

24. Düsseldorfer Brückenlauf am 17. April 2016

Jedermannlauf 5 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|------|----------|------------|----------|
| 1 | 4454 | Hadamus Sebastian | ART Düsseldorf | 0:16:02 | M40 | 1 | 0:16:02 | 1974 |
| 2 | 2389 | Laps Daniel | *Kaarst | 0:16:05 | M20 | 1 | 0:16:05 | 1993 |
| 3 | 4590 | Gordon Tim | | 0:17:00 | M20 | 2 | 0:17:01 | 1994 |
| 4 | 3084 | Heints Vladislav | ART Düsseldorf | 0:17:10 | M35 | 1 | 0:17:13 | 1980 |
| 5 | 2051 | Schramm Michael | ASV Duisburg | 0:17:16 | M35 | 2 | 0:17:16 | 1980 |
| 6 | 3069 | Vogt Simon | SFD75 Düsseldorf | 0:17:38 | M20 | 3 | 0:17:39 | 1993 |
| 7 | 3072 | Van Danwitz Lars | SFD75 Düsseldorf | 0:17:42 | M20 | 4 | 0:17:42 | 1996 |
| 8 | 863 | Claßen Michael | Team ERDINGER Alkoho | 0:17:45 | M30 | 1 | 0:17:46 | 1986 |
| 9 | 3293 | Claesges Michael | Dropsa Sports Club | 0:17:56 | M50 | 1 | 0:17:56 | 1964 |
| 10 | 3296 | Weiner Pascal | *Remscheid | 0:18:06 | M20 | 5 | 0:18:06 | 1993 |
| 11 | 4432 | Christoph Thomas | | 0:18:14 | M35 | 3 | 0:18:15 | 1978 |
| 12 | 3097 | Kotlin Luke | SFD75 Düsseldorf | 0:18:24 | MU18 | 1 | 0:18:24 | 1999 |
| 13 | 1854 | Emonds Reiner | Joachim Neander Schule | 0:18:34 | M40 | 2 | 0:18:36 | 1974 |
| 14 | 3070 | Fabian Max | SFD75 Düsseldorf | 0:18:35 | M20 | 6 | 0:18:35 | 1994 |
| 15 | 574 | Rosengardt Pascal | Suitbertus-Gymnasium | 0:18:42 | MU20 | 1 | 0:18:55 | 1998 |
| 16 | 2476 | Raible Philipp | LG stadwerke Hilden | 0:19:08 | MU16 | 1 | 0:19:08 | 2001 |
| 17 | 2142 | Semmler Michael | Running Team Grafenberg | 0:19:15 | M50 | 2 | 0:19:16 | 1966 |
| 18 | 2925 | Neuhaus Luca | *Haan | 0:19:16 | MU20 | 2 | 0:19:18 | 1998 |
| 19 | 2915 | Steinmann Markus | Osterather TV | 0:19:17 | M30 | 2 | 0:19:19 | 1982 |
| 20 | 4404 | Mock Samuel | | 0:19:23 | MU16 | 2 | 0:19:24 | 2002 |
| 21 | 3100 | Schwabe Torben | SFD75 Düsseldorf | 0:19:23 | MU18 | 2 | 0:19:24 | 2000 |
| 22 | 1649 | Lozano José María | Running Team Grafenberg | 0:19:23 | M40 | 3 | 0:19:28 | 1975 |
| 23 | 869 | Krähahn Guido | Team ERDINGER Alkoho | 0:19:25 | M30 | 3 | 0:19:27 | 1983 |
| 24 | 2482 | Rehfeld Pascal | TSV Bayer 04 Leverkusen | 0:19:25 | MU18 | 3 | 0:19:27 | 1999 |
| 25 | 567 | Hoffbauer Friedrich | Suitbertus-Gymnasium | 0:19:29 | MU20 | 3 | 0:19:42 | 1998 |
| 26 | 577 | Bartels David | Suitbertus-Gymnasium | 0:19:31 | MU18 | 4 | 0:19:40 | 1999 |
| 27 | 423 | Meier Jasper | Görres-Gymnasium | 0:19:38 | MU18 | 5 | 0:19:42 | 1999 |
| 28 | 1912 | Schmidt René | Lg Schnecke düsseldorf | 0:19:40 | M45 | 1 | 0:19:41 | 1970 |
| 29 | 2569 | Wicke Jonathan | *Düsseldorf | 0:19:40 | MU20 | 4 | 0:19:49 | 1998 |
| 30 | 1261 | Krakow Thomas | Fight Lounge Dortmund | 0:19:48 | M30 | 4 | 0:19:51 | 1983 |
| 31 | 2448 | Walterscheid Bernhard | WaWaRunners | 0:19:48 | M35 | 4 | 0:19:52 | 1977 |
| 32 | 2061 | Tenten Arnold | Krefelder Kanu Klub | 0:19:52 | M50 | 3 | 0:20:02 | 1963 |
| 33 | 2471 | Blässe Simon | OTV Endurance Team | 0:19:53 | MU20 | 5 | 0:20:06 | 1997 |
| 34 | 4394 | Koch Thomas | Ruhrpott-Runners | 0:19:57 | M35 | 5 | 0:20:01 | 1981 |
| 35 | 2938 | Hillen Luca | DLRG Region Uetersen | 0:19:58 | M20 | 7 | 0:20:01 | 1996 |
| 36 | 2160 | Marcus Holger | Triandertaler me-sport | 0:20:02 | M50 | 4 | 0:20:07 | 1964 |
| 37 | 1909 | Voigt Jan | *Haan | 0:20:13 | MU16 | 3 | 0:20:18 | 2001 |
| 38 | 564 | Franzen Nicolas | Suitbertus-Gymnasium | 0:20:14 | MU18 | 6 | 0:20:23 | 1999 |
| 39 | 395 | Wülfing Paul | Görres-Gymnasium | 0:20:15 | MU18 | 7 | 0:20:22 | 1999 |
| 40 | 679 | Vaillant Leberio Alex | Suitbertus-Gymnasium | 0:20:16 | MU16 | 4 | 0:20:17 | 2001 |
| 41 | 3106 | Trevlas Ilyas | SFD75 Düsseldorf | 0:20:16 | MU18 | 8 | 0:20:17 | 2000 |
| 42 | 4220 | Konrath Patrick | Martin-Luther-Schule | 0:20:19 | M50 | 5 | 0:20:21 | 1964 |
| 43 | 4424 | Hecker Erik | Krefeld | 0:20:19 | M45 | 2 | 0:20:21 | 1971 |
| 44 | 90 | Diallo Mamadou Adama | Kinder-Jugendhilfe Adler e. | 0:20:20 | MU20 | 6 | 0:20:24 | 1998 |
| 45 | 662 | Dolif David | Suitbertus-Gymnasium | 0:20:21 | MU18 | 9 | 0:20:42 | 2000 |
| 46 | 27 | Riepe Thorsten | Horst Kürvers GmbH | 0:20:21 | M30 | 5 | 0:20:28 | 1983 |
| 47 | 4425 | Küsel Tim | | 0:20:23 | M20 | 8 | 0:21:14 | 1991 |
| 48 | 1736 | Westmeier Dirk | Fortuna Düsseldorf 1895 | 0:20:23 | M45 | 3 | 0:20:23 | 1968 |
| 49 | 1430 | Aleksa Paulus | *Düsseldorf | 0:20:24 | M20 | 9 | 0:20:27 | 1995 |
| 50 | 3304 | Simon Jona | K43 | 0:20:29 | MU16 | 5 | 0:20:34 | 2002 |
| 51 | 3067 | Schwabe Jan | SFD75 Düsseldorf | 0:20:29 | M45 | 4 | 0:20:48 | 1967 |
| 52 | 861 | Wunderlich Markus | Team ERDINGER Alkoho | 0:20:29 | M35 | 6 | 0:20:34 | 1977 |
| 53 | 3734 | Salman Carlo | PSV Düsseldorf - D2 Juge | 0:20:31 | MU14 | 1 | 0:20:47 | 2004 |
| 54 | 4585 | Hauchwitz Daniel | SFD 75 Düsseldorf | 0:20:33 | MU16 | 6 | 0:20:36 | 2001 |
| 55 | 2147 | Miller Robin | ttr08 | 0:20:34 | M20 | 10 | 0:20:35 | 1996 |
| 56 | 404 | Grosch Timon | Görres-Gymnasium | 0:20:38 | MU18 | 10 | 0:20:44 | 2000 |
| 57 | 2939 | Heyer-Hillen Christoph | DLRG Region Uetersen | 0:20:38 | M45 | 5 | 0:20:41 | 1969 |
| 58 | 3105 | Siekierka Mikolaj | SFD75 Düsseldorf | 0:20:40 | MU20 | 7 | 0:20:40 | 1998 |
| 59 | 4108 | Meder Marius | Sparda Bank West | 0:20:46 | M20 | 11 | 0:20:52 | 1990 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-------------------------|------------------------------|---------|------|----------|------------|----------|
| 60 | 4316 | Dittrich Kai | Bayer Uerdingen | 0:20:52 | M50 | 6 | 0:21:02 | 1965 |
| 61 | 569 | Kruse Daniel | Suitbertus-Gymnasium | 0:20:55 | MU18 | 11 | 0:22:15 | 1999 |
| 62 | 596 | Unland Simon | Suitbertus-Gymnasium | 0:20:55 | MU16 | 7 | 0:20:57 | 2001 |
| 63 | 76 | Brieden Thomas | Villa Luna Kindertagesstätte | 0:21:00 | M35 | 7 | 0:21:07 | 1981 |
| 64 | 73 | Kaufhold Matthias | Villa Luna Kindertagesstätte | 0:21:01 | M30 | 6 | 0:21:07 | 1986 |
| 65 | 687 | Kemper Michael | Suitbertus-Gymnasium | 0:21:03 | MU16 | 8 | 0:21:08 | 2002 |
| 66 | 4335 | Jäger Peter | Haaner TV | 0:21:03 | MU14 | 2 | 0:21:09 | 2003 |
| 67 | 3461 | Kuhlmann Martin | KGS Niederkassel | 0:21:06 | M45 | 6 | 0:21:06 | 1969 |
| 68 | 3258 | Schmidt Johnny | Martin-Luther-King Schule | 0:21:07 | MU16 | 9 | 0:22:05 | 2001 |
| 69 | 95 | Allroggen Alfred | Kinder-Jugendhilfe Adler e. | 0:21:08 | M55 | 1 | 0:21:12 | 1961 |
| 70 | 125 | Zembrowski Krzysztof To | WTS Steuerberatungsges | 0:21:09 | M30 | 7 | 0:21:37 | 1986 |
| 71 | 600 | Dinkelborg Tobias | Suitbertus-Gymnasium | 0:21:12 | MU18 | 12 | 0:21:25 | 2000 |
| 72 | 1704 | Müller Markus | *Wuppertal | 0:21:16 | M30 | 8 | 0:21:20 | 1982 |
| 73 | 4134 | Döring Peter | TLV Germania Essen Über | 0:21:22 | M55 | 2 | 0:21:25 | |
| 74 | 343 | Fleckenstein Michael | Görres-Gymnasium | 0:21:22 | M30 | 9 | 0:22:16 | 1984 |
| 75 | 3735 | Lecke Klaas | PSV Düsseldorf - D2 Juge | 0:21:24 | MU14 | 3 | 0:21:41 | 2004 |
| 76 | 71 | Pützer Andreas | Villa Luna Kindertagesstätte | 0:21:26 | M55 | 3 | 0:21:32 | 1960 |
| 77 | 926 | Schnitzler Jochen | JUSTIZ DÜSSELDORF | 0:21:27 | M60 | 1 | 0:21:32 | 1956 |
| 78 | 2041 | Gronemeyer Hans-Hermai | LC-Wuppertal | 0:21:29 | M65 | 1 | 0:21:31 | 1948 |
| 79 | 536 | Staschel Daniel | Suitbertus-Gymnasium | 0:21:31 | MU20 | 8 | 0:21:44 | 1998 |
| 80 | 2097 | Pohle Stefan | ASV Duisburg | 0:21:31 | M40 | 4 | 0:21:35 | 1972 |
| 81 | 1018 | Diett Dennis | DEKRA Automobil GmbH | 0:21:32 | M30 | 10 | 0:21:36 | 1985 |
| 82 | 4038 | Levacher Niklas | St. Ursula Gymnasium | 0:21:39 | MU18 | 13 | 0:21:50 | 1999 |
| 83 | 2249 | Spieker Michael | Mercer | 0:21:40 | M50 | 7 | 0:21:47 | 1964 |
| 84 | 2020 | Bartl Felix | ASV Duisburg | 0:21:43 | MU16 | 10 | 0:21:44 | 2001 |
| 85 | 1323 | Heering Christian | *Düsseldorf | 0:21:45 | M30 | 11 | 0:23:04 | 1982 |
| 86 | 2623 | Nehrkorn Alexander | KGS Fleher Straße | 0:21:45 | M20 | 12 | 0:22:16 | 1989 |
| 87 | 4157 | Lopez Georges | Martin-Luther-Schule | 0:21:46 | M55 | 4 | 0:21:46 | 1957 |
| 88 | 562 | Dresen Leonard | Suitbertus-Gymnasium | 0:21:49 | MU18 | 14 | 0:21:59 | 1999 |
| 89 | 1006 | Ulfat Ghulamnaby | Josefshaus Olpe | 0:21:55 | MU18 | 15 | 0:22:44 | 1999 |
| 90 | 644 | Wolf Etienne | Suitbertus-Gymnasium | 0:21:56 | MU18 | 16 | 0:22:18 | 2000 |
| 91 | 350 | Ungeheuer Max | Görres-Gymnasium | 0:21:59 | MU14 | 4 | 0:22:02 | 2004 |
| 92 | 547 | De Weldige Tobias | Suitbertus-Gymnasium | 0:22:00 | MU20 | 9 | 0:23:19 | 1998 |
| 93 | 511 | Kurtenbach Christian | E.ON Inhouse Consulting G | 0:22:00 | M20 | 13 | 0:22:30 | 1987 |
| 94 | 2049 | Dolezal Prof. Dr. Sven | *monheim | 0:22:03 | MU20 | 10 | 0:22:08 | 1998 |
| 95 | 2015 | Wassyl Lars | *Düsseldorf | 0:22:03 | M40 | 5 | 0:22:06 | 1975 |
| 96 | 2429 | Tibler Karim | TG Neuss | 0:22:06 | MU16 | 11 | 0:22:06 | 2002 |
| 97 | 2564 | Borghorst Vinzent | *Düsseldorf | 0:22:07 | M20 | 14 | 0:22:14 | 1990 |
| 98 | 3226 | Faltin Kai | Martin-Luther-King Schule | 0:22:08 | M40 | 6 | 0:22:20 | 1972 |
| 99 | 444 | Zwerschina Niklas | Görres-Gymnasium | 0:22:09 | MU18 | 17 | 0:22:49 | 1999 |
| 100 | 29 | Kollenbroich Stephan | Horst Kürvers GmbH | 0:22:10 | M30 | 12 | 0:22:43 | 1986 |
| 101 | 1071 | Martens Gerhard | *Düsseldorf | 0:22:11 | M55 | 5 | 0:22:17 | 1960 |
| 102 | 732 | Geyer Robert | Suitbertus-Gymnasium | 0:22:12 | M50 | 8 | 0:22:31 | 1965 |
| 103 | 1493 | Askerlund Torsten | *Düsseldorf | 0:22:12 | M50 | 9 | 0:22:15 | 1963 |
| 104 | 2470 | Blässe Detlef | OTV Endurance Team | 0:22:14 | M50 | 10 | 0:22:29 | 1963 |
| 105 | 4447 | Darabi Anoush | Schule Görres-Gymnasium | 0:22:15 | M20 | 15 | 0:23:10 | 1992 |
| 106 | 4422 | Reich Julius | | 0:22:20 | MU20 | 11 | 0:22:30 | 1997 |
| 107 | 3002 | Sommer Jürgen | *Düsseldorf | 0:22:21 | M55 | 6 | 0:22:24 | 1959 |
| 108 | 583 | Fischer Jonas | Suitbertus-Gymnasium | 0:22:22 | MU18 | 18 | 0:22:49 | 1999 |
| 109 | 608 | Schumacher Jan | Suitbertus-Gymnasium | 0:22:23 | MU18 | 19 | 0:22:50 | 1999 |
| 110 | 2197 | Lachmann Tobias | *Grevenbroich | 0:22:24 | M30 | 13 | 0:22:30 | 1983 |
| 111 | 673 | Demming Simon | Suitbertus-Gymnasium | 0:22:25 | MU16 | 12 | 0:22:35 | 2002 |
| 112 | 84 | Simanovskyi Petro | Villa Luna Kindertagesstätte | 0:22:25 | M30 | 14 | 0:23:06 | 1984 |
| 113 | 1492 | Pauli Ralf | *Düsseldorf | 0:22:29 | M55 | 7 | 0:22:33 | 1961 |
| 114 | 4309 | Lukoschek Patrick | Sportbund Rhein-Kreis Neu | 0:22:32 | MU20 | 12 | 0:23:57 | 1997 |
| 115 | 1101 | Simaifar Kurosh | Martin Luther Grundschule | 0:22:32 | M40 | 7 | 0:22:49 | 1973 |
| 116 | 2247 | Goderbauer Sebastian | *Düsseldorf | 0:22:34 | M20 | 16 | 0:22:40 | 1989 |
| 117 | 736 | Niemczyk Alexander | Suitbertus-Gymnasium | 0:22:35 | M45 | 7 | 0:22:47 | 1970 |
| 118 | 4133 | Prass Andreas | TLV Germania Essen Über | 0:22:36 | M50 | 11 | 0:22:52 | |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|----------------------|------------------------------|----------|------|----------|------------|----------|
| 119 | 1799 | Schilke Norbert | MTG Horst Essen | 0:22:37 | M60 | 2 | 0:22:48 | 1956 |
| 120 | 143 | Rodriguez Claus | Vodafone Group Services | G0:22:38 | M50 | 12 | 0:22:53 | 1966 |
| 121 | 2497 | Brandenburg Pascal | *Düsseldorf | 0:22:41 | M20 | 17 | 0:22:51 | 1993 |
| 122 | 3568 | Rössig Lothar | Matthias-Claudius-Grundsc | 0:22:42 | M45 | 8 | 0:23:07 | 1970 |
| 123 | 2937 | Hillen Tobias | DLRG Region Uetersen | 0:22:43 | M35 | 8 | 0:22:50 | 1981 |
| 124 | 4440 | Sökefeld Johannes | | 0:22:45 | MU18 | 20 | 0:23:37 | 1999 |
| 125 | 648 | Dick Philipp | Suitbertus-Gymnasium | 0:22:47 | MU18 | 21 | 0:23:19 | 2000 |
| 126 | 2527 | Thiem Christoph | TTC Wuppertal | 0:22:48 | M45 | 9 | 0:22:52 | 1970 |
| 127 | 690 | Dolif Simon | Suitbertus-Gymnasium | 0:22:48 | MU16 | 13 | 0:23:00 | 2002 |
| 128 | 3133 | Kuzaj Richard | Theodor-Fliehdner-Gymnasi | 0:22:51 | MU14 | 5 | 0:23:10 | 2004 |
| 129 | 3186 | Pieper Marc | IKEA Düsseldorf | 0:22:57 | M35 | 9 | 0:23:19 | 1977 |
| 130 | 2043 | Faludi Michael | BSG Merkur Gauselmann | 0:22:59 | M20 | 18 | 0:23:07 | 1992 |
| 131 | 3730 | Bartelmus Ramon | Städtisches Gymnasium | 0:23:00 | MU18 | 22 | 0:23:30 | 1999 |
| 132 | 3182 | Yohannes Efrem | IKEA Düsseldorf | 0:23:01 | M40 | 8 | 0:23:23 | 1972 |
| 133 | 3700 | Wiese Tobias | Städtisches Gymnasium | 0:23:02 | MU18 | 23 | 0:23:43 | 1999 |
| 134 | 3657 | Pevestorf Mathias | Matthias-Claudius-Grundsc | 0:23:02 | M20 | 19 | 0:23:28 | 1988 |
| 135 | 2633 | Schürheck Frank | KGS Fleher Straße | 0:23:03 | M45 | 10 | 0:23:35 | 1971 |
| 136 | 3724 | Sickert Marcus | Städtisches Gymnasium | 0:23:04 | M30 | 15 | 0:23:18 | 1982 |
| 137 | 4171 | Rbiti Hicham | Martin-Luther-Schule | 0:23:05 | M20 | 20 | 0:23:51 | 1988 |
| 138 | 4254 | Bodrov Dimitry | Martin-Luther-Schule | 0:23:09 | M35 | 10 | 0:24:10 | 1981 |
| 139 | 3063 | Labusch Patrick | *Düsseldorf | 0:23:10 | M35 | 11 | 0:23:21 | 1979 |
| 140 | 434 | Schneider Marcus | Görres-Gymnasium | 0:23:14 | M40 | 9 | 0:24:04 | 1975 |
| 141 | 520 | Ryter Thomas | E.ON Inhouse Consulting G0 | 0:23:15 | M20 | 21 | 0:23:45 | 1989 |
| 142 | 4319 | Thogmartin Daniel | | 0:23:15 | MU14 | 6 | 0:23:42 | 2006 |
| 143 | 683 | Piehl Moritz | Suitbertus-Gymnasium | 0:23:16 | MU14 | 7 | 0:23:26 | 2003 |
| 144 | 3675 | Bücker Peter | Matthias-Claudius-Grundsc | 0:23:18 | M30 | 16 | 0:24:32 | 1984 |
| 145 | 3246 | Brandhuber Klaus | Martin-Luther-King Schule | 0:23:22 | M45 | 11 | 0:23:30 | 1970 |
| 146 | 928 | Spütz Rik | JUSTIZ DÜSSELDORF | 0:23:23 | M20 | 22 | 0:24:23 | 1992 |
| 147 | 2891 | Schusters Hans | Gerresheimer Turnverein | 0:23:24 | M50 | 13 | 0:23:26 | 1963 |
| 148 | 910 | Erhart Ingo | JUSTIZ DÜSSELDORF | 0:23:24 | M35 | 12 | 0:24:37 | 1978 |
| 149 | 424 | Ullrich Daniel | Görres-Gymnasium | 0:23:27 | MU20 | 13 | 0:25:09 | 1998 |
| 149 | 4575 | Haeger Christian | *Düsseldorf | 0:23:27 | M30 | 17 | 0:23:31 | 1982 |
| 151 | 4211 | Sale Said | Martin-Luther-Schule | 0:23:27 | M20 | 23 | 0:24:10 | 1993 |
| 152 | 909 | Duikers Jan | JUSTIZ DÜSSELDORF | 0:23:28 | M35 | 13 | 0:23:34 | 1977 |
| 153 | 1934 | Stapelkamp Sebastian | *Grevenbroich | 0:23:28 | M35 | 14 | 0:23:53 | 1979 |
| 154 | 4423 | Dröge Stefan | TV Schiefbahn Tri Team | 0:23:29 | M50 | 14 | 0:23:33 | 1966 |
| 155 | 4501 | Busch Wilhelm | Hubertus | 0:23:29 | M45 | 12 | 0:23:56 | 1971 |
| 156 | 75 | Schmittchen Ralf | Villa Luna Kindertagesstätte | 0:23:30 | M45 | 13 | 0:23:49 | 1968 |
| 157 | 4041 | Marks Philipp | St. Ursula Gymnasium | 0:23:30 | M30 | 18 | 0:23:41 | 1984 |
| 158 | 329 | Ritz Stephan | Toshiba Europe GmbH | 0:23:30 | M40 | 10 | 0:24:43 | 1973 |
| 159 | 2624 | Vollmers Philipp | KGS Fleher Straße | 0:23:31 | M20 | 24 | 0:23:59 | 1989 |
| 160 | 1166 | Jacob Marcus | FMCCJ | 0:23:31 | M40 | 11 | 0:23:56 | 1972 |
| 161 | 4506 | Wolff Jörn | *Kaarst | 0:23:33 | M20 | 25 | 0:23:41 | 1996 |
| 162 | 4033 | Kluczowski Hugo | St. Ursula Gymnasium | 0:23:35 | MU14 | 8 | 0:23:39 | 2003 |
| 163 | 4034 | Köhler Sven | St. Ursula Gymnasium | 0:23:36 | M20 | 26 | 0:23:41 | 1992 |
| 164 | 3243 | Klein Kevin | Martin-Luther-King Schule | 0:23:36 | MU16 | 14 | 0:24:37 | 2001 |
| 165 | 3411 | Trajkovski Petar | Thomas-Schule | 0:23:37 | MU16 | 15 | 0:23:39 | 2001 |
| 166 | 2419 | Siep Daniel | *Duisburg | 0:23:39 | M35 | 15 | 0:25:03 | 1978 |
| 167 | 2854 | Gad Omar | *Neuss | 0:23:39 | M45 | 14 | 0:23:47 | 1970 |
| 168 | 3120 | Cordes Philipp | Theodor-Fliehdner-Gymnasi | 0:23:42 | M30 | 19 | 0:24:31 | 1984 |
| 169 | 1910 | Kuzayez Mohamed | *Haan | 0:23:42 | MU18 | 24 | 0:23:49 | 1999 |
| 170 | 963 | Primerano Davide | Luisen-Gymnasium Düsseldorf | 0:23:42 | MU16 | 16 | 0:23:47 | 2001 |
| 171 | 992 | Stöcker Keanu | Josefshaus Olpe | 0:23:42 | MU14 | 9 | 0:23:44 | 2003 |
| 172 | 1716 | Brecl Nicolas | SC WEST | 0:23:43 | MU14 | 10 | 0:23:52 | 2004 |
| 173 | 413 | Wainwright Sami | Görres-Gymnasium | 0:23:44 | MU18 | 25 | 0:23:49 | 2000 |
| 174 | 4141 | Krabbel Klaus | | 0:23:45 | M50 | 15 | 0:24:07 | 1963 |
| 175 | 553 | Mietz Jonathan | Suitbertus-Gymnasium | 0:23:45 | MU18 | 26 | 0:25:06 | 2000 |
| 176 | 1717 | Smeets Georg | Marathon Dinslaken | 0:23:48 | M45 | 15 | 0:23:56 | 1970 |
| 177 | 931 | Wilden Thomas | JUSTIZ DÜSSELDORF | 0:23:48 | M35 | 16 | 0:25:02 | 1980 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|---------------------------|------------------------------|---------|------|----------|------------|----------|
| 178 | 2222 | Eisele Michael | *Düsseldorf | 0:23:49 | M45 | 16 | 0:25:24 | 1968 |
| 179 | 1171 | Frank Sebastian | *Mülheim | 0:23:55 | M30 | 20 | 0:24:16 | 1984 |
| 180 | 3726 | Kortenkamp Kaspar | Städtisches Gymnasium | 0:23:55 | MU20 | 14 | 0:24:05 | 1998 |
| 181 | 1726 | Reuber Jürgen | *Hilden | 0:23:56 | M50 | 16 | 0:24:14 | 1966 |
| 182 | 2890 | Schusters Timo | Gerresheimer Turnverein | 0:23:58 | MU18 | 27 | 0:24:01 | 2000 |
| 183 | 69 | Reul Jürgen | Villa Luna Kindertagesstätte | 0:23:58 | M50 | 17 | 0:24:35 | 1966 |
| 184 | 3092 | Hauchwitz Philipp | SFD75 Düsseldorf | 0:24:00 | MU14 | 11 | 0:24:02 | 2004 |
| 185 | 920 | Oppitz Norbert | JUSTIZ DÜSSELDORF | 0:24:01 | M55 | 8 | 0:24:11 | 1961 |
| 186 | 384 | Hunold Jeremias | Görres-Gymnasium | 0:24:02 | MU18 | 28 | 0:25:21 | 2000 |
| 187 | 504 | Gianotta Andrea | E.ON Inhouse Consulting G | 0:24:03 | M40 | 12 | 0:24:29 | 1976 |
| 188 | 726 | Tobias-Sutter Christian | Suitbertus-Gymnasium | 0:24:04 | M40 | 13 | 0:24:21 | 1972 |
| 189 | 2478 | Posch Pn | FlinkerHase | 0:24:06 | M35 | 17 | 0:24:30 | 1978 |
| 190 | 3316 | Thogmartin David | *Duesseldorf | 0:24:07 | M45 | 17 | 0:24:40 | 1971 |
| 191 | 3191 | Jäger Max | IKEA Düsseldorf | 0:24:07 | M20 | 27 | 0:24:29 | 1989 |
| 192 | 376 | Tschense Ole | Görres-Gymnasium | 0:24:08 | MU16 | 17 | 0:25:30 | 2001 |
| 193 | 1192 | Von der Höh Thorsten | *Bochum | 0:24:12 | M45 | 18 | 0:24:26 | 1968 |
| 194 | 1238 | Meier Florian | *Düsseldorf | 0:24:12 | M20 | 28 | 0:24:35 | 1992 |
| 195 | 317 | Nomura Kosuke | Toshiba Europe GmbH | 0:24:13 | MU14 | 12 | 0:25:29 | 2003 |
| 196 | 14 | Otten Fynn | Horst Kürvers GmbH | 0:24:14 | M35 | 18 | 0:24:21 | 1977 |
| 197 | 565 | Germershausen Gabriel | Suitbertus-Gymnasium | 0:24:14 | MU18 | 29 | 0:24:26 | 1999 |
| 198 | 2534 | Bartholot Jörg | *Korschenbroich | 0:24:18 | M45 | 19 | 0:25:02 | 1969 |
| 199 | 3317 | Dinspel Sebastian Anton | Gymnasium Gerresheim 6 | 0:24:18 | MU14 | 13 | 0:24:21 | 2004 |
| 200 | 3610 | Knicker Sven | Matthias-Claudius-Grundsc | 0:24:19 | M40 | 14 | 0:25:24 | 1974 |
| 201 | 2196 | Ostwald Matthias | *Grevenbroich | 0:24:22 | M30 | 21 | 0:24:28 | 1983 |
| 202 | 3401 | Kurt Ronald | Thomas-Schule | 0:24:23 | M50 | 18 | 0:25:12 | 1964 |
| 203 | 743 | Seuthe Andreas | Suitbertus-Gymnasium | 0:24:26 | M50 | 19 | 0:24:41 | 1966 |
| 204 | 621 | Tillmanns Maximilian | Suitbertus-Gymnasium | 0:24:27 | MU18 | 30 | 0:24:56 | 1999 |
| 205 | 3183 | Lamar Andre | IKEA Düsseldorf | 0:24:29 | M30 | 22 | 0:24:50 | 1982 |
| 206 | 341 | Schäfer Moritz | Görres-Gymnasium | 0:24:29 | MU16 | 18 | 0:25:02 | 2001 |
| 207 | 929 | Strahlenbach Pascal | JUSTIZ DÜSSELDORF | 0:24:32 | MU20 | 15 | 0:25:30 | 1997 |
| 208 | 3540 | Wilmking Mark | Matthias-Claudius-Grundsc | 0:24:32 | M40 | 15 | 0:24:59 | 1974 |
| 209 | 3605 | Boggild Henrik | Matthias-Claudius-Grundsc | 0:24:32 | M40 | 16 | 0:25:19 | 1972 |
| 210 | 3281 | Feldmeyer Noah | Görres-Gymnasium | 0:24:33 | MU18 | 31 | 0:25:05 | 2000 |
| 211 | 1509 | Smykal Petr | *Titz | 0:24:37 | M30 | 23 | 0:25:10 | 1984 |
| 212 | 550 | Franken Joshua | Suitbertus-Gymnasium | 0:24:37 | MU18 | 32 | 0:24:49 | 1999 |
| 213 | 1672 | Bergermann Luca | VfR 08 Oberhausen | 0:24:37 | MU14 | 14 | 0:25:45 | 2003 |
| 214 | 2779 | Niggemeier Max | KGS Essener Straße | 0:24:38 | MU16 | 19 | 0:26:00 | 2001 |
| 215 | 65 | Curtis Harald | UniCredit Bank AG | 0:24:38 | M45 | 20 | 0:26:17 | 1971 |
| 216 | 2871 | Flader David | *Düsseldorf | 0:24:44 | M20 | 29 | 0:25:05 | 1991 |
| 217 | 2746 | Pitzner Kendrick | KGS Essener Straße | 0:24:46 | MU16 | 20 | 0:26:14 | 2001 |
| 218 | 2483 | Rehfeld Detlef | TSV Bayer 04 Leverkusen | 0:24:46 | M50 | 20 | 0:25:01 | 1966 |
| 219 | 688 | Busse Nils | Suitbertus-Gymnasium | 0:24:47 | MU16 | 21 | 0:24:50 | 2002 |
| 220 | 659 | Vassilev Nick | Suitbertus-Gymnasium | 0:24:48 | MU18 | 33 | 0:24:49 | 2000 |
| 221 | 1040 | Kiourtsoglou Dr. Konstant | Apollon Athen | 0:24:48 | M55 | 9 | 0:24:58 | 1961 |
| 222 | 1913 | Kremer Marc | ETuS Wedau e.V. | 0:24:48 | M30 | 24 | 0:25:00 | 1982 |
| 223 | 3576 | Hartlieb Tobias | Matthias-Claudius-Grundsc | 0:24:48 | M45 | 21 | 0:26:03 | 1970 |
| 224 | 3738 | Kandziora Hugo | PSV Düsseldorf - D2 Juge | 0:24:48 | MU14 | 15 | 0:25:04 | 2004 |
| 225 | 2233 | Tröger Sebastian | *Grevenbroich | 0:24:50 | M35 | 19 | 0:24:58 | 1979 |
| 226 | 101 | Alkozai Moshtaba | Kinder-Jugendhilfe Adler e. | 0:24:50 | MU16 | 22 | 0:24:52 | 2001 |
| 227 | 3445 | Pascha Guido | KGS Niederkassel | 0:24:50 | M45 | 22 | 0:25:36 | 1970 |
| 228 | 411 | Van Rießen Fynn | Görres-Gymnasium | 0:24:50 | MU16 | 23 | 0:26:18 | 2001 |
| 229 | 2236 | Tröger Silvio | *Düsseldorf | 0:24:51 | M35 | 20 | 0:24:59 | 1981 |
| 230 | 952 | Cardeneo Sandro | Luisen-Gymnasium Düsseldorf | 0:24:54 | MU14 | 16 | 0:25:06 | 2004 |
| 231 | 3677 | Koehler Dustin | Matthias-Claudius-Grundsc | 0:24:54 | M20 | 30 | 0:26:09 | 1987 |
| 232 | 684 | Willems Julius | Suitbertus-Gymnasium | 0:24:54 | MU14 | 17 | 0:25:00 | 2003 |
| 233 | 322 | Martinez-Palomo Lorenzo | Toshiba Europe GmbH | 0:24:58 | M45 | 23 | 0:26:13 | 1969 |
| 234 | 4589 | Haberstroh Simon | *Düsseldorf | 0:24:58 | M35 | 21 | 0:25:58 | 1978 |
| 235 | 3251 | Weissbrodt Jason | Martin-Luther-King Schule | 0:24:59 | MU14 | 18 | 0:25:06 | 2003 |
| 236 | 3064 | Westphal Fabio | *Erkrath | 0:24:59 | MU18 | 34 | 0:25:56 | 1999 |

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Jedermannlauf 5 km

Männer

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|------|----------|------------|----------|
| 237 | 985 | Cardeneo Jörk | Luisen-Gymnasium Düsseldorf | 0:25:00 | M55 | 10 | 0:25:11 | 1957 |
| 238 | 2418 | Grobe Dr. Gerrit | *Essen | 0:25:01 | M40 | 17 | 0:26:24 | 1974 |
| 239 | 3737 | Nowotzin Kari | PSV Düsseldorf - D2 Juge | 0:25:01 | MU14 | 19 | 0:25:18 | 2004 |
| 240 | 1112 | Yelmo Poderoso Enrique | *Ratingen | 0:25:01 | M45 | 24 | 0:25:35 | 1971 |
| 241 | 3235 | Moser Niklas | Martin-Luther-King Schule | 0:25:01 | MU16 | 24 | 0:25:21 | 2002 |
| 242 | 4238 | Spiech Martin | Martin-Luther-Schule | 0:25:02 | M40 | 18 | 0:25:29 | 1976 |
| 243 | 1143 | Boer Stephan | *Essen | 0:25:02 | M30 | 25 | 0:25:23 | 1984 |
| 244 | 770 | Aschoff Michael | BSG Sparda-Bank West | 0:25:07 | M40 | 19 | 0:26:20 | 1972 |
| 245 | 999 | Khalaf Saad | Josefshaus Olpe | 0:25:10 | MU16 | 25 | 0:25:57 | 2001 |
| 246 | 633 | Kilicaslan Christopher | Suitbertus-Gymnasium | 0:25:11 | MU18 | 35 | 0:26:14 | 2000 |
| 247 | 3683 | Daber Fabian | Matthias-Claudius-Grundsc | 0:25:13 | M30 | 26 | 0:25:40 | 1983 |
| 248 | 3275 | Kaminski Leon | *Mülheim an der Ruhr | 0:25:14 | MU16 | 26 | 0:25:58 | 2001 |
| 249 | 4135 | Süß Andreas | TLV Germania Essen Über | 0:25:14 | M50 | 21 | 0:25:41 | |
| 250 | 3585 | Müller Jonas | Matthias-Claudius-Grundsc | 0:25:15 | MU14 | 20 | 0:25:40 | 2005 |
| 251 | 748 | Dolif Christian | Suitbertus-Gymnasium | 0:25:16 | M45 | 25 | 0:25:34 | 1968 |
| 252 | 3717 | Paletta Jonas | Städtisches Gymnasium | 0:25:16 | MU18 | 36 | 0:25:59 | 1999 |
| 253 | 2783 | Thür Johannes | KGS Essener Straße | 0:25:17 | MU14 | 21 | 0:25:17 | 2004 |
| 254 | 3083 | Trippelsdorf Theodor | 1.FC-Grevenbroich-Süd | 0:25:20 | M65 | 2 | 0:26:30 | 1948 |
| 255 | 742 | Schweflinghaus Andreas | Suitbertus-Gymnasium | 0:25:21 | M55 | 11 | 0:26:04 | 1960 |
| 256 | 2276 | Weski Marcel | *Mülheim an der Ruhr | 0:25:21 | M35 | 22 | 0:25:36 | 1981 |
| 257 | 2895 | Bleckert Anton | *Düsseldorf | 0:25:23 | MU18 | 37 | 0:25:43 | 1999 |
| 258 | 387 | Malchartzeck Benno | Görres-Gymnasium | 0:25:23 | MU18 | 38 | 0:26:45 | 2000 |
| 259 | 2219 | Ludewig Daniel | *Düsseldorf | 0:25:24 | M20 | 31 | 0:26:06 | 1989 |
| 260 | 4053 | Reintke Alexander | St. Ursula Gymnasium | 0:25:25 | MU18 | 39 | 0:25:50 | 2000 |
| 261 | 3676 | Rosenberg Kaspar | Matthias-Claudius-Grundsc | 0:25:26 | M30 | 27 | 0:25:54 | 1984 |
| 262 | 702 | Bernsmeister Max | Suitbertus-Gymnasium | 0:25:26 | MU14 | 22 | 0:25:29 | 2004 |
| 263 | 2959 | Oetting Christian | Elch & Friends Neuss | 0:25:27 | M40 | 20 | 0:26:01 | 1972 |
| 264 | 2519 | Schmitz Manfred | Team Schmitz | 0:25:28 | M65 | 3 | 0:25:36 | 1950 |
| 265 | 700 | Bensch Luca | Suitbertus-Gymnasium | 0:25:28 | MU14 | 23 | 0:25:32 | 2004 |
| 266 | 701 | Herp Nikolas | Suitbertus-Gymnasium | 0:25:29 | MU14 | 24 | 0:25:32 | 2004 |
| 267 | 3736 | Beelmann Mats | PSV Düsseldorf - D2 Juge | 0:25:30 | MU14 | 25 | 0:25:47 | 2004 |
| 268 | 367 | Bader Jan | Görres-Gymnasium | 0:25:30 | MU16 | 27 | 0:26:53 | 2001 |
| 269 | 2409 | Findler Axel | *Düsseldorf | 0:25:32 | M45 | 26 | 0:26:07 | 1970 |
| 270 | 3274 | Kaminski Michael | *Mülheim an der Ruhr | 0:25:32 | M55 | 12 | 0:26:49 | 1959 |
| 271 | 1213 | Röhrkasten Axel | *Dormagen | 0:25:36 | M60 | 3 | 0:25:42 | 1955 |
| 272 | 949 | Schenck Mattheo | Luisen-Gymnasium Düsseldorf | 0:25:36 | MU14 | 26 | 0:25:39 | 2004 |
| 273 | 3687 | Falzarano Ruben | Matthias-Claudius-Grundsc | 0:25:39 | MU14 | 27 | 0:25:40 | 2005 |
| 274 | 3043 | Mertin Alexander | 1. fc grevenbroich süd | 0:25:42 | M35 | 23 | 0:26:53 | 1978 |
| 275 | 1022 | Reusch Jürgen | DEKRA Automobil GmbH | 0:25:42 | M50 | 22 | 0:26:02 | 1963 |
| 276 | 4354 | Zeisig Peter | | 0:25:43 | M45 | 27 | 0:25:47 | 1971 |
| 277 | 930 | Strahlenbach Wolfgang | JUSTIZ DÜSSELDORF | 0:25:44 | M45 | 28 | 0:26:43 | 1967 |
| 278 | 908 | Coners Stefan | JUSTIZ DÜSSELDORF | 0:25:44 | M45 | 29 | 0:26:58 | 1968 |
| 279 | 1004 | Hashemi Ahmad | Josefshaus Olpe | 0:25:46 | MU18 | 40 | 0:26:33 | 1999 |
| 280 | 319 | Nomura Katsuhiko | Toshiba Europe GmbH | 0:25:46 | M40 | 21 | 0:27:02 | 1974 |
| 281 | 3229 | Rumpf Julian | Martin-Luther-King Schule | 0:25:47 | MU14 | 28 | 0:25:58 | 2003 |
| 282 | 880 | Baumann Jens | KGS Fleher Straße | 0:25:49 | M50 | 23 | 0:26:21 | 1965 |
| 283 | 1007 | Momand Sahel | Josefshaus Olpe | 0:25:56 | MU20 | 16 | 0:26:45 | 1998 |
| 284 | 1341 | Wirth Lukas | *Düsseldorf | 0:25:57 | MU14 | 29 | 0:26:01 | 2004 |
| 285 | 3256 | Fabritius Michael | Martin-Luther-King Schule | 0:25:58 | MU18 | 41 | 0:26:09 | 2000 |
| 286 | 1369 | Kaul Felix | *Düsseldorf | 0:25:58 | MU14 | 30 | 0:26:02 | 2003 |
| 287 | 1003 | Hashemi Shahanshah | Josefshaus Olpe | 0:25:59 | MU18 | 42 | 0:26:46 | 2000 |
| 288 | 1897 | Hoffbauer Reinhold | TV Angermund | 0:25:59 | M50 | 24 | 0:26:25 | 1966 |
| 289 | 579 | Weiler Marvin | Suitbertus-Gymnasium | 0:26:00 | MU18 | 43 | 0:26:43 | 1999 |
| 290 | 400 | Bardohl Adrian | Görres-Gymnasium | 0:26:01 | MU18 | 44 | 0:26:48 | 2000 |
| 291 | 3078 | Maurer Rene-Angelo | *Düsseldorf | 0:26:02 | M20 | 32 | 0:26:28 | 1991 |
| 292 | 2248 | Gierszal Markus | Mercer | 0:26:03 | M45 | 30 | 0:26:09 | 1967 |
| 293 | 4307 | Geretzki Dirk | Sportbund Rhein-Kreis Neu | 0:26:03 | M50 | 25 | 0:27:29 | 1966 |
| 294 | 3504 | Kasper Kay | KGS Niederkassel | 0:26:03 | M50 | 26 | 0:26:50 | 1964 |
| 295 | 1002 | Safari Ali | Josefshaus Olpe | 0:26:04 | MU18 | 45 | 0:26:53 | 1999 |

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Jedermannlauf 5 km

Männer

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|--------------------------|---------------------------|---------|------|----------|------------|----------|
| 296 | 1982 | Koldehoff Jesper | Humboldt Gymnasium | 0:26:04 | MU14 | 31 | 0:26:08 | 2003 |
| 297 | 635 | Möller Daniel | Suitbertus-Gymnasium | 0:26:06 | MU18 | 46 | 0:27:05 | 1999 |
| 298 | 113 | Egger Georg | TCC | 0:26:07 | M50 | 27 | 0:27:27 | 1963 |
| 299 | 3712 | Hose Leon | Städtisches Gymnasium | 0:26:08 | MU18 | 47 | 0:27:19 | 1999 |
| 300 | 818 | Abramovicz Jacques | BSG Sparda-Bank West | 0:26:16 | M45 | 31 | 0:26:50 | 1968 |
| 301 | 323 | Martinez-Palomo Juan | Toshiba Europe GmbH | 0:26:17 | M35 | 24 | 0:27:10 | 1977 |
| 302 | 638 | Poeschke Jan Paul | Suitbertus-Gymnasium | 0:26:18 | MU18 | 48 | 0:26:47 | 1999 |
| 303 | 1680 | Mross Julian | Tusem Essen | 0:26:19 | MU14 | 32 | 0:26:47 | 2003 |
| 304 | 2590 | Marchive Fabrice | KGS Fleher Straße | 0:26:20 | M45 | 32 | 0:27:28 | 1970 |
| 305 | 3679 | Wiemann Christian | Matthias-Claudius-Grundsc | 0:26:20 | M35 | 25 | 0:27:37 | 1981 |
| 306 | 3586 | Müller Nicolai | Matthias-Claudius-Grundsc | 0:26:22 | M40 | 22 | 0:26:47 | 1975 |
| 307 | 800 | Telders Klaus | BSG Sparda-Bank West | 0:26:23 | M55 | 13 | 0:27:57 | 1958 |
| 308 | 3119 | Griß-Suffner Jesse | Theodor-Fliedner-Gymnasi | 0:26:23 | MU14 | 33 | 0:26:38 | 2004 |
| 309 | 1301 | Lee Chulmin | *Düsseldorf | 0:26:24 | M45 | 33 | 0:26:55 | 1969 |
| 310 | 3127 | Bonassaria Ilias | Theodor-Fliedner-Gymnasi | 0:26:24 | MU14 | 34 | 0:26:39 | 2004 |
| 311 | 4039 | Liesenfeld Denzel | St. Ursula Gymnasium | 0:26:26 | MU16 | 28 | 0:27:27 | 2001 |
| 312 | 4326 | Gondorf Niklas | | 0:26:26 | M20 | 33 | 0:27:00 | 1988 |
| 313 | 749 | Kemper Josef | Suitbertus-Gymnasium | 0:26:27 | M50 | 28 | 0:27:09 | 1964 |
| 314 | 804 | Schramm Peter | BSG Sparda-Bank West | 0:26:28 | M30 | 28 | 0:28:02 | 1985 |
| 315 | 4543 | Bakir Murat | Getränke Siekmann GbR | 0:26:28 | M30 | 29 | 0:28:06 | 1986 |
| 316 | 1790 | Rank Sven | *Düsseldorf | 0:26:28 | M35 | 26 | 0:27:11 | 1978 |
| 317 | 2076 | Meis Jan Luca | Franz-Vaahsen-Schule | 0:26:29 | MU14 | 35 | 0:26:56 | 2006 |
| 318 | 1808 | Stamm Uli | *Hilden | 0:26:30 | M45 | 34 | 0:26:52 | 1969 |
| 319 | 1906 | Peter Ronald | HLG 98 Wuppertal | 0:26:31 | M55 | 14 | 0:26:40 | 1960 |
| 320 | 1241 | Port Marco | *Düsseldorf | 0:26:31 | M35 | 27 | 0:26:54 | 1978 |
| 321 | 393 | Krug Justus | Görres-Gymnasium | 0:26:31 | MU18 | 49 | 0:27:42 | 1999 |
| 322 | 405 | Selzner Arndt | Görres-Gymnasium | 0:26:31 | MU18 | 50 | 0:27:52 | 1999 |
| 323 | 1671 | Van der Porten Kai | *40724 | 0:26:33 | M45 | 35 | 0:26:55 | 1969 |
| 324 | 647 | Demming Tobias | Suitbertus-Gymnasium | 0:26:34 | MU18 | 51 | 0:27:05 | 2000 |
| 325 | 652 | Hemming Arne | Suitbertus-Gymnasium | 0:26:35 | MU18 | 52 | 0:27:06 | 1999 |
| 326 | 3031 | Krause Daniel | DjK Benninghausen-Eickel | 0:26:36 | M40 | 23 | 0:27:17 | 1975 |
| 327 | 705 | Rupprecht Marlin | Suitbertus-Gymnasium | 0:26:37 | MU14 | 36 | 0:26:40 | 2004 |
| 328 | 391 | Yamin Arman | Görres-Gymnasium | 0:26:37 | MU18 | 53 | 0:27:58 | 2000 |
| 329 | 563 | Duhnsen Niklas | Suitbertus-Gymnasium | 0:26:37 | MU20 | 17 | 0:26:51 | 1998 |
| 330 | 120 | Wawrzyniak Volker | Regio Stapler Service Gmb | 0:26:38 | M50 | 29 | 0:27:47 | 1966 |
| 331 | 2188 | Kerzel Marco | *Düsseldorf | 0:26:40 | M20 | 34 | 0:27:52 | 1991 |
| 332 | 720 | Mechsner Timon | Suitbertus-Gymnasium | 0:26:40 | M30 | 30 | 0:28:12 | 1986 |
| 333 | 3044 | Cieslik Fryderyk | DTV SKI | 0:26:40 | M60 | 4 | 0:27:02 | 1954 |
| 334 | 646 | Bramlage Justus | Suitbertus-Gymnasium | 0:26:41 | MU18 | 54 | 0:28:03 | 2000 |
| 335 | 585 | Jablonowski Joshua Felix | Suitbertus-Gymnasium | 0:26:42 | MU18 | 55 | 0:28:03 | 2000 |
| 336 | 3039 | Recknagel Carl | *Düsseldorf | 0:26:43 | MU14 | 37 | 0:27:11 | 2006 |
| 337 | 139 | Fellhölter Martin | Vodafone Group Services G | 0:26:43 | M45 | 36 | 0:26:54 | 1970 |
| 338 | 4324 | Romo Benny | | 0:26:43 | M20 | 35 | 0:27:19 | 1989 |
| 339 | 2898 | Meisen Fabian | *Erkrath | 0:26:44 | MU20 | 18 | 0:27:05 | 1998 |
| 340 | 2122 | Kaska Venio | *Düsseldorf | 0:26:44 | M45 | 37 | 0:27:28 | 1967 |
| 341 | 2455 | Heczko Andreas | *Düsseldorf | 0:26:46 | M55 | 15 | 0:26:54 | 1960 |
| 342 | 2946 | Jones Allan | *Auerweg 3 | 0:26:46 | M40 | 24 | 0:27:08 | 1972 |
| 343 | 724 | Metz Daniel | Suitbertus-Gymnasium | 0:26:47 | M20 | 36 | 0:28:19 | 1987 |
| 344 | 4056 | Siemons Lukas | St. Ursula Gymnasium | 0:26:48 | MU18 | 56 | 0:27:12 | 2000 |
| 345 | 703 | Richter Johan | Suitbertus-Gymnasium | 0:26:49 | MU14 | 38 | 0:26:52 | 2003 |
| 346 | 386 | Kwok Ching-Hang | Görres-Gymnasium | 0:26:49 | MU18 | 57 | 0:27:46 | 2000 |
| 347 | 741 | Duhnsen Ocke | Suitbertus-Gymnasium | 0:26:49 | M50 | 30 | 0:27:03 | 1962 |
| 348 | 3529 | Feil Jan-Marten | Matthias-Claudius-Grundsc | 0:26:49 | M40 | 25 | 0:28:26 | 1972 |
| 349 | 704 | Kamp Roman | Suitbertus-Gymnasium | 0:26:52 | MU14 | 39 | 0:26:55 | 2003 |
| 350 | 406 | Schouls Paul | Görres-Gymnasium | 0:26:53 | MU18 | 58 | 0:28:40 | 1999 |
| 351 | 3615 | Solbach Jochen | Matthias-Claudius-Grundsc | 0:26:53 | M40 | 26 | 0:27:58 | 1972 |
| 352 | 142 | Noll Ingmar | Vodafone Group Services G | 0:26:53 | M50 | 31 | 0:27:04 | 1965 |
| 353 | 1016 | Theile Manuel | Josefshaus Olpe | 0:26:55 | M20 | 37 | 0:27:49 | 1988 |
| 354 | 549 | Esser Clemens | Suitbertus-Gymnasium | 0:26:55 | MU18 | 59 | 0:28:22 | 1999 |

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Jedermannlauf 5 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|------|----------|------------|----------|
| 355 | 1342 | Wirth Markus | *Düsseldorf | 0:26:55 | MU16 | 29 | 0:27:01 | 2002 |
| 356 | 344 | Rades Daniel | Görres-Gymnasium | 0:26:56 | M40 | 27 | 0:28:03 | 1976 |
| 357 | 1344 | Wirth Peter | *Düsseldorf | 0:26:57 | M40 | 28 | 0:27:01 | 1972 |
| 358 | 695 | Wagner Mitchell | Suitbertus-Gymnasium | 0:26:58 | MU14 | 40 | 0:27:11 | 2003 |
| 359 | 797 | Kräling Jonas | BSG Sparda-Bank West | 0:26:58 | M20 | 38 | 0:28:32 | 1987 |
| 360 | 526 | Sender Maximilian | E.ON Inhouse Consulting G | 0:26:58 | M20 | 39 | 0:27:30 | 1990 |
| 361 | 751 | Hemming Bernd | Suitbertus-Gymnasium | 0:27:00 | M55 | 16 | 0:28:23 | 1961 |
| 362 | 573 | Reyes Fabrice | Suitbertus-Gymnasium | 0:27:01 | MU20 | 19 | 0:28:23 | 1998 |
| 363 | 327 | Van Baellert Koen | Toshiba Europe GmbH | 0:27:02 | M40 | 29 | 0:28:13 | 1972 |
| 364 | 508 | Kabonov Alexander | E.ON Inhouse Consulting G | 0:27:05 | M30 | 31 | 0:28:09 | 1986 |
| 365 | 111 | Länger Michael | TCC | 0:27:07 | M35 | 28 | 0:28:25 | 1979 |
| 366 | 2672 | Liedtjens Ralf | KGS Fleher Straße | 0:27:07 | M40 | 30 | 0:27:32 | 1975 |
| 367 | 449 | Bakos Dorian | Görres-Gymnasium | 0:27:07 | MU16 | 30 | 0:28:12 | 2002 |
| 368 | 744 | Friedrich Martin | Suitbertus-Gymnasium | 0:27:07 | M45 | 38 | 0:27:11 | 1969 |
| 369 | 889 | Frank Andreas | KGS Fleher Straße | 0:27:10 | M45 | 39 | 0:28:42 | 1970 |
| 370 | 4166 | Jüngling Christian | Martin-Luther-Schule | 0:27:12 | M45 | 40 | 0:28:16 | 1970 |
| 371 | 4441 | Merkel Ralf | | 0:27:13 | M55 | 17 | 0:27:24 | 1958 |
| 372 | 718 | Friedrich Levin | Suitbertus-Gymnasium | 0:27:14 | MU14 | 41 | 0:27:18 | 2005 |
| 373 | 3050 | Nagler Claus | *Düsseldorf | 0:27:14 | M45 | 41 | 0:27:21 | 1967 |
| 374 | 144 | Stein Michael | Vodafone Group Services G | 0:27:15 | M45 | 42 | 0:27:29 | 1970 |
| 375 | 580 | Bungert Henrik Finn | Suitbertus-Gymnasium | 0:27:15 | MU18 | 60 | 0:28:40 | 2000 |
| 376 | 3429 | Curic Gabriel | KGS Niederkassel | 0:27:16 | MU16 | 31 | 0:27:17 | 2002 |
| 377 | 708 | Ahrens Justus | Suitbertus-Gymnasium | 0:27:16 | MU14 | 42 | 0:27:17 | 2004 |
| 378 | 3267 | Luczak Roman | Martin-Luther-King Schule | 0:27:17 | M30 | 32 | 0:28:14 | 1985 |
| 379 | 555 | Röske Christopher | Suitbertus-Gymnasium | 0:27:17 | MU20 | 20 | 0:28:39 | 1998 |
| 380 | 2602 | Werner Sven | KGS Fleher Straße | 0:27:18 | M40 | 31 | 0:27:40 | 1976 |
| 381 | 381 | Herrenbrück Hendrik | Görres-Gymnasium | 0:27:18 | MU18 | 61 | 0:27:52 | 2000 |
| 382 | 2440 | Geißdörfer Dennis | *Wuppertal | 0:27:18 | MU20 | 21 | 0:27:45 | 1998 |
| 383 | 409 | Schmitz Claudio | Görres-Gymnasium | 0:27:19 | MU18 | 62 | 0:29:06 | 1999 |
| 384 | 4222 | Konrath Melvin | Martin-Luther-Schule | 0:27:19 | MU14 | 43 | 0:27:21 | 2003 |
| 385 | 4304 | Schenkewitz Thomas | Sportbund Rhein-Kreis Neu | 0:27:21 | M20 | 40 | 0:28:46 | 1991 |
| 386 | 2747 | Pitzner René | KGS Essener Straße | 0:27:21 | M45 | 43 | 0:28:50 | 1969 |
| 387 | 3644 | Heyll Fritz | Matthias-Claudius-Grundsc | 0:27:21 | MU14 | 44 | 0:27:49 | 2006 |
| 388 | 4479 | Klein Vincent | Matthias-Claudius-Grundsc | 0:27:22 | MU14 | 45 | 0:27:49 | 2006 |
| 389 | 4348 | Theissen Dieter | Der weiße Kenianer | 0:27:25 | M65 | 4 | 0:27:48 | 1947 |
| 390 | 694 | Recknagel Max | Suitbertus-Gymnasium | 0:27:28 | MU14 | 46 | 0:27:57 | 2003 |
| 391 | 798 | Freudenfeld Jonathan | BSG Sparda-Bank West | 0:27:29 | M20 | 41 | 0:29:03 | 1987 |
| 392 | 121 | Bourceau Bernd | Regio Stapler Service Gmb | 0:27:31 | M45 | 44 | 0:28:40 | 1967 |
| 393 | 3195 | Han Jianmin | Hisense Germany GmbH | 0:27:32 | M45 | 45 | 0:28:46 | 1971 |
| 394 | 138 | Deckert Marcel | Vodafone Group Services G | 0:27:33 | M35 | 29 | 0:29:15 | 1978 |
| 395 | 3479 | Kreil Henri | KGS Niederkassel | 0:27:34 | MU14 | 47 | 0:29:21 | 2004 |
| 396 | 965 | Ankermann Marek | Luisen-Gymnasium Düsseldorf | 0:27:35 | MU16 | 32 | 0:27:56 | 2001 |
| 397 | 711 | Gutzke Hans Kataro | Suitbertus-Gymnasium | 0:27:38 | MU14 | 48 | 0:29:23 | 2005 |
| 398 | 746 | Gutzke Jens Arne | Suitbertus-Gymnasium | 0:27:39 | M40 | 32 | 0:29:24 | 1972 |
| 399 | 2616 | Hölzer Martin | KGS Fleher Straße | 0:27:41 | M20 | 42 | 0:28:02 | 1990 |
| 400 | 1026 | Hönscher Arnd | DEKRA Automobil GmbH | 0:27:42 | M55 | 18 | 0:28:01 | 1961 |
| 401 | 3549 | Bloch Marco | Matthias-Claudius-Grundsc | 0:27:43 | M45 | 46 | 0:28:37 | 1967 |
| 402 | 1160 | Mergner Wolfgang | *Dinslaken | 0:27:45 | M55 | 19 | 0:28:13 | 1959 |
| 403 | 707 | Albagnak Jakob | Suitbertus-Gymnasium | 0:27:45 | MU14 | 49 | 0:27:45 | 2005 |
| 404 | 4156 | Spoo Christoph | Martin-Luther-Schule | 0:27:46 | M45 | 47 | 0:28:48 | 1969 |
| 405 | 488 | Becker David | *Monheim | 0:27:47 | MU16 | 33 | 0:29:01 | 2001 |
| 406 | 3390 | Di Dato Lopes Lisandro | Thomas-Schule | 0:27:47 | M40 | 33 | 0:28:55 | 1976 |
| 407 | 658 | Rütten Dennis | Suitbertus-Gymnasium | 0:27:49 | MU18 | 63 | 0:29:15 | 2000 |
| 408 | 810 | Veken Janik | BSG Sparda-Bank West | 0:27:50 | M20 | 43 | 0:28:24 | 1995 |
| 409 | 785 | Kempkens Jan Gerhard | BSG Sparda-Bank West | 0:27:50 | M20 | 44 | 0:28:21 | 1990 |
| 410 | 599 | Bönsch Benedikt | Suitbertus-Gymnasium | 0:27:52 | MU18 | 64 | 0:28:22 | 2000 |
| 411 | 345 | Maxhera Leon | Görres-Gymnasium | 0:27:53 | MU14 | 50 | 0:27:56 | 2005 |
| 412 | 4376 | Baehr Paul-Gerhard | | 0:27:53 | M60 | 5 | 0:27:59 | 1953 |
| 413 | 2318 | Clemens Roman | *Frankfurt | 0:27:53 | M20 | 45 | 0:28:21 | 1987 |

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Jedermannlauf 5 km

Männer

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-------------------------|-----------------------------|---------|------|----------|------------|----------|
| 414 | 1953 | Polster Moritz | SuS Bertlich | 0:27:54 | MU16 | 34 | 0:29:12 | 2001 |
| 415 | 3136 | Hüffner Matz | Theodor-Fliedner-Gymnasi | 0:27:56 | MU14 | 51 | 0:27:58 | 2005 |
| 416 | 19 | Taube Tobias | Horst Kürvers GmbH | 0:27:57 | M20 | 46 | 0:28:29 | 1994 |
| 417 | 3134 | Frerich Jan-Philipp | Theodor-Fliedner-Gymnasi | 0:27:57 | MU14 | 52 | 0:27:58 | 2004 |
| 418 | 4587 | Bäumle Mannel | | 0:27:57 | M40 | 34 | 0:28:37 | 1976 |
| 419 | 786 | Meissner Jörn | BSG Sparda-Bank West | 0:27:58 | M35 | 30 | 0:29:19 | 1981 |
| 420 | 1867 | Kaldenhoven Dennis | *Oberhausen | 0:27:59 | M35 | 31 | 0:29:27 | 1980 |
| 421 | 33 | Blomenkamp Marc | Horst Kürvers GmbH | 0:27:59 | M45 | 48 | 0:28:34 | 1970 |
| 422 | 612 | Kramp Jonas | Suitbertus-Gymnasium | 0:28:00 | MU18 | 65 | 0:28:31 | 1999 |
| 423 | 2683 | Schultz Christian | KGS Fleher Straße | 0:28:00 | M30 | 33 | 0:29:31 | 1984 |
| 424 | 766 | Völker Maximilian | BSG Sparda-Bank West | 0:28:00 | M35 | 32 | 0:29:20 | 1980 |
| 425 | 2876 | Dayeh Dr. Abed | *Düsseldorf | 0:28:01 | M35 | 33 | 0:28:05 | 1979 |
| 426 | 145 | Vißers Ralf | Vodafone Group Services | 0:28:02 | M45 | 49 | 0:28:49 | 1968 |
| 427 | 3512 | Partenzi Florio | KGS Niederkassel | 0:28:02 | MU14 | 53 | 0:29:19 | 2004 |
| 428 | 2187 | Kerzel Oliver | *Meerbusch | 0:28:03 | M45 | 50 | 0:29:14 | 1968 |
| 429 | 1706 | Kleefisch Hans-Peter | LGK Berghausen | 0:28:03 | M70 | 1 | 0:28:11 | 1946 |
| 430 | 4592 | Gersdorf Jörn | *Düsseldorf | 0:28:04 | M40 | 35 | 0:29:31 | 1975 |
| 431 | 558 | Seuthe Johannes | Suitbertus-Gymnasium | 0:28:05 | MU18 | 66 | 0:29:33 | 1999 |
| 432 | 3149 | Paraskevopolus Christos | SV Union Velbert | 0:28:05 | M20 | 47 | 0:28:43 | 1990 |
| 433 | 750 | Christochowitz Arnd | Suitbertus-Gymnasium | 0:28:06 | M45 | 51 | 0:28:49 | 1968 |
| 434 | 2659 | Bub Marco | KGS Fleher Straße | 0:28:07 | M45 | 52 | 0:28:14 | 1971 |
| 435 | 4349 | Hess Georg | | 0:28:08 | M50 | 32 | 0:28:18 | 1964 |
| 436 | 1152 | Schröder Ulf | *Neuss | 0:28:09 | M50 | 33 | 0:28:49 | 1966 |
| 437 | 557 | Sciechowski Wiktor | Suitbertus-Gymnasium | 0:28:09 | MU18 | 67 | 0:28:22 | 1999 |
| 438 | 1880 | Ehis Ben Nosa | *Willich | 0:28:10 | MU18 | 68 | 0:29:28 | 1999 |
| 439 | 1881 | Windhausen Harald | *Willich | 0:28:12 | M45 | 53 | 0:29:29 | 1970 |
| 440 | 809 | Syben Bernhard | BSG Sparda-Bank West | 0:28:12 | M50 | 34 | 0:28:46 | 1965 |
| 441 | 1879 | Ehis Mike Osato | *Willich | 0:28:12 | MU16 | 35 | 0:29:30 | 2001 |
| 442 | 1668 | Grenz Maik | *Erkrath | 0:28:12 | M40 | 36 | 0:29:17 | 1974 |
| 443 | 2694 | Mueller Götz | KGS Fleher Straße | 0:28:13 | M30 | 34 | 0:29:20 | 1985 |
| 444 | 3131 | Bonassaria Noah | Theodor-Fliedner-Gymnasi | 0:28:14 | MU14 | 54 | 0:28:29 | 2007 |
| 445 | 3129 | Bonassaria Hassan | Theodor-Fliedner-Gymnasi | 0:28:15 | M40 | 37 | 0:28:30 | 1973 |
| 446 | 943 | Marwan Noah | Luisen-Gymnasium Düsseldorf | 0:28:15 | MU14 | 55 | 0:28:28 | 2004 |
| 447 | 721 | Gürtler Jens | Suitbertus-Gymnasium | 0:28:15 | M35 | 34 | 0:28:47 | 1981 |
| 448 | 2487 | Scharf Thomas | *Mettmann | 0:28:17 | M65 | 5 | 0:28:35 | 1950 |
| 448 | 4159 | Schubart René | Martin-Luther-Schule | 0:28:17 | M30 | 35 | 0:28:43 | 1982 |
| 450 | 799 | Jäschke Florian | BSG Sparda-Bank West | 0:28:18 | M20 | 48 | 0:29:52 | 1994 |
| 451 | 4347 | Markey Ian | | 0:28:19 | M40 | 38 | 0:28:31 | 1976 |
| 452 | 4210 | Wemhoff Thorsten | Martin-Luther-Schule | 0:28:19 | M30 | 36 | 0:29:18 | 1986 |
| 453 | 4106 | Blumenrath Christian | BSG Sparda-Bank-West | 0:28:20 | M45 | 54 | 0:28:46 | 1968 |
| 454 | 4209 | Jaitner Georg | Martin-Luther-Schule | 0:28:21 | M55 | 20 | 0:29:18 | 1961 |
| 455 | 2976 | Scherbaum Andreas | *Düsseldorf | 0:28:21 | M45 | 55 | 0:29:44 | 1971 |
| 456 | 4013 | Bruneau Andreas | St. Ursula Gymnasium | 0:28:22 | M55 | 21 | 0:29:24 | 1960 |
| 457 | 922 | Rolke Dieter | JUSTIZ DÜSSELDORF | 0:28:24 | M55 | 22 | 0:28:59 | 1961 |
| 458 | 535 | Todt Max | Suitbertus-Gymnasium | 0:28:27 | MU20 | 22 | 0:28:41 | 1997 |
| 459 | 1205 | Mühlmann Christian | *Düsseldorf | 0:28:28 | M45 | 56 | 0:29:26 | 1971 |
| 460 | 1826 | Pieper Alexander | Augenärzte Xanten | 0:28:28 | MU14 | 56 | 0:28:53 | 2004 |
| 461 | 727 | Kalenberg Heinz | Suitbertus-Gymnasium | 0:28:30 | M60 | 6 | 0:29:51 | 1953 |
| 462 | 668 | Bellinghoven Matthias | Suitbertus-Gymnasium | 0:28:32 | MU18 | 69 | 0:28:42 | 2000 |
| 463 | 4102 | Bahners Bahne Hendrik | BSG Sparda-Bank-West | 0:28:32 | M20 | 49 | 0:29:06 | 1993 |
| 464 | 685 | Campagnari Zeno | Suitbertus-Gymnasium | 0:28:35 | MU14 | 57 | 0:29:12 | 2003 |
| 465 | 2906 | Sawalies Dr. Dieter | DIE LINKE | 0:28:37 | M65 | 6 | 0:28:53 | 1949 |
| 466 | 124 | Ulrich Stefan | WTS Steuerberatungsges | 0:28:38 | M30 | 37 | 0:29:10 | 1983 |
| 467 | 1190 | Bass Moritz | *Essen | 0:28:39 | MU16 | 36 | 0:28:52 | 2001 |
| 468 | 2777 | Niggemeier Ralf | KGS Essener Straße | 0:28:40 | M45 | 57 | 0:30:03 | 1968 |
| 469 | 3148 | Auhl Dietmar | SV Union Velbert | 0:28:42 | M40 | 39 | 0:29:25 | 1976 |
| 470 | 3526 | Feil Alexander | Matthias-Claudius-Grundsc | 0:28:43 | MU16 | 37 | 0:29:00 | 2002 |
| 471 | 3112 | Stuckstedte Christian | *Meerbusch | 0:28:43 | M20 | 50 | 0:30:17 | 1988 |
| 472 | 1063 | Pak Dr. Daniel | *Düsseldorf | 0:28:44 | M35 | 35 | 0:29:09 | 1977 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|------|----------|------------|----------|
| 473 | 588 | Keller Dominique | Suitbertus-Gymnasium | 0:28:45 | MU18 | 70 | 0:30:06 | 2000 |
| 474 | 611 | Auer Lennart | Suitbertus-Gymnasium | 0:28:46 | MU18 | 71 | 0:30:06 | 2000 |
| 475 | 2329 | Roshop Dieter | *Oldenburg | 0:28:46 | M75 | 1 | 0:29:15 | 1940 |
| 476 | 311 | Türke Georg | GGs Sternwartschule | 0:28:47 | M20 | 51 | 0:29:33 | 1987 |
| 477 | 441 | Zader Tobias | Görres-Gymnasium | 0:28:49 | MU18 | 72 | 0:30:31 | 1999 |
| 478 | 3144 | Gehrmann Felix | SV Union Velbert | 0:28:50 | MU14 | 58 | 0:29:27 | 2004 |
| 479 | 796 | Telders Dominik | BSG Sparda-Bank West | 0:28:52 | M20 | 52 | 0:30:24 | 1996 |
| 480 | 2119 | Sari Prof. Dr. Umut | *Hilden | 0:28:52 | MU18 | 73 | 0:28:57 | 1999 |
| 481 | 544 | Auler Robert Bedri | Suitbertus-Gymnasium | 0:28:54 | MU20 | 23 | 0:30:19 | 1998 |
| 482 | 3187 | Golenia Gregor | IKEA Düsseldorf | 0:28:54 | M30 | 38 | 0:29:16 | 1984 |
| 483 | 3139 | Schmid Oliver | Theodor-Fliedner-Gymnasi | 0:28:57 | M45 | 58 | 0:30:01 | 1970 |
| 484 | 3594 | Wefel Tristan | Matthias-Claudius-Grundsc | 0:28:57 | MU14 | 59 | 0:29:23 | 2006 |
| 485 | 996 | Sack Sven | Josefshaus Olpe | 0:28:59 | MU20 | 24 | 0:29:52 | 1997 |
| 486 | 995 | Pohl Michel | Josefshaus Olpe | 0:28:59 | MU16 | 38 | 0:29:53 | 2001 |
| 487 | 316 | Van Huet Albert | Toshiba Europe GmbH | 0:29:00 | M50 | 35 | 0:30:13 | 1965 |
| 488 | 803 | Schneider Niels | BSG Sparda-Bank West | 0:29:00 | M35 | 36 | 0:30:32 | 1977 |
| 489 | 348 | Faust Simon | Görres-Gymnasium | 0:29:03 | M20 | 53 | 0:30:17 | 1988 |
| 490 | 94 | Abu Mahfouz Josef | Kinder-Jugendhilfe Adler e. | 0:29:08 | M35 | 37 | 0:29:16 | 1980 |
| 491 | 906 | Blomenkamp Carl | JUSTIZ DÜSSELDORF | 0:29:10 | M50 | 36 | 0:29:47 | 1965 |
| 492 | 1475 | Bartsch Martin | *Ratingen | 0:29:11 | M60 | 7 | 0:30:06 | 1954 |
| 492 | 3177 | Badura Michael | KGS Essener Straße | 0:29:11 | M40 | 40 | 0:30:27 | 1972 |
| 494 | 446 | Osman Taha | Görres-Gymnasium | 0:29:13 | MU18 | 74 | 0:30:09 | 1999 |
| 495 | 4064 | Wibbeke Nils | St. Ursula Gymnasium | 0:29:13 | MU14 | 60 | 0:29:56 | 2004 |
| 496 | 100 | Haj Abdi Joudi | Kinder-Jugendhilfe Adler e. | 0:29:13 | MU16 | 39 | 0:29:15 | 2001 |
| 497 | 3062 | Hegh Michael | *Düsseldorf | 0:29:14 | M45 | 59 | 0:30:07 | 1971 |
| 498 | 941 | Latocha Matheusz | Luisen-Gymnasium Düsseldorf | 0:29:14 | MU14 | 61 | 0:29:18 | 2005 |
| 499 | 1928 | Domanowski Sebastian | Luisen-Gymnasium Düsseldorf | 0:29:15 | M35 | 38 | 0:30:32 | 1981 |
| 499 | 968 | Latocha Tomasz | Luisen-Gymnasium Düsseldorf | 0:29:15 | M40 | 41 | 0:29:19 | 1974 |
| 501 | 1109 | Jansen Peter | Flöck Fott | 0:29:15 | M55 | 23 | 0:30:31 | 1961 |
| 502 | 3115 | Überall Sascha | Astrid Lindgren Schule | 0:29:18 | M45 | 60 | 0:30:45 | 1969 |
| 503 | 3686 | Falzarano Tulio | Matthias-Claudius-Grundsc | 0:29:19 | MU14 | 62 | 0:29:22 | 2008 |
| 504 | 3561 | Dickmann Jörg | Matthias-Claudius-Grundsc | 0:29:22 | M45 | 61 | 0:29:44 | 1968 |
| 505 | 1237 | Gutsche Sören | *Grevenbroich | 0:29:22 | M20 | 54 | 0:29:44 | 1993 |
| 506 | 2396 | Hoffmeyer Stephan | *Düsseldorf | 0:29:22 | M35 | 39 | 0:30:30 | 1979 |
| 507 | 4006 | Barth Rene | Getränke Siekmann GbR | 0:29:24 | M20 | 55 | 0:31:02 | 1987 |
| 508 | 1012 | Höfer Jörg | Josefshaus Olpe | 0:29:25 | M40 | 42 | 0:30:16 | 1974 |
| 509 | 625 | Dahmen Kai | Suitbertus-Gymnasium | 0:29:26 | MU18 | 75 | 0:30:46 | 1999 |
| 510 | 141 | Jansen Martin | Vodafone Group Services G | 0:29:29 | M35 | 40 | 0:30:04 | 1977 |
| 511 | 737 | Heuking Christian | Suitbertus-Gymnasium | 0:29:29 | M50 | 37 | 0:29:48 | 1966 |
| 512 | 4012 | Brecklinghaus Johannes | St. Ursula Gymnasium | 0:29:29 | M55 | 24 | 0:30:32 | 1961 |
| 513 | 691 | Reyes René | Suitbertus-Gymnasium | 0:29:29 | MU14 | 63 | 0:29:47 | 2003 |
| 514 | 689 | Heuking Christopher | Suitbertus-Gymnasium | 0:29:29 | MU14 | 64 | 0:29:48 | 2003 |
| 515 | 3247 | Brandhuber Elias | Martin-Luther-King Schule | 0:29:30 | MU14 | 65 | 0:29:39 | 2003 |
| 516 | 3253 | Maxonce Verron | Martin-Luther-King Schule | 0:29:30 | MU14 | 66 | 0:29:39 | 2003 |
| 517 | 1836 | Heinrichs Stephan | Feuerwehr Viersen | 0:29:31 | M30 | 39 | 0:29:49 | 1984 |
| 518 | 4019 | Franken Theo | St. Ursula Gymnasium | 0:29:33 | M45 | 62 | 0:30:28 | 1967 |
| 519 | 2235 | Tröger Klaus | *Jüchen | 0:29:35 | M55 | 25 | 0:29:44 | 1959 |
| 520 | 962 | Nowak Kaspar | Luisen-Gymnasium Düsseldorf | 0:29:35 | MU16 | 40 | 0:29:52 | 2002 |
| 521 | 552 | Leucht Nils | Suitbertus-Gymnasium | 0:29:36 | MU20 | 25 | 0:31:01 | 1998 |
| 522 | 2374 | Dräger Dirk | *Solingen | 0:29:38 | M40 | 43 | 0:31:21 | 1973 |
| 523 | 787 | Reinartz Jochen | BSG Sparda-Bank West | 0:29:38 | M55 | 26 | 0:30:52 | 1961 |
| 524 | 4063 | Wibbeke Jan | St. Ursula Gymnasium | 0:29:39 | MU14 | 67 | 0:30:22 | 2004 |
| 525 | 1669 | Vehrenkemper Heiko | *Mülheim a.d. Ruhr | 0:29:40 | M40 | 44 | 0:30:28 | 1976 |
| 526 | 2109 | Hengesbach Eric | Stadtverwaltung Düsseldorf | 0:29:40 | M45 | 63 | 0:31:06 | 1971 |
| 527 | 3564 | Piterek Robert | Matthias-Claudius-Grundsc | 0:29:41 | M45 | 64 | 0:29:54 | 1970 |
| 528 | 3004 | Julidori Matheus | Run4Fun | 0:29:41 | MU18 | 76 | 0:31:00 | 2000 |
| 529 | 1727 | Uhrhan Markus | *Essen | 0:29:41 | M35 | 41 | 0:31:06 | 1980 |
| 530 | 4015 | DeLiso Gianluca | St. Ursula Gymnasium | 0:29:43 | MU14 | 68 | 0:30:06 | 2003 |
| 531 | 2173 | Tiedtke Oliver | *Neuss | 0:29:46 | M30 | 40 | 0:29:52 | 1983 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|------|----------|------------|----------|
| 532 | 1300 | Majer Carlo | *Düsseldorf | 0:29:47 | MU14 | 69 | 0:31:28 | 2006 |
| 533 | 1299 | Majer Marek | *Düsseldorf | 0:29:47 | M40 | 45 | 0:31:29 | 1974 |
| 534 | 4306 | Steinmetz Thorsten | Sportbund Rhein-Kreis Neu | 0:29:47 | M30 | 41 | 0:31:16 | 1986 |
| 535 | 1052 | Landmann Michael | *Haan | 0:29:48 | M30 | 42 | 0:30:18 | 1983 |
| 536 | 970 | Wedler Martin | Luisen-Gymnasium Düsseldorf | 0:29:52 | M50 | 38 | 0:29:52 | 1963 |
| 537 | 681 | Pilske Paul Mika | Suitbertus-Gymnasium | 0:29:56 | MU14 | 70 | 0:30:34 | 2003 |
| 538 | 3581 | Abazi Butrint | Matthias-Claudius-Grundsc | 0:29:56 | MU14 | 71 | 0:30:10 | 2005 |
| 539 | 523 | Schoene Jan | E.ON Inhouse Consulting G | 0:29:58 | M20 | 56 | 0:31:00 | 1989 |
| 540 | 3542 | Fehlberg Jona | Matthias-Claudius-Grundsc | 0:29:58 | MU14 | 72 | 0:30:10 | 2006 |
| 541 | 2621 | Böhm Dennis | KGS Fleher Straße | 0:29:58 | M20 | 57 | 0:30:28 | 1988 |
| 542 | 2648 | Weber Reduan | KGS Fleher Straße | 0:30:02 | M35 | 42 | 0:30:32 | 1977 |
| 543 | 753 | Pilske Claus-Dieter | Suitbertus-Gymnasium | 0:30:02 | M70 | 2 | 0:30:41 | 1946 |
| 544 | 2619 | Grote Alexander | KGS Fleher Straße | 0:30:04 | M20 | 58 | 0:31:12 | 1988 |
| 545 | 131 | Reinfeld Till | WTS Steuerberatungsges | 0:30:04 | M45 | 65 | 0:30:35 | 1967 |
| 546 | 1866 | Tönnes Klaus | *Mülheim | 0:30:05 | M45 | 66 | 0:31:32 | 1967 |
| 547 | 2727 | Müller Dirk | KGS Essener Straße | 0:30:06 | M45 | 67 | 0:31:27 | 1969 |
| 548 | 4325 | Romo Felix | | 0:30:06 | M60 | 8 | 0:30:39 | 1955 |
| 549 | 776 | Schepp Stefan | BSG Sparda-Bank West | 0:30:06 | M45 | 68 | 0:30:40 | 1967 |
| 550 | 2323 | Schott Ferdinand | Langenfeld Runners | 0:30:07 | M50 | 39 | 0:31:50 | 1963 |
| 551 | 610 | Zeimes Mathieu | Suitbertus-Gymnasium | 0:30:07 | MU18 | 77 | 0:30:39 | 2000 |
| 552 | 921 | Pollmächer Frank | JUSTIZ DÜSSELDORF | 0:30:08 | M55 | 27 | 0:31:22 | 1961 |
| 553 | 1580 | Kommoß Sascha | *Essen | 0:30:09 | M35 | 43 | 0:31:04 | 1978 |
| 554 | 4563 | Stephens Justin | *Meerbusch | 0:30:10 | M40 | 46 | 0:31:32 | 1975 |
| 555 | 1667 | Blum André | *Düsseldorf | 0:30:12 | M30 | 43 | 0:31:19 | 1983 |
| 556 | 347 | Bianchi Enrico | Görres-Gymnasium | 0:30:13 | MU18 | 78 | 0:31:30 | 2000 |
| 557 | 4562 | Glowienke Carsten | Tischlerei Glowienke | 0:30:13 | M40 | 47 | 0:31:32 | 1975 |
| 558 | 501 | Ciavarella Luigi | E.ON Inhouse Consulting G | 0:30:14 | M30 | 44 | 0:31:18 | 1986 |
| 559 | 96 | Haidar Ammar | Kinder-Jugendhilfe Adler e. | 0:30:20 | MU18 | 79 | 0:30:25 | 1999 |
| 560 | 97 | Koxha Elidon | Kinder-Jugendhilfe Adler e. | 0:30:21 | MU20 | 26 | 0:30:28 | 1998 |
| 561 | 778 | Beule Kristian | BSG Sparda-Bank West | 0:30:22 | M35 | 44 | 0:30:59 | 1978 |
| 562 | 3684 | Ringewaldt Kord | Matthias-Claudius-Grundsc | 0:30:22 | MU14 | 73 | 0:30:25 | 2003 |
| 563 | 1908 | Voigt Volker | *Haan | 0:30:23 | M45 | 69 | 0:30:30 | 1967 |
| 564 | 3132 | Nietiet Franziskus | Theodor-Fliedner-Gymnasi | 0:30:24 | MU14 | 74 | 0:31:14 | 2004 |
| 565 | 2563 | Christophersen Jens | *Krefeld | 0:30:24 | M40 | 48 | 0:30:29 | 1975 |
| 566 | 2696 | Thennis Michael | KGS Fleher Straße | 0:30:28 | M40 | 49 | 0:31:32 | 1973 |
| 567 | 2742 | Bachmann Silvester | KGS Essener Straße | 0:30:28 | MU16 | 41 | 0:32:01 | 2002 |
| 568 | 15 | Reuter Stefan | Horst Kürvers GmbH | 0:30:29 | M45 | 70 | 0:31:05 | 1969 |
| 569 | 560 | Wang Roger | Suitbertus-Gymnasium | 0:30:30 | MU18 | 80 | 0:31:48 | 1999 |
| 570 | 2698 | Kiehn Markus | KGS Fleher Straße | 0:30:31 | M40 | 50 | 0:31:36 | 1973 |
| 571 | 3323 | Windheuser Paul | Gymnasium Gerresheim 6 | 0:30:34 | MU14 | 75 | 0:30:37 | 2003 |
| 572 | 783 | Gehrmann Xaver | BSG Sparda-Bank West | 0:30:34 | M40 | 51 | 0:31:15 | 1975 |
| 573 | 586 | Joschko Philipp Stefan | Suitbertus-Gymnasium | 0:30:35 | MU18 | 81 | 0:30:52 | 2000 |
| 574 | 2194 | Preuss Brian | *Düsseldorf | 0:30:36 | MU14 | 76 | 0:30:37 | 2003 |
| 575 | 1659 | Hammerbacher Sven | *Essen | 0:30:38 | M30 | 45 | 0:31:54 | 1984 |
| 576 | 2571 | Högemann Thorsten omo | Muay Thai SG Worringen | 0:30:40 | M35 | 45 | 0:31:00 | 1978 |
| 577 | 2640 | Castillo Alf | KGS Fleher Straße | 0:30:41 | M55 | 28 | 0:30:59 | 1961 |
| 578 | 637 | Orlowski Christian | Suitbertus-Gymnasium | 0:30:43 | MU18 | 82 | 0:31:14 | 2000 |
| 579 | 1974 | Adamek Angelos | Wuppertaler Sportverein | 0:30:43 | MU14 | 77 | 0:32:19 | 2004 |
| 580 | 3673 | Bernardi Max | Matthias-Claudius-Grundsc | 0:30:44 | M30 | 46 | 0:32:02 | 1983 |
| 581 | 3480 | Kreil Uli | KGS Niederkassel | 0:30:46 | M55 | 29 | 0:31:57 | 1958 |
| 582 | 4172 | Kuhn Michael | Martin-Luther-Schule | 0:30:46 | M45 | 71 | 0:31:48 | 1967 |
| 583 | 3685 | Sklyarov David | Matthias-Claudius-Grundsc | 0:30:47 | MU14 | 78 | 0:30:49 | 2003 |
| 584 | 593 | Schlechter Titus | Suitbertus-Gymnasium | 0:30:51 | MU18 | 83 | 0:32:16 | 2000 |
| 585 | 3346 | Gudat Tom | Thomas-Schule | 0:30:54 | M20 | 59 | 0:31:09 | 1988 |
| 586 | 31 | Risch Max | Horst Kürvers GmbH | 0:30:55 | M20 | 60 | 0:31:25 | 1995 |
| 587 | 2120 | Hofer Heribert | *Düsseldorf | 0:31:01 | M60 | 9 | 0:31:48 | 1954 |
| 588 | 4303 | Theißen Thomas | Sportbund Rhein-Kreis Neu | 0:31:02 | M20 | 61 | 0:32:30 | 1988 |
| 589 | 4568 | Müller Herbert E. | LAV Bayer Uerdingen/Dorm | 0:31:02 | M80 | 1 | 0:31:22 | 1929 |
| 590 | 528 | Starinsky Peter | E.ON Inhouse Consulting G | 0:31:02 | M35 | 46 | 0:32:07 | 1977 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-----------------------|-----------------------------|---------|------|----------|------------|----------|
| 591 | 3122 | Ulrich Lukas | Theodor-Fliedner-Gymnasi | 0:31:04 | MU14 | 79 | 0:32:10 | 2003 |
| 592 | 4593 | Heemskerck Frederik | Mathias Claudius Schule | 0:31:04 | M40 | 52 | 0:32:28 | 1972 |
| 593 | 4308 | Reichel Ruben | Sportbund Rhein-Kreis Neu | 0:31:04 | M20 | 62 | 0:32:33 | 1990 |
| 594 | 509 | Koch Alexander | E.ON Inhouse Consulting G0 | 0:31:07 | M30 | 47 | 0:32:12 | 1985 |
| 595 | 500 | Chandurkar Animesh | E.ON Inhouse Consulting G0 | 0:31:08 | M20 | 63 | 0:32:11 | 1990 |
| 596 | 490 | Becker Miroslav | PSV Düsseldorf | 0:31:08 | M45 | 72 | 0:32:15 | 1967 |
| 597 | 1929 | Vagt Stephan | *Neuss | 0:31:08 | M50 | 40 | 0:32:26 | 1966 |
| 598 | 2062 | Berger Stefan | *Kerken | 0:31:14 | M30 | 48 | 0:32:41 | 1984 |
| 599 | 674 | Schoof Julian | Suitbertus-Gymnasium | 0:31:15 | MU18 | 84 | 0:31:47 | 2000 |
| 600 | 4544 | Fröhlich Waldemar | | 0:31:15 | M50 | 41 | 0:32:04 | 1962 |
| 601 | 802 | Schramm Robert | BSG Sparda-Bank West | 0:31:16 | M55 | 30 | 0:32:50 | 1958 |
| 602 | 3457 | Friedrich Thomas | KGS Niederkassel | 0:31:19 | M30 | 49 | 0:32:08 | 1982 |
| 603 | 670 | Hemming Erik | Suitbertus-Gymnasium | 0:31:27 | MU16 | 42 | 0:31:38 | 2001 |
| 604 | 3015 | Maiwald Simon | *Düsseldorf | 0:31:27 | M20 | 64 | 0:32:02 | 1992 |
| 605 | 1993 | Ewers zum Rode Guido | *Ratingen | 0:31:33 | M45 | 73 | 0:32:48 | 1970 |
| 606 | 4301 | Hausweiler Tim | Sportbund Rhein-Kreis Neu | 0:31:34 | M20 | 65 | 0:33:06 | 1990 |
| 607 | 947 | Berns Moritz | Luisen-Gymnasium Düsseldorf | 0:31:36 | MU14 | 80 | 0:31:39 | 2004 |
| 608 | 98 | Popa Samet | Kinder-Jugendhilfe Adler e. | 0:31:36 | MU18 | 85 | 0:32:33 | 2000 |
| 609 | 4127 | Vogel Olga | | 0:31:38 | M20 | 66 | 0:33:13 | 1989 |
| 610 | 123 | Stolte Wolfgang | WTS Steuerberatungsges | 0:31:40 | M60 | 10 | 0:32:11 | 1955 |
| 611 | 1479 | Strebl Sven | *Solingen | 0:31:40 | M20 | 67 | 0:31:58 | 1987 |
| 612 | 4024 | Grüne Roman | St. Ursula Gymnasium | 0:31:42 | MU14 | 81 | 0:31:47 | 2003 |
| 613 | 2262 | Legermann Daniel | Patchwork Runners | 0:31:49 | MU14 | 82 | 0:31:49 | 2005 |
| 614 | 99 | Yeboha Tony | Kinder-Jugendhilfe Adler e. | 0:31:52 | MU20 | 27 | 0:31:59 | 1998 |
| 615 | 4586 | Kempny Michael | *Düsseldorf | 0:31:53 | M35 | 47 | 0:32:32 | 1977 |
| 616 | 3193 | Becker Nils | Hisense Germany GmbH | 0:31:56 | M40 | 53 | 0:33:12 | 1975 |
| 617 | 3424 | Van Triel Frederic | Thomas-Schule | 0:31:57 | M30 | 50 | 0:33:35 | 1986 |
| 618 | 3399 | Eich Christoph | Thomas-Schule | 0:31:57 | M35 | 48 | 0:33:35 | 1979 |
| 619 | 110 | Matlok Roman | TCC | 0:31:58 | M40 | 54 | 0:33:05 | 1974 |
| 620 | 3649 | Asllani Sami | Matthias-Claudius-Grundsc | 0:32:01 | M45 | 74 | 0:33:38 | 1968 |
| 621 | 1914 | Vieten Udo | *Vietersen | 0:32:02 | M55 | 31 | 0:32:21 | 1958 |
| 622 | 2793 | Ljubica Daniel | KGS Essener Straße | 0:32:02 | M40 | 55 | 0:32:32 | 1972 |
| 623 | 1295 | Gormanns Georg | VTV1848/10 für10 Feuerw | 0:32:04 | M50 | 42 | 0:32:21 | 1964 |
| 624 | 998 | Kahler Patrick | Josefshaus Olpe | 0:32:06 | M20 | 68 | 0:32:56 | 1991 |
| 625 | 4002 | Siekmann Sven | Getränke Siekmann GbR | 0:32:06 | M30 | 51 | 0:33:43 | 1982 |
| 626 | 2446 | Miller Hans-Jörg | Rochusclub | 0:32:08 | M75 | 2 | 0:33:14 | 1941 |
| 627 | 4004 | Siekmann Dennis | Getränke Siekmann GbR | 0:32:08 | M20 | 69 | 0:33:44 | 1989 |
| 628 | 1650 | Cönen Horst | Heiter bis Sportlich | 0:32:08 | M50 | 43 | 0:33:21 | 1966 |
| 629 | 3257 | Lopez-Runa Julian | Martin-Luther-King Schule | 0:32:09 | MU18 | 86 | 0:33:10 | 2000 |
| 630 | 3597 | Kauwischer Vincent | Matthias-Claudius-Grundsc | 0:32:12 | MU14 | 83 | 0:33:04 | 2007 |
| 631 | 634 | Krahlisch Stephan | Suitbertus-Gymnasium | 0:32:14 | MU18 | 87 | 0:33:23 | 2000 |
| 632 | 3595 | Eisenschmidt Erik | Matthias-Claudius-Grundsc | 0:32:15 | MU14 | 84 | 0:33:07 | 2007 |
| 633 | 2593 | Stephan Torsten | KGS Fleher Straße | 0:32:17 | M45 | 75 | 0:33:26 | 1969 |
| 634 | 4317 | Dittrich Ben | | 0:32:21 | MU14 | 85 | 0:33:12 | 2003 |
| 635 | 4244 | Dross Rolf | Martin-Luther-Schule | 0:32:23 | M40 | 56 | 0:33:29 | 1975 |
| 636 | 1933 | Griethe Michael | *Düsseldorf | 0:32:23 | M50 | 44 | 0:33:43 | 1962 |
| 637 | 4258 | Adenauer Thomas | Martin-Luther-Schule | 0:32:23 | M45 | 76 | 0:33:29 | 1969 |
| 638 | 3447 | Niegel Christian | KGS Niederkassel | 0:32:23 | M40 | 57 | 0:33:01 | 1973 |
| 639 | 4302 | Schumacher Markus | Sportbund Rhein-Kreis Neu | 0:32:24 | M40 | 58 | 0:33:56 | 1976 |
| 640 | 654 | Kutzim Luca | Suitbertus-Gymnasium | 0:32:31 | MU18 | 88 | 0:33:53 | 1999 |
| 641 | 3596 | Eisenschmidt Klaus | Matthias-Claudius-Grundsc | 0:32:32 | M50 | 45 | 0:33:24 | 1962 |
| 642 | 2763 | Sturm Peter | KGS Essener Straße | 0:32:32 | M40 | 59 | 0:33:37 | 1976 |
| 643 | 1838 | Tinibel Stefan | *Hattingen | 0:32:33 | M50 | 46 | 0:33:11 | 1966 |
| 644 | 2182 | Budaus Karsten | *Düsseldorf | 0:32:36 | M45 | 77 | 0:34:08 | 1968 |
| 645 | 1528 | Hartmann Klaus-Dieter | *Kaarst | 0:32:36 | M55 | 32 | 0:32:45 | 1958 |
| 646 | 3681 | Althof Matthias | Matthias-Claudius-Grundsc | 0:32:37 | M55 | 33 | 0:33:08 | 1958 |
| 647 | 32 | Pagel Helmut | Horst Kürvers GmbH | 0:32:37 | M50 | 47 | 0:33:16 | 1962 |
| 648 | 2057 | Sachsse Otmar | *Düsseldorf | 0:32:38 | M45 | 78 | 0:33:34 | 1970 |
| 649 | 4310 | Müller Simon | Sportbund Rhein-Kreis Neu | 0:32:43 | M20 | 70 | 0:34:10 | 1989 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-----------------------|------------------------------|---------|------|----------|------------|----------|
| 650 | 950 | Tryniecki Julian | Luisen-Gymnasium Düsseldorf | 0:32:43 | MU14 | 86 | 0:32:47 | 2004 |
| 651 | 4160 | Schubart Rainer | Martin-Luther-Schule | 0:32:49 | M60 | 11 | 0:33:15 | 1955 |
| 652 | 136 | Brüne Tim | Vodafone Group Services | 0:32:50 | M30 | 52 | 0:33:05 | 1983 |
| 653 | 3016 | Maiwald Jürgen | *Düsseldorf | 0:32:52 | M55 | 34 | 0:33:28 | 1960 |
| 654 | 2935 | Scharlowsky Manfred | *Erkrath | 0:32:52 | M55 | 35 | 0:34:20 | 1958 |
| 655 | 86 | Volk Alexander | Villa Luna Kindertagesstätte | 0:32:57 | M35 | 49 | 0:33:39 | 1978 |
| 656 | 1729 | Fonk Maximilian | *Essen | 0:32:57 | MU20 | 28 | 0:34:21 | 1997 |
| 657 | 399 | Marx Felix | Görres-Gymnasium | 0:32:59 | MU18 | 89 | 0:33:46 | 1999 |
| 658 | 740 | Krahlisch Jörg | Suitbertus-Gymnasium | 0:32:59 | M55 | 36 | 0:34:11 | 1961 |
| 659 | 4330 | Faust Max | | 0:33:00 | MU14 | 87 | 0:33:30 | 2008 |
| 660 | 4331 | Faust Christian | | 0:33:01 | M40 | 60 | 0:33:30 | 1976 |
| 661 | 2584 | Kummert Dr. Bastian | *Düsseldorf | 0:33:02 | M30 | 53 | 0:33:42 | 1984 |
| 662 | 1504 | Frisch-Lee Suk-I | *Düsseldorf | 0:33:02 | M35 | 50 | 0:34:23 | 1979 |
| 663 | 371 | Dansh Jeffrey | Görres-Gymnasium | 0:33:04 | MU18 | 90 | 0:33:51 | 1999 |
| 664 | 3236 | Moser André | Martin-Luther-King Schule | 0:33:05 | M45 | 79 | 0:33:24 | 1968 |
| 665 | 3388 | Datoli Carlo | Thomas-Schule | 0:33:05 | MU14 | 88 | 0:33:11 | 2004 |
| 666 | 632 | Kemkes Ole | Suitbertus-Gymnasium | 0:33:06 | MU18 | 91 | 0:33:56 | 2000 |
| 667 | 975 | Isik Eray | Luisen-Gymnasium Düsseldorf | 0:33:09 | MU14 | 89 | 0:34:26 | 2003 |
| 668 | 4339 | Liebeck Burkhard | | 0:33:10 | M65 | 7 | 0:34:57 | 1951 |
| 669 | 719 | Klein Maximilian | Suitbertus-Gymnasium | 0:33:10 | MU14 | 90 | 0:34:02 | 2005 |
| 670 | 4355 | Krischer Jörg | | 0:33:12 | M55 | 37 | 0:34:24 | 1961 |
| 671 | 3537 | Wesselmann Hubert | Matthias-Claudius-Grundsc | 0:33:12 | M65 | 8 | 0:34:33 | 1951 |
| 672 | 757 | Klein Holger | Suitbertus-Gymnasium | 0:33:14 | M45 | 80 | 0:34:05 | 1970 |
| 673 | 1370 | Kaul Detlef | *Düsseldorf | 0:33:16 | M45 | 81 | 0:34:25 | 1967 |
| 674 | 3205 | Harzbecker Daniel | Laufschule Düsseldorf | 0:33:16 | M30 | 54 | 0:34:34 | 1982 |
| 675 | 2687 | Merz Tobias | KGS Fleher Straße | 0:33:19 | M35 | 51 | 0:34:49 | 1978 |
| 676 | 983 | Seaman Jonathan | Luisen-Gymnasium Düsseldorf | 0:33:20 | MU16 | 43 | 0:34:35 | 2001 |
| 677 | 3202 | Siebert Jürgen | Laufschule Düsseldorf | 0:33:20 | M45 | 82 | 0:34:40 | 1968 |
| 678 | 715 | Cordes Timo | Suitbertus-Gymnasium | 0:33:22 | MU14 | 91 | 0:34:13 | 2004 |
| 679 | 34 | Hartke Andreas | Horst Kürvers GmbH | 0:33:27 | M30 | 55 | 0:33:57 | 1984 |
| 680 | 4329 | Schade Malte | | 0:33:27 | MU14 | 92 | 0:33:55 | 2006 |
| 681 | 4163 | Aguila Gilberto | Martin-Luther-Schule | 0:33:29 | M45 | 83 | 0:34:52 | 1969 |
| 682 | 3121 | Herrmann Robert | Theodor-Fliedner-Gymnasi | 0:33:29 | MU14 | 93 | 0:33:29 | 2004 |
| 683 | 771 | Wölk Uwe | BSG Sparda-Bank West | 0:33:30 | M50 | 48 | 0:34:02 | 1965 |
| 684 | 1023 | Kleine Oliver | DEKRA Automobil GmbH | 0:33:31 | M30 | 56 | 0:33:33 | 1982 |
| 685 | 4439 | Olschewsky Maximilian | | 0:33:37 | MU14 | 94 | 0:34:13 | 2003 |
| 686 | 3640 | Obraszov Georgi | Matthias-Claudius-Grundsc | 0:33:37 | MU14 | 95 | 0:34:23 | 2005 |
| 687 | 3618 | Schering Paul | Matthias-Claudius-Grundsc | 0:33:40 | MU14 | 96 | 0:34:25 | 2006 |
| 688 | 4261 | Brockner Jonathan | Martin-Luther-Schule | 0:33:43 | MU18 | 92 | 0:34:28 | 1999 |
| 689 | 3631 | Nottmeier Leonard | Matthias-Claudius-Grundsc | 0:33:46 | MU14 | 97 | 0:34:30 | 2006 |
| 690 | 3633 | Nottmeier Andreas | Matthias-Claudius-Grundsc | 0:33:48 | M40 | 61 | 0:34:31 | 1972 |
| 691 | 1081 | Franken Norbert | *Grefrath | 0:33:51 | M60 | 12 | 0:34:45 | 1956 |
| 692 | 1014 | Daniel Tom | Josefshaus Olpe | 0:33:52 | MU18 | 93 | 0:34:45 | 2000 |
| 693 | 117 | Da Silva Daniel | TCC | 0:33:53 | M35 | 52 | 0:35:12 | 1977 |
| 694 | 2022 | Wöllert Björn | Team Erdinger Alkoholfrei | 0:33:54 | M35 | 53 | 0:34:17 | 1978 |
| 695 | 2447 | Rehse Ralf | *Düsseldorf | 0:33:55 | M45 | 84 | 0:35:21 | 1971 |
| 696 | 642 | Tambourgi Christophe | Suitbertus-Gymnasium | 0:33:58 | MU18 | 94 | 0:33:58 | 2000 |
| 697 | 79 | Schriewer Marcel | Villa Luna Kindertagesstätte | 0:34:02 | M30 | 57 | 0:34:45 | 1982 |
| 698 | 2131 | Riedel Siegmund | *Düsseldorf | 0:34:02 | M60 | 13 | 0:35:33 | 1955 |
| 699 | 2538 | Gresser Daniel | *Düsseldorf | 0:34:13 | M40 | 62 | 0:35:13 | 1972 |
| 700 | 3130 | Kowalski Oliver | Theodor-Fliedner-Gymnasi | 0:34:17 | M40 | 63 | 0:35:09 | 1974 |
| 701 | 543 | Albrecht Lukas | Suitbertus-Gymnasium | 0:34:18 | MU18 | 95 | 0:35:45 | 1999 |
| 702 | 4305 | Heinemann Benjamin | Sportbund Rhein-Kreis Neu | 0:34:19 | M20 | 71 | 0:35:47 | 1987 |
| 703 | 3045 | Kastner Norbert | DTV SKI | 0:34:20 | M70 | 3 | 0:35:37 | 1943 |
| 704 | 3641 | Obraszov Valeri | Matthias-Claudius-Grundsc | 0:34:21 | M70 | 4 | 0:35:07 | 1946 |
| 705 | 3241 | Wipperfürth Ben | Martin-Luther-King Schule | 0:34:24 | MU14 | 98 | 0:34:41 | 2004 |
| 706 | 1733 | Freiberg Frank | *Kempfen | 0:34:26 | M50 | 49 | 0:36:02 | 1963 |
| 707 | 3239 | Daute Oliver | Martin-Luther-King Schule | 0:34:27 | M50 | 50 | 0:35:31 | 1965 |
| 708 | 3218 | Bunten Claus | Palliativnetzwerk | 0:34:31 | M50 | 51 | 0:35:32 | 1962 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|---------------------|------------------------------|---------|------|----------|------------|----------|
| 709 | 1046 | Lassmann Patrick | *Nettetal | 0:34:39 | M30 | 58 | 0:34:39 | 1983 |
| 710 | 439 | Klaverlamp David | Görres-Gymnasium | 0:34:41 | MU20 | 29 | 0:36:29 | 1998 |
| 711 | 1292 | Wiehagen Axel | Maulwurf und Babe Team | 0:34:50 | M45 | 85 | 0:35:41 | 1969 |
| 712 | 902 | Pistorius Perion | KGS Fleher Straße | 0:34:51 | MU18 | 96 | 0:36:17 | 2000 |
| 713 | 2442 | Geißdörfer Ralf | *Wuppertal | 0:34:54 | M45 | 86 | 0:35:41 | 1967 |
| 714 | 4374 | Edlinger Christian | | 0:34:55 | M35 | 54 | 0:35:35 | 1977 |
| 715 | 4240 | Bogert Robin | Martin-Luther-Schule | 0:35:00 | M20 | 72 | 0:35:42 | 1995 |
| 716 | 3405 | Büllesbach Georg | Thomas-Schule | 0:35:02 | M50 | 52 | 0:36:40 | 1964 |
| 717 | 3455 | Hammerschmidt Elmar | KGS Niederkassel | 0:35:10 | M50 | 53 | 0:35:35 | 1965 |
| 718 | 1005 | Khan Tasal Kaser | Josefshaus Olpe | 0:35:16 | MU20 | 30 | 0:36:02 | 1998 |
| 719 | 4322 | Fella Klaus | | 0:35:19 | M55 | 38 | 0:36:13 | 1961 |
| 720 | 2824 | Schoofs Ralf | KGS Essener Straße | 0:35:19 | M60 | 14 | 0:36:44 | 1955 |
| 721 | 959 | Müller Henry | Luisen-Gymnasium Düsseldorf | 0:35:23 | MU16 | 44 | 0:35:56 | 2002 |
| 722 | 403 | Suzanij Robert | Görres-Gymnasium | 0:35:26 | MU18 | 97 | 0:36:22 | 1999 |
| 723 | 4223 | Njoroge Winfred | Martin-Luther-Schule | 0:35:35 | M30 | 59 | 0:35:58 | 1986 |
| 724 | 4048 | Meurer David | St. Ursula Gymnasium | 0:35:39 | MU14 | 99 | 0:35:44 | 2003 |
| 725 | 4179 | Meuschke Philipp | Martin-Luther-Schule | 0:35:40 | M30 | 60 | 0:36:41 | 1982 |
| 726 | 2488 | Unruh Rene | *Düsseldorf | 0:35:41 | M45 | 87 | 0:36:56 | 1968 |
| 727 | 768 | Schweers Moritz | BSG Sparda-Bank West | 0:35:53 | M20 | 73 | 0:36:07 | 1990 |
| 728 | 485 | Nicol Robin | PSV Düsseldorf | 0:35:58 | MU14 | 100 | 0:37:38 | 2003 |
| 729 | 473 | Boldt Fabian | PSV Düsseldorf | 0:35:59 | MU14 | 101 | 0:37:39 | 2003 |
| 730 | 481 | Bünemann Oscar | PSV Düsseldorf | 0:35:59 | MU14 | 102 | 0:37:38 | 2003 |
| 731 | 469 | Krabbe Tim | PSV Düsseldorf | 0:36:00 | MU14 | 103 | 0:37:40 | 2003 |
| 732 | 483 | Rund David | PSV Düsseldorf | 0:36:00 | MU14 | 104 | 0:37:39 | 2003 |
| 733 | 479 | Dobry Tobias | PSV Düsseldorf | 0:36:01 | MU14 | 105 | 0:37:41 | 2003 |
| 734 | 477 | Hasznik Lars | PSV Düsseldorf | 0:36:02 | MU14 | 106 | 0:37:41 | 2003 |
| 735 | 470 | Facklam Robin | PSV Düsseldorf | 0:36:02 | MU14 | 107 | 0:37:41 | 2003 |
| 736 | 476 | Samson Tom | PSV Düsseldorf | 0:36:02 | MU14 | 108 | 0:37:41 | 2003 |
| 737 | 471 | Pautz Henry | PSV Düsseldorf | 0:36:03 | MU14 | 109 | 0:37:42 | 2003 |
| 738 | 480 | Malsbenden Max | PSV Düsseldorf | 0:36:03 | MU14 | 110 | 0:37:42 | 2003 |
| 739 | 475 | Lentzen Michel | PSV Düsseldorf | 0:36:04 | MU14 | 111 | 0:37:43 | 2003 |
| 740 | 4299 | Walter Klaus | Sportbund Rhein-Kreis Neu | 0:36:04 | M65 | 9 | 0:37:37 | 1950 |
| 741 | 478 | Fuchs Mika | PSV Düsseldorf | 0:36:04 | MU14 | 112 | 0:37:45 | 2003 |
| 742 | 4300 | Ziegler Marcell | Sportbund Rhein-Kreis Neu | 0:36:04 | M20 | 74 | 0:37:37 | 1990 |
| 743 | 487 | Facklam Thomas | PSV Düsseldorf | 0:36:08 | M45 | 88 | 0:37:46 | 1968 |
| 744 | 3669 | Quarten Roman | Matthias-Claudius-Grundsc | 0:36:10 | M40 | 64 | 0:36:57 | 1974 |
| 745 | 422 | Büscher Stefan | Görres-Gymnasium | 0:36:11 | MU20 | 31 | 0:38:00 | 1998 |
| 746 | 3237 | Neuhaus Frank | Martin-Luther-King Schule | 0:36:12 | M50 | 54 | 0:37:09 | 1966 |
| 747 | 472 | Vasseur Louis | PSV Düsseldorf | 0:36:15 | MU14 | 113 | 0:37:56 | 2003 |
| 748 | 484 | Boone Erwan | PSV Düsseldorf | 0:36:18 | MU14 | 114 | 0:37:56 | 2003 |
| 749 | 2164 | Cöllen Oliver | *Hilden | 0:36:20 | M45 | 89 | 0:36:59 | 1968 |
| 750 | 4200 | Faust Christian | Martin-Luther-Schule | 0:36:21 | M50 | 55 | 0:37:21 | 1966 |
| 751 | 554 | Pastor Malte | Suitbertus-Gymnasium | 0:36:21 | MU18 | 98 | 0:37:46 | 1999 |
| 752 | 4438 | Klomfass Thorsten | | 0:36:30 | M45 | 90 | 0:36:49 | 1971 |
| 753 | 81 | Kramp Marcus | Villa Luna Kindertagesstätte | 0:36:36 | M35 | 55 | 0:37:16 | 1980 |
| 754 | 1495 | Hackländer Marc | *Wipperfürth | 0:36:40 | M35 | 56 | 0:37:36 | 1981 |
| 755 | 418 | Eberle Oliver | Görres-Gymnasium | 0:36:53 | MU16 | 45 | 0:37:39 | 2001 |
| 756 | 3435 | Costineanu Lucian | KGS Niederkassel | 0:36:54 | M35 | 57 | 0:37:05 | 1977 |
| 757 | 2155 | Schulze Willi | Ski Klub Düsseldorf | 0:36:59 | M80 | 2 | 0:37:21 | 1936 |
| 758 | 997 | Göddeke Florian | Josefshaus Olpe | 0:37:03 | MU20 | 32 | 0:37:56 | 1997 |
| 759 | 2541 | VISHWAKARMA PANKA | Nokia | 0:37:04 | M40 | 65 | 0:37:54 | 1974 |
| 760 | 813 | Janikowski Rafael | BSG Sparda-Bank West | 0:37:08 | M35 | 58 | 0:37:44 | 1977 |
| 761 | 1975 | Adamek Lukas | *Wuppertal | 0:37:12 | M35 | 59 | 0:38:49 | 1977 |
| 762 | 812 | Busch Marco | BSG Sparda-Bank West | 0:37:13 | M40 | 66 | 0:37:49 | 1975 |
| 763 | 315 | Von Hirsch Michael | Toshiba Europe GmbH | 0:37:19 | M60 | 15 | 0:38:32 | 1955 |
| 764 | 17 | Franz Benjamin | Horst Kürvers GmbH | 0:37:26 | M20 | 75 | 0:38:07 | 1987 |
| 765 | 1306 | Beljak Branko | *Düsseldorf | 0:37:36 | M40 | 67 | 0:39:11 | 1975 |
| 766 | 698 | Vollrath Felix | Suitbertus-Gymnasium | 0:37:41 | MU14 | 115 | 0:39:06 | 2004 |
| 767 | 980 | Pejovic Miodrug | Luisen-Gymnasium Düsseldorf | 0:37:43 | M45 | 91 | 0:38:31 | 1971 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-----------------------|---------------------------|---------|------|----------|------------|----------|
| 768 | 445 | Tasli Mustafa | Görres-Gymnasium | 0:38:09 | MU18 | 99 | 0:39:30 | 2000 |
| 769 | 3327 | Leufgen Jürgen | Thomas-Schule | 0:38:32 | M50 | 56 | 0:40:13 | 1964 |
| 770 | 3407 | Clotten Rochus | Thomas-Schule | 0:38:33 | M50 | 57 | 0:40:13 | 1965 |
| 771 | 2556 | Böhm Ingo | *Dormagen | 0:38:39 | M35 | 60 | 0:39:02 | 1977 |
| 772 | 3410 | Trajkovski Dimi | Thomas-Schule | 0:39:16 | M40 | 68 | 0:39:38 | 1974 |
| 773 | 4428 | Fehrenschild Klaus | TG Neuss | 0:39:26 | M75 | 3 | 0:40:40 | 1938 |
| 774 | 4007 | Andree Willi | St. Ursula Gymnasium | 0:39:26 | M45 | 92 | 0:40:23 | 1970 |
| 775 | 4023 | Görtz Norbert | St. Ursula Gymnasium | 0:39:27 | M45 | 93 | 0:40:23 | 1970 |
| 776 | 3360 | Erdis Mete | Thomas-Schule | 0:39:41 | M45 | 94 | 0:40:03 | 1971 |
| 777 | 4574 | Kuntze Jürgen | *Wuppertal | 0:39:45 | M70 | 5 | 0:40:46 | 1945 |
| 778 | 3590 | Schmid Stefan | Matthias-Claudius-Grundsc | 0:39:52 | M45 | 95 | 0:40:58 | 1971 |
| 779 | 2803 | Neugebauer Max | KGS Essener Straße | 0:40:03 | MU14 | 116 | 0:40:23 | 2008 |
| 780 | 2805 | Neugebauer Claus | KGS Essener Straße | 0:40:03 | M70 | 6 | 0:40:23 | 1946 |
| 781 | 2804 | Neugebauer Thomas | KGS Essener Straße | 0:40:04 | M45 | 96 | 0:40:23 | 1968 |
| 782 | 1841 | Accorinti John | UNITED STATES AIR FOR | 0:40:20 | M35 | 61 | 0:40:59 | 1978 |
| 783 | 4054 | Schöneberg Frank | St. Ursula Gymnasium | 0:40:28 | M45 | 97 | 0:41:35 | 1969 |
| 784 | 442 | Hösch Max | Görres-Gymnasium | 0:40:56 | MU18 | 100 | 0:42:13 | 2000 |
| 785 | 1579 | Schöttler Arnd | Tauchturmcrew boot-Düss | 0:41:19 | M45 | 98 | 0:42:14 | 1969 |
| 786 | 3260 | Buschmann Sven | Martin-Luther-King Schule | 0:44:46 | MU18 | 101 | 0:45:46 | 2000 |
| 787 | 951 | Kanté Mustafa | Luisen-Gymnasium Düsseld | 0:45:22 | MU14 | 117 | 0:45:24 | 2004 |
| 788 | 2390 | Hußmann Hermann-Josef | *Düsseldorf | 0:49:45 | M75 | 4 | 0:50:37 | 1938 |
| 789 | 3244 | Ellermann Christian | Martin-Luther-King Schule | 0:50:09 | MU16 | 46 | 0:51:39 | 2001 |
| 790 | 3259 | Hane Dustin | Martin-Luther-King Schule | 0:50:29 | MU18 | 102 | 0:50:38 | 2000 |
| 791 | 994 | Henn Marc | Josefshaus Olpe | 0:52:23 | M45 | 99 | 0:53:17 | 1970 |
| 792 | 4259 | Schiebel Paul | Martin-Luther-Schule | 0:52:53 | M20 | 76 | 0:54:20 | 1989 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-------------------------|-----------------------------|---------|------|----------|------------|----------|
| 1 | 2129 | Maak Petra | TSV Bayer Dormagen | 0:18:48 | W50 | 1 | 0:18:49 | 1964 |
| 2 | 3099 | Elsner Anna | SFD75 Düsseldorf | 0:19:20 | WU20 | 1 | 0:19:21 | 1997 |
| 3 | 4208 | Brenner Katrin | Martin-Luther-Schule | 0:20:19 | W40 | 1 | 0:20:33 | 1975 |
| 4 | 3098 | Pfeiffer Zoe | SFD75 Düsseldorf | 0:20:39 | WU20 | 2 | 0:20:41 | 1998 |
| 5 | 4369 | Herich Marie | | 0:21:04 | W30 | 1 | 0:21:08 | 1986 |
| 6 | 3096 | Moser Denise | SFD75 Düsseldorf | 0:21:12 | WU18 | 1 | 0:21:14 | 2000 |
| 7 | 3326 | Leufgen Giada | Thomas-Schule | 0:21:42 | WU16 | 1 | 0:21:44 | 2001 |
| 8 | 1821 | Spicker Nora | *Düsseldorf | 0:21:55 | W20 | 1 | 0:22:16 | 1990 |
| 9 | 3068 | Stürtz Narie-Luise | SFD75 Düsseldorf | 0:22:07 | W65 | 1 | 0:22:11 | 1950 |
| 10 | 738 | Hoffbauer Silke | Suitbertus-Gymnasium | 0:22:16 | W35 | 1 | 0:22:27 | 1979 |
| 11 | 3095 | Basat Tugce | SFD75 Düsseldorf | 0:22:26 | WU18 | 2 | 0:22:28 | 2000 |
| 12 | 2628 | Kewes-Kullkötter Tanja | KGS Fleher Straße | 0:22:27 | W35 | 2 | 0:23:32 | 1979 |
| 13 | 2096 | Sikora Beate | ASV Duisburg | 0:22:41 | W40 | 2 | 0:22:44 | 1976 |
| 14 | 3706 | Reimann Lily | Städtisches Gymnasium | 0:22:45 | WU18 | 3 | 0:22:57 | 1999 |
| 15 | 3007 | Wiechers Franka | *Hilden | 0:22:49 | WU14 | 1 | 0:22:49 | 2004 |
| 16 | 730 | Wagner Monica | Suitbertus-Gymnasium | 0:22:53 | W45 | 1 | 0:23:07 | 1970 |
| 17 | 1694 | Yoshizawa Hisako | *Düsseldorf | 0:22:59 | W40 | 3 | 0:23:02 | 1975 |
| 18 | 984 | Cardeneo Elke | Luisen-Gymnasium Düsseldorf | 0:23:13 | W50 | 2 | 0:23:24 | 1966 |
| 19 | 566 | Gerten Winona Eva | Suitbertus-Gymnasium | 0:23:18 | WU18 | 4 | 0:23:28 | 1999 |
| 20 | 570 | Loer Sonia | Suitbertus-Gymnasium | 0:23:20 | WU18 | 5 | 0:23:29 | 1999 |
| 21 | 913 | Hayden Simone | JUSTIZ DÜSSELDORF | 0:23:20 | W35 | 3 | 0:24:34 | 1978 |
| 22 | 680 | Tromp Emily | Suitbertus-Gymnasium | 0:23:22 | WU16 | 2 | 0:23:25 | 2002 |
| 23 | 1248 | Dröge Laurien | DJK VfL Willich | 0:23:30 | WU16 | 3 | 0:23:33 | 2001 |
| 24 | 3223 | Dietzfelbinger Lea | Palliativnetzwerk | 0:23:42 | WU18 | 6 | 0:24:09 | 1999 |
| 25 | 4584 | Bousmayo Nada | SFD 75 Düsseldorf | 0:23:54 | WU16 | 4 | 0:23:56 | 2001 |
| 26 | 2533 | Bartholot Anja | *Korschenbroich | 0:24:00 | W45 | 2 | 0:24:47 | 1971 |
| 27 | 915 | Kröger Esther | JUSTIZ DÜSSELDORF | 0:24:07 | W30 | 2 | 0:24:14 | 1986 |
| 28 | 2536 | Bartholot Greta | *Korschenbroich | 0:24:16 | WU14 | 2 | 0:25:01 | 2003 |
| 29 | 1700 | Ebert Jana | Deutscher Sportklub Düsse | 0:24:17 | W20 | 2 | 0:24:37 | 1987 |
| 30 | 2894 | Schlarmann Marie | Suitbertus-Gymnasium | 0:24:32 | WU14 | 3 | 0:25:01 | 2003 |
| 31 | 669 | Collas Pia | Suitbertus-Gymnasium | 0:24:32 | WU16 | 5 | 0:24:42 | 2001 |
| 32 | 426 | Tebartz Beate | Görres-Gymnasium | 0:24:35 | W50 | 3 | 0:25:24 | 1966 |
| 33 | 4036 | Krause Hannah | St. Ursula Gymnasium | 0:24:36 | WU14 | 4 | 0:24:37 | 2003 |
| 34 | 967 | Meisen Elea | Luisen-Gymnasium Düsseldorf | 0:24:46 | WU18 | 7 | 0:25:09 | 1999 |
| 35 | 2232 | Hayen Laura | VfB Hilden e.V. | 0:24:47 | W30 | 3 | 0:25:37 | 1984 |
| 36 | 542 | Baumgart Antonia | Suitbertus-Gymnasium | 0:24:48 | WU18 | 8 | 0:26:10 | 1999 |
| 37 | 4241 | Shigeta Akilo | Martin-Luther-Schule | 0:24:51 | W30 | 4 | 0:25:34 | 1983 |
| 38 | 3716 | Kosner Lotte | Städtisches Gymnasium | 0:24:52 | WU18 | 9 | 0:25:06 | 1999 |
| 39 | 3678 | Oerder Lena | Matthias-Claudius-Grundsc | 0:24:54 | W30 | 5 | 0:26:10 | 1985 |
| 40 | 677 | Von Campe Greta | Suitbertus-Gymnasium | 0:24:55 | WU16 | 6 | 0:24:58 | 2002 |
| 41 | 678 | Herp Anike | Suitbertus-Gymnasium | 0:24:55 | WU16 | 7 | 0:24:59 | 2002 |
| 42 | 3722 | Reimann Luzie | Städtisches Gymnasium | 0:24:57 | WU18 | 10 | 0:25:11 | 1999 |
| 43 | 1111 | Yelmo Poderoso Miriam | *Ratingen | 0:24:59 | W35 | 4 | 0:25:31 | 1981 |
| 44 | 2052 | Schramm Iris | ASV Duisburg | 0:24:59 | W35 | 5 | 0:25:03 | 1981 |
| 45 | 4591 | Gordon Miriam | Universiba Cambridge | 0:25:04 | W | 0 | 0:25:42 | |
| 46 | 2287 | Fischer Constanze | *Düsseldorf | 0:25:04 | W20 | 3 | 0:25:12 | 1988 |
| 47 | 2289 | Franke Michele | *Korschenbroich | 0:25:04 | W20 | 4 | 0:25:13 | 1988 |
| 48 | 916 | Küssner Ruth | JUSTIZ DÜSSELDORF | 0:25:06 | W60 | 1 | 0:25:34 | 1955 |
| 49 | 805 | Klemm Yella | BSG Sparda-Bank West | 0:25:10 | W20 | 5 | 0:26:44 | 1988 |
| 50 | 3628 | Dupla Diana | Matthias-Claudius-Grundsc | 0:25:13 | WU14 | 5 | 0:25:40 | 2004 |
| 51 | 4132 | Janz Sandra | TLV Germania Essen Über | 0:25:16 | W45 | 3 | 0:25:41 | |
| 52 | 3742 | Bell-Kirchhof Ulrike | Mrs. Sporty | 0:25:18 | W40 | 4 | 0:26:06 | 1972 |
| 53 | 3102 | Bexkens Svenja | SFD75 Düsseldorf | 0:25:22 | WU20 | 3 | 0:25:24 | 1997 |
| 54 | 537 | Kleeman Sarah | Suitbertus-Gymnasium | 0:25:23 | WU20 | 4 | 0:26:45 | 1998 |
| 55 | 1167 | Manger-Jacob Friederike | FMCCJ | 0:25:25 | W40 | 5 | 0:25:53 | 1974 |
| 56 | 4569 | Geer Anja | *Düsseldorf | 0:25:27 | W50 | 4 | 0:25:32 | 1966 |
| 57 | 893 | Frens Ulla | KGS Fleher Straße | 0:25:28 | W45 | 4 | 0:25:30 | 1967 |
| 58 | 4182 | Merx Juliane | Martin-Luther-Schule | 0:25:29 | W30 | 6 | 0:25:32 | 1985 |
| 59 | 589 | Menke Carla | Suitbertus-Gymnasium | 0:25:33 | WU18 | 11 | 0:26:10 | 1999 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-----------------------|------------------------------|---------|------|----------|------------|----------|
| 60 | 3093 | Selzer Johanna | SFD75 Düsseldorf | 0:25:35 | WU14 | 6 | 0:25:40 | 2004 |
| 61 | 1970 | Westbomke-Lösche Mart | TV Werne 03 | 0:25:38 | W40 | 6 | 0:25:49 | 1973 |
| 62 | 3705 | Hammes Lucia | Städtisches Gymnasium | 0:25:42 | WU18 | 12 | 0:25:53 | 1999 |
| 63 | 3076 | Mayer Laura | *Düsseldorf | 0:25:42 | W20 | 6 | 0:26:10 | 1994 |
| 64 | 538 | Michalowski Michelle | Suitbertus-Gymnasium | 0:25:48 | WU20 | 5 | 0:27:10 | 1998 |
| 65 | 539 | Collas Ruth | Suitbertus-Gymnasium | 0:25:48 | WU20 | 6 | 0:27:11 | 1998 |
| 66 | 2161 | Kaven Nela | FSD | 0:25:48 | W50 | 5 | 0:25:52 | 1966 |
| 67 | 4426 | Kroll Jessica | | 0:25:50 | W20 | 7 | 0:26:42 | 1992 |
| 68 | 3094 | Ritter Sophie | SFD75 Düsseldorf | 0:25:57 | WU18 | 13 | 0:25:58 | 1999 |
| 69 | 545 | Berg Eva | Suitbertus-Gymnasium | 0:25:58 | WU18 | 14 | 0:26:41 | 1999 |
| 70 | 808 | Syben Isabel | BSG Sparda-Bank West | 0:25:59 | WU20 | 7 | 0:26:32 | 1998 |
| 71 | 438 | Nguyen Thi Thao | Görres-Gymnasium | 0:26:01 | WU18 | 15 | 0:26:57 | 1999 |
| 72 | 944 | Belleux Clémence | Luisen-Gymnasium Düsseldorf | 0:26:02 | WU14 | 7 | 0:26:03 | 2004 |
| 73 | 731 | Herp Ann-Katrin | Suitbertus-Gymnasium | 0:26:03 | W45 | 5 | 0:26:35 | 1969 |
| 74 | 2116 | Boland Kornelia | Friedrichstätter sportverein | 0:26:05 | W55 | 1 | 0:26:30 | 1960 |
| 75 | 3101 | Skepenat Johanna | SFD75 Düsseldorf | 0:26:10 | WU20 | 8 | 0:26:11 | 1997 |
| 76 | 2877 | Kleinen Ludmilla | *Krefeld | 0:26:12 | W35 | 6 | 0:26:18 | 1977 |
| 77 | 1358 | Schink Maren | ichhasselaufen.de | 0:26:13 | W20 | 8 | 0:27:10 | 1988 |
| 78 | 4442 | Deitert Juliana | | 0:26:13 | WU18 | 16 | 0:27:23 | 2000 |
| 79 | 561 | Wagner Emma | Suitbertus-Gymnasium | 0:26:13 | WU20 | 9 | 0:27:32 | 1998 |
| 80 | 427 | Morlon Anouck | Görres-Gymnasium | 0:26:15 | WU16 | 8 | 0:27:27 | 2001 |
| 81 | 769 | Schlarmann Daniela | BSG Sparda-Bank West | 0:26:16 | W40 | 7 | 0:26:49 | 1975 |
| 82 | 4443 | Röttges Edita | | 0:26:20 | WU18 | 17 | 0:27:07 | 2000 |
| 83 | 2081 | Mund Ruth-Marlene | *Düsseldorf | 0:26:21 | W20 | 9 | 0:26:50 | 1994 |
| 84 | 605 | Kemper Anna-Maria | Suitbertus-Gymnasium | 0:26:23 | WU18 | 18 | 0:27:01 | 2000 |
| 85 | 429 | Lückerath Dorothea | Görres-Gymnasium | 0:26:26 | WU18 | 19 | 0:27:16 | 2000 |
| 86 | 927 | Siegelkath Nora | JUSTIZ DÜSSELDORF | 0:26:28 | W20 | 10 | 0:26:34 | 1989 |
| 87 | 620 | Tedesco Giuliana | Suitbertus-Gymnasium | 0:26:31 | WU18 | 20 | 0:27:12 | 2000 |
| 88 | 3727 | Schmelter Larissa | Städtisches Gymnasium | 0:26:31 | WU18 | 21 | 0:27:13 | 1999 |
| 89 | 13 | Tielke Taimy | Horst Kürvers GmbH | 0:26:32 | W35 | 7 | 0:27:06 | 1977 |
| 90 | 879 | Herbertz Birgit | KGS Fleher Straße | 0:26:34 | W50 | 6 | 0:27:05 | 1963 |
| 91 | 886 | Kreitz Barbara | KGS Fleher Straße | 0:26:34 | W45 | 6 | 0:27:06 | 1969 |
| 92 | 132 | Ostermann Tanja | Vodafone Group Services G0 | 0:26:35 | W30 | 7 | 0:26:44 | 1982 |
| 93 | 4577 | Novikova Irina | *Düsseldorf | 0:26:38 | W20 | 11 | 0:26:41 | 1987 |
| 94 | 1024 | Dederichs Ute | DEKRA Automobil GmbH | 0:26:38 | W40 | 8 | 0:27:02 | 1974 |
| 95 | 3725 | Ley Marie | Städtisches Gymnasium | 0:26:39 | WU18 | 22 | 0:26:53 | 1999 |
| 96 | 4566 | Flügge Lea | *Kaarst | 0:26:40 | W20 | 12 | 0:27:17 | 1996 |
| 97 | 1705 | Wengersheide Kerstin | *Wuppertal | 0:26:40 | W20 | 13 | 0:27:18 | 1989 |
| 98 | 1571 | Sülzenfuß Bettina | *Kaarst | 0:26:41 | W20 | 14 | 0:27:17 | 1991 |
| 99 | 4427 | Schwarzwald Steffi | Laufen gegen Leiden e.V. | 0:26:44 | W40 | 9 | 0:27:59 | 1974 |
| 100 | 3189 | Milz Natalie | IKEA Düsseldorf | 0:26:47 | W40 | 10 | 0:27:11 | 1975 |
| 101 | 1411 | Akutsu Miu | *Meerbusch | 0:26:47 | WU16 | 9 | 0:27:50 | 2002 |
| 102 | 911 | Frick Elena | JUSTIZ DÜSSELDORF | 0:26:48 | W30 | 8 | 0:28:01 | 1982 |
| 103 | 82 | Zamek Claudia | Villa Luna Kindertagesstätte | 0:26:51 | W35 | 8 | 0:26:57 | 1980 |
| 104 | 925 | Ruhl Simone | JUSTIZ DÜSSELDORF | 0:26:52 | WU20 | 10 | 0:28:05 | 1997 |
| 105 | 2217 | Kater Sabrina | *Düsseldorf | 0:26:52 | W20 | 15 | 0:27:35 | 1990 |
| 106 | 747 | Dolif Andrea | Suitbertus-Gymnasium | 0:26:52 | W50 | 7 | 0:27:10 | 1966 |
| 107 | 2215 | Evening Sandra | *Düsseldorf | 0:26:53 | W20 | 16 | 0:27:35 | 1990 |
| 108 | 966 | Altunsaray Hilal | Luisen-Gymnasium Düsseldorf | 0:26:54 | WU18 | 23 | 0:27:26 | 1999 |
| 109 | 895 | Göppert Alexandra | KGS Fleher Straße | 0:26:54 | W35 | 9 | 0:27:06 | 1977 |
| 110 | 3634 | Nottmeier Christina | Matthias-Claudius-Grundsc | 0:26:54 | W40 | 11 | 0:27:37 | 1976 |
| 111 | 43 | Zboron Jasmin | GERSTEL GmbH&Co.KG | 0:26:56 | W20 | 17 | 0:27:14 | 1989 |
| 112 | 3666 | Winkler Anna | Matthias-Claudius-Grundsc | 0:26:57 | W35 | 10 | 0:27:45 | 1978 |
| 113 | 4014 | Bruneau Eileen | St. Ursula Gymnasium | 0:26:57 | W20 | 18 | 0:27:18 | 1996 |
| 114 | 1911 | Voigt Antje | *Haan | 0:26:59 | W45 | 7 | 0:27:07 | 1967 |
| 115 | 2465 | Böhme Carmen | *Düsseldorf | 0:27:01 | W40 | 12 | 0:27:41 | 1973 |
| 116 | 3688 | Falzarano Isabelle | Matthias-Claudius-Grundsc | 0:27:05 | W45 | 8 | 0:27:08 | 1971 |
| 117 | 4052 | Pawlowsky Sigrid | St. Ursula Gymnasium | 0:27:06 | W50 | 8 | 0:28:10 | 1963 |
| 118 | 2189 | Radwanska Andrea | *Düsseldorf | 0:27:09 | W20 | 19 | 0:28:21 | 1993 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|------|----------|------------|----------|
| 119 | 1021 | Gieske Anne | DEKRA Automobil GmbH | 0:27:09 | W45 | 9 | 0:27:30 | 1967 |
| 120 | 4221 | Baranova Alona | Martin-Luther-Schule | 0:27:10 | W20 | 20 | 0:27:48 | 1988 |
| 121 | 3049 | Ikuta Anna | *Düsseldorf | 0:27:13 | WU14 | 8 | 0:27:20 | 2004 |
| 122 | 3288 | Tenhaef Anika | NiersRunners Wachtendon | 0:27:16 | W30 | 9 | 0:27:46 | 1982 |
| 123 | 1189 | Bass Sophie | *Essen | 0:27:16 | WU14 | 9 | 0:27:27 | 2004 |
| 124 | 3291 | Lenssen Petra | NiersRunners Wachtendon | 0:27:18 | W50 | 9 | 0:27:47 | 1966 |
| 125 | 4009 | Blödorn Cara | St. Ursula Gymnasium | 0:27:18 | W20 | 21 | 0:28:19 | 1991 |
| 126 | 340 | Kültz Clara | Görres-Gymnasium | 0:27:19 | WU18 | 24 | 0:28:00 | 1999 |
| 127 | 4158 | Prado Carmen | Martin-Luther-Schule | 0:27:20 | W40 | 13 | 0:28:04 | 1972 |
| 128 | 2123 | Zapata Kandt Renata | *Düsseldorf | 0:27:22 | W50 | 10 | 0:27:50 | 1964 |
| 129 | 1938 | Nottelmann Janine | *Düsseldorf | 0:27:24 | W35 | 11 | 0:27:53 | 1978 |
| 130 | 954 | Schmitz Kaoutar | Luisen-Gymnasium Düsseldorf | 0:27:25 | WU14 | 10 | 0:27:28 | 2003 |
| 131 | 2319 | Blödorn Diana | *Düsseldorf | 0:27:26 | W45 | 10 | 0:28:29 | 1968 |
| 132 | 115 | Dayeh Nadja | TCC | 0:27:27 | W35 | 12 | 0:27:32 | 1980 |
| 133 | 868 | Kalweit Heike | Team ERDINGER Alkoho | 0:27:28 | W45 | 11 | 0:27:39 | 1968 |
| 134 | 1589 | Erdmann Dinah | OTV Endurance Team | 0:27:29 | W35 | 13 | 0:28:20 | 1979 |
| 135 | 1581 | Hecht Stephanie | *Essen | 0:27:29 | W30 | 10 | 0:28:25 | 1982 |
| 136 | 1047 | Göbel Daniela | *Düsseldorf | 0:27:30 | W20 | 22 | 0:28:23 | 1996 |
| 137 | 450 | Ost Avelina | Görres-Gymnasium | 0:27:33 | WU18 | 25 | 0:28:15 | 1999 |
| 138 | 2042 | Stötzner Nadine | Schatzebär | 0:27:33 | W35 | 14 | 0:27:45 | 1978 |
| 139 | 973 | Andretzki Christine | Luisen-Gymnasium Düsseldorf | 0:27:34 | W20 | 23 | 0:28:00 | 1988 |
| 140 | 2032 | Tonsen Leonie | *Düsseldorf | 0:27:35 | W30 | 11 | 0:27:59 | 1984 |
| 141 | 972 | Köster Silke | Luisen-Gymnasium Düsseldorf | 0:27:35 | W20 | 24 | 0:28:01 | 1989 |
| 142 | 971 | Thiesen Miriam | Luisen-Gymnasium Düsseldorf | 0:27:35 | W20 | 25 | 0:28:01 | 1987 |
| 143 | 918 | Marten Nina | JUSTIZ DÜSSELDORF | 0:27:36 | W30 | 12 | 0:27:43 | 1984 |
| 144 | 2615 | Terkatz Sina | KGS Fleher Straße | 0:27:42 | W20 | 26 | 0:28:02 | 1989 |
| 145 | 352 | Schwarze Marta | Görres-Gymnasium | 0:27:43 | WU18 | 26 | 0:28:53 | 2000 |
| 146 | 4392 | Merten Amelie | Erdinger Alkoholfrei | 0:27:44 | W20 | 27 | 0:27:53 | 1987 |
| 147 | 1412 | Akutsu Mai | *Meerbusch | 0:27:44 | WU14 | 11 | 0:28:46 | 2003 |
| 148 | 1788 | Wilhelm Christine | *Düsseldorf | 0:27:46 | W35 | 15 | 0:28:28 | 1980 |
| 149 | 4379 | Bali Davina | Rennschnecken 2000 | 0:27:46 | W35 | 16 | 0:28:54 | 1977 |
| 150 | 2605 | Hirsch Katrin | KGS Fleher Straße | 0:27:51 | W45 | 12 | 0:28:22 | 1967 |
| 151 | 2576 | Kondracka Katarzyna | *Düsseldorf | 0:27:51 | W20 | 28 | 0:27:56 | 1987 |
| 152 | 3704 | Ngondij Jasmin | Städtisches Gymnasium | 0:27:51 | WU18 | 27 | 0:28:58 | 1999 |
| 153 | 2021 | Unverdorben Sandra | Team Erdinger Alkoholfrei | 0:27:51 | W35 | 17 | 0:28:14 | 1977 |
| 154 | 891 | Blum Nicole | KGS Fleher Straße | 0:27:52 | W40 | 14 | 0:28:22 | 1972 |
| 155 | 3699 | Bernatzki Jana | Städtisches Gymnasium | 0:27:52 | WU20 | 11 | 0:29:04 | 1998 |
| 156 | 4181 | Optiz Miriam | Martin-Luther-Schule | 0:27:52 | WU18 | 28 | 0:28:56 | 1999 |
| 157 | 3104 | Franke Isabel | *Düsseldorf | 0:27:53 | W20 | 29 | 0:28:20 | 1992 |
| 158 | 837 | Görres Sandra | BSG Sparda-Bank West | 0:27:55 | W40 | 15 | 0:28:22 | 1973 |
| 159 | 793 | Romaneehsen Insa | BSG Sparda-Bank West | 0:27:56 | W30 | 13 | 0:28:01 | 1986 |
| 160 | 23 | Schuster Claudia | Horst Kürvers GmbH | 0:27:58 | W40 | 16 | 0:28:34 | 1975 |
| 161 | 3222 | Dietzfelbinger Mareike | Palliativnetzwerk | 0:28:02 | W50 | 11 | 0:29:00 | 1964 |
| 162 | 362 | Ng Leiling | Görres-Gymnasium | 0:28:03 | WU18 | 29 | 0:29:46 | 1999 |
| 163 | 1922 | Kasper Christiane | MTG Horst Essen | 0:28:03 | W50 | 12 | 0:28:51 | 1965 |
| 164 | 682 | Christochowitz Marina | Suitbertus-Gymnasium | 0:28:04 | WU14 | 12 | 0:28:48 | 2003 |
| 165 | 559 | Skoerys Johanna | Suitbertus-Gymnasium | 0:28:04 | WU18 | 30 | 0:28:47 | 1999 |
| 166 | 1153 | Schröder Alina Sophie | *Eitorf | 0:28:08 | WU18 | 31 | 0:28:49 | 1999 |
| 167 | 4350 | Krieger Karin | *Düsseldorf | 0:28:08 | W45 | 13 | 0:28:18 | 1968 |
| 168 | 2449 | Lurz Melanie | WaWaRunners | 0:28:10 | W30 | 14 | 0:28:26 | 1986 |
| 169 | 3303 | Panitz Sabine | TG Neuss | 0:28:11 | W50 | 13 | 0:28:14 | 1964 |
| 170 | 2036 | Späth Alica | Freie Schwimmer Düsseldorf | 0:28:11 | WU16 | 10 | 0:28:59 | 2001 |
| 171 | 729 | Wolf Anna | Suitbertus-Gymnasium | 0:28:13 | W35 | 18 | 0:28:58 | 1980 |
| 172 | 2486 | Scharf Johanna | *Düsseldorf | 0:28:15 | W30 | 15 | 0:28:35 | 1985 |
| 173 | 2037 | Späth Bianca | Freie Schwimmer Düsseldorf | 0:28:17 | W45 | 14 | 0:29:04 | 1969 |
| 173 | 3040 | Recknagel Marietheres | *Düsseldorf | 0:28:17 | W40 | 17 | 0:28:48 | 1973 |
| 175 | 617 | Krause Kosima | Suitbertus-Gymnasium | 0:28:18 | WU18 | 32 | 0:29:26 | 2000 |
| 176 | 4231 | Tan Jenny | Martin-Luther-Schule | 0:28:20 | W35 | 19 | 0:29:22 | 1977 |
| 177 | 762 | Münstermann Nicole | UniCreditBank | 0:28:20 | W45 | 15 | 0:29:56 | 1967 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|----------------------|------------------------------|---------|------|----------|------------|----------|
| 178 | 2766 | Spathis Melina | KGS Essener Straße | 0:28:20 | WU14 | 13 | 0:28:20 | 2004 |
| 179 | 2760 | Bohlmann Hannah | KGS Essener Straße | 0:28:21 | WU14 | 14 | 0:28:22 | 2004 |
| 180 | 3320 | Leibmann Hannah | Gymnasium Gerresheim 6 | 0:28:22 | WU14 | 15 | 0:28:58 | 2004 |
| 181 | 934 | Zangerl Petra | JUSTIZ DÜSSELDORF | 0:28:23 | W45 | 16 | 0:28:59 | 1969 |
| 182 | 3696 | Schmitz Alexandra | Städtisches Gymnasium | 0:28:23 | WU18 | 33 | 0:29:34 | 1999 |
| 183 | 3697 | Porfetye Gesa | Städtisches Gymnasium | 0:28:24 | WU18 | 34 | 0:29:35 | 1999 |
| 184 | 1825 | Pieper Johanna | Augenärzte Xanten | 0:28:26 | WU14 | 16 | 0:28:50 | 2003 |
| 185 | 380 | Kuschkin Elisabeth | Görres-Gymnasium | 0:28:27 | WU18 | 35 | 0:29:38 | 1999 |
| 186 | 765 | Kubat Konny | BSG Sparda-Bank West | 0:28:29 | W45 | 17 | 0:29:29 | 1967 |
| 187 | 3402 | Sharma Anandita | Thomas-Schule | 0:28:30 | W40 | 18 | 0:28:54 | 1976 |
| 188 | 923 | Rosarius Stefanie | JUSTIZ DÜSSELDORF | 0:28:30 | W20 | 30 | 0:28:37 | 1988 |
| 189 | 811 | Tenge Theresa | BSG Sparda-Bank West | 0:28:31 | W20 | 31 | 0:29:06 | 1996 |
| 190 | 955 | Okbin Rajia | Luisen-Gymnasium Düsseldorf | 0:28:32 | WU14 | 17 | 0:28:34 | 2003 |
| 191 | 74 | Schmittchen Bettina | Villa Luna Kindertagesstätte | 0:28:33 | W40 | 19 | 0:29:27 | 1974 |
| 192 | 1805 | Pollmeier Susanne | *Düsseldorf | 0:28:33 | W40 | 20 | 0:28:43 | 1974 |
| 193 | 3227 | Venhoff Maria | Martin-Luther-King Schule | 0:28:33 | W40 | 21 | 0:29:29 | 1976 |
| 194 | 4027 | Kauschke Kira | St. Ursula Gymnasium | 0:28:34 | WU14 | 18 | 0:28:49 | 2004 |
| 195 | 28 | Schipper Stefanie | Horst Kürvers GmbH | 0:28:34 | W30 | 16 | 0:29:08 | 1984 |
| 196 | 2310 | Zabel Andrea | *Düsseldorf | 0:28:38 | W40 | 22 | 0:28:40 | 1973 |
| 197 | 88 | Boateng Hagar | Villa Luna Kindertagesstätte | 0:28:39 | W35 | 20 | 0:29:19 | 1979 |
| 198 | 389 | Oeffner Elisa | Görres-Gymnasium | 0:28:42 | WU18 | 36 | 0:29:31 | 2000 |
| 199 | 917 | Marschollek Romy | JUSTIZ DÜSSELDORF | 0:28:44 | W20 | 32 | 0:29:19 | 1989 |
| 200 | 1062 | Pak-Egidi Kristina | *Düsseldorf | 0:28:44 | W30 | 17 | 0:29:09 | 1984 |
| 201 | 375 | Winters Marie-Sophie | Görres-Gymnasium | 0:28:44 | WU18 | 37 | 0:30:30 | 2000 |
| 202 | 407 | Planchamp Julie | Görres-Gymnasium | 0:28:48 | WU18 | 38 | 0:30:33 | 1999 |
| 203 | 686 | Cierna Lara | Suitbertus-Gymnasium | 0:28:48 | WU14 | 19 | 0:29:42 | 2003 |
| 204 | 383 | Frey Anna | Görres-Gymnasium | 0:28:48 | WU18 | 39 | 0:29:37 | 2000 |
| 205 | 4444 | Möckel Juliana | | 0:28:50 | WU16 | 11 | 0:30:12 | 2002 |
| 206 | 47 | Nie YunYun | GERSTEL GmbH&Co.KG | 0:28:50 | W30 | 18 | 0:29:12 | 1984 |
| 207 | 2288 | Geschwill Franziska | *Meerbusch | 0:28:52 | W20 | 33 | 0:28:57 | 1987 |
| 208 | 716 | Lemke Amelie | Suitbertus-Gymnasium | 0:28:52 | WU14 | 20 | 0:29:06 | 2005 |
| 209 | 2312 | Kuhlmann Laura | *Düsseldorf | 0:28:53 | W20 | 34 | 0:29:13 | 1992 |
| 210 | 578 | Mietz Julia | Suitbertus-Gymnasium | 0:28:53 | WU16 | 12 | 0:29:36 | 2001 |
| 211 | 401 | Nellessen Lara | Görres-Gymnasium | 0:28:56 | WU18 | 40 | 0:29:50 | 2000 |
| 212 | 2490 | Hartig Ulrike | *Düsseldorf | 0:28:56 | W35 | 21 | 0:29:44 | 1977 |
| 213 | 631 | Hochheuser Pauline | Suitbertus-Gymnasium | 0:28:57 | WU18 | 41 | 0:29:49 | 2000 |
| 214 | 3184 | Peterson Johanna | IKEA Düsseldorf | 0:28:59 | W30 | 19 | 0:29:21 | 1984 |
| 215 | 978 | Vogelbusch Annemarie | Luisen-Gymnasium Düsseldorf | 0:29:00 | W45 | 18 | 0:29:52 | 1970 |
| 216 | 960 | Amirat Hind Chmia | Luisen-Gymnasium Düsseldorf | 0:29:00 | WU16 | 13 | 0:29:19 | 2002 |
| 217 | 2671 | Hennemann Carmen | KGS Fleher Straße | 0:29:02 | W40 | 23 | 0:29:25 | 1976 |
| 218 | 87 | Volk Natascha | Villa Luna Kindertagesstätte | 0:29:03 | W35 | 22 | 0:29:42 | 1979 |
| 219 | 3645 | Harrer Katharina | Matthias-Claudius-Grundsc | 0:29:04 | W35 | 23 | 0:29:32 | 1981 |
| 220 | 35 | Radetzki Anna | Horst Kürvers GmbH | 0:29:05 | W20 | 35 | 0:29:34 | 1989 |
| 221 | 626 | Döpp Franzisca | Suitbertus-Gymnasium | 0:29:06 | WU18 | 42 | 0:30:25 | 2000 |
| 222 | 953 | Kabli Sumajja | Luisen-Gymnasium Düsseldorf | 0:29:07 | WU14 | 21 | 0:29:23 | 2003 |
| 223 | 3110 | Neiß Andrea | LT Düsseldorf-Süd | 0:29:08 | W50 | 14 | 0:29:19 | 1963 |
| 224 | 667 | Duran Brianna | Suitbertus-Gymnasium | 0:29:09 | WU16 | 14 | 0:30:25 | 2001 |
| 225 | 665 | Kuhlmann Lisa | Suitbertus-Gymnasium | 0:29:09 | WU16 | 15 | 0:30:26 | 2001 |
| 226 | 2786 | Bröker Ruth | KGS Essener Straße | 0:29:15 | W45 | 19 | 0:29:39 | 1970 |
| 227 | 4557 | Schmeing Anne | KGS Essener Straße | 0:29:15 | W20 | 36 | 0:29:39 | 1987 |
| 228 | 354 | Lengelsen Lucy | Görres-Gymnasium | 0:29:16 | WU14 | 22 | 0:30:04 | 2004 |
| 229 | 2787 | Siemes Annemie | KGS Essener Straße | 0:29:16 | W20 | 37 | 0:29:39 | 1987 |
| 230 | 1590 | Radeck Diana | *Düsseldorf | 0:29:17 | W35 | 24 | 0:30:08 | 1978 |
| 231 | 2039 | Mages Anna | *Düsseldorf | 0:29:19 | WU16 | 16 | 0:29:33 | 2002 |
| 231 | 3718 | Kästner Annika | Städtisches Gymnasium | 0:29:19 | WU18 | 43 | 0:30:30 | 1999 |
| 233 | 2040 | Filipski Rebecca | *Düsseldorf | 0:29:19 | WU16 | 17 | 0:29:33 | 2002 |
| 234 | 4248 | Deutsch Jessica | Martin-Luther-Schule | 0:29:21 | W35 | 25 | 0:30:06 | 1980 |
| 235 | 618 | Lurz Anika | Suitbertus-Gymnasium | 0:29:21 | WU18 | 44 | 0:30:13 | 2000 |
| 236 | 556 | Rupprecht Muriel | Suitbertus-Gymnasium | 0:29:25 | WU18 | 45 | 0:30:07 | 1999 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|----------------------|-----------------------------|---------|------|----------|------------|----------|
| 237 | 2375 | Dräger Lilli | *Solingen | 0:29:29 | WU14 | 23 | 0:31:10 | 2004 |
| 238 | 1562 | Wolf Sandra | *Düsseldorf | 0:29:30 | W20 | 38 | 0:30:20 | 1988 |
| 239 | 4008 | Bauer Stephanie | St. Ursula Gymnasium | 0:29:31 | W45 | 20 | 0:30:28 | 1969 |
| 240 | 3698 | Nicolin Merret | Städtisches Gymnasium | 0:29:34 | WU18 | 46 | 0:30:45 | 1999 |
| 241 | 2928 | Rütten Sandra | KV Nordrhein | 0:29:34 | W40 | 24 | 0:30:41 | 1974 |
| 242 | 1405 | De Anta Tania | *Düsseldorf | 0:29:35 | W20 | 39 | 0:29:48 | 1987 |
| 243 | 4341 | Reumel Lina | | 0:29:35 | WU14 | 24 | 0:29:52 | 2005 |
| 244 | 3190 | Kießler Hanna | IKEA Düsseldorf | 0:29:35 | W20 | 40 | 0:29:57 | 1993 |
| 245 | 1750 | Masmoudi Hazar | *Düsseldorf | 0:29:36 | W30 | 20 | 0:29:50 | 1982 |
| 246 | 4017 | Dressler Anja | St. Ursula Gymnasium | 0:29:38 | W50 | 15 | 0:30:41 | 1966 |
| 247 | 789 | Reinartz Sanna | BSG Sparda-Bank West | 0:29:38 | WU18 | 47 | 0:30:51 | 2000 |
| 248 | 3005 | Julidori Ana | Run4Fun | 0:29:40 | W30 | 21 | 0:31:00 | 1984 |
| 249 | 2960 | Köhler Anja | *Düsseldorf | 0:29:40 | W30 | 22 | 0:31:17 | 1986 |
| 250 | 4564 | Weertz Andrea | *Düsseldorf | 0:29:41 | W45 | 21 | 0:31:06 | 1971 |
| 251 | 338 | Tebbe Lou | Görres-Gymnasium | 0:29:44 | WU18 | 48 | 0:31:01 | 2000 |
| 252 | 1954 | Polster Tonia | SuS Bertlich | 0:29:45 | W50 | 16 | 0:31:02 | 1963 |
| 253 | 1473 | Navarro Debora | *Düsseldorf | 0:29:46 | W30 | 23 | 0:30:00 | 1986 |
| 254 | 2724 | Merke Sandra | KGS Essener Straße | 0:29:47 | W40 | 25 | 0:30:27 | 1975 |
| 255 | 2601 | Klett Nadine | KGS Fleher Straße | 0:29:48 | W40 | 26 | 0:30:06 | 1976 |
| 256 | 1388 | TAUTOU Anne-Sophie | *DÜSSELDORF | 0:29:49 | W20 | 41 | 0:30:04 | 1987 |
| 257 | 597 | Berisic Franceska | Suitbertus-Gymnasium | 0:29:49 | WU18 | 49 | 0:30:26 | 2000 |
| 258 | 961 | Martinez Xenia | Luisen-Gymnasium Düsseldorf | 0:29:50 | WU16 | 18 | 0:30:08 | 2002 |
| 259 | 328 | Pujol Emma | Toshiba Europe GmbH | 0:29:50 | W20 | 42 | 0:31:01 | 1992 |
| 260 | 3728 | Savcuka Jaroslava | Städtisches Gymnasium | 0:29:50 | WU20 | 12 | 0:31:02 | 1998 |
| 261 | 3436 | Otake Yuki | KGS Niederkassel | 0:29:50 | W40 | 27 | 0:29:58 | 1975 |
| 262 | 4035 | König Barbara | St. Ursula Gymnasium | 0:29:51 | W40 | 28 | 0:30:35 | 1975 |
| 263 | 2738 | Potthoff Silke | KGS Essener Straße | 0:29:56 | W45 | 22 | 0:31:32 | 1971 |
| 264 | 3708 | Klein Vanessa | Städtisches Gymnasium | 0:29:56 | WU18 | 50 | 0:31:08 | 1999 |
| 265 | 2361 | Maier Silvia | *Düsseldorf | 0:29:56 | W20 | 43 | 0:31:01 | 1991 |
| 266 | 412 | Michel Judith | Görres-Gymnasium | 0:29:57 | WU18 | 51 | 0:30:45 | 2000 |
| 267 | 364 | Schmitz Sari | Görres-Gymnasium | 0:29:59 | WU18 | 52 | 0:30:47 | 2000 |
| 268 | 602 | Franz Fabienne | Suitbertus-Gymnasium | 0:30:01 | WU18 | 53 | 0:30:39 | 2000 |
| 269 | 1478 | Strebl Maike | *Hamburg | 0:30:02 | W30 | 24 | 0:30:20 | 1983 |
| 270 | 709 | Kuhlmann Annika | Suitbertus-Gymnasium | 0:30:03 | WU14 | 25 | 0:31:21 | 2004 |
| 271 | 2121 | Hofer Hongyan | *Düsseldorf | 0:30:03 | W60 | 2 | 0:30:45 | 1956 |
| 272 | 4556 | Querting Pia | *Düsseldorf | 0:30:04 | W35 | 26 | 0:30:49 | 1977 |
| 273 | 773 | Dahmen Monika | BSG Sparda-Bank West | 0:30:04 | W45 | 23 | 0:30:39 | 1968 |
| 274 | 777 | Bonerath Kirsten | BSG Sparda-Bank West | 0:30:05 | W35 | 27 | 0:30:40 | 1981 |
| 275 | 714 | Peters Annika | Suitbertus-Gymnasium | 0:30:06 | WU14 | 26 | 0:31:25 | 2004 |
| 276 | 2679 | Schmaltz Nicole | KGS Fleher Straße | 0:30:07 | W40 | 29 | 0:31:14 | 1973 |
| 277 | 710 | Herbrich Lina | Suitbertus-Gymnasium | 0:30:09 | WU14 | 27 | 0:31:27 | 2004 |
| 278 | 1955 | Polster Kathrin | SuS Bertlich | 0:30:10 | W20 | 44 | 0:31:26 | 1990 |
| 279 | 425 | Tebartz Leia | Görres-Gymnasium | 0:30:10 | WU14 | 28 | 0:31:00 | 2005 |
| 280 | 2341 | Dita Dr. Zimprichová | NTZ Duisburg | 0:30:10 | W50 | 17 | 0:31:37 | 1963 |
| 281 | 4046 | Meiers Petra | St. Ursula Gymnasium | 0:30:10 | W55 | 2 | 0:31:14 | 1958 |
| 282 | 1392 | Areal Ines | *Düsseldorf | 0:30:12 | W30 | 25 | 0:30:27 | 1983 |
| 283 | 4351 | Ritter Beate | | 0:30:13 | W50 | 18 | 0:30:37 | 1965 |
| 284 | 764 | Lukas Corinna | Toshiba Europe GmbH | 0:30:14 | W30 | 26 | 0:31:26 | 1986 |
| 285 | 3030 | Hüsgen Sandra | *Düsseldorf | 0:30:14 | W45 | 24 | 0:30:58 | 1970 |
| 286 | 428 | Blum Lili Amber | Görres-Gymnasium | 0:30:17 | WU14 | 29 | 0:31:05 | 2005 |
| 287 | 416 | Ball Katja | Görres-Gymnasium | 0:30:22 | WU18 | 54 | 0:31:15 | 1999 |
| 288 | 717 | Döpp Johanna | Suitbertus-Gymnasium | 0:30:24 | WU14 | 30 | 0:30:37 | 2005 |
| 289 | 780 | Gietz Nicole | BSG Sparda-Bank West | 0:30:25 | W40 | 30 | 0:31:00 | 1975 |
| 290 | 4400 | Kossner Hannah | | 0:30:26 | WU16 | 19 | 0:31:25 | 2002 |
| 291 | 1760 | Kohlmann Veronique | *Hamburg | 0:30:28 | W20 | 45 | 0:30:54 | 1994 |
| 292 | 3200 | Girgensohn Anne | Laufschule Düsseldorf | 0:30:29 | W50 | 19 | 0:31:48 | 1964 |
| 293 | 568 | Kappenhagen Helene | Suitbertus-Gymnasium | 0:30:29 | WU18 | 55 | 0:31:48 | 1999 |
| 294 | 1774 | Rode Kerstin | *Düsseldorf | 0:30:30 | W40 | 31 | 0:31:46 | 1973 |
| 295 | 2046 | Harkenbusch Nicole | *Kürnach | 0:30:31 | W35 | 28 | 0:31:40 | 1981 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-----------------------|-----------------------------|---------|------|----------|------------|----------|
| 296 | 11 | Wegmeyer Martina | Horst Kürvers GmbH | 0:30:32 | W40 | 32 | 0:31:05 | 1976 |
| 297 | 374 | Rubröder Nell | Görres-Gymnasium | 0:30:33 | WU18 | 56 | 0:31:26 | 1999 |
| 298 | 761 | Anlage Sabine | UniCreditBank | 0:30:34 | W40 | 33 | 0:32:09 | 1973 |
| 299 | 784 | Gehrmann Katrin | BSG Sparda-Bank West | 0:30:36 | W35 | 29 | 0:31:14 | 1977 |
| 300 | 2768 | Barnes Katja | KGS Essener Straße | 0:30:37 | W45 | 25 | 0:31:21 | 1969 |
| 301 | 1666 | Blum Julia | *Düsseldorf | 0:30:39 | W30 | 27 | 0:31:45 | 1986 |
| 302 | 2572 | Heller Jessica Krümel | Muay Thai SG Worringen | 0:30:39 | W30 | 28 | 0:31:00 | 1982 |
| 303 | 2641 | Lange Tanja | KGS Fleher Straße | 0:30:41 | W45 | 26 | 0:31:00 | 1970 |
| 304 | 576 | Zurmühlen Anna | Suitbertus-Gymnasium | 0:30:41 | WU18 | 57 | 0:31:59 | 1999 |
| 305 | 2639 | Briese Diana | KGS Fleher Straße | 0:30:41 | W45 | 27 | 0:30:59 | 1970 |
| 306 | 656 | Menzel Emma | Suitbertus-Gymnasium | 0:30:42 | WU18 | 58 | 0:31:23 | 2000 |
| 307 | 2629 | Lorenz Jana | KGS Fleher Straße | 0:30:43 | W40 | 34 | 0:31:02 | 1974 |
| 308 | 4201 | Heinrich Christina | Martin-Luther-Schule | 0:30:43 | W40 | 35 | 0:31:45 | 1973 |
| 309 | 622 | Wagner Sophie-Marie | Suitbertus-Gymnasium | 0:30:46 | WU18 | 59 | 0:31:26 | 2000 |
| 310 | 4175 | Negwer Ulrike | Martin-Luther-Schule | 0:30:47 | W40 | 36 | 0:31:48 | 1972 |
| 311 | 2544 | Schmidt Eva | *Duesseldorf | 0:30:49 | W45 | 28 | 0:31:16 | 1969 |
| 312 | 2757 | Pongs Ivonne | KGS Essener Straße | 0:30:51 | W40 | 37 | 0:31:14 | 1973 |
| 313 | 945 | Brauer Helena | Luisen-Gymnasium Düsseldorf | 0:30:53 | WU14 | 31 | 0:30:56 | 2004 |
| 314 | 419 | Hofmann Pauline | Görres-Gymnasium | 0:30:54 | WU16 | 20 | 0:32:16 | 2001 |
| 315 | 2808 | Rodrigues Patricia | KGS Essener Straße | 0:30:55 | WU16 | 21 | 0:31:14 | 2002 |
| 316 | 3345 | Ferrier Marilena | Thomas-Schule | 0:30:55 | W20 | 46 | 0:31:08 | 1995 |
| 317 | 540 | Nübel Charlotte | Suitbertus-Gymnasium | 0:30:55 | WU18 | 60 | 0:32:14 | 1999 |
| 318 | 2809 | Rodrigues Cristina | KGS Essener Straße | 0:30:55 | W45 | 29 | 0:31:15 | 1968 |
| 319 | 2224 | May Julia | *Düsseldorf | 0:30:56 | W20 | 47 | 0:32:02 | 1996 |
| 320 | 572 | Reineke Hannah | Suitbertus-Gymnasium | 0:30:57 | WU18 | 61 | 0:32:15 | 1999 |
| 321 | 3646 | Büscher Hella | Matthias-Claudius-Grundsc | 0:30:57 | W40 | 38 | 0:31:26 | 1975 |
| 322 | 2774 | Jenkner Caroline | KGS Essener Straße | 0:30:58 | W45 | 30 | 0:31:42 | 1971 |
| 322 | 3656 | Bagel Sabine | Matthias-Claudius-Grundsc | 0:30:58 | W30 | 29 | 0:31:26 | 1982 |
| 324 | 396 | Palmer Viktoria | Görres-Gymnasium | 0:30:59 | WU18 | 62 | 0:32:40 | 1999 |
| 325 | 2526 | Krüll Rebecca | TTC Wuppertal | 0:31:01 | W20 | 48 | 0:31:25 | 1993 |
| 326 | 4416 | Lemken Eva | ART Düsseldorf | 0:31:02 | W20 | 49 | 0:32:29 | 1994 |
| 327 | 3047 | Stoffel Heike | TTC Wuppertal Running Te | 0:31:02 | W45 | 31 | 0:31:25 | 1970 |
| 328 | 1920 | Blumenstein Martina | MTG Horst Essen | 0:31:02 | W55 | 3 | 0:31:54 | 1961 |
| 329 | 548 | Dreyer Miriam | Suitbertus-Gymnasium | 0:31:03 | WU20 | 13 | 0:31:46 | 1998 |
| 330 | 2529 | Garbe Andrea | *Wuppertal | 0:31:03 | W40 | 39 | 0:31:25 | 1975 |
| 331 | 529 | Tappe Jana | E.ON Inhouse Consulting G | 0:31:03 | W20 | 50 | 0:32:08 | 1988 |
| 332 | 3125 | Panzog Sonja | Theodor-Fliedner-Gymnasi | 0:31:03 | W45 | 32 | 0:32:29 | 1969 |
| 333 | 993 | Baumhoff Nadine | Josefshaus Olpe | 0:31:04 | W35 | 30 | 0:31:58 | 1978 |
| 334 | 4311 | Koster Janina | Sportbund Rhein-Kreis Neu | 0:31:05 | W20 | 51 | 0:32:32 | 1994 |
| 335 | 3375 | Chiola Luciana | Thomas-Schule | 0:31:05 | W40 | 40 | 0:31:27 | 1975 |
| 336 | 619 | Mages Lea | Suitbertus-Gymnasium | 0:31:07 | WU18 | 63 | 0:32:15 | 1999 |
| 337 | 4107 | Schramm Christina | BSG Sparda-Bank-West | 0:31:07 | W20 | 52 | 0:32:41 | 1987 |
| 338 | 507 | Jung Verena | E.ON Inhouse Consulting G | 0:31:08 | W30 | 30 | 0:32:11 | 1984 |
| 339 | 733 | Geyer Annette | Suitbertus-Gymnasium | 0:31:09 | W45 | 33 | 0:32:32 | 1967 |
| 340 | 4471 | Berndt Myriam | | 0:31:10 | W40 | 41 | 0:32:35 | 1973 |
| 341 | 4472 | Muhs Anke | | 0:31:10 | W50 | 20 | 0:32:35 | 1965 |
| 342 | 3196 | Beneke Kerstin | Hisense Germany GmbH | 0:31:12 | W40 | 42 | 0:32:25 | 1972 |
| 343 | 12 | Knapstein Ilka | Horst Kürvers GmbH | 0:31:12 | W35 | 31 | 0:31:48 | 1978 |
| 344 | 3367 | Ptak Sabine | Thomas-Schule | 0:31:13 | W40 | 43 | 0:31:52 | 1976 |
| 345 | 3680 | Huschitt Melanie | Matthias-Claudius-Grundsc | 0:31:13 | W30 | 31 | 0:32:30 | 1982 |
| 346 | 2560 | Hayen Luisa | *Düsseldorf | 0:31:14 | W20 | 53 | 0:32:05 | 1994 |
| 347 | 3426 | Knauf Katrin | KGS Niederkassel | 0:31:14 | W40 | 44 | 0:31:58 | 1974 |
| 348 | 3674 | Bernardi Laura | Matthias-Claudius-Grundsc | 0:31:14 | W30 | 32 | 0:32:29 | 1984 |
| 349 | 3481 | Kreil Gesa | KGS Niederkassel | 0:31:15 | W45 | 34 | 0:32:27 | 1971 |
| 350 | 3741 | Göttmann Sarah | Mrs. Sporty | 0:31:17 | W30 | 33 | 0:32:04 | 1986 |
| 351 | 3513 | Partenzi Daniela | KGS Niederkassel | 0:31:19 | W45 | 35 | 0:32:30 | 1968 |
| 352 | 4382 | Barzen Annika | Polizei | 0:31:19 | W35 | 32 | 0:32:36 | 1979 |
| 353 | 2599 | Van der Kooi Dinah | KGS Fleher Straße | 0:31:20 | W40 | 45 | 0:31:49 | 1974 |
| 354 | 3430 | Schumacher Anne | KGS Niederkassel | 0:31:22 | W30 | 34 | 0:32:07 | 1984 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-----------------------|-----------------------------------|---------|------|----------|------------|----------|
| 355 | 3523 | Hankammer Imke | KGS Niederkassel | 0:31:22 | W40 | 46 | 0:32:07 | 1973 |
| 356 | 3505 | Weber Juliane | KGS Niederkassel | 0:31:22 | W50 | 21 | 0:32:07 | 1966 |
| 357 | 2065 | Schneider Marion | Astrid Lindgren Schule Düsseldorf | 0:31:22 | W50 | 22 | 0:32:50 | 1966 |
| 358 | 2622 | Vollmers Diana | KGS Fleher Straße | 0:31:23 | W30 | 35 | 0:31:53 | 1986 |
| 359 | 1728 | Stuttfeld Jennifer | *Essen | 0:31:23 | W20 | 54 | 0:32:48 | 1991 |
| 360 | 4445 | Knauer Helena | | 0:31:24 | WU16 | 22 | 0:32:34 | 2001 |
| 361 | 3710 | Snigirev Katharina | Städtisches Gymnasium | 0:31:24 | WU18 | 64 | 0:32:39 | 1999 |
| 362 | 3370 | Emmanouilidis Irene | Thomas-Schule | 0:31:24 | WU14 | 32 | 0:31:24 | 2004 |
| 363 | 2595 | Esser Claudia | KGS Fleher Straße | 0:31:26 | W40 | 47 | 0:31:57 | 1973 |
| 364 | 1994 | Ewers zum Rode Julia | *Ratingen | 0:31:26 | W45 | 36 | 0:32:43 | 1970 |
| 365 | 794 | Moritz Ute | BSG Sparda-Bank West | 0:31:27 | W30 | 36 | 0:31:33 | 1984 |
| 366 | 2030 | Grimm Dorothea | Theodor-Fliedner-Gymnasium | 0:31:27 | WU14 | 33 | 0:31:52 | 2004 |
| 367 | 795 | Mieden Jacquelin | BSG Sparda-Bank West | 0:31:27 | W20 | 55 | 0:31:33 | 1991 |
| 368 | 368 | Kolar Laura | Görres-Gymnasium | 0:31:29 | WU18 | 65 | 0:32:23 | 2000 |
| 369 | 664 | Hemming Jonna | Suitbertus-Gymnasium | 0:31:29 | WU16 | 23 | 0:31:39 | 2001 |
| 370 | 4257 | Gora Margarethe | Martin-Luther-Schule | 0:31:29 | W35 | 33 | 0:32:33 | 1977 |
| 371 | 414 | Tsakilioti Cassandra | Görres-Gymnasium | 0:31:30 | WU18 | 66 | 0:32:38 | 2000 |
| 372 | 4192 | Drewitz Kristin | Martin-Luther-Schule | 0:31:30 | W40 | 48 | 0:32:33 | 1972 |
| 373 | 3324 | Haak Isabell | Gymnasium Gerresheim 6 | 0:31:30 | WU14 | 34 | 0:32:06 | 2004 |
| 374 | 2080 | Sert Ludmila | Uniper Global Commodities | 0:31:33 | W35 | 34 | 0:32:13 | 1979 |
| 374 | 4003 | Siekmann Silke | Getränke Siekmann GbR | 0:31:33 | W20 | 56 | 0:33:05 | 1987 |
| 376 | 4476 | Berns Kerstin | | 0:31:34 | W40 | 49 | 0:31:39 | 1972 |
| 377 | 392 | Khvan Maria | Görres-Gymnasium | 0:31:34 | WU18 | 67 | 0:32:32 | 1999 |
| 378 | 672 | Busse Paulina | Suitbertus-Gymnasium | 0:31:35 | WU16 | 24 | 0:32:08 | 2001 |
| 379 | 933 | Zangerl Mira | JUSTIZ DÜSSELDORF | 0:31:37 | WU14 | 35 | 0:32:12 | 2003 |
| 380 | 77 | Nitz Heike | Villa Luna Kindertagesstätte | 0:31:38 | W50 | 23 | 0:32:15 | 1962 |
| 381 | 3703 | Mönnichs Jule | Städtisches Gymnasium | 0:31:39 | WU18 | 68 | 0:32:46 | 1999 |
| 382 | 755 | Willems Claudia | Suitbertus-Gymnasium | 0:31:41 | W45 | 37 | 0:32:25 | 1970 |
| 383 | 2469 | Blässe Corinna | *Oberhausen | 0:31:41 | W20 | 57 | 0:32:41 | 1994 |
| 384 | 1591 | Schrader Rike | *Düsseldorf | 0:31:42 | W30 | 37 | 0:32:51 | 1982 |
| 385 | 4247 | Wintermeyer Jill | Martin-Luther-Schule | 0:31:44 | W40 | 50 | 0:32:29 | 1973 |
| 386 | 353 | Onutrieva Aleksandra | Görres-Gymnasium | 0:31:44 | WU18 | 69 | 0:32:42 | 1999 |
| 387 | 759 | Trentzsch Angelika | UniCreditBank | 0:31:45 | W60 | 3 | 0:33:23 | 1955 |
| 388 | 661 | Tönnis Julie | Suitbertus-Gymnasium | 0:31:45 | WU18 | 70 | 0:33:08 | 2000 |
| 389 | 791 | Koch Johanna | BSG Sparda-Bank West | 0:31:45 | WU20 | 14 | 0:32:59 | 1998 |
| 390 | 663 | Sachs Laura | Suitbertus-Gymnasium | 0:31:46 | WU16 | 25 | 0:33:08 | 2001 |
| 391 | 792 | Krause Nora | BSG Sparda-Bank West | 0:31:46 | WU20 | 15 | 0:33:00 | 1998 |
| 392 | 1073 | Brockmann Martina | *Düsseldorf | 0:31:46 | W45 | 38 | 0:32:46 | 1971 |
| 393 | 1013 | Hundt Melanie | Josefshaus Olpe | 0:31:46 | W30 | 38 | 0:32:39 | 1985 |
| 394 | 312 | Van der Gulik Monique | *Nieuwe Niedorp | 0:31:48 | W40 | 51 | 0:32:00 | 1976 |
| 395 | 363 | Olszewik Marina | Görres-Gymnasium | 0:31:52 | WU18 | 71 | 0:33:10 | 1999 |
| 396 | 4580 | Levin Victoria | *Düsseldorf | 0:31:53 | W30 | 39 | 0:32:32 | 1984 |
| 397 | 3423 | Van Triel Dorothee | Thomas-Schule | 0:31:57 | W20 | 58 | 0:33:34 | 1987 |
| 398 | 3398 | Bacchini Daniela | Thomas-Schule | 0:31:58 | W45 | 39 | 0:33:36 | 1969 |
| 399 | 119 | Heinegans Rita | TCC | 0:31:58 | W50 | 24 | 0:33:17 | 1965 |
| 400 | 3123 | Rittinghaus Kristina | Theodor-Fliedner-Gymnasium | 0:32:02 | W45 | 40 | 0:33:08 | 1969 |
| 401 | 1915 | Vieten Julia | *Viersen | 0:32:03 | W50 | 25 | 0:32:21 | 1965 |
| 402 | 2357 | Fritsch Eva | *Düsseldorf | 0:32:03 | W30 | 40 | 0:32:44 | 1985 |
| 403 | 657 | Mittrop Christine | Suitbertus-Gymnasium | 0:32:04 | WU18 | 72 | 0:33:07 | 2000 |
| 404 | 3138 | Schmid-Lüke Vera | Theodor-Fliedner-Gymnasium | 0:32:06 | W40 | 52 | 0:33:10 | 1973 |
| 405 | 1856 | Klose Rosemarie | *Düsseldorf | 0:32:06 | W45 | 41 | 0:32:34 | 1970 |
| 406 | 942 | Benbrahim Meriam | Luisen-Gymnasium Düsseldorf | 0:32:06 | WU14 | 36 | 0:32:09 | 2004 |
| 407 | 627 | Gottschalg Gala | Suitbertus-Gymnasium | 0:32:06 | WU16 | 26 | 0:33:00 | 2001 |
| 408 | 671 | Breuker Lisa | Suitbertus-Gymnasium | 0:32:09 | WU16 | 27 | 0:32:18 | 2002 |
| 409 | 1049 | Hammes Michčle | *Krefeld | 0:32:12 | W35 | 35 | 0:32:46 | 1978 |
| 410 | 2397 | Hlouschek Eva | *Düsseldorf | 0:32:13 | W30 | 41 | 0:33:21 | 1983 |
| 411 | 2912 | Thöne Dr. Martina | *Berlin | 0:32:13 | W40 | 53 | 0:33:48 | 1976 |
| 412 | 651 | Hartmann Marie | Suitbertus-Gymnasium | 0:32:15 | WU18 | 73 | 0:33:17 | 2000 |
| 413 | 728 | Brüning Tanja | Suitbertus-Gymnasium | 0:32:18 | W40 | 54 | 0:33:24 | 1972 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|----------------------|------------------------------|---------|------|----------|------------|----------|
| 414 | 725 | Bishop Cathérine | Suitbertus-Gymnasium | 0:32:19 | W30 | 42 | 0:33:24 | 1982 |
| 415 | 72 | Striethorst Jana | Villa Luna Kindertagesstätte | 0:32:19 | W20 | 59 | 0:32:58 | 1989 |
| 416 | 365 | Böddicker Hannah | Görres-Gymnasium | 0:32:20 | WU18 | 74 | 0:33:13 | 2000 |
| 417 | 932 | Wolny Ewa | JUSTIZ DÜSSELDORF | 0:32:23 | W45 | 42 | 0:32:29 | 1970 |
| 418 | 1932 | Edler Anke | *Düsseldorf | 0:32:24 | W50 | 26 | 0:33:43 | 1965 |
| 419 | 3118 | Grieß-Suffner Nicola | Theodor-Flidner-Gymnasi | 0:32:25 | W45 | 43 | 0:33:33 | 1967 |
| 420 | 655 | Lüddemann Jelke | Suitbertus-Gymnasium | 0:32:25 | WU18 | 75 | 0:33:45 | 2000 |
| 421 | 3117 | Suffner Nikola | Theodor-Flidner-Gymnasi | 0:32:25 | W45 | 44 | 0:33:33 | 1967 |
| 422 | 614 | Cierna Lea | Suitbertus-Gymnasium | 0:32:25 | WU18 | 76 | 0:33:19 | 2000 |
| 423 | 372 | Zader Tabea | Görres-Gymnasium | 0:32:26 | WU14 | 37 | 0:33:14 | 2003 |
| 424 | 1015 | Köster Mariessa | Josefshaus Olpe | 0:32:26 | W20 | 60 | 0:33:18 | 1990 |
| 425 | 723 | Haase Diana | Suitbertus-Gymnasium | 0:32:27 | W35 | 36 | 0:33:32 | 1979 |
| 426 | 3565 | Dahmen Emma | Matthias-Claudius-Grundsc | 0:32:28 | WU14 | 38 | 0:33:18 | 2007 |
| 427 | 2151 | Wilczek Eva | BSG Hilden | 0:32:31 | W70 | 1 | 0:32:36 | 1946 |
| 428 | 1839 | Danielsmeyer Heike | *Ennepetal | 0:32:33 | W50 | 27 | 0:33:12 | 1965 |
| 429 | 2882 | Traxel Charlotte | *Neuss | 0:32:34 | W20 | 61 | 0:34:00 | 1987 |
| 430 | 2883 | Jansen Julia | *Neuss | 0:32:34 | W20 | 62 | 0:34:00 | 1992 |
| 431 | 590 | Neumeister Ilka | Suitbertus-Gymnasium | 0:32:34 | WU18 | 77 | 0:33:53 | 1999 |
| 432 | 666 | Mojdeh Nora | Suitbertus-Gymnasium | 0:32:34 | WU16 | 28 | 0:32:44 | 2001 |
| 433 | 3315 | Thogmartin Ilka | *Duesseldorf | 0:32:36 | W40 | 55 | 0:33:06 | 1975 |
| 434 | 2056 | Sachsse Nicola | *Düsseldorf | 0:32:38 | WU14 | 39 | 0:33:33 | 2004 |
| 435 | 2055 | Sachsse Jana | *Düsseldorf | 0:32:38 | WU14 | 40 | 0:33:33 | 2003 |
| 436 | 4399 | Kossner Mascha | | 0:32:39 | W40 | 56 | 0:33:39 | 1973 |
| 437 | 3458 | Kämpchen Sandra | KGS Niederkassel | 0:32:40 | W35 | 37 | 0:33:30 | 1978 |
| 438 | 3707 | Frank Carina | Städtisches Gymnasium | 0:32:43 | WU18 | 78 | 0:33:52 | 1999 |
| 439 | 1234 | Kromat Alexandra | *Grevenbroich | 0:32:46 | W40 | 57 | 0:33:10 | 1972 |
| 440 | 1865 | Wolf Constanze | *Düsseldorf | 0:32:46 | W35 | 38 | 0:34:13 | 1979 |
| 441 | 85 | Busse Melanie | Villa Luna Kindertagesstätte | 0:32:48 | W45 | 45 | 0:33:26 | 1970 |
| 442 | 1010 | Nowak Sophia | Josefshaus Olpe | 0:32:49 | WU18 | 79 | 0:33:43 | 1999 |
| 443 | 390 | Jentsch Gabriella | Görres-Gymnasium | 0:32:50 | WU18 | 80 | 0:33:49 | 1999 |
| 444 | 499 | Bors Donia | E.ON Inhouse Consulting G | 0:32:52 | W20 | 63 | 0:33:57 | 1987 |
| 445 | 3569 | Senff Lucy | Matthias-Claudius-Grundsc | 0:32:54 | WU14 | 41 | 0:33:44 | 2007 |
| 446 | 3566 | Dahmen Julia | Matthias-Claudius-Grundsc | 0:32:54 | W35 | 39 | 0:33:44 | 1981 |
| 447 | 3406 | Büllesbach Kerstin | Thomas-Schule | 0:33:00 | W50 | 28 | 0:34:40 | 1964 |
| 448 | 1503 | Duensing Johanne | *Köln | 0:33:01 | W35 | 40 | 0:34:23 | 1978 |
| 449 | 2587 | Haensel Hannah | *Düsseldorf | 0:33:01 | W20 | 64 | 0:33:41 | 1988 |
| 450 | 2585 | Averkamp Dr. Eva | *Düsseldorf | 0:33:02 | W20 | 65 | 0:33:42 | 1987 |
| 451 | 2949 | Skowronski Sina | BSG Sparda-Bank West | 0:33:04 | W20 | 66 | 0:33:30 | 1993 |
| 452 | 1197 | Hitpass Heike | ohne | 0:33:05 | W55 | 4 | 0:33:09 | 1961 |
| 453 | 3197 | Budäus Sonja | Laufschule Düsseldorf | 0:33:06 | W40 | 58 | 0:34:31 | 1973 |
| 454 | 551 | Kim Jae-Woo Chanson | Suitbertus-Gymnasium | 0:33:07 | WU20 | 16 | 0:34:26 | 1997 |
| 455 | 571 | Oswald Hannah | Suitbertus-Gymnasium | 0:33:07 | WU20 | 17 | 0:34:27 | 1998 |
| 456 | 779 | Frühen Sabine | BSG Sparda-Bank West | 0:33:10 | W40 | 59 | 0:33:46 | 1975 |
| 457 | 3254 | Wünsche Tanja | Martin-Luther-King Schule | 0:33:11 | W40 | 60 | 0:34:10 | 1975 |
| 458 | 2870 | Bürvenich Anja | *Düsseldorf | 0:33:13 | W45 | 46 | 0:33:39 | 1971 |
| 459 | 3709 | Rhinow Sophie | Städtisches Gymnasium | 0:33:13 | WU18 | 81 | 0:33:56 | 1999 |
| 460 | 1083 | Issel Marlies | *Viersen | 0:33:14 | W55 | 5 | 0:34:04 | 1959 |
| 461 | 2425 | Halbhuber Corinna | Alte Rennschnecke(n) | 0:33:15 | W50 | 29 | 0:34:04 | 1962 |
| 462 | 2256 | Henkel Ines | *Düsseldorf | 0:33:17 | W20 | 67 | 0:34:28 | 1987 |
| 463 | 496 | Englert Denise | EMC Deutschland GmbH | 0:33:17 | W30 | 43 | 0:34:34 | 1983 |
| 464 | 2692 | Morenza Natalia | KGS Fleher Straße | 0:33:17 | W40 | 61 | 0:34:48 | 1976 |
| 465 | 3713 | Knakowski Cynthia | Städtisches Gymnasium | 0:33:18 | WU18 | 82 | 0:34:01 | 1999 |
| 466 | 2257 | Profeta Sara | *Düsseldorf | 0:33:19 | W20 | 68 | 0:34:28 | 1991 |
| 467 | 2392 | Scholz Anja | *Düsseldorf | 0:33:20 | W45 | 47 | 0:34:01 | 1971 |
| 468 | 3199 | Brosterhues Rita | Laufschule Düsseldorf | 0:33:21 | W50 | 30 | 0:34:44 | 1963 |
| 469 | 1747 | Vosse Claudia | *Düsseldorf | 0:33:21 | W30 | 44 | 0:33:38 | 1983 |
| 470 | 958 | Eckhardt Marie | Luisen-Gymnasium Düsseldorf | 0:33:21 | WU14 | 42 | 0:34:36 | 2003 |
| 471 | 4059 | Sudbrock Sonka | St. Ursula Gymnasium | 0:33:22 | WU18 | 83 | 0:34:34 | 2000 |
| 472 | 1746 | Kramer Silke | *Düsseldorf | 0:33:23 | W35 | 41 | 0:33:39 | 1981 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|-------------------------|-----------------------------|---------|------|----------|------------|----------|
| 473 | 3759 | Müller Stephanie | Mrs. Sporty | 0:33:23 | W30 | 45 | 0:34:21 | 1984 |
| 474 | 3255 | Kisch Isabell | Martin-Luther-King Schule | 0:33:23 | W40 | 62 | 0:34:22 | 1973 |
| 475 | 1864 | Wolf Bettina | *Düsseldorf | 0:33:24 | W40 | 63 | 0:34:51 | 1974 |
| 476 | 756 | Klein Alexandra | Suitbertus-Gymnasium | 0:33:26 | W45 | 48 | 0:34:17 | 1969 |
| 477 | 3014 | Maiwald Birgit | *Düsseldorf | 0:33:26 | W50 | 31 | 0:34:05 | 1963 |
| 478 | 4328 | Schade Sandra | | 0:33:27 | W40 | 64 | 0:33:56 | 1972 |
| 479 | 772 | Wölk Margit | BSG Sparda-Bank West | 0:33:29 | W45 | 49 | 0:34:02 | 1968 |
| 480 | 609 | Von Lendenfeld Jule | Suitbertus-Gymnasium | 0:33:29 | WU18 | 84 | 0:34:50 | 2000 |
| 481 | 415 | Kebernik Kristina | Göres-Gymnasium | 0:33:30 | WU20 | 18 | 0:34:27 | 1998 |
| 482 | 2788 | Hoppe Petra | KGS Essener Straße | 0:33:31 | W45 | 50 | 0:34:35 | 1971 |
| 483 | 1011 | Starka Cornelia | Josefshaus Olpe | 0:33:31 | W35 | 42 | 0:34:23 | 1978 |
| 484 | 2218 | Buthelezi Sinenhlanhla | *Düsseldorf | 0:33:32 | W20 | 69 | 0:34:24 | 1987 |
| 485 | 2216 | Evening Eileen | *Lippstadt | 0:33:32 | W20 | 70 | 0:34:24 | 1991 |
| 486 | 2103 | Ulbrich Susanne | Urbirunner | 0:33:35 | W40 | 65 | 0:33:41 | 1972 |
| 487 | 3188 | Goldmann Linda | IKEA Düsseldorf | 0:33:38 | W20 | 71 | 0:34:02 | 1993 |
| 488 | 1142 | Franken Carola | *Grefrath | 0:33:38 | W55 | 6 | 0:34:36 | 1961 |
| 489 | 3743 | Yasa Tugba | Mrs. Sporty | 0:33:41 | W20 | 72 | 0:34:40 | 1991 |
| 490 | 2068 | Bach Julia | *Düsseldorf | 0:33:41 | W35 | 43 | 0:35:04 | 1981 |
| 491 | 591 | Potthoff Franca | Suitbertus-Gymnasium | 0:33:48 | WU18 | 85 | 0:35:13 | 2000 |
| 492 | 630 | Hilger Lara | Suitbertus-Gymnasium | 0:33:49 | WU18 | 86 | 0:34:42 | 2000 |
| 493 | 584 | Hellbeck Mia | Suitbertus-Gymnasium | 0:33:49 | WU18 | 87 | 0:35:13 | 2000 |
| 494 | 1870 | Söns Julia | *Düsseldorf | 0:33:50 | W20 | 73 | 0:33:58 | 1988 |
| 495 | 1592 | Wiesemann Sandra | *Iserlohn | 0:33:53 | W35 | 44 | 0:35:03 | 1980 |
| 496 | 2759 | Bohmann Beate | KGS Essener Straße | 0:33:56 | W45 | 51 | 0:34:41 | 1970 |
| 497 | 2589 | Marchive Viktoria | KGS Fleher Straße | 0:33:56 | WU16 | 29 | 0:35:28 | 2002 |
| 498 | 3659 | Lütkemüller Ilka | Matthias-Claudius-Grundsc | 0:33:57 | W35 | 45 | 0:35:25 | 1980 |
| 499 | 907 | Claßen-Kövel Petra | JUSTIZ DÜSSELDORF | 0:33:57 | W55 | 7 | 0:35:11 | 1958 |
| 500 | 2591 | Ruhnau Karla | KGS Fleher Straße | 0:33:58 | WU16 | 30 | 0:35:31 | 2002 |
| 501 | 2701 | Aue Ute | KGS Fleher Straße | 0:33:58 | W45 | 52 | 0:34:53 | 1968 |
| 502 | 1769 | Hucken-klaft Dr. Sabine | tus hetterscheidt | 0:33:59 | W45 | 53 | 0:34:44 | 1969 |
| 503 | 739 | Krahlisch Petra | Suitbertus-Gymnasium | 0:34:03 | W45 | 54 | 0:35:15 | 1969 |
| 504 | 4318 | Langen Claudia | | 0:34:05 | W45 | 55 | 0:34:55 | 1968 |
| 505 | 309 | Heinemann Christina | GGs Sternwertschule | 0:34:06 | W30 | 46 | 0:34:53 | 1986 |
| 506 | 3714 | Otto Denise | Städtisches Gymnasium | 0:34:09 | WU18 | 88 | 0:34:54 | 1999 |
| 507 | 3639 | Obraszov Eva | Matthias-Claudius-Grundsc | 0:34:10 | WU14 | 43 | 0:34:56 | 2007 |
| 508 | 1723 | Rotter Juliane | Wandermädels | 0:34:12 | W35 | 46 | 0:35:10 | 1977 |
| 509 | 3715 | Vu Sandy | Städtisches Gymnasium | 0:34:12 | WU20 | 19 | 0:34:56 | 1997 |
| 510 | 1722 | Münz Tanja | Wandermädels | 0:34:12 | W40 | 66 | 0:35:11 | 1976 |
| 511 | 1721 | Popp Sabine | Wandermädels | 0:34:12 | W35 | 47 | 0:35:11 | 1977 |
| 512 | 1084 | Ludwig Jana | *Willich | 0:34:13 | W30 | 47 | 0:35:05 | 1986 |
| 513 | 3740 | Hald Frauke | Mrs. Sporty | 0:34:14 | W40 | 67 | 0:35:13 | 1975 |
| 514 | 1842 | Marsz Aleksandra | UNITED STATES AIR FOR | 0:34:14 | W20 | 74 | 0:34:52 | 1987 |
| 515 | 1319 | Wählen Biggi | *Düsseldorf | 0:34:15 | W50 | 32 | 0:35:24 | 1963 |
| 516 | 310 | Warnke Christina | GGs Sternwertschule | 0:34:16 | W20 | 75 | 0:35:02 | 1987 |
| 517 | 3128 | Kowalski Nele | Theodor-Flidner-Gymnasi | 0:34:16 | WU14 | 44 | 0:35:09 | 2004 |
| 518 | 946 | Brisson Camille | Luisen-Gymnasium Düsseldorf | 0:34:17 | WU14 | 45 | 0:34:31 | 2004 |
| 519 | 388 | Eilenberg Richarda | Göres-Gymnasium | 0:34:19 | WU18 | 89 | 0:35:34 | 1999 |
| 520 | 2649 | Weber Melina | KGS Fleher Straße | 0:34:19 | WU14 | 46 | 0:34:56 | 2003 |
| 521 | 2778 | Niggemeier Sandra | KGS Essener Straße | 0:34:21 | W45 | 56 | 0:35:43 | 1969 |
| 522 | 3723 | Sonnenfeld Jennifer | Städtisches Gymnasium | 0:34:22 | WU20 | 20 | 0:35:32 | 1998 |
| 523 | 1789 | Wilhelm Juliane | *Düsseldorf | 0:34:23 | W30 | 48 | 0:35:05 | 1983 |
| 524 | 1305 | Jimenez Gil Silvia | *Düsseldorf | 0:34:23 | W35 | 48 | 0:35:58 | 1977 |
| 525 | 3238 | Mans Susi | Martin-Luther-King Schule | 0:34:26 | W50 | 33 | 0:35:30 | 1966 |
| 526 | 1734 | Nusselein Susanne | *Kempfen | 0:34:27 | W55 | 8 | 0:36:02 | 1959 |
| 527 | 3245 | Pfleger Maya | Martin-Luther-King Schule | 0:34:27 | WU16 | 31 | 0:35:30 | 2001 |
| 528 | 1996 | Schmieder Jutta | *Moers | 0:34:28 | W45 | 57 | 0:35:37 | 1971 |
| 529 | 2547 | Monser Karin | *Düsseldorf | 0:34:28 | W60 | 4 | 0:34:58 | 1955 |
| 530 | 3220 | Kiflei Derya | Palliativnetzwerk | 0:34:29 | W35 | 49 | 0:35:31 | 1978 |
| 531 | 1043 | Lassmann Kerstin | *Nettetal | 0:34:30 | W30 | 49 | 0:34:39 | 1986 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|--------------------------|---------------------------|---------|------|----------|------------|----------|
| 532 | 4037 | Leurs Miriam | St. Ursula Gymnasium | 0:34:30 | W20 | 76 | 0:34:51 | 1995 |
| 533 | 3217 | Elle Nicole | Palliativnetzwerk | 0:34:30 | W45 | 58 | 0:35:32 | 1969 |
| 534 | 3219 | Hennig Dr. Carla | Palliativnetzwerk | 0:34:31 | W40 | 68 | 0:35:32 | 1976 |
| 535 | 4410 | Schroeder Christiane | | 0:34:37 | W45 | 59 | 0:35:53 | 1968 |
| 536 | 3744 | Yasa Ayse | Mrs. Sporty | 0:34:38 | W20 | 77 | 0:35:37 | 1987 |
| 537 | 3658 | Burmeister Astrid | Matthias-Claudius-Grundsc | 0:34:40 | W45 | 60 | 0:35:07 | 1968 |
| 538 | 3582 | Abazi Selvije | Matthias-Claudius-Grundsc | 0:34:40 | W30 | 50 | 0:35:08 | 1982 |
| 539 | 421 | Alija Donika | Görres-Gymnasium | 0:34:42 | WU18 | 90 | 0:35:40 | 2000 |
| 540 | 2566 | Schirmacher Petra | KGS Essener Straße | 0:34:42 | W40 | 69 | 0:36:03 | 1972 |
| 541 | 935 | Ziegler Eva-Kristina | JUSTIZ DÜSSELDORF | 0:34:47 | W30 | 51 | 0:36:06 | 1986 |
| 541 | 3198 | Eikeler Dorothee | Laufschule Düsseldorf | 0:34:47 | W45 | 61 | 0:36:11 | 1968 |
| 543 | 903 | Pistorius Sabine | KGS Fleher Straße | 0:34:51 | W40 | 70 | 0:36:16 | 1974 |
| 544 | 624 | Cremer Selina | Suitbertus-Gymnasium | 0:34:51 | WU18 | 91 | 0:36:11 | 2000 |
| 545 | 1140 | Franken Christina | *Grefrath | 0:34:53 | W30 | 52 | 0:35:49 | 1986 |
| 546 | 4373 | Edlinger Nicole | | 0:34:54 | W35 | 50 | 0:35:35 | 1980 |
| 547 | 3442 | Pascha Selda | KGS Niederkassel | 0:34:55 | WU14 | 47 | 0:35:40 | 2004 |
| 548 | 3185 | Radaxhe Anna | IKEA Düsseldorf | 0:34:55 | W35 | 51 | 0:35:18 | 1980 |
| 549 | 905 | Adler Barbara | JUSTIZ DÜSSELDORF | 0:34:56 | W55 | 9 | 0:36:15 | 1959 |
| 550 | 2612 | Zurmahr-Eichelberg Julia | KGS Fleher Straße | 0:34:57 | W20 | 78 | 0:35:42 | 1996 |
| 551 | 1082 | Franken Ellen | *Grefrath | 0:34:58 | W20 | 79 | 0:35:50 | 1990 |
| 552 | 4065 | Wisberg Sandra | St. Ursula Gymnasium | 0:34:58 | W45 | 62 | 0:36:12 | 1971 |
| 553 | 4058 | Sudbrock Anke | St. Ursula Gymnasium | 0:34:59 | W45 | 63 | 0:36:11 | 1971 |
| 554 | 1080 | Klötters Anika | *Willich | 0:35:00 | W35 | 52 | 0:35:49 | 1979 |
| 555 | 2611 | Zurmahr-Eichelberg Bett | KGS Fleher Straße | 0:35:02 | W45 | 64 | 0:35:48 | 1969 |
| 556 | 3201 | Winkler Janett | Laufschule Düsseldorf | 0:35:03 | W30 | 53 | 0:36:25 | 1984 |
| 557 | 3592 | Stern-Eilers Finia | Matthias-Claudius-Grundsc | 0:35:06 | WU14 | 48 | 0:36:10 | 2007 |
| 558 | 3599 | Krassowski Barco Teresa | Matthias-Claudius-Grundsc | 0:35:06 | WU14 | 49 | 0:36:11 | 2004 |
| 559 | 3234 | Wipperfürth Nicole | Martin-Luther-King Schule | 0:35:06 | W40 | 71 | 0:35:24 | 1972 |
| 560 | 3203 | Zeyer Petra | Laufschule Düsseldorf | 0:35:07 | W55 | 10 | 0:36:30 | 1959 |
| 561 | 2858 | Stoppel Julia | *Düsseldorf | 0:35:08 | W35 | 53 | 0:35:55 | 1977 |
| 562 | 3729 | Sobotta Anna | Städtisches Gymnasium | 0:35:15 | WU20 | 21 | 0:36:28 | 1998 |
| 563 | 369 | Göttker Marie | Görres-Gymnasium | 0:35:19 | WU18 | 92 | 0:36:13 | 1999 |
| 564 | 2823 | Pfitzner Tanja | KGS Essener Straße | 0:35:19 | W45 | 65 | 0:36:45 | 1967 |
| 565 | 377 | Bahl Paula | Görres-Gymnasium | 0:35:23 | WU18 | 93 | 0:36:20 | 2000 |
| 566 | 3309 | Kleinevoss Tabea | *Düsseldorf | 0:35:25 | WU14 | 50 | 0:36:26 | 2004 |
| 567 | 2929 | Schwab Rebecca | *Düsseldorf | 0:35:26 | WU14 | 51 | 0:36:27 | 2004 |
| 568 | 3528 | Feil Claudia | Matthias-Claudius-Grundsc | 0:35:28 | W45 | 66 | 0:36:05 | 1970 |
| 569 | 3530 | Feil Karen | Matthias-Claudius-Grundsc | 0:35:28 | W50 | 34 | 0:36:04 | 1964 |
| 569 | 3532 | Birk Carolyn | Matthias-Claudius-Grundsc | 0:35:28 | W40 | 72 | 0:36:04 | 1973 |
| 571 | 3308 | Kleinevoss Cornelia | *Düsseldorf | 0:35:28 | W40 | 73 | 0:36:30 | 1975 |
| 572 | 2620 | Lorenz Corinna | KGS Fleher Straße | 0:35:33 | W20 | 80 | 0:36:02 | 1989 |
| 573 | 4207 | Schmidt Christina | Martin-Luther-Schule | 0:35:34 | W40 | 74 | 0:36:32 | 1975 |
| 574 | 3444 | Pascha Gwen | KGS Niederkassel | 0:35:34 | W35 | 54 | 0:36:20 | 1978 |
| 575 | 4185 | Meier Sonja | Martin-Luther-Schule | 0:35:36 | W30 | 54 | 0:36:37 | 1982 |
| 576 | 2931 | Henriksen Anna | *Düsseldorf | 0:35:36 | W40 | 75 | 0:36:37 | 1973 |
| 577 | 1275 | Borchardt Anemone | *Düsseldorf | 0:35:36 | W40 | 76 | 0:36:51 | 1974 |
| 578 | 4180 | Optiz Stephanie | Martin-Luther-Schule | 0:35:38 | W45 | 67 | 0:36:42 | 1971 |
| 579 | 2489 | Rogowsky Hannah | *Düsseldorf | 0:35:41 | WU18 | 94 | 0:36:56 | 2000 |
| 580 | 1263 | Borgschulte Sotiria | *Düsseldorf | 0:35:41 | W40 | 77 | 0:36:45 | 1973 |
| 581 | 3365 | Gasparini Cristiana | Thomas-Schule | 0:35:45 | W45 | 68 | 0:36:52 | 1969 |
| 582 | 3344 | Podini Heidrun | Thomas-Schule | 0:35:46 | W40 | 78 | 0:36:52 | 1976 |
| 583 | 1274 | Korn Kathleen | *Düsseldorf | 0:35:47 | W40 | 79 | 0:37:02 | 1976 |
| 584 | 2897 | Meisen Natalie | *Düsseldorf | 0:35:48 | W20 | 81 | 0:36:09 | 1992 |
| 585 | 3269 | Franzen Sonja | Martin-Luther-King Schule | 0:35:49 | W35 | 55 | 0:37:19 | 1981 |
| 586 | 3624 | Goltz Nina | Matthias-Claudius-Grundsc | 0:35:52 | WU14 | 52 | 0:37:24 | 2005 |
| 587 | 767 | Lamanna Carmela | BSG Sparda-Bank West | 0:35:54 | W20 | 82 | 0:36:07 | 1990 |
| 588 | 2439 | Küffen Simone | *Hattingen | 0:35:56 | W40 | 80 | 0:36:44 | 1973 |
| 589 | 628 | Hankeln Lara | Suitbertus-Gymnasium | 0:35:56 | WU18 | 95 | 0:36:58 | 2000 |
| 590 | 613 | Vahlenkamp Hannah | Suitbertus-Gymnasium | 0:36:03 | WU16 | 32 | 0:37:05 | 2001 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|------------------------|------------------------------|---------|------|----------|------------|----------|
| 591 | 3751 | Rasch Marie | Mrs. Sporty | 0:36:04 | WU18 | 96 | 0:37:03 | 2000 |
| 592 | 4313 | Heimann Mira | Sportbund Rhein-Kreis Neu | 0:36:05 | WU14 | 53 | 0:37:32 | 2003 |
| 593 | 2856 | Holzberg Britta | *Düsseldorf | 0:36:09 | W30 | 55 | 0:36:09 | 1982 |
| 594 | 4312 | Schlangen Astrid | Sportbund Rhein-Kreis Neu | 0:36:09 | W40 | 81 | 0:37:35 | 1975 |
| 595 | 1460 | Raczing Miriam | Hyatt Regency Düsseldorf | 0:36:10 | W35 | 56 | 0:37:26 | 1978 |
| 596 | 3240 | Hermanns Elke | Martin-Luther-King Schule | 0:36:11 | W50 | 35 | 0:37:08 | 1966 |
| 597 | 2485 | Flender Clarissa | *Düsseldorf | 0:36:13 | W35 | 57 | 0:37:36 | 1979 |
| 598 | 2434 | Krohn Manuela | Kamp-Lintfort | 0:36:13 | W45 | 69 | 0:37:36 | 1967 |
| 599 | 20 | Mund Gina | Horst Kürvers GmbH | 0:36:16 | W30 | 56 | 0:36:51 | 1984 |
| 600 | 21 | Rustemovic Ana | Horst Kürvers GmbH | 0:36:16 | W20 | 83 | 0:36:51 | 1993 |
| 601 | 924 | Ruhl Cornelia | JUSTIZ DÜSSELDORF | 0:36:18 | W50 | 36 | 0:37:38 | 1962 |
| 602 | 3733 | Truong Leean | Städtisches Gymnasium | 0:36:19 | WU18 | 97 | 0:37:31 | 1999 |
| 603 | 2163 | Rothkranz Evelyn | *Marburg | 0:36:19 | W20 | 84 | 0:36:59 | 1993 |
| 604 | 3756 | Rampelt Astrid | Mrs. Sporty | 0:36:21 | W65 | 2 | 0:37:17 | 1949 |
| 605 | 3748 | Stefanova Desi | Mrs. Sporty | 0:36:22 | W30 | 57 | 0:37:17 | 1986 |
| 606 | 373 | Valdman Maria | Görres-Gymnasium | 0:36:22 | WU20 | 22 | 0:38:04 | 1997 |
| 607 | 1461 | Meyenburg Julia | Nimm3 Werbeagentur Gmb | 0:36:30 | W35 | 58 | 0:36:50 | 1977 |
| 608 | 2264 | Legermann Meike | Patchwork Runners | 0:36:32 | W35 | 59 | 0:36:43 | 1978 |
| 609 | 641 | Stammnitz Leonie | Suitbertus-Gymnasium | 0:36:34 | WU18 | 98 | 0:37:47 | 1999 |
| 610 | 330 | Haefner-Schmidt Ulrike | Toshiba Europe GmbH | 0:36:34 | W50 | 37 | 0:37:50 | 1962 |
| 611 | 592 | Schentke Kim Joline | Suitbertus-Gymnasium | 0:36:35 | WU18 | 99 | 0:37:47 | 2000 |
| 612 | 3711 | Derr Eveline | Städtisches Gymnasium | 0:36:36 | WU18 | 100 | 0:37:48 | 1999 |
| 613 | 1343 | Wirth Melanie | *Düsseldorf | 0:36:37 | W40 | 82 | 0:37:47 | 1972 |
| 614 | 4415 | Hölscher Maren | Martin Luther Schule | 0:36:41 | W40 | 83 | 0:37:19 | 1976 |
| 615 | 4129 | Lemm Freya | | 0:36:45 | WU14 | 54 | 0:38:16 | 2004 |
| 616 | 814 | Schentke Claudia | BSG Sparda-Bank West | 0:36:49 | W45 | 70 | 0:37:57 | 1969 |
| 617 | 788 | Reinartz Lea | BSG Sparda-Bank West | 0:36:54 | WU18 | 101 | 0:38:08 | 1999 |
| 618 | 78 | Schumacher Christina | Villa Luna Kindertagesstätte | 0:36:54 | W20 | 85 | 0:37:34 | 1987 |
| 619 | 80 | Kramp Magdalena | Villa Luna Kindertagesstätte | 0:36:54 | W30 | 58 | 0:37:34 | 1984 |
| 620 | 3434 | Costineanu Steluta | KGS Niederkassel | 0:36:54 | W35 | 60 | 0:37:05 | 1981 |
| 621 | 790 | Retzlaff Fiona | BSG Sparda-Bank West | 0:36:55 | WU18 | 102 | 0:38:08 | 1999 |
| 622 | 70 | Kluthe Gabriele | Villa Luna Kindertagesstätte | 0:36:57 | W55 | 11 | 0:37:35 | 1958 |
| 623 | 385 | Berger Julia | Görres-Gymnasium | 0:36:58 | WU18 | 103 | 0:37:31 | 1999 |
| 624 | 1304 | Dasting-Beljak Heike | *Düsseldorf | 0:37:02 | W40 | 84 | 0:38:36 | 1975 |
| 625 | 3456 | Friedrich Nina | KGS Niederkassel | 0:37:11 | W35 | 61 | 0:38:02 | 1981 |
| 626 | 1983 | Adamek Marina | *Wuppertal | 0:37:12 | W35 | 62 | 0:38:49 | 1981 |
| 627 | 979 | Pejovic Jovana | Luisen-Gymnasium Düsseldorf | 0:37:17 | WU16 | 33 | 0:38:05 | 2002 |
| 628 | 25 | Premaßing Nadine | Horst Kürvers GmbH | 0:37:29 | W35 | 63 | 0:38:07 | 1981 |
| 629 | 2948 | Augustinowski Stefanie | BSG Sparda-Bank West | 0:37:32 | W20 | 86 | 0:37:57 | 1993 |
| 630 | 3720 | Aztout Anissa | Städtisches Gymnasium | 0:37:38 | W20 | 87 | 0:38:20 | 1996 |
| 631 | 66 | Barbara Lentens | UniCredit Bank AG | 0:37:38 | W35 | 64 | 0:39:17 | 1978 |
| 632 | 3732 | Yildirim Asena | Städtisches Gymnasium | 0:37:40 | W20 | 88 | 0:38:22 | 1996 |
| 633 | 636 | Niemczyk Emma | Suitbertus-Gymnasium | 0:37:43 | WU18 | 104 | 0:39:07 | 2000 |
| 634 | 607 | Möhle Lisa-Marie | Suitbertus-Gymnasium | 0:37:44 | WU18 | 105 | 0:39:07 | 2000 |
| 635 | 3731 | Ringwelski Sarah | Städtisches Gymnasium | 0:37:49 | WU18 | 106 | 0:38:56 | 1999 |
| 636 | 1676 | Hofmann Saskia | *Düsseldorf | 0:37:50 | W30 | 59 | 0:38:53 | 1986 |
| 637 | 1675 | Bubolz Lena | *Düsseldorf | 0:37:50 | W20 | 89 | 0:38:54 | 1987 |
| 638 | 2298 | Tirtey Susanna | *Düsseldorf | 0:37:50 | W30 | 60 | 0:38:54 | 1983 |
| 639 | 649 | Focks Ida | Suitbertus-Gymnasium | 0:38:03 | WU18 | 107 | 0:38:57 | 2000 |
| 640 | 2124 | Oblong Christel | *Düsseldorf | 0:38:03 | W60 | 5 | 0:38:53 | 1954 |
| 641 | 3757 | Kawe Ricarda | Mrs. Sporty | 0:38:23 | W45 | 71 | 0:39:23 | 1970 |
| 642 | 2832 | Olszynski Wiktorja | KGS Essener Straße | 0:38:27 | WU14 | 55 | 0:38:29 | 2003 |
| 643 | 366 | Tsang Cherry Choi-Lei | Görres-Gymnasium | 0:38:28 | WU18 | 108 | 0:39:44 | 2000 |
| 644 | 398 | Stanislawski Zofia | Görres-Gymnasium | 0:38:29 | WU18 | 109 | 0:39:45 | 1999 |
| 645 | 872 | Funk Claudia | KGS Fleher Straße | 0:38:34 | W40 | 85 | 0:38:41 | 1972 |
| 646 | 3702 | Seidel Christin | Städtisches Gymnasium | 0:38:35 | WU18 | 110 | 0:39:49 | 1999 |
| 647 | 2557 | Hannah Böhm | *Dormagen | 0:38:38 | WU14 | 56 | 0:39:01 | 2006 |
| 648 | 3719 | Jung Linda | Städtisches Gymnasium | 0:38:49 | WU20 | 23 | 0:40:03 | 1998 |
| 649 | 16 | Brings Sarah | Horst Kürvers GmbH | 0:38:54 | W20 | 90 | 0:39:34 | 1988 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Jahrgang |
|--------|------|---------------------------|-----------------------------|---------|------|----------|------------|----------|
| 650 | 30 | Hohenberg Lina | Horst Kürvers GmbH | 0:38:54 | W20 | 91 | 0:39:32 | 1995 |
| 651 | 24 | Vogt Janina | Horst Kürvers GmbH | 0:38:54 | W20 | 92 | 0:39:34 | 1988 |
| 652 | 3721 | Sheremetiev Maria | Städtisches Gymnasium | 0:38:59 | WU18 | 111 | 0:40:09 | 1999 |
| 653 | 1572 | Birkenfeld Lydia | *Düsseldorf | 0:39:02 | W35 | 65 | 0:40:25 | 1978 |
| 654 | 1256 | Mayrlechner Lea | *Duisburg | 0:39:27 | W20 | 93 | 0:40:41 | 1995 |
| 655 | 1871 | Hellwig Anna | *Köln | 0:39:35 | W20 | 94 | 0:39:44 | 1989 |
| 656 | 3358 | Erdis Bengisu | Thomas-Schule | 0:39:38 | WU14 | 57 | 0:40:00 | 2006 |
| 657 | 3746 | Theißen Kerstin | Mrs. Sporty | 0:39:41 | W50 | 38 | 0:40:40 | 1966 |
| 658 | 3387 | Datoli Antonella | Thomas-Schule | 0:39:42 | WU14 | 58 | 0:40:05 | 2006 |
| 659 | 3321 | Olcay Annalena | Gymnasium Gerresheim 6 | 0:39:50 | WU14 | 59 | 0:40:25 | 2004 |
| 660 | 433 | Schneider Lisa | Görres-Gymnasium | 0:39:51 | WU14 | 60 | 0:40:41 | 2005 |
| 661 | 3601 | Krassowski Barco Patricia | Matthias-Claudius-Grundsc | 0:39:52 | WU14 | 61 | 0:40:57 | 2007 |
| 662 | 3589 | Schmid Vesna | Matthias-Claudius-Grundsc | 0:39:52 | W40 | 86 | 0:40:58 | 1976 |
| 663 | 3588 | Schmid Clara | Matthias-Claudius-Grundsc | 0:39:52 | WU14 | 62 | 0:40:57 | 2007 |
| 664 | 102 | Ulbricht Wioletta | Kinder-Jugendhilfe Adler e. | 0:40:00 | W50 | 39 | 0:40:56 | 1966 |
| 665 | 1009 | Harbecke Sara | Josefshaus Olpe | 0:40:16 | WU16 | 34 | 0:41:05 | 2002 |
| 666 | 3362 | Perla Tiziana | Thomas-Schule | 0:40:24 | W45 | 72 | 0:42:04 | 1971 |
| 667 | 4055 | Schöneberg Luisa | St. Ursula Gymnasium | 0:40:28 | WU14 | 63 | 0:41:35 | 2003 |
| 668 | 224 | Horvath Iris | Capita West GmbH | 0:40:49 | W40 | 87 | 0:40:52 | 1973 |
| 669 | 601 | Fiebig Oxana | Suitbertus-Gymnasium | 0:40:49 | WU18 | 112 | 0:41:43 | 1999 |
| 670 | 3630 | Wehmeyer Andrea | Matthias-Claudius-Grundsc | 0:41:02 | W40 | 88 | 0:42:11 | 1972 |
| 671 | 3271 | Kehls Morticia | Martin-Luther-King Schule | 0:41:07 | WU18 | 113 | 0:42:37 | 1999 |
| 672 | 3270 | Engel Nikola | Martin-Luther-King Schule | 0:41:08 | WU18 | 114 | 0:42:37 | 2000 |
| 673 | 3752 | Mayer Marcalla | Mrs. Sporty | 0:41:14 | W45 | 73 | 0:42:14 | 1970 |
| 674 | 2441 | Geißdörfer Manuela | *Wuppertal | 0:41:14 | W45 | 74 | 0:42:02 | 1969 |
| 675 | 976 | Goerigk Nicole | Luisen-Gymnasium Düsseldorf | 0:41:15 | WU16 | 35 | 0:41:34 | 2001 |
| 676 | 3230 | Rumpf Manuela | Martin-Luther-King Schule | 0:41:33 | W50 | 40 | 0:41:44 | 1966 |
| 677 | 394 | Nguyen Verena | Görres-Gymnasium | 0:41:34 | WU18 | 115 | 0:42:06 | 1999 |
| 678 | 3449 | Grande Felizitas | KGS Niederkassel | 0:41:58 | W55 | 12 | 0:42:49 | 1958 |
| 679 | 4466 | Yepez Garcia Erika | | 0:42:06 | W40 | 89 | 0:42:50 | 1973 |
| 680 | 2878 | Dinwoodie Anna | *Düsseldorf | 0:42:46 | W20 | 95 | 0:44:09 | 1990 |
| 681 | 2467 | Körn Sabine | *Düsseldorf | 0:43:24 | W40 | 90 | 0:44:33 | 1975 |
| 682 | 964 | Goerigk Michelle | Luisen-Gymnasium Düsseldorf | 0:44:09 | WU16 | 36 | 0:44:27 | 2001 |
| 683 | 378 | Huss Zipora | Görres-Gymnasium | 0:44:36 | WU18 | 116 | 0:45:51 | 2000 |
| 684 | 3266 | Orzechowski Alina | Martin-Luther-King Schule | 0:45:04 | WU18 | 117 | 0:46:03 | 2000 |
| 685 | 4030 | Key Claudia | St. Ursula Gymnasium | 0:45:12 | W50 | 41 | 0:46:22 | 1966 |
| 686 | 417 | Pasca Iasmina Iulia | Görres-Gymnasium | 0:45:15 | WU20 | 24 | 0:45:47 | 1998 |
| 687 | 3749 | van de Moosdijk Annette | Mrs. Sporty | 0:45:18 | W50 | 42 | 0:46:18 | 1966 |
| 688 | 3750 | Hannč Monika | Mrs. Sporty | 0:45:19 | W60 | 6 | 0:46:18 | 1954 |
| 689 | 3745 | Rademaker Gaby | Mrs. Sporty | 0:45:20 | W60 | 7 | 0:46:17 | 1952 |
| 690 | 3755 | Volkwein Barbara | Mrs. Sporty | 0:45:22 | W45 | 75 | 0:46:18 | 1967 |
| 691 | 3758 | John Laura | Mrs. Sporty | 0:46:08 | W20 | 96 | 0:47:05 | 1991 |
| 692 | 3753 | Vollmar Annette | Mrs. Sporty | 0:46:09 | W35 | 66 | 0:47:05 | 1979 |
| 693 | 3747 | Fritz Andrea | Mrs. Sporty | 0:47:55 | W50 | 43 | 0:48:55 | 1963 |
| 694 | 3739 | Stefanova Irina | Mrs. Sporty | 0:47:55 | W30 | 61 | 0:48:53 | 1982 |
| 695 | 3760 | Karutz Melina | Mrs. Sporty | 0:47:56 | W20 | 97 | 0:48:54 | 1996 |
| 696 | 3761 | Tomsic Martina | Mrs. Sporty | 0:49:12 | W45 | 76 | 0:50:13 | 1967 |
| 697 | 3754 | Kreiß Carine | Mrs. Sporty | 0:49:15 | W45 | 77 | 0:50:13 | 1967 |
| 698 | 4260 | Schmitz Eveline | Martin-Luther-Schule | 0:52:52 | W50 | 44 | 0:54:19 | 1962 |