

# 9. Indeland Triathlon am 19. Juni 2016

# Ergebnisliste

## Mitteldistanz 1,9km - 88km - 20km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
1	2100	Ackermann, Johann	Mach3 Köln	3:51:41	M30	1	1	1	0:24:03	0:02:40	1	2:05:23	0:01:57	6	1:17:36
2	2101	Rahn, Fabian	Kölner Triathlon Team	3:52:35	M30	2	16		0:28:52	0:02:42	2	2:09:07	0:01:28	1	1:10:24
3	2450	Epping, Matthias	SC Bayer 05 Uerdingen	3:57:40	M30	3	2		0:25:24	0:02:33	5	2:11:11	0:01:41	5	1:16:49
4	2448	Mühlwinkel, Marco	Pro Athletes KTT 01	4:00:03	M30	4	3		0:25:31	0:02:42	4	2:10:45	0:01:35	15	1:19:28
5	2431	Rost, Dave	*Nijmegen	4:00:46	M45	1	4		0:25:43	0:02:56	6	2:12:13	0:01:50	9	1:18:02
6	2371	Bekhuis, Dr. Hidde	2Sports tri team	4:05:34	M30	5	31		0:30:04	0:03:14	7	2:13:06	0:02:20	4	1:16:49
7	2432	Ganser, Markus	Brander SV Tri Team	4:05:52	M40	1	19		0:29:12	0:04:05	3	2:10:07	0:01:39	21	1:20:47
8	2102	Skazidroga, Robert	EBL-KTT01	4:07:05	M30	6	73		0:32:26 z	0:02:35	12	2:16:58	0:01:28	2	1:13:35
9	2374	Heerssema, Jan-Roelf	TC Twente & W+F	4:10:25	M30	7	10		0:27:35	0:03:31	8	2:14:26	0:01:46	30	1:23:05
10	2433	Vanderbeke, Koen	MTT	4:13:18	M40	2	15		0:28:26	0:03:06	21	2:20:29	0:01:53	14	1:19:22
11	2250	Cuipers, Fabrice	NOW	4:13:42	M40	3	5		0:25:46	0:04:09	28	2:22:11	0:02:36	12	1:18:58
12	2278	Overmars, Dr. Koen	Hellas Triatlon Utrecht	4:13:54	M40	4	22		0:29:39	0:03:05	11	2:16:52	0:02:01	26	1:22:15
13	2320	Berk, Sander	ZSC Oceanus Aalsmeer	4:15:15	M35	1	6		0:25:46	0:02:50	36	2:23:57	0:01:56	20	1:20:43
14	2377	Vermond, Jan	TTL Leidschendam	4:15:53	M30	8	57		0:31:46	0:03:56	16	2:18:35	0:01:48	16	1:19:46
15	2257	Besseling, Michel	av triathlon	4:16:48	M40	5	26		0:29:49	0:04:15	20	2:20:04	0:02:47	17	1:19:52
16	2382	Langerak, Dr. Jacco	Hellas Triathlon	4:16:58	M30	9	49		0:31:32	0:03:18	26	2:22:03	0:02:07	8	1:17:57
17	2364	Schwall, Stephan	AC EIFEL/ Ligna	4:17:01	M30	10	79		0:32:33	0:03:38	31	2:22:58	0:01:40	3	1:16:10
18	2378	Dexters, Dirk	Triatlon club Maasland	4:18:38	M30	11	39		0:30:28	0:03:59	32	2:23:10	0:02:01	11	1:18:58
19	2336	Putman, Samuel	WTDT	4:18:39	M35	2	40		0:30:54	0:03:48	25	2:21:54	0:02:06	18	1:19:56
20	2209	Peters, Ralf	Djk Armada Euchen	4:18:45	M45	2	51		0:31:38	0:03:39	15	2:18:31	0:01:37	35	1:23:19
21	2349	LARGAJOLLI,	*SAINT DENIS EN VAL	4:20:16	M30	12	30		0:29:59	0:04:26	23	2:21:18	0:03:16	23	1:21:15
22	2293	Pabich, Andre	DJK Armada Euchen	4:22:37	M45	3	11		0:27:38	0:03:25	9	2:15:55	0:01:59	102	1:33:38
23	2408	Werland, Philipp	Tri Post Trier	4:22:46	M25	1	163		0:36:08	0:03:55	19	2:19:52	0:02:26	19	1:20:22
24	2352	Mertens, Dr. Julien	triathliege	4:23:06	M30	13	24		0:29:43	0:03:14	61	2:27:20	0:00:00	28	1:22:47
25	2369	Staszak, Kevin	*As	4:23:07	M30	14	38		0:30:27	0:04:02	33	2:23:10	0:02:00	36	1:23:26
26	2397	Dheedene, Dr. Frederic	WTDT	4:23:09	M25	2	46		0:31:26	0:03:42	30	2:22:43	0:02:00	34	1:23:17
27	2330	Van Kooij, Maarten	MSTV Ferro Mosae	4:23:34	M35	3	70		0:32:18	0:04:15	10	2:16:09	0:02:48	60	1:28:04
28	2068	Grütjen, Joachim	VFL Kommern	4:23:52	M55	1	147		0:35:14	0:03:48	13	2:17:38	0:02:23	42	1:24:47
29	2149	Keuchen, Erich	FeuerwehrSV Düsseldorf	4:24:17	M50	1	166		0:36:14	0:05:09	17	2:19:25	0:01:54	24	1:21:32
30	2447	Hamacher, Marc	DLC Aachen	4:24:59	M25	3	27		0:29:51	0:04:20	52	2:25:37	0:01:55	32	1:23:14
31	2255	Martinez, Rafael	TTF	4:25:12	M40	6	25		0:29:45	0:04:17	53	2:26:08	0:02:11	29	1:22:50
32	2206	Bleimann, Arndt	SV Tri Team	4:25:31	M45	4	34		0:30:10	0:04:36	14	2:18:06	0:02:17	74	1:30:20
33	2367	Van Schijndel, Twan	*Eersel	4:26:05	M30	15	55		0:31:43	0:03:52	55	2:26:41	0:02:48	22	1:20:58
34	2359	Lantrebecq, Dr.	TRIGT	4:26:09	M30	16	14		0:28:04	0:03:23	51	2:25:21	0:02:10	51	1:27:08
35	2381	Lempereur, Benjamin	ENERGYTRI	4:26:10	M30	17	47		0:31:27	0:03:57	42	2:24:28	0:02:03	38	1:24:12
36	2434	Lapsien, Daniel	Hardtseemafia Triathlon	4:26:32	M35	4	41		0:30:55	0:03:43	21	2:20:29	0:02:25	66	1:28:58
37	2148	Smit, Dr. Frederik	De Dolfijn, Amsterdam	4:26:55	M50	2	59		0:31:49	0:03:38	44	2:24:36	0:01:50	43	1:24:59
38	2290	Meeus, Dr. Nik	GETC	4:27:10	M35	5	72		0:32:23	0:03:49	24	2:21:36	0:02:09	52	1:27:12
39	2282	Mahaux, Olivier	triathlon ardennes	4:27:13	M40	7	91		0:32:58	0:04:48	58	2:27:02	0:00:00	27	1:22:23
40	2281	Piron, Dominique	*Vivegnis	4:28:56	M40	8	115		0:33:50	0:04:04	45	2:24:43	0:01:44	39	1:24:34
41	2104	Ullmann, Jörg	SV Gerolstein	4:29:16	M50	3	7		0:27:32	0:04:11	62	2:27:28	0:02:46	54	1:27:17
42	2268	Colucci, Filippo	TCM Maastricht	4:30:00	M40	9	43		0:31:19	0:03:21	41	2:24:28	0:01:44	67	1:29:06
43	2212	Henz, Olivier	Triathlon Team Eupen	4:30:13	M45	5	137		0:34:52	0:03:34	37	2:23:59	0:02:18	45	1:25:28
44	2344	Spanu, Andrea	Marathon-Club	4:30:25	M30	18	139		0:34:56	0:05:13	47	2:24:56	0:02:03	33	1:23:15
45	2291	Stam, Matthijs	*Rotterdam	4:30:36	M35	6	99		0:33:18	0:03:19	18	2:19:34	0:02:52	90	1:31:31
46	2275	Schultz, Timo	TMK Mülheim-Kärlich	4:30:45	M40	10	64		0:32:06	0:05:16	46	2:24:53	0:02:20	49	1:26:09
47	2341	Haaring, Sebastiaan	*Voorburg	4:31:24	M30	19	168		0:36:16	0:04:21	39	2:24:06	0:02:31	37	1:24:08
48	2260	Bergmans, Dr. Jeroen	TTL	4:31:40	M40	11	18		0:29:03	0:03:47	70	2:28:23	0:02:02	63	1:28:23
49	2272	Goraus, Stephan	Duelkener SV 06	4:32:24	M40	12	35		0:30:16	0:04:17	106	2:33:02	0:02:46	25	1:22:02
50	2242	Vonneche, Dr. Didier	TRTS	4:32:44	M40	13	157		0:35:48	0:03:20	34	2:23:23	0:02:19	58	1:27:52
51	2340	Henning, Dr. Florian	Triathlon Club	4:33:08	M30	20	82		0:32:37	0:04:19	66	2:27:42	0:02:38	46	1:25:50
52	2226	Parotte, Frédéric	TTF	4:33:49	M40	14	63		0:32:06	0:03:34	29	2:22:13	0:01:56	105	1:33:58
53	2266	Hoffmann, Ansgar	Dülkener SV 06	4:33:55	M40	15	53		0:31:41	0:05:41	74	2:29:06	0:02:48	40	1:24:37

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
54	2404	Desart, Julien	GTC	4:34:18	M25	4	20	0:29:14	0:03:44	91	2:31:27	0:02:25	56	1:27:25	
55	2389	Bolland, Dempsey	tdch	4:34:45	M30	21	68	0:32:12	0:04:47	83	2:30:06	0:02:11	44	1:25:27	
56	2411	Kartheuser, Francois	TTF	4:35:15	M25	5	75	0:32:31	0:02:47	160	2:39:01	0:01:34	13	1:19:20	
57	2106	Legrand, Jean-Marc	TTF	4:35:20	M50	4	84	0:32:38	0:06:03	77	2:29:24	0:02:34	41	1:24:39	
58	2195	Albrecht, Jörg	Tri Club Wuppertal	4:35:44	M45	6	172	0:36:21	0:06:51	93	2:31:32	0:03:05	7	1:17:53	
59	2230	Mol, Peter-Jan	TV Cerberus	4:36:05	M40	16	44	0:31:19	0:03:24	43	2:24:29	0:02:09	112	1:34:41	
60	2413	Frémalle, Benoît	TRIATHLIEGE	4:36:56	M25	6	66	0:32:09	0:03:02	63	2:27:29	0:02:58	86	1:31:16	
61	2310	Monreal, Markus	PSV Brühl Triathlon	4:37:22	M35	7	9	0:27:32	0:03:03	104	2:33:00	0:02:13	91	1:31:33	
62	2334	De Langhe, Bram	WTDT	4:37:35	M35	8	23	0:29:43	0:04:10	49	2:25:17	0:03:12	118	1:35:10	
63	2440	Elkmann, Hendrik	WSU Tri-Team	4:38:41	M40	17	169	0:36:17	0:04:03	40	2:24:10	0:02:27	92	1:31:43	
64	2294	Roos, Patrick	FC St. Pauli Triathlon	4:38:43	M35	9	83	0:32:38	0:04:46	111	2:33:25	0:01:55	47	1:25:57	
65	2132	Grunewald, Ralf	TV Rodenkirchen	4:39:46	M50	5	161	0:36:06	0:04:09	56	2:26:48	0:02:08	77	1:30:32	
66	2249	Dewallef, Pascal	TCBM	4:39:54	M40	18	21	0:29:37	0:03:45	69	2:28:21	0:02:31	123	1:35:38	
67	2265	Remmen, Raymond	triathlon club maastricht	4:40:00	M40	19	128	0:34:10	0:03:40	48	2:25:06	0:03:05	104	1:33:57	
68	2133	Vocking, Dr. Peter	Hellas Utrecht	4:40:19	M50	6	87	0:32:50	0:03:38	108	2:33:05	0:02:36	61	1:28:08	
69	2353	Sendler, Dr. Hanno	Moerser TV Triathlon	4:40:26	M30	22	114	0:33:50	0:03:43	38	2:24:02	0:01:45	131	1:37:05	
70	2108	Malies, Thomas	Brander SV Tri-Team	4:40:46	M50	7	89	0:32:55	0:04:44	73	2:29:06	0:03:09	83	1:30:51	
71	2298	Franze, Daniel	Hamminkelner SV	4:41:06	M35	10	45	0:31:25	0:03:57	76	2:29:17	0:02:02	108	1:34:23	
72	2241	Klein, Marc	TSV Bayer Dormagen	4:41:35	M40	20	29	0:29:56	0:03:59	54	2:26:18	0:02:33	146	1:38:46	
73	2304	Deuchler, Christoph	Tri Team Merzbach	4:41:58	M35	11	78	0:32:33	0:03:57	78	2:29:29	0:02:19	101	1:33:38	
74	2221	Derckx, Roel	-	4:41:58	M40	21	160	0:36:04	0:04:24	75	2:29:11	0:01:50	75	1:30:27	
75	2284	Veelers, Bart	Rotterdam Atletiek	4:42:18	M40	22	212	0:38:42	0:05:51	67	2:27:48	0:02:29	57	1:27:25	
76	2346	Coirazza, Dr. Laurent	ESN	4:42:34	M30	23	100	0:33:18	0:04:26	102	2:32:37	0:02:37	70	1:29:34	
77	2361	Icking, Christian	Kreissparkasse Köln	4:42:56	M30	24	28	0:29:52	0:04:44	64	2:27:31	0:02:32	141	1:38:15	
78	2312	SOLTANI, KARIM	TDCH	4:42:57	M35	12	37	0:30:24	0:04:15	124	2:34:41	0:02:57	80	1:30:38	
79	2347	Damien, Dr. Henquet	damienhenquet@hotmail	4:43:21	M30	25	12	0:27:47	0:04:30	81	2:29:47	0:02:00	151	1:39:15	
80	2129	Heuse, Dr. Franck	Energy Tri	4:43:24	M50	8	123	0:34:05	0:04:34	94	2:31:50	0:02:26	76	1:30:28	
81	2376	Guethoff, Marcel	*Bruehl	4:43:33	M30	26	261	0:42:05	0:04:02	65	2:27:34	0:02:29	55	1:27:21	
82	2203	Götzen, Thomas	TSV Bayer Dormagen	4:43:34	M45	7	108	0:33:36	0:04:52	85	2:30:43	0:02:21	95	1:31:59	
83	2422	Bekemeier, Fabian	DLC Aachen	4:44:04	M20	1	62	0:32:01	0:03:56	139	2:36:47	0:02:08	68	1:29:09	
84	2228	Heutgens, Ludger	TV Goch 1883 e.V.	4:44:14	M40	23	88	0:32:53	0:04:18	89	2:31:15	0:02:21	100	1:33:25	
85	2280	Weissner, Martin	W+F Münster	4:44:16	M40	24	121	0:34:03	0:04:41	126	2:35:01	0:02:35	59	1:27:54	
86	2426	Schlüter, Lutz	*Borken	4:44:19	M20	2	69	0:32:15	0:05:08	107	2:33:04	0:03:17	78	1:30:33	
87	2218	Holtkuile, Dr. Ido	hellas	4:44:24	M45	8	8	0:27:32	0:03:46	72	2:29:02	0:02:45	172	1:41:18	
88	2423	Stork, Christoph	*Borken	4:44:49	M20	3	159	0:36:03	0:05:10	98	2:32:13	0:02:42	65	1:28:38	
89	2116	Siewert, Holger	Brander SV Tri Team	4:44:53	M50	9	192	0:37:34	0:04:25	80	2:29:45	0:02:31	79	1:30:37	
90	2159	Ketzer, Christoph	Iserlohner Tri Team	4:45:04	M45	9	50	0:31:35	0:04:56	84	2:30:38	0:02:24	122	1:35:29	
91	2061	Rummler-Kihm,	RTC Frechen 80	4:45:23	M55	2	149	0:35:23	0:04:29	90	2:31:21	0:03:00	85	1:31:09	
92	2385	Wischerath, Till	*Mettmann	4:45:34	M30	27	152	0:35:32	0:05:36	159	2:38:55	0:02:23	31	1:23:06	
93	2229	Servais, Dr. Vincent	trts	4:45:42	M40	25	81	0:32:34	0:03:43	50	2:25:21	0:02:11	176	1:41:52	
94	2321	Vandenabeele, Olivier	Triathliege	4:45:54	M35	13	42	0:31:08	0:04:17	142	2:37:09	0:03:07	72	1:30:11	
95	2437	Schwane, Adrien	Aachen hat Ausdauer	4:46:19	M25	7	201	0:38:00	0:04:00	60	2:27:18	0:01:57	115	1:35:02	
96	2173	Yildiz, Nedim	SC Bayer 05 Uerdingen	4:46:27	M45	10	158	0:36:02	0:03:44	27	2:22:08	0:01:49	182	1:42:43	
97	2235	Heck, Mike	KTT 01	4:46:37	M40	26	96	0:33:09	0:03:24	71	2:29:00	0:02:24	144	1:38:39	
98	2202	Höwer, Oliver	*Köln	4:46:46	M45	11	245	0:40:34	0:05:41	82	2:29:48	0:02:14	64	1:28:26	
99	2403	Scarpello, Alessandro	Organspende Rettet	4:47:05	M25	8	134	0:34:35	0:05:43	134	2:36:04	0:03:25	53	1:27:16	
100	2307	Scheller, Falko	*Vossenack	4:47:38	M35	14	155	0:35:39	0:04:27	112	2:33:30	0:02:16	93	1:31:44	
101	2130	Rocheteau, Dominique	LG Gummersbach	4:47:43	M50	10	145	0:35:05	0:04:45	118	2:34:17	0:02:31	84	1:31:04	
102	2193	Nieten, Michael	TV Goch	4:48:58	M45	12	222	0:39:15	0:04:18	99	2:32:15	0:01:52	87	1:31:16	
103	2135	Vahldieck, Jens	Tri-Team TV Schiefbahn	4:49:23	M50	11	110	0:33:40	0:04:24	100	2:32:25	0:02:06	129	1:36:45	
104	2246	Janzen, Berthold	SG Welper Triathlon	4:49:48	M40	27	198	0:37:54	0:04:00	59	2:27:03	0:03:03	135	1:37:44	
105	2322	Grandmaire, Vincent	Triathlon Ardennes	4:50:05	M35	15	106	0:33:35	0:05:16	79	2:29:38	0:03:56	134	1:37:38	
106	2216	Wauters, Dr. Frédéric	TDCH	4:50:11	M45	13	61	0:31:52	0:04:40	130	2:35:38	0:02:15	125	1:35:45	

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
107	2324	Dubuisson, Yves	TDCH	4:50:23	M35	16	104	0:33:27	0:04:43	147	2:37:29	0:03:27	88	1:31:16	
108	2289	Fluegel, Marcus	KTT 01	4:50:53	M35	17	102	0:33:22	0:05:10	101	2:32:35	0:02:43	130	1:37:02	
109	2442	Andries, Detlef	*	4:51:06	M	0	67	0:32:11	0:04:52	86	2:31:05	0:03:51	150	1:39:05	
110	2375	Schoofs, Michael	*Neunkirchen-Seelscheid	4:51:13	M30	28	165	0:36:10	0:04:55	103	2:32:44	0:03:18	107	1:34:05	
111	2396	Florian, Werners	ASV Duisburg	4:51:13	M25	9	85	0:32:40	0:03:33	153	2:38:12	0:01:39	117	1:35:08	
112	2277	Van Zoelen, Jeroen	TC Maastricht	4:51:20	M40	28	138	0:34:53	0:03:07	97	2:32:01	0:02:42	142	1:38:35	
113	2219	De Jager, Jan	Hellas Utrecht	4:51:24	M40	29	230	0:39:41	0:05:47	68	2:28:18	0:02:44	113	1:34:53	
114	2169	Huysseune, Luc	STT	4:51:47	M45	14	131	0:34:24	0:05:28	164	2:39:28	0:02:49	71	1:29:35	
115	2142	Doat, Pierre	TURBO	4:51:48	M50	12	211	0:38:38	0:06:30	125	2:34:56	0:03:21	62	1:28:20	
116	2449	van Hees, Wouter	*	4:52:49	M25	10	259	0:41:55	0:05:51	87	2:31:15	0:03:05	82	1:30:42	
117	2211	Schuster, Maik	Krefelder Kanu Klub	4:53:10	M45	15	133	0:34:32	0:05:08	157	2:38:50	0:00:00	110	1:34:38	
118	2417	Brenner, Sebastian	*Bad Münstereifel	4:53:48	M25	11	186	0:37:01	0:04:44	140	2:36:50	0:02:30	97	1:32:42	
119	2300	PINSART, Vincent	BENCYCLE	4:54:36	M35	18	109	0:33:38	0:04:45	122	2:34:35	0:03:00	143	1:38:36	
120	2197	Van Hamersveld, Dr.	*Naarden	4:54:39	M45	16	199	0:37:56	0:03:34	96	2:32:00	0:03:17	136	1:37:51	
121	2180	Hérion, Philippe	TDCH	4:54:41	M45	17	255	0:41:15	0:05:22	95	2:31:55	0:02:28	103	1:33:39	
122	2319	Albrecht, Sebastian	RTC Frechen 80	4:54:44	M35	19	194	0:37:48	0:04:23	163	2:39:16	0:02:36	81	1:30:38	
123	2295	Kreutzer, Thorsten	TSV LuTi	4:55:19	M35	20	126	0:34:09	0:04:26	136	2:36:18	0:03:15	132	1:37:10	
124	2363	Zimmermann, Lukas	TS 79 Bergisch Gladbach	4:55:30	M30	29	187	0:37:08	0:06:19	155	2:38:29	0:03:19	73	1:30:14	
125	2103	Freiberg, Jürgen	Team Erdinger	4:55:34	M50	13	175	0:36:32	0:05:33	183	2:41:44	0:02:31	69	1:29:12	
126	2262	Severin, Tobias	Moerser TV Triathlon	4:56:15	M40	30	273	0:44:30	0:05:03	207	2:45:21	0:02:44	10	1:18:35	
127	2143	Wagner, Thomas	SG Welper Triathlon	4:56:29	M50	14	36	0:30:18	0:05:13	146	2:37:23	0:02:45	167	1:40:47	
128	2407	Quertinmont,	ATCC	4:56:42	M25	12	105	0:33:28	0:04:50	137	2:36:28	0:02:31	153	1:39:23	
129	2150	Lexis, Patrick	Triathlonclub Maastricht	4:57:09	M50	15	130	0:34:24	0:07:15	88	2:31:15	0:05:11	148	1:39:01	
130	2299	Vanlangenakker,	TDCH	4:57:28	M35	21	132	0:34:32	0:06:04	150	2:37:57	0:03:26	121	1:35:28	
131	2418	Nicklich, Philipp	Laktatfestspiele	4:57:39	M25	13	125	0:34:08	0:05:26	117	2:34:12	0:02:51	170	1:40:59	
132	2131	Wilhelm, Frank	DJK Löwe Hambach	4:57:56	M50	16	179	0:36:36	0:05:38	109	2:33:09	0:02:33	158	1:39:58	
133	2227	Remy, Christophe	TDCH	4:57:58	M40	31	13	0:28:03	0:05:29	211	2:45:32	0:02:56	127	1:35:56	
134	2424	Bastiaans, Dr. Girbaud	Triathlon Club Maasland	4:58:01	M20	4	95	0:33:08	0:05:10	92	2:31:29	0:02:42	202	1:45:31	
135	2186	Vüllings, André	Bocholter WSV	4:58:05	M45	18	74	0:32:27	0:05:03	149	2:37:53	0:02:53	155	1:39:46	
136	2416	Laloi, Alexander	TV 1862 Langen	4:58:16	M25	14	17	0:28:54	0:03:17	35	2:23:51	0:01:53	271	2:00:19	
137	2069	Dekker, Rian	Medi Sport ProTraining	4:58:18	M55	3	101	0:33:19	0:05:45	187	2:42:16	0:02:31	109	1:34:25	
138	2301	Monsieur, Dr. Michael	ATCC	4:58:28	M35	22	231	0:39:41	0:04:17	173	2:40:17	0:02:16	94	1:31:55	
139	2267	Hoof van, Prof. Dr.	de Punderman	4:58:44	M40	32	183	0:36:48	0:04:56	119	2:34:28	0:04:23	138	1:38:07	
140	2190	Brandsma, Hans	*leeuwarden	4:58:46	M45	19	142	0:35:02	0:05:17	145	2:37:20	0:02:53	140	1:38:12	
141	2316	Ferweda, Arjan-Tim	IZGS Haarlem	4:58:50	M35	23	151	0:35:32	0:05:25	113	2:33:41	0:03:44	162	1:40:26	
142	2438	Delnoy, René-Pierre	TDCH	4:59:06	M25	15	60	0:31:50	0:05:51	151	2:38:02	0:02:18	171	1:41:03	
143	2258	Karamat Ali, Jeroen	Hellas	5:00:26	M40	33	229	0:39:31	0:04:20	152	2:38:06	0:03:05	120	1:35:21	
144	2201	Born-Benstein,	*Essen	5:00:28	M45	20	141	0:35:01	0:04:38	201	2:44:14	0:02:30	106	1:34:03	
145	2187	Beckers, Patrick	TDCH	5:00:40	M45	21	127	0:34:09	0:04:37	202	2:44:24	0:02:16	119	1:35:12	
146	2128	Becke, Ralf	Karlsruher Marathon e.V	5:01:28	M50	17	54	0:31:43	0:05:35	57	2:26:53	0:03:24	247	1:53:51	
147	2357	Swoboda, Stefan	SC Gelsenkirchen 04	5:01:39	M30	30	113	0:33:47	0:06:30	143	2:37:12	0:02:44	174	1:41:25	
148	2162	Driessen, Dr. Frank	*Maastricht	5:02:08	M45	22	90	0:32:57	0:06:59	251	2:51:35	0:04:28	48	1:26:07	
149	2274	Schirmer, Karsten	Team Coolart	5:02:36	M40	34	200	0:37:59	0:06:09	127	2:35:02	0:02:30	169	1:40:55	
150	2234	Tentler, Markus	*Königswinter	5:02:54	M40	35	281	0:45:23	0:07:13	116	2:34:09	0:03:23	98	1:32:45	
151	2317	Servais, David	TRIATHLIEGE	5:03:02	M35	24	80	0:32:33	0:04:46	221	2:46:36	0:04:24	111	1:34:40	
152	2177	Mommers, Bart	Triathlon Club	5:03:35	M45	23	77	0:32:32	0:04:43	120	2:34:30	0:02:31	224	1:49:17	
153	2410	Baivier, Alexandre	TTF	5:03:44	M25	16	33	0:30:09	0:03:25	144	2:37:19	0:02:21	231	1:50:27	
154	2439	Perez, Miguel	*DALHEM	5:03:50	M45	24	171	0:36:19	0:04:04	168	2:39:54	0:02:07	173	1:41:23	
155	2309	Brennenraedts,	TDCH	5:04:00	M35	25	254	0:41:14	0:05:18	197	2:43:44	0:02:26	88	1:31:16	
156	2238	Adam, Tobias	Triathlon Team Hamburg	5:04:30	M40	36	116	0:33:53	0:03:43	167	2:39:54	0:02:37	196	1:44:21	
157	2182	Brunen, Burkhard	Kein Verein	5:04:31	M45	25	143	0:35:03	0:05:42	194	2:43:02	0:03:25	133	1:37:18	
158	2415	Thijssing, Mike	TVP	5:04:49	M25	17	176	0:36:33	0:05:34	198	2:43:48	0:03:08	124	1:35:44	
159	2125	Rosenbaum, Thomas	ohne	5:05:37	M50	18	213	0:38:43	0:05:04	166	2:39:50	0:03:17	145	1:38:41	

# 9. Indeland Triathlon am 19. Juni 2016

# Ergebnisliste

## Mitteldistanz 1,9km - 88km - 20km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
160	2208	Holzapfel, Thomas	Hildener AT Triathlon	5:05:46	M45	26	264	0:42:36	0:06:03	148	2:37:53	0:02:45	128	1:36:27	
161	2113	Dexters, Dr. Noël	TCM	5:06:21	M50	19	207	0:38:29	0:07:14	115	2:34:02	0:03:09	188	1:43:25	
162	2248	Hansonis, Guido	PSV Brühl Triathlon	5:06:52	M40	37	174	0:36:32	0:06:31	162	2:39:08	0:04:34	160	1:40:04	
163	2191	Büskens, Jens	OSC Rheinhausen	5:06:53	M45	27	173	0:36:30	0:05:29	184	2:41:52	0:03:27	154	1:39:34	
164	2210	Havard, Olivier	TTF	5:07:07	M45	28	48	0:31:29	0:05:15	128	2:35:04	0:03:39	236	1:51:38	
165	2240	Bonacker, Markus	Tri Team TV Schiefbahn	5:07:08	M40	38	58	0:31:49	0:05:11	174	2:40:28	0:03:01	209	1:46:37	
166	2279	Martin, Johannes	OnMyOwn	5:07:17	M40	39	202	0:38:05	0:05:08	180	2:41:37	0:02:30	157	1:39:54	
167	2112	Krings, Achim	TSV Bayer Dormagen	5:07:29	M50	20	156	0:35:43	0:04:29	204	2:44:46	0:02:42	156	1:39:47	
168	2333	Morgenstern, Jaap	Tri Aquapoldro	5:07:34	M35	26	232	0:39:55	0:05:23	154	2:38:27	0:02:19	175	1:41:28	
169	2435	Kaiser, Christian	TK Grevenbroich 1885	5:07:48	M30	31	184	0:36:49	0:06:17	131	2:35:43	0:03:11	203	1:45:46	
170	2387	Metekohy, Mark	triatlon club maastricht	5:07:59	M30	32	189	0:37:16	0:05:13	156	2:38:50	0:02:46	193	1:43:53	
171	2380	Spanel, Andreas	Union Biesfeld Triathlon	5:08:00	M30	33	52	0:31:40	0:03:53	158	2:38:55	0:02:23	233	1:51:08	
172	2110	Overhage, Lothar	DLC Aachen	5:08:02	M50	21	265	0:42:39	0:06:47	121	2:34:35	0:04:55	149	1:39:04	
173	2188	Petter, Björn	Radsport Ganser	5:08:04	M45	29	233	0:40:04	0:05:03	138	2:36:37	0:02:19	194	1:43:59	
174	2372	Tourney, Christian	Mach 3	5:08:04	M30	34	218	0:39:01	0:05:53	210	2:45:28	0:02:45	114	1:34:56	
175	2231	Müller, Michael	Union Biesfeld Triathlon	5:08:19	M40	40	103	0:33:24	0:05:41	203	2:44:35	0:02:32	178	1:42:06	
176	2292	Hendrix, Dr. Roger	Medi Sport ProTraining	5:08:21	M35	27	271	0:44:29	0:05:53	181	2:41:38	0:03:01	99	1:33:18	
177	2126	Van Dam, Sierd	Dijk Armadas euchen	5:08:30	M50	22	111	0:33:43	0:04:55	114	2:34:00	0:02:47	239	1:53:04	
178	2164	Seys, Yves	triathlon team des fagnes	5:08:51	M45	30	92	0:33:02	0:06:09	132	2:35:53	0:04:24	225	1:49:21	
179	2059	Zoch, Roger	SG Welper Triathlon	5:09:28	M55	4	162	0:36:07	0:05:04	172	2:40:12	0:03:03	199	1:45:00	
180	2297	Roland, Bernard	ATCC	5:09:29	M35	28	170	0:36:17	0:04:46	189	2:42:30	0:02:24	189	1:43:30	
181	2058	Stoppelkamp, Paul	SC Bayer 05 Uerdingen	5:09:40	M55	5	140	0:34:58	0:05:01	229	2:48:22	0:02:24	147	1:38:53	
182	2296	SCHMITS, RAPHAEL	TCBM	5:10:12	M35	29	167	0:36:15	0:06:38	213	2:45:46	0:03:33	137	1:37:59	
183	2136	Haas, Wolfgang	VFB Ertstadt Triathlon	5:10:30	M50	23	164	0:36:10	0:05:28	186	2:42:01	0:03:34	186	1:43:15	
184	2259	König, Daniel	Triathlon Team Trier	5:10:32	M40	41	146	0:35:11	0:06:27	196	2:43:11	0:03:05	180	1:42:35	
185	2245	Walla, Jens	SV Gerolstein	5:10:46	M40	42	243	0:40:24	0:04:51	110	2:33:25	0:03:07	221	1:48:57	
186	2114	Krämer, Stefan	SV Gerolstein	5:10:46	M50	24	32	0:30:06	0:04:59	171	2:40:03	0:02:32	240	1:53:05	
187	2401	Zirwes, Christian	*Grevenbroich	5:10:50	M25	18	181	0:36:39	0:05:54	208	2:45:23	0:02:10	164	1:40:43	
188	2390	Penzlin, Bernhard	DLC Aachen	5:11:27	M25	19	86	0:32:49	0:05:03	200	2:44:01	0:02:18	213	1:47:15	
189	2207	Pax, Stefan	Ute Mückel Triathlon	5:11:30	M45	31	237	0:40:10	0:05:03	123	2:34:36	0:02:56	220	1:48:42	
190	2167	Wortberg, Norbert	Natur bewegt Dich	5:12:06	M45	32	223	0:39:15	0:06:32	133	2:35:56	0:04:56	201	1:45:25	
191	2384	Elsen, Florian	Tom+Flo 2016	5:12:07	M30	35	205	0:38:12	0:06:09	242	2:49:53	0:02:45	116	1:35:06	
192	2232	De Nijs, Richard	*Utrecht	5:12:09	M40	43	76	0:32:31	0:04:50	249	2:50:59	0:02:57	168	1:40:50	
193	2194	Buderath, Guido	Ute Mückel Triathlon	5:12:16	M45	33	204	0:38:12	0:07:35	176	2:40:37	0:02:53	184	1:42:58	
194	2263	Maijstre, Jacques	Hellas Utrecht	5:12:36	M40	44	124	0:34:06	0:05:35	182	2:41:43	0:03:03	216	1:48:07	
195	2354	Bronsveld, Bram	-	5:13:48	M30	36	256	0:41:18	0:07:16	170	2:40:01	0:03:05	179	1:42:06	
196	2184	Reinl, Kai	TV 1888 Ruppichteroth	5:13:49	M45	34	272	0:44:30	0:04:45	175	2:40:35	0:02:00	177	1:41:56	
197	2220	Bingeser, Thomas	tsg klautern	5:14:17	M40	45	267	0:43:34	0:05:54	141	2:36:52	0:05:11	183	1:42:44	
198	2428	Pirie, Grant	Weald Tri Club	5:14:40	M45	35	217	0:38:58	0:04:45	243	2:49:56	0:02:53	139	1:38:07	
199	2152	Kaanan, Dr. Mark	*Urmond	5:14:47	M45	36	98	0:33:16	0:04:46	165	2:39:33	0:02:07	255	1:55:03	
200	2288	Trilling, Oliver	SG Welper	5:14:51	M35	30	195	0:37:52	0:04:45	129	2:35:31	0:02:35	249	1:54:07	
201	2383	Baum, Thomas	*Lohmar	5:15:30	M30	37	119	0:34:00	0:06:07	245	2:50:09	0:05:49	152	1:39:23	
202	2183	Brunhuber, Oliver	DLC Aachen	5:15:42	M45	37	252	0:41:10	0:04:28	220	2:46:35	0:03:28	159	1:39:58	
203	2345	Woocker, Markus	*froitheim	5:16:03	M30	38	270	0:44:08	0:05:57	105	2:33:00	0:04:24	217	1:48:32	
204	2398	Sanders, Christoph	*Aachen	5:16:22	M25	20	153	0:35:39	0:05:12	222	2:47:17	0:04:05	195	1:44:08	
205	2446	Delwasse, Joel	*	5:16:29	M50	25	250	0:40:59	0:07:02	161	2:39:03	0:03:05	205	1:46:18	
206	2335	Loup, Ulrich	*Aachen	5:16:35	M35	31	257	0:41:49	0:07:19	259	2:53:06	0:02:20	96	1:32:00	
207	2244	Janssen, Andre	Tri-Team TV Schiefbahn	5:16:52	M40	46	209	0:38:35	0:05:54	192	2:42:53	0:03:20	204	1:46:08	
208	2063	Mulder, Michel	T.V.Purmerend	5:17:04	M55	6	154	0:35:39	0:04:40	169	2:40:01	0:03:50	238	1:52:53	
209	2054	Jones, Gary	Weald Tri Club	5:17:40	M50	26	283	0:45:35	0:04:03	177	2:40:52	0:02:25	198	1:44:44	
210	2329	Pullmann, Kim	Sportshop-Triathlon	5:19:17	M35	32	136	0:34:50	0:04:47	188	2:42:27	0:04:02	241	1:53:10	
211	2065	De jong, Dr. Ronald	tvp	5:19:59	M55	7	107	0:33:35	0:05:25	223	2:47:20	0:03:53	229	1:49:44	
212	2067	Grobusch, Ulrich	Dauerlaufschule Köln	5:20:29	M55	8	238	0:40:12 z	0:05:44	217	2:46:22	0:03:38	197	1:44:31	

# 9. Indeland Triathlon am 19. Juni 2016

# Ergebnisliste

## Mitteldistanz 1,9km - 88km - 20km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
213	2123	Vangeel, Bart	*Geel	5:20:35	M50	27	135	0:34:36	0:06:44	246	2:50:12	0:03:40	200	1:45:20	
214	2328	COURTOIS, Phil	TDCH	5:20:53	M35	33	56	0:31:44	0:05:13	260	2:53:34	0:03:17	210	1:47:02	
215	2327	Merkel, Eiken	MACH3 Köln e.V.	5:21:04	M35	34	287	0:47:03	0:04:22	195	2:43:06	0:03:55	181	1:42:36	
216	2119	Lentz, Dieter	Team Erdinger	5:21:07	M50	28	65	0:32:07	0:06:04	235	2:49:03	0:04:10	227	1:49:41	
217	2373	Weber, Benedikt	NF2run.de - Für	5:21:11	M30	39	221	0:39:11	0:05:39	257	2:52:38	0:03:27	161	1:40:13	
218	2175	Ten Wolde, Robert	TZT86	5:22:03	M45	38	97	0:33:12	0:04:36	185	2:41:58	0:02:28	269	1:59:47	
219	2365	Marien, Prof. François	energy tri	5:22:18	M30	40	122	0:34:05	0:04:44	199	2:43:54	0:03:09	259	1:56:24	
220	2332	Hoppe, Christian	Ronsdorf Tridators	5:22:49	M35	35	93	0:33:04	0:05:48	266	2:54:28	0:03:08	206	1:46:19	
221	2161	Ariens, Dr. Willem	Trioss	5:23:06	M45	39	191	0:37:33	0:04:51	179	2:41:20	0:02:48	260	1:56:32	
222	2239	Kapust, Sascha	Turnverein Erkelenz	5:23:08	M40	47	215	0:38:55	0:05:16	239	2:49:27	0:02:58	207	1:46:31	
223	2261	Euteneuer, Joachim	PSV Brühl Triathlon	5:23:41	M40	48	185	0:36:54	0:05:40	244	2:50:01	0:02:23	219	1:48:41	
224	2445	Kubitzki, Walter	Triathlon Team Eupen	5:24:53	M60	1	236	0:40:08	0:05:28	206	2:45:00	0:04:08	230	1:50:07	
225	2171	Bräuer, Frank	*Bergisch Gladbach	5:25:13	M45	40	71	0:32:20	0:06:16	191	2:42:42	0:04:22	268	1:59:30	
226	2355	DELHEZ, Jonathan	TTF	5:25:22	M30	41	196	0:37:52	0:04:29	255	2:52:23	0:02:56	214	1:47:40	
227	2427	LARDINOIS, Dr.	TTF	5:25:22	M50	29	228	0:39:27	0:06:32	256	2:52:24	0:03:35	187	1:43:21	
228	2121	Semke, Klaus	TS Bergisch Gladbach	5:25:32	M50	30	178	0:36:35	0:07:29	225	2:47:42	0:04:02	228	1:49:42	
229	2185	Kresimon, Johannes	Team CrazyMoon	5:25:32	M45	41	280	0:45:05	0:05:19	252	2:51:38	0:02:42	165	1:40:46	
230	2362	Paulzen, Christoph	Triathlon Waldfeucht	5:25:34	M30	42	244	0:40:24	0:04:57	178	2:41:08	0:02:44	258	1:56:19	
231	2222	Deen, Dr. Norbert	TriathlonClub Maastricht	5:26:21	M40	49	150	0:35:27	0:04:33	135	2:36:14	0:03:57	278	2:06:09	
232	2163	Strosing, Marcus	GFC Düren 99	5:27:00	M45	42	129	0:34:21	0:05:44	231	2:48:28	0:02:59	256	1:55:27	
233	2247	De Klein, Dr. Thomas	*Maastricht	5:27:08	M40	50	242	0:40:22	0:06:07	190	2:42:35	0:06:27	235	1:51:35	
234	2394	Müller, Andre	Hardtseemafia Triathlon	5:27:22	M25	21	262	0:42:17	0:06:28	209	2:45:25	0:04:12	222	1:48:58	
235	2153	Gassner, Djahan	Team Erdinger	5:27:31	M45	43	206	0:38:19	0:05:09	236	2:49:10	0:03:11	237	1:51:40	
236	2066	Von Stüppelmanien,	NeusserSchwimmVerein	5:27:59	M55	9	144	0:35:04	0:07:49	268	2:56:02	0:05:22	191	1:43:42	
237	2443	Baur, Thomas	*	5:28:08	M35	36	216	0:38:57	0:08:41	240	2:49:43	0:04:09	208	1:46:36	
238	2313	Manders, Fred	Triathlon Club	5:28:17	M35	37	263	0:42:26	0:06:06	265	2:54:24	0:04:32	166	1:40:47	
239	2157	Höppener, Francois	TCM	5:28:17	M45	44	248	0:40:42	0:05:52	219	2:46:33	0:03:53	234	1:51:16	
240	2412	Gauthy, Geoffrey	*Verviers	5:29:42	M25	22	190	0:37:16	0:06:27	230	2:48:25	0:02:57	252	1:54:35	
241	2314	Woiwode, Robin	Team Erdinger	5:29:50	M35	38	253	0:41:11	0:06:25	289	3:12:17	0:03:27	50	1:26:28	
242	2351	Heuper, Michael	Team Erdinger	5:29:58	M30	43	227	0:39:24	0:06:37	258	2:52:55	0:02:24	218	1:48:35	
243	2436	Göbner, Christian	NGF Erkelenz	5:30:02	M30	44	120	0:34:02	0:07:49	247	2:50:37	0:03:11	251	1:54:21	
244	2269	Rosin, Marc	Herner Triathlon Team	5:30:05	M40	51	193	0:37:41	0:04:46	262	2:53:55	0:00:00	246	1:53:42	
245	2124	Boes-Schulte, Michael	*Köln	5:30:41	M50	31	291	0:47:46	0:06:09	227	2:48:10	0:04:42	192	1:43:51	
246	2057	Peikert, Alexander	SV Bergisch Gladbach	5:31:24	M60	2	282	0:45:32	0:08:16	248	2:50:51	0:03:06	190	1:43:35	
247	2117	Bork, Christian	*Wegberg	5:31:37	M50	32	117	0:33:55	0:05:44	263	2:54:09	0:03:30	250	1:54:18	
248	2343	Declercq, Steven	*Kortrijk	5:31:49	M30	45	269	0:44:01	0:06:30	237	2:49:19	0:04:47	211	1:47:10	
249	2256	Bücker, Stephan	SV Bayer Uerdingen 08	5:32:41	M40	52	112	0:33:44	0:07:08	233	2:48:48	0:04:35	266	1:58:24	
250	2251	Kervyn de Lettenhove,	*Bruxelles	5:33:01	M40	53	177	0:36:34	0:06:25	250	2:51:03	0:04:06	254	1:54:51	
251	2243	Fieber, Thomas	hofacker-runner.de.vu	5:33:03	M40	54	247	0:40:38	0:04:54	218	2:46:22	0:03:40	261	1:57:27	
252	2156	Bräuer, Ralf	TSVE 1890 Bielefeld	5:34:10	M45	45	235	0:40:06	0:05:39	214	2:45:49	0:02:28	270	2:00:07	
253	2283	Schüller, Martin	*Aachen	5:35:22	M40	55	226	0:39:20	0:07:33	193	2:42:54	0:04:25	272	2:01:07	
254	2391	Wauben, Dr. Bjorn	TV Stein	5:35:41	M25	23	268	0:43:59	0:06:58	226	2:47:49	0:03:13	245	1:53:41	
255	2192	Heneffe, Olivier	ATCC	5:36:26	M45	46	94	0:33:07	0:06:12	212	2:45:37	0:03:38	281	2:07:50	
256	2285	Unverzagt, Björn-Phil	Team Erdinger	5:36:51	M40	56	285	0:46:05	0:04:33	241	2:49:45	0:03:07	242	1:53:18	
257	2200	Ringat, Frank	Team Copeo	5:36:56	M45	47	251	0:41:05	0:06:42	273	2:58:15	0:02:51	215	1:48:01	
258	2111	Kühlert-Habricht,	BSG RheinEnergie AG	5:37:02	M50	33	118	0:33:58	0:07:47	270	2:56:55	0:04:26	248	1:53:55	
259	2237	Rodriguez, Nicolas	*Köln	5:37:04	M40	57	249	0:40:48	0:08:09	286	3:09:18	0:03:02	126	1:35:45	
260	2154	Schmitz, Frank	*Niederzier	5:37:08	M45	48	208	0:38:30	0:06:46	234	2:48:48	0:04:40	265	1:58:22	
261	2053	DENIS, Jean-Claude	TTF SPA	5:38:21	M65	1	275	0:44:34	0:06:42	216	2:46:12	0:02:48	263	1:58:04	
262	2388	Kolanus, David	Triathlon Mülheim	5:39:53	M30	46	210	0:38:35	0:05:53	232	2:48:47	0:03:30	275	2:03:06	
263	2075	Zachow, Horst	DJK Elmar	5:39:57	M55	10	292	0:50:13	0:05:17	215	2:45:50	0:03:50	253	1:54:45	
264	2350	Hendrick, Sylvain	TTF	5:40:55	M30	47	203	0:38:06	0:06:04	264	2:54:21	0:03:14	267	1:59:09	
265	2429	Pütz, Frank	psv brühl triathlon team	5:41:03	M45	49	220	0:39:05	0:07:56	261	2:53:50	0:04:14	257	1:55:57	

# 9. Indeland Triathlon am 19. Juni 2016

# Ergebnisliste

## Mitteldistanz 1,9km - 88km - 20km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
266	2107	JORIS, Michel	TTF	5:41:08	M50	34	225	0:39:18	0:05:23	224	2:47:28	0:03:32	277	2:05:26	
267	2199	Heiligers, Dirk	Köln Triathlon e.V	5:45:18	M45	50	219	0:39:02	0:06:33	238	2:49:21	0:03:57	279	2:06:24	
268	2073	Schulz, Georg	Tri-Team Tv Schiefbahn	5:46:39	M55	11	188	0:37:14	0:07:15	228	2:48:14	0:04:51	283	2:09:04	
269	2370	Fant, Dr. Tomas	BTC	5:47:23	M30	48	240	0:40:18	0:06:13	283	3:08:15	0:03:23	223	1:49:13	
270	2414	Troxquet, Gauthier	*Verviers	5:47:25	M25	24	274	0:44:31	0:06:33	288	3:11:55	0:03:52	163	1:40:33	
271	2166	KOCH, Philippe	Energytri	5:47:38	M45	51	214	0:38:51	0:07:37	292	3:15:07	0:02:52	185	1:43:09	
272	2348	Kalender, Lars	SV Blau-Weiß Bochum	5:50:46	M30	49	234	0:40:04	0:08:57	276	3:02:52	0:05:19	244	1:53:32	
273	2077	Henrotte, Thierry	TDCH	5:50:56	M50	35	294	0:50:41	0:07:39	272	2:57:57	0:03:34	232	1:51:04	
274	2366	Donders, Dr. Bart	*brussels	5:51:01	M30	50	241	0:40:20	0:07:03	287	3:09:46	0:04:24	226	1:49:27	
275	2060	Sturm, Ralf	BSG Stadt Köln	5:51:22	M55	12	182	0:36:39	0:08:37	254	2:52:15	0:05:10	282	2:08:39	
276	2302	TAVOLIERI,	BEN CYCLES	5:51:37	M35	39	258	0:41:51	0:06:51	269	2:56:18	0:04:09	274	2:02:27	
277	2253	Klüver, Christian	Team Erdinger	5:52:45	M40	58	277	0:44:52	0:07:12	277	3:03:22	0:03:57	243	1:53:20	
278	2074	Duim, Dr. Marcel	*amsterdam	5:58:01	M55	13	290	0:47:46	0:11:12	271	2:57:15	0:03:54	262	1:57:51	
279	2225	Pultar, Ralf	PTSV Aachen	6:01:05	M40	59	239	0:40:14	0:07:55	284	3:08:21	0:06:27	264	1:58:05	
280	2172	Sahl, Andreas	SRL Triathlon Koblenz	6:01:17	M45	52	278	0:44:55	0:05:58	253	2:51:39	0:03:33	287	2:15:10	
281	2138	Tompkins, Mark	ETV 1860 Erkelenz	6:01:45	M50	36	148	0:35:21	0:08:00	205	2:44:50	0:03:44	293	2:29:48	
282	2146	Schneider, Jens	TRI POWER Rhein-Sieg	6:02:51	M50	37	266	0:42:49	0:08:42	275	3:02:13	0:06:41	273	2:02:25	
283	2223	Schmühl, Thomas	SG GFC Düren 99	6:09:40	M40	60	260	0:41:59	0:06:29	285	3:08:42	0:03:22	284	2:09:07	
284	2051	Wagner, Reinhard	TS Bergisch Gladbach	6:10:05	M65	2	295	0:50:51	0:07:10	274	3:01:14	0:03:47	280	2:07:01	
285	2392	Plessius, Maarten	Triathlon Vereniging	6:13:01	M25	25	180	0:36:37	0:04:27	267	2:54:31	0:04:04	296	2:33:20	
286	2308	Kinninging, Ramon	*Nieuwegein	6:13:30	M35	40	246	0:40:36	0:06:56	281	3:07:56	0:03:54	286	2:14:05	
287	2196	Müller, Thomas	Techniker Krankenkasse	6:13:40	M45	53	289	0:47:29	0:04:49	280	3:07:01	0:02:13	285	2:12:06	
288	2425	Mehrwald, Lennart	*Lübeck	6:19:53	M20	5	296	0:53:36	0:06:51	296	3:28:42	0:03:28	212	1:47:13	
289	2252	Loncarevic, Peter	Marathon-Club	6:21:40	M40	61	279	0:45:01	0:05:23	279	3:06:20	0:04:35	289	2:20:19	
290	2127	Bailliet, Jean-Francois	*Moers	6:24:10	M50	38	276	0:44:50	0:06:43	295	3:23:29	0:04:22	276	2:04:44	
291	2174	Jansen, Frank	TTF	6:24:41	M45	54	197	0:37:53	0:06:08	282	3:08:08	0:03:42	292	2:28:49	
292	2145	Berndgen, Ralf	Team Erdinger	6:28:32	M50	39	224	0:39:17	0:07:51	278	3:05:10	0:05:57	295	2:30:15	
293	2062	Swoboda, Rüdiger	Schwimmclub	6:32:32	M55	14	288	0:47:21	0:10:56	291	3:13:08	0:05:04	288	2:16:01	
294	2419	Becker, Lukas	*Aachen	6:34:09	M20	6	286	0:46:32	0:07:04	290	3:12:28	0:03:51	290	2:24:11	
295	2139	Gersching, Volker	OTV	6:43:08	M50	40	284	0:45:39	0:07:04	293	3:16:31	0:04:03	294	2:29:49	
296	2158	Kerkhoffs, Dr. Frank	Tri team Heuvelland	7:04:53	M45	55	293	0:50:36	0:05:00	294	3:16:50	0:03:33	297	2:48:52	
297	2151	Romen, Dr. Pascal	Team Maastricht Sport	7:09:33	M45	56	297	0:58:46	0:07:19	297	3:31:51	0:07:08	291	2:24:27	

### nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
0	2168	Priester, Jörg	TVE Lauffreunde	0:00:00	M45	-	303	0:36:13	0:05:56	307	3:14:59	0:03:23	0	0:00:00	
0	2306	COUCHARIERE,	TRIATHLIEGE	0:00:00	M35	-	308	0:38:18	0:03:56	308	2:23:06	0:00:00	0	0:00:00	
0	2406	Maes, Dr. Sven	Lommelse Triatleten	0:00:00	M25	-	302	0:35:46	0:03:13	300	2:26:38	0:02:06	0	0:00:00	
0	2400	Martens, Dr. Bob	TV Stein	0:00:00	M25	-	298	0:27:36	0:03:45	299	2:15:45	0:02:26	0	0:00:00	
0	2305	Den Hartog, Dr. Sander	Aquapoldro Triatlon	0:00:00	M35	-	307	0:40:08	0:04:16	302	2:34:19	0:03:04	0	0:00:00	
0	2271	Jonkman, Dr. Jeroen	*Apeldoorn	0:00:00	M40	-	0	0:00:00	0:00:00	0	0:00:00	0:00:00	0	0:00:00	
0	2165	Stassen, Rob	*Berg en Terblijt	0:00:00	M45	-	311	0:39:04	0:07:27	0	0:00:00	0:00:00	0	0:00:00	
0	2339	Decker, Chris	Brander SV	0:00:00	M30	-	299	0:27:37	0:03:34	298	2:14:18	0:01:37	0	0:00:00	
0	2402	Gillen, Philippe	Mach3 Köln e.V.	0:00:00	M25	-	306	0:39:40	0:05:21	301	2:32:43	0:03:56	0	0:00:00	
0	2144	Alfenaar, Ward	Triathlon Vereniging	0:00:00	M50	-	301	0:34:30	0:06:07	304	2:41:56	0:02:59	0	0:00:00	
0	2315	Lejeune, Jean-François	TDCH	0:00:00	M35	-	304	0:36:24	0:05:35	305	2:44:41	0:02:43	0	0:00:00	
0	2342	Lütkefent, Jan	SG Tri Power Rhein Sieg	0:00:00	M30	-	305	0:39:07	0:04:47	306	2:47:47	0:03:00	0	0:00:00	
0	2326	Meyer, Florian	Feuerwehr	0:00:00	M35	-	310	0:36:05	0:05:04	0	0:00:00	0:00:00	0	0:00:00	
0	2379	Dannemark, Dr.	Triathlon ardennes	0:00:00	M30	-	300	0:33:26	0:04:08	303	2:36:00	0:03:41	0	0:00:00	
0	2452	Vrehen, Guusje	*	0:00:00	M50	-	309	0:27:13	0:05:13	0	0:00:00	0:00:00	0	0:00:00	

# 9. Indeland Triathlon am 19. Juni 2016

# Ergebnisliste

## Mitteldistanz 1,9km - 88km - 20km

## Männer

disqualifiziert

Platz	Nr.	Name Vorname	Grund	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
0	2020	Eisermann, Stephan	Laufstunden	5:12:44	M50	0	0	0	1:05:15	0:05:55	0	3:02:32	0:02:50	0	0:56:11

# 9. Indeland Triathlon am 19. Juni 2016

# Ergebnisliste

## Mitteldistanz 1,9km - 88km - 20km

## Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Wechsel	Pl. R	Rad	Wechsel	Pl. L	Laufen
1	2001	Stienen, Astrid	Brander SV	4:10:31	W35	1	3	0:27:41	0:03:06	1	2:18:08	0:01:51	1	1:19:43	
2	2042	Hufe, Mareen	Triminators TV Voerde	4:22:13	W35	2	5	0:29:46	0:03:20	2	2:21:26	0:02:39	4	1:25:01	
3	2037	Boterenbrood, Danne	MSTV Ferro Mosae	4:25:02	W30	1	1	0:27:31	0:02:49	3	2:28:46	0:01:40	3	1:24:14	
4	2036	Pirotte, Annabelle	trigt	4:35:22	W30	2	2	0:27:33	0:03:07	5	2:31:46	0:02:05	7	1:30:48	
5	2047	Jansen, Steffi	PTSV Aachen	4:37:04	W35	3	14	0:35:23	0:04:57	6	2:32:46	0:02:08	2	1:21:47	
6	2039	Koers, Dr. Eline	Hellas Triathlon	4:45:04	W25	1	9	0:33:15	0:03:40	4	2:30:53	0:01:53	9	1:35:20	
7	2032	Otten, Sylvia	ASV Köln Triathlon	4:45:18	W35	4	8	0:32:59	0:03:19	8	2:36:40	0:02:45	6	1:29:33	
8	2022	Kopatschek, Anne	MACH3 Köln e.V.	4:51:01	W40	1	11	0:35:10	0:04:03	11	2:41:14	0:02:01	5	1:28:31	
9	2030	Lohmann, Bernadette	TVP	4:58:45	W35	5	6	0:31:47	0:04:09	13	2:43:12	0:02:34	10	1:37:01	
10	2016	Troost, Yvonne	AV Triathlon	5:04:26	W45	1	16	0:36:06	0:05:04	9	2:39:02	0:02:58	14	1:41:14	
11	2026	Klein, Nicole	TSV Bayer Dormagen	5:07:31	W40	2	4	0:27:52	0:04:28	7	2:36:26	0:03:18	32	1:55:26	
12	2012	Börmann, Jutta	Tag kirchhellen	5:14:27	W45	2	35	0:41:43	0:04:44	12	2:42:27	0:03:38	15	1:41:53	
13	2031	Verhage, Sonja	Triathlon Club	5:15:02	W35	6	18	0:36:12	0:04:21	14	2:43:39	0:03:15	24	1:47:33	
14	2025	Osterkamp, Andrea	Dülkener SV	5:17:45	W40	3	7	0:31:54	0:04:59	16	2:47:29	0:03:41	28	1:49:41	
15	2009	Ketzer, Ina	Iserlohner Tri Team	5:22:20	W50	1	30	0:39:46	0:06:07	17	2:48:57	0:02:21	20	1:45:07	
16	2006	Bruns, Klaudia	*Essen	5:22:22	W55	1	25	0:38:29	0:06:31	23	2:54:59	0:03:51	13	1:38:30	
17	2028	Gouverneur, Aurelie	Energytri	5:24:05	W35	7	19	0:36:26	0:04:08	27	2:58:16	0:02:27	16	1:42:46	
18	2040	Claesen, Claudia	*Maasmechelen	5:24:33	W25	2	40	0:48:36	0:05:06	10	2:40:08	0:04:10	22	1:46:31	
19	2038	Scharmga, Andrea	*Maastricht	5:24:34	W30	3	13	0:35:19	0:09:22	21	2:50:56	0:04:09	19	1:44:46	
20	2023	DEROUAUX,	TRIATHLIEGE	5:24:50	W40	4	29	0:39:44	0:03:58	35	3:03:47	0:02:23	8	1:34:56	
21	2018	Alards, Petra	*Melderslo	5:26:00	W40	5	24	0:38:00	0:06:00	31	3:02:00	0:02:00	12	1:38:00	
22	2017	Bleimann, Petra	Brander SV Tri Team	5:26:26	W40	6	37	0:46:11	0:05:14	26	2:57:30	0:00:00	11	1:37:30	
23	2019	Brüll, Aline	Triathlon Team Eupen	5:26:35	W40	7	26	0:38:48	0:04:23	18	2:49:23	0:02:11	30	1:51:48	
24	2034	Radermacher, Anne	Tri Team Eupen	5:29:37	W30	4	10	0:34:41	0:04:36	22	2:51:40	0:03:09	33	1:55:29	
25	2029	Sahl, Jasmin	SRL Triathlon Koblenz	5:31:17	W35	8	21	0:36:56	0:05:24	33	3:02:09	0:02:35	18	1:44:12	
26	2035	Vollbach, Frederike	TRC Essen 84	5:32:07	W30	5	28	0:39:33	0:04:53	28	2:59:43	0:02:15	21	1:45:41	
27	2045	Clijsters, Caroline	Triatlon club maasland	5:32:15	W25	3	27	0:39:15	0:06:57	15	2:45:38	0:03:39	34	1:56:44	
28	2013	Schemmann, Elke	Hellas Triathlon	5:32:22	W45	3	34	0:41:26	0:07:12	20	2:50:48	0:04:12	26	1:48:44	
29	2008	Jakschis, Anke	SRL Triathlon Koblenz /	5:33:01	W50	2	31	0:40:11	0:05:38	25	2:56:17	0:02:13	25	1:48:40	
30	2024	DEROUAUX,	TRIATHLIEGE	5:33:15	W40	8	23	0:37:27	0:04:18	38	3:05:40	0:02:31	17	1:43:16	
31	2014	Naß, Daniela	Triathlon Mülheim	5:33:15	W45	4	20	0:36:41	0:05:35	30	3:01:19	0:02:18	23	1:47:21	
32	2005	Pfeil-Bonnin, Beate	PSV Bonn Triathlon	5:34:44	W55	2	22	0:37:02	0:05:58	24	2:55:26	0:03:59	31	1:52:18	
33	2049	Schmit, Michèle	Trilux	5:37:17	W25	4	15	0:35:24	0:05:06	34	3:02:36	0:03:14	29	1:50:56	
34	2079	Borchert, Annett	RTC Frechen	5:48:55	W45	5	12	0:35:19	0:06:08	37	3:05:07	0:03:01	35	1:59:17	
35	2048	Kircher, Daniela	PTSV Aachen	5:50:29	W50	3	39	0:47:52	0:07:25	32	3:02:00	0:04:05	27	1:49:06	
36	2046	Wagner, Nicole	RTC Frechen	5:54:25	W45	6	17	0:36:07	0:07:42	29	2:59:58	0:03:55	37	2:06:41	
37	2041	Schulz, Kerstin	Tri-Team Tv Schiefbahn	5:59:41	W20	1	36	0:42:34	0:07:16	19	2:50:15	0:05:39	38	2:13:55	
38	2043	Schimmel, Maike	TS 1879 Bergisch	6:22:40	W45	7	33	0:40:52	0:05:58	36	3:04:45	0:03:00	39	2:28:03	
39	2021	Faenger, Kira	*Schimmert	6:33:34	W40	9	41	0:55:05	0:07:13	39	3:20:44	0:04:35	36	2:05:55	
40	2003	Claessens, Mirjam	TV Cerberus	7:07:20	W55	3	32	0:40:37	0:07:16	40	3:31:29	0:04:29	41	2:43:27	
41	2027	Duval, Cecile	PMX	7:11:11	W35	9	38	0:47:08	0:06:59	41	3:33:45	0:04:16	40	2:39:02	