

10km - Gesamtwertung

11. Bickendorfer Büdchenlauf - 24.09.2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
1	1420	Bunte Marian	Bunert - Der Kölner Laufladen	0:33:18	0:33:15	1	MHK	89	07:38	08:27	08:39	08:30	
2	1226	Giesen René	Bunert - Der Kölner Laufladen	0:35:28	0:35:26	2	MHK	93	07:39	09:09	09:23	09:14	
3	1229	Joisten Christian	VFL Kommern	0:37:09	0:37:07	1	M30	83	08:16	09:34	09:41	09:34	
4	71	Nieswand Patrick	SV Deutz 05	0:38:23	0:38:19	1	M40	73	08:29	09:49	09:59	10:00	
5	334	Pütz Jürgen	LuST	0:38:30	0:38:28	1	M45	70	08:36	09:49	10:00	10:01	
6	946	Chao Martinez Juan	*Köln	0:38:58	0:38:54	3	MHK	89	08:55	09:54	10:00	10:03	
7	942	Drieb Marcel	TriathlonSteckelColpgne	0:39:26	0:39:21	1	M35	82	08:54	09:59	10:17	10:09	
8	538	Oelmaier Tobias	BSG Stadt Köln	0:40:01	0:40:00	1	M50	67	08:58	10:18	10:22	10:21	
9	712	Winters Laurin	ASV Köln	0:40:28	0:40:23	4	MHK	90	09:13	10:17	10:30	10:22	
10	838	Friedrich Lars	*Köln	0:40:30	0:40:26	2	M30	87	09:04	10:11	10:37	10:33	
11	709	Schwill Matthias	TriCologne	0:40:33	0:40:27	2	M40	74	08:58	10:14	10:34	10:39	
12	1256	Broda Benjamin		0:40:48	0:40:26	5	MHK	93	09:06	10:09	10:28	10:42	
13	338	Dworeck Alexander	TV Refrath	0:41:10	0:41:08	3	M40	75	09:04	10:29	10:49	10:45	
14	404	Pauli Patrick	*Köln	0:41:54	0:41:43	6	MHK	90	09:47	10:45	10:39	10:31	
15	1417	Dudley Richard	LG Donatus Erfstadt e.V.	0:42:04	0:42:01	1	M55	61	09:58	10:40	10:41	10:41	
16	511	Grube Benedikt	*Aachen	0:42:05	0:41:48	7	MHK	90	08:59	10:24	11:33	10:50	
17	73	Hinders Lambertus	*Leer	0:42:21	0:42:18	2	M50	66	09:36	10:45	10:59	10:57	
18	9	Keil Oliver	*Köln	0:42:28	0:42:22	3	M50	65	09:43	10:45	10:56	10:57	
19	318	Balga Mohamed	Wachs TROMM GmbH	0:42:49	0:42:38	4	M40	73	09:52	10:55	11:02	10:47	
20	1216	Kunz Pascal	DSHS	0:43:08	0:43:01	8	MHK	94	09:30	10:54	11:22	11:14	
21	198	Rossa Andreas Rossi	TV Refrath	0:43:13	0:43:06	2	M45	72	09:55	11:00	11:05	11:05	
22	1412	Kresimon Johannes	Team Crazymoon	0:43:19	0:43:15	3	M45	69	09:54	11:01	11:17	11:01	
23	497	Greite Stefan	BSG Stadt Köln	0:43:21	0:43:17	2	M35	79	09:36	11:10	11:25	11:05	
24	146	McLaren Patrick	*Köln	0:43:28	0:43:28	9	MHK	93	09:40	10:32	11:36	11:38	
25	1398	Vogelsang Marcel	Albis Lauftreff	0:43:35	0:43:31	3	M30	84	09:37	11:01	11:25	11:26	
26	1388	Herwig Eike		0:43:37	0:43:25	5	M40	75	10:12	11:13	11:05	10:53	
27	1308	Hamilton Alistair		0:43:46	0:43:43	3	M35	78	09:14	11:04	11:32	11:53	
28	986	Scheck Daniel		0:43:48	0:43:42	10	MHK	92	09:49	11:03	11:20	11:28	
29	987	Kürten Lucas		0:43:49	0:43:43	11	MHK	93	09:50	11:02	11:21	11:28	
30	1302	Pilz Andreas		0:43:57	0:43:44	6	M40	74	10:34	11:13	11:04	10:51	
31	1345	Schmidt Nikolaus	BSG Stadt Köln	0:44:05	0:44:02	4	M35	82	09:34	11:16	11:36	11:34	
32	113	Harder DR Dirk	*Köln	0:44:23	0:44:19	2	M55	61	09:57	11:14	11:32	11:35	
33	1966	Klein Harald	BSG ABB Bad Honnef	0:45:00	0:44:47	4	M50	66	10:13	11:31	11:32	11:30	
34	730	Esteves Manuel	*Bornheim	0:45:21	0:45:17	5	M50	67	10:35	11:27	11:45	11:28	
35	954	Christensen Lars	KTT Köln	0:45:23	0:45:10	4	M45	68	10:34	11:30	11:44	11:21	
36	174	Stephan Heinz Michael	TUS Braunsfeld	0:45:33	0:45:26	3	M55	61	10:22	11:35	11:44	11:44	
37	99	Schmitt Mario	TriCologne	0:45:36	0:45:29	5	M35	82	10:21	11:44	11:49	11:32	
38	85	Heck Mike	Tri Cologne	0:45:36	0:45:29	7	M40	73	09:54	11:45	12:04	11:45	
39	220	Gudermann Joachim	LG Donatus Erfstadt	0:45:53	0:45:29	5	M45	68	10:51	11:18	11:49	11:30	
40	459	Jakobs Mario	*Köln	0:46:07	0:45:56	8	M40	75	09:48	11:55	12:15	11:57	
41	747	Lipken Jens	Team Teichstraße	0:46:18	0:46:05	9	M40	75	11:11	11:59	11:46	11:08	
42	552	Dürscheid Jürgen	*Köln	0:46:24	0:46:19	4	M55	62	10:50	11:50	11:50	11:47	
43	829	Berg Alexander	HBC Hürth	0:46:29	0:46:09	10	M40	73	10:54	11:41	11:59	11:34	
44	1208	Peter Scheible		0:46:32	0:46:23	6	M45	71	10:36	11:58	12:13	11:35	
45	1033	Scholz Detlef	*Köln	0:46:41	0:46:34	7	M45	68	11:04	12:03	12:06	11:19	
46	824	Berndt Ulrich	Rote Mauer	0:46:53	0:46:48	6	M50	65	10:31	11:59	12:17	11:59	
47	300	Vogt Harald	Alemannia Aachen	0:46:56	0:46:47	8	M45	71	10:30	12:08	12:13	11:54	
48	1223	Busch Andreas		0:46:59	0:46:49	9	M45	68	10:48	11:53	12:01	12:06	
49	17	Matschull Frank	fuer meine Jungs	0:47:12	0:47:05	7	M50	67	10:37	12:01	12:17	12:09	
50	1425	Foit Andre	Flinke Flitzer	0:47:18	0:47:02	4	M30	83	10:50	11:39	12:00	12:31	
51	149	Grothues Bernd	*Köln	0:47:27	0:47:21	11	M40	74	10:37	11:57	12:17	12:29	
52	928	Ruick Jens	*Köln	0:47:33	0:47:29	12	MHK	92	10:17	12:24	12:37	12:10	
53	388	Brandt Martin	BSG Stadt Köln	0:47:33	0:47:13	13	MHK	93	10:53	11:56	12:38	11:44	
54	606	Schwarz DR Holger	www.kanzleischwarz.de	0:47:34	0:47:28	12	M40	75	10:35	12:08	12:27	12:17	
55	547	Goebbels Felix	*Köln	0:47:40	0:47:11	5	M30	85	10:42	11:42	12:18	12:27	
56	1222	Bartmann Frederico	Montessori Gymnasium Köln	0:47:40	0:47:40	1	MU18	00	09:48	11:13	12:51	13:47	
57	1320	Ackermann Sebastian	*Köln	0:47:44	0:47:27	8	M50	66	11:18	12:05	12:01	12:01	
58	1318	Peikert Alexander	Brücker Lauffreunde	0:47:48	0:47:39	1	M60	56	10:48	12:00	12:27	12:22	
59	1409	Guth DR Nicolas	*Köln	0:47:50	0:47:39	6	M35	80	11:03	12:12	12:49	11:34	
60	936	Thimm Bastian	*Bergisch Gladbach	0:48:04	0:47:44	13	M40	76	11:36	11:59	12:04	12:04	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	500	Hausmann Volker	LT TUS Mondorf	0:48:06	0:47:29	5	M55	62	10:54	11:56	12:15	12:22	
62	264	Leroff Simon	*Köln	0:48:07	0:47:53	2	MU18	01	09:59	11:44	12:51	13:17	
63	623	Kluger Lukas	*Köln	0:48:22	0:48:16	6	M30	86	10:11	12:21	12:56	12:47	
64	1319	Christ Carsten	Glückauf Habelrath-Grefrath	0:48:23	0:48:15	9	M50	67	10:49	12:15	12:37	12:33	
65	873	Pannes Peter	*Köln	0:48:30	0:48:09	14	M40	74	11:25	12:30	12:16	11:56	
66	447	Meinen Jens	BSG Stadt Köln	0:48:37	0:48:28	2	M60	54	10:55	12:17	12:28	12:46	
67	306	Löpki Dirk	*Köln	0:48:40	0:48:28	10	M50	63	11:47	12:30	12:13	11:57	
68	607	Bott Jonas	SV Affeln 28	0:48:45	0:48:38	14	MHK	96	11:02	12:44	12:17	12:33	
69	346	Fragel Tom	*Köln	0:48:52	0:48:15	7	M35	81	11:06	12:20	12:32	12:16	
70	1369	Steinberger-Asbach Dirk	BSG ABB Bad Honnef	0:49:03	0:48:50	10	M45	69	11:08	12:21	12:52	12:28	
71	1402	Pack Hannes	*Köln	0:49:09	0:48:27	15	MHK	90	12:06	11:44	12:26	12:09	
72	1315	Lünendonk Lothar	Team Crazyluenis	0:49:09	0:48:59	1	M65	52	11:09	12:17	12:40	12:51	
73	594	Kleinekarhoff Johannes	Itting GmbH	0:49:14	0:48:46	16	MHK	91	11:25	12:18	12:34	12:28	
74	1116	Clemens Tobias	RSV Lövenich	0:49:15	0:49:03	7	M30	83	11:42	12:23	12:27	12:31	
75	1097	Gilusow Marcus		0:49:16	0:49:07	8	M35	79	11:26	12:41	12:44	12:15	
76	36	Lohmann Sebastian	*Köln	0:49:20	0:48:50	9	M35	78	11:41	12:17	12:23	12:27	
77	1401	Gärtner Christian	*Duisburg	0:49:20	0:49:00	17	MHK	93	11:10	12:15	12:52	12:42	
78	1903	Klein André	Roads & Aces	0:49:22	0:49:10	15	M40	76	11:36	12:29	12:30	12:34	
79	2001	Broich Ralph	Ford FCSD 05	0:49:27	0:49:17	11	M45	70	11:07	12:42	12:52	12:35	
80	548	Stebens DR Andre	*Düsseldorf	0:49:33	0:49:08	12	M45	71	10:59	12:28	12:50	12:50	
81	549	Hofmann Marc	*Düsseldorf	0:49:33	0:49:09	11	M50	67	10:58	12:28	12:50	12:52	
82	177	Ledertheil-Gerriets Ralf	*Langenfeld	0:49:37	0:49:10	12	M50	65	11:12	12:02	13:12	12:42	
83	755	Arnold Otto	ASV	0:49:39	0:49:21	3	MU18	01	11:00	12:12	13:00	13:08	
84	97	Rößler Marcus	*Köln	0:49:40	0:49:29	16	M40	77	11:03	12:12	12:50	13:23	
85	739	Große-Ophoff Tobias	*Köln	0:49:43	0:49:20	18	MHK	89	11:18	12:32	12:50	12:38	
86	1305	Vogel Jörg		0:49:48	0:49:32	19	MHK		10:59	12:37	12:56	12:58	
87	933	Gößmann Rainer	*Köln	0:49:52	0:49:37	17	M40	73	11:18	12:35	12:50	12:52	
88	917	Anhut Georg	*Köln	0:50:05	0:49:48	18	M40	77	11:06	12:43	12:49	13:08	
89	173	Ernst Ralph	*Köln	0:50:06	0:49:48	19	M40	74	11:00	12:24	13:07	13:15	
90	1036	Rabuse Herbert	*Köln	0:50:14	0:49:58	20	M40	76	10:58	12:59	12:55	13:03	
91	839	Funk Kay	*Köln	0:50:20	0:50:05	13	M45	70	11:33	12:46	13:02	12:43	
91	920	Wende Nils	*Köln	0:50:20	0:49:55	20	MHK	95	11:26	13:05	13:04	12:18	
93	1246	Schmitz Thomas		0:50:28	0:50:09	21	M40	75	11:44	13:02	12:57	12:24	
94	225	Kramer Uwe	*Köln	0:50:29	0:50:19	6	M55	62	11:12	12:38	13:04	13:24	
95	846	Hauck Matthias	FV 1918 Brühl	0:50:29	0:50:06	10	M35	80	11:57	12:55	12:52	12:21	
96	91	Roso Marcus	*Hilden	0:50:36	0:50:06	22	M40	75	12:25	12:41	12:37	12:22	
97	1314	Lünendonk Patrick	Team Crazyluenis	0:50:45	0:50:34	21	MHK	88	12:02	13:05	12:59	12:27	
98	726	Galicic Dirk	*Bergisch Gladbach	0:50:58	0:50:29	23	M40	74	12:27	12:48	12:53	12:20	
99	491	Janello Jörg	*Köln	0:51:06	0:50:45	14	M45	69	12:01	13:09	12:58	12:36	
100	143	Terbrüggen Henry	TSP GmbH	0:51:08	0:50:50	4	MU18	00	12:37	13:43	13:10	11:19	
101	609	Simons Sven	*Pulheim	0:51:09	0:50:52	5	MU18	01	12:38	13:43	13:10	11:20	
102	46	Winters Gereon	*Frechen	0:51:14	0:50:55	22	MHK	92	12:19	13:32	12:55	12:07	
103	1040	Zakrzewski Pawel	*Köln	0:51:18	0:50:55	8	M30	86	11:58	12:52	13:15	12:48	
104	68	Berk Dennis	*Köln	0:51:21	0:50:54	11	M35	80	11:29	12:41	13:08	13:34	
105	221	Nutz Henrik	*Köln	0:51:26	0:51:02	9	M30	83	11:55	13:01	13:21	12:43	
106	774	Schlömer Henri	*Köln	0:51:31	0:51:02	1	MU16	03	12:59	13:32	13:18	11:11	
107	283	Gruneberg DR Ralf	BSG Stadt Köln	0:51:40	0:51:31	13	M50	64	11:48	13:25	13:13	13:03	
108	614	Bartel Thomas	BSG Stadt Köln	0:51:40	0:51:31	14	M50	63	11:49	13:24	13:13	13:04	
109	124	Voll Harald	*Pulheim	0:51:44	0:51:32	7	M55	59	12:22	12:54	13:10	13:05	
110	955	Jasper Nils	Laufgruppe Waldhausen	0:51:47	0:51:28	24	M40	74	11:47	13:08	13:18	13:14	
111	114	Harder Fabian	*Köln	0:52:06	0:52:01	23	MHK	95	11:20	13:15	13:54	13:30	
112	0	unbekannt DA09G83		0:52:13	0:52:07	24	MHK		11:36	13:44	13:37	13:08	
113	1310	Lechelt Stefan	RUN	0:52:13	0:51:56	25	M40	75	11:11	12:47	14:09	13:49	
114	1247	Deckers Daniel		0:52:16	0:51:46	10	M30	87	11:53	13:10	13:29	13:12	
115	684	Dellaert Aron	Roads & Aces	0:52:24	0:52:12	26	M40	74	11:36	13:27	13:49	13:19	
116	1389	Loewer Ralf		0:52:32	0:52:17	15	M50	65	12:42	13:42	13:28	12:24	
117	1095	Miebach Stefan		0:52:38	0:52:24	12	M35	81	12:05	13:23	13:48	13:07	
118	175	Witt Guido	Bayern München	0:52:44	0:52:26	16	M50	65	11:54	13:18	13:36	13:37	
119	204	Reetz Dominik	*Köln	0:52:45	0:52:10	25	MHK	92	12:40	13:24	13:23	12:41	
120	245	Piel Jörg	*Holweide	0:52:47	0:52:19	27	M40	77	13:15	13:39	12:52	12:31	

10km - Gesamtwertung

11. Bickendorfer Büdchenlauf - 24.09.2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
121	773	Schlömer Reiner	*Köln	0:52:52	0:52:23	15	M45	68	12:59	13:32	13:18	12:32	
122	1236	Lorenz Marcus	MJL e.V.	0:52:53	0:52:43	28	M40	74	12:44	13:34	13:25	12:59	
123	147	Lukosch Oliver	SG Köln-Worringen	0:52:55	0:52:30	16	M45	72	12:38	13:43	13:22	12:45	
124	430	Heying Tobias	*Köln	0:52:57	0:52:33	13	M35	81	12:12	13:50	13:20	13:10	
125	1957	Lopez Jorge	spange.de	0:52:58	0:48:41	3	M60	57	11:23	12:32	12:41	12:04	
126	241	Di Noto Roberto	*Köln	0:53:06	0:52:58	14	M35	82	11:28	13:40	14:20	13:28	
127	1120	Metzdorf Elmar		0:53:28	0:52:45	26	MHK		13:53	13:09	13:10	12:31	
128	354	Bernd Alexander	*Bornheim	0:53:30	0:53:17	17	M45	71	11:54	13:34	14:05	13:42	
129	1107	Thierolf Hendrik		0:53:34	0:53:17	18	M45	70	11:33	13:22	13:57	14:23	
130	1115	Schönmann Jochen		0:53:34	0:53:02	29	M40	77	13:00	13:19	13:35	13:06	
131	571	Rossenbach Ralf	*Köln	0:53:36	0:53:22	17	M50	66	11:44	12:51	13:49	14:56	
132	476	Knippscher Bernd	Knippscher	0:53:37	0:53:01	30	M40	74	13:26	13:42	13:13	12:38	
133	4711	Grüniger Alexander	*Pulheim	0:53:37	0:53:26	19	M45	70	11:44	13:24	13:55	14:21	
134	109	Pazar Duhan	*Köln	0:53:40	0:53:09	27	MHK	95	12:49	13:21	13:31	13:27	
135	477	Engels Rüdiger	Knippscher	0:53:41	0:53:05	18	M50	67	13:25	13:43	13:13	12:42	
136	49	Plein Markus	*Köln	0:53:42	0:53:33	31	M40	73	11:42	13:27	14:03	14:20	
137	322	Hermann Richard	Wachs TROMM GmbH	0:53:44	0:53:25	11	M30	85	11:28	13:40	14:16	13:59	
138	224	Sprung Klaus	Run4Pänz	0:53:48	0:52:59	19	M50	67	11:58	13:28	13:54	13:38	
139	302	Demond Ralf	Der Weg ist das Ziel	0:53:52	0:53:26	8	M55	61	11:49	13:55	13:51	13:50	
140	572	Lode Mario	*Frechen	0:53:55	0:53:27	32	M40	74	12:09	13:23	14:08	13:46	
141	473	Ohlert Detlef	Kenias allerletzte Reserve	0:54:00	0:53:42	20	M50	66	11:57	13:20	14:00	14:23	
142	1419	Jäger Walter	LT Decksteiner Weiher	0:54:02	0:53:39	4	M60	53	12:50	13:50	13:38	13:19	
143	14	Metzen Benedikt	*Köln	0:54:43	0:54:12	33	M40	77	12:22	13:39	13:48	14:22	
144	660	Brockmann Christopher	Rochus Apotheke	0:54:46	0:54:23	12	M30	83	13:28	14:13	13:37	13:03	
145	279	Marx Denny	*Köln	0:54:48	0:54:05	13	M30	84	13:20	13:40	13:40	13:24	
146	610	Becker Alexander	*Köln	0:54:52	0:54:33	15	M35	82	12:41	14:21	14:11	13:18	
147	190	Summa Harald	eco e.V.	0:54:59	0:54:32	5	M60	53	12:58	13:22	14:02	14:08	
148	993	Wepfer Beat		0:54:59	0:54:37	9	M55	59	12:18	13:20	14:06	14:52	
149	192	Ivanov Ivo	eco e.V.	0:54:59	0:54:32	34	M40	76	12:58	13:21	14:02	14:08	
150	995	Poussat Sylvain		0:55:10	0:54:56	16	M35	81	12:28	13:48	14:18	14:20	
151	367	Ruiss Dirk	*Köln	0:55:12	0:54:55	20	M45	71	12:35	14:15	14:18	13:46	
152	368	Greiner Moritz	*Köln	0:55:12	0:54:56	2	MU16	03	12:35	14:15	14:18	13:47	
153	1221	Nieland Michael		0:55:13	0:54:41	28	MHK	94	11:58	13:46	14:35	14:21	
154	432	Seitzinger Christian	*Pulheim	0:55:16	0:54:44	35	M40	75	13:02	14:09	14:16	13:15	
155	32	Bonato Christopher	*Meerbusch	0:55:38	0:54:58	14	M30	84	13:07	13:58	14:00	13:52	
156	465	Loehr Axel	*Köln	0:55:41	0:55:14	36	M40	74	12:40	13:49	14:13	14:31	
157	644	Kessler Thomas	*Köln	0:55:50	0:55:12	21	M45	68	13:09	13:54	14:00	14:07	
158	1074	Rossol Frank		0:56:02	0:55:36	22	M45	71	13:37	13:54	14:02	14:01	
159	373	Kurth Tom	*Bergheim	0:56:04	0:55:30	21	M50	67	12:46	14:01	14:22	14:19	
160	33	Lehmann Mirko	*Daun-Steinborn	0:56:05	0:55:21	23	M45	69	13:36	14:25	14:03	13:15	
161	154	Fröhlich Robert	HappyWalking	0:56:17	0:55:37	10	M55	61	12:40	13:45	14:32	14:38	
162	98	Wiltling Hendrik	*Köln	0:56:20	0:56:08	29	MHK	91	12:20	14:13	14:47	14:47	
163	101	Wroblowski Andy	Held oder Versager	0:56:20	0:56:08	30	MHK	90	12:19	14:13	14:47	14:47	
164	303	Wloch Dietmar	*Köln - Nippes	0:56:35	0:56:25	24	M45	70	11:54	14:28	15:19	14:43	
165	1234	Morrn Jens	*Niederkassel	0:56:36	0:55:59	37	M40	74	13:38	14:56	14:15	13:09	
166	156	Bartz Werner	*Bergheim	0:56:42	0:56:13	11	M55	59	12:35	14:01	14:43	14:53	
167	312	Völler Claus	*Köln	0:56:48	0:56:23	25	M45	69	13:03	14:39	14:28	14:13	
168	530	Schulte Rainer	*Köln	0:56:54	0:56:16	26	M45	72	13:10	14:04	14:23	14:39	
169	897	Hess Bernd	Born2Run	0:57:00	0:56:44	2	M65	51	13:06	14:34	15:00	14:03	
170	320	Beuser Thomas	Wachs TROMM GmbH	0:57:04	0:56:45	17	M35	81	13:01	14:22	14:34	14:47	
171	316	Tromm Theodor	Wachs TROMM GmbH	0:57:07	0:56:47	12	M55	59	13:06	14:17	14:35	14:47	
172	1099	Zaar Christoph		0:57:14	0:56:41	18	M35	81	13:42	14:38	14:31	13:48	
173	95	Lukoschek André	*Köln	0:57:15	0:56:42	38	M40	74	13:28	14:35	14:35	14:03	
174	94	Kemper Holger	*Köln	0:57:16	0:56:43	39	M40	74	13:28	14:35	14:34	14:04	
175	478	Hink Andreas	Knippscher	0:57:19	0:56:42	40	M40	76	13:38	14:25	14:29	14:08	
176	503	Klamp Gunther	*Köln	0:57:28	0:56:50	22	M50	67	13:20	14:29	14:43	14:17	
177	969	Maras Georgios	Koufalia Thessa Loniki	0:57:29	0:57:24	31	MHK		13:30	14:51	14:49	14:13	
178	687	Schneider Christoph	Krüger Running Team	0:57:30	0:57:02	41	M40	77	12:43	14:29	15:10	14:39	
179	1382	Gierling Einhard		0:57:33	0:57:26	13	M55	61	13:36	15:05	14:18	14:26	
180	340	Binzen Martin	*Köln	0:57:49	0:57:08	42	M40	76	14:03	14:30	14:26	14:07	

10km - Gesamtwertung

11. Bickendorfer Büdchenlauf - 24.09.2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
181	323	Emami Dariush	Wachs TROMM GmbH	0:57:50	0:57:32	14	M55	61	13:29	14:43	14:24	14:54	
182	11	Harrer Florian	*Köln	0:58:02	0:58:00	32	MHK	97	11:21	14:09	15:54	16:35	
183	985	Müller Fabian		0:58:13	0:57:51	19	M35	78	13:05	14:26	15:09	15:09	
184	58	Rübenach Timm	*Burgbrohl	0:58:16	0:57:44	43	M40	73	14:50	15:13	13:31	14:09	
185	1329	Pickhard Holger	*Koeln	0:58:17	0:57:34	23	M50	64	13:24	14:22	14:51	14:56	
186	457	Kölsche Daniel	*Köln	0:58:21	0:57:37	44	M40	76	14:17	14:40	14:24	14:14	
187	620	Rösler Manfred	LT TV Dünnwald	0:58:31	0:58:04	15	M55	59	13:40	14:44	14:54	14:45	
188	470	Ihlenfeld Hannes	*Köln	0:58:35	0:57:54	3	MU16	03	15:03	14:30	14:26	13:52	
189	1119	Düker Frank		0:58:36	0:57:52	45	M40	74	14:16	14:48	14:24	14:22	
190	1309	Hess Michael	*Köln	0:58:41	0:58:05	24	M50	64	14:07	14:56	15:19	13:41	
191	1050	Bode Arik	TuS Köln rrh. 1874 e.V.	0:58:47	0:58:23	15	M30	84	13:02	14:43	15:22	15:15	
192	630	Mann Martin	Ergo sports Köln	0:58:50	0:58:15	27	M45	68	13:37	14:36	14:54	15:06	
193	1219	Blank Bernhard		0:58:51	0:58:11	46	M40	74	14:02	16:18	15:05	12:45	
194	999	Quetting Horst	Ajax Ehrenfeld	0:58:54	0:58:13	25	M50	65	13:51	14:50	15:07	14:23	
195	446	Alexander Müller Alexander	VET-FIT	0:59:02	0:58:42	47	M40	74	13:06	14:40	15:24	15:31	
196	133	Joedicke Martin	*Köln	0:59:02	0:58:46	28	M45	69	12:56	14:47	15:28	15:34	
197	835	Zito Giuseppe	*Köln	0:59:16	0:59:09	48	M40	74	12:13	15:18	15:57	15:40	
198	86	Wehlert Gunnar	*Köln	0:59:29	0:58:59	20	M35	82	13:09	15:00	15:37	15:12	
199	1100	Völlmecke Frank		0:59:32	0:59:05	29	M45	72	14:16	15:49	14:32	14:28	
200	202	Knepper Nils	*Köln	0:59:46	0:59:08	16	M30	85	13:45	15:08	15:10	15:03	
201	64	Karabiber Timur	*Köln	0:59:50	0:59:30	21	M35	81	13:55	15:12	15:27	14:54	
202	939	Schmerling Holger	*Köln	0:59:52	0:59:37	49	M40	74	12:58	15:22	15:57	15:19	
203	321	Eguren Rafael	Wachs TROMM GmbH	1:00:03	0:59:42	30	M45	71	14:59	15:48	14:44	14:09	
204	268	Bundemann Richard	*Köln	1:00:11	0:59:45	26	M50	65	13:09	15:15	15:46	15:33	
205	324	Tromm Clemens	Wachs TROMM GmbH	1:00:15	0:59:56	4	MU16	03	13:08	15:04	16:13	15:30	
206	262	Imgrund Klaus	*Euskirchen	1:00:59	1:00:51	50	M40	74	13:47	15:29	15:31	16:01	
207	741	Bohr Detlef	BSG Stadt Köln	1:01:01	1:00:20	6	M60	55	14:24	15:33	15:41	14:41	
208	852	Heinrich Hans	SG Castrop	1:01:05	1:00:30	31	M45	68	13:37	14:40	16:02	16:10	
209	499	Wolf DR Christian	Laktatkönige	1:01:25	1:00:54	16	M55	58	13:35	15:33	15:53	15:53	
210	1098	Weigel Benjamin		1:01:28	1:00:54	22	M35	79	13:50	15:31	16:15	15:18	
211	301	Dethloff Christian	*Köln	1:01:53	1:01:10	23	M35	78	13:28	15:09	15:54	16:38	
212	0	unbekannt DT21994		1:02:04	1:01:59	33	MHK		13:36	16:25	16:15	15:43	
213	685	Hohn Bernd	Knickfööss Köln	1:02:49	1:02:24	32	M45	70	13:58	15:53	16:37	15:55	
214	574	Migge Ulrich	*Köln	1:02:54	1:02:22	17	M55	62	15:05	16:13	16:10	14:53	
215	1392	Hach Ulrich		1:03:06	1:02:23	18	M55	58	14:02	15:21	16:17	16:41	
216	35	Weißgerber Frank	Laufen und Saufen	1:03:10	1:02:29	33	M45	70	14:03	15:48	16:20	16:17	
217	199	Specht Thomas	*Köln	1:03:28	1:02:53	19	M55	59	15:29	16:08	15:57	15:18	
218	382	Graalman Dirk	*Köln	1:03:32	1:02:55	51	M40	74	14:42	15:22	16:14	16:36	
219	200	Specht Simon	*Köln	1:03:36	1:03:02	34	MHK	97	15:30	16:09	15:56	15:26	
220	896	Nijmeijer Marten	LT Dünnwalder TV	1:03:45	1:03:19	20	M55	58	14:58	15:53	16:04	16:23	
221	1230	Rixius Edmund		1:05:09	1:04:28	21	M55	58	14:03	15:28	16:51	18:04	
222	356	Ripp Dieter	VTC Köln	1:05:16	1:05:00	7	M60	56	14:25	16:44	17:01	16:49	
223	317	Hecker David	Wachs TROMM GmbH	1:05:24	1:05:01	35	MHK	89	14:58	16:04	16:54	17:03	
224	1053	Estevez Adolfo	*Köln	1:05:41	1:05:20	27	M50	66	14:09	16:32	17:10	17:28	
225	223	Cyranka Siegfried	TTC Blau - Rot Geyen	1:06:42	1:06:03	1	M75	38	16:01	16:31	16:51	16:38	
226	1324	Trottenberg Wilhelm	Pingsheimer Rentnerband	1:07:56	1:07:12	2	M75	42	15:22	16:58	17:45	17:05	
227	776	Grambusch Timo	*Köln	1:07:59	1:07:19	24	M35	78	15:06	16:31	17:43	17:58	
228	513	Köster Toni	*Köln	1:08:09	1:07:38	8	M60	54	15:20	16:54	17:39	17:44	
229	272	Birk Volker	Uniquetraining	1:10:24	1:09:38	3	M65	49	16:21	17:41	17:47	17:46	
230	61	Kaub Andreas	*Brühl	1:10:50	1:10:11	28	M50	66	16:00	17:44	18:03	18:23	
230	75	Krach Peter	Siedlerverein St. Sebastianus	1:10:50	1:10:11	28	M50	66	16:00	17:42	18:02	18:26	
232	578	Seidel Jürgen	*Köln	1:11:59	1:11:44	22	M55	60	15:18	17:34	19:26	19:24	
233	319	Sistig Daniel	Wachs TROMM GmbH	1:13:21	1:12:59	17	M30	87	15:00	18:36	19:30	19:51	
234	754	Hammerstein DR Friedrich	*Köln	0:39:15	0:39:07	34	M45	68	11:23	13:33	14:10	00:00	
235	1328	Belhadj Djemai	Busedo	0:43:50	0:43:43	1	M70	44	13:23	15:35	14:44	00:00	
236	191	Büttrich Benjamin	eco e.V.	0:49:47	0:49:21	35	M45	72	15:28	18:17	15:35	00:00	
237	745	Demond Detlef	LT Dünnwalder TV	0:51:49	0:51:22	30	M50	65	15:43	17:18	18:20	00:00	
238	56	Vogt Fabian	*Burgbrohl	0:58:13	0:57:41	18	M30	86	14:50	16:07	26:44	00:00	
239	1326	Jung Hermann	*Köln	0:12:53	0:12:25	23	M55	60	12:25	00:00	00:00	00:00	
240	34	Deckert Helmut	*Köln	0:15:54	0:15:24	4	M65	48	15:24	00:00	00:00	00:00	

10km - Gesamtwertung

11. Bickendorfer Büdchenlauf - 24.09.2017

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden			
241	193	Reinhold Gregor	eco e.V.	0:15:54	0:15:27	36	M45	70	15:27	00:00	00:00	00:00

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11. Bickendorfer Büdchenlauf - 24.09.2017

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
1	439	Schön Maike	Bunert - Der Kölner Laufladen	0:37:09	0:37:06	1	WHK	89	08:16	09:34	09:42	09:33	
2	558	Coutellier Vera	Bunert - Der Kölner Laufladen	0:38:43	0:38:40	2	WHK	95	08:57	09:53	09:56	09:52	
3	557	Schneider Claudia	Bunert - Der Kölner Laufladen	0:41:01	0:40:59	1	W35	78	09:37	10:27	10:33	10:22	
4	440	Lüchtfeld Alice	Bunert - Der Kölner Laufladen	0:42:40	0:42:38	3	WHK	92	09:39	10:56	11:07	10:55	
5	768	Gäde Hannah	MRRC München	0:43:15	0:43:10	2	W35	80	09:53	11:00	11:18	10:58	
6	1220	Armstrong Jessica	Uni Köln	0:43:36	0:43:28	4	WHK	95	09:49	10:56	11:24	11:19	
7	1240	Beltz Bettina		0:44:21	0:44:15	1	W45	71	10:05	11:21	11:31	11:17	
8	718	Schippa Beatrix	*Frechen	0:44:35	0:44:30	5	WHK	89	10:08	11:19	11:30	11:32	
9	8781	Brühl Andrea	*Köln	0:45:33	0:45:29	3	W35	81	10:09	11:45	11:53	11:41	
10	1421	Goldschmidt Nora	*Köln	0:46:06	0:45:56	6	WHK	91	10:51	11:40	11:45	11:39	
11	1404	Illing Susanne	*Köln	0:46:12	0:46:07	7	WHK	89	10:15	11:46	12:01	12:03	
12	21	Jänicke Franziska	Bitte auswählen ...	0:46:27	0:46:10	8	WHK	89	11:03	11:57	11:43	11:26	
13	737	Schumacher Isabel	Team Schumacher	0:47:51	0:47:45	9	WHK	92	10:59	12:15	12:16	12:13	
14	425	Montag Michaela	*Köln	0:48:14	0:48:06	2	W45	72	10:55	12:19	12:28	12:23	
15	1311	Pallenberg Antje	Laufmamalauf	0:48:51	0:48:37	1	W40	77	11:38	12:12	12:28	12:19	
16	1228	Kügelgen Birgit	Kindertagesstätte BrunnenKinder	0:49:42	0:49:37	1	W55	60	11:25	12:31	12:45	12:54	
17	1408	Ahrens Heike	BSG Stadt Köln	0:50:08	0:49:59	1	W50	65	11:11	12:38	12:59	13:09	
18	856	Hess Katrin	*Köln	0:50:17	0:50:01	2	W50	67	11:28	12:31	13:04	12:57	
19	134	Pörsch Eva	*Köln	0:50:25	0:50:03	3	W50	63	11:30	12:44	12:57	12:50	
20	289	Ritterbusch Nicole	*Köln	0:50:55	0:50:36	3	W45	69	11:30	12:48	13:03	13:13	
21	919	Wende Janna	*Köln	0:51:39	0:51:14	10	WHK	90	11:47	13:09	13:19	12:57	
22	227	Rupp Annika	*Köln	0:51:44	0:51:37	11	WHK	95	11:25	13:04	13:31	13:36	
23	1224	Mönster Merle		0:51:44	0:51:37	12	WHK	96	11:25	13:04	13:32	13:36	
24	214	Rüdel Rahel	*Köln	0:51:44	0:51:37	13	WHK	95	11:24	13:04	13:32	13:35	
25	4005	Bartholomaeus Miriam	*Köln	0:51:49	0:51:37	1	W30	83	11:43	13:24	13:32	12:56	
26	1020	Huhn Katharina	*Köln	0:51:49	0:51:45	14	WHK	88	10:56	13:01	13:50	13:55	
27	136	Tönnißen Kira Maria	*Köln	0:51:54	0:51:36	15	WHK	91	11:05	12:34	13:36	14:20	
28	1304	Immen Silvia		0:52:29	0:52:05	4	W45	71	12:00	13:09	13:24	13:30	
29	1005	Gille Susan	*Frankfurt	0:52:37	0:52:23	2	W40	77	11:57	13:23	13:33	13:28	
30	72	Seck Manuela	X Trail Aktiv	0:53:03	0:52:50	5	W45	70	12:11	13:26	13:35	13:36	
31	735	Engel Sonja	*Koeln	0:53:17	0:53:06	6	W45	71	12:02	13:39	13:56	13:27	
32	1082	Bardtke Ute	BSG Stadt Köln	0:53:27	0:53:17	4	W50	66	12:38	13:37	13:35	13:26	
33	1002	Hybner Tanja	*Köln	0:53:28	0:53:07	7	W45	69	12:22	13:26	13:42	13:36	
34	411	Nußbaum Tessa	*Dormagen	0:53:45	0:53:37	16	WHK	93	11:27	13:42	14:20	14:07	
35	1121	Lukasik Marzena		0:54:03	0:53:24	8	W45	70	12:36	13:28	13:41	13:38	
36	566	Spletstößer Antonia	*Aachen	0:54:03	0:53:42	17	WHK	90	11:51	13:18	14:13	14:19	
37	653	Montag Silke	*Köln	0:54:09	0:53:56	3	W40	73	11:58	13:35	14:10	14:11	
38	249	Hrnjicevic Emina	*Köln	0:54:17	0:53:45	18	WHK	95	12:48	13:21	13:55	13:39	
39	738	Grimaldi Cecilia	Team Schumacher	0:54:23	0:54:17	2	W30	83	12:36	13:56	13:52	13:51	
40	18	Motter Heidi	LG Stolberg	0:54:36	0:54:21	2	W55	61	11:46	13:48	14:22	14:24	
41	573	Fenners Susanne	*Pulheim	0:54:48	0:54:20	9	W45	69	12:13	13:57	13:55	14:14	
42	83	Heck Marie-Jan	Jorge Sports	0:55:03	0:54:29	4	W40	74	12:49	13:50	13:58	13:51	
43	1303	Müller Uta		0:55:13	0:54:59	10	W45	70	12:52	14:07	14:05	13:54	
44	1372	Van Eimern Elisabeth		0:55:15	0:55:07	1	W60	57	12:11	14:13	14:27	14:15	
45	947	Lampey Jacqueline	*Köln	0:55:30	0:55:22	19	WHK	94	12:06	14:07	14:29	14:39	
46	31	Höfer Sabine	*Meerbusch	0:55:38	0:54:58	20	WHK	88	13:07	13:58	14:00	13:51	
47	1405	Jolie Marieke	*Köln	0:55:55	0:55:14	21	WHK	91	13:06	13:58	14:11	13:57	
48	210	Hamm Daniela	De Lisbeths	0:56:21	0:55:48	4	W35	82	12:31	14:44	14:37	13:54	
49	833	Suilmann Doris	*Köln	0:56:43	0:56:25	11	W45	72	12:33	14:12	14:50	14:49	
50	787	Simon Barbara	*Köln	0:56:44	0:56:25	5	W40	76	12:32	14:12	14:50	14:50	
51	263	Richter Elke	*Köln	0:57:14	0:57:00	12	W45	70	12:36	14:24	15:09	14:49	
52	106	Bierhoff Carina	*Köln	0:57:18	0:56:50	3	W30	84	13:02	14:37	14:46	14:23	
53	498	Wolf Ulrike	Laktatkönige	0:57:32	0:57:02	3	W55	58	13:01	14:37	14:39	14:44	
54	1418	Golfmann Kristin	*Köln	0:58:14	0:57:52	22	WHK	89	13:05	14:27	15:09	15:10	
55	1057	Meschke Yasmin	*Niederkassel	0:58:17	0:57:48	4	W30	84	13:47	14:34	14:53	14:32	
56	982	Vaes Claudia		0:58:25	0:58:00	6	W40	73	12:58	14:37	15:11	15:14	
57	456	Mockenhaupt Carolin	*Köln	0:58:41	0:58:31	23	WHK	89	12:42	14:51	15:22	15:34	
58	994	Hollesch Jaqueline		0:58:42	0:58:32	7	W40	74	12:49	15:07	15:14	15:20	
59	1307	Pinske Anke		0:59:01	0:58:42	8	W40	74	13:06	14:40	15:24	15:31	
60	1026	Schulte Silvia	LT Sibengebirge	0:59:20	0:59:03	13	W45	71	13:28	14:57	15:15	15:21	

10km - Gesamtwertung

11. Bickendorfer Büdchenlauf - 24.09.2017

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	1306	Vogel Katharina		0:59:31	0:59:13	24	WHK	95	13:28	15:39	15:28	14:38	
62	429	Kukuczka DR Bernadeta	VS 738	0:59:33	0:59:10	5	W30	84	13:26	15:34	15:10	14:59	
63	201	Többe Antje	*Köln	0:59:46	0:59:08	6	W30	85	13:46	15:09	15:10	15:01	
64	66	Karalay Özlem	1981	0:59:50	0:59:29	7	W30	83	13:54	15:11	15:28	14:54	
65	918	Wende Andrea	*Köln	0:59:53	0:59:28	4	W55	62	13:21	15:01	15:34	15:30	
66	126	Von Thünen Janin	*Lütjensee	1:00:07	0:59:56	14	W45	71	13:35	15:00	15:32	15:47	
67	595	Kleinekarhoff Franziska	Itting GmbH	1:00:20	0:59:51	25	WHK	93	13:21	15:07	15:33	15:48	
68	854	Broichhaus Petra	*Köln	1:00:22	0:59:45	15	W45	70	14:07	14:57	15:47	14:53	
69	1073	Hohmann Anja		1:01:05	1:00:38	16	W45	71	14:19	15:47	15:49	14:41	
69	1078	Zömbik Mioren		1:01:05	1:00:38	9	W40	75	14:19	15:47	15:49	14:42	
71	26	Thome Valentina	*Köln	1:01:28	1:01:15	8	W30	85	12:55	15:20	16:38	16:20	
72	25	Kuschel Katrin	*Köln	1:01:28	1:01:15	9	W30	85	12:56	15:20	16:37	16:20	
73	1102	Völlmecke Maike		1:01:32	1:01:05	10	W40	74	14:16	15:48	15:51	15:08	
74	570	Fust-Lindner Sabine	*Köln	1:01:49	1:01:15	5	W50	66	14:24	15:43	15:15	15:52	
75	139	Peitz Doris	Dürener TV 1847	1:01:55	1:01:39	5	W55	59	13:58	15:32	16:06	16:02	
76	140	Breuer Insa	*Kreuzau	1:01:55	1:01:41	11	W40	76	14:00	15:33	16:08	15:59	
77	141	Vois Astrid	Dürener TV 1847	1:01:55	1:01:40	12	W40	77	13:59	15:32	16:09	15:59	
78	271	Gerhards Heike	-	1:01:56	1:01:32	13	W40	77	13:52	15:33	16:01	16:05	
79	582	Müller Sabine	*Köln	1:02:19	1:01:45	5	W35	79	14:24	15:47	15:46	15:46	
80	855	Broichhaus Ellen	*Köln	1:02:21	1:01:44	17	W45	72	14:07	14:57	16:14	16:25	
81	23	Grube Magdalena	*Köln	1:02:34	1:01:57	1	WU16	03	14:43	16:51	17:38	12:44	
82	1214	Helmig Franziska		1:02:36	1:02:04	26	WHK	88	14:46	15:54	15:50	15:33	
83	1118	Metzdorf Katja		1:02:39	1:01:55	27	WHK		14:16	15:18	16:14	16:05	
84	1506	Sonntag Ursula	ERGO Sports Köln	1:03:10	1:02:46	6	W55	62	13:53	15:50	16:28	16:35	
85	775	Uhl Stefanie	*Köln	1:03:17	1:02:37	14	W40	75	15:04	15:46	15:35	16:12	
86	733	Sini Franca	*Köln	1:03:52	1:03:32	6	W35	78	14:17	16:06	16:31	16:35	
87	458	Lange Melanie	*Köln	1:04:08	1:03:38	15	W40	73	15:16	16:17	15:57	16:06	
88	1316	Correns Rosemarie	Longericher SC	1:04:20	1:03:38	6	W50	66	14:45	16:10	16:43	15:58	
89	357	Ripp Bärbel	VTC Köln	1:05:16	1:05:00	7	W50	65	14:25	16:45	17:01	16:49	
90	1227	Tetzlaff Yasmin		1:05:23	1:04:43	18	W45	70	14:02	16:19	17:18	17:03	
91	469	Holtheuer Martina	*Köln	1:05:28	1:04:47	19	W45	69	15:12	16:14	16:39	16:41	
92	1014	Friedrich Susanne	*Köln	1:05:41	1:05:21	8	W50	65	14:11	16:32	17:12	17:24	
93	240	Hajek Verena	LG Donatus Erftstadt	1:06:32	1:06:13	1	W65	52	15:38	16:50	16:52	16:51	
94	325	Tromm Ulrike	Wachs TROMM GmbH	1:06:40	1:06:20	9	W50	67	14:43	16:54	17:18	17:23	
95	335	Neufang Christiane	*Köln	1:07:54	1:07:20	20	W45	70	15:57	17:27	17:26	16:29	
96	365	Spachholz Maria Luise	TuS Brauweiler	1:07:58	1:07:18	2	W60	56	15:12	16:55	17:17	17:53	
97	527	Merchel Justyna	*Köln	1:08:05	1:07:30	7	W35	78	15:02	17:12	17:37	17:39	
98	515	Krichel Annette	*Köln	1:08:09	1:07:38	7	W55	59	15:21	16:54	17:39	17:44	
99	44	Schmitz-Verhjak Sylvia	Team RAFA	1:08:16	1:07:44	2	W65	51	15:48	17:06	17:27	17:22	
100	512	Grube Katharina	*Köln	1:08:34	1:07:56	8	W55	62	14:42	16:53	17:47	18:33	
101	502	Kaut Beatrix	LT TUS Mondorf	1:08:55	1:08:10	10	W50	65	15:32	16:59	17:52	17:45	
102	501	Hausmann Helke	LT TUS Mondorf	1:08:56	1:08:10	11	W50	65	15:32	17:00	17:52	17:45	
103	1001	Richmann Margret		1:09:14	1:08:33	9	W55	62	15:59	17:18	17:27	17:48	
104	1067	Marais Kathi		1:09:28	1:09:00	16	W40	76	15:38	17:00	17:43	18:37	
105	180	Hinders Sonka	*Leer	1:10:02	1:09:18	28	WHK	95	16:23	17:41	17:47	17:25	
106	179	Hinders Ruth	*Leer	1:10:10	1:09:26	21	W45	68	16:22	17:41	17:47	17:35	
107	1406	Krause Carina	*Köln	1:10:44	1:10:08	8	W35	81	16:38	17:29	18:22	17:38	
108	467	Marigliano Rina	*Köln	1:13:30	1:12:54	10	W30	84	16:38	17:30	19:01	19:44	
109	1317	Broisch-Glagow Nina	Lauf Mama Lauf	1:13:52	1:13:42	9	W35	79	15:10	18:34	20:41	19:16	
110	212	Castellano Nadja	De Lisbeths	1:15:39	1:15:06	10	W35	82	16:32	19:04	19:49	19:40	
111	194	Dorn Sabine	eco e.V.	0:49:47	0:49:20	11	W30	87	15:27	18:18	15:34	00:00	
112	468	Marigliano Giuseppina	*Köln	0:57:19	0:56:43	12	W30	84	17:06	19:08	20:28	00:00	
113	750	Rohrmoser Eva-Maria	Laufmariechen Köln	0:38:28	0:38:04	3	W60	54	17:51	20:12	00:00	00:00	
114	1380	Henßen Ulla		0:15:41	0:15:02	10	W55	62	15:02	00:00	00:00	00:00	