

34. Hückeswagen Triathlon am 20. August 2016

Ergebnisliste

Mitteltriathlon 2000m - 70km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	146	Köhler, Max	Hildener AT Triathlon	3:56:57	M25	1	17	0:30:42	5	2:05:34	3	2:36:16	4	1:20:40	
2	1221	Kreisel, Götz	Jaloucity Team Krefelder	3:57:33	M45	1	8	0:28:49	12	2:07:54	4	2:36:43	5	1:20:49	
3	1255	Bernhardt, Maik	Herner Triathlon Team	3:57:57	M35	1	16	0:29:54	10	2:06:49	5	2:36:44	6	1:21:13	
4	721	Kalmes, Oliver	SV Bergisch Gladbach	3:59:00	M45	2	19	0:30:57	13	2:08:16	10	2:39:13	3	1:19:46	
5	125	Buhs, Andreas	ASV Köln Triathlon	4:03:57	M30	1	26	0:31:24	6	2:05:38	6	2:37:03	18	1:26:54	
6	1213	Moch, Andreas	SG Welper	4:04:44	M45	3	45	0:33:18	7	2:06:10	11	2:39:29	13	1:25:15	
7	705	Penedo, Nelson	SSF Bonn I	4:05:07	M40	1	105	0:35:44	9	2:06:47	17	2:42:31	9	1:22:35	
8	1229	Jedryka, Lukas	TV Goch	4:05:36	M30	2	22	0:31:08	26	2:12:13	20	2:43:22	8	1:22:13	
9	128	Gosebrink, Jens	SC Bayer 05 Uerdingen	4:05:49	M30	3	9	0:29:00	18	2:10:34	12	2:39:35	17	1:26:13	
10	1210	Reinders, Yves	TuS Xanten	4:06:18	M45	4	14	0:29:50	14	2:09:01	9	2:38:51	21	1:27:27	
11	133	Gösmann, Raphael	RC Lüdenscheid 98	4:07:07	M30	4	28	0:31:44	15	2:09:15	16	2:40:59	15	1:26:07	
12	1222	Minke, Sebastian	Jaloucity Team Krefelder	4:07:59	M35	2	73	0:34:41	17	2:10:10	26	2:44:51	10	1:23:07	
13	1217	Barrenstein, Demian	Schwelmer SC	4:08:34	M35	3	6	0:28:44	19	2:10:52	13	2:39:37	29	1:28:56	
14	753	Röpstorf, Uwe	Bayer 05 Uerdingen	4:08:46	M50	1	42	0:33:02	16	2:09:34	18	2:42:37	16	1:26:09	
15	1262	Kowalke, Jörg	Iserlohner Triathlon	4:09:14	M35	4	190	0:40:58	11	2:07:01	36	2:48:00	7	1:21:14	
16	113	Adams, Christian	*Mönchengladbach	4:09:24	M35	5	13	0:29:46	44	2:14:49	24	2:44:35	12	1:24:48	
17	708	Starke, Matthias	SSF Bonn I	4:10:56	M45	5	68	0:34:23	3	2:04:26	8	2:38:50	48	1:32:05	
18	49	Sachs, Steffen	Tristar Regensburg	4:11:00	M45	6	57	0:33:49	1	2:03:40	7	2:37:30	60	1:33:30	
19	111	Nissing, Klaus	TriFun Kleve e.V.	4:11:32	M35	6	124	0:36:18	2	2:03:45	14	2:40:04	45	1:31:28	
20	1238	Gerhards, Sven	Dülkener SV 06	4:12:26	M25	2	4	0:28:41	47	2:15:11	21	2:43:52	26	1:28:33	
21	52	Bauer, Ivo	Alfter	4:12:43	M45	7	86	0:35:02	25	2:12:10	32	2:47:12	14	1:25:30	
22	143	Loderhose, Maximilian	DLC Aachen	4:13:34	M25	3	59	0:33:50	23	2:11:31	27	2:45:22	25	1:28:12	
23	1220	Löber, Thomas	Schwelmer SC	4:14:39	M35	7	1	0:27:42	56	2:16:29	23	2:44:11	38	1:30:28	
24	1223	Metzger, Christian	Jaloucity Team Krefelder	4:15:28	M30	5	3	0:28:38	8	2:06:18	2	2:34:56	120	1:40:31	
25	1206	Peters, Ralf	Team Indeland	4:15:45	M45	8	56	0:33:47	29	2:12:54	30	2:46:41	30	1:29:03	
26	729	Weier, Peter	PSV Bonn Triathlon I	4:16:14	M35	8	7	0:28:46	24	2:12:08	15	2:40:55	77	1:35:18	
27	1241	Jansen, Lars	Tri Minators Voerde	4:17:34	M25	4	91	0:35:13	27	2:12:29	34	2:47:42	33	1:29:51	
28	733	Goltsch, Tillmann	PV Triathlon Witten	4:18:47	M35	9	119	0:36:07	112	2:24:39	108	3:00:47	1	1:18:00	
29	1215	Jeschina, Lorant	SG Welper	4:18:57	M45	9	5	0:28:42	4	2:04:44	1	2:33:26	148	1:45:30	
30	1205	Karsch, Jochen	Team Indeland	4:19:01	M35	10	52	0:33:40	21	2:11:03	25	2:44:44	66	1:34:16	
31	1212	Müller, Thomas	TuS Xanten	4:19:06	M40	2	63	0:33:55	59	2:17:11	51	2:51:06	24	1:28:00	
32	138	Heyder, Daniel	*Alfter	4:19:27	M25	5	29	0:31:55	22	2:11:26	19	2:43:22	81	1:36:04	
33	709	Söhnngen, Sascha	Team TVE Netphen I	4:19:54	M40	3	111	0:35:57	30	2:12:55	39	2:48:52	43	1:31:02	
34	100	Rosendahl, Sascha	*Münster	4:20:03	M35	11	61	0:33:53	33	2:12:59	31	2:46:52	56	1:33:10	
35	1237	Goraus, Stephan	Dülkener SV 06	4:20:05	M40	4	40	0:32:57	74	2:19:18	56	2:52:15	23	1:27:49	
36	1233	Eppink, Ralf	Freie Schwimmer	4:20:42	M45	10	25	0:31:22	37	2:14:01	28	2:45:23	76	1:35:18	
37	1234	Thiel, Björn	Freie Schwimmer	4:21:36	M35	12	118	0:36:06	53	2:16:11	57	2:52:17	32	1:29:18	
38	1216	Kreutzenbeck,	SG Welper	4:22:29	M30	6	2	0:27:54	127	2:26:47	78	2:54:41	22	1:27:48	
39	109	Kleinschmidt, Oliver	RC Lüdenscheid	4:22:32	M35	13	126	0:36:21	98	2:22:15	96	2:58:36	11	1:23:55	
40	707	Aschemann, Christoph	SSF Bonn I	4:22:40	M40	5	70	0:34:28	35	2:13:49	37	2:48:18	67	1:34:21	
41	1202	Volmering, Martin	Bocholter WSV II	4:23:23	M45	11	20	0:31:02	32	2:12:57	22	2:43:59	111	1:39:23	
42	1260	Schröter, Matthias	SC Bayer 05 Uerdingen	4:23:28	M45	12	34	0:32:36	77	2:19:56	61	2:52:32	41	1:30:56	
43	715	Stolecki, Stephan	Triathlon Team Witten	4:23:36	M45	13	144	0:37:27	64	2:17:33	81	2:55:01	27	1:28:35	
44	717	Fuchs, Thomas	SSF Bonn II	4:23:55	M55	1	18	0:30:47	45	2:14:57	29	2:45:44	97	1:38:11	
45	710	Latsch, Mike	Team TVE Netphen I	4:23:57	M35	14	148	0:37:58	28	2:12:44	48	2:50:43	58	1:33:14	
46	61	Mensler, Olaf	VFL Engelskirchen	4:24:25	M45	14	39	0:32:50	76	2:19:30	59	2:52:21	47	1:32:04	
47	116	Kaiser, Marcus	TSV Bayer Leverkusen	4:24:28	M45	15	141	0:37:19	52	2:16:09	65	2:53:29	42	1:30:59	
48	745	Prigge, Oliver	Team RSV Osthelden	4:25:13	M45	16	36	0:32:39	65	2:17:55	47	2:50:35	68	1:34:38	
49	1225	Eggert, Jan	Tri Club Wuppertal II	4:25:24	M40	6	79	0:34:48	39	2:14:11	40	2:48:59	86	1:36:24	
50	724	Cuti, Klaus	SV Bergisch Gladbach	4:25:26	M45	17	71	0:34:33	67	2:18:32	63	2:53:05	50	1:32:20	
51	1261	Sülberg, Rainer	Iserlohner Triathlon	4:25:31	M55	2	212	0:43:16	20	2:10:57	72	2:54:13	44	1:31:17	
52	142	Ohlig, Jonas	*Bergisch Gladbach	4:25:52	M25	6	117	0:36:04	38	2:14:07	44	2:50:11	80	1:35:41	
53	16	Biesenbach, Dr.	TriForce Vital Remscheid	4:25:55	M55	3	27	0:31:43	83	2:20:35	58	2:52:19	61	1:33:35	
54	1208	Gottschalk, Dennis	Team Indeland	4:26:11	M35	15	119	0:36:07	31	2:12:55	41	2:49:03	92	1:37:08	

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Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
55	1207	Méro, Thorsten	Team Indeland	4:26:13	M40	7	121	0:36:09	60	2:17:21	66	2:53:30	54	1:32:42	
56	723	Weber, Andreas	SV Bergisch Gladbach	4:26:28	M40	8	35	0:32:38	42	2:14:36	33	2:47:14	109	1:39:13	
57	1235	Scheeren, Matthias	Freie Schwimmer	4:26:47	M25	7	135	0:36:44	63	2:17:30	74	2:54:15	51	1:32:31	
58	106	Dunkel, Thomas	TSVE 1890 Bielefeld	4:26:55	M35	16	176	0:39:53	36	2:13:49	67	2:53:43	57	1:33:12	
59	1245	Grewe, Marc	Union Blau-Weiß	4:26:58	M45	18	166	0:38:46	62	2:17:22	84	2:56:09	40	1:30:49	
60	1236	Lassak, Ingo	Freie Schwimmer	4:27:33	M40	9	47	0:33:32	41	2:14:26	35	2:47:58	112	1:39:34	
61	1269	Esser, Björn	Nordtriathleten	4:28:01	M35	17	175	0:39:50	66	2:18:02	92	2:57:53	36	1:30:08	
62	1258	Wächtler, Thomas	SC Bayer 05 Uerdingen	4:28:08	M55	4	130	0:36:27	72	2:18:56	82	2:55:23	55	1:32:44	
63	1239	Hoffmann, Ansgar	Dülkener SV 06	4:28:26	M40	10	49	0:33:35	78	2:20:10	68	2:53:45	70	1:34:41	
64	57	Van Amstel, Marcel	*Dronten	4:28:32	M45	19	10	0:29:27	91	2:21:25	49	2:50:52	94	1:37:39	
65	716	Moldenhauer, Kai	Triathlon Team Witten	4:28:38	M45	20	110	0:35:55	40	2:14:22	46	2:50:17	100	1:38:20	
66	755	Yildiz, Nedim	Bayer 05 Uerdingen	4:29:04	M45	21	75	0:34:42	49	2:15:31	45	2:50:13	106	1:38:50	
67	769	Weissner, Martin	W + F Münster	4:29:23	M40	11	132	0:36:37	82	2:20:35	89	2:57:13	49	1:32:10	
68	123	Rück, Matthias	TG Neuss	4:29:30	M30	7	216	0:43:40	120	2:26:17	160	3:09:58	2	1:19:32	
69	1231	Heutgens, Luder	TV Goch	4:29:45	M40	12	83	0:34:56	55	2:16:28	54	2:51:24	99	1:38:20	
70	1219	Kunz, Guido	Schwelmer SC	4:30:04	M35	18	50	0:33:38	115	2:25:45	101	2:59:23	39	1:30:41	
71	1211	Schürmann, Ingo	TuS Xanten	4:30:13	M30	8	44	0:33:16	81	2:20:35	70	2:53:51	85	1:36:21	
72	711	Kuschina, Thorsten	Team TVE Netphen I	4:30:17	M45	22	107	0:35:47	46	2:15:07	50	2:50:55	110	1:39:21	
73	814	Wotzlaw, Mathias	ASV Köln	4:30:19	M50	2	147	0:37:57	54	2:16:15	71	2:54:13	82	1:36:06	
74	1232	Krebbler, Theo	TV Goch	4:30:40	M55	5	51	0:33:39	71	2:18:43	60	2:52:22	98	1:38:17	
75	28	Effertz, Norbert	Triathlon Team Indeland	4:30:48	M50	3	11	0:29:35	103	2:23:02	62	2:52:37	95	1:38:10	
76	816	Schug, Stephan	ASV Köln	4:30:55	M50	4	123	0:36:18	34	2:13:10	42	2:49:29	122	1:41:26	
77	1228	Walzer, André	Tri Club Wuppertal II	4:31:06	M35	19	24	0:31:19	113	2:25:03	86	2:56:23	71	1:34:42	
78	51	Huschauer, Horst	TG Neuss	4:31:27	M45	23	103	0:35:37	97	2:22:07	91	2:57:44	62	1:33:43	
79	127	Adam, Peter	*Bonn	4:31:28	M30	9	202	0:41:35	88	2:21:09	122	3:02:45	28	1:28:43	
80	720	Szczepanek, Torge	SSF Bonn II	4:31:43	M40	13	183	0:40:40	87	2:21:08	114	3:01:48	34	1:29:55	
81	1267	Kadach, Christian	Hildener AT - Triathlon II	4:31:46	M40	14	95	0:35:20	107	2:23:43	98	2:59:04	53	1:32:42	
82	1254	Niehues, Torsten	Herner Triathlon Team	4:32:02	M30	10	46	0:33:19	50	2:15:32	38	2:48:52	130	1:43:10	
83	1209	Thüs, Georg	TuS Xanten	4:32:33	M40	15	99	0:35:27	95	2:21:45	88	2:57:12	78	1:35:20	
84	1230	Lörcks, Christoph	TV Goch	4:32:44	M45	24	76	0:34:44	73	2:19:02	69	2:53:46	107	1:38:57	
85	793	Vahldieck, Jens	Tri-Team TV Schiefbahn	4:32:45	M50	5	106	0:35:45	68	2:18:37	76	2:54:22	101	1:38:22	
86	147	Bielefeld, Philipp	DLC Aachen	4:33:16	M25	8	115	0:36:01	151	2:29:50	138	3:05:51	20	1:27:25	
87	815	Klaes, Sascha	ASV Köln	4:33:16	M40	16	140	0:37:16	99	2:22:15	102	2:59:32	63	1:33:44	
88	1265	Schmidt, Lars	Hildener AT - Triathlon II	4:33:19	M45	25	133	0:36:38	102	2:22:42	99	2:59:21	65	1:33:57	
89	80	Lange, Christof	Team-Perpeet-Essen 99	4:33:46	M40	17	191	0:41:04	105	2:23:25	130	3:04:29	31	1:29:16	
90	120	Stein, Benjamin	*Engelskirchen	4:34:44	M30	11	129	0:36:26	111	2:24:31	109	3:00:57	64	1:33:47	
91	6	Diawuoh, Annabel	Kölner Triathlon Team	4:34:52	M25	9	192	0:41:10	93	2:21:38	123	3:02:48	46	1:32:03	
92	703	van Ganswinkel, René	Krefelder Kanu Klub	4:35:07	M50	6	154	0:38:13	57	2:16:29	79	2:54:42	119	1:40:25	
93	746	Große Gehling, Jürgen	Team RSV Osthelden	4:36:04	M45	26	167	0:38:51	101	2:22:26	110	3:01:18	72	1:34:45	
94	1226	Hens, Andreas	Tri Club Wuppertal II	4:36:04	M45	27	92	0:35:16	51	2:15:55	52	2:51:11	144	1:44:53	
95	1224	Hampel, Jochen	Jaloucity Team Krefelder	4:36:12	M25	10	31	0:32:21	109	2:24:15	87	2:56:36	113	1:39:35	
96	1263	Ketzer, Christoph	Iserlohner Triathlon	4:36:19	M45	28	137	0:36:54	84	2:20:37	90	2:57:32	105	1:38:47	
97	1201	Schleuter, Christian	Bocholter WSV II	4:36:52	M35	20	67	0:34:18	0	0:00:00	0	0:00:00	0	0:00:00	
98	136	Wenzel, Stefan	DJK Löwe Hambach	4:37:29	M25	11	206	0:41:59	69	2:18:39	107	3:00:39	87	1:36:50	
99	718	Knips, Ralf	SSF Bonn II	4:37:51	M45	29	113	0:36:00	104	2:23:21	100	2:59:22	102	1:38:29	
100	15	Kleinau, Jens	Freie Schwimmer	4:37:56	M55	6	32	0:32:30	150	2:29:46	118	3:02:17	79	1:35:38	
101	701	Marin, Jan	Krefelder Kanu Klub	4:38:04	M55	7	149	0:37:59	135	2:27:24	137	3:05:24	52	1:32:39	
102	1227	Köhler, Axel	Tri Club Wuppertal II	4:38:04	M45	30	158	0:38:25*	75	2:19:29	93	2:57:54	117	1:40:10	
103	1253	Grund, Bastian	Herner Triathlon Team	4:38:42	M30	12	93	0:35:17	131	2:27:04	119	3:02:21	84	1:36:20	
104	1218	Gorschlüter, Bernd	Schwelmer SC	4:38:47	M45	31	37	0:32:44	92	2:21:29	73	2:54:14	141	1:44:33	
105	1214	Janzen, Berthold	SG Welper	4:38:47	M40	18	189	0:40:55	85	2:20:54	115	3:01:49	89	1:36:58	
106	102	Schwarz, Christian	Ronsdorfer SG	4:39:01	M30	13	21	0:31:08	129	2:26:50	94	2:57:58	121	1:41:03	
107	26	Krapp, Martin	CSK Kassel	4:39:03	M50	7	53	0:33:43	89	2:21:14	80	2:54:58	138	1:44:05	
108	811	Hammer, Udo	Team TVE Netphen II	4:39:22	M55	8	131	0:36:33	43	2:14:43	53	2:51:17	162	1:48:05	

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
109	44	Ortjohann, Stefan	Triathlon Team Ratingen	4:39:47	M45	32	171	0:39:28	130	2:26:51	141	3:06:20	59	1:33:27	
110	712	Hansel, Martin	Team TVE Netphen I	4:40:01	M50	8	223	0:44:25	58	2:16:57	111	3:01:22	104	1:38:38	
111	810	Schlechtingen,	Team TVE Netphen II	4:40:01	M50	9	81	0:34:52	142	2:28:57	128	3:03:49	83	1:36:12	
112	139	Pulido Jiménez, Carlos	M Gladbacher TV 1848	4:40:20	M25	12	127	0:36:21	196	2:36:59	180	3:13:20	19	1:27:00	
113	779	Nithammer, Dirk	TRlandertaler	4:40:30	M45	33	80	0:34:51	48	2:15:18	43	2:50:09	175	1:50:21	
114	115	Loup, Ulrich	*Aachen	4:41:33	M35	21	207	0:42:01	147	2:29:30	167	3:11:31	35	1:30:01	
115	1266	Möllenhoff, Klaus	Hildener AT - Triathlon	4:41:37	M30	14	122	0:36:10	158	2:30:48	144	3:06:59	69	1:34:38	
116	35	Daut, Uwe	Ute Mückel Triathlon	4:41:40	M50	10	55	0:33:47	96	2:22:00	83	2:55:47	151	1:45:52	
117	40	Hilden, Dirk	Team Erdinger	4:41:54	M50	11	84	0:34:59	153	2:30:01	134	3:05:01	88	1:36:52	
118	731	Friese, Tobias	PSV Bonn Triathlon I	4:42:07	M35	22	88	0:35:08	152	2:29:53	134	3:05:01	90	1:37:05	
119	739	Thomas, Martin	TSV Bayer 04	4:42:19	M35	23	152	0:38:07	80	2:20:25	95	2:58:32	137	1:43:47	
120	714	Wucherpfeffnick, Sven	Triathlon Team Witten	4:42:21	M40	19	15	0:29:53	100	2:22:17	55	2:52:10	174	1:50:10	
121	749	Zander, Christoph	PSV Bonn Triathlon II	4:42:28	M45	34	72	0:34:37	114	2:25:35	106	3:00:12	126	1:42:16	
122	747	Weißbach, Matthias	Team RSV Osthelden	4:42:46	M50	12	196	0:41:19	125	2:26:36	149	3:07:56	73	1:34:50	
123	806	Hohmann, Axel	Tri Team Selm e.V.	4:42:58	M50	13	78	0:34:46	90	2:21:24	85	2:56:10	157	1:46:47	
124	54	Meulendijks, Marcel	A.T.V. Venray	4:43:16	M45	35	108	0:35:49	137	2:28:20	129	3:04:09	108	1:39:06	
125	59	Michael, Carsten	Tri-Team Dissen	4:43:49	M45	36	101	0:35:35	70	2:18:41	75	2:54:17	173	1:49:31	
126	813	Spieß, Stefan	ASV Köln	4:44:06	M45	37	173	0:39:35*	121	2:26:18	140	3:05:54	96	1:38:11	
127	706	Rave, Rob	SSF Bonn I	4:44:40	M50	14	38	0:32:46	215	2:41:38	189	3:14:25	37	1:30:15	
128	794	Bolz, Thomas	Tri-Team TV Schiefbahn	4:45:04	M45	38	23	0:31:16	155	2:30:10	113	3:01:27	135	1:43:37	
129	90	Klein, Joachim	Step Change	4:45:09	M45	39	65	0:34:02	116	2:25:52	105	2:59:54	145	1:45:14	
130	134	Uteß, Martin	*Wuppertal	4:45:14	M25	13	30	0:32:17	172	2:32:57	136	3:05:15	115	1:39:59	
131	725	Oberhagemann, Armin	SV Gladbeck 13	4:45:33	M45	40	66	0:34:07	134	2:27:17	112	3:01:25	140	1:44:07	
132	798	Loggen, Benedikt	Tri Minators Voerde	4:47:02	M35	24	151	0:38:05	123	2:26:28	131	3:04:34	128	1:42:27	
133	799	von Gerkan, Oliver	Tri Minators Voerde	4:47:36	M45	41	157	0:38:23*	106	2:23:30	117	3:01:54	150	1:45:42	
134	37	Wagner, Thomas	SG Welper Triathlon	4:48:19	M50	15	41	0:33:00	166	2:32:00	133	3:05:01	132	1:43:18	
135	105	Marek, Sebastian	SV 19 Straelen	4:48:27	M35	25	96	0:35:21	124	2:26:28	116	3:01:49	155	1:46:38	
136	132	Kartit, Bilal	*Brühl	4:49:15	M30	15	243	0:47:13	132	2:27:08	187	3:14:22	74	1:34:52	
137	732	Jakobs, Thorsten	PSV Bonn Triathlon I	4:50:11	M40	20	64	0:33:56	149	2:29:43	127	3:03:39	154	1:46:32	
138	772	Arnsberg, Ulrich	W + F Münster	4:50:16	M50	16	235	0:45:58	133	2:27:10	179	3:13:08	91	1:37:07	
139	704	Peter, Detlev	Krefelder Kanu Klub	4:50:30	M50	17	0	0:00:00	0	0:00:00	153	3:08:32	124	1:41:58	
140	144	Scheider, Florian	*Wipperfürth	4:50:37	M25	14	188	0:40:53	122	2:26:24	145	3:07:17	133	1:43:19	
141	56	Schwermer, Dr.	*Niederscherli	4:50:56	M45	42	236	0:46:01*	94	2:21:44	148	3:07:46	129	1:43:10	
142	1242	Stahlmecke, Thomas	Tri Minators Voerde	4:51:24	M45	43	114	0:36:01	128	2:26:49	124	3:02:50	167	1:48:34	
143	1250	Goebels, Thomas	TRC Essen 84 III	4:51:45	M45	44	136	0:36:53	163	2:31:36	152	3:08:29	131	1:43:15	
144	68	Cerfontaine, Bernd	TV Aldekerk	4:51:51	M45	45	97	0:35:22	159	2:31:10	142	3:06:32	147	1:45:18	
145	736	Hölscher, Matthias	PV Triathlon Witten	4:52:06	M45	46	211	0:42:21	61	2:17:21	103	2:59:42	185	1:52:24	
146	76	Scholz, Christopher	*Gelsenkirchen	4:52:38	M45	47	184	0:40:46	108	2:23:49	132	3:04:35	161	1:48:02	
147	18	Fache, Michael	Tri Speed Herscheid	4:52:40	M55	9	161	0:38:35	148	2:29:31	150	3:08:06	142	1:44:33	
148	795	Fiedler, Dirk	Tri-Team TV Schiefbahn	4:52:51	M45	48	43	0:33:11	79	2:20:16	64	2:53:27	217	1:59:24	
149	786	Theisen, Volker	SV Bayer 08 Uerdingen	4:52:55	M50	18	169	0:39:03	164	2:31:37	163	3:10:40	125	1:42:14	
150	734	Haag, Stephan	PV Triathlon Witten	4:54:00	M40	21	100	0:35:30	156	2:30:22	139	3:05:53	164	1:48:06	
151	1247	Klippel, Lutz	Union Blau-Weiß	4:54:40	M45	49	186	0:40:47	143	2:29:00	157	3:09:47	143	1:44:52	
152	29	Moran, Salvador	TEA	4:54:43	M50	19	224	0:44:27	126	2:26:37	165	3:11:04	136	1:43:38	
153	756	Hackenbroich, Guido	Bayer 05 Uerdingen	4:55:41	M50	20	153	0:38:09	165	2:31:55	161	3:10:04	149	1:45:36	
154	1246	Müller, Michael	Union Blau-Weiß	4:56:06	M40	22	98	0:35:22	184	2:34:24	156	3:09:47	152	1:46:19	
155	777	Bennemann, Rolf	TRlandertaler	4:56:20	M45	50	48	0:33:33	86	2:21:01	77	2:54:35	222	2:01:45	
156	118	Wirsching, Manuel	Freie Schwimmer	4:56:53	M35	26	208	0:42:09	168	2:32:18	190	3:14:27	127	1:42:26	
157	1259	Valk, Oliver	SC Bayer 05 Uerdingen	4:56:58	M45	51	54	0:33:45	119	2:25:58	104	2:59:44	207	1:57:14	
158	754	Stoppelkamp, Paul	Bayer 05 Uerdingen	4:57:06	M55	10	74	0:34:41	197	2:37:08	170	3:11:49	146	1:45:17	
159	775	Klein-Bösing, Carsten	Tri Duck Dorsten	4:57:22	M35	27	58	0:33:50	139	2:28:41	120	3:02:31	197	1:54:50	
160	808	Berka, Thorsten	Tri Team Selm e.V.	4:57:23	M45	52	178	0:40:06	179	2:33:51	185	3:13:57	134	1:43:26	
161	1272	Kriegel, René	Nordtriathleten	4:57:24	M25	15	229	0:45:13	195	2:36:57	214	3:22:10	75	1:35:13	
162	62	De Brün, Jörg	*Wermelskirchen	4:57:33	M45	53	214	0:43:31	180	2:34:00	201	3:17:31	116	1:40:01	

34. Hückeswagen Triathlon am 20. August 2016

Ergebnisliste

Mitteltriathlon 2000m - 70km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
163	1248	Spanel, Andreas	Union Blau-Weiß	4:58:14	M30	16	82	0:34:53	138	2:28:26	126	3:03:20	198	1:54:54	
164	74	Dinnendahl, Andreas	DLRG Duisburg e. V.	4:58:37	M45	54	185	0:40:46	144	2:29:02	158	3:09:49	171	1:48:48	
165	11	Bittermann,	Tri Club Wuppertal	4:58:41	M55	11	204	0:41:56	141	2:28:55	164	3:10:52	160	1:47:49	
166	43	Hoffmann, Rainer	Triathlon Team	4:59:37	M50	21	209	0:42:13	206	2:38:51	211	3:21:05	103	1:38:32	
167	750	Ahrens, Christian	PSV Bonn Triathlon II	4:59:46	M40	23	222	0:44:19	140	2:28:42	176	3:13:01	156	1:46:44	
168	805	Kuhn, Andreas	Tri Team Selm e.V.	5:00:03	M35	28	170	0:39:26	178	2:33:42	178	3:13:08	158	1:46:55	
169	1204	Rzyla, Adrian	Bocholter WSV II	5:00:09	M40	24	231	0:45:33	117	2:25:54	166	3:11:27	169	1:48:41	
170	1268	Kammerinke, Matthias	Hildener AT - Triathlon II	5:00:17	M40	25	134	0:36:44	118	2:25:57	121	3:02:42	212	1:57:35	
171	67	Block, Martin	TriForce Vital Remscheid	5:00:18	M45	55	172	0:39:32	209	2:39:01	205	3:18:34	123	1:41:43	
172	55	Fender, Holger	*Oberägeri	5:00:18	M45	56	233	0:45:49	183	2:34:12	209	3:20:02	118	1:40:15	
173	83	Ariaans, Markus	SV19 Straelen	5:00:51	M40	26	165	0:38:40	177	2:33:31	171	3:12:12	168	1:48:38	
174	1240	Schwiers, Olaf	Dülkener SV 06	5:01:03	M45	57	174	0:39:38	214	2:41:36	212	3:21:14	114	1:39:48	
175	27	Berfeld, Juergen	VFL Engelskirchen	5:01:07	M50	22	160	0:38:31	162	2:31:25	159	3:09:57	179	1:51:09	
176	738	Windelschmidt,	TSV Bayer 04	5:01:28	M45	58	168	0:38:54	157	2:30:36	155	3:09:30	183	1:51:57	
177	12	Wilner, Willi	SC Union 08	5:01:55	M55	12	102	0:35:36	171	2:32:42	151	3:08:19	191	1:53:36	
178	3	Steckel, Manfred	TriathlonSteckelCologne	5:02:35	M60	1	128	0:36:21	161	2:31:17	147	3:07:38	199	1:54:56	
179	63	Weber, Carsten	*Bochum	5:02:43	M45	59	89	0:35:10	182	2:34:11	154	3:09:22	189	1:53:21	
180	14	Scholz, Klaus B.	SC Gelsenkirchen 04	5:03:11	M55	13	201	0:41:33	154	2:30:05	169	3:11:39	181	1:51:32	
181	740	Körner, Sven	TSV Bayer 04	5:03:45	M40	27	87	0:35:03	136	2:28:16	125	3:03:19	220	2:00:25	
182	787	Sobeck, Swen	SV Bayer 08 Uerdingen	5:03:50	M45	60	210	0:42:14	176	2:33:29	194	3:15:44	163	1:48:06	
183	1249	Lemmel, Peter	TRC Essen 84 III	5:04:04	M50	23	104	0:35:41	200	2:37:44	183	3:13:26	176	1:50:38	
184	730	Grüne, Ansgar	PSV Bonn Triathlon I	5:04:14	M40	28	109	0:35:55	199	2:37:28	181	3:13:23	178	1:50:51	
185	4	Rensing, Eugen	DJK Coesfeld	5:04:33	M60	2	142	0:37:20	190	2:35:41	177	3:13:02	180	1:51:30	
186	1270	Hofmann, Jens	Nordtriathleten	5:05:00	M30	17	181	0:40:19	226	2:47:22	223	3:27:41	93	1:37:18	
187	103	Fütterer, Jürgen	SV Marienstein	5:05:10	M35	29	155	0:38:13	0	0:00:00	0	0:00:00	0	0:00:00	
188	782	Scharf, Martin	TVE Greven	5:05:12	M45	61	145	0:37:35	191	2:35:50	182	3:13:25	182	1:51:46	
189	151	Bily, Alexander	*	5:05:37	M45	62	180	0:40:18	169	2:32:34	175	3:12:53	187	1:52:44	
190	22	Rausch, Karl-Heinz	SSF Bonn Triathlon	5:05:43	M50	24	143	0:37:22	145	2:29:21	143	3:06:43	215	1:58:59	
191	781	von Hagen, Uli	TVE Greven	5:05:54	M50	25	94	0:35:18	193	2:36:13	168	3:11:32	195	1:54:22	
192	50	Helbing, Klaus	DIMB	5:06:04	M45	63	193	0:41:15	160	2:31:13	173	3:12:29	190	1:53:35	
193	1257	Schmitz, Jörg	SC Bayer 05 Uerdingen	5:06:34	M50	26	77	0:34:45	207	2:38:52	184	3:13:37	188	1:52:57	
194	72	Buch, Christian	HSC Hofheim	5:06:40	M45	64	163	0:38:39	208	2:38:55	202	3:17:34	172	1:49:05	
195	774	Kick, Frank	Tri Duck Dorsten	5:06:45	M50	27	69	0:34:26	110	2:24:18	97	2:58:44	238	2:08:01	
196	78	Brüning, Robert	TriTeam Radevormwald	5:07:44	M40	29	187	0:40:50	146	2:29:22	162	3:10:13	211	1:57:31	
197	802	Abhauer, Michael	SC Westfalia 04 Herne	5:07:47	M50	28	162	0:38:38	212	2:40:56	208	3:19:35	165	1:48:12	
198	722	Peikert, Alexander	SV Bergisch Gladbach	5:07:56	M60	3	228	0:45:02	205	2:38:47	217	3:23:49	139	1:44:06	
199	783	Schipmann, Reiner	TVE Greven	5:09:39	M55	14	62	0:33:55	211	2:40:44	191	3:14:39	200	1:54:59	
200	110	Mahmens, Timo	triathlonsteckelcologne	5:09:49	M35	30	220	0:44:03	175	2:33:21	200	3:17:24	186	1:52:24	
201	1	Derks, Josef	TV Goch	5:10:06	M65	1	240	0:46:35	185	2:34:57	213	3:21:33	166	1:48:33	
202	1271	Wieschemann, Frank	Nordtriathleten	5:11:28	M50	29	150	0:38:02	202	2:38:16	196	3:16:18	201	1:55:09	
203	1256	Meier, Olaf	Herner Triathlon Team	5:11:51	M45	65	156	0:38:13	194	2:36:52	192	3:15:05	206	1:56:45	
204	767	Meier, Michael	SV Blau-Weiß Bochum	5:12:07	M40	30	146	0:37:49	203	2:38:21	195	3:16:10	205	1:55:57	
205	726	Fließ, Jörg	SV Gladbeck 13	5:13:01	M40	31	116	0:36:02	216	2:42:13	204	3:18:15	196	1:54:46	
206	60	Zindler, Markus	*Düsseldorf	5:13:56	M45	66	219	0:43:59	181	2:34:02	203	3:18:01	204	1:55:54	
207	88	Stiel, Rolf	LC Olympia Wiesbaden	5:14:22	M40	32	12	0:29:45	225	2:47:09	199	3:16:54	210	1:57:27	
208	752	Kost, Daniel	PSV Bonn Triathlon II	5:14:36	M35	31	177	0:40:01	170	2:32:40	174	3:12:41	223	2:01:54	
209	771	Kuhlmann, Ralf	W + F Münster	5:14:48	M50	30	227	0:44:45	167	2:32:00	198	3:16:46	214	1:58:02	
210	780	Henning, Thomas	TRlandertaler	5:15:00	M50	31	33	0:32:31	187	2:35:01	146	3:07:33	237	2:07:27	
211	45	Deußen, Peter	Freie Schwimmer	5:16:15	M45	67	232	0:45:37	204	2:38:33	218	3:24:11	184	1:52:04	
212	41	Plitt, Carsten	ASV Duisburg	5:16:30	M50	32	217	0:43:44	223	2:46:21	228	3:30:06	153	1:46:24	
213	32	Graf, Michael	TriForce Vital Remscheid	5:16:46	M50	33	138	0:36:56	188	2:35:16	172	3:12:12	230	2:04:33	
214	9	Zoch, Roger	SG Welper Triathlon	5:17:37	M55	15	179	0:40:07	218	2:43:16	215	3:23:23	193	1:54:13	
215	803	Lohsträter, Dirk	SC Westfalia 04 Herne	5:18:43	M45	68	139	0:36:59	198	2:37:17	186	3:14:16	229	2:04:26	
216	719	von der Thüsen, Marco	SSF Bonn II	5:19:17	M45	69	182	0:40:35	186	2:35:00	193	3:15:35	227	2:03:41	

34. Hückeswagen Triathlon am 20. August 2016

Ergebnisliste

Mitteltriathlon 2000m - 70km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
217	36	Prause, Stefan	DWV	5:19:40	M50	34	199	0:41:25	217	2:42:46	219	3:24:12	203	1:55:28	
218	8	Deppe, Matthias	Tri Club Wuppertal	5:20:09	M55	16	125	0:36:20	210	2:40:23	197	3:16:43	226	2:03:26	
219	788	Pohl, Andreas	SV Bayer 08 Uerdingen	5:20:10	M50	35	198	0:41:21	201	2:38:04	206	3:19:26	221	2:00:44	
220	25	Eckstein, Roland	Feuerhasen.de	5:21:12	M50	36	159	0:38:30	192	2:35:54	188	3:14:24	236	2:06:47	
221	1244	Kyewski, Niels	Tri Minators Voerde	5:21:49	M45	70	85	0:35:01	231	2:49:22	221	3:24:24	209	1:57:24	
222	751	Seckler, Bernd	PSV Bonn Triathlon II	5:22:55	M55	17	226	0:44:33	220	2:44:10	226	3:28:43	192	1:54:11	
223	33	Vobis, Andreas	TG Neuss	5:23:42	M50	37	249	0:50:26	221	2:45:42	236	3:36:09	159	1:47:33	
224	1264	Domininghaus, Daniel	Iserlohner Triathlon	5:25:44	M30	18	221	0:44:13	189	2:35:20	207	3:19:33	233	2:06:10	
225	145	Mainusch, Martin	*Bochum	5:26:05	M25	16	194	0:41:16	238	2:54:08	234	3:35:25	177	1:50:40	
226	93	Steup, Sven	TRI GROUP Bergisch	5:27:23	M40	33	197	0:41:20	224	2:46:34	224	3:27:54	218	1:59:28	
227	92	Scherberich, Patrick	Fortuna Düsseldorf	5:27:59	M40	34	225	0:44:27	230	2:49:13	233	3:33:41	194	1:54:18	
228	79	Abendroth, Sascha	SV 19 Straelen	5:28:25	M40	35	247	0:48:57	219	2:44:08	232	3:33:06	202	1:55:19	
229	23	Steins, Christian	TRC Essen 84	5:28:39	M50	38	248	0:49:46	233	2:50:07	239	3:39:53	170	1:48:46	
230	10	Lange, Peter	SV 13 Gladbeck	5:28:54	M55	18	200	0:41:29	227	2:48:16	227	3:29:46	216	1:59:08	
231	101	Ketzscher, David	TRI GROUP Bergisch	5:32:23	M35	32	239	0:46:35*	222	2:46:18	231	3:32:53	219	1:59:29	
232	807	Sedey, Uwe	Tri Team Selm e.V.	5:33:51	M50	39	90	0:35:13	229	2:49:07	220	3:24:20	239	2:09:30	
233	17	Meier, Wolfgang	TVDÄ Hanau	5:34:07	M55	19	245	0:47:46	173	2:33:10	210	3:20:57	244	2:13:10	
234	7	Gudat, Klaus	*Koln	5:34:17	M55	20	164	0:38:39	236	2:52:47	229	3:31:27	225	2:02:50	
235	770	Kuberka, Alexander	W + F Münster	5:34:23	M40	36	242	0:47:04	213	2:41:27	225	3:28:31	232	2:05:51	
236	778	Stolte, Wolfgang	TRlandertaler	5:36:27	M55	21	203	0:41:54	242	2:56:32	237	3:38:26	213	1:58:00	
237	796	Bonacker, Markus	Tri-Team TV Schiefbahn	5:41:55	M40	37	60	0:33:52	232	2:49:39	216	3:23:32	247	2:18:22	
238	95	Kaufmann, Maik	sportlerhelfen	5:43:12	M40	38	252	0:53:44*	174	2:33:18	222	3:27:03	246	2:16:08	
239	727	Priebel, Siegfried	SV Gladbeck 13	5:43:55	M55	22	195	0:41:17	234	2:50:11	230	3:31:29	243	2:12:25	
240	13	Winkler, Gotthard	RTC Frechen 80	5:44:15	M70	1	234	0:45:56	237	2:52:50	238	3:38:46	231	2:05:28	
241	91	Königs, Jan	Tri- Team TV Schiefbahn	5:45:19	M40	39	230	0:45:14	235	2:50:24	235	3:35:38	240	2:09:41	
242	765	Webers, Thomas	SV Blau-Weiß Bochum	5:46:55	M50	40	251	0:53:29	241	2:56:09	248	3:49:39	208	1:57:15	
243	5	Logemann, Martin	Lenneper Turngemeinde	5:47:23	M60	4	205	0:41:56	245	3:02:57	244	3:44:53	224	2:02:29	
244	2	Siegel, Dr. Jörg	Siegel Triathlon Team	5:48:56	M60	5	250	0:53:07	228	2:49:05	243	3:42:13	235	2:06:42	
245	24	Mischke, Harald	*Weilerswist	5:49:33	M50	41	246	0:47:55	243	2:57:47	246	3:45:43	228	2:03:50	
246	748	Bordihn, Reiner	Team RSV Osthelden	5:52:00	M55	23	237	0:46:21	239	2:54:24	240	3:40:46	241	2:11:14	
247	75	Förster, Frank	Tri Schlumpf Team	5:57:38	M45	71	215	0:43:36	247	3:07:25	249	3:51:01	234	2:06:36	
248	150	Kapitza, Amadeus	*Nürnberg	6:00:38	M20	1	213	0:43:30	244	2:58:22	242	3:41:52	248	2:18:45	
249	728	Schramm, Jürgen	SV Gladbeck 13	6:04:36	M60	6	241	0:46:49	240	2:54:33	241	3:41:23	250	2:23:13	
250	135	Siegel, Florian	Siegel Triathlon Team	6:07:38	M25	17	218	0:43:45	246	3:03:42	247	3:47:27	249	2:20:10	
251	812	Müller, Wolfgang	Team TVE Netphen II	6:08:00	M60	7	244	0:47:28	248	3:08:57	250	3:56:25	242	2:11:34	
252	126	Kern, Dr. Alexander	Freie Schwimmer	6:12:21	M30	19	238	0:46:29	250	3:11:36	251	3:58:05	245	2:14:16	
253	39	Abmeyer, Wilhelm	Lenneper	6:21:36	M50	42	112	0:35:57	249	3:09:38	245	3:45:36	251	2:36:00	

nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	84	Hempfling, Sebastian	TSV Bayer 04	0:00:00	M40	-	255	0:38:16	252	2:46:17	253	3:24:33	0	0:00:00	
0	70	Stammen, Markus	Tri Team Ettlingen	0:00:00	M45	-	258	0:40:51	0	0:00:00	0	0:00:00	0	0:00:00	
0	66	Von Borstel, Gregor	Alternative	0:00:00	M45	-	260	0:41:34	0	0:00:00	0	0:00:00	0	0:00:00	
0	713	Bierey, Dietmar	Triathlon Team Witten	0:00:00	M50	-	257	0:33:35	0	0:00:00	0	0:00:00	0	0:00:00	
0	784	Hildmann, Marko	TVE Greven	0:00:00	M55	-	253	0:35:10	253	2:55:35	254	3:30:45	0	0:00:00	
0	785	Hinte, Franz	SV Bayer 08 Uerdingen	0:00:00	M55	-	254	0:35:16	251	2:18:07	252	2:53:24	0	0:00:00	
0	801	Neuwirth, Frank	SC Westfalia 04 Herne	0:00:00	M50	-	259	0:41:19	0	0:00:00	0	0:00:00	0	0:00:00	
0	804	Kropp, Christian	SC Westfalia 04 Herne	0:00:00	M50	-	261	0:46:45	0	0:00:00	0	0:00:00	0	0:00:00	
0	1203	Himpler, Ralf	Bocholter WSV II	0:00:00	M50	-	256	0:39:22	254	3:02:44	255	3:42:07	0	0:00:00	

34. Hückeswagen Triathlon am 20. August 2016

Ergebnisliste

Mitteltriathlon 2000m - 70km - 21km

Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	141	Scheffler, Franziska	Hildener AT Triathlon	4:19:03	W25	1	2	0:31:36	1	2:20:52	1	2:52:29	2	1:26:33	
2	121	Westermann, Rike	Krefelder Kanu Klub	4:23:21	W30	1	11	0:35:59	2	2:21:20	2	2:57:20	1	1:26:01	
3	124	Honke, Nora	DLC Aachen	4:29:00	W30	2	3	0:31:41	4	2:26:01	3	2:57:42	5	1:31:17	
4	824	Rösler, Vanessa	PV Triathlon Witten F	4:29:48	W35	1	8	0:34:55	5	2:26:40	5	3:01:35	3	1:28:13	
5	841	Krallmann-Brüll, Petra	ASV Duisburg F	4:41:33	W45	1	4	0:32:42	6	2:28:42	4	3:01:25	7	1:40:08	
6	117	Schillings, Stefanie	TRC Essen 84	4:48:07	W35	2	12	0:36:00	8	2:30:04	6	3:06:04	11	1:42:02	
7	96	Schneider, Silke	SSF Bonn	4:48:33	W40	1	36	0:43:39	11	2:34:11	15	3:17:50	4	1:30:42	
8	137	Caspers, Rebecca	DLC Aachen	4:52:30	W25	2	1	0:29:36	15	2:36:28	7	3:06:04	18	1:46:25	
9	773	Börmann, Jutta	Tri Duck Dorsten	4:54:44	W45	2	42	0:46:57	3	2:25:53	9	3:12:51	10	1:41:53	
10	47	Nachtwey, Claudia	Tri-Team Selm	5:01:08	W45	3	17	0:38:46	25	2:45:30	26	3:24:16	6	1:36:51	
11	832	Speidel, Maresa	SSF Bonn F	5:01:28	W35	3	18	0:38:55	7	2:29:32	8	3:08:28	31	1:53:00	
12	836	Grüger, Claudia	W + F Münster F	5:01:41	W50	1	26	0:41:18	17	2:38:01	18	3:19:19	12	1:42:21	
13	99	Kontio, Anja	ASV Köln Triathlon	5:04:23	W35	4	24	0:40:48	16	2:37:05	16	3:17:54	19	1:46:28	
14	107	Kontio, Carina	ASV Köln Triathlon	5:05:38	W35	5	37	0:44:00	14	2:36:17	20	3:20:17	17	1:45:20	
15	833	Close, Manuela	Tri Club Wuppertal F	5:06:03	W50	2	6	0:32:55	27	2:45:38	17	3:18:34	20	1:47:29	
16	34	Ketzer, Ina	*Iserlohn	5:06:10	W50	3	40	0:44:35	9	2:32:58	14	3:17:34	24	1:48:36	
17	130	Bennek, Eveline	DLC Aachen	5:07:43	W30	3	20	0:39:38	10	2:33:56	10	3:13:35	33	1:54:08	
18	65	Van Amstel, Marlies	*Dronten	5:08:45	W45	4	5	0:32:55	19	2:40:41	11	3:13:36	36	1:55:08	
19	64	Sachs, Sandra	SV Hellas Siegburg	5:09:53	W45	5	38	0:44:19	23	2:43:55	30	3:28:14	9	1:41:38	
20	828	Böde, Eva-Maria	Triathlon Team TG	5:11:04	W40	2	15	0:38:30	13	2:36:15	12	3:14:45	37	1:56:19	
21	839	Branz, Stefanie	ASV Duisburg F	5:11:45	W45	6	27	0:41:24	21	2:41:44	23	3:23:09	26	1:48:36	
22	148	Reitz, Laura	DLC Aachen	5:12:04	W25	3	32	0:42:15	28	2:46:17	31	3:28:32	14	1:43:31	
23	821	Goris, Rhoda	Krefelder Kanu Klub F	5:13:26	W45	7	7	0:34:05	31	2:47:14	21	3:21:20	27	1:52:06	
24	837	Stüllein, Bettina	W + F Münster F	5:15:03	W40	3	33	0:43:13	12	2:34:16	13	3:17:30	38	1:57:32	
25	85	Müller, Melanie	Union Biesfeld Triathlon	5:15:11	W40	4	21	0:39:54	20	2:41:28	22	3:21:22	32	1:53:48	
26	108	Arndt, Tine	*Dortmund	5:16:12	W35	6	31	0:42:09	37	2:53:18	37	3:35:27	8	1:40:44	
27	822	Janßen, Heike	Krefelder Kanu Klub F	5:16:54	W45	8	23	0:40:09	22	2:43:47	25	3:23:56	30	1:52:58	
28	830	Krug-Ochmann, Julia	SSF Bonn F	5:18:15	W35	7	13	0:36:02	30	2:47:08	24	3:23:11	35	1:55:04	
29	840	Gaspercic, Martina	ASV Duisburg F	5:20:13	W50	4	19	0:39:07	43	2:57:54	40	3:37:02	13	1:43:11	
30	829	Roik, Christiane	Triathlon Team TG	5:20:25	W50	5	28	0:41:28	29	2:46:19	29	3:27:47	29	1:52:37	
31	73	Kaiser, Dörte	Team-Perpeet-Essen 99	5:21:30	W45	9	43	0:47:30	18	2:39:42	28	3:27:13	34	1:54:17	
32	19	Spicker, Ute	Team-Perpeet-Essen 99	5:22:19	W55	1	35	0:43:36	34	2:50:13	35	3:33:49	23	1:48:29	
33	800	Dincklage, Melanie	Tri Minators Voerde	5:23:45	W40	5	22	0:40:08	40	2:55:32	38	3:35:41	22	1:48:03	
34	834	Kuhn-Ellenrieder,	Tri Club Wuppertal F	5:23:49	W50	6	41	0:46:02	33	2:49:11	36	3:35:13	25	1:48:36	
35	149	Lange, Talitha	OTV Endurance Team	5:25:32	W25	4	44	0:48:46	36	2:52:03	42	3:40:50	16	1:44:42	
36	82	Alards, Petra	*Melderslo	5:30:16	W40	6	29	0:41:39	45	3:04:28	45	3:46:07	15	1:44:08	
37	737	Harth, Sabine	TSV Bayer 04	5:31:18	W35	8	45	0:49:29	38	2:53:48	43	3:43:17	21	1:48:00	
38	826	Wilner, Anne	PV Triathlon Witten F	5:34:16	W50	7	14	0:36:05	24	2:44:08	19	3:20:13	41	2:14:02	
39	838	Schürmann, Monika	W + F Münster F	5:35:19	W50	8	25	0:41:18	26	2:45:37	27	3:26:56	40	2:08:22	
40	825	Wienforth, Silke	PV Triathlon Witten F	5:41:00	W45	10	16	0:38:30	42	2:57:13	39	3:35:44	39	2:05:15	
41	21	Albers, Monika	*Mechernich	5:41:04	W50	9	34	0:43:26	46	3:05:09	46	3:48:35	28	1:52:28	
42	77	Dietz, Alexandra	TSV Hochdahl	5:49:51	W40	7	9	0:35:01	39	2:54:10	32	3:29:11	43	2:20:40	
43	119	Bonus, Kathrin	*Steinhagen	5:54:08	W35	9	10	0:35:29	41	2:56:01	33	3:31:31	45	2:22:37	
44	835	Lattau, Sabine	Tri Club Wuppertal F	5:55:18	W50	10	30	0:41:59	35	2:51:36	34	3:33:36	44	2:21:41	
45	129	Von Rahden, Steffi	*Offenbach	5:57:49	W30	4	47	0:52:51	32	2:47:47	41	3:40:38	42	2:17:11	
46	58	Schimmel, Maike	TS 1879 Bergisch	6:10:52	W45	11	39	0:44:25	44	2:59:45	44	3:44:11	46	2:26:40	
47	140	Deutzmann, Katharina	Southern Oregon Runners	6:46:04	W25	5	46	0:50:27	47	3:17:45	47	4:08:13	47	2:37:50	