

10km - Gesamtwertung

Stadtwerke Düsseldorf Halbmarathon auf der Kö - 3. September 2017

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
1	4801	Thorwirth Maximilian	SFD 75 Düsseldorf	0:31:25	0:31:25	1	MU23	95	2: 15:54 15:31
2	3985	Krlte Klennet		0:31:51	0:31:51	1	MHK	92	2: 15:54 15:56
3	3501	Hadamus Sebastian	ART Düsseldorf	0:32:25	0:32:26	1	M40	74	2: 15:54 16:31
4	5361	Schnorr Stefan	Aachener TG	0:32:45	0:32:46	1	M30	85	2: 16:20 16:24
5	3956	Dickans Fabian	AYYO Team Essen	0:32:52	0:32:53	1	M35	82	2: 16:20 16:31
6	5240	Rinke Andre	TV Refrath	0:33:48	0:33:49	2	MHK	91	2: 16:23 17:25
7	3852	Glöckner Manuel	LSF Münster	0:34:09	0:34:10	2	M30	84	2: 17:09 16:59
8	3810	Sudowe David	TEAM-ESSEN '99	0:34:28	0:34:29	3	MHK	89	2: 16:41 17:47
9	4667	Stroben Patrick	TuS Oedt	0:35:19	0:35:20	3	M30	85	2: 17:45 17:33
10	3851	Kösters Andreas	LSF Münster	0:35:28	0:35:29	2	M35	80	2: 17:54 17:34
11	3645	Stellinger Florian	Leonie	0:35:28	0:35:29	3	M35	78	2: 17:33 17:55
12	3774	Neuens Jan	ASV Duisburg	0:35:57	0:35:58	2	MU23	97	2: 17:29 18:28
13	4175	Wentges Marek	*Düsseldorf	0:36:08	0:36:10	2	M40	75	2: 18:01 18:06
14	5253	Thönnessen Florian	SG Monheim	0:36:14	0:36:18	3	M40	77	2: 18:04 18:10
15	4692	Seele Stefan	con energy	0:36:14	0:36:15	4	MHK	88	2: 18:03 18:10
16	4854	Galceran Holtappels Andreu	LG Buntentor Roadrunners	0:36:25	0:36:27	1	MU18	01	2: 17:47 18:37
17	4744	Eichhorn Daniel	SSK DÜSSELDORF	0:36:30	0:36:31	4	M30	86	2: 17:47 18:42
18	3661	Piaskowski David	Esprit	0:36:31	0:36:32	5	MHK	88	2: 18:03 18:27
19	4837	Knipping Andreas	SFD 75 Düsseldorf	0:36:41	0:36:43	6	MHK	90	2: 18:04 18:36
20	4766	Bexiga José	Mönchengladbacher LG	0:36:45	0:36:47	1	M45	68	2: 18:04 18:41
21	3983	Riediger Toni	ART Düsseldorf	0:36:49	0:36:49	7	MHK	93	2: 15:55 20:54
22	5292	Fischer Florian	*Düsseldorf	0:37:29	0:37:33	4	M40	77	2: 18:39 18:50
23	4124	Rutherford Peter	*Düsseldorf	0:37:39	0:37:44	4	M35	80	2: 18:40 18:58
24	4750	Yilmaz Inan	SSK DÜSSELDORF	0:37:58	0:38:00	5	M35	80	2: 18:35 19:22
25	3850	Gütinger Christoph Dr.	BSG Bund Berlin	0:38:17	0:38:20	2	M45	69	2: 18:52 19:25
26	4813	Habel Spencer	SFD 75 Düsseldorf	0:38:30	0:38:34	6	M35	81	2: 19:15 19:15
27	4996	Obersriebnig Michael	HSBC	0:38:33	0:38:40	5	M30	86	2: 19:21 19:12
28	5183	Dieckmann Lukas	Vodafone Runners	0:38:34	0:38:41	6	M30	85	2: 19:21 19:13
29	5232	Lozano Jose Maria	Running Team Grafenberg	0:39:01	0:39:06	5	M40	75	2: 19:35 19:26
30	3962	Groß Tim	ASV Duisburg	0:39:09	0:39:13	8	MHK	91	2: 19:25 19:43
31	5192	Diallo Samba	Vodafone Runners	0:39:15	0:39:35	3	M45	71	2: 20:07 19:07
32	3820	Ulrich Konstantin	CIOR Deutschland	0:39:36	0:39:43	7	M30	83	2: 19:03 20:33
33	5012	Wehner Joachim	Ketchum Pleon GmbH	0:39:38	0:39:53	8	M30	86	2: 19:28 20:09
34	5277	Ziob Julian	SFD 75 Düsseldorf	0:40:00	0:40:03	9	MHK	89	2: 20:26 19:34
35	3923	Neuhaus Falk	Running Team Grafenberg	0:40:03	0:40:08	7	M35	78	2: 19:51 20:12
36	1682	Köcke Sven	*Düsseldorf	0:40:09	0:40:13	9	M30	87	2: 20:04 20:04
37	4320	Cosler Martin	Popo Club Wermelskirchen	0:40:19	0:40:44	10	M30	83	2: 20:10 20:08
38	3984	Reuter Guido	Laufschule Düsseldorf	0:40:37	0:40:42	4	M45	68	2: 20:00 20:36
39	4934	Lieth Klaus	TV Refrath	0:40:37	0:40:41	5	M45	68	2: 19:38 20:59
40	4022	Böhme Ralph	Nowy Styl Group	0:40:43	0:40:47	1	M50	65	2: 19:39 21:03
41	5051	Beneke Willi	Asv Duisburg	0:40:47	0:40:49	6	M40	74	2: 20:31 20:16
42	4834	König Niklas	SFD 75 Düsseldorf	0:40:54	0:40:56	11	M30	85	2: 20:26 20:27
43	3768	Puls Matthias		0:40:57	0:41:02	8	M35	81	2: 19:46 21:11
44	4829	Stämmler André	LT Trümmertruppe	0:41:03	0:41:09	10	MHK	93	2: 20:33 20:30
45	5203	Gleumes Stephan	Vodafone Runners	0:41:04	0:41:09	6	M45	71	2: 20:08 20:55
46	5202	Bürgermann Tobias	Vodafone Runners	0:41:07	0:41:28	11	MHK	90	2: 20:20 20:46
47	3775	Weck Ansgar	ASV Duisburg	0:41:13	0:41:15	12	M30	86	2: 19:47 21:25
48	3548	Endresz Frederik	Popo Club Wermelskirchen	0:41:16	0:41:39	13	M30	83	2: 20:44 20:31
49	4911	Brauns Tobias	FC St. Pauli Triathlon	0:41:31	0:41:39	9	M35	80	2: 20:37 20:53
50	3660	Heft Markus	GWR Büderich	0:41:34	0:41:38	7	M40	77	2: 20:41 20:52
51	5384	Pasch Frank	TG Neuss	0:41:45	0:41:46	2	M50	63	2: 20:31 21:13
52	4453	Schlickwei Marvin	*Leverkusen	0:41:48	0:41:54	12	MHK	89	2: 19:59 21:48
53	5058	Krause Andreas	Netzgesellschaft Düsseldorf	0:41:55	0:42:03	14	M30	85	2: 20:08 21:47
54	5181	Hammerschmidt Lukas	Vodafone Runners	0:42:04	0:42:10	3	MU23	96	2: 20:33 21:31
55	4520	Hünseler Holger	Team Erdinger Alkoholfrei	0:42:10	0:42:16	7	M45	71	2: 20:33 21:36
56	5151	Richrath Kay	Vodafone Runners	0:42:10	0:42:28	8	M45	71	2: 21:20 20:49
57	3674	Neumann Maik	DJK Gummersbach	0:42:18	0:42:24	8	M40	75	2: 20:40 21:37
58	3676	Doll Christian	BSG VitzFedern	0:42:18	0:42:49	9	M40	73	2: 20:51 21:26
59	3616	Scholz Andreas	Eintracht Duisburg	0:42:18	0:42:21	13	MHK	91	2: 20:20 21:58
60	5310	Gavrilov Andrei	Praxis Dr. Matthias Höschel	0:42:19	0:42:51	9	M45	70	2: 21:03 21:16

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
61	5177	Bendig Arthur	Vodafone Runners	0:42:25	0:42:42	15	M30	85	2: 20:41 21:44
62	3978	Adler Anton		0:42:28	0:42:43	14	MHK	94	2: 20:22 22:06
63	4077	Röttgen Ralf	*Düsseldorf	0:42:36	0:42:45	10	M45	71	2: 21:46 20:50
64	3566	Schmalenbach Stefan	DJK Gummersbach	0:42:39	0:42:45	11	M45	71	2: 20:52 21:47
65	3886	Bekkens Willy	LG Stadtwerke Hilden	0:42:44	0:42:47	12	M45	68	2: 21:12 21:31
66	4048	Müller Eric	*Düsseldorf	0:42:48	0:42:51	13	M45	69	2: 20:48 21:59
67	4534	Hartmann Marc	Stadtwerke Düsseldorf	0:42:54	0:42:59	14	M45	70	2: 21:07 21:47
68	3659	Ziese Ralf	Team Himmelgeister	0:42:56	0:43:00	1	M55	62	2: 21:17 21:39
69	5186	Janetzko Till	Vodafone Runners	0:43:05	0:43:10	16	M30	87	2: 20:59 22:05
70	3766	Nitsch Sebastian		0:43:12	0:43:30	10	M40	77	2: 21:37 21:35
71	4762	Brandt Helge	Bunert Duisburg After Work Run	0:43:12	0:43:15	11	M40	73	2: 21:17 21:55
72	4323	Kroesen Daniel	*Düsseldorf	0:43:20	0:43:49	17	M30	86	2: 21:54 21:26
73	3970	Conradi Oliver		0:43:23	0:43:27	15	M45	71	2: 21:05 22:18
74	5011	Kaufmann Philipp	HSBC	0:43:24	0:43:38	18	M30	85	2: 21:16 22:07
75	4650	Zywietz Eike	GIPFELKURS	0:43:33	0:43:47	10	M35	82	2: 22:04 21:29
76	5228	Hohn Jonas	TuS 08 Lintorf	0:43:34	0:43:45	2	MU18	01	2: 21:56 21:38
77	4836	Krebs Jürgen	SFD 75 Düsseldorf	0:43:35	0:44:05	3	M50	66	2: 21:39 21:55
78	4791	Lösing Martin	*Velbert	0:43:41	0:43:58	2	M55	58	2: 21:33 22:07
79	4711	Bosse Manuel	*Düsseldorf	0:43:43	0:43:50	19	M30	85	2: 21:55 21:47
80	3524	Gürer Kaan	Linklaters	0:43:43	0:44:04	20	M30	84	2: 20:49 22:54
81	3534	Raapke Julius	Linklaters	0:43:44	0:44:04	21	M30	84	2: 20:50 22:54
82	5184	Verma Sachin	Vodafone Runners	0:43:44	0:44:03	11	M35	79	2: 21:33 22:11
83	4537	Moroder Christian	*Düsseldorf	0:43:46	0:44:09	22	M30	83	2: 21:54 21:51
84	4727	Wrobel Alexander	Stadtmission Düsseldorf	0:43:47	0:43:57	16	M45	70	2: 20:48 22:59
85	5087	Himmelmann Alexander	von der Fecht LLP	0:43:47	0:43:58	15	MHK	91	2: 21:37 22:09
86	3665	Michaelis Philip	*Düsseldorf	0:43:48	0:44:02	23	M30	85	2: 21:26 22:21
87	4134	Sprenger Tim	*Wiesloch	0:43:57	0:44:29	1	MU20	98	2: 21:47 22:09
88	3641	Endt Stefan	*Bottrop	0:44:00	0:44:06	4	M50	67	2: 22:01 21:59
89	5221	Hohn Thomas	TuS 08 Lintorf	0:44:00	0:44:10	17	M45	71	2: 21:22 22:38
90	3767	Bonn Max		0:44:01	0:44:06	24	M30	86	2: 21:02 22:59
91	4460	Tiripa Mihai	*Düsseldorf	0:44:05	0:44:42	3	M55	62	2: 22:23 21:42
92	4515	Rotondi Sacha	*Wermelskirchen	0:44:07	0:44:13	5	M50	64	2: 21:38 22:28
93	3695	Diether Uwe	Running Team Grafenberg	0:44:08	0:44:21	18	M45	68	2: 21:42 22:26
94	3961	Walburg Andreas		0:44:10	0:44:19	19	M45	68	2: 21:59 22:11
95	3815	Prinz Stephan		0:44:15	0:44:24	20	M45	71	2: 21:27 22:48
96	4989	Langenfeld Andreas	Stadtwerke Düsseldorf	0:44:16	0:44:38	16	MHK	88	2: 21:36 22:40
97	3779	Schütz Marcel	Fastbreak Leverkusen	0:44:22	0:44:31	17	MHK	92	2: 22:02 22:19
98	4884	Jacobs Carsten	*Aachen	0:44:24	0:44:32	18	MHK	91	2: 22:33 21:50
99	5396	Kasimirowicz Daniel	AOK-TEAM	0:44:28	0:45:31	21	M45	72	2: 21:58 22:29
100	4195	Dlugosch Oliver	*Düsseldorf	0:44:30	0:44:53	19	MHK	88	2: 21:46 22:44
101	4241	Holowath Björn	*Düsseldorf	0:44:33	0:45:39	12	M35	78	2: 21:36 22:57
102	4017	Spieker Michael	Mercer Düsseldorf	0:44:36	0:44:42	6	M50	64	2: 21:09 23:26
103	5020	Heckermann Kiril Kamenov	*Krefeld	0:44:38	0:44:54	12	M40	76	2: 21:42 22:56
104	3979	Banaro Soriba		0:44:45	0:45:00	20	MHK	92	2: 20:22 24:22
105	4362	Munkley Sam	*Bonn	0:44:47	0:45:03	21	MHK	91	2: 21:59 22:48
106	4559	Ziemek Holger	*Tönisvorst	0:44:48	0:44:57	7	M50	67	2: 21:48 22:59
107	3937	Rank Tobias		0:44:48	0:45:05	22	MHK	90	2: 22:30 22:17
108	3765	Völcker Christian		0:44:52	0:45:07	13	M35	78	2: 22:18 22:33
109	4764	Hoyer Klaus	Will run 4 Beer	0:44:57	0:46:49	13	M40	76	2: 22:48 22:09
110	3836	Fevang Lars		0:45:00	0:45:25	25	M30	87	2: 23:33 21:27
111	5103	Gansen Stefan	*Aachen	0:45:06	0:45:22	4	MU23	96	2: 20:39 24:26
112	3515	Jäger Manuel	Linklaters	0:45:06	0:45:29	23	MHK	89	2: 22:04 23:01
113	3761	Adler Paul	Düsseldorfer Schauspielhaus	0:45:07	0:45:23	4	M55	60	2: 22:25 22:41
114	5200	Kaschewski Johannes	Vodafone Runners	0:45:10	0:45:26	26	M30	86	2: 22:30 22:40
115	4084	Pelters Hendrik	*Düsseldorf	0:45:15	0:46:48	24	MHK	88	2: 23:51 21:24
116	3579	Portillo Marius	Sant Boi	0:45:21	0:45:52	22	M45	68	2: 22:50 22:31
117	5342	Cordero Flavio	Sportfreunde MMEC	0:45:23	0:46:57	27	M30	85	2: 22:41 22:42
118	5134	Niedereder Philipp	*Leverkusen	0:45:24	0:45:51	14	M35	81	2: 22:17 23:06
119	4498	Philipp Christoph	QUT Running	0:45:28	0:45:50	25	MHK	92	2: 23:11 22:16
120	4374	Passarelli Bento Fabio	*Köln	0:45:28	0:46:03	28	M30	85	2: 23:12 22:15

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
121	4021	Raba Ireneus	Nowy Styl Group	0:45:30	0:45:35	8	M50	66	2: 22:20 23:10
122	3687	Brauers Steffen	*Düsseldorf	0:45:34	0:46:18	15	M35	81	2: 23:11 22:23
123	4252	Lieutenant Roman	*Willich	0:45:37	0:45:50	23	M45	72	2: 22:38 22:59
124	3598	Oster Roland	*Düsseldorf	0:45:44	0:46:10	14	M40	76	2: 23:19 22:24
125	5091	Dr. von der Fecht Wolf-R.	von der Fecht LLP	0:45:47	0:45:57	9	M50	66	2: 22:15 23:31
126	4486	Wisocki Dirk	LT Buga Düsseldorf 1999	0:45:50	0:46:07	10	M50	66	2: 22:30 23:20
127	1378	Peters Bastian	*Düsseldorf	0:45:51	0:46:15	26	MHK	88	2: 23:17 22:34
128	4945	Megyeri Csaba	*Düsseldorf	0:45:52	0:46:12	16	M35	78	2: 22:51 23:00
129	5335	Spennath Mike	AWISTA GmbH	0:45:52	0:46:02	27	MHK	91	2: 23:10 22:42
130	3791	Esperilla Diego	Atletismo Merja Malaga	0:45:52	0:45:57	24	M45	69	2: 22:05 23:47
131	5204	Gubanski Martin	Vodafone Runners	0:45:54	0:46:04	11	M50	64	2: 22:15 23:39
132	4382	vom Schemm Axel	Sportstiftung NRW	0:45:54	0:47:21	15	M40	75	2: 23:15 22:39
133	4994	Westebbe Jörg	HSBC	0:45:56	0:47:01	12	M50	67	2: 22:44 23:12
134	3597	Schoepe Frank	Djk Gummersbach	0:46:04	0:46:10	25	M45	72	2: 22:39 23:25
135	3516	Ristok Holm	SPECIAL OLYMPICS	0:46:08	0:46:24	26	M45	68	2: 22:57 23:11
136	4272	Basten Christian	*Hilden	0:46:09	0:46:45	17	M35	82	2: 23:11 22:57
137	5359	Moisel Rouven	Brand Consulting & Brand	0:46:10	0:46:28	18	M35	80	2: 21:36 24:34
138	5161	Bartsch Daniel	Vodafone Runners	0:46:13	0:46:34	28	MHK	88	2: 22:49 23:23
139	4728	Wrobel Lukas	Stadtmission Düsseldorf	0:46:14	0:46:23	2	MU20	98	2: 21:57 24:17
140	4708	Almajano Luis	*Düsseldorf	0:46:16	0:46:39	19	M35	78	2: 23:08 23:08
141	5374	Schäfer Paul	Sportfreunde MMEC	0:46:16	0:47:52	5	MU23	96	2: 23:02 23:14
142	4282	Igel Hanno	CPPA Capoeira	0:46:17	0:46:36	5	M55	62	2: 22:58 23:19
143	5187	Betz Christian	Vodafone Runners	0:46:20	0:46:23	29	M30	85	2: 21:35 24:44
144	5050	Höning Michael	Bain & Company	0:46:20	0:46:33	29	MHK	89	2: 22:25 23:55
145	5334	Behrens Joe	*Kaarst	0:46:24	0:47:02	20	M35	80	2: 23:53 22:30
146	5150	Schneider Markus	Vodafone Runners	0:46:24	0:46:44	30	M30	85	2: 22:53 23:30
147	5085	Schäfer Sören	*Düsseldorf	0:46:30	0:47:02	30	MHK	88	2: 24:00 22:29
148	5159	Mai Kim Thanh	Vodafone Runners	0:46:31	0:46:49	27	M45	72	2: 22:55 23:35
149	5128	Müller Yannick	InterContinental Düsseldorf	0:46:31	0:46:41	6	MU23	96	2: 23:18 23:12
150	4840	Richter Hans	SFD 75 Düsseldorf	0:46:36	0:47:05	28	M45	69	2: 22:47 23:48
151	3933	Plato von Guido		0:46:37	0:47:37	16	M40	74	2: 22:36 24:01
152	4034	Di Serio Mario	*essen	0:46:41	0:47:06	29	M45	72	2: 23:35 23:06
153	3585	Nolting Thorsten	Körperformen	0:46:42	0:47:23	21	M35	80	2: 23:56 22:46
154	3770	Pohl Jochen		0:46:42	0:46:58	17	M40	73	2: 23:23 23:19
155	4068	van Dijk Alain	*Düsseldorf	0:46:45	0:47:23	6	M55	62	2: 23:19 23:26
156	3895	Glockner Wolf	GSG-Partner	0:46:51	0:47:07	7	M55	58	2: 22:28 24:23
157	4713	Scholl Markus	*Duisburg	0:46:51	0:47:00	18	M40	77	2: 23:41 23:09
158	3808	Barteck Dirk	TEAM-ESSEN '99	0:46:53	0:46:54	13	M50	66	2: 22:52 24:00
159	5219	Kennedy Dr. Marcus	CR Runners	0:46:55	0:47:28	30	M45	71	2: 23:37 23:17
160	3531	Reidick Julian	Linklaters	0:47:02	0:47:26	7	MU23	95	2: 24:06 22:55
161	3580	Oberlender Patrick	SurfandkiteDüsseldorf	0:47:03	0:47:16	22	M35	81	2: 23:22 23:40
162	4388	Kather Daniel	*Neuss	0:47:04	0:47:25	31	MHK	89	2: 22:53 24:10
163	4928	Colas Mosquera Angel	*Düsseldorf	0:47:05	0:47:24	19	M40	75	2: 23:27 23:37
164	3830	Frya Ali		0:47:11	0:47:22	14	M50	66	2: 23:13 23:58
165	3802	Sevil Mustafa	Vigor	0:47:12	0:47:36	20	M40	75	2: 23:00 24:11
166	3785	Siehl Jochen		0:47:16	0:47:29	31	M45	68	2: 23:39 23:37
167	3938	Gualtieri Giulio		0:47:18	0:47:39	15	M50	64	2: 23:04 24:14
168	4046	Askerlund Torsten	*Düsseldorf	0:47:20	0:47:27	16	M50	63	2: 23:27 23:52
169	4662	Herrmann Oliver	HSBC	0:47:20	0:48:26	23	M35	80	2: 24:35 22:45
170	4992	Streb Holger	TC Rheinstadion	0:47:27	0:47:35	8	M55	60	2: 23:13 24:13
171	3610	Lammert Thomas	*Wuppertal	0:47:29	0:48:15	21	M40	76	2: 23:52 23:36
172	5213	Tonat Uwe	*Hilden	0:47:31	0:48:28	24	M35	78	2: 24:54 22:36
173	4001	Jannes Michael	Anwaltskanzlei Jannes	0:47:33	0:47:55	22	M40	73	2: 23:36 23:57
174	3760	Wraase Dr. Robert		0:47:34	0:47:39	9	M55	58	2: 23:53 23:41
175	3931	Eicker Dominik		0:47:35	0:48:35	32	MHK	88	2: 23:21 24:14
176	3839	Kissel Thomas	Rennschnecken 2000	0:47:38	0:48:08	23	M40	74	2: 23:25 24:13
177	5248	Hebestreit Ray	*Düsseldorf	0:47:46	0:48:57	24	M40	77	2: 24:11 23:35
178	4921	Niehoff Hauke	*Düsseldorf	0:47:46	0:48:57	25	M35	81	2: 24:11 23:35
179	5215	Rothe Benjamin	*Langenfeld	0:47:47	0:48:43	8	MU23	97	2: 24:54 22:52
180	5174	Tampas Fotios	Vodafone Runners	0:47:51	0:49:22	25	M40	76	2: 23:56 23:55

10km - Gesamtwertung

Stadtwerke Düsseldorf Halbmarathon auf der Kö - 3. September 2017

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
181	4348	Horn Sven	*Düsseldorf	0:47:54	0:47:58	26	M40	76	2: 23:06 24:47
182	5189	Spoo Jens-Uwe	Vodafone Runners	0:47:59	0:48:54	32	M45	70	2: 23:00 24:58
183	4176	Schellenberg Marco	*Neuss	0:48:01	0:48:12	33	MHK	93	2: 22:49 25:11
184	5153	Klösel Philipp	Vodafone Runners	0:48:01	0:48:11	31	M30	83	2: 23:29 24:31
185	3800	Bleier Fabian		0:48:05	0:48:58	34	MHK	93	2: 24:19 23:45
186	4835	Kraaß Timo	SFD 75 Düsseldorf	0:48:07	0:48:36	26	M35	79	2: 22:53 25:14
187	5402	Wätermann Günter	AOK-TEAM	0:48:07	0:48:38	33	M45	68	2: 23:30 24:37
188	5343	Herrera Alvaro	Sportfreunde MMEC	0:48:11	0:49:44	27	M35	81	2: 24:07 24:04
189	4267	Hartwell Peter	*Düsseldorf	0:48:12	0:48:30	28	M35	79	2: 23:33 24:38
190	3973	Kennerknecht Tobias		0:48:15	0:48:26	32	M30	84	2: 23:39 24:36
191	4909	Stahnke Sirko	Stadtwerke Düsseldorf AG	0:48:18	0:48:29	34	M45	69	2: 23:46 24:32
192	4249	Sturm Michael	*Düsseldorf	0:48:19	0:48:40	27	M40	77	2: 23:54 24:24
193	5052	Konermann Thomas	*Düsseldorf	0:48:20	0:48:42	17	M50	63	2: 23:34 24:45
194	5264	Schwerdtfeger Jörg	Praxis Dr. Matthias Höschel	0:48:23	0:48:39	28	M40	75	2: 24:05 24:18
195	4238	Steffens Dominik	*Düsseldorf	0:48:24	0:48:37	33	M30	87	2: 24:07 24:17
196	3658	Henkel Anselm	*Wiesbaden	0:48:32	0:48:47	29	M40	74	2: 23:24 25:07
197	5242	Becker Oliver	*Düsseldorf	0:48:33	0:48:58	35	M45	69	2: 24:31 24:02
198	5044	Gora Alexander	TSV Hochdahl	0:48:34	0:48:52	29	M35	82	2: 23:27 25:06
199	3801	Ackermann Felix		0:48:34	0:49:27	35	MHK	93	2: 24:19 24:14
200	5101	Simons Horst	Tschft.Grefrath	0:48:35	0:48:41	1	M65	49	2: 23:34 25:00
201	1715	Mohr Patrick	WENKO-WENSELAAR GMBH	0:48:36	0:49:42	30	M35	80	2: 24:24 24:12
202	3583	Borquez Leander Enrique	Körperformen	0:48:37	0:49:18	31	M35	80	2: 23:55 24:41
203	4554	Rehberg Ingo	Vigor	0:48:39	0:49:04	1	M60	54	2: 23:25 25:13
204	5399	Hahn Sebastian	AOK-TEAM	0:48:42	0:49:10	30	M40	76	2: 23:46 24:55
205	2059	Fröhlich Dr. Tobias	Wittlaer Runners	0:48:43	0:49:28	36	M45	68	2: 23:44 24:59
206	5155	Matschull Frank	Vodafone Runners	0:48:44	0:48:56	18	M50	67	2: 23:12 25:32
207	4096	Fischer Andreas	Deutsche Bank	0:48:44	0:48:50	10	M55	62	2: 24:20 24:24
208	5172	Smetz Joerg	Vodafone Runners	0:48:46	0:49:59	32	M35	79	2: 25:19 23:26
209	4896	Tschirch David	*Düsseldorf	0:48:47	0:50:03	36	MHK	88	2: 24:59 23:48
210	3876	Seum Michael	International School	0:48:52	0:49:25	31	M40	76	2: 24:37 24:14
211	4491	Engels Daniel	Lauffreunde Niers	0:48:53	0:49:40	33	M35	80	2: 24:39 24:14
212	3778	Lopez Alex		0:48:55	0:49:09	34	M35	80	2: 24:31 24:23
213	4081	Assmann Olaf	Olinra	0:48:56	0:49:15	19	M50	67	2: 24:10 24:46
214	3822	Gerth Thomas		0:48:57	0:49:13	11	M55	62	2: 24:01 24:56
215	5201	Bäumer Daniel	Vodafone Runners	0:48:57	0:49:15	37	M45	69	2: 24:14 24:43
216	3703	Ledden van Sebastian	Crossfit Düsseldorf	0:49:03	0:50:32	35	M35	80	2: 25:04 23:58
217	4088	Speer Johannes	*Düsseldorf	0:49:05	0:50:34	37	MHK	93	2: 24:32 24:32
218	4786	Kanthak Sven	*Kaarst	0:49:11	0:49:27	38	MHK	93	2: 24:23 24:48
219	4061	Johnen Raffael	auxmoney	0:49:16	0:51:02	32	M40	75	2: 25:10 24:05
220	4346	Bielizki Rene	*Düsseldorf	0:49:20	0:50:12	39	MHK	91	2: 24:34 24:45
221	5243	Brandenburg Pascal	*Düsseldorf	0:49:20	0:49:30	40	MHK	93	2: 24:35 24:44
222	3936	Schöne Till		0:49:23	0:49:40	41	MHK	91	2: 23:55 25:28
223	3624	Goergens Matthias	SG Benrath/Hilden Volleyball	0:49:27	0:49:45	33	M40	74	2: 24:31 24:56
224	4314	Elling Torsten	*Düsseldorf	0:49:32	0:50:04	38	M45	70	2: 29:38 19:54
225	5084	Tanabe Katsuyoshi	Mitsui Chemicals Europe GmbH	0:49:38	0:50:40	36	M35	82	2: 24:58 24:39
226	4465	Riege Daniel	*Leichlingen	0:49:52	0:50:00	42	MHK	92	2: 23:59 25:52
227	3781	Westerlund Alexander	OK Stigen	0:50:10	0:50:57	9	MU23	96	2: 25:45 24:25
228	4428	Hohn Ulrich	Running Team Grafenberg	0:50:12	0:51:06	2	M60	55	2: 24:33 25:39
229	5360	Freese Martin		0:50:13	0:50:28	20	M50	65	2: 24:42 25:31
230	4404	Russ Holger	*Düsseldorf	0:50:14	0:51:00	12	M55	60	2: 24:57 25:16
231	4158	Madalinski Maximilian	*Düsseldorf	0:50:15	0:50:53	34	M30	86	2: 24:57 25:17
232	4441	Ammann Marc	*Düsseldorf	0:50:17	0:50:32	34	M40	77	2: 24:07 26:09
233	4651	Bollner Manuel	Fujitsu General (Euro) GmbH	0:50:19	0:52:09	43	MHK	90	2: 25:26 24:53
234	5112	Bläser Olaf	No	0:50:20	0:50:47	39	M45	69	2: 24:14 26:06
235	5016	Müller Martin	*Leverkusen	0:50:20	0:50:38	40	M45	72	2: 25:06 25:14
236	3804	Oelgemöller Heiko	Running Team Grafenberg	0:50:23	0:51:36	37	M35	80	2: 25:03 25:19
237	3646	Wrede Nicolas Alexander	*Düsseldorf	0:50:24	0:51:01	3	MU20	98	2: 24:40 25:43
238	3900	Urban Lars		0:50:25	0:51:34	35	M40	75	2: 25:55 24:30
239	5312	Meyer Linus	Praxis Dr. Matthias Höschel	0:50:26	0:51:41	4	MU20	98	2: 23:23 27:02
240	3651	Hinzen Christoph	Kyowa Kirin	0:50:31	0:51:20	38	M35	79	2: 24:52 25:39

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
241	4140	Stövesand Christian	Düsseldorfer TV 1847	0:50:33	0:51:00	36	M40	75	2: 24:31 26:01
242	5344	Munoz Alejandro	Sportfreunde MMEC	0:50:35	0:52:08	39	M35	79	2: 24:47 25:47
243	4484	Ketterlinus Jürgen	Running Team Grafenberg	0:50:40	0:50:56	21	M50	65	2: 25:02 25:38
244	5056	Seidel Hagen	A-Team Düsseldorf	0:50:40	0:51:39	22	M50	64	2: 25:22 25:18
245	4085	Geiger Uwe	*Leiferde	0:50:41	0:52:10	13	M55	62	2: 25:28 25:13
246	4942	Kürten Guido	HPP Architekten GmbH	0:50:51	0:52:03	23	M50	63	2: 24:39 26:12
247	4384	Hempel Thomas	LT-DÜSSELDORF SÜD	0:50:57	0:51:45	41	M45	68	2: 26:17 24:39
248	4080	Treder Hans-Jürgen	*Düsseldorf	0:50:58	0:51:36	3	M60	55	2: 24:37 26:21
249	3911	Graat de Albrecht	Running Team Grafenberg	0:51:04	0:51:59	14	M55	62	2: 25:39 25:24
250	5032	Bartel Thomas	ERKDUS RUNNERS	0:51:05	0:51:15	24	M50	63	2: 24:24 26:40
251	3572	Janßen David	*Münster	0:51:07	0:52:08	35	M30	83	2: 25:49 25:18
252	4640	Porschen Klaus	Görres-Gymnasium	0:51:07	0:51:22	15	M55	58	2: 25:10 25:56
253	5081	Voth Witali	*Münster	0:51:07	0:52:08	40	M35	82	2: 25:50 25:17
254	5078	Becker Jan	*Düsseldorf	0:51:10	0:51:36	3	MU18	01	2: 24:35 26:34
255	3885	Janssen Volker		0:51:12	0:52:12	42	M45	72	2: 26:00 25:12
256	5168	Celik Veli	Vodafone Runners	0:51:14	0:52:46	43	M45	70	2: 24:49 26:25
257	3814	Amft Stefan		0:51:16	0:51:26	44	M45	72	2: 24:48 26:27
258	4376	Schmitz-Weiss Philip	*Düsseldorf	0:51:17	0:51:57	36	M30	84	2: 25:14 26:03
259	3795	Wetzel Markus		0:51:18	0:51:35	37	M40	74	2: 24:36 26:41
260	4993	Steinbüchel Felix	*Düsseldorf	0:51:18	0:51:57	41	M35	82	2: 25:14 26:03
261	4205	Straeten Marc	Rheinläufer	0:51:19	0:52:23	38	M40	73	2: 25:38 25:41
262	4069	Kroner Markus	Running Team Grafenberg	0:51:24	0:52:19	25	M50	63	2: 25:40 25:43
263	4477	Froemgen Marko	DAV Düsseldorf	0:51:27	0:52:48	42	M35	81	2: 26:33 24:54
264	5060	Ichimura Akihiro	Mitsui Chemicals Europe GmbH	0:51:30	0:52:30	4	M60	57	2: 25:31 25:58
265	4905	Oppenberg Klaus	BoDeWa GmbH - Der	0:51:38	0:52:52	16	M55	61	2: 25:53 25:45
266	4328	Osthaus Philipp	Heim für dicke Kinder e.V.	0:51:43	0:52:19	43	M35	82	2: 25:38 26:04
267	5026	Henke Christian	Stadtwerke Düsseldorf TEAM	0:51:52	0:52:58	37	M30	86	2: 26:35 25:16
268	4693	Krug Nicolai	Parker Hannifin GmbH	0:51:53	0:52:54	39	M40	74	2: 26:03 25:49
269	4694	Kontny Thomas	Parker Hannifin GmbH	0:51:53	0:52:54	44	M35	79	2: 26:04 25:49
270	3550	Aderhold Dirk	SSV Düsseldorf-Knittkuhl	0:52:01	0:52:13	45	M45	68	2: 25:23 26:37
271	4269	Engelmann Colin	*Meerbusch	0:52:01	0:52:58	4	MU18	00	2: 27:13 24:48
272	4765	Papatheodorou Konstantinos	*Bremen	0:52:03	0:52:37	38	M30	85	2: 25:45 26:17
273	5220	Zeisig Peter	*Düsseldorf	0:52:08	0:52:09	46	M45	71	2: 25:21 26:47
274	3503	Baur Matthias	*Düsseldorf	0:52:13	0:52:46	39	M30	85	2: 26:19 25:54
275	4053	Schwarz Roman	Fortuna	0:52:14	0:52:40	44	MHK	89	2: 25:29 26:44
276	3729	Evers Wolfgang		0:52:18	0:54:08	26	M50	66	2: 27:29 24:49
277	4514	Mak Jürgen	*Sprockhövel	0:52:19	0:54:11	17	M55	60	2: 26:41 25:38
278	4755	Uhlig Peter	LTV Kamp-Lintfort	0:52:26	0:52:37	18	M55	59	2: 26:00 26:25
279	3553	Karras Martin	*Düsseldorf	0:52:42	0:54:11	40	M40	73	2: 27:06 25:35
280	4741	Bachmann Dirk	SSK DÜSSELDORF	0:52:42	0:53:59	27	M50	67	2: 25:56 26:45
281	5067	Pfeifer Stefan	Guardians of the Galaxy	0:52:42	0:54:08	47	M45	70	2: 27:04 25:38
282	4529	Hofstädter Rudolf	Ironbros	0:52:47	0:53:07	45	MHK	88	2: 25:57 26:49
283	3555	Lindow Michael	*Kaarst	0:52:47	0:53:19	5	M60	54	2: 26:11 26:36
284	4315	Lange Adrian	FunRunner	0:52:47	0:53:56	41	M40	75	2: 26:31 26:16
285	3519	Huppertz Jochen	Castenow Communications	0:52:48	0:53:58	48	M45	72	2: 26:38 26:10
286	5006	Olschewsky Achim	HSBC	0:52:49	0:53:17	46	MHK	88	2: 26:16 26:33
287	5205	Radecki Christian	*Langenfeld	0:52:49	0:54:02	47	MHK	88	2: 26:13 26:36
288	4447	Opuszynski Christopher	*Düsseldorf	0:52:52	0:53:08	45	M35	80	2: 26:00 26:51
289	5023	Reininghaus Patrick	0	0:52:53	0:53:09	42	M40	75	2: 25:22 27:30
290	5047	Graf Winfried	*Düsseldorf	0:52:54	0:53:09	19	M55	62	2: 25:44 27:09
291	3935	Kreutzer Jürgen	LKD Düsseldorf	0:52:55	0:53:23	20	M55	60	2: 26:37 26:17
292	5390	Pintgen Andreas	SSK DÜSSELDORF	0:52:56	0:53:55	40	M30	86	2: 26:15 26:40
293	3589	Albracht Helmut	*Düsseldorf	0:52:56	0:53:02	1	M70	47	2: 26:17 26:39
294	4888	Patnaik Sudeep	*Düsseldorf	0:52:57	0:53:50	41	M30	86	2: 28:00 24:56
295	4375	Kleeblatt Armin	Stadtwerke Düsseldorf TEAM	0:52:57	0:53:16	21	M55	58	2: 25:46 27:11
296	4784	Bonnen Michael	*Düsseldorf	0:52:59	0:54:18	22	M55	58	2: 27:07 25:51
297	4178	Fleuren Christian	*Düsseldorf	0:53:00	0:53:11	49	M45	70	2: 26:28 26:31
298	4027	Stuhldreier Christoph	*Meerbusch	0:53:02	0:53:53	50	M45	68	2: 27:21 25:40
299	5239	Weiler Thomas	Mitsui Chemicals Europe GmbH	0:53:05	0:54:04	28	M50	65	2: 25:38 27:26
300	5041	Theiss William	*Langenfeld (Rheinland)	0:53:05	0:53:12	23	M55	59	2: 26:05 27:00

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
301	5036	Eckl Dennis	*Düsseldorf	0:53:11	0:53:19	42	M30	86	2: 25:53 27:17
302	4333	Rüders Frank	freenet	0:53:13	0:53:51	29	M50	66	2: 25:37 27:36
303	4284	Reuter Peter	Metro	0:53:14	0:53:26	48	MHK	88	2: 26:14 26:59
304	3728	Pitsch Johannes		0:53:14	0:54:19	43	M40	77	2: 26:27 26:46
305	4743	Berns Michael	SSK DÜSSELDORF	0:53:16	0:54:31	30	M50	65	2: 25:58 27:18
306	4775	Röhrkasten Axel	*Dormagen	0:53:17	0:53:26	6	M60	55	2: 26:10 27:07
307	4035	Wlach Stefan	*Duisburg	0:53:19	0:54:00	31	M50	64	2: 26:58 26:20
308	3907	Shalaby Benjamin		0:53:19	0:54:48	46	M35	82	2: 27:37 25:41
309	3803	Röckendorf Jens	rheinläufer	0:53:19	0:54:23	24	M55	58	2: 26:24 26:55
310	3918	Wolke Ben	Die Ärzte Fliednerstr. 5	0:53:22	0:54:51	5	MU18	03	2: 25:25 27:56
311	4517	Niederhaus Elmar	*Düsseldorf	0:53:22	0:53:44	32	M50	66	2: 27:58 25:23
312	4746	Kröger Magnus	SSK DÜSSELDORF	0:53:22	0:54:23	44	M40	75	2: 26:47 26:34
313	4777	Ely Ulrich	privat	0:53:26	0:54:19	2	M65	50	2: 26:40 26:46
314	5034	Ely Stefan	privat	0:53:27	0:54:19	7	M60	55	2: 26:40 26:46
315	3694	Fraune Gerrit	CORIOLISS	0:53:30	0:55:23	33	M50	67	2: 26:02 27:28
316	4475	Trant Sebastian	*Leverkusen	0:53:32	0:53:40	49	MHK	91	2: 26:08 27:23
317	4899	Heinrich Theo	*Neuss	0:53:32	0:54:59	25	M55	62	2: 27:31 26:01
318	4920	Busch Martin	*Düsseldorf	0:53:34	0:54:02	50	MHK	88	2: 27:28 26:05
319	4082	Hagner Patrick-Marcel	*Düsseldorf	0:53:42	0:54:34	43	M30	83	2: 24:36 29:06
320	5096	Saeger Tobias	*Düsseldorf	0:53:45	0:54:27	51	MHK	90	2: 29:03 24:41
321	3789	Nuri Pares	BroBox	0:53:45	0:54:29	47	M35	80	2: 30:14 23:31
322	1724	Huhn Thomas	Aesica Pharmaceuticals GmbH	0:53:49	0:54:34	44	M30	83	2: 28:32 25:16
323	3620	Potrava Michael	*Düsseldorf	0:53:50	0:54:53	51	M45	70	2: 27:14 26:35
324	3667	Guth Adam	Kyowa Kirin	0:53:52	0:54:40	45	M40	77	2: 26:46 27:06
325	4347	Wagner Philipp	HSBC	0:53:54	0:54:56	45	M30	83	2: 27:12 26:41
326	3788	Klatt Alfred		0:53:56	0:54:40	48	M35	81	2: 30:14 23:42
327	4567	Kawaharazuka Hiroki	Mitsubishi Hartmetall GmbH	0:53:56	0:55:17	49	M35	79	2: 28:13 25:43
328	4496	Jestadt Thomas	Stadtwerke Düsseldorf AG	0:53:57	0:54:08	52	M45	69	2: 26:10 27:47
329	5386	Diem Denis	SSK DÜSSELDORF	0:53:59	0:54:30	52	MHK	89	2: 26:12 27:46
330	4772	Morfeld Mario	GSL Benninghausen	0:54:02	0:54:29	46	M40	74	2: 26:14 27:47
331	3826	Pan Jake	ISR International School	0:54:07	0:54:36	50	M35	81	2: 26:56 27:10
332	3637	Rohde Birk	*Düsseldorf	0:54:11	0:54:27	53	MHK	91	2: 25:45 28:25
333	5320	Winkens Dominik	Praxis Dr. Matthias Höschel	0:54:12	0:55:49	46	M30	87	2: 28:04 26:08
334	5321	Heinen Jochen	Praxis Dr. Matthias Höschel	0:54:12	0:55:49	53	M45	69	2: 28:04 26:07
335	4203	Delhofen Markus	Rheinläufer	0:54:15	0:55:20	54	M45	72	2: 27:35 26:39
336	4377	Abud Cesar Augusto	Covestro	0:54:19	0:54:54	47	M30	84	2: 26:47 27:32
337	4204	Hollmann Jens	Rheinläufer	0:54:20	0:55:20	55	M45	72	2: 27:40 26:40
338	3683	Rajosvah Andrianarisoa	*Düsseldorf	0:54:23	0:55:06	51	M35	79	2: 27:26 26:57
339	3771	Barkowski Nico		0:54:26	0:55:02	10	MU23	95	2: 27:23 27:03
340	4926	Eichwald Hans-Michael	Mühlenfeld Runners	0:54:27	0:55:32	56	M45	71	2: 27:28 26:58
341	4948	Eger Philipp	hc:VISION	0:54:27	0:55:23	54	MHK	93	2: 27:56 26:31
342	4933	Katzner Alexander	TimeLine BSG	0:54:28	0:55:34	57	M45	70	2: 27:05 27:22
343	3772	Bogenberger Holger		0:54:28	0:55:04	58	M45	71	2: 27:22 27:05
344	5124	Kowalski Christophe	*Anney	0:54:30	0:55:24	47	M40	74	2: 26:33 27:57
345	4998	Benninghaus Jan Philipp	HSBC	0:54:32	0:55:34	48	M30	84	2: 27:06 27:26
346	3883	Grömping Harmjos	TUS Sörgenloch	0:54:32	0:56:06	34	M50	67	2: 27:50 26:42
347	3849	Dietzgen Holger	Family-Runners	0:54:33	0:56:06	35	M50	66	2: 27:51 26:42
348	5238	Schmitz Andreas	*Düsseldorf	0:54:35	0:56:00	59	M45	72	2: 27:56 26:38
349	5010	Lu Hung	HSBC	0:54:38	0:56:00	60	M45	70	2: 27:25 27:13
350	3581	Preuss Jan	Köperformen	0:54:40	0:55:21	52	M35	80	2: 25:48 28:51
351	4457	Klösel Günter	*Berlin	0:54:40	0:55:16	3	M65	52	2: 27:05 27:34
352	4507	Byroslawsky Gregor	*Düsseldorf	0:54:43	0:55:14	48	M40	76	2: 27:08 27:34
353	5391	Thessel Marc	SSK DÜSSELDORF	0:54:55	0:56:11	61	M45	72	2: 27:08 27:46
354	5053	Abel Malte	*Meerbusch	0:54:58	0:56:04	49	M40	75	2: 27:29 27:29
355	4239	Rothkoegel Matthias	*Düsseldorf	0:55:01	0:55:38	53	M35	78	2: 26:40 28:21
356	4647	Gras Oliver	WENKO-WENSELAAR GMBH	0:55:02	0:56:09	54	M35	81	2: 28:07 26:55
357	3517	Andrés Marcel	Castenow Communications	0:55:03	0:56:13	55	M35	82	2: 28:19 26:43
358	3733	Braems Bernhard	Praxis Dr. Matthias Höschel	0:55:03	0:55:21	50	M40	75	2: 26:52 28:10
359	3932	Beislicht Andreas		0:55:03	0:56:04	62	M45	71	2: 27:07 27:55
360	4875	Jähnke Torsten	*Mönchengladbach	0:55:05	0:56:19	26	M55	62	2: 28:51 26:14

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
361	3780	Algenstaedt Dr. Claus	OTV Osterath	0:55:05	0:55:35	1	M75	39	2: 27:13 27:51
362	3704	Kelling Steffen	Crossfit Düsseldorf	0:55:09	0:56:52	63	M45	72	2: 28:29 26:40
363	4878	Jäger Stefan	*Dinslaken	0:55:15	0:56:53	56	M35	80	2: 29:01 26:14
364	1048	Roders Kevin	Bi2Run	0:55:17	0:55:57	49	M30	83	2: 27:21 27:55
365	4336	Miksa Richard	*Düsseldorf	0:55:19	0:56:13	36	M50	67	2: 27:48 27:30
366	1374	Kopsch Daniel	*Düsseldorf	0:55:19	0:56:39	64	M45	72	2: 27:51 27:27
367	3605	Kuhfeldt Heinz	BMW Hans Brandenburg GmbH	0:55:27	0:56:27	8	M60	56	2: 27:47 27:40
368	4919	Dewenter Bastian	*Siegen	0:55:28	0:55:56	57	M35	82	2: 27:54 27:33
369	4771	Klein Dennis	GSL Benninghausen	0:55:31	0:56:30	55	MHK	92	2: 29:01 26:29
370	4408	Busch Jan	*Düsseldorf	0:55:32	0:56:22	50	M30	86	2: 28:19 27:12
371	3848	Alles Daniel	Linklaters LLP	0:55:32	0:55:58	56	MHK	88	2: 26:54 28:38
372	4260	Starck Jörg	Handwerksplan	0:55:33	0:55:41	37	M50	64	2: 25:45 29:48
373	5162	Borade Ajit	Vodafone Runners	0:55:35	0:56:24	58	M35	79	2: 27:12 28:22
374	3639	Wrenger Markus	Alf-Sandebeck	0:55:36	0:56:34	65	M45	70	2: 28:17 27:19
375	4524	Düsterhöft Sascha	Alf-Sandebeck	0:55:37	0:56:34	66	M45	71	2: 28:17 27:19
376	5254	Thome Tim	Stadtwerke Düsseldorf AG	0:55:42	0:56:30	51	M30	84	2: 26:59 28:42
377	5170	Estruch Ramon	Vodafone Runners	0:55:45	0:56:07	57	MHK	88	2: 29:35 26:09
378	5077	Tai Toshinao	The Bank of Tokyo-Mitsubishi U	0:55:46	0:56:49	52	M30	84	2: 27:45 28:00
379	4287	Robert Frederik	Fahrzeugbau Robert	0:55:47	0:56:22	53	M30	83	2: 28:02 27:44
380	4873	Reese von Ohlen Jochen	*Düsseldorf	0:55:48	0:56:30	9	M60	54	2: 27:44 28:03
381	4979	Kirchner Martin	FRH	0:55:54	0:57:23	59	M35	79	2: 28:19 27:35
382	4987	Franken Pascal	Alten Junge	0:55:55	0:57:23	51	M40	76	2: 28:19 27:35
383	4551	Lieder Michael	Lauffreunde Niers	0:55:59	0:56:46	52	M40	74	2: 26:30 29:28
384	3797	Golinski Philipp	BSG Gosigno	0:56:01	0:57:05	54	M30	83	2: 28:07 27:54
385	5346	Verma Marc	Sportfreunde MMEC	0:56:02	0:57:36	55	M30	84	2: 26:43 29:19
386	4566	eichholz bernhard	Lauffreunde Theodor Heuss	0:56:06	0:56:22	27	M55	58	2: 27:12 28:53
387	5387	Hammen Frank	SSK DÜSSELDORF	0:56:08	0:56:57	67	M45	69	2: 27:45 28:22
388	5392	Wörhoff Rene	SSK DÜSSELDORF	0:56:09	0:56:58	68	M45	69	2: 27:46 28:22
389	4565	Watanabe Motoyasu	Mitsubishi Hartmetall GmbH	0:56:09	0:57:19	53	M40	74	2: 29:20 26:49
390	4657	Sayama Akihide	Fujitsu General (Euro) GmbH	0:56:26	0:58:15	54	M40	74	2: 30:33 25:52
391	2027	Möller Markus		0:56:29	0:56:32	69	M45	69	2: 27:46 28:42
392	5040	Kirchhofer Fabian	*Mönchengladbach	0:56:30	0:57:50	56	M30	83	2: 28:34 27:56
393	4470	Schneider Martin	*Düsseldorf	0:56:33	0:57:50	70	M45	71	2: 28:12 28:20
394	5106	Goebel Marc	*Köln	0:56:35	0:58:03	71	M45	70	2: 28:20 28:15
395	3959	Hernandez Pablo	Lacillo	0:56:39	0:57:29	57	M30	85	2: 28:56 27:42
396	5336	Mävers Christian	*Düsseldorf	0:56:39	0:57:18	55	M40	77	2: 26:48 29:51
397	4157	Brzezinski Holger	Münstermaifeld	0:56:42	0:56:55	72	M45	71	2: 27:04 29:37
398	5167	Vesper Christian	Vodafone Runners	0:56:44	0:57:11	56	M40	75	2: 29:00 27:43
399	4749	Wollny Andreas	SSK DÜSSELDORF	0:56:48	0:57:33	60	M35	79	2: 30:07 26:40
400	4770	Edler Thomas	GSL Benninghausen	0:56:48	0:57:47	28	M55	61	2: 29:23 27:24
401	4879	Keusch Sascha	*Hamminkeln	0:56:53	0:58:31	57	M40	75	2: 29:00 27:53
402	4006	Ruh Efrain	*neuss	0:56:55	0:58:21	58	M40	74	2: 28:32 28:23
403	5250	Fischer Bernd	LT Fischli	0:56:55	0:58:08	10	M60	53	2: 28:16 28:38
404	4889	Lunn Sean	*dusseldorf	0:57:00	0:57:19	61	M35	82	2: 26:58 30:01
405	3587	Weers Wilfried	Körperformen	0:57:05	0:57:46	58	MHK	89	2: 28:33 28:31
406	3834	Güttler Harald		0:57:05	0:58:12	29	M55	61	2: 29:13 27:52
407	4083	Haddad Bassel	*Düsseldorf	0:57:06	0:57:18	62	M35	79	2: 27:51 29:14
408	4086	Wenker Daniel	*Düsseldorf	0:57:06	0:57:19	63	M35	78	2: 27:51 29:14
409	5376	Bracht Joshua	Sportfreunde MMEC	0:57:10	0:58:46	11	MU23	97	2: 27:00 30:09
410	4715	Sturm Markus	STURM GmbH	0:57:13	0:57:50	58	M30	84	2: 28:51 28:22
411	4397	Amm Marcus	*Düsseldorf	0:57:15	0:57:51	59	M40	73	2: 28:31 28:43
412	1014	Bolz Guido	*Düsseldorf	0:57:17	0:58:23	64	M35	78	2: 29:17 28:00
413	4545	Rothe Dietmar	Oli#s Wein Quelle Wiesbaden	0:57:18	0:58:07	73	M45	70	2: 29:15 28:02
414	3751	Stahl Klaus	Praxis Dr. Matthias Höschel	0:57:20	0:58:29	74	M45	68	2: 28:47 28:33
415	3554	Ehlers Gernot	3D	0:57:20	0:58:49	75	M45	70	2: 28:23 28:57
416	4510	Violante Oscar	Hewlett Packard Enterprise	0:57:27	0:57:33	30	M55	61	2: 28:02 29:24
417	4402	Mende Daniel	*Düsseldorf	0:57:29	0:58:19	59	MHK	88	2: 28:19 29:09
418	4075	Reintke Andreas	LT Oberkirchen	0:57:31	0:58:43	31	M55	62	2: 29:04 28:26
419	4012	Feller Andreas	Brassert-Runner	0:57:31	0:58:54	76	M45	70	2: 28:21 29:10
420	3666	Sawahn Oliwer	Kyowa Kirin	0:57:32	0:58:22	60	M40	77	2: 27:29 30:03

10km - Gesamtwertung

Stadtwerke Düsseldorf Halbmarathon auf der Kö - 3. September 2017

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
421	4503	Ritzen Philipp	*Düsseldorf	0:57:35	0:58:44	59	M30	83	2: 29:31 28:04
422	4274	Hentz Gerd	./.	0:57:42	0:58:20	2	M70	44	2: 27:43 29:58
423	3603	Trölltsch Sven		0:57:42	0:58:26	61	M40	74	2: 29:01 28:41
424	3607	Arndt Harald	ASV Süchteln eV	0:57:45	0:58:16	4	M65	50	2: 29:14 28:30
425	5049	Thoelke John	*Düsseldorf	0:57:46	0:58:03	6	MU18	00	2: 26:31 31:15
426	4280	Faller Daniel	*Düsseldorf	0:57:47	0:59:17	60	M30	84	2: 29:33 28:13
427	5148	Müntes Sascha	Stadtwerke Düsseldorf AG	0:57:47	0:59:24	60	MHK	94	2: 28:56 28:50
428	4445	Schmidt Lars	*Düsseldorf	0:57:47	0:58:05	61	M30	87	2: 28:26 29:20
429	5131	Lahm Andreas	*Krefeld	0:57:47	0:57:51	38	M50	63	2: 28:09 29:38
430	4832	König Wilhelm	SFD 75 Düsseldorf	0:57:50	0:58:34	5	M65	51	2: 28:28 29:21
431	4913	Thrien Holger	*Ratingen	0:57:50	0:59:29	39	M50	64	2: 29:09 28:40
432	4788	Joerßen Werner	*Selfkant	0:57:52	0:58:26	40	M50	64	2: 28:28 29:24
433	3556	Lindow Nils	*Düsseldorf	0:57:56	0:58:28	7	MU18	00	2: 29:01 28:54
434	3702	Stellbrink Marcel	Crossfit Düsseldorf	0:57:59	0:59:34	62	M30	83	2: 29:25 28:34
435	3705	Melchers Georg	Crossfit Düsseldorf	0:58:00	0:59:36	32	M55	59	2: 29:26 28:33
436	4860	Servick Joseph	*Düsseldorf	0:58:01	0:58:40	65	M35	79	2: 29:34 28:26
437	3596	Grunendahl Michael	*Düsseldorf	0:58:04	0:59:41	77	M45	71	2: 29:01 29:02
438	4196	Börschlein Florian	*Düsseldorf	0:58:13	0:59:07	61	MHK	88	2: 28:32 29:40
439	4160	Telaar Carsten	*Düsseldorf	0:58:17	0:59:57	66	M35	79	2: 29:39 28:38
440	4169	Kaul Andre	Commerzbank	0:58:26	0:59:20	63	M30	87	2: 29:09 29:17
441	3627	Ehlen Knut	doremifasol	0:58:27	0:59:49	33	M55	62	2: 28:37 29:49
442	3688	Sidhu Parminder	*Düsseldorf	0:58:29	1:00:08	67	M35	82	2: 30:57 27:32
443	4890	Holländer Peter	Messe Düsseldorf	0:58:34	0:59:52	78	M45	69	2: 30:18 28:15
444	3894	Siemes Robert		0:58:35	0:59:52	41	M50	67	2: 28:33 30:01
445	4947	Kreisz Oliver	hc:VISION	0:58:36	0:59:33	62	M40	73	2: 29:30 29:06
446	4525	Felder Alexander	*Jülich	0:58:44	1:00:22	79	M45	68	2: 28:51 29:53
447	4184	Dietzel Daniel	MAXMO-Apotheke	0:58:45	1:00:24	62	MHK	90	2: 31:06 27:38
448	5088	zur Linden Ulli	Running Team Grafenberg	0:58:45	1:00:16	11	M60	56	2: 29:50 28:55
449	4931	Pannozzo Massimo	*Kamp-Lintfort	0:58:46	0:59:19	63	M40	76	2: 28:38 30:08
450	4530	Wedderkop Dennis	Ironbros	0:58:55	0:59:16	64	M30	86	2: 28:59 29:56
451	5086	Klesse Maxi	*Düsseldorf	0:59:00	0:59:32	65	M30	87	2: 28:53 30:06
452	4329	Kleinert Manuel Jonas	*Dortmund	0:59:06	1:00:19	63	MHK	92	2: 28:53 30:12
453	3913	Hennig Christoph		0:59:27	1:01:03	68	M35	78	2: 29:51 29:36
454	1853	Martina Gian-Piero	200PRO	0:59:27	1:00:24	64	M40	75	2: 29:13 30:14
455	4166	Könning Michael	*Düsseldorf	0:59:28	1:00:15	66	M30	86	2: 29:51 29:36
456	5393	Neumann Heinz	ART Düsseldorf	0:59:31	1:00:04	2	M75	39	2: 30:00 29:31
457	3686	Rempp Peter	*Haan	0:59:34	1:00:49	67	M30	85	2: 29:39 29:54
458	4099	Schoof Jonas	--	0:59:38	1:00:30	64	MHK	89	2: 28:32 31:05
459	4760	Feikes Oliver	*Brüggen	0:59:39	1:00:52	65	M40	75	2: 29:21 30:18
460	4168	Aey Rüdiger	*Krefeld	0:59:41	1:00:37	42	M50	67	2: 31:12 28:29
461	5149	Hannemann Sven	*Essen	0:59:45	1:00:30	66	M40	75	2: 29:56 29:49
462	4546	Hesselich Uwe	*Mettmann	0:59:45	1:00:34	34	M55	61	2: 29:15 30:30
463	4387	Leven Sascha	*Gelsenkirchen	0:59:49	1:01:02	5	MU20	98	2: 28:55 30:53
464	3547	Schubert Frank	DJK Jugend Eller Tischtennis	0:59:49	1:01:12	67	M40	73	2: 31:16 28:33
465	5166	Gomez Alfonso	Vodafone Runners	0:59:50	1:00:12	69	M35	82	2: 29:35 30:15
466	5158	Bravo Javier	Vodafone Runners	0:59:51	1:00:13	68	M30	85	2: 29:35 30:15
467	3838	Wolff Olli	Happy Running Family	0:59:54	1:01:16	43	M50	66	2: 29:18 30:36
468	3793	Andersen Christian		0:59:57	1:01:15	80	M45	71	2: 30:04 29:52
469	3877	Shiina Yasumasa	International School	0:59:59	1:00:57	65	MHK	89	2: 27:55 32:04
470	4649	Klein Hans-Werner	GIPFELKURS	0:59:59	1:00:13	70	M35	82	2: 29:07 30:52
471	4090	Wagemans Peter	*Düsseldorf	1:00:00	1:00:20	35	M55	58	2: 28:08 31:51
472	5217	Pardo Antonio	RSM/Rennschnecken 2000	1:00:05	1:01:05	44	M50	64	2: 29:32 30:33
473	4518	Klemm Pierre	Team Patchworkfamilie	1:00:07	1:01:38	81	M45	69	2: 30:19 29:48
474	4115	Schneider Roland	*Düsseldorf	1:00:13	1:01:56	45	M50	66	2: 30:50 29:22
475	4745	Gossens Thomas	SSK DÜSSELDORF	1:00:16	1:01:19	82	M45	72	2: 29:35 30:41
476	4350	Fehrmann Holger	*Düsseldorf	1:00:21	1:01:40	68	M40	77	2: 30:03 30:18
477	3845	Hollmann Michael		1:00:23	1:01:24	69	M30	84	2: 27:58 32:24
478	4532	Hochkamer Gerald	Düssel-Taucher e.V.	1:00:28	1:01:19	46	M50	63	2: 29:33 30:54
479	5296	Hakopian Arin	Praxis Dr. Matthias Höschel	1:00:32	1:01:56	70	M30	85	2: 30:46 29:45
480	3786	Gross Wolfgang		1:00:34	1:02:03	6	M65	50	2: 30:20 30:13

10km - Gesamtwertung

Stadtwerke Düsseldorf Halbmarathon auf der Kö - 3. September 2017

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
481	4658	Schmidt Olaf	Fujitsu General (Euro) GmbH	1:00:41	1:02:31	47	M50	64	2: 31:04 29:36
482	4660	Theis Jörg	Fujitsu General (Euro) GmbH	1:00:42	1:02:32	83	M45	69	2: 31:04 29:37
483	3504	Schiltz Marc	SPECIAL OLYMPICS	1:00:48	1:01:57	12	MU23	96	2: 29:18 31:30
484	4023	Deppe Lars	""Garantie abgelaufen""	1:00:49	1:01:11	84	M45	70	2: 29:28 31:21
485	4032	Piotrowski Peter	Running Team Grafenberg	1:00:55	1:02:26	7	M65	48	2: 29:50 31:05
486	5333	Rottmann Andreas	*Wülfrath	1:01:03	1:02:16	48	M50	67	2: 29:06 31:57
487	4191	Ristic Daniel	*Kaarst	1:01:06	1:02:01	66	MHK	88	2: 31:18 29:47
488	3578	Suzuki Akihiro	PAPA GENKI	1:01:14	1:01:58	71	M30	83	2: 29:31 31:42
489	4127	Kleist Thomas	*Meerbusch	1:01:20	1:02:08	49	M50	63	2: 29:45 31:35
490	4306	Reinecke Christian	*Haan	1:01:20	1:01:45	67	MHK	89	2: 28:33 32:47
491	3510	Zarotti Francesco	SPECIAL OLYMPICS	1:01:21	1:02:31	72	M30	83	2: 29:25 31:55
492	4167	Mandt Jürgen	*Düsseldorf	1:01:27	1:02:22	50	M50	65	2: 31:11 30:15
493	3790	Klement Sebastian	BroBox	1:01:34	1:02:18	71	M35	78	2: 30:15 31:18
494	5283	Sauber Tom	*Diekirch	1:01:39	1:02:51	68	MHK	89	2: 29:34 32:05
495	4181	Hartmann Jens	MAXMO-Apotheke	1:01:40	1:03:19	73	M30	87	2: 31:25 30:14
496	3511	Rosseljong Laurent	SPECIAL OLYMPICS	1:01:42	1:02:50	69	MHK	89	2: 29:36 32:06
497	4932	Grass Ralph	vereinslos	1:01:42	1:03:10	8	M65	52	2: 30:22 31:20
498	4366	Klump Guido	SG Deutsche Bank	1:01:43	1:03:23	69	M40	77	2: 29:47 31:55
499	4560	Steffens Dirk	BSG Commerzbank	1:01:51	1:02:24	36	M55	62	2: 30:27 31:23
500	3565	Scherwath Sandro	*Dortmund	1:01:52	1:02:07	70	M40	77	2: 30:32 31:19
501	4521	Schiffer Marcus	*Krefeld	1:02:00	1:03:16	51	M50	67	2: 30:53 31:06
502	5400	Van de Löcht Christian	AOK-TEAM	1:02:02	1:02:31	71	M40	77	2: 29:44 32:17
503	4209	Gottschling Alexander	*Düsseldorf	1:02:10	1:03:36	52	M50	63	2: 31:55 30:14
504	4880	Pustelnik Robert Martin	*Düsseldorf	1:02:15	1:03:13	74	M30	87	2: 29:40 32:35
505	3787	Krischer Jörg	Rheingold Düsseldorf	1:02:34	1:03:38	37	M55	61	2: 30:35 31:58
506	4200	Sonnenberg David	*Düsseldorf	1:02:38	1:03:51	75	M30	86	2: 30:06 32:31
507	3650	Eck Franz	Kyowa Kirin	1:02:40	1:03:30	70	MHK	91	2: 30:09 32:31
508	3562	Hückels Florian	*Willich	1:02:50	1:04:34	76	M30	85	2: 32:52 29:57
509	3538	Peterfeldt Klaus	*Willich	1:02:52	1:04:36	38	M55	60	2: 32:53 29:59
510	5098	Rott Oliver	SSV Knittkuhl	1:02:54	1:04:06	85	M45	69	2: 30:32 32:21
511	5308	Kels Florian	Praxis Dr. Matthias Höschel	1:03:09	1:04:11	77	M30	84	2: 31:25 31:43
512	5307	Wolters David	Praxis Dr. Matthias Höschel	1:03:09	1:04:11	71	MHK	88	2: 31:26 31:43
513	3512	Feltgen Pierrot	SPECIAL OLYMPICS	1:03:24	1:04:41	12	M60	55	2: 31:11 32:12
514	3794	Gebel Andreas		1:03:31	1:05:01	72	M40	74	2: 29:38 33:53
515	5303	Krause Bernd	Praxis Dr. Matthias Höschel	1:04:01	1:05:35	39	M55	62	2: 31:48 32:13
516	5269	Wolters Burkhardt	*Düsseldorf	1:04:23	1:06:05	3	M70	46	2: 30:40 33:42
517	3543	Venhuizen Arnold	Frischecenter Burkowski	1:04:48	1:05:27	53	M50	64	2: 30:22 34:26
518	5125	Pandzioch Martin	*Düsseldorf	1:04:50	1:06:13	72	MHK	92	2: 32:30 32:20
519	3905	Moritz Martin		1:05:04	1:06:38	86	M45	69	2: 30:44 34:20
520	4288	Jarosch Klaus	*Düsseldorf	1:05:10	1:06:22	4	M70	47	2: 30:34 34:35
521	3518	Rota Pol	SPECIAL OLYMPICS	1:05:22	1:06:38	87	M45	68	2: 31:26 33:55
522	4429	Müller Wolfgang	MTV immensen	1:05:28	1:06:58	9	M65	52	2: 32:28 32:59
523	4544	Busch Wolfgang	Max Mothes Runner	1:05:30	1:06:15	40	M55	62	2: 31:09 34:21
524	3677	Müller Markus	*Düsseldorf	1:05:35	1:06:07	72	M35	78	2: 30:53 34:41
525	5002	Niederkrome Jan	HSBC	1:06:09	1:07:21	73	M35	80	2: 31:38 34:31
526	5295	Choinka Christopher	Praxis Dr. Matthias Höschel	1:06:18	1:07:43	73	MHK	93	2: 31:10 35:07
527	4476	Schiro Johannes	*Monheim	1:06:24	1:07:59	74	M35	81	2: 34:04 32:20
528	4381	von der Mark Jan	*Wuppertal	1:06:26	1:07:53	78	M30	87	2: 31:04 35:21
529	5063	Beeck Eugenio	SIGNA	1:06:31	1:06:56	41	M55	61	2: 31:33 34:58
530	1732	Rak Tadeusz	Aesica Pharmaceuticals GmbH	1:06:49	1:07:33	79	M30	83	2: 30:04 36:45
531	3897	Gömann Lars		1:07:06	1:08:23	88	M45	68	2: 31:54 35:12
532	3898	Shu Dirk		1:07:16	1:08:33	89	M45	69	2: 32:01 35:15
533	4659	Takeuchi Hisaya	Fujitsu General (Euro) GmbH	1:08:00	1:09:49	74	MHK	88	2: 31:06 36:53
534	4330	Schulz Dirk	HSBC	1:08:11	1:09:06	42	M55	62	2: 33:54 34:16
535	4040	Laghanke Markus	*Duisburg	1:08:13	1:09:47	80	M30	85	2: 33:27 34:45
536	3926	Blum Serge		1:08:27	1:09:48	75	M35	81	2: 32:13 36:14
537	5237	Frenger Franz	*Düsseldorf	1:08:28	1:09:54	54	M50	64	2: 33:31 34:56
538	3927	Michaux Manuel		1:08:36	1:09:59	76	M35	81	2: 32:12 36:23
539	4228	Mainz Dieter	SV Grün-Weiß-Rot Düsseldorf	1:08:36	1:10:03	1	M80	36	2: 34:24 34:12
540	5362	Noel Christian	Amicale POST Luxembourg	1:08:38	1:09:59	77	M35	78	2: 32:14 36:24

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
541	3881	Dimple Estocapio	International School	1:08:39	1:09:08	78	M35	82	2: 33:25 35:14
542	4756	Labes Jörg	*Düsseldorf	1:09:05	1:10:35	90	M45	68	2: 32:07 36:58
543	4512	Rastogi Sandeep	*Düsseldorf	1:09:29	1:09:52	81	M30	85	2: 33:27 36:01
544	5009	Barghorn Jochen	HSBC	1:10:26	1:11:21	91	M45	72	2: 33:18 37:07
545	4938	Feldmeyer Gerhard	HPP Architekten GmbH	1:11:03	1:12:12	13	M60	56	2: 33:28 37:34
546	5039	Gorgens Lutz	TSV Amrum	1:11:33	1:13:09	10	M65	51	2: 34:58 36:35
547	4164	Abend Günter	ohne	1:11:44	1:13:01	5	M70	43	2: 34:59 36:45
548	4393	Brockmann Bernhard	*Düsseldorf	1:11:51	1:12:11	92	M45	68	2: 35:54 35:56
549	3638	Watson Karl	*Düsseldorf	1:12:18	1:13:30	55	M50	63	2: 34:01 38:17
550	3920	Raßmann Ralf	Die Ärzte Fliednerstr.5	1:12:32	1:14:03	56	M50	64	2: 36:03 36:28
551	3917	Wolke Guido	Die Ärzte Fliednerstr. 5	1:12:33	1:14:04	93	M45	69	2: 36:03 36:30
552	4407	Winterhagen Wolf-Rainer	aktiv65plus	1:12:43	1:13:08	11	M65	48	2: 35:19 37:23
553	3507	Della Schiava Poli	SPECIAL OLYMPICS	1:13:42	1:14:51	57	M50	66	2: 34:20 39:22
554	4916	Poluzyn Tim	Messe Düsseldorf	1:14:17	1:15:36	73	M40	77	2: 36:01 38:16
555	5347	Zajontz Christian	Sportfreunde MMEC	1:14:20	1:15:53	94	M45	71	2: 37:11 37:09
556	4912	Schurmann Robert	Messe Düsseldorf	1:14:20	1:17:54	79	M35	79	2: 35:28 38:52
557	3892	Bühl Max		1:14:48	1:16:24	82	M30	86	2: 35:48 39:00
558	4217	Löhren Christian	*Düsseldorf	1:16:49	1:18:26	74	M40	77	2: 36:48 40:01
559	4163	Hoxha Erind	Metro AG	1:18:59	1:19:10	75	MHK	88	2: 36:31 42:27
560	4394	Corsten Stefan	*Nordrhein-Westfalen -	1:20:06	1:20:25	83	M30	85	2: 39:18 40:47
561	4030	Lamczak Sascha	*Düsseldorf	1:22:46	1:23:23	75	M40	76	2: 40:07 42:39
562	3540	Schmidt Ralf	Herzlauf Hilden e.V.	1:27:01	1:28:52	43	M55	62	2: 40:06 46:54

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
1	3982	Ojstersek Svenja	ART Düsseldorf	0:36:48	0:36:49	1	WHK	94	2: 18:02 18:45
2	3634	Endt Nina	LC Adler Bottrop	0:39:10	0:39:28	1	WU18	00	2: 19:11 19:58
3	4552	Aritonovic Jovica	ASV Duisburg	0:39:13	0:39:15	1	W35	78	2: 19:25 19:48
4	4714	Lippert Theresa	TG Neuss	0:39:43	0:39:45	1	W30	86	2: 19:48 19:54
5	4915	Roche Liz	TV Refrath	0:39:53	0:39:56	1	W40	73	2: 19:38 20:15
6	5225	Hinze-Thüs Katja	SG Wenden	0:39:54	0:39:59	1	W45	72	2: 19:47 20:07
7	5222	Kretschmer Sophie	LAC Aschersleben e.V.	0:40:13	0:40:14	2	WU18	01	2: 19:39 20:33
8	5031	Brunner Lara	Hamburger Sportverein	0:40:39	0:40:40	1	WU20	99	2: 19:29 21:09
9	5104	Buil Melina	Runners Point Run Club	0:40:43	0:40:46	2	WHK	94	2: 19:43 20:59
10	3681	Joosten Judith	SV 1919 Sonsbeck e.V.	0:40:46	0:40:48	3	WHK	94	2: 20:30 20:15
11	4092	Schneider Johanna	Wiesbadener LV	0:40:47	0:40:48	3	WU18	01	2: 19:37 21:10
12	4839	Körschkes Nadine	SFD 75 Düsseldorf	0:41:18	0:41:21	2	W30	87	2: 20:26 20:52
13	3636	Pfütenreuter Johanna	*Ratingen	0:41:21	0:41:29	4	WHK	90	2: 20:38 20:43
14	4918	Remshagen Doris	TV Refrath	0:43:40	0:43:47	1	W50	67	2: 21:52 21:48
15	3807	Bareck Silke	TEAM-ESSEN '99	0:43:54	0:43:56	3	W30	83	2: 21:13 22:40
16	4541	Rehberg Nidja	Vigor	0:45:16	0:45:37	5	WHK	88	2: 22:27 22:48
17	3541	Hunold Michaela		0:45:16	0:45:30	2	W45	69	2: 22:26 22:50
18	4712	Niggemann Marinja	Ausdauer Schule by bunert	0:45:24	0:45:32	4	W30	87	2: 22:38 22:46
19	3544	schmitt Lisa	Cross fit Düsseldorf	0:45:35	0:47:03	5	W30	84	2: 22:55 22:40
20	3522	Schmoetten Pascale	SPECIAL OLYMPICS	0:46:15	0:46:24	3	W45	68	2: 23:21 22:53
21	3706	Almonte Bryan Gemali	Crossfit Düsseldorf	0:46:20	0:48:02	6	WHK	88	2: 23:33 22:47
22	3571	Bühnen Elena	*Duisburg	0:46:52	0:47:00	7	WHK	93	2: 23:42 23:09
23	4500	Grunenberg Beata	Laufsport Bunert Duisburg	0:46:52	0:47:00	6	W30	85	2: 23:42 23:10
24	3837	Ackermann Diana		0:47:05	0:47:15	4	W45	70	2: 23:17 23:48
25	3673	Soest Christine	*Wiehl	0:47:19	0:47:25	2	W35	80	2: 23:27 23:51
26	3986	Höning Klara		0:47:42	0:47:57	8	WHK	88	2: 23:17 24:24
27	5123	Mickelat Simone	*Düsseldorf	0:48:00	0:48:54	5	W45	72	2: 23:02 24:57
28	4120	Dahm Sabine	Spaßläufer	0:48:06	0:48:20	6	W45	68	2: 23:46 24:20
29	5133	Edinger Anke	*Leverkusen	0:48:11	0:48:41	3	W35	81	2: 24:10 24:01
30	3812	Friemelt Dagmar		0:48:17	0:48:25	7	W30	87	2: 23:49 24:27
31	4340	Maslosz-Meyer Nicole	*Krefeld	0:48:22	0:48:29	8	W30	83	2: 23:48 24:34
32	4410	Albers Anja	Running Team Grafenberg	0:48:26	0:48:42	2	W40	77	2: 24:07 24:19
33	3679	Pichier Dörte	Running Team Grafenberg	0:48:27	0:48:43	7	W45	71	2: 24:06 24:20
34	4838	Richter Angela	SFD 75 Düsseldorf	0:48:42	0:48:48	2	W50	64	2: 23:16 25:26
35	3546	König Marijke	*Düsseldorf	0:49:06	0:49:37	9	WHK	91	2: 24:26 24:39
36	4363	Wong Jennifer	*Bonn	0:49:09	0:49:24	9	W30	85	2: 24:23 24:46
37	3922	Neuhaus Julia	Running Team Grafenberg	0:49:23	0:50:17	4	W35	78	2: 24:33 24:50
38	5311	Ceglarska Joanna	Praxis Dr. Matthias Höschel	0:49:28	0:49:43	5	W35	80	2: 24:31 24:56
39	4450	Coudurier Sandra	TG81	0:49:33	0:49:38	8	W45	68	2: 24:13 25:19
40	4271	Wischniowsky Katharina	*Düsseldorf	0:50:17	0:50:29	10	W30	87	2: 24:30 25:46
41	5383	Hofmann Anke	Keine	0:50:26	0:51:22	3	W50	65	2: 24:41 25:44
42	4411	Akyol Candan	*Düsseldorf	0:50:41	0:51:29	3	W40	77	2: 24:15 26:26
43	3915	Hermann Anne	laufsteiger.de	0:50:43	0:50:55	11	W30	87	2: 25:05 25:37
44	4237	Piske Christina	*Düsseldorf	0:50:48	0:51:01	10	WHK	89	2: 24:06 26:41
45	3697	Rottmann Sabiene	Crossfit Düsseldorf	0:51:00	0:52:42	12	W30	83	2: 25:55 25:05
46	3777	Gebutzky Yvonne	Ausdauer Schule by Bunert	0:51:12	0:51:25	13	W30	86	2: 24:50 26:22
47	5282	Held Ann-Kristin	*Essen	0:51:18	0:51:32	14	W30	87	2: 25:31 25:46
48	5345	Riehn Ina	Sportfreunde MMEC	0:51:26	0:53:00	6	W35	82	2: 25:26 26:00
49	3846	Brummelte Julian		0:51:38	0:52:12	11	WHK	91	2: 26:02 25:35
50	3847	Bahrnt Antonia	Bala und Du e.V.	0:51:39	0:52:12	12	WHK	88	2: 26:03 25:36
51	3930	Bartel Helena		0:52:00	0:52:58	13	WHK	88	2: 26:00 26:00
52	3528	Vorsich Jana	Linklaters	0:52:00	0:52:27	14	WHK	93	2: 25:28 26:32
53	4871	Blinken Anna-Lena	*Meerbusch	0:52:02	0:52:57	2	WU20	98	2: 27:13 24:48
54	3551	Schwarz Philine	*Monheim am Rhein	0:52:06	0:52:46	15	W30	87	2: 26:24 25:41
55	3980	Ruiz Gomez Diana		0:52:16	0:52:29	15	WHK	89	2: 25:31 26:45
56	5394	Frenken Melanie	AOK-TEAM	0:52:23	0:52:33	16	WHK	92	2: 26:03 26:19
57	4442	Rohn Vanessa	*Düsseldorf	0:52:32	0:53:32	17	WHK	90	2: 25:50 26:42
58	4251	Lieutenant Heike	*Willich	0:52:44	0:53:29	4	W40	77	2: 27:19 25:25
59	5105	Schulte Uschi	*Köln	0:52:45	0:54:14	5	W40	73	2: 27:01 25:44
60	3912	Graat de Luisa	Running Team Grafenberg	0:52:55	0:53:50	9	W45	69	2: 25:43 27:11

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
61	4033	Battermann Anica	*Düsseldorf	0:52:59	0:54:31	18	WHK	89	2: 26:31 26:28
62	5035	Kribben Janina	*Düsseldorf	0:53:10	0:53:19	19	WHK	88	2: 25:54 27:16
63	3879	Stumpf Heike	International School	0:53:16	0:54:20	6	W40	73	2: 26:43 26:32
64	4318	Stirner Anke	*Düsseldorf	0:53:17	0:53:49	7	W35	79	2: 26:19 26:57
65	3988	Hecker Christine	*Neuss	0:53:20	0:54:17	16	W30	84	2: 26:17 27:02
66	4707	Tautou Anne-Sophie	*DÜSSELDORF	0:53:22	0:53:46	17	W30	87	2: 26:55 26:26
67	3532	Hamann Katia	Linklaters	0:53:22	0:53:45	1	WU23	96	2: 26:09 27:12
68	3588	Kahlert Bayan	*Duisburg	0:53:26	0:53:41	7	W40	77	2: 26:33 26:53
69	3542	Schulte-Kellinghaus Nikola	privat	0:53:30	0:53:42	20	WHK	93	2: 26:37 26:53
70	4148	Wiesenthal Elvira	DJK Grün-Weiß Werl	0:53:37	0:54:04	10	W45	68	2: 27:28 26:08
71	3633	Weimer Dr. Maud	Ski-Klub Düsseldorf 1906 e.V.	0:53:39	0:54:44	1	W55	58	2: 26:30 27:08
72	4094	Engel Marion	*Düsseldorf	0:53:39	0:53:58	11	W45	70	2: 26:46 26:52
73	4322	Osthaus Tabea	con energy	0:53:39	0:54:21	18	W30	83	2: 26:32 27:07
74	5165	Vesper Emma Louise	Vodafone Runners	0:53:39	0:54:07	8	W40	76	2: 26:40 26:59
75	4907	Lange Daniela Jessica	*Düsseldorf	0:53:52	0:55:17	19	W30	84	2: 26:01 27:51
76	4783	Meier Dana	LSV Frauenfeld	0:54:13	0:54:33	12	W45	71	2: 26:54 27:18
77	4830	Nissen Anika	LT Trümmertruppe	0:54:17	0:54:39	21	WHK	93	2: 27:00 27:17
78	4940	Petrovic Valentina	HPP Architekten GmbH	0:54:21	0:55:29	22	WHK	88	2: 26:52 27:29
79	1093	Horak Jana		0:54:21	0:54:28	3	WU20	98	2: 26:59 27:21
80	5119	Mnich Teresa	*Krefeld	0:54:24	0:54:30	20	W30	85	2: 26:47 27:36
81	4941	Hennig Rebecca	HPP Architekten GmbH	0:54:28	0:55:36	23	WHK	88	2: 27:43 26:44
82	4997	Burgey Angelika	HSBC	0:54:32	0:55:25	4	W50	66	2: 27:25 27:07
83	3835	Görz Tina	Sportschule Kaminari	0:54:32	0:55:40	9	W40	77	2: 28:45 25:47
84	3502	Yu Su-Hyoun	*Düsseldorf	0:54:32	0:55:06	8	W35	82	2: 26:42 27:50
85	4250	Hackmann Petra	*Meerbusch	0:54:39	0:55:25	10	W40	74	2: 27:41 26:57
86	4253	Whiteley Chassi	*Meerbusch	0:54:40	0:55:25	11	W40	77	2: 27:42 26:57
87	4416	Meyer Birgit	Running Team Grafenberg	0:54:44	0:55:00	13	W45	68	2: 27:04 27:39
88	4464	Heidenreich Lijuan	*Düsseldorf	0:54:44	0:55:45	12	W40	74	2: 27:49 26:55
89	4151	Detro Sabine	DJK Grün-Weiß Werl	0:54:45	0:55:11	5	W50	64	2: 27:31 27:13
90	3840	Neumann-Huon Melanie		0:54:45	0:55:38	13	W40	74	2: 27:19 27:26
91	3632	Haver Lina	*Düsseldorf	0:54:46	0:55:25	24	WHK	89	2: 26:45 28:01
92	5338	Schmidt Kerstin	*Düsseldorf	0:54:49	0:55:50	9	W35	82	2: 27:35 27:13
93	3833	Felchner Laura		0:54:51	0:55:02	4	WU18	02	2: 26:34 28:16
94	4421	Gabrysch Sandra	HSBC	0:54:51	0:56:08	25	WHK	89	2: 27:00 27:51
95	3701	Reale Maurizio	Crossfit Düsseldorf	0:54:53	0:56:29	14	W45	71	2: 28:50 26:03
96	3700	Buchwald Ines	Crossfit Düsseldorf	0:55:06	0:56:50	26	WHK	89	2: 28:29 26:37
97	3969	Podemski Sabrina		0:55:11	0:55:57	27	WHK	90	2: 27:58 27:13
98	3523	Simons Simone	Castenow Communications	0:55:13	0:56:22	21	W30	85	2: 28:19 26:53
99	5193	Mertens Carina	Vodafone Runners	0:55:15	0:56:34	22	W30	85	2: 28:13 27:02
100	4335	Miksa Beate	*Düsseldorf	0:55:19	0:56:14	6	W50	67	2: 27:49 27:30
101	4939	Jastameling Sarah	HPP Architekten GmbH	0:55:26	0:56:33	23	W30	83	2: 27:58 27:27
102	3508	Arndt Frauke	Arndt Automobile GmbH	0:55:29	0:55:37	7	W50	64	2: 27:08 28:20
103	3617	König Stefanie	Osterather TV	0:55:30	0:56:36	15	W45	68	2: 27:18 28:12
104	4754	Uhlig Julia	*Düsseldorf	0:55:31	0:55:43	2	WU23	95	2: 27:34 27:57
105	5267	Felgner Stephanie	*Flawil	0:55:32	0:55:43	24	W30	85	2: 27:35 27:57
106	4869	Strauß Rupali	*Düsseldorf	0:55:34	0:56:26	10	W35	81	2: 27:18 28:16
107	3878	Cross Caroline	International School	0:55:39	0:56:08	16	W45	72	2: 27:40 27:59
108	5061	Raber Anjela	SIGNA	0:55:46	0:56:13	25	W30	87	2: 30:15 25:30
109	4286	Hache Ilka	Fahrzeugbau Robert	0:55:47	0:56:23	28	WHK	92	2: 28:02 27:44
110	5209	Gesing Hannah	*Düsseldorf	0:55:48	0:57:04	11	W35	79	2: 28:34 27:13
111	5223	Feindt Ulrike	Frau	0:55:48	0:55:53	8	W50	64	2: 27:07 28:41
112	4003	Janaszek Ewa	*Wesel	0:55:57	0:56:42	14	W40	76	2: 27:48 28:08
113	3796	Golinski Verena	BSG Gsigno	0:56:02	0:57:05	26	W30	84	2: 28:08 27:53
114	3526	Böhle Ninette	Castenow Communications	0:56:02	0:57:13	27	W30	86	2: 28:18 27:43
115	3798	Hold Anni	BSG Gosigno	0:56:03	0:57:06	28	W30	87	2: 28:08 27:54
116	1864	Zöflf Sonja	200PRO	0:56:08	0:57:04	17	W45	72	2: 28:08 27:59
117	4059	Riediger Tina	*Düsseldorf	0:56:15	0:56:41	15	W40	73	2: 27:32 28:43
118	4265	Kokoschka Sonja	*Düsseldorf	0:56:31	0:58:06	16	W40	73	2: 28:05 28:25
119	3960	Gallardo Isidro Maria	Lacillo	0:56:39	0:57:29	29	W30	85	2: 28:56 27:42
120	5074	Li Qing	*Duesseldorf	0:56:49	0:57:43	9	W50	67	2: 28:37 28:12

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
121	5152	Biermann Maren	Vodafone Runners	0:56:50	0:58:06	30	W30	85	2: 28:44 28:05
122	3987	Guglielmi Jeannette	Vodafone Runners	0:56:53	0:58:24	18	W45	68	2: 28:27 28:25
123	4007	Ruh Elinor	*Neuss	0:56:54	0:58:20	12	W35	79	2: 28:31 28:23
124	5276	Wuschek Sabrina	*Düsseldorf	0:56:56	0:57:44	29	WHK	89	2: 27:45 29:11
125	5281	Schiffner Kathrin	*Düsseldorf	0:56:57	0:57:59	30	WHK	88	2: 28:30 28:26
126	4548	Nadilo Carolin	sino AG	0:57:04	0:57:13	31	W30	86	2: 27:55 29:09
127	4118	Knäpper Saskia	*Düsseldorf	0:57:16	0:58:10	32	W30	86	2: 27:57 29:19
128	4751	Neumann Stefanie	*Düsseldorf	0:57:22	0:58:01	17	W40	77	2: 28:49 28:33
129	3955	Franke Christiane		0:57:22	0:57:56	13	W35	78	2: 28:24 28:57
130	5179	Faustin Alexandra	Vodafone Runners	0:57:31	0:57:57	33	W30	86	2: 28:59 28:31
131	3623	Roth Dirka	*Viersen	0:57:34	0:58:04	34	W30	83	2: 29:14 28:19
132	4341	Meyer René	*Krefeld	0:57:45	0:58:02	18	W40	73	2: 28:52 28:52
133	5095	Kostka Samantha	Running Team Grafenberg	0:57:45	0:58:26	3	WU23	97	2: 29:03 28:42
134	4502	Albracht Miriam	*Düsseldorf	0:57:48	0:58:57	14	W35	78	2: 29:43 28:04
135	4013	Pirkl Andrea	Laufftreff Recklinghausen	0:57:54	0:58:59	10	W50	67	2: 29:04 28:49
136	4406	Repukat Ingrid	*Essen	0:57:55	0:58:35	15	W35	81	2: 29:19 28:35
136	4372	Riewe Mirja	*Düsseldorf	0:57:55	0:58:35	35	W30	87	2: 29:20 28:35
138	4703	Ahrens Juliane	Aesica Pharmaceuticals GmbH	0:57:57	0:58:42	16	W35	82	2: 28:31 29:26
139	1408	Muhmann Anne	*Düsseldorf	0:57:57	0:58:35	36	W30	84	2: 28:52 29:05
140	3901	Dulbecco Aurelie		0:57:58	0:58:38	19	W40	76	2: 29:15 28:43
141	4327	Kessel Meike Henrike	*Düsseldorf	0:57:59	0:59:03	20	W40	74	2: 28:59 28:59
142	4474	Pohl Nadine	*Erkrath	0:57:59	0:58:06	37	W30	84	2: 27:42 30:17
143	3525	Germeroth Nadine	Linklaters	0:58:04	0:58:31	31	WHK	89	2: 28:25 29:39
144	3954	Scatchard Nicole		0:58:06	0:59:29	17	W35	79	2: 29:19 28:47
145	4462	Geidies Denise	*Oer-erkenschwick	0:58:06	0:58:46	32	WHK	88	2: 29:19 28:47
146	5251	Locher Bianca	*Monheim am Rhein	0:58:07	0:58:48	38	W30	85	2: 28:53 29:13
147	4206	Kammel Verena	0	0:58:16	0:58:29	39	W30	85	2: 28:27 29:49
148	4067	Pamp Bettina	Laufftreff Recklinghausen	0:58:19	0:59:24	21	W40	74	2: 29:09 29:10
149	4648	Fienhold-Pape Edelgard	GIPFELKURS	0:58:19	0:58:34	1	W60	54	2: 28:50 29:28
150	5013	Severin Claudia	*Düsseldorf	0:58:26	0:58:51	11	W50	67	2: 28:17 30:08
151	4360	Lauer Anne-Kathrin	*Düsseldorf	0:58:26	0:59:52	33	WHK	88	2: 29:44 28:42
152	3600	Tüngler Eileen	HYATT house	0:58:32	0:59:29	34	WHK	91	2: 29:12 29:19
153	5245	Kuhlmann Theresa	*Sulzbach	0:58:42	1:00:00	40	W30	84	2: 28:05 30:36
154	3821	Ulrich Lisa		0:58:43	0:59:27	41	W30	84	2: 28:50 29:53
155	4285	Schürmann Rosita	*Düsseldorf	0:58:51	0:59:37	19	W45	69	2: 28:36 30:15
156	5298	Wahle Leonie	Praxis Dr. Matthias Höschel	0:58:58	1:00:22	4	WU23	96	2: 31:09 27:48
157	4311	Nowak Simone	*Düsseldorf	0:59:01	0:59:17	22	W40	75	2: 28:50 30:10
158	5268	Wahle Julia	Praxis Dr. Matthias Höschel	0:59:01	1:00:25	35	WHK	93	2: 31:10 27:50
159	4358	Kroggel Cigdem	*Düsseldorf	0:59:02	0:59:18	23	W40	74	2: 28:50 30:11
160	4906	Wolff Ilse	*Neuss	0:59:04	1:00:25	24	W40	73	2: 28:48 30:16
161	4883	Stach Eva	*Düsseldorf	0:59:11	1:00:40	18	W35	78	2: 30:25 28:45
162	3784	Hoener zu Drewer Inga		0:59:13	1:00:31	19	W35	80	2: 29:38 29:35
163	4872	Grundmeier Franziska	*Zülpich	0:59:16	1:00:02	36	WHK	92	2: 29:16 29:59
164	4776	Du Nancy	*Paderborn	0:59:21	0:59:38	5	WU23	96	2: 28:14 31:07
165	4161	Haack Judith	*Düsseldorf	0:59:22	1:01:03	20	W35	82	2: 29:41 29:41
166	3880	Hawinkels Ivonne	International School	0:59:24	1:01:04	21	W35	78	2: 29:28 29:55
167	5132	Schoel Sandra	Ergotherapie Belka	0:59:24	1:00:45	12	W50	67	2: 29:47 29:37
168	5130	Belka Claudia	Ergotherapie Belka	0:59:25	1:00:45	13	W50	66	2: 29:47 29:37
169	4887	Becker Claudia	Team #flitzmäuse	0:59:25	1:00:23	42	W30	86	2: 28:51 30:33
170	4383	Pöppmann Verena	Parfümerie Douglas	0:59:26	1:00:24	43	W30	84	2: 28:52 30:33
171	4730	Hoffmanns Miriam	Stadtmission Düsseldorf	0:59:28	1:01:09	25	W40	73	2: 30:23 29:04
172	3586	Konca Vivien	Körperformen	0:59:29	1:00:11	22	W35	80	2: 29:52 29:37
173	4043	Winkler Lina	*Aachen	0:59:29	0:59:53	37	WHK	89	2: 28:59 30:30
174	3934	Kreutzer Diana	LKD Düsseldorf	0:59:31	0:59:59	2	W55	61	2: 29:00 30:30
175	3707	Kroner Barbara	Running Team Grafenberg	0:59:31	1:00:36	3	W55	60	2: 29:50 29:41
176	4466	Götze Silke	*Düsseldorf	0:59:32	1:00:35	23	W35	82	2: 29:58 29:34
177	4009	Ehrke Solveig	*Hopsten	0:59:38	1:00:00	20	W45	69	2: 29:29 30:09
178	4029	Alef Hanna-Maria	*Düsseldorf	0:59:40	1:01:09	44	W30	86	2: 29:47 29:52
179	4396	Müller vom Hofe Anke	*Düsseldorf	0:59:40	1:00:15	24	W35	78	2: 29:55 29:45
180	4414	Czech Christiane	*Düsseldorf	0:59:47	1:01:04	14	W50	64	2: 29:45 30:01

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
181	4276	Valentin Maria	*Düsseldorf	0:59:47	1:00:03	45	W30	86	2: 28:26 31:21
182	5171	Galindo Beatriz	Vodafone Runners	0:59:51	1:00:13	38	WHK	89	2: 29:35 30:15
183	4719	Dominguez Nerea	*Düsseldorf	0:59:51	1:00:13	46	W30	84	2: 29:36 30:15
184	4307	Reinecke Daniela	HSBC	0:59:59	1:00:24	47	W30	87	2: 29:48 30:11
185	4125	Smitmans Meike	*Düsseldorf	1:00:04	1:00:16	48	W30	86	2: 29:25 30:38
186	4002	Wilczek Sabine	Anwaltskanzlei Jannes	1:00:12	1:00:34	15	W50	65	2: 28:12 31:59
187	4056	Wack Sarah	*Leverkusen	1:00:18	1:00:49	49	W30	83	2: 29:59 30:19
188	4116	Leukel Kirsten	*Düsseldorf	1:00:24	1:02:06	21	W45	71	2: 30:38 29:46
189	4220	Schneider-Feuser Sissi-Elise	*Düsseldorf	1:00:24	1:00:48	25	W35	82	2: 29:26 30:58
190	4225	Körber Sahrah luise	Ohne	1:00:24	1:00:42	4	WU20	98	2: 28:41 31:43
191	5017	Heyer Petra	Rhein Erft Runner	1:00:27	1:01:32	26	W40	75	2: 30:12 30:15
192	4098	Wetzel Melina	--	1:00:35	1:01:27	39	WHK	90	2: 29:52 30:43
193	5045	Strysch Andrea	*Düsseldorf	1:00:36	1:01:49	27	W40	77	2: 30:37 29:58
194	4852	Liebal Mara	*Düsseldorf	1:00:38	1:01:54	50	W30	86	2: 30:31 30:06
195	4747	Schmalenbach Sarah	SSK DÜSSELDORF	1:00:45	1:01:31	40	WHK	91	2: 30:50 29:54
196	4533	Geenen Laura	*Düsseldorf	1:00:47	1:01:42	41	WHK	89	2: 29:23 31:24
197	4361	Blasinski Agatha	*Düsseldorf	1:00:53	1:01:56	26	W35	81	2: 30:20 30:32
198	5349	Norbisrath Bärbel		1:01:03	1:02:05	4	W55	61	2: 29:37 31:25
199	4197	Bierl Katharina	*Düsseldorf	1:01:07	1:02:39	6	WU23	95	2: 30:41 30:26
200	3844	Geiger Gabriele		1:01:10	1:02:00	51	W30	84	2: 30:02 31:08
201	5127	Kanasawang Sukanya	InterContinental Düsseldorf	1:01:11	1:01:22	28	W40	77	2: 28:31 32:40
202	5057	Palinkas Nikoletta	Surplex GmbH	1:01:13	1:01:38	42	WHK	92	2: 29:36 31:37
203	4126	Kleist Saskia	*Meerbusch	1:01:22	1:02:09	43	WHK	89	2: 29:46 31:35
204	4144	Heyer Tina M.	Laufschule Düsseldorf	1:01:26	1:02:44	29	W40	76	2: 30:53 30:33
205	4724	Altemöller Stephanie	Ketchum Pleon GmbH	1:01:26	1:01:43	22	W45	71	2: 28:15 33:11
206	5076	Becker Yvona	*Düsseldorf	1:01:27	1:01:54	27	W35	78	2: 30:25 31:01
207	4093	Jarzabek Klaudia	*Düsseldorf	1:01:33	1:01:45	44	WHK	90	2: 32:20 29:13
208	4005	Seibert Ulrike	*Düsseldorf	1:01:35	1:03:07	16	W50	65	2: 31:32 30:03
209	5275	Thill Anne	*Diekirch	1:01:40	1:02:51	45	WHK	90	2: 29:34 32:05
210	4159	Haack Sarah	*Düsseldorf	1:01:40	1:03:20	28	W35	82	2: 29:45 31:54
211	4198	Zedler Sandra	*Jüchen	1:01:48	1:03:07	30	W40	76	2: 31:10 30:38
212	4833	Theodoridou Eleni	SFD 75 Düsseldorf	1:01:50	1:02:04	31	W40	75	2: 27:56 33:53
213	5395	Kasimirowicz Nicole	AOK-TEAM	1:01:51	1:02:53	23	W45	70	2: 30:11 31:40
214	5198	Oser Elisabeth	Vodafone Runners	1:01:51	1:02:56	29	W35	80	2: 30:27 31:23
215	3564	Engler Birgit	*Bietigheim-Bissingen	1:01:52	1:02:06	32	W40	75	2: 30:32 31:19
216	4944	Martino Ilenia	HPP Architekten GmbH	1:01:56	1:03:04	46	WHK	90	2: 29:53 32:03
217	5185	Frings Britta	Vodafone Runners	1:02:00	1:02:52	52	W30	85	2: 29:59 32:01
218	4936	Hünger Katrin	*Düsseldorf	1:02:01	1:03:17	33	W40	75	2: 29:50 32:10
219	4831	Schmidt-König Barbara	SFD 75 Düsseldorf	1:02:06	1:02:48	2	W60	54	2: 30:46 31:20
220	4400	Jäschke Linda	*Leichlingen	1:02:07	1:03:35	5	WU18	00	2: 31:52 30:14
221	4925	Glueck Susanne	*Düsseldorf	1:02:13	1:03:25	24	W45	72	2: 30:53 31:20
222	5175	Wienkoop Kristina	Vodafone Runners	1:02:14	1:03:46	47	WHK	88	2: 31:01 31:12
223	4268	Kakuta Yumi	*Düsseldorf	1:02:14	1:02:58	53	W30	86	2: 30:34 31:40
224	4293	Fujita Kei	*Düsseldorf	1:02:15	1:02:59	48	WHK	94	2: 30:34 31:40
225	3832	Dijk van Karina		1:02:15	1:03:52	17	W50	66	2: 30:50 31:24
226	4895	Tscholl Tabea	*Köln	1:02:16	1:04:01	49	WHK	88	2: 31:32 30:43
227	4894	Bandke Vanessa	*Köln	1:02:19	1:04:04	30	W35	79	2: 31:32 30:47
228	4319	Cosler Maike	RUN, die MC	1:02:24	1:02:54	54	W30	84	2: 30:35 31:49
229	4519	Ferfers Rabea	Team Patchworkfamilie	1:02:37	1:04:08	34	W40	74	2: 30:21 32:16
230	4240	Rothkoegel Christine	*Düsseldorf	1:02:38	1:03:12	55	W30	83	2: 29:55 32:42
231	5069	Esser Luca Lizzy	Elliott Browne International	1:02:38	1:03:17	7	WU23	96	2: 32:27 30:10
232	5075	Muramatsu Mika	The Bank of Tokyo-Mitsubishi U	1:02:48	1:03:52	50	WHK	88	2: 31:14 31:34
233	1379	Müller Charlotte	*Düsseldorf	1:02:56	1:03:20	51	WHK	88	2: 29:27 33:28
234	3792	Friedemann Anja	Ervithe	1:02:57	1:03:28	25	W45	71	2: 30:49 32:07
235	4522	Cremerius Andrea	*Krefeld	1:03:03	1:04:19	18	W50	66	2: 30:53 32:09
236	4210	Samlowski-Grope Melanie	Blutsschwestern	1:03:10	1:04:50	26	W45	72	2: 31:14 31:55
237	3699	Vogel Stephanie	Crossfit Düsseldorf	1:03:15	1:04:56	52	WHK	88	2: 31:24 31:50
238	5054	Weinberg Alexandra	*Moers	1:03:16	1:04:28	53	WHK	94	2: 32:12 31:04
239	4257	Lingen Stella-Marina	*Essen	1:03:17	1:03:47	8	WU23	97	2: 31:43 31:34
240	4479	Samolak Linda	*Düsseldorf	1:03:21	1:04:06	54	WHK	91	2: 30:45 32:36

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
241	4914	Köhler Nicole	Bunert Duisburg After Work Run	1:03:23	1:04:43	31	W35	78	2: 30:52 32:31
242	1230	Van der Bijl Anita	*Ede	1:03:28	1:04:20	27	W45	68	2: 31:41 31:47
243	5126	Magoley Juanna	InterContinental Düsseldorf	1:03:30	1:03:42	55	WHK	91	2: 29:33 33:57
244	4042	Jagusch Kathleen	*Meerbusch	1:03:36	1:04:27	32	W35	81	2: 31:54 31:42
245	3682	Damm Anne-Kathrin	*Düsseldorf	1:03:36	1:04:49	35	W40	77	2: 32:23 31:13
246	4041	Zellmer Kirstin	*Meerbusch	1:03:37	1:04:28	33	W35	79	2: 31:53 31:44
247	3896	Marx Daniela		1:03:47	1:04:42	19	W50	67	2: 32:05 31:42
248	5270	Waldenmaier-Frank Elke	*Neuss	1:03:55	1:04:42	36	W40	74	2: 30:48 33:07
249	4924	Veltrup Nevenka	*Düsseldorf	1:03:56	1:05:02	34	W35	81	2: 32:02 31:54
250	4399	Jäschke Britta	*Leichlingen	1:04:00	1:05:29	28	W45	71	2: 31:52 32:08
251	5018	Heering Sonja	*Düsseldorf	1:04:02	1:05:21	56	W30	84	2: 32:45 31:17
252	4721	Tenter Rebecca	*Erkrath	1:04:05	1:05:04	56	WHK	90	2: 30:43 33:22
253	4137	Petridis Evelyn	*Düsseldorf	1:04:09	1:05:52	35	W35	81	2: 32:21 31:48
254	5007	Schmitz Verena		1:04:09	1:05:13	36	W35	79	2: 31:18 32:51
255	4192	Schultz Cornelia	*Düsseldorf	1:04:12	1:04:37	37	W35	78	2: 32:28 31:44
256	4095	Herrmann Doris	*Mettmann	1:04:21	1:05:43	29	W45	71	2: 32:02 32:19
257	4170	Jaracewski Wiebke	*Düsseldorf	1:04:25	1:05:42	38	W35	79	2: 32:09 32:16
258	4391	Wolf Sandra	*Düsseldorf	1:04:32	1:05:54	57	WHK	88	2: 31:32 33:00
259	4218	Maciejek Mai	*Düsseldorf	1:04:39	1:05:10	37	W40	75	2: 33:01 31:37
260	4957	Barral Farto Birthe	*Düsseldorf	1:04:41	1:05:55	39	W35	78	2: 32:43 31:57
261	5048	Pummer Lisa Christin	*Düsseldorf	1:04:51	1:06:14	58	WHK	91	2: 32:30 32:20
262	4861	Haberecht Nicole	*Düsseldorf	1:04:56	1:05:47	40	W35	78	2: 31:33 33:23
263	4230	El Mahi Soubiha	*Düsseldorf	1:04:59	1:05:56	38	W40	73	2: 32:08 32:51
264	4349	Hermann Andrea	Lauftreff Zoopark	1:05:20	1:07:04	41	W35	79	2: 32:26 32:53
265	4695	Löber Angelina	Parker Hannifin GmbH	1:05:21	1:06:21	42	W35	79	2: 32:41 32:39
266	3563	Mangels Cornelia	*Willich	1:05:22	1:07:06	43	W35	79	2: 32:53 32:29
267	4193	Peeters Daniela	*Düsseldorf	1:05:28	1:05:54	39	W40	75	2: 32:28 33:00
268	5352	Mertelmeyer Lisa Marie	*Düsseldorf	1:05:33	1:06:48	59	WHK	93	2: 32:39 32:53
269	4943	Temminghoff Astrid	HPP Architekten GmbH	1:05:39	1:06:47	57	W30	83	2: 31:47 33:51
270	4297	Marks-Raeth Sibylle	*Essen	1:05:41	1:06:05	30	W45	70	2: 31:43 33:58
271	5037	Trentzsch Angelika	UniCredit Bank AG	1:05:48	1:07:32	3	W60	55	2: 31:49 33:58
272	4256	Gruner Alina	*Willich	1:05:57	1:06:27	9	WU23	96	2: 31:40 34:16
273	4258	Himmes Jana	*Meerbusch	1:06:00	1:07:35	44	W35	79	2: 33:18 32:41
274	4668	Leukefeld Marion	Pace Pack Runners	1:06:03	1:06:53	60	WHK	88	2: 34:27 31:35
275	4412	Saymali Akyol Hülya	*Düsseldorf	1:06:06	1:06:55	40	W40	75	2: 32:15 33:50
276	4062	Potthoff Daniela	Team Erdinger Alkoholfrei	1:06:09	1:07:41	31	W45	71	2: 31:58 34:11
277	1049	Guicheteau Julie	*Düsseldorf	1:06:10	1:06:49	61	WHK	90	2: 32:18 33:52
278	5266	Kowsky Katharina	Praxis Dr. Matthias Höschel	1:06:19	1:07:43	62	WHK	93	2: 31:11 35:07
279	4114	Missing Simone	*Kaarst	1:06:20	1:07:38	41	W40	75	2: 32:34 33:46
280	1405	Günther Andrea	*Düsseldorf	1:06:26	1:07:05	58	W30	83	2: 32:26 34:00
281	4644	Sturaro Donatella	WENKO-WENSELAAR GMBH	1:06:31	1:07:38	5	W55	61	2: 31:57 34:33
282	5348	Uhlig Petra	*Düsseldorf	1:06:42	1:08:07	20	W50	64	2: 33:30 33:11
283	4497	Weiring Birte	*Düsseldorf	1:06:42	1:08:06	63	WHK	93	2: 33:32 33:10
284	4236	Wilkop Merle	*Gelsenkirchen	1:06:51	1:08:02	6	WU18	01	2: 31:31 35:19
285	4135	Mross Natalie	Große Klappe,nix dahinter	1:06:51	1:07:33	59	W30	85	2: 31:29 35:21
286	4555	Meuter Marcella	*Tönisvorst	1:06:55	1:08:01	32	W45	68	2: 32:30 34:24
287	5030	Kuck Inez Luise	*Ratingen	1:07:00	1:07:47	64	WHK	93	2: 32:15 34:45
288	4110	Albrecht Mareike	*Düsseldorf	1:07:21	1:08:52	45	W35	81	2: 33:29 33:52
289	4295	Zander Claudia	*Krefeld	1:07:28	1:09:13	46	W35	79	2: 32:15 35:12
290	3567	Behr Michaela	*Düsseldorf	1:07:30	1:09:13	42	W40	73	2: 32:50 34:40
291	4183	Fait Ramona		1:07:32	1:09:10	6	W55	62	2: 32:51 34:41
292	4182	Kättnis Martina	MAXMO-Apotheke	1:07:33	1:09:11	33	W45	68	2: 32:54 34:38
293	4303	Bera Jeannette	Laufschule Düsseldorf	1:07:34	1:08:49	34	W45	71	2: 33:02 34:31
294	1541	Poe Laura	*Düsseldorf	1:07:51	1:09:21	47	W35	79	2: 34:23 33:28
295	5214	Lindner Susanne	*Düsseldorf	1:08:02	1:08:27	21	W50	67	2: 32:32 35:30
296	1373	Kopsch Sabine	*Düsseldorf	1:08:07	1:09:27	43	W40	75	2: 33:24 34:42
297	3672	Novakovic Nela	Kyowa Kirin	1:08:08	1:08:57	44	W40	74	2: 33:01 35:06
298	3675	Thiel Mareike	*Reckange sur Mess	1:08:27	1:09:49	48	W35	80	2: 32:13 36:14
299	1518	Grunau Theresa	*Solingen	1:08:33	1:08:41	65	WHK	89	2: 33:22 35:10
300	4039	Mainka Juliane	*Duisburg	1:08:35	1:10:09	60	W30	86	2: 33:28 35:06

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
301	4180	Kapodistrias Gabi	Running Team Grafenberg	1:08:36	1:10:12	22	W50	63	2: 34:21 34:15
302	5364	Preis Janine	*Köln	1:08:41	1:09:33	61	W30	85	2: 34:35 34:05
303	4255	John Marion	*Düsseldorf	1:08:47	1:09:05	23	W50	67	2: 35:32 33:15
304	4390	Nienaber Katrin	*Düsseldorf	1:08:54	1:09:44	24	W50	64	2: 33:15 35:39
305	4717	Sheehan Anna	*Düsseldorf	1:09:09	1:10:02	66	WHK	90	2: 34:27 34:42
306	4725	Spoehr Corinna	Ketchum Pleon GmbH	1:09:17	1:09:33	45	W40	74	2: 32:33 36:43
307	5068	Papismedova Miriam	Elliott Browne International	1:09:17	1:09:55	10	WU23	95	2: 33:09 36:08
308	4153	Diehl Heike	*Düsseldorf	1:09:23	1:10:04	49	W35	78	2: 32:35 36:47
309	5258	Kolbe Kerstin	Praxis Dr. Matthias Höschel	1:09:23	1:10:05	35	W45	70	2: 32:34 36:49
310	4143	Girgensohn Anne	*Ratingen	1:09:29	1:10:46	25	W50	64	2: 32:15 37:13
311	4154	Götzen Silke	*Düsseldorf	1:09:34	1:10:16	46	W40	73	2: 33:22 36:11
312	5062	Reinhardt Tatjana	SIGNA	1:09:38	1:10:05	62	W30	84	2: 33:57 35:40
313	3500	Behler Lisa Marie	*Meerbusch	1:10:08	1:11:34	5	WU20	98	2: 33:53 36:14
314	4499	Blocher Melanie	*Düsseldorf	1:10:12	1:11:36	67	WHK	90	2: 33:54 36:17
315	3560	Preuss Rosemarie	SV 1930 Rosellen e.V.	1:10:55	1:12:14	1	W70	43	2: 33:46 37:09
316	4999	Heidkamp Lena	HSBC	1:11:07	1:11:35	63	W30	83	2: 34:09 36:57
317	4392	Brockmann Susan	*Düsseldorf	1:11:18	1:12:11	26	W50	67	2: 35:22 35:56
318	5194	Aligoraki Julia	Vodafone Runners	1:11:18	1:12:35	64	W30	87	2: 35:20 35:58
319	3831	Christoph Babette		1:11:28	1:13:05	7	W55	61	2: 34:18 37:10
320	4326	Plescher Isabel	*Düsseldorf	1:11:33	1:12:04	50	W35	82	2: 35:34 35:59
321	4142	Klümpel Gloria	*Neuss	1:11:34	1:12:51	65	W30	83	2: 34:23 37:10
322	4073	Schlingensief Eva	absoluttanzbar	1:12:31	1:13:35	1	W65	50	2: 34:41 37:50
323	4173	van Diepen Janna	*Düsseldorf	1:12:56	1:14:34	66	W30	86	2: 36:46 36:09
324	4385	Kistner Petra	*Frankfurt am Main	1:13:13	1:14:38	68	WHK	88	2: 32:51 40:22
325	4874	Jacobsen Inga	*Düsseldorf	1:13:18	1:14:51	11	WU23	95	2: 36:51 36:26
326	1279	Jochum Ulrike	*Düsseldorf	1:13:24	1:13:41	27	W50	64	2: 34:02 39:21
327	4716	Weper Annika	*Düsseldorf	1:14:47	1:16:24	69	WHK	88	2: 35:49 38:58
328	4718	Schmitz Christina	*Düsseldorf	1:14:48	1:16:25	70	WHK	90	2: 35:48 38:59
329	4480	Micéli Stéphanie	*Düsseldorf	1:14:54	1:15:40	67	W30	84	2: 36:00 38:54
330	3664	Peukert Ines	*Meerbusch	1:14:56	1:15:46	51	W35	79	2: 35:25 39:31
331	4211	Czucka Christiane	Blutsschwestern	1:16:32	1:18:12	47	W40	73	2: 36:46 39:45
332	4216	Löhren Mirna	*Düsseldorf	1:16:49	1:18:25	68	W30	85	2: 36:49 40:00
333	4155	Xu Jia	*Düsseldorf	1:17:56	1:19:16	52	W35	82	2: 30:20 47:35
334	4395	Doerenkamp Angelika	*Mönchengladbach	1:20:05	1:20:25	8	W55	59	2: 39:18 40:47