



## Männer

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM	
1	465	COOLS Bernard	Heuvellandstappers	BEL	13:18:54	13:18:58	2:49:37	3:23:31	4:05:12	3:00:32	10:18:21	7,51 km/h
2	1210	Dogen Thomas	*Bonn		13:44:03	13:44:04	3:07:51	3:36:34	3:50:53	3:08:43	10:35:20	7,28 km/h
3	1204	Janssens Kim	*Mol		14:05:55	14:06:19	2:49:31	3:24:41	4:28:36	3:23:06	10:42:49	7,09 km/h
4	2	Hoydonckx Peter		BEL	14:05:56	14:06:18	2:49:33	3:24:38	4:28:38	3:23:05	10:42:50	7,09 km/h
5	386	Fritsch Thomas	Sollinger Skywalker	GER	14:17:10	14:17:17	2:58:38	3:37:42	4:16:44	3:24:05	10:53:04	7,00 km/h
6	26	Fiorentino Alessio	BAIUDBW Infra IV	GER	14:22:08	14:22:44	2:49:28	3:24:31	4:28:40	3:39:28	10:42:39	6,96 km/h
7	22	Krafczyk Stefan	Andernach	GER	14:53:37	14:53:43	2:57:59	3:53:02	4:37:17	3:25:17	11:28:19	6,71 km/h
8	487	WEILAND Stephane	*HARSKIRCHEN	FRA	15:17:13	15:19:01	3:23:50	3:49:37	4:21:32	3:42:12	11:35:01	6,54 km/h
9	636	Vandeweyer Patrick	*Deurne Diest	BEL	15:20:07	15:20:27	2:56:13	4:07:04	4:53:56	3:22:53	11:57:14	6,52 km/h
10	11	De Roovere Rudy		BEL	15:20:09	15:20:26	2:56:15	4:07:04	4:53:56	3:22:52	11:57:16	6,52 km/h
11	528	M.Timmermans Thijs	KWBN	NEL	15:35:19	15:35:32	3:03:42	3:50:07	4:55:28	3:46:00	11:49:18	6,41 km/h
12	523	J.M.J. van der Helm Hans	KWBN	NEL	15:35:31	15:35:31	3:03:54	3:50:00	0:00:00	0:00:00	00:00:00	6,41 km/h
13	318	Wit Dr. Jajo	de lat	NEL	15:41:59	15:42:25	3:09:11	3:56:23	5:01:56	3:34:27	12:07:31	6,37 km/h
14	650	Lammens Steven	*Zwijnaarde		15:56:47	15:57:08	3:25:10	3:53:33	5:04:26	3:33:36	12:23:11	6,27 km/h
15	147	Hostie Stephan	*Foulang	BEL	16:10:46	16:11:29	3:16:04	3:55:40	4:52:42	4:06:19	12:04:27	6,18 km/h
16	478	Lenzen Heidi	*Dortmund	GER	16:11:28	16:11:32	3:18:54	4:01:53	5:01:17	3:49:23	12:22:05	6,18 km/h
17	1	BERNARDY Alain		LUX	16:11:30	16:11:30	3:18:50	4:01:58	5:01:15	3:49:25	12:22:04	6,18 km/h
18	27	Wilde Rüdiger	Ohne	GER	16:11:57	16:12:04	3:24:22	4:07:40	4:49:57	3:49:57	12:22:00	6,17 km/h
19	1206	Cordt Andreas	*Lüdenscheid		16:11:57	16:12:04	3:24:07	4:07:59	4:50:00	3:49:50	12:22:07	6,17 km/h
20	121	Neubauer Wilfried	Privat	GER	16:20:51	16:20:52	3:10:35	4:05:49	5:24:52	3:39:35	12:41:16	6,12 km/h
21	540	Raab Markus	*Kirchartd	GER	16:22:22	16:23:19	3:08:26	3:54:12	5:03:41	4:16:01	12:06:20	6,11 km/h
22	1224	Gütinger Dr. Christoph	VANDIT	GER	16:22:57	16:23:39	3:32:16	4:14:30	4:55:00	3:41:09	12:41:48	6,10 km/h
23	136	Matz Thomas	*Sankt Augustin	GER	16:35:55	16:35:55	3:24:43	4:13:19	4:43:38	4:14:13	12:21:42	6,02 km/h
24	122	Wilhelm Ulrich	TV Altendorf-Ersdorf	GER	16:39:14	16:40:14	3:42:17	4:00:55	4:58:19	3:57:42	12:41:31	6,00 km/h
25	425	Welzel René	*Grafschaft	GER	16:40:53	16:42:24	3:23:44	3:51:57	4:53:11	4:31:59	12:08:53	5,99 km/h
26	179	Pfaff Andreas	*Hage	GER	16:42:09	16:42:24	2:56:43	4:04:49	5:08:16	4:32:19	12:09:49	5,99 km/h
27	575	Koerdt Markus	*58708 Menden		16:47:46	16:48:30	3:30:27	4:04:49	5:19:31	3:52:58	12:54:48	5,95 km/h
28	432	Jung Dr. Benjamin	*Wachtberg	GER	16:49:43	16:49:53	3:13:34	4:01:29	5:10:57	4:23:42	12:26:01	5,94 km/h
29	97	Heßling Lars	Turbine Refrath	GER	16:51:39	16:52:22	3:30:32	4:04:45	5:19:32	3:56:49	12:54:50	5,93 km/h
30	131	Köhler Sebastian	*Frankfurt	GER	17:01:06	17:02:40	3:38:24	4:07:29	5:10:26	4:04:45	12:56:20	5,88 km/h
31	488	Greier Dennis	*Bedburg	GER	17:01:07	17:02:43	3:38:24	4:07:31	5:10:24	4:04:47	12:56:20	5,88 km/h
32	598	Agostino Gérard	*Niederkorn	LUX	17:09:24	17:11:12	3:32:34	4:33:03	5:16:37	3:47:09	13:22:15	5,83 km/h
33	573	Müller Oliver	*Polch	GER	17:10:46	17:11:00	3:18:43	4:01:57	5:05:27	4:44:38	12:26:08	5,82 km/h
34	19	Holland Chris	*Swisttal	GER	17:10:48	17:11:44	3:44:42	4:17:05	5:07:41	4:01:18	13:09:29	5,82 km/h
35	424	Severin Rolf	-	GER	17:12:35	17:12:55	3:30:29	4:13:19	5:06:52	4:21:54	12:50:40	5,81 km/h
36	306	Heuser Frank	*Bad Neuenahr-Ahrweiler	GER	17:12:45	17:12:57	3:18:44	4:12:19	5:19:47	4:21:53	12:50:51	5,81 km/h
37	468	Wendt Stefan	dievirtuellecouch.net	GER	17:14:45	17:15:21	3:03:26	3:58:06	5:22:31	4:50:39	12:24:05	5,80 km/h
38	196	Nies Albert	*Polch	GER	17:26:46	17:27:21	3:37:18	4:21:54	5:16:32	4:11:01	13:15:45	5,73 km/h
39	635	Dekker Marcel	*Dronten	NEL	17:31:26	17:31:38	2:49:43	4:11:53	6:08:38	4:21:12	13:10:14	5,71 km/h
40	410	Jeworrek Thomas	LG Heimerzheim	GER	17:32:36	17:33:08	3:30:43	4:26:43	5:28:34	4:06:36	13:26:00	5,70 km/h
41	492	John Frank	LG Heimerzheim	GER	17:32:37	17:33:08	3:30:44	4:26:42	5:28:29	4:06:40	13:25:56	5,70 km/h
42	462	Jansen Uwe	TB Rohrbach	GER	17:34:01	17:34:36	3:32:37	4:25:51	5:20:04	4:15:27	13:18:33	5,69 km/h
43	250	Koltai Gabor	*Hennef	GER	17:43:11	17:44:11	3:45:08	4:24:46	5:14:32	4:18:44	13:24:27	5,64 km/h
44	108	Burkhard Sascha	*Lambrecht	GER	17:45:05	17:45:17	3:55:59	4:05:49	5:24:10	4:19:05	13:26:00	5,63 km/h
45	458	Palzer Alain	*Dudelage		17:47:24	17:49:13	3:32:24	4:35:30	5:27:43	4:11:45	13:35:38	5,62 km/h
46	180	Wenger Dr. Klaus	-	GER	17:50:30	17:50:37	3:05:15	4:11:52	5:45:47	4:47:35	13:02:55	5,60 km/h
47	634	Mintgen Dietmar	100 MC / TEA	GER	17:51:35	17:51:55	3:35:11	4:32:54	5:38:49	4:04:40	13:46:55	5,60 km/h
48	324	Sandhaus Frank	Fraenky73	GER	17:52:57	17:53:45	3:48:55	4:24:58	5:37:05	4:01:57	13:50:59	5,59 km/h
49	396	De Beer Paul	sv De Lat	NEL	17:53:50	17:54:30	3:29:48	4:27:18	5:28:04	4:28:39	13:25:11	5,59 km/h
50	126	Roos Dr. Christoph	*Rheinbach	GER	18:06:09	18:07:01	3:41:55	4:26:15	5:28:23	4:29:33	13:36:35	5,52 km/h
51	380	De Jong Sybe		NEL	18:06:19	18:06:29	3:20:32	4:35:00	5:48:56	4:21:49	13:44:30	5,52 km/h
52	275	Bos Albert	*Drachten	NEL	18:06:20	18:06:30	3:20:31	4:34:59	5:49:38	4:21:11	13:45:09	5,52 km/h
53	62	Weinert Wolfgang	*Bonn	GER	18:06:30	18:06:55	3:32:41	4:16:26	5:36:02	4:41:20	13:25:10	5,52 km/h
54	499	Volders Johan	*Paal-Beringen		18:09:52	18:10:42	3:38:34	4:29:39	5:44:22	4:17:15	13:52:36	5,51 km/h
55	648	Subroweit Norbert	*Bonn		18:11:06	18:11:38	3:45:56	4:41:25	5:32:50	4:10:54	14:00:12	5,50 km/h
56	93	Kunze Hubert	Knickfööss Köln	GER	18:22:12	18:22:37	3:31:38	4:32:09	5:51:22	4:27:02	13:55:09	5,44 km/h
57	327	Unkelbach Hans-Georg	*Grafschaft	GER	18:29:12	18:31:10	4:21:18	5:36:03	7:26:13	1:05:36	17:23:36	5,41 km/h
58	463	Hanft Thomas	Graubrot mit 185g Butter	GER	18:30:12	18:30:58	3:30:24	4:26:26	5:50:49	4:42:32	13:47:39	5,40 km/h
59	331	Wagner Hartmut	RTV Rheinbach	GER	18:30:25	18:31:06	3:43:00	4:26:44	5:47:45	4:32:54	13:57:30	5,40 km/h
60	212	Hagemann Detlef	Kilometermachen	GER	18:31:05	18:31:23	3:16:57	4:23:16	5:46:18	5:04:33	13:26:32	5,40 km/h



## Männer

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM	
61	194	Weidauer Torsten	*Leipzig	GER	18:31:13	18:32:14	4:06:51	4:50:12	5:13:51	4:20:17	14:10:55	5,40 km/h
62	332	Schmitz-Ulrich Heinrich	*Bergheim	GER	18:31:50	18:32:14	3:31:38	4:32:08	5:51:29	4:36:33	13:55:16	5,40 km/h
63	308	Fuhs Heiner	*Ahrweiler	GER	18:33:05	18:33:15	3:34:34	4:33:47	5:40:19	4:44:24	13:48:41	5,39 km/h
64	395	Timmermans Dr. Wilfried	FLAL	NEL	18:44:05	18:44:47	3:29:46	4:27:22	5:49:48	4:57:08	13:46:57	5,34 km/h
65	4	De Haan Dr. Wiebe	F.L.A.L.	NEL	18:46:04	18:46:13	3:43:25	4:51:41	5:58:39	4:12:18	14:33:46	5,33 km/h
66	501	Schürmann Karsten	*Köln	GER	18:55:06	18:56:31	3:52:32	4:33:25	5:53:22	4:35:46	14:19:20	5,29 km/h
67	494	Stollenmaier Ulrich	*waldstetten	GER	18:55:25	18:55:31	3:44:59	4:57:19	5:29:29	4:43:36	14:11:48	5,28 km/h
68	593	Sibben Jan	*Krefeld	GER	18:56:28	18:57:23	3:52:46	5:10:19	5:50:26	4:02:56	14:53:32	5,28 km/h
69	611	Collenburg Ralf	*Mülheim	GER	18:56:41	18:58:05	3:52:31	4:33:23	5:57:26	4:33:20	14:23:20	5,28 km/h
70	230	Heida Folkert	*Wilhelminaoord	NEL	18:56:55	18:57:04	3:43:21	4:51:39	5:58:44	4:23:09	14:33:45	5,28 km/h
71	322	Volk Richard	*Sinzig	GER	19:08:07	19:08:37	3:30:28	4:36:12	6:05:39	4:55:47	14:12:20	5,23 km/h
72	431	Schroeder Michael	*Euskirchen	GER	19:09:29	19:10:42	3:58:19	4:34:35	5:57:03	4:39:30	14:29:58	5,22 km/h
73	328	Ophüls Axel	*Erkelenz	GER	19:10:54	19:11:45	3:41:58	4:27:55	5:53:04	5:07:56	14:02:58	5,21 km/h
74	7	Visscher Siemen		NEL	19:11:10	19:11:20	3:43:25	4:51:37	6:01:20	4:34:47	14:36:23	5,21 km/h
75	561	Arnoldi Peter	Spontan spazieren	GER	19:17:17	19:17:43	3:49:04	5:02:12	5:58:48	4:27:11	14:50:05	5,18 km/h
76	464	Waltenberger Michael	*Mannheim	GER	19:19:06	19:19:22	3:54:45	6:10:36	0:00:00	0:00:00	00:00:00	5,18 km/h
77	116	Schneider Michael	Immer Weiter	GER	19:24:10	19:25:41	3:43:44	4:36:19	6:14:04	4:50:01	14:34:08	5,15 km/h
78	647	von der Heiden Matthias	*Bretthausen		19:25:08	19:26:40	3:40:09	4:40:34	6:05:30	4:58:54	14:26:14	5,15 km/h
79	25	Bockheim Guido	*Büren	GER	19:25:53	19:26:59	4:08:05	4:49:41	5:35:14	4:52:52	14:33:01	5,15 km/h
80	342	Jansen Martin	www.weitgereister.de	GER	19:26:38	19:26:54	4:00:15	4:51:22	5:49:19	4:45:40	14:40:57	5,14 km/h
81	404	Kurth Jens-Uwe	#von0auf100km	GER	19:28:19	19:29:51	3:36:31	4:29:39	6:41:22	4:40:46	14:47:33	5,14 km/h
82	444	Vandamme Wim		BEL	19:30:16	19:30:38	3:56:31	4:59:28	6:00:00	4:34:15	14:56:00	5,13 km/h
83	643	Jaspers Steven	*Wilrijk		19:30:18	19:30:38	3:44:05	4:39:04	5:59:28	5:07:40	14:22:37	5,13 km/h
84	270	Schaerlaeckens Ludo	Tornado	BEL	19:30:21	19:30:38	3:29:17	4:49:23	5:49:47	5:21:52	14:08:28	5,13 km/h
85	98	Kappelhoff Alexander	*Kall	GER	19:34:06	19:35:51	4:04:42	4:45:31	5:56:41	4:47:10	14:46:55	5,11 km/h
86	35	Wehling Gordon	*Meckenheim	GER	19:35:34	19:38:37	0:00:00	0:00:00	5:37:47	5:09:46	14:25:48	5,10 km/h
87	259	Lange Olaf	*Niederkassel	GER	19:37:26	19:38:49	3:58:39	4:50:04	5:51:06	4:57:36	14:39:50	5,10 km/h
88	215	Tönnessen Cliff	Team Magenta	GER	19:38:10	19:39:30	3:47:39	4:46:18	6:06:01	4:58:12	14:39:58	5,09 km/h
89	595	Reifferscheidt Lars	*Alsdorf	GER	19:38:33	19:39:24	3:52:47	4:39:44	6:04:34	5:01:27	14:37:05	5,09 km/h
90	341	Huth Gerrit	*Bad Neuenahr-Ahrweiler	GER	19:38:53	19:40:38	3:49:34	4:35:54	5:58:53	5:14:31	14:24:22	5,09 km/h
91	197	Fleischer Tobias	*Rheinbach	GER	19:39:51	19:41:47	4:18:12	5:15:02	5:33:43	4:32:53	15:06:57	5,09 km/h
92	70	Mertens Christoph	Polizei Bonn	GER	19:40:35	19:41:42	4:00:43	4:44:45	5:58:21	4:56:44	14:43:51	5,08 km/h
93	182	Wolff Frank	Greenhorn-Team	GER	19:40:41	19:41:48	4:12:57	5:12:18	5:29:59	4:45:25	14:55:15	5,08 km/h
94	649	Boettcher Wilhard	*Soest		19:42:16	19:43:21	4:00:58	4:45:07	6:11:31	4:44:39	14:57:37	5,07 km/h
95	124	Meyer Matthias	FSB-Bonn	GER	19:42:32	19:43:27	3:35:27	4:43:30	6:36:27	4:47:06	14:55:25	5,07 km/h
96	428	Eberle Armin	*Schmalenberg	GER	19:42:44	19:43:40	3:38:17	4:45:06	6:42:01	4:37:19	15:05:24	5,07 km/h
97	447	Müller-Aepfelbach Heinrich	*Plaidt	GER	19:43:19	19:44:25	4:00:58	4:44:31	5:58:22	4:59:27	14:43:52	5,07 km/h
98	446	Kleine Ingo	LT Ennert	GER	19:50:30	19:51:05	3:34:32	4:32:39	6:25:14	5:18:04	14:32:26	5,04 km/h
99	41	Engels Oliver	*Meckenheim	GER	19:50:31	19:50:38	3:48:39	4:45:29	5:53:47	5:22:35	14:27:56	5,04 km/h
100	445	Adam Guido	LT Ennert	GER	19:50:32	19:51:06	3:34:32	4:32:34	6:25:23	5:18:01	14:32:30	5,04 km/h
101	417	Filges Achim	Volkssportfreunde Gießen	GER	19:55:15	19:56:00	3:57:03	4:58:09	6:00:11	4:59:50	14:55:24	5,02 km/h
102	621	Brandt Dr. Karsten	donnerwetter.de GmbH	GER	19:55:42	19:56:01	3:27:06	4:39:38	6:17:31	5:31:25	14:24:16	5,02 km/h
103	1211	Schroth Andreas	*Wuppertal		19:57:59	20:00:09	3:29:24	4:51:54	6:34:18	5:02:22	14:55:36	5,01 km/h
104	599	Dirnfeldner Martin	TSV Bonn rhhn	GER	20:02:26	20:03:00	3:51:37	4:46:29	6:11:46	5:12:34	14:49:52	4,99 km/h
105	602	Kracht Thomas	*Bonn	GER	20:02:28	20:02:59	3:51:43	4:46:21	6:11:55	5:12:28	14:50:00	4,99 km/h
106	436	Perkuhn Philipp	*Euskirchen	GER	20:18:29	20:19:46	3:41:52	4:49:19	6:30:43	5:16:34	15:01:55	4,92 km/h
107	14	Zöller Peter	TFA RheinLahn	GER	20:19:51	20:21:00	3:58:48	5:06:36	6:25:56	4:48:29	15:31:21	4,92 km/h
108	28	Busch Oliver	TFA Rhein-Lahn	GER	20:19:53	20:21:02	3:58:49	5:06:40	6:25:57	4:48:26	15:31:27	4,92 km/h
109	115	Van der Ploeg Dr. Henk	*8317 AX Kraggenburg	NEL	20:20:16	20:20:31	3:49:45	5:01:56	6:14:05	5:14:29	15:05:46	4,92 km/h
110	301	Hoekstra Dr. Sijbren	*Leeuwarden	NEL	20:20:27	20:20:31	3:50:06	5:01:50	6:16:15	5:12:15	15:08:12	4,92 km/h
111	486	Vergeer Dr. Koos	*BURDAARD	NEL	20:20:30	20:20:34	3:51:16	5:00:38	6:16:08	5:12:27	15:08:02	4,92 km/h
112	303	Pops Harm	FLAL (kWbn)	NEL	20:20:31	20:20:34	3:43:41	5:08:15	6:15:20	5:13:13	15:07:17	4,92 km/h
113	497	Maas Stefan	*Lutzerath	GER	20:21:49	20:22:16	3:49:05	5:01:54	6:20:24	5:10:25	15:11:24	4,91 km/h
114	562	Diederich Christian	Spontan spazieren	GER	20:21:49	20:22:18	3:49:06	5:01:54	6:20:18	5:10:30	15:11:19	4,91 km/h
115	506	Harig Marius	*Oerlinghausen	GER	20:21:51	20:22:14	3:54:52	5:06:06	6:22:55	4:57:57	15:23:54	4,91 km/h
116	84	Lichtenstein Jörg	AS Neukirchen-Vluyn	GER	20:23:49	20:25:34	3:32:22	4:36:13	6:54:11	5:21:02	15:02:47	4,90 km/h
117	297	Heuwagen Ferdi	tus ahrweiler	GER	20:26:09	20:26:18	3:48:32	5:04:01	6:31:33	5:02:02	15:24:07	4,89 km/h
118	421	Schäfer Walter	*Niederzissen	GER	20:27:38	20:28:52	4:09:52	5:28:26	6:05:37	4:43:41	15:43:57	4,89 km/h
119	609	Dinkel Werner	*Hennef	GER	20:28:40	20:29:25	0:00:00	0:00:00	6:23:43	4:44:17	15:44:22	4,88 km/h
120	577	Schmitz Stefan	*53127 Bonn		20:33:13	20:34:25	4:17:43	5:14:30	5:54:08	5:06:50	15:26:22	4,87 km/h



## Männer

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM	
121	533	Jäger Thilo	*Kernen	GER	20:33:22	20:34:30	3:51:32	5:02:37	7:09:44	4:29:28	16:03:54	4,86 km/h
122	1218	Simonis Frank	*Ditscheid	GER	20:34:32	20:36:00	4:02:56	4:55:18	6:42:00	4:54:16	15:40:15	4,86 km/h
123	9	Reuter Sascha	Helmut's flinke Beine	GER	20:34:45	20:36:02	4:10:00	5:05:07	0:00:00	0:00:00	00:00:00	4,86 km/h
124	554	Lingnau Steffen	*Prasdorf	GER	20:38:02	20:38:28	3:39:49	5:03:28	6:15:19	5:39:25	14:58:36	4,85 km/h
125	272	Franke Michael	Hiking Squirrels	GER	20:39:14	20:40:24	4:12:20	5:27:35	6:22:56	4:36:22	16:02:52	4,84 km/h
126	383	Zyciora Marvin	Dr. Zycioras Bizepsfabrik	GER	20:39:35	20:41:15	3:55:08	5:34:59	6:33:58	4:35:29	16:04:06	4,84 km/h
127	482	Groß Matthias	*Düsseldorf	GER	20:40:46	20:41:49	3:47:14	4:40:42	6:45:03	5:27:46	15:12:59	4,84 km/h
128	368	Böckling Malte	*Köln	GER	20:44:29	20:44:49	3:55:26	4:52:46	6:37:47	5:18:29	15:26:00	4,82 km/h
129	69	Pieczewski Boris	*Königswinter	GER	20:46:53	20:47:26	3:51:10	5:19:35	6:47:08	4:48:58	15:57:54	4,81 km/h
130	626	Dzidzonou Roman	*Bornheim	GER	20:49:06	20:49:19	3:55:03	5:10:54	6:45:40	4:57:27	15:51:38	4,80 km/h
131	600	Kirchesch Toni	*Dernau	GER	20:49:09	20:49:20	3:55:00	5:10:57	6:45:41	4:57:28	15:51:40	4,80 km/h
132	406	Kriechel Michael	Vinolution	GER	20:49:09	20:49:21	3:55:15	5:10:49	6:45:42	4:57:22	15:51:47	4,80 km/h
133	60	Schmudde David	*Erndtebrück	GER	20:50:14	20:52:06	4:07:48	4:53:59	6:50:08	4:58:17	15:51:56	4,80 km/h
134	457	HENS Andre	*MOL		20:52:14	20:52:40	4:00:20	5:24:55	6:37:27	4:49:31	16:02:43	4,79 km/h
135	589	Jan Viernich	*Ahrbrück	GER	20:53:49	20:55:28	4:14:26	5:21:06	6:48:54	4:29:21	16:24:28	4,79 km/h
136	168	Kurmies Michael	*Groß-Bieberau	GER	20:54:45	20:55:37	4:00:46	5:39:57	6:25:13	4:48:48	16:05:57	4,78 km/h
137	388	Weeser Björn	*Gießen	GER	20:58:43	20:59:17	3:47:09	4:52:07	6:54:59	5:24:26	15:34:17	4,77 km/h
138	387	Weeser Thomas	*Bingen	GER	20:58:45	20:59:17	3:47:04	4:51:59	6:54:57	5:24:43	15:34:01	4,77 km/h
139	330	Scheffler Maximilian	*Wachtberg	GER	21:00:32	21:01:24	3:52:45	4:57:20	7:01:30	5:08:57	15:51:35	4,76 km/h
140	531	Serwas Benedikt	*Düsseldorf	BEL	21:01:33	21:01:41	4:03:04	5:29:03	6:34:58	4:54:26	16:07:06	4,76 km/h
141	563	Weber Thorben	*Solingen	GER	21:01:36	21:01:45	4:02:53	5:29:16	6:34:57	4:54:29	16:07:06	4,76 km/h
142	532	Dos Santos Martins Rui	*Düsseldorf	POR	21:01:37	21:01:42	4:03:00	5:29:21	6:27:47	5:01:28	16:00:08	4,76 km/h
143	10	Forche Jan-Philipp	Rhein-Ahr-Marsch #ram100k	GER	21:04:56	21:05:43	3:42:06	5:09:09	7:22:36	4:51:04	16:13:52	4,74 km/h
144	224	Merten Ralf	Die Wanderverrückten	GER	21:06:17	21:07:20	4:04:30	5:20:52	6:44:05	4:56:49	16:09:28	4,74 km/h
145	289	Holland Matthias	*Nordenham	GER	21:12:38	21:12:54	3:34:51	5:04:12	7:36:54	4:56:39	16:15:59	4,71 km/h
146	288	Rasche Matthias	*Lindhorst	GER	21:12:45	21:13:00	3:34:47	5:04:09	7:36:55	4:56:53	16:15:52	4,71 km/h
147	522	Lessenich Peter	*Euskirchen	GER	21:15:12	21:16:20	3:50:54	4:48:55	6:48:33	5:46:49	15:28:22	4,71 km/h
148	205	Sellis Harry	*kampen	NEL	21:17:21	21:17:30	3:43:30	4:54:09	7:13:12	5:26:29	15:50:51	4,70 km/h
149	91	Rader Jürgen	*Hönningen	GER	21:21:20	21:22:53	4:14:43	5:21:03	6:49:33	4:56:00	16:25:20	4,68 km/h
150	110	Lauenroth Niels	Polizei Köln	GER	21:24:42	21:24:49	3:48:35	4:46:13	7:05:52	5:44:00	15:40:41	4,67 km/h
151	405	Heder Sietse	*emmelood	NEL	21:25:32	21:25:49	3:58:55	5:20:21	6:41:21	5:24:53	16:00:38	4,67 km/h
152	184	Meyer Thomas	Stiftung Wadentest	GER	21:31:47	21:33:48	4:17:10	5:17:57	6:49:44	5:06:55	16:24:51	4,64 km/h
153	1225	Hoffmann Dieter	SV Hönningen	GER	21:31:51	21:33:30	4:14:48	5:21:14	6:56:44	4:59:02	16:32:48	4,64 km/h
154	347	Lehmann Udo	*Hundsangen	GER	21:31:52	21:32:11	3:43:48	5:22:32	6:33:46	5:51:43	15:40:08	4,64 km/h
155	1202	Kromp Daniel	Globetrotter Köln		21:34:14	21:34:46	3:59:40	5:22:21	6:46:44	5:25:27	16:08:46	4,64 km/h
156	112	Rohloff Michael	*Rheinbach	GER	21:39:25	21:40:01	3:29:48	5:04:33	7:17:38	5:47:25	15:52:00	4,62 km/h
157	107	Queck Achim	*Gummersbach	GER	21:44:22	21:45:31	3:51:09	4:53:42	7:15:28	5:44:01	16:00:21	4,60 km/h
158	481	Weidenfeld Günter	Running Friends Bedburg	GER	21:46:29	21:48:06	4:24:04	5:53:44	6:14:05	5:14:34	16:31:54	4,59 km/h
159	86	Haberland Tim	Die DüsselDüser	GER	21:48:21	21:49:04	3:58:36	5:07:52	6:54:23	5:47:30	16:00:51	4,59 km/h
160	644	Rummel Andreas	*Mönchengladbach		21:48:24	21:49:07	3:58:37	5:07:52	6:54:18	5:47:36	16:00:47	4,59 km/h
161	400	Petzold Martin	*Simmerath	GER	21:48:31	21:49:42	4:24:11	5:48:44	6:29:32	5:06:03	16:42:27	4,59 km/h
162	569	Binn Jürgen	*Kleve	GER	21:48:34	21:49:42	4:24:16	5:48:41	6:31:06	5:04:30	16:44:04	4,59 km/h
163	403	Tigges-Dowé Patrick	*Niederkrüchten	GER	21:48:58	21:49:59	4:18:32	5:20:12	6:41:46	5:28:27	16:20:31	4,58 km/h
164	407	Magon Tobias	*Elmpt	GER	21:49:03	21:49:56	4:18:32	5:20:17	6:40:43	5:29:29	16:19:33	4,58 km/h
165	61	Leber Christian	Bundeswehr	GER	21:49:33	21:50:11	3:55:10	5:38:06	7:08:15	5:08:00	16:41:32	4,58 km/h
166	294	Pfesdorf Heiner	*Betzdorf	GER	21:50:48	21:51:38	4:17:57	5:39:10	6:37:08	5:16:32	16:34:16	4,58 km/h
167	295	Pfesdorf Harald	Wanderfreunde Wallmenroth	GER	21:51:48	21:52:37	4:17:51	5:39:15	6:37:06	5:17:34	16:34:13	4,57 km/h
168	159	Dietrich Dirk	Palmsheimer Plattföss	GER	21:52:28	21:54:32	4:41:33	5:53:18	6:30:50	4:46:45	17:05:42	4,57 km/h
169	174	Rehers Karl-Heinz	*Euskirchen	GER	21:52:28	21:54:32	4:41:32	5:52:09	6:31:58	4:46:47	17:05:41	4,57 km/h
170	551	Wagner Dirk	Priapismus	GER	21:55:51	21:57:48	3:55:28	5:13:39	7:17:09	5:29:33	16:26:17	4,56 km/h
171	550	Schulz Johannes	Priapismus	GER	21:55:53	21:57:47	3:55:28	5:13:42	7:17:17	5:29:25	16:26:28	4,56 km/h
172	352	Oltmann Ralph	SV Windhagen	GER	21:58:25	21:59:42	4:25:23	5:32:41	6:57:37	5:02:42	16:55:42	4,55 km/h
173	134	Chmielewski Philipp	*Stolberg	GER	21:58:36	21:58:58	3:57:35	5:31:18	7:07:27	5:22:15	16:36:20	4,55 km/h
174	1205	Reuter Carsten	*Bergisch Gladbach		21:58:56	22:00:12	4:09:52	5:05:19	7:25:46	5:17:56	16:40:59	4,55 km/h
175	423	Paraskevopoulos Dimitr	*Bullay	GRE	22:01:55	22:03:17	4:35:19	6:04:08	6:05:06	5:17:21	16:44:33	4,54 km/h
176	24	Kupzig Andreas	*Overath	GER	22:04:39	22:05:43	4:02:13	5:38:59	6:43:24	5:40:01	16:24:37	4,53 km/h
177	625	Schaffranek Philipp	DPSG Rheinbach	GER	22:04:42	22:05:45	3:56:06	5:14:09	6:47:10	6:07:16	15:57:25	4,53 km/h
178	141	Scholl Michael	*Rheinbrohl	GER	22:05:06	22:06:36	3:47:01	5:03:02	7:07:42	6:07:20	15:57:46	4,53 km/h
179	450	Puschadde Timo	*Morenhoven	GER	22:05:41	22:06:18	3:57:44	5:04:15	7:14:26	5:49:14	16:16:26	4,53 km/h
180	581	Hammerstein Michael	*Rheinbrohl	GER	22:12:48	22:14:14	3:47:06	5:02:55	7:07:47	6:14:58	15:57:49	4,50 km/h



## Männer

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM
181	422	Taufenbach Frank	*Bonn	GER	22:14:53	22:30:17	3:52:49	5:08:47	7:41:52	5:31:23	16:43:29 4,49 km/h
182	355	Claude Dr. Raach	Gehansberg	LUX	22:15:08	22:16:37	4:26:42	6:10:16	6:56:31	4:41:37	17:33:30 4,49 km/h
183	646	Nagel Lars			22:16:37	22:17:17	3:57:43	5:04:39	7:14:01	6:00:14	16:16:23 4,49 km/h
184	565	Hansmeier Aron	*Wuppertal	GER	22:17:14	22:17:19	4:03:01	5:29:26	6:57:24	5:47:22	16:29:52 4,49 km/h
185	292	Coppens Michel	*Winningen, Mosel	GER	22:19:33	22:20:37	4:28:07	5:47:04	6:39:51	5:24:28	16:55:04 4,48 km/h
186	389	Adamek Bartosz	*Euskirchen	POL	22:19:47	22:21:36	4:08:34	5:23:36	7:07:27	5:40:09	16:39:38 4,48 km/h
187	394	Ring Roman	*Euskirchen	GER	22:19:49	22:21:37	4:08:42	5:23:27	7:27:00	5:20:38	16:59:10 4,48 km/h
188	73	Lohse Ralph	*Hönningen	GER	22:22:21	22:22:33	3:47:12	5:05:04	7:14:49	6:15:14	16:07:07 4,47 km/h
189	45	Humpert Ralf	Knicklicht-Connection	GER	22:27:27	22:28:01	4:09:44	5:33:12	7:08:09	5:36:21	16:51:06 4,45 km/h
190	542	Mersmann Jürgen	*Unkel	GER	22:27:46	22:27:48	3:46:59	5:25:12	7:08:11	6:07:22	16:20:23 4,45 km/h
191	546	Schmitz Ingo	*Bad Münstereifel	GER	22:28:36	22:29:27	4:27:06	5:52:27	6:35:23	5:33:38	16:54:57 4,45 km/h
192	96	Loskamp Marco	*Alfter	GER	22:33:42	22:34:24	3:37:15	4:27:08	6:52:32	7:36:45	14:56:56 4,43 km/h
193	512	Regen Marcus	*Niederlehme	GER	22:35:05	22:35:39	4:10:35	5:36:10	7:19:23	5:28:55	17:06:09 4,43 km/h
194	300	Christian Jürgen	Brühler TV 1879	GER	22:35:27	22:36:53	4:21:40	5:26:15	0:00:00	0:00:00	00:00:00 4,43 km/h
195	154	Wozny Tobias	Brühler TV	GER	22:35:30	22:36:50	4:21:32	5:26:25	0:00:00	0:00:00	00:00:00 4,43 km/h
196	419	Bieske Philipp	*Koblenz	GER	22:35:36	22:37:29	4:21:22	5:36:05	7:24:37	5:13:31	17:22:05 4,43 km/h
197	240	Heinrichs Johannes	*Altenahr	GER	22:38:17	22:39:52	4:19:14	5:59:20	0:00:00	0:00:00	00:00:00 4,42 km/h
198	80	Rüter Daniel	Brühler TV 1879	GER	22:41:36	22:43:02	4:21:39	5:26:17	7:27:33	5:26:05	17:15:30 4,41 km/h
199	335	Schömann Heiko	*Hilchenbach	GER	22:42:04	22:43:39	3:58:10	6:00:02	7:25:35	5:18:16	17:23:47 4,41 km/h
200	305	Czieslik Andreas	-	GER	22:42:08	22:43:43	4:03:42	5:54:27	7:25:34	5:18:23	17:23:44 4,40 km/h
201	18	Laserich Oliver	*Hildesheim	GER	22:45:15	22:45:57	4:05:45	5:40:16	7:28:34	5:30:39	17:14:36 4,39 km/h
202	16	Griehl Uwe	*Pulheim	GER	22:45:16	22:46:23	4:06:21	5:54:49	7:18:53	5:25:11	17:20:05 4,39 km/h
203	285	Degen Philipp	*Köln	GER	22:45:25	22:46:03	4:05:51	5:40:16	7:28:39	5:30:37	17:14:48 4,39 km/h
204	351	Bentzin Kai	*Niederkrüchten	GER	22:45:27	22:46:40	4:15:52	6:07:47	6:56:35	5:25:11	17:20:15 4,39 km/h
205	252	Martens Dieter	*Mönchengladbach	GER	22:45:29	22:46:40	4:16:03	6:07:38	6:56:35	5:25:12	17:20:16 4,39 km/h
206	309	Biermann Andreas	*Weilerswist	GER	22:45:36	22:46:15	4:05:52	5:40:15	7:28:36	5:30:51	17:14:45 4,39 km/h
207	293	Wenning Tobias	*Hamm	GER	22:45:53	22:47:30	4:12:56	5:09:51	7:10:38	6:12:27	16:33:25 4,39 km/h
208	59	Otto Niklas	*Meckenheim	GER	22:47:53	22:48:46	3:54:15	5:17:05	7:05:44	6:30:48	16:17:04 4,39 km/h
209	63	Mische Felix	Feuerwehr Meckenheim	GER	22:47:53	22:48:45	3:42:12	4:49:53	7:44:49	6:30:57	16:16:55 4,39 km/h
210	44	Dunkelberg Adrian	*Meckenheim	GER	22:47:54	22:48:50	3:42:09	4:49:56	7:41:01	6:34:48	16:13:06 4,39 km/h
211	191	Bergmann Thomas	*Meckenheim	GER	22:47:56	22:48:45	3:55:09	5:16:07	7:05:43	6:30:55	16:17:01 4,39 km/h
212	58	Otto Johannes	*Mainz	GER	22:48:01	22:48:47	3:54:22	5:16:22	7:03:05	6:34:11	16:13:50 4,39 km/h
213	339	Bruckhaus Christian	*Swisttal	GER	22:56:04	22:57:21	3:50:54	5:29:58	7:58:55	5:36:15	17:19:48 4,36 km/h
214	218	Hirn Dominik	*Westernhausen	GER	22:56:12	22:58:11	4:15:55	5:53:16	7:19:43	5:27:16	17:28:55 4,36 km/h
215	164	Feuser Christian	Team Blindert	GER	22:57:12	22:57:52	4:05:41	5:35:59	7:15:08	6:00:22	16:56:49 4,36 km/h
216	78	Schneider Werner	*Bröhligen	GER	22:57:17	22:57:55	4:05:48	5:35:55	7:14:44	6:00:48	16:56:28 4,36 km/h
217	359	Frenzen Björn	Kommando Holzbein	GER	22:57:41	22:58:45	4:28:41	5:33:33	7:37:03	5:18:23	17:39:17 4,36 km/h
218	524	Sorg Andreas	*Stuttgart	GER	23:05:50	23:07:47	4:15:54	5:53:22	7:19:06	5:37:26	17:28:24 4,33 km/h
219	527	Groß Joshua	*Pfinztal	GER	23:05:54	23:07:51	4:16:00	5:53:19	7:18:43	5:37:51	17:28:03 4,33 km/h
220	283	Junker Willi	TuS Laubach eV	GER	23:19:31	23:20:20	3:55:18	5:30:18	0:00:00	0:00:00	00:00:00 4,29 km/h
221	1214	Hahn Jürgen			23:21:53	23:22:14	4:05:30	5:57:37	7:36:56	5:41:49	17:40:03 4,28 km/h
222	120	Hastrich Benedikt	Running Gag	GER	23:27:25	23:27:51	4:00:31	5:50:07	8:12:43	5:24:03	18:03:22 4,26 km/h
223	143	Brauser Tim	Running Gag	GER	23:27:30	23:27:53	4:00:36	5:50:01	8:13:13	5:23:38	18:03:51 4,26 km/h
224	76	Velten Gottfried	*Andernach	GER	23:30:44	23:31:31	4:28:20	6:01:53	7:24:18	5:36:11	17:54:32 4,25 km/h
225	75	Vorjohann Daniel	*Mendig	GER	23:31:34	23:31:34	4:29:18	6:01:38	7:23:19	5:37:18	17:54:15 4,25 km/h
226	390	Peggen Hauke	*Wegberg	GER	23:31:36	23:32:36	4:51:26	6:16:50	7:05:35	5:17:44	18:13:52 4,25 km/h
227	178	Leusche Ralf	*Berlin	GER	23:33:06	23:34:35	4:33:55	6:07:21	7:10:48	5:41:01	17:52:05 4,25 km/h
228	471	Ingenhoff Dr. Eckhard	*Nörvenich	GER	23:33:19	23:34:00	4:04:01	6:05:23	0:00:00	0:00:00	00:00:00 4,25 km/h
229	38	Wawer Stephan	Dreamteam	GER	23:35:10	23:36:26	4:25:18	5:59:32	7:49:29	5:20:50	18:14:19 4,24 km/h
230	199	Hartmann Eric	SV Mittelreidenbach	GER	23:38:23	23:40:15	4:26:07	6:14:43	7:01:16	5:56:15	17:42:07 4,23 km/h
231	469	Stelling Tobias	Belgian German Friendship Team	GER	23:42:35	23:44:21	4:45:41	6:27:07	6:54:50	5:34:56	18:07:38 4,22 km/h
232	503	Seichter Stefan	*Bonn	GER	23:47:02	23:49:06	4:26:16	5:46:43	7:45:31	5:48:31	17:58:31 4,20 km/h
233	605	Von der Thüsen Marco	*Bonn	GER	23:47:04	23:49:06	4:26:20	5:46:45	7:45:28	5:48:30	17:58:34 4,20 km/h
234	203	Wennmacher Dirk	*Eschweiler	GER	23:51:31	23:53:09	4:14:24	5:41:07	8:01:58	5:54:02	17:57:29 4,19 km/h
235	202	Cremer Michael	*Eschweiler	GER	23:51:37	23:53:13	4:14:18	5:41:08	8:02:00	5:54:10	17:57:27 4,19 km/h
236	125	Bökels Hans	Knicklicht-Connection	GER	23:53:26	23:54:42	4:51:30	6:09:43	7:25:53	5:26:19	18:27:07 4,19 km/h
237	296	Schlamann Marc	*Düsseldorf	GER	24:06:01	24:07:32	4:03:45	5:55:31	0:00:00	0:00:00	00:00:00 996,90 km
0	23	Floßdorf Günter	*Swisttal	GER	24:00:00	24:00:00	4:20:51	5:47:27	0:00:00	0:00:00	00:00:00
0	31	Werner Kurt	Nerve behaale	GER	24:00:00	24:00:00	4:06:59	5:52:39	0:00:00	0:00:00	00:00:00
0	32	Conzelmann Gerd	Team beVegt.de	GER	24:00:00	24:00:00	3:49:56	5:06:07	0:00:00	0:00:00	00:00:00

## Männer

Wettkampf nicht beendet



Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM
0	33	Jeub Lothar	*Niederzissen	GER	24:00:00	24:00:00	4:09:53	5:29:57	0:00:00	0:00:00	00:00:00
0	36	Jonas Torsten	*Bonn	GER	24:00:00	24:00:00	4:05:11	6:15:14	0:00:00	0:00:00	00:00:00
0	40	Gilles Patric	Hemmessen Racing Team	GER	24:00:00	24:00:00	3:25:43	0:00:00	0:00:00	0:00:00	00:00:00
0	42	Schwellenbach Andreas	*Windeck	GER	24:00:00	24:00:00	3:59:05	5:34:20	7:11:21	0:00:00	16:44:47
0	43	Stelzer Benjamin	*Stolberg	GER	24:00:00	24:00:00	3:55:24	5:42:29	0:00:00	0:00:00	00:00:00
0	57	Schnepper Andreas	*Kürten	GER	24:00:00	24:00:00	4:03:46	4:37:47	0:00:00	0:00:00	00:00:00
0	64	Sattler Werner	SCN Niederzissen	GER	24:00:00	24:00:00	4:09:51	5:32:42	0:00:00	0:00:00	00:00:00
0	65	Hecking Heiko	*Rheinbach	GER	24:00:00	24:00:00	3:55:15	5:37:56	0:00:00	0:00:00	00:00:00
0	66	Hezel Dominik	4FeetAroundTheWorld	GER	24:00:00	24:00:00	4:23:09	5:39:40	0:00:00	0:00:00	00:00:00
0	82	Reimers Tim	*München	GER	24:00:00	24:00:00	4:39:00	6:18:05	0:00:00	0:00:00	00:00:00
0	118	Bauer Pascal	*Düsseldorf	GER	24:00:00	24:00:00	4:07:38	5:35:14	0:00:00	0:00:00	00:00:00
0	119	Standfuß Tobias	*Aachen	GER	24:00:00	24:00:00	4:06:13	0:00:00	0:00:00	0:00:00	00:00:00
0	123	Scheuren Bernd	Der Kraftmacher	GER	24:00:00	24:00:00	4:00:36	5:09:02	0:00:00	0:00:00	00:00:00
0	133	Weber Soenke	*Köln	GER	24:00:00	24:00:00	3:42:08	4:52:06	0:00:00	0:00:00	00:00:00
0	137	Günther Marcel	TuS Koblenz Laufsport	GER	24:00:00	24:00:00	4:28:05	6:22:45	0:00:00	0:00:00	00:00:00
0	139	Beier Manfred	*Rheinbach	GER	24:00:00	24:00:00	4:12:49	5:55:58	0:00:00	0:00:00	00:00:00
0	145	Dickel Michael	*Remscheid	GER	24:00:00	24:00:00	4:23:04	6:16:23	0:00:00	0:00:00	00:00:00
0	146	Wirtz Thomas	Brühler TV 1879	GER	24:00:00	24:00:00	4:22:02	6:17:34	0:00:00	0:00:00	00:00:00
0	150	Fischer Helmuth	AS Neukirchen-Vluyn	GER	24:00:00	24:00:00	4:21:16	5:38:47	0:00:00	0:00:00	00:00:00
0	156	Königshoven Martin	Palmersheimer Plattföß	GER	24:00:00	24:00:00	4:41:47	6:22:29	0:00:00	0:00:00	00:00:00
0	167	Schmitt Bernd	*Ditscheid	GER	24:00:00	24:00:00	4:02:53	4:55:22	0:00:00	0:00:00	00:00:00
0	170	Kaucher Philipp	*Merxheim	GER	24:00:00	24:00:00	4:26:01	6:14:47	0:00:00	0:00:00	00:00:00
0	171	Bramigk Armin	Körperformen	GER	24:00:00	24:00:00	4:24:31	0:00:00	0:00:00	0:00:00	00:00:00
0	172	Retterath Robert	Körperformen	GER	24:00:00	24:00:00	4:24:35	0:00:00	0:00:00	0:00:00	00:00:00
0	173	Holtappels Jörg	Körperformen	GER	24:00:00	24:00:00	4:20:38	5:38:16	0:00:00	0:00:00	00:00:00
0	188	Dederichs Frank	Al Gräco	GER	24:00:00	24:00:00	4:41:16	6:33:16	0:00:00	0:00:00	00:00:00
0	195	Leinen Jochen		GER	24:00:00	24:00:00	4:36:55	6:10:57	0:00:00	0:00:00	00:00:00
0	209	Rauchfuß Claus	*Neustadt	GER	24:00:00	24:00:00	4:17:16	6:05:47	0:00:00	0:00:00	00:00:00
0	213	Ding Tobias	*Trier	GER	24:00:00	24:00:00	3:42:03	4:52:10	0:00:00	0:00:00	00:00:00
0	223	Rieder Klaus	Volkssportfreunde Gießen	GER	24:00:00	24:00:00	3:58:58	0:00:00	0:00:00	0:00:00	00:00:00
0	226	Biehler Martin	BSG-BML e.V.	GER	24:00:00	24:00:00	3:56:06	5:14:04	7:02:59	0:00:00	16:13:10
0	228	Zepp Dominik	*Oberambach	GER	24:00:00	24:00:00	3:59:25	0:00:00	0:00:00	0:00:00	00:00:00
0	231	Esau Viktor	*Nümbrecht	GER	24:00:00	24:00:00	4:26:38	6:26:53	0:00:00	0:00:00	00:00:00
0	233	Blättermann Dennis	*Wiehl	GER	24:00:00	24:00:00	4:26:51	6:25:26	0:00:00	0:00:00	00:00:00
0	235	Blättermann Sven	*Wiehl	GER	24:00:00	24:00:00	4:26:34	6:26:57	0:00:00	0:00:00	00:00:00
0	236	Brock Ralf	*Bonn	GER	24:00:00	24:00:00	3:32:41	0:00:00	0:00:00	0:00:00	00:00:00
0	238	Witt Detlev	*Ahrweiler	GER	24:00:00	24:00:00	4:19:18	5:59:20	0:00:00	0:00:00	00:00:00
0	247	Scheffler Carsten	*Rheinbach	GER	24:00:00	24:00:00	4:23:48	5:57:45	0:00:00	0:00:00	00:00:00
0	248	Freund Martin	TVdN	GER	24:00:00	24:00:00	0:00:00	0:00:00	0:00:00	0:00:00	00:00:00
0	254	Fasel Lars	*Birken-Honigsessen	GER	24:00:00	24:00:00	4:07:16	5:49:15	0:00:00	0:00:00	00:00:00
0	256	Steiniger Thomas	*Morsbach-Wallerhausen	GER	24:00:00	24:00:00	4:06:34	4:35:03	0:00:00	0:00:00	00:00:00
0	257	Fischer Kevin	Wanderfreunde Irlich	GER	24:00:00	24:00:00	3:51:22	0:00:00	0:00:00	0:00:00	00:00:00
0	265	Pitzen Kevin	OhneDorf	GER	24:00:00	24:00:00	4:20:58	5:28:12	0:00:00	0:00:00	00:00:00
0	267	Biere Michael	*Bielefeld	GER	24:00:00	24:00:00	4:26:17	5:46:45	0:00:00	0:00:00	00:00:00
0	268	Breuer Roland	*Wachtberg	GER	24:00:00	24:00:00	3:55:22	5:42:32	0:00:00	0:00:00	00:00:00
0	274	Hoischen Markus	*Paderborn	GER	24:00:00	24:00:00	4:10:42	5:56:43	0:00:00	0:00:00	00:00:00
0	286	Heinen Jeremy	*Meckenheim	GER	24:00:00	24:00:00	3:51:14	5:20:00	0:00:00	0:00:00	00:00:00
0	299	Nörthemann Ralf	*Rheinbach	GER	24:00:00	24:00:00	3:45:17	4:48:23	0:00:00	0:00:00	00:00:00
0	307	Rost Frank	*Grevenbroich	GER	24:00:00	24:00:00	4:06:36	6:06:32	0:00:00	0:00:00	00:00:00
0	310	Engel Mike	*Essen	GER	24:00:00	24:00:00	4:51:22	6:25:47	7:37:16	0:00:00	18:54:27
0	312	Kaub Andreas	*Brühl	GER	24:00:00	24:00:00	4:25:06	5:53:32	0:00:00	0:00:00	00:00:00
0	315	Krach Peter	*Pulheim	GER	24:00:00	24:00:00	4:24:59	5:53:34	0:00:00	0:00:00	00:00:00
0	316	Meiners Yannik	*Nettetal	GER	24:00:00	24:00:00	4:23:37	6:22:36	0:00:00	0:00:00	00:00:00
0	317	Bauer Robin	*Grefrath	GER	24:00:00	24:00:00	4:23:32	6:22:42	0:00:00	0:00:00	00:00:00
0	320	Gabler Michael	*Monsheim	GER	24:00:00	24:00:00	3:53:08	5:51:27	0:00:00	0:00:00	00:00:00
0	336	Knetsch Klaus	Catch the Knetsch	GER	24:00:00	24:00:00	3:51:04	5:49:45	0:00:00	0:00:00	00:00:00
0	337	Knetsch Lukas	Catch the Knetsch	GER	24:00:00	24:00:00	3:51:05	5:49:47	0:00:00	0:00:00	00:00:00
0	345	Pitzen Dennis	*Hönningen-Liers	GER	24:00:00	24:00:00	4:24:17	0:00:00	0:00:00	0:00:00	00:00:00
0	354	Schmitt Martin	*Hönningen	GER	24:00:00	24:00:00	3:55:01	0:00:00	0:00:00	0:00:00	00:00:00
0	356	Hombberger Gérard	Compass/sport	GER	24:00:00	24:00:00	4:26:41	6:10:20	0:00:00	0:00:00	00:00:00



Männer

Wettkampf nicht beendet

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM
0	358	Bleser Marco	Kommando Holzbein	GER	24:00:00	24:00:00	4:28:40	5:33:32	7:37:03	0:00:00	17:39:16
0	369	Hild Philipp	wurfscheibe.net	GER	24:00:00	24:00:00	3:59:32	5:07:32	0:00:00	0:00:00	00:00:00
0	370	Bergmann Boris	wurfscheibe.net	GER	24:00:00	24:00:00	3:59:37	5:07:31	0:00:00	0:00:00	00:00:00
0	371	Dormagen Simon	*Rheinbach	GER	24:00:00	24:00:00	4:02:37	0:00:00	0:00:00	0:00:00	00:00:00
0	377	Conradi Dennis	*Mittelreidenbach	GER	24:00:00	24:00:00	4:26:03	0:00:00	0:00:00	0:00:00	00:00:00
0	379	Küppers Stefan	*Essen	GER	24:00:00	24:00:00	3:43:20	4:55:26	0:00:00	0:00:00	00:00:00
0	391	Peggen Helge	*Wegberg	GER	24:00:00	24:00:00	4:53:39	0:00:00	0:00:00	0:00:00	00:00:00
0	392	Peggen Reiner	*Wegberg	GER	24:00:00	24:00:00	4:53:45	6:14:27	0:00:00	0:00:00	00:00:00
0	393	Zupanc Richard	*Heinsberg	GER	24:00:00	24:00:00	4:53:52	0:00:00	0:00:00	0:00:00	00:00:00
0	398	Eßer Marcel	*Kreuzau	GER	24:00:00	24:00:00	4:24:33	5:49:58	0:00:00	0:00:00	00:00:00
0	401	Kötter Matthias	*Goch	GER	24:00:00	24:00:00	4:24:26	0:00:00	0:00:00	0:00:00	00:00:00
0	402	Eder Florian	*Bad Neuenahr - Ahrweiler	GER	24:00:00	24:00:00	3:55:10	5:10:44	0:00:00	0:00:00	00:00:00
0	408	Krumbacher Erich	LG MuLi	GER	24:00:00	24:00:00	3:31:28	4:33:28	6:01:35	0:00:00	14:06:32
0	409	Zyciora Philipp	*Liers	GER	24:00:00	24:00:00	3:55:05	5:35:01	0:00:00	0:00:00	00:00:00
0	418	Ott Andre	*Rheinbach	GER	24:00:00	24:00:00	4:10:39	5:36:14	7:19:22	0:00:00	17:06:15
0	420	Halbe Denis	*Koblenz	GER	24:00:00	24:00:00	4:21:22	5:36:00	0:00:00	0:00:00	00:00:00
0	426	Szoprun Mariusz	*Bad Neuenahr	GER	24:00:00	24:00:00	3:59:57	5:32:51	0:00:00	0:00:00	00:00:00
0	433	Moßmann Philipp	*Brühl	GER	24:00:00	24:00:00	4:16:29	6:44:09	0:00:00	0:00:00	00:00:00
0	434	Neifer Florian	*St. Katharinen	GER	24:00:00	24:00:00	3:58:09	5:59:57	0:00:00	0:00:00	00:00:00
0	437	Marohn Arno	*Hückelhoven	GER	24:00:00	24:00:00	3:52:15	0:00:00	0:00:00	0:00:00	00:00:00
0	439	Odenhausen Christoph	*Hönningen - Liers	GER	24:00:00	24:00:00	3:54:29	5:35:58	0:00:00	0:00:00	00:00:00
0	440	Schröder Dirk	*Wilhelmshaven	GER	24:00:00	24:00:00	3:55:13	0:00:00	0:00:00	0:00:00	00:00:00
0	441	Thiel Jannik	Marchez vers le bonheur	GER	24:00:00	24:00:00	4:08:09	5:48:22	0:00:00	0:00:00	00:00:00
0	452	Duttenhöfer Raphael	Einzelkämpfer	GER	24:00:00	24:00:00	3:10:11	4:44:12	0:00:00	0:00:00	00:00:00
0	459	Jaehnigen Thomas	Kokser on Tour	GER	24:00:00	24:00:00	4:19:24	6:40:24	0:00:00	0:00:00	00:00:00
0	460	Schmitz Torsten	Kokser on Tour	GER	24:00:00	24:00:00	4:19:34	5:57:16	0:00:00	0:00:00	00:00:00
0	461	Stolle Dietmar	Kokser on Tour	GER	24:00:00	24:00:00	4:19:31	6:09:35	0:00:00	0:00:00	00:00:00
0	472	Harder Roman	*Bonn	GER	24:00:00	24:00:00	4:10:31	5:36:11	0:00:00	0:00:00	00:00:00
0	473	Schumann Alexander	*Koblenz	GER	24:00:00	24:00:00	3:58:45	5:42:54	0:00:00	0:00:00	00:00:00
0	474	Weber Tobias	Wednesday-Run	GER	24:00:00	24:00:00	3:58:55	0:00:00	0:00:00	0:00:00	00:00:00
0	483	Haskei Andreas	*Ratingen	GER	24:00:00	24:00:00	4:20:40	5:33:05	0:00:00	0:00:00	00:00:00
0	496	Wiegelmann Uwe	Team Schräubchen	GER	24:00:00	24:00:00	4:02:16	5:37:06	0:00:00	0:00:00	00:00:00
0	500	Steichen Christian	*Leudelage		24:00:00	24:00:00	4:17:54	5:57:10	0:00:00	0:00:00	00:00:00
0	507	Harig Lorenz	*Oerlinghausen	GER	24:00:00	24:00:00	3:54:53	0:00:00	0:00:00	0:00:00	00:00:00
0	508	Zurheide Christoph	*Köln	GER	24:00:00	24:00:00	3:54:53	5:06:14	6:40:23	0:00:00	15:41:31
0	515	Uhlhorn Kurt	Rosys Liebling	GER	24:00:00	24:00:00	4:17:53	5:46:02	0:00:00	0:00:00	00:00:00
0	518	Schusdziara Dirk	*Bonn	GER	24:00:00	24:00:00	3:59:39	5:07:25	0:00:00	0:00:00	00:00:00
0	535	Kowalczyk Klaus	*Hagen	GER	24:00:00	24:00:00	4:56:04	0:00:00	0:00:00	0:00:00	00:00:00
0	537	Dolling Ralf	*Euskirchen	GER	24:00:00	24:00:00	4:10:17	6:20:40	0:00:00	0:00:00	00:00:00
0	538	Schoster Martin	*Lutten	GER	24:00:00	24:00:00	3:48:51	5:40:22	0:00:00	0:00:00	00:00:00
0	543	Pollmanns Arno	*Bergisch Gladbach	GER	24:00:00	24:00:00	4:12:53	0:00:00	0:00:00	0:00:00	00:00:00
0	544	Swierczek Daniel	*Rheinbach	GER	24:00:00	24:00:00	4:12:38	0:00:00	0:00:00	0:00:00	00:00:00
0	545	MARX Serge	*Luxembourg	LUX	24:00:00	24:00:00	4:17:47	5:57:11	0:00:00	0:00:00	00:00:00
0	547	Mirs Daniel	*Berg	GER	24:00:00	24:00:00	3:57:26	5:12:11	0:00:00	0:00:00	00:00:00
0	549	Pieperjohanns Peter	*Bad Münstereifel	GER	24:00:00	24:00:00	4:27:03	5:52:29	0:00:00	0:00:00	00:00:00
0	553	Steiner Boris	*Unkel	GER	24:00:00	24:00:00	3:46:48	5:19:32	0:00:00	0:00:00	00:00:00
0	556	Heinrichs Lennart	*Düsseldorf	GER	24:00:00	24:00:00	4:00:37	5:27:58	0:00:00	0:00:00	00:00:00
0	558	Giershausen Thomas	Selbst ist der Mann	GER	24:00:00	24:00:00	3:41:39	4:58:36	0:00:00	0:00:00	00:00:00
0	560	Dolling Leon	*Euskirchen	GER	24:00:00	24:00:00	4:10:12	6:20:35	0:00:00	0:00:00	00:00:00
0	571	Kardinal Hendrik	Geo-Outdoor-Akademie	GER	24:00:00	24:00:00	3:30:19	4:26:18	0:00:00	0:00:00	00:00:00 0,00 km/h
0	572	Truffier Francois	*Mechernich	FRA	24:00:00	24:00:00	4:06:55	5:52:37	0:00:00	0:00:00	00:00:00
0	574	Rappl Anton	*Gräfelting	GER	24:00:00	24:00:00	3:51:32	5:02:38	7:17:44	0:00:00	16:11:55
0	579	Steinbiss Mike	*Unkel	GER	24:00:00	24:00:00	3:54:32	4:44:13	0:00:00	0:00:00	00:00:00
0	580	Gruchmann Jan-Philipp	*Neustadt/Wied	GER	24:00:00	24:00:00	4:35:58	7:06:38	0:00:00	0:00:00	00:00:00
0	582	Gupta Rachit	*Bonn	GER	24:00:00	24:00:00	4:21:38	0:00:00	0:00:00	0:00:00	00:00:00
0	584	Meinhold Dirk	*Asbach	GER	24:00:00	24:00:00	4:35:57	6:52:07	0:00:00	0:00:00	00:00:00
0	585	Klaile Benjamin	TuS Koblenz Laufsport	GER	24:00:00	24:00:00	4:04:35	4:16:09	0:00:00	0:00:00	00:00:00
0	586	Arndt Bruno	*Euskirchen	GER	24:00:00	24:00:00	3:59:07	5:38:02	0:00:00	0:00:00	00:00:00
0	587	Ohlert Dr. Martin	*Köln	GER	24:00:00	24:00:00	3:59:12	5:38:15	0:00:00	0:00:00	00:00:00
0	590	Weber Stefan	*Ahrbrück	GER	24:00:00	24:00:00	4:14:16	5:21:17	0:00:00	0:00:00	00:00:00



## Männer

Wettkampf nicht beendet

Platz	Startnr	Name	Verein/*Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM
0	591	Ulrich Florian	*Ahrbrück	GER	24:00:00	24:00:00	4:14:17	5:21:18	0:00:00	0:00:00	00:00:00
0	596	Buchholz Tobias	tobs fit	GER	24:00:00	24:00:00	4:15:46	0:00:00	0:00:00	0:00:00	00:00:00
0	603	Scherer Markus	*Köln	GER	24:00:00	24:00:00	4:12:50	0:00:00	0:00:00	0:00:00	00:00:00
0	604	Dubiela Markus	*Swisttal	GER	24:00:00	24:00:00	3:37:00	0:00:00	0:00:00	0:00:00	00:00:00
0	608	Bayer Thomas	*Troisdorf	GER	24:00:00	24:00:00	4:23:17	0:00:00	0:00:00	0:00:00	00:00:00
0	612	Pelzer Gottfried	*Rheinbach	GER	24:00:00	24:00:00	5:02:21	0:00:00	0:00:00	0:00:00	00:00:00
0	616	Weishaar Björn	*Grafschaft	GER	24:00:00	24:00:00	4:01:14	5:22:03	0:00:00	0:00:00	00:00:00
0	617	Caspary Jochen	*Altenahr	GER	24:00:00	24:00:00	4:01:12	5:22:05	6:56:56	0:00:00	16:20:14
0	618	Hanten Christoph	*Mainz	GER	24:00:00	24:00:00	4:05:24	5:57:24	8:24:50	0:00:00	18:27:39
0	619	Münch Leo	*Dormagen	GER	24:00:00	24:00:00	4:06:35	6:06:34	0:00:00	0:00:00	00:00:00
0	620	Winkhoff Jens	*Rheinbach	GER	24:00:00	24:00:00	3:36:22	5:28:08	0:00:00	0:00:00	00:00:00
0	623	Kaiser Rudolf	Octopi	GER	24:00:00	24:00:00	3:53:31	5:50:48	0:00:00	0:00:00	00:00:00
0	624	Maßhöfer Hendrik	Octopi	GER	24:00:00	24:00:00	3:53:32	5:50:46	0:00:00	0:00:00	00:00:00
0	627	Stollenmaier Markus	LSG Aalen	GER	24:00:00	24:00:00	3:45:10	5:23:57	0:00:00	0:00:00	00:00:00
0	628	Gilles Eric	*Himmighofen	GER	24:00:00	24:00:00	4:09:04	5:06:20	6:57:52	0:00:00	16:13:17
0	629	Conzen Matthias	*Sankt Augustin	GER	24:00:00	24:00:00	4:09:03	5:06:18	6:57:48	0:00:00	16:13:09
0	631	Heise Nils	*Ahrweiler	GER	24:00:00	24:00:00	3:55:33	7:11:33	0:00:00	0:00:00	00:00:00
0	632	Hanf Philipp	*Rheinbach	GER	24:00:00	24:00:00	3:57:29	0:00:00	0:00:00	0:00:00	00:00:00
0	633	Schmitz René	*Berg	GER	24:00:00	24:00:00	3:57:30	5:34:07	0:00:00	0:00:00	00:00:00
0	638	Kowalski Holger	*Königswinter	GER	24:00:00	24:00:00	3:52:45	5:07:34	0:00:00	0:00:00	00:00:00
0	641	Weißenfels Harry	*Windhagen		24:00:00	24:00:00	3:39:37	5:10:41	0:00:00	0:00:00	00:00:00
0	642	Scheinflug Alexander	*Roßtal		24:00:00	24:00:00	4:14:55	5:21:49	0:00:00	0:00:00	00:00:00
0	645	Trilken Lucas	*Rheinbach		24:00:00	24:00:00	4:39:09	6:46:10	0:00:00	0:00:00	00:00:00
0	1203	Winter Thomas	*Velbert		24:00:00	24:00:00	4:03:43	6:34:29	0:00:00	0:00:00	00:00:00
0	1207	Roeder Michael	*Rheinbreitbach		24:00:00	24:00:00	3:51:12	5:29:23	0:00:00	0:00:00	00:00:00
0	1216	Hein Heinz			24:00:00	24:00:00	4:12:01	5:52:48	0:00:00	0:00:00	00:00:00
0	140	Simonis Frank		GER	24:00:00	24:00:00	4:05:14	6:16:13	0:00:00	0:00:00	00:00:00



## Frauen

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM	
1	21	Krafczyk Sabine	Andernach	GER	15:22:11	15:22:17	2:58:00	3:53:05	4:46:09	3:44:56	11:37:15	6,51 km/h
2	111	Driessen Wilma	*EP Horst		15:35:22	15:35:32	3:03:49	3:49:55	4:55:27	3:46:09	11:49:12	6,41 km/h
3	311	Van der Meer Prof. Annie	RWW	NEL	15:41:58	15:42:25	3:09:13	3:56:22	5:01:59	3:34:23	12:07:35	6,37 km/h
4	505	Plazola de Anda Prof. Dr.	*Braunschweig	MEX	16:10:46	16:11:29	3:19:58	3:57:35	4:46:55	4:06:17	12:04:28	6,18 km/h
5	597	Mondot Myriam	*Niederkorn	LUX	17:09:24	17:11:11	3:32:27	4:29:26	5:20:22	3:47:07	13:22:16	5,83 km/h
6	20	Röhr Anico	*Swisttal	GER	17:10:43	17:11:43	3:44:36	4:17:08	5:07:46	4:01:11	13:09:31	5,82 km/h
7	165	Reuß Wolfgang	*Grafschaft	GER	17:33:34	17:33:46	3:34:37	4:33:43	5:36:02	3:49:10	13:44:23	5,69 km/h
8	242	Oegema-Greidanus Dirkje	LAT/FLAL	NEL	17:54:25	17:54:31	3:24:30	4:33:09	5:28:06	4:28:39	13:25:46	5,58 km/h
9	92	Kunze Angela	Knickfööss Köln	GER	18:22:11	18:22:37	3:31:35	4:32:11	5:51:23	4:27:00	13:55:11	5,44 km/h
10	529	Eßer Ulrike	SV Euskirchener Zughunde	GER	18:56:41	18:57:00	3:26:28	4:32:18	5:49:21	5:08:31	13:48:09	5,28 km/h
11	323	Volk Sophia	*Berlin	GER	19:08:37	19:08:37	0:00:00	0:00:00	0:00:00	4:55:48	14:12:48	5,22 km/h
12	6	Van assen Janny	flal	NEL	19:11:10	19:11:20	3:43:26	4:51:38	5:58:40	4:37:25	14:33:45	5,21 km/h
13	5	Sijtsma Agnes	*dronten	NEL	19:11:10	19:11:19	3:43:25	4:51:43	5:58:38	4:37:23	14:33:46	5,21 km/h
14	601	Ina Daminaitye	*Koblenz	GER	19:13:22	19:13:59	3:20:44	4:28:52	5:57:43	5:26:02	13:47:19	5,20 km/h
15	448	Van de Haar Ewa	*Elshout	NEL	19:18:18	19:19:20	3:41:12	4:44:50	5:57:36	4:54:38	14:23:39	5,18 km/h
16	117	Kummerow Michaela	Immer Weiter	GER	19:24:11	19:25:41	3:43:47	4:36:15	6:18:22	4:45:44	14:38:26	5,15 km/h
17	637	Willems Maddy	*Deurne Diest	BEL	19:30:18	19:30:40	3:44:09	4:39:08	5:59:16	5:07:42	14:22:35	5,13 km/h
18	220	Bruinsma-Bakker Jikke	*Lollum	NEL	19:30:26	19:30:42	3:43:18	4:51:40	6:01:08	4:54:18	14:36:07	5,13 km/h
19	214	Hiemstra Bakker Jacoba	FLAL	NEL	19:30:27	19:30:42	3:43:21	4:51:37	6:01:12	4:54:17	14:36:10	5,13 km/h
20	498	Lüders Anna-Katharina	*Köln	GER	19:34:05	19:35:51	4:04:41	4:45:33	5:56:38	4:47:11	14:46:53	5,11 km/h
21	132	Stockhausen Eleonore	*Mechernich	GER	19:36:03	19:36:24	3:55:22	4:52:46	6:15:27	4:32:27	15:03:36	5,10 km/h
22	266	Post Dr. Daria	*Wesseling	GER	19:38:06	19:39:30	3:58:35	4:50:05	5:51:07	4:58:17	14:39:49	5,09 km/h
23	455	Mulder Titia	*Ureterp		19:41:41	19:41:55	3:59:00	5:00:11	0:00:00	0:00:00	00:00:00	5,08 km/h
24	427	Eberle Silke	*Schmalenberg	GER	19:42:45	19:43:41	3:38:15	4:45:05	6:42:04	4:37:18	15:05:26	5,07 km/h
25	90	Franken Anke	Irrecrew	GER	19:49:08	19:50:42	3:48:56	4:50:32	6:51:34	4:18:04	15:31:03	5,05 km/h
26	87	Haberland Tanja	Die Düsseldorf	GER	19:55:11	19:55:58	3:57:23	4:59:34	6:02:04	4:56:09	14:59:01	5,02 km/h
27	249	Idzinga Betty	F.L.A.L	NEL	20:20:17	20:20:29	3:43:40	4:53:59	6:30:03	5:12:34	15:07:43	4,92 km/h
28	302	Braaksma Anneke	FLAL (kWbn)	NEL	20:20:26	20:20:29	3:43:26	5:08:28	6:15:25	5:13:07	15:07:19	4,92 km/h
29	287	Gieler Mandy	*Dernau	GER	20:26:07	20:26:16	3:48:33	5:04:04	6:31:29	5:01:59	15:24:07	4,89 km/h
30	276	Dürbaum Silke	Hiking Squirrels	GER	20:39:16	20:40:22	4:12:35	5:27:27	6:22:54	4:36:18	16:02:57	4,84 km/h
31	1217	Fischbach Christiane	*Boppard	GER	20:40:23	20:40:36	3:49:23	5:25:30	6:34:34	4:50:55	15:49:28	4,84 km/h
32	453	Modrack Dr. Martina	*Boppard	GER	20:40:24	20:40:36	3:49:30	5:25:23	6:34:33	4:50:56	15:49:28	4,84 km/h
33	162	Hefmann Eva	*Köln	GER	20:50:14	20:52:06	4:07:49	4:54:00	6:50:08	4:58:15	15:51:58	4,80 km/h
34	321	Wahl Irina	*Köln	GER	20:52:00	20:52:04	3:48:37	4:45:36	6:58:08	5:19:38	15:32:22	4,79 km/h
35	588	Werner Ines	*Ahrbrück	GER	20:53:47	20:55:28	4:14:17	5:21:13	6:48:58	4:29:18	16:24:29	4,79 km/h
36	48	Karaschewski Roswitha	*Wermelskirchen	GER	20:54:54	20:55:26	4:09:07	5:39:39	6:54:53	4:11:13	16:43:40	4,78 km/h
37	555	Unger Corinna	Running Team Achims Sports	GER	20:59:31	21:00:20	4:34:16	5:30:49	6:17:11	4:37:14	16:22:17	4,76 km/h
38	83	Wöhlert Andrea	TV Altendorf Ersdorf 17.01	GER	20:59:39	21:00:27	4:34:22	5:30:44	6:17:14	4:37:18	16:22:20	4,76 km/h
39	329	Scheffler Christa	*Wachtberg	GER	21:00:32	21:01:24	3:52:38	5:43:37	6:15:18	5:08:58	15:51:34	4,76 km/h
40	206	Dijkhof Jolien	*kampen	NEL	21:17:30	21:17:38	3:43:23	4:54:18	7:13:08	5:26:39	15:50:51	4,70 km/h
41	1209	Köhler Nicole	*Schwaigern		21:19:26	21:19:58	4:10:45	5:45:52	6:19:59	5:02:50	16:16:36	4,69 km/h
42	479	Bremer Ulrike	Running Friends Bedburg	GER	21:22:42	21:24:24	4:23:52	5:53:49	6:27:58	4:37:02	16:45:40	4,68 km/h
43	480	Köhn Gaby	Running Friends Bedburg	GER	21:22:47	21:24:27	4:24:02	5:53:44	6:27:57	4:37:02	16:45:44	4,68 km/h
44	326	Treels-Reijmes Rikie	*Zutphen	NEL	21:23:59	21:24:09	3:59:04	5:20:21	6:41:20	5:23:12	16:00:46	4,67 km/h
45	186	Coenen Heike	Stiftung Wadentest	GER	21:31:43	21:33:47	4:17:12	5:17:55	6:49:42	5:06:53	16:24:50	4,64 km/h
46	348	Lehmann Andrea	*Hundsangen	GER	21:31:52	21:32:11	3:43:47	5:22:32	6:33:42	5:51:50	15:40:02	4,64 km/h
47	163	Tomalak Anke	Run of Colours Promoteam	GER	21:32:10	21:33:56	4:41:13	6:13:18	6:14:50	4:22:48	17:09:21	4,64 km/h
48	451	Thelen Sarah	*Rheinbach	GER	21:32:58	21:33:47	4:34:18	5:30:04	6:20:12	5:08:22	16:24:35	4,64 km/h
49	1201	Glowatzki Daniela	Globetrotter Köln		21:34:12	21:34:43	3:59:48	5:22:14	6:46:44	5:25:24	16:08:47	4,64 km/h
50	50	Gerber Anke	*Remscheid	GER	21:38:37	21:39:11	3:57:40	5:29:17	7:12:29	4:59:09	16:39:27	4,62 km/h
51	282	Schmid Heike	Hiking Squirrels	GER	21:44:06	21:45:14	4:12:25	5:46:46	6:39:50	5:05:03	16:39:02	4,60 km/h
52	261	Thömmes Anja	*Prüm	GER	21:44:12	21:45:13	4:00:25	5:32:56	6:50:28	5:20:22	16:23:50	4,60 km/h
53	438	Küppers Claudia	*Bonn	GER	21:45:39	21:45:46	3:48:38	5:09:15	6:56:15	5:51:29	15:54:09	4,60 km/h
54	13	Zielonka Gudrun	SC Vilkerath	GER	21:48:29	21:49:36	4:06:33	5:49:17	0:00:00	0:00:00	00:00:00	4,59 km/h
55	414	Klingen Claudia	*Niederkrüchten	GER	21:48:51	21:49:49	4:18:27	5:20:19	6:41:44	5:28:19	16:20:32	4,58 km/h
56	519	Beissel Inge	*Aachen	BEL	21:51:24	21:52:03	4:10:13	5:36:03	7:02:55	5:02:11	16:49:12	4,58 km/h
57	353	Bierbaum Dominique	SV Windhagen	GER	21:58:24	21:59:43	4:25:20	5:32:39	6:57:39	5:02:45	16:55:39	4,55 km/h
58	135	Chmielewski Renate	*Stolberg	POL	21:58:29	21:58:51	3:57:36	5:31:16	7:07:29	5:22:07	16:36:22	4,55 km/h
59	208	Lang Beate	*Neustadt	GER	22:03:43	22:04:24	4:17:19	6:05:41	6:42:03	4:58:39	17:05:04	4,53 km/h
60	541	Mersmann Jessica	JJ	GER	22:05:33	22:05:44	3:46:44	5:25:16	7:08:16	5:45:16	16:20:17	4,53 km/h





## Frauen

Platz	Startnr	Name	Verein/*Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM
61	566	Schlößler Petra	*Bonn	GER	22:13:36	22:14:48	3:50:13	4:49:15	7:56:05	5:38:02	16:35:34 4,50 km/h
62	520	Hildebrand Michaela	*Stolberg	GER	22:19:46	22:20:27	4:10:24	5:35:52	7:02:57	5:30:32	16:49:13 4,48 km/h
63	46	Schiller Heike	*Remscheid	GER	22:20:55	22:21:30	3:56:53	5:29:59	7:16:32	5:37:29	16:43:25 4,47 km/h
64	157	Rech Gisela	LG Donatus Erfstadt	GER	22:27:30	22:28:01	4:09:37	5:33:17	7:08:09	5:36:25	16:51:05 4,45 km/h
65	1212	Hamburger-Banert Chri	*Schiesheim		22:27:50	22:28:00	4:12:05	5:52:53	6:47:20	5:35:30	16:52:19 4,45 km/h
66	161	Kawczyk Jessica	*Gummersbach	GER	22:27:58	22:28:27	4:32:32	5:52:56	6:30:00	5:32:29	16:55:28 4,45 km/h
67	313	Ridder Veronika	Dingden läuft!!!	GER	22:33:27	22:34:35	4:23:49	5:42:10	7:05:28	5:21:58	17:11:28 4,43 km/h
68	314	Schluse Hilla	Dingden läuft!!!	GER	22:33:40	22:34:45	4:23:53	5:42:08	7:05:31	5:22:05	17:11:34 4,43 km/h
69	269	Birk Ines	Brühler TV 1879	GER	22:35:33	22:36:55	4:21:44	5:26:17	7:34:42	5:12:47	17:22:45 4,43 km/h
70	291	Meyer Melanie	Brühler TV 1879	GER	22:35:34	22:36:56	4:21:43	5:26:19	7:25:04	5:22:26	17:13:08 4,43 km/h
71	521	Bersch Jessica	*Koblenz	GER	22:35:40	22:37:32	4:21:35	5:35:54	7:24:40	5:13:30	17:22:09 4,43 km/h
72	334	Schömann Petra	*Hilchenbach	GER	22:40:29	22:42:05	3:58:00	6:00:08	7:25:34	5:16:46	17:23:43 4,41 km/h
73	614	Kabelka Diana	Hiking Chicks	GER	22:40:31	22:41:50	4:09:59	5:17:42	7:16:32	5:56:17	16:44:14 4,41 km/h
74	615	Rackur Saskia	Hiking Chicks	GER	22:40:33	22:41:51	4:09:55	5:17:42	7:16:40	5:56:14	16:44:18 4,41 km/h
75	81	Rüter Annika	Brühler TV 1879	GER	22:41:37	22:42:59	4:22:50	5:25:13	7:27:44	5:25:48	17:15:48 4,41 km/h
76	129	Jablonowski Monika	Brühler TV 1879 e.V.	GER	22:41:38	22:43:01	4:21:41	5:31:56	7:14:42	5:33:17	17:08:21 4,41 km/h
77	15	Lange Josefine	*Pulheim	GER	22:45:17	22:46:25	4:06:29	5:54:42	7:18:54	5:25:11	17:20:06 4,39 km/h
78	225	Bongardt Christiane	*Neumarkt i. d. Opf.	GER	22:45:53	22:47:29	4:12:54	5:09:57	7:10:34	6:12:27	16:33:26 4,39 km/h
79	340	Büque Kerstin	*Swisttal	GER	22:55:59	22:57:17	3:51:01	5:29:57	7:58:58	5:36:01	17:19:57 4,36 km/h
80	217	Ehrler Carmen	*Schöntal	GER	22:56:05	22:58:05	4:15:54	5:53:17	0:00:00	0:00:00	00:00:00 4,36 km/h
81	79	Schneider Sylvia	*Bröhlingen	GER	22:57:19	22:57:56	4:05:43	5:36:01	0:00:00	0:00:00	00:00:00 4,36 km/h
82	263	Wergen Michelle	*Stadtkyll	GER	23:00:59	23:01:57	4:02:02	5:57:37	7:00:40	6:00:38	17:00:21 4,34 km/h
83	262	Simon Montana	*Walsdorf	GER	23:01:01	23:01:59	4:02:07	5:57:34	7:00:45	6:00:33	17:00:27 4,34 km/h
84	430	Bauer Luisa	Marchez vers le bonheur	GER	23:02:17	23:02:40	4:08:13	5:48:07	7:12:56	5:53:00	17:09:17 4,34 km/h
85	467	Grützner Claudia	*Oberursel	GER	23:05:40	23:07:23	4:35:43	5:44:27	6:48:28	5:57:01	17:08:39 4,33 km/h
86	525	Groß Larissa	*Stuttgart	GER	23:05:52	23:07:50	4:15:49	5:53:26	0:00:00	0:00:00	00:00:00 4,33 km/h
87	526	Groß Liliane	*Pfinztal	GER	23:05:53	23:07:50	4:15:49	5:53:28	0:00:00	0:00:00	00:00:00 4,33 km/h
88	539	Porath Tina	*Meckenheim	GER	23:06:58	23:07:36	4:05:47	6:07:48	7:25:23	5:27:59	17:38:58 4,33 km/h
89	245	Becker Dr. Ulrike	wir bewegen	GER	23:07:00	23:07:38	4:05:45	6:07:47	7:26:20	5:27:06	17:39:53 4,33 km/h
90	34	Mundschenk Annika	*Staufenberg	GER	23:07:11	23:07:48	3:52:55	5:23:24	7:42:52	6:07:58	16:59:12 4,33 km/h
91	281	Linden-Röhl Michaela	Hiking Squirrels	GER	23:09:09	23:10:19	4:12:36	5:44:16	0:00:00	0:00:00	00:00:00 4,32 km/h
92	169	Schützler Lydia	Hiking Squirrels	GER	23:09:10	23:10:21	4:12:24	5:44:28	0:00:00	0:00:00	00:00:00 4,32 km/h
93	280	Schmidt Tatjana	Hiking Squirrels	GER	23:09:11	23:10:20	4:12:38	5:46:34	7:57:17	5:12:41	17:56:30 4,32 km/h
94	552	Nau Anika	*Gelsenkirchen	GER	23:16:24	23:17:55	4:26:37	5:42:48	7:06:45	6:00:13	17:16:11 4,30 km/h
95	74	Ahrens Heike	*Mendig	GER	23:30:38	23:31:28	4:28:28	6:01:35	7:23:07	5:37:27	17:53:11 4,25 km/h
96	177	Kellner Beate	*Berlin	GER	23:33:06	23:34:35	4:33:49	6:07:28	7:10:50	5:40:57	17:52:09 4,25 km/h
97	381	Kelter Doris	*Königsfeld	GER	23:34:45	23:36:11	4:26:51	5:59:47	7:47:46	5:20:20	18:14:25 4,24 km/h
98	39	Weuthen Melanie	Dreamteam	GER	23:35:10	23:36:26	4:25:20	5:59:28	7:49:33	5:20:48	18:14:21 4,24 km/h
99	158	Rohde Marion	*Staufenberg	GER	23:41:13	23:41:54	3:52:56	5:23:25	0:00:00	0:00:00	00:00:00 4,22 km/h
100	219	Dawid-Ernst Doris	TeamSahra	GER	23:46:32	23:47:16	4:31:14	5:56:09	0:00:00	0:00:00	00:00:00 4,21 km/h
101	227	Seichter Susanne	*Bonn	GER	23:47:01	23:49:05	4:26:17	5:46:40	7:44:23	5:49:39	17:57:21 4,20 km/h
102	17	Randerath Claudia	*Mönchengladbach	GER	24:07:12	24:07:29	4:37:21	6:15:55	7:40:38	5:33:16	18:33:55 832,97 km
0	30	Dietrich Julia	Palmersheimer Plattföb	GER	24:00:00	24:00:00	4:41:38	5:52:03	6:46:16	0:00:00	17:19:58
0	47	Kosakowski Jessica	*Wenden	GER	24:00:00	24:00:00	3:57:39	5:29:16	0:00:00	0:00:00	00:00:00
0	51	Spratte Gerlinde	*Wermelskirchen	GER	24:00:00	24:00:00	4:09:02	5:39:43	0:00:00	0:00:00	00:00:00
0	67	Stade Katharina	4FeetAroundTheWorld	GER	24:00:00	24:00:00	4:23:09	5:39:39	0:00:00	0:00:00	00:00:00
0	77	Bosch Sandra	*Vettweiß	GER	24:00:00	24:00:00	4:36:59	6:10:53	0:00:00	0:00:00	00:00:00
0	85	Lichtenstein Andrea	AS Neukirchen-Vluyn	GER	24:00:00	24:00:00	4:21:14	5:38:45	0:00:00	0:00:00	00:00:00
0	88	Erharter Anja	Best Friends	GER	24:00:00	24:00:00	4:25:52	5:36:11	0:00:00	0:00:00	00:00:00
0	89	Michaelis Sandra	Best Friends	GER	24:00:00	24:00:00	4:25:51	5:36:11	0:00:00	0:00:00	00:00:00
0	102	Kopatz Daniela Patricia	*Grevenbroich	GER	24:00:00	24:00:00	4:19:29	6:09:09	0:00:00	0:00:00	00:00:00 0,00 km/h
0	105	Steffes Britta	*Niederkassel	GER	24:00:00	24:00:00	4:05:09	6:15:15	0:00:00	0:00:00	00:00:00
0	109	Von Canal Gisela	TuS Koblenz Laufsport	GER	24:00:00	24:00:00	4:28:06	6:22:46	0:00:00	0:00:00	00:00:00
0	142	Düzgün Elke	Bevegt	GER	24:00:00	24:00:00	4:34:17	6:04:59	0:00:00	0:00:00	00:00:00
0	149	Fischer Roswitha	AS Neukirchen-Vluyn	GER	24:00:00	24:00:00	4:21:16	5:38:42	0:00:00	0:00:00	00:00:00
0	155	Königshoven Constanze	Palmersheimer Plattföb	GER	24:00:00	24:00:00	4:41:43	6:22:35	0:00:00	0:00:00	00:00:00
0	181	Schneider Svenja	Irre_crew	GER	24:00:00	24:00:00	3:48:56	4:50:31	0:00:00	0:00:00	00:00:00
0	183	Wolff Kirsten	Greenhorn-Team	GER	24:00:00	24:00:00	4:13:01	5:12:15	0:00:00	0:00:00	00:00:00
0	189	Krüger Anett	AL Gräco	GER	24:00:00	24:00:00	4:41:16	6:33:20	0:00:00	0:00:00	00:00:00
0	190	Valder Sarah	AL Gräco	GER	24:00:00	24:00:00	4:41:24	6:33:11	0:00:00	0:00:00	00:00:00



## Frauen

Wettkampf nicht beendet

Platz	Startnr	Name	Verein*/Ort		Gesamt	Brutto	0-23.3	23.3-49	49-77.5	77.5-100	77.5KM
0	192	Bergmann Desiree	*Meckenheim	GER	24:00:00	24:00:00	3:55:15	5:16:13	7:05:39	0:00:00	16:17:07
0	193	Loh Britta	Knicklicht-Connection	GER	24:00:00	24:00:00	4:51:29	6:09:35	0:00:00	0:00:00	00:00:00
0	210	Förstl Melanie	*Weilrod	GER	24:00:00	24:00:00	4:35:34	5:44:36	0:00:00	0:00:00	00:00:00
0	232	Esau Anita	*Nümbrecht	GER	24:00:00	24:00:00	4:26:39	6:22:09	0:00:00	0:00:00	00:00:00
0	234	Blättermann Melanie	*Wiehl	GER	24:00:00	24:00:00	4:26:42	6:26:01	0:00:00	0:00:00	00:00:00
0	237	Krumbein Brigitte	*Mönchengladbach	GER	24:00:00	24:00:00	4:37:30	6:15:59	0:00:00	0:00:00	00:00:00
0	239	Witt Kerstin	*Ahrweiler	GER	24:00:00	24:00:00	4:19:15	5:59:21	0:00:00	0:00:00	00:00:00
0	241	Heinrichs Birgit	*Altenahr	GER	24:00:00	24:00:00	4:19:19	5:59:17	0:00:00	0:00:00	00:00:00
0	244	Dollenkamp Annette	wir bewegen	GER	24:00:00	24:00:00	4:05:46	6:07:56	0:00:00	0:00:00	00:00:00
0	246	Scheffler Barbara	*Rheinbach	GER	24:00:00	24:00:00	4:23:51	5:57:44	0:00:00	0:00:00	00:00:00
0	260	Achten Pia	*Piesport	GER	24:00:00	24:00:00	3:58:34	5:08:55	0:00:00	0:00:00	00:00:00
0	273	Lange Manuela	Warburg SV 1884	GER	24:00:00	24:00:00	4:10:48	5:56:38	0:00:00	0:00:00	00:00:00
0	278	Becker Stefanie	Stiftung Wadentest	GER	24:00:00	24:00:00	4:37:39	6:49:42	7:02:53	0:00:00	18:30:15
0	279	Grunenberg Jennifer	Stiftung Wadentest	GER	24:00:00	24:00:00	4:37:44	6:49:36	7:02:56	0:00:00	18:30:17
0	319	Wirths Katja	*Düsseldorf	GER	24:00:00	24:00:00	4:32:34	0:00:00	0:00:00	0:00:00	00:00:00
0	338	Dolscheid-Pommerich Dr.	*Grafschaft	GER	24:00:00	24:00:00	3:41:49	4:49:21	0:00:00	0:00:00	00:00:00
0	343	Schönherr Monique	*Köln	GER	24:00:00	24:00:00	4:05:42	5:59:39	0:00:00	0:00:00	00:00:00
0	344	Drepper Heike	*Köln	GER	24:00:00	24:00:00	4:05:50	6:29:49	0:00:00	0:00:00	00:00:00
0	346	Sperling Helena	*Hönningen-Liers	GER	24:00:00	24:00:00	4:24:08	6:03:07	0:00:00	0:00:00	00:00:00
0	350	Schmidt Silvana	*Rheinbach	GER	24:00:00	24:00:00	3:48:09	0:00:00	0:00:00	0:00:00	00:00:00
0	362	Thelen Anja	*Baar	GER	24:00:00	24:00:00	4:24:06	0:00:00	0:00:00	0:00:00	00:00:00
0	364	Wershofen Manuela	*Bad Neuenahr-Ahrweiler	GER	24:00:00	24:00:00	3:57:29	6:05:38	0:00:00	0:00:00	00:00:00
0	372	Donderer Magdalena	*Rheinbach	GER	24:00:00	24:00:00	4:02:42	0:00:00	0:00:00	0:00:00	00:00:00
0	376	Endter Susanne	*Niederzier	GER	24:00:00	24:00:00	4:23:01	0:00:00	0:00:00	0:00:00	00:00:00
0	397	Peter Annika	*Lohmar	GER	24:00:00	24:00:00	4:49:04	6:11:28	0:00:00	0:00:00	00:00:00
0	399	Eßer Monika	*Kreuzau	GER	24:00:00	24:00:00	4:24:28	5:50:03	0:00:00	0:00:00	00:00:00
0	411	Werle Anike	*Köln	GER	24:00:00	24:00:00	4:18:14	0:00:00	0:00:00	0:00:00	00:00:00
0	416	Warlich Susanne	*Meckenheim	GER	24:00:00	24:00:00	4:18:17	5:14:57	0:00:00	0:00:00	00:00:00
0	442	De Smedt Beatrice	Marchez vers le bonheur	GER	24:00:00	24:00:00	4:09:21	5:46:57	0:00:00	0:00:00	00:00:00
0	470	Süzen Hülya	BGFT	GER	24:00:00	24:00:00	4:45:34	6:36:38	0:00:00	0:00:00	00:00:00
0	476	Kreuser Iris	Schwestern unterwegs	GER	24:00:00	24:00:00	4:15:58	5:52:22	0:00:00	0:00:00	00:00:00
0	484	Heer Marianne	Running Friends Bedburg	GER	24:00:00	24:00:00	4:24:03	5:53:51	0:00:00	0:00:00	00:00:00
0	485	Laßmann Christine	Running Friends Bedburg	GER	24:00:00	24:00:00	4:23:54	5:53:58	0:00:00	0:00:00	00:00:00
0	490	Mathia Michaela	kranke Schwestern	GER	24:00:00	24:00:00	4:20:23	5:43:32	7:13:02	0:00:00	17:16:58
0	491	Cremer Silvia	kranke Schwestern	GER	24:00:00	24:00:00	4:20:26	5:43:31	7:12:59	0:00:00	17:16:57
0	511	Schimanowski Alexander	*Bonn	GER	24:00:00	24:00:00	4:10:47	5:36:05	0:00:00	0:00:00	00:00:00
0	516	Kröll Ramona	*St.Katharinen	GER	24:00:00	24:00:00	3:58:17	5:59:56	0:00:00	0:00:00	00:00:00
0	530	Trautmann Verena	*Bochum	GER	24:00:00	24:00:00	3:48:03	4:28:31	5:30:56	0:00:00	13:47:31
0	536	Kowalczyk Jana	*Bochum	GER	24:00:00	24:00:00	4:56:05	0:00:00	0:00:00	0:00:00	00:00:00
0	548	Rickus Simone	*Bad Münstereifel	GER	24:00:00	24:00:00	4:27:17	5:52:13	0:00:00	0:00:00	00:00:00
0	557	Unger Gabi	*Bad Honnef	GER	24:00:00	24:00:00	4:07:35	5:35:16	0:00:00	0:00:00	00:00:00
0	567	Waltersdorf Helena	*Bonn	GER	24:00:00	24:00:00	4:27:11	0:00:00	0:00:00	0:00:00	00:00:00
0	570	Kardinal Ronja	Geo-Outdoor-Akademie	GER	24:00:00	24:00:00	3:30:20	4:26:18	6:35:33	0:00:00	14:32:12
0	607	Bayer Nicole	*Troisdorf	GER	24:00:00	24:00:00	4:23:10	0:00:00	0:00:00	0:00:00	00:00:00
0	610	Israel Angela	*Bassenheim	GER	24:00:00	24:00:00	4:35:18	6:04:12	0:00:00	0:00:00	00:00:00
0	613	Wahlen Christin	*Rheinbach	GER	24:00:00	24:00:00	4:20:59	5:28:12	0:00:00	0:00:00	00:00:00
0	622	Sommer-Wahn Sonja	Knicklicht-Connection	GER	24:00:00	24:00:00	4:51:24	6:09:23	0:00:00	0:00:00	00:00:00
0	630	Mainzer Anna	*Ahrweiler	GER	24:00:00	24:00:00	3:55:26	7:11:29	0:00:00	0:00:00	00:00:00
0	1215	Hein Agnes			24:00:00	24:00:00	4:12:09	5:52:48	0:00:00	0:00:00	00:00:00