

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
1	1	Johnstone Nikki	LAZ Puma Rhein-Sieg		2:23:06	2:23:08	1	M35	84	0:33:07	1:10:18	1:12:47
2	2	Bravo Alberto	Spanien		2:34:08	2:34:08	2	M35	81	0:00:00	1:16:05	1:18:02
3	9265	Trautmann Ulrich	Don Bosco	GER	2:36:07	2:36:10	3	M35	81	0:36:01	1:16:02	1:20:05
4	1821	Striegel Timo	DIE PRAXIS LUDWIGSBURG	GER	2:40:45	2:40:48	1	M30	86	0:37:33	1:19:29	1:21:16
5	1852	Schumacher Richard	Sparda- Team Rechberghausen	GER	2:41:11	2:41:14	4	M35	83	0:35:44	1:16:05	1:25:06
6	5	Röskens Jens	LAZ Puma Rhein-Sieg		2:43:07	2:43:09	5	M35	83	0:38:21	1:21:03	1:22:03
7	1414	Schorlemmer Richard	*Flawil	GER	2:44:18	2:44:26	2	M30	86	0:37:29	1:19:59	1:24:19
8	12473	Sendker Thomas	Deutsche Post	GER	2:44:35	2:44:39	6	M35	81	0:39:07	1:22:13	1:22:21
9	1407	Starosta Patric	P. S. running	GER	2:46:44	2:46:49	3	M30	89	0:38:26	1:21:34	1:25:10
10	1525	Gonzalo Dr. Del Moral Arro	Club Atletismo Palaciego	ESP	2:47:04	2:47:06	7	M35	80	0:37:33	1:19:47	1:27:17
11	1277	Bardon Dr. Herwart	Team Magenta	GER	2:48:48	2:48:52	1	M50	69	0:38:41	1:22:03	1:26:44
12	1493	Völker Christian	*Mechernich	GER	2:49:27	2:49:41	4	M30	85	0:37:42	1:21:24	1:28:03
13	1712	Bullach Andrej	LG Hückeswagen	GER	2:50:20	2:50:24	2	M50	69	0:39:22	1:23:18	1:27:01
14	1776	Servais Alex	*Cheratte	BEL	2:51:35	2:51:38	1	MHK	91	0:35:53	1:18:52	1:32:42
15	12689	Gebremeskel Andetsion Rob	Deutsche Post	GER	2:53:15	2:53:20	2	MHK	93	0:39:06	1:22:13	1:31:02
16	3	Beelitz Christian	LAZ Puma Rhein-Sieg		2:53:48	2:53:51	8	M35	81	0:38:40	1:22:03	1:31:44
17	1171	VIRY Frédéric	Scapa NANCY Orientation	FRA	2:54:29	2:54:34	3	M50	66	0:40:04	1:25:08	1:29:20
18	1750	Jaworski Krzysztof	Visegrad Maraton Rytro	POL	2:54:30	2:54:32	9	M35	80	0:40:16	1:25:37	1:28:53
19	1175	Rutherford Peter	Itheko Sport Athletic Club	RSA	2:55:20	2:55:29	10	M35	80	0:41:20	1:27:05	1:28:14
20	16561	Hoppe Ronnie		GER	2:55:43	2:55:46	1	M40	76	0:40:34	1:26:47	1:28:56
21	16554	Held Tobias	VfL Waiblingen Triathlon	DEU	2:56:56	2:57:03	11	M35	82	0:42:30	1:29:08	1:27:48
22	1586	Holda Adam	Trawden AC	POL	2:57:30	2:57:34	12	M35	80	0:39:52	1:25:10	1:32:20
23	9268	Lackmann Gregor	Bonner RG	GER	2:57:44	2:57:51	4	M50	68	0:42:33	1:29:11	1:28:33
24	1173	Wilms Dr. Robert	SG Wenden	GER	2:59:00	2:59:00	5	M30	87	0:42:49	1:30:11	1:28:48
25	16395	Scholz Dieter			2:59:06	2:59:15	1	M45	72	0:41:25	1:27:30	1:31:36
26	12469	Ryba Thomas	Deutsche Post	GER	2:59:23	2:59:29	2	M40	76	0:42:06	1:29:11	1:30:11
27	4560	Maier Sebastian	*Sankt Augustin	GER	3:00:17	3:00:23	2	M45	72	0:41:28	1:27:33	1:32:44
28	1726	Euler Mario	BC Rainrod	GER	3:00:27	3:00:32	3	M45	73	0:41:02	1:26:52	1:33:35
29	1185	Marquardt Christof	LG Deiringsen	GER	3:00:57	3:01:00	5	M50	68	0:39:28	1:26:20	1:34:37
30	1172	Hohls Dominik	Assel on the road!	GER	3:01:07	3:01:12	3	M40	78	0:41:56	1:28:37	1:32:29
31	1714	Müller Hagen	AFUH	GER	3:01:14	3:01:18	6	M30	85	0:40:52	1:27:02	1:34:12
32	1416	Esser Björn	Willpower vegan	GER	3:01:23	3:01:28	13	M35	80	0:42:14	1:29:14	1:32:09
33	1773	Herrera Vicente	Correcaminos / smrun	ESP	3:01:33	3:01:37	4	M40	77	0:40:07	1:25:52	1:35:41
34	1742	VIEYRA BUENFIL LUIS ART	Club Exatec Running	MEX	3:02:12	3:02:18	5	M40	77	0:40:44	1:27:03	1:35:08
35	1346	Schlautek Richard	Team beVegt.de	GER	3:03:29	3:03:33	3	MHK	95	0:40:06	1:25:06	1:38:23
36	1034	Harbecke Sascha	Fortuna Düsseldorf Triathlon	GER	3:04:01	3:04:09	14	M35	80	0:42:29	1:29:38	1:34:22
37	1854	Vymazal Zbynek	*Bonn	CZE	3:04:03	3:04:18	15	M35	81	0:42:41	1:29:30	1:34:32
38	14098	Evers Ole	Hoka One	GER	3:05:07	3:05:10	4	MHK	94	0:40:23	1:26:47	1:38:19
39	1633	Jansen Christoph	*Bonn	GER	3:06:32	3:06:48	16	M35	83	0:42:34	1:29:29	1:37:03
40	3381	Johaentges Niklas	MTG Mannheim Triathlon	GER	3:07:15	3:07:26	5	MHK	93	0:44:25	1:32:52	1:34:23
41	1702	Scheibchen Jonas	Mach3 Köln e.V.	GER	3:07:41	3:07:52	7	M30	85	0:42:07	1:29:05	1:38:36
42	200	Körbs Joe	www.laufen-im-rheinland.de	DEU	3:08:13	3:08:16	6	M50	68	0:42:15	1:29:15	1:38:58
43	14313	Goeke Martin	ausdauer Schule by bunnert	GER	3:08:23	3:08:27	17	M35	82	0:42:46	1:29:42	1:38:40
44	1720	Haas Philipp	Schunk läuft	GER	3:08:31	3:08:39	6	MHK	93	0:42:33	1:29:43	1:38:47
45	16052	Lüdenbach Michael	Team ERDINGER Alkoholfrei		3:10:18	3:10:27	18	M35	80	0:42:13	1:29:40	1:40:37
46	1246	Müller Valentin	DLC Aachen	GER	3:12:00	3:12:13	7	MHK	92	0:44:15	1:33:52	1:38:08
47	1010	Theißen Michael	Laufftreff Hersel	GER	3:12:12	3:12:18	1	M60	59	0:43:27	1:33:15	1:38:57
48	9251	Hörstemeier Stefan	TV Witzhelden	GER	3:12:41	3:12:51	6	M40	77	0:44:20	1:33:10	1:39:30
49	1519	Schumacher Kilian	*Aachen	GER	3:12:45	3:12:55	19	M35	81	0:42:43	1:29:37	1:43:07
50	16094	Pöppel Arne	Team Magenta		3:13:16	3:13:20	4	M45	70	0:42:39	1:30:20	1:42:56
51	1656	Guetti Laurent	PHAR LONGWY	LUX	3:13:30	3:13:33	7	M40	79	0:41:30	1:30:34	1:42:56
52	1521	Mohrmann Moehre	Der Elf und seine Freunde	GER	3:13:40	3:13:49	5	M45	73	0:43:54	1:33:26	1:40:14
53	1507	Forstner Philipp	*Worfelden	GER	3:14:14	3:14:26	8	MHK	94	0:42:26	1:29:05	1:45:09
54	9214	Seck Elmar			3:14:17	3:14:26	6	M45	72	0:44:08	1:33:25	1:40:52
55	1637	Matuschek Thomas	*Bonn	GER	3:14:45	3:14:53	8	M40	78	0:43:15	1:31:52	1:42:52
56	1686	Zwara Thomas	SV Deilinghofen-Sundwig	GER	3:14:47	3:14:58	20	M35	80	0:44:54	1:34:34	1:40:13
57	1288	Tagliente Vito	*Duisburg	GER	3:14:58	3:15:08	7	M45	73	0:42:13	1:32:55	1:42:03
58	9204	Löhe Sebastian	Team T+E		3:15:37	3:17:23	21	M35	83	0:44:55	1:35:48	1:39:49
59	1102	Kalender Lars	SV Blau-Weiß Bochum von 189	GER	3:16:00	3:16:12	22	M35	83	0:44:12	1:34:35	1:41:24
60	12566	Moore Dr. David	Deutsche Post	IRL	3:16:07	3:16:15	23	M35	81	0:40:30	1:27:01	1:49:06
61	16066	Trzewik Fabian	Team ERDINGER Alkoholfrei		3:16:30	3:16:35	8	M30	88	0:42:48	1:29:42	1:46:48
62	1361	Dreuw Christoph	*Stolberg	GER	3:17:10	3:17:21	9	M40	77	0:44:19	1:34:40	1:42:29

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
63	1824	Otten Thomas	*Lantershofen	GER	3:17:23	3:17:53	10	M40	79	0:45:11	1:34:49	1:42:33
64	1659	Schmale Sönke	BSG silver plastics	GER	3:17:26	3:17:28	11	M40	77	0:46:44	1:37:48	1:39:38
65	16057	Simonides Gerhard	Team ERDINGER Alkoholfrei		3:18:36	3:18:41	7	M50	67	0:44:24	1:34:40	1:43:56
66	1816	Clarysse Ju	*Bonn	GER	3:18:40	3:18:51	24	M35	82	0:42:30	1:29:44	1:48:56
67	1091	Ishida Masafumi	Team 2 in 1	JPN	3:18:53	3:18:58	8	M45	74	0:44:26	1:34:12	1:44:40
68	1564	Schill Sebastian	DSV 98 Triathlon Team	GER	3:19:11	3:19:38	9	M30	85	0:46:17	1:36:55	1:42:16
69	1459	Schlößler Max	*Köln	GER	3:19:25	3:21:26	9	MHK	97	0:47:22	1:39:46	1:39:39
70	1632	Kusche Prof. Jürgen	*Bonn	GER	3:20:21	3:20:47	8	M50	65	0:44:18	1:34:54	1:45:26
71	12758	Lange Karsten	Deutsche Post	GER	3:20:27	3:20:30	12	M40	79	0:47:05	1:39:32	1:40:54
72	1732	Wulf Thomas	TV Attendorn	GER	3:20:34	3:20:48	1	M55	60	0:45:10	1:38:02	1:42:31
73	14185	Holzporz Michael	Diadora Running Team	GER	3:21:10	3:21:24	9	M50	68	0:45:21	1:36:37	1:44:32
74	1192	Ficht Witold	42.195 Wejherowo	POL	3:21:51	3:21:54	25	M35	81	0:43:35	1:34:11	1:47:39
75	1360	Marcks Kai	*Köln	GER	3:21:57	3:22:05	10	M30	86	0:42:59	1:32:10	1:49:46
76	1090	Popp Daniel	LG DONATUS ERFSTADT	GER	3:21:57	3:22:17	11	M30	85	0:44:45	1:36:12	1:45:44
77	1147	Burgsmüller Torben	*Bonn	GER	3:22:22	3:22:24	12	M30	87	0:47:30	1:40:23	1:41:58
78	12599	Schuster Gerold	Deutsche Post	GER	3:23:10	3:23:18	2	M55	63	0:43:48	1:33:24	1:49:46
79	9173	Schunck Jochem			3:23:22	3:23:49	2	M60	59	0:47:05	1:39:59	1:43:23
80	1673	Sanchez Franco Victor Manu	*El Viso del Alcor	ESP	3:23:26	3:23:29	26	M35	80	0:42:35	1:31:17	1:52:09
81	1615	Geyer Oliver	*Belm	GER	3:23:45	3:23:51	13	M30	88	0:42:36	1:31:24	1:52:20
82	12175	Dresen Simon	Deutsche Post	GER	3:23:51	3:24:12	14	M30	87	0:43:58	1:35:02	1:48:49
83	1818	Wunderlich Marc	*Bonn	GER	3:23:54	3:24:09	15	M30	85	0:48:19	1:39:47	1:44:06
84	1601	Treis Michael	*Bonn	GER	3:24:16	3:24:20	9	M45	70	0:42:53	1:33:47	1:50:28
85	1662	Vierinov Oleksandr	*Bonn	UKR	3:24:40	3:24:43	10	MHK	93	0:49:21	1:42:55	1:41:44
86	16560	Meinecke Philipp	Fortuna Düsseldorf Triathlon		3:24:46	3:25:01	10	M45	73	0:47:00	1:40:08	1:44:38
87	1342	Dichtl Florian	*Jena	GER	3:24:53	3:26:35	11	MHK	91	0:47:43	1:42:35	1:42:17
88	9216	Koch Dr Robert		GER	3:25:23	3:25:31	13	M40	79	0:46:24	1:39:56	1:45:27
89	1570	Mentges Noah	*Aachen	GER	3:25:34	3:25:55	12	MHK	95	0:49:05	1:41:58	1:43:36
90	1016	Klusmann Jens	Marathon-Club Menden	GER	3:25:58	3:26:16	27	M35	81	0:44:47	1:36:41	1:49:17
91	1134	Gerber Lysander-Arpad	SG Suderwich	SUI	3:26:03	3:26:20	13	MHK	94	0:42:50	1:33:35	1:52:28
92	14101	Wagner Erwin	LT SV Westum	DEU	3:26:10	3:26:18	3	M60	55	0:46:42	1:40:26	1:45:44
93	1671	Gillenkirch Patrick	LG Pronsfeld-Lünebach	GER	3:26:12	3:26:18	14	MHK	93	0:39:06	1:24:10	2:02:02
94	1733	Bodenstein Kai-Uwe	TSG Valbert	GER	3:26:15	3:26:31	10	M50	67	0:47:16	1:40:43	1:45:31
95	1685	Müller Yogi	*Wuppertal	GER	3:26:16	3:26:31	11	M50	66	0:47:53	1:40:58	1:45:17
96	1484	Deuchler Christoph	Tri Team Merzbach	GER	3:26:19	3:26:28	14	M40	78	0:49:16	1:44:22	1:41:57
97	1339	Wilfert Christoph	*Köln	GER	3:26:24	3:26:49	16	M30	85	0:44:34	1:35:26	1:50:57
98	1004	Otto Jürgen	Selbstläufer SV Altenahr	GER	3:26:26	3:26:34	11	M45	72	0:45:18	1:38:36	1:47:50
99	1534	Klein Holger	Sparta Beuel	GER	3:26:32	3:26:53	12	M50	66	0:47:56	1:41:28	1:45:03
100	1145	Diesch Dominik	*Wuppertal	GER	3:26:42	3:26:51	12	M45	73	0:48:57	1:43:43	1:42:59
101	16574	Schauf Gerd	TUS "Edegna" Ediger-Eller	DEU	3:26:56	3:27:07	15	M40	79	0:46:36	1:40:12	1:46:44
102	1605	Loeber Ralf	100MC	GER	3:27:10	3:27:20	16	M40	77	0:49:15	1:44:19	1:42:51
103	1503	Hegemann Klaus	SV Siegfried Materborn	GER	3:27:15	3:27:21	13	M45	71	0:44:22	1:33:59	1:53:15
104	1020	Schmitz Gottfried	LG Pronsfeld-Lünebach	GER	3:27:22	3:27:26	13	M50	65	0:48:33	1:42:15	1:45:06
105	12304	Forster Frank	Deutsche Post	GER	3:27:22	3:27:27	14	M50	69	0:49:23	1:44:24	1:42:58
106	53	Gakstatter Jnathan	Zug- und Bremsläufer		3:27:27	3:27:29	15	MHK	96	0:49:21	1:44:25	1:43:01
107	12437	Strunk Rene	Deutsche Post	GER	3:27:30	3:27:35	14	M45	73	0:42:44	1:31:28	1:56:02
108	282	Großmann Dirk	LT Tura Brügggen	DEU	3:27:50	3:28:06	15	M50	66	0:49:26	1:44:11	1:43:38
109	1200	Niehues Christoph	LG Rheine - Elte	GER	3:27:50	3:27:53	15	M45	72	0:47:47	1:42:08	1:45:42
110	14346	Plagemann Max	ARQUE	GER	3:27:51	3:28:04	28	M35	81	0:48:41	1:42:43	1:45:07
111	1752	Gartmann Jörg	LC Duisburg	GER	3:28:03	3:28:13	16	M45	71	0:45:12	1:36:29	1:51:33
112	1769	Haack Brian	*Köln	GER	3:28:07	3:28:37	16	MHK	90	0:49:26	1:44:21	1:43:45
113	52	Schwenke Carsten	Zug- und Bremsläufer		3:28:16	3:28:17	17	M45	70	0:49:21	1:44:25	1:43:50
114	1716	Nöckel Nick	*Bonn	GER	3:28:17	3:28:19	17	M30	88	0:49:13	1:44:26	1:43:50
115	1449	Dehn Holger	DNF is no Option	GER	3:28:24	3:28:47	18	M45	72	0:46:16	1:38:28	1:49:55
116	9165	Hummelsheim Stefan			3:28:44	3:28:59	3	M55	64	0:46:03	1:38:09	1:50:35
117	12792	Reiter Tobias	Deutsche Post	GER	3:28:51	3:29:09	18	M30	86	0:49:10	1:43:34	1:45:17
118	1495	Willemse Michael	TuRa Brügggen 1923 e.V.	GER	3:29:01	3:29:18	19	M45	70	0:48:00	1:41:07	1:47:53
119	1786	Hecker Michael	OinkBoyz Running	GER	3:29:05	3:29:22	20	M45	72	0:47:14	1:38:34	1:50:30
120	1483	Knaub Richard	-	GER	3:29:07	3:29:11	17	MHK	91	0:49:12	1:43:30	1:45:36
121	1212	Esser Klaus	RSV Hansa Soest	GER	3:29:15	3:29:24	21	M45	70	0:49:15	1:44:18	1:44:56
122	1785	Czombera Marcus	Die Pasteis de Natis - Freunde	GER	3:29:18	3:29:33	19	M30	85	0:49:09	1:43:39	1:45:39
123	1849	Raham Stephen	*Steinwenden	USA	3:29:22	3:29:27	29	M35	82	0:46:43	1:39:16	1:50:06
124	222	Freiberg Jürgen	Team Erdinger Alkoholfrei	DEU	3:29:24	3:29:37	4	M55	62	0:48:10	1:41:12	1:48:12

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
125	1510	Völker Michael	*Mechernich	GER	3:29:27	3:29:41	30	M35	84	0:42:38	1:33:32	1:55:54
126	1715	Krause Eckhard	TV Refrath	GER	3:29:57	3:30:21	16	M50	66	0:48:01	1:42:05	1:47:52
127	16520	Krause Michael	LSG Schwarzwald-Marathon		3:30:04	3:30:43	20	M30	85	0:48:44	1:43:47	1:46:16
128	14233	Engels Michael	LT Wetringen	GER	3:30:04	3:30:24	22	M45	70	0:48:46	1:43:28	1:46:35
129	1108	Sommer Daniel	*Alfter	GER	3:30:14	3:30:23	23	M45	74	0:49:16	1:44:19	1:45:54
130	1227	Bartz Jörg	LBM RLP	GER	3:30:26	3:30:36	17	M40	76	0:46:20	1:39:23	1:51:02
131	1442	Wirtensohn Dominik	Cologne Running Crew	GER	3:30:37	3:30:42	21	M30	89	0:49:11	1:43:30	1:47:07
132	1735	Büsges Christoph	Don Bosco Straßenkinder	GER	3:30:40	3:30:50	18	M40	78	0:44:09	1:33:26	1:57:14
133	1698	Terbeck Christoph	LT Union Wessum	GER	3:30:50	3:31:11	19	M40	77	0:48:27	1:42:19	1:48:31
134	1332	Fritz Thomas	LSG Wind Immobilien	GER	3:30:54	3:31:10	20	M40	75	0:49:22	1:44:44	1:46:10
135	14184	Frings Eule	Selbstläufer SV Altenahr	DEU	3:31:02	3:31:09	4	M60	59	0:43:35	1:34:32	1:56:29
136	16293	Thewes Danny	Deutsche Post		3:31:18	3:31:23	21	M40	78	0:48:58	1:41:43	1:49:34
137	1368	Van Delden Dr. Marcel	*Oost-Souburg	NEL	3:31:26	3:31:32	17	M50	65	0:49:19	1:44:23	1:47:03
138	1576	Whitney Dr. Cory	*Bonn	GER	3:31:51	3:32:02	22	M40	79	0:48:51	1:42:07	1:49:43
139	1607	Tori Nesim	TaktLwGw33 Elostaff/RADAR	GER	3:32:06	3:32:11	24	M45	71	0:44:45	1:35:54	1:56:12
140	1595	Maciejewski Adam	LC Duisburg	GER	3:32:26	3:32:37	18	M50	68	0:45:13	1:36:29	1:55:57
141	1138	Fischel Tom	Team Forrest	GER	3:32:29	3:32:45	19	M50	65	0:49:06	1:44:20	1:48:08
142	1211	Fahnster Lars	*Bonn	GER	3:32:35	3:32:56	18	MHK	91	0:49:08	1:44:10	1:48:25
143	1749	Evers Wulf	Evers	GER	3:33:19	3:33:33	20	M50	69	0:46:06	1:40:54	1:52:25
144	1082	Rehhahn-Wendt Matthias	Bundeswehr	GER	3:33:41	3:33:52	25	M45	72	0:46:28	1:38:34	1:55:07
145	1675	Ziegenhohn Ingo	*Karlsruhe	GER	3:33:52	3:34:31	19	MHK	94	0:49:37	1:44:40	1:49:12
146	1404	Szczepanski Michael	*Sandersdorf	GER	3:33:55	3:34:26	22	M30	87	0:49:25	1:44:20	1:49:34
147	5000	Flören Jens	Troisdorfer LG M.U.T.	GER	3:34:00	3:34:16	21	M50	67	0:49:07	1:44:21	1:49:39
147	1054	Van Son Arnout	LT Siebengebirge	NEL	3:34:00	3:34:06	21	M50	66	0:49:18	1:43:48	1:50:12
149	1372	Beyrer Florian	Ronjas/Finnias Papa	GER	3:34:32	3:34:56	31	M35	84	0:48:51	1:43:19	1:51:12
150	1179	Emmeringer Daniel	*Berlin	GER	3:35:00	3:35:10	5	M55	63	0:48:46	1:42:38	1:52:22
151	1013	Labitzke Stefan	*Nürnberg	GER	3:35:11	3:35:24	23	M50	66	0:48:18	1:42:40	1:52:31
152	1585	Felis Andre	*Dormagen	GER	3:35:16	3:35:35	32	M35	81	0:47:52	1:42:13	1:53:03
153	216	Otto Dr. med. Christoph	BwZKrhs Koblenz	DEU	3:35:19	3:35:28	6	M55	62	0:48:13	1:43:32	1:51:46
154	14091	Lohe Matthias	Team Erdinger Alkoholfrei	GER	3:35:37	3:35:50	7	M55	63	0:49:57	1:45:01	1:50:36
155	1017	Schöne Burkhard	Marathon-Club Menden	GER	3:35:42	3:36:01	8	M55	64	0:44:47	1:36:41	1:59:00
156	1299	Priess Frank	TSV Bayer Dormagen	GER	3:35:45	3:36:14	24	M50	66	0:49:27	1:45:39	1:50:05
157	1823	Israel Frank	TV Attendorn	GER	3:35:55	3:36:11	25	M50	67	0:47:10	1:40:23	1:55:31
158	232	Günther Thomas	*Bonn	DEU	3:35:57	3:37:15	26	M45	74	0:48:07	1:43:08	1:52:48
159	1324	Kluge Bernd	*Neuharlingersiel	GER	3:36:17	3:36:20	27	M45	71	0:49:19	1:44:14	1:52:03
160	1691	Büker Stephan	LC Duisburg	GER	3:36:22	3:36:27	23	M30	86	0:48:52	1:42:39	1:53:43
161	1402	Baumest Heinz-Peter	*Wesel	GER	3:36:22	3:36:27	23	M40	75	0:48:52	1:42:38	1:53:43
162	16008	Kapellen Stefan	SWB		3:36:23	3:36:29	28	M45	74	0:52:00	1:48:46	1:47:36
163	1049	Von Gemmingen Gottfried	*Bonn	GER	3:36:35	3:37:46	26	M50	65	0:50:20	1:46:08	1:50:26
164	1718	Chardon Dr. Aurélien	*SCHILTIGHEIM	FRA	3:36:38	3:36:52	24	M40	76	0:42:41	1:39:30	1:57:07
165	1788	Waßerka Boris	*Köln	GER	3:36:40	3:36:50	9	M55	64	0:49:22	1:45:08	1:51:32
166	9300	Leuze Thomas			3:36:46	3:37:13	29	M45	71	0:49:32	1:44:52	1:51:54
167	1058	Wallasch Uwe	GSC/ DLRG RESCUE BONN	GER	3:37:08	3:38:02	30	M45	73	0:53:34	1:57:43	1:39:25
168	39	Uckelmann Volker	LAZ Puma Rhein Sieg	GER	3:37:41	3:37:59	31	M45	70	0:49:58	1:46:59	1:50:42
169	12560	Balbach Reinhold	Deutsche Post	GER	3:37:45	3:37:53	5	M60	59	0:49:56	1:46:08	1:51:37
170	1357	Kustwan Martin	*Köln	GER	3:37:58	3:38:41	20	MHK	90	0:52:14	1:50:14	1:47:43
171	1728	Eckhardt Daniel	*Köln	GER	3:38:14	3:38:27	24	M30	88	0:48:24	1:43:57	1:54:16
172	1772	Fischer Samuel	*Wuppertal	GER	3:38:18	3:39:39	25	M30	86	0:48:03	1:42:34	1:55:44
173	1209	Borchhardt Jens	*Bargeshagen	GER	3:38:30	3:38:36	27	M50	69	0:49:17	1:44:24	1:54:05
174	1850	De Jonghe Luc	Atletiekvereniging Jabbeke	BEL	3:38:45	3:39:25	28	M50	65	0:50:25	1:47:04	1:51:40
175	1644	Schebella Matthew	*Neubiberg	GER	3:38:47	3:39:06	26	M30	85	0:48:48	1:43:56	1:54:51
176	1274	Reinl Kai	LAZ Puma Rhein-Sieg	GER	3:39:03	3:39:26	29	M50	69	0:49:10	1:43:57	1:55:05
177	1245	Ahrens Christian	PSV Bonn Triathlon	GER	3:39:06	3:39:09	25	M40	76	0:49:19	1:44:24	1:54:41
178	1506	Mehlem Moritz	Lilalonnigläufer	GER	3:39:20	3:39:24	32	M45	74	0:49:15	1:44:07	1:55:13
179	1466	Boehme Dr. Marc	SVBG	GER	3:39:30	3:39:44	10	M55	63	0:49:56	1:45:54	1:53:35
180	1577	Vallet Antoine	*Langenfeld	FRA	3:40:09	3:40:16	33	M35	80	0:49:17	1:44:18	1:55:50
181	1840	Zumbeck Stefan	BSG der KZVK	GER	3:40:11	3:40:27	11	M55	64	0:51:41	1:49:29	1:50:42
182	1247	Janzen Ulrich	*Soest	GER	3:40:18	3:40:26	33	M45	70	0:49:15	1:44:22	1:55:55
183	242	Engels Herbie	LLG St. Augustin	DEU	3:40:21	3:40:32	1	M70	48	0:49:28	1:44:34	1:55:46
184	16553	Schwarz Christian	Ronsdorfer SG		3:40:27	3:40:45	27	M30	86	0:45:35	1:36:45	2:03:41
185	16523	Gorgs Thomas	Kreisel Tönisvorst		3:40:34	3:41:17	12	M55	62	0:48:46	1:43:55	1:56:39
186	12311	Starke Matthias	Deutsche Post	GER	3:40:36	3:40:59	34	M45	70	0:46:15	1:39:17	2:01:19

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
187	16336	Casale Gino			3:40:41	3:40:48	28	M30	86	0:47:14	1:40:16	2:00:25
188	1429	PRUVOST JEAN FRANCOI	JPLF RAISMES	FRA	3:40:51	3:41:11	26	M40	75	0:51:19	1:49:19	1:51:31
189	1853	Eslava Carlos	*Bergheim	MEX	3:40:53	3:41:07	34	M35	80	0:48:47	1:42:25	1:58:28
190	1213	Gerber Benjamin	BAPersBw	GER	3:41:18	3:41:42	35	M35	81	0:47:50	1:40:58	2:00:19
191	1763	Rieger Thomas	*Bonn	GER	3:41:20	3:41:27	35	M45	70	0:49:18	1:44:26	1:56:54
192	1846	Stüwe Christoph	LT-Kleines Rentier	GER	3:41:26	3:41:41	13	M55	64	0:49:45	1:46:11	1:55:14
193	1628	Schmid Jakob	*Köln	GER	3:41:38	3:42:50	21	MHK	96	0:55:37	1:53:17	1:48:21
194	1808	Bodtländer Jürgen	TuS Frei-Laubersheim	GER	3:41:39	3:41:41	30	M50	68	0:49:51	1:47:04	1:54:34
195	1513	Rudolph Stefan	Team Erdinger Alkoholfrei	GER	3:41:46	3:42:16	36	M45	74	0:49:26	1:44:31	1:57:15
196	1745	Giec Arkadius	*Hofheim	GER	3:41:51	3:42:20	27	M40	79	0:48:07	1:40:26	2:01:25
197	1115	Leufgen Jörg	RSV Sankt Vith	BEL	3:41:51	3:41:51	29	M30	85	0:00:00	0:00:00	0:00:00
198	1413	Abenhardt Bodo	LG Donatus Erftstadt	GER	3:41:59	3:42:19	31	M50	68	0:45:05	1:38:35	2:03:24
199	1683	Federspiel Jan	*Heusweiler	GER	3:42:11	3:42:54	22	MHK	94	0:51:33	1:47:48	1:54:23
200	1329	Wind Sebastian	LSG Wind Immobilien	GER	3:42:14	3:42:29	28	M40	77	0:49:24	1:44:45	1:57:28
201	16060	Matheis Michael	Team ERDINGER Alkoholfrei		3:42:33	3:42:47	37	M45	72	0:49:14	1:44:21	1:58:11
202	16078	Heimann Peter	Team ERDINGER Alkoholfrei		3:42:34	3:42:49	14	M55	61	0:50:14	1:47:29	1:55:04
203	1435	Kannenberg Benedikt	*Köln	GER	3:42:37	3:43:25	30	M30	87	0:47:58	1:40:14	2:02:22
204	1792	Drossmann Hendrik	*Düsseldorf	GER	3:42:42	3:43:16	31	M30	85	0:50:57	1:47:50	1:54:52
205	1531	Olivieri Roland	*Hamburg	GER	3:42:54	3:43:10	38	M45	70	0:50:44	1:47:34	1:55:20
206	14335	Doose Bodo	Team HDI	GER	3:43:06	3:43:25	39	M45	71	0:48:52	1:43:18	1:59:47
207	16408	Schneider Michael	Bauhaus		3:43:13	3:43:28	29	M40	76	0:49:43	1:47:16	1:55:57
208	1649	Kneip Johannes	TV Neu-Isenburg - Team Dori	GER	3:43:14	3:43:27	30	M40	78	0:47:39	1:44:15	1:58:59
209	1235	Mertens Christoph	*Bonn	GER	3:43:16	3:43:35	32	M50	67	0:49:54	1:47:46	1:55:29
210	1488	Heister Martin	Laufftreff enorm	GER	3:43:28	3:43:38	36	M35	81	0:52:08	1:50:34	1:52:53
211	1602	Müller Steffen	LT SC Selters	GER	3:43:44	3:43:59	33	M50	68	0:51:52	1:51:45	1:51:59
212	14308	Zachau Axel	Athletik Waldniel	GER	3:43:55	3:44:12	40	M45	74	0:50:56	1:48:16	1:55:39
213	16140	Cebulski Peter			3:44:06	3:44:16	41	M45	72	0:48:24	1:44:00	2:00:05
214	1452	Schreiner Carsten	Kot-Crew	GER	3:44:15	3:44:21	37	M35	83	0:49:19	1:44:21	1:59:54
215	1356	Diekmann Sebastian	*Köln	GER	3:44:17	3:45:00	32	M30	88	0:52:14	1:50:14	1:54:02
216	1214	Riebandt Sebastian	*Münster	GER	3:44:17	3:44:21	38	M35	82	0:49:29	1:44:29	1:59:48
217	14109	Kleine Ingo	Stadt Bonn	DEU	3:44:18	3:44:22	15	M55	64	0:48:48	1:43:18	2:01:00
218	12404	Redwanz Markus	Deutsche Post	GER	3:44:20	3:44:42	42	M45	70	0:51:17	0:00:00	0:00:00
219	12776	Gerhardt Patric	Deutsche Post	GER	3:44:26	3:44:36	39	M35	80	0:48:12	1:42:06	2:02:19
220	12671	Schulte Klaus	Deutsche Post	GER	3:44:29	3:44:55	34	M50	69	0:51:16	1:48:47	1:55:42
221	1858	Schrimpf Holger	Düsseldorf	GER	3:44:30	3:44:37	43	M45	71	0:47:28	1:41:14	2:03:15
222	1014	Fell Jonathan	*Aachen	GER	3:44:32	3:44:59	33	M30	88	0:52:38	1:50:24	1:54:07
223	1045	Pyrgidis Dr. Nikolaos	*Thessaloniki	GRE	3:44:39	3:44:48	23	MHK	95	0:44:57	1:39:46	2:04:52
224	1641	Nabhan Osama	*Essen	GER	3:44:41	3:45:51	31	M40	77	0:46:59	1:42:46	2:01:54
225	1028	Büßgen Bernd	LT Ennert Bonn	GER	3:44:49	3:44:52	34	M30	87	0:48:49	1:43:19	2:01:30
226	1634	Grimme Paul	*Bonn	GER	3:44:55	3:45:15	24	MHK	96	0:46:26	1:39:56	2:04:59
227	1438	Schulze Thomas	*Bonn	GER	3:45:13	3:45:48	40	M35	83	0:53:45	1:52:53	1:52:20
228	1170	Hoffmann Jörg	TV Konzen	GER	3:45:29	3:45:38	32	M40	75	0:45:13	1:37:35	2:07:54
229	1258	Schmidt Timo	*Bonn	GER	3:45:36	3:45:41	25	MHK	95	0:49:19	1:44:20	2:01:15
230	1469	Weiland Christian	*Schweich	GER	3:45:41	3:45:44	33	M40	75	0:49:21	1:44:22	2:01:18
231	1807	Grub Sven	*Bonn	GER	3:45:57	3:46:01	41	M35	80	0:49:19	1:45:04	2:00:53
232	16055	Janzen Berthold	Team ERDINGER Alkoholfrei		3:45:59	3:46:14	44	M45	74	0:52:35	1:52:16	1:53:43
233	1083	Steinhauer Valentin	*Sankt Augustin	GER	3:46:01	3:46:09	26	MHK	93	0:51:47	1:48:51	1:57:09
234	1394	Schwärzl Sebastian	*Duisburg	GER	3:46:11	3:46:30	42	M35	81	0:52:33	1:50:39	1:55:31
235	1050	Altmann Ronald	*Bonn	GER	3:46:25	3:46:44	45	M45	74	0:49:52	1:45:46	2:00:38
236	1684	Strauf Ramon	LOSCH48	GER	3:46:26	3:46:38	34	M40	75	0:49:11	1:44:14	2:02:11
237	9192	Ehrl Dominik		GER	3:46:45	3:48:43	27	MHK	90	0:53:05	1:50:34	1:56:10
238	1039	Wuellner Ueli	Tus Altenberge 09	GER	3:47:09	3:47:26	46	M45	74	0:50:49	1:48:01	1:59:08
239	1592	Zenk Matthias	*Rheinbach	GER	3:47:12	3:47:31	35	M30	85	0:49:10	1:43:36	2:03:35
240	1142	Aldiek Ludger	*Bergkamen	GER	3:47:15	3:48:10	16	M55	64	0:52:27	1:49:35	1:57:39
241	14203	Labrot Antoine	*Aachen	GER	3:47:24	3:48:09	28	MHK	93	0:49:33	1:46:02	2:01:22
242	16050	May Jan	Team ERDINGER Alkoholfrei		3:47:27	3:47:50	29	MHK	91	0:51:01	1:47:56	1:59:31
243	1328	Comes Ole	TUS Kreuzweingarten-Rheder	GER	3:48:22	3:48:49	47	M45	73	0:50:20	1:46:23	2:01:58
244	9294	Löffelholz Sebastian			3:48:27	3:48:40	35	M40	78	0:54:27	1:53:16	1:55:10
245	1300	Gramig Volker	*Siershahn	GER	3:48:49	3:49:03	35	M50	69	0:53:25	1:52:14	1:56:35
246	1760	Schwinn Andreas	*Bornich	GER	3:48:52	3:49:19	48	M45	70	0:50:23	1:46:51	2:02:01
247	1504	Dilg Andreas	Biber Team Bonn	GER	3:48:56	3:49:16	49	M45	71	0:50:40	1:47:35	2:01:21
248	12364	Wiemer Nils	Deutsche Post	GER	3:49:10	3:49:21	36	M40	78	0:46:39	1:38:19	2:10:50

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
249	16323	Ingenhaag Edgar			3:49:11	3:49:22	36	M50	69	0:49:15	1:44:15	2:04:56
250	1298	Ingenhaag Luca	*Mechernich	GER	3:49:11	3:49:22	1	MU2	00	0:49:15	1:44:15	2:04:56
251	1369	Köhler Christian	Gießener Rudergesellschaft	GER	3:49:15	3:49:22	36	M30	86	0:46:44	1:39:21	2:09:54
252	1410	Hohenwarter Florian	*Köln	AUT	3:49:20	3:49:42	37	M30	86	0:52:48	1:47:57	2:01:22
253	1280	Wagner Dario	*Mayen	GER	3:49:24	3:50:29	2	MU2	00	0:55:28	1:52:00	1:57:23
254	1140	Kuhl Alexander	PSV Bonn Triathlon e.V.	GER	3:49:30	3:49:34	43	M35	81	0:49:19	1:44:25	2:05:05
255	1481	Kohlhoff Rodion	*essen	GER	3:49:32	3:49:53	37	M50	67	0:52:42	1:51:27	1:58:05
255	1535	Klötgen Jörg	*Essen	GER	3:49:32	3:49:52	50	M45	70	0:52:43	1:51:27	1:58:05
257	1699	Nießen Frank	Marathonteam Online	GER	3:49:32	3:49:55	17	M55	63	0:50:46	1:48:18	2:01:14
258	1722	Zorzi Dr. Michele	boomerang runners	ITA	3:49:51	3:50:00	18	M55	62	0:47:31	1:44:48	2:05:02
259	1309	Langer Thomas	TSG Sulzbach / Ts	GER	3:50:00	3:50:15	38	M50	69	0:47:49	1:44:53	2:05:06
260	1094	Menche Dirk	*Alfter	GER	3:50:06	3:50:11	51	M45	72	0:50:46	1:49:09	2:00:57
261	1848	Kurth Frank	*Bad Honnef	GER	3:50:14	3:50:47	52	M45	70	0:52:15	1:50:07	2:00:06
262	1194	Recker Manuel	*Bonn	BEL	3:50:17	3:50:59	30	MHK	98	0:55:48	0:00:00	0:00:00
263	1860	Röher Jan	Team Magenta		3:50:20	3:50:25	44	M35	81	0:47:19	1:42:36	2:07:44
264	1566	Siedlitzki Pirmin	Tri-Team Bad Saulgau	GER	3:50:22	3:50:38	38	M30	88	0:49:10	1:48:01	2:02:20
265	1489	Mutmann Lars	*Köln	GER	3:50:38	3:50:53	37	M40	76	0:51:53	1:49:05	2:01:33
266	1640	Rühmann Henning	*Tönisvorst	GER	3:50:41	3:50:52	39	M50	67	0:46:29	1:41:44	2:08:56
267	1233	Cerasani Dr. Nico	SSF Bonn	ITA	3:51:01	3:51:04	38	M40	77	0:50:13	1:46:43	2:04:17
268	1499	Schmidt Wolfgang	*Bonn	GER	3:51:02	3:51:07	19	M55	64	0:50:19	1:49:14	2:01:48
269	1545	Van den Boom Niklas	*Altenberge	GER	3:51:03	3:51:37	39	M30	87	0:55:54	1:58:06	1:52:56
270	16222	Naciri Omar			3:51:04	3:52:06	20	M55	62	0:58:28	1:56:25	1:54:39
271	1700	Rodriguez Nicolas	*Köln	GER	3:51:08	3:51:24	53	M45	73	0:47:48	1:41:52	2:09:16
272	1038	Milden André	*Euskirchen	GER	3:51:13	3:51:55	54	M45	73	0:56:06	1:57:47	1:53:26
273	1537	Lüke Philipp	Marathon-Club Menden	GER	3:52:07	3:52:09	39	M40	75	0:49:25	1:45:29	2:06:38
274	1678	Michael Bolch	SG Stadt Aschaffenburg	GER	3:52:24	3:52:45	40	M50	68	0:51:36	1:51:02	2:01:22
275	14099	Gieraths Hans-Peter	LT SV Westum	GER	3:52:29	3:54:28	21	M55	62	0:52:37	1:48:56	2:03:33
276	15245	Hartmann Gunter		GER	3:52:29	3:52:45	41	M50	67	0:54:44	1:56:22	1:56:07
277	1677	Krings Thomas	*Köln	GER	3:52:54	3:53:33	40	M30	89	0:53:40	1:52:47	2:00:06
278	1465	Jahn Christoph	*Hamburg	GER	3:53:29	3:53:52	55	M45	72	0:51:26	1:50:45	2:02:44
279	12454	Gierling Volker	Deutsche Post	GER	3:53:36	3:53:59	42	M50	66	0:53:10	1:52:37	2:00:59
280	1768	Bolten Ulrich	Dülkener SV	GER	3:53:37	3:53:59	22	M55	63	0:53:10	1:52:37	2:00:59
281	1831	Penne Jochen	*Siegen	GER	3:53:56	3:55:19	45	M35	81	0:48:07	1:44:11	2:09:44
282	1819	Giersberg Andreas	PV Triathlon Witten	GER	3:53:59	3:54:25	43	M50	65	0:49:52	1:50:16	2:03:43
283	1668	Baasen Clemens	*Grafschaft	GER	3:54:00	3:54:48	41	M30	87	0:49:59	1:47:02	2:06:58
284	1842	Eggers Benedikt	*Bonn	GER	3:54:05	3:54:20	42	M30	88	0:49:08	1:44:14	2:09:50
285	14131	Steinhauer Claus	Stadt Bonn	DEU	3:54:06	3:54:22	44	M50	66	0:54:44	1:56:20	1:57:45
286	1381	Coquelin Daniel	*Bonn	USA	3:54:07	3:54:54	31	MHK	92	0:54:36	1:52:34	2:01:33
287	1697	Post Christian	*Bonn	GER	3:54:12	3:55:07	43	M30	88	0:55:03	1:53:03	2:01:09
288	9232	Lülsdorf Milan	*Aachen	GER	3:54:23	3:54:33	32	MHK		0:45:12	1:37:36	2:16:46
289	1225	Kläffgen Dirk	Lunarockers	GER	3:54:27	3:54:39	56	M45	73	0:52:19	1:52:12	2:02:14
290	1385	Baland Paulin	*Nadrin	BEL	3:54:32	3:54:40	33	MHK	95	0:52:56	1:53:23	2:01:08
291	12285	Buderath Guido	Deutsche Post	GER	3:54:48	3:54:59	45	M50	69	0:54:23	1:55:16	1:59:32
292	1496	Horsch Dr. Ernst	*Mintraching	GER	3:54:55	3:55:29	57	M45	70	0:53:13	1:53:36	2:01:18
293	1433	Lukasz Golab	*Warszawa	POL	3:54:57	3:55:09	46	M35	83	0:46:07	1:39:46	2:15:10
294	9249	Schmidt Dirk	Helios Iron Team	GER	3:55:03	3:56:53	46	M50	66	0:54:41	1:56:51	1:58:11
295	16056	Reimer Stefan	Team ERDINGER Alkoholfrei		3:55:10	3:55:22	47	M50	68	0:54:58	1:56:15	1:58:55
296	1508	Luig-dAlquen Julien	*Königswinter	GER	3:55:12	3:55:41	40	M40	77	0:49:44	1:48:26	2:06:45
297	1315	Hesse Alexander	*Niederkrüchten	GER	3:55:13	3:56:29	47	M35	84	0:55:12	1:56:35	1:58:37
298	16075	Köstner Horst	Team ERDINGER Alkoholfrei		3:55:14	3:56:11	6	M60	55	0:55:35	1:58:03	1:57:11
299	1057	Grundtner Balint	*Alfter	GER	3:55:21	3:55:37	44	M30	88	0:50:16	1:47:27	2:07:54
300	16390	Tellez Cutierrez Salvador Art			3:55:29	3:55:50	7	M60	57	0:00:00	0:00:00	0:00:00
301	1078	Metternich Heinz-Jürgen	LLG Laufsport Kevelaer	GER	3:55:39	3:55:48	1	M65	54	0:52:18	1:50:30	2:05:09
302	9194	Bendix Frank		GER	3:55:40	3:55:55	48	M50	66	0:53:52	1:53:50	2:01:50
303	16137	Engels Bernd			3:55:45	3:56:34	58	M45	71	0:56:03	1:58:13	1:57:32
304	1857	Touby Philip	*Neuwied	GER	3:55:46	3:56:06	34	MHK	93	0:49:16	1:47:23	2:08:23
305	12457	Döscher Kai	Deutsche Post	GER	3:55:57	3:56:09	59	M45	70	0:54:58	1:56:15	1:59:42
306	1254	Brüggmann Matthias	Laufftreff Pech	GER	3:56:02	3:56:53	49	M50	69	0:55:41	1:57:30	1:58:32
307	12705	Schaefer Bastian	Deutsche Post	GER	3:56:24	3:56:33	41	M40	77	0:49:51	1:47:33	2:08:51
308	1653	Erbasaran Beytullah	SC Selters (Westerwald)	TUR	3:56:42	3:56:57	50	M50	66	0:51:51	1:52:07	2:04:34
309	1123	Wentzel Christian	Team ERDINGER Alkoholfrei	GER	3:56:44	3:56:53	48	M35	83	0:52:17	1:50:39	2:06:04
310	1725	Cosa Arnold	DW Sport plus	GER	3:56:54	3:58:14	45	M30	88	0:55:34	1:54:09	2:02:44

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
311	1104	Balga Mohamed	ASV Wesseling 1985 e.v.	GER	3:56:55	3:57:08	60	M45	73	0:49:17	1:45:31	2:11:23
312	208	Jaenecke Michael	Blääkke Fööös	DEU	3:56:57	3:57:42	23	M55	61	0:53:04	1:53:37	2:03:19
313	1167	Karabanov Andrey	*Nürnberg	RUS	3:56:59	3:57:10	61	M45	71	0:47:37	1:47:00	2:09:59
314	1743	Grodotzki Jonas	11C	GER	3:57:00	3:58:13	35	MHK	97	0:54:10	1:52:52	2:04:08
315	1744	Teske Julius	11C	GER	3:57:00	3:58:12	36	MHK	95	0:54:10	1:52:52	2:04:08
316	1541	Niesporek Darius	D-Team by Darius Niesporek	GER	3:57:07	3:57:55	42	M40	77	0:53:40	1:53:28	2:03:39
317	1530	Hjordthuis Thomas	*Ludwigshafen	GER	3:57:09	3:58:29	49	M35	82	0:51:46	1:49:06	2:08:03
318	1461	Wimmer Thomas	*Berlin	GER	3:57:15	3:57:43	43	M40	77	0:54:10	1:55:13	2:02:02
319	16063	Brandt Dennis	Team ERDINGER Alkoholfrei		3:57:23	3:58:01	44	M40	76	0:55:20	1:56:28	2:00:54
320	1118	Müller Jürgen	*Euskirchen	GER	3:57:28	3:58:09	45	M40	76	0:56:06	1:57:51	1:59:36
321	1845	Welke Christian	*Bonn	GER	3:57:28	3:58:55	50	M35	81	0:55:03	1:56:38	2:00:49
322	1696	Fammels Heinz Peter	*Monschau	GER	3:57:32	3:58:00	62	M45	74	0:51:23	1:49:38	2:07:54
323	1380	Gettwert Klaus	*Mülheim	GER	3:57:40	3:58:07	63	M45	70	0:56:01	1:57:09	2:00:31
324	1025	Behm Frank	*Euskirchen	GER	3:57:41	3:58:39	51	M35	84	0:55:41	1:57:29	2:00:11
325	1426	FRANCOIS BRUNO	JPLF RAISMES	FRA	3:57:44	3:58:06	51	M50	67	0:50:50	1:46:24	2:11:20
326	1817	Ziegler Sven	100 Marathon Club	GER	3:57:56	3:58:43	46	M40	77	0:55:49	1:57:14	2:00:42
327	1672	Storck Christian	BSG silverplastics	GER	3:58:02	3:58:54	64	M45	71	0:56:48	1:57:09	2:00:52
328	1550	Schwarz Philip	*Mechernich	GER	3:58:04	3:58:20	37	MHK	92	0:53:27	1:55:11	2:02:52
329	1549	Müller Marvin	*Zülpich	GER	3:58:04	3:58:19	38	MHK	92	0:53:27	1:55:12	2:02:51
330	1043	Kuckelmann Heinrich	TGV Bonn 1967 e.V.	GER	3:58:10	3:58:47	24	M55	62	0:54:12	1:55:22	2:02:48
331	1833	Heese Mario	*Bonn	GER	3:58:14	3:59:08	65	M45	73	0:53:23	1:52:42	2:05:31
332	1834	Nitsche Tonio	*Münster	GER	3:58:14	3:59:08	39	MHK	97	0:53:24	1:52:43	2:05:31
333	1011	Steckel Manfred	TriathlonSteckelCologne	GER	3:58:29	3:58:57	8	M60	55	0:55:30	1:56:58	2:01:31
334	12678	Uhr Ingo	Deutsche Post	GER	3:58:33	3:59:01	66	M45	73	0:52:50	1:51:44	2:06:49
335	1611	Anastasin Mischka Rom	TV Winnigen	GER	3:58:41	3:59:34	46	M30	87	0:55:40	1:57:49	2:00:52
336	1397	Peters Christian	*Bergisch Gladbach	GER	3:58:45	4:00:17	40	MHK	92	0:51:30	1:49:59	2:08:46
337	87	Krug Martin			3:58:59	3:59:34	52	M35	84	0:55:57	1:58:07	2:00:52
338	16539	Wittstock Dr Dietmar	Lauftreff Bonn Röttgen	GER	3:59:05	3:59:23	9	M60	56	0:54:51	1:56:15	2:02:49
339	1593	Senkowski Volker	Was läuft? Podcast	GER	3:59:23	3:59:44	53	M35	84	0:54:16	1:55:22	2:04:00
340	12209	Reiser Michael	Deutsche Post	GER	3:59:25	4:01:00	52	M50	66	0:51:19	1:49:33	2:09:52
341	1856	Nazarenus Sergej	*Bonn	GER	3:59:39	4:00:17	47	M40	75	0:55:19	1:57:15	2:02:24
342	6065	Kattner Sascha	Triathlon-Team-Rhein-Nahe	GER	3:59:47	3:59:57	67	M45	74	0:46:39	1:40:26	2:19:21
343	54	Haake Klaus	Zug- und Bremsläufer		3:59:50	4:00:22	53	M50	69	0:55:59	1:58:09	2:01:41
344	1790	Pilger Jörg	Waldläufer	GER	3:59:55	4:00:03	48	M40	79	0:52:12	1:51:41	2:08:14
345	1717	Müller Wolfgang	VfL Engelskirchen	GER	4:00:06	4:01:05	10	M60	56	0:53:36	1:55:51	2:04:15
346	1443	Toure Dr. Alioune	CAD	LUX	4:00:09	4:00:34	54	M50	66	0:55:32	1:57:41	2:02:27
347	1257	Birg Robert	Krakensupportgroup	GER	4:00:10	4:01:53	47	M30	87	0:56:47	1:59:22	2:00:48
348	1741	Dangendorf Tobias	*Freudenberg	GER	4:00:12	4:00:19	49	M40	75	0:52:34	1:52:07	2:08:04
349	16546	Seipp Niklas	TV Petterweil	GER	4:00:22	4:00:41	48	M30	89	0:53:01	1:49:43	2:10:39
350	1084	Brüker Georg	LT Ennert Bonn	GER	4:00:33	4:00:48	25	M55	63	0:53:17	1:56:20	2:04:12
351	1695	Cramer Ralph	*Rheinbach	GER	4:00:44	4:01:27	68	M45	71	0:54:47	1:55:37	2:05:07
352	16386	Schumacher Ingo	Laufen rund um Münster	GER	4:00:48	4:02:12	55	M50	67	0:58:27	1:59:23	2:01:24
353	9283	Ody Timm	Team Voreifel		4:00:51	4:00:54	41	MHK	95	0:49:19	1:44:26	2:16:25
354	1621	Grundmann Horst	Kölner Laufschule	GER	4:01:09	4:01:55	11	M60	57	0:56:56	1:58:21	2:02:48
355	1582	Hagedorn Johann	*Bonn	GER	4:01:12	4:01:56	42	MHK	92	0:54:49	1:57:28	2:03:43
356	12324	Wettstein Ramon	Deutsche Post	GER	4:01:34	4:02:57	69	M45	74	0:56:48	2:00:54	2:00:40
357	1738	End Moritz	*Köln	GER	4:01:53	4:03:04	43	MHK	95	0:55:13	0:00:00	0:00:00
358	9155	Mangartz Chris	FC St. Pauli 1910		4:02:10	4:02:31	54	M35	81	0:53:04	1:53:04	2:09:06
359	1569	Ratajczak Albert	*Jülich	POL	4:02:14	4:02:20	44	MHK	90	0:47:46	1:40:49	2:21:25
360	1430	HOMBERT OLIVIER	JPLF RAISMES	FRA	4:02:26	4:02:48	55	M35	81	0:51:19	1:49:18	2:13:07
361	1642	Lopez Manas Enrique	*MUNICH	ESP	4:04:06	4:05:21	56	M35	84	0:55:31	1:55:14	2:08:51
362	1149	Scheel Siegfried	*Mietingen	GER	4:04:21	4:04:59	49	M30	86	0:55:20	1:58:24	2:05:57
363	1275	Voss Jack	*Köln	GER	4:04:24	4:05:07	50	M30	88	0:52:14	1:50:57	2:13:26
364	1351	Körner Dr. Christian	*Hamburg	GER	4:04:25	4:06:28	57	M35	80	0:48:36	1:42:58	2:21:27
365	1779	Ventur Patrick	*Bonn	GER	4:04:26	4:05:40	45	MHK	90	0:52:57	1:49:41	2:14:44
366	1120	Koch Tobias	Radtreff Campus Bonn e.V.	GER	4:04:27	4:05:14	51	M30	88	0:57:17	2:01:32	2:02:55
367	1032	Rupp Gereon	Germania Impekoven	GER	4:04:35	4:04:37	46	MHK	92	0:46:27	1:41:08	2:23:26
368	1292	McGrath John	*San Francisco	USA	4:04:52	4:04:58	26	M55	64	0:48:55	1:44:37	2:20:15
369	263	Pohl Andreas	Brühler TV 1879	DEU	4:04:53	4:05:00	27	M55	63	0:49:20	1:43:19	2:21:34
370	1427	FERNEZ PASCAL	JPLF RAISMES	FRA	4:05:00	4:05:22	28	M55	61	0:55:00	1:56:46	2:08:14
371	1462	Stapelbroek Dieter	Team Basecamp	GER	4:05:03	4:05:11	56	M50	67	0:48:54	1:44:20	2:20:42
372	1664	Weber Dirk	Team Erdinger Alkoholfrei	GER	4:05:12	4:05:28	57	M50	66	0:53:22	1:54:28	2:10:43

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
373	1647	Wilmes Michael	Tus 08 Bilstein	GER	4:05:12	4:05:21	70	M45	70	0:48:53	1:47:50	2:17:21
374	16566	Siemetzki Jonas		GER	4:05:22	4:05:45	71	M45	72	0:52:54	1:53:29	2:11:52
375	1727	Schmitt Holger	SG Sparkasse Aachen	GER	4:05:38	4:05:53	58	M50	68	0:54:04	1:55:51	2:09:47
376	0	unbekannt DX71EBH			4:05:48	4:07:42	0	M		0:00:00	0:00:00	0:00:00
377	14104	Trittel Jan	*Hürth	GER	4:05:52	4:06:46	47	MHK	91	0:55:55	1:57:48	2:08:03
378	1708	Palz Thomas	AL Hamm	GER	4:05:59	4:06:41	50	M40	75	0:51:31	1:51:45	2:14:13
379	1652	Von Diecken Robin	*Münster	GER	4:06:09	4:06:46	48	MHK	95	0:55:57	1:58:07	2:08:02
380	16149	Tredt Bastian	*Lennestadt	GER	4:06:18	4:07:39	58	M35	84	0:52:14	1:50:48	2:15:30
381	1446	Becker Sebastian	Laufftreff Birkenbecker	GER	4:06:20	4:06:45	59	M35	84	0:55:03	1:55:26	2:10:53
382	1002	Terlecki Andrzej	*Bonn	GER	4:06:21	4:06:54	29	M55	64	0:53:33	1:53:43	2:12:37
383	1630	Baron Waldemar	*Bornheim	GER	4:06:33	4:08:01	52	M30	89	0:52:56	1:53:54	2:12:39
384	16384	Nikolaus Erk	TCC Rodalben		4:07:15	4:07:52	59	M50	67	0:56:23	1:58:55	2:08:19
385	1065	Zimmermann Martin	*Gernsheim	GER	4:07:23	4:08:49	60	M50	69	0:56:26	1:57:44	2:09:39
386	1764	Pippich Stefan	*Wegberg	GER	4:07:49	4:08:43	51	M40	77	0:53:04	1:51:51	2:15:57
387	12680	Dingel Peter	Deutsche Post	GER	4:08:08	4:08:38	61	M50	68	0:53:55	1:55:02	2:13:05
388	1375	Hendriks Sven	*Bad Hönningen	GER	4:08:08	4:09:21	72	M45	72	0:53:52	1:54:16	2:13:51
389	16073	Ewert Dirk	Team ERDINGER Alkoholfrei		4:08:10	4:08:19	62	M50	65	0:51:01	1:53:58	2:14:12
390	16076	Spiker Oli	Team ERDINGER Alkoholfrei		4:08:19	4:09:21	73	M45	72	0:56:37	1:59:54	2:08:25
391	1036	Lüke Gerd	LC Kaffe Kuchen	GER	4:08:21	4:09:05	63	M50	66	0:54:46	1:56:19	2:12:01
392	1548	Schuckmann Jochen	*Bonn	GER	4:08:22	4:09:14	74	M45	70	0:55:39	1:57:51	2:10:30
393	1540	Kaiser Tobias	*Schleiden	GER	4:08:46	4:09:42	52	M40	75	0:54:02	1:54:34	2:14:11
394	16138	Eichermann Udo			4:08:50	4:09:23	75	M45	71	0:55:57	1:58:08	2:10:42
395	49	Wyrowski Friedrich			4:09:21	4:09:57	64	M50	67	0:55:56	1:57:41	2:11:39
396	1835	Peterka Andreas	Renntiere	GER	4:09:52	4:11:14	65	M50	65	0:57:37	2:02:06	2:07:46
397	1388	Olmos Rodrigo	ANIMA RES GmbH	GER	4:09:53	4:10:15	76	M45	74	0:54:22	1:55:07	2:14:46
398	1851	Kleist Frank	*Bergheim	GER	4:10:11	4:10:45	66	M50	68	0:52:34	1:52:09	2:18:02
399	1159	Paul Jens	*Alfter	GER	4:10:14	4:12:16	67	M50	67	0:56:00	1:59:25	2:10:49
400	12783	Beer Ricco Hans	Deutsche Post	GER	4:10:36	4:12:04	60	M35	82	0:58:40	2:05:11	2:05:24
401	1731	Erlenkamp Oliver	*Troisdorf	GER	4:10:59	4:11:10	30	M55	64	0:54:20	1:57:33	2:13:25
402	1681	Matyba Ralf	*Wied	GER	4:11:00	4:11:43	53	M40	76	0:56:52	2:00:12	2:10:48
403	1156	Beckmann Thomas	Team Rurrunner	GER	4:11:03	4:12:38	68	M50	65	1:00:39	2:06:38	2:04:24
404	12965	Hoffmann Dominic	Deutsche Post	GER	4:11:20	4:11:59	54	M40	77	0:55:22	1:57:56	2:13:24
405	1150	Bendiek Bernd	*Köln	GER	4:11:24	4:11:51	55	M40	76	0:55:13	1:55:54	2:15:30
406	1676	Panenka Udo	*Königswinter	GER	4:11:43	4:12:15	69	M50	69	0:54:58	1:53:51	2:17:51
407	1828	Schmid Dr. Reinhard	*Überlingen	GER	4:11:44	4:12:18	12	M60	57	0:55:31	1:57:48	2:13:56
408	1453	Junghans Mark	*Bonn	GER	4:11:53	4:12:15	77	M45	74	0:53:38	1:53:44	2:18:09
409	1754	Braun Norbert	Adler-Langlauf Bottrop	GER	4:12:01	4:12:29	13	M60	57	0:55:22	2:00:09	2:11:52
410	12042	Hartmann Thorsten	Deutsche Post	GER	4:12:04	4:12:25	56	M40	79	0:52:23	1:53:10	2:18:54
411	14268	Lulay Werner	Team Magenta	GER	4:12:06	4:13:00	31	M55	62	0:57:18	2:01:33	2:10:32
412	1445	East Brendon	*Idstein	GER	4:12:06	4:13:36	57	M40	75	0:53:51	1:55:45	2:16:20
413	1335	Lang Andreas	*Idstein	GER	4:12:07	4:13:36	78	M45	73	0:53:52	1:55:49	2:16:17
414	12526	Eversberg Eckhard	Deutsche Post	GER	4:12:18	4:13:16	70	M50	69	0:55:34	1:57:44	2:14:33
415	16069	Hoffmann Carsten	Team ERDINGER Alkoholfrei		4:12:26	4:13:50	79	M45	73	0:58:27	1:59:22	2:13:04
416	1796	Kodi Micky	Roads & Aces	GER	4:12:27	4:13:02	58	M40	77	0:55:42	1:59:58	2:12:28
417	5579	Franke Sascha	ohne	GER	4:12:44	4:12:57	61	M35	81	0:52:32	1:52:45	2:19:59
418	1512	Gilgenrainer Hubert	KTT 01	GER	4:12:50	4:14:29	71	M50	68	0:52:50	1:52:20	2:20:29
419	1618	Kirschbaum Alexander	*Köln	GER	4:12:53	4:14:18	62	M35	82	0:56:07	1:56:58	2:15:54
420	1080	Myagkov Dr. Alexander	*Bonn	RUS	4:13:01	4:13:42	53	M30	87	0:58:17	2:01:54	2:11:06
421	1166	Heckmanns Volker	TSV Seffern	GER	4:13:11	4:14:03	63	M35	83	0:58:54	2:04:27	2:08:44
422	1386	Göbel Philipp	*Bonn	GER	4:13:17	4:15:16	49	MHK	91	0:54:21	1:57:04	2:16:13
422	14343	Kelly Jaxon	AIB	GER	4:13:17	4:14:28	49	MHK	98	0:54:51	1:56:37	2:16:40
424	1085	Grünewald Arnd	*Salzgitter	GER	4:13:29	4:13:39	72	M50	68	0:54:30	1:58:44	2:14:44
425	1403	Sowah Alexander	congstar	GER	4:13:30	4:13:47	64	M35	81	0:49:22	1:44:44	2:28:46
426	16563	Jansen Mark	Lauffreunde HADI Wesel		4:13:31	4:15:26	65	M35	84	0:57:30	2:00:26	2:13:04
427	1069	Winkler Ole	*Bonn	GER	4:13:45	4:14:30	3	MU2	00	0:53:04	1:54:54	2:18:50
428	1626	Sajid Dr. Mehdi	*Troisdorf	GER	4:13:54	4:15:19	66	M35	81	0:56:41	1:57:56	2:15:58
429	12793	Dzierzok Lukas	Deutsche Post	GER	4:14:10	4:14:34	54	M30	89	0:44:12	1:44:03	2:30:06
430	9197	Scheck Christopher	TuS Börsborn 1958 eV	GER	4:14:37	4:14:45	80	M45	72	0:47:49	1:43:27	2:31:09
431	1289	Schäfer Ralf	SG Eintracht Denkershausen/La	GER	4:14:58	4:15:21	73	M50	68	0:55:27	1:57:30	2:17:27
432	14144	Krupp Florian	Stadt Bonn	GER	4:15:05	4:15:17	67	M35	82	0:56:21	1:58:31	2:16:34
433	14149	Kaminski Jan	Stadt Bonn	GER	4:15:06	4:15:17	59	M40	77	0:56:21	1:58:31	2:16:34
434	1533	Klugseder Martin	DJK SV Weng	GER	4:15:26	4:16:22	74	M50	65	0:58:09	2:02:54	2:12:31

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
435	9213	Hahn Uwe			4:15:33	4:16:24	14	M60	57	0:56:39	1:59:41	2:15:51
436	1291	Thies Janic	*Bonn	GER	4:15:34	4:16:26	51	MHK	97	1:00:52	2:07:45	2:07:48
437	1799	Latz Markus	Nedbank Johannesburg	GER	4:15:34	4:15:59	60	M40	77	0:58:21	2:00:23	2:15:11
438	1107	Schoppmeyer Lars	*Bonn	GER	4:15:38	4:15:59	55	M30	89	0:53:13	1:53:57	2:21:40
439	1658	Unger Thomas	Laufftreff Arnstadt	GER	4:15:46	4:16:07	75	M50	68	0:53:08	1:55:15	2:20:31
440	1620	Oyda Dr. Michael	*Geldern	GER	4:16:02	4:16:52	61	M40	75	0:58:57	2:05:27	2:10:35
441	42	Cürten Dirk			4:16:24	4:17:19	81	M45	70	0:59:31	2:05:57	2:10:26
442	1813	Stefan Grunert	*Wegberg Merbeck	GER	4:16:40	4:17:56	68	M35	80	1:03:50	2:11:36	2:05:03
443	1343	Henn Heinz	*Bergisch Gladbach	GER	4:16:50	4:17:06	15	M60	58	0:55:44	1:58:14	2:18:35
444	1502	Bewermeier Sebastian	LG Burg Wiedenbrück	GER	4:17:08	4:17:37	69	M35	82	0:56:09	1:58:52	2:18:16
445	1529	Holper Elmar	LG Pronsfeld-Lünebach	GER	4:17:18	4:18:27	32	M55	64	1:04:05	2:11:45	2:05:33
446	1178	Keil Stefan	IHK Bonn/Rhein-Sieg	GER	4:17:47	4:18:44	76	M50	69	0:54:57	1:56:46	2:21:00
447	12713	Karl Wolfgang	Deutsche Post	GER	4:18:00	4:18:25	77	M50	65	0:49:52	1:51:59	2:26:01
448	1666	Rejman Aleksander	*Köln	GER	4:18:20	4:18:30	78	M50	69	0:48:21	1:46:37	2:31:42
449	16040	Hinkel Tobias	Team Magenta		4:18:31	4:20:23	56	M30	87	0:59:10	2:05:02	2:13:28
450	1162	Vom Lehn Markus	*Bergisch Gladbach	GER	4:18:53	4:19:03	82	M45	72	0:52:08	1:52:23	2:26:30
451	1398	Bell David	White City (Hull) RRC	GBR	4:18:55	4:19:45	62	M40	77	0:50:17	1:47:50	2:31:04
452	1859	Urlass Matti	Shell Deutschland Oil GmbH		4:19:12	4:19:25	63	M40	76	0:55:54	1:59:14	2:19:57
453	1161	Suzuki Kenjiro	UNFCCC & OYAJI RUNNERS	JPN	4:19:22	4:19:35	64	M40	76	0:50:10	1:50:44	2:28:38
454	1543	Bretschneider Sven	*Euskirchen	GER	4:19:25	4:19:46	83	M45	72	0:47:35	1:40:32	2:38:52
455	1826	Salmen Dr. Antonius	TV Rodenkirchen Triathlon	GER	4:19:26	4:20:00	33	M55	60	0:55:57	1:58:11	2:21:15
456	1559	Andraschko Kay	*Bonn	GER	4:19:27	4:19:59	34	M55	64	0:55:55	1:58:05	2:21:22
457	1421	Eberle Christian	Zahnarztpraxis Cabot	GER	4:19:34	4:20:25	70	M35	83	0:58:49	2:05:08	2:14:25
458	1097	Neuhaus Arnd	*Bonn	GER	4:19:39	4:20:18	79	M50	67	0:55:54	1:58:40	2:20:59
459	1730	Hauser Joachim	FT Ingolstadt Ringses	GER	4:19:41	4:20:43	35	M55	62	1:03:49	2:07:52	2:11:49
460	1062	Sonnicksen Jared	*Bonn	USA	4:20:13	4:21:24	65	M40	78	0:54:50	1:56:36	2:23:36
461	1613	Geweiler Sven	*Neheim	GER	4:20:18	4:20:40	57	M30	86	0:45:43	1:40:45	2:39:33
462	9233	Förster Frank	Tri SchlumpfTeam	GER	4:20:50	4:22:23	84	M45	71	0:59:34	2:06:00	2:14:50
463	1144	Bauermees Thomas	Team ERDINGER Alkoholfrei	GER	4:20:58	4:22:15	66	M40	76	1:00:34	2:07:51	2:13:06
464	1256	Riecks Michael	*Bonn	GER	4:21:01	4:21:54	80	M50	66	0:53:16	1:55:30	2:25:31
465	1574	Kober Thomas	*Kreuzau	GER	4:21:04	4:22:59	36	M55	64	1:01:38	2:06:32	2:14:31
466	16289	Gebauer Bernd	TSV Brunsen	GER	4:21:14	4:21:38	67	M40	78	0:55:27	1:57:30	2:23:44
467	1583	Bakker Dr. Ruurdjan	Aquilo	NEL	4:21:18	4:22:08	37	M55	62	0:53:49	1:58:33	2:22:45
468	1578	Norbisrath Hendrik	*Solingen	GER	4:21:22	4:22:12	71	M35	80	0:57:17	2:02:20	2:19:01
469	9161	Dr. Hoppe Prof. Bernd	Renniere e. V.		4:21:23	4:21:41	38	M55	62	0:58:47	2:08:08	2:13:14
470	9162	Goldschmidt Achim	Renniere e. V.		4:21:27	4:21:46	58	M30	85	0:58:46	0:00:00	0:00:00
471	9163	Studzinski Georg	Renniere e. V.		4:21:31	4:21:48	2	M65	52	3:11:11	2:08:10	2:13:20
472	1631	Brooks Richard	Kautex Textron GmbH	GER	4:21:33	4:22:17	39	M55	63	0:55:46	1:58:45	2:22:48
473	1999	Lämmlein Franz	Renniere e.V.	GER	4:21:36	4:21:55	3	M65	52	1:04:06	2:08:06	2:13:30
474	14300	Gröger Uwe	Bio Runner Rhein-Main	GER	4:21:49	4:22:24	81	M50	65	0:55:33	1:59:54	2:21:54
475	1105	Kluge Dietmar	*Hofheim-Wallau	GER	4:21:51	4:22:50	40	M55	64	0:54:50	1:59:47	2:22:03
476	1231	Breunig Peter	*Dillingen-Saar	GER	4:21:53	4:22:52	41	M55	63	0:55:39	1:59:11	2:22:42
477	16573	Dumke Holger	BSG WAZ Media		4:22:00	4:22:46	85	M45	74	0:55:10	1:59:12	2:22:47
478	16032	Janko Hans-Jörg	Dextro		4:22:08	4:22:20	82	M50	66	0:56:54	2:01:02	2:21:05
479	1783	Van Loo Christian	*Bornheim	BEL	4:22:14	4:22:52	16	M60	59	0:56:26	2:02:49	2:19:24
480	1654	Motzler Karsten	*Bonn	GER	4:22:31	4:22:35	52	MHK	96	0:49:20	1:47:59	2:34:32
481	1325	Wagner Knut	OPITZ Holzbau Neuruppin	GER	4:22:37	4:23:42	17	M60	59	0:55:53	2:02:32	2:20:04
482	1498	Capanella Dr. Pietro	LAUFTREFF LEIDLING	ITA	4:22:52	4:23:47	18	M60	56	0:59:32	2:08:28	2:14:23
483	1841	Rogalski Frank	*Braunschweig	GER	4:22:55	4:24:29	83	M50	66	0:55:06	1:57:15	2:25:40
484	1053	Kohring Gunnar	GK running	GER	4:22:58	4:23:05	84	M50	66	1:00:33	2:07:48	2:15:09
485	1660	Jacks Paul	*Köln	SWE	4:23:08	4:23:27	53	MHK	90	0:53:45	1:53:55	2:29:12
486	12472	Kuß Sebastian	Deutsche Post	GER	4:23:08	4:23:27	59	M30	89	0:53:45	1:53:55	2:29:13
487	1322	Stock Thimo	Laufteam Gelnhausen	GER	4:23:19	4:24:21	85	M50	66	0:58:17	2:05:06	2:18:13
488	1655	Haley David	*Bonn	USA	4:24:06	4:24:28	86	M50	69	0:57:36	2:04:59	2:19:06
489	1164	Kajüter Burkhard	*Emsbüren	GER	4:24:08	4:24:32	87	M50	66	0:51:55	1:56:02	2:28:05
490	1614	Jonat Rolf	TV Geldern	GER	4:24:21	4:25:11	88	M50	69	0:58:56	2:05:26	2:18:54
491	16377	Siat Olivier	ANA SG Wantzenau	FRA	4:24:26	4:24:48	86	M45	73	0:56:27	0:00:00	0:00:00
492	1019	Bosch Thomas	Vegan Runners	GER	4:24:29	4:24:34	87	M45	72	0:55:58	1:59:51	2:24:38
493	1713	Pittler Dr. Ferenc	Kocogi	HUN	4:24:34	4:26:05	60	M30	85	0:55:39	0:00:00	0:00:00
494	1027	Schmiing Reinhard	LSF Münster	GER	4:24:35	4:24:55	89	M50	68	0:54:58	1:59:42	2:24:52
495	1665	Rottländer Markus	*Köln	GER	4:24:54	4:26:22	54	MHK	94	1:02:45	2:08:35	2:16:19
496	9158	Weber Burkhard	Renniere e. V.		4:25:20	4:25:39	42	M55	64	1:04:03	2:08:07	2:17:12

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
497	14178	Maciej René	*Wachtberg	GER	4:25:21	4:25:58	90	M50	66	0:57:35	2:02:34	2:22:46
498	16012	Löhr Stefan	SWB		4:25:25	4:25:31	88	M45	70	0:55:15	2:00:27	2:24:57
499	205	Eichert Hans-Christoph	*Bonn	DEU	4:25:37	4:26:47	19	M60	59	0:57:44	2:03:42	2:21:55
500	1132	Schäfer Jan	*Bonn	GER	4:25:40	4:26:33	68	M40	76	0:56:00	1:58:17	2:27:22
501	1336	Rüsch Daniel	*Aachen	GER	4:25:42	4:25:51	61	M30	86	0:49:16	1:44:20	2:41:22
502	14270	Schlopsna Jan	Team Magenta	GER	4:25:47	4:26:52	55	MHK	90	0:56:28	1:59:02	2:26:44
503	1482	Hamacher Marc	*Solingen	GER	4:25:56	4:27:33	4	MU2	00	0:59:11	2:05:55	2:20:00
504	12327	Reschke Darek	Deutsche Post	GER	4:25:57	4:26:22	62	M30	86	0:55:21	1:57:41	2:28:15
505	14344	Melo Sebastian	AIB	GER	4:26:08	4:26:41	56	MHK	96	0:55:58	1:58:27	2:27:40
506	1154	Nebling Sascha	*Bonn	GER	4:26:15	4:27:03	91	M50	65	0:59:52	2:06:56	2:19:19
507	1820	Jessulat-Siegel Florian	Siegel Triathlon Team	GER	4:26:19	4:26:54	63	M30	88	1:01:46	2:10:10	2:16:08
508	1415	White Prof. Dr. Howard	*Bonn	GER	4:26:21	4:26:57	43	M55	60	0:55:41	1:58:07	2:28:14
509	1056	Linden Bernhard	1.FC Spich	GER	4:26:34	4:28:20	20	M60	55	2:02:12	0:00:00	0:00:00
510	1795	Sikorski Frank	*Köln	GER	4:26:38	4:27:44	72	M35	82	1:03:17	2:11:27	2:15:10
511	14062	Müller Jürgen	Team Magenta	GER	4:26:39	4:27:41	92	M50	67	1:03:56	2:12:07	2:14:32
512	0	unbekannt 3GMWXF4			4:26:43	4:27:17	0	M		0:55:53	1:58:04	2:28:39
513	16065	Schwicker Alexander	Team ERDINGER Alkoholfrei		4:26:48	4:28:49	69	M40	79	1:01:31	2:12:11	2:14:37
514	14349	Kamp Michael	FhG	GER	4:27:01	4:28:26	73	M35	84	0:52:38	1:54:04	2:32:57
515	1703	Rump Elmar	Team Erdinger Alkoholfrei	GER	4:27:32	4:28:11	70	M40	75	0:55:59	1:59:46	2:27:45
516	1234	Post Ronald	for those about to run	GER	4:27:46	4:28:18	89	M45	73	0:56:32	2:00:20	2:27:25
517	1293	Lutz Erik	*Königswinter	GER	4:27:56	4:28:32	74	M35	82	0:51:56	1:55:10	2:32:45
518	1124	Bartz Marcel	*Stolberg	GER	4:27:59	4:29:29	90	M45	72	0:57:56	2:03:10	2:24:49
519	1729	Preuss Reiner	TV Attendorn TRI-TIME	GER	4:28:00	4:28:15	93	M50	68	0:53:48	1:56:49	2:31:10
520	1751	Schlecht Daniel	7G-runergylaufteam	GER	4:28:06	4:28:11	91	M45	74	0:52:01	1:55:13	2:32:52
521	1338	Buhrandt Dr. Stefan	*Bonn	GER	4:28:25	4:29:04	64	M30	86	0:55:21	1:57:15	2:31:09
522	16067	Derlich Michael	Team ERDINGER Alkoholfrei		4:28:29	4:29:30	94	M50	68	1:03:56	2:12:06	2:16:23
523	0	unbekannt DK41AMA			4:28:30	4:29:30	0	M		1:03:56	2:12:08	2:16:22
524	1217	Sebastian Christoph	*Meckenheim	GER	4:28:33	4:29:26	75	M35	81	0:58:47	2:05:06	2:23:27
525	12394	Lenz Florian	Deutsche Post	GER	4:28:41	4:29:14	76	M35	82	0:57:55	2:04:32	2:24:09
526	12556	Koerdts Markus	Deutsche Post	GER	4:28:44	4:29:45	92	M45	72	1:03:56	2:12:05	2:16:38
527	1391	Söllner Michael	Kein	GER	4:28:48	4:29:58	95	M50	67	1:01:04	2:09:49	2:18:58
528	14090	Junghans Ben	*Zülpich	GER	4:28:50	4:29:38	77	M35	82	0:58:19	2:02:28	2:26:21
529	1579	Siminoff Nicolai Peter	ERGO Sports Köln	GER	4:28:52	4:30:14	65	M30	89	0:54:57	1:57:44	2:31:08
530	0	unbekannt HD95CZN			4:29:32	4:30:39	0	M		1:04:06	2:12:43	2:16:48
531	1667	Große Winkelset Elmar	Spedition Heinrich Schlang	GER	4:29:37	4:30:58	66	M30	85	0:56:37	1:59:16	2:30:20
532	1111	Pohl Marc	*Köln	GER	4:29:37	4:30:52	96	M50	68	0:57:22	2:03:38	2:25:58
533	1434	Frankel Ian	Sportlich-Team Bornheim	GER	4:30:11	4:30:15	97	M50	69	0:57:35	2:06:39	2:23:32
534	1682	Schnare Matthias	*Grußmaiseid	GER	4:30:19	4:31:43	98	M50	66	0:59:44	2:05:53	2:24:26
535	1242	Fischbach Felix	*Bonn	GER	4:30:22	4:31:36	67	M30	85	0:59:16	2:06:41	2:23:41
536	1755	Van der Meulen F.	*Gorinchem	NEL	4:30:25	4:31:05	21	M60	59	0:53:28	1:56:24	2:34:01
537	297	Lindenfeld Bernhard	Laufclub Frida	DEU	4:30:33	4:30:50	22	M60	59	0:55:03	2:02:20	2:28:13
538	1444	Gusarov Igor	aquagruen	GER	4:30:46	4:30:54	57	MHK	94	0:48:50	1:51:06	2:39:40
539	1500	Schlott Sebastian	*Siegburg	GER	4:30:54	4:31:53	93	M45	73	1:04:01	2:12:09	2:18:45
540	41	Terzis Alexander	So Walks the Rabbit		4:31:03	4:32:31	78	M35	81	0:54:31	1:57:08	2:33:55
541	1802	Ninnemann Maurice	DUV	GER	4:31:55	4:32:22	79	M35	84	1:05:33	2:15:57	2:15:58
542	1064	Gerhards Stefan	Marathon-Club Eschweiler	GER	4:32:03	4:32:35	58	MHK	90	0:56:06	1:58:13	2:33:50
543	1109	Becker Jan	LG Pronsfeld-Lünebach	GER	4:32:33	4:33:38	71	M40	76	0:57:48	2:01:55	2:30:38
544	1689	Lehne Philipp	*Evere	GER	4:33:34	4:34:15	94	M45	71	0:55:52	1:59:11	2:34:23
545	1805	Franzen Jürgen	*Düren	GER	4:33:37	4:34:29	95	M45	70	1:00:46	2:12:10	2:21:27
546	1822	Kim Dr. Samtae	*Koeln	GER	4:33:49	4:35:32	44	M55	61	1:03:29	0:00:00	0:00:00
547	16555	Pösel Christian	*Kelsterbach	DEU	4:34:03	4:35:00	96	M45	72	1:02:42	2:11:52	2:22:10
548	1117	Oschee Jürgen	ASV Triathlon Kulmbach	GER	4:34:21	4:34:51	45	M55	63	0:52:45	1:57:35	2:36:46
549	1260	Stegers Dr. Georg	*Bonn	GER	4:34:38	4:35:27	46	M55	61	0:58:47	2:08:59	2:25:39
550	1072	Ulrich Rafael	*Moers	GER	4:35:15	4:36:04	72	M40	79	0:55:29	2:00:15	2:35:00
551	1719	Junkermann Jörg	Franks und Renes Team	GER	4:35:58	4:37:02	73	M40	77	0:59:20	2:08:07	2:27:50
552	1313	Xiao Shijian	Keine	CHN	4:36:08	4:37:51	59	MHK	92	1:03:51	2:13:18	2:22:50
553	1737	Chan Koon Man	*München	HKG	4:36:42	4:37:50	80	M35	80	1:02:56	2:12:32	2:24:09
554	1290	Lantzerath Jan	*Brühl	GER	4:36:43	4:37:59	60	MHK	94	0:58:41	2:03:59	2:32:44
555	1547	Kohl Stephan	*Leverkusen	GER	4:36:57	4:37:21	97	M45	72	0:55:45	2:01:25	2:35:32
556	12029	Domogalla Johann	Deutsche Post	GER	4:37:05	4:38:15	23	M60	59	0:55:46	1:56:20	2:40:44
557	1126	Pawiltschko Alexander	*Bonn	GER	4:37:17	4:38:10	61	MHK	90	0:56:00	1:58:17	2:38:59
558	1264	Hein Sebastian	TV Eichen	GER	4:37:20	4:38:22	81	M35	81	1:03:56	2:12:06	2:25:14

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
559	9187	Margraff Manfred		GER	4:37:39	4:38:49	99	M50	68	0:55:22	1:59:49	2:37:49
560	16062	Seifert Andre	Team ERDINGER Alkoholfrei		4:38:03	4:39:02	98	M45	71	1:02:11	2:11:22	2:26:41
561	16061	Vargic Tomislav	Team ERDINGER Alkoholfrei		4:38:28	4:40:26	62	MHK	91	0:57:59	2:07:50	2:30:38
562	1006	Jost Thorsten	*Bonn	GER	4:39:15	4:39:25	74	M40	77	0:53:43	1:57:18	2:41:56
563	1337	Ortwein Björn	*Bornheim	GER	4:39:49	4:41:06	68	M30	86	1:03:41	2:11:10	2:28:39
564	16079	Meithner Christian	Team ERDINGER Alkoholfrei		4:39:55	4:41:56	75	M40	79	0:57:46	2:07:44	2:32:11
565	12573	Hahn Alexander	Deutsche Post	GER	4:40:21	4:41:44	99	M45	70	1:05:55	2:20:07	2:20:14
566	285	Deli Housein	*Königswinter	GRC	4:40:37	4:40:55	76	M40	79	0:53:30	1:53:17	2:47:20
567	1562	Hennes Elmar	LG Pronsfeld Lünebach	GER	4:41:50	4:42:57	77	M40	77	1:04:07	2:12:24	2:29:26
568	1497	POVOA Dr. CARLOS	LAFTREFF LEIDLING	LUX	4:42:06	4:43:01	47	M55	63	0:59:32	2:08:28	2:33:38
569	3442	Ney Roland	LG Pronsfeld-Lünebach	GER	4:43:00	4:44:13	100	M45	71	1:04:01	2:11:58	2:31:02
570	1584	Steinberg Dr. Shimon	*Timrat	ISR	4:43:15	4:44:22	4	M65	54	1:04:14	2:15:56	2:27:19
571	16207	Schwarz Olaf			4:43:54	4:44:31	100	M50	69	0:56:26	2:01:27	2:42:26
572	16524	Moussavi David			4:44:02	4:45:55	69	M30	85	0:57:54	2:05:18	2:38:44
573	1088	Tigges Rainer	*Bonn	GER	4:44:12	4:45:23	48	M55	60	1:03:50	2:11:59	2:32:13
574	1279	Hesse Philipp	*Mayen	GER	4:44:23	4:45:51	63	MHK	98	0:57:38	1:56:12	2:48:10
575	16110	Schug Gerhard	Running Team Bad Ems		4:44:25	4:47:55	24	M60	55	1:02:09	2:12:49	2:31:35
576	1635	Meeker Matthew	*Bonn	USA	4:44:28	4:44:41	5	MU2	00	0:49:12	1:50:11	2:54:16
577	1203	Fritsch Dominik	*Muelheim an der Ruhr	GER	4:44:42	4:45:26	82	M35	83	0:57:32	2:01:31	2:43:10
578	14102	Roth Karl-Josef	TG Konz	DEU	4:45:10	4:45:45	25	M60	57	0:55:56	2:00:18	2:44:52
579	16586	Neises Reinhard	TG Konz	DEU	4:45:11	4:45:45	49	M55	60	0:55:56	2:00:19	2:44:51
580	1458	Jakob Andre	*Bendorf	GER	4:45:25	4:46:45	78	M40	78	0:59:04	2:05:18	2:40:07
581	9166	Werner Ralf	*Wuppertal	GER	4:46:00	4:47:04	26	M60	59	1:03:58	2:12:07	2:33:53
582	1022	Hjeldnes Roger	*trondheim	NOR	4:46:37	4:47:23	101	M45	72	0:55:45	1:59:30	2:47:06
583	16260	Hernes Frank Hermann	*Oslo	NOR	4:46:37	4:47:22	102	M45	72	0:55:46	1:59:27	2:47:10
584	1478	Staphorst Dr. Pieter	*Broek In Waterland	NEL	4:47:07	4:48:24	83	M35	80	0:56:00	2:02:54	2:44:12
585	1370	Barysch Sebastian	*Köln	GER	4:47:13	4:48:47	84	M35	82	0:54:41	1:55:28	2:51:44
586	0	unbekannt 3SY6MS4			4:49:09	4:49:43	0	M		0:55:53	2:12:57	2:36:11
587	1271	Vanmarcke Philippe	*Oostrozebeke	BEL	4:49:09	4:49:43	101	M50	67	0:55:54	2:12:58	2:36:10
588	14230	Döring Heinz	LT Wetringen	DEU	4:49:21	4:49:41	2	M70	49	1:07:01	2:22:52	2:26:28
589	0	unbekannt DG6E7YB			4:49:30	4:50:23	0	M		1:00:42	2:10:46	2:38:43
590	14096	Werner Detlef	*Xanten	GER	4:49:30	4:50:24	50	M55	64	1:00:43	2:10:47	2:38:43
591	1441	König Josef	Laufftreff Schwandorf	GER	4:49:54	4:51:26	51	M55	62	1:03:42	2:14:19	2:35:35
592	16097	Müller Bert	Team Magenta		4:50:00	4:51:52	5	M65	54	1:01:52	2:14:41	2:35:18
593	14089	Groß Robert	Run for Fun	GER	4:50:33	4:51:22	102	M50	68	0:58:48	2:06:23	2:44:09
594	14088	Breuer Andreas	Run for Fun	GER	4:50:33	4:51:23	103	M45	73	0:58:48	2:06:23	2:44:09
595	15251	Pieper Guido	FC Deutsche Post BZ 53	GER	4:50:56	4:51:02	103	M50	69	0:58:47	2:05:38	2:45:18
596	1553	Schneider Martin	Kowelenzer Burschen	GER	4:51:14	4:52:03	64	MHK	98	0:58:57	2:06:19	2:44:55
597	1643	Schilp Raoul	*Köln	GER	4:51:23	4:52:16	70	M30	88	0:55:32	1:57:48	2:53:35
598	1690	Weinbrenner Nils	*Leverkusen	GER	4:51:42	4:53:21	65	MHK	93	0:58:15	2:04:27	2:47:15
599	1471	Schwärzl Fabian	*Duisburg	GER	4:51:44	4:52:45	85	M35	84	1:05:56	2:19:03	2:32:41
600	1688	Lutz Michael	*Darmstadt	GER	4:51:48	4:51:57	71	M30	86	1:01:12	2:14:42	2:37:06
601	1710	Lopez Jodar Juan Jose	*Darmstadt	ESP	4:51:48	4:51:57	52	M55	61	1:01:11	2:14:42	2:37:06
602	1177	Haase Chritsian	IHK Bonn/Rhein-Sieg	GER	4:51:54	4:52:50	86	M35	81	0:54:57	1:56:47	2:55:06
603	1377	Phinisey John	*Kaiserslautern	GER	4:52:27	4:54:22	79	M40	78	1:13:17	2:51:12	2:01:15
604	1580	Koitka Max	Club Raffelberg	GER	4:52:28	4:53:13	72	M30	87	0:54:54	1:57:46	2:54:42
605	1479	Su He	*Shenzhen	CHN	4:52:30	4:53:01	104	M50	65	0:58:28	2:05:30	2:47:00
606	16072	Schmitz Arno	Team ERDINGER Alkoholfrei		4:52:34	4:53:41	27	M60	58	1:03:51	2:13:29	2:39:04
607	1734	Büsse-maker Stefan	WaschMal United	GER	4:53:18	4:53:31	73	M30	86	0:55:56	2:07:28	2:45:49
608	1041	Kunze Albrecht	*Bonn	GER	4:53:18	4:54:12	105	M50	65	0:58:57	2:06:17	2:47:00
609	1223	Eble Dr. Michael	*Bonn	GER	4:53:57	4:55:55	87	M35	84	1:06:45	2:21:16	2:32:40
610	14172	Fersch Sascha	Stadt Bonn	DEU	4:53:57	5:00:52	80	M40	78	0:58:03	2:13:07	2:40:50
611	3316	Audehm Dr. Uwe	Team Monika	GER	4:54:13	4:55:36	53	M55	60	1:02:13	2:10:55	2:43:18
612	1775	Denter Frank	LG Pronsfeld-Lünebach	GER	4:54:59	4:56:09	104	M45	71	1:04:04	2:12:41	2:42:17
613	1679	Nellessen Michael	*Krefeld	GER	4:55:10	4:55:38	105	M45	74	0:56:25	2:07:39	2:47:31
614	14171	Hafner Jörg	androgon Team	DEU	4:55:12	4:56:43	106	M45	73	1:08:45	2:26:45	2:28:27
615	100	Gickler Wolfgang	Mirko's Running Team	GER	4:55:20	4:56:57	28	M60	59	1:03:27	2:12:27	2:42:53
616	1770	Dreiser Mirko	*Mayen	GER	4:55:29	4:57:05	107	M45	74	1:03:28	2:12:27	2:43:02
617	1270	Splesnialy Hans	*Frankenthal	GER	4:56:10	4:58:11	108	M45	71	1:09:40	2:26:23	2:29:47
618	16315	Alexiev Pete			4:56:11	4:57:12	54	M55	64	1:03:17	2:16:39	2:39:32
619	220	Regendantz Ralf	*Bonn	DEU	4:56:19	4:56:46	106	M50	66	0:55:16	2:03:25	2:52:54
620	1409	Hirnstajin Ivica	*Troisdorf	GER	4:56:38	4:58:38	88	M35	84	0:57:53	2:08:56	2:47:41

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
621	57	Irrgang Michael	Zug- und Bremsläufer		4:57:12	4:58:59	55	M55	64	1:09:54	2:26:30	2:30:42
622	1832	Cremer Thomas	*Köln	GER	4:57:25	4:58:58	74	M30	87	1:09:34	2:26:43	2:30:41
623	16298	Brocke Carsten		GER	4:57:38	4:59:20	109	M45	70	1:10:02	2:26:38	2:31:00
624	12574	Krutzsch Ronny	Deutsche Post	GER	4:57:51	4:59:50	81	M40	78	1:05:12	2:22:20	2:35:30
625	12992	Schoog Holger	Deutsche Post	GER	4:57:51	4:58:52	110	M45	71	1:03:55	2:12:08	2:45:42
626	59	Axmacher Jürgen	Zug- und Bremsläufer		4:58:38	5:00:25	56	M55	63	1:09:55	2:26:31	2:32:06
627	16223	Queiser Michael			5:01:26	5:02:24	66	MHK	91	0:55:36	1:59:58	3:01:27
628	12174	Dresen Engelbert	Deutsche Post	GER	5:01:37	5:02:41	6	M65	52	1:01:49	2:15:57	2:45:39
629	234	Knepper Michael	*Mülheim	DEU	5:02:38	5:02:57	57	M55	63	0:53:10	2:15:48	2:46:50
630	1616	Albertz Dirk	*Tönisvorst	GER	5:03:20	5:04:32	82	M40	79	1:03:46	2:13:22	2:49:58
631	253	Holz Michael	GSP InterMontes Bonn		5:03:55	5:05:40	107	M50	67	1:02:44	2:15:20	2:48:34
632	1606	Himmeröder Rainer	*Ölsen	GER	5:04:10	5:05:10	108	M50	67	1:04:12	2:15:01	2:49:09
633	1400	Angermann Detlef	*Plettenberg	GER	5:04:37	5:06:31	58	M55	62	1:09:46	2:26:25	2:38:12
634	1573	Weiffen Dennis	TV Witzhelden	GER	5:04:40	5:05:17	83	M40	76	0:56:47	2:11:21	2:53:18
635	1542	Mutlu Hasret	*Aachen	GER	5:04:59	5:06:00	67	MHK	94	1:04:26	2:18:27	2:46:32
636	1771	Metzmacher Marc	*Köln	GER	5:05:10	5:06:40	111	M45	74	1:00:50	2:17:12	2:47:58
637	1711	Kreis Manfred	NEW SG 26 Mönchengladbach	GER	5:05:32	5:05:54	29	M60	58	1:07:03	2:22:04	2:43:27
638	14287	Voorhorst Johan	AV Veluwe	GER	5:05:34	5:05:38	68	MHK		1:04:12	2:18:09	2:47:25
639	1518	Königs Dieter	Marathon Club Eschweiler	GER	5:06:05	5:07:22	30	M60	59	1:02:51	2:15:50	2:50:14
640	1839	Wolfram Tobias	SC Eichholz Essen	GER	5:06:57	5:08:16	84	M40	75	1:04:33	2:18:23	2:48:33
641	1753	Moser Karl-Heinz	*Bonn	GER	5:07:32	5:08:47	7	M65	53	1:03:45	2:18:07	2:49:24
642	1055	Oestreich Jörn	*Leverkusen	GER	5:09:01	5:10:27	112	M45	72	1:04:06	2:15:33	2:53:27
643	1837	Kattler Manuel	LAG Saarbrücken	GER	5:10:04	5:10:49	75	M30	89	0:55:41	2:00:13	3:09:51
644	1815	Giagkidis Ioannis	GSV Porz Basketball	GER	5:10:07	5:11:36	6	MU2	00	0:57:44	2:07:51	3:02:16
645	1838	Sterpu Alexandru	*Leuven	ROM	5:11:47	5:13:17	76	M30	89	1:03:40	2:12:52	2:58:54
646	1201	Speth Mirko	SSF Bonn Triathlon	GER	5:11:57	5:13:36	69	MHK	95	1:03:22	2:14:15	2:57:41
647	1557	Schwinge Thomas	*Oberlahr	GER	5:12:58	5:14:04	77	M30	89	1:03:51	2:12:03	3:00:55
648	1464	Tam Tak On	None	HKG	5:13:27	5:15:05	59	M55	64	0:55:59	2:14:32	2:58:55
649	14347	Dillenburg Stefan	FhG	GER	5:14:32	5:15:35	70	MHK	97	0:55:17	2:09:40	3:04:51
650	14319	John Dennis	Borbecker Raketen Essen	DEU	5:14:41	5:15:48	89	M35	82	1:08:15	2:25:41	2:48:59
651	1827	Von Stengel Leander	*Bonn	GER	5:15:06	5:16:21	71	MHK	98	1:04:00	2:17:10	2:57:56
652	1645	Theis Eike	LDT Rauschenberg e.V.	GER	5:15:54	5:17:31	60	M55	64	1:04:00	2:19:33	2:56:21
653	1326	Hanna-Kleigrewa Milad	*Bonn	GER	5:16:16	5:18:11	113	M45	72	1:06:51	2:27:41	2:48:35
654	1747	Brazil Niall	Breaking Dad	IRL	5:16:56	5:18:52	114	M45	73	1:07:05	2:28:00	2:48:56
655	9195	Leshwange Eric		GER	5:17:03	5:17:11	85	M40	78	0:58:27	2:16:22	3:00:41
656	1509	Heimann Dmitrij	*Frechen	GER	5:17:26	5:19:17	90	M35	83	1:05:28	2:21:47	2:55:38
657	1199	Koehler Walther	*Bonn	GER	5:18:09	5:19:56	8	M65	52	1:09:55	2:26:34	2:51:35
658	14307	Jahnz Klaus	LG Laacher See	DEU	5:19:24	5:21:13	3	M70	49	1:10:12	2:30:30	2:48:54
658	16054	Klein Hans-Jürgen	Team ERDINGER Alkoholfrei		5:19:24	5:20:30	9	M65	53	1:07:56	2:24:17	2:55:07
660	1376	Asbach Andreas	*Andernach	GER	5:19:56	5:21:14	78	M30	85	1:04:29	2:24:04	2:55:52
661	1190	Szostak Stefan	Kaufhof Sportverein	GER	5:20:34	5:21:03	109	M50	65	1:10:21	2:30:12	2:50:21
662	16068	Schuster Ralf	Team ERDINGER Alkoholfrei		5:20:36	5:22:27	61	M55	61	1:09:50	2:30:14	2:50:22
663	14236	Fischer Klaus-Dieter	LT Wetringen	DEU	5:24:20	5:24:43	31	M60	59	1:06:57	2:22:48	3:01:31
664	1268	Hülshörster Jan Ole	*Bonn	GER	5:24:54	5:26:32	72	MHK	96	1:08:37	2:27:03	2:57:50
665	1591	McGowan Sean	*Naperville	USA	5:26:14	5:26:54	73	MHK	97	0:58:53	2:18:45	3:07:28
666	1347	Wahab Norman	*Bonn	GER	5:26:31	5:27:44	74	MHK	96	0:49:46	1:53:51	3:32:40
667	1121	Sprung Klaus	KÖLNBADER	GER	5:27:05	5:28:01	110	M50	67	1:03:23	2:22:00	3:05:05
668	1428	OSSOWSKI MARC	JPLF RAISMES	FRA	5:29:59	5:30:20	62	M55	63	0:58:38	2:10:17	3:19:41
669	1814	Laube Fabian	*Hilchenbach	GER	5:30:51	5:31:54	75	MHK	97	1:03:56	2:20:09	3:10:42
670	1221	Laurent Jean-david	*Neunkirchen seelscheid	FRA	5:30:59	5:32:43	79	M30	85	1:05:54	2:28:41	3:02:18
671	1198	Heise Manfred	TuS 31 Elleringhausen	GER	5:32:14	5:33:21	32	M60	57	1:03:50	2:20:20	3:11:54
672	1155	Laas Alexander	SV Menden 1912 e.V.	GER	5:32:29	5:33:36	91	M35	82	0:59:17	2:17:05	3:15:24
673	1267	Heyer Hermann	LG Mauerweg Berlin, 100MC	GER	5:34:35	5:36:11	63	M55	60	1:04:05	2:25:32	3:09:02
674	16556	Naumann Michael		GER	5:38:29	5:40:24	33	M60	59	1:15:23	2:42:38	2:55:50
675	1425	Radecker Marcus	*München	GER	5:38:56	5:40:40	115	M45	70	1:07:51	2:33:42	3:05:14
676	1663	Truong Minh Tuan	*Duisburg	GER	5:42:21	5:42:57	76	MHK	92	1:03:43	2:27:44	3:14:37
677	1364	Asbjornsson Fjolinir	*Isafjardarbaer	ISL	5:49:35	5:51:28	116	M45	73	1:14:05	2:43:32	3:06:03
678	16139	Pena Hoffmann Tristan			5:51:39	5:53:35	7	MU2	00	1:16:45	2:42:17	3:09:22
679	12770	Burkhardt Peter	Deutsche Post	GER	5:52:25	5:53:58	86	M40	79	1:05:13	2:38:45	3:13:40
680	60	Densing Axel	Zug- und Bremsläufer		5:52:26	5:54:35	111	M50	68	1:22:25	2:54:00	2:58:26
681	1638	Espinoza Garcia Daniel Greg	*Karlsruhe	MEX	5:52:44	5:54:38	77	MHK	90	1:16:47	2:51:10	3:01:33
682	219	Rojik Volker	*Gladbeck	DEU	5:54:08	5:54:26	64	M55	60	1:14:07	2:41:32	3:12:36

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-Pl	AK	Jahr	10km	Halb1	Halb2
683	61	Witzke Oliver	Zug- und Bremsläufer		5:54:34	5:56:43	117	M45	74	1:23:19	2:55:12	2:59:22

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
1	14198	Henneken Claudia Maria	DauerLaufVerein e.V.	GER	3:16:24	3:16:42	1	W30	85	0:44:31	1:35:00	1:41:23
2	20	Purschke Gina	*Köln	GER	3:17:01	3:17:09	1	W35	82	0:44:57	1:36:07	1:40:54
3	1174	Hötte Kerstin	*Bielefeld	GER	3:17:26	3:17:37	2	W30	89	0:43:32	1:34:54	1:42:31
4	1228	Kaufhold Michaela	*Bonn	GER	3:20:14	3:20:34	1	W40	78	0:44:44	1:36:13	1:44:01
5	1456	Meyer Nina	*Berlin	GER	3:24:27	3:24:50	1	WHK	91	0:46:21	1:38:16	1:46:10
6	1210	Schneider Caterina	Laufftreff Venusberg	GER	3:25:10	3:25:17	1	W45	71	0:45:40	1:36:38	1:48:32
7	1439	Todt Janina	*Netphen	GER	3:26:52	3:27:12	2	WHK	92	0:45:12	1:37:49	1:49:02
8	1077	Balles Andrea	TV Cochem	GER	3:28:05	3:28:18	2	W35	80	0:48:37	1:43:21	1:44:43
9	1524	Hahn Natascha	*Königsberg	GER	3:30:36	3:30:40	2	W45	74	0:49:15	1:44:07	1:46:29
10	261	Hundrieser Sabine	*Bonn	DEU	3:30:39	3:30:42	1	W50	67	0:48:32	1:42:40	1:47:59
11	1033	Mohr Christina	Germania Impekoven	GER	3:33:18	3:33:20	3	W30	85	0:46:26	1:41:07	1:52:11
12	1467	Zentowski Nelli	LT Andernach	GER	3:36:59	3:37:02	2	W50	69	0:49:14	1:43:42	1:53:17
13	9148	Drose Daniela	LLG St. Augustin		3:37:33	3:37:54	4	W30	87	0:46:48	1:41:02	1:56:30
14	258	Eichler Almut	SSF Bonn	DEU	3:38:51	3:39:00	1	W60	58	0:46:40	1:41:41	1:57:10
15	1311	Vogel Hannah	*Baesweiler	GER	3:39:03	3:39:18	3	WHK	97	0:43:08	1:36:28	2:02:34
16	12356	Rebentisch Heike	Deutsche Post	GER	3:41:10	3:41:12	1	W55	62	0:49:21	1:44:27	1:56:42
17	16582	Seidel Renate	Troisdorfer LG M.U.T.	DEU	3:42:56	3:43:16	2	W55	63	0:51:23	1:50:20	1:52:36
18	1487	Heister Julia	Laufftreff enorm	GER	3:43:28	3:43:38	3	W35	82	0:52:08	1:50:34	1:52:54
19	1283	Grieger Svenja	*Köln	GER	3:44:42	3:45:05	5	W30	89	0:52:35	1:50:46	1:53:56
20	7728	Sammer Johanna Dora	*Köln	GER	3:46:23	3:48:08	4	WHK	96	0:55:35	1:55:34	1:50:48
21	1395	Blumenroth Clara	*Bochum	GER	3:47:27	3:48:03	5	WHK	98	0:51:19	0:00:00	0:00:00
22	16583	Schulze Melanie	DZ Bank runners	GBR	3:49:20	3:49:31	3	W45	72	0:51:29	1:50:58	1:58:21
23	14097	Schnurr Olga	LC Euskirchen	GER	3:50:02	3:50:20	6	W30	89	0:54:19	1:54:10	1:55:52
24	1797	Hellner Astrid	TV Attendorn	GER	3:50:08	3:50:44	4	W45	71	0:54:21	1:54:50	1:55:17
25	1791	Nickel Anna	*Köln	GER	3:51:47	3:52:26	2	W40	79	0:53:57	0:00:00	0:00:00
26	40	Klödener Leonie		GER	3:52:03	3:52:21	6	WHK	96	0:56:21	2:02:38	1:49:25
27	14100	Breuer Nicole	LT SV Westum	GER	3:52:29	3:54:28	4	W35	83	0:52:37	1:48:50	2:03:39
28	1526	Hellwig Dr. Sabine	Alfterer SC	GER	3:53:01	3:53:21	3	W50	67	0:54:47	1:56:01	1:56:59
29	1830	Meyer Monique	*Aachen	GER	3:53:25	3:53:55	7	W30	86	0:53:27	1:53:30	1:59:55
30	1384	Wenkin Louise	*Habay	BEL	3:54:32	3:54:40	7	WHK	95	0:52:56	1:53:24	2:01:07
31	1800	Wojciechowski Raphaela	TV Attendorn	GER	3:54:47	3:55:23	3	W40	77	0:55:55	1:58:09	1:56:37
32	1777	Lehradt Sylvia	*Frankfurt am Main	GER	3:56:10	3:56:57	8	W30	87	0:56:20	1:57:54	1:58:15
33	1460	Förg-Wimmer Dr. Christina	*Berlin	GER	3:57:16	3:57:43	4	W40	77	0:54:10	1:55:13	2:02:02
34	1374	Recht Mathilda	*Münster	GER	3:57:48	3:59:01	8	WHK	98	0:53:59	1:55:03	2:02:45
35	1287	Distler Celina	IfL Hof	GER	3:57:57	3:58:07	9	WHK	92	0:52:17	1:53:28	2:04:29
36	16107	Schreich Eva	Fronrunners Cologne		3:59:58	4:00:11	5	W40	77	0:51:10	1:49:47	2:10:11
37	1202	Seifert Anke	*Aachen	GER	4:00:07	4:01:22	9	W30	89	0:55:41	1:57:59	2:02:08
38	1018	Müller Katja	*Hürth	GER	4:00:11	4:00:52	6	W40	75	0:53:32	1:55:06	2:05:04
39	1373	Züll Stephanie	*Aachen	GER	4:01:24	4:02:03	10	W30	86	0:55:39	1:57:51	2:03:33
40	16326	Loehrer Katharina			4:03:48	4:05:52	10	WHK	92	0:54:00	1:56:35	2:07:12
41	14094	Lindzus Michaela	*Köln	GER	4:04:06	4:04:38	4	W50	68	0:55:07	1:55:48	2:08:17
42	1195	Fischer Ann-Christin	TSG Kirchhellen	GER	4:05:16	4:05:54	11	WHK	90	0:54:31	1:55:43	2:09:33
43	1793	Ruff Julia	LSG Schwarzwald-Marathon	GER	4:05:48	4:06:28	5	W35	83	0:55:23	1:59:15	2:06:33
44	16074	Englert Jasmin	Team ERDINGER Alkoholfrei		4:06:29	4:08:23	11	W30	88	0:56:09	1:58:25	2:08:03
45	12587	Boquoi-Kipping Sigrd	Deutsche Post	GER	4:06:39	4:07:07	3	W55	63	0:55:49	1:58:13	2:08:25
46	1206	Engels Dr. Dagmar	*Köln	GER	4:06:44	4:07:14	7	W40	76	0:53:29	1:55:36	2:11:08
47	1238	Post Dr. Daria	*Wesseling	GER	4:08:01	4:08:33	5	W50	69	0:55:59	1:58:09	2:09:51
48	1829	Kamerke Silke	Renntiere	GER	4:09:52	4:11:14	5	W45	72	0:57:37	2:02:05	2:07:47
49	1709	Mertens Linda	*Erfstadt	GER	4:11:01	4:11:43	12	W30	85	0:56:53	2:00:12	2:10:48
50	1191	Kloth Nicole	Team Rurrunner	GER	4:11:02	4:12:38	6	W45	71	1:00:39	2:06:38	2:04:24
51	1182	Krämer Christina	Mittelpunktläufer SV Habach	GER	4:12:08	4:13:06	8	W40	78	0:59:22	2:05:28	2:06:40
52	14115	Mohrmann Rebekka	Stadt Bonn	GER	4:12:38	4:13:29	13	W30	88	0:57:38	2:00:35	2:12:03
53	1723	Poschen Regina	SC Komet Steckenborn	GER	4:15:26	4:16:04	4	W55	63	0:54:29	1:58:09	2:17:16
54	1604	Graf Laura	*Hürth	GER	4:16:27	4:16:56	6	W35	81	0:56:09	2:00:51	2:15:36
55	1546	Furrer Susanne	SV Vilich Müldorf	GER	4:17:05	4:18:11	6	W50	69	0:59:13	2:05:36	2:11:29
56	1485	Jung Mandy	Maju SRL-United	GER	4:17:10	4:17:27	7	W45	71	0:55:40	1:58:42	2:18:28
57	16551	Goth Uta			4:17:32	4:19:14	8	W45	70	0:58:07	2:02:42	2:14:50
58	1598	Becker Dr. Ulrike	diabetespraxis-rhein-sieg	GER	4:19:13	4:20:16	9	W45	73	0:56:25	2:01:48	2:17:24
59	1021	Schmitz Elke	LG Pronsfeld-Lünebach	GER	4:19:59	4:21:03	7	W50	69	0:56:51	2:03:09	2:16:50
60	9160	Raabe Inge	Renniere e. V.		4:21:20	4:21:39	5	W55	64	0:58:39	2:08:07	2:13:13
61	1431	Schulz Martina	Meddys LWT Koblenz	GER	4:22:12	4:23:32	6	W55	63	1:00:25	2:08:04	2:14:08
62	1572	Kribs Britta	LG Pronsfeld-Lünebach	GER	4:23:07	4:24:12	14	W30	86	0:57:49	2:01:55	2:21:11

Marathon - Gesamtwertung

Deutsche Post Marathon Bonn - 7. April 2019

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
63	1399	Whitley Chelsea	*Amery	USA	4:23:25	4:24:27	10	W45	74	0:58:36	2:07:52	2:15:32
64	1517	Mandelartz Rem	DLC Aachen	THA	4:23:28	4:24:33	11	W45	71	1:02:58	2:09:27	2:14:00
65	1411	Simonis Dr. Ruth	*Köln	GER	4:23:58	4:24:37	15	W30	85	0:53:56	1:55:25	2:28:32
66	6055	Hendriks Sandra	*Erfstadt	GER	4:24:04	4:24:59	9	W40	75	1:01:49	2:11:02	2:13:01
67	16376	Siat Rosalie	ANA SG Wantzenau	FRA	4:24:21	4:24:43	16	W30	86	0:56:27	2:00:32	2:23:49
68	1636	Thiais Aline	*tilloy-lez-cambrai	FRA	4:24:25	4:25:05	7	W35	83	0:56:36	2:04:06	2:20:18
69	1801	Weber Kirsten Ernst	*Virum	DEN	4:25:07	4:25:22	8	W50	67	0:47:28	1:49:45	2:35:21
70	1187	Bietke Jenny	*Troisdorf	GER	4:25:34	4:26:10	8	W35	81	0:55:55	2:01:45	2:23:49
71	1627	Janet Wodäge	ICH	GER	4:26:28	4:26:32	12	W45	72	0:52:24	1:56:48	2:29:39
72	1843	Finke Wiebke	SG Borken	GER	4:28:00	4:29:29	9	W35	80	0:57:57	2:03:10	2:24:50
73	1015	Wollenweber Sabine	Melpomene e.V.	GER	4:30:22	4:31:33	9	W50	68	1:01:03	2:09:49	2:20:33
74	1603	Mackh Christina	*Neusäß	GER	4:30:50	4:32:12	10	W50	69	1:02:55	2:13:54	2:16:55
75	1501	Podlogar Petra	*Troisdorf	GER	4:30:54	4:31:53	10	W35	80	1:04:01	2:12:09	2:18:44
76	1389	Rohrmann Sabrina	*Sundern	GER	4:31:40	4:32:13	12	WHK	91	0:55:55	1:59:13	2:32:26
77	1532	De Vos Luka	SSF Bonn	GER	4:31:40	4:33:14	13	WHK	92	0:53:31	1:58:27	2:33:13
78	1114	Nacken Maria	*Erkelenz	GER	4:32:35	4:33:03	10	W40	78	0:58:42	2:09:16	2:23:19
79	1619	Rainer-Poeselt Sandra	*Wiesbaden	AUT	4:34:03	4:35:00	13	W45	73	1:02:42	2:11:52	2:22:10
80	1670	Maiwald Claudia	*Speyer	GER	4:34:43	4:35:52	11	W50	66	1:03:52	2:15:57	2:18:45
81	1087	Radermacher Sandra	*Lohmar	GER	4:36:20	4:37:24	11	W35	80	1:03:54	2:12:04	2:24:15
82	1183	Leinenbach Nicole	Mittelpunktläufer SV Habach	GER	4:37:03	4:37:59	11	W40	78	0:59:24	2:06:29	2:30:34
83	1189	Winter Christine	Kaufhof Sportverein	GER	4:37:18	4:37:48	7	W55	64	0:59:49	2:09:58	2:27:20
84	14093	Bock Heike	*Herzogenrath	GER	4:37:41	4:38:55	12	W50	69	1:00:47	2:11:55	2:25:45
85	1146	Seibel Sonja	*Bonn	GER	4:37:52	4:38:54	12	W40	75	0:59:40	2:10:03	2:27:49
86	1784	Scholz Kim	Die Pasteis de Natis - Freunde	GER	4:40:55	4:41:58	14	WHK	98	0:56:00	2:07:54	2:33:01
87	1042	Botson Kerstin	*Nideggen	GER	4:42:03	4:43:07	13	W40	78	1:03:54	2:12:07	2:29:56
88	1387	Mader Andrea	*Bochum	GER	4:43:36	4:44:03	14	W45	73	0:58:28	2:04:43	2:38:52
89	16031	Korgel Anke	Dextro		4:44:17	4:45:08	15	W45	71	1:03:49	2:17:20	2:26:57
90	1436	Köster Verena	*Aachen	GER	4:44:31	4:45:11	15	WHK	94	0:55:55	2:00:31	2:43:59
91	1193	Bilger Angelika	*BORNHEIM	GER	4:44:47	4:45:05	16	W45	72	1:00:51	2:13:32	2:31:14
92	1650	Weber Jennifer	LG Pronsfeld-Lünebach	GER	4:44:58	4:46:01	17	W30	86	0:57:50	2:09:15	2:35:42
93	1382	Starosta Sylvia	DJK Mellrich	GER	4:45:41	4:46:42	17	W45	74	1:04:18	2:17:18	2:28:23
94	16564	Salewski Birgit			4:46:07	4:47:17	8	W55	62	1:04:25	2:16:40	2:29:26
95	1609	Dobre Georgiana	*Bucuresti	ROM	4:46:30	4:47:26	18	W30	85	1:01:58	2:16:12	2:30:17
96	1765	Rudolph Anna	*Siegen	GER	4:46:55	4:47:57	19	W30	88	1:02:38	0:00:00	0:00:00
97	1086	Hoffmann Jasmin	*Lohmar	GER	4:48:37	4:49:41	12	W35	82	1:04:25	2:18:22	2:30:15
98	1363	Lipson-green Simone	CT1	GBR	4:49:03	4:50:04	13	W50	68	1:01:50	2:16:05	2:32:58
99	14348	Adilova Linara	FhG	GER	4:49:18	4:50:43	16	WHK	90	1:06:27	2:20:57	2:28:21
100	1327	Schmidt-Röper Beate	DJK Mellrich	GER	4:51:45	4:52:46	14	W50	69	1:04:18	2:17:18	2:34:26
101	1687	Lopez Rodriguez Jasmina	*Darmstadt	ESP	4:51:48	4:51:57	17	WHK	91	1:01:11	2:14:42	2:37:06
102	1139	Dörnemann Kerstin	*Marl	GER	4:52:42	4:53:36	18	W45	71	1:04:24	2:18:28	2:34:14
103	1568	Novak Sanja	*Jülich	CRO	4:53:44	4:55:19	18	WHK	90	1:04:38	2:16:54	2:36:50
104	1048	Hajek Verena	LLG 80 Nordpark Köln	GER	4:53:55	4:54:45	1	W65	52	1:02:34	2:19:05	2:34:50
105	1224	Eble Stephanie	*Bonn	GER	4:53:57	4:55:55	13	W35	83	1:06:45	2:21:16	2:32:41
106	1103	Göbel Annamaria	*Bonn	GER	4:54:32	4:55:15	19	WHK	96	0:58:21	2:07:49	2:46:43
107	1759	Musebrink Jutta	LTF Selbach	GER	4:54:34	4:55:04	15	W50	68	1:04:28	2:14:41	2:39:53
108	1740	Klein Jeanette	LG Pronsfeld-Lünebach	GER	4:55:02	4:56:09	14	W40	78	1:04:07	2:12:44	2:42:17
109	1674	Hafner Silke	androgon Team	GER	4:55:12	4:56:43	15	W40	77	1:08:45	2:26:45	2:28:27
110	1811	Roos Martina	TV Hattenheim	GER	4:56:37	4:58:17	9	W55	63	1:05:25	2:21:27	2:35:09
111	1135	Pöpping Jannika	*Bonn	GER	4:59:53	5:01:22	20	WHK	96	1:02:44	2:14:01	2:45:52
112	1608	Connotte Marian	AV Pijnenburg Soest	NEL	5:00:57	5:02:05	10	W55	61	1:09:09	2:25:23	2:35:34
113	1617	Feldmann Maria	*Tönisvorst	GER	5:03:20	5:04:32	11	W55	63	1:03:47	2:13:23	2:49:57
114	16231	Bigdic Teita			5:04:47	5:06:37	14	W35	80	1:10:01	2:31:07	2:33:40
115	1767	Bolten Daniela	Dülkener SV	GER	5:06:15	5:07:46	16	W50	66	1:10:12	2:27:55	2:38:19
116	1163	Jörissen- Humml Klarissa	VfR Unterbruch LG	GER	5:07:45	5:09:02	15	W35	80	1:04:00	2:17:47	2:49:57
117	1412	Regul Edith	*Bonn	GER	5:09:56	5:11:26	20	W30	89	1:04:56	2:26:47	2:43:08
118	1560	Cyma Anna	*Aachen	POL	5:10:22	5:11:38	16	W35	84	1:05:05	2:20:41	2:49:41
119	1000	Krafuß Mirjam	*Würzburg	GER	5:11:47	5:13:18	21	WHK	90	1:06:05	2:22:54	2:48:52
120	1408	Bersch Jana	*Koblenz	GER	5:12:25	5:14:03	22	WHK	93	1:07:53	2:23:48	2:48:37
121	14320	John Svenja	Borbecker Raketen Essen	DEU	5:14:35	5:15:42	21	W30	86	1:08:15	2:25:41	2:48:53
122	1855	Bölkow Kerstin	*Lohmar	GER	5:14:56	5:16:01	17	W35	80	1:04:25	2:25:01	2:49:55
123	14222	Brazil Kerry	Bonn International School	GER	5:16:56	5:18:52	16	W40	75	1:07:05	2:28:00	2:48:55
124	16051	Richter Stefanie	Team ERDINGER Alkoholfrei		5:19:23	5:20:29	18	W35	80	1:08:15	2:25:41	2:53:41

Frauen

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
125	16064	Jahn Birgit	Team ERDINGER Alkoholfrei		5:20:36	5:22:27	19	W45	73	1:09:51	2:30:15	2:50:21
126	16071	Harnischmacher Wibke	Team ERDINGER Alkoholfrei		5:20:37	5:22:27	17	W40	76	1:09:52	2:30:16	2:50:21
127	16438	Krüger Jana			5:24:41	5:26:30	23	WHK	92	1:09:54	2:26:32	2:58:08
128	14087	Zimmermann Jessica	*Pulheim	GER	5:30:41	5:32:32	19	W35	84	1:05:52	2:19:30	3:11:11
129	1401	Buri Sinja	*Balingen	GER	5:31:05	5:32:14	22	W30	88	1:08:44	2:27:40	3:03:24
130	1304	Löhr Julia	Black Ducks	GER	5:40:54	5:42:58	23	W30	85	1:22:30	2:49:34	2:51:20
131	14312	Fuchs Marie	TSG Helberhausen	GER	5:42:05	5:43:44	24	WHK	94	1:03:24	2:22:43	3:19:22
132	4747	Kroseberg Anne	*Köln	GER	5:54:38	5:56:36	17	W50	65	1:16:35	2:42:57	3:11:41
133	1359	Scheer Karin	TV Kleinwiedenest 1890 e.V.	GER	5:55:15	5:57:09	1	W70	49	1:21:29	2:51:57	3:03:17
134	1281	Lau Maria	*Gladbeck	GER	6:02:53	6:03:25	18	W50	66	1:05:33	2:31:57	3:30:55