

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
1	2	Bunte Marian	Bunert- Der Kölner Laufladen	1:39:41	1:39:42	1	M20		0:24:54	24:45	25:05	0:24:56
2	1	El Makrini Hakim	LT DSHS Köln eV	1:40:50	1:40:50	1	M40	75	0:24:19	24:42	25:31	0:26:16
3	1257	Winters Laurin	ASV Köln	1:44:33	1:44:34	2	M20	90	0:26:29	26:20	26:21	0:25:21
4	1930	Firmin Patrick	Run Squad CGN	1:46:06	1:46:09	2	M40	77	0:26:17	26:26	26:14	0:27:07
5	1567	Baumert Oliver	Miel	1:46:11	1:47:12	1	M35	82	0:26:56	26:33	26:20	0:26:21
6	2164	Drachler Tobias	Bunert- Der Kölner Laufladen	1:47:59	1:48:02	3	M20	90	0:27:11	26:58	26:55	0:26:54
7	2163	von Lusen Robert	Bunert- Der Kölner Laufladen	1:48:00	1:48:03	1	M30	86	0:27:11	26:58	26:56	0:26:53
8	963	Christen Peter	ASV Köln e.V.	1:51:26	1:51:28	1	M50	64	0:27:21	27:45	28:12	0:28:06
9	1395	Boehning Christian	SSF Bonn	1:51:57	1:51:59	2	M30	85	0:27:25	27:49	28:18	0:28:24
10	2126	Krause Christian	KTT01	1:54:34	1:54:38	3	M30	87	0:27:31	29:03	28:37	0:29:23
11	1366	Freyaldenhoven Jan	Köln läuft!	1:55:02	1:55:11	2	M35	83	0:29:03	28:56	28:10	0:28:51
12	1783	Fischer Gert	SUS Oberaden	1:55:18	1:55:23	3	M40	74	0:28:41	28:45	29:02	0:28:49
13	1405	Fischer Stefan	ASV Köln-Triathlon	1:55:18	1:55:23	1	M55	63	0:28:42	28:45	29:02	0:28:49
14	108	Böttcher Zaido	Kindertagespflege in Rösrath	1:56:13	1:56:16	4	M40	76	0:29:10	29:23	29:28	0:28:10
15	1817	Weis Yves	Celtic Diekirch	1:56:25	1:56:28	3	M35	83	0:30:11	29:45	28:49	0:27:38
16	1997	Pesch Robin		1:56:57	1:56:58	4	M20	91	0:27:34	29:03	29:07	0:31:13
17	1138	Kempfle Jens	*Meckenheim	1:57:54	1:57:56	1	M45	72	0:29:09	29:17	29:08	0:30:18
18	692	Braun Sascha	Freie Radikale	2:00:57	2:01:27	2	M45	73	0:30:10	29:52	30:17	0:30:36
19	1915	Kirsch Holger	TSV Kenten	2:01:03	2:01:18	3	M45	69	0:30:57	30:32	29:51	0:29:42
20	999	Steber Roland	*Windeck	2:01:33	2:04:30	4	M45	72	0:31:16	29:44	29:43	0:30:48
21	890	May Philipp	SLB	2:04:21	2:05:08	4	M35	80	0:30:52	30:53	31:17	0:31:18
22	384	Hofmann Peter	ASV Köln Lauftreff	2:04:31	2:04:45	2	M50	65	0:30:14	30:38	31:23	0:32:14
23	2168	Heeren Guido		2:05:32	2:05:42	3	M50	66	0:30:45	31:19	31:27	0:31:59
24	1321	Welte Johannes	Cologne Running Crew	2:06:00	2:06:22	5	M35	83	0:31:30	31:38	31:21	0:31:31
25	2080	Tretow Thorsten	ASL Kronach	2:06:14	2:06:19	4	M50	65	0:31:37	31:33	31:26	0:31:36
26	2156	Lotze Sven	RSV Aachen	2:07:17	2:07:21	5	M45	72	0:31:01	31:47	32:01	0:32:27
27	1481	Schmidt Michael	Köln Marathon Botschafter	2:07:32	2:07:50	5	M50	64	0:32:03	31:26	32:43	0:31:18
28	1971	Abke Tim	*Holzbach	2:08:06	2:08:26	5	M20	93	0:29:20	29:38	32:00	0:37:06
29	163	Piehler Björn	BSG DEVK KÖLN	2:08:16	2:08:31	5	M40	77	0:32:22	31:57	32:25	0:31:31
30	1312	Skrabania Heinz	*Overath	2:08:27	2:08:32	6	M50	66	0:31:54	32:27	32:20	0:31:44
31	1598	Brieden Matthias	Golfclub Liesen	2:08:29	2:10:10	4	M30	84	0:33:15	32:46	31:34	0:30:54
32	490	Bendel Michael	*Nörvenich	2:08:31	2:08:50	6	M35	82	0:30:45	31:21	32:38	0:33:45
33	1081	Heinemeyer Joachim	*Köln	2:08:35	2:08:42	7	M35	80	0:32:23	32:29	32:15	0:31:25
34	440	Wegner Andreas	Mehr-Gitarren.de	2:08:44	2:08:59	6	M40	77	0:31:35	31:55	32:11	0:33:01
35	493	Thiet Markus	*Mülheim an der Ruhr	2:09:42	2:09:47	7	M40	77	0:32:17	32:00	32:19	0:33:05
36	2137	Heier Sascha	KTT01	2:10:14	2:10:26	8	M40	76	0:31:18	32:00	31:46	0:35:08
37	1272	Flanagan Michael	*Hürth	2:10:17	2:12:11	8	M35	81	0:33:30	32:36	32:33	0:31:36
38	2142	Bäker Thomas	Born2Run	2:10:17	2:10:21	7	M50	64	0:31:05	31:55	33:19	0:33:57
39	1226	Klak Alexander	Cologne Running Crew	2:10:37	2:12:13	6	M20	92	0:33:55	32:58	32:54	0:30:48
40	1576	Fellner Christian	LG Rheinbach	2:11:06	2:12:49	9	M40	78	0:37:17	31:07	30:33	0:32:08
41	1861	Schmalenbach Stefan	DJK Gummersbach	2:11:23	2:11:31	6	M45	71	0:32:07	32:03	32:30	0:34:42
42	1177	Kerren Luc	*Bonn	2:11:23	2:12:16	7	M20	91	0:33:32	33:00	32:29	0:32:21
43	1283	Manke Adrian	May The Speedforce Be With M	2:11:25	2:11:37	5	M30	86	0:32:19	32:33	33:16	0:33:16
44	2146	Kirschner Christian		2:11:31	2:11:35	6	M30	88	0:32:00	32:29	32:40	0:34:20
45	2049	Raatz Marcus		2:11:37	2:12:37	9	M35	83	0:34:32	33:42	33:40	0:29:41
46	991	Mauer Matthes	*Köln	2:12:26	2:12:50	10	M35	83	0:33:35	32:58	33:02	0:32:49
47	448	Hetterle Alexander	*Köln	2:14:06	2:14:43	7	M30	87	0:36:17	36:01	30:36	0:31:10
48	2094	Schmitz Sebastian	Profitrise Sports	2:14:34	2:17:00	8	M30	88	0:36:22	33:14	32:17	0:32:40
49	719	Krebs Andreas	*Hürth	2:14:46	2:17:52	9	M30	84	0:34:49	33:28	32:51	0:33:37
50	2050	Roitzsch Christian		2:15:03	2:16:03	10	M30	88	0:34:32	33:42	33:40	0:33:07
51	764	Lindlahr Sebastian	Blueline Performance	2:15:05	2:15:36	8	M20	89	0:34:48	33:01	32:54	0:34:21
52	1105	Geiling Michael	LT Krefeld Oppum	2:15:14	2:15:23	11	M30	86	0:33:01	33:58	33:56	0:34:17
53	2046	Krawczyk Matthias		2:15:21	2:16:56	9	M20	92	0:33:57	33:40	33:42	0:34:00
54	1304	Feige Stefan	AC Inter Isso Isechtso	2:16:07	2:19:44	10	M40	78	0:35:16	34:53	32:57	0:33:00
55	2077	von Seht Enno	ASV Köln Triathlon	2:16:10	2:16:51	11	M35	82	0:34:58	36:19	33:12	0:31:39
56	1211	Herzbruch Ingo	1973	2:16:19	2:16:49	7	M45	73	0:36:17	34:39	33:22	0:32:00
57	203	Longerich Max	*Krefeld	2:16:36	2:16:44	10	M20	92	0:33:59	33:26	33:47	0:35:22
58	936	Lochner Dr. Stefan	*Köln	2:17:07	2:17:21	12	M35	81	0:33:48	34:38	34:10	0:34:29
59	1757	Sprink Meinolf	--	2:17:28	2:19:37	8	M50	65	0:34:25	33:46	33:54	0:35:22
60	981	Schiffmann Dominik	1. LC Wurschd 14	2:17:45	2:19:03	12	M30	85	0:35:10	34:27	34:28	0:33:38
61	348	Biedermann Thomas	*Köln	2:18:12	2:18:54	9	M50	66	0:34:33	34:41	34:46	0:34:10

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
62	2040	Spiess Stefan	ASV Köln Triathlon	2:18:31	2:19:12	8	M45	69	0:34:58	34:22	34:29	0:34:40
63	931	Bohrn Dr. Ulrich	LANXESS Roadrunners	2:18:33	2:20:30	13	M30	86	0:34:48	34:13	33:46	0:35:44
64	720	Hilgermann Manfred	*Bergneustadt	2:18:40	2:19:00	10	M50	64	0:37:29	36:05	36:20	0:28:44
65	1419	Knaub Richard	*Köln	2:19:12	2:19:36	11	M20	91	0:34:34	33:32	34:00	0:37:05
66	435	May Roland	Feuerwehr Rheinbach	2:19:15	2:21:08	11	M40	77	0:35:21	34:12	34:21	0:35:20
67	502	Münch Christopher	Feuerwehr Rheinbach	2:19:15	2:21:08	14	M30	84	0:35:21	34:11	34:21	0:35:20
68	1927	Stecher Christoph	*Frechen	2:19:27	2:23:08	15	M30	84	0:37:21	35:07	33:38	0:33:19
69	1477	Werner Dr. Sascha	LANXESS Roadrunners	2:19:50	2:21:47	9	M45	69	0:34:49	34:13	33:48	0:36:59
70	1009	Merola Christian	*Köln	2:20:10	2:23:10	12	M20	94	0:36:19	34:26	34:10	0:35:12
71	1772	Pelz Arne	Sonntagsläufer	2:21:20	2:22:44	16	M30	87	0:36:25	35:45	35:19	0:33:51
72	1103	Gößmann Rainer	*Köln	2:21:23	2:21:53	10	M45	73	0:36:15	35:08	34:41	0:35:17
73	601	Schmidt Michel	*Sankt Augustin	2:21:31	2:22:54	13	M35	80	0:39:49	36:26	33:25	0:31:50
74	486	Schmitz Sascha	1977	2:21:40	2:23:31	12	M40	77	0:34:37	34:57	35:16	0:36:50
75	825	Schmidt Norman	LT Südwest Karlsruhe	2:22:13	2:22:18	11	M45	70	0:36:31	36:45	37:09	0:31:47
76	974	Eckstein Raik	HELOT	2:22:28	2:23:47	13	M40	74	0:36:43	35:58	36:24	0:33:21
77	226	Thesing Hendrik	*Bad Honnef	2:22:46	2:24:25	14	M40	78	0:37:22	36:13	36:28	0:32:43
78	684	Haack Jürgen	Running Team Grafenberg	2:23:09	2:24:15	1	M60	57	0:36:01	35:12	35:43	0:36:12
79	810	Pojer Sven	*Hürth	2:23:29	2:25:12	15	M40	77	0:37:38	36:19	35:16	0:34:14
80	77	Hecker Dirk	*Hürth	2:23:29	2:25:12	16	M40	74	0:37:38	36:19	35:16	0:34:14
81	181	Taetz Timo	LT Emilia	2:23:47	2:26:20	17	M40	75	0:37:06	36:21	35:39	0:34:41
82	2018	Gabriel Thorsten		2:23:50	2:27:22	14	M35	79	0:38:21	35:50	34:56	0:34:40
83	41	Greif Uwe	Dürener TV 1847	2:24:01	2:24:23	11	M50	65	0:35:27	35:12	35:15	0:38:06
84	42	Schmitt Uwe	*Engelskirchen	2:24:07	2:25:04	12	M50	65	0:37:13	35:31	34:52	0:36:30
85	1104	Buil Michael	Provinzial Rheinland	2:24:11	2:24:18	2	M55	60	0:35:29	36:20	36:34	0:35:47
86	1820	Ollberg Sven	1985	2:24:21	2:24:41	17	M30	85	0:36:09	35:53	36:19	0:35:59
87	1556	Wieschollek Florian	Köln läuft!	2:24:22	2:24:48	13	M50	68	0:35:17	35:48	36:14	0:37:02
88	438	Von den Berg Jan	*Köln	2:24:31	2:24:36	18	M30	85	0:34:48	36:17	36:44	0:36:40
89	1547	Haffner Jörg	*Mönchengladbach	2:24:44	2:24:59	12	M45	71	0:35:41	35:33	36:09	0:37:21
90	948	Witt Andreas	Brander SV Tri Team	2:24:46	2:25:38	18	M40	77	0:38:36	36:27	35:01	0:34:41
91	1201	Trost Stefan	Laufzentrum Martinstraße	2:24:52	2:25:26	2	M60	58	0:35:55	36:46	36:06	0:36:04
92	1503	Surmann Paul	*Köln	2:25:05	2:28:39	13	M20	97	0:36:45	38:17	34:51	0:35:10
93	250	Gerardi Fabio	*Aachen	2:25:24	2:25:59	13	M45	72	0:36:59	35:21	35:44	0:37:17
94	1970	Scholzen Sven	*Köln	2:25:34	2:26:53	14	M45	71	0:36:43	35:59	36:24	0:36:27
95	2036	Dr. Erdmann Benedikt		2:25:39	2:26:30	3	M55	63	0:35:09	35:50	35:35	0:39:04
96	225	Von Kalckreuth Marcus	*Köln	2:25:44	2:27:23	15	M45	73	0:37:22	36:13	36:29	0:35:39
97	172	Ankel Markus	LT Starlight Team Essen	2:25:51	2:26:08	14	M50	67	0:34:41	36:26	36:41	0:38:02
98	22	Stracke Volker	Runnies United	2:25:56	2:28:50	16	M45	72	0:36:31	36:13	36:01	0:37:10
99	140	Seiwert Olivier	Köln läuft	2:26:27	2:30:26	19	M40	75	0:37:47	36:56	36:39	0:35:04
100	1234	Schorr Dennis	*Köln	2:26:31	2:26:56	15	M35	83	0:38:18	38:35	36:37	0:32:59
101	2001	Mertens Oliver		2:26:37	2:26:46	19	M30	84	0:34:51	35:06	37:03	0:39:36
102	58	Weingarten Gregor	Kilowatt Kalk	2:26:40	2:32:04	15	M50	65	0:35:47	36:32	36:52	0:37:27
103	1410	Bizjak Daniel Alexander	LG Senk-/Spreizfuß	2:27:11	2:27:22	14	M20	89	0:36:35	37:13	37:39	0:35:43
104	128	Jachtmann Guido	Team Erdinger Alkoholfrei	2:27:14	2:29:40	17	M45	72	0:36:33	36:22	36:54	0:37:24
105	765	Schneider Jürgen	TuS 07 Oberlar	2:27:18	2:30:57	4	M55	61	0:37:53	37:13	36:17	0:35:54
106	1750	Martens Jörn	Run of Colours Promoteam	2:27:48	2:30:47	5	M55	62	0:37:04	36:54	37:00	0:36:48
107	1813	Bulling Hartmut	GL8 Sport	2:28:43	2:31:32	6	M55	60	0:37:29	36:53	37:00	0:37:20
108	1829	Dittrich Winfried	SCB Horrem e. V.	2:28:47	2:30:32	7	M55	60	0:36:11	36:24	37:14	0:38:57
109	2084	Schroth Andreas		2:29:04	2:30:34	18	M45	70	0:36:50	37:06	37:16	0:37:50
110	1355	Macke Christoph	*Hennef	2:29:07	2:32:43	16	M35	79	0:38:46	37:27	36:35	0:36:18
111	896	Rütten Ingo	Running Team Grafenberg	2:29:08	2:30:14	17	M35	80	0:38:19	37:51	38:13	0:34:44
112	1846	Heinen Olaf	BV 08 Lüttringhausen	2:29:23	2:29:38	16	M50	66	0:37:12	37:06	37:40	0:37:24
113	468	Rath Frank	TV Hochneukirch	2:29:28	2:29:53	8	M55	61	0:37:31	37:35	37:25	0:36:56
114	1145	Disewiscourt Marc	*Warken	2:29:33	2:29:51	20	M30	84	0:34:14	32:46	33:58	0:48:33
115	2031	Kempter Fabian		2:29:59	2:31:33	21	M30	85	0:38:25	37:24	37:22	0:36:47
116	819	Assenmacher Kai	*Brühl	2:30:22	2:31:49	22	M30	86	0:37:59	36:45	37:15	0:38:22
117	1462	Rudolf Fabian	APE Cologne	2:30:32	2:31:18	15	M20	94	0:38:22	37:38	37:20	0:37:11
118	1068	Urban Frank	Team Erdinger Alkoholfrei	2:30:50	2:34:14	17	M50	68	0:38:11	37:10	37:29	0:37:59
119	269	Janßen Christoph	*Köln	2:30:55	2:33:43	23	M30	88	0:39:10	36:41	36:33	0:38:30
120	1960	Kasprzik Peter	LT Saaler Mühle	2:31:33	2:32:33	3	M60	58	0:38:11	36:56	36:40	0:39:44
121	915	Zielinski Mario	TUS Köln rrh.	2:31:45	2:32:33	20	M40	78	0:38:04	38:46	38:02	0:36:52
122	1607	Strohn Carsten	Suchthilfe gGmbH Leverkusen	2:32:24	2:33:15	19	M45	73	0:38:04	38:46	37:35	0:37:57

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
123	782	Cramer Mathias	Worringer Zähne Running Tea	2:32:35	2:33:20	20	M45	69	0:38:27	38:32	37:54	0:37:40
124	1324	Bienert Jörg	*Troisdorf	2:33:10	2:36:21	18	M50	65	0:37:23	37:15	38:08	0:40:23
125	171	Wentzel Christian	*Zülpich	2:33:13	2:34:11	18	M35	83	0:38:20	37:58	38:52	0:38:02
126	856	Mohrmann Moehre	Der Elf und seine Freunde	2:33:14	2:35:37	21	M45	73	0:38:40	40:06	37:40	0:36:46
127	1947	Globisch Kornel	DB RunningStars	2:33:29	2:35:27	22	M45	72	0:38:19	37:39	38:03	0:39:26
128	1613	Honecker Johannes	Kammerchor CONSTANT	2:33:52	2:35:05	16	M20	93	0:37:51	37:39	39:04	0:39:17
129	537	Wolber Kalle	*Köln	2:33:56	2:36:02	9	M55	63	0:38:11	36:26	37:35	0:41:42
130	1209	Mueller Stefan	Troisdorfer LG / Basketball	2:34:16	2:37:58	19	M50	65	0:39:59	38:19	37:24	0:38:32
131	919	Vogler Klaus	*Köln	2:34:17	2:35:10	4	M60	56	0:38:41	38:04	38:48	0:38:43
132	82	Büttner Rüdiger	Oldenburger Laufftreff	2:34:20	2:36:39	20	M50	68	0:39:28	38:11	37:55	0:38:45
133	1779	Hützen Peter	*Düsseldorf	2:34:47	2:36:55	21	M50	67	0:38:57	37:37	37:21	0:40:51
134	344	Kirk Michael	BSG Rheinpark	2:34:47	2:35:46	23	M45	71	0:38:07	37:58	37:58	0:40:43
135	1228	Boelter Thomas	ERGO sports Köln	2:34:52	2:35:10	10	M55	63	0:36:09	37:18	39:44	0:41:39
136	922	Petersen Niklas	Lauffreunde HADI Wesel	2:35:22	2:36:27	24	M30	84	0:39:05	38:33	38:58	0:38:43
137	1227	Koch Dennis	*Leverkusen	2:35:27	2:37:00	25	M30	88	0:38:04	37:32	38:03	0:41:47
138	508	Meyer Karsten	Oberodenthaler SC	2:35:41	2:37:33	22	M50	68	0:39:27	38:31	38:51	0:38:50
139	2148	Stromberg Andre		2:35:48	2:39:27	21	M40	74	0:39:46	36:43	37:08	0:42:09
140	2183	Roso Marcus		2:36:06	2:38:41	22	M40	75	0:40:07	38:51	39:08	0:38:00
141	1438	Lammens Maarten	*Hürth	2:36:30	2:40:02	19	M35	82	0:39:27	38:59	39:04	0:38:59
142	1580	Jeandree Peter	Selbstläufer SV Altenahr	2:36:38	2:37:31	23	M50	64	0:38:06	38:11	39:35	0:40:44
143	1058	Nagel Nikolaus	*Bad Schönborn	2:36:49	2:38:34	24	M45	72	0:40:54	39:16	39:45	0:36:53
144	1392	Helten Frank	*Köln	2:36:55	2:40:49	25	M45	71	0:40:37	39:10	38:13	0:38:53
145	1329	Zeumer Heiko	*Kerpen	2:37:34	2:38:45	23	M40	74	0:40:13	39:53	39:21	0:38:06
146	904	Bartnicki Frank	*Köln	2:37:36	2:40:07	24	M50	65	0:39:41	39:19	39:07	0:39:28
147	2006	Fels Torsten		2:37:53	2:38:17	24	M40	74	0:39:02	38:21	39:23	0:41:06
148	2159	Podzus Horst		2:37:58	2:38:20	11	M55	61	0:38:38	38:38	40:00	0:40:40
149	1401	Günther Christian	*Köln	2:38:09	2:41:27	26	M30	86	0:40:53	37:16	39:01	0:40:59
150	1019	Hoffmann Dirk	*Bergisch Gladbach	2:39:20	2:43:09	26	M45	69	0:42:53	40:11	38:41	0:37:34
151	50	Pütz Jürgen	LuST	2:39:29	2:42:50	27	M45	70	0:41:07	39:16	40:01	0:39:03
152	51	Simon Marc	LuST	2:39:30	2:42:50	25	M40	76	0:41:08	39:16	40:02	0:39:03
153	1566	Hermanns Stephan	LuST	2:39:30	2:42:51	12	M55	61	0:41:08	39:16	40:02	0:39:02
154	1190	Albrecht Dr. Jens	*Frechen	2:39:54	2:40:14	25	M50	68	0:37:06	38:32	39:53	0:44:22
155	1195	Stähler Thorsten	:anlauf Siegen	2:40:16	2:40:51	28	M45	72	0:38:56	39:24	39:17	0:42:38
156	1872	Neidhardt Jochen	*Rösrath	2:40:26	2:42:15	26	M50	64	0:40:06	39:34	39:23	0:41:21
157	2072	Wille Torsten		2:40:27	2:41:27	26	M40	74	0:39:31	38:35	38:52	0:43:26
158	2014	Buscher Tobias		2:40:29	2:43:54	29	M45	69	0:39:57	39:29	40:50	0:40:11
159	450	Kobalz Ludger	*Siegen	2:41:10	2:44:14	1	M65	52	0:41:16	39:41	39:52	0:40:20
160	1815	Giesder Jens	*Aachen	2:41:42	2:44:59	30	M45	71	0:41:13	39:44	41:44	0:38:59
161	52	Kunze Jochen	*Köln	2:41:49	2:47:12	31	M45	69	0:38:16	36:43	36:49	0:49:59
162	1015	Röhrscheid Johannes	*Köln	2:42:02	2:45:23	27	M30	87	0:42:10	41:00	40:46	0:38:05
163	246	Pisano Massimiliano	*Aachen	2:42:06	2:42:41	28	M30	85	0:39:51	39:11	40:35	0:42:28
164	1479	Dellaert Aron	Roads & Aces	2:42:30	2:45:00	27	M40	74	0:41:32	40:53	40:56	0:39:08
165	2041	Wagner Ralph	Team Laufcampus	2:42:33	2:45:26	32	M45	69	0:44:56	40:37	35:57	0:41:01
166	1468	Witsch Malte K.	Fortuna Düsseldorf	2:42:45	2:46:03	20	M35	81	0:43:37	41:12	40:32	0:37:22
167	1469	Brahmann Markus	Fortuna Düsseldorf	2:42:46	2:46:03	29	M30	84	0:43:38	41:13	40:32	0:37:22
168	1763	Zimmermann Michael	*Köln	2:42:47	2:45:12	30	M30	88	0:41:38	40:30	40:18	0:40:19
169	1835	Heinzen Arno	SSV Struemp Fondistas	2:42:51	2:44:43	33	M45	69	0:41:24	40:55	41:20	0:39:12
170	156	Jokisch Sven	Blueline Performance	2:42:51	2:43:23	34	M45	69	0:39:26	40:13	40:23	0:42:48
171	1631	Schwenck Christian		2:43:05	2:44:42	28	M40	74	0:38:56	38:47	40:01	0:45:19
172	1843	Furman Dirk	*Frechen	2:43:13	2:46:09	27	M50	65	0:38:28	38:36	40:11	0:45:56
173	877	Schmitz Wolfgang	Asphalt-Elch 01	2:43:16	2:44:08	5	M60	58	0:41:29	40:05	40:38	0:41:03
174	1505	Endrös Martin	*Kerpen	2:43:25	2:46:39	35	M45	72	0:41:30	40:33	40:56	0:40:25
175	2057	Cyganek Grzegorz		2:43:31	2:45:18	21	M35	79	0:41:19	38:00	38:26	0:45:44
176	1773	Frielingsdorf Stefan	SV Hellas Siegburg	2:44:35	2:47:59	13	M55	62	0:43:10	40:55	40:49	0:39:39
177	761	Schmelz Henning	*Leubsdorf	2:44:41	2:44:52	29	M40	77	0:38:05	38:36	40:15	0:47:44
178	567	Sell Martin	*Aachen	2:44:48	2:48:42	22	M35	83	0:46:52	45:27	36:36	0:35:51
179	1552	Körsgen Stefan	RBR e.V.	2:44:50	2:46:47	23	M35	83	0:40:19	39:54	40:30	0:44:07
180	1748	Schmergal Michael	LT Paffrath	2:45:06	2:48:21	14	M55	60	0:41:12	40:43	40:12	0:42:58
181	201	Engels Marcel	*Köln	2:45:19	2:49:03	24	M35	81	0:40:21	39:38	40:55	0:44:24
182	342	Neugebauer Dieter	:anlauf Siegen	2:46:06	2:46:41	15	M55	61	0:34:48	40:46	43:14	0:47:16
183	240	Küstlers Thomas	*Kerpen	2:46:16	2:49:40	28	M50	68	0:43:18	40:43	40:02	0:42:11

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
184	763	Börste Andreas	*Troisdorf	2:46:27	2:50:09	36	M45	72	0:41:08	38:59	40:18	0:46:01
185	1153	Deutschmann Mario	*Köln	2:46:31	2:47:55	30	M40	78	0:40:15	41:46	42:04	0:42:24
186	1193	Heiken Christian	Tus Valmetal	2:46:46	2:48:08	25	M35	81	0:40:27	39:16	40:50	0:46:11
187	1194	Heiken Matthias	Tus Valmetal	2:46:51	2:48:13	17	M20	90	0:40:27	39:16	40:50	0:46:16
188	336	Vogt Christoph	*Graben-Neudorf	2:47:13	2:51:07	31	M30	85	0:44:02	41:24	40:48	0:40:58
189	2125	Groß Bernd		2:47:59	2:48:55	37	M45	70	0:41:36	41:27	41:52	0:43:03
190	1534	Kujas Michael	*Remscheid	2:47:59	2:48:55	16	M55	63	0:41:35	41:29	42:04	0:42:49
191	1871	Linden Andi	*Bergisch Gladbach	2:48:00	2:49:49	29	M50	65	0:40:07	39:35	43:21	0:44:56
192	1383	Giagkidis Ioannis	*Köln	2:48:04	2:48:37	1	MU2	00	0:38:01	37:29	42:07	0:50:25
193	998	Junghans Benjamin	*Zülpich	2:48:55	2:52:47	26	M35	82	0:43:56	41:46	41:57	0:41:16
194	680	Walther Markus	*Köln	2:49:10	2:52:09	27	M35	82	0:41:19	39:38	42:08	0:46:04
195	758	Grendel Sascha	Volksbank Köln Bonn	2:49:31	2:50:55	31	M40	75	0:42:36	42:21	43:07	0:41:25
196	497	Maci Nicole	LLG80Nordpark Köln	2:49:38	2:53:52	38	M45	71	0:43:07	41:58	42:15	0:42:16
197	779	Schubach Arno	Meddys LWT Koblenz	2:50:09	2:51:29	30	M50	64	0:44:11	43:31	42:43	0:39:42
198	1767	Eiletz Niklas	*Troisdorf	2:50:36	2:54:19	18	M20	93	0:44:32	41:38	41:05	0:43:20
199	1051	Stetter Peter	Lichtscheid Runner Wuppertal	2:50:44	2:51:36	31	M50	65	0:40:43	41:52	42:57	0:45:10
200	465	Mielcarek Sascha	Kölner Stadtmusikanten	2:50:48	2:55:06	39	M45	72	0:43:36	42:38	42:28	0:42:04
201	1381	Omar Sabry	Butzweiler Fronrunner	2:51:04	2:53:26	32	M40	76	0:43:38	41:38	41:55	0:43:51
202	791	Pfeifer Matthias	*Köln	2:51:37	2:53:27	33	M40	78	0:42:57	41:28	42:34	0:44:36
203	840	Weirich Jan H.	*Köln	2:52:15	2:53:43	32	M30	88	0:42:56	42:38	43:18	0:43:21
204	835	Backs Olivier	SG-Stern Köln	2:52:42	2:54:30	32	M50	67	0:42:14	41:33	42:55	0:45:59
205	690	Tesch Andreas	*Köln	2:52:54	2:56:02	40	M45	69	0:42:09	42:10	42:44	0:45:49
206	2162	Wolff Jürgen	ProAthletes	2:53:36	2:54:36	41	M45	69	0:42:00	42:34	43:51	0:45:09
207	2182	Werner Ralf	ASV Köln	2:53:56	2:58:21	17	M55	59	0:44:47	43:28	43:44	0:41:56
208	1484	Schiffer Dr. Hans-Wilhel	LG RWE Power	2:54:01	2:54:15	2	M65	49	0:43:03	43:05	43:59	0:43:53
209	1498	Jeromin Jens	Jogmap Ruhr	2:54:02	2:56:50	34	M40	74	0:45:50	44:04	42:40	0:41:26
210	1421	Büttner Christoph	Marathon-Club Eschweiler	2:54:13	2:57:52	28	M35	83	0:45:11	45:50	48:00	0:35:11
211	881	Willms Philipp	*Leverkusen	2:54:45	2:57:25	19	M20	92	0:43:52	44:22	42:56	0:43:33
212	702	Eßer Wilfried	*Grevenbroich	2:54:46	2:58:25	33	M50	64	0:40:08	42:50	43:11	0:48:35
213	611	Oberbach Stefan	*Grevenbroich	2:54:46	2:58:25	34	M50	64	0:40:09	42:50	43:11	0:48:35
214	1254	Assencio Eduardo	*Köln	2:54:49	2:58:24	6	M60	58	0:44:27	41:42	43:43	0:44:56
215	1987	Paesch Horst	MST Laufpoint	2:55:29	2:58:43	35	M50	67	0:44:15	43:08	43:55	0:44:10
216	1733	Plück Thomas	LG Donatus Erfstadt	2:55:31	2:59:50	35	M40	74	0:46:43	46:34	43:59	0:38:15
217	1323	Gregor Michael	Horrem Warriors	2:55:54	2:57:04	36	M50	65	0:40:11	39:53	39:47	0:56:01
218	1490	Schloemer Randolf	*Köln	2:56:29	2:59:30	42	M45	71	0:42:16	41:30	43:22	0:49:20
219	443	In het Panhuis Erwin	*Köln	2:56:30	2:58:32	37	M50	65	0:42:10	43:33	44:57	0:45:48
220	1785	Winters Gereon	*Frechen	2:56:52	2:58:09	20	M20	92	0:45:27	44:23	43:01	0:43:59
221	244	Teller Steffen	*Essen	2:57:17	3:00:39	36	M40	76	0:40:56	41:03	44:29	0:50:47
222	205	Bicker Stefan	*Kerpen	2:57:32	3:00:55	38	M50	65	0:43:19	41:03	43:27	0:49:42
223	935	Birkenfeld Michael	*Hürth	2:59:25	3:00:13	39	M50	67	0:47:24	44:14	45:00	0:42:45
224	666	Schulenburg Bodo	*Köln	2:59:44	3:03:18	18	M55	62	0:43:53	46:31	44:17	0:45:02
225	613	Heine Roland	ASC Weißbachtal e.V.	3:00:57	3:03:07	7	M60	55	0:42:12	41:58	45:18	0:51:28
226	1984	Helmer Stefan	*Aachen	3:02:46	3:07:03	33	M30	84	0:45:32	45:05	45:45	0:46:23
227	1605	Twelmeyer Thomas	*Düsseldorf	3:02:46	3:07:04	34	M30	84	0:45:32	45:05	45:44	0:46:23
228	1376	Houben Mark	*Eschweiler	3:03:27	3:05:52	35	M30	84	0:47:01	46:21	45:46	0:44:16
229	747	Sabel Frank	*Köln	3:04:16	3:08:26	40	M50	67	0:45:23	44:53	45:39	0:48:19
230	1306	Baum Roger	*Mönchengladbach	3:05:45	3:07:16	29	M35	80	0:46:21	46:01	46:34	0:46:48
231	939	Weishaupt David Leona	Decathlon	3:06:24	3:10:12	21	M20	92	0:47:34	44:40	46:43	0:47:26
232	183	Schill Christoph	Team Erdinger Alkoholfrei	3:06:38	3:09:27	41	M50	66	0:45:57	46:43	47:18	0:46:39
233	1239	Schneiders Matthias	Laufen gegen Leiden	3:06:46	3:08:33	36	M30	84	0:45:41	45:53	46:23	0:48:47
234	872	Schreckhaas Markus	Roads & Aces	3:07:38	3:10:10	30	M35	79	0:47:09	47:33	46:18	0:46:38
235	1076	Stefanidis Thomas	*Wiehl	3:08:29	3:10:49	19	M55	63	0:46:58	46:24	48:49	0:46:16
236	1426	Cook James	*Düsseldorf	3:08:53	3:12:43	31	M35	83	0:48:34	47:28	46:49	0:46:00
237	420	Zander Roberto	*Köln	3:09:38	3:10:58	32	M35	82	0:46:34	47:37	47:46	0:47:41
238	1790	Schneider Stefan	MST Laufpoint	3:09:44	3:13:01	43	M45	71	0:46:11	45:37	47:22	0:50:33
239	2176	Falge Andreas	LT Paffrath	3:11:59	3:15:50	42	M50	68	0:47:03	47:52	47:34	0:49:28
240	1845	Jape Valeria	*Troisdorf	3:12:37	3:14:14	22	M20	91	0:46:03	47:17	50:27	0:48:48
241	2044	Meyer Hans		3:12:45	3:17:01	20	M55	61	0:46:54	48:00	49:19	0:48:31
242	968	Mutlu Hasret	*Aachen	3:16:23	3:19:06	23	M20	94	0:49:54	50:33	51:58	0:43:56
243	1370	Rössel Frank	*Euskirchen	3:19:32	3:22:40	21	M55	61	0:48:05	48:48	49:19	0:53:19
244	2135	Kolsche Olaf	Run For Fun	3:21:43	3:25:58	43	M50	67	0:49:04	46:54	49:24	0:56:20

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
245	26	Happ Christian	*Krefeld	3:29:18	3:30:32	33	M35	81	0:51:00	51:08	52:11	0:54:58
246	1280	Sauer Siegfried	Team Erdinger Alkoholfrei	3:30:42	3:30:55	3	M65	51	0:48:30	49:40	53:28	0:59:04
247	1028	Olbert Marc	Lt Hennef/Sieg	3:36:19	3:39:46	22	M55	61	0:54:22	53:59	54:54	0:53:03
248	110	Schneider Thorsten	*Bochum	3:37:11	3:37:37	34	M35	79	0:47:15	55:43	59:22	0:54:48
249	2153	Rösiger Martin		3:53:21	3:54:29	44	M50	68	0:52:05	55:27	00:30	1:05:18
250	2169	Olschewski Rainer		3:57:29	4:01:38	45	M50	66	0:56:17	56:42	00:02	1:04:27

## Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
1	2065	Schulze Susanne	Bunert- Der Kölner Laufladen	1:53:42	1:53:45	1	W40	75	0:28:01	28:33	28:34	0:28:31
2	1258	Schippa Beatrix	ASV Köln	2:05:02	2:05:04	1	W20	89	0:30:37	30:59	31:13	0:32:11
3	2157	Schmitz Anna	OSC Waldniel	2:05:42	2:05:45	2	W20	93	0:32:12	32:01	31:20	0:30:07
4	1014	Stürtz Steffi	Running Team Grafenberg	2:08:22	2:08:25	1	W30	86	0:31:48	32:21	32:41	0:31:31
5	298	Becker Kathrin	SportsbyMarcusRaatz	2:15:02	2:16:04	1	W35	82	0:34:31	33:43	33:39	0:33:07
6	124	Rick Sabine	Team Bäärr	2:15:11	2:16:06	2	W40	77	0:32:57	33:15	33:57	0:35:01
7	1923	Whybra-Döttelbeck Nat	*Pulheim	2:16:01	2:16:26	1	W45	70	0:32:36	33:02	34:31	0:35:50
8	1470	Jochum Carina	*Bonn	2:16:14	2:16:19	3	W40	74	0:32:17	33:16	34:30	0:36:10
9	2066	Froning Marianne	Bunert- Der Kölner Laufladen	2:16:43	2:16:50	4	W40	77	0:33:52	35:58	34:23	0:32:29
10	833	Gschwandtner Isabella	isi runner	2:19:16	2:19:43	5	W40	78	0:35:56	35:31	34:40	0:33:07
11	780	Niemann Rebecca	*Köln	2:21:54	2:24:01	2	W30	85	0:36:44	35:47	35:21	0:34:00
12	1356	Schwarz Denise	Mach 3 Köln e.V.	2:22:28	2:24:04	6	W40	78	0:35:04	35:28	35:38	0:36:17
13	1273	Stickel-Zimmermann Mo	mas-training	2:22:48	2:24:10	1	W50	68	0:35:19	36:35	35:46	0:35:07
14	1500	Hansen Anne	*Köln	2:22:52	2:26:10	3	W20	92	0:36:50	35:32	35:00	0:35:28
15	510	Bongers Magdalena	*Köln	2:23:19	2:24:34	4	W20	90	0:34:58	35:28	36:26	0:36:25
16	1094	Mück Heike	*Düsseldorf	2:23:41	2:27:04	3	W30	87	0:36:30	35:24	35:52	0:35:54
17	2114	Prescha Kristiane	Tri Cologne	2:25:35	2:26:07	2	W50	67	0:36:22	36:01	36:06	0:37:05
18	449	Hanebutt Steffi	*Köln	2:25:40	2:26:18	4	W30	86	0:36:17	36:02	35:59	0:37:20
19	806	Scheuren Petra	*Köln	2:27:10	2:27:22	7	W40	74	0:36:33	37:13	37:39	0:35:43
20	1866	Nordsiek Julia	LAZ Mönchengladbach	2:27:31	2:28:43	5	W20	94	0:36:56	36:04	37:24	0:37:06
21	1865	Nordsiek Sarah	LAZ Mönchengladbach	2:27:31	2:28:43	6	W20	94	0:36:56	36:04	37:24	0:37:06
22	1929	De Vos Luka	SSF Bonn	2:27:31	2:28:43	7	W20	92	0:36:56	36:04	37:24	0:37:06
23	1788	Böroid Stephanie	*Hürth	2:28:54	2:29:56	5	W30	87	0:36:23	35:47	36:09	0:40:34
24	636	Lutter Jasmin	BSG DEVK	2:29:06	2:32:43	2	W35	82	0:37:01	36:41	37:42	0:37:40
25	947	Albers Anja	Running Team Grafenberg	2:29:44	2:30:51	8	W40	77	0:38:19	37:52	38:13	0:35:20
26	629	Solbach Manuela	*Kirchen	2:29:50	2:31:22	2	W45	70	0:37:54	37:49	37:30	0:36:36
27	173	Feher Zsofia	*Köln	2:30:23	2:31:49	8	W20	90	0:37:59	36:45	37:15	0:38:23
28	1456	Nagler Sandra	APE Cologne	2:30:33	2:31:19	3	W35	83	0:38:22	37:38	37:20	0:37:12
29	1746	SCHRÖDER Jennifer	*Köln	2:31:16	2:32:40	4	W35	79	0:37:29	36:22	37:34	0:39:50
30	1996	Ekemi Berna		2:31:18	2:32:50	9	W20	90	0:38:52	38:55	36:25	0:37:04
31	1998	Rosenberg Lea	Dreambig	2:31:18	2:32:51	10	W20	93	0:38:52	38:55	36:25	0:37:05
32	1274	Kramer Yasmin	DJK Rheinkraft Neuss	2:32:10	2:32:35	11	W20	91	0:36:55	37:07	37:55	0:40:11
33	1735	Nawrot Anna	TuS Deuz	2:32:25	2:34:18	12	W20	92	0:37:22	39:09	36:44	0:39:08
34	926	Heister Anika	Lauftreff enorm	2:32:40	2:34:18	13	W20	90	0:37:36	37:44	38:19	0:39:00
35	925	Heister Julia	Lauftreff enorm	2:32:40	2:34:18	5	W35	82	0:37:36	37:44	38:19	0:39:00
36	1371	Leibner Anna	*Aachen	2:32:48	2:33:47	14	W20	93	0:36:12	37:05	40:25	0:39:05
37	857	Mohrmann Follow Holl	Der Elf und seine Freunde	2:33:14	2:35:37	3	W45	70	0:38:40	40:06	37:40	0:36:47
38	426	Bergfort Steffi	DasB-Team	2:34:13	2:35:06	9	W40	75	0:39:58	38:27	37:16	0:38:31
39	626	Mund-Rosenbauer Kat	Hühnerstall Crew	2:35:02	2:36:35	4	W45	73	0:38:05	38:05	38:49	0:40:02
40	917	Nürnberger Sophie	Running Team Grafenberg	2:35:06	2:36:14	6	W30	86	0:38:25	38:15	39:45	0:38:40
41	1365	Schumacher Patricia	*köln	2:35:16	2:38:25	5	W45	69	0:38:52	37:55	38:36	0:39:52
42	822	John Kerstin	LT Südwest Karlsruhe	2:35:30	2:35:39	10	W40	74	0:37:20	38:27	39:25	0:40:16
43	526	Adams Anika	*Niederzissen	2:35:46	2:38:45	7	W30	88	0:41:29	39:57	39:11	0:35:07
44	1475	Gerdas Julie	*Köln	2:36:23	2:39:21	11	W40	75	0:40:05	39:05	38:57	0:38:15
45	2186	Pinowar Ulla		2:36:28	2:38:27	8	W30	84	0:38:25	38:46	39:30	0:39:45
46	511	Lichtenthaler Carina	*Lohmar	2:37:34	2:40:53	6	W35	83	0:41:21	38:53	38:39	0:38:40
47	191	Mougawaz Muna	Polizei	2:37:37	2:38:39	12	W40	75	0:38:57	39:25	39:36	0:39:37
48	2005	Günther Pia		2:37:54	2:38:17	6	W45	72	0:39:03	38:21	39:23	0:41:06
49	1583	Tessmann Julia	SG Stadt Brühl	2:38:02	2:40:06	15	W20	92	0:37:27	37:10	40:20	0:43:04
50	656	Herzog Simone	Hühnerstall Crew	2:38:05	2:39:36	13	W40	78	0:37:57	38:14	40:15	0:41:37
51	1747	Berger Carola	Compressport-Huub Team Ge	2:38:51	2:39:00	3	W50	67	0:40:41	40:41	38:49	0:38:39
52	155	Kamenz-Jokisch Carme	Blueline Performance	2:39:35	2:40:06	7	W35	80	0:39:26	40:13	40:22	0:39:32
53	1759	Hagen Katrin	*Köln	2:40:27	2:41:47	7	W45	72	0:40:48	40:30	40:30	0:38:38
54	664	Preuß Anja	*Hagen	2:40:42	2:43:29	14	W40	78	0:40:19	40:04	38:44	0:41:35
55	1780	Schultheiss Meike	*Nümbrecht	2:40:44	2:43:43	8	W35	81	0:40:17	39:07	40:28	0:40:49
56	1781	Kotsomitopolou Zoi	*Gummersbach	2:40:44	2:43:43	8	W45	70	0:40:17	39:08	40:28	0:40:49
57	783	Cramer Stephanie	Worringer Zähne Running Tea	2:40:55	2:41:40	4	W50	67	0:40:14	39:49	40:14	0:40:38
58	1390	Czermin Tanja	Running Team Grafenberg	2:41:08	2:42:13	9	W35	80	0:42:12	41:24	39:38	0:37:52
59	668	Oschmann Meike	*Burscheid	2:42:01	2:44:20	1	WU2	99	0:42:09	39:53	38:35	0:41:23
60	1833	Lück Antonia	*Köln	2:42:03	2:45:24	9	W30	88	0:42:10	42:00	39:45	0:38:06
61	253	Pisano Rebecca Ariane	*Aachen	2:42:09	2:42:45	16	W20	89	0:39:52	39:10	40:35	0:42:30

## Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
62	1561	Wischeidt Claudia	*Köln	2:42:23	2:43:33	5	W50	65	0:41:26	40:24	40:17	0:40:15
63	1628	Bertrams Ulrike	SSV Strümp	2:43:11	2:45:06	1	W55	62	0:41:21	40:54	41:19	0:39:35
64	628	Boer Bettina	Hühnerstall Crew	2:44:52	2:46:25	6	W50	66	0:39:30	39:18	41:09	0:44:53
65	270	Bettello Andrea	TSV Ismaning	2:44:58	2:45:16	9	W45	71	0:37:12	39:47	43:31	0:44:26
66	301	Reindl Michele	*Düsseldorf	2:45:42	2:45:59	17	W20	90	0:39:52	40:57	42:04	0:42:48
67	1557	Mandel Sophie	*Köln	2:46:45	2:47:40	10	W30	85	0:41:24	41:29	42:08	0:41:43
68	1499	Birk Anna-Kristin	*Köln	2:47:04	2:50:29	11	W30	84	0:43:50	41:37	41:03	0:40:33
69	1125	Endruat Ulrike	LT Saaler Mühle	2:47:11	2:48:22	2	W55	62	0:40:15	40:40	41:44	0:44:30
70	28	Bickel Laure-Anne	*Zürich	2:47:57	2:51:36	18	W20	95	0:44:21	42:53	42:57	0:37:45
71	1535	Kujas Claudia	*Remscheid	2:47:59	2:48:56	7	W50	67	0:41:37	41:28	42:02	0:42:50
72	1279	Krüger Michaela	Team Bäärr	2:48:03	2:48:59	10	W35	81	0:41:46	42:04	42:23	0:41:49
73	803	Mai Susanne	Marathonteam-online	2:48:30	2:50:23	8	W50	64	0:42:57	41:44	42:33	0:41:15
74	309	Schmitz Yana	*Hückelhoven	2:48:58	2:49:35	12	W30	85	0:42:40	41:34	41:42	0:43:02
75	229	Schurke Steffi	Scheunencamp	2:48:59	2:49:36	11	W35	83	0:42:40	41:34	41:42	0:43:02
76	696	Tiggemann-Klein Claud	*Köln	2:49:22	2:50:33	10	W45	70	0:43:27	41:13	42:00	0:42:41
77	1050	Kind Verena	Colinians Cologne	2:49:27	2:52:00	12	W35	82	0:42:37	41:46	43:00	0:42:02
78	652	Pandur-Heinecke Mari	*Tönisvorst	2:50:39	2:51:55	11	W45	73	0:42:59	41:43	42:36	0:43:20
79	1417	Stramitzer Sabine	KSK köln	2:50:42	2:53:58	12	W45	73	0:42:21	42:18	43:19	0:42:42
80	1418	Brüderer Katja	KSK köln	2:50:42	2:53:58	13	W45	72	0:42:22	42:18	43:19	0:42:42
81	1156	Holdingshausen Bianca	*Mudersbach	2:50:58	2:53:12	15	W40	75	0:43:33	41:52	42:24	0:43:08
82	538	Neumann Sandra	*Nümbrecht	2:51:34	2:55:31	19	W20	91	0:44:07	42:16	43:36	0:41:34
83	790	Pfeifer Katrin Britta	*Köln	2:51:37	2:53:27	13	W35	79	0:42:57	41:28	42:35	0:44:36
84	1240	Klasen Heidi	Laufen gegen Leiden	2:51:45	2:53:32	16	W40	75	0:44:38	41:53	41:50	0:43:22
85	2118	Schroeter Gisela	LT SV Westum	2:51:47	2:52:07	1	W60	55	0:40:35	42:24	43:12	0:45:35
86	2003	Braun Silke		2:52:03	2:54:48	14	W45	70	0:43:22	41:58	42:20	0:44:21
87	583	Perkhof Jutta	*Bergheim	2:52:09	2:55:18	17	W40	76	0:42:43	43:20	43:48	0:42:17
88	841	Koll Sarah	*Köln	2:52:14	2:53:43	13	W30	85	0:42:55	42:39	43:18	0:43:20
89	1856	Mies Anke	*Bonn	2:52:21	2:56:21	14	W35	81	0:43:34	42:17	43:32	0:42:56
90	478	Ehlers Regina	Laufetse	2:52:23	2:55:00	2	W60	56	0:42:43	42:40	43:38	0:43:20
91	503	Schettler Magritt	*Neustadt Weinstraße	2:53:20	2:57:22	9	W50	64	0:43:32	42:18	43:32	0:43:57
92	1423	Cataldo Martina	*Essen	2:53:39	2:57:09	14	W30	86	0:45:40	43:58	43:10	0:40:49
93	836	Backs Annett	SG-Stern Köln	2:54:57	2:56:45	15	W45	69	0:42:12	41:33	43:28	0:47:43
94	1219	Klein Janice	*Köln	2:55:17	2:57:49	20	W20	97	0:45:09	42:10	41:59	0:45:57
95	1950	Brehler Anna	*Köln	2:55:30	2:58:49	21	W20	96	0:45:05	44:24	43:41	0:42:19
96	1420	Bijlard Ann-Christin	*Bergisch Gladbach	2:55:31	2:58:49	15	W30	87	0:45:05	44:23	43:41	0:42:19
97	2154	Hartmann Claudia		2:55:31	2:59:50	10	W50	65	0:46:43	46:33	43:59	0:38:15
98	1352	Daria Tobiasz	*Cologne	2:56:06	2:56:41	15	W35	83	0:44:41	44:16	44:34	0:42:34
99	1604	Genser Nina	*Düsseldorf	2:56:12	2:57:38	16	W45	72	0:42:54	43:24	44:09	0:45:43
100	685	Benzmüller Heike	*Köln	2:56:12	2:57:38	17	W45	71	0:42:55	43:24	44:09	0:45:43
101	987	Echtermann Sabine	*Nachrodt	2:56:33	2:58:32	18	W45	70	0:43:43	44:30	44:35	0:43:44
102	1816	Kleideiter Elke	*Aachen	2:57:36	3:00:54	18	W40	74	0:44:32	44:35	44:10	0:44:17
103	1961	Garcia Ebert Amparo S	LT Saaler Mühle	2:57:51	2:59:25	3	W60	57	0:43:04	42:12	45:43	0:46:50
104	1704	Musinski Saskia	TriCologne	2:57:55	2:58:55	19	W45	69	0:44:49	45:08	44:19	0:43:38
105	773	Gräf Silvia	*Lohmar	3:00:01	3:04:18	11	W50	68	0:44:20	43:59	45:32	0:46:09
106	151	Boekhoff Karin	Ruderverein Leer 1903 e.V.	3:00:17	3:02:45	3	W55	62	0:45:35	44:39	46:10	0:43:52
107	1723	Schulte Sandra	Marathon-Club Menden	3:00:45	3:04:30	16	W30	84	0:44:25	44:59	45:39	0:45:40
108	612	Jüngst Barbara	SG Siegen-Giersberg	3:00:56	3:03:07	4	W60	54	0:42:11	41:59	45:17	0:51:27
109	1353	Söhngen Sonja	VFL Wehbach	3:01:20	3:02:06	20	W45	72	0:44:46	45:20	47:31	0:43:41
110	167	Theisen Alexandra	*köln	3:03:06	3:03:40	12	W50	68	0:51:34	44:20	43:34	0:43:37
111	1178	Lotz Ulrike	Running Team Grafenberg	3:03:22	3:04:57	21	W45	71	0:45:12	45:32	45:49	0:46:48
112	746	Schöckel Claudia	*Köln	3:04:16	3:08:26	22	W45	70	0:45:23	44:53	45:39	0:48:19
113	1098	Reichert Carola	*Siegen	3:05:21	3:05:57	23	W45	70	0:44:46	45:41	46:30	0:48:22
114	1903	Heimes Anne	*Brüggen	3:05:30	3:08:12	19	W40	76	0:43:54	44:23	49:04	0:48:07
115	759	Teipel Vanessa	Cologne Running Crew	3:05:36	3:07:23	22	W20	93	0:45:10	45:24	46:24	0:48:37
116	1824	Günther Maria	Rhein Erft Runner	3:05:39	3:09:26	20	W40	77	0:45:36	45:25	47:45	0:46:51
117	651	Botson Kerstin	*Nideggen	3:05:43	3:08:59	21	W40	78	0:46:10	45:38	47:19	0:46:34
118	208	Schilling Carmen	*Buxtehude	3:06:06	3:08:10	13	W50	65	0:45:03	46:28	46:49	0:47:46
119	2008	Gracka Eva Katharina	ERGO sports Köln	3:06:22	3:10:12	22	W40	74	0:47:33	44:39	46:43	0:47:25
120	1926	Häck Gisela	Kreissparkasse Köln	3:06:32	3:09:51	1	W70	47	0:46:11	45:33	46:24	0:48:22
121	1948	Weber Lina	*Köln	3:06:40	3:08:42	23	W20	93	0:48:12	47:46	47:16	0:43:24
122	1241	Denzer Ina	Laufen gegen Leiden	3:06:47	3:08:33	17	W30	85	0:45:42	45:54	46:23	0:48:46

## Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
123	1121	Mellis Anna-Theresa	*Köln	3:07:00	3:07:19	24	W20	91	0:45:20	46:58	47:08	0:47:31
124	404	Prinz-Guardabasso Con	Rhein Erft Runner	3:08:03	3:11:50	23	W40	74	0:45:36	45:25	47:45	0:49:16
125	1235	Brockmann Jenni	Pace Pack Runners	3:08:05	3:09:39	24	W40	77	0:47:33	46:48	48:25	0:45:17
126	1080	Schaffranek Andrea	1964	3:08:29	3:10:49	14	W50	64	0:46:58	46:24	48:49	0:46:16
127	1623	Badde Carolina	*Bergisch Gladbach	3:09:09	3:13:36	18	W30	87	0:48:58	47:04	47:41	0:45:23
128	419	Zander Cathrin	*Köln	3:09:38	3:10:58	19	W30	85	0:46:34	47:36	47:46	0:47:40
129	843	Wolf Petra	ERGO sports Köln	3:10:11	3:12:49	15	W50	65	0:44:47	45:34	48:54	0:50:54
130	152	Niggenaber Heike	*Erfstadt	3:10:22	3:12:49	16	W50	68	0:46:58	46:27	48:56	0:48:00
131	913	Hille Sarah	*Essen	3:10:39	3:14:15	20	W30	87	0:47:12	46:25	47:56	0:49:04
132	1202	Jeandree Petra	Selbstläufer SV Altenahr	3:13:19	3:14:13	24	W45	69	0:47:10	48:28	48:42	0:48:58
133	29	Can Mediha	*Köln	3:15:08	3:17:38	1	W65	53	0:46:30	46:52	49:23	0:52:21
134	1912	Freuen Stefanie	*Nideggen	3:15:34	3:18:12	25	W40	74	0:47:15	47:20	50:12	0:50:45
135	70	Herrmann Sandra	Team Erdinger alkoholfrei	3:15:54	3:19:41	26	W40	78	0:50:01	48:38	48:46	0:48:28
136	1542	Tumat Laura	*Wiehl	3:16:30	3:18:50	25	W20	95	0:48:14	48:27	48:40	0:51:08
137	1855	Florczak Claudia	TV Dellbrück	3:19:14	3:20:19	17	W50	64	0:45:31	48:44	51:46	0:53:12
138	561	Schumacher Alice	Juke Runner	3:26:41	3:28:24	25	W45	69	0:49:06	51:22	52:40	0:53:31
139	1029	Hahs Eveline	Lt Hennef/Sieg	3:36:39	3:40:07	5	W60	58	0:54:22	53:59	54:55	0:53:22
140	1749	Schmergal Monika	LT Paffrath	3:40:24	3:43:39	2	W65	52	0:52:56	53:03	55:50	0:58:34
141	914	Kroll Nadine	*Leverkusen	3:44:46	3:44:46	21	W30	84	0:55:50	52:46	56:54	0:59:14