

10 Meilen-Hauptlauf - Gesamtwertung

10. Pax-Bank Stadionlauf Köln - 03. Juni 2018

Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden	1km/5km/5km/5km
1	1919	Dahl Simon	Bunert - Der Kölner Laufladen	0:56:08	0:56:10	1	M30	1987	03:40	17:09 17:25 17:53
2	1656	Trems Torsten	central-team.de	1:02:42	1:02:43	1	M40	1977	03:47	19:01 20:12 19:41
3	1621	Schneider Norbert	Bunert / Rhein-Berg Runners	1:04:40	1:04:41	1	M50	1968	04:07	19:50 20:22 20:20
4	1852	Knauf Albert	LG Mützenich	1:05:21	1:05:23	2	M50	1964	04:07	19:57 20:30 20:46
5	1936	Pinheiro Andreas	AP Datenschutz	1:06:30	1:06:32	2	M40	1978	04:08	20:13 20:53 21:14
6	1839	Neubauer Dominik	innogy SE	1:09:10	1:09:11	1	M35	1980	04:00	20:19 21:46 23:04
7	1827	Neitzert Dominik	TuS Weitefeld-Langenbach	1:09:48	1:09:51	1	MHK	1991	04:13	20:56 22:14 22:24
8	1878	Salewska Boris	Team SYBO	1:10:51	1:10:53	1	M45	1973	04:23	21:38 22:09 22:40
9	1860	Heinemeyer Joachim	*Köln	1:10:59	1:11:03	2	M35	1980	04:38	21:55 22:11 22:13
10	1877	Münchrath Frank	*Neunkirchen-Seelscheid	1:11:10	1:11:13	2	M45	1970	04:35	21:59 22:14 22:21
11	1930	Treptow Thorsten	ASC Kronach	1:12:33	1:12:35	3	M50	1965	04:41	22:20 22:35 22:55
12	1810	Müller Kai	*Köln	1:13:28	1:13:30	3	M35	1979	04:52	23:00 23:08 22:26
13	1916	Nicolini Torsten	*Hürth	1:13:35	1:13:38	2	M30	1987	04:22	21:26 23:40 24:05
14	1850	Milden André	*Euskirchen	1:13:55	1:13:59	3	M45	1973	04:24	22:08 23:24 23:57
15	1880	Hofmann Peter	ASV Köln Lauftreff	1:14:21	1:14:28	4	M50	1965	04:23	22:14 23:50 23:53
16	1911	Wanzek Thor	Lebenshilfe Köln	1:14:49	1:14:53	3	M40	1976	04:41	23:07 23:29 23:31
17	1933	Volles Tilman		1:14:55	1:14:58	3	M30	1986	04:33	23:07 24:11 23:03
18	1828	Ermert Martin	TuS Weitefeld-Langenbach	1:15:14	1:15:22	4	M30	1985	04:46	23:07 23:33 23:47
19	1905	Kaatze Jens	*Leverkusen	1:15:28	1:15:31	4	M45	1973	04:56	24:00 23:46 22:44
20	1871	Müller Jürgen	*Euskirchen	1:15:35	1:15:39	4	M40	1976	04:33	23:22 24:04 23:34
21	1932	Schauff Willi		1:16:36	1:16:40	5	M50	1966	05:03	23:49 23:55 23:48
22	1926	Kirchholtes Frank	*Köln	1:16:36	1:16:42	6	M50	1967	05:15	23:51 24:06 23:23
23	1840	Stangenberg Stefan	*Köln	1:17:10	1:17:18	4	M35	1980	04:56	23:50 24:03 24:20
24	1641	Jansen Heiko		1:19:13	1:19:19	5	M40	1976	05:07	24:38 25:04 24:23
25	1893	Bobeth Michael	Dauerlaufschule Köln	1:19:19	1:19:24	1	M55	1962	05:05	24:32 25:02 24:38
26	1853	Lennarz Joachim	*Köln	1:19:41	1:19:45	6	M40	1975	05:02	24:18 25:01 25:19
27	1835	Wolf Nils	Kölle-Telgte-Alaaf	1:19:49	1:19:54	5	M45	1973	05:02	24:10 25:25 25:10
28	1622	Stepanek Jan	Avengers	1:20:10	1:20:30	5	M35	1981	05:35	25:05 24:56 24:33
29	1826	Rottmann Michael	Original Bootcamp Münster	1:20:45	1:20:57	7	M40	1977	05:46	25:35 25:13 24:09
30	1808	Bilger Andreas	*Waldkirch	1:21:15	1:21:22	6	M35	1983	04:54	23:32 25:21 27:26
31	1942	Otrinski Jörg	St. Paukratins	1:21:53	1:22:07	7	M50	1964	05:18	25:25 25:54 25:15
32	1623	Köppe Stefan	1.FC Köln	1:22:24	1:22:31	5	M30	1985	05:13	25:33 26:05 25:30
33	1863	Müller Ralf	Schnaufgruppe	1:22:53	1:22:57	1	M60	1956	04:56	25:07 26:02 26:47
34	1939	Seyfarth Marco		1:22:57	1:22:59	6	M45	1973	04:34	24:29 26:33 27:19
35	1924	Martens Jörn	Run of Colours Promoteam	1:22:49	1:23:04	2	M55	1962	04:53	24:57 26:12 26:45
36	1908	Rothenberger Ralf	*Köln	1:23:06	1:23:11	3	M55	1960	05:12	25:44 26:11 25:57
37	1841	Roth Johannes	Sibbe Pänz	1:23:05	1:23:16	6	M30	1987	05:32	25:49 26:00 25:43
38	1889	Schruff Michael	*Solingen	1:23:18	1:23:25	4	M55	1963	05:24	25:19 26:11 26:22
39	1652	Waldforst Thomas	*Köln	1:23:22	1:23:32	7	M45	1971	05:48	25:01 25:24 27:08
40	1899	Dresbach Frank	Cologne Allblacks	1:23:29	1:23:34	8	M50	1967	05:17	25:22 26:20 26:28
41	1867	Börste Andreas	*Troisdorf	1:25:10	1:25:20	8	M45	1972	05:28	26:16 26:42 26:43
42	1927	Sebastian Bertelsmeier	Asc loope radspport	1:25:29	1:25:39	7	M30	1985	05:36	26:41 27:11 26:00
43	1918	Ulmer Peter	DNF is no option	1:26:17	1:26:28	5	M55	1963	05:35	25:58 26:48 27:55
44	1894	Kotkowski Thomas	*Lohmar	1:27:40	1:27:49	8	M30	1987	05:37	26:14 27:14 28:34
45	1895	Hemb Uwe	TG Neuss	1:28:04	1:28:17	9	M50	1968	05:33	27:07 28:00 27:22
46	1627	Best Steffen		1:28:20	1:28:33	8	M40	1978	05:34	26:34 27:27 28:44
47	1838	Beyer Heinrich	Mirkos Running Team	1:28:24	1:28:37	2	M60	1956	05:57	27:17 26:34 28:35
48	1625	Thranberend Klaus	DjK	1:28:27	1:28:38	10	M50	1967	05:16	26:28 28:03 28:39
49	1876	Breitsohl Heiko	*Köln	1:29:00	1:29:06	9	M40	1978	05:35	27:15 27:56 28:13
50	1861	Schwarzbach Bastian	*Köln	1:29:02	1:29:06	7	M35	1980	05:20	26:53 28:05 28:42
51	1865	Stumpf Thomas	*Köln	1:29:03	1:29:06	9	M30	1988	05:21	26:53 28:05 28:43
52	1881	Ehmann Jochen	21 in 2018	1:29:30	1:29:46	8	M35	1982	06:07	27:14 27:47 28:21
53	1869	Kaminski David	*Köln	1:29:58	1:30:12	10	M30	1984	06:39	29:11 26:46 27:20
54	1842	Kasprzak André	Lokomotive Knallgas	1:30:22	1:30:34	11	M30	1986	05:29	26:15 28:51 29:45
55	1874	Cremer Karsten	Polizei Rhein-Erft-Kreis	1:31:00	1:31:07	10	M40	1976	05:49	27:20 28:14 29:36
56	1807	Lendowski Sebastian	*Bergheim	1:31:42	1:31:49	11	M40	1977	05:38	26:15 28:31 31:15
57	1578	Lang Andreas	*Essen	1:32:36	1:32:45	11	M50	1968	05:57	27:51 28:40 30:06
58	1914	Hamacher Hermann-Josef	BSG der KZVK Köln	1:32:45	1:33:04	6	M55	1962	06:16	28:06 29:21 29:02
59	1937	Fahl Thomas		1:33:12	1:33:18	9	M45	1973	05:39	27:12 29:11 31:10
60	1883	Lorenz-Kimmich Jürgen	LLG St. Augustin	1:33:27	1:33:35	7	M55	1959	05:47	28:15 29:16 30:07
61	1900	Albrecht DR Jens	*Frechen	1:33:57	1:34:03	12	M50	1968	05:21	28:05 30:16 30:15
62	1832	Güteryüz Cemil	*Köln	1:34:44	1:34:47	13	M50	1965	05:32	28:28 29:53 30:50

Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden	1km/5km/5km/5km
63	1802	Schuetz Michi	Marathon-Club Menden	1:34:55	1:35:08	8	M55	1960	06:04	28:32 29:32 30:46
64	1862	Sengstake Marco	*Huerth	1:35:23	1:35:36	10	M45	1973	06:15	28:55 30:01 30:11
65	1904	Eschweiler Thomas	*Köln	1:35:49	1:36:01	1	M65	1953	05:57	29:21 30:27 30:03
66	1804	Kramer Uwe	*Köln	1:36:38	1:36:52	9	M55	1962	05:45	28:01 29:45 33:06
67	1890	Kaulen Marcus	Lahm Söck	1:36:39	1:36:57	12	M40	1974	06:25	30:40 30:12 29:20
68	1823	Weber Steffen	Die Verückten aus der 17	1:37:25	1:37:36	12	M30	1985	06:30	33:02 27:40 30:11
69	1624	Damerow Raymond	Ford FCSD 05	1:37:44	1:37:50	3	M60	1957	05:52	28:45 30:32 32:33
70	1885	Obholzer-Thelen Franz Josef	läuftMMA Bonn	1:39:43	1:39:53	10	M55	1963	06:01	29:49 31:22 32:29
71	1820	Berse Thomas	*Köln	1:40:58	1:41:13	11	M45	1973	06:13	31:01 31:45 31:59
72	1943	Buiatti Ricardo		1:41:43	1:41:57	2	MHK	1989	06:40	29:55 30:57 34:11
73	1917	Birkenfeld Michael	*Hürth	1:41:44	1:42:00	14	M50	1967	07:05	32:31 31:23 30:43
74	1851	Schulenburg Bodo	*Köln	1:43:37	1:43:50	11	M55	1962	06:31	30:37 33:33 32:55
75	1931	Merten Michael	*Gummersbach	1:44:17	1:44:24	12	M45	1969	06:11	31:04 32:52 34:08
76	1870	Wurda Werner	SC Fortuna Köln	1:44:11	1:44:29	12	M55	1960	06:28	31:25 32:03 34:14
77	1913	Greßer Peter	GWK Runner	1:47:20	1:47:32	13	M30	1987	05:30	30:44 33:21 37:43
78	1813	Schroeder Christian	*Frechen	1:47:37	1:47:51	9	M35	1981	06:48	30:40 33:24 36:44
79	1626	Wuesten Christian	LT Gruiten-Neandertal	1:47:42	1:48:00	13	M45	1972	07:02	33:30 34:33 32:35
80	1887	Luppertz Georg	Erzbistum Köln	1:47:55	1:48:11	15	M50	1965	06:58	33:08 33:34 34:13
81	1873	Schumacher Sascha	*Elsdorf	1:48:32	1:48:48	10	M35	1980	07:00	32:54 33:29 35:08
82	1837	Vetter Raimund	Uniquetraining Köln	1:53:22	1:53:41	2	M65	1952	06:28	33:00 35:10 38:42
83	1803	Diederichs Wolfgang	Tagesvater-Bedburg	1:56:49	1:57:09	13	M40	1975	07:00	33:46 36:30 39:31
84	1922	Becker Alexander	*Köln	1:57:34	1:57:47	11	M35	1982	06:13	34:46 37:37 38:56
85	1945	Schwarz Patrick		2:04:34	2:04:48	14	M30	1985	06:43	33:28 44:26 39:55
86	1921	Niessen Peter	-	2:05:32	2:05:50	4	M60	1954	07:07	36:12 40:35 41:36
87	1829	Kussmann Christian	*Pulheim	0:29:29	0:29:46	12	M35	1981	05:19	24:09 00:00 00:00
88	1906	Oberndörfer Martin	LLG St. Augustin	0:04:41	0:04:45	14	M45	1972	04:41	00:00 00:00 00:00

Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden	1km/5km/5km/5km		
1	1920	Jaschke Lisa	Bunert - Der Kölner Laufladen	1:09:18	1:09:19	1	WHK	1990	04:14	21:09	22:10	21:43
2	1857	Purschke Gina	*Köln	1:09:45	1:09:48	1	W35	1982	04:22	21:25	21:49	22:08
3	1855	Moser Heike	*Köln	1:13:17	1:13:19	1	W50	1967	04:35	22:32	23:03	23:06
4	1925	Minor Astrid	ASV Köln Triathlon	1:15:07	1:15:10	1	W45	1973	04:49	23:08	23:35	23:34
5	1830	Kussmann Karen	*Pulheim	1:15:33	1:15:50	1	W30	1985	05:19	24:09	23:23	22:40
6	1811	Herbers Meike	*Köln	1:17:50	1:17:55	2	W30	1987	05:01	24:11	24:08	24:29
7	1655	Stautemas Sarah	central-team.de	1:19:27	1:19:29	1	W40	1978	04:41	24:26	25:20	24:58
8	1836	Schäfer Daniela	Kölle-Telgte-Alaaf	1:19:48	1:19:53	2	W40	1977	05:02	24:10	25:25	25:10
9	1644	Lipke Petra	Aufgebast Jetzt Kommen Wir	1:20:04	1:20:10	3	W40	1974	05:19	24:26	25:05	25:13
10	1653	Goldschmidt Nora		1:20:06	1:20:15	2	WHK	1991	05:12	25:00	25:30	24:22
11	1941	Fröhlich Svetlana		1:21:42	1:21:44	2	W45	1970	04:59	24:26	25:39	26:37
12	1094	Cremer Michaela		1:23:04	1:23:09	3	W45	1972	05:36	25:49	25:57	25:40
13	1858	Ogamba Simone	*Bergheim	1:26:49	1:26:53	2	W35	1981	05:44	27:13	27:02	26:47
14	1649	Riemer Dorothea		1:26:54	1:27:06	3	WHK	1990	05:34	26:17	27:19	27:43
15	1940	Hähner Iris		1:27:51	1:28:01	4	WHK	1991	05:56	26:52	27:23	27:38
16	1629	Dittmer Inge		1:28:16	1:28:21	2	W50	1965	05:11	27:08	27:36	28:20
17	1901	Steimel Mareike	Sporty Spice	1:28:16	1:28:24	4	W40	1977	05:52	27:10	27:43	27:29
18	1833	Mougawaz Muna	Polizei	1:28:23	1:28:26	5	W40	1975	04:58	26:43	28:05	28:35
19	1817	Ratzlaff Katrin	*Frechen	1:28:35	1:28:45	3	W30	1984	05:47	26:48	28:02	27:57
20	1946	Wilhelm Hedwig		1:28:36	1:28:45	3	W35	1980	05:47	26:48	28:02	27:57
21	1875	Breitsohl Ute	*Köln	1:29:00	1:29:06	4	W35	1982	05:35	27:14	27:56	28:13
22	1859	Peters Anja	BSG Rheinpark	1:29:06	1:29:14	6	W40	1977	05:34	27:16	28:03	28:11
23	1884	Thelen Ursula	läuftMMA Bonn	1:30:30	1:30:39	3	W50	1964	06:02	28:16	27:48	28:23
24	1909	Herling Jelena	*Hürth	1:32:46	1:32:54	5	WHK	1993	05:41	27:49	29:23	29:51
25	1907	Kaulbach Barbara	LLG St. Augustin	1:33:28	1:33:35	1	W55	1961	05:48	28:16	29:24	29:58
26	1929	Vogel Sabine	*Köln	1:34:25	1:34:33	4	W45	1972	06:01	29:25	29:33	29:24
27	1879	Mikschik Sylvia	Team SYBO	1:38:08	1:38:16	7	W40	1975	06:08	29:07	32:21	30:31
28	1903	Becherer Melanie	DJK Novesia 1919	1:40:46	1:40:58	1	WU20	1999	06:55	31:04	31:50	30:56
29	1915	Theis Joanna	*Hürth	1:43:48	1:43:58	6	WHK	1992	06:01	28:38	32:55	36:13
30	1882	Ehmann Lisa	21 in 2018	1:44:55	1:45:10	4	W30	1984	06:58	32:59	32:41	32:16
31	1822	Hajek Verena	Laufmonster	1:45:21	1:45:28	1	W65	1952	06:02	31:43	33:19	34:15
32	1834	Engel Jennifer	Frau	1:46:23	1:46:37	5	W35	1979	06:59	32:21	32:38	34:24
33	1812	Fröhlke Nancy	*Köln	1:46:23	1:46:38	6	W35	1979	06:59	32:20	32:39	34:24
34	1661	Fiedler Malyn	GWK Runners	1:47:58	1:48:11	7	W35	1981	06:43	33:12	33:23	34:39
35	1821	Hüpgen Susanne	Juke Runner	1:52:33	1:52:44	8	W35	1981	06:56	35:13	35:46	34:37
36	1872	Moqaddem Sandra	Casa ciclista Marcel Wüst	1:53:54	1:54:03	4	W50	1967	07:03	35:44	35:41	35:25
37	1896	Miller Michelle	*Köln	1:55:53	1:56:02	5	W30	1984	06:17	34:27	37:09	37:59
38	1866	Koch Meike	*Köln	1:55:54	1:56:02	9	W35	1983	06:17	34:28	37:08	37:59
39	1902	Becherer Sabine	DJK Novesia 1919	1:57:28	1:57:40	5	W50	1965	07:10	35:42	37:23	37:11
40	1824	Wätzold Alexandra	Die Verückten aus der 17	0:39:33	0:39:44	8	W40	1978	06:30	33:02	00:00	00:00
41	1891	Rodeit Savanthip	ohne	0:05:59	0:06:04	10	W35	1982	05:59	00:00	00:00	00:00