

Gladbeck ELE Triathlon am 29. Mai 2016

Ergebnisliste

Kurz-Distanz 1000m - 38.5km - 10km

Männer

Altersklasse M30 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------------|---------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 126 | Lensing Martin | DJK Coesfeld | 1:51:07 | M30 | 1 | 3 | 0:14:34 | 3 | 1:00:26 | 2 | 1:15:00 | 3 | 0:36:07 | |
| 2 | 136 | Greuer Christoph | DLC Aachen | 1:53:30 | M30 | 3 | 4 | 0:14:46 | 1 | 1:00:06 | 1 | 1:14:53 | 12 | 0:38:37 | |
| 3 | 56 | Kreutzenbeck Christo | SG Welper Triathlon | 1:56:38 | M30 | 6 | 1 | 0:13:51 | 15 | 1:04:15 | 4 | 1:18:06 | 11 | 0:38:31 | |
| 4 | 54 | Hommen Nils | Triathlon Mülheim | 2:08:21 | M30 | 22 | 41 | 0:19:36 | 23 | 1:07:39 | 27 | 1:27:15 | 22 | 0:41:05 | |
| 5 | 29 | Stobbe Markus | *Essen | 2:34:53 | M30 | 73 | 73 | 0:23:50 | 81 | 1:23:47 | 82 | 1:47:38 | 53 | 0:47:14 | |

Altersklasse M35 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|--------------------|----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 58 | Marek Sebastian | SV 19 Straelen | 2:08:00 | M35 | 20 | 13 | 0:16:55 | 27 | 1:08:00 | 18 | 1:24:56 | 30 | 0:43:04 | |
| 2 | 96 | Mayntzhusen Moritz | Seidenraupen Krefeld | 2:08:05 | M35 | 21 | 20 | 0:17:56 | 26 | 1:08:00 | 20 | 1:25:56 | 24 | 0:42:09 | |
| 3 | 87 | Land Matthias | LAZ Puma Rhein-Si | 2:10:08 | M35 | 26 | 31 | 0:18:49 | 61 | 1:14:20 | 50 | 1:33:09 | 5 | 0:36:59 | |
| 4 | 74 | Merkel Eiken | MACH3 Köln e.V. | 2:13:54 | M35 | 37 | 80 | 0:25:06 | 30 | 1:08:38 | 53 | 1:33:45 | 17 | 0:40:09 | |
| 5 | 91 | Borchers Jens | *Bottrop | 2:15:30 | M35 | 40 | 55 | 0:21:20 | 38 | 1:10:21 | 46 | 1:31:41 | 36 | 0:43:48 | |
| 6 | 97 | Neugebauer Tim | AC Mila | 2:16:02 | M35 | 41 | 27 | 0:18:31 | 57 | 1:13:55 | 47 | 1:32:27 | 34 | 0:43:34 | |
| 7 | 127 | Neugebauer Jens | ASV Duisburg | 2:18:46 | M35 | 47 | 16 | 0:17:44 | 51 | 1:12:35 | 40 | 1:30:19 | 57 | 0:48:27 | |
| 8 | 129 | Stötzel Jan | *Bottrop | 2:21:09 | M35 | 53 | 46 | 0:20:13 | 62 | 1:14:50 | 55 | 1:35:04 | 48 | 0:46:05 | |
| 9 | 45 | Pyka Martin | OTV Endurance Team | 2:37:13 | M35 | 77 | 77 | 0:24:23 | 54 | 1:13:25 | 63 | 1:37:48 | 81 | 0:59:25 | |

Altersklasse M40 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------------|-----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 172 | Holzmann Frank | *Herscheid | 1:57:51 | M40 | 7 | 11 | 0:16:42 | 19 | 1:05:12 | 16 | 1:21:55 | 2 | 0:35:56 | |
| 2 | 94 | Kölven Ludger | Team Erdinger Alkoh | 1:59:41 | M40 | 12 | 21 | 0:18:03 | 8 | 1:03:35 | 15 | 1:21:38 | 7 | 0:38:02 | |
| 3 | 104 | Hauck Michael | NSU Triathlon | 2:00:57 | M40 | 13 | 8 | 0:16:22 | 9 | 1:03:38 | 11 | 1:20:00 | 21 | 0:40:56 | |
| 4 | 668 | Gniffke Michael | SC Westfalia 04 Her | 2:02:33 | M40 | 16 | 23 | 0:18:19 | 14 | 1:04:02 | 17 | 1:22:22 | 18 | 0:40:11 | |
| 5 | 55 | Knebel Christoph | SV 19 Straelen | 2:08:44 | M40 | 23 | 51 | 0:20:36 | 21 | 1:06:28 | 25 | 1:27:05 | 23 | 0:41:39 | |
| 6 | 101 | De Riemaeker Thierry | *ROOSBEEK | 2:12:27 | M40 | 33 | 65 | 0:22:23 | 13 | 1:04:02 | 22 | 1:26:25 | 47 | 0:46:01 | |
| 7 | 113 | Kodjavan Patrick | Nordtriathleten | 2:12:58 | M40 | 34 | 49 | 0:20:27 | 32 | 1:09:11 | 35 | 1:29:38 | 32 | 0:43:20 | |
| 8 | 34 | Kuppe Alexander | Triathlon Team Rating | 2:15:26 | M40 | 39 | 36 | 0:19:10 | 40 | 1:10:49 | 37 | 1:29:59 | 42 | 0:45:26 | |
| 9 | 124 | Georges Tino | ASV Duisburg | 2:17:59 | M40 | 43 | 42 | 0:19:40 | 39 | 1:10:31 | 38 | 1:30:11 | 55 | 0:47:48 | |
| 10 | 79 | Schierbaum Matthias | MiriMats | 2:18:34 | M40 | 46 | 66 | 0:22:43 | 44 | 1:11:15 | 54 | 1:33:58 | 39 | 0:44:35 | |
| 11 | 44 | Klüver Christian | TEAM ERDINGER A | 2:20:28 | M40 | 51 | 57 | 0:21:21 | 49 | 1:12:04 | 52 | 1:33:26 | 52 | 0:47:02 | |
| 12 | 52 | Gaida Norbert | SV Gladbeck 13 | 2:24:55 | M40 | 59 | 60 | 0:21:32 | 70 | 1:17:44 | 70 | 1:39:17 | 44 | 0:45:38 | |
| 13 | 32 | Jakubzik Marc | Team Erdinger Alkoh | 2:27:32 | M40 | 63 | 78 | 0:24:36 | 60 | 1:14:13 | 68 | 1:38:50 | 58 | 0:48:42 | |
| 14 | 117 | Vittinghoff Mario | *Dorsten | 2:39:49 | M40 | 79 | 81 | 0:25:14 | 66 | 1:17:04 | 73 | 1:42:19 | 79 | 0:57:30 | |
| 15 | 27 | Pruksch Michael | Team Erdinger Alkoh | 2:40:12 | M40 | 80 | 34 | 0:19:00 | 68 | 1:17:14 | 60 | 1:36:15 | 85 | 1:03:57 | |

Gladbeck ELE Triathlon am 29. Mai 2016

Ergebnisliste

Kurz-Distanz 1000m - 38.5km - 10km

Männer

Altersklasse M45 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|---------------------|-----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 125 | Kempf Achim | ASV Köln Triathlon | 2:01:22 | M45 | 15 | 2 | 0:14:32 | 16 | 1:04:21 | 7 | 1:18:53 | 25 | 0:42:28 | |
| 2 | 37 | Scholz Christopher | *Gelsenkirchen | 2:07:36 | M45 | 19 | 52 | 0:21:04 | 11 | 1:03:56 | 19 | 1:25:01 | 29 | 0:42:35 | |
| 3 | 115 | Schmidt Lars | Hildener AT Triathlon | 2:09:18 | M45 | 24 | 45 | 0:20:13 | 29 | 1:08:31 | 31 | 1:28:44 | 19 | 0:40:34 | |
| 4 | 121 | Born-Benstein Thoma | *Essen | 2:11:01 | M45 | 29 | 37 | 0:19:16 | 42 | 1:10:56 | 39 | 1:30:12 | 20 | 0:40:49 | |
| 5 | 41 | Althoff Markus | OTV Endurance Team | 2:12:05 | M45 | 32 | 35 | 0:19:02 | 33 | 1:09:34 | 30 | 1:28:37 | 33 | 0:43:28 | |
| 6 | 114 | Niegemann Jürgen | NiggiSports | 2:19:39 | M45 | 49 | 22 | 0:18:15 | 47 | 1:11:40 | 36 | 1:29:55 | 64 | 0:49:43 | |
| 7 | 51 | Behr Carsten | TRC Essen 84 | 2:23:00 | M45 | 57 | 38 | 0:19:21 | 55 | 1:13:31 | 49 | 1:32:53 | 67 | 0:50:07 | |
| 8 | 38 | Terörde Lars | Tri Team Ratingen | 2:23:39 | M45 | 58 | 33 | 0:18:57 | 37 | 1:10:21 | 33 | 1:29:18 | 76 | 0:54:21 | |
| 9 | 73 | Menn Martin | Ultra Team Cronenber | 2:26:09 | M45 | 62 | 39 | 0:19:28 | 74 | 1:18:56 | 66 | 1:38:25 | 54 | 0:47:44 | |
| 10 | 26 | Nowak Carsten | Weseler TV Triathlon | 2:31:24 | M45 | 69 | 64 | 0:22:09 | 78 | 1:20:48 | 75 | 1:42:58 | 56 | 0:48:25 | |
| 11 | 30 | Thymian Thomas | Waltroper LC 06 | 2:40:38 | M45 | 81 | 70 | 0:23:32 | 82 | 1:24:04 | 81 | 1:47:37 | 72 | 0:53:01 | |
| 12 | 133 | Cilic Sead | *Eindhoven | 2:51:12 | M45 | 83 | 71 | 0:23:34 | 80 | 1:23:13 | 80 | 1:46:48 | 86 | 1:04:24 | |

Altersklasse M50 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|---------------------|---------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 81 | Bierey Dietmar | Triathlon TEAM TG W | 1:55:01 | M50 | 4 | 17 | 0:17:44 | 4 | 1:00:29 | 6 | 1:18:14 | 4 | 0:36:47 | |
| 2 | 108 | Röpstorf Uwe | SC Bayer 05 Uerding | 1:56:07 | M50 | 5 | 14 | 0:17:11 | 5 | 1:00:57 | 5 | 1:18:08 | 6 | 0:37:58 | |
| 3 | 57 | Kriege Markus | TRC Essen 84 | 1:58:02 | M50 | 8 | 5 | 0:14:54 | 18 | 1:05:01 | 10 | 1:19:55 | 8 | 0:38:07 | |
| 4 | 137 | Kramer Dr. Ulrich | SV Bergisch Gladbac | 2:01:00 | M50 | 14 | 12 | 0:16:49 | 17 | 1:04:42 | 14 | 1:21:32 | 14 | 0:39:28 | |
| 5 | 72 | Gattinger Carsten | TriForce Vital RS | 2:06:28 | M50 | 17 | 29 | 0:18:41 | 25 | 1:07:45 | 23 | 1:26:27 | 16 | 0:40:01 | |
| 6 | 111 | Birnbaum Oliver | Krefelder Kanu Klub | 2:06:33 | M50 | 18 | 26 | 0:18:28 | 6 | 1:02:27 | 12 | 1:20:56 | 43 | 0:45:37 | |
| 7 | 85 | Krings Achim | TRI TSV Bayer Dorma | 2:11:30 | M50 | 30 | 30 | 0:18:44 | 36 | 1:10:16 | 32 | 1:29:01 | 25 | 0:42:28 | |
| 8 | 71 | Berfeld Jürgen | VFL Engelskirchen | 2:11:44 | M50 | 31 | 23 | 0:18:19 | 28 | 1:08:18 | 24 | 1:26:38 | 40 | 0:45:05 | |
| 9 | 103 | Glötz Peter | AS Neukirchen-Vluyn | 2:13:32 | M50 | 36 | 25 | 0:18:21 | 31 | 1:08:46 | 26 | 1:27:08 | 49 | 0:46:23 | |
| 10 | 66 | Zimmer Olivier | OTV Endurance Team | 2:14:02 | M50 | 38 | 50 | 0:20:33 | 24 | 1:07:42 | 29 | 1:28:15 | 46 | 0:45:47 | |
| 11 | 84 | Kläsener Christian | Jolly Wheelers | 2:17:26 | M50 | 42 | 44 | 0:19:53 | 41 | 1:10:52 | 42 | 1:30:45 | 50 | 0:46:40 | |
| 12 | 64 | Lichtenberger Frank | Styrumer TV Mülhei | 2:18:22 | M50 | 45 | 47 | 0:20:19 | 43 | 1:11:06 | 45 | 1:31:26 | 51 | 0:46:55 | |
| 13 | 13 | Casimir Frank | AS Neukirchen-Vluyn | 2:19:52 | M50 | 50 | 43 | 0:19:41 | 45 | 1:11:15 | 44 | 1:30:56 | 61 | 0:48:56 | |
| 14 | 86 | Kunte Carsten | ASC Mülheim | 2:20:51 | M50 | 52 | 15 | 0:17:38 | 53 | 1:13:06 | 41 | 1:30:45 | 66 | 0:50:06 | |
| 15 | 65 | Neuheuser Jörg | ASV Duisburg | 2:25:30 | M50 | 60 | 61 | 0:21:45 | 59 | 1:14:09 | 59 | 1:35:55 | 63 | 0:49:35 | |
| 16 | 48 | Von Hagen Andreas | Sancho und Pancho | 2:28:58 | M50 | 67 | 76 | 0:24:16 | 46 | 1:11:33 | 58 | 1:35:50 | 73 | 0:53:07 | |
| 17 | 92 | Brüggemann Jürgen | AS Neukirchen-Vluyn | 2:31:27 | M50 | 70 | 68 | 0:23:05 | 75 | 1:19:35 | 74 | 1:42:40 | 59 | 0:48:46 | |
| 18 | 83 | Kalin Michael | FC St.Pauli | 2:31:29 | M50 | 71 | 62 | 0:21:54 | 64 | 1:15:49 | 62 | 1:37:43 | 74 | 0:53:45 | |
| 19 | 15 | Gilles Ulrich | Werdener TB | 2:39:35 | M50 | 78 | 40 | 0:19:35 | 83 | 1:25:02 | 78 | 1:44:37 | 78 | 0:54:57 | |
| 20 | 134 | Grewer Norbert | SV Gladbeck 13 e.V. | 3:04:34 | M50 | 85 | 69 | 0:23:23 | 86 | 1:37:40 | 85 | 2:01:04 | 84 | 1:03:30 | |

Altersklasse M55 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------------|----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 105 | Karjetta Axel | Remscheid | 2:10:03 | M55 | 25 | 10 | 0:16:33 | 35 | 1:09:44 | 21 | 1:26:18 | 35 | 0:43:44 | |
| 2 | 116 | Schwarz Harald | Moerser TV Triathlon | 2:10:45 | M55 | 28 | 58 | 0:21:30 | 20 | 1:06:01 | 28 | 1:27:31 | 31 | 0:43:13 | |
| 3 | 98 | Scholz Klaus | SC Gelsenkirchen 04 | 2:13:16 | M55 | 35 | 63 | 0:22:09 | 22 | 1:07:11 | 34 | 1:29:21 | 37 | 0:43:55 | |
| 4 | 128 | Pfeiffer Dirk | ASV Duisburg | 2:21:57 | M55 | 55 | 54 | 0:21:19 | 72 | 1:18:04 | 71 | 1:39:23 | 28 | 0:42:34 | |
| 5 | 63 | Kapka Andreas | PV Triathlon Witten | 2:22:29 | M55 | 56 | 82 | 0:26:03 | 50 | 1:12:26 | 67 | 1:38:29 | 38 | 0:43:59 | |
| 6 | 77 | Rechter Olaf | Tri-Geckos Dortmund | 2:25:54 | M55 | 61 | 28 | 0:18:39 | 65 | 1:16:31 | 56 | 1:35:10 | 68 | 0:50:43 | |
| 7 | 61 | Beisenbusch Johannes | Rapid Ramirez | 2:28:41 | M55 | 65 | 79 | 0:24:43 | 52 | 1:12:43 | 61 | 1:37:26 | 70 | 0:51:14 | |
| 8 | 122 | Dittmer Michael | ASV Duisburg | 2:28:50 | M55 | 66 | 56 | 0:21:21 | 69 | 1:17:33 | 69 | 1:38:54 | 65 | 0:49:55 | |
| 9 | 119 | Wiechers Christian | *Gladbeck | 2:34:54 | M55 | 74 | 67 | 0:22:53 | 67 | 1:17:13 | 72 | 1:40:07 | 77 | 0:54:47 | |
| 10 | 123 | Finmans Peter | ASV Duisburg | 2:36:33 | M55 | 76 | 72 | 0:23:44 | 76 | 1:19:58 | 76 | 1:43:42 | 71 | 0:52:50 | |

Gladbeck ELE Triathlon am 29. Mai 2016

Ergebnisliste

Kurz-Distanz 1000m - 38.5km - 10km

Männer

Altersklasse M60 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|------------------|-----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 106 | Petrasch Stephan | *Schermbbeck | 2:18:58 | M60 | 48 | 59 | 0:21:32 | 48 | 1:11:41 | 51 | 1:33:14 | 45 | 0:45:44 | |
| 2 | 35 | Küssner Bernd | Triathlon Team Rating | 2:21:34 | M60 | 54 | 32 | 0:18:52 | 56 | 1:13:54 | 48 | 1:32:47 | 60 | 0:48:47 | |
| 3 | 18 | Schuitz Raimund | WTB Essen | 2:27:45 | M60 | 64 | 18 | 0:17:46 | 77 | 1:20:25 | 65 | 1:38:12 | 62 | 0:49:33 | |
| 4 | 78 | Rogala Andrzej | Marathonteam-Rating | 2:30:06 | M60 | 68 | 74 | 0:23:57 | 79 | 1:20:56 | 79 | 1:44:54 | 41 | 0:45:12 | |
| 5 | 75 | Paul Thomas | LCW Herne | 2:32:16 | M60 | 72 | 75 | 0:24:01 | 58 | 1:14:06 | 64 | 1:38:07 | 75 | 0:54:08 | |

Altersklasse M65 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|--------------------|-------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 21 | Buntins Michael | TuS Ahrweiler | 2:35:23 | M65 | 75 | 84 | 0:26:34 | 71 | 1:17:52 | 77 | 1:44:26 | 69 | 0:50:56 | |
| 2 | 1 | Alt Rudi | Tri-Ducks-Dorsten | 2:49:22 | M65 | 82 | 86 | 0:30:04 | 73 | 1:18:50 | 83 | 1:48:55 | 82 | 1:00:27 | |
| 3 | 3 | Bliesner Friedhelm | *Duisburg | 2:53:23 | M65 | 84 | 83 | 0:26:19 | 84 | 1:28:52 | 84 | 1:55:11 | 80 | 0:58:11 | |

Altersklasse M75 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|------------------|-------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 2 | Berwanger Oswald | SV Hullern | 3:08:30 | M75 | 86 | 85 | 0:27:52 | 85 | 1:37:20 | 86 | 2:05:12 | 83 | 1:03:18 | |

Altersklasse MHK -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|-----------------|---------------------|---------|----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 46 | Schaffeld Timo | OTV Endurance Team | 1:52:01 | MH | 2 | 9 | 0:16:32 | 2 | 1:00:17 | 3 | 1:16:49 | 1 | 0:35:11 | |
| 2 | 22 | Damnitz Marvin | Tri Ducks Dorsten | 1:58:03 | MH | 9 | 6 | 0:15:33 | 12 | 1:04:00 | 9 | 1:19:34 | 10 | 0:38:29 | |
| 3 | 28 | Rayher Benjamin | TRIDUCKS | 1:58:22 | MH | 10 | 7 | 0:15:35 | 10 | 1:03:55 | 8 | 1:19:30 | 13 | 0:38:51 | |
| 4 | 95 | Kusch Sebastian | Team Erdinger Alkoh | 1:59:37 | MH | 11 | 19 | 0:17:51 | 7 | 1:03:33 | 13 | 1:21:24 | 9 | 0:38:12 | |
| 5 | 171 | Schaake Matt | * | 2:10:18 | MH | 27 | 53 | 0:21:13 | 34 | 1:09:36 | 43 | 1:30:49 | 15 | 0:39:28 | |
| 6 | 62 | Große Dirk | RC Sorpese | 2:18:05 | MH | 44 | 48 | 0:20:22 | 63 | 1:15:11 | 57 | 1:35:34 | 27 | 0:42:30 | |

Gladbeck ELE Triathlon am 29. Mai 2016

Ergebnisliste

Kurz-Distanz 1000m - 38.5km - 10km

Frauen

Altersklasse W30 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|------------------|-----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 163 | Dreschers Carina | *Leverkusen | 2:29:45 | W30 | 7 | 8 | 0:21:37 | 11 | 1:21:47 | 9 | 1:43:24 | 5 | 0:46:20 | |
| 2 | 16 | Jansen Claudia | Tri-Ducks Dorsten | 2:31:12 | W30 | 8 | 4 | 0:19:37 | 6 | 1:18:39 | 4 | 1:38:16 | 12 | 0:52:55 | |
| 3 | 4 | Jarek Kerstin | 1. Tri-Club Paderborn | 3:01:59 | W30 | 18 | 5 | 0:20:26 | 18 | 1:30:14 | 16 | 1:50:40 | 20 | 1:11:18 | |

Altersklasse W35 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|-----------------|---------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 14 | Fleckner Sonja | TriDucks Dorsten | 2:43:38 | W35 | 13 | 1 | 0:16:59 | 15 | 1:27:05 | 10 | 1:44:04 | 14 | 0:59:33 | |
| 2 | 132 | Cartilli Nermin | PV Triathlon Witten | 2:46:28 | W35 | 14 | 11 | 0:22:09 | 13 | 1:26:15 | 15 | 1:48:25 | 13 | 0:58:02 | |

Altersklasse W40 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------|--------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 167 | Löbbert Gloria | TRC Essen 84 | 2:16:05 | W40 | 1 | 2 | 0:18:36 | 2 | 1:09:36 | 1 | 1:28:13 | 7 | 0:47:52 | |
| 2 | 8 | Pusch Ivonne | triminators voerde | 2:34:10 | W40 | 9 | 10 | 0:21:43 | 8 | 1:19:43 | 7 | 1:41:27 | 10 | 0:52:42 | |

Altersklasse W45 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------|-------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 161 | Branz Stefanie | ASV Duisburg | 2:18:27 | W45 | 2 | 9 | 0:21:40 | 3 | 1:11:57 | 2 | 1:33:37 | 2 | 0:44:49 | |
| 2 | 169 | Börmann Jutta | TSG Kirchhellen | 2:19:11 | W45 | 3 | 16 | 0:25:30 | 1 | 1:08:28 | 3 | 1:33:58 | 3 | 0:45:12 | |
| 3 | 9 | Rothert Sylvie | Tri Ducks Dorsten | 2:36:26 | W45 | 11 | 18 | 0:27:53 | 5 | 1:17:53 | 13 | 1:45:46 | 9 | 0:50:39 | |
| 4 | 10 | Tusk Cornelia | *Dortmund | 3:09:25 | W45 | 19 | 20 | 0:30:21 | 20 | 1:36:42 | 20 | 2:07:04 | 17 | 1:02:21 | |

Altersklasse W50 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|-------------------|----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 166 | Gaspercic Martina | ASV Duisburg | 2:20:52 | W50 | 4 | 6 | 0:20:27 | 7 | 1:19:01 | 6 | 1:39:29 | 1 | 0:41:23 | |
| 2 | 12 | Casimir Sabine | AS Neukirchen-Vluyn | 2:24:12 | W50 | 5 | 12 | 0:23:17 | 4 | 1:15:03 | 5 | 1:38:20 | 4 | 0:45:51 | |
| 3 | 135 | Grewer Regina | SV Gladbeck 13 e.V. | 2:37:18 | W50 | 12 | 15 | 0:23:49 | 10 | 1:20:39 | 11 | 1:44:28 | 11 | 0:52:49 | |
| 4 | 7 | Pleuger Kornelia | SV Westfalia Rhynern | 2:52:51 | W50 | 16 | 13 | 0:23:27 | 12 | 1:24:29 | 14 | 1:47:57 | 18 | 1:04:53 | |

Altersklasse W55 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------|----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 162 | Bruns Klaudia | Borbecker Raketen Es | 2:28:30 | W55 | 6 | 7 | 0:21:36 | 9 | 1:20:04 | 8 | 1:41:40 | 6 | 0:46:49 | |
| 2 | 130 | Wagner Marlene | ASV Duisburg | 2:51:18 | W55 | 15 | 14 | 0:23:48 | 16 | 1:27:22 | 17 | 1:51:10 | 15 | 1:00:07 | |
| 3 | 5 | Kaiser Petra | TV Jahn Hiesfeld | 2:57:41 | W55 | 17 | 17 | 0:26:36 | 17 | 1:29:52 | 18 | 1:56:28 | 16 | 1:01:12 | |

Altersklasse W70 -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|-----------------|-----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 6 | Köster Ingelore | PV-Triathlon Witten e | 3:11:55 | W70 | 20 | 19 | 0:29:11 | 19 | 1:35:14 | 19 | 2:04:25 | 19 | 1:07:29 | |

Gladbeck ELE Triathlon am 29. Mai 2016

Ergebnisliste

Kurz-Distanz 1000m - 38.5km - 10km

Frauen

Altersklasse WHK -

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|--------------|----------------------|---------|----|-----|-------|---|-----------|-------|---------|--------|----------|-------|---------|
| 1 | 17 | Schmitz Bea | TuS Xanten Triathlon | 2:34:52 | WH | 10 | 3 | | 0:18:49 | 14 | 1:26:20 | 12 | 1:45:10 | 8 | 0:49:42 |