4	Hengst Christian	Bottrop-Kirchhellen	2:41:17	M30	10	113	0:24:56	106	1:23:08	112	1:48:04	111	0:53:13	
115	111	Benning Michael	Allround Triathlon Team	2:42:51	M55	13	98	0:22:52	118	1:27:07	115	1:50:00	108	0:52:50	
116	215	Kleinig Florian	Essen	2:44:40	M45	22	32	0:18:03	121	1:28:35	110	1:46:39	123	0:58:01	
117	128	Schiller Pascal	Duisburger SV98	2:46:02	M35	13	68	0:20:36	89	1:18:43	87	1:39:19	125	1:06:43	
118	12	Kettner Robert	Mönchengladbach	2:46:47	M40	23	118	0:25:22	120	1:28:35	121	1:53:57	107	0:52:50	
119	13	Buntins Michael	TuS Ahrweiler	2:46:54	M65	1	124	0:28:37	110	1:24:11	120	1:52:49	112	0:54:05	
120	168	Küssner Bernd	Triathlon Team Ratingen	2:47:02	M65	2	51	0:19:35	124	1:34:40	122	1:54:15	106	0:52:46	
121	21	Wilming Dirk	Dinslaken	2:48:13	M50	18	116	0:25:19	114	1:25:27	117	1:50:47	122	0:57:26	
122	49	Grunwald Klaus	Rapid Ramirez	2:49:23	M55	14	108	0:23:40	122	1:29:04	119	1:52:45	121	0:56:38	
123	10	Lou Sot	OTV Endurance Team	2:50:06	M40	24	125	0:31:08	123	1:32:31	124	2:03:40	70	0:46:25	
124	110	Laskowski Atta Andreas	otv endurance team	2:54:38	M55	15	120	0:26:49	119	1:28:10	123	1:55:00	124	0:59:38	
125	133	Klahold Stefan	Hagen	3:07:00	M45	23	0	0:00:00	0	0:00:00	0	0:00:00	0	0:00:00	
126	30	Ullrich Udo	Tri-Geckos Dortmund	3:24:02	M60	4	122	0:28:31	125	2:00:32	125	2:29:04	118	0:54:57	

nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	139	Schulze-Böing Christian	Reeser SC Triathlon	0:00:00	M45	-	126	0:20:21	126	1:08:46	126	1:29:08	0	0:00:00	
0	209	Schwarz Harald	VT Triangel Kempen	0:00:00	M55	-	128	0:21:34	0	0:00:00	0	0:00:00	0	0:00:00	
0	279	Mosbacher Thomas	Voerde	0:00:00	M50	-	127	0:23:10	127	1:42:49	127	2:05:59	0	0:00:00	

Gladbeck ELE Triathlon am 12. Mai 2019

Ergebnisliste

Kurztriathlon 1000m - 38.5km - 10km

Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	175	Hüsken Isabelle	TRC Essen 84	2:07:12	WHK	1	1		0:14:59	4	1:11:41	2	1:26:40	2	0:40:32
2	253	Schuhmachers Daphne	Dülkener SV 06	2:08:24	W45	1	6		0:18:11	1	1:07:19	1	1:25:31	8	0:42:53
3	212	Reinl Anne-Katrin	Hildener AT Triathlon	2:09:34	W35	1	7		0:18:23	2	1:09:32	3	1:27:55	4	0:41:39
4	154	Schafhausen Anne	SSF Bonn Triathlon	2:12:00	W30	1	16		0:20:36	10	1:13:30	9	1:34:06	1	0:37:53
5	232	Tempesta Angela	AS Neukirchen-Vluyn	2:12:46	W35	2	5		0:16:42	6	1:12:11	5	1:28:54	9	0:43:52
6	267	Ragot Melanie	Freie Schwimmer	2:14:34	W45	2	4		0:16:33	12	1:13:58	6	1:30:31	11	0:44:03
7	266	Brunckhorst Steffi	TRC Essen 84	2:15:27	W40	1	2		0:15:36	7	1:12:44	4	1:28:20	24	0:47:07
8	249	Kronwald Lea	OTV Endurance Team	2:16:39	WHK	2	3		0:16:21	13	1:15:03	7	1:31:24	14	0:45:15
9	281	Höller Andrea	TSV Bayer 04	2:18:58	W50	1	34		0:23:53	9	1:13:06	12	1:36:59	5	0:41:59
10	104	Vanessa Theisen	Allround Triathlon Team	2:19:18	W40	2	18		0:20:55	11	1:13:31	11	1:34:26	13	0:44:51
11	280	Casimir Sabine	AS Neukirchen-Vluyn	2:21:08	W50	2	38		0:24:11	8	1:12:54	13	1:37:05	10	0:44:02
12	116	Schickel Pia	Tri-Team Nettetal	2:22:28	W35	3	31		0:23:31	3	1:10:53	10	1:34:25	29	0:48:02
13	50	Albracht Mechthild	RC Sorpesee Tri Team	2:22:36	W45	3	10		0:19:24	19	1:18:51	14	1:38:16	12	0:44:20
14	66	Van Hüüt Annika	TuS Xanten Triathlon	2:22:52	WHK	3	24		0:22:12	20	1:19:04	17	1:41:17	3	0:41:34
15	124	Optekamp Silke	TRI Team Maxmo	2:25:09	W40	3	41		0:24:33	17	1:18:05	24	1:42:39	6	0:42:30
16	65	Van Engelen Elke	Ute Mückel Triathlon	2:25:31	W50	3	20		0:21:46	5	1:12:06	8	1:33:52	39	0:51:38
17	76	Van Hüüt Christina	LG Alpen	2:25:44	W30	2	28		0:23:01	15	1:17:11	16	1:40:12	16	0:45:31
18	119	Gaspercic Martina	ASV Duisburg	2:25:51	W50	4	8		0:19:17	31	1:23:42	25	1:43:00	7	0:42:51
19	29	Arndt Tine	team erdinger alkoholfrei	2:28:22	W40	4	25		0:22:18	21	1:19:49	19	1:42:08	19	0:46:14
20	204	Böttcher Agnes Isabella	TVG Kaiserau Triathlon	2:29:11	W45	4	50		0:26:44	14	1:16:57	27	1:43:42	15	0:45:29
21	174	Marenbach Ina	vrcingcrew	2:29:24	W30	3	17		0:20:41	25	1:21:41	22	1:42:23	23	0:47:01
22	68	Branz Stefanie	TRC Essen 84	2:29:30	W45	5	32		0:23:36	16	1:17:53	18	1:41:29	28	0:48:01
23	75	Simon Iris	ASV Duisburg	2:29:35	W50	5	21		0:21:52	22	1:20:22	20	1:42:14	25	0:47:20
24	180	Schmenk Elena	Essen	2:30:00	WHK	4	0		0:00:00	0	0:00:00	0	0:00:00	0	0:00:00
25	63	Tiggess Sabrina	RC Sorpesee	2:30:06	W40	5	35		0:23:53	23	1:20:37	28	1:44:31	17	0:45:35
26	181	Büttner Melanie	Triathlon Club Essen 84	2:30:19	W45	6	9		0:19:18	27	1:22:59	21	1:42:18	27	0:48:00
27	156	Wienforth Silke	PV-Triathlon Witten	2:32:58	W45	7	13		0:20:19	26	1:22:06	23	1:42:25	34	0:50:32
28	153	Kauffmann Inga	LT Starlight Team Essen	2:33:44	W45	8	15		0:20:29	36	1:27:00	32	1:47:29	20	0:46:14
29	39	Baumeister Karen	TV Werne 03	2:34:22	W50	6	23		0:22:06	24	1:21:15	26	1:43:21	36	0:51:00
30	134	Benkenstein Ilona	Wipperfürth	2:36:25	W60	1	14		0:20:22	37	1:28:17	35	1:48:40	26	0:47:45
31	71	Dille Jasmin	M.Gladbacher Turnverein	2:37:04	W35	4	26		0:22:40	32	1:25:37	33	1:48:18	30	0:48:45
32	129	Henseler Regina	AS Neukirchen-Vluyn	2:37:09	W50	7	19		0:21:40	18	1:18:23	15	1:40:04	45	0:57:05
33	69	Freischlag Regina	Gladbeck	2:37:35	W40	6	30		0:23:29	29	1:23:13	30	1:46:42	35	0:50:52
34	11	Lanfermann Jill	OTV Endurance Team	2:37:52	W30	4	44		0:25:23	28	1:23:00	34	1:48:24	32	0:49:28
35	27	Höse Alesja	SV Schermbeck	2:40:10	W35	5	27		0:22:58	42	1:30:30	40	1:53:28	21	0:46:41
36	45	Ballhorn Kirsten	LT Starlight Team Essen	2:42:58	W40	7	33		0:23:37	30	1:23:33	31	1:47:11	43	0:55:47
37	114	Alefelder Barbara	Freie Schwimmer	2:43:30	W45	9	22		0:22:02	48	1:34:45	44	1:56:48	22	0:46:42
38	16	Gelbarth Anja	LT Starlight Team Essen	2:44:10	W45	10	40		0:24:26	38	1:28:35	39	1:53:02	37	0:51:08
39	14	Schön Sandra	Borbecker Raketen Essen	2:46:56	W45	11	37		0:24:03	44	1:31:34	43	1:55:38	38	0:51:18
40	176	Müller Sabrina	M. Gladbacher TV 1848	2:47:28	W30	5	11		0:19:39	45	1:32:18	38	1:51:58	42	0:55:30
41	28	Schaefer Katrin	TV Kupferdreh	2:47:36	W35	6	45		0:25:38	39	1:28:36	41	1:54:15	40	0:53:21
42	62	Spindeler Julia	SV Blau-Weiß Bochum	2:47:42	W40	8	52		0:28:20	41	1:30:16	46	1:58:36	31	0:49:05
43	146	Pascher Isabell	Bocholter WSV	2:48:28	WHK	5	12		0:20:17	33	1:25:58	29	1:46:16	51	1:02:12
44	127	Brüggemann Ronja	Tri-Geckos Dortmund	2:48:35	WHK	6	39		0:24:21	34	1:26:20	37	1:50:42	47	0:57:52
45	26	Stehr Nicole	Kevelaerer SV Triathlon	2:49:04	W50	8	29		0:23:28	35	1:26:42	36	1:50:10	48	0:58:53
46	38	Hellenbrand Lilo	Triathlon Waldfeucht	2:49:22	W60	2	49		0:26:19	52	1:36:50	50	2:03:09	18	0:46:12
47	58	Steiner Tanja	TV Jahn Hiesfeld	2:49:33	W40	9	36		0:23:57	49	1:35:29	48	1:59:27	33	0:50:05
48	19	Wegmann Sabine	Hattinge	2:50:53	W55	1	46		0:25:49	40	1:28:56	42	1:54:46	44	0:56:07
49	20	Schöttle Barbara	Marathon Mülheim	2:51:10	W55	2	48		0:26:15	43	1:31:29	45	1:57:44	41	0:53:25
50	15	Kaiser Petra	TV Jahn Hiesfeld	2:57:41	W60	3	47		0:26:09	47	1:34:06	49	2:00:15	46	0:57:26
51	115	Olejniczak Saskia	SV Blau-Weiss Bochum	2:59:35	W35	7	43		0:25:13	46	1:33:41	47	1:58:55	50	1:00:40
52	8	Grabner Nadine	Bochum	3:05:34	W30	6	53		0:29:45	51	1:36:01	53	2:05:47	49	0:59:46
53	41	Kreft Birgit	TV Jahn Hiesfeld e.V	3:07:31	W50	9	51		0:27:23	50	1:35:58	51	2:03:21	52	1:04:09

+ = enthält 2min Zeitstrafe

timing & results: Frielingsdorf - Datenservice - <http://www.frielingsdorf-datenservice.de>

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Gladbeck ELE Triathlon am 12. Mai 2019

Ergebnisliste

Kurztriathlon 1000m - 38.5km - 10km

Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
54	60	Engels Jenny	Gelsenkirchen	3:37:23	W35	8	42	0:24:56	53	1:39:20	52	2:04:17	53	1:33:06	