

10 km - Gesamtwertung

14. Fuchsienlauf Ihlow - 29. Juni 2018

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	784	Valentin David		0:33:06	0:33:07	1	M20	1990	12:18 10:27 10:19
2	599	Ringering Onno	MTV Aurich	0:35:22	0:35:23	1	M50	1968	13:04 11:14 11:03
3	605	Cordes Carsten	TuS Eversten	0:38:53	0:38:56	2	M20	1989	14:00 12:14 12:39
4	546	Peschke Jonas	*Hinte	0:39:50	0:39:53	1	MU18	2002	14:44 12:36 12:29
5	488	Warsing Hartmut	LG TV Bunde	0:40:35	0:40:38	1	M45	1971	14:56 12:52 12:46
6	545	Meinke Kevin	*Hinte	0:40:46	0:40:49	2	MU18	2002	14:44 12:51 13:10
7	556	Wallis Daniel	LG Harlingerland	0:41:06	0:41:10	3	M20	1994	14:45 12:59 13:21
8	409	Brem Thomas	MTV Aurich	0:43:00	0:43:03	2	M45	1970	16:01 13:42 13:16
9	328	Ostermoor Frank	Judo Team Leer VFR Heisfelde	0:43:07	0:43:09	3	M45	1971	15:35 13:45 13:46
10	396	Schepker Lars	Rolf Janssen Gruppe	0:43:12	0:43:17	1	M35	1980	15:52 13:32 13:46
11	311	Schäfer Marco Julian	LG Ostfriesland	0:44:00	0:44:02	4	M20	1992	15:49 14:04 14:05
12	301	Christians Borchard	LG Ostfriesland	0:44:04	0:44:08	1	M60	1958	16:29 13:56 13:38
13	583	Siebelts Arnd	Bv Südarle	0:44:11	0:44:14	2	M50	1967	16:31 13:56 13:43
14	494	Janssen Reno	Schornsteinfeger Janssen	0:44:08	0:44:17	2	M35	1980	16:25 13:53 13:47
15	714	Kolthoff Günther	LG TV Bunde	0:44:34	0:44:44	1	M40	1975	16:14 14:09 14:11
16	502	Block Wilhelm	2-Rad Center Block GmbH Aurich	0:44:41	0:44:46	3	M35	1980	16:22 14:14 14:04
17	304	Stürzl Sebastian	*Aurich	0:44:42	0:44:46	1	M30	1986	16:22 14:13 14:05
18	394	Brahms Marcel	SV Stikelkamp	0:45:08	0:45:16	5	M20	1994	16:26 14:13 14:29
19	766	Fleißner Onno	Ihlowerfehn	0:45:13	0:45:20	4	M35	1979	16:19 14:18 14:35
20	482	Janssen Ingo	Leinerstift Jugendatelier	0:45:12	0:45:21	5	M35	1981	16:43 14:23 14:05
21	971	Harms Udo	Team Slaufen	0:45:24	0:45:30	6	M35	1981	16:28 14:16 14:39
22	531	Buß Timo	Raiffeisen-Volksbank eG	0:45:26	0:45:31	2	M30	1984	16:27 14:18 14:40
23	512	Denekas Heiko	*Aurich	0:45:30	0:45:37	7	M35	1983	16:28 14:27 14:35
24	629	Nanninga Jochen	TV Norden	0:45:47	0:45:52	3	M50	1967	16:30 14:30 14:46
25	514	Thien Julian	*Nordhorn	0:45:42	0:45:53	3	M30	1988	17:17 14:17 14:07
26	964	Boettcher Bernd		0:46:15	0:46:26	2	M40	1976	16:56 14:38 14:40
27	972	Gerdes Andre	Team Slaufen	0:46:21	0:46:26	8	M35	1980	16:35 14:50 14:55
28	596	Best Erwin	*Aurich	0:46:23	0:46:29	3	M40	1975	16:15 14:46 15:20
29	416	Hinrichs Andreas	LG Ostfriesland	0:46:29	0:46:36	4	M50	1964	17:01 14:43 14:43
30	315	Baumann Jens	Holtland	0:46:52	0:46:55	4	M40	1977	17:00 14:51 15:00
31	706	Alberts Thomas	Loppersum	0:46:51	0:46:57	9	M35	1981	17:06 14:44 15:00
32	548	Dreyer Frank	*Ihlow	0:47:04	0:47:11	4	M45	1969	17:04 15:05 14:54
33	380	Gerdes Helmut	LG Fliegerhorst Upjever	0:47:07	0:47:21	5	M45	1972	17:35 14:49 14:43
34	712	Balzen Andree	*Aurich	0:47:22	0:47:28	10	M35	1983	16:52 15:20 15:10
35	575	Honczech Michael	TSV Riepe	0:47:29	0:47:35	6	M45	1971	17:10 15:06 15:11
36	334	Grasse Holger	TuS Zetel	0:47:35	0:47:39	5	M50	1965	17:02 15:07 15:25
37	632	Janssen Marko	TV Norden	0:47:50	0:47:59	11	M35	1981	17:35 15:10 15:04
38	559	Schmidt Sascha	*Ihlow	0:47:51	0:48:00	5	M40	1975	17:10 15:12 15:29
39	347	Janssen Karsten	Bohlen & Doyen	0:47:54	0:48:05	12	M35	1981	17:36 15:18 15:00
40	962	Janssen Siegfried	Moorloope	0:48:34	0:48:41	2	M60	1955	17:53 15:21 15:19
41	974	von Kentzinsky Roland	TG Wiesmoor	0:48:41	0:48:45	1	M70	1948	17:40 15:35 15:26
42	791	Pappen Walter		0:48:51	0:49:00	6	M50	1967	17:13 15:38 15:59
43	479	Schwarz Nils	Einzelläufer	0:48:59	0:49:12	7	M50	1968	17:28 15:37 15:53
44	963	Habben Bernd	SV Wybelsum	0:49:10	0:49:22	1	M55	1960	17:48 15:25 15:56
45	310	Tunder Hartmut	MTV Aurich	0:49:11	0:49:23	2	M55	1961	18:38 15:23 15:09
46	359	Vüst Stefan	not fast, not furious	0:49:13	0:49:24	4	M30	1984	18:12 15:29 15:31
47	792	Bartowski Gert		0:49:17	0:49:28	5	M30	1986	18:13 15:29 15:34
48	309	Grünefeld Frank	Fc Oldersum	0:49:29	0:49:35	6	M40	1974	17:34 15:38 16:16
49	326	Blenk Michael	BVO Emden	0:49:37	0:49:51	8	M50	1966	18:37 15:35 15:24
50	689	Warsing Udo	TV Bunde	0:49:50	0:49:58	7	M45	1971	18:36 15:43 15:30
51	393	Schoone Jens	Bohlen & Doyen	0:49:55	0:50:06	7	M40	1976	17:57 15:55 16:03
52	576	Ukena Hartmut	*Hinte	0:49:52	0:50:07	9	M50	1968	18:22 15:34 15:55
53	597	Cramer Frank	Gemeinde Grossefehn	0:49:55	0:50:07	8	M40	1975	18:36 15:43 15:35
54	319	Knop Thomas	Jade Hochschule	0:50:00	0:50:08	10	M50	1967	18:31 15:44 15:44
55	969	Thieben Andreas		0:50:19	0:50:26	3	M55	1963	18:12 15:53 16:14
56	616	Michael Eden	EMA Running Group	0:50:25	0:50:34	8	M45	1973	17:56 16:12 16:16
57	434	Sandomier Stefan	JF-Ihlowerfehn	0:50:30	0:50:38	13	M35	1983	17:29 16:20 16:40
58	628	Akkermann Jens	*Leer	0:50:38	0:50:50	14	M35	1983	18:13 15:50 16:34
59	613	Fähmel Björn	TVM Störtebeker Loopers	0:51:12	0:51:16	15	M35	1981	18:33 16:21 16:17
60	723	Schepers Herbert	team2consult	0:51:47	0:51:51	4	M55	1962	18:34 16:39 16:34
61	570	Böhme Peter	BW Borssum	0:52:05	0:52:20	11	M50	1967	18:59 16:35 16:29
62	630	Strupp Manfred	TV Norden	0:52:18	0:52:25	2	M70	1945	19:11 16:36 16:30

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Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
63	392	Steinfelder Wolfgang	*Weener	0:52:27	0:52:38	12	M50	1968	18:30 16:51 17:05
64	975	Frühling Uwe	Lions Club Ihlow - Sbl.	0:52:37	0:52:40	9	M45	1969	17:19 16:28 18:49
65	562	Alberts Alfred	Los Strandos	0:53:25	0:53:30	13	M50	1967	19:06 17:03 17:15
66	777	Brake Robert		0:53:16	0:53:31	6	M30	1986	19:55 17:00 16:19
67	481	Kohl Jürgen	Ski Club Wangerland	0:53:49	0:54:02	14	M50	1967	19:41 16:56 17:12
68	472	Werl Sebastian	ZujaB	0:53:58	0:54:05	16	M35	1983	20:03 17:00 16:55
69	469	Rolfs Mario	*Großefehn	0:54:00	0:54:13	9	M40	1977	19:41 17:16 17:02
70	957	Fischer Gerhard	MTV Aurich-Triathlon	0:54:16	0:54:34	10	M40	1976	19:38 17:09 17:28
71	324	Marchand Pascal	*Emden	0:54:33	0:54:46	7	M30	1988	19:32 17:26 17:35
72	697	Berghaus Joachim	Vfb Uplengen	0:54:45	0:54:58	15	M50	1968	19:26 17:41 17:37
73	0	unbekannt DT48FXM		0:54:46	0:54:58	6	M20		19:26 17:41 17:37
74	408	Bühren Hendrik	*Aurich	0:54:43	0:54:58	17	M35	1980	20:06 17:19 17:17
75	598	Koenen Michael	*Weener	0:54:47	0:55:03	10	M45	1973	19:52 17:08 17:46
76	360	Kutscher Heino	not fast, not furious	0:55:20	0:55:33	11	M45	1973	20:12 17:40 17:27
77	431	Hamphoff Jörg	MOIN wacht man even	0:55:23	0:55:37	7	M20	1995	19:30 17:36 18:16
78	430	Voss Kevin	MOIN wacht man even	0:55:25	0:55:39	8	M20	1993	19:01 18:05 18:18
79	414	Dorfmueller Pepe	LG Fliegerhorst Upjever	0:55:38	0:55:47	5	M55	1962	20:41 17:28 17:27
80	690	Duda Heiko	*Ihlow	0:55:49	0:56:03	16	M50	1967	19:38 18:04 18:07
81	967	Meenken Mareke	Maja-Team	0:56:09	0:56:21	6	M55	1962	20:12 17:50 18:07
82	358	Kempny Ralf	not fast, not furious	0:56:13	0:56:26	17	M50	1968	19:29 18:37 18:06
83	398	Saßen Frank	LEO-Club Wiesmoor	0:56:35	0:56:52	8	M30	1987	19:55 17:54 18:46
84	787	Busch Jan	SO Holtland	0:57:24	0:57:32	3	M70	1948	20:17 18:21 18:45
85	580	Haschenburger Werner	BSG Volksbank Jever	0:57:56	0:58:09	3	M60	1955	20:53 18:25 18:38
86	568	Brunn Wolfgang	KV-Pappnasen	0:58:21	0:58:32	4	M60	1958	21:25 18:40 18:15
87	305	Frieden Arno	LT Jägerstrasse	0:58:40	0:58:58	12	M45	1971	21:01 18:28 19:11
88	960	Otte Bernfried	Racebook	0:59:53	1:00:06	5	M60	1956	21:19 19:08 19:24
89	467	Schlotterbeck Roland	Schwabe und Hesse	1:00:22	1:00:34	18	M50	1964	21:11 19:26 19:44
90	308	Müller Gerold	*Aurich	1:00:58	1:01:07	13	M45	1970	21:35 19:23 19:58
91	506	Habben Lothar	LT TuS Aurich-Ost	1:03:09	1:03:26	19	M50	1967	22:48 20:06 20:14
92	411	Ravenschlag Emii	*Aurich	1:04:11	1:04:25	1	M65	1950	21:13 20:06 22:51
93	313	Kompaan Theo	Theo löpt	1:10:18	1:10:35	9	M20		25:10 22:34 22:33

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Frauen

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	340	Schwarz Tanja	MTV Aurich	0:38:59	0:39:01	1	W40	1977	14:08 12:25 12:25
2	611	Saathoff Katharina	Sv Warsingsfehn	0:40:43	0:40:46	1	WU20	2000	14:47 12:57 12:58
3	547	Franzen Insa	LG TV Bunde	0:43:09	0:43:12	1	W35	1983	15:34 13:45 13:49
4	633	Janssen Claudia	TV Norden	0:44:16	0:44:18	2	W35	1980	16:01 14:08 14:05
5	965	Baumann Marion	TuS Zetel	0:47:35	0:47:39	1	W45	1971	17:03 15:07 15:24
6	496	Decker Hilke	MTV Aurich	0:47:44	0:47:50	1	W20	1998	17:02 15:13 15:28
7	591	Carstens Eva	TSV Riepe	0:47:53	0:47:58	2	W45	1973	17:12 15:13 15:27
8	789	Fischer Rika	Team Stromann	0:48:23	0:48:27	2	W20	1994	17:44 15:09 15:29
9	489	Troff Marie	LT TUS Aurich -Ost	0:49:47	0:49:51	3	W20	1994	18:07 16:01 15:38
10	796	Freudenberg Gesa	Ihlowerfehn	0:49:55	0:50:04	3	W35	1982	17:57 15:53 16:05
11	581	Ramaker Birgit	Deich8	0:50:19	0:50:25	3	W45	1972	17:59 15:59 16:20
12	341	Falkena Trijntje	MTV Aurich	0:52:04	0:52:15	4	W35	1982	18:50 16:27 16:45
13	369	Maschke Silke	MTV Aurich	0:52:14	0:52:22	5	W35	1982	19:04 16:35 16:34
14	378	Focken Ina	*Ihlow	0:52:56	0:53:03	1	W30	1988	18:57 16:54 17:05
15	465	Saathoff Claudia	LT TuS Aurich-Ost	0:53:00	0:53:05	4	W45	1970	19:17 16:53 16:49
16	471	Miener Julia	LG Fliegerhorst Upjever-ZujaB	0:53:22	0:53:28	6	W35	1983	20:03 17:00 16:18
17	503	Ulferts Antje	*Ihlow	0:53:26	0:53:41	4	W20	1996	19:00 16:59 17:27
18	410	Treue Najat	Emder LG	0:54:18	0:54:30	2	W40	1974	20:17 17:05 16:55
19	504	Hugen Sigrid	*Upgant-Schott	0:55:05	0:55:17	5	W45	1972	20:07 17:35 17:22
20	515	Richter Wibke	LG Fliegerhorst Upjever	0:55:38	0:55:46	6	W45	1972	20:41 17:28 17:27
21	968	Stamm Tina	LG Fliegerhorst Upjerer	0:55:38	0:55:46	3	W40	1978	20:42 17:29 17:26
22	973	Best Carola	Moordörper Freetiedloopers	0:55:58	0:56:08	4	W40	1976	20:22 17:45 17:51
23	524	Ubben Martina	*S	0:56:20	0:56:30	5	W40	1974	21:11 17:50 17:18
24	332	Wirgenings Ursula	MTV Aurich/ TEA	0:57:39	0:57:48	1	W50	1965	20:54 18:16 18:27
25	951	Janssen Margret	MTV Aurich	0:57:39	0:57:48	6	W40	1974	20:55 18:16 18:27
26	776	Schulte Anna-Lena		0:58:15	0:58:31	5	W20	1991	21:18 18:27 18:29
27	966	Gronwald Anja		0:58:31	0:58:45	7	W40	1977	21:01 18:45 18:44
28	363	Sonntag Christin	*Aurich	0:58:34	0:58:48	2	W30	1987	21:13 18:48 18:32
29	375	Werner Jalyna	*Edeweicht	0:59:40	0:59:48	3	W30	1986	20:58 19:16 19:26
30	603	Geerdes Sandra	Gandersum	1:00:15	1:00:31	8	W40	1976	21:58 18:57 19:18
31	438	Lowack Venja	*Aurich	1:03:39	1:03:54	6	W20	1990	22:44 20:10 20:43
32	627	Oremek Xenia	*Aurich	1:03:39	1:03:54	7	W20	1990	22:44 20:10 20:43
33	970	Sanwald Hanna	Eben-Eser-Moomerland	1:08:16	1:08:33	1	W55	1962	23:43 21:59 22:34
34	435	Wagenschütz Sanne	LT TuS Aurich-Ost	1:08:59	1:09:14	7	W35	1979	24:17 00:00 00:00
35	314	Kompaan Insa	Insa löpt	1:10:18	1:10:35	2	W55	1959	00:00 00:00 00:00