

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten
1	620	Trems Torsten	Central-Team.de	1:19:22	1	M40	1977	03:38 18:36 18:42 19:06 19:18
2	616	Herr Florian	Bunert - Der Siegburger Laufla	1:21:47	1	M30	1988	03:38 18:36 18:42 19:06 21:42
3	330	Kreißl Michael	TV 1861 Pappenheim	1:25:11	2	M30	1985	04:01 19:39 20:36 20:56 19:57
4	549	Nicaise Jean-Christophe	EASA	1:25:24	2	M40	1977	03:57 19:30 20:04 20:46 21:05
5	577	Cahlik Jan	adidas Runners Zurich	1:26:17	1	MHK	1992	04:10 20:36 20:36 20:31 20:22
6	587	Blaesen Ralf	*Stolberg	1:28:31	1	M50	1965	04:04 20:39 20:52 21:20 21:35
7	580	Bürger Stefan	TuS Jahn Hilfarth	1:29:19	1	M45	1971	04:04 20:58 21:16 21:22 21:37
8	569	Moritz Ralf	Triple 2013	1:30:51	2	M50	1968	04:26 21:28 21:35 21:47 21:33
9	632	Condon Liam	TV Refrath	1:32:00	3	M50	1968	04:05 21:44 21:50 22:08 22:11
10	573	Bovo Frank	*Köln	1:32:06	4	M50	1968	04:26 21:56 21:49 21:58 21:54
11	619	Radermacher Oliver	RTC Frechen 80	1:32:06	5	M50	1967	04:19 21:47 21:58 22:14 21:46
12	550	Jany Peter	*Dinslaken	1:32:09	2	M45	1972	04:29 22:03 22:03 21:58 21:34
13	640	Hierholzen Stephan	Schneller Schorsch	1:32:42	3	M45	1972	04:24 22:01 22:09 21:58 22:08
14	638	Baumert Peter	Team Erdinger Alkoholfrei	1:32:44	3	M40	1975	04:15 22:02 22:03 22:13 22:10
15	0	Rummier Tobias	*Frechen	1:34:05	1	M55	1959	04:23 21:55 22:21 22:31 22:53
16	559	Müller Manuel	Laufschule Düsseldorf	1:35:10	3	M30	1984	04:37 22:16 22:24 23:15 22:36
17	344	Frexwald Eric	Feuerwehr Düsseldorf	1:35:39	4	M45	1972	04:28 22:35 22:33 22:50 23:11
18	506	Salewska Boris	Laufmonster	1:36:22	5	M45	1973	04:05 22:34 23:08 23:23 23:11
19	600	Laemmlein Franz	*Wuppertal	1:36:34	1	M65	1952	04:28 22:46 23:03 23:15 23:00
20	522	Steinmetz Stefan	*Bergheim	1:37:14	1	M35	1981	04:46 22:20 22:34 22:52 24:40
21	568	Furuyama Shun	*40210	1:37:51	6	M50	1965	04:53 23:58 23:17 23:09 22:32
22	630	Goertz Hubert	Tus Jahn Hilfarth	1:37:56	7	M50	1966	04:29 22:52 23:10 23:29 23:53
23	584	Langer Dominik	Running Team Grafenberg	1:38:47	4	M30	1986	04:25 23:03 23:47 23:44 23:46
24	592	Schillings Hubert	FC Straberg	1:39:00	2	M55	1962	04:34 23:13 23:37 23:42 23:51
25	637	Staschko Peter	Team Handelshof	1:39:12	8	M50	1965	04:49 23:44 23:35 23:41 23:21
26	633	Marek Adrian	Für Hürth	1:40:22	6	M45	1972	04:30 22:38 23:23 24:44 25:05
27	603	Humpisch Christoph	GVG-Laufteam	1:40:34	2	MHK	1989	04:46 23:03 23:51 24:12 24:41
28	631	Mulder Thomas	Marathon Club Eschweiler	1:40:53	9	M50	1967	04:29 23:06 24:02 24:25 24:50
29	560	Adendorf Achim	*Pulheim	1:41:07	4	M40	1976	05:14 23:22 24:31 24:27 23:30
30	611	Lotter Dr. Stefan		1:41:43	7	M45	1971	00:00 18:55 23:13 23:59 49:29
31	532	Jannes Marc	*Köln	1:42:03	2	M35	1981	04:53 23:53 23:47 23:56 25:32
32	594	Schröder Domenik	*Schmidtheim	1:44:03	5	M30	1985	04:10 23:23 24:56 25:41 25:51
33	510	Greif Uwe	Dürener TV 1847	1:45:25	10	M50	1965	04:54 25:34 24:51 25:14 24:50
34	542	Engels Daniel	Lauffreunde Niers	1:45:26	3	M35	1980	05:09 25:03 25:12 25:01 25:00
35	551	Volkmer Andreas	*Schwalmtal	1:45:39	3	M55	1963	04:53 25:00 25:14 25:27 25:03
36	508	Bodes Theo	Team Erdinger Alkoholfrei	1:45:46	4	M55	1959	04:51 24:55 24:54 25:02 26:00
37	626	Morick Andy	*Köln	1:47:25	11	M50	1967	04:43 24:40 25:14 25:38 27:07
38	593	Weber Markus	VfL Engelskirchen	1:47:37	8	M45	1972	04:55 25:45 25:50 25:50 25:15
39	581	Poviliunas Margiris	*Lampertheim	1:48:42	9	M45	1972	05:24 51:31 26:01 25:31 00:14
40	589	Araki Jiro	*Düsseldorf	1:49:02	5	M55	1961	05:30 25:52 26:10 25:57 25:31
41	618	Dyla Christian		1:49:03	6	M30	1988	05:34 25:19 25:28 26:31 26:09
42	639	Sablinski Arne		1:49:46	4	M35	1980	04:33 26:04 26:45 26:26 25:56
43	634	Herholz Tomasz	Bieganie.PL	1:49:57	7	M30	1984	05:21 25:43 25:50 25:56 27:05
44	579	Eisenbeis Dennis	*Inden	1:50:01	5	M35	1983	05:39 26:12 25:41 25:52 26:35
45	604	Martens Jörn	GVG-Laufteam	1:50:52	6	M55	1962	04:37 26:08 26:52 27:02 26:11
46	606	Reiff Franz-Josef	GVG-Laufteam	1:51:30	7	M55	1963	05:02 24:48 26:03 27:44 27:52
47	610	Schiffer Rainer		1:53:08	12	M50	1968	05:08 26:04 26:36 26:59 28:18
48	622	Fuhrmann Alfred	Mach 3 Köln	1:53:14	1	M60	1955	05:22 26:14 26:33 27:14 27:49
49	530	Skiba Thomas	Die Renntiere	1:53:24	2	M65	1953	05:34 26:01 27:05 27:00 27:41
50	557	Püttmann Randy	Team Erdinger Alkoholfrei	1:53:24	5	M40	1974	05:11 25:40 26:42 27:44 28:06
51	509	Nolden Dominik	*Bergheim	1:53:34	6	M35	1982	06:00 26:13 26:42 27:17 27:20
52	595	Werz Michael	Team VorWerz Torney	1:53:40	10	M45	1973	05:03 25:58 26:47 27:16 28:35
53	541	Roden Michael	*Solingen	1:54:00	6	M40	1978	04:56 25:52 54:12 28:41 00:17
54	534	Koch Pascal	*Wesseling	1:54:11	3	MHK	1991	05:19 26:23 26:35 27:18 28:33
55	527	Voll Harald	*Pulheim	1:54:30	8	M55	1959	05:03 26:10 26:44 27:40 28:50
56	514	Greber Mathieu	*Köln	1:54:35	8	M30	1985	05:26 25:43 26:57 27:27 28:59
57	608	Labuhn Gottfried	MTV Seesen	1:54:40	13	M50	1965	04:50 53:27 27:48 28:14 00:19
58	507	Schorr Dennis	*Köln	1:55:01	7	M35	1983	06:13 28:59 28:10 27:19 24:18
59	543	Lieder Michael	Lauffreunde Niers	1:56:09	7	M40	1974	05:34 26:57 27:26 27:13 28:58
60	521	Dieffendahl Holger	Sülzrunners	1:56:16	8	M35	1982	05:34 25:49 26:50 27:27 30:34
61	627	Wüst Hans Werner		1:56:18	3	M65	1950	05:35 26:53 27:34 27:56 28:19
62	548	Glisovic Aleksa	*Bonn-Duisdorf	1:56:24	9	M30	1984	04:56 24:54 26:33 29:28 30:30

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten
63	642	Damerow Raymond	Ford FCSD 05	1:57:16	2	M60	1957	05:34 27:05 27:49 28:09 28:37
64	605	Ommer Udo	GVG-Laufteam	1:57:27	9	M55	1960	05:37 26:43 27:18 28:33 29:14
65	624	Schmitz Thomas	SRC Triathlon Koblenz	1:59:35	8	M40	1976	05:56 28:05 29:14 27:29 28:49
66	647	Klick Michael	SUS Bertlich	1:59:37	11	M45	1969	06:05 28:31 28:38 28:28 27:53
67	648	Wozny Simon	SUS Bertlich	1:59:38	0	M	2008	06:05 28:32 28:38 28:27 27:54
68	345	Freywald Jessika	Feuerwehr Köln	1:59:44	9	M35	1979	05:27 26:26 26:39 26:38 34:32
69	505	Djamalpour-Barfrouchi Syr	SC08Elsdorf	2:01:13	14	M50	1965	05:08 26:34 28:37 29:39 31:14
70	516	Karrasch Sven	*Moers	2:02:14	12	M45	1972	05:21 28:06 29:18 29:59 29:29
71	512	Nix Markus	*Bedburg	2:03:23	13	M45	1969	05:36 29:05 29:18 29:47 29:35
72	596	Winkelmann Christian	Föhr Marathon e.V.	2:04:02	9	M40	1978	06:04 29:03 28:58 29:10 30:44
73	585	Sturm Ralf	TriathlonSteckelCologne	2:04:37	10	M55	1959	05:39 28:19 29:13 30:11 31:13
74	553	Gnass Gunnar	1.LG Partymeile 2016	2:04:41	10	M35	1981	06:01 29:03 28:30 30:00 31:05
75	567	Oka Satoshi	*Dusseldorf	2:04:59	14	M45	1970	05:29 27:43 28:17 30:17 32:11
76	556	Lin Chester	*Aachen	2:06:02	10	M30	1988	06:06 29:02 29:16 29:52 31:44
77	546	Reinartz Christoph	*Mönchengladbach	2:06:38	11	M35	1979	06:13 29:47 29:49 30:05 30:42
78	609	Lünendonk Patrick	Team Crazyluenis Korschenbr	2:06:55	11	M30	1988	05:59 30:26 30:47 30:48 28:53
79	504	Bunsel Oliver	*Köln	2:07:54	15	M45	1969	06:01 28:14 29:19 30:47 33:30
80	641	Stöberl Ralf	Köln läuft mit	2:08:08	15	M50	1966	05:59 28:54 29:06 30:30 33:37
81	590	Schneider Reiner	Team Erdinger Alkoholfrei	2:08:11	16	M50	1965	06:14 30:06 30:10 30:42 30:57
82	563	Paesch Horst	MST Laufpoint	2:09:55	17	M50	1967	06:21 29:46 29:53 30:48 33:05
83	628	Haarkamp Olaf	Pulheimer SC Radtouristik	2:10:47	18	M50	1968	06:08 30:38 30:53 31:30 31:35
84	651	Kirschner Norbert	*Köln	2:11:06	11	M55	1960	06:18 30:38 31:08 31:28 31:32
85	523	Jeske Christian	Team Special-Fitness	2:11:43	10	M40	1977	05:58 30:22 31:02 32:03 32:16
86	615	Kaminski David		2:12:38	12	M30	1984	06:04 30:46 32:02 31:58 31:46
87	614	Schwarz Patrick		2:12:38	13	M30	1984	06:04 30:52 31:56 31:57 31:47
88	646	Ed Harman		2:14:45	16	M45	1970	06:42 31:05 31:53 31:47 33:15
89	571	Hild Johannes Christian	Laufftreff Hochschulsport AC	2:16:15	4	MHK	1989	06:07 30:14 31:37 33:37 34:38
90	635	Dahmen Christian		2:18:24	11	M40	1975	06:28 32:19 33:09 33:13 33:13
91	562	Brunner Sven	*Gevelsberg	2:25:14	14	M30	1987	05:15 30:01 33:41 35:27 40:49
92	502	Diederichs Wolfgang	Tagesvater- Bedburg	2:27:29	12	M40	1975	07:12 06:23 35:32 37:53 00:27
93	601	Diederichs Wolfgang	GVG-Laufteam	2:27:29	13	M40	1975	07:12 06:23 35:32 37:53 00:27
94	501	Offermann Uwe	Kölsche Roadrunners	2:38:51	17	M45	1972	06:51 34:37 36:39 38:23 42:19
95	561	Chavan Vishal	*Köln	2:45:23	12	M35	1982	06:20 34:32 37:24 40:56 46:08

Frauen

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten
1	578	Weise Wiebke	adidas Runners Zurich	1:35:11	1	W30	1987	04:37 22:36 22:40 22:48 22:29
2	613	Knaepen Kirstel	RTC Frechen	1:36:28	1	W35	1982	04:22 22:09 22:35 23:30 23:50
3	536	Eberhardt Rebecca	Team beVegt.de	1:38:10	1	WHK	1991	04:35 23:21 23:24 23:33 23:16
4	612	Lemmens Nikola	RTC Frechen	1:42:54	2	W35	1980	04:50 23:46 24:32 24:50 24:55
5	623	Thielen Birke	SRC Koblenz	1:44:49	1	W40	1977	05:04 24:47 24:43 24:58 25:15
6	599	Wieting Jeanne Li	HAZET	1:45:23	3	W35	1981	04:54 24:33 24:47 25:17 25:49
7	529	Meyer Kathrin	Garbsener SC	1:47:07	4	W35	1980	04:37 24:36 25:18 26:07 26:27
8	598	Reese Lydia	Bundespolizei	1:52:11	5	W35	1979	05:23 26:59 26:49 26:23 26:35
9	597	Bellinghausen Nicole	Bundespolizei	1:52:54	2	W40	1978	05:27 26:38 26:35 27:02 27:10
10	520	Pesch Luisa	Frau	1:53:53	2	WHK	1991	05:22 25:51 26:36 26:59 29:03
11	586	Korte Anja	*Meerbusch	1:55:22	3	W40	1978	04:53 27:02 27:26 28:13 27:47
12	583	Zschocke Clara	*Köln	1:56:56	3	WHK	1990	06:07 27:06 27:24 26:36 29:41
13	558	Schlag Jana	*Bonn	1:59:23	2	W30	1985	05:28 27:07 27:56 28:45 30:05
14	649	Wozny Kerstin	SUS Bertlich	1:59:53	1	W50	1967	06:05 28:32 28:39 28:26 28:09
15	652	Kirschner Barbara	*Mülheim An Der Ruhr	2:02:23	2	W50	1968	05:59 28:21 28:36 29:04 30:22
16	591	Hensgens Daniela	*Gangelt	2:05:28	1	W45	1972	05:23 28:19 29:30 30:35 31:39
17	588	Lössner Silke	TUS 08 Lintorf	2:08:33	2	W45	1971	06:03 29:39 29:50 30:52 32:08
18	572	Mikschik Sylvia	*Köln	2:10:50	4	W40	1975	06:13 30:03 30:00 31:51 32:41
19	544	Rieger MelaNie	Lauffreunde Niers	2:11:07	5	W40	1974	06:17 31:01 31:05 31:27 31:15
20	545	Knaden Tanja	Lauffreunde Niers	2:11:07	3	W45	1969	06:17 31:01 31:05 31:26 31:15
21	565	Bruysten Maartje	*Mönchengladbach	2:11:08	6	W35	1980	06:17 31:01 31:05 31:26 31:16
22	650	Flock Ann		2:11:10	1	W65	1951	06:00 29:11 30:35 32:06 33:15
23	531	Janhsen Anna	*Köln	2:11:17	3	W30	1984	06:03 29:03 30:02 31:54 34:14
24	524	Jeske Sandra	Team Special-Fitness	2:11:43	7	W35	1982	05:58 30:21 31:03 32:02 32:16
25	644	Grossenbacher Elke		2:15:16	1	W55	1960	06:36 32:07 32:23 32:35 31:33
26	645	Esser Heidrun		2:15:47	2	W55	1960	06:36 32:07 32:24 32:35 32:04
27	636	Panus Magdalena	bieganie.pl	2:18:10	6	W40	1978	06:13 31:53 32:50 33:12 34:00
28	617	Zade Miriam		2:19:29	4	WHK	1992	07:01 33:53 33:24 32:39 32:29
29	575	Linke Inge	*Köln	2:24:51	4	W45	1969	06:26 31:47 33:48 35:37 37:13
30	574	Weiss Elvira	*Bonn	2:25:32	3	W55	1961	06:04 31:13 34:06 35:44 38:22
31	555	Huang Serena	*Aachen	2:26:10	3	W50	1964	06:51 06:51 35:26 36:34 00:26
32	629	Haarkamp Stefanie	Pulheimer SC Radtoursistik	2:32:17	5	W45	1970	06:41 10:11 37:14 37:45 00:24
33	539	Ritterbach Caroline	TSV Bayer Dormagen	2:41:37	8	W35	1981	07:16 36:30 40:01 38:28 39:20
34	547	Münnich Tamara	TSV Bayer Dormagen	2:41:38	5	WHK	1989	07:16 36:30 40:01 38:28 39:21
35	518	Schumacher Alice	Juke runner	2:54:01	6	W45	1969	07:18 42:21 41:08 39:41 43:31
36	517	Jacobs Juliane	*Rheinbreitbach	3:01:46	9	W35	1981	07:37 42:14 42:04 43:44 46:05