

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
1	146	Breuer Laurids	FortRunners Köln	1:56:21	1:56:25	1	M20	93	0:27:24	28:42	29:03	0:31:11
2	1042	Schneider Thomas	LG RWE Power	1:59:34	1:59:39	1	M45	69	0:28:38	29:30	30:31	0:30:54
3	538	Kaiser Thomas	Sebamed Running Team	2:00:13	2:00:26	2	M20	89	0:30:02	29:33	29:54	0:30:42
4	1474	Freyaldenhoven Jan	Köln läuf!	2:01:37	2:02:09	1	M30	83	0:30:07	30:25	30:11	0:30:52
5	580	Knoop Andre	*Köln	2:03:17	2:03:24	3	M20	88	0:30:26	30:11	30:14	0:32:24
6	180	Christen Peter	*Niederkassel	2:03:44	2:03:58	1	M50	64	0:30:23	30:18	31:20	0:31:43
7	294	Fiekers Stefan	DJK Kleinenbroich	2:06:26	2:06:38	1	M35	80	0:29:17	30:25	31:23	0:35:19
8	1353	Blöcker Thomas	Meckenheim	2:07:46	2:07:49	2	M50	62	0:30:31	31:21	32:27	0:33:26
9	1056	Schreiner Marc	*Köln	2:07:52	2:08:04	1	M40	75	0:32:11	31:51	31:52	0:31:57
10	534	Kaatz Michael	Kreissparkasse Köln	2:10:08	2:10:23	2	M30	82	0:32:08	32:34	32:50	0:32:34
11	899	Pütz Jürgen	LuST	2:11:53	2:12:33	2	M45	70	0:32:45	32:57	32:03	0:34:07
12	1108	Simon Marc	LuST	2:11:54	2:12:33	2	M40	76	0:32:46	32:57	32:23	0:33:46
13	784	Müller Roland	Intersport Hammer Team	2:11:54	2:12:09	3	M50	66	0:31:10	31:56	33:17	0:35:30
14	665	Leitzbach Frank	*Bonn	2:12:02	2:12:18	3	M45	71	0:32:37	32:49	32:49	0:33:46
15	878	Plesnik Marko	Lüttringhauser TV	2:13:16	2:13:31	4	M45	67	0:32:42	32:50	33:17	0:34:26
16	1485	Klein Joachim	Step Change	2:13:33	2:14:27	5	M45	71	0:33:27	32:49	33:06	0:34:09
17	1528	Kempfle Jens		2:14:35	2:14:40	3	M40	72	0:31:24	33:31	34:10	0:35:29
18	44	Bäker Thomas	*Köln	2:16:12	2:16:17	4	M50	64	0:31:55	33:31	34:47	0:35:58
19	1427	Pütz Hans-Dieter	Jugend 07 Bergheim	2:17:01	2:17:45	1	M55	61	0:34:13	33:48	34:03	0:34:55
20	387	Greger Helmut	ASV Köln Triathlon	2:18:14	2:18:14	6	M45	69	0:33:12	34:29	35:03	0:35:28
21	1268	Welte Johannes	*Köln	2:19:28	2:19:50	3	M30	83	0:33:06	32:55	34:20	0:39:06
22	1486	Brieden Matthias		2:19:38	2:21:34	4	M30	84	0:34:56	34:17	34:52	0:35:32
23	1588	Steiger Thomas		2:20:09	2:22:34	5	M30	84	0:35:02	34:59	35:09	0:34:57
24	892	Priggel Stephan	TVS Garbeck	2:21:18	2:21:37	4	M20	87	0:35:35	36:52	37:54	0:30:57
25	1580	Elsner Nico		2:21:57	2:23:37	6	M30	83	0:36:00	35:00	35:06	0:35:49
26	404	Hadji Fabian	*Köln	2:21:58	2:23:37	7	M30	83	0:36:01	35:00	35:03	0:35:52
27	839	Oellers Michael	Team Talanx	2:22:24	2:22:38	5	M50	65	0:34:26	35:18	35:53	0:36:45
28	190	Conrads Peter	Team-14:30	2:22:32	2:23:09	7	M45	70	0:35:35	35:46	35:19	0:35:50
29	1198	Ueberschär Markus	Ausdauer Schule by Bunert	2:22:43	2:23:56	8	M30	84	0:34:19	35:20	35:48	0:37:15
30	1378	Greite Stefan	*Köln	2:22:54	2:23:09	2	M35	79	0:32:46	34:20	35:54	0:39:52
31	957	Rossa Andreas	TV Refrath Running	2:23:00	2:24:27	4	M40	72	0:37:38	35:38	33:51	0:35:52
32	1143	Steinhof Arne	*Köln	2:24:16	2:24:30	5	M40	74	0:33:22	34:20	35:44	0:40:49
33	691	Lochner Stefan	*Köln	2:24:25	2:24:34	3	M35	81	0:34:26	35:41	36:43	0:37:34
34	1283	Wiederhold Ulrich	*Bornheim	2:25:20	2:27:17	6	M40	76	0:34:17	35:59	37:08	0:37:55
35	1465	Goerner Christoph	Runners Point	2:25:23	2:26:39	9	M30	82	0:36:27	35:39	35:57	0:37:19
36	1174	Thesing Hendrik	*Bad Honnef	2:26:32	2:27:09	4	M35	78	0:36:15	35:31	36:26	0:38:18
37	327	Froelich Armin	TV Attendorn TRI-TIME	2:27:15	2:29:00	7	M40	75	0:36:00	35:01	35:57	0:40:17
38	1578	Wellner Jens		2:27:32	2:28:44	5	M35	81	0:36:00	35:56	37:07	0:38:27
39	1014	Schmidt Florian	RUN SQUAD CNG	2:28:35	2:29:19	10	M30	86	0:36:39	36:27	36:39	0:38:49
40	1190	Tosch Frank	fmt-running	2:28:35	2:29:14	6	M50	66	0:35:53	36:12	37:46	0:38:43
41	1442	Schneider Valeri	LG Müllenbach	2:28:51	2:31:36	8	M45	67	0:35:23	35:21	37:14	0:40:51
42	959	Rosso Martin	*Pulheim	2:29:03	2:29:53	5	M20	94	0:36:26	35:12	37:04	0:40:20
43	317	Frech Markus	ASV Köln	2:29:12	2:29:56	11	M30	84	0:36:38	36:54	37:30	0:38:09
44	1487	Koslowski Stephan	Step Change	2:29:46	2:30:40	9	M45	71	0:36:17	36:14	37:39	0:39:35
45	656	Larisch Roman	Duisburg-Kalender.de	2:29:52	2:30:29	10	M45	70	0:37:16	38:38	37:52	0:36:05
46	1028	Schmitt Mario	*Hürth	2:30:34	2:32:58	12	M30	82	0:38:33	36:52	37:28	0:37:39
47	833	Oberbusch Patrick	*Köln	2:31:25	2:32:24	6	M35	81	0:36:45	36:42	38:06	0:39:50
48	1339	Zitzen Stefan	*Hückelhoven	2:31:31	2:33:01	7	M35	77	0:37:01	37:30	38:09	0:38:49
49	793	Nabben Pascal	*Kaarst	2:32:38	2:33:29	6	M20	91	0:35:06	36:38	39:01	0:41:51
50	686	Lindner Björn	sportvorort	2:33:40	2:34:29	8	M40	75	0:38:17	36:43	37:32	0:41:08
51	16	Ahlwarth Carsten	Turbine Köln	2:34:01	2:35:38	11	M45	69	0:38:20	38:24	38:52	0:38:23
52	1057	Schreiter Rüdiger	*Duisburg	2:34:09	2:35:20	12	M45	71	0:40:04	38:56	38:42	0:36:26
53	1084	Schuppe ELMAR	DWWSWWSUBSEGBM-Club	2:34:10	2:34:51	7	M50	65	0:41:46	40:09	36:36	0:35:37
54	91	Beuning Henrik	TTC Brauweiler	2:34:22	2:35:11	13	M45	68	0:36:44	37:33	38:37	0:41:27
55	933	Rhein Christian	Laufteam Rügen	2:35:32	2:36:12	8	M35	77	0:35:23	38:17	40:27	0:41:23
56	163	Bunge Benedikt	*Köln	2:35:58	2:37:02	7	M20	87	0:38:22	38:19	38:38	0:40:36
57	1033	Schmitz Sebastian	TPSK 1925 e.V.	2:36:43	2:38:22	8	M20	88	0:37:22	37:31	39:49	0:41:59
58	1031	Schmitz Philipp	*Köln	2:36:48	2:38:25	9	M20	93	0:37:23	37:32	39:49	0:42:03
59	500	Huss Klaus	TuS Köln rrh.	2:36:53	2:38:42	14	M45	67	0:37:28	37:49	38:52	0:42:43
60	975	Saracino Pietro	*Baesweiler	2:37:02	2:38:47	13	M30	85	0:37:59	37:31	38:51	0:42:39
61	787	Müller Wolfgang	Vfl Engelskirchen	2:37:04	2:38:21	1	M60	56	0:38:41	38:54	39:17	0:40:11

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
62	1279	Weyer Michael	*Köln	2:37:33	2:38:55	15	M45	69	0:39:24	39:38	39:24	0:39:06
63	677	Liebl Karsten	RSV Arloff-Kirspenich	2:37:55	2:40:15	9	M40	74	0:40:21	39:53	39:13	0:38:26
64	1570	Hasenkamp Claus	Lauftreff Köln-Süd	2:38:21	2:38:32	8	M50	66	0:37:02	39:38	42:12	0:39:28
65	1482	Otto Thomas		2:38:36	2:40:04	9	M50	64	0:41:06	38:32	38:40	0:40:17
66	637	Kunze Jochen	Kilowatt Kalk	2:38:54	2:39:39	16	M45	69	0:36:57	37:50	39:37	0:44:30
67	55	Bartnicki Frank	*Köln	2:39:54	2:41:44	10	M50	65	0:39:10	38:29	40:09	0:42:04
68	1234	Waldoff Michael	Waldoffs Running	2:40:24	2:40:47	2	M55	61	0:37:55	40:24	40:54	0:41:09
69	1564	Schmidt Alexander	DJK Gummersbach	2:40:36	2:41:09	17	M45	70	0:39:21	40:02	40:27	0:40:44
70	599	Köper Johannes	xtrail-aktiv	2:41:18	2:42:27	10	M40	74	0:35:08	37:02	41:41	0:47:26
71	1581	Schütters Manfred		2:41:54	2:43:04	3	M55	57	0:34:54	37:23	42:01	0:47:34
72	1138	Steinbach Dr. Markus	*Köln	2:42:00	2:42:12	11	M50	62	0:37:53	39:20	41:17	0:43:29
73	1405	Lehnigk Matthias	TV SCREENWORKS	2:42:06	2:42:54	12	M50	63	0:36:44	39:10	41:08	0:45:03
74	319	Frenken Dietmar	just run ERK	2:42:22	2:43:02	13	M50	65	0:39:02	39:32	40:46	0:43:00
75	1158	Strohn Carsten	Suchthilfe gGmbH Leverkusen	2:42:37	2:43:14	11	M40	73	0:37:25	39:26	42:10	0:43:35
76	832	O Connor Brendan	Rough Pubbers	2:42:40	2:44:49	9	M35	78	0:44:03	46:55	52:57	0:18:42
77	888	Prass Dominic	*Wetter	2:42:45	2:42:48	10	M20	88	0:36:34	38:43	40:30	0:46:57
78	1317	Wüst Hans Werner	ASV KÖln	2:43:21	2:43:38	1	M65	50	0:39:23	39:36	40:33	0:43:48
79	734	Meißner Marc	*Aachen	2:44:27	2:45:10	11	M20	89	0:38:07	39:28	40:47	0:46:02
80	228	Diler Sebastien	sebastiendiler@yahoo.de	2:45:21	2:46:47	10	M35	79	0:38:30	38:50	41:04	0:46:55
81	1410	Lückerath Volker	Hobbysportrobben	2:45:34	2:45:55	14	M50	64	0:37:41	39:41	42:44	0:45:27
82	1089	Schwenck Christian	mas-Training	2:46:39	2:47:58	12	M40	74	0:38:06	38:40	41:01	0:48:51
83	1036	Schmitz Wolfgang	Asphalt-Elch01	2:47:03	2:48:20	4	M55	58	0:39:46	40:36	41:48	0:44:52
84	15	Ahlf Frank	*Frechen	2:48:09	2:48:45	18	M45	68	0:39:23	40:57	43:09	0:44:39
85	958	Rosso Mario	*Pulheim	2:48:50	2:49:40	5	M55	60	0:39:52	41:58	43:26	0:43:32
86	843	Oppermann Axel	ASV Köln Lauftreff	2:48:57	2:51:37	2	M60	56	0:43:07	43:57	40:45	0:41:06
87	587	Koch Frank	ISI Fitness	2:48:59	2:51:15	15	M50	66	0:44:42	44:18	39:53	0:40:05
88	1113	Snella Michal	NetCologne	2:49:37	2:51:06	12	M20	87	0:43:16	41:54	42:07	0:42:18
89	414	Hammer Alexander	LG Müllenabch	2:50:22	2:53:07	13	M40	76	0:43:09	43:05	42:54	0:41:13
90	527	Jokisch Sven	FC Deutsche Post	2:52:02	2:52:49	19	M45	69	0:39:45	40:08	43:23	0:48:44
91	383	Graf Christian	*Köln	2:52:03	2:52:57	20	M45	69	0:41:45	42:27	42:51	0:44:58
92	480	Hoffmann Dirk	*Bergisch Gladbach	2:52:12	2:54:50	21	M45	69	0:44:32	42:54	41:50	0:42:54
93	998	Schiffer Dr. Hans-Wilhel	LG RWE Power	2:52:46	2:53:27	2	M65	49	0:41:48	42:07	43:59	0:44:51
94	243	Dubbelfeld Markus	*Brühl	2:53:38	2:54:28	11	M35	79	0:42:00	43:51	44:13	0:43:32
95	1197	Twellmeyer Thomas	*Düsseldorf	2:54:23	2:55:27	14	M30	84	0:47:11	43:19	43:33	0:40:18
96	449	Helbing Christian	Fortuna Düsseldorf	2:55:15	2:57:39	12	M35	78	0:39:53	40:26	43:33	0:51:21
97	1434	Röhrig Carsten	*Brühl	2:55:53	2:58:18	16	M50	65	0:44:49	44:30	45:11	0:41:22
98	226	Diersch Ralph	Lauftreff Uhlenhorst Mülheim	2:56:11	2:59:10	6	M55	57	0:45:27	47:01	41:27	0:42:15
99	1545	Gudermann	LG Donatus Erfstadt	2:57:01	2:58:45	22	M45	68	0:41:50	42:40	44:28	0:48:02
100	836	Ochsenbrücher Bernd	Intersport Hammer Team	2:57:25	2:58:51	17	M50	66	0:43:19	43:30	45:30	0:45:03
101	192	Couval Jérémy	*Köln	2:57:41	2:58:22	15	M30	85	0:40:37	43:32	46:23	0:47:07
102	1561	Mihremeister Jan	Team Erdinger Alkoholfrei	2:59:21	3:01:20	13	M35	80	0:43:36	43:18	43:38	0:48:47
103	841	Omar Sabry	*Köln	3:00:15	3:00:30	14	M40	76	0:42:51	44:14	45:50	0:47:19
104	1291	Willms Philipp	*Leverkusen	3:00:48	3:01:42	13	M20	92	0:42:08	46:01	46:23	0:46:15
105	568	Klein Günther	Klävbotze	3:01:47	3:04:17	7	M55	61	0:44:45	44:16	45:33	0:47:11
106	1237	Walther Markus	*Köln	3:01:48	3:04:18	16	M30	82	0:44:45	44:17	45:33	0:47:13
107	675	Leyendecker Matthias	SC Fortuna Köln	3:02:52	3:04:36	8	M55	61	0:40:19	42:27	48:09	0:51:56
108	601	Köster Uwe	AggerEnergie Runners	3:03:59	3:05:51	9	M55	60	0:44:50	44:32	47:49	0:46:47
109	362	Glockner Wolf	GSG-Partner	3:05:37	3:05:58	10	M55	58	0:36:39	41:55	47:53	0:59:08
110	197	Dahl Hagen	Einzelkämpfer	3:06:58	3:08:31	18	M50	65	0:41:51	43:54	46:41	0:54:30
111	1522	Bordfeld Jochen	Laufschule Ring	3:08:10	3:10:32	23	M45	70	0:46:41	47:41	48:19	0:45:27
112	77	Beindorf Daniel	Köln läuft	3:08:24	3:09:49	17	M30	82	0:41:07	43:44	49:38	0:53:53
113	45	Baldus Dominik		3:10:03	3:12:09	14	M35	80	0:45:06	48:34	48:18	0:48:03
114	467	Herzog Alexander	Team Erdinger Alkohlfrei	3:10:10	3:13:01	15	M35	80	0:46:30	46:31	48:15	0:48:51
115	87	Beslagic Edin	SG TÜV Rheinland	3:12:44	3:15:48	16	M35	79	0:45:08	44:19	47:04	0:56:11
116	770	Monzel Klaus	LG Badewanne	3:12:49	3:15:15	11	M55	60	0:45:04	47:45	49:09	0:50:49
117	1273	Werny William	Die 4 Wernys	3:13:20	3:14:43	12	M55	58	0:44:08	47:37	50:59	0:50:35
118	1595	Jacobs Klaas-Steffen	LG Badewanne	3:15:09	3:17:36	3	M60	56	0:44:46	48:00	49:27	0:52:55
119	454	Henrichs Matthias	:anlauf Siegen	3:16:28	3:19:28	19	M50	62	0:47:43	47:26	48:33	0:52:45
120	290	Fiebiger Hartmut	Asbacher Laufmäuse	3:37:03	3:38:57	20	M50	63	0:51:37	52:53	55:48	0:56:44

## Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	0-7	7-14	14-21	21-28
1	1543	Ahrens Mirjam		2:20:33	2:21:23	1	W35	81	0:35:09	34:26	34:55	0:36:01
2	511	Jänicke Franziska	Bitte auswählen ...	2:21:32	2:22:00	1	W20	89	0:35:54	35:44	35:28	0:34:23
3	760	Minor Astrid	ASV Köln	2:23:27	2:24:08	1	W40	73	0:35:00	35:38	35:35	0:37:14
4	876	Piwowar Ulla	*Köln	2:27:21	2:27:32	1	W30	84	0:35:33	36:40	37:43	0:37:23
5	718	Marcon Dr. Caroline	Frontrunners Cologne	2:28:31	2:30:43	2	W35	81	0:35:39	35:47	37:43	0:39:20
6	1281	Whybra-Döttelbeck Nat	*Pulheim	2:28:54	2:29:43	1	W45	70	0:36:44	37:33	38:26	0:36:10
7	621	Krepel Sabine	GMRLV	2:32:01	2:33:04	2	W45	70	0:38:05	36:27	38:37	0:38:51
8	540	Kamenz-Jokisch Carme	FC Deutsche Post	2:33:58	2:34:45	3	W35	80	0:36:47	36:12	37:28	0:43:30
9	1567	Polz Anja	LT Gruiten-Neandertal	2:34:13	2:35:28	3	W45	71	0:39:40	37:22	37:54	0:39:15
10	121	Bongers Magdalena	*Köln	2:34:34	2:36:42	2	W20	90	0:37:36	37:40	38:42	0:40:35
11	1175	Thielen Alexandra	LAZ Puma Rhein-Sieg	2:36:04	2:36:19	2	W40	73	0:37:12	39:21	39:53	0:39:36
12	903	Quitza Julia	-	2:39:39	2:40:20	4	W35	78	0:40:07	40:14	39:23	0:39:53
13	424	Hark Andrea	Run of Colours Promoteam	2:40:31	2:40:58	1	W55	60	0:37:17	39:02	40:29	0:43:42
14	1264	Weishaupt Dr. Julia	*Köln	2:40:33	2:41:56	5	W35	79	0:40:17	39:31	40:13	0:40:31
15	664	Leipert Sabine	ASV Laufgruppe	2:41:59	2:44:39	3	W40	73	0:40:49	39:17	40:45	0:41:07
16	1068	Schuler-Arslan Nuray	Bewegungswelten	2:42:22	2:43:02	4	W45	67	0:39:02	39:32	40:46	0:43:00
17	88	Bettello Andrea	TSV Ismaning	2:45:40	2:45:51	5	W45	71	0:38:13	40:43	41:26	0:45:17
18	391	Gröger Janine	*Niederkassel	2:45:58	2:46:54	3	W20	91	0:40:20	41:07	42:23	0:42:06
19	300	Fißmer Nele	*Köln	2:46:33	2:48:14	4	W40	76	0:40:49	40:34	41:50	0:43:19
20	928	Reinhardt Michaela	DreamTeam	2:48:25	2:50:49	6	W45	70	0:40:24	41:20	43:08	0:43:32
21	1582	Gerdas Julia		2:48:55	2:50:00	5	W40	75	0:42:32	45:00	41:43	0:39:38
22	1538	Weller Stephanie		2:48:55	2:49:43	4	W20		0:42:02	40:57	42:02	0:43:53
23	982	Schäfer Monika	Lächeln statt hecheln	2:49:20	2:51:07	1	W50	65	0:41:25	42:43	43:19	0:41:52
24	302	Flatten Ruth	LG Germania Freund	2:49:35	2:51:17	2	W50	66	0:40:14	41:38	41:55	0:45:46
25	773	Moritz Ursula	*Köln	2:50:13	2:51:19	7	W45	70	0:44:10	41:15	42:31	0:42:14
26	137	Braun Silke		2:52:20	2:53:44	8	W45	70	0:41:28	42:09	44:39	0:44:02
27	384	Graf Erika	*Köln	2:53:09	2:54:03	9	W45	68	0:41:46	42:28	42:50	0:46:03
28	794	Nagel Andrea	*Bad Schönborn	2:54:57	2:55:25	6	W35	80	0:44:32	42:52	42:08	0:45:24
29	287	Fenk Alexandra	*Rheine	2:55:39	2:57:23	2	W30	83	0:41:56	42:55	44:55	0:45:52
30	515	Janschulte Rita	LT Mülheim Uhlenhorst	2:56:10	2:59:10	6	W40	75	0:45:26	47:17	41:11	0:42:15
31	907	Radtke Manuela	LG Donatus Erfstadt	2:57:02	2:58:45	7	W40	74	0:41:50	42:40	44:50	0:47:39
32	1278	Weyand Sabine	Intersport Hammer Team	2:57:25	2:58:51	7	W35	81	0:43:19	43:30	45:30	0:45:04
33	423	Happ Susanne	Intersport Hammer Team	3:00:12	3:01:39	10	W45	68	0:43:18	43:30	45:30	0:47:52
34	910	Rapp Claudia	*Bad Honnef	3:00:29	3:01:41	5	W20	90	0:45:12	45:44	45:48	0:43:43
35	335	Funke Sanni	*Bonn	3:01:57	3:03:38	3	W30	82	0:43:44	43:28	45:12	0:49:31
36	881	Ploog Jennifer	I Love Rath Heumar	3:02:27	3:04:11	4	W30	84	0:44:58	45:36	45:23	0:46:29
37	566	Klaer Cassandra	*Aachen	3:04:46	3:05:37	5	W30	86	0:45:46	46:42	46:57	0:45:20
38	924	Reif Elke	*Hürth	3:07:51	3:09:52	8	W40	73	0:46:18	46:32	47:25	0:47:35
39	755	Meyer Merle	Frontrunners Cologne	3:08:28	3:11:14	8	W35	78	0:46:14	47:46	47:28	0:46:59
40	471	Hiersemann Stefanie	*Troisdorf	3:10:25	3:11:55	11	W45	69	0:44:41	45:02	47:45	0:52:56
41	206	Daun Sabina	*Troisdorf	3:10:25	3:11:55	12	W45	70	0:44:41	45:02	47:46	0:52:54
42	1118	Sokoll Miriam	*Herten	3:11:46	3:14:41	9	W40	73	0:46:34	47:17	48:03	0:49:51
43	499	Huss Claudia	TuS Köln rrh	3:16:19	3:18:08	13	W45	71	0:46:55	47:37	49:01	0:52:45
44	195	Czirr Christin	:anlauf Siegen	3:16:27	3:19:28	6	W30	82	0:47:43	47:26	48:34	0:52:44
45	175	Can Mediha	Colonioteam	3:17:12	3:19:44	1	W60	53	0:48:29	48:07	49:39	0:50:56
46	1072	Schulte Mesum Saskia	*Köln	3:19:06	3:21:14	6	W20	90	0:46:03	51:08	53:32	0:48:22
47	400	Haas Brigitte	*Frechen	3:20:30	3:22:41	9	W35	77	0:44:33	49:26	52:49	0:53:41
48	66	Becker Lilija	Schwarzwaldmilch GmbH	3:27:46	3:29:43	3	W50	62	0:51:40	52:44	52:08	0:51:12
49	28	Anger Andrea	Team Erdinger Alkoholfrei	3:37:00	3:38:59	4	W50	65	0:51:31	52:51	52:08	1:00:29
50	291	Fiebiger Sabine	SV Windhagen	3:37:04	3:38:57	5	W50	64	0:51:35	52:53	55:48	0:56:45