

10 km - Gesamtwertung

11. Sparkassenlauf Aurich - 16. Juni 2018

Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	953	Waschkau Jan	TUS Weene	0:36:00	0:36:01	1	M40	1977	12:08 11:43 12:08
2	951	Köhler Jan-Aiko	Emder LG	0:36:19	0:36:21	1	M20	1997	12:16 12:00 12:03
3	954	Ibrahim Mahmud	Emder LG	0:36:58	0:36:59	2	M20	1993	12:17 12:16 12:24
4	585	Grigat Holger	MTV Aurich	0:37:06	0:37:07	1	M45	1973	12:25 12:18 12:22
5	961	Mennenga Ralf	Emder LG	0:39:01	0:39:03	2	M40	1976	12:49 13:04 13:07
6	819	De Jonge Stefan	TuS Weene	0:39:19	0:39:21	3	M40	1976	12:49 13:28 13:01
7	946	Schmidt Jörg	TUS Weene	0:40:01	0:40:03	1	M30	1984	13:19 13:15 13:25
8	833	Bambey Sebastian	Fortuna Logabirum	0:40:35	0:40:39	2	M30	1987	13:28 13:23 13:43
9	943	Maibaum Lars	LT Tus Aurich-Ost	0:41:24	0:41:24	2	M45	1971	13:56 13:43 13:44
10	770	Koch Jonas	Emder Laufgemeinschaft	0:41:30	0:41:32	3	M20	1994	13:22 14:04 14:03
11	956	Warsing Hartmut	LG TV Bunde	0:41:32	0:41:34	3	M45	1971	13:54 13:43 13:54
12	749	Schleinhage Lars	RSC Papenburg	0:42:10	0:42:10	1	M35	1979	14:06 13:58 14:05
13	552	Bickel Thorsten	1. TCO	0:42:24	0:42:27	1	M50	1964	14:00 14:05 14:19
14	625	Villamil David	*Aurich	0:42:38	0:42:42	3	M30	1986	14:16 14:07 14:14
15	818	Müller Lupus	Eben-Eser Moormerland	0:42:41	0:42:44	2	M35	1979	13:58 14:14 14:29
16	527	Christians Borchard	LG Ostfriesland	0:42:59	0:43:02	1	M60	1958	14:37 14:10 14:11
17	525	Ostermoor Frank	Mittegroßefehn Runners	0:43:22	0:43:23	4	M45	1971	14:24 14:21 14:36
18	719	Schepker Lars	Rolf Janssen Gruppe	0:43:22	0:43:33	3	M35	1980	14:23 14:15 14:43
19	511	Stürzl Sebastian	LT TUS Aurich-Ost	0:43:46	0:43:49	4	M30	1986	14:30 14:38 14:37
20	848	Janßen Nils	TV Norden	0:44:16	0:44:24	4	M20	1995	13:48 14:59 15:27
21	529	Schäfer Marco Julian	LG Ostfriesland	0:44:15	0:44:25	5	M20	1992	14:42 14:47 14:46
22	739	Block Wilhelm	2-Rad Center Block GmbH Aurich	0:44:34	0:44:38	4	M35	1980	14:17 14:52 15:24
23	800	Siebelts Arnd	Bv Südarle	0:45:05	0:45:08	2	M50	1967	14:32 14:55 15:36
24	748	Albers Jürgen	SC04Leer	0:45:16	0:45:22	5	M45	1969	15:02 15:07 15:06
25	576	Von der Assen Ralf	Team Laufrausch Oldenburg	0:45:23	0:45:27	5	M35	1981	14:17 15:15 15:50
26	809	Janssen Ingo	Leinetstift	0:45:28	0:45:37	6	M35	1981	15:03 15:21 15:04
27	926	Tabbert Frank	LG Ostfriesland	0:45:51	0:45:55	3	M50	1965	15:23 15:05 15:22
28	952	Boettcher Bernd		0:45:52	0:46:00	4	M40	1976	15:17 15:04 15:31
29	502	Wulle Thomas	MTV Aurich	0:45:56	0:46:01	1	M55	1963	15:16 15:07 15:32
30	617	Kreilkamp Herbert	*Mülheim an der Ruhr	0:46:02	0:46:06	4	M50	1964	14:52 15:25 15:44
31	541	Akkermann Horst	*Dornum	0:46:09	0:46:16	5	M40	1976	15:38 15:20 15:10
32	709	Ulferts Oltmann	SV Holtland	0:46:26	0:46:31	5	M50	1964	14:50 15:25 16:10
33	507	Alberts Thomas	Loppersum	0:46:31	0:46:34	7	M35	1981	15:45 15:22 15:23
34	619	Röben Holger	Fortuna Logabirum	0:47:12	0:47:23	6	M45	1973	16:11 15:25 15:35
35	772	Bruns Ingo	LT TuS Aurich-Ost	0:47:23	0:47:31	5	M30	1984	15:42 15:26 16:15
36	631	Mannott Jens	TSV Großenkneten	0:47:25	0:47:32	8	M35	1982	15:42 15:22 16:20
37	802	Kassens Guenther	radsportgruppe hage	0:47:35	0:47:43	2	M55	1962	16:02 15:42 15:50
38	564	Sörös Manfred	AUR-LiLoFit	0:47:44	0:47:49	9	M35	1981	15:11 15:34 16:58
39	827	Peters Marc-Andie		0:47:58	0:48:03	7	M45	1971	15:47 15:52 16:17
40	622	Janssen Reno	*Aurich	0:48:05	0:48:14	10	M35	1980	14:38 16:08 17:18
41	639	Zagonel Marco	Team Enercon	0:48:10	0:48:18	6	M40	1976	16:08 15:46 16:15
42	563	Kathe Jens	*Ihlow	0:48:21	0:48:33	6	M20	1989	16:04 15:49 16:27
43	799	Janssen Marko	TV Norden	0:48:37	0:48:47	8	M45	1971	16:31 16:04 16:01
44	950	Janßen Siegfried		0:48:36	0:48:48	2	M60	1955	16:36 15:57 16:03
45	944	Lindter Michael	MTV Aurich	0:49:08	0:49:15	9	M45	1970	16:42 16:07 16:18
46	806	Bloempott Thorsten	BW Borssum	0:49:07	0:49:18	10	M45	1973	16:24 16:13 16:30
47	771	Sandomier Stefan	FF Ihlowerfehn	0:49:18	0:49:24	11	M35	1983	15:40 15:59 17:38
48	841	Roseboom Dirk		0:49:22	0:49:29	7	M20	1990	16:33 16:28 16:21
49	754	Garthe Peter	*Moormerland	0:49:24	0:49:31	11	M45	1971	16:20 16:23 16:41
50	798	Adloff Stephan	Team Lüttje Deep	0:49:28	0:49:37	7	M40	1976	16:19 16:17 16:52
51	826	Hachke Andre		0:49:33	0:49:38	8	M20	1992	16:28 16:30 16:34
52	641	Vüst Stefan	not fast, not furious	0:49:46	0:49:59	6	M30	1984	17:00 16:26 16:19
53	778	Haren Thees	*Aurich	0:50:00	0:50:06	12	M35	1983	16:33 16:31 16:55
54	672	Hamacher Henning	*Aurich	0:50:07	0:50:23	8	M40	1974	17:00 16:22 16:44
55	540	Harms Joachim	Traba-team	0:50:16	0:50:26	3	M55	1961	16:40 16:40 16:55
56	742	Schweizer Christoph	*Aurich	0:50:18	0:50:30	7	M30	1987	17:16 16:24 16:37
57	789	Ubben Ehlke	MTV Aurich	0:50:53	0:51:01	4	M55	1962	16:43 16:47 17:22
58	582	De Vries Tilko	*Aurich	0:50:55	0:51:09	13	M35	1981	17:00 16:40 17:14
59	0	unbekannt DZ4SN9C		0:50:54	0:51:09	0	MHK		16:58 16:42 17:14
60	758	Wallerstein Michael	RG Sprinter Emden	0:51:12	0:51:22	9	M40	1977	16:22 16:01 18:48
61	746	Leffers Michael	*Aurich	0:51:17	0:51:26	14	M35	1983	15:55 16:43 18:38
62	843	Mennen Burkhard	SG Wangerland	0:51:15	0:51:28	12	M45	1972	16:51 17:11 17:12

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Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
63	817	Eden Michael	EMA Runnung Group	0:51:21	0:51:30	13	M45	1973	16:30 16:58 17:52
64	603	Müller Frank	Sparkasse Aurich-Norden	0:51:35	0:51:53	14	M45	1972	16:57 16:46 17:51
65	0	unbekannt HT9CPB1		0:51:35	0:51:53	0	MHK		16:57 16:47 17:50
66	607	Reinken Udo	Sparkasse Aurich-Norden	0:51:45	0:52:03	15	M35	1983	16:58 16:52 17:53
67	0	unbekannt DG8BWPP		0:51:45	0:52:03	0	MHK		16:58 16:52 17:53
68	722	Kuhlmann Sven	*Uppgant-Schott	0:52:04	0:52:09	10	M40	1977	17:03 17:09 17:50
69	935	Döring Dominik	Team ENERCON	0:52:03	0:52:12	8	M30	1988	16:40 17:13 18:09
70	955	Erdwiens Hermann	LG Ostfriesland	0:52:31	0:52:37	15	M45	1970	17:53 17:20 17:17
71	686	Haupt Werner	Waldweg Lopers Westermooroord	0:52:47	0:52:53	5	M55	1962	16:46 17:21 18:39
72	845	Dirks Stefan	B-Piast 2000	0:53:07	0:53:21	9	M20	1996	16:42 17:43 18:41
73	959	Bohlen Stefan	B-Piast 2000	0:53:08	0:53:23	10	M20	1992	16:42 17:43 18:42
74	635	Wattjes Sascha	*Aurich	0:53:24	0:53:30	16	M35	1981	17:01 17:34 18:48
75	832	Schucks Markus		0:53:56	0:54:05	17	M35	1981	18:16 18:12 17:27
76	850	Berwald Alexander	Team jade	0:54:01	0:54:17	11	M20	1993	17:39 17:55 18:26
77	646	Schulz Michael	Emder LG	0:55:07	0:55:16	6	M55	1962	18:36 18:08 18:22
78	606	Oltmans Matthias	Sparkasse Aurich-Norden	0:55:18	0:55:35	11	M40	1974	18:13 18:08 18:56
79	628	Hoffmann Christopher	*Aurich	0:55:33	0:55:44	9	M30	1988	18:14 18:20 18:57
80	753	Rolfs Mario	*Großefehn	0:55:37	0:55:51	12	M40	1977	18:38 18:34 18:24
81	957	Kolfe Jürgen		0:55:47	0:55:58	6	M50	1967	18:21 18:25 19:00
82	558	Bühren Hendrik	*Aurich	0:55:49	0:56:02	18	M35	1980	18:24 18:21 19:03
83	947	Strömer Berthold	VW Emden	0:55:55	0:56:07	3	M60	1956	18:13 18:12 19:30
84	928	Herfurth Oliver		0:56:01	0:56:10	16	M45	1973	18:15 18:11 19:34
85	642	Kutscher Heino	not fast, not furious	0:56:25	0:56:38	17	M45	1973	18:15 18:35 19:34
86	837	Poppen Hilko	Herzkinder Ostfriesland	0:56:42	0:56:44	1	MU14	2006	15:38 21:35 19:28
87	738	Klaaßen Heinz	*Aurich	0:56:42	0:56:58	10	M30	1988	18:43 18:49 19:09
88	0	unbekannt DA1GGKP		0:56:42	0:56:58	0	MHK		18:43 18:48 19:10
89	640	Kempny Ralf	not fast, not furious	0:57:02	0:57:14	7	M50	1968	18:10 19:28 19:23
90	803	Urbsn Karsten	LG Fliegerhorst Upjever	0:57:14	0:57:24	18	M45	1969	19:42 18:46 18:45
91	779	Dorf Müller Pepe	LG Fliegerhorst Upjever	0:57:14	0:57:26	7	M55	1962	19:41 18:46 18:47
92	849	Niehuise Kevin	Team Jade	0:58:14	0:58:29	12	M20	1990	19:32 18:59 19:42
93	514	De Buhr Volker	*Hamburg	0:58:32	0:58:44	13	M40	1978	18:23 19:23 20:45
94	614	Wübbena Joachim	LG Ostfriesland	0:58:38	0:58:48	14	M40	1975	18:51 19:09 20:38
95	561	Steinmeier Fritz	MTV Aurich	0:59:19	0:59:35	1	M70	1948	20:21 19:23 19:34
96	0	unbekannt CD83970		0:59:38	0:59:46	0	MHK		18:57 19:58 20:42
97	533	Hoffmann Harald	Aktion Canchanabury	0:59:48	0:59:56	8	M50	1964	19:39 19:27 20:41
98	801	Krautschick Björn	Team ENERCON	1:00:02	1:00:02	15	M40	1978	19:45 19:44 20:32
99	851	Röttgers Jan	Keine Falsche Bewegung	0:59:59	1:00:06	19	M45	1970	19:00 20:11 20:47
100	592	Dechow Ingo	Sparkasse Aurich-Norden	1:00:00	1:00:16	20	M45	1970	19:27 19:31 21:01
101	727	Wolters Karsten	Sparkasse Aurich-Norden	0:59:59	1:00:16	9	M50	1968	19:04 19:42 21:13
102	586	Löffler Thomas	*Langenlonsheim	1:00:15	1:00:30	8	M55	1962	19:30 19:52 20:52
103	962	Weerda Jochen	Injog Leet	1:00:33	1:00:45	21	M45	1970	19:15 19:48 21:29
104	731	Fecht Malte	*Aurich	1:01:45	1:01:53	1	MU16	2003	19:01 19:04 23:39
105	670	Meyer Wolfgang	Emder LG	1:01:43	1:01:53	9	M55	1963	19:11 20:55 21:36
106	679	Werner Gerhard	*Luenen	1:02:55	1:03:09	2	M70	1947	20:26 20:52 21:37
107	0	unbekannt DG8V2EF		1:04:07	1:04:09	0	MHK		20:32 21:22 22:12
108	934	Janssen Günter	MTV Aurich	1:04:41	1:04:58	1	M75	1943	21:38 21:14 21:48
109	714	Bigalski Volker	Realschule Aurich	1:05:27	1:05:44	16	M40	1974	20:42 20:49 23:56
110	519	Schäfer Wolfgang	VTB Triathlon	1:18:33	1:18:51	17	M40	1978	24:10 27:06 27:16
111	508	Rassau Matthias	*Aurich	1:39:54	1:40:13	19	M35	1982	33:34 32:53 33:27

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11. Sparkassenlauf Aurich - 16. Juni 2018

Frauen

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	584	Schwarz Tanja	MTV Aurich	0:39:25	0:39:27	1	W40	1977	13:18 13:01 13:05
2	958	Evers Kerstin	LG Papenburg	0:41:31	0:41:33	2	W40	1977	13:46 13:45 13:59
3	601	Janssen Claudia	Sparkasse Aurich-Norden	0:43:36	0:43:39	1	W35	1980	14:17 14:32 14:46
4	734	Weber Svetlana	*Hasbergen	0:47:00	0:47:02	1	W30	1985	15:03 15:35 16:20
5	543	Carstens Eva	TSV Riepe	0:48:12	0:48:15	1	W45	1973	15:59 15:54 16:18
6	524	Wien Daggi	*Hamburg	0:49:10	0:49:15	3	W40	1978	16:31 16:14 16:24
7	759	Süßen Sonja	LG Ostfriesland	0:49:23	0:49:36	4	W40	1978	16:33 16:12 16:36
8	544	Ender Imke	WfbM Aurich- Wittmund	0:50:35	0:50:38	5	W40	1975	16:14 16:40 17:40
9	813	Müller Maren	Herzkinder Ostfriesland	0:51:12	0:51:23	2	W45	1973	16:22 16:20 18:29
10	842	de Vries Jannie	Dynamica	0:51:55	0:52:01	1	W55	1959	17:18 17:21 17:14
11	835	Geringer Irina		0:52:00	0:52:04	2	W35	1981	17:07 17:31 17:21
12	620	Röben Melanie	Fortuna Logabirum	0:52:00	0:52:07	3	W45	1973	16:54 17:28 17:37
13	636	Klingenberg Tanja	Deichmädchen	0:52:02	0:52:13	4	W45	1972	17:22 17:10 17:29
14	647	Heuermann- Steinke Maike	Hilde Ubben GmbH	0:52:09	0:52:20	2	W30	1986	17:21 17:11 17:37
15	808	Saathoff Claudia	LT TuS Aurich-Ost	0:53:35	0:53:39	5	W45	1970	17:54 17:52 17:48
16	575	Geiken Marion	LT TuS Aurich-Ost	0:54:00	0:54:04	1	W50	1966	17:55 17:18 18:13
17	542	Untied-Platzeier Anke	Fortuna Logabirum	0:53:57	0:54:07	6	W45	1969	18:12 17:57 17:47
18	730	Hedemann Franziska	*Aurich	0:54:23	0:54:29	1	W20	1990	17:58 17:51 18:34
19	805	Sauer-Ufkes Gudrun	MTV Aurich	0:54:26	0:54:31	2	W50	1965	17:58 17:53 18:34
20	644	Juilfs Tomke	KGS Großefehn	0:54:34	0:54:40	1	WU18	2002	17:38 18:29 18:26
21	651	Anrony Anja	TSV Victoria Linden	0:55:02	0:55:07	7	W45	1972	17:58 18:01 19:02
22	797	Schwanewedel Kristin	TuS Zetel	0:55:10	0:55:17	3	W35	1983	18:49 18:11 18:10
23	766	Treue Najat	Emder LG	0:55:29	0:55:36	6	W40	1974	18:28 18:16 18:44
24	811	Janssen Maren	*Aurich	0:55:23	0:55:38	4	W35	1980	18:40 18:12 18:30
25	550	Fink Anna	*Aurich	0:55:53	0:56:08	5	W35	1980	18:41 18:30 18:42
26	528	Berents Anja	Blödsinn, laufen und mehr	0:55:59	0:56:12	6	W35	1979	18:42 18:29 18:47
27	830	Lowack Venja		0:56:04	0:56:18	2	W20	1990	18:09 18:23 19:30
28	706	Meyer Tina	Norder TV	0:56:50	0:57:06	7	W35	1980	19:24 19:00 18:25
29	572	Hugen Sigrid	*Ugant-Schott	0:57:06	0:57:18	8	W45	1972	18:40 18:59 19:25
30	948	Richter Wibke	LG Fliegerhorst Upjever	0:57:14	0:57:25	9	W45	1972	19:42 18:47 18:44
31	949	Stamm Tina	LG Fliegerhorst Upjever	0:57:14	0:57:25	7	W40	1978	19:41 18:48 18:45
32	844	Claver Martina		0:58:18	0:58:31	8	W35	1981	19:25 19:28 19:24
33	548	Andreesen Katrin	*Aurich	0:58:19	0:58:31	9	W35	1983	19:25 19:27 19:25
34	960	Best Carola	Noordörper	0:58:41	0:58:55	8	W40	1976	19:08 19:24 20:08
35	551	Aßmus Sonka Mootje	Sprinter Emden	0:59:25	0:59:37	10	W35	1982	18:43 19:50 20:52
36	504	Dannholz Iris	TuS Aurich	1:00:01	1:00:06	9	W40	1974	19:32 19:51 20:38
37	828	Laska Monika	LT TUS Aurich-Ost	1:00:31	1:00:36	3	W50	1968	19:31 20:13 20:46
38	501	Rabenda Hiroko	*Aurich	1:00:39	1:00:54	10	W40	1978	19:01 20:15 21:22
39	562	Steinmeier Marion	MTV Aurich	1:00:39	1:00:55	10	W45	1969	18:53 19:40 22:05
40	711	Oskedra Heike	*Aurich	1:02:58	1:03:16	11	W35	1979	20:55 19:54 22:07
41	735	Kakuschke Bele	*Aurich	1:04:07	1:04:09	1	WU16	2003	20:31 21:22 22:12
42	596	Grübner Iris	Sparkasse Aurich-Norden	1:04:21	1:04:36	11	W45	1972	21:09 21:11 22:00
43	715	Bigalski Doris	Realschule Aurich	1:04:07	1:05:24	11	W40	1976	19:43 20:49 23:35
44	704	Böcker Sabine	Team Cameronr e.v.	1:05:29	1:05:47	1	W60	1958	22:29 21:31 21:28
45	925	De Vries Kerstin		1:06:24	1:06:38	12	W35	1982	21:05 22:50 22:28
46	521	Bohlentz Sabine	*Aurich	1:06:25	1:06:39	13	W35	1980	21:05 22:50 22:29
47	612	Witzel Heike	Stadtwerke Aurich	1:09:21	1:09:40	12	W45	1969	21:48 23:06 24:27
48	518	Smidt Andrea	VTB Triathlon	1:18:33	1:18:51	13	W45	1972	24:11 27:06 27:16
49	515	Rassau Sarah	SWS	1:39:54	1:40:14	3	W30	1984	33:36 32:51 33:26