

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
1	1921	Trems Torsten	Central-team.de	1:48:50	1:48:56	1	M40	77	0:26:48	26:51	27:06	0:28:03
2	1869	Baumert Oliver	Miel	1:54:07	1:54:19	1	M35	82	0:28:14	28:29	28:02	0:29:20
3	601	Christen Peter	ASV Köln	1:54:54	1:55:00	1	M50	64	0:28:01	28:54	28:51	0:29:07
4	896	Freyaldenhoven Jan	Köln läuft!	1:57:58	1:58:08	1	M30	83	0:29:46	29:47	29:11	0:29:12
5	653	Pietz Frank	TriForce vital Remscheid	1:58:00	1:58:07	2	M40	75	0:29:22	29:15	29:31	0:29:50
6	912	Mayer Andreas	TUS Xanten	1:59:02	1:59:07	1	M45	71	0:28:57	29:36	29:44	0:30:44
7	1841	Maiworm Christian	Horst- Fans- Deutschlans	2:00:24	2:00:48	2	M30	83	0:30:22	29:42	30:14	0:30:05
8	1299	Kaatz Michael	Kreissparkasse Köln	2:00:25	2:00:35	2	M35	82	0:30:22	30:38	29:55	0:29:28
9	779	Braun Sascha	Freie Radikale	2:00:28	2:00:39	3	M40	73	0:30:11	30:50	29:53	0:29:32
10	651	Kappelhoff Christof	*Haltern am See	2:00:30	2:00:44	3	M30	85	0:27:41	28:50	30:02	0:33:56
11	1573	MÜLLER Hubertus	*Erkelenz	2:03:31	2:03:44	2	M45	69	0:27:36	29:44	31:30	0:34:40
12	1222	Rasch Alexander	*Köln	2:04:42	2:05:08	3	M35	79	0:30:20	30:39	31:17	0:32:25
13	416	Leitzbach Frank	Team Magenta	2:04:47	2:04:59	3	M45	71	0:30:58	30:55	31:00	0:31:53
14	1577	Blöcker Thomas	Meckenheim	2:05:41	2:05:44	1	M55	62	0:30:28	30:39	31:31	0:33:01
15	1708	Kempfle Jens	*Wachtberg	2:05:42	2:05:48	4	M45	72	0:29:34	30:55	32:16	0:32:56
16	1726	Mohrmann Moehre	Der Elf und seine Freunde	2:06:12	2:06:45	4	M40	73	0:31:06	31:37	31:49	0:31:37
17	1070	Bertels Christoph	*Köln	2:06:32	2:07:02	1	M20	88	0:31:50	31:56	31:41	0:31:04
18	1875	Conrads Peter	Team 14:30	2:06:47	2:07:29	5	M45	70	0:31:28	31:07	31:33	0:32:37
19	1258	Bornemann Thomas	central-team.de	2:06:54	2:07:01	6	M45	68	0:31:19	31:53	32:15	0:31:26
20	659	Harpert Dirk	Union Wessum	2:08:20	2:09:15	4	M30	84	0:33:33	30:19	30:31	0:33:56
21	1882	Bäker Thomas	*Köln	2:08:46	2:08:52	2	M50	64	0:31:02	31:54	32:59	0:32:49
22	147	Pütz Jürgen	LuST	2:09:02	2:09:25	7	M45	70	0:32:38	32:41	32:45	0:30:57
23	148	Simon Marc	LuST	2:09:03	2:09:25	5	M40	76	0:32:39	32:41	32:44	0:30:57
24	531	Nagler Georg	Cologne Running Crew	2:09:19	2:10:41	4	M35	82	0:32:12	32:50	32:19	0:31:56
25	155	Preißner Thomas	Triathlon Affen	2:10:09	2:11:02	3	M50	64	0:32:24	31:54	32:17	0:33:33
26	710	Wollgarten Daniel	Wolli Runners Wolsdorf	2:10:22	2:10:31	5	M35	80	0:31:39	32:05	32:38	0:33:59
27	1349	Weite Johannes		2:10:29	2:10:45	5	M30	83	0:32:15	31:55	32:16	0:34:01
28	1103	Brieden Matthias	Golfclub Liesen	2:11:57	2:13:14	6	M30	84	0:31:52	31:48	33:41	0:34:34
29	1463	Jusselme Jean-Baptiste	Peugeot Citroën Deutschland G	2:12:21	2:12:55	7	M30	87	0:31:38	31:44	32:51	0:36:05
30	213	Kolz Nicolas	*Köln	2:12:28	2:12:38	2	M20	88	0:32:01	31:39	32:38	0:36:09
31	1210	Schmidt Michael	Das Lager GmbH	2:13:01	2:13:52	4	M50	64	0:33:19	32:37	33:13	0:33:50
32	1436	Knöll Dennis	Die Neo läuft!	2:13:29	2:15:18	3	M20	90	0:35:52	31:58	32:15	0:33:22
33	193	Kessens Sebastian	*Düsseldorf	2:13:52	2:14:57	8	M30	84	0:33:48	33:13	33:12	0:33:39
34	1048	May Philipp	*Köln	2:14:34	2:15:17	6	M35	80	0:32:38	33:28	33:59	0:34:27
35	1092	Demirtas Kenan	*Lüdenscheid	2:15:03	2:15:23	5	M50	66	0:30:57	32:21	34:23	0:37:20
36	1926	Loizzi Davide		2:15:38	2:16:50	9	M30	85	0:33:02	33:05	33:30	0:35:59
37	1085	Langzauner Dietmar	FFO Ford Köln	2:15:54	2:17:51	6	M50	64	0:34:32	33:46	33:20	0:34:15
38	1833	Kerstan Jonas		2:16:07	2:17:30	4	M20	91	0:36:15	33:10	32:17	0:34:25
39	724	Kosarik Matthias	Rhein-Erft-Akademie	2:16:18	2:16:32	8	M45	68	0:33:03	33:09	33:55	0:36:10
40	232	Biedermann Thomas	*Köln	2:16:34	2:17:01	7	M50	66	0:33:25	34:04	34:55	0:34:09
41	932	Sommer Dennis	Team Karl	2:16:35	2:16:54	6	M40	74	0:31:53	31:58	33:51	0:38:51
42	1625	Zeppenfeld Christopher	Schreberyrd - We Run It!	2:16:42	2:17:10	10	M30	85	0:34:01	34:10	34:07	0:34:22
43	535	Weikamp Dennis	Box Club Kempen	2:16:44	2:17:51	11	M30	84	0:35:52	33:06	33:24	0:34:20
44	993	Saerbeck Dr. Ulrich	FSV	2:18:29	2:19:27	9	M45	70	0:34:56	34:40	34:40	0:34:11
45	363	Barton Tobias	*Köln	2:18:38	2:18:52	12	M30	85	0:31:40	32:35	35:29	0:38:52
46	259	Von den Berg Jan	*Köln	2:19:09	2:19:25	13	M30	85	0:33:25	34:32	35:10	0:36:00
47	1047	Kitler Daniel	*Aachen	2:19:13	2:21:10	5	M20	88	0:32:54	32:40	34:59	0:38:38
48	1887	Eichborn Marc	Samstagsmänner-Godesberg	2:19:45	2:20:10	10	M45	70	0:34:56	35:16	34:40	0:34:52
49	1267	Conrad Achim	Team Erdinger alkoholfrei	2:19:49	2:20:05	8	M50	66	0:32:57	33:23	34:57	0:38:30
50	565	Heindrichs Christoph	Team Timmy	2:20:03	2:20:13	6	M20	97	0:34:07	33:42	34:31	0:37:42
51	1027	Feige Stefan	Team Erdinger Alkoholfrei	2:20:59	2:23:01	7	M35	78	0:35:04	35:06	35:23	0:35:24
52	1227	Haack Jürgen	Running Team Grafenberg	2:21:01	2:21:37	1	M60	57	0:34:57	34:32	35:10	0:36:20
53	1839	Jovicic Nikola		2:21:03	2:21:35	8	M35	79	0:35:06	34:39	35:08	0:36:09
54	1629	Schmitz Sebastian	Profitrise Sports	2:21:04	2:24:55	7	M20	88	0:35:35	35:23	35:16	0:34:50
55	1591	Schmitz Philipp	Profitrise Sports	2:21:05	2:24:55	8	M20	93	0:35:36	35:23	35:16	0:34:49
56	1512	Merten Arne	*Köln	2:21:11	2:24:05	7	M40	73	0:36:57	35:16	33:58	0:34:59
57	231	Schäffler Daniel	TriDucks Dorsten	2:21:55	2:23:07	8	M40	74	0:35:49	35:12	35:24	0:35:29
58	895	Friedrich Marc	TriCologne	2:22:00	2:23:22	11	M45	70	0:36:09	35:06	35:32	0:35:13
59	291	Vierhaus Udo	Team 4haus	2:22:20	2:22:35	2	M60	56	0:34:03	34:47	35:33	0:37:54
60	1509	Normann Hans	*Köln	2:22:32	2:23:00	9	M50	67	0:34:08	34:42	35:41	0:38:00
61	803	Prystav Dr. Fabian	*Düsseldorf	2:22:38	2:26:09	14	M30	85	0:35:52	37:10	38:07	0:31:28

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
62	486	Tosch Frank	fit-running	2:23:05	2:23:56	10	M50	66	0:37:11	39:49	37:48	0:28:17
63	622	Lennarz Joachim	*Köln	2:23:10	2:23:27	9	M40	75	0:37:13	35:55	35:13	0:34:48
64	530	Bambach Robert	*Duisburg	2:23:37	2:24:28	11	M50	67	0:37:10	36:33	34:09	0:35:44
65	1576	Hadiji Fabian	*Köln	2:24:07	2:26:28	15	M30	83	0:34:53	34:58	35:32	0:38:43
66	874	Engel Dr. Cedric	Popo Club Wermelskirchen	2:24:30	2:25:25	9	M20	89	0:36:06	35:48	36:07	0:36:28
67	1169	Eckstein Raik	HELOT	2:24:46	2:26:41	10	M40	74	0:34:05	36:01	36:07	0:38:32
68	1173	Irnich Uli	Spinne Runners	2:24:47	2:28:46	12	M50	65	0:36:58	36:02	36:39	0:35:07
69	942	Rath Frank	TV Hochneukirch	2:24:53	2:25:06	2	M55	61	0:35:10	35:03	35:31	0:39:08
70	1158	Nellessen Dr. Nils	*Köln	2:25:12	2:25:34	10	M20	89	0:36:04	35:45	35:37	0:37:44
71	1363	Hippler Christian	Kombacher	2:25:20	2:28:29	16	M30	85	0:36:49	36:12	36:37	0:35:40
72	1106	Ollberg Sven	*Essen	2:25:38	2:26:15	17	M30	85	0:33:38	35:32	37:09	0:39:17
73	1240	Kalu Ukoha	*Köln	2:26:12	2:28:28	13	M50	66	0:38:09	35:57	35:53	0:36:12
74	584	Schmitz Sascha	*Porz-Wahnheide	2:26:13	2:29:33	11	M40	77	0:37:41	36:43	35:36	0:36:11
75	1650	Girelli Consolaro Albert	*Aachen	2:26:53	2:27:58	9	M35	80	0:36:45	37:09	36:47	0:36:10
76	1871	Haas Christoph	KTT Swim	2:27:31	2:28:03	18	M30	84	0:33:17	33:54	37:08	0:43:10
77	889	Heinen Olaf	BV 08 Lüttringheuasen	2:27:41	2:28:14	14	M50	66	0:35:31	34:59	35:36	0:41:34
78	1233	Schmidt Alexander	DJK Gummersbach	2:28:03	2:30:13	12	M45	70	0:37:18	36:33	36:34	0:37:36
79	1626	Merten Oliver	*Erfstadt	2:28:56	2:29:45	19	M30	84	0:36:04	36:12	37:33	0:39:06
80	1863	Adolphs Henst	Cologne Running Crew	2:29:14	2:30:37	13	M45	68	0:38:24	36:26	36:18	0:38:03
81	1703	Hasenkamp Claus	*Köln	2:29:24	2:29:38	15	M50	66	0:36:57	37:46	38:29	0:36:11
82	1797	Kloiber Harald	Netcologne	2:29:38	2:30:40	16	M50	67	0:37:29	36:44	37:34	0:37:50
83	1681	Schepanowski Thomas	*Köln	2:29:49	2:32:06	10	M35	82	0:38:19	37:35	37:17	0:36:36
84	1539	Bohrn Dr. Ulrich	LANXEES Roadrunner	2:29:57	2:32:59	20	M30	86	0:37:39	36:52	36:24	0:39:01
85	919	Saerbeck Marc	*Krefeld	2:30:03	2:31:03	12	M40	76	0:37:36	37:13	37:01	0:38:11
86	1561	Galonska Jan	*Neuss	2:30:23	2:32:46	11	M35	79	0:37:12	36:58	37:47	0:38:25
87	893	Rex Stephan	*Wesel	2:30:28	2:31:49	12	M35	79	0:35:15	35:15	37:23	0:42:34
88	404	Jachtmann Guido	Team Erdinger Alkoholfrei	2:30:49	2:33:03	14	M45	72	0:37:31	37:15	37:50	0:38:12
89	357	Heinemann Nils	TSV Undingen	2:31:02	2:34:01	21	M30	84	0:38:42	37:27	37:36	0:37:16
90	1684	Siegemund Sven	TuS 82 Opladen	2:31:20	2:32:52	13	M40	77	0:37:27	37:24	38:12	0:38:16
91	1899	Elsele Matthias	mach3	2:31:25	2:35:02	3	M55	59	0:38:08	36:35	37:14	0:39:27
92	1271	Rehaag Dirk	*Köln	2:31:43	2:33:28	17	M50	64	0:37:41	37:19	38:05	0:38:36
93	1879	Kunze Jochen		2:31:55	2:32:56	15	M45	69	0:36:42	37:10	37:28	0:40:34
94	16	Hetterle Alexander	*Köln	2:32:00	2:34:12	22	M30	87	0:40:24	39:19	38:16	0:33:58
95	1189	Krings Thomas	*Köln	2:32:04	2:34:12	11	M20	89	0:39:13	38:00	37:35	0:37:14
96	801	Hennig Carsten	*Jüchen	2:32:18	2:32:47	16	M45	68	0:36:30	37:15	38:42	0:39:49
97	922	Boelter Thomas	ERGO sports Köln	2:32:24	2:35:13	18	M50	63	0:38:48	36:18	37:48	0:39:29
98	1372	Wagner Sven	Run of Colours Promoteam	2:32:41	2:33:01	12	M20	89	0:33:40	35:05	38:21	0:45:34
99	1647	Schneider Jürgen	TuS 07 Oberlar	2:32:50	2:34:03	4	M55	61	0:38:39	38:42	38:41	0:36:47
100	1888	Kurpiers Christoph	Samstagsmänner-Godesberg	2:32:50	2:33:15	5	M55	62	0:37:09	37:49	38:16	0:39:36
101	823	Unshelm Peter	DAV Sektion Gummersbach	2:33:00	2:34:11	19	M50	67	0:38:26	37:42	38:53	0:37:58
102	1750	Böhmer Christian	*Arnsberg	2:33:00	2:36:36	13	M20	89	0:40:11	39:10	38:17	0:35:21
103	1699	Bork Artem	*Köln	2:33:03	2:34:33	23	M30	86	0:37:34	36:51	37:54	0:40:43
104	1756	Stock Ingolf	*Euskirchen	2:33:05	2:34:35	24	M30	85	0:37:34	36:51	37:52	0:40:46
105	410	Kraus Holger	*Köln	2:33:13	2:33:24	14	M40	73	0:38:07	38:36	37:37	0:38:52
106	281	Link Dr. Sebastian	*Siegen	2:33:14	2:37:12	25	M30	84	0:40:34	38:50	39:36	0:34:14
107	1251	Wellner Jens	*Köln	2:33:25	2:34:41	13	M35	81	0:36:57	37:46	38:47	0:39:54
108	785	Meyer Karsten	Oberodenthaler SC	2:33:27	2:35:28	17	M45	68	0:38:31	37:52	39:01	0:38:02
109	1658	Börste Andreas	TuS 07 Oberlar e.V.	2:33:32	2:34:45	18	M45	72	0:38:39	38:42	38:41	0:37:28
110	1193	Hoch Mischa	Cologne Crew	2:33:38	2:33:57	19	M45	72	0:39:03	39:12	38:31	0:36:51
111	1493	De la Rosa Fernandez C	*Karben	2:33:38	2:34:26	14	M20	88	0:39:19	39:06	38:09	0:37:02
112	771	Bartnicki Frank	*Köln	2:33:40	2:36:16	20	M50	65	0:39:57	37:54	38:15	0:37:33
113	1184	Kappelhoff Martin	*Borken	2:33:51	2:34:06	6	M55	59	0:37:32	37:59	38:40	0:39:39
114	247	Schmitz Wolfgang	Asphalt-Elch 01	2:33:54	2:34:48	7	M55	58	0:36:56	37:43	38:41	0:40:33
115	683	Macke Christoph	*Hennef	2:33:55	2:37:49	14	M35	79	0:40:12	38:45	37:39	0:37:18
116	1492	De la Rosa Patrick	*Karben	2:34:29	2:35:18	15	M20	90	0:39:46	39:34	38:49	0:36:19
117	49	Oversberg Stefan	Semper Superior	2:34:37	2:37:58	20	M45	69	0:38:50	38:11	39:24	0:38:11
118	1293	Schäfer Torben	*Frankfurt am Main	2:34:53	2:38:29	16	M20	89	0:40:10	39:10	38:17	0:37:14
119	95	Scholzen Sven	*Köln	2:35:13	2:38:05	21	M45	71	0:39:12	38:37	38:35	0:38:48
120	1741	Susanto Arthur	*Köln	2:35:20	2:38:16	15	M40	74	0:36:55	36:57	38:38	0:42:49
121	1670	Blaicher Markus	*Herschbach	2:35:48	2:37:21	21	M50	63	0:37:33	36:46	37:08	0:44:20
122	625	Böhle Dirk	TV Werne 03	2:36:06	2:36:43	8	M55	61	0:38:08	38:57	39:18	0:39:41

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
123	973	Lenzen Oliver	*Bornheim	2:36:18	2:39:07	15	M35	78	0:40:44	38:47	38:37	0:38:08
124	304	Koch Marcel	*Köln	2:36:25	2:37:02	22	M45	70	0:39:14	40:15	39:46	0:37:08
125	303	Lu Hon Hao	TUS Jahn Mönchengladbach	2:36:28	2:40:32	16	M40	73	0:35:36	36:46	38:21	0:45:44
126	821	Becker Thomas	*Krunkel-Eggert	2:36:35	2:37:27	22	M50	67	0:37:45	38:32	39:13	0:41:05
127	27	Kruse Manfred	*Euskirchen	2:36:41	2:39:59	9	M55	58	0:38:51	38:11	39:22	0:40:15
128	1814	Albrecht Jens		2:36:50	2:37:17	23	M45	68	0:37:31	38:42	40:18	0:40:18
129	979	Schreiter Rüdiger	*Duisburg	2:38:09	2:40:08	24	M45	71	0:39:43	39:37	39:45	0:39:02
130	927	Menssen Christoph	*Köln	2:38:17	2:40:22	26	M30	86	0:40:44	40:03	39:33	0:37:55
131	1064	Heuser Uwe	*Köln	2:39:03	2:40:32	3	M60	55	0:39:45	38:21	38:47	0:42:08
132	1907	Mihrmeister Dan	Team Erdinger Alkoholfrei	2:39:05	2:40:37	16	M35	80	0:40:27	39:55	40:04	0:38:38
133	1149	Lueg Sebastian	Finanzgutachter24	2:39:05	2:39:30	17	M40	76	0:37:57	39:54	39:34	0:41:39
134	1253	Wüst Hans Werner	*Köln	2:39:08	2:39:43	1	M65	50	0:38:47	38:37	41:12	0:40:30
135	982	Schild Wolfgang	*Buchholz	2:39:19	2:42:09	23	M50	67	0:40:44	38:47	38:37	0:41:10
136	80	Petters Andreas	*Brühl	2:39:20	2:41:17	17	M35	78	0:38:48	39:18	40:29	0:40:43
137	897	Pickl Norbert	Lauffreunde Blücherpark	2:39:35	2:40:48	10	M55	60	0:38:55	39:00	39:48	0:41:51
138	746	Frenken Dietmar	Bewegungswelten	2:39:58	2:40:48	24	M50	65	0:39:25	39:43	40:27	0:40:22
139	86	Hermanns Frank	*Kerken	2:40:04	2:40:38	18	M35	82	0:41:44	40:35	39:50	0:37:53
140	1728	Klein Andreas	*Königswinter	2:40:20	2:43:10	19	M35	82	0:40:47	40:00	39:27	0:40:05
141	229	Winters Gereon	*Frechen	2:40:28	2:42:52	17	M20	92	0:41:50	39:22	38:53	0:40:21
142	1633	Afamefule Chidi	*Köln	2:40:31	2:41:05	18	M20	88	0:36:01	36:50	38:25	0:49:15
143	1733	Engling Sascha	FC St. Pauli Marathon	2:41:03	2:42:46	25	M45	69	0:40:10	40:02	40:27	0:40:23
144	511	Sinn Frank	*Solingen	2:41:16	2:42:56	25	M50	64	0:37:11	38:45	40:39	0:44:39
145	1800	Modjtaba Madadir-Sanj		2:41:26	2:42:36	11	M55	59	0:45:42	41:23	37:24	0:36:56
146	1752	Glockner Wolf	GSG Partner	2:41:54	2:42:15	12	M55	58	0:41:18	40:07	40:40	0:39:47
147	904	Vogel Jörg	Runtastics	2:42:02	2:44:44	26	M45	69	0:40:48	41:14	39:24	0:40:35
148	1105	Lechelt Stefan	R U N	2:42:06	2:44:47	18	M40	75	0:40:48	41:14	39:27	0:40:35
149	586	Schiffer Dr. Hans-Wilhel	LG RWE Power	2:42:41	2:43:42	2	M65	49	0:40:14	40:54	41:13	0:40:19
150	1213	Steinberg Peter	*Köln	2:43:11	2:43:26	20	M35	78	0:42:54	41:24	41:13	0:37:39
151	223	Schwenck Christian	mas-Training	2:43:14	2:43:55	19	M40	74	0:37:10	37:47	41:00	0:47:15
152	248	Schorr Dennis	*Köln	2:43:19	2:44:52	27	M30	83	0:43:58	41:00	38:47	0:39:34
153	1652	Doppler Marco	*Köln	2:43:19	2:46:07	20	M40	77	0:37:34	38:43	41:18	0:45:42
154	1522	Klumpp Guido	mas-training	2:43:34	2:44:15	26	M50	65	0:41:25	40:43	40:30	0:40:55
155	830	Traeder Philipp	Veedelstrüppsche	2:43:48	2:44:22	28	M30	84	0:41:40	41:05	40:37	0:40:24
156	1022	Piśowotzki Michael	*Bergisch Gladbach	2:43:52	2:47:14	27	M50	63	0:40:52	40:32	40:55	0:41:32
157	1315	Franken Michael	*Köln	2:43:53	2:47:04	28	M50	63	0:42:29	41:28	39:56	0:39:58
158	1744	Mausbach Gerd	LT Decksteiner Weiher	2:43:55	2:45:31	4	M60	57	0:40:07	40:10	40:04	0:43:32
159	1114	Tuchscherer Sven	Cologne Runners	2:44:03	2:46:11	21	M40	76	0:40:41	40:04	39:33	0:43:44
160	1182	Blaum Roland	Cologne Runners	2:44:06	2:46:13	27	M45	69	0:40:42	40:04	39:34	0:43:45
161	1489	De la Rosa Angel	*Karben	2:44:12	2:45:00	13	M55	61	0:39:46	39:46	40:32	0:44:07
162	1086	Rosso Mario	TUS Brauweiler	2:44:18	2:45:19	14	M55	60	0:39:47	40:37	41:20	0:42:33
163	1587	Langenbach Lutz	Runnerspoint Runclub Köln	2:44:21	2:45:49	22	M40	73	0:40:31	40:10	40:13	0:43:26
164	1695	Mauel Mark	MTB EU	2:44:27	2:47:13	28	M45	70	0:42:35	41:17	40:37	0:39:57
165	1007	Odenthal Sascha	*Linnich	2:44:56	2:46:27	21	M35	82	0:39:16	40:00	42:08	0:43:32
166	1692	Sikora Stephan	*Linnich	2:45:01	2:46:32	29	M45	69	0:39:16	40:00	42:08	0:43:36
167	1582	Engelsing Lutz	*Bonn	2:45:06	2:47:52	30	M45	72	0:41:06	40:47	42:16	0:40:55
168	1320	Lindemann Markus	*Langenfeld	2:45:07	2:48:56	31	M45	69	0:42:55	42:13	42:02	0:37:55
169	918	Stephan Benjamin	*Düsseldorf	2:45:12	2:47:26	22	M35	79	0:41:11	40:48	41:28	0:41:43
170	499	Vogler Klaus	*Köln	2:45:15	2:46:23	5	M60	56	0:39:58	40:36	41:35	0:43:05
171	691	Jacobs Klaas-Steffen	LG Badewanne	2:45:50	2:49:52	6	M60	56	0:41:26	40:27	42:10	0:41:46
172	592	Kirschvink Dirk	*Kettenis	2:45:56	2:48:35	23	M40	73	0:43:07	41:14	41:01	0:40:33
173	1613	Scheuren David	*Kettenis	2:45:56	2:48:36	24	M40	74	0:43:07	41:14	40:31	0:41:03
174	763	Monzel Klaus	LG Badewanne	2:46:19	2:49:52	15	M55	60	0:41:54	40:27	42:10	0:41:46
175	491	Holz René	3exercise	2:46:35	2:48:20	32	M45	72	0:39:48	41:11	41:12	0:44:23
176	1491	Ligas Gian Luca	*Hanau	2:46:36	2:47:24	33	M45	69	0:42:02	41:56	41:38	0:40:59
177	2711	unbekannt		2:47:26	2:47:26	0	M		0:43:25	40:48	41:28	0:41:43
178	1045	Helten Frank	*Köln	2:47:36	2:51:26	34	M45	71	0:43:36	42:21	41:32	0:40:05
179	1319	Band Harald	Lokomotive Stadtwald	2:47:44	2:50:34	16	M55	62	0:41:24	42:16	41:19	0:42:44
180	466	Lode Mario	*Frechen	2:47:51	2:49:27	25	M40	74	0:38:29	40:03	41:25	0:47:53
181	504	Willms Philipp	*Leverkusen	2:48:27	2:51:55	19	M20	92	0:41:44	41:51	42:20	0:42:31
182	1133	Brode Felix	ASV	2:49:25	2:49:38	7	M60	55	0:41:56	42:54	42:56	0:41:38
183	106	Jokisch Sven	FC Deutsche Post	2:49:30	2:50:22	35	M45	69	0:39:59	40:02	43:07	0:46:20

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
184	698	Bönnighausen Pierre	*Köln	2:49:50	2:50:22	23	M35	80	0:40:58	40:30	41:51	0:46:29
185	699	Galvis Suarez Mike	*Köln	2:49:52	2:50:23	26	M40	77	0:40:59	40:30	41:51	0:46:31
186	1155	Hampe Matthias	*Neuss	2:50:08	2:52:07	29	M30	85	0:42:29	42:07	42:11	0:43:20
187	1156	Ramos Miguel	*Neuss	2:50:09	2:52:09	30	M30	87	0:42:28	42:07	42:12	0:43:21
188	574	Reuter Manfred	Domstädter Köln e.V.	2:50:24	2:52:19	17	M55	62	0:38:53	39:47	43:10	0:48:32
189	239	Leyendecker Matthias	SC Fortuna Köln	2:50:40	2:53:50	18	M55	61	0:40:02	39:30	43:53	0:47:15
190	1682	Frantzen Frank	Skiclub Blau Rot	2:50:46	2:53:24	19	M55	58	0:41:56	41:09	42:47	0:44:53
191	1537	Heuer Michael	*Köln	2:50:49	2:53:27	29	M50	64	0:41:56	41:07	42:47	0:44:58
192	1235	Gierth Markus	*Brühl	2:51:17	2:54:57	36	M45	68	0:46:32	46:44	41:38	0:36:20
193	1557	Bintein Davyd	*Köln	2:52:48	2:53:53	31	M30	85	0:45:03	42:44	44:27	0:40:32
194	708	Stephan Gerald	-	2:53:02	2:55:54	24	M35	79	0:45:22	44:46	41:09	0:41:43
195	1143	Dovek Metin	*Köln	2:53:03	2:56:46	30	M50	67	0:37:18	40:05	46:59	0:48:40
196	1927	Nofftz Klaus	Run For Fun	2:53:41	2:56:47	8	M60	57	0:42:45	43:21	43:07	0:44:26
197	1057	Tappert Marc	*Langenfeld	2:54:09	2:54:32	32	M30	87	0:46:35	42:56	44:37	0:39:58
198	1565	Dick Daniel	Kreissparkasse Köln	2:54:22	2:57:33	33	M30	87	0:43:20	43:15	43:40	0:44:06
199	1205	Maia Carlos	zatopek-eitorf	2:54:23	2:57:33	27	M40	73	0:43:21	43:35	43:20	0:44:06
200	1568	Löhr Dr. Jörg	zatopek-eitorf	2:54:23	2:57:33	20	M55	62	0:43:22	43:15	43:29	0:44:17
201	1030	Habermann Marcus	SV Eitorf 09	2:54:24	2:57:33	31	M50	64	0:43:22	43:15	43:29	0:44:17
202	767	Büsch Detlef	küche kalt westerwald	2:54:55	2:55:47	37	M45	68	0:37:44	38:32	39:13	0:59:25
203	1725	Trevisan Tobias	Körpermanager	2:55:04	2:56:15	20	M20	91	0:43:03	43:09	44:00	0:44:50
204	550	Lehne Gerardo	*Köln	2:55:14	2:56:36	28	M40	75	0:42:00	42:26	44:07	0:46:40
205	1603	Klein Oliver	*Niederkassel	2:55:15	2:58:48	32	M50	66	0:43:04	43:25	44:14	0:44:31
206	1310	Kramer Gerd	*Koeln	2:56:09	2:58:29	21	M55	61	0:42:28	42:15	45:22	0:46:03
207	1016	Reda Karl-Heinz	ERGO sports Köln	2:56:23	2:59:12	9	M60	53	0:43:29	44:11	44:48	0:43:54
208	30	Komp Oliver	*Nettersheim	2:56:57	3:00:22	34	M30	83	0:48:32	49:18	48:17	0:30:47
209	696	Vogel Daniel	*Hünfeld	2:57:03	2:59:23	25	M35	79	0:43:28	42:17	43:42	0:47:34
210	1867	Gregor Michael	don't cry - RUN	2:58:05	3:01:51	33	M50	65	0:43:39	42:31	44:41	0:47:12
211	1229	Piecha Dietmar	Fortuna 1895 Düsseldorf	2:58:11	2:59:58	34	M50	65	0:43:49	44:20	44:21	0:45:40
212	46	Stetter Peter	Lichtscheid Runner Wuppertal	2:59:18	3:01:18	35	M50	65	0:43:43	45:17	44:28	0:45:48
213	828	Werny William	Die 4 Wernys	2:59:40	3:01:05	22	M55	58	0:41:52	42:59	45:46	0:49:01
214	1817	Holdingshausen Sven	Pace Pack Runners	3:01:37	3:02:41	38	M45	71	0:43:57	42:40	44:16	0:50:42
215	400	Famula Sebastian	*Wuppertal	3:02:43	3:06:08	35	M30	85	0:43:03	44:30	45:33	0:49:35
216	1361	Schill Christoph	Team Erdinger Alkoholfrei	3:02:46	3:06:20	36	M50	66	0:46:16	45:51	46:49	0:43:49
217	1922	Werner Ralf	ASV Köln	3:04:12	3:07:15	23	M55	59	0:43:19	42:12	46:55	0:51:45
218	1894	Satoshi Oka		3:04:46	3:07:20	39	M45	70	0:41:01	42:38	48:44	0:52:22
219	714	Rupar Reiner	reinerrupar@t-onlin.de	3:12:06	3:14:47	40	M45	70	0:46:04	46:52	50:30	0:48:39
220	1102	Neumann Jörg	SV Breitscheidt	3:12:27	3:15:11	24	M55	60	0:45:30	46:33	49:45	0:50:38
221	1033	Fiebiger Hartmut	Asbacher Laufmäuse	3:14:46	3:17:12	37	M50	63	0:47:08	47:55	49:25	0:50:16
222	1031	Hemmersbach Manfred	*Köln	3:17:01	3:19:03	26	M35	81	0:51:18	49:27	48:54	0:47:20
223	1142	Wagner Markus	*Köln	3:28:58	3:32:17	41	M45	68	0:54:07	52:14	49:35	0:53:00
224	154	Schneider Thorsten	*Bochum	3:32:19	3:33:43	27	M35	79	0:47:29	53:14	55:31	0:56:04

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
1	287	Becker Kathrin	#iamsportbymarcsraatz	2:15:39	2:16:54	1	W35	82	0:32:59	33:06	33:41	0:35:51
2	1480	Heinemeyer Antje	*Köln	2:16:44	2:17:02	1	W30	84	0:33:59	33:47	34:12	0:34:45
3	1245	Komp Dorina	*Köln	2:17:19	2:18:17	2	W35	79	0:31:42	32:39	34:01	0:38:55
4	1302	Whybra-Döttelbeck Nat	*Pulheim	2:18:51	2:19:04	1	W45	70	0:34:15	34:56	35:16	0:34:22
5	514	Heister Julia	1. FFC Bergisch Gladbach	2:21:08	2:21:21	3	W35	82	0:34:13	35:04	35:27	0:36:24
6	1521	Hohlbein Maika	*Köln	2:22:20	2:22:43	1	W20	89	0:35:36	35:12	35:13	0:36:17
7	556	Brühl Andrea	*Köln	2:24:35	2:25:07	4	W35	81	0:35:31	35:29	35:52	0:37:41
8	1283	Krepel Sabine	GMRLV	2:26:19	2:27:18	2	W45	70	0:35:05	35:48	37:18	0:38:07
9	992	Rick Sabine	*Bonn	2:27:48	2:29:23	1	W40	77	0:36:32	36:26	37:13	0:37:35
10	1634	Hoffstadt Carmen	*Bergisch Gladbach	2:28:03	2:29:18	2	W20	94	0:37:46	37:30	37:12	0:35:33
11	197	Piowar Ulla	*Köln	2:28:45	2:29:42	2	W30	84	0:36:23	36:43	37:41	0:37:57
12	1779	Schäfer Daniela	Team Erdinger Alkoholfrei	2:29:15	2:29:51	2	W40	77	0:37:01	37:05	37:32	0:37:36
13	1737	Fietz Sabine	*Stuttgart	2:30:10	2:31:31	3	W30	84	0:36:23	37:44	38:10	0:37:51
14	1605	Goldschmidt Nora	*Köln	2:31:07	2:31:35	3	W20	91	0:37:27	37:35	37:56	0:38:08
15	17	Jänicke Franziska	*Köln	2:32:16	2:34:33	4	W20	89	0:40:33	39:34	37:43	0:34:26
16	1821	Leipert Sabine	ASV Köln	2:33:09	2:35:20	3	W40	73	0:39:13	38:02	38:00	0:37:53
17	1230	Knötsch Kristiane	*Düsseldorf	2:34:07	2:35:54	3	W45	68	0:39:41	38:32	38:53	0:36:59
18	1083	Ratzlaff Katrin	*Frechen	2:35:02	2:36:19	4	W30	84	0:40:21	38:53	38:49	0:36:58
19	15	Hanebutt Steffi	*Köln	2:35:13	2:37:26	5	W30	86	0:40:25	39:20	38:16	0:37:11
20	1815	Niessen Silvia	TUS Schmidt	2:35:14	2:35:32	6	W30	84	0:37:49	39:20	40:02	0:38:02
21	534	Mennicken Sandra	*Düsseldorf	2:35:23	2:36:53	5	W20	93	0:36:17	38:04	39:04	0:41:58
22	464	Gebhardt Victoria	*Köln	2:35:47	2:38:34	7	W30	87	0:42:06	39:49	37:57	0:35:54
23	624	Westbomke Martina	TV Werne 03	2:36:06	2:36:43	4	W40	73	0:38:08	38:58	39:19	0:39:40
24	1094	Flatten Ruth	LG Germania Freund	2:36:11	2:37:06	1	W50	66	0:38:23	38:19	38:29	0:40:59
25	10	Borsa Carmen	*Aachen	2:36:35	3:36:51	5	W35	78	0:00:00	39:02	39:03	1:18:28
26	1052	Koppe Maria	*Pulheim	2:36:41	2:37:12	6	W35	82	0:33:29	37:59	41:08	0:44:03
27	742	Platzmann Lisa	*Köln	2:36:41	2:37:52	6	W20	91	0:40:36	39:11	38:45	0:38:08
28	214	Bettello Andrea	TSV Ismaning	2:37:05	2:38:02	4	W45	71	0:38:22	38:34	39:20	0:40:47
29	105	Kamenz-Jokisch Carme	FC Deutsche Post	2:38:13	2:39:05	7	W35	80	0:39:47	39:45	39:08	0:39:31
30	1551	Weuthen Ramona	*Köln	2:38:17	2:40:21	8	W30	86	0:40:44	40:03	39:32	0:37:56
31	221	Reinhardt Michaela	DreamTeam	2:38:36	2:41:52	5	W45	70	0:39:35	38:53	39:09	0:40:57
32	1578	Esser Sabine	Kölner HTC Blau Weiß	2:39:02	2:40:10	9	W30	86	0:40:47	39:35	39:16	0:39:22
33	194	Starke Heidi	Lippeläufers	2:39:51	2:40:49	2	W50	66	0:38:12	38:54	40:15	0:42:29
34	747	Arslan Nuray	Bewegungswelten	2:39:51	2:40:41	3	W50	67	0:39:24	39:44	40:27	0:40:15
35	765	Kind Verena	Colinians Cologne	2:41:10	2:44:00	8	W35	82	0:39:18	39:51	40:14	0:41:46
36	390	Giesenkirchen Barbara	*Köln	2:43:28	2:47:05	7	W20	89	0:42:16	41:35	40:26	0:39:09
37	833	Bilsing Julia	*Köln	2:43:33	2:44:07	10	W30	85	0:41:40	41:06	40:37	0:40:09
38	22	Bredow Tanja	*Wipperfürth	2:43:44	2:44:31	6	W45	72	0:40:20	40:43	41:05	0:41:34
39	1194	Monnee Sarah	Cologne Crew	2:44:00	2:44:20	5	W40	77	0:39:02	39:12	41:21	0:44:24
40	782	Klein Bärbel	*Heimbach	2:44:09	2:47:26	9	W35	81	0:40:07	40:49	41:28	0:41:44
41	780	Esser Kristina	*Hückelhoven	2:44:18	2:44:52	10	W35	82	0:39:52	40:52	40:13	0:43:19
42	856	Schultheiss Meike	*Nümbrecht	2:44:18	2:46:40	11	W35	81	0:40:35	40:52	40:41	0:42:09
43	1006	Hensgens Daniela	*Gangelt	2:44:52	2:46:23	7	W45	72	0:39:16	39:59	42:08	0:43:27
44	1108	Krüger Michaela	*Bonn	2:45:17	2:46:51	12	W35	81	0:40:48	41:07	41:30	0:41:50
45	520	Voißel Gertrud	*Neuss	2:46:12	2:47:13	8	W45	70	0:42:14	43:56	40:02	0:39:58
46	857	Sell Ulrike	PSC	2:46:16	2:48:01	6	W40	75	0:41:35	41:19	41:26	0:41:54
47	709	Brandt Jasmin	*Köln	2:47:22	2:49:11	8	W20	90	0:39:16	40:50	43:44	0:43:30
48	1729	Bey Anne	*Hachenburg	2:49:48	2:50:33	13	W35	79	0:41:19	47:01	48:42	0:32:43
49	964	Gotthardt Alexandra	ASC Weißbachtal e.V.	2:50:03	2:53:18	9	W45	69	0:41:03	41:16	42:44	0:45:00
50	934	Brinkmann Nicole	*Köln	2:51:07	2:54:47	10	W45	72	0:42:02	41:56	43:02	0:44:06
51	1316	Franken Christina	*Köln	2:51:44	2:54:56	11	W45	69	0:42:29	41:49	43:10	0:44:15
52	1144	Börgel Nina	*Düsseldorf	2:52:16	2:55:53	11	W30	83	0:47:42	45:51	38:26	0:40:16
53	141	Appenrodt Juliane	*Berlin	2:53:20	2:54:01	12	W30	86	0:42:21	43:10	44:27	0:43:21
54	1202	Becker Ines	Bakis Fightclub Leverkusen	2:54:36	2:56:57	9	W20	92	0:45:43	43:55	44:33	0:40:23
55	1663	Bergfort Stephanie	*Hürth	2:54:50	2:56:50	7	W40	75	0:43:54	44:01	44:31	0:42:22
56	916	Tepasse Christina	*Köln	2:54:58	2:57:35	10	W20	89	0:41:35	42:58	45:02	0:45:22
57	1278	Uude Alexandra	*Leverkusen	2:55:01	2:57:20	11	W20	89	0:45:45	43:55	44:33	0:40:47
58	11	Tiggemann-Klein Claud	körpermanager	2:55:04	2:56:15	12	W45	70	0:43:03	43:09	44:01	0:44:49
59	1175	Kuke Dr. Claudia	Ölschrötenlaufverein	2:55:04	2:56:17	4	W50	67	0:43:25	43:58	44:43	0:42:58
60	1918	Goeddertz Martina	3 Xercise	2:55:06	2:56:47	5	W50	67	0:43:27	44:02	43:10	0:44:26
61	1541	Conrad Kerstin	Team Erdinger Alkoholfrei	2:55:06	2:56:47	13	W45	71	0:43:27	44:02	43:11	0:44:25

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
62	1780	Tessmann Julia	SG der Stadt Brühl	2:55:52	2:59:05	12	W20	92	0:41:39	42:19	43:47	0:48:06
63	1563	Isman Dehen	*Aachen	2:55:55	2:58:58	6	W50	67	0:42:54	44:04	44:04	0:44:52
64	1311	Schuetz Stephanie	*Koeln	2:56:08	2:58:29	7	W50	64	0:42:27	42:16	45:22	0:46:02
65	695	Zipper Sonja	*Hünfeld	2:57:02	2:59:22	13	W30	85	0:43:28	42:18	43:42	0:47:34
66	1544	Hofmann Ingrid	SG Siegen-Giersberg	2:57:10	2:58:25	14	W30	83	0:43:12	42:57	45:36	0:45:24
67	285	Michalowski Claudia	*Zürich	2:57:29	2:57:47	14	W45	72	0:41:19	43:25	45:14	0:47:29
68	1553	De Vuyst Kiliame	*Köln	2:57:32	2:58:37	15	W30	87	0:42:52	44:21	44:56	0:45:22
69	533	Gräf Silvia	BAPersSBW	2:57:51	3:00:58	15	W45	68	0:42:55	44:02	43:52	0:47:01
70	809	Stötzel-Ditsche Christia	SG Siegen-Giersberg	2:59:55	3:01:11	1	W60	57	0:43:11	42:57	44:57	0:48:49
71	760	Poppenga Michaela	*Haan	3:00:00	3:03:48	8	W40	73	0:42:06	42:12	44:30	0:51:11
72	1735	Benzmüller Heike	*Köln	3:00:47	3:02:49	16	W45	71	0:43:48	43:31	44:02	0:49:25
73	1734	Genser Nina	Fortunabrötchen	3:00:48	3:02:50	17	W45	72	0:43:48	43:31	44:01	0:49:26
74	1254	Dorschel Valerie	MACH3 Köln e.V. / TEA	3:01:06	3:04:38	16	W30	83	0:44:28	44:35	45:47	0:46:14
75	445	Kruczek Carmen	*Bergheim	3:03:50	3:06:25	13	W20	90	0:44:55	44:03	45:29	0:49:21
76	1610	Häck Gisela	BSG Kreissparkasse Köln	3:04:05	3:07:42	1	W70	47	0:45:40	45:32	46:02	0:46:50
77	1618	Herrmann Sandra	Team Erdinger alkoholfrei	3:05:14	3:08:48	14	W35	78	0:46:35	45:31	46:49	0:46:16
78	1494	Sokoll Miriam	*Herten	3:06:30	3:10:00	9	W40	73	0:45:09	45:31	47:24	0:48:25
79	1074	Blech Bianca	*Köln	3:07:08	3:09:29	10	W40	73	0:49:09	45:09	44:03	0:48:45
80	1903	Domena Näna	NAO PT	3:07:18	3:10:46	15	W35	80	0:38:46	37:59	48:09	1:02:22
81	1056	Ebner Sabine	*Langenfeld	3:08:06	3:08:29	14	W20	88	0:44:23	45:09	47:13	0:51:20
82	1688	Von agris-parrish Ute	laufschule ring	3:08:06	3:15:12	16	W35	80	0:46:58	47:22	47:53	0:45:52
83	1308	Stein Vanessa	Team Erdinger Alkoholfrei	3:08:08	3:11:37	11	W40	75	0:45:34	46:02	52:05	0:44:25
84	1862	Adolphs Michaelae	Cologne Running Crew	3:08:40	3:10:09	12	W40	76	0:47:17	47:38	47:53	0:45:50
85	335	Blackeby Linda	*Wiesbaden	3:09:12	3:12:01	13	W40	76	0:45:31	46:48	47:48	0:49:03
86	107	Mielke Laura	*Dormagen	3:12:05	3:14:47	15	W20	94	0:46:29	46:45	50:11	0:48:39
87	1532	Gerards Ulrike	Laufschule Ring	3:12:21	3:19:26	8	W50	67	0:47:00	47:20	47:56	0:50:03
88	1157	Kohlgraf Linda	SCB Horrem	3:12:42	3:14:25	14	W40	77	0:48:24	47:51	48:11	0:48:15
89	1034	Fiebiger Sabine	SV Windhagen	3:14:46	3:17:12	9	W50	64	0:47:09	47:53	49:26	0:50:16
90	1026	Zimmer Andrea	SV Windhagen	3:14:47	3:17:11	15	W40	74	0:47:08	47:55	49:26	0:50:16
91	1612	Berthold Andrea	Profitrise Sports	3:15:11	3:19:03	16	W20	92	0:49:27	49:27	48:54	0:47:21
92	1260	Böttger Muriel	*Köln	3:15:11	3:19:03	17	W20	93	0:49:26	49:28	48:54	0:47:21
93	1566	Dichant Anna	*Köln	3:15:12	3:19:04	18	W20	90	0:49:25	49:29	48:54	0:47:22
94	1309	Becker Heike	SCB Horrem	3:16:54	3:18:37	10	W50	67	0:48:24	47:54	49:38	0:50:57
95	804	Can Mediha	*Köln	3:17:06	3:18:04	2	W60	53	0:49:27	50:34	48:19	0:48:44
96	249	Both Nicole	*Frechen	3:20:05	3:23:31	17	W35	80	0:45:51	48:58	50:53	0:54:22
97	1082	Mohnhaus Jessica	Team Erdinger Alkoholfrei	3:23:18	3:26:48	18	W35	78	0:49:46	51:04	52:17	0:50:09
98	664	Oezdemir Elif	*Köln	3:28:56	3:31:20	17	W30	86	0:46:33	49:43	55:16	0:57:22
99	1575	Vogel Katharina	*Köln	3:32:37	3:35:20	19	W20	95	0:50:54	51:07	54:17	0:56:18
100	614	Baus Iris	1. FC Spich	3:32:41	3:36:15	1	W55	62	0:49:46	51:39	55:11	0:56:04
101	171	Schumacher Alice	Juke Runer	3:33:30	3:36:14	18	W45	69	0:48:39	51:43	55:47	0:57:19
102	519	Hahs Eveline	LT. Hennef/Sieg	3:33:43	3:36:48	2	W55	58	0:50:42	51:53	54:29	0:56:37
103	1162	Braun Nadine	Eisenbahnersportverein e.V.	3:35:37	3:36:51	19	W35	81	0:50:29	52:07	54:13	0:58:47
104	317	Jochmann Sarah	*Köln	3:53:26	3:54:25	18	W30	83	0:50:17	54:10	00:55	1:08:02