

## Gemischte Teams

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195 Runde / 5km Runden)
1	193	TV Refrath mixed one Daniel Schmidt - Daniel Schmidt - Sören Braun - Alexandra Tiegel - Caroline Hardt - Antje Wietscher		2:32:32	07:36 18:19 20:57 16:36 16:31 20:00 16:43 35:35 00:00
2	238	LAZ Puma Rhein-Sieg Dennis Klusmann - Rene Spanier - Tim Hartmann - Franzi Maschke - Adele Blaise - Franzi Maschke		2:35:28	07:43 19:37 18:47 17:49 17:58 18:54 18:08 18:22 17:52
3	203	KALS 1 Markus Nitzge - Lena Nitzge - Peter Nitzge - Anja Meixner - Gerrit Gelberg - Simon Schwarz		2:36:46	23:14 18:52 17:25 36:28 19:55 20:03 20:32 00:00 00:00
4	174	Bunert - Der Kölner Lauf. G3		2:40:45	07:20 17:43 20:15 17:29 17:52 16:34 19:39 19:56 23:34
5	145	KTT 01 Mixed-01		2:42:42	07:19 17:51 20:24 17:46 18:01 21:22 18:54 19:02 21:43
6	137	Die Schnellsten M		2:43:01	07:39 19:36 22:59 16:40 16:29 23:12 16:38 16:25 23:02
7	266	Die Laufaale		2:58:26	31:36 21:43 19:41 44:28 38:58 21:43 00:00 00:00 00:00
8	228	HypoxiaMed		2:58:40	08:44 22:03 21:35 21:28 20:04 22:19 19:17 18:39 24:08
9	195	Waldschrate		2:59:57	08:33 21:12 20:55 20:46 21:34 22:30 20:35 20:32 23:01
10	230	SonntagsGurken		3:00:12	08:44 20:53 23:20 22:01 23:01 21:35 19:41 19:34 21:03
11	112	Team Joschi		3:02:37	08:18 21:33 23:14 22:33 22:52 22:32 20:32 19:53 20:54
12	226	MACH3 Team 5		3:04:43	08:46 21:43 23:41 21:22 22:03 23:17 21:10 21:36 20:48
13	194	TV Refrath mixed two		3:06:08	09:10 21:30 21:31 23:23 23:09 21:54 22:23 22:05 20:45
14	183	Team No. 1 - MACH3 Köln		3:07:05	07:42 20:07 28:26 21:12 21:27 23:32 20:32 21:05 22:43
15	146	KTT-01-Mixed II		3:07:14	10:02 24:35 27:14 21:40 21:04 17:53 20:34 21:47 22:04
16	261	Brühler TV - Mixed		3:09:53	08:58 21:55 22:19 22:27 23:27 25:49 21:32 22:02 21:07
17	271	KTT 01 Mixed 3		3:10:05	35:32 18:56 24:58 24:01 22:30 21:43 22:59 19:11 00:00
18	118	Totfreundliche Hirsche		3:10:24	09:50 24:43 27:51 21:07 22:00 23:12 39:57 21:23 00:00
19	179	ASV Köln Triathlon 6		3:11:34	08:37 20:37 22:51 23:44 24:21 22:24 22:16 22:46 23:38
20	250	Janine Ulanio Küchenkonzepte		3:17:19	08:52 22:03 24:46 23:31 22:23 25:12 22:51 22:20 25:04
21	232	Sportshop-Triathlon Team		3:17:28	08:08 20:42 33:00 20:18 19:58 19:38 23:37 25:33 26:13
22	219	TV Rodenkirchen Triathlon 4		3:20:05	08:24 19:45 23:52 21:09 21:00 24:14 25:44 26:59 28:35
23	272	KTT 01 Mixed 4		3:20:08	10:24 25:55 22:59 24:01 24:28 25:30 21:38 21:53 23:00
24	135	Trostuck AllStars		3:22:22	08:39 21:47 22:27 24:31 25:11 24:58 24:11 25:02 25:14

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25	130	ASV-Lauftreff I		3:22:26	10:41 25:12 23:22 26:12 23:56 21:44 21:29 21:17 28:06
26	133	Silver Donuts		3:23:19	10:33 26:12 27:01 23:14 23:45 26:12 21:17 21:36 23:12
27	108	Gib5 Team		3:24:07	08:15 19:58 26:58 20:53 21:51 30:44 22:20 23:21 29:30
28	256	Team No. 7 - MACH3 Köln		3:25:26	07:26 17:36 26:04 19:41 20:07 26:10 27:57 29:06 31:00
29	221	TC Kray 1892 e. V.		3:25:38	11:05 26:03 49:30 25:12 23:36 22:33 22:21 24:56 00:00
30	131	ASV-Lauftreff II		3:25:44	09:54 24:02 26:30 24:53 24:37 26:29 22:16 23:21 23:24
31	231	VfL Engelskirchen		3:26:32	10:04 50:58 23:51 23:08 25:38 23:51 24:10 24:32 00:00
32	119	Sixpack		3:26:39	07:49 19:57 27:10 27:08 25:11 23:56 22:22 22:21 30:22
33	123	Erft-Laufenten		3:28:39	10:39 25:55 30:15 22:04 21:42 27:34 24:34 24:30 21:09
34	214	Cologne Allblacks		3:29:59	09:09 22:51 24:01 24:07 24:05 29:47 22:21 22:52 30:19
35	229	Team No. 6 - MACH3 Köln		3:30:01	08:51 21:06 27:18 45:30 32:39 22:25 23:36 28:16 00:00
36	116	Alles nur nicht Lasch		3:32:47	11:16 26:25 30:12 21:52 22:19 30:50 20:41 20:36 28:13
37	275	ClaOurSalsaLuRa		3:33:59	11:09 55:05 00:35 21:50 38:14 26:48 00:00 00:00 00:00
38	274	CaMaRoCláTiMos		3:33:59	11:00 25:59 19:49 25:09 24:35 36:22 22:01 22:29 26:14
39	244	Go West		3:34:36	11:30 25:49 23:39 27:03 27:34 23:41 23:53 25:10 25:59
40	113	Lecker Schmecker		3:36:11	09:36 23:01 31:07 24:23 24:17 30:18 24:34 25:42 22:57
41	241	Pulheimer SC Triathlon 3		3:39:49	11:23 29:35 26:15 26:29 25:28 25:30 24:19 24:45 25:38
42	273	RUNNERS POINT Hürth		3:40:04	11:46 25:30 33:52 21:29 21:37 27:37 22:45 22:37 32:27
43	156	6 falsche Neuner		3:41:49	08:53 21:44 25:45 26:15 26:59 30:53 25:10 25:15 30:33
44	125	Asphaltcowboys		3:42:24	10:34 28:34 28:31 25:15 26:06 25:16 55:24 22:24 00:00
45	104	Ecolab		3:42:38	11:51 27:22 30:31 23:54 24:29 30:34 22:46 23:25 27:24
46	159	Patella 2.0		3:42:49	11:35 26:48 27:55 24:53 24:10 26:00 27:43 26:01 27:25
47	154	Komplizen		3:42:56	11:17 26:52 25:00 26:19 26:54 28:46 25:15 25:51 26:21
48	161	Just for fun		3:45:02	10:53 27:54 30:55 22:48 22:24 32:16 26:00 25:30 25:58

## Gemischte Teams

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195 Runde / 5km Runden)
49	262	amnesty international		3:45:59	10:36 24:41 23:26 32:39 33:49 25:53 24:28 25:34 24:32
50	160	Lauf Roxy		3:46:07	13:42 34:48 24:45 23:21 24:10 26:34 25:56 25:27 27:02
51	152	Sechs Richtige		3:46:26	13:01 33:10 28:20 21:40 21:59 29:49 23:13 24:15 30:35
52	132	Warmduscher		3:47:52	10:37 28:09 26:35 25:16 27:04 24:16 27:53 27:27 30:06
53	149	Eldoheikribari		3:49:20	11:20 27:02 33:11 26:31 27:04 28:55 23:05 23:57 27:53
54	109	Mixfix 1		3:49:52	10:59 26:25 29:51 24:23 24:47 23:26 27:29 29:07 33:08
55	142	Leybold Rising Stars		3:50:27	10:20 25:32 29:21 26:57 27:38 28:37 24:28 25:06 32:00
56	251	Die Rennsemmeln		3:50:56	11:37 28:21 30:18 26:23 26:12 53:19 24:20 30:04 00:00
57	122	SG ZONS Happy Feed		3:51:01	11:54 30:15 31:45 22:23 22:59 30:04 25:47 26:51 28:43
58	138	DEVK Rechtsschutz		3:51:18	11:59 31:03 26:28 28:19 30:29 28:17 23:53 25:08 25:21
59	284	Die Speed-Kröten		3:51:19	12:47 29:52 58:12 23:43 29:12 25:31 25:56 25:48 00:00
60	243	Die ÜNBezwingbaren		3:52:42	11:21 34:48 26:34 27:47 27:34 30:49 21:26 23:18 28:45
61	225	Team 4		3:54:28	11:49 30:52 25:54 32:11 32:49 52:17 24:38 23:39 00:00
62	128	Return of the Snails		3:54:53	13:10 30:16 29:30 26:09 26:57 27:23 27:41 28:52 24:35
63	242	Amprion GSL Nord		3:55:04	14:12 31:50 24:47 46:29 27:44 26:49 28:16 34:30 00:00
64	235	racing snails		3:55:09	11:31 28:55 33:41 26:32 25:42 34:44 24:02 24:43 24:56
65	212	ISI-RUNNERS		3:55:59	10:19 24:35 28:45 02:37 24:56 00:31 23:56 00:00 00:00
66	105	Der Elf und seine Freunde		3:57:48	12:45 34:53 33:27 24:32 25:30 27:12 23:32 23:24 32:07
67	106	Bunter LaufHaufen		3:57:48	12:13 27:23 26:50 25:53 24:50 31:52 27:41 28:53 31:48
68	202	Volley Kanne		3:58:47	11:23 26:17 27:57 28:18 27:31 30:08 25:01 24:29 37:14
69	184	LG Lokomotive Köln		4:03:07	10:42 28:43 31:16 29:02 28:30 29:08 28:41 29:38 27:06
70	233	Pulheimer Laufteufel		4:04:18	10:22 24:25 00:32 30:03 30:30 29:01 29:42 29:21 00:00
71	286	SCB Orange		4:09:04	13:27 34:35 31:02 23:32 23:41 34:48 26:41 29:13 31:41
72	110	Mixfix2		4:12:58	11:54 30:25 28:59 32:01 32:52 26:24 28:14 28:58 32:47

## Staffel - Gruppe 3

## 19. GVG Staffelmarathon Pulheim - 17. Januar 2016

### Gemischte Teams

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195 Runde / 5km Runden)
73	287	SCB Grün		4:14:20	13:27 32:17 35:01 30:22 31:29 30:41 24:07 23:47 32:43
74	252	Pascal Gymnasium Lehrerteam		4:15:39	12:05 33:46 28:34 30:57 31:24 36:45 25:58 25:54 29:55
75	291	Laufkreis Rhein-Erft 4		4:17:55	10:45 25:30 35:38 33:22 33:47 29:20 29:15 00:00 00:00
76	120	Team Wilbring		4:24:14	13:41 32:18 39:52 29:55 30:38 32:48 24:36 25:26 00:00