

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Männer

Seite 1
gedruckt 19.07.2017 08:52:19

Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit	
1	2384	Schoenball Patrick		0:33:48	1989	MHK	1	0:33:52	05:36 05:40 05:46 05:45 05:42 05:15	3:10 min/km
2	2031	Bunte Marian	Bunert- Der Kölner	0:33:57	1989	MHK	2	0:33:59	05:23 05:34 05:42 05:45 05:49 05:42	3:11 min/km
3	2	El Makrini Hakim	LT DSHS Köln	0:35:54	1975	M40	1	0:35:55	05:33 06:01 06:01 06:13 06:07 05:56	3:22 min/km
4	2035	Linden Sebastian	Bunert- Der Kölner	0:35:59	1989	MHK	3	0:36:01	05:41 06:01 06:06 06:10 06:11 05:49	3:22 min/km
5	2364	Jonen Christian	Centra-Team.de	0:36:31	1981	M35	1	0:36:33	05:46 06:05 06:12 06:12 06:09 06:05	3:25 min/km
6	2375	Trems Torsten	Central-Team.de	0:36:39	1977	M40	2	0:36:41	05:44 06:03 06:10 06:16 06:18 06:06	3:26 min/km
7	2233	Schönle Sebastian	*Köln	0:38:05	1996	MHK	4	0:38:08	06:09 06:23 06:28 06:27 06:24 06:12	3:34 min/km
8	1715	Neukirchen Felix	TuS 82 Opladen	0:38:23	1997	MHK	5	0:38:26	06:24 06:35 06:25 06:26 06:27 06:05	3:36 min/km
9	2036	Bruns Oliver	Bunert- Der Kölner	0:38:33	1981	M35	2	0:38:35	06:05 06:27 06:28 06:33 06:35 06:22	3:37 min/km
10	327	Kaiser Thomas	Sebamed Running Team	0:39:21	1989	MHK	6	0:39:28	07:14 07:41 07:46 08:05 00:00 00:00	3:41 min/km
11	321	Leufgens Jochen	*Köln	0:39:24	1981	M35	3	0:39:27	06:08 06:31 06:44 06:47 06:45 06:26	3:41 min/km
12	1385	Chudalla Philipp	*Köln	0:39:26	1988	MHK	7	0:39:30	06:09 06:30 06:40 06:49 06:46 06:30	3:42 min/km
13	2362	Lorbach Daniel	Bunert-Der Kölner Lauflader	0:39:28	1982	M35	4	0:39:31	06:05 06:28 06:32 06:44 06:54 06:43	3:42 min/km
14	2290	Schäferkötter Martin	Central-team.de	0:39:32	1968	M45	1	0:39:37	06:27 06:39 06:41 06:42 06:47 06:13	3:42 min/km
15	2374	Niemann Christoph	LG Gummersbach	0:39:33	1968	M45	2	0:39:35	06:14 06:33 06:40 06:43 06:48 06:34	3:42 min/km
16	2132	Heinemeyer Joachim	*Köln	0:39:42	1980	M35	5	0:39:49	06:20 06:35 06:42 06:48 06:48 06:26	3:43 min/km
17	2252	Patterson Fabian	Hart am Laktat.	0:40:32	1990	MHK	8	0:40:36	06:32 06:47 06:48 06:54 06:54 06:36	3:48 min/km
18	1296	Laack Daniel	RUN Squad CGN	0:40:34	1987	M30	1	0:40:37	06:24 06:35 06:45 06:55 07:04 06:49	3:48 min/km
19	496	Sittel Karsten	Turboschnecken	0:41:32	1971	M45	3	0:42:05	09:52 10:31 10:50 00:00 00:00 00:00	3:53 min/km
20	1667	Moritz Ralf	Born To Run	0:41:36	1968	M45	4	0:41:40	06:49 06:56 07:01 07:00 07:03 06:44	3:54 min/km
21	810	Bramer Sebastian	*Köln	0:41:37	1996	MHK	9	0:41:58	06:40 06:50 06:49 07:04 07:27 06:43	3:54 min/km
22	1457	Jakobs David	*Koeln	0:41:39	1987	M30	2	0:41:43	06:31 07:00 07:05 07:09 07:08 06:44	3:54 min/km
23	814	Hoffmann Andre	*Köln	0:41:41	1990	MHK	10	0:42:07	06:56 07:01 07:04 07:07 07:07 06:24	3:54 min/km
24	1426	Anders Lars	PSV Brühl Triathlon Team	0:41:57	1976	M40	3	0:42:01	06:39 07:13 07:12 07:00 07:05 06:45	3:56 min/km
25	2288	Bornemann Thomas	Central-team.de	0:42:06	1968	M45	5	0:42:11	06:44 07:07 07:08 07:09 07:06 06:50	3:57 min/km
26	651	Dorenbeck Jan	*Neuss	0:42:07	1985	M30	3	0:42:48	07:05 07:02 07:07 07:05 07:01 06:44	3:57 min/km
27	64	Laroche Dr. Peter	*Köln	0:42:27	1972	M45	6	0:42:47	06:43 07:04 07:10 07:16 07:14 06:58	3:59 min/km
28	51	Vogelsberg Michael	*Ahrhütte	0:42:39	1977	M40	4	0:43:16	07:27 07:07 06:56 07:02 07:06 06:58	3:60 min/km
29	1172	Rauch Tobias	Franco-Allemand	0:42:41	1999	MU20	1	0:42:48	07:01 07:03 07:14 07:19 07:17 06:43	3:60 min/km
30	1395	Uyar Ismail	Worthoff Boxing	0:42:41	1989	MHK	11	0:43:34	06:43 07:01 07:17 07:27 07:18 06:53	3:60 min/km
31	754	Zander Dr. Sven	*Hamburg	0:42:46	1981	M35	6	0:43:17	06:55 07:05 07:12 07:15 07:14 07:02	4:00 min/km
32	68	Knips Florian	Rote Rakete	0:42:52	1987	M30	4	0:43:06	07:16 07:24 07:19 07:03 07:10 06:39	4:01 min/km
33	2216	Jordan Mathias	*Köln	0:42:53	1992	MHK	12	0:42:57	06:54 07:08 07:16 07:24 07:11 06:58	4:01 min/km
34	2178	Stauber Johannes	*Koeln	0:42:59	1990	MHK	13	0:43:06	06:53 07:11 07:17 07:17 07:14 07:04	4:02 min/km
35	603	Manz Thomas	*Köln	0:43:03	1973	M40	5	0:43:35	07:05 07:10 07:13 07:15 07:18 06:59	4:02 min/km
36	254	Marek Adrian	Für Hürth	0:43:06	1972	M45	7	0:43:17	06:56 07:07 07:11 07:18 07:19 07:13	4:02 min/km
37	298	Terwindt Rob	*Cuijk	0:43:06	1979	M35	7	0:43:18	07:07 07:10 07:14 07:22 07:20 06:51	4:02 min/km
38	1159	Basile Mathieu	Franco-Allemand	0:43:09	1990	MHK	14	0:43:17	07:01 07:04 07:15 07:19 07:19 07:07	4:02 min/km
39	1630	Piehler Björn	BSG DEVK KÖLN	0:43:11	1977	M40	6	0:43:20	07:01 07:12 07:23 07:18 07:20 06:56	4:03 min/km
40	2054	Gallinat Carl	HC Kopfnikkaz Cologne	0:43:11	1985	M30	5	0:43:27	07:02 07:04 07:15 07:20 07:26 07:01	4:03 min/km
41	1725	Ragnarsson Eirikur	Die Schildkrötschen	0:43:13	1984	M30	6	0:43:45	07:03 07:08 07:12 07:25 07:26 06:57	4:03 min/km
42	2287	Geers Lennart		0:43:20	1995	MHK	15	0:43:38	06:52 07:01 07:06 07:09 07:14 07:56	4:03 min/km
43	2101	Hagemann Udo	TV Witzhelden	0:43:27	1970	M45	8	0:43:31	07:06 07:09 07:17 07:25 07:20 07:07	4:04 min/km
44	971	Loehr Dr. Joerg	zatopek-eitorf	0:43:29	1962	M55	1	0:43:39	07:12 07:24 07:15 07:25 07:14 06:57	4:04 min/km
45	2026	Maia Carlos	Zatopek-Eitdorf	0:43:29	1973	M40	7	0:43:39	07:12 07:24 07:15 07:24 07:09 07:03	4:04 min/km
46	1993	Crusius Jan	Köln läuft!	0:43:36	1974	M40	8	0:43:50	06:55 07:12 07:20 07:20 07:21 07:25	4:05 min/km
47	1775	Wippich Jens	*Köln	0:43:51	1979	M35	8	0:44:16	07:01 07:16 07:25 07:28 07:29 07:10	4:06 min/km
48	2196	Balikci Atakan	SV BARIS Delmenhorst	0:43:52	1977	M40	9	0:44:04	06:56 07:11 07:26 07:27 07:33 07:17	4:07 min/km
49	2353	Seyfarth Marco	M.I.T. tough team	0:43:55	1973	M40	10	0:43:58	06:32 07:10 07:23 07:28 07:41 07:38	4:07 min/km
50	2328	Hecker Michael		0:44:07	1972	M45	9	0:44:49	07:48 07:31 07:23 07:15 07:12 06:55	4:08 min/km
51	796	Blankenfeld Andy	TriTeam Fuldata1	0:44:24	1983	M30	7	0:44:56	07:00 07:08 07:24 07:39 07:40 07:30	4:10 min/km
52	1785	Kourkoulos Dimitrios	2 Fast 2 Frustrated	0:44:28	1986	M30	8	0:44:49	07:02 07:11 07:23 07:37 07:46 07:27	4:10 min/km
53	546	Engelman Raphael	*Solingen	0:44:34	1990	MHK	16	0:44:40	07:18 07:28 07:38 07:33 07:29 07:06	4:10 min/km

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Männer

Seite 2

gedruckt 19.07.2017 08:52:19

54	557	Hilburger Jannik	*Köln	0:44:36	1998	MU20	2	0:44:52	07:09	07:33	07:39	07:33	07:39	07:02	4:11 min/km
55	46	Gänz Stefan	SV AXA	0:44:41	1981	M35	9	0:44:57	07:09	07:19	07:28	07:47	07:42	07:13	4:11 min/km
56	1696	Winters Laurin	*Frechen	0:44:44	1990	MHK	17	0:44:47	07:20	07:28	07:40	07:50	07:31	06:53	4:11 min/km
57	1561	Prumbaum Nils	Zweirad-Center Prumbaum	0:44:50	1997	MHK	18	0:44:56	06:54	07:15	07:27	08:02	07:51	07:17	4:12 min/km
58	2355	Mur Valentin		0:44:51	1994	MHK	19	0:45:07	07:07	07:25	07:35	07:44	08:00	06:58	4:12 min/km
59	942	Timm Mathias	501.	0:45:05	1972	M45	10	0:45:34	07:30	07:28	07:27	07:35	07:37	07:26	4:13 min/km
60	2221	Schick Arne	*Köln	0:45:08	1996	MHK	20	0:45:08	30:08	08:02	00:00	00:00	00:00	00:00	4:14 min/km
61	1446	Mohr Dr. Herbert	*Köln	0:45:09	1966	M50	1	0:45:38	08:18	08:05	07:29	07:13	07:04	06:57	4:14 min/km
62	332	Holtkämper Thorsten	Whinchat Seven	0:45:15	1973	M40	11	0:45:44	07:34	07:32	07:42	07:38	07:30	07:16	4:14 min/km
63	892	Florin Jona	*Köln	0:45:19	1999	MU20	3	0:45:44	06:55	07:03	07:22	07:54	08:07	07:57	4:15 min/km
64	18	Heß Carsten	RunningTeam Kita	0:45:21	1978	M35	10	0:45:40	06:58	07:25	07:45	07:53	07:52	07:25	4:15 min/km
65	168	Görres Jürgen	*Wesseling	0:45:24	1963	M50	2	0:45:55	07:30	07:35	07:46	07:37	07:33	07:19	4:15 min/km
66	2345	Celebija Drazen	Barbariga	0:45:25	1968	M45	11	0:45:44	07:22	07:26	07:34	07:40	07:48	07:32	4:15 min/km
67	96	Dethlefs Wilfried	Team Erdinger Alkoholfrei	0:45:27	1956	M60	1	0:45:32	07:11	07:32	07:38	07:40	07:49	07:35	4:15 min/km
68	2387	Schlösser Wolfgang		0:45:28	1962	M55	2	0:46:10	07:31	07:21	07:40	07:44	07:47	07:23	4:15 min/km
69	1518	Gabriel Thorsten	MonkeyBox	0:45:29	1979	M35	11	0:45:36	07:17	07:27	07:40	07:45	07:47	07:29	4:16 min/km
70	2098	Paech Andreas	ERGO sports Köln	0:45:31	1976	M40	12	0:46:04	07:24	07:30	07:47	07:56	07:48	07:04	4:16 min/km
71	2278	Winkelmann Carlo		0:45:32	1995	MHK	21	0:46:20	07:43	07:40	07:40	07:47	07:51	06:48	4:16 min/km
71	2279	Kalo Martin		0:45:32	1995	MHK	21	0:46:20	07:43	07:40	07:40	07:47	07:51	06:48	4:16 min/km
73	1994	Zienke Stefan	Köln läuft!	0:45:34	1963	M50	3	0:45:44	07:09	07:29	07:40	07:49	07:51	07:32	4:16 min/km
74	1571	Spahiu Fabian	*Köln	0:45:34	1997	MHK	23	0:46:22	07:42	07:41	07:40	07:47	07:51	06:49	4:16 min/km
75	1700	Hölzer Arno	*Köln	0:45:36	1980	M35	12	0:45:43	07:20	07:31	07:38	07:47	07:50	07:27	4:16 min/km
76	984	Prokopenko	*Köln	0:45:39	1993	MHK	24	0:45:43	06:30	07:31	07:40	07:47	08:06	08:03	4:16 min/km
77	1646	Nikelowski Norbert	Marathonfreunde Köln	0:45:39	1958	M55	3	0:46:03	07:07	07:27	07:45	07:51	07:51	07:35	4:17 min/km
78	1840	Rygol Klaudius	*Köln	0:45:44	1975	M40	13	0:45:52	07:15	07:28	07:40	07:50	07:53	07:34	4:17 min/km
79	1246	Honnef Dirk-Uwe	*Köln	0:45:44	1965	M50	4	0:46:22	07:36	07:38	07:41	07:45	07:41	07:21	4:17 min/km
80	1372	Degenhardt Felix	Degies	0:45:46	2001	MU18	1	0:45:51	07:20	07:47	07:52	07:46	07:43	07:16	4:17 min/km
81	380	Gössl Pierre	*Köln	0:45:46	1965	M50	5	0:45:54	07:25	07:28	07:37	07:49	07:53	07:31	4:17 min/km
82	1210	Johanns Max	TSV Dieringhausen	0:45:50	2000	MU18	2	0:46:16	07:28	07:41	07:44	07:37	07:53	07:25	4:18 min/km
83	2366	Liebig Stefan		0:46:00	1984	M30	9	0:46:35	08:03	08:04	07:52	07:42	07:24	06:53	4:18 min/km
84	2236	Schroeder Daniel	*Köln	0:46:10	1983	M30	10	0:46:38	07:37	07:37	07:42	07:49	08:05	07:17	4:19 min/km
85	1517	Strotmann Lasse	*Köln	0:46:28	1996	MHK	25	0:46:44	07:09	07:33	07:48	07:54	08:06	07:55	4:21 min/km
86	1527	Becker Fabian	*Köln	0:46:34	1996	MHK	26	0:46:51	07:31	07:37	07:48	07:57	07:52	07:47	4:22 min/km
87	1403	Sivanathan Vibulan	*Köln	0:46:35	1997	MHK	27	0:46:52	07:31	07:36	07:21	07:51	08:20	07:54	4:22 min/km
88	1509	Nabben Pascal	*Kaarst	0:46:50	1991	MHK	28	0:47:12	07:39	07:50	07:51	07:48	07:54	07:47	4:23 min/km
89	1870	Dupont Jürgen	LTD Köln-Dellbrück	0:46:58	1960	M55	4	0:47:21	07:40	07:46	07:47	07:57	08:05	07:40	4:24 min/km
90	366	Bouriette Jean-Philippe	*Köln	0:47:03	1980	M35	13	0:47:07	07:23	07:32	07:49	08:00	08:13	08:02	4:24 min/km
91	2048	Feldgen Thomas	Team MMP	0:47:08	1985	M30	11	0:47:47	07:34	07:47	07:55	08:07	08:02	07:42	4:25 min/km
92	2004	Dillschnitter Christian		0:47:13	1980	M35	14	0:47:39	07:49	08:01	08:01	08:09	07:52	07:18	4:25 min/km
93	408	Ewertowski Jack	*Köln	0:47:14	1986	M30	12	0:47:38	07:28	07:42	07:59	08:08	08:12	07:42	4:25 min/km
94	2219	Kühn Jan	Worthoff Boxing	0:47:17	1991	MHK	29	0:47:22	07:23	07:48	08:10	08:08	08:18	07:28	4:26 min/km
95	2317	Soriano Eupen Luca		0:47:19	1994	MHK	30	0:47:26	07:19	07:46	07:51	08:05	08:11	08:05	4:26 min/km
96	2320	Dwertmann Luca		0:47:19	1994	MHK	31	0:47:26	07:19	07:45	07:53	08:05	08:11	08:05	4:26 min/km
97	643	Fischedick Manfred	Fischis Running Club	0:47:20	1964	M50	6	0:47:27	07:23	07:46	07:56	08:04	08:11	07:58	4:26 min/km
98	1655	Krieger Alexander	*Gummersbach	0:47:20	1994	MHK	32	0:47:24	07:20	07:36	07:51	08:00	08:03	08:27	4:26 min/km
99	2319	Wolany Nikolai		0:47:20	1994	MHK	33	0:47:26	07:18	07:45	07:54	08:03	08:11	08:06	4:26 min/km
100	2318	Tobias See		0:47:20	1990	MHK	34	0:47:26	07:18	07:45	07:54	08:04	08:11	08:05	4:26 min/km
101	733	Nolden Dominik	*Bergheim	0:47:24	1982	M35	15	0:47:55	07:40	07:56	07:53	08:00	08:05	07:48	4:26 min/km
102	1690	Voelkner Malte	*Hürth	0:47:25	1998	MU20	4	0:47:47	07:25	07:37	07:48	07:58	08:06	08:30	4:26 min/km
103	1441	Hertel Tim	Sport Haase Neuss	0:47:30	1999	MU20	5	0:48:11	07:42	07:46	08:16	08:04	08:04	07:35	4:27 min/km
104	2174	Schuschke Sören	*Ilsede	0:47:31	1996	MHK	35	0:47:54	07:50	08:12	08:04	07:59	07:59	07:26	4:27 min/km
105	1676	Kappus Reiner	VfL Nochern e.V.	0:47:34	1962	M55	5	0:48:19	07:50	07:58	08:04	08:06	08:02	07:33	4:27 min/km
106	2116	Kleintges Rene	*Bergisch Gladbach	0:47:38	1988	MHK	36	0:48:03	07:55	08:14	08:15	07:44	07:56	07:32	4:28 min/km
107	583	Bremke Peter	*Köln	0:47:44	1967	M50	7	0:48:12	07:31	07:52	08:07	08:22	08:09	07:41	4:28 min/km
108	1371	Degenhardt Olaf	Degies	0:47:46	1967	M50	8	0:47:58	07:24	07:51	08:01	08:19	08:09	08:00	4:28 min/km
109	2224	Hauck Matthias	FV 1918 Brühl	0:47:49	1980	M35	16	0:48:19	08:06	08:03	08:03	08:02	08:00	07:32	4:29 min/km
110	495	Schneider Dirk	Turboschnecken	0:47:50	1971	M45	12	0:48:24	07:59	08:02	08:01	08:06	08:02	07:38	4:29 min/km

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Männer

Seite 3

gedruckt 19.07.2017 08:52:19

111	95	Thiemermann Norbert	Team Erdinger Alkoholfrei	0:47:50	1963	M50	9	0:47:57	07:29	07:53	08:08	08:14	08:12	07:52	4:29 min/km
112	1212	Utzerath Thomas	*Troisdorf	0:47:52	1985	M30	13	0:48:31	07:26	07:37	08:07	08:17	08:29	07:55	4:29 min/km
113	35	Imig Mike	Rote Rakete	0:47:58	1983	M30	14	0:48:12	07:50	08:14	08:11	08:00	08:05	07:35	4:29 min/km
114	2181	Rieke Marko	*Neuss	0:48:01	1997	MHK	37	0:48:25	07:49	08:11	08:04	08:00	08:01	07:53	4:30 min/km
115	2286	Wahle Simon		0:48:06	1994	MHK	38	0:48:21	07:42	07:57	08:07	08:26	08:14	07:37	4:30 min/km
116	1467	Weiß Roman	*Köln	0:48:07	1993	MHK	39	0:48:21	07:43	07:57	08:07	08:26	08:14	07:37	4:30 min/km
117	1956	Burauen Florian	NetCologne	0:48:14	1989	MHK	40	0:49:02	08:06	08:29	08:26	08:23	07:43	07:04	4:31 min/km
118	1548	Scholz David	Worthoff Boxing	0:48:19	1993	MHK	41	0:49:12	07:39	07:54	08:14	08:17	08:24	07:48	4:32 min/km
119	1228	Chessa David	*Köln	0:48:34	1992	MHK	42	0:48:57	07:53	08:09	08:08	08:00	08:22	08:00	4:33 min/km
120	420	Steinhäuser Benedikt	*Leverkusen	0:48:35	1981	M35	17	0:49:14	07:59	07:59	08:05	08:13	08:22	07:53	4:33 min/km
121	2376	Wagner Kevin		0:48:36	1988	MHK	43	0:49:04	07:38	08:16	08:17	08:21	08:11	07:51	4:33 min/km
122	1867	Kirchholtes Frank	*Köln	0:48:37	1967	M50	10	0:48:43	07:28	07:39	07:59	08:16	08:53	08:20	4:33 min/km
123	2208	Schulz Andreas	*Köln	0:48:38	1969	M45	13	0:48:44	07:28	07:39	08:01	08:13	08:52	08:22	4:33 min/km
124	2095	Trümner Olaf	Worthoff	0:48:45	1982	M35	18	0:49:32	08:03	08:17	08:18	08:13	08:18	07:34	4:34 min/km
125	1691	Okat Bülent	*Frechen	0:48:47	1973	M40	14	0:49:18	07:46	08:04	08:17	08:33	08:12	07:53	4:34 min/km
126	787	Diamante Nicolas	*Frechen	0:48:51	1987	M30	15	0:49:19	07:52	08:25	08:45	08:30	08:15	07:02	4:34 min/km
127	1729	Hoffmann	*Köln	0:48:53	1985	M30	16	0:49:21	08:29	08:14	08:17	08:17	08:13	07:20	4:35 min/km
128	539	Koller Horst	*Bonn	0:48:53	1968	M45	14	0:49:27	08:30	08:22	08:08	08:05	07:56	07:49	4:35 min/km
129	1765	Schwiering Robert	*Köln	0:48:58	1998	MU20	6	0:49:22	07:50	08:11	08:04	08:05	08:23	08:23	4:35 min/km
130	1410	Gauss Michael	*Köln	0:49:00	1974	M40	15	0:49:13	07:24	07:55	08:15	08:33	08:37	08:15	4:35 min/km
131	2155	Mengler Till	*Köln	0:49:01	1983	M30	17	0:49:23	07:42	08:16	08:23	08:14	08:26	07:58	4:35 min/km
132	2180	Gatzweiler Damian	*Zülpich	0:49:02	1995	MHK	44	0:49:17	07:19	07:50	08:08	08:19	08:42	08:42	4:36 min/km
133	1203	Makowka Bastian	*Köln	0:49:03	1986	M30	18	0:49:36	08:03	08:12	08:23	08:22	08:22	07:39	4:36 min/km
134	872	Skoda Philipp	*Köln	0:49:05	1982	M35	19	0:49:44	08:11	08:17	08:17	08:14	08:22	07:42	4:36 min/km
135	1156	Shehi Ilir	*Pulheim	0:49:07	1979	M35	20	0:49:49	07:53	08:10	08:22	08:31	08:14	07:55	4:36 min/km
136	1787	Debissis Lucas	*Wuppertal	0:49:09	1996	MHK	45	0:49:50	07:53	08:10	08:22	08:31	08:14	07:56	4:36 min/km
137	891	Bartel Sascha	ASV Köln	0:49:10	1965	M50	11	0:49:14	07:23	07:57	08:25	09:00	08:32	07:50	4:36 min/km
138	1662	Smuda Alexander	*Köln	0:49:15	1995	MHK	46	0:49:37	07:46	08:18	08:16	08:26	08:36	07:50	4:37 min/km
139	788	Meier Matthias	*Frechen	0:49:15	1986	M30	19	0:49:42	07:52	07:59	08:13	08:21	08:36	08:11	4:37 min/km
140	1730	Terwodow Markus	*Köln	0:49:16	1985	M30	20	0:49:44	08:29	08:14	08:18	08:16	08:14	07:43	4:37 min/km
141	2050	Dick Daniel	Kreissparkasse Köln	0:49:18	1987	M30	21	0:49:30	08:23	08:20	08:22	08:19	08:17	07:34	4:37 min/km
142	674	Kurnia Pascal	ON - Oncle & Nephew	0:49:23	1985	M30	22	0:49:32	07:48	08:36	08:15	08:26	08:34	07:40	4:37 min/km
143	1439	Huber Jan	*Unna	0:49:25	1992	MHK	47	0:50:07	07:18	07:57	08:28	09:07	08:35	07:57	4:38 min/km
144	37	Weirich Jan	*Köln	0:49:28	1988	MHK	48	0:49:47	07:47	08:09	08:21	08:27	08:34	08:08	4:38 min/km
145	1539	Siebentritt Wilhelm	zatopek-eitorf	0:49:29	1966	M50	12	0:49:40	08:23	08:21	08:22	08:19	08:17	07:45	4:38 min/km
146	1207	Hein Lars	RUNNERS POINT Run Club	0:49:30	1975	M40	16	0:50:06	07:34	08:20	08:37	08:34	08:33	07:49	4:38 min/km
147	1850	Kreuzer Klaas	Worthoff Boxing	0:49:32	1994	MHK	49	0:50:27	08:42	08:33	08:26	08:12	08:09	07:27	4:38 min/km
148	1940	Martens Jörn	Run of Colours Promoteam	0:49:32	1962	M55	6	0:50:08	07:46	08:12	08:13	08:34	08:39	08:05	4:38 min/km
149	2393	Steckel Manfred	TriathlonSteckel Cologne	0:49:33	1955	M60	2	0:50:13	08:46	08:18	08:14	08:05	08:16	07:52	4:38 min/km
150	1198	Fischer Maik	*Köln	0:49:35	1978	M35	21	0:50:22	08:06	08:10	08:20	08:25	08:26	08:07	4:39 min/km
151	1197	Lodemann Tim	*Köln	0:49:36	1984	M30	23	0:50:22	08:05	08:10	08:20	08:28	08:23	08:08	4:39 min/km
152	493	Bierschenk Timo	*Bonn	0:49:40	1991	MHK	50	0:49:53	07:54	08:29	08:35	08:30	08:24	07:45	4:39 min/km
153	1092	Heinrichs Mark	FF Hubbelrath	0:49:45	1977	M40	17	0:49:54	08:00	08:20	08:32	08:40	08:28	07:41	4:40 min/km
154	1963	Snella Michal	NetCologne	0:49:46	1987	M30	24	0:50:34	08:06	08:29	08:27	08:26	08:30	07:46	4:40 min/km
155	2235	Finke Simon-Richard	ugi racing team	0:49:46	1989	MHK	51	0:50:14	07:29	08:15	08:43	08:43	08:31	08:02	4:40 min/km
156	2257	Hartmann Sven	*Köln	0:49:52	1977	M40	18	0:50:06	08:04	08:15	08:21	08:30	08:30	08:10	4:40 min/km
157	2106	Ismail Hadi	Worthhoff Boxing	0:49:56	1991	MHK	52	0:50:51	08:43	08:43	08:31	08:13	08:08	07:35	4:41 min/km
158	2051	Kinner Oliver	*Köln	0:50:00	1972	M45	15	0:50:09	07:51	08:28	08:34	08:38	08:27	07:59	4:41 min/km
159	2336	Zehnpfennig Damian	TV Refrath	0:50:02	1996	MHK	53	0:50:30	07:35	08:00	08:57	08:39	08:20	08:29	4:41 min/km
160	1157	Schulte-Tigges Max	*Rösrath	0:50:12	1966	M50	13	0:50:47	08:12	08:22	08:24	08:29	08:30	08:12	4:42 min/km
161	323	Petters Andreas	*Brühl	0:50:13	1978	M35	22	0:50:44	08:11	08:23	08:28	08:29	08:35	08:04	4:42 min/km
162	1810	Lanetzki Pascal	BADT	0:50:14	1995	MHK	54	0:50:18	07:46	08:35	08:38	08:50	08:37	07:45	4:42 min/km
163	2368	Gresch Karsten		0:50:18	1966	M50	14	0:50:41	08:36	08:16	08:29	08:23	08:34	07:58	4:43 min/km
164	1529	Böhm Ulrich	*Köln	0:50:20	1965	M50	15	0:51:06	08:23	08:32	08:33	08:36	08:33	07:41	4:43 min/km
165	71	Gottschalk Kai	*Köln	0:50:21	1978	M35	23	0:50:59	07:58	08:13	08:32	08:49	08:40	08:06	4:43 min/km
166	1668	Cerny Manuel	*Köln	0:50:28	1987	M30	25	0:50:52	07:59	08:19	08:33	08:42	08:34	08:19	4:44 min/km
167	1855	Wagner Christian	*Köln	0:50:32	1991	MHK	55	0:51:19	08:24	08:33	08:42	08:33	08:16	08:01	4:44 min/km

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Männer

Seite 4

gedruckt 19.07.2017 08:52:19

168	1605	Voll Harald	*Pulheim	0:50:36	1959	M55	7	0:50:49	08:04	08:21	08:35	08:34	08:36	08:23	4:44 min/km
169	1523	Frett Timo	*Bonn	0:50:37	1985	M30	26	0:51:23	07:12	07:34	08:22	08:41	09:06	09:39	4:44 min/km
170	1601	Müller Christian	*Köln	0:50:41	1982	M35	24	0:51:01	07:39	07:58	08:30	08:57	09:01	08:33	4:45 min/km
171	72	Hirseler Felix	*Köln	0:50:41	1989	MHK	56	0:51:18	08:02	08:11	08:32	08:49	08:45	08:19	4:45 min/km
172	2047	Müller Lukas	Team MMP	0:50:42	1992	MHK	57	0:51:24	08:39	08:27	08:41	08:41	08:37	07:34	4:45 min/km
173	1144	Dastig Thomas	*Leverkusen	0:50:46	1975	M40	19	0:51:16	08:11	08:17	08:29	08:37	08:40	08:30	4:45 min/km
174	1418	Albermann Thomas	*Münster	0:50:51	1990	MHK	58	0:51:30	08:55	08:42	08:35	08:41	08:36	07:18	4:46 min/km
175	1992	Ewert Stefan	Köln läuft!	0:50:53	1977	M40	20	0:51:54	08:07	08:35	08:49	08:43	08:36	08:00	4:46 min/km
176	1388	Land Daniel	*Köln	0:51:06	1989	MHK	59	0:51:41	08:08	08:25	08:29	08:38	08:44	08:39	4:47 min/km
177	1425	Houben Winfried	Sitting ducks	0:51:07	1968	M45	16	0:51:22	08:00	08:25	08:46	08:48	08:45	08:21	4:47 min/km
178	1165	Schmidt Dirk	*Efringen-Kirchen	0:51:16	1974	M40	21	0:51:28	07:51	08:36	08:41	08:48	08:49	08:28	4:48 min/km
179	2352	Herbrecht Alexander	Feuerwehr Dorsten	0:51:18	1990	MHK	60	0:51:58	08:15	08:34	08:47	08:31	09:16	07:52	4:48 min/km
180	2049	Stork Andreas	Team MMP	0:51:20	1983	M30	27	0:52:03	08:37	08:27	08:41	08:42	08:40	08:10	4:48 min/km
181	1797	Ulber Benjamin	2 Fast 2 Frustrated	0:51:21	1990	MHK	61	0:51:42	08:19	08:43	08:28	08:45	08:50	08:14	4:49 min/km
182	2225	Bünten Stephan	*Düren	0:51:22	1995	MHK	62	0:51:51	08:13	08:23	08:46	08:56	08:59	08:04	4:49 min/km
183	1943	Sowade Uli	Run of Colours Promoteam	0:51:22	1970	M45	17	0:51:59	07:57	08:23	08:37	08:58	08:53	08:32	4:49 min/km
184	153	Kloss Stephan	*Schwarzenbek	0:51:22	1965	M50	16	0:51:55	08:07	08:32	08:32	08:45	08:51	08:33	4:49 min/km
185	837	Bilko Martin	Runners Point Run Club	0:51:23	1996	MHK	63	0:51:37	07:44	08:32	08:32	09:16	09:04	08:12	4:49 min/km
186	1417	Vehrenberg Daniel	*Köln	0:51:30	1992	MHK	64	0:52:08	08:56	08:42	08:35	08:41	08:37	07:56	4:49 min/km
187	2122	Loosen Dr. Sven	*Aachen	0:51:38	1988	MHK	65	0:51:49	07:45	08:30	08:44	09:05	08:58	08:34	4:50 min/km
188	1714	Grüne Markus	*Köln	0:51:41	1988	MHK	66	0:52:26	08:22	08:37	08:49	08:42	08:45	08:24	4:50 min/km
189	949	Spieckermann Malte	*Köln	0:51:48	1984	M30	28	0:52:07	07:21	07:50	08:23	09:00	09:32	09:39	4:51 min/km
190	2385	Weiffen Dennis	TV Witzhelden	0:51:53	1976	M40	22	0:52:19	08:09	08:33	08:43	08:55	08:58	08:33	4:52 min/km
191	2107	Glaubach Jürgen	Team Supermaus	0:51:58	1961	M55	8	0:52:15	07:40	08:28	08:47	09:02	09:16	08:44	4:52 min/km
192	609	Tesch Andreas	*Köln	0:52:05	1969	M45	18	0:52:50	08:23	08:32	08:34	08:52	09:13	08:29	4:53 min/km
193	1526	März Christian	*Köln	0:52:14	1985	M30	29	0:52:57	08:29	08:33	08:49	08:48	08:55	08:38	4:54 min/km
194	560	Nölken Daniel	*Bad Honnef	0:52:18	1976	M40	23	0:52:23	08:00	08:37	08:49	09:00	09:08	08:40	4:54 min/km
195	1784	Schwertfeger Melvin	*Kerpen-Sindorf	0:52:20	1998	MU20	7	0:53:09	08:58	08:41	08:46	08:52	08:55	08:06	4:54 min/km
196	1783	Schwertfeger Carsten	*Kerpen-Sindorf	0:52:24	1968	M45	19	0:53:13	08:57	08:42	08:46	08:52	08:55	08:10	4:54 min/km
197	1329	Büscher Thomas	MTV Runaways	0:52:25	1970	M45	20	0:53:04	08:24	08:38	08:40	08:57	08:54	08:49	4:55 min/km
198	1396	Dilling Johannes	*Köln	0:52:32	1976	M40	24	0:52:37	07:38	08:25	08:53	09:17	09:17	09:00	4:55 min/km
199	1519	Henze Sebastian	Worthoff Boxing	0:52:43	1985	M30	30	0:53:37	07:38	07:39	07:33	07:39	07:41	14:30	4:56 min/km
200	618	Trobic Goran	Ford	0:52:51	1973	M40	25	0:53:41	08:43	08:50	08:51	08:56	08:54	08:34	4:57 min/km
201	2360	Scharlau Matthias	Team Erdinger	0:52:54	1973	M40	26	0:53:07	08:08	08:48	09:00	09:07	09:15	08:34	4:57 min/km
202	673	Elfmann Jörg	ON - Oncle & Nephew	0:52:54	1957	M60	3	0:53:03	07:49	08:38	08:58	09:08	09:15	09:05	4:57 min/km
203	1132	Tannas David	*Siegburg	0:52:58	1989	MHK	67	0:53:24	08:50	08:33	08:42	08:57	09:06	08:47	4:58 min/km
204	1803	Lohre Johannes	*Köln	0:52:58	1972	M45	21	0:53:11	08:32	08:48	09:22	09:20	08:57	07:56	4:58 min/km
205	2045	Weber Philipp	Team MMP	0:53:04	1981	M35	25	0:53:49	08:45	08:54	08:54	08:58	09:15	08:16	4:58 min/km
206	2046	Okon Christian	Team MMP	0:53:04	1972	M45	22	0:53:49	08:46	08:54	08:54	08:58	09:15	08:16	4:58 min/km
207	2172	Kaatz Michael	Kreissparkasse Köln	0:53:06	1982	M35	26	0:53:15	08:41	08:49	08:52	08:54	09:06	08:42	4:58 min/km
208	1703	Floßbach Oliver	*Brühl	0:53:09	1980	M35	27	0:53:38	08:48	09:06	09:07	09:04	08:49	08:12	4:59 min/km
209	2382	Fehring Udo	Union Biesfeld Triathlon	0:53:17	1968	M45	23	0:53:54	08:24	08:49	09:00	09:06	09:15	08:40	4:59 min/km
210	206	Greif Thomas	Erdmännchen	0:53:19	1964	M50	17	0:53:56	09:49	10:17	10:27	11:19	00:00	00:00	4:60 min/km
211	2270	Otto Marc		0:53:31	1989	MHK	68	0:53:51	08:52	08:55	09:00	09:03	09:12	08:27	5:01 min/km
212	118	Otto Ewald	KVB laufgruppe	0:53:31	1958	M55	9	0:53:52	08:51	08:55	09:00	09:03	09:13	08:28	5:01 min/km
213	1645	Woermann Richard	Worthoff Boxing	0:53:35	1994	MHK	69	0:54:28	07:29	07:35	07:40	07:45	07:44	15:21	5:01 min/km
214	1809	Schroeder Prof. Dr.	BADT	0:53:44	1996	MHK	70	0:53:47	07:47	08:38	09:03	09:29	09:37	09:08	5:02 min/km
215	109	Zahnberg Niels	*Dortmund	0:53:59	1977	M40	27	0:54:36	08:41	08:58	09:00	09:02	09:36	08:40	5:03 min/km
216	698	Kasten Oliver	#läuft	0:54:09	1980	M35	28	0:54:51	09:00	09:07	09:03	09:09	09:13	08:35	5:04 min/km
217	2293	Glassl Christian	Worthoff Boxing	0:54:11	1985	M30	31	0:55:05	08:43	09:00	09:06	09:06	09:12	09:01	5:04 min/km
218	548	Dahl Hagen	Einzelkämpfer	0:54:12	1965	M50	18	0:54:52	08:09	08:55	09:33	09:29	09:03	08:59	5:05 min/km
219	709	Chwiedacz Michal	#läuft	0:54:14	1980	M35	29	0:54:55	09:01	09:08	09:02	09:08	09:13	08:39	5:05 min/km
220	1431	Scharf Michael	TV-Witzhelden	0:54:35	1970	M45	24	0:55:11	09:27	09:30	09:17	08:50	08:56	08:33	5:07 min/km
221	2371	Schroeder Sebastian	shschroeder	0:54:35	1988	MHK	71	0:55:01	08:07	08:40	08:57	09:31	09:53	09:23	5:07 min/km
222	1450	Weißhaar Ingo	*Erfstadt	0:54:50	1975	M40	28	0:55:01	08:04	08:38	08:51	09:21	09:42	10:10	5:08 min/km
223	488	Vogel Christoph	*Köln	0:54:56	1997	MHK	72	0:55:28	08:39	09:14	09:23	09:21	09:20	08:56	5:09 min/km
224	1858	Mohrman Moehre	Der Elf und seine Freunde	0:55:12	1973	M40	29	0:55:56	09:23	09:25	09:12	09:25	09:09	08:36	5:10 min/km

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Männer

Seite 5

gedruckt 19.07.2017 08:52:19

225	2379	Schoeler Marc	ASV Köln	0:55:15	1963	M50	19	0:55:58	08:59	09:15	09:14	09:26	09:32	08:47	5:10 min/km
226	2335	Zehnpfennig Stephan		0:55:21	1965	M50	20	0:55:41	08:52	08:56	09:11	09:29	09:37	09:13	5:11 min/km
227	1189	Haiplik Marco	*Rösrath	0:55:22	1984	M30	32	0:55:55	08:48	09:08	09:20	09:31	09:32	09:00	5:11 min/km
228	1712	Reinbold Ronny	*Hilden	0:55:22	1983	M30	33	0:55:55	08:27	08:58	09:17	09:27	09:41	09:29	5:11 min/km
229	1294	Born Philipp	*Köln	0:55:28	1985	M30	34	0:56:14	09:23	09:34	10:02	09:19	08:45	08:22	5:12 min/km
230	1437	Koutsky Mike	*Köln	0:55:30	1981	M35	30	0:56:02	09:05	09:27	09:22	09:20	09:25	08:50	5:12 min/km
231	1224	Lipnik Dirk	*Köln	0:55:38	1975	M40	30	0:56:26	09:08	09:17	09:28	09:25	09:25	08:53	5:13 min/km
232	2237	Kaborn Maurice	MTV	0:55:57	1988	MHK	73	0:56:37	08:23	08:39	09:01	09:41	10:11	10:00	5:14 min/km
233	301	Göbel Christoph	*Wesseling	0:56:11	1979	M35	31	0:56:24	08:36	09:12	09:38	09:45	09:58	08:58	5:16 min/km
234	1717	Neukirchen Tobias	TuS 82 Opladen	0:56:12	2003	MU16	1	0:56:42	08:54	09:14	09:23	09:50	09:38	09:10	5:16 min/km
235	1718	Neukirchen Dirk	TuS 82 Opladen	0:56:12	1966	M50	21	0:56:42	08:55	09:14	09:23	09:49	09:38	09:10	5:16 min/km
236	952	Härig Joscha	*Köln	0:56:34	1988	MHK	74	0:57:09	08:56	09:31	09:37	09:37	09:40	09:08	5:18 min/km
237	951	Härig Niko	*Köln	0:56:34	1980	M35	32	0:57:09	08:56	09:32	09:37	09:38	09:40	09:09	5:18 min/km
238	1373	Trembley Simon	Degies	0:56:35	2001	MU18	3	0:56:42	08:44	10:23	13:13	12:51	00:00	00:00	5:18 min/km
239	1770	Kampe Artur	*Leverkusen	0:56:40	1983	M30	35	0:56:59	09:15	09:26	09:26	09:29	09:53	09:08	5:18 min/km
240	1055	Bormann Marco	*Köln	0:56:54	1990	MHK	75	0:57:04	08:29	09:01	10:02	09:53	10:09	09:18	5:20 min/km
241	1966	Postleb Florian	NetCologne	0:56:56	1980	M35	33	0:57:44	09:10	09:40	09:46	09:38	09:40	09:00	5:20 min/km
242	1452	Röhner Max	*Köln	0:56:58	1990	MHK	76	0:57:24	08:57	09:36	10:02	09:50	09:47	08:42	5:20 min/km
243	1965	Zylajew Thomas	NetCologne	0:56:58	1977	M40	31	0:57:47	09:09	09:41	09:46	09:38	09:40	09:02	5:20 min/km
244	1451	Perthes Daniel	*Köln	0:56:58	1989	MHK	77	0:57:24	08:57	09:36	10:02	09:50	09:47	08:42	5:20 min/km
245	959	Jonas Bernd	*Remscheid	0:57:28	1967	M50	22	0:57:57	08:52	09:12	09:35	09:52	10:05	09:49	5:23 min/km
246	1633	Bitter Christian	Worthoff Boxing	0:57:55	1982	M35	34	0:57:55	09:59	07:53	08:09	08:26	08:35	14:50	5:25 min/km
247	1699	Merten Michael	*Gummersbach	0:58:04	1969	M45	25	0:58:31	09:20	09:31	09:40	09:51	10:09	09:31	5:26 min/km
248	1469	Dahl Sebastian	*Kürten	0:58:19	1991	MHK	78	0:59:01	09:11	11:00	13:02	12:31	00:00	00:00	5:28 min/km
249	1661	Jenniches Maurice	Worthoff boxing	0:58:28	1999	MU20	8	0:59:23	09:33	10:06	10:03	09:51	09:31	09:21	5:28 min/km
250	1704	Donath Holger	*Köln	0:58:50	1975	M40	32	0:59:35	09:29	09:32	09:50	09:56	10:11	09:50	5:31 min/km
251	1438	Vornweg Juergen	*Euskirchen	0:58:57	1971	M45	26	0:59:33	09:28	09:29	09:21	09:45	10:28	10:23	5:31 min/km
252	2165	Imhoff Jonathan	*Bielefeld	0:59:10	1992	MHK	79	0:59:48	08:58	09:43	10:02	10:09	10:11	10:04	5:32 min/km
253	1056	Wollmann Tobias	*Troisdorf	0:59:39	1988	MHK	80	0:59:49	08:28	09:01	10:02	09:54	10:33	11:39	5:35 min/km
254	2110	Breyer Dr. Martin	*Köln	0:59:47	1966	M50	23	0:59:59	09:15	09:50	10:07	10:03	10:25	10:06	5:36 min/km
255	755	Borkowski Dr. Gregor	*Hamburg	0:59:52	1979	M35	35	1:00:40	08:56	09:49	10:02	10:12	10:27	10:23	5:36 min/km
256	592	Lennartz Heinz-Josef	Tokio Connection	0:59:55	1954	M60	4	1:00:05	09:25	10:00	10:14	10:17	10:14	09:42	5:37 min/km
257	1652	Dahl Maximilian	*Siegburg	1:00:35	1992	MHK	81	1:01:17	09:56	09:57	09:49	10:15	10:14	10:22	5:40 min/km
258	803	Shkolnik Alexander	*Köln	1:00:35	1990	MHK	82	1:00:52	09:10	09:54	10:07	10:42	10:53	09:48	5:40 min/km
259	805	Krüper Stefan	*Alsbach-Hähnlein	1:01:56	1961	M55	10	1:01:57	08:50	10:28	10:30	10:45	10:44	10:36	5:48 min/km
260	2354	Rose Harald	WDR MausLauf Gruppe	1:02:41	1955	M60	5	1:02:57	09:43	10:16	10:32	10:41	11:01	10:27	5:52 min/km
261	1627	Van Helden Holger	*Overath	1:03:10	1980	M35	36	1:03:51	09:08	09:56	10:39	10:56	11:19	11:09	5:55 min/km
262	1076	Schmitz Sebastian	*Bergisch Gladbach	1:05:24	1990	MHK	83	1:06:14	09:01	10:10	11:08	11:54	11:51	11:17	6:07 min/km
263	1075	Kucharczyk Patrick	*Odenthal	1:05:24	1991	MHK	84	1:06:14	09:02	10:10	11:09	11:53	11:51	11:16	6:07 min/km
264	393	Schneider-Störmann	Tokyo Connection	1:05:25	1963	M50	24	1:05:35	07:52	08:25	08:45	08:55	09:17	22:08	6:08 min/km
265	860	Velarde Felix	*Köln	1:05:40	1982	M35	37	1:06:34	11:59	13:28	13:40	13:36	00:00	00:00	6:09 min/km
266	1459	Rogozinski Andreas	*Rheinbach	1:07:37	1963	M50	25	1:08:19	09:28	11:04	11:53	12:20	11:40	11:10	6:20 min/km

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Frauen

Seite 6

gedruckt 19.07.2017 08:52:19

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	2034	Schön Maike	Bunert- Der Kölner	0:38:08	1989 WHK	1	0:38:09	05:53 06:26 06:32 06:29 06:32 06:12	3:34 min/km
2	2033	Schwartz Heidi	Bunert- Der Kölner	0:38:45	1989 WHK	2	0:38:46	06:07 06:27 06:29 06:34 06:38 06:28	3:38 min/km
3	1192	Burgdorf Sabine	*Kerpen	0:41:52	1981 W35	1	0:41:59	06:53 06:54 07:04 07:08 07:05 06:46	3:55 min/km
4	2373	Schmetzke Stefanie	ASV Köln Triathlon	0:42:57	1985 W30	1	0:43:04	06:53 07:11 07:17 07:18 07:14 07:02	4:01 min/km
5	2032	Lüchtfeld Alice	Bunert- Der Kölner	0:43:47	1992 WHK	3	0:44:08	07:15 07:12 07:18 07:24 07:27 07:09	4:06 min/km
6	1374	Becker Kathrin	#iamsportbymarcsraatz	0:45:27	1982 W35	2	0:45:45	07:22 07:32 07:42 07:42 07:42 07:25	4:15 min/km
7	1252	Simon Karen	Crossfit Cologne	0:45:58	1987 W30	2	0:46:11	07:07 07:32 07:44 07:54 07:55 07:44	4:18 min/km
8	2006	Scheerer- Wurz Verena	Team Decathlon	0:45:59	1989 WHK	4	0:46:01	07:21 07:28 07:40 07:49 07:57 07:41	4:18 min/km
9	1493	Hasberg Ascelina	*Köln	0:46:03	1989 WHK	5	0:46:24	07:11 07:29 07:47 08:00 07:56 07:38	4:19 min/km
10	1629	Schippa Beatrix	*Frechen	0:46:04	1989 WHK	6	0:46:06	07:21 07:28 07:40 07:50 07:59 07:44	4:19 min/km
11	2131	Heinemeyer Antje	*Köln	0:46:26	1984 W30	3	0:46:45	07:37 07:50 07:51 07:53 07:49 07:23	4:21 min/km
12	354	Hohmann Tanja	*Hürth	0:46:45	1979 W35	3	0:46:53	07:13 07:45 07:58 07:58 07:57 07:51	4:23 min/km
13	2386	Weiffen Klara-Sophie	TV Witzhelden	0:47:09	2006 WU12	1	0:47:28	07:40 07:56 08:08 07:57 07:56 07:29	4:25 min/km
14	1774	Wippich Sara	Team Erdinger Alkoholfrei	0:47:17	1984 W30	4	0:47:41	07:25 07:37 07:51 08:04 08:15 08:01	4:26 min/km
15	1808	Birk Ines	*Brühl	0:47:21	1974 W40	1	0:47:38	07:44 07:47 07:56 08:02 08:08 07:41	4:26 min/km
16	1367	Thoß Nicole	*Brühl	0:47:25	1975 W40	2	0:47:43	07:46 07:52 07:50 08:03 08:08 07:45	4:26 min/km
17	2073	Eißmann Nicole	*Bornheim	0:47:55	1973 W40	3	0:48:13	07:45 07:55 08:01 08:16 08:12 07:43	4:29 min/km
18	1164	Wehrin-Schmidt Eltje	*Efringen-Kirchen	0:47:58	1975 W40	4	0:48:08	07:44 07:59 08:03 08:07 08:09 07:53	4:29 min/km
19	1632	Candan Monika	TS Frechen	0:48:12	1981 W35	4	0:48:33	07:46 08:00 08:02 08:12 08:15 07:54	4:31 min/km
20	1295	Decker Maria	RUN Squad CGN	0:48:35	1992 WHK	7	0:48:39	07:52 07:57 08:10 08:17 08:20 07:56	4:33 min/km
21	1416	Paschek Johanna	*Köln	0:49:10	1988 WHK	8	0:49:57	08:16 08:18 08:14 08:18 08:18 07:43	4:36 min/km
22	1305	Rabisch Hanna	*Rheinbach	0:49:31	1998 WU20	1	0:49:48	07:49 08:11 08:15 08:34 08:36 08:03	4:38 min/km
23	2250	Torba Tabea Maria	Schützenverein Lindlar	0:49:42	1998 WU20	2	0:49:44	07:26 08:20 08:27 08:42 08:46 07:59	4:39 min/km
24	2187	Jansen Michelle	*Köln	0:49:43	2001 WU18	1	0:50:24	08:07 08:09 08:11 08:30 08:30 08:14	4:39 min/km
25	866	Jansen Nicole	Veni Vidi Colonia	0:49:47	1974 W40	5	0:50:29	08:08 08:09 08:11 08:31 08:27 08:18	4:40 min/km
26	2203	Pierunek-Sprave Nadine	MST Laufpoint	0:49:47	1978 W35	5	0:49:55	07:40 08:25 08:33 08:30 08:33 08:03	4:40 min/km
27	2351	Fries Angelina		0:49:49	1996 WHK	9	0:50:32	07:49 08:05 08:24 08:40 08:30 08:18	4:40 min/km
28	1777	Simsch Malin	*Köln	0:50:26	1996 WHK	10	0:50:44	08:23 08:44 08:52 08:13 08:23 07:49	4:43 min/km
29	1317	Hils Lea-Marie	*Köln	0:50:27	1998 WU20	3	0:50:44	08:23 08:44 08:52 08:11 08:25 07:49	4:43 min/km
30	2136	Knubben Caroline	*Köln	0:50:28	1998 WU20	4	0:50:44	08:23 08:44 08:52 08:12 08:24 07:49	4:44 min/km
31	2238	Schramm Celina	*Köln	0:50:30	1996 WHK	11	0:50:45	07:42 07:57 08:07 08:26 09:15 09:00	4:44 min/km
32	279	Jänicke Franziska	*Köln	0:50:35	1989 WHK	12	0:50:59	08:51 08:45 08:35 08:34 08:20 07:28	4:44 min/km
33	1016	Paffenholz Stella	Dashing Whippets NYC	0:50:50	1990 WHK	13	0:50:59	07:45 08:17 08:30 08:34 08:57 08:45	4:46 min/km
34	2115	Flöter Laura	*Kerpen	0:50:59	1986 W30	5	0:51:25	07:55 08:17 08:35 08:46 08:50 08:34	4:46 min/km
35	1802	Körfer Sandra	*Köln	0:51:00	1980 W35	6	0:51:14	08:12 08:24 08:26 08:36 08:43 08:37	4:47 min/km
36	2223	Fieth Lea	*Kreuzau	0:51:19	1996 WHK	14	0:51:49	08:11 08:23 08:46 08:56 08:58 08:02	4:48 min/km
37	1424	Houben Nicole	Sitting ducks	0:51:33	1971 W45	1	0:51:48	08:18 08:32 08:54 08:35 08:44 08:27	4:50 min/km
38	1482	Van Treeck Lisa	*Köln	0:51:35	1987 W30	6	0:51:49	08:21 08:32 08:32 08:46 08:49 08:32	4:50 min/km
39	2123	Paffenholz Dr. Pia	*Köln	0:51:38	1988 WHK	15	0:51:49	07:46 08:31 08:45 09:04 08:57 08:33	4:50 min/km
40	355	Willma Nicole	*Hürth	0:51:57	1972 W45	2	0:52:06	08:15 08:42 08:43 08:49 08:54 08:33	4:52 min/km
41	1110	Bender Katharina	*Euskirchen	0:52:27	1988 WHK	16	0:53:12	09:10 09:11 08:49 08:43 08:38 07:53	4:55 min/km
42	1111	Bender Hannah	*Euskirchen	0:52:32	1992 WHK	17	0:53:17	09:12 09:11 08:48 08:43 08:38 07:58	4:55 min/km
43	1771	Dörnemann Teresa	*Köln	0:52:33	1996 WHK	18	0:52:36	08:24 08:49 08:49 08:52 09:02 08:35	4:55 min/km
44	997	Pawlik Maïke Vivienne	Hildener AT Triathlon	0:52:40	1983 W30	7	0:53:12	07:59 08:37 08:50 09:10 09:10 08:50	4:56 min/km
45	2247	Mehlwitz Sonja	*Köln	0:52:44	1975 W40	6	0:52:48	08:15 08:49 08:57 08:57 08:59 08:46	4:56 min/km
46	2173	Kaatz Miriam	Kreissparkasse Köln	0:52:52	1981 W35	7	0:53:15	08:27 08:49 08:52 08:54 09:06 08:41	4:57 min/km
47	1131	Rütten Jessica	*Siegburg	0:52:57	1992 WHK	19	0:53:24	08:50 08:33 08:42 08:57 09:06 08:47	4:58 min/km
48	1866	Tebbe Inga	*Köln	0:53:01	1993 WHK	20	0:53:20	08:12 08:36 08:55 09:11 09:16 08:49	4:58 min/km
49	36	Müller Sarah	*Köln	0:53:18	1985 W30	8	0:53:36	08:35 08:59 08:54 08:58 09:00 08:49	4:59 min/km
50	2365	Hermann Daniela		0:53:36	1986 W30	9	0:54:12	08:24 08:52 08:58 09:08 09:14 08:57	5:01 min/km
51	2264	Nikoleiczik Vera	*Troisdorf	0:53:57	1995 WHK	21	0:54:32	08:43 08:52 08:58 09:16 09:11 08:54	5:03 min/km
52	830	Nichtern Aline	*Köln	0:54:02	1993 WHK	22	0:54:26	08:41 08:50 09:03 09:23 09:30 08:31	5:04 min/km
53	831	Timmer Annika	*Köln	0:54:03	1995 WHK	23	0:54:28	08:42 08:50 09:03 09:23 09:30 08:32	5:04 min/km

Kölner Zoolauf am 14. Juli 2017 - Toplauf - 10.05km

Ergebnisliste Frauen

Seite 7

gedruckt 19.07.2017 08:52:19

54	2194	Horta Da Silva Alicia	*Köln	0:54:18	1992 WHK	24	0:54:44	08:41	08:50	09:03	09:23	09:30	08:48	5:05 min/km
55	935	Voigt Sabrina	*Köln	0:54:28	1986 W30	10	0:54:47	08:22	08:59	09:11	09:27	09:25	09:02	5:06 min/km
56	1288	Apostel Julia	*Köln	0:54:39	1982 W35	8	0:55:13	07:58	08:42	09:22	09:42	09:47	09:05	5:07 min/km
57	458	Peters Anja	BSG Rheinpark	0:54:54	1977 W40	7	0:55:08	08:48	09:08	09:13	09:15	09:28	09:00	5:08 min/km
58	1741	Reifferscheidt Michaela	*Mechernich	0:54:59	1978 W35	9	0:55:34	09:04	09:21	09:23	09:20	09:18	08:29	5:09 min/km
59	2383	Strüber Michelle		0:55:06	1996 WHK	25	0:55:55	09:23	09:47	11:09	11:44	12:04	00:57	5:10 min/km
60	1859	Mohrmann Follow Hollow	Der Elf und seine Freunde	0:55:12	1970 W45	3	0:55:56	09:23	09:27	09:10	09:25	09:10	08:35	5:10 min/km
61	2217	Wyrwol Jessica	*Köln	0:55:27	1994 WHK	26	0:55:47	08:18	08:47	09:15	09:41	09:45	09:39	5:12 min/km
62	1211	Johanns Larissa	ergo sports	0:55:38	1963 W50	1	0:56:03	09:03	09:30	09:26	09:17	09:19	09:00	5:13 min/km
63	1378	Hand Stephanie	*Mechernich	0:55:41	1984 W30	11	0:56:03	08:09	08:53	09:22	09:46	09:55	09:33	5:13 min/km
64	662	Gerdes Sabine	RunAways MTV Köln	0:55:45	1966 W50	2	0:56:26	09:05	09:19	09:23	09:32	09:25	08:59	5:13 min/km
65	834	Stiefeling Stephanie	*Kerpen	0:55:51	1978 W35	10	0:56:34	11:21	11:25	11:40	10:41	00:00	00:00	5:14 min/km
66	38	Vick Theresa	*Köln	0:55:51	1986 W30	12	0:56:09	08:52	09:18	09:21	09:29	09:36	09:12	5:14 min/km
67	1008	Ebelshäuser Claudia	1. Kölner Laufstall	0:56:32	1963 W50	3	0:56:56	08:46	09:17	09:36	09:43	09:41	09:26	5:18 min/km
68	1769	Kampe Rosi	BSG/ DEVK	0:56:40	1985 W30	13	0:56:59	09:15	09:26	09:26	09:29	09:53	09:08	5:18 min/km
69	2114	Geppert Daniela	*Bergheim	0:56:50	1973 W40	8	0:57:22	08:49	09:22	09:35	09:45	09:58	09:19	5:19 min/km
70	2253	Krassuski Lisa	*Köln	0:56:57	1987 W30	14	0:57:22	09:03	09:37	09:38	09:44	09:43	09:10	5:20 min/km
71	1762	Pilling-Wilke Susan	*Mülheim	0:57:04	1952 W65	1	0:57:37	09:22	09:34	09:37	09:28	09:39	09:22	5:21 min/km
72	1644	Bliem Christine	*Köln	0:57:06	1988 WHK	27	0:57:26	08:54	09:15	09:42	09:50	09:58	09:24	5:21 min/km
73	1293	Pojarov Elena	*Köln	0:58:00	1983 W30	15	0:58:46	09:23	09:34	10:02	09:57	09:46	09:16	5:26 min/km
74	663	Gerdes Anika	RunAways MTV Köln	0:58:02	1992 WHK	28	0:58:43	09:05	09:26	09:55	09:54	10:03	09:36	5:26 min/km
75	1773	Wiethölter Alina	MTV	0:58:03	1995 WHK	29	0:58:42	09:07	09:26	09:55	09:54	10:02	09:36	5:26 min/km
76	1677	Miyanyedi Gülcan	VFL Nochern	0:58:07	1974 W40	9	0:58:52	09:38	09:54	09:41	09:46	09:48	09:16	5:26 min/km
77	2043	Stork Christina	Team MMP	0:58:11	1981 W35	11	0:58:53	09:29	10:03	09:43	09:47	09:48	09:18	5:27 min/km
78	2111	Sirch Isabel	*Köln	0:58:18	1987 W30	16	0:58:29	09:16	09:49	10:07	10:00	09:52	09:11	5:28 min/km
79	986	Czerwinski Lara	*Köln	0:58:56	1988 WHK	30	0:59:29	08:46	09:44	09:50	10:10	10:16	10:08	5:31 min/km
80	365	Vögler Daniela	*Großentaft	0:59:04	1979 W35	12	0:59:12	08:44	09:50	10:09	10:16	10:18	09:45	5:32 min/km
81	2166	Ihlenfeld Anika	*Köln	0:59:10	1993 WHK	31	0:59:48	08:59	09:42	10:03	10:09	10:12	10:03	5:32 min/km
82	1977	Bielipp Frau Martin	REWE Group	0:59:21	1979 W35	13	0:59:59	09:01	09:38	09:51	10:11	10:38	09:59	5:33 min/km
83	1483	Pünter Eike	*Köln	1:00:08	1987 W30	17	1:00:23	09:22	09:52	10:06	10:20	10:29	09:56	5:38 min/km
84	1423	Schmitz Kerstin	*Weilerswist	1:01:04	1986 W30	18	1:01:16	09:24	09:55	10:16	10:44	10:43	10:01	5:43 min/km
85	65	Laroche Dr. Michaela	*Kassel	1:01:18	1968 W45	4	1:01:59	09:30	10:16	10:19	10:29	10:26	10:15	5:44 min/km
86	415	Glunz Rabea	Happy Hippos	1:01:27	1994 WHK	32	1:02:13	10:14	10:07	10:34	10:39	10:32	09:19	5:45 min/km
87	414	Glunz Lisa Marie	Happy Hippos	1:01:30	1993 WHK	33	1:02:16	10:14	10:07	10:34	10:39	10:31	09:22	5:46 min/km
88	2297	Willwerth Lisa	MTV Runaways	1:01:47	1989 WHK	34	1:02:26	09:53	09:56	10:07	10:42	10:48	10:19	5:47 min/km
89	490	Kwiatek Astrid	*Monheim am Rhein	1:01:57	1994 WHK	35	1:02:24	09:07	09:48	10:19	10:46	11:10	10:45	5:48 min/km
90	398	Kusma Laura	*Köln	1:01:58	1991 WHK	36	1:02:25	09:08	09:48	10:19	10:45	11:10	10:46	5:48 min/km
91	1026	Stennes Heike	*Köln	1:04:15	1980 W35	14	1:04:49	10:01	10:28	10:59	10:53	11:06	10:45	6:01 min/km
92	936	Treiber Janine	*Köln	1:04:15	1982 W35	15	1:04:49	10:01	10:28	10:59	10:53	11:06	10:45	6:01 min/km
93	1653	Lindlar Jasmin	*Bergisch Gladbach	1:04:54	1993 WHK	37	1:05:37	09:54	10:28	10:45	11:10	11:22	11:12	6:05 min/km
94	392	Störmann Wiebke	Tokyo Connection	1:05:23	1964 W50	4	1:05:32	07:53	08:26	08:45	08:55	09:17	22:04	6:07 min/km