

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|---------------------------|-----------------------------|---------|-----|--------|------------|---------|---------|----------|
| 1 | 4 | Rüdiger Toni | ART Düsseldorf | 0:32:55 | M20 | 1 | 0:32:56 | 0:16:54 | 0:16:00 | 1993 |
| 2 | 2 | Röttger Christian | ART Düsseldorf | 0:33:28 | M20 | 2 | 0:33:29 | 0:16:54 | 0:16:33 | 1996 |
| 3 | 4356 | Dichans Fabian | ART Düsseldorf | 0:33:51 | M30 | 1 | 0:33:52 | 0:16:55 | 0:16:55 | 1982 |
| 4 | 3082 | Diallo Mamadou | SFD75 Düsseldorf | 0:34:24 | M20 | 3 | 0:34:25 | 0:16:55 | 0:17:29 | 1996 |
| 5 | 4105 | Tedros Habtom | BSG Sparda-Bank-West | 0:36:11 | M45 | 1 | 0:36:14 | 0:17:11 | 0:19:00 | 1967 |
| 6 | 3080 | Knipping Andreas | SFD75 Düsseldorf | 0:36:21 | M20 | 4 | 0:36:22 | 0:18:07 | 0:18:13 | 1990 |
| 7 | 2501 | Jacoby Jochen | Martin-Luther-Schule | 0:37:08 | M40 | 1 | 0:37:10 | 0:18:27 | 0:18:40 | 1974 |
| 8 | 3011 | Chao Martinez Juan | 3&Run Coruña | 0:37:24 | M20 | 5 | 0:37:24 | 0:18:42 | 0:18:41 | 1989 |
| 9 | 1979 | Eichhorn Daniel | *Düsseldorf | 0:37:32 | M30 | 2 | 0:37:36 | 0:19:05 | 0:18:26 | 1986 |
| 10 | 4449 | Gallenkamp Falko | FGPT.DE | 0:37:33 | M30 | 3 | 0:37:37 | 0:18:54 | 0:18:39 | 1986 |
| 11 | 4572 | Heints Vladislav | ART Düsseldorf | 0:37:37 | M35 | 1 | 0:37:40 | 0:19:05 | 0:18:31 | 1980 |
| 12 | 1662 | Vogler Kai | *Oslo | 0:37:47 | M35 | 2 | 0:37:49 | 0:19:10 | 0:18:37 | 1977 |
| 13 | 2581 | VOISSET Valentin | *Düsseldorf | 0:37:58 | M35 | 3 | 0:38:17 | 0:18:50 | 0:19:08 | 1981 |
| 14 | 4547 | Indicianskis Lukas Arnas | Kaunas "BMK" | 0:38:00 | M20 | 6 | 0:38:08 | 0:18:40 | 0:19:19 | 1990 |
| 15 | 4448 | Gallenkamp Guido | FGPT.DE | 0:38:16 | M35 | 4 | 0:38:22 | 0:19:02 | 0:19:14 | 1979 |
| 16 | 1251 | Köhler Philipp | Sanwald Laufteam | 0:38:31 | M20 | 7 | 0:38:33 | 0:19:08 | 0:19:23 | 1989 |
| 17 | 2908 | Reisinger Stefan | *Hilden | 0:38:52 | M45 | 2 | 0:38:54 | 0:19:19 | 0:19:32 | 1970 |
| 18 | 174 | Diallo Samba | Vodafone Group Services | 0:38:52 | M45 | 3 | 0:38:55 | 0:19:35 | 0:19:16 | 1971 |
| 19 | 3273 | Hirschi Daniel | SFD75 Düsseldorf | 0:38:57 | M35 | 5 | 0:39:07 | 0:19:29 | 0:19:28 | 1978 |
| 20 | 3165 | Jung Daniel | Polizei Düsseldorf | 0:39:24 | M35 | 6 | 0:39:29 | 0:19:36 | 0:19:48 | 1979 |
| 21 | 2370 | Schmidt Heiko | *Düsseldorf | 0:39:30 | M40 | 2 | 0:39:38 | 0:19:43 | 0:19:46 | 1973 |
| 22 | 3206 | Wenzel Oliver | TV Frisch Auf Lennep | 0:39:37 | M30 | 4 | 0:39:47 | 0:19:41 | 0:19:55 | 1984 |
| 23 | 860 | Wischniewski Markus | Team ERDINGER Alkoho | 0:39:37 | M45 | 4 | 0:39:42 | 0:19:41 | 0:19:56 | 1970 |
| 24 | 1609 | Roth Robin | *Hilden | 0:39:41 | M20 | 8 | 0:39:48 | 0:19:49 | 0:19:51 | 1990 |
| 25 | 530 | Zvolsky Petr | E.ON Inhouse Consulting | 0:39:49 | M20 | 9 | 0:40:07 | 0:20:54 | 0:18:54 | 1987 |
| 26 | 4323 | Prem Karl | | 0:39:49 | M45 | 5 | 0:39:52 | 0:20:10 | 0:19:39 | 1969 |
| 27 | 1859 | Prang Thomas | *Düsseldorf | 0:39:51 | M40 | 3 | 0:39:54 | 0:19:55 | 0:19:56 | 1974 |
| 28 | 170 | Christoph Stefan | Vodafone Group Services | 0:40:03 | M40 | 4 | 0:40:06 | 0:19:54 | 0:20:08 | 1975 |
| 29 | 2715 | Dr. Fort Diego | Running Team Grafenberg | 0:40:03 | M30 | 5 | 0:40:04 | 0:20:09 | 0:19:54 | 1982 |
| 30 | 1949 | Weigelt Matthias | Johanniter-Unfall-Hilfe | 0:40:03 | M45 | 6 | 0:40:05 | 0:19:55 | 0:20:08 | 1968 |
| 31 | 1732 | Hosemann Patrick | Tri-Sport-Team TV Verl | 0:40:06 | M20 | 10 | 0:40:20 | 0:20:36 | 0:19:29 | 1993 |
| 32 | 3028 | Schneider Markus | LG Haselnuss | 0:40:06 | M45 | 7 | 0:40:07 | 0:20:00 | 0:20:06 | 1969 |
| 33 | 4490 | Kerim Peter | Haaner TV | 0:40:12 | M60 | 1 | 0:40:14 | 0:19:56 | 0:20:15 | 1956 |
| 34 | 4109 | Reiser Jürgen | LAZ Puma Rhein Sieg | 0:40:14 | M50 | 1 | 0:40:18 | 0:20:30 | 0:19:44 | 1963 |
| 35 | 4559 | Nachtigäller Jürgen | Standard Werl | 0:40:15 | M45 | 8 | 0:40:25 | 0:20:24 | 0:19:50 | 1970 |
| 36 | 4458 | Lang Udo | | 0:40:16 | M50 | 2 | 0:40:20 | 0:19:57 | 0:20:18 | 1965 |
| 37 | 2578 | Juckel Dr. Bernd | SG Neukirchen-Hülchrath | 0:40:22 | M65 | 1 | 0:40:29 | 0:20:33 | 0:19:48 | 1950 |
| 38 | 1855 | Obersriebnig Michael | *Düsseldorf | 0:40:27 | M30 | 6 | 0:41:07 | 0:21:00 | 0:19:27 | 1986 |
| 39 | 2230 | Villumsen Mads | Fritz & Macziol | 0:40:28 | M35 | 7 | 0:40:31 | 0:20:01 | 0:20:26 | 1977 |
| 40 | 4104 | Djekic Sasa | BSG Sparda-Bank-West | 0:40:31 | M35 | 8 | 0:40:35 | 0:20:08 | 0:20:22 | 1981 |
| 41 | 333 | Diallo Thierno Djiwo Bobo | KiPa-cash-4-kids | 0:40:36 | M20 | 11 | 0:40:36 | 0:20:07 | 0:20:28 | 1990 |
| 42 | 1128 | Huckenbeck Torben | TriForce-Vital RS | 0:40:36 | M20 | 12 | 0:40:41 | 0:20:21 | 0:20:14 | 1987 |
| 43 | 186 | Hammerschmidt Lukas | Vodafone Group Services | 0:40:36 | M20 | 13 | 0:40:46 | 0:20:19 | 0:20:16 | 1996 |
| 44 | 219 | Vojvodic Nebojsa | Vodafone Group Services | 0:40:41 | M40 | 5 | 0:40:45 | 0:20:04 | 0:20:36 | 1974 |
| 45 | 2019 | Lorig Sven | LAZ PUMA Rhein-Sieg | 0:40:59 | M45 | 9 | 0:41:02 | 0:20:21 | 0:20:38 | 1971 |
| 46 | 1030 | Weyers Daniel | | 0:40:59 | M20 | 14 | 0:41:04 | 0:20:20 | 0:20:39 | |
| 47 | 334 | Bozo Dalil | KiPa-cash-4-kids | 0:41:04 | M20 | 15 | 0:41:04 | 0:20:28 | 0:20:36 | 1992 |
| 48 | 1905 | Brauns Tobias | FCSt. Pauli Triathlon | 0:41:04 | M35 | 9 | 0:41:08 | 0:20:24 | 0:20:40 | 1980 |
| 49 | 4583 | Bexkens Willy | LG Stadtwerke Hilden | 0:41:12 | M45 | 10 | 0:41:15 | 0:20:30 | 0:20:41 | 1968 |
| 50 | 1678 | Mross Steffen | *Essen | 0:41:14 | M40 | 6 | 0:41:23 | 0:20:57 | 0:20:17 | 1972 |
| 51 | 2203 | Wilke André | *Düsseldorf | 0:41:15 | M35 | 10 | 0:41:18 | 0:20:45 | 0:20:30 | 1977 |
| 52 | 2705 | Franek Florian | Running Team Grafenberg | 0:41:16 | M35 | 11 | 0:41:16 | 0:20:27 | 0:20:48 | 1979 |
| 53 | 4140 | Strack Sascha | Running Team Grafenberg | 0:41:16 | M20 | 16 | 0:41:17 | 0:20:27 | 0:20:49 | |
| 54 | 4598 | Fütterer Marcus | ASC Düsseldorf | 0:41:16 | M45 | 11 | 0:41:19 | 0:20:31 | 0:20:45 | 1967 |
| 55 | 4450 | Gora Stefan | | 0:41:17 | M40 | 7 | 0:41:20 | 0:20:28 | 0:20:48 | 1976 |
| 56 | 1566 | Wisgott Daniel | Ruderriege ETUF Essen e | 0:41:36 | M20 | 17 | 0:41:39 | 0:20:34 | 0:21:01 | 1988 |
| 57 | 977 | Rauschenberger Dirk | Luisen-Gymnasium Düsseldorf | 0:41:36 | M45 | 12 | 0:41:40 | 0:20:42 | 0:20:53 | 1967 |
| 58 | 3010 | Gayol Reguera Jose | jose | 0:41:39 | M20 | 18 | 0:41:43 | 0:21:07 | 0:20:32 | 1989 |
| 59 | 1978 | Schiertz Felix | *Düsseldorf | 0:41:39 | M30 | 7 | 0:41:44 | 0:20:47 | 0:20:52 | 1985 |

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Seite 2

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------|-----------------------------|---------|-----|--------|------------|---------|---------|----------|
| 60 | 835 | Berg Björn | BSG Sparda-Bank West | 0:41:40 | M30 | 8 | 0:41:58 | 0:20:51 | 0:20:49 | 1982 |
| 61 | 1635 | Reuter Guido | Laufschule Düsseldorf | 0:41:46 | M45 | 13 | 0:41:54 | 0:20:57 | 0:20:48 | 1968 |
| 62 | 2992 | Flaßkamp Michael | Berufskolleg Neuss | 0:41:50 | M35 | 12 | 0:41:56 | 0:20:41 | 0:21:08 | 1978 |
| 63 | 1625 | Dege Andreas | *Leer | 0:41:50 | M30 | 9 | 0:41:56 | 0:21:00 | 0:20:49 | 1982 |
| 64 | 1210 | Von den Kerkhoff Bernd | *Krefeld | 0:41:54 | M40 | 8 | 0:41:59 | 0:20:54 | 0:20:59 | 1974 |
| 65 | 3057 | Matthiesen Keld | Lauftreff Krefeld Oppum | 0:41:57 | M50 | 3 | 0:41:58 | 0:20:29 | 0:21:27 | 1964 |
| 66 | 969 | Nowak Niels | Luisen-Gymnasium Düsseldorf | 0:42:01 | M45 | 14 | 0:42:17 | 0:21:09 | 0:20:52 | 1971 |
| 67 | 4362 | Féaux de Lacroix Boris | Martin-Luther-Schule | 0:42:04 | M40 | 9 | 0:42:09 | 0:21:02 | 0:21:01 | 1975 |
| 68 | 2456 | Schipper Jesko | *Kreuztal | 0:42:04 | M45 | 15 | 0:42:14 | 0:20:59 | 0:21:04 | 1969 |
| 69 | 221 | Welling Jörg | Vodafone Group Services | 0:42:06 | M45 | 16 | 0:42:26 | 0:20:59 | 0:21:06 | 1970 |
| 70 | 1483 | Pisaniello Patrick | *Solingen | 0:42:07 | M35 | 13 | 0:42:16 | 0:21:00 | 0:21:07 | 1980 |
| 71 | 182 | Gerbershagen Alexander | Vodafone Group Services | 0:42:09 | M30 | 10 | 0:42:48 | 0:21:23 | 0:20:45 | 1986 |
| 72 | 2133 | Hartmann Martin | *Langenfeld | 0:42:09 | M55 | 1 | 0:42:16 | 0:21:08 | 0:21:01 | 1961 |
| 73 | 1607 | Thiet Markus | *Essen | 0:42:16 | M35 | 14 | 0:42:24 | 0:21:22 | 0:20:53 | 1977 |
| 74 | 2283 | Schönfuß Daniel | *Leichlingen | 0:42:20 | M30 | 11 | 0:42:31 | 0:21:33 | 0:20:46 | 1984 |
| 75 | 836 | Görres Ralf | BSG Sparda-Bank West | 0:42:23 | M40 | 10 | 0:42:30 | 0:21:05 | 0:21:18 | 1972 |
| 76 | 1265 | Borkowski Fabian | *Düsseldorf | 0:42:25 | M30 | 12 | 0:42:33 | 0:20:58 | 0:21:27 | 1984 |
| 77 | 2607 | Noubissie Arsène | KGS Fleher Straße | 0:42:25 | M35 | 15 | 0:42:35 | 0:21:05 | 0:21:20 | 1980 |
| 78 | 4477 | Efremov Anatolij | | 0:42:31 | M30 | 13 | 0:43:10 | 0:21:59 | 0:20:32 | 1985 |
| 79 | 4570 | Kosse Andreas | KGS Niederkassel | 0:42:36 | M35 | 16 | 0:43:19 | 0:21:52 | 0:20:44 | 1977 |
| 80 | 2926 | Felski Waldemar | TSV Hochdahl | 0:42:37 | M45 | 17 | 0:43:02 | 0:21:26 | 0:21:10 | 1970 |
| 81 | 46 | Kleine-Benne Eike | GERSTEL GmbH&Co.KG | 0:42:38 | M45 | 18 | 0:42:54 | 0:21:27 | 0:21:10 | 1969 |
| 82 | 2484 | Jacobs Thomas | Team ERDINGER Alkoho | 0:42:38 | M50 | 4 | 0:42:43 | 0:21:23 | 0:21:14 | 1962 |
| 83 | 2491 | Müller Eric | *Düsseldorf | 0:42:40 | M45 | 19 | 0:44:24 | 0:21:34 | 0:21:05 | 1969 |
| 84 | 2880 | Holtermann Michel | *Düsseldorf | 0:42:43 | M20 | 19 | 0:43:01 | 0:21:50 | 0:20:53 | 1988 |
| 85 | 3162 | Proske Tristan | Polizei Düsseldorf | 0:42:44 | M20 | 20 | 0:42:53 | 0:20:59 | 0:21:44 | 1987 |
| 86 | 2462 | Koehle Fabian | *Düsseldorf | 0:42:44 | M20 | 21 | 0:43:20 | 0:22:12 | 0:20:32 | 1988 |
| 87 | 3019 | Friend Tristan | OSC Waldniel | 0:42:44 | M30 | 14 | 0:43:15 | 0:21:55 | 0:20:49 | 1982 |
| 88 | 1755 | Schläfer Martin | *Frankfurt | 0:42:46 | M45 | 20 | 0:42:46 | 0:21:41 | 0:21:04 | 1970 |
| 89 | 2430 | Buhe Martin | Rennschnecken 2000 | 0:42:47 | M50 | 5 | 0:42:49 | 0:21:19 | 0:21:28 | 1966 |
| 90 | 178 | Ferrigno Simone | Vodafone Group Services | 0:42:50 | M35 | 17 | 0:42:54 | 0:21:35 | 0:21:15 | 1980 |
| 91 | 217 | Verma Sachin | Vodafone Group Services | 0:42:50 | M35 | 18 | 0:42:54 | 0:21:20 | 0:21:29 | 1978 |
| 92 | 4460 | Prinz Stephan | | 0:42:55 | M45 | 21 | 0:43:12 | 0:21:41 | 0:21:13 | 1971 |
| 93 | 2176 | Beckmanns Ralf | LT Krefeld-Oppum | 0:42:59 | M50 | 6 | 0:43:05 | 0:21:10 | 0:21:49 | 1962 |
| 94 | 1459 | Schramm Peter | *Essen | 0:43:00 | M55 | 2 | 0:43:10 | 0:21:37 | 0:21:23 | 1959 |
| 95 | 2293 | Hinderlich Hauke | *Düsseldorf | 0:43:03 | M45 | 22 | 0:43:07 | 0:21:37 | 0:21:25 | 1969 |
| 96 | 3173 | Dreisewerd Markus | Polizei Düsseldorf | 0:43:03 | M40 | 11 | 0:43:06 | 0:20:01 | 0:23:02 | 1972 |
| 97 | 4346 | Conradi Oliver | | 0:43:04 | M45 | 23 | 0:43:09 | 0:21:20 | 0:21:44 | 1971 |
| 98 | 1048 | Hartmann Oliver | Team Hubzilla | 0:43:04 | M45 | 24 | 0:43:14 | 0:21:19 | 0:21:44 | 1967 |
| 99 | 184 | Gleumes Stephan | Vodafone Group Services | 0:43:07 | M45 | 25 | 0:43:17 | 0:21:39 | 0:21:27 | 1971 |
| 100 | 176 | Droege Lukas | Vodafone Group Services | 0:43:07 | M20 | 22 | 0:43:17 | 0:21:45 | 0:21:22 | 1987 |
| 101 | 3279 | Eckert Klaus | Rommerskirchen | 0:43:08 | M50 | 7 | 0:43:17 | 0:21:44 | 0:21:23 | 1963 |
| 102 | 3029 | Rütze Torsten | *Düsseldorf | 0:43:09 | M40 | 12 | 0:43:13 | 0:21:33 | 0:21:35 | 1973 |
| 103 | 2720 | Steinbichler Julian | Running Team Grafenberg | 0:43:10 | M45 | 26 | 0:43:14 | 0:21:33 | 0:21:37 | 1971 |
| 104 | 4368 | Kemmesies Rainer | TUS Breitscheid | 0:43:12 | M55 | 3 | 0:43:24 | 0:21:28 | 0:21:44 | 1961 |
| 105 | 2646 | Blomeier Veit | KGS Fleher Straße | 0:43:16 | M35 | 19 | 0:43:23 | 0:21:32 | 0:21:43 | 1979 |
| 106 | 2098 | Langefeld Lars | Laufanfänger - Mein erstes | 0:43:19 | M40 | 13 | 0:43:28 | 0:21:26 | 0:21:52 | 1976 |
| 107 | 201 | Dr. Meisgen Frank | Vodafone Group Services | 0:43:19 | M45 | 27 | 0:43:26 | 0:21:46 | 0:21:33 | 1967 |
| 108 | 1357 | Meier Timo | *Essen | 0:43:19 | M20 | 23 | 0:44:38 | 0:22:14 | 0:21:05 | 1989 |
| 109 | 1377 | Bützer Peter | Tri Team FS Düsseldorf | 0:43:23 | M35 | 20 | 0:43:27 | 0:21:23 | 0:21:59 | 1978 |
| 110 | 4409 | Überall Dirk | | 0:43:23 | M45 | 28 | 0:43:26 | 0:21:27 | 0:21:56 | 1968 |
| 111 | 853 | Gassner Djahan | Team ERDINGER Alkoho | 0:43:24 | M45 | 29 | 0:43:38 | 0:21:41 | 0:21:43 | 1967 |
| 112 | 531 | Rink Markus | E.ON Inhouse Consulting | 0:43:27 | M45 | 30 | 0:43:38 | 0:22:00 | 0:21:27 | 1970 |
| 113 | 4018 | Finn Carsten | St. Ursula Gymnasium | 0:43:35 | M35 | 21 | 0:43:57 | 0:21:26 | 0:22:09 | 1977 |
| 114 | 2847 | Behring Marc | Mitsubishi Electric Europe | 0:43:37 | M40 | 14 | 0:44:26 | 0:22:06 | 0:21:30 | 1976 |
| 115 | 331 | Kadour Yamen | KiPa-cash-4-kids | 0:43:37 | M30 | 15 | 0:43:39 | 0:21:18 | 0:22:19 | 1984 |
| 116 | 4139 | Diether Uwe | Running Team Grafenberg | 0:43:42 | M20 | 24 | 0:43:47 | 0:22:00 | 0:21:41 | |
| 117 | 4340 | Dietrich Eckhardt | Ratingen | 0:43:47 | M65 | 2 | 0:44:25 | 0:22:32 | 0:21:14 | 1950 |
| 118 | 3300 | Coles Steve | Düsseldorf Panther | 0:43:48 | M35 | 22 | 0:44:09 | 0:22:59 | 0:20:48 | 1977 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|---------------------------|----------------------------|----------|-----|--------|------------|---------|---------|----------|
| 119 | 1396 | Weidenhaupt Alexander | Deutsche Bank Düsseldorf | 0:43:49 | M30 | 16 | 0:43:57 | 0:22:19 | 0:21:29 | 1983 |
| 120 | 1334 | Böckmann Roland | Team Torro | 0:43:50 | M45 | 31 | 0:44:21 | 0:22:22 | 0:21:28 | 1970 |
| 121 | 200 | Matschull Frank | Vodafone Group Services | G0:43:51 | M45 | 32 | 0:43:57 | 0:21:48 | 0:22:02 | 1967 |
| 122 | 2277 | Martinez Magallon Gabriel | Timon & Pumba GmbH | 0:43:51 | M30 | 17 | 0:43:57 | 0:21:30 | 0:22:21 | 1984 |
| 123 | 1695 | Yoshizawa Dr. Yoichi | *Düsseldorf | 0:43:51 | M35 | 23 | 0:43:54 | 0:21:53 | 0:21:57 | 1977 |
| 124 | 4500 | Nitsch Sebastian | | 0:43:51 | M35 | 24 | 0:44:21 | 0:22:22 | 0:21:28 | 1977 |
| 125 | 2530 | Hoppenworth Nils | *Düsseldorf | 0:43:54 | M35 | 25 | 0:44:17 | 0:22:24 | 0:21:29 | 1981 |
| 126 | 1918 | Koch Matthias | *Düsseldorf | 0:43:55 | M40 | 15 | 0:43:59 | 0:21:15 | 0:22:39 | 1973 |
| 127 | 4595 | Schmitz Willi | LT Krefeld-Oppum | 0:43:55 | M50 | 8 | 0:44:00 | 0:21:57 | 0:21:58 | 1962 |
| 128 | 4396 | König Thomas | Freie Schwimmer Düsseldorf | 0:44:09 | M50 | 9 | 0:44:19 | 0:21:45 | 0:22:24 | 1965 |
| 129 | 3020 | Titzl Laurent | *Düsseldorf | 0:44:11 | M35 | 26 | 0:44:20 | 0:21:27 | 0:22:43 | 1979 |
| 130 | 199 | Markus Christian | Vodafone Group Services | G0:44:11 | M50 | 10 | 0:44:16 | 0:21:50 | 0:22:21 | 1964 |
| 131 | 2495 | Jeske Frank | Ultraleicht | 0:44:11 | M50 | 11 | 0:44:27 | 0:22:16 | 0:21:55 | 1963 |
| 132 | 4402 | Koch Ingo | TUS Schmidt | 0:44:15 | M20 | 25 | 0:44:34 | 0:22:23 | 0:21:51 | 1990 |
| 133 | 2841 | Buchholz Gerrit | Mitsubishi Electric Europe | 0:44:15 | M40 | 16 | 0:44:28 | 0:22:07 | 0:22:08 | 1973 |
| 134 | 1094 | Bruns Thomas | *Düsseldorf | 0:44:19 | M35 | 27 | 0:44:26 | 0:21:27 | 0:22:51 | 1978 |
| 135 | 3489 | Fähndrich Martin | KGS Niederkassel | 0:44:21 | M45 | 33 | 0:44:42 | 0:22:10 | 0:22:11 | 1968 |
| 136 | 1950 | Decker Martin | Team ERDINGER alkohoh | 0:44:22 | M30 | 18 | 0:44:39 | 0:22:34 | 0:21:47 | 1984 |
| 137 | 498 | Gilbert Hamish | E.ON Inhouse Consulting | G0:44:24 | M30 | 19 | 0:45:37 | 0:22:59 | 0:21:24 | 1983 |
| 138 | 1310 | Henn Ciaran | *Mönchengladbach | 0:44:24 | M55 | 4 | 0:44:36 | 0:22:19 | 0:22:05 | 1957 |
| 139 | 1072 | Weber Christian | Korschenbroicher LC | 0:44:26 | M45 | 34 | 0:44:38 | 0:22:18 | 0:22:07 | 1969 |
| 140 | 128 | Smoes Marco | WTS Steuerberatungsges | 0:44:27 | M30 | 20 | 0:44:44 | 0:22:19 | 0:22:07 | 1982 |
| 141 | 1324 | Müller Markus | *Düsseldorf | 0:44:30 | M30 | 21 | 0:45:10 | 0:22:29 | 0:22:00 | 1982 |
| 142 | 1823 | Clausing Andreas | LSF Münster | 0:44:31 | M55 | 5 | 0:44:47 | 0:22:19 | 0:22:11 | 1960 |
| 143 | 843 | Schlarmann Dominik | BSG Sparda-Bank West | 0:44:35 | M40 | 17 | 0:44:42 | 0:22:15 | 0:22:19 | 1973 |
| 144 | 1132 | Jedamzik Lars | VfL Löningen | 0:44:41 | M40 | 18 | 0:44:48 | 0:22:47 | 0:21:53 | 1973 |
| 145 | 1776 | Flohr Christoph | *Wuppertal | 0:44:41 | M35 | 28 | 0:45:24 | 0:23:00 | 0:21:40 | 1981 |
| 146 | 2348 | Maaßen Wolfgang | Lauftreff Düsseldorf-Süd | 0:44:46 | M60 | 2 | 0:44:51 | 0:22:12 | 0:22:33 | 1955 |
| 147 | 3170 | Eisemann Uwe | Polizei Düsseldorf | 0:44:46 | M60 | 3 | 0:44:51 | 0:22:25 | 0:22:20 | 1956 |
| 148 | 203 | Nörthemann Andre | Vodafone Group Services | G0:44:50 | M30 | 22 | 0:45:17 | 0:22:36 | 0:22:13 | 1983 |
| 149 | 2902 | Kloppenburg Christian | *Düsseldorf | 0:44:51 | M35 | 29 | 0:45:01 | 0:22:16 | 0:22:34 | 1979 |
| 150 | 4366 | Fleischer Tim | TB Ratingen | 0:44:53 | M30 | 23 | 0:45:01 | 0:22:36 | 0:22:16 | 1986 |
| 151 | 1648 | Dausend Oliver | Hilden96 | 0:44:57 | M35 | 30 | 0:45:55 | 0:23:46 | 0:21:10 | 1980 |
| 152 | 503 | Friedrich Elmar | E.ON Inhouse Consulting | G0:44:58 | M30 | 24 | 0:46:11 | 0:22:23 | 0:22:34 | 1983 |
| 153 | 3169 | Tölle Andreas | Polizei Düsseldorf | 0:45:02 | M50 | 12 | 0:45:07 | 0:22:51 | 0:22:11 | 1964 |
| 154 | 1763 | Penk Florian | *Wuppertal | 0:45:04 | M20 | 26 | 0:45:48 | 0:22:59 | 0:22:05 | 1990 |
| 155 | 2342 | Mohr Dennis | *Kempfen | 0:45:05 | M30 | 25 | 0:45:35 | 0:22:33 | 0:22:31 | 1984 |
| 156 | 4378 | Schauch Bastian | Rennschnecken 2000 | 0:45:05 | M40 | 19 | 0:45:14 | 0:22:36 | 0:22:28 | 1975 |
| 157 | 1577 | Kupke Volker | *Willich | 0:45:05 | M45 | 35 | 0:45:25 | 0:22:53 | 0:22:12 | 1967 |
| 158 | 187 | Harzheim Oliver | Vodafone Group Services | G0:45:08 | M45 | 36 | 0:45:22 | 0:22:31 | 0:22:36 | 1970 |
| 159 | 1813 | Biljes Daniel | *Düsseldorf | 0:45:09 | M30 | 26 | 0:45:55 | 0:23:07 | 0:22:01 | 1984 |
| 160 | 332 | Camara Mory | KiPa-cash-4-kids | 0:45:09 | M20 | 27 | 0:45:12 | 0:22:48 | 0:22:21 | 1996 |
| 161 | 2998 | Schulz Christian | *Mönchengladbach | 0:45:12 | M35 | 31 | 0:45:20 | 0:21:58 | 0:23:13 | 1980 |
| 162 | 506 | Huelsduenker Bernd | E.ON Inhouse Consulting | G0:45:13 | M20 | 28 | 0:46:22 | 0:23:34 | 0:21:39 | 1990 |
| 163 | 1611 | Krüger Norman | *Düsseldorf | 0:45:20 | M45 | 37 | 0:45:50 | 0:23:16 | 0:22:03 | 1969 |
| 164 | 2201 | Krammer Mischa | *Mülheim an der Ruhr | 0:45:20 | M45 | 38 | 0:45:35 | 0:22:56 | 0:22:24 | 1971 |
| 165 | 2362 | Burre Frank | TSV Meerbusch | 0:45:22 | M55 | 6 | 0:45:33 | 0:22:56 | 0:22:25 | 1957 |
| 166 | 2258 | Zenke Marco | *Neuss | 0:45:23 | M40 | 20 | 0:45:59 | 0:23:13 | 0:22:09 | 1974 |
| 167 | 1469 | Ebeling Michael | *Düsseldorf | 0:45:23 | M40 | 21 | 0:45:28 | 0:22:08 | 0:23:14 | 1973 |
| 168 | 4016 | Dr. Fröhlich Oliver | St. Ursula Gymnasium | 0:45:23 | M45 | 39 | 0:45:31 | 0:22:01 | 0:23:21 | 1971 |
| 169 | 1976 | Hemmerling Jens | Turboschnecken Rhein-Ruh | 0:45:24 | M35 | 32 | 0:46:31 | 0:23:02 | 0:22:22 | 1977 |
| 170 | 1170 | Gruschlewski Andreas | *Dortmund | 0:45:27 | M55 | 7 | 0:45:35 | 0:22:39 | 0:22:47 | 1961 |
| 171 | 4025 | Hilden Freddy | St. Ursula Gymnasium | 0:45:27 | M40 | 22 | 0:46:00 | 0:23:03 | 0:22:23 | 1972 |
| 172 | 2067 | Zielinski Arthur | *Viern | 0:45:30 | M20 | 29 | 0:45:41 | 0:22:30 | 0:23:00 | 1990 |
| 173 | 1431 | Riebold Lars | LT Rennhamster | 0:45:31 | M50 | 13 | 0:45:43 | 0:22:38 | 0:22:53 | 1963 |
| 174 | 1202 | Hohenecker Michael | Torro | 0:45:34 | M40 | 23 | 0:46:05 | 0:22:29 | 0:23:05 | 1972 |
| 175 | 2454 | Birji NourEddine | *düsseldorf | 0:45:36 | M35 | 33 | 0:46:26 | 0:23:17 | 0:22:19 | 1977 |
| 176 | 194 | Klösel Philipp | Vodafone Group Services | G0:45:38 | M30 | 27 | 0:45:45 | 0:22:45 | 0:22:53 | 1983 |
| 177 | 2460 | Goldfarb David | *Düsseldorf | 0:45:40 | M40 | 24 | 0:45:51 | 0:22:36 | 0:23:04 | 1973 |

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Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|----------------------|----------------------------|---------|------|--------|------------|---------|---------|----------|
| 178 | 2965 | Kokkos Konstantin | *Düsseldorf | 0:45:41 | M45 | 40 | 0:46:12 - | 0:22:37 | 0:23:03 | 1968 |
| 179 | 1613 | Albiez Sebastian | *Duisburg | 0:45:41 | M30 | 28 | 0:45:54 - | 0:23:31 | 0:22:10 | 1983 |
| 180 | 1458 | Noel Paul | *Düsseldorf | 0:45:42 | M30 | 29 | 0:46:24 - | 0:23:22 | 0:22:20 | 1985 |
| 181 | 336 | Aldaaif Nael | KiPa-cash-4-kids | 0:45:42 | M30 | 30 | 0:45:45 - | 0:22:08 | 0:23:33 | 1983 |
| 182 | 4367 | Hoffmann René | *Düsseldorf | 0:45:44 | M20 | 30 | 0:46:03 - | 0:23:22 | 0:22:21 | 1987 |
| 183 | 1226 | Fadi Jürgen | Osterather TV | 0:45:44 | M55 | 8 | 0:45:58 - | 0:22:53 | 0:22:50 | 1960 |
| 184 | 834 | Fink Michael | BSG Sparda-Bank West | 0:45:47 | M45 | 41 | 0:45:58 - | 0:22:37 | 0:23:10 | 1971 |
| 185 | 2963 | Sonnenschein Michael | *Düsseldorf | 0:45:48 | M40 | 25 | 0:45:55 - | 0:22:46 | 0:23:02 | 1975 |
| 186 | 1940 | Maibaum Ralf | Riyadh Road Runners | 0:45:48 | M50 | 14 | 0:45:54 - | 0:22:51 | 0:22:57 | 1963 |
| 187 | 1036 | Basten Christian | *Hilden | 0:45:48 | M30 | 31 | 0:46:02 - | 0:22:58 | 0:22:50 | 1982 |
| 188 | 1822 | Herzog Mario | *Düsseldorf | 0:45:49 | M20 | 31 | 0:45:52 - | 0:23:11 | 0:22:37 | 1995 |
| 189 | 1535 | Peti Ivan | Ivan Peti Immobilien | 0:45:52 | M40 | 26 | 0:46:03 - | 0:22:23 | 0:23:29 | 1976 |
| 190 | 2265 | Falk Markus | Patchwork Runners | 0:45:54 | M40 | 27 | 0:46:02 - | 0:22:42 | 0:23:12 | 1972 |
| 191 | 2179 | Pilarczyk Till | Pink Panther 1-3 | 0:45:56 | MU20 | 1 | 0:46:34 - | 0:23:38 | 0:22:18 | 1998 |
| 192 | 2417 | ABATI LUCA | *ESSEN | 0:45:57 | M40 | 28 | 0:46:42 - | 0:23:07 | 0:22:50 | 1972 |
| 193 | 2180 | Pilarczyk Leon | Pink Panther 1-3 | 0:45:58 | M20 | 32 | 0:46:35 - | 0:23:38 | 0:22:20 | 1996 |
| 194 | 1749 | Mostert Stefan | Osterather TV | 0:45:59 | M45 | 42 | 0:46:45 - | 0:23:20 | 0:22:39 | 1971 |
| 195 | 4385 | Kaminsky Michel | | 0:45:59 | M30 | 32 | 0:46:06 - | 0:22:50 | 0:23:08 | 1983 |
| 196 | 2444 | Geilen Christian | *Düsseldorf | 0:46:00 | M35 | 34 | 0:47:04 - | 0:23:21 | 0:22:39 | 1981 |
| 197 | 4361 | Wildschütz Mathias | | 0:46:02 | M35 | 35 | 0:46:22 - | 0:23:10 | 0:22:51 | 1981 |
| 198 | 4336 | Mee Marius | DTV | 0:46:05 | M35 | 36 | 0:46:52 - | 0:23:40 | 0:22:25 | 1980 |
| 199 | 4130 | Weidner Martin | TLV Germania Essen Über | 0:46:06 | M45 | 43 | 0:46:25 - | 0:23:07 | 0:22:58 | |
| 200 | 1368 | Nellen Fabian | *Neuss | 0:46:08 | M30 | 33 | 0:46:23 - | 0:22:58 | 0:23:09 | 1986 |
| 201 | 1215 | Milk Andreas | *Kamen | 0:46:08 | M50 | 15 | 0:46:29 - | 0:23:13 | 0:22:55 | 1966 |
| 202 | 2128 | Fischermanns Marco | *Düsseldorf | 0:46:11 | M40 | 29 | 0:46:31 - | 0:23:26 | 0:22:44 | 1972 |
| 203 | 1709 | Pohl Jochen | *Willich | 0:46:11 | M40 | 30 | 0:46:19 - | 0:23:29 | 0:22:41 | 1973 |
| 204 | 2195 | Diaz Geronimo | *Duesseldorf | 0:46:11 | M35 | 37 | 0:46:14 - | 0:22:50 | 0:23:20 | 1979 |
| 205 | 1376 | Picken Matthias | *Düsseldorf | 0:46:14 | M20 | 33 | 0:46:38 - | 0:22:59 | 0:23:15 | 1988 |
| 206 | 894 | Göppert Georg | KGS Fleher Straße | 0:46:15 | M35 | 38 | 0:46:30 - | 0:23:37 | 0:22:37 | 1977 |
| 207 | 4413 | Wilms Martin | Fortuna Düsseldorf | 0:46:15 | M45 | 44 | 0:46:19 - | 0:22:34 | 0:23:41 | 1970 |
| 208 | 2846 | Ritters Philipp | Mitsubishi Electric Europe | 0:46:16 | M35 | 39 | 0:47:09 - | 0:23:25 | 0:22:51 | 1979 |
| 209 | 2716 | Bellos Torsten | Running Team Grafenberg | 0:46:18 | M35 | 40 | 0:46:34 - | 0:24:50 | 0:21:27 | 1980 |
| 210 | 1861 | Gualtieri Giulio | *Düsseldorf | 0:46:20 | M50 | 16 | 0:46:24 - | 0:22:24 | 0:23:55 | 1964 |
| 211 | 2577 | Nagata Yohei | *Düsseldorf | 0:46:20 | M35 | 41 | 0:46:32 - | 0:23:05 | 0:23:15 | 1980 |
| 212 | 4549 | Haßels Markus | JAA Düsseldorf | 0:46:23 | M30 | 34 | 0:46:29 - | 0:22:39 | 0:23:44 | 1986 |
| 213 | 4499 | Völcker Christian | | 0:46:24 | M35 | 42 | 0:46:52 - | 0:23:08 | 0:23:15 | 1978 |
| 214 | 1110 | Jansen Philipp | Flöck Fott | 0:46:26 | M20 | 34 | 0:47:51 - | 0:23:34 | 0:22:52 | 1994 |
| 215 | 987 | Mallwitz Heiko | E-Plus Mobilfunk GmbH | 0:46:26 | M40 | 31 | 0:47:08 - | 0:23:32 | 0:22:53 | 1972 |
| 216 | 2024 | Eichhorn Sebastian | *Erkrath | 0:46:27 | M20 | 35 | 0:46:39 - | 0:23:16 | 0:23:10 | 1990 |
| 217 | 197 | Macke Dirk | Vodafone Group Services | 0:46:28 | M45 | 45 | 0:46:35 - | 0:23:15 | 0:23:13 | 1971 |
| 218 | 4421 | Ruben Llana Mayok | | 0:46:29 | M35 | 43 | 0:46:36 - | 0:23:12 | 0:23:17 | 1978 |
| 219 | 2064 | Zachau Axel | Athletik Waldniel | 0:46:30 | M40 | 32 | 0:46:53 - | 0:23:46 | 0:22:44 | 1974 |
| 220 | 1328 | Schrempf Christian | *Essen | 0:46:31 | M35 | 44 | 0:46:46 - | 0:23:16 | 0:23:15 | 1977 |
| 221 | 1892 | Eichhorn Andreas | *Wuppertal | 0:46:33 | M30 | 35 | 0:46:45 - | 0:23:15 | 0:23:17 | 1984 |
| 222 | 3108 | Pleiß Volker | Freie Schwimmer Düsseldorf | 0:46:35 | M50 | 17 | 0:47:29 - | 0:23:55 | 0:22:40 | 1963 |
| 223 | 1948 | Janßen Daniel | TourRelax | 0:46:35 | M20 | 36 | 0:47:03 - | 0:24:50 | 0:21:45 | 1988 |
| 224 | 2393 | Simons Willi | Rennschnecken 2000 | 0:46:36 | M60 | 4 | 0:46:50 - | 0:23:37 | 0:22:58 | 1956 |
| 225 | 519 | Roussel David | E.ON Inhouse Consulting | 0:46:39 | M45 | 46 | 0:46:42 - | 0:23:22 | 0:23:17 | 1970 |
| 226 | 2317 | Samuel Dennis | *Leverkusen | 0:46:41 | M35 | 45 | 0:46:52 - | 0:23:28 | 0:23:12 | 1981 |
| 227 | 3211 | Heier Torsten | TV Frisch Auf Lennep | 0:46:46 | M50 | 18 | 0:47:13 - | 0:23:48 | 0:22:58 | 1965 |
| 228 | 1394 | Werth Ulrich | *Meerbusch | 0:46:47 | M50 | 19 | 0:47:12 - | 0:23:09 | 0:23:37 | 1966 |
| 229 | 4342 | Schnell Dirk | | 0:46:47 | M45 | 47 | 0:46:54 - | 0:23:29 | 0:23:17 | 1969 |
| 230 | 1720 | Junkermann Alexander | *Verl | 0:46:51 | M20 | 37 | 0:47:05 - | 0:23:39 | 0:23:12 | 1992 |
| 231 | 1735 | Heurs Thorben | *Düsseldorf | 0:46:52 | M45 | 48 | 0:47:25 - | 0:23:28 | 0:23:23 | 1971 |
| 232 | 3116 | Steiger Thomas | Rheinpark Runners | 0:46:54 | M30 | 36 | 0:47:14 - | 0:23:51 | 0:23:02 | 1984 |
| 233 | 3439 | Schlag Martin | KGS Niederkassel | 0:46:54 | M45 | 49 | 0:47:07 - | 0:23:20 | 0:23:33 | 1971 |
| 234 | 3305 | Simon Dr. Daniel | K43 | 0:46:56 | M40 | 33 | 0:47:30 - | 0:23:34 | 0:23:22 | 1975 |
| 235 | 2517 | Avgustin Franc | *Düsseldorf | 0:46:58 | M55 | 9 | 0:47:31 - | 0:24:09 | 0:22:48 | 1957 |
| 236 | 2744 | Bachmann Clemens | KGS Essener Straße | 0:46:58 | M45 | 50 | 0:47:15 - | 0:23:23 | 0:23:34 | 1967 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|---------------------------|----------------------------|---------|-----|--------|------------|---------|---------|----------|
| 237 | 1070 | Kroesen Daniel | *Düsseldorf | 0:46:58 | M30 | 37 | 0:47:25 - | 0:23:37 | 0:23:21 | 1986 |
| 238 | 2978 | Koelmann Thomas | *Erkrath | 0:46:59 | M45 | 51 | 0:47:04 - | 0:23:28 | 0:23:31 | 1968 |
| 239 | 2685 | Stoffels Christian | KGS Fleher Straße | 0:46:59 | M45 | 52 | 0:47:10 - | 0:23:44 | 0:23:15 | 1969 |
| 240 | 2427 | Grävingsholt Sören | *Düsseldorf | 0:47:00 | M20 | 38 | 0:47:05 - | 0:23:21 | 0:23:38 | 1987 |
| 241 | 2838 | Vopel Oliver | Mitsubishi Electric Europe | 0:47:03 | M45 | 53 | 0:47:40 - | 0:23:43 | 0:23:20 | 1971 |
| 242 | 216 | Velo Carlo | Vodafone Group Services G0 | 0:47:03 | M40 | 34 | 0:47:27 - | 0:23:22 | 0:23:41 | 1975 |
| 243 | 4491 | Lombard Reiner | *Oberhausen | 0:47:06 | M60 | 5 | 0:47:19 - | 0:24:00 | 0:23:05 | 1956 |
| 244 | 1444 | Schürlein André | *Mönchengladbach | 0:47:06 | M45 | 54 | 0:47:12 - | 0:23:16 | 0:23:49 | 1967 |
| 245 | 1242 | Steil Thomas | WIR BEI HKM | 0:47:07 | M45 | 55 | 0:48:14 - | 0:23:40 | 0:23:26 | 1967 |
| 246 | 41 | Synowiec Sebastian | GERSTEL GmbH&Co.KG | 0:47:07 | M35 | 46 | 0:48:17 - | 0:24:25 | 0:22:42 | 1980 |
| 247 | 883 | Manco Bekkai | KGS Fleher Straße | 0:47:07 | M35 | 47 | 0:47:51 - | 0:23:42 | 0:23:25 | 1978 |
| 248 | 2100 | Radler Jan | *Düsseldorf | 0:47:08 | M40 | 35 | 0:48:18 - | 0:24:23 | 0:22:45 | 1976 |
| 249 | 2834 | Stollenwerk Daniel | Mitsubishi Electric Europe | 0:47:08 | M35 | 48 | 0:47:22 - | 0:23:13 | 0:23:55 | 1980 |
| 250 | 1884 | Windhausen Harald | *Willich | 0:47:09 | M45 | 56 | 0:47:30 - | 0:23:27 | 0:23:41 | 1970 |
| 251 | 1556 | Cavara Zeljko | *Düsseldorf | 0:47:09 | M40 | 36 | 0:47:18 - | 0:23:36 | 0:23:33 | 1972 |
| 252 | 226 | Moormann Jürgen | Capita West GmbH | 0:47:09 | M45 | 57 | 0:48:17 - | 0:23:31 | 0:23:37 | 1971 |
| 253 | 1661 | Wilk Jens | *Düsseldorf | 0:47:11 | M35 | 49 | 0:47:18 - | 0:23:44 | 0:23:26 | 1980 |
| 254 | 1652 | Seidler Frederik | *Düsseldorf | 0:47:16 | M20 | 39 | 0:47:43 - | 0:23:36 | 0:23:39 | 1990 |
| 255 | 2445 | Schmidt Silvio | *Düsseldorf | 0:47:16 | M40 | 37 | 0:47:46 - | 0:23:43 | 0:23:32 | 1972 |
| 256 | 1103 | Kalisch Jörg | *Münster | 0:47:16 | M45 | 58 | 0:47:23 - | 0:23:42 | 0:23:34 | 1968 |
| 257 | 2154 | Bayraktar Gökmen | *Wuppertal | 0:47:16 | M35 | 50 | 0:47:38 - | 0:23:08 | 0:24:07 | 1980 |
| 258 | 2376 | Gubanski Martin | *Düsseldorf | 0:47:18 | M50 | 20 | 0:47:47 - | 0:23:03 | 0:24:14 | 1964 |
| 259 | 904 | Weitzel Friedrich-Wilhelm | KGS Fleher Straße | 0:47:19 | M35 | 51 | 0:47:34 - | 0:23:52 | 0:23:27 | 1977 |
| 260 | 516 | Perrin Richard | E.ON Inhouse Consulting G0 | 0:47:19 | M35 | 52 | 0:47:32 - | 0:23:45 | 0:23:33 | 1981 |
| 261 | 2292 | Cunningham Paul | *Düsseldorf | 0:47:21 | M35 | 53 | 0:47:45 - | 0:23:39 | 0:23:42 | 1980 |
| 262 | 2050 | Messerer Florian | *Düsseldorf | 0:47:22 | M45 | 59 | 0:47:54 - | 0:24:12 | 0:23:09 | 1971 |
| 263 | 2125 | Hoyer Klaus | *Düsseldorf | 0:47:23 | M40 | 38 | 0:48:56 - | 0:25:26 | 0:21:57 | 1976 |
| 264 | 3207 | Sobetzko Martin | TV Frisch Auf Lennep | 0:47:25 | M55 | 10 | 0:47:36 - | 0:23:49 | 0:23:35 | 1958 |
| 265 | 2078 | Kögler Malte | ITSM GmbH | 0:47:26 | M20 | 40 | 0:47:59 - | 0:24:55 | 0:22:31 | 1987 |
| 266 | 3059 | Herzog Jörg | LC Adler Bottrop e.V. | 0:47:27 | M45 | 60 | 0:47:39 - | 0:24:04 | 0:23:23 | 1968 |
| 267 | 1151 | Stefan Nitschke | *Duesseldorf | 0:47:28 | M35 | 54 | 0:47:53 - | 0:28:10 | 0:19:17 | 1979 |
| 268 | 3060 | Plöger Heinz | LC Adler Bottrop e.V. | 0:47:28 | M45 | 61 | 0:47:39 - | 0:24:05 | 0:23:23 | 1968 |
| 269 | 4464 | Araki Jiro | | 0:47:29 | M55 | 11 | 0:47:40 - | 0:23:57 | 0:23:31 | 1961 |
| 270 | 2159 | Rogg Thomas | *Düsseldorf | 0:47:30 | M30 | 38 | 0:47:54 - | 0:23:46 | 0:23:44 | 1986 |
| 271 | 4418 | Gere Bela | | 0:47:31 | M30 | 39 | 0:48:47 - | 0:24:21 | 0:23:09 | 1982 |
| 272 | 4599 | Nass Benjamin | *Düsseldorf | 0:47:33 | M35 | 55 | 0:48:34 - | 0:24:06 | 0:23:27 | 1977 |
| 273 | 1640 | Bieding Michael | Hailes faule Hasen | 0:47:34 | M55 | 12 | 0:47:47 - | 0:23:07 | 0:24:27 | 1960 |
| 274 | 1214 | Bahrke Michael | *Düsseldorf | 0:47:35 | M35 | 56 | 0:47:50 - | 0:24:02 | 0:23:32 | 1979 |
| 275 | 214 | Spoo Jens-Uwe | Vodafone Group Services G0 | 0:47:35 | M45 | 62 | 0:47:52 - | 0:23:46 | 0:23:49 | 1970 |
| 276 | 1711 | Tiedtke Sebastian | Team ERDINGER Alkoho | 0:47:37 | M20 | 41 | 0:47:46 - | 0:23:37 | 0:23:59 | 1987 |
| 277 | 2117 | Plietsch Klaus | *Düsseldorf | 0:47:37 | M60 | 6 | 0:47:48 - | 0:23:55 | 0:23:41 | 1952 |
| 278 | 1207 | Gregorius Achim | *Voerde | 0:47:38 | M45 | 63 | 0:48:21 - | 0:24:34 | 0:23:04 | 1968 |
| 279 | 2255 | Torras Jordi | TURU1880 | 0:47:38 | M60 | 7 | 0:47:55 - | 0:23:55 | 0:23:43 | 1955 |
| 280 | 1092 | Müller Ralf | Schnaufgruppe | 0:47:40 | M60 | 8 | 0:47:47 - | 0:23:36 | 0:24:03 | 1956 |
| 281 | 2165 | Suckau Jürgen | BSG Barmenia Versicher | 0:47:41 | M50 | 21 | 0:47:53 - | 0:23:40 | 0:24:00 | 1964 |
| 282 | 1984 | Campagnari Davide | *Düsseldorf | 0:47:43 | M45 | 64 | 0:48:48 - | 0:24:20 | 0:23:22 | 1968 |
| 283 | 3147 | Kötting Markus | *Düsseldorf | 0:47:43 | M45 | 65 | 0:49:00 - | 0:24:38 | 0:23:05 | 1970 |
| 284 | 2991 | Gutierrez Antonio | *Dortmund | 0:47:44 | M35 | 57 | 0:47:52 - | 0:23:51 | 0:23:52 | 1979 |
| 285 | 1628 | Diekamp Thomas | *Gelsenkirchen | 0:47:45 | M50 | 22 | 0:47:52 - | 0:24:11 | 0:23:34 | 1963 |
| 286 | 2966 | Schulz Willi | LG RWE POWER | 0:47:49 | M55 | 13 | 0:49:04 - | 0:24:58 | 0:22:51 | 1960 |
| 287 | 4498 | Friesen Andreas | | 0:47:53 | M30 | 40 | 0:48:36 - | 0:24:48 | 0:23:05 | 1984 |
| 288 | 2853 | Peric Stjepan | *Zemunik Donji | 0:47:55 | M20 | 42 | 0:48:42 - | 0:24:21 | 0:23:34 | 1990 |
| 289 | 2555 | Wetzel Andreas | kochissimo.de | 0:47:57 | M35 | 58 | 0:48:24 - | 0:24:22 | 0:23:34 | 1979 |
| 290 | 1417 | Knorr Hartmut | BSG Stadtverwaltung Düss | 0:48:01 | M50 | 23 | 0:48:33 - | 0:23:49 | 0:24:12 | 1966 |
| 291 | 3022 | Koßler Oliver | Düsseldorfer Turnverein | 0:48:03 | M45 | 66 | 0:48:21 - | 0:23:59 | 0:24:03 | 1968 |
| 292 | 1730 | Frerich Sören | *Düsseldorf | 0:48:03 | M30 | 41 | 0:48:17 - | 0:24:04 | 0:23:58 | 1984 |
| 293 | 2290 | Stremel Christian | *Düsseldorf | 0:48:03 | M20 | 43 | 0:48:18 - | 0:24:18 | 0:23:44 | 1988 |
| 294 | 2099 | Vietze Michael | *Krefeld | 0:48:04 | M50 | 24 | 0:48:10 - | 0:23:56 | 0:24:07 | 1966 |
| 295 | 3284 | Albino Ivan | *Düsseldorf | 0:48:06 | M35 | 59 | 0:48:09 - | 0:23:36 | 0:24:30 | 1981 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------|----------------------------|---------|------|--------|------------|---------|---------|----------|
| 296 | 2451 | Röhrig Manuel | SG Zons | 0:48:07 | M30 | 42 | 0:48:36 - | 0:25:02 | 0:23:05 | 1985 |
| 297 | 3695 | Bouecke Andreas | Grüne Landtag | 0:48:07 | M20 | 44 | 0:49:06 - | 0:25:18 | 0:22:48 | 1989 |
| 298 | 3693 | Maciejewski Lukas | Grüne Landtag | 0:48:08 | M20 | 45 | 0:49:06 - | 0:25:18 | 0:22:49 | 1989 |
| 299 | 1308 | Kleinenbrands Claas | *Duisburg | 0:48:08 | M30 | 43 | 0:49:15 - | 0:24:21 | 0:23:46 | 1982 |
| 300 | 2071 | Wuttke Peter | *Düsseldorf | 0:48:10 | M45 | 67 | 0:48:47 - | 0:24:23 | 0:23:46 | 1969 |
| 301 | 1552 | Hild Peter | *Düsseldorf | 0:48:10 | M30 | 44 | 0:48:28 - | 0:24:17 | 0:23:52 | 1984 |
| 302 | 1847 | Eisenberg Matthias | MTG Horst Essen | 0:48:11 | M50 | 25 | 0:49:12 - | 0:25:02 | 0:23:09 | 1963 |
| 303 | 873 | Henke Reinhard | KGS Fleher Straße | 0:48:11 | M45 | 68 | 0:48:41 - | 0:23:49 | 0:24:21 | 1971 |
| 304 | 1231 | Berghoff Klaus | *Duisburg | 0:48:12 | M50 | 26 | 0:49:20 - | 0:24:21 | 0:23:50 | 1963 |
| 305 | 3215 | Brücher Jens | TV Frisch Auf Lennep | 0:48:12 | M55 | 14 | 0:48:22 - | 0:24:03 | 0:24:09 | 1960 |
| 306 | 3111 | Kethers Yannick | Spiridon Portugal | 0:48:13 | M20 | 46 | 0:48:30 - | 0:24:36 | 0:23:37 | 1994 |
| 307 | 2254 | Reichart Tim | *Düsseldorf | 0:48:13 | M30 | 45 | 0:48:55 - | 0:24:03 | 0:24:10 | 1983 |
| 308 | 1848 | Jedele Stephan | MTG Horst Essen | 0:48:14 | M45 | 69 | 0:49:17 - | 0:25:13 | 0:23:01 | 1967 |
| 309 | 533 | Weiß Thomas | opta data Abrechnungs Gmb | 0:48:16 | M30 | 46 | 0:48:41 - | 0:24:14 | 0:24:02 | 1985 |
| 310 | 2513 | Kaninski Hanjo | FSV Feuerwehr Düsseldorf | 0:48:16 | M20 | 47 | 0:49:36 - | 0:24:05 | 0:24:11 | 1989 |
| 311 | 492 | Krollig Ronald | EMC Deutschland GmbH | 0:48:17 | M20 | 48 | 0:49:40 - | 0:24:50 | 0:23:27 | 1988 |
| 312 | 1249 | Mertens Michael | Postsport Abteilung Judo | 0:48:21 | M50 | 27 | 0:49:02 - | 0:24:53 | 0:23:28 | 1964 |
| 313 | 62 | Brinkmann Steffen | KGS Bonifatius | 0:48:22 | M35 | 60 | 0:49:50 - | 0:24:00 | 0:24:21 | 1981 |
| 314 | 2104 | Urban Guido | Urbirunner | 0:48:22 | M45 | 70 | 0:48:55 - | 0:24:51 | 0:23:30 | 1969 |
| 315 | 3535 | Severt Bernd | Matthias-Claudius-Grundsc | 0:48:22 | M50 | 28 | 0:49:23 - | 0:24:59 | 0:23:23 | 1966 |
| 316 | 160 | Bartsch Daniel | Vodafone Group Services G0 | 0:48:22 | M20 | 49 | 0:48:49 - | 0:24:10 | 0:24:12 | 1988 |
| 317 | 1351 | Hummel Clemens | *Wuppertal | 0:48:23 | M45 | 71 | 0:48:53 - | 0:24:19 | 0:24:03 | 1970 |
| 318 | 3146 | Quinkert Rudolf | SFD75 Düsseldorf | 0:48:24 | M65 | 3 | 0:48:40 - | 0:24:41 | 0:23:43 | 1949 |
| 319 | 4456 | Labidi Aimen | | 0:48:24 | M30 | 47 | 0:49:07 - | 0:24:50 | 0:23:34 | 1986 |
| 320 | 1646 | Pütter Michel | *Moers | 0:48:25 | M45 | 72 | 0:49:10 - | 0:25:16 | 0:23:08 | 1970 |
| 321 | 763 | Klein Martin | UniCredit Bank AG | 0:48:25 | M20 | 50 | 0:48:46 - | 0:24:06 | 0:24:19 | 1989 |
| 322 | 2326 | Pucknon Björn | WfaA | 0:48:27 | M40 | 39 | 0:49:15 - | 0:24:13 | 0:24:14 | 1974 |
| 323 | 856 | Laukmann Markus | Team ERDINGER Alkoho | 0:48:27 | M35 | 61 | 0:49:36 - | 0:24:15 | 0:24:11 | 1981 |
| 324 | 849 | Bürklen Albert | Düsseldorfer Hypothekenba | 0:48:28 | M35 | 62 | 0:48:56 - | 0:24:48 | 0:23:39 | 1977 |
| 325 | 838 | Lorenz Andreas | BSG Sparda-Bank West | 0:48:28 | M40 | 40 | 0:49:00 - | 0:24:52 | 0:23:36 | 1976 |
| 326 | 3653 | Vöge Jochen | Matthias-Claudius-Grundsc | 0:48:29 | M40 | 41 | 0:48:50 - | 0:24:12 | 0:24:16 | 1972 |
| 327 | 2435 | Kürble Martin | *Düsseldorf | 0:48:30 | M45 | 73 | 0:49:08 - | 0:25:03 | 0:23:26 | 1970 |
| 328 | 4370 | Erdmann Florian | | 0:48:30 | M35 | 63 | 0:48:44 - | 0:24:23 | 0:24:07 | 1980 |
| 329 | 67 | Porzig Christopher | UniCredit Bank AG | 0:48:31 | M20 | 51 | 0:48:51 - | 0:23:53 | 0:24:37 | 1995 |
| 330 | 2851 | Mazath Christoph | BPOLAFZ SWT | 0:48:31 | M35 | 64 | 0:48:48 - | 0:23:38 | 0:24:53 | 1977 |
| 331 | 220 | Weertz Marco | Vodafone Group Services G0 | 0:48:33 | M40 | 42 | 0:49:12 - | 0:25:02 | 0:23:30 | 1973 |
| 332 | 1835 | Nguyen Hoang lam | *düsseldorf | 0:48:34 | M30 | 48 | 0:49:38 - | 0:24:43 | 0:23:51 | 1982 |
| 333 | 4485 | Thiele Thorsten | | 0:48:36 | M40 | 43 | 0:49:40 - | 0:25:11 | 0:23:24 | 1972 |
| 334 | 2722 | Ketterlinus Jürgen | Running Team Grafenberg | 0:48:36 | M50 | 29 | 0:48:53 - | 0:24:03 | 0:24:33 | 1965 |
| 335 | 4389 | Weinekötter Hendrik | | 0:48:37 | M30 | 49 | 0:49:33 - | 0:25:40 | 0:22:56 | 1985 |
| 336 | 169 | Celik Veli | Vodafone Group Services G0 | 0:48:37 | M45 | 74 | 0:49:06 - | 0:24:11 | 0:24:26 | 1970 |
| 337 | 2916 | De Graeve Marcel | Someone please call 911 | 0:48:38 | M35 | 65 | 0:48:46 - | 0:24:08 | 0:24:29 | 1981 |
| 338 | 1318 | Schürmann Simon | *Hamminkeln | 0:48:41 | M20 | 52 | 0:49:54 - | 0:25:30 | 0:23:11 | 1991 |
| 339 | 44 | Rose Bernd | GERSTEL GmbH&Co.KG | 0:48:41 | M50 | 30 | 0:49:51 - | 0:24:37 | 0:24:03 | 1963 |
| 340 | 116 | Buchkremer Marcus | TCC | 0:48:43 | M50 | 31 | 0:48:50 - | 0:24:30 | 0:24:12 | 1964 |
| 341 | 1945 | Spoerlein Stefankai | Turboschnecken Rhein-Ruh | 0:48:46 | M40 | 44 | 0:49:08 - | 0:24:09 | 0:24:37 | 1974 |
| 342 | 1353 | Tiede Bastian | Kenia Reserve | 0:48:48 | M20 | 53 | 0:49:08 - | 0:24:23 | 0:24:25 | 1989 |
| 343 | 3433 | Wasielewsky Martin | KGS Niederkassel | 0:48:50 | M40 | 45 | 0:49:05 - | 0:24:21 | 0:24:28 | 1976 |
| 344 | 2903 | Kubjena Philip | *Düsseldorf | 0:48:50 | M20 | 54 | 0:49:01 - | 0:23:47 | 0:25:03 | 1987 |
| 345 | 180 | Foest Andreas | Vodafone Group Services G0 | 0:48:51 | M30 | 50 | 0:49:19 - | 0:24:50 | 0:24:00 | 1983 |
| 346 | 2400 | Amft Stefan | *Neuss | 0:48:52 | M40 | 46 | 0:50:32 - | 0:24:56 | 0:23:56 | 1972 |
| 347 | 2212 | Verkaart Rene | *Düsseldorf | 0:48:52 | M45 | 75 | 0:50:00 - | 0:25:02 | 0:23:49 | 1970 |
| 348 | 2406 | Hernández Ramos Dr. Pa | *Düsseldorf | 0:48:53 | M30 | 51 | 0:49:08 - | 0:26:25 | 0:22:28 | 1985 |
| 349 | 1113 | Eichstädt Johannes | TSG Benrath | 0:48:56 | M30 | 52 | 0:49:17 - | 0:24:32 | 0:24:24 | 1983 |
| 350 | 497 | Blaesig Boris | E.ON Inhouse Consulting G0 | 0:48:56 | M35 | 66 | 0:49:34 - | 0:24:31 | 0:24:25 | 1977 |
| 351 | 2259 | Durst André | *Krefeld | 0:49:00 | M30 | 53 | 0:49:08 - | 0:24:05 | 0:24:54 | 1985 |
| 352 | 4262 | Kux Robert | Martin-Luther-Schule | 0:49:00 | M40 | 47 | 0:49:39 - | 0:25:07 | 0:23:53 | 1976 |
| 353 | 3225 | Speier Niklas | Palliativnetzwerk | 0:49:01 | MU18 | 1 | 0:49:39 - | 0:24:50 | 0:24:11 | 1999 |
| 354 | 2063 | Bonse Sebastian | *Düsseldorf | 0:49:01 | M35 | 67 | 0:50:12 - | 0:25:32 | 0:23:29 | 1980 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

gedruckt 18.04.2016 00:08:36

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|--------------------------|--------------------------|---------|------|--------|-------------------|---------|---------|----------|
| 355 | 1067 | Wentzel Christian | *Zülpich | 0:49:02 | M30 | 54 | 0:49:12 - 0:24:47 | 0:24:15 | | 1983 |
| 356 | 491 | Philipp Carsten | EMC Deutschland GmbH | 0:49:02 | M20 | 55 | 0:50:25 - 0:24:50 | 0:24:12 | | 1987 |
| 357 | 1889 | Röher Fabian | *Leverkusen | 0:49:03 | M30 | 55 | 0:50:07 - 0:25:15 | 0:23:47 | | 1984 |
| 358 | 2038 | Hübschen Dr. Nikolas | *Düsseldorf | 0:49:04 | M40 | 48 | 0:49:41 - 0:24:42 | 0:24:21 | | 1974 |
| 359 | 2111 | De Werth Oliver | *Düsseldorf | 0:49:04 | M55 | 15 | 0:49:31 - 0:24:39 | 0:24:25 | | 1961 |
| 360 | 3294 | Kliemt Christopher | Oberkassel Running Mates | 0:49:07 | M50 | 32 | 0:49:11 - 0:24:38 | 0:24:28 | | 1964 |
| 361 | 4212 | Sale Said | Martin-Luther-Schule | 0:49:07 | M20 | 56 | 0:49:58 - 0:25:58 | 0:23:09 | | 1993 |
| 362 | 4573 | Hafenrichter Erwin | ASC Ratingen West | 0:49:07 | M50 | 33 | 0:49:39 - 0:24:45 | 0:24:22 | | 1966 |
| 363 | 2860 | Peters Patrick | KKL GmbH | 0:49:08 | M35 | 68 | 0:50:04 - 0:24:51 | 0:24:16 | | 1981 |
| 364 | 2861 | Kohmann Andreas | KKL GmbH | 0:49:08 | M50 | 34 | 0:50:05 - 0:24:49 | 0:24:18 | | 1966 |
| 365 | 858 | Pastoor Daniel | Team ERDINGER Alkoho | 0:49:08 | M30 | 56 | 0:50:20 - 0:25:46 | 0:23:22 | | 1984 |
| 366 | 827 | Schultz Dennis | BSG Sparda-Bank West | 0:49:09 | M20 | 57 | 0:49:35 - 0:24:48 | 0:24:21 | | 1990 |
| 367 | 828 | Dickes Michael | BSG Sparda-Bank West | 0:49:10 | M40 | 49 | 0:49:35 - 0:24:40 | 0:24:29 | | 1972 |
| 368 | 1619 | Münck Rüdiger | *Dortmund | 0:49:13 | M20 | 58 | 0:50:32 - 0:25:31 | 0:23:41 | | 1990 |
| 369 | 1816 | Schwepper Max | *Köln | 0:49:13 | M30 | 57 | 0:49:48 - 0:24:32 | 0:24:40 | | 1985 |
| 370 | 2060 | Löwer Thomas | *Düsseldorf | 0:49:13 | M35 | 69 | 0:49:47 - 0:24:21 | 0:24:52 | | 1977 |
| 371 | 1068 | Kirchhoff Dennis | *Düsseldorf | 0:49:13 | M30 | 58 | 0:49:22 - 0:24:50 | 0:24:23 | | 1985 |
| 372 | 2178 | Oesterreich Lorenz | *Düsseldorf | 0:49:14 | M40 | 50 | 0:49:36 - 0:24:22 | 0:24:51 | | 1974 |
| 373 | 2044 | Demmer Frank | *Düsseldorf | 0:49:16 | M40 | 51 | 0:49:42 - 0:24:40 | 0:24:35 | | 1974 |
| 374 | 1354 | Wachs Daniel | Kenia Reserve | 0:49:17 | M20 | 59 | 0:49:36 - 0:24:37 | 0:24:39 | | 1988 |
| 375 | 209 | Schlimme Mario | Vodafone Group Services | 0:49:17 | M45 | 76 | 0:49:22 - 0:24:48 | 0:24:29 | | 1968 |
| 376 | 495 | Ebert Hendrik | EMC Deutschland GmbH | 0:49:20 | M30 | 59 | 0:50:43 - 0:24:51 | 0:24:29 | | 1983 |
| 377 | 1798 | Oelgemöller Heiko | *Düsseldorf | 0:49:20 | M35 | 70 | 0:49:55 - 0:24:32 | 0:24:47 | | 1980 |
| 378 | 198 | Mai Kim Thanh | Vodafone Group Services | 0:49:22 | M40 | 52 | 0:49:37 - 0:24:26 | 0:24:56 | | 1972 |
| 379 | 1792 | De Graat Albrecht | Running Team Grafenberg | 0:49:23 | M50 | 35 | 0:50:08 - 0:24:34 | 0:24:48 | | 1962 |
| 380 | 1702 | Kantehm Rene | *Isselburg | 0:49:24 | M40 | 53 | 0:49:48 - 0:25:11 | 0:24:13 | | 1975 |
| 381 | 2528 | Cafolla ALFONSO | *DUSSELDORF | 0:49:24 | M40 | 54 | 0:49:57 - 0:24:58 | 0:24:26 | | 1973 |
| 382 | 118 | Bacher Patrick | TCC | 0:49:25 | M40 | 55 | 0:49:32 - 0:24:19 | 0:25:05 | | 1976 |
| 383 | 3066 | Hutfless Philipp | *Düsseldorf | 0:49:25 | M20 | 60 | 0:49:51 - 0:24:43 | 0:24:41 | | 1988 |
| 384 | 2652 | Schneider Heiko | KGS Fleher Straße | 0:49:25 | M45 | 77 | 0:49:58 - 0:24:56 | 0:24:29 | | 1969 |
| 385 | 2252 | Nuernberger René | Martin-Luther-Schule | 0:49:28 | M40 | 56 | 0:50:43 - 0:26:10 | 0:23:18 | | 1972 |
| 386 | 2198 | Janssen Till | *Köln | 0:49:29 | M20 | 61 | 0:49:43 - 0:24:14 | 0:25:14 | | 1990 |
| 387 | 2023 | Kubczak Dr. Christian | *Oberhausen | 0:49:30 | M35 | 71 | 0:49:56 - 0:24:41 | 0:24:48 | | 1978 |
| 388 | 1956 | Polster Thomas | SuS Bertlich | 0:49:30 | M50 | 36 | 0:50:14 - 0:25:13 | 0:24:17 | | 1964 |
| 389 | 2238 | Pütz Michael | *Neuss | 0:49:30 | M45 | 78 | 0:49:37 - 0:24:42 | 0:24:48 | | 1970 |
| 390 | 1524 | Topp Ulf | *Waltrop | 0:49:32 | M30 | 60 | 0:50:38 - 0:25:52 | 0:23:39 | | 1982 |
| 391 | 4596 | Wüst Hans Werner | *Köln | 0:49:35 | M65 | 4 | 0:49:47 - 0:24:50 | 0:24:44 | | 1950 |
| 392 | 1547 | Lueg Philipp | *Waltrop | 0:49:36 | M20 | 62 | 0:50:40 - 0:25:45 | 0:23:50 | | 1988 |
| 393 | 225 | Kehlbreier Robert | Capita West GmbH | 0:49:37 | M35 | 72 | 0:50:46 - 0:25:35 | 0:24:02 | | 1981 |
| 394 | 4320 | Walter Roman | | 0:49:38 | M35 | 73 | 0:50:52 - 0:24:55 | 0:24:42 | | 1979 |
| 395 | 1421 | Saitta Calogero | Sg.stern Düsseldorf | 0:49:39 | M60 | 9 | 0:50:52 - 0:24:55 | 0:24:43 | | 1956 |
| 396 | 3224 | Speier Thomas | Palliativnetzwerk | 0:49:40 | M45 | 79 | 0:50:18 - 0:24:50 | 0:24:49 | | 1971 |
| 397 | 1512 | Ortmann Leon | Langenberg | 0:49:42 | MU20 | 2 | 0:50:45 - 0:25:25 | 0:24:16 | | 1997 |
| 398 | 2859 | Wiedemann Dierk | UB Dierk Wiedemann | 0:49:42 | M45 | 80 | 0:49:54 - 0:24:19 | 0:25:22 | | 1970 |
| 399 | 2345 | Sperber Roland | *Düsseldorf | 0:49:43 | M40 | 57 | 0:50:38 - 0:25:13 | 0:24:29 | | 1972 |
| 400 | 1449 | Horn Dirk | RG Gerresheim | 0:49:44 | M20 | 63 | 0:50:15 - 0:25:19 | 0:24:24 | | 1995 |
| 401 | 1448 | Hallen Michael | RG Gerresheim | 0:49:45 | M20 | 64 | 0:50:15 - 0:25:20 | 0:24:24 | | 1995 |
| 402 | 1298 | Düsterhus Andre | SG Deutsche Bank eV | 0:49:45 | M35 | 74 | 0:50:04 - 0:24:34 | 0:25:10 | | 1977 |
| 403 | 2181 | Pilarczyk Paul | Pink Panther 1-3 | 0:49:45 | M50 | 37 | 0:50:24 - 0:25:06 | 0:24:38 | | 1966 |
| 404 | 1797 | Harries-Lehmann Dr. Detl | *Dörverden | 0:49:45 | M45 | 81 | 0:50:53 - 0:25:52 | 0:23:53 | | 1969 |
| 405 | 2094 | Bull Dr. Alexander | *Hagen | 0:49:46 | M30 | 61 | 0:50:10 - 0:25:25 | 0:24:21 | | 1983 |
| 406 | 3021 | Jakob Detlef | *Langenfeld | 0:49:46 | M55 | 16 | 0:50:08 - 0:25:04 | 0:24:42 | | 1960 |
| 407 | 1559 | Haas Tim | Die Laufburschen | 0:49:47 | MU18 | 2 | 0:50:00 - 0:24:59 | 0:24:47 | | 2002 |
| 408 | 1558 | Haas Markus | Die Laufburschen | 0:49:49 | M45 | 82 | 0:50:03 - 0:24:59 | 0:24:50 | | 1968 |
| 409 | 1381 | Hönen Andre | *Wuppertal | 0:49:52 | M40 | 58 | 0:49:59 - 0:24:17 | 0:25:35 | | 1972 |
| 410 | 4384 | Schoer Bernd | Willicher TV | 0:49:53 | M40 | 59 | 0:50:53 - 0:25:51 | 0:24:01 | | 1975 |
| 411 | 3073 | Hölzen Martin | *Düsseldorf | 0:49:53 | M20 | 65 | 0:50:53 - 0:27:18 | 0:22:35 | | 1987 |
| 412 | 1636 | Spitzer Patrick | *Düsseldorf | 0:49:54 | M40 | 60 | 0:50:27 - 0:24:42 | 0:25:12 | | 1974 |
| 413 | 2504 | Gollin Dirk | Team ERDINGER Alkoho | 0:49:54 | M45 | 83 | 0:50:47 - 0:25:50 | 0:24:04 | | 1968 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

gedruckt 18.04.2016 00:08:36

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------|---------------------------|---------|-----|--------|------------|---------|---------|----------|
| 414 | 2625 | Schäfer Sören | KGS Fleher Straße | 0:49:56 | M20 | 66 | 0:50:14 - | 0:25:48 | 0:24:07 | 1988 |
| 415 | 4173 | Kuhn Michael | Martin-Luther-Schule | 0:49:57 | M45 | 84 | 0:50:21 - | 0:23:52 | 0:26:04 | 1967 |
| 416 | 2568 | Ralf Polte | *Haan | 0:49:59 | M55 | 17 | 0:50:12 - | 0:24:35 | 0:25:23 | 1959 |
| 417 | 2522 | Kamp Nicholas | *Düsseldorf | 0:50:02 | M35 | 75 | 0:51:03 - | 0:25:57 | 0:24:05 | 1977 |
| 418 | 1916 | Karnchanapermpoldee Ro | *Willich | 0:50:07 | M40 | 61 | 0:50:46 - | 0:24:44 | 0:25:22 | 1973 |
| 419 | 1349 | Longworth Kevin | IHS | 0:50:07 | M35 | 76 | 0:50:41 - | 0:25:17 | 0:24:49 | 1977 |
| 420 | 161 | Almeida Antonio Paulo | Vodafone Group Services G | 0:50:07 | M45 | 85 | 0:50:25 - | 0:25:29 | 0:24:38 | 1969 |
| 421 | 2367 | Korf Andreas | *Düsseldorf | 0:50:09 | M45 | 86 | 0:51:19 - | 0:26:20 | 0:23:49 | 1970 |
| 422 | 2251 | Neumann Michael | Martin-Luther-Schule | 0:50:10 | M40 | 62 | 0:51:25 - | 0:26:10 | 0:23:59 | 1973 |
| 423 | 2075 | Hoven Alexander | *Düsseldorf | 0:50:10 | M20 | 67 | 0:50:25 - | 0:24:40 | 0:25:29 | 1990 |
| 424 | 1595 | Hey Mathias | *Velbert | 0:50:11 | M30 | 62 | 0:50:51 - | 0:25:00 | 0:25:11 | 1986 |
| 425 | 2092 | Hönekopp Thomas | Düsselhoppers | 0:50:11 | M55 | 18 | 0:51:02 - | 0:24:56 | 0:25:14 | 1959 |
| 426 | 127 | Wild Michael H. | WTS Steuerberatungsges | 0:50:12 | M50 | 38 | 0:50:26 - | 0:25:01 | 0:25:10 | 1964 |
| 427 | 4321 | Heidenreich Günter | *Düsseldorf | 0:50:12 | M55 | 19 | 0:51:29 - | 0:25:45 | 0:24:26 | 1961 |
| 428 | 4433 | Tsotsalas Simon | LG Tsotsalas 07 | 0:50:12 | M30 | 63 | 0:51:40 - | 0:26:38 | 0:23:33 | 1984 |
| 429 | 1690 | Kaisers Dr. Albrecht | Langsamlaufverweigerer | 0:50:16 | M60 | 10 | 0:50:53 - | 0:25:02 | 0:25:14 | 1956 |
| 430 | 1634 | Oelschläger Michael | *Düsseldorf | 0:50:18 | M60 | 11 | 0:50:55 - | 0:25:01 | 0:25:17 | 1955 |
| 431 | 781 | Waldorf Sven | BSG Sparda-Bank West | 0:50:22 | M20 | 68 | 0:50:26 - | 0:24:51 | 0:25:30 | 1996 |
| 432 | 2145 | Flommersfeld Torsten | *Düsseldorf | 0:50:22 | M45 | 87 | 0:51:37 - | 0:26:10 | 0:24:12 | 1967 |
| 433 | 1812 | Worst Philipp | *Düsseldorf | 0:50:22 | M20 | 69 | 0:51:09 - | 0:25:28 | 0:24:53 | 1990 |
| 434 | 4475 | Garz Rolf | | 0:50:23 | M45 | 88 | 0:52:14 - | 0:25:12 | 0:25:11 | 1971 |
| 435 | 4481 | Schulte Markus | Marathon Soest | 0:50:24 | M45 | 89 | 0:50:34 - | 0:25:12 | 0:25:11 | 1967 |
| 436 | 1902 | Mendritzki Klaus | Berlin, überlege noch | 0:50:25 | M55 | 20 | 0:51:02 - | 0:26:08 | 0:24:17 | 1960 |
| 437 | 4483 | Mohr Ben | | 0:50:27 | M35 | 77 | 0:50:54 - | 0:25:39 | 0:24:47 | 1978 |
| 438 | 168 | Morsy Sharif | Vodafone Group Services G | 0:50:29 | M30 | 64 | 0:50:29 - | 0:24:16 | 0:26:12 | 1984 |
| 438 | 4546 | Dolzani Francesco | *Düsseldorf | 0:50:29 | M20 | 70 | 0:50:29 - | 0:24:47 | 0:25:41 | 1990 |
| 440 | 1387 | Sinning Martin | *Düsseldorf | 0:50:30 | M45 | 90 | 0:50:41 - | 0:24:30 | 0:25:59 | 1967 |
| 441 | 1939 | Reisch Philipp | *Grevenbroich | 0:50:30 | M35 | 78 | 0:51:39 - | 0:25:57 | 0:24:33 | 1977 |
| 442 | 2799 | Urbanke Claus | KGS Essener Straße | 0:50:33 | M40 | 63 | 0:51:19 - | 0:26:29 | 0:24:04 | 1975 |
| 443 | 4578 | Gavrilov Andrei | *Düsseldorf | 0:50:33 | M45 | 91 | 0:50:48 - | 0:25:43 | 0:24:50 | 1970 |
| 444 | 2795 | Klose Christoph | KGS Essener Straße | 0:50:33 | M45 | 92 | 0:51:19 - | 0:26:29 | 0:24:04 | 1969 |
| 445 | 2796 | Baumgart Jost | KGS Essener Straße | 0:50:33 | M40 | 64 | 0:51:19 - | 0:26:30 | 0:24:03 | 1973 |
| 446 | 1173 | Tanaka Hans Jörg | TEAM TANAKA | 0:50:33 | M50 | 39 | 0:50:47 - | 0:25:33 | 0:25:00 | 1966 |
| 447 | 1618 | Bilstein Georg | *Dortmund | 0:50:34 | M20 | 71 | 0:51:47 - | 0:26:49 | 0:23:44 | 1989 |
| 448 | 514 | Oden Tobias | E.ON Inhouse Consulting G | 0:50:34 | M35 | 79 | 0:51:11 - | 0:25:41 | 0:24:53 | 1979 |
| 449 | 1401 | Daners Tobias | *Düsseldorf | 0:50:35 | M30 | 65 | 0:51:49 - | 0:26:36 | 0:23:58 | 1983 |
| 450 | 4371 | Spangenberg Frank | | 0:50:35 | M30 | 66 | 0:50:42 - | 0:25:38 | 0:24:56 | 1982 |
| 451 | 4386 | Caspers Udo | | 0:50:36 | M45 | 93 | 0:50:48 - | 0:25:15 | 0:25:21 | 1968 |
| 452 | 1307 | Lülsdorf Thomas | Geparden | 0:50:39 | M50 | 40 | 0:51:30 - | 0:25:16 | 0:25:23 | 1963 |
| 453 | 1425 | Kaminski Christoph | *Düsseldorf | 0:50:40 | M30 | 67 | 0:51:45 - | 0:25:53 | 0:24:46 | 1982 |
| 453 | 1814 | Götz Volker | TG Neuss | 0:50:40 | M55 | 21 | 0:51:06 - | 0:25:19 | 0:25:20 | 1959 |
| 455 | 1852 | Koths Martin | *Duisburg | 0:50:40 | M50 | 41 | 0:51:13 - | 0:25:50 | 0:24:50 | 1964 |
| 456 | 1404 | Meissler Gerrit | Fortuna Düsseldorf 1895 T | 0:50:41 | M20 | 72 | 0:51:09 - | 0:25:48 | 0:24:53 | 1987 |
| 457 | 1335 | Severin Jens | Heidschnucken Ohligs | 0:50:41 | M40 | 65 | 0:51:31 - | 0:25:14 | 0:25:26 | 1972 |
| 458 | 2302 | Weyler Thomas | *Duisburg | 0:50:43 | M40 | 66 | 0:51:42 - | 0:24:56 | 0:25:46 | 1973 |
| 459 | 1373 | Trölltsch Sven | *Düsseldorf | 0:50:46 | M40 | 67 | 0:51:11 - | 0:24:55 | 0:25:51 | 1974 |
| 460 | 2282 | Müller Sebastian | *Langenfeld | 0:50:47 | M30 | 68 | 0:50:58 - | 0:25:22 | 0:25:25 | 1984 |
| 461 | 37 | Garbe-Immel Jan | GERSTEL GmbH&Co.KG | 0:50:47 | M45 | 94 | 0:51:56 - | 0:25:39 | 0:25:08 | 1968 |
| 462 | 1701 | Rolsing Oleg | *Düsseldorf | 0:50:49 | M40 | 68 | 0:51:18 - | 0:24:28 | 0:26:20 | 1974 |
| 463 | 188 | Heine Dirk | Vodafone Group Services G | 0:50:49 | M40 | 69 | 0:50:56 - | 0:24:31 | 0:26:18 | 1974 |
| 464 | 2862 | Punjabi Stephan | TC Menden | 0:50:49 | M50 | 42 | 0:50:56 - | 0:24:30 | 0:26:19 | 1965 |
| 465 | 1395 | Exner Marcel | *Ratingen | 0:50:50 | M35 | 80 | 0:52:07 - | 0:25:25 | 0:25:25 | 1981 |
| 466 | 2365 | Hunstiger Heinrich | *Düsseldorf | 0:50:52 | M45 | 95 | 0:51:42 - | 0:24:58 | 0:25:54 | 1967 |
| 467 | 2338 | Schlag Christian | Flederigelmuth | 0:50:52 | M35 | 81 | 0:51:07 - | 0:25:53 | 0:24:58 | 1979 |
| 468 | 3166 | Kielmann Roland | Polizei Düsseldorf | 0:50:53 | M50 | 43 | 0:51:14 - | 0:25:08 | 0:25:44 | 1965 |
| 469 | 2580 | Kremer Sergej | *Düsseldorf | 0:50:53 | M20 | 73 | 0:51:31 - | 0:26:10 | 0:24:43 | 1987 |
| 470 | 3055 | Gorny Mario | *Düsseldorf | 0:50:56 | M45 | 96 | 0:52:17 - | 0:26:47 | 0:24:08 | 1970 |
| 471 | 2466 | Böhme Thomas | *Düsseldorf | 0:50:56 | M50 | 44 | 0:51:01 - | 0:25:19 | 0:25:37 | 1965 |
| 472 | 2237 | Siemes Peter | *Neuss | 0:50:59 | M45 | 97 | 0:51:03 - | 0:24:45 | 0:26:14 | 1970 |

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Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|--------------------------|---------------------------|---------|------|--------|-------------------|---------|---------|----------|
| 473 | 829 | Becker Michael | BSG Sparda-Bank West | 0:51:00 | M40 | 70 | 0:52:04 - 0:26:48 | 0:24:12 | | 1972 |
| 474 | 2914 | Müntens Sascha | *Viersen | 0:51:02 | M20 | 74 | 0:51:16 - 0:25:34 | 0:25:28 | | 1994 |
| 475 | 1379 | Akutsu Daigo | *Meerbusch | 0:51:04 | M35 | 82 | 0:52:07 - 0:26:31 | 0:24:33 | | 1977 |
| 476 | 1148 | Hartmann Karl | *Erding | 0:51:05 | M55 | 22 | 0:51:17 - 0:25:17 | 0:25:48 | | 1959 |
| 477 | 2516 | Le Coent Nicolas | *Düsseldorf | 0:51:06 | M35 | 83 | 0:51:17 - 0:25:54 | 0:25:11 | | 1977 |
| 478 | 1198 | Nelson Joel | *Monheim am Rhein | 0:51:08 | M20 | 75 | 0:52:33 - 0:25:52 | 0:25:15 | | 1994 |
| 479 | 1670 | Bauermeister Marcus | *Düsseldorf | 0:51:08 | M40 | 71 | 0:51:57 - 0:25:51 | 0:25:16 | | 1973 |
| 480 | 502 | Felske Dominik | E.ON Inhouse Consulting G | 0:51:09 | M30 | 69 | 0:52:20 - 0:26:16 | 0:24:52 | | 1985 |
| 481 | 2273 | Holzapfel Dirk | *Essen | 0:51:09 | M50 | 45 | 0:51:42 - 0:25:48 | 0:25:20 | | 1965 |
| 482 | 2923 | Alhnafi Ahmad | *Düsseldorf | 0:51:09 | M20 | 76 | 0:52:10 - 0:26:39 | 0:24:30 | | 1988 |
| 483 | 2308 | Weiler Thomas | Mitsui Chemicals Europe G | 0:51:10 | M50 | 46 | 0:51:58 - 0:25:38 | 0:25:32 | | 1965 |
| 484 | 826 | Meissner Jörn | BSG Sparda-Bank West | 0:51:13 | M35 | 84 | 0:52:25 - 0:25:45 | 0:25:27 | | 1981 |
| 485 | 986 | Herbertz Ralf | E-Plus Mobilfunk GmbH | 0:51:15 | M50 | 47 | 0:52:15 - 0:25:41 | 0:25:33 | | 1962 |
| 486 | 1601 | Brongkoll Jens | *Düsseldorf | 0:51:16 | M35 | 85 | 0:52:02 - 0:25:50 | 0:25:26 | | 1978 |
| 487 | 2910 | Stubbe Maik | Sprachschule MANABI | 0:51:16 | M20 | 77 | 0:51:39 - 0:25:47 | 0:25:29 | | 1995 |
| 488 | 1779 | Bebber Jörg | Die coolste RT-WG | 0:51:17 | M50 | 48 | 0:51:40 - 0:26:03 | 0:25:13 | | 1965 |
| 489 | 1632 | Oliveira Marcelo | ERGO | 0:51:17 | M40 | 72 | 0:51:59 - 0:25:53 | 0:25:24 | | 1975 |
| 490 | 1959 | Chan Hon | *Düsseldorf | 0:51:18 | M35 | 86 | 0:51:56 - 0:25:15 | 0:26:02 | | 1978 |
| 491 | 3033 | Kuchelmeister Wolfram | SC Delligsen | 0:51:18 | M50 | 49 | 0:52:27 - 0:25:49 | 0:25:29 | | 1965 |
| 492 | 1051 | Peters Markus | *Düsseldorf | 0:51:20 | M40 | 73 | 0:52:03 - 0:26:28 | 0:24:51 | | 1976 |
| 493 | 1182 | Graebel Gunther | Crepe & Baguette Duisburg | 0:51:20 | M60 | 12 | 0:51:38 - 0:25:04 | 0:26:16 | | 1953 |
| 494 | 2924 | Hanf Achim | Running Team Grafenberg | 0:51:21 | M50 | 50 | 0:51:24 - 0:25:11 | 0:26:10 | | 1963 |
| 495 | 1408 | Hufnagel Norbert | *Beckum | 0:51:21 | M50 | 51 | 0:51:34 - 0:25:27 | 0:25:53 | | 1964 |
| 496 | 2865 | Eger Christian | Brandschutzbüro Eger | 0:51:22 | M30 | 70 | 0:52:48 - 0:26:04 | 0:25:18 | | 1986 |
| 497 | 850 | Wiesemann Horst | Düsseldorfer Hypothekenba | 0:51:23 | M55 | 23 | 0:51:51 - 0:26:31 | 0:24:52 | | 1959 |
| 498 | 2717 | Kofoet Michael | Running Team Grafenberg | 0:51:25 | M40 | 74 | 0:52:16 - 0:25:18 | 0:26:06 | | 1974 |
| 499 | 1691 | Winkel Jost | SchwannVerlag | 0:51:25 | M40 | 75 | 0:51:59 - 0:24:39 | 0:26:45 | | 1976 |
| 500 | 2706 | Kroner Markus | Running Team Grafenberg | 0:51:25 | M50 | 52 | 0:52:17 - 0:25:19 | 0:26:05 | | 1963 |
| 501 | 1647 | Sasse Dr. Marc | *Düsseldorf | 0:51:27 | M45 | 98 | 0:52:08 - 0:25:53 | 0:25:33 | | 1970 |
| 501 | 877 | Rockel Thomas | KGS Fleher Straße | 0:51:27 | M40 | 76 | 0:51:39 - 0:26:04 | 0:25:22 | | 1973 |
| 503 | 1917 | Secen Silvio | *Leverkusen | 0:51:29 | M35 | 87 | 0:51:53 - 0:26:39 | 0:24:49 | | 1981 |
| 504 | 2974 | Zucher Mirko | *Meerbusch | 0:51:29 | M35 | 88 | 0:51:47 - 0:25:25 | 0:26:04 | | 1977 |
| 505 | 1851 | Müssig Martin | *Hilden | 0:51:30 | M40 | 77 | 0:52:48 - 0:26:15 | 0:25:14 | | 1975 |
| 506 | 1212 | Wunden Harald | *Krefeld | 0:51:31 | M45 | 99 | 0:51:37 - 0:24:45 | 0:26:46 | | 1968 |
| 507 | 2881 | Böllhoff Felix | *Velbert | 0:51:32 | M20 | 78 | 0:52:23 - 0:26:35 | 0:24:57 | | 1989 |
| 508 | 1771 | Keulen Till | *Düsseldorf | 0:51:33 | M40 | 78 | 0:52:07 - 0:25:53 | 0:25:40 | | 1975 |
| 509 | 3598 | Krassowski Joachim | Matthias-Claudius-Grundsc | 0:51:35 | M45 | 100 | 0:52:06 - 0:26:36 | 0:24:58 | | 1967 |
| 510 | 2507 | Ruda Christian | FSV Feuerwehr Düsseldorf | 0:51:35 | M35 | 89 | 0:52:55 - 0:25:25 | 0:26:10 | | 1979 |
| 511 | 1612 | Stachowitz Volker | *Essen | 0:51:37 | M35 | 90 | 0:52:52 - 0:27:24 | 0:24:13 | | 1981 |
| 512 | 1337 | Eikermann Christian | *Düsseldorf | 0:51:39 | M40 | 79 | 0:52:08 - 0:25:36 | 0:26:03 | | 1974 |
| 513 | 3629 | Zurborn Jost | Matthias-Claudius-Grundsc | 0:51:42 | M45 | 101 | 0:52:37 - 0:26:16 | 0:25:25 | | 1970 |
| 514 | 1602 | Behr Joshua | *Düsseldorf | 0:51:43 | MU18 | 3 | 0:52:29 - 0:26:34 | 0:25:09 | | 1999 |
| 515 | 4357 | König Bastian | | 0:51:45 | M30 | 71 | 0:53:10 - 0:25:30 | 0:26:14 | | 1985 |
| 516 | 3018 | Friend Alan | OSC Waldniel | 0:51:47 | M70 | 1 | 0:52:18 - 0:26:07 | 0:25:40 | | 1946 |
| 517 | 2045 | Harkenbusch Prof. Dr. To | *Kürnach | 0:51:50 | M30 | 72 | 0:52:16 - 0:25:14 | 0:26:35 | | 1982 |
| 518 | 179 | Fleischer Alexander | Vodafone Group Services G | 0:51:52 | M20 | 79 | 0:52:20 - 0:25:36 | 0:26:16 | | 1987 |
| 519 | 3671 | Schmidt Thorsten | Matthias-Claudius-Grundsc | 0:51:53 | M40 | 80 | 0:52:13 - 0:26:05 | 0:25:47 | | 1972 |
| 520 | 173 | Dawwas Yousef | Vodafone Group Services G | 0:51:55 | M40 | 81 | 0:52:02 - 0:25:50 | 0:26:05 | | 1972 |
| 521 | 1606 | Knipper Klaus | *Düsseldorf | 0:51:55 | M50 | 53 | 0:51:59 - 0:25:52 | 0:26:03 | | 1965 |
| 522 | 1424 | Hauch Holger | LG Euregio eV | 0:51:55 | M55 | 24 | 0:53:11 - 0:26:00 | 0:25:55 | | 1960 |
| 523 | 489 | Rasche Kevin | *Düsseldorf | 0:51:59 | M20 | 80 | 0:52:04 - 0:25:23 | 0:26:35 | | 1990 |
| 524 | 4101 | Picchi David | | 0:52:00 | M35 | 91 | 0:52:29 - 0:26:20 | 0:25:40 | | 1980 |
| 525 | 335 | Diallo Algassimou | KiPa-cash-4-kids | 0:52:01 | M35 | 92 | 0:52:05 - 0:25:25 | 0:26:36 | | 1980 |
| 526 | 2524 | Goerdeler Daniel | *Düsseldorf | 0:52:01 | M35 | 93 | 0:52:21 - 0:25:55 | 0:26:06 | | 1979 |
| 527 | 2852 | Beining Sebastian | *Düsseldorf | 0:52:02 | M30 | 73 | 0:53:24 - 0:27:06 | 0:24:55 | | 1985 |
| 528 | 4419 | Lemmers Frederik | | 0:52:03 | M30 | 74 | 0:53:19 - 0:26:34 | 0:25:29 | | 1984 |
| 529 | 2066 | Bursy Torsten | *Düsseldorf | 0:52:04 | M30 | 75 | 0:52:59 - 0:27:37 | 0:24:26 | | 1982 |
| 530 | 164 | Behnke Steffen | Vodafone Group Services G | 0:52:04 | M40 | 82 | 0:52:32 - 0:25:41 | 0:26:23 | | 1975 |
| 531 | 3160 | Friedrichs Christian | Polizei Düsseldorf | 0:52:04 | M20 | 81 | 0:52:25 - 0:26:28 | 0:25:36 | | 1989 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|----------------------|-----------------------------|---------|-----|--------|------------|---------|---------|----------|
| 532 | 4352 | Chretien Rodrique | Freie Schwimmer Düsseldorf | 0:52:05 | M40 | 83 | 0:53:37 | 0:27:13 | 0:24:52 | 1972 |
| 533 | 2115 | Bartel Thomas | *Düsseldorf | 0:52:07 | M50 | 54 | 0:52:33 | 0:25:07 | 0:26:59 | 1963 |
| 534 | 2964 | Hesse Peter | *Herne | 0:52:07 | M50 | 55 | 0:52:42 | 0:26:02 | 0:26:05 | 1963 |
| 535 | 3280 | Larssen Julian | *Düsseldorf | 0:52:08 | M20 | 82 | 0:52:35 | 0:24:56 | 0:27:12 | 1987 |
| 536 | 2521 | Neubauer Stefan | Düsseldorfer Turnverein | 0:52:09 | M50 | 56 | 0:52:43 | 0:26:41 | 0:25:27 | 1966 |
| 537 | 4393 | Cuitkovic Goran | | 0:52:11 | M40 | 84 | 0:53:06 | 0:27:38 | 0:24:32 | 1975 |
| 538 | 177 | Emmanouilidis Ermis | Vodafone Group Services G0 | 0:52:11 | M40 | 85 | 0:52:36 | 0:25:22 | 0:26:49 | 1974 |
| 539 | 55 | Peter Kevin | Jungpro | 0:52:11 | M20 | 83 | 0:53:14 | 0:27:36 | 0:24:35 | 1989 |
| 540 | 4327 | Kommerasch Markus | Running Team Grafenberg | 0:52:12 | M30 | 76 | 0:53:00 | 0:26:44 | 0:25:27 | 1982 |
| 541 | 1642 | Bieidng Christian | Hailes faule Hasen | 0:52:13 | M20 | 84 | 0:53:15 | 0:27:05 | 0:25:07 | 1990 |
| 542 | 2132 | Wachendorf Ansgar | *Meerbusch | 0:52:13 | M55 | 25 | 0:53:03 | 0:26:32 | 0:25:41 | 1961 |
| 543 | 3008 | Alewelt Christian | *Wuppertal | 0:52:13 | M35 | 94 | 0:52:22 | 0:25:42 | 0:26:31 | 1978 |
| 544 | 2300 | Minkley Dirk | *Düsseldorf | 0:52:13 | M40 | 86 | 0:52:50 | 0:25:49 | 0:26:24 | 1973 |
| 545 | 1629 | Schenke Gerald | *Düsseldorf | 0:52:14 | M30 | 77 | 0:52:43 | 0:26:21 | 0:25:52 | 1982 |
| 546 | 2548 | Schmitz-Weiss Philip | *Düsseldorf | 0:52:15 | M30 | 78 | 0:53:22 | 0:25:37 | 0:26:37 | 1984 |
| 547 | 204 | Pelzer Frank | Vodafone Group Services G0 | 0:52:16 | M40 | 87 | 0:52:45 | 0:26:50 | 0:25:26 | 1972 |
| 548 | 1521 | Förster Lars | *Essen | 0:52:18 | M35 | 95 | 0:52:51 | 0:25:27 | 0:26:50 | 1981 |
| 549 | 2377 | Eberwein Tobias | *Dortmund | 0:52:19 | M35 | 96 | 0:53:39 | 0:27:09 | 0:25:10 | 1978 |
| 550 | 2989 | Arendt Hubert | Neuss | 0:52:22 | M50 | 57 | 0:53:04 | 0:26:26 | 0:25:55 | 1963 |
| 551 | 3001 | Witsch Malte K | *Düsseldorf | 0:52:22 | M35 | 97 | 0:53:50 | 0:27:54 | 0:24:27 | 1981 |
| 552 | 3372 | Holtrop Jens | Thomas-Schule | 0:52:22 | M40 | 88 | 0:52:50 | 0:25:55 | 0:26:27 | 1973 |
| 553 | 2942 | Hintzsche Burkhard | Landeshauptstadt Düsseldorf | 0:52:23 | M50 | 58 | 0:52:39 | 0:26:55 | 0:25:28 | 1965 |
| 554 | 3145 | Zupp Dennis | Polizei Düsseldorf | 0:52:24 | M20 | 85 | 0:52:44 | 0:26:29 | 0:25:54 | 1987 |
| 555 | 2887 | Müller Andreas | *Düsseldorf | 0:52:25 | M20 | 86 | 0:52:39 | 0:27:04 | 0:25:20 | 1989 |
| 556 | 1147 | Radzanowski Werner | SV Schermbeck | 0:52:32 | M65 | 5 | 0:52:40 | 0:26:04 | 0:26:27 | 1949 |
| 557 | 2561 | Fischer Sebastian | *Düsseldorf | 0:52:33 | M35 | 98 | 0:53:12 | 0:26:29 | 0:26:04 | 1979 |
| 558 | 2453 | Oppenberg Klaus | BoDeWa GmbH Krefeld | 0:52:35 | M55 | 26 | 0:53:14 | 0:26:57 | 0:25:37 | 1961 |
| 559 | 2570 | Manglitz Pete | *Leichlingn | 0:52:36 | M45 | 102 | 0:52:58 | 0:26:21 | 0:26:14 | 1969 |
| 560 | 1393 | Unger Wolfgang | *Meerbusch | 0:52:37 | M50 | 59 | 0:53:03 | 0:24:35 | 0:28:02 | 1964 |
| 561 | 2355 | Geiser Marcus | *Düsseldorf | 0:52:38 | M55 | 27 | 0:53:29 | 0:26:39 | 0:25:58 | 1960 |
| 562 | 3214 | Vogt Josef | TV Frisch Auf Lennep | 0:52:38 | M60 | 13 | 0:52:51 | 0:27:15 | 0:25:23 | 1952 |
| 563 | 1156 | Aisch Marc | *Düsseldorf | 0:52:38 | M30 | 79 | 0:53:11 | 0:26:16 | 0:26:22 | 1986 |
| 564 | 4314 | Latocha Tomasz | Martin-Luther-Schule | 0:52:38 | M40 | 89 | 0:53:38 | 0:26:31 | 0:26:07 | 1974 |
| 565 | 3051 | Sommerauer Holger | Freie Schwimmer Düsseldorf | 0:52:40 | M40 | 90 | 0:54:16 | 0:27:54 | 0:24:45 | 1972 |
| 566 | 130 | Nikoleit Eike | WTS Steuerberatungsges | 0:52:40 | M30 | 80 | 0:52:57 | 0:26:03 | 0:26:36 | 1984 |
| 567 | 2149 | Weber Dennis | *Bochum | 0:52:43 | M20 | 87 | 0:52:55 | 0:27:48 | 0:24:54 | 1989 |
| 568 | 48 | Heft Matthias | Jungpro | 0:52:44 | M50 | 60 | 0:53:44 | 0:26:49 | 0:25:55 | 1966 |
| 569 | 4407 | Banken Christoph | | 0:52:45 | M30 | 81 | 0:52:55 | 0:25:38 | 0:27:06 | 1983 |
| 570 | 1114 | Pieper Andreas | Augenärzte Xanten | 0:52:47 | M45 | 103 | 0:53:13 | 0:26:22 | 0:26:24 | 1970 |
| 571 | 2200 | Schönwald Matthias | *Wuppertal | 0:52:48 | M40 | 91 | 0:54:09 | 0:26:38 | 0:26:09 | 1975 |
| 572 | 1738 | Baumann Marc | *Duisburg | 0:52:49 | M45 | 104 | 0:53:44 | 0:26:41 | 0:26:08 | 1971 |
| 573 | 2126 | Vandenberg Sascha | *Düsseldorf | 0:52:51 | M45 | 105 | 0:53:39 | 0:26:47 | 0:26:04 | 1969 |
| 574 | 1719 | Cox Jan | Raupi-Runner | 0:52:51 | M20 | 88 | 0:53:43 | 0:28:05 | 0:24:46 | 1987 |
| 575 | 2918 | Chmielewski Dr. Adam | *Essen | 0:52:52 | M35 | 99 | 0:54:01 | 0:28:48 | 0:24:04 | 1980 |
| 576 | 1397 | Müntzen Sven | *Düsseldorf | 0:52:52 | M20 | 89 | 0:54:11 | 0:27:06 | 0:25:46 | 1988 |
| 577 | 847 | Korkmaz Mehmet | Düsseldorfer Hypothekenba | 0:52:53 | M40 | 92 | 0:53:21 | 0:26:39 | 0:26:14 | 1975 |
| 578 | 2279 | Terasa Udo | It-run4fun.de | 0:52:56 | M55 | 28 | 0:53:20 | 0:26:19 | 0:26:36 | 1958 |
| 579 | 2977 | Becker Marco | *Düsseldorf | 0:52:56 | M30 | 82 | 0:53:11 | 0:26:06 | 0:26:49 | 1986 |
| 580 | 1463 | Krause Uwe | *Meerbusch | 0:53:00 | M55 | 29 | 0:53:24 | 0:25:34 | 0:27:25 | 1960 |
| 581 | 758 | Curtis Harald | UniCredit Bank AG | 0:53:00 | M45 | 106 | 0:53:21 | 0:26:45 | 0:26:14 | 1971 |
| 582 | 1066 | Kasproicz Severin | *Düsseldorf | 0:53:01 | M30 | 83 | 0:53:09 | 0:26:07 | 0:26:53 | 1986 |
| 583 | 2410 | Lederer Joachim | *Neuss | 0:53:01 | M50 | 61 | 0:53:42 | 0:26:49 | 0:26:11 | 1963 |
| 584 | 163 | Baader Marc | Vodafone Group Services G0 | 0:53:01 | M45 | 107 | 0:53:38 | 0:26:26 | 0:26:35 | 1969 |
| 585 | 4126 | Vogel Dietrich | | 0:53:02 | M30 | 84 | 0:54:31 | 0:27:12 | 0:25:50 | 1985 |
| 586 | 2205 | Römer Marco | *Köln | 0:53:05 | M40 | 93 | 0:54:24 | 0:26:57 | 0:26:07 | 1973 |
| 587 | 1382 | Ebel Bernhard | *Düsseldorf | 0:53:08 | M55 | 30 | 0:54:21 | 0:26:38 | 0:26:29 | 1959 |
| 588 | 4554 | Külbs Bernhard | *Düsseldorf | 0:53:08 | M45 | 108 | 0:53:40 | 0:27:47 | 0:25:21 | 1970 |
| 589 | 4451 | Hölscher Dirk | | 0:53:09 | M40 | 94 | 0:53:30 | 0:26:54 | 0:26:15 | 1975 |
| 590 | 4365 | Algenstaedt Claus | OTV Osterath | 0:53:12 | M75 | 1 | 0:53:18 | 0:25:57 | 0:27:14 | 1939 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------|------------------------------|---------|-----|--------|------------|---------|---------|----------|
| 591 | 1321 | Werner Marcel | RACE | 0:53:12 | M20 | 90 | 0:53:45 | 0:27:47 | 0:25:24 | 1994 |
| 592 | 4457 | Reintke Andreas | LT Oberkirchen | 0:53:13 | M50 | 62 | 0:54:32 | 0:28:07 | 0:25:05 | 1962 |
| 593 | 1529 | Byroslawsky Gregor | *Düsseldorf | 0:53:14 | M40 | 95 | 0:53:33 | 0:26:24 | 0:26:49 | 1976 |
| 594 | 2156 | Schraa Stefan | *Düsseldorf | 0:53:17 | M50 | 63 | 0:54:08 | 0:27:49 | 0:25:27 | 1965 |
| 595 | 4103 | Zimt Karsten | BSG Sparda-Bank-West | 0:53:17 | M40 | 96 | 0:53:49 | 0:25:44 | 0:27:33 | 1976 |
| 596 | 2962 | Tübergen Stefan | *Düsseldorf | 0:53:19 | M40 | 97 | 0:53:37 | 0:26:05 | 0:27:14 | 1974 |
| 597 | 2627 | Riemer Andi | KGS Fleher Straße | 0:53:20 | M35 | 100 | 0:53:36 | 0:26:20 | 0:27:00 | 1979 |
| 598 | 2874 | Schwarz Andreas | *Düsseldorg | 0:53:22 | M50 | 64 | 0:54:29 | 0:26:46 | 0:26:36 | 1965 |
| 599 | 3126 | Panzog Stefan | Theodor-Fliehdner-Gymnasi | 0:53:26 | M45 | 109 | 0:54:07 | 0:26:13 | 0:27:12 | 1967 |
| 600 | 2936 | Bunyan Damian | *Düsseldorf | 0:53:26 | M45 | 110 | 0:54:56 | 0:26:47 | 0:26:39 | 1968 |
| 601 | 1025 | Mayr Clemens | DEKRA Automobil GmbH | 0:53:28 | M50 | 65 | 0:54:13 | 0:27:23 | 0:26:05 | 1964 |
| 602 | 2101 | Schulz-Bongert Dr. Udo | Running Team Grafenberg | 0:53:31 | M55 | 31 | 0:54:21 | 0:26:47 | 0:26:43 | 1960 |
| 603 | 4391 | Schoemaker Lutz | | 0:53:31 | M45 | 111 | 0:54:52 | 0:27:19 | 0:26:11 | 1968 |
| 604 | 2280 | Sprung Klaus | *Bornheim | 0:53:32 | M45 | 112 | 0:55:02 | 0:26:40 | 0:26:51 | 1967 |
| 605 | 2031 | Wallrich Stephan | Gitarrenscheule in Gerreshei | 0:53:34 | M45 | 113 | 0:54:14 | 0:27:11 | 0:26:23 | 1969 |
| 606 | 1303 | Oberlin Eric | *Düsseldorf | 0:53:34 | M30 | 85 | 0:54:05 | 0:26:22 | 0:27:12 | 1982 |
| 607 | 4487 | Sevi Giacomo | Sporting Antella | 0:53:36 | M30 | 86 | 0:53:47 | 0:26:57 | 0:26:38 | 1984 |
| 608 | 185 | Gomez Alfonso | Vodafone Group Services G0 | 0:53:37 | M30 | 87 | 0:53:45 | 0:27:28 | 0:26:08 | 1982 |
| 609 | 2327 | Prigge Jasper | *Essen | 0:53:38 | M20 | 91 | 0:54:40 | 0:26:45 | 0:26:53 | 1988 |
| 610 | 1614 | Nohr Thomas | SV Neptun Krefeld | 0:53:39 | M50 | 66 | 0:54:02 | 0:27:17 | 0:26:22 | 1965 |
| 611 | 1891 | Gossens Thomas | *Düsseldorf | 0:53:39 | M40 | 98 | 0:54:44 | 0:27:42 | 0:25:57 | 1972 |
| 612 | 1596 | Münst Norbert | *Düsseldorf | 0:53:40 | M45 | 114 | 0:54:40 | 0:26:46 | 0:26:54 | 1968 |
| 613 | 2366 | Kühn Alexander | *Düsseldorf | 0:53:41 | M30 | 88 | 0:54:01 | 0:27:12 | 0:26:29 | 1983 |
| 614 | 493 | Neisius Joachim | EMC Deutschland GmbH | 0:53:43 | M45 | 115 | 0:54:48 | 0:26:54 | 0:26:49 | 1970 |
| 615 | 2911 | Stenzel Philipp | Sprachschule MANABI | 0:53:43 | M20 | 92 | 0:54:05 | 0:26:42 | 0:27:01 | 1990 |
| 616 | 2372 | Gohla Stefan | LT Düsseldorf-Süd | 0:53:43 | M50 | 67 | 0:54:28 | 0:27:35 | 0:26:08 | 1964 |
| 617 | 1028 | Kürten Guido | HPP Architekten | 0:53:45 | M50 | 68 | 0:55:37 | 0:26:32 | 0:27:12 | 1963 |
| 618 | 1481 | Solar Marcel | *Düsseldorf | 0:53:45 | M30 | 89 | 0:54:34 | 0:26:58 | 0:26:47 | 1984 |
| 619 | 166 | Busalla Thomas | Vodafone Group Services G0 | 0:53:47 | M45 | 116 | 0:54:58 | 0:27:16 | 0:26:31 | 1968 |
| 620 | 1418 | John Marcus | *Essen | 0:53:48 | M50 | 69 | 0:54:32 | 0:27:02 | 0:26:46 | 1966 |
| 621 | 2582 | Beyrek Yavuz | Laufsport Bunert Leverkusen | 0:53:50 | M40 | 99 | 0:54:15 | 0:27:24 | 0:26:26 | 1972 |
| 622 | 109 | Wolff Bernhard | PSV Düsseldorf | 0:53:51 | M50 | 70 | 0:54:28 | 0:25:59 | 0:27:51 | 1966 |
| 623 | 1800 | Krause Christian | Tandem Stiftung Zülow | 0:53:51 | M40 | 100 | 0:54:57 | 0:26:44 | 0:27:07 | 1972 |
| 624 | 2626 | Klesse Maximilian | KGS Fleher Straße | 0:53:54 | M20 | 93 | 0:54:12 | 0:26:23 | 0:27:30 | 1987 |
| 625 | 1624 | Kuflinski David | *Düsseldorf | 0:53:56 | M40 | 101 | 0:55:00 | 0:26:30 | 0:27:25 | 1976 |
| 626 | 64 | Kamp Martin | *Maarssen | 0:53:56 | M40 | 102 | 0:54:07 | 0:26:40 | 0:27:16 | 1973 |
| 627 | 2408 | Hentz Gerd | *duesseldorf | 0:53:57 | M70 | 2 | 0:53:57 | 0:26:37 | 0:27:19 | 1944 |
| 628 | 1426 | Kowalski Dr. Matthias | Meidericher Spielverein | 0:54:01 | M20 | 94 | 0:55:18 | 0:28:48 | 0:25:13 | 1992 |
| 629 | 4165 | Haferkorn Dennis | Martin-Luther-Schule | 0:54:05 | M35 | 101 | 0:54:48 | 0:27:12 | 0:26:52 | 1979 |
| 630 | 1038 | Endres Rene | *Düsseldorf | 0:54:07 | M35 | 102 | 0:55:22 | 0:26:47 | 0:27:20 | 1978 |
| 631 | 3301 | Wöller Andreas | *Düsseldorf | 0:54:11 | M30 | 90 | 0:55:33 | 0:27:16 | 0:26:55 | 1986 |
| 632 | 1287 | Hintz Friedemann | *Düsseldorf | 0:54:12 | M30 | 91 | 0:55:14 | 0:27:55 | 0:26:17 | 1984 |
| 633 | 52 | Jung Daniel | Jungpro | 0:54:14 | M35 | 103 | 0:55:16 | 0:27:46 | 0:26:28 | 1977 |
| 634 | 1570 | Rosenberg Bernd | Marathon-Club Rosenberg | 0:54:15 | M55 | 32 | 0:55:09 | 0:27:39 | 0:26:36 | 1960 |
| 635 | 2875 | Briclot Jacques | *Düsseldorf | 0:54:16 | M30 | 92 | 0:54:47 | 0:27:43 | 0:26:33 | 1982 |
| 636 | 2554 | Rehwal Uli | Rennschnecken 2000 | 0:54:19 | M60 | 14 | 0:55:11 | 0:27:57 | 0:26:21 | 1955 |
| 637 | 4567 | Kannenwischer Michael | FC Grevenbroich Süd | 0:54:20 | M50 | 71 | 0:54:41 | 0:27:25 | 0:26:54 | 1964 |
| 638 | 2922 | Juretzko Thomas | *Düsseldorf | 0:54:21 | M35 | 104 | 0:55:32 | 0:28:08 | 0:26:12 | 1977 |
| 639 | 4588 | Rütten Stefan | *Hückelhoven | 0:54:25 | M40 | 103 | 0:55:14 | 0:27:31 | 0:26:54 | 1973 |
| 640 | 207 | Sang-Gyu Lee | Vodafone Group Services G0 | 0:54:27 | M20 | 95 | 0:55:29 | 0:29:07 | 0:25:19 | 1987 |
| 641 | 4040 | Mainz Klaus | St. Ursula Gymnasium | 0:54:27 | M75 | 2 | 0:54:31 | 0:27:06 | 0:27:21 | 1941 |
| 642 | 2136 | De Spirt Michael | *Düsseldorf | 0:54:29 | M40 | 104 | 0:55:51 | 0:27:55 | 0:26:33 | 1974 |
| 643 | 2927 | Schreiter Thomas | *Essen | 0:54:29 | M50 | 72 | 0:55:04 | 0:26:55 | 0:27:33 | 1966 |
| 644 | 2225 | Wollny Detlef | *Hemer | 0:54:29 | M50 | 73 | 0:54:58 | 0:27:03 | 0:27:26 | 1964 |
| 645 | 2843 | Lewis Stuart | Mitsubishi Electric Europe | 0:54:30 | M35 | 105 | 0:54:56 | 0:26:23 | 0:28:06 | 1981 |
| 646 | 1325 | Hars Aurélien | *Düsseldorf | 0:54:30 | M35 | 106 | 0:55:02 | 0:28:58 | 0:25:31 | 1981 |
| 647 | 2661 | Lother Stefan | KGS Fleher Straße | 0:54:30 | M50 | 74 | 0:55:16 | 0:28:07 | 0:26:22 | 1965 |
| 648 | 513 | Niemeier Nils | E.ON Inhouse Consulting G0 | 0:54:33 | M20 | 96 | 0:55:46 | 0:28:02 | 0:26:31 | 1988 |
| 649 | 42 | Lucas Dominik | GERSTEL GmbH&Co.KG | 0:54:34 | M20 | 97 | 0:55:43 | 0:28:10 | 0:26:23 | 1987 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|---------------------|----------------------------|----------|-----|--------|------------|---------|---------|----------|
| 650 | 1957 | Kröger Niklas | SuS Bertlich | 0:54:35 | M20 | 98 | 0:55:19 | 0:27:03 | 0:27:31 | 1991 |
| 651 | 2002 | Dammers Hermann | Homberger TV | 0:54:37 | M55 | 33 | 0:55:39 | 0:27:45 | 0:26:51 | 1959 |
| 652 | 215 | Uebbing Nicholas | Vodafone Group Services | G0:54:37 | M20 | 99 | 0:55:57 | 0:27:18 | 0:27:19 | 1987 |
| 653 | 2835 | Ponath Lothar | Mitsubishi Electric Europe | 0:54:37 | M60 | 15 | 0:55:37 | 0:28:02 | 0:26:35 | 1956 |
| 654 | 2398 | Franken Tobias | *Düsseldorf | 0:54:38 | M35 | 107 | 0:56:06 | 0:29:09 | 0:25:29 | 1979 |
| 655 | 2026 | Kandler Dirk | *Gelsenkirchen | 0:54:39 | M40 | 105 | 0:55:14 | 0:27:26 | 0:27:12 | 1974 |
| 656 | 1845 | Teuber Michael | MTG Horst Essen | 0:54:41 | M45 | 117 | 0:55:42 | 0:28:14 | 0:26:26 | 1967 |
| 657 | 4437 | Balsamo Gerardo | PSV | 0:54:41 | M55 | 34 | 0:55:05 | 0:27:38 | 0:27:03 | 1959 |
| 658 | 4028 | Kauschke Michael | St. Ursula Gymnasium | 0:54:46 | M50 | 75 | 0:55:10 | 0:28:08 | 0:26:37 | 1966 |
| 659 | 1830 | Trost Wolfgang | *Willich | 0:54:50 | M50 | 76 | 0:55:17 | 0:27:37 | 0:27:13 | 1965 |
| 660 | 1829 | Kanthak Udo | *Neuss | 0:54:50 | M55 | 35 | 0:55:16 | 0:27:38 | 0:27:12 | 1961 |
| 661 | 1201 | Wienefoet Christian | BROOD FÜR FILM UND F | 0:54:51 | M45 | 118 | 0:55:25 | 0:27:15 | 0:27:36 | 1971 |
| 662 | 2933 | Molketin Joerg | OSV Meerbusch | 0:54:51 | M40 | 106 | 0:55:20 | 0:27:28 | 0:27:23 | 1973 |
| 663 | 4406 | Wrede Andreas | | 0:54:53 | M50 | 77 | 0:55:46 | 0:28:03 | 0:26:50 | 1965 |
| 664 | 2223 | Grafen Dirk | *Duisburg | 0:54:54 | M35 | 108 | 0:55:08 | 0:27:33 | 0:27:20 | 1978 |
| 665 | 2220 | Grafen Christian | *Duisburg | 0:54:54 | M35 | 109 | 0:55:09 | 0:27:32 | 0:27:21 | 1977 |
| 666 | 4202 | Heinrich Peter | Martin-Luther-Schule | 0:54:55 | M45 | 119 | 0:55:03 | 0:26:34 | 0:28:20 | 1967 |
| 667 | 3282 | Schulz Günther | *Leverkusen | 0:54:56 | M60 | 16 | 0:55:21 | 0:27:24 | 0:27:31 | 1952 |
| 668 | 1660 | Deussen Wilfried | we together | 0:54:56 | M45 | 120 | 0:56:09 | 0:28:44 | 0:26:12 | 1969 |
| 669 | 3109 | Schramm Willi | Die fantastischen 5 | 0:54:58 | M55 | 36 | 0:55:43 | 0:28:04 | 0:26:54 | 1958 |
| 670 | 1316 | Klein Artur | Die fantastischen 5 | 0:54:58 | M60 | 17 | 0:55:42 | 0:28:07 | 0:26:50 | 1953 |
| 671 | 2979 | Sondermann Axel | *Haan | 0:54:58 | M50 | 78 | 0:55:21 | 0:27:35 | 0:27:23 | 1963 |
| 672 | 1986 | Aimasso Marco | *Düsseldorf | 0:54:58 | M40 | 107 | 0:56:02 | 0:27:28 | 0:27:29 | 1973 |
| 673 | 1992 | Kleinschmidt Robert | *Düsseldorf | 0:55:01 | M20 | 100 | 0:55:48 | 0:27:36 | 0:27:24 | 1990 |
| 674 | 171 | Cloesters Sascha | Vodafone Group Services | G0:55:02 | M40 | 108 | 0:55:54 | 0:30:23 | 0:24:38 | 1976 |
| 675 | 2993 | Schweinar Carsten | Berufskolleg Neuss | 0:55:03 | M40 | 109 | 0:55:35 | 0:27:25 | 0:27:37 | 1974 |
| 676 | 1200 | Brood Jochen | BROOD FÜR FILM UND F | 0:55:04 | M40 | 110 | 0:55:37 | 0:27:17 | 0:27:47 | 1975 |
| 677 | 2285 | Berg Thomas | Elektro Koppen GmbH | 0:55:05 | M40 | 111 | 0:55:24 | 0:26:41 | 0:28:24 | 1975 |
| 678 | 2242 | Knobloch Stefan | Dynamo Weckhoven | 0:55:05 | M45 | 121 | 0:56:01 | 0:27:55 | 0:27:10 | 1969 |
| 679 | 2422 | Arora Anand | *Leverkusen | 0:55:06 | M40 | 112 | 0:55:26 | 0:27:14 | 0:27:51 | 1976 |
| 680 | 2304 | König Alexander | SRL Triathlon Koblenz | 0:55:07 | M30 | 93 | 0:56:04 | 0:28:15 | 0:26:52 | 1984 |
| 681 | 1433 | Scherff Rainer | *Tönisvorst | 0:55:09 | M55 | 37 | 0:56:25 | 0:27:58 | 0:27:10 | 1957 |
| 682 | 1336 | Methfessel Marco | Preussen 1911 Bochum | 0:55:09 | M40 | 113 | 0:56:06 | 0:27:49 | 0:27:19 | 1972 |
| 683 | 2069 | Lenze Marius | *Düsseldorf | 0:55:10 | M20 | 101 | 0:55:26 | 0:27:57 | 0:27:13 | 1988 |
| 684 | 2984 | Juretzko Stefan | *Krefeld | 0:55:13 | M40 | 114 | 0:56:24 | 0:28:05 | 0:27:07 | 1975 |
| 685 | 2208 | Bertling Dr. Rainer | PowerMill | 0:55:14 | M45 | 122 | 0:55:27 | 0:27:52 | 0:27:21 | 1967 |
| 686 | 4414 | Hofmann Wolfgang | ART Düsseldorf | 0:55:14 | M70 | 3 | 0:56:43 | 0:28:33 | 0:26:41 | 1943 |
| 687 | 1468 | Ulbrich Tilo | *Düsseldorf | 0:55:14 | M30 | 94 | 0:56:34 | 0:28:07 | 0:27:07 | 1984 |
| 688 | 2315 | Todt Mike | *düsseldorf | 0:55:16 | M35 | 110 | 0:55:35 | 0:27:34 | 0:27:41 | 1977 |
| 689 | 2266 | Grunendahl Michael | *Düsseldorf | 0:55:16 | M45 | 123 | 0:56:44 | 0:29:09 | 0:26:07 | 1971 |
| 690 | 3 | Hodgson Vincent | ME Sport | 0:55:18 | M20 | 102 | 0:55:20 | 0:25:05 | 0:30:13 | 1996 |
| 691 | 2997 | Rendon Schneir Juan | *Düsseldorf | 0:55:20 | M45 | 124 | 0:55:48 | 0:27:47 | 0:27:33 | 1971 |
| 692 | 2135 | Auerbach Stefan | *Düsseldorf | 0:55:22 | M45 | 125 | 0:56:27 | 0:28:26 | 0:26:55 | 1969 |
| 693 | 2525 | Krämer Michael | *Duisburg | 0:55:24 | M40 | 115 | 0:55:55 | 0:27:37 | 0:27:46 | 1975 |
| 694 | 1056 | Schürmann Peter | TEAM! | 0:55:32 | M45 | 126 | 0:55:43 | 0:28:48 | 0:26:43 | 1969 |
| 695 | 3204 | Kondermann Ralph | Laufschule Düsseldorf | 0:55:33 | M50 | 79 | 0:56:32 | 0:28:03 | 0:27:30 | 1965 |
| 696 | 2144 | Jethwa Jay Allan | *Düsseldorf | 0:55:35 | M30 | 95 | 0:56:54 | 0:29:02 | 0:26:32 | 1982 |
| 697 | 2346 | Grundmann Jens | *Düsseldorf | 0:55:35 | M35 | 111 | 0:55:53 | 0:27:36 | 0:27:59 | 1977 |
| 698 | 183 | Gettler Frank | Vodafone Group Services | G0:55:36 | M45 | 127 | 0:56:11 | 0:27:41 | 0:27:54 | 1969 |
| 699 | 899 | Türk Marcus | KGS Fleher Straße | 0:55:38 | M40 | 116 | 0:56:40 | 0:28:18 | 0:27:20 | 1975 |
| 700 | 3027 | Disselhoff Philipp | *Arnsberg | 0:55:40 | M20 | 103 | 0:56:29 | 0:29:25 | 0:26:14 | 1991 |
| 701 | 1155 | Aisch Fritz | *Düsseldorf | 0:55:40 | M55 | 38 | 0:56:12 | 0:27:27 | 0:28:13 | 1958 |
| 702 | 3024 | Hachmann Stefan | *Düsseldorf | 0:55:40 | M40 | 117 | 0:56:29 | 0:29:25 | 0:26:15 | 1974 |
| 703 | 1317 | Brinker Martin | *Wermelskirchen | 0:55:42 | M50 | 80 | 0:56:26 | 0:29:48 | 0:25:54 | 1964 |
| 704 | 51 | Korff Stefan | Jungpro | 0:55:42 | M45 | 128 | 0:56:45 | 0:28:38 | 0:27:04 | 1967 |
| 705 | 2553 | Jansen Nicolas | *Düsseldorf | 0:55:51 | M40 | 118 | 0:57:12 | 0:29:12 | 0:26:38 | 1976 |
| 706 | 1677 | Wagner Dr. Philipp | *Düsseldorf | 0:55:58 | M30 | 96 | 0:56:41 | 0:28:25 | 0:27:32 | 1983 |
| 707 | 1284 | Kawohl Peter | Laufquickers | 0:55:58 | M40 | 119 | 0:56:41 | 0:28:18 | 0:27:39 | 1975 |
| 708 | 1117 | Eickhorn Peter | *Solingen | 0:56:00 | M50 | 81 | 0:57:14 | 0:28:20 | 0:27:40 | 1964 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|-------------------------|----------------------------|---------|------|--------|------------|---------|---------|----------|
| 709 | 1061 | Reese von ohlen Dr. Joc | *Düsseldorf | 0:56:01 | M60 | 18 | 0:56:17 | 0:27:26 | 0:28:34 | 1954 |
| 710 | 1768 | Scholz Jürgen | Katholische Kirche | 0:56:02 | M50 | 82 | 0:57:07 | 0:28:59 | 0:27:02 | 1963 |
| 711 | 1363 | Bessin Michael | Physiotherapie am Kö-Boge | 0:56:02 | M30 | 97 | 0:57:23 | 0:29:29 | 0:26:33 | 1983 |
| 712 | 2309 | Brzezinski Holger | Münstermaifeld | 0:56:04 | M45 | 129 | 0:56:22 | 0:27:49 | 0:28:15 | 1971 |
| 713 | 2192 | Wurda Werner | Diabetes Programm / Fort. | 0:56:07 | M55 | 39 | 0:57:49 | 0:28:21 | 0:27:45 | 1960 |
| 714 | 2840 | Wasser Norbert | Mitsubishi Electric Europe | 0:56:08 | M50 | 83 | 0:57:07 | 0:29:02 | 0:27:06 | 1964 |
| 715 | 162 | Apostolopoulou Kanella | Vodafone Group Services | 0:56:08 | M40 | 120 | 0:56:34 | 0:27:34 | 0:28:43 | 1976 |
| 716 | 2839 | Ogushi Takuzo | Mitsubishi Electric Europe | 0:56:09 | M40 | 121 | 0:56:53 | 0:27:28 | 0:28:31 | 1974 |
| 717 | 9 | Wycik Ekhart | Musica | 0:56:12 | M45 | 130 | 0:56:59 | 0:26:30 | 0:29:41 | 1967 |
| 718 | 844 | Völker Stefan | BSG Sparda-Bank West | 0:56:13 | M55 | 40 | 0:57:37 | 0:28:40 | 0:27:33 | 1957 |
| 719 | 222 | Laas Christian | Capita West GmbH | 0:56:13 | M40 | 122 | 0:57:22 | 0:29:32 | 0:26:41 | 1974 |
| 720 | 2653 | Ostermann Thomas | KGS Fleher Straße | 0:56:18 | M45 | 131 | 0:56:46 | 0:28:11 | 0:28:07 | 1970 |
| 721 | 2909 | Okamoto Shinichi | Sprachschule MANABI | 0:56:19 | M65 | 6 | 0:56:43 | 0:27:42 | 0:28:36 | 1950 |
| 722 | 1104 | Berg Wolfgang | *Duisburg | 0:56:23 | M60 | 19 | 0:57:36 | 0:30:09 | 0:26:13 | 1952 |
| 723 | 1849 | Leyerer Frank | MTG Horst Essen | 0:56:24 | M50 | 84 | 0:57:25 | 0:29:22 | 0:27:02 | 1964 |
| 724 | 1291 | Linzenich Wulf | HSBC Trinkaus & Burkhard | 0:56:25 | M50 | 85 | 0:57:27 | 0:27:55 | 0:28:29 | 1962 |
| 725 | 2322 | Hajdu Jürgen | *Haan | 0:56:26 | M55 | 41 | 0:57:16 | 0:27:50 | 0:28:36 | 1959 |
| 726 | 2503 | Spandick Dietrich | *Düsseldorf | 0:56:26 | M55 | 42 | 0:57:18 | 0:28:20 | 0:28:05 | 1959 |
| 727 | 2690 | Helfenbein David | KGS Fleher Straße | 0:56:26 | M35 | 112 | 0:57:33 | 0:29:16 | 0:27:10 | 1980 |
| 728 | 1804 | Feller Andreas | Brassert-Runner | 0:56:27 | M45 | 132 | 0:57:09 | 0:27:59 | 0:28:28 | 1970 |
| 729 | 2210 | Wagner Helmut | *Dormagen | 0:56:28 | M60 | 20 | 0:57:35 | 0:28:32 | 0:27:55 | 1956 |
| 730 | 2337 | Anzinn Christi | Flederigelmuth | 0:56:28 | M50 | 86 | 0:56:42 | 0:28:19 | 0:28:08 | 1966 |
| 731 | 4381 | Ziaja Joachim | | 0:56:28 | M50 | 87 | 0:57:10 | 0:28:00 | 0:28:28 | 1962 |
| 732 | 165 | Bravo Javier | Vodafone Group Services | 0:56:29 | M30 | 98 | 0:56:37 | 0:27:42 | 0:28:47 | 1985 |
| 733 | 1163 | Blanke Reinhard | *Vechta | 0:56:33 | M60 | 21 | 0:57:33 | 0:29:01 | 0:27:32 | 1953 |
| 734 | 2499 | Fröhlich Steffen | Team ERDINGER alkohoh | 0:56:35 | M30 | 99 | 0:57:46 | 0:28:50 | 0:27:44 | 1986 |
| 735 | 1340 | Schaffeld Otis | *Haan | 0:56:40 | MU18 | 4 | 0:57:38 | 0:29:01 | 0:27:38 | 2001 |
| 736 | 1257 | Mayrlechner H.-Peter | *Duisburg | 0:56:40 | M50 | 88 | 0:57:50 | 0:29:20 | 0:27:20 | 1963 |
| 737 | 855 | Heine Michael | Team ERDINGER Alkohoh | 0:56:41 | M65 | 7 | 0:56:55 | 0:28:39 | 0:28:02 | 1947 |
| 738 | 1121 | Kümmel Thomas | *Düsseldorf | 0:56:45 | M45 | 133 | 0:57:43 | 0:27:58 | 0:28:46 | 1967 |
| 739 | 3355 | Palumbo Massimiliano | Thomas-Schule | 0:56:46 | M40 | 123 | 0:57:39 | 0:28:28 | 0:28:17 | 1975 |
| 740 | 2921 | Gombsen Roman | *Bad Iburg | 0:56:46 | M20 | 104 | 0:58:03 | 0:31:53 | 0:24:52 | 1990 |
| 741 | 1990 | Comparini Davide | *Düsseldorf | 0:56:46 | M45 | 134 | 0:57:26 | 0:28:10 | 0:28:35 | 1971 |
| 742 | 2994 | Rudolph John | *Remscheid | 0:56:46 | M40 | 124 | 0:57:38 | 0:28:45 | 0:28:01 | 1975 |
| 743 | 3329 | Idrissi Driss | Thomas-Schule | 0:56:47 | M35 | 113 | 0:57:40 | 0:28:27 | 0:28:19 | 1978 |
| 744 | 1594 | Flohr Dieter | Essener RG 1900 e. V. | 0:56:47 | M60 | 22 | 0:57:30 | 0:28:58 | 0:27:49 | 1953 |
| 745 | 841 | Hüneburg Udo | BSG Sparda-Bank West | 0:56:47 | M60 | 23 | 0:57:32 | 0:28:51 | 0:27:56 | 1953 |
| 746 | 167 | Calin Dragos | Vodafone Group Services | 0:56:48 | M35 | 114 | 0:58:06 | 0:28:57 | 0:27:51 | 1978 |
| 747 | 2719 | Trost Günter | Running Team Grafenberg | 0:56:49 | M50 | 89 | 0:58:02 | 0:28:53 | 0:27:55 | 1963 |
| 748 | 2689 | Kaspar Wolfgang | KGS Fleher Straße | 0:56:50 | M45 | 135 | 0:57:56 | 0:29:16 | 0:27:33 | 1970 |
| 749 | 2532 | Bühl Alexander | *Düsseldorf | 0:56:51 | M45 | 136 | 0:57:56 | 0:28:49 | 0:28:02 | 1969 |
| 749 | 4436 | Shalaby Benjamin | | 0:56:51 | M30 | 100 | 0:57:17 | 0:28:16 | 0:28:34 | 1982 |
| 751 | 2680 | Steeger Michael | KGS Fleher Straße | 0:56:51 | M50 | 90 | 0:57:58 | 0:29:33 | 0:27:18 | 1965 |
| 752 | 1285 | Vesper Volker | Laufquickers | 0:56:53 | M35 | 115 | 0:57:37 | 0:28:18 | 0:28:35 | 1977 |
| 753 | 2509 | Neubert Tim | FSV Feuerwehr Düsseldorf | 0:56:55 | M20 | 105 | 0:58:17 | 0:28:58 | 0:27:56 | 1989 |
| 754 | 1724 | Hilberath Thomas | *Düsseldorf | 0:56:59 | M20 | 106 | 0:57:51 | 0:29:30 | 0:27:29 | 1991 |
| 755 | 989 | Trebeck Marc | E-Plus Mobilfunk GmbH | 0:56:59 | M40 | 125 | 0:58:05 | 0:29:14 | 0:27:44 | 1973 |
| 756 | 1371 | Syré Oliver | Clip GmbH | 0:57:00 | M50 | 91 | 0:58:04 | 0:29:43 | 0:27:16 | 1964 |
| 757 | 1860 | Stender Philip Paul | *Düsseldorf | 0:57:01 | M20 | 107 | 0:58:26 | 0:29:51 | 0:27:09 | 1988 |
| 758 | 1753 | Gutierrez Pablo | *Düsseldorf | 0:57:02 | M30 | 101 | 0:57:08 | 0:26:35 | 0:30:26 | 1982 |
| 759 | 2702 | Aue Dirk | KGS Fleher Straße | 0:57:03 | M45 | 137 | 0:57:54 | 0:28:24 | 0:28:39 | 1969 |
| 760 | 4480 | Fischer Bernd | LT Fischi | 0:57:03 | M20 | 108 | 0:58:28 | 0:29:30 | 0:27:33 | |
| 761 | 1824 | Drockenmüller Roberto | Laufftreff Fischi | 0:57:07 | M50 | 92 | 0:58:30 | 0:29:32 | 0:27:34 | 1962 |
| 762 | 4434 | Mandel Richard | | 0:57:07 | M55 | 43 | 0:58:07 | 0:28:32 | 0:28:35 | 1960 |
| 763 | 1863 | Schorn Ralf | *Duesseldorf | 0:57:07 | M50 | 93 | 0:58:30 | 0:29:31 | 0:27:35 | 1964 |
| 764 | 2545 | Gebel Rene | Aloha Kona | 0:57:11 | M35 | 116 | 0:58:26 | 0:28:25 | 0:28:46 | 1980 |
| 765 | 4333 | Böhm Kim Leonardo | | 0:57:13 | M20 | 109 | 0:58:21 | 0:30:26 | 0:26:46 | 1992 |
| 766 | 2074 | Oberembt Peter | *Rommerskirchen | 0:57:13 | M35 | 117 | 0:57:55 | 0:29:31 | 0:27:41 | 1981 |
| 767 | 4565 | Meinert Philipp | *Bottrop | 0:57:17 | M45 | 138 | 0:58:38 | 0:28:59 | 0:28:17 | 1967 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|----------------------|----------------------------|----------|-----|--------|------------|---------|---------|----------|
| 768 | 494 | Littgen Christoph | EMC Deutschland GmbH | 0:57:18 | M50 | 94 | 0:58:41 - | 0:30:01 | 0:27:16 | 1965 |
| 769 | 1436 | Treude Christian | *Düsseldorf | 0:57:19 | M40 | 126 | 0:58:12 - | 0:29:02 | 0:28:16 | 1974 |
| 770 | 1255 | Butterwegge Frank | Buttirunners | 0:57:21 | M45 | 139 | 0:57:45 - | 0:28:16 | 0:29:05 | 1971 |
| 771 | 2089 | Kamp Sebastian | *Düsseldorf | 0:57:22 | M35 | 118 | 0:58:43 - | 0:29:15 | 0:28:06 | 1977 |
| 772 | 1281 | Spindeler Maik | *Hamburg | 0:57:22 | M40 | 127 | 0:58:57 - | 0:29:08 | 0:28:13 | 1975 |
| 773 | 1995 | Hau Hans-Dieter | Homberger TV | 0:57:22 | M60 | 24 | 0:58:26 - | 0:28:25 | 0:28:57 | 1955 |
| 774 | 1229 | Sünger Dr. Georg | *Düsseldorf | 0:57:23 | M50 | 95 | 0:58:01 - | 0:28:57 | 0:28:25 | 1966 |
| 775 | 2845 | Robert | Mitsubishi Electric Europe | 0:57:24 | M35 | 119 | 0:58:17 - | 0:28:52 | 0:28:32 | 1978 |
| 776 | 3171 | Gerhards Martin | Polizei Düsseldorf | 0:57:26 | M55 | 44 | 0:57:54 - | 0:28:02 | 0:29:23 | 1959 |
| 777 | 2735 | Fuchs Heiko | KGS Essener Straße | 0:57:26 | M40 | 128 | 0:58:13 - | 0:29:39 | 0:27:46 | 1972 |
| 778 | 1574 | Pusch Volker | *Düsseldorf | 0:57:28 | M40 | 129 | 0:58:13 - | 0:29:27 | 0:28:00 | 1975 |
| 779 | 4486 | Pires Roberto | | 0:57:29 | M40 | 130 | 0:58:24 - | 0:28:46 | 0:28:43 | 1972 |
| 780 | 211 | Schreier Frank | Vodafone Group Services | G0:57:31 | M40 | 131 | 0:58:20 - | 0:29:15 | 0:28:16 | 1976 |
| 781 | 1944 | Simek Dirk | Turboschnecken Rhein-Ruh | 0:57:32 | M30 | 102 | 0:58:41 - | 0:31:05 | 0:26:26 | 1982 |
| 782 | 2130 | Colakoglu Volkan | *Düsseldorf | 0:57:34 | M35 | 120 | 0:57:49 - | 0:28:19 | 0:29:14 | 1981 |
| 783 | 1656 | Otto Michael | *Mönchengladbach | 0:57:34 | M50 | 96 | 0:58:48 - | 0:28:53 | 0:28:41 | 1962 |
| 784 | 3623 | Koch Mark | Matthias-Claudius-Grundsc | 0:57:35 | M35 | 121 | 0:58:23 - | 0:28:45 | 0:28:49 | 1978 |
| 785 | 212 | Sippel Thorsten | Vodafone Group Services | G0:57:35 | M40 | 132 | 0:58:38 - | 0:29:06 | 0:28:28 | 1976 |
| 786 | 63 | Lösnitz Jörgen | *Torslanda | 0:57:37 | M45 | 140 | 0:58:49 - | 0:29:16 | 0:28:20 | 1968 |
| 787 | 1573 | Medina Scholz Daniel | *Düsseldorf | 0:57:38 | M40 | 133 | 0:58:22 - | 0:29:28 | 0:28:10 | 1975 |
| 788 | 4375 | Conrady Heiko | | 0:57:39 | M50 | 97 | 0:58:39 - | 0:28:31 | 0:29:08 | 1965 |
| 789 | 2267 | Metzgeroth Sven | *Düsseldorf | 0:57:43 | M35 | 122 | 0:59:11 - | 0:29:19 | 0:28:23 | 1979 |
| 790 | 1258 | Körfer Sven | *Düsseldorf | 0:57:44 | M30 | 103 | 0:59:00 - | 0:29:15 | 0:28:28 | 1986 |
| 791 | 1209 | Dickmann Tobias | *Düsseldorf | 0:57:44 | M35 | 123 | 0:58:39 - | 0:28:52 | 0:28:52 | 1980 |
| 792 | 1339 | Schaffeld Ulf | *Düsseldorf | 0:57:45 | M45 | 141 | 0:58:43 - | 0:29:00 | 0:28:44 | 1971 |
| 793 | 2951 | Klimek Jan | *Essen | 0:57:46 | M35 | 124 | 0:58:42 - | 0:31:12 | 0:26:33 | 1980 |
| 794 | 1766 | Deiwick Andreas | 1.FC Köln | 0:57:47 | M40 | 134 | 0:58:40 - | 0:29:21 | 0:28:25 | 1973 |
| 795 | 840 | Reinhardt Maik | BSG Sparda-Bank West | 0:57:47 | M45 | 142 | 0:58:15 - | 0:29:29 | 0:28:17 | 1969 |
| 796 | 2920 | Schuler Dr. Kassian | *Düsseldorf | 0:57:49 | M20 | 110 | 0:58:27 - | 0:29:25 | 0:28:24 | 1995 |
| 797 | 3404 | Ptak Dominik | Thomas-Schule | 0:57:50 | M35 | 125 | 0:58:07 - | 0:29:33 | 0:28:16 | 1979 |
| 798 | 3032 | Nowas Friedrich | *düsseldorf | 0:57:50 | M55 | 45 | 0:58:40 - | 0:28:15 | 0:29:34 | 1957 |
| 799 | 2542 | Kossack Andreas | *Nörvenich | 0:57:57 | M30 | 104 | 0:58:51 - | 0:31:11 | 0:26:45 | 1983 |
| 800 | 4420 | Medeweller Albert | | 0:57:59 | M55 | 46 | 0:59:02 - | 0:29:41 | 0:28:17 | 1958 |
| 801 | 4345 | Althoff Oliver | | 0:58:00 | M40 | 135 | 0:59:36 - | 0:28:58 | 0:29:01 | 1975 |
| 802 | 4332 | Schlingensief Eike | absoluttanzbar | 0:58:01 | M30 | 105 | 0:59:09 - | 0:30:20 | 0:27:40 | 1985 |
| 803 | 2987 | Schriegel Frank | *Düsseldorf | 0:58:01 | M35 | 126 | 0:58:49 - | 0:29:01 | 0:29:00 | 1979 |
| 804 | 2986 | Niederhagen Dennis | *Düsseldorf | 0:58:01 | M35 | 127 | 0:58:51 - | 0:29:01 | 0:29:00 | 1980 |
| 805 | 1402 | Daners Thorsten | *Köln | 0:58:02 | M35 | 128 | 0:59:16 - | 0:29:29 | 0:28:32 | 1980 |
| 806 | 2325 | Müller Daniel | *Düsseldorf | 0:58:02 | M30 | 106 | 0:59:22 - | 0:29:29 | 0:28:33 | 1983 |
| 807 | 218 | Vesper Christian | Vodafone Group Services | G0:58:03 | M40 | 136 | 0:59:05 - | 0:29:07 | 0:28:55 | 1975 |
| 808 | 1099 | Küchmann Jörg | *Haan | 0:58:03 | M45 | 143 | 0:58:38 - | 0:29:24 | 0:28:39 | 1969 |
| 809 | 832 | Mußbach Tobias | BSG Sparda-Bank West | 0:58:04 | M30 | 107 | 0:59:21 - | 0:29:42 | 0:28:21 | 1985 |
| 810 | 1877 | Wolff Kristian | *Solingen | 0:58:04 | M30 | 108 | 0:58:46 - | 0:29:14 | 0:28:49 | 1984 |
| 811 | 831 | Gronen Torsten | BSG Sparda-Bank West | 0:58:08 | M30 | 109 | 0:59:25 - | 0:29:44 | 0:28:23 | 1983 |
| 812 | 4459 | Lohkamp Christian | SG Holzheim | 0:58:11 | M40 | 137 | 0:58:33 - | 0:28:42 | 0:29:28 | 1975 |
| 813 | 2296 | Krüger Gunther | LT Düsseldorf-Süd | 0:58:13 | M60 | 25 | 0:59:18 - | 0:29:19 | 0:28:54 | 1956 |
| 814 | 38 | Scherzer Ulrich | GERSTEL GmbH&Co.KG | 0:58:15 | M45 | 144 | 0:59:25 - | 0:30:28 | 0:27:46 | 1968 |
| 815 | 40 | Wiescher Marcel | GERSTEL GmbH&Co.KG | 0:58:15 | M20 | 111 | 0:59:25 - | 0:30:29 | 0:27:46 | 1991 |
| 816 | 39 | Mayer Tobias | GERSTEL GmbH&Co.KG | 0:58:17 | M35 | 129 | 0:59:26 - | 0:30:30 | 0:27:46 | 1980 |
| 817 | 3009 | Bülles Christian | *Köln | 0:58:17 | M40 | 138 | 0:59:49 - | 0:29:54 | 0:28:23 | 1976 |
| 818 | 2424 | Bumblies Florian | *Düsseldorf | 0:58:18 | M30 | 110 | 0:59:15 - | 0:29:09 | 0:29:08 | 1985 |
| 819 | 3519 | Goanta Marcus | KGS Niederkassel | 0:58:22 | M35 | 130 | 0:59:02 - | 0:29:07 | 0:29:14 | 1977 |
| 820 | 1883 | Nelke Ulrich | *Willich | 0:58:24 | M45 | 145 | 0:59:38 - | 0:30:23 | 0:28:00 | 1967 |
| 821 | 4489 | Schneider Thomas | *Kempfen | 0:58:28 | M45 | 146 | 0:58:42 - | 0:29:51 | 0:28:37 | 1971 |
| 822 | 4334 | Arndt Danny | | 0:58:28 | M20 | 112 | 0:59:36 - | 0:30:27 | 0:28:01 | 1991 |
| 823 | 2919 | Werner Nils | *Düsseldorf | 0:58:30 | M35 | 131 | 0:59:21 - | 0:29:28 | 0:29:01 | 1980 |
| 824 | 2523 | Wiederstein Maik | *Hilden | 0:58:31 | M40 | 139 | 0:59:30 - | 0:29:06 | 0:29:24 | 1975 |
| 825 | 1466 | Göhl Patrick | *Düsseldorf | 0:58:32 | M30 | 111 | 0:59:36 - | 0:30:05 | 0:28:27 | 1983 |
| 826 | 1903 | Walther Michael | *Düsseldorf | 0:58:32 | M40 | 140 | 1:00:03 - | 0:29:23 | 0:29:08 | 1975 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|-----------------------|------------------------------|---------|------|--------|------------|---------|---------|----------|
| 827 | 1862 | Diersch Ralph | LT Uhlenhorst Mülheim | 0:58:35 | M55 | 47 | 0:59:35 - | 0:29:20 | 0:29:14 | 1957 |
| 828 | 1872 | Görke Thomas | Lauftreff Uhlenhorst | 0:58:36 | M55 | 48 | 0:59:36 - | 0:29:15 | 0:29:20 | 1957 |
| 829 | 1467 | Göhl Lars | *Düsseldorf | 0:58:36 | M35 | 132 | 0:59:40 - | 0:30:05 | 0:28:31 | 1978 |
| 830 | 1124 | Spiekernagel Marc | *Düsseldorf | 0:58:37 | M50 | 98 | 0:59:34 - | 0:29:31 | 0:29:05 | 1965 |
| 831 | 1050 | Hamers Leif | *Krefeld | 0:58:37 | M40 | 141 | 0:58:51 - | 0:29:03 | 0:29:33 | 1976 |
| 832 | 1232 | Berghoff Benjamin | *Düsseldorf | 0:58:39 | M30 | 112 | 0:59:47 - | 0:29:27 | 0:29:11 | 1984 |
| 833 | 4403 | Wrede Nicolas | | 0:58:40 | MU20 | 3 | 0:59:33 - | 0:29:42 | 0:28:57 | 1998 |
| 834 | 4579 | Sokolovskiy Evgeniy | *Düsseldorf | 0:58:42 | M35 | 133 | 0:58:47 - | 0:28:26 | 0:30:15 | 1978 |
| 835 | 2608 | Eken Jean Erge | KGS Fleher Straße | 0:58:42 | M20 | 113 | 0:58:51 - | 0:26:55 | 0:31:47 | 1988 |
| 836 | 2458 | Billerbeck Ralf | Amnesty in Bewegung | 0:58:42 | M55 | 49 | 1:00:12 - | 0:30:29 | 0:28:13 | 1961 |
| 837 | 2549 | Calaminus David | *Düsseldorf | 0:58:43 | M35 | 134 | 1:00:09 - | 0:30:05 | 0:28:38 | 1977 |
| 838 | 820 | Völker Maximilian | BSG Sparda-Bank West | 0:58:45 | M35 | 135 | 0:59:57 - | 0:29:34 | 0:29:10 | 1980 |
| 839 | 823 | Siepermann Tim | BSG Sparda-Bank West | 0:58:45 | M45 | 147 | 0:59:57 - | 0:29:34 | 0:29:10 | 1971 |
| 840 | 2511 | Tooten Matthias | FSV Feuerwehr Düsseldorf | 0:58:48 | M30 | 113 | 1:00:09 - | 0:28:57 | 0:29:50 | 1985 |
| 841 | 2494 | Müllenhoff Jan | *Düsseldorf | 0:58:51 | M20 | 114 | 0:59:59 - | 0:31:02 | 0:27:48 | 1987 |
| 842 | 990 | Stracke Andreas | E-Plus Mobilfunk GmbH | 0:58:51 | M50 | 99 | 0:59:51 - | 0:29:45 | 0:29:05 | 1965 |
| 843 | 2493 | Radvanszki Adam | *Düsseldorf | 0:58:51 | M35 | 136 | 0:59:59 - | 0:31:02 | 0:27:49 | 1980 |
| 844 | 4344 | Wandres Benjamin | | 0:58:51 | M20 | 115 | 0:59:33 - | 0:32:00 | 0:26:50 | 1991 |
| 845 | 2713 | Hagen Andreas | Running Team Grafenberg | 0:58:52 | M40 | 142 | 0:58:55 - | 0:28:48 | 0:30:04 | 1972 |
| 846 | 4482 | Schink Hagen | TUS Lintorf 08 e.V. | 0:58:56 | M55 | 50 | 1:00:07 - | 0:29:19 | 0:29:37 | 1959 |
| 847 | 2401 | Bentz Oliver | *Düsseldorf | 0:58:57 | M45 | 148 | 0:59:28 - | 0:29:56 | 0:29:00 | 1969 |
| 848 | 859 | Wiesemann Mark | Team ERDINGER Alkoho | 0:58:57 | M35 | 137 | 0:59:33 - | 0:28:22 | 0:30:34 | 1980 |
| 849 | 1784 | Berthold Armin | *Mönchengladbach | 0:58:58 | M55 | 51 | 1:00:15 - | 0:29:31 | 0:29:26 | 1957 |
| 850 | 1347 | Schleifer Daniel | Team Bratwurst | 0:58:59 | M40 | 143 | 0:59:48 - | 0:30:21 | 0:28:37 | 1974 |
| 851 | 3431 | Kiekbusch Andreas | KGS Niederkassel | 0:59:06 | M45 | 149 | 1:00:12 - | 0:30:43 | 0:28:23 | 1968 |
| 852 | 1898 | Lionetti Paolo | *Düsseldorf | 0:59:15 | M55 | 52 | 1:00:18 - | 0:29:21 | 0:29:53 | 1957 |
| 853 | 1462 | Walter Ronald | *Düsseldorf | 0:59:17 | M65 | 8 | 1:00:25 - | 0:31:04 | 0:28:13 | 1949 |
| 854 | 210 | Schneider Markus | Vodafone Group Services G0 | 0:59:18 | M30 | 114 | 0:59:32 - | 0:29:31 | 0:29:46 | 1985 |
| 855 | 1199 | Uecker Marc | *Mettmann | 0:59:18 | M45 | 150 | 0:59:34 - | 0:29:22 | 0:29:56 | 1970 |
| 856 | 2209 | Wehpunkt Achim | Amnesty International | 0:59:20 | M30 | 115 | 1:00:49 - | 0:30:28 | 0:28:51 | 1984 |
| 857 | 2058 | Schepers Thorsten | Amnesty International Ddorf0 | 0:59:20 | M30 | 116 | 1:00:49 - | 0:30:28 | 0:28:52 | 1982 |
| 858 | 2457 | Sangerhausen Matthias | Amnesty in Bewegung | 0:59:21 | M30 | 117 | 1:00:50 - | 0:30:30 | 0:28:51 | 1982 |
| 859 | 1762 | Schmidt Heiko | *Düsseldorf | 0:59:29 | M40 | 144 | 1:00:12 - | 0:29:57 | 0:29:31 | 1974 |
| 860 | 1958 | Tang Tuk-Shing | Acht & Acht GmbH | 0:59:30 | M40 | 145 | 1:00:07 - | 0:29:37 | 0:29:52 | 1974 |
| 861 | 1178 | Staack Michael | LG Euregio eV | 0:59:32 | M55 | 53 | 1:00:49 - | 0:30:46 | 0:28:46 | 1959 |
| 862 | 1455 | Stocks Marcus | Nimm3 Werbeagentur Gmb | 0:59:34 | M45 | 151 | 1:00:12 - | 0:30:25 | 0:29:09 | 1969 |
| 863 | 2438 | Theißen Christian | *Mönchengladbach | 0:59:39 | M20 | 116 | 1:00:32 - | 0:30:22 | 0:29:16 | 1991 |
| 864 | 1511 | Lange Roland | Langenberg | 0:59:40 | M45 | 152 | 1:00:45 - | 0:29:18 | 0:30:22 | 1968 |
| 865 | 852 | Berndgen Ralf | Team ERDINGER Alkoho | 0:59:40 | M50 | 100 | 1:00:07 - | 0:30:16 | 0:29:24 | 1966 |
| 866 | 4363 | Rattay Jan | *Düsseldorf | 0:59:43 | M20 | 117 | 1:00:24 - | 0:30:14 | 0:29:28 | 1991 |
| 867 | 3003 | Hartmann Guido | *Düsseldorf | 0:59:43 | M30 | 118 | 1:00:50 - | 0:30:28 | 0:29:15 | 1982 |
| 868 | 2869 | Kissel Thomas | www.rennschnecken2000.d | 0:59:46 | M50 | 101 | 1:01:12 - | 0:30:16 | 0:29:30 | 1965 |
| 869 | 3277 | Kresken Jan | Krick KD | 0:59:47 | M30 | 119 | 1:00:58 - | 0:29:15 | 0:30:31 | 1982 |
| 870 | 1313 | Kempken Sebastian | *Voerde | 0:59:49 | M20 | 118 | 1:01:05 - | 0:30:29 | 0:29:20 | 1989 |
| 871 | 2995 | Genenger Christian | Wolfrudel | 0:59:49 | M30 | 120 | 1:00:34 - | 0:29:30 | 0:30:19 | 1984 |
| 872 | 3292 | Strack Jonas | *Köln | 0:59:50 | M30 | 121 | 1:00:34 - | 0:29:06 | 0:30:43 | 1985 |
| 873 | 213 | Smetz Joerg | Vodafone Group Services G0 | 0:59:50 | M35 | 138 | 1:00:35 - | 0:30:31 | 0:29:18 | 1979 |
| 874 | 205 | Pendzialek Lucas | Vodafone Group Services G0 | 0:59:50 | M20 | 119 | 1:00:35 - | 0:30:31 | 0:29:19 | 1988 |
| 875 | 1348 | Soraruf Brian | Team Bratwurst | 0:59:50 | M40 | 146 | 1:00:39 - | 0:30:10 | 0:29:39 | 1975 |
| 876 | 1280 | Rucha Rafael | *Hamburg | 0:59:52 | M40 | 147 | 1:01:23 - | 0:30:25 | 0:29:26 | 1975 |
| 877 | 2437 | Theißen Andreas | *Mönchengladbach | 0:59:52 | M20 | 120 | 1:00:45 - | 0:30:22 | 0:29:29 | 1987 |
| 878 | 3694 | Wittmann Mathias | Grüne Landtag | 0:59:55 | M30 | 122 | 1:00:56 - | 0:30:31 | 0:29:23 | 1985 |
| 879 | 1487 | Schlüter Gerd | *Düsseldorf | 0:59:55 | M30 | 123 | 1:00:45 - | 0:29:28 | 0:30:27 | 1982 |
| 880 | 1372 | Rogge Dirk | SUS Gehrden / DB AG | 0:59:56 | M40 | 148 | 1:00:48 - | 0:28:34 | 0:31:22 | 1976 |
| 881 | 1644 | Schröder Dr. Thomas | Hailes faule Hasen | 1:00:00 | M45 | 153 | 1:01:02 - | 0:30:38 | 0:29:22 | 1967 |
| 882 | 2382 | Börschlein Florian | *Düsseldorf | 1:00:02 | M20 | 121 | 1:01:16 - | 0:29:19 | 0:30:42 | 1988 |
| 883 | 1837 | Fingerhut Klaus | Club Spert Hennef | 1:00:03 | M50 | 102 | 1:00:38 - | 0:29:28 | 0:30:34 | 1964 |
| 884 | 1710 | Lumma Frank | *Düsseldorf | 1:00:03 | M40 | 149 | 1:00:38 - | 0:29:28 | 0:30:34 | 1976 |
| 885 | 3689 | Schneider Roger | Matthias-Claudius-Grundsc | 1:00:06 | M45 | 154 | 1:01:33 - | 0:31:31 | 0:28:34 | 1967 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|-------------------------|----------------------------|---------|------|--------|-------------------|---------|---------|----------|
| 886 | 2610 | Eichelberg Carsten | KGS Fleher Straße | 1:00:08 | M45 | 155 | 1:00:42 - 0:30:53 | 0:29:14 | | 1969 |
| 887 | 2334 | Hagemeier Olaf | Happy Running Family | 1:00:09 | M45 | 156 | 1:00:46 - 0:30:07 | 0:30:02 | | 1971 |
| 888 | 1526 | Paßmann Tobias | *Düsseldorf | 1:00:10 | M20 | 122 | 1:01:23 - 0:31:20 | 0:28:50 | | 1987 |
| 889 | 1438 | Heinsen Daniel | *Düsseldorf | 1:00:17 | M35 | 139 | 1:01:45 - 0:31:31 | 0:28:45 | | 1980 |
| 890 | 2270 | Jung Sven | *Düsseldorf | 1:00:18 | M30 | 124 | 1:01:00 - 0:30:57 | 0:29:20 | | 1982 |
| 891 | 2028 | Vollmar Johannes | *Düsseldorf | 1:00:26 | M35 | 140 | 1:01:20 - 0:31:23 | 0:29:03 | | 1980 |
| 892 | 3307 | Steffens Dirk | Lauftreff Fische | 1:00:27 | M50 | 103 | 1:01:51 - 0:29:32 | 0:30:55 | | 1962 |
| 893 | 4545 | Hüsemann Rolf | | 1:00:32 | M60 | 26 | 1:01:24 - 0:30:24 | 0:30:08 | | 1956 |
| 894 | 1844 | Brandenburger Maik | *Wissen | 1:00:35 | M45 | 157 | 1:01:47 - 0:30:09 | 0:30:26 | | 1971 |
| 895 | 2191 | Fürgut Prof. Arnika | *Düsseldorf | 1:00:43 | M20 | 123 | 1:00:56 - 0:30:12 | 0:30:30 | | 1987 |
| 896 | 1523 | Dröse Frank | *düsseldorf | 1:00:43 | M55 | 54 | 1:02:03 - 0:30:25 | 0:30:18 | | 1958 |
| 897 | 1586 | Kroll Hartmut | Lauftreff Kemnade | 1:00:45 | M70 | 4 | 1:02:01 - 0:31:11 | 0:29:34 | | 1945 |
| 898 | 2313 | Fremder Christian | *Düsseldorf | 1:00:46 | M20 | 124 | 1:02:19 - 0:30:18 | 0:30:28 | | 1987 |
| 899 | 1980 | Domnick Ralf | *Duesseldorf | 1:00:57 | M50 | 104 | 1:01:46 - 0:29:55 | 0:31:01 | | 1965 |
| 900 | 2842 | Alguel Taner | Mitsubishi Electric Europe | 1:00:58 | M40 | 150 | 1:01:51 - 0:29:23 | 0:31:35 | | 1975 |
| 901 | 1926 | Heymann Stephan | Techniker Krankenkasse | 1:00:58 | M45 | 158 | 1:01:40 - 0:31:15 | 0:29:43 | | 1971 |
| 902 | 1544 | Wrede Jascha | *Düsseldorf | 1:00:59 | M20 | 125 | 1:01:37 - 0:29:41 | 0:31:18 | | 1987 |
| 903 | 1925 | Angenendt Rolf | Techniker Krankenkasse | 1:01:00 | M45 | 159 | 1:01:40 - 0:31:17 | 0:29:43 | | 1967 |
| 904 | 2864 | Eger Carsten | Brandschutzbüro Eger | 1:01:00 | M20 | 126 | 1:02:23 - 0:31:35 | 0:29:25 | | 1989 |
| 905 | 2749 | Dr. Wolf Thomas | KGS Essener Straße | 1:01:03 | M50 | 105 | 1:01:07 - 0:28:35 | 0:32:28 | | 1966 |
| 906 | 4576 | Königsmark Björn | *Hilden | 1:01:04 | M35 | 141 | 1:02:02 - 0:30:59 | 0:30:05 | | 1981 |
| 907 | 1253 | Wilkehl Ralf | *Hilden | 1:01:13 | M50 | 106 | 1:01:57 - 0:29:48 | 0:31:24 | | 1966 |
| 908 | 3172 | Abel Edmund | Polizei Düsseldorf | 1:01:19 | M65 | 9 | 1:02:47 - 0:30:08 | 0:31:10 | | 1951 |
| 909 | 3212 | Kubat Helmuth | TV Frisch Auf Lennep | 1:01:20 | M70 | 5 | 1:02:44 - 0:32:20 | 0:28:59 | | 1944 |
| 910 | 1820 | Wesner Björn | Korsaren der Karibik | 1:01:20 | M35 | 142 | 1:02:16 - 0:31:13 | 0:30:06 | | 1977 |
| 911 | 3174 | Dübgren Dennis | KGS Bonifatius | 1:01:20 | M35 | 143 | 1:02:47 - 0:31:56 | 0:29:24 | | 1980 |
| 912 | 1517 | Hagemann Andreas | *Düsseldorf | 1:01:29 | M50 | 107 | 1:02:01 - 0:32:33 | 0:28:55 | | 1965 |
| 913 | 1782 | Kordel Christian | OTV Endurance Team/ Co | 1:01:36 | M40 | 151 | 1:02:36 - 0:31:02 | 0:30:34 | | 1975 |
| 914 | 2913 | Pukallus Michael | *Düsseldorf | 1:01:39 | M60 | 27 | 1:02:46 - 0:31:05 | 0:30:34 | | 1955 |
| 915 | 4213 | Engels Christoph | Martin-Luther-Schule | 1:01:41 | M20 | 127 | 1:02:30 - 0:30:41 | 0:30:59 | | 1987 |
| 916 | 1497 | Fink Christoph | *Hagen | 1:01:41 | M35 | 144 | 1:03:00 - 0:32:07 | 0:29:33 | | 1981 |
| 917 | 2413 | Weidenfeld Ralph | *Meerbusch | 1:01:53 | M60 | 28 | 1:02:36 - 0:31:05 | 0:30:47 | | 1956 |
| 918 | 2899 | Mutinda Jonathan | *Essen | 1:02:06 | M35 | 145 | 1:03:16 - 0:33:23 | 0:28:42 | | 1979 |
| 919 | 1895 | Schneckenburger Patrick | *Meerbusch | 1:02:09 | M40 | 152 | 1:03:05 - 0:31:23 | 0:30:45 | | 1976 |
| 920 | 4343 | Gruschka Gregor | MAN | 1:02:12 | M55 | 55 | 1:02:33 - 0:31:11 | 0:31:00 | | 1958 |
| 921 | 191 | Jahnke Alexander | Vodafone Group Services G1 | 1:02:16 | M40 | 153 | 1:03:09 - 0:31:31 | 0:30:44 | | 1976 |
| 922 | 175 | Dohmen Christoph | Vodafone Group Services G1 | 1:02:17 | M35 | 146 | 1:03:09 - 0:31:34 | 0:30:43 | | 1981 |
| 923 | 1741 | Arning Henrik | *Düsseldorf | 1:02:18 | M20 | 128 | 1:03:42 - 0:32:11 | 0:30:06 | | 1987 |
| 924 | 2167 | Sohns Marc | Astrid-Lindgren-Grundschul | 1:02:23 | M40 | 154 | 1:03:41 - 0:32:51 | 0:29:32 | | 1974 |
| 925 | 2168 | Sohns Jari | *Köln | 1:02:25 | MU18 | 5 | 1:03:41 - 0:32:53 | 0:29:32 | | 2005 |
| 926 | 2480 | Jaster Michael | *Düsseldorf | 1:02:34 | M45 | 160 | 1:02:43 - 0:29:55 | 0:32:38 | | 1967 |
| 927 | 3017 | Poleacov Peter | *Düsseldorf | 1:02:34 | M35 | 147 | 1:02:43 - 0:29:55 | 0:32:38 | | 1978 |
| 928 | 1297 | Gänswein Dr. Oliver | *Düsseldorf | 1:02:37 | M35 | 148 | 1:03:31 - 0:30:49 | 0:31:48 | | 1980 |
| 929 | 1686 | Mann Stephan | *düsseldorf | 1:02:48 | M40 | 155 | 1:03:51 - 0:31:24 | 0:31:23 | | 1974 |
| 930 | 1130 | Broich Ralph | Ford FCSD | 1:03:00 | M45 | 161 | 1:03:58 - 0:31:45 | 0:31:14 | | 1970 |
| 931 | 2138 | Zitoun Farid | Naturheilzentrum Bottrop | 1:03:13 | M45 | 162 | 1:04:32 - 0:31:12 | 0:32:01 | | 1968 |
| 932 | 2333 | Fleege Franz-Günther | Tus Gildehaus | 1:03:15 | M65 | 10 | 1:04:19 - 0:32:11 | 0:31:04 | | 1951 |
| 933 | 2512 | Barzen Thomas | FSV Feuerwehr Düsseldorf | 1:03:15 | M35 | 149 | 1:04:37 - 0:29:59 | 0:33:16 | | 1980 |
| 934 | 2837 | Liersch Jan-Philipp | Mitsubishi Electric Europe | 1:03:16 | M35 | 150 | 1:04:08 - 0:29:41 | 0:33:34 | | 1981 |
| 935 | 1165 | Hüls Gerhard | *Pinneberg | 1:03:22 | M60 | 29 | 1:03:34 - 0:31:06 | 0:32:15 | | 1956 |
| 936 | 105 | Jambor Ernst | DRV Bund | 1:03:24 | M60 | 30 | 1:04:22 - 0:31:43 | 0:31:40 | | 1956 |
| 937 | 2118 | Röhrig Wolfgang | LG RWE POWER | 1:03:24 | M60 | 31 | 1:04:45 - 0:31:56 | 0:31:28 | | 1955 |
| 938 | 108 | Schmitz Robert | DRV Bund | 1:03:24 | M50 | 108 | 1:04:23 - 0:31:38 | 0:31:45 | | 1964 |
| 939 | 2904 | Sharma Robin | *Essen | 1:03:24 | M35 | 151 | 1:04:34 - 0:33:22 | 0:30:02 | | 1978 |
| 940 | 107 | Kuhn Thomas | DRV Bund | 1:03:25 | M50 | 109 | 1:04:23 - 0:31:43 | 0:31:42 | | 1965 |
| 941 | 106 | Contzen Jens | DRV Bund | 1:03:26 | M50 | 110 | 1:04:22 - 0:31:40 | 0:31:45 | | 1966 |
| 942 | 2351 | Wasch Norbert | *Hückelhoven | 1:03:32 | M45 | 163 | 1:04:26 - 0:31:29 | 0:32:02 | | 1967 |
| 943 | 2294 | Baumhoer Michael | lt-run4fun.de | 1:03:34 | M50 | 111 | 1:03:58 - 0:31:27 | 0:32:06 | | 1964 |
| 944 | 1888 | Mazurek Christian | *Neuss | 1:03:34 | M35 | 152 | 1:04:46 - 0:33:08 | 0:30:25 | | 1978 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|--------------------------|----------------------------|---------|------|--------|-------------------|---------|---------|----------|
| 945 | 2969 | Granderath Ulrich | *Meerbusch | 1:03:34 | M60 | 32 | 1:04:52 - 0:32:45 | 0:30:49 | | 1955 |
| 946 | 1991 | Andres Ron | *Düsseldorf | 1:03:34 | M35 | 153 | 1:04:14 - 0:31:39 | 0:31:55 | | 1977 |
| 947 | 2268 | Hennig Christoph | *Düsseldorf | 1:03:38 | M35 | 154 | 1:04:29 - 0:32:20 | 0:31:17 | | 1978 |
| 948 | 1869 | Plath Dr. Bernhard | *Wuppertal | 1:03:46 | M55 | 56 | 1:03:51 - 0:30:49 | 0:32:56 | | 1957 |
| 949 | 1868 | Plath Chris | *Solingen | 1:03:46 | M20 | 129 | 1:03:51 - 0:30:48 | 0:32:57 | | 1993 |
| 950 | 2508 | Blömker Mike | FSV Feuerwehr Düsseldorf | 1:03:56 | M30 | 125 | 1:05:18 - 0:30:27 | 0:33:28 | | 1984 |
| 951 | 3278 | Icke Wilhelm | Krick KD | 1:04:06 | M60 | 33 | 1:05:17 - 0:29:20 | 0:34:46 | | 1955 |
| 952 | 61 | Damm Manuel | KGS Bonifatius | 1:04:14 | M35 | 155 | 1:05:40 - 0:32:54 | 0:31:19 | | 1981 |
| 953 | 1276 | Kux Stefan | Martin-Luther-Schule | 1:04:25 | M40 | 156 | 1:05:31 - 0:32:19 | 0:32:06 | | 1976 |
| 954 | 1077 | Coenen Alexander | *Düsseldorf | 1:04:34 | M30 | 126 | 1:04:34 - 0:30:21 | 0:34:13 | | 1985 |
| 955 | 4214 | Zaß Benjamin | Martin-Luther-Schule | 1:04:35 | M20 | 130 | 1:05:25 - 0:32:33 | 0:32:01 | | 1994 |
| 956 | 1846 | Schelhas Hermann | MTG Horst Essen | 1:04:43 | M75 | 3 | 1:05:13 - 0:32:08 | 0:32:35 | | 1940 |
| 957 | 2095 | Kevering Karl-Heinz | Rennschnecken 2000 | 1:04:49 | M55 | 57 | 1:05:42 - 0:32:14 | 0:32:35 | | 1959 |
| 958 | 2250 | Littek Marcel | *Düsseldorf | 1:05:02 | M20 | 131 | 1:05:51 - 0:33:10 | 0:31:52 | | 1990 |
| 959 | 2461 | Meissner Rainer | Lanxess Roadrunners | 1:05:06 | M50 | 112 | 1:06:20 - 0:33:50 | 0:31:15 | | 1965 |
| 960 | 2888 | Guth Simon | *Rommerskirchen | 1:05:19 | MU20 | 4 | 1:06:41 - 0:32:35 | 0:32:44 | | 1997 |
| 961 | 1965 | Schnug Günter | *Düsseldorf | 1:05:30 | M50 | 113 | 1:06:35 - 0:31:57 | 0:33:32 | | 1966 |
| 962 | 1326 | Müller Chris | Praxis an der Sternwarte | 1:05:35 | M40 | 157 | 1:06:15 - 0:33:17 | 0:32:18 | | 1975 |
| 963 | 172 | Correia Fernandes Antoni | Vodafone Group Services G1 | 1:05:39 | M40 | 158 | 1:06:46 - 0:32:58 | 0:32:41 | | 1976 |
| 964 | 2253 | Meyer Eric | SG Stern Düsseldorf | 1:05:40 | M45 | 164 | 1:07:13 - 0:32:17 | 0:33:23 | | 1971 |
| 965 | 1617 | Schmitz Jan | *Solingen | 1:05:49 | M30 | 127 | 1:07:01 - 0:32:14 | 0:33:34 | | 1985 |
| 966 | 1391 | Hamann Frank | *Monheim am Rhein | 1:06:02 | M45 | 165 | 1:07:29 - 0:33:35 | 0:32:27 | | 1970 |
| 967 | 2866 | Eger Uwe | Brandschutzbüro Eger | 1:06:11 | M50 | 114 | 1:07:35 - 0:32:13 | 0:33:57 | | 1962 |
| 968 | 2027 | Rotzoll Andreas | *Düsseldorf | 1:06:20 | M45 | 166 | 1:07:37 - 0:32:43 | 0:33:36 | | 1969 |
| 969 | 4600 | Kluge David | *Düsseldorf | 1:06:21 | M30 | 128 | 1:07:17 - 0:34:04 | 0:32:17 | | 1986 |
| 970 | 3533 | Klindtberg Benno | Matthias-Claudius-Grundsc | 1:06:27 | M65 | 11 | 1:06:45 - 0:33:01 | 0:33:25 | | 1949 |
| 971 | 2158 | Artz Thomas | Ausdauerschule by Bunert | 1:06:31 | M45 | 167 | 1:06:53 - 0:33:02 | 0:33:29 | | 1969 |
| 972 | 1269 | Spanihel Dirk | Dice Devils | 1:06:42 | M45 | 168 | 1:08:03 - 0:33:55 | 0:32:47 | | 1968 |
| 973 | 126 | Raschke Michael | WTS Steuerberatungsges | 1:06:47 | M40 | 159 | 1:07:03 - 0:33:36 | 0:33:11 | | 1972 |
| 974 | 1150 | Hoffmann Dietmar | *Meerbusch | 1:06:50 | M55 | 58 | 1:07:27 - 0:32:31 | 0:34:18 | | 1957 |
| 975 | 1270 | Trarbach Thomas | Dice Devils | 1:07:07 | M50 | 115 | 1:08:27 - 0:33:54 | 0:33:13 | | 1963 |
| 976 | 1027 | Feldmeyer Gerhard | HPP Architekten | 1:07:11 | M60 | 34 | 1:08:54 - 0:32:52 | 0:34:19 | | 1956 |
| 977 | 1183 | Koloska Michael | *Erkrath | 1:07:16 | M40 | 160 | 1:07:38 - 0:35:39 | 0:31:37 | | 1973 |
| 978 | 2213 | Mainz Dieter | SV Grün-Weiß-Rot Düssel | 1:07:33 | M80 | 1 | 1:08:49 - 0:33:44 | 0:33:49 | | 1936 |
| 979 | 4453 | Pichandi Senthil | | 1:07:41 | M45 | 169 | 1:07:59 - 0:33:55 | 0:33:45 | | 1971 |
| 980 | 2295 | Weinknecht Jonas | *Düsseldorf | 1:07:43 | M35 | 156 | 1:08:33 - 0:35:21 | 0:32:21 | | 1980 |
| 981 | 1118 | Sauer Götz | *Bernried am Starnberger S | 1:07:43 | M50 | 116 | 1:08:57 - 0:33:54 | 0:33:49 | | 1966 |
| 982 | 2970 | Nolden Christian | *Meerbusch | 1:08:34 | M35 | 157 | 1:09:52 - 0:35:19 | 0:33:15 | | 1977 |
| 983 | 3350 | Gottschalk Simon | Thomas-Schule | 1:08:51 | M40 | 161 | 1:09:46 - 0:36:24 | 0:32:27 | | 1974 |
| 984 | 2172 | Liman Hilmi | *Solingen | 1:08:56 | M75 | 4 | 1:09:36 - 0:33:03 | 0:35:52 | | 1941 |
| 985 | 1785 | Berthold Frank | *Düsseldorf | 1:09:03 | M50 | 117 | 1:10:20 - 0:34:23 | 0:34:40 | | 1965 |
| 986 | 1731 | Pschen Franz | LG RWE POWER | 1:09:25 | M65 | 12 | 1:10:45 - 0:34:07 | 0:35:17 | | 1948 |
| 987 | 1100 | Boelingen Kai | *Langwedel | 1:09:32 | M50 | 118 | 1:10:32 - 0:34:18 | 0:35:13 | | 1966 |
| 988 | 1708 | Pütz Heino | Laufen gegen Leiden e.V. | 1:09:48 | M55 | 59 | 1:10:34 - 0:34:04 | 0:35:43 | | 1961 |
| 989 | 193 | Kenschner Lars | Vodafone Group Services G1 | 1:10:03 | M35 | 158 | 1:11:36 - 0:33:16 | 0:36:47 | | 1979 |
| 990 | 1827 | Madhuranath Sharath | *Dusseldorf | 1:10:04 | M40 | 162 | 1:11:03 - 0:34:01 | 0:36:02 | | 1976 |
| 991 | 1587 | Schaefer Klaus | Lauftreff Kemnade | 1:10:24 | M70 | 6 | 1:11:39 - 0:35:43 | 0:34:40 | | 1946 |
| 992 | 3210 | New Rolf | TV Frisch Auf Lennep | 1:10:25 | M70 | 7 | 1:11:55 - 0:34:55 | 0:35:30 | | 1946 |
| 993 | 2140 | Abend Günter | *Düsseldorf | 1:10:35 | M70 | 8 | 1:11:15 - 0:33:55 | 0:36:40 | | 1943 |
| 994 | 1271 | Frech Thomas | Dice Devils | 1:11:09 | M50 | 119 | 1:12:29 - 0:35:01 | 0:36:07 | | 1965 |
| 995 | 1134 | Schieben Knut | Eule 17 | 1:11:22 | M50 | 120 | 1:12:32 - 0:34:59 | 0:36:23 | | 1963 |
| 996 | 1136 | Schieben Torben | Eule 17 | 1:11:23 | M20 | 132 | 1:12:32 - 0:35:00 | 0:36:23 | | 1994 |
| 997 | 2510 | Krey Daniel | FSV Feuerwehr Düsseldorf | 1:12:39 | M35 | 159 | 1:14:01 - 0:32:36 | 0:40:02 | | 1980 |
| 998 | 1332 | Staarman Hannes | *Osnabrück | 1:13:33 | M60 | 35 | 1:14:28 - 0:36:32 | 0:37:00 | | 1954 |
| 999 | 1243 | Kern Dr. Alexander | onation | 1:14:43 | M30 | 129 | 1:16:20 - 0:37:10 | 0:37:33 | | 1983 |
| 1000 | 2085 | Hanschel Dieter | TSV Meerbusch | 1:18:36 | M80 | 2 | 1:19:53 - 0:38:01 | 0:40:34 | | 1936 |
| 1001 | 1972 | Zell Hartmut | PSV Düsseldorf | 1:18:53 | M65 | 13 | 1:19:33 - 0:38:03 | 0:40:49 | | 1949 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|----------------------|---------------------------|---------|------|--------|------------|---------|---------|----------|
| 1 | 1090 | Aßbeck Katharina | TriForce-Vital Remscheid | 0:40:05 | W20 | 1 | 0:40:08 | 0:19:57 | 0:20:07 | 1988 |
| 2 | 4110 | Geiken Annette | LAZ Puma Rhein Sieg | 0:40:13 | W45 | 1 | 0:40:17 | 0:20:29 | 0:19:44 | 1967 |
| 3 | 2583 | Gorla Dioni | ART Düsseldorf | 0:41:14 | WU20 | 1 | 0:41:15 | 0:20:28 | 0:20:46 | 1997 |
| 4 | 3157 | Schrage-Jung Claudia | Polizei Düsseldorf | 0:42:26 | W35 | 1 | 0:42:32 | 0:21:00 | 0:21:26 | 1979 |
| 5 | 1754 | Haase Sarah | *Essen | 0:42:43 | W35 | 2 | 0:42:46 | 0:21:40 | 0:21:02 | 1981 |
| 6 | 2340 | Peters Sandra | TSV Meerbusch | 0:43:12 | W45 | 2 | 0:43:23 | 0:21:47 | 0:21:24 | 1968 |
| 7 | 2278 | Poggel Martina | Timon & Pumba GmbH | 0:43:26 | W20 | 2 | 0:43:32 | 0:21:30 | 0:21:56 | 1989 |
| 8 | 2711 | Hanf Anja | Running Team Grafenberg | 0:43:44 | W50 | 1 | 0:43:47 | 0:21:34 | 0:22:09 | 1965 |
| 9 | 3075 | Jenke Ute | ASC Rosellen/Neuss | 0:43:49 | W50 | 2 | 0:43:52 | 0:22:02 | 0:21:47 | 1964 |
| 10 | 2496 | Hahn Paula | Ultraleicht | 0:44:11 | W45 | 3 | 0:44:27 | 0:22:16 | 0:21:54 | 1968 |
| 11 | 129 | Herold Ute | WTS Steuerberatungsges | 0:44:49 | W50 | 3 | 0:44:57 | 0:22:26 | 0:22:23 | 1964 |
| 12 | 1277 | Litzenburger Judith | *Düsseldorf | 0:45:09 | W30 | 1 | 0:45:57 | 0:22:47 | 0:22:22 | 1984 |
| 13 | 1432 | Gößling Franziska | LT Rennhamster Düsseldo | 0:45:29 | W20 | 3 | 0:45:42 | 0:22:37 | 0:22:51 | 1987 |
| 14 | 1520 | Förster Nina | *Essen | 0:46:09 | W30 | 2 | 0:46:43 | 0:23:16 | 0:22:52 | 1982 |
| 15 | 2271 | Fett Carmen | *Düsseldorf | 0:46:33 | W20 | 4 | 0:46:33 | 0:22:47 | 0:23:45 | 1989 |
| 16 | 1442 | Karppinen Henriikka | Running Team Grafenberg | 0:46:34 | W30 | 3 | 0:46:42 | 0:23:28 | 0:23:06 | 1985 |
| 17 | 1065 | Dominick Christiane | *Düsseldorf | 0:46:44 | W20 | 5 | 0:46:52 | 0:23:07 | 0:23:36 | 1987 |
| 18 | 3046 | Wilke Belinda | TG Neuss | 0:46:48 | W55 | 1 | 0:46:53 | 0:23:16 | 0:23:32 | 1960 |
| 19 | 3213 | Wilbrecht Susanne | TV Frisch Auf Lennep | 0:46:51 | W45 | 4 | 0:47:02 | 0:23:25 | 0:23:26 | 1969 |
| 20 | 4176 | Negwer Ulrike | Martin-Luther-Schule | 0:46:56 | W40 | 1 | 0:47:19 | 0:23:30 | 0:23:26 | 1972 |
| 21 | 4353 | Franzus Melanie | Rennschnecken 2000 | 0:47:05 | W40 | 2 | 0:47:14 | 0:23:47 | 0:23:17 | 1974 |
| 22 | 4377 | Lanukhina Olga | | 0:47:13 | W30 | 4 | 0:47:55 | 0:23:53 | 0:23:20 | 1985 |
| 23 | 68 | Goworek Justine | UniCredit Bank AG | 0:47:20 | W20 | 6 | 0:47:40 | 0:23:28 | 0:23:52 | 1995 |
| 24 | 4462 | Sean Li | | 0:47:40 | W20 | 7 | 0:47:52 | 0:23:37 | 0:24:03 | |
| 25 | 1663 | Kunze Birgit | *Hilchenbach | 0:47:43 | W30 | 5 | 0:48:02 | 0:23:45 | 0:23:58 | 1983 |
| 26 | 1029 | Gimpel Katerina | HPP Architekten | 0:47:45 | W35 | 3 | 0:49:13 | 0:24:34 | 0:23:11 | 1979 |
| 27 | 2723 | Lamers Daniela | Running Team Grafenberg | 0:47:59 | W35 | 4 | 0:48:20 | 0:24:48 | 0:23:10 | 1981 |
| 28 | 2492 | Müller Andrea | *Düsseldorf | 0:48:00 | W45 | 5 | 0:49:46 | 0:24:49 | 0:23:11 | 1970 |
| 29 | 2520 | Bings Maja | Düsseldorfer Turnverein | 0:48:09 | WU18 | 1 | 0:48:43 | 0:24:35 | 0:23:34 | 2002 |
| 30 | 1654 | Bayer Kyra-Melody | *Monheim | 0:48:25 | W20 | 8 | 0:49:50 | 0:25:18 | 0:23:06 | 1993 |
| 31 | 1878 | Liedtke Burghild | Laufschule Düsseldorf | 0:48:26 | W50 | 4 | 0:48:34 | 0:24:38 | 0:23:47 | 1965 |
| 32 | 1599 | Maas Sabine | *Düsseldorf | 0:48:31 | W20 | 9 | 0:48:45 | 0:24:25 | 0:24:05 | 1987 |
| 33 | 3312 | Kokozinski Susanne | TSV Viktoria Mülheim | 0:48:53 | W50 | 5 | 0:49:00 | 0:24:32 | 0:24:21 | 1964 |
| 34 | 1042 | Von Renneberg Verena | *Bonn | 0:49:17 | W20 | 10 | 0:49:47 | 0:24:56 | 0:24:21 | 1991 |
| 35 | 1446 | Wolf Sandra | *Düsseldorf | 0:49:21 | W30 | 6 | 0:50:35 | 0:25:39 | 0:23:41 | 1985 |
| 36 | 3158 | Düsenberg Susanne | Polizei Düsseldorf | 0:49:36 | W45 | 6 | 0:49:57 | 0:24:40 | 0:24:55 | 1969 |
| 37 | 4431 | Kollenbroich Annika | | 0:49:38 | W20 | 11 | 0:49:43 | 0:23:47 | 0:25:51 | 1996 |
| 38 | 1622 | Losereit Sandra | Krefeld | 0:49:41 | W35 | 5 | 0:49:47 | 0:24:15 | 0:25:26 | 1979 |
| 39 | 2093 | Müller Marina | *Hagen | 0:49:48 | W30 | 7 | 0:50:11 | 0:25:24 | 0:24:23 | 1984 |
| 40 | 3534 | Kernebeck Birgit | Matthias-Claudius-Grundsc | 0:49:51 | W40 | 3 | 0:50:51 | 0:25:37 | 0:24:13 | 1974 |
| 41 | 2514 | Oguz Svenja | FSV Feuerwehr Düsseldorf | 0:49:55 | W30 | 8 | 0:50:29 | 0:25:06 | 0:24:48 | 1982 |
| 42 | 1885 | Mazurek Isabella | *Düsseldorf | 0:49:56 | W30 | 9 | 0:51:07 | 0:24:48 | 0:25:07 | 1984 |
| 43 | 1657 | Roata Cristina | Running Team Grafenberg | 0:50:12 | W35 | 6 | 0:50:15 | 0:23:33 | 0:26:39 | 1980 |
| 44 | 1887 | Cramer Alexandra | *Düsseldorf | 0:50:14 | W30 | 10 | 0:51:36 | 0:26:17 | 0:23:56 | 1986 |
| 45 | 1245 | Will Elaine | *Hagen | 0:50:16 | W20 | 12 | 0:50:25 | 0:25:28 | 0:24:48 | 1994 |
| 46 | 2306 | Borgloh Sarah | *Düsseldorf | 0:50:16 | W35 | 7 | 0:50:56 | 0:25:52 | 0:24:24 | 1981 |
| 47 | 3012 | Pfaff Angie | SportshopTriathlonTeam/D | 0:50:21 | W35 | 8 | 0:50:56 | 0:26:25 | 0:23:56 | 1979 |
| 48 | 1533 | Riemer Karin | *Düsseldorf | 0:50:29 | W45 | 7 | 0:50:55 | 0:25:06 | 0:25:23 | 1967 |
| 49 | 1146 | Rath Iris | *Düsseldorf | 0:50:35 | W35 | 9 | 0:51:10 | 0:26:32 | 0:24:03 | 1979 |
| 50 | 1246 | Will Janine | *Hagen | 0:50:39 | W20 | 13 | 0:50:47 | 0:25:37 | 0:25:01 | 1994 |
| 51 | 2551 | Hoff Leonie | *Düsseldorf | 0:50:39 | WU20 | 2 | 0:51:04 | 0:25:57 | 0:24:42 | 1998 |
| 52 | 1707 | Vogelbein Vanessa | *Duisburg | 0:50:45 | W20 | 14 | 0:51:04 | 0:25:17 | 0:25:27 | 1988 |
| 53 | 819 | Syben Elena | BSG Sparda-Bank West | 0:50:47 | WU20 | 3 | 0:50:52 | 0:26:11 | 0:24:35 | 1998 |
| 54 | 782 | Fröhlich Cederic | BSG Sparda-Bank West | 0:50:51 | W20 | 15 | 0:50:56 | 0:24:50 | 0:26:00 | 1996 |
| 55 | 1365 | Rieper Sibylle | LG Euregio eV | 0:50:58 | W45 | 8 | 0:52:14 | 0:25:59 | 0:24:58 | 1968 |
| 56 | 1578 | Schumann Yvette | *Düsseldorf | 0:51:02 | W40 | 4 | 0:51:22 | 0:25:32 | 0:25:30 | 1975 |
| 57 | 3314 | Markhoff Karin | TSV Viktoria Mülheim | 0:51:06 | W55 | 2 | 0:51:12 | 0:25:41 | 0:25:25 | 1959 |
| 58 | 2241 | Jaekel Rebekka | *Köln | 0:51:08 | W20 | 16 | 0:51:42 | 0:25:47 | 0:25:21 | 1987 |
| 59 | 1555 | Pollmann Helena | *Hagen | 0:51:11 | W20 | 17 | 0:52:14 | 0:26:06 | 0:25:05 | 1987 |

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Hauptlauf 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------------|----------------------------|---------|------|--------|-------------------|---------|---------|----------|
| 60 | 1177 | Staack Hubertine | LG Euregio eV | 0:51:14 | W55 | 3 | 0:52:30 - 0:25:59 | 0:25:15 | | 1960 |
| 61 | 2957 | Franke Samira | *Schwalmtal | 0:51:16 | W20 | 18 | 0:51:22 - 0:25:37 | 0:25:39 | | 1992 |
| 62 | 1655 | Altemeier Christin | *Düsseldorf | 0:51:16 | W30 | 11 | 0:51:33 - 0:25:27 | 0:25:49 | | 1985 |
| 63 | 2651 | Warnemünde Birgit | KGS Fleher Straße | 0:51:25 | W45 | 9 | 0:51:56 - 0:26:08 | 0:25:16 | | 1969 |
| 64 | 2559 | Julidori Miraidier Ana Crist | Run4Fun | 0:51:29 | W30 | 12 | 0:51:33 - 0:25:45 | 0:25:43 | | 1984 |
| 65 | 1193 | Kukulies Martina | FC Deutsche Post | 0:51:34 | W45 | 10 | 0:51:38 - 0:25:21 | 0:26:12 | | 1967 |
| 66 | 2498 | Köhler Silke | Frau | 0:51:36 | W30 | 13 | 0:52:03 - 0:25:13 | 0:26:23 | | 1982 |
| 67 | 2821 | Jäger Clara | KGS Essener Straße | 0:51:40 | W30 | 14 | 0:52:17 - 0:27:50 | 0:23:50 | | 1985 |
| 68 | 1464 | Lange Christina | *Düsseldorf | 0:51:44 | W45 | 11 | 0:52:49 - 0:25:54 | 0:25:50 | | 1968 |
| 69 | 1545 | Remberg Corinna | *Mönchengladbach | 0:51:47 | W20 | 19 | 0:52:30 - 0:26:45 | 0:25:01 | | 1993 |
| 70 | 1403 | Treiber Kerstin | Fortuna Düsseldorf 1895 T | 0:51:52 | W35 | 10 | 0:52:19 - 0:25:53 | 0:25:59 | | 1978 |
| 71 | 1465 | Lange Patricia | *Düsseldorf | 0:51:54 | W20 | 20 | 0:52:59 - 0:25:57 | 0:25:57 | | 1993 |
| 72 | 1457 | Hesse Anja | *Düsseldorf | 0:51:56 | W30 | 15 | 0:52:19 - 0:26:07 | 0:25:49 | | 1985 |
| 73 | 153 | Hoffmann Britta | Vodafone Group Services G0 | 0:52:05 | W40 | 5 | 0:52:32 - 0:25:43 | 0:26:22 | | 1976 |
| 74 | 2299 | Stracke Nora | *Haan | 0:52:07 | W20 | 21 | 0:52:44 - 0:25:49 | 0:26:18 | | 1995 |
| 75 | 4338 | Winkler Sabrina | | 0:52:11 | W20 | 22 | 0:53:46 - 0:26:33 | 0:25:38 | | 1989 |
| 76 | 4412 | Simons Simone | | 0:52:12 | W30 | 16 | 0:53:14 - 0:27:36 | 0:24:36 | | 1985 |
| 77 | 2226 | Wolny Ramona | *Hemer | 0:52:14 | W20 | 23 | 0:52:42 - 0:26:58 | 0:25:15 | | 1989 |
| 78 | 2574 | Rodemers Sabine | *Leichlingen | 0:52:35 | W40 | 6 | 0:52:58 - 0:26:20 | 0:26:15 | | 1976 |
| 79 | 1075 | Forg Corinna | Running Team Grafenberg | 0:52:35 | W45 | 12 | 0:53:23 - 0:26:59 | 0:25:36 | | 1971 |
| 80 | 2917 | Lehmann Gaby | LG Stadtwerke Hilden | 0:52:36 | W50 | 6 | 0:52:59 - 0:26:03 | 0:26:33 | | 1965 |
| 81 | 1793 | De Graat Luisa | Running Team Grafenberg | 0:52:36 | W45 | 13 | 0:53:23 - 0:26:59 | 0:25:36 | | 1969 |
| 82 | 4380 | Kuzmina Margarita | | 0:52:36 | W20 | 24 | 0:53:20 - 0:27:38 | 0:24:58 | | 1988 |
| 83 | 3208 | Gorselink Rosa | TV Frisch Auf Lennep | 0:52:38 | W45 | 14 | 0:52:49 - 0:26:09 | 0:26:28 | | 1969 |
| 84 | 2301 | Koelker Christiane | *Mettmann | 0:52:46 | W50 | 7 | 0:53:21 - 0:26:17 | 0:26:29 | | 1964 |
| 85 | 3313 | Kurschat Christina | *Krefeld | 0:52:47 | W20 | 25 | 0:53:23 - 0:26:49 | 0:25:57 | | 1988 |
| 86 | 2391 | Mecke Sabine | *Duesseldorf | 0:52:50 | W20 | 26 | 0:53:16 - 0:25:59 | 0:26:51 | | 1991 |
| 87 | 2353 | RAMA ESTHER | *WILLICH | 0:52:51 | W35 | 11 | 0:52:57 - 0:25:59 | 0:26:51 | | 1977 |
| 88 | 1356 | Exner Katharina | *ratingen | 0:52:52 | W20 | 27 | 0:54:09 - 0:27:06 | 0:25:45 | | 1990 |
| 89 | 848 | Koopmann Marianne | Düsseldorfer Hypothekenba0 | 0:52:52 | W30 | 17 | 0:53:20 - 0:26:40 | 0:26:11 | | 1986 |
| 90 | 2718 | Lalee Latifa | Running Team Grafenberg | 0:53:01 | W45 | 15 | 0:54:14 - 0:26:35 | 0:26:26 | | 1967 |
| 91 | 1380 | Akutsu Atsuko | *Meerbusch | 0:53:08 | W35 | 12 | 0:54:10 - 0:27:18 | 0:25:49 | | 1978 |
| 92 | 2428 | Biermann Maren | SchneeSportSchule TV Ne | 0:53:08 | W30 | 18 | 0:53:24 - 0:26:33 | 0:26:35 | | 1985 |
| 93 | 517 | Rapp Nanna | E.ON Inhouse Consulting G0 | 0:53:13 | W45 | 16 | 0:53:48 - 0:26:28 | 0:26:45 | | 1968 |
| 94 | 4401 | Wehling Christina | | 0:53:16 | W40 | 7 | 0:54:06 - 0:27:00 | 0:26:16 | | 1972 |
| 95 | 1653 | Nasch Mareike | *Düsseldorf | 0:53:17 | W30 | 19 | 0:53:50 - 0:27:25 | 0:25:51 | | 1983 |
| 96 | 2886 | Müller Alissa | *Wuppertal | 0:53:18 | W20 | 28 | 0:53:32 - 0:27:06 | 0:26:11 | | 1994 |
| 97 | 1840 | Kehrbaum Monika | Team Kerze | 0:53:19 | W50 | 8 | 0:53:44 - 0:26:14 | 0:27:04 | | 1964 |
| 98 | 1615 | Aufderbeck-Schmitz Kers | *Aachen | 0:53:20 | W50 | 9 | 0:54:36 - 0:26:57 | 0:26:22 | | 1963 |
| 99 | 2896 | Schwarz Susanna | *Düsseldorf | 0:53:22 | WU20 | 4 | 0:54:29 - 0:26:47 | 0:26:35 | | 1997 |
| 100 | 1633 | Weimer Dr. Maud | *Düsseldorf | 0:53:24 | W55 | 4 | 0:54:03 - 0:26:49 | 0:26:35 | | 1958 |
| 101 | 4468 | Gaas Viktoria | | 0:53:28 | W20 | 29 | 0:53:55 - 0:26:33 | 0:26:55 | | 1987 |
| 102 | 1069 | Wischniowsky Katharina | *Düsseldorf | 0:53:28 | W20 | 30 | 0:53:55 - 0:26:33 | 0:26:55 | | 1987 |
| 103 | 2102 | Schulz-Bongert Sabine | Running Team Grafenberg | 0:53:31 | W50 | 10 | 0:54:21 - 0:26:50 | 0:26:41 | | 1962 |
| 104 | 2275 | Wierzchowski Anna | *Düsseldorf | 0:53:31 | W30 | 20 | 0:53:48 - 0:26:40 | 0:26:50 | | 1984 |
| 105 | 1600 | Ehl Kathrin | *Düsseldorf | 0:53:31 | W30 | 21 | 0:53:49 - 0:26:40 | 0:26:51 | | 1984 |
| 106 | 2414 | Kelka Monika | TSV Meerbusch | 0:53:35 | W50 | 11 | 0:53:45 - 0:27:23 | 0:26:11 | | 1962 |
| 107 | 1554 | Gonzalez Laura | *Pamplona | 0:53:37 | W30 | 22 | 0:53:44 - 0:27:29 | 0:26:07 | | 1984 |
| 108 | 1904 | Breßgott Timna | *Düsseldorf | 0:53:40 | W20 | 31 | 0:54:14 - 0:26:51 | 0:26:48 | | 1992 |
| 109 | 1097 | Ketzer Jennifer | *Düsseldorf | 0:53:40 | W35 | 13 | 0:54:27 - 0:26:45 | 0:26:55 | | 1978 |
| 110 | 4395 | Eckhardt Ruth | | 0:53:42 | W30 | 23 | 0:54:37 - 0:27:31 | 0:26:11 | | 1986 |
| 111 | 2354 | Geiser-Lindenbeck Dr. An | *Düsseldorf | 0:53:44 | W50 | 12 | 0:54:36 - 0:27:17 | 0:26:26 | | 1964 |
| 112 | 2316 | Püschmann Katja | LT Stoppenberg | 0:53:47 | W40 | 8 | 0:53:51 - 0:26:23 | 0:27:24 | | 1976 |
| 113 | 1252 | Saur Isabella | Sanwald Laufteam | 0:53:49 | W20 | 32 | 0:54:05 - 0:27:19 | 0:26:30 | | 1989 |
| 114 | 1159 | Umlauf Tina | *Niederstein | 0:53:50 | W30 | 24 | 0:54:20 - 0:25:51 | 0:27:58 | | 1982 |
| 115 | 2320 | Janßen Britta | *Neuss | 0:53:51 | W35 | 14 | 0:54:45 - 0:26:36 | 0:27:15 | | 1977 |
| 116 | 1802 | Vogelsang Claudia | *Krefeld | 0:53:58 | W35 | 15 | 0:54:43 - 0:28:00 | 0:25:58 | | 1979 |
| 117 | 2363 | Beyer Katrin | *Düsseldorf | 0:54:01 | W30 | 25 | 0:54:16 - 0:27:09 | 0:26:51 | | 1983 |
| 118 | 4315 | Flintz Anne | | 0:54:01 | W20 | 33 | 0:54:42 - 0:27:39 | 0:26:22 | | 1991 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------|---------------------------|---------|------|--------|------------|---------|---------|----------|
| 119 | 4388 | Müller Juliane | | 0:54:03 | W20 | 34 | 0:54:58 - | 0:27:31 | 0:26:31 | 1988 |
| 120 | 2855 | Erdtmann Christine | *Remscheid | 0:54:12 | W45 | 17 | 0:55:09 - | 0:27:28 | 0:26:44 | 1968 |
| 121 | 1673 | Bergermann Nicole | *Essen | 0:54:19 | W40 | 9 | 0:54:24 - | 0:27:14 | 0:27:05 | 1975 |
| 122 | 1247 | Thimm Meike | *Düsseldorf | 0:54:27 | W20 | 35 | 0:54:35 - | 0:27:28 | 0:26:58 | 1990 |
| 123 | 1244 | Thimm Mareen | *Düsseldorf | 0:54:27 | W35 | 16 | 0:54:35 - | 0:27:29 | 0:26:57 | 1981 |
| 124 | 2399 | Patzelt Petra | Uedesheimer TV | 0:54:28 | W45 | 18 | 0:55:07 - | 0:26:58 | 0:27:29 | 1968 |
| 125 | 1748 | Mostert Jana | Osterather TV | 0:54:30 | W35 | 17 | 0:55:16 - | 0:28:07 | 0:26:23 | 1977 |
| 126 | 2059 | McNamara Kara | *Düsseldorf | 0:54:31 | W20 | 36 | 0:55:06 - | 0:26:50 | 0:27:40 | 1991 |
| 127 | 2953 | Genenger Marie-Catheri | *Düsseldorf | 0:54:35 | W30 | 26 | 0:55:21 - | 0:28:09 | 0:26:25 | 1986 |
| 128 | 1715 | Liebsch Eva | Rut Wiess Dreckelisch | 0:54:40 | W20 | 37 | 0:55:09 - | 0:28:00 | 0:26:40 | 1989 |
| 129 | 1564 | Voß Anna-Lena | Ruderriege ETUF Essen e | 0:54:41 | W20 | 38 | 0:55:21 - | 0:27:06 | 0:27:35 | 1987 |
| 130 | 2070 | Lönnemark Annika | *Erkrath | 0:54:49 | W20 | 39 | 0:55:05 - | 0:27:59 | 0:26:50 | 1988 |
| 131 | 2014 | Weber Regina | *Düsseldorf | 0:54:52 | W30 | 27 | 0:55:27 - | 0:28:02 | 0:26:50 | 1982 |
| 132 | 1684 | Döpp Caroline | *Düsseldorf | 0:54:54 | W30 | 28 | 0:55:12 - | 0:26:55 | 0:27:58 | 1985 |
| 133 | 2990 | Arendt Annerose | Neuss | 0:54:55 | W50 | 13 | 0:55:38 - | 0:27:41 | 0:27:14 | 1966 |
| 134 | 1420 | Krella Helena | *Meerbusch | 0:54:55 | W55 | 5 | 0:55:17 - | 0:26:57 | 0:27:58 | 1957 |
| 135 | 2558 | Ennens Franca | *Meerbusch | 0:54:58 | W35 | 18 | 0:55:41 - | 0:27:16 | 0:27:42 | 1980 |
| 136 | 4026 | Kauschke Irene | St. Ursula Gymnasium | 0:54:59 | W50 | 14 | 0:55:23 - | 0:28:08 | 0:26:50 | 1966 |
| 137 | 2980 | Krause Monika | *Haan | 0:55:00 | W50 | 15 | 0:55:22 - | 0:27:37 | 0:27:23 | 1964 |
| 138 | 1688 | Johnson Cathy | *Neuss | 0:55:00 | W45 | 19 | 0:55:31 - | 0:26:56 | 0:28:04 | 1970 |
| 139 | 882 | Manco Jehona | KGS Fleher Straße | 0:55:00 | W35 | 19 | 0:55:41 - | 0:27:15 | 0:27:45 | 1977 |
| 140 | 1031 | Rüther Hildegard | *Düsseldorf | 0:55:01 | W55 | 6 | 0:55:08 - | 0:27:26 | 0:27:35 | 1961 |
| 141 | 4478 | Overmann Mahela | | 0:55:07 | W20 | 40 | 0:55:17 - | 0:27:21 | 0:27:45 | 1989 |
| 142 | 2303 | Steffes Annika | SRL Triathlon Koblenz | 0:55:08 | W20 | 41 | 0:56:04 - | 0:28:16 | 0:26:51 | 1991 |
| 143 | 2314 | Sawallisch Jacqueline | *düsseldorf | 0:55:11 | W35 | 20 | 0:55:30 - | 0:27:35 | 0:27:36 | 1980 |
| 144 | 2202 | Thielmann Birke | *Meerbusch | 0:55:12 | W40 | 10 | 0:56:40 - | 0:29:09 | 0:26:02 | 1972 |
| 145 | 4022 | Fröhlich Ruth | St. Ursula Gymnasium | 0:55:16 | W40 | 11 | 0:55:39 - | 0:27:42 | 0:27:33 | 1972 |
| 146 | 4484 | Hoffmann Anja | Shinebrightline a diamond | 0:55:17 | W45 | 20 | 0:55:25 - | 0:27:30 | 0:27:47 | 1970 |
| 147 | 3074 | Scatchard Nicole | *Düsseldorf | 0:55:19 | W35 | 21 | 0:55:44 - | 0:27:40 | 0:27:38 | 1979 |
| 148 | 1039 | Cataldo Martina | *Essen | 0:55:29 | W30 | 29 | 0:56:46 - | 0:27:37 | 0:27:51 | 1986 |
| 149 | 1055 | Brosch Christina | TEAM! | 0:55:32 | W45 | 21 | 0:55:43 - | 0:28:47 | 0:26:44 | 1971 |
| 150 | 2347 | Rettich Melanie | *Düsseldorf | 0:55:35 | W35 | 22 | 0:55:53 - | 0:27:35 | 0:28:00 | 1981 |
| 151 | 2047 | Hillen Corinna | Speed of Light | 0:55:39 | W45 | 22 | 0:56:11 - | 0:27:59 | 0:27:40 | 1971 |
| 152 | 1122 | Lippmann Petra | *Düsseldorf | 0:55:42 | W45 | 23 | 0:56:40 - | 0:27:58 | 0:27:43 | 1968 |
| 153 | 2369 | Werner Anna | *Frankfurt | 0:55:44 | W30 | 30 | 0:56:42 - | 0:29:51 | 0:25:53 | 1982 |
| 154 | 1218 | Knäpper Saskia | *Düsseldorf | 0:55:50 | W30 | 31 | 0:57:03 - | 0:27:51 | 0:27:58 | 1986 |
| 155 | 1530 | Düwelhenke Nadine | *Köln | 0:55:50 | W40 | 12 | 0:56:13 - | 0:28:05 | 0:27:44 | 1976 |
| 156 | 1780 | Khorrani Nahid | *Düsseldorf | 0:56:04 | W20 | 42 | 0:57:29 - | 0:29:49 | 0:26:15 | 1988 |
| 157 | 2199 | Hess-Knauf Frauke | LT Gruitzen-Neandertal | 0:56:05 | W45 | 24 | 0:56:59 - | 0:28:17 | 0:27:48 | 1970 |
| 158 | 3155 | Kernebeck Verena | Polizei Düsseldorf | 0:56:07 | W20 | 43 | 0:56:58 - | 0:28:15 | 0:27:52 | 1990 |
| 159 | 3025 | Disselhoff Christine | *Düsseldorf | 0:56:13 | W30 | 32 | 0:57:01 - | 0:29:26 | 0:26:47 | 1982 |
| 160 | 4492 | Myszkowska Magdalena | Running Team Grafenberg | 0:56:17 | W35 | 23 | 0:57:03 - | 0:27:00 | 0:29:16 | 1979 |
| 161 | 2405 | Gallardo Isidro María | *Düsseldorf | 0:56:17 | W30 | 33 | 0:56:32 - | 0:28:38 | 0:27:39 | 1985 |
| 162 | 1423 | Hauch Angelika | LG Euregio eV | 0:56:18 | W50 | 16 | 0:57:32 - | 0:28:47 | 0:27:30 | 1965 |
| 163 | 1919 | Rickert Nadine | *Düsseldorf | 0:56:20 | W35 | 24 | 0:57:19 - | 0:29:41 | 0:26:39 | 1981 |
| 164 | 1550 | Janschulte Rita | *Mülheim | 0:56:22 | W40 | 13 | 0:57:23 - | 0:29:03 | 0:27:18 | 1975 |
| 165 | 1745 | Heine Christl | Team ERDINGER Alkoho | 0:56:26 | W65 | 1 | 0:56:35 - | 0:28:36 | 0:27:50 | 1948 |
| 166 | 1470 | Kersting Andra | *Dortmund | 0:56:27 | W40 | 14 | 0:57:19 - | 0:28:46 | 0:27:40 | 1975 |
| 167 | 1560 | DOMINGUEZ NEREA | BASE7BOOKING | 0:56:30 | W30 | 34 | 0:56:37 - | 0:27:42 | 0:28:47 | 1984 |
| 168 | 2214 | Furch Doris | SSV Strümp Fondistas | 0:56:31 | W55 | 7 | 0:57:06 - | 0:28:35 | 0:27:55 | 1957 |
| 169 | 4050 | Neisen Britta | St. Ursula Gymnasium | 0:56:35 | W40 | 15 | 0:56:58 - | 0:28:07 | 0:28:28 | 1973 |
| 170 | 3058 | Feindt Ulrike | *Essen | 0:56:35 | W50 | 17 | 0:56:45 - | 0:28:37 | 0:27:58 | 1964 |
| 171 | 1217 | Wesselbaum Susanne | *Grefrath | 0:56:42 | W55 | 8 | 0:57:42 - | 0:28:39 | 0:28:03 | 1958 |
| 172 | 1651 | Cönen Nina | Heiter bis Sportlich | 0:56:43 | W45 | 25 | 0:57:30 - | 0:28:53 | 0:27:49 | 1967 |
| 173 | 158 | Pidkamin Delia | Vodafone Group Services | 0:56:47 | W30 | 35 | 0:58:06 - | 0:28:55 | 0:27:52 | 1986 |
| 174 | 2879 | Gilsbach Maximiliane | *Düsseldorf | 0:56:48 | W30 | 36 | 0:57:06 - | 0:27:10 | 0:29:38 | 1986 |
| 175 | 2402 | Kotz Sandra | *Düsseldorf | 0:56:49 | W30 | 37 | 0:57:36 - | 0:28:45 | 0:28:03 | 1982 |
| 176 | 1360 | Schlüter Kati | Laufen gegen Leiden e.V. | 0:56:50 | W35 | 25 | 0:57:36 - | 0:28:42 | 0:28:08 | 1977 |
| 177 | 1188 | Bass Hannah | *Essen | 0:56:51 | WU18 | 2 | 0:57:25 - | 0:28:12 | 0:28:38 | 2000 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|-------------------------|---------------------------|---------|------|--------|------------|---------|---------|----------|
| 178 | 3591 | Steinhögl Margit | Matthias-Claudius-Grundsc | 0:56:52 | W45 | 26 | 0:57:22 - | 0:29:07 | 0:27:45 | 1971 |
| 179 | 4411 | Li Jing | | 0:56:52 | W45 | 27 | 0:58:07 - | 0:29:05 | 0:27:47 | 1971 |
| 180 | 1803 | Mallwitz Kathrin | *Kaarst | 0:57:00 | W40 | 16 | 0:58:05 - | 0:29:16 | 0:27:44 | 1973 |
| 181 | 2150 | Theven Janina | *Düsseldorf | 0:57:00 | W20 | 44 | 0:58:35 - | 0:28:03 | 0:28:57 | 1989 |
| 182 | 4360 | Amin Samira | | 0:57:02 | W40 | 17 | 0:57:32 - | 0:28:11 | 0:28:50 | 1974 |
| 183 | 2364 | Gadow-Jestädt Christine | *Düsseldorf | 0:57:02 | W45 | 28 | 0:58:29 - | 0:29:30 | 0:27:31 | 1967 |
| 184 | 2207 | Krywalsky Petra | ASC Düsseldorf | 0:57:03 | W50 | 18 | 0:58:29 - | 0:29:29 | 0:27:34 | 1966 |
| 185 | 2286 | Brüninghaus Antje | *Düsseldorf | 0:57:03 | W50 | 19 | 0:58:29 - | 0:29:29 | 0:27:34 | 1966 |
| 186 | 2750 | Reske Melanie | KGS Essener Straße | 0:57:04 | W40 | 18 | 0:57:14 - | 0:28:21 | 0:28:43 | 1973 |
| 187 | 1963 | Galvin Linda | *Killarney | 0:57:08 | W45 | 29 | 0:58:14 - | 0:29:33 | 0:27:35 | 1971 |
| 188 | 4359 | Feuerhake Marie | | 0:57:13 | WU18 | 3 | 0:58:39 - | 0:28:26 | 0:28:47 | 1999 |
| 189 | 2239 | Münstermann Kathrin | DTV | 0:57:14 | W20 | 45 | 0:57:58 - | 0:27:55 | 0:29:18 | 1989 |
| 190 | 1698 | Stelzer Patricia | Hartnigk, Stelzer, Erwin | 0:57:21 | W45 | 30 | 0:58:09 - | 0:29:13 | 0:28:08 | 1971 |
| 191 | 1195 | Reinfeld Karen | *Solingen | 0:57:22 | W50 | 20 | 0:58:12 - | 0:29:14 | 0:28:08 | 1966 |
| 192 | 857 | Naß Daniela | Team ERDINGER Alkoho | 0:57:25 | W30 | 38 | 0:58:48 - | 0:27:49 | 0:29:35 | 1985 |
| 193 | 1484 | Krekow Sonja | Laufen gegen Leiden | 0:57:25 | W35 | 26 | 0:58:12 - | 0:28:46 | 0:28:39 | 1978 |
| 194 | 2736 | Fuchs Nadine | KGS Essener Straße | 0:57:26 | W40 | 19 | 0:58:12 - | 0:29:40 | 0:27:46 | 1973 |
| 195 | 2148 | Weber Sabine | *Monheim | 0:57:30 | W30 | 39 | 0:57:41 - | 0:28:01 | 0:29:29 | 1985 |
| 196 | 2743 | Bachmann Andrea | KGS Essener Straße | 0:57:31 | W40 | 20 | 0:58:18 - | 0:29:10 | 0:28:20 | 1973 |
| 197 | 1568 | Rosenberg Lea | Marathon-Club Rosenberg | 0:57:33 | W20 | 46 | 0:58:28 - | 0:29:21 | 0:28:11 | 1993 |
| 198 | 4429 | Stührenberg Diana | | 0:57:34 | W45 | 31 | 0:57:48 - | 0:28:42 | 0:28:51 | 1971 |
| 199 | 1943 | Verboeket Roswitha | *Düsseldorf | 0:57:35 | W40 | 21 | 0:57:43 - | 0:28:03 | 0:29:31 | 1976 |
| 200 | 1817 | Schmidt Sylwia | *Düsseldorf | 0:57:35 | W35 | 27 | 0:58:13 - | 0:28:40 | 0:28:54 | 1979 |
| 201 | 2077 | Meis Nicola | *Düsseldorf | 0:57:36 | W40 | 22 | 0:58:01 - | 0:28:35 | 0:29:01 | 1973 |
| 202 | 1687 | Groth Cornelia | *Kleinmachnow | 0:57:36 | W40 | 23 | 0:58:15 - | 0:28:30 | 0:29:06 | 1972 |
| 203 | 1057 | Krüger Tina | *Berlin | 0:57:37 | W40 | 24 | 0:58:15 - | 0:28:31 | 0:29:05 | 1973 |
| 204 | 2072 | Illing Anna | *Rommerskirchen | 0:57:39 | W20 | 47 | 0:58:22 - | 0:29:30 | 0:28:08 | 1988 |
| 205 | 2073 | Zins Claudia | *Rommerskirchen | 0:57:40 | W30 | 40 | 0:58:22 - | 0:29:31 | 0:28:09 | 1984 |
| 206 | 1603 | Drews Inga | *Düsseldorf | 0:57:43 | W20 | 48 | 0:58:03 - | 0:29:13 | 0:28:30 | 1996 |
| 207 | 1259 | Brüggemann Malin | *Düsseldorf | 0:57:44 | W20 | 49 | 0:59:00 - | 0:29:15 | 0:28:28 | 1990 |
| 208 | 50 | Dröge Stephanie | Jungpro | 0:57:49 | W40 | 25 | 0:58:51 - | 0:28:49 | 0:28:59 | 1975 |
| 209 | 1767 | Raue Katrin | FC Leipzig | 0:57:50 | W35 | 28 | 0:58:43 - | 0:29:21 | 0:28:28 | 1980 |
| 210 | 2892 | Malkewitz Janina | *Düsseldorf | 0:57:51 | W20 | 50 | 0:58:27 - | 0:29:26 | 0:28:24 | 1994 |
| 211 | 1610 | Weidenhammer Yvonne | *Düsseldorf | 0:57:55 | W35 | 29 | 0:58:24 - | 0:30:08 | 0:27:46 | 1979 |
| 212 | 1787 | Hoppe Christiane | *Viersen | 0:57:56 | W20 | 51 | 0:58:49 - | 0:29:21 | 0:28:34 | 1988 |
| 213 | 1998 | Guillot Marion | Henkel | 0:57:56 | W20 | 52 | 0:58:40 - | 0:29:18 | 0:28:37 | 1994 |
| 214 | 1997 | Desvaux Marine | Henkel | 0:57:56 | W20 | 53 | 0:58:40 - | 0:29:18 | 0:28:38 | 1993 |
| 215 | 2452 | Flint Carolin | LIUF Löb Hjörning | 0:57:59 | W55 | 9 | 0:58:48 - | 0:29:22 | 0:28:36 | 1960 |
| 216 | 2988 | Hümpel Mascha | *Düsseldorf | 0:58:00 | W35 | 30 | 0:58:48 - | 0:28:57 | 0:29:02 | 1981 |
| 217 | 2336 | Kobus Monika | Flederigelmuth | 0:58:02 | W45 | 32 | 0:58:16 - | 0:28:41 | 0:29:20 | 1968 |
| 218 | 159 | Vesper Emma Louise | Vodafone Group Services | 0:58:03 | W40 | 26 | 0:59:05 - | 0:29:08 | 0:28:55 | 1976 |
| 219 | 2003 | Wieczorek Gertrud | Homberger TV | 0:58:04 | W55 | 10 | 0:59:05 - | 0:28:34 | 0:29:30 | 1958 |
| 220 | 1876 | Kirchner Sonja | *Solingen | 0:58:04 | W30 | 41 | 0:58:46 - | 0:29:16 | 0:28:47 | 1986 |
| 221 | 2819 | König Anka | KGS Essener Straße | 0:58:05 | W40 | 27 | 0:58:41 - | 0:28:40 | 0:29:24 | 1976 |
| 222 | 830 | Theißen Ilona | BSG Sparda-Bank West | 0:58:06 | W20 | 54 | 0:59:24 - | 0:29:41 | 0:28:24 | 1987 |
| 223 | 839 | Reinhardt Katja | BSG Sparda-Bank West | 0:58:09 | W40 | 28 | 0:58:36 - | 0:29:30 | 0:28:39 | 1973 |
| 224 | 2420 | Simone Jacqueline | *Düsseldorf | 0:58:11 | W20 | 55 | 0:59:33 - | 0:29:47 | 0:28:23 | 1990 |
| 225 | 2053 | Potthoff Michaela | *Mülheim | 0:58:15 | W50 | 21 | 0:59:16 - | 0:29:02 | 0:29:13 | 1963 |
| 226 | 2714 | Meyer Birgit | Running Team Grafenberg | 0:58:16 | W45 | 33 | 0:59:04 - | 0:28:59 | 0:29:16 | 1968 |
| 227 | 2134 | Auerbach Gabi | *Düsseldorf | 0:58:16 | W40 | 29 | 0:59:23 - | 0:30:06 | 0:28:09 | 1973 |
| 228 | 4417 | Lemken Karin | ART Düsseldorf | 0:58:16 | W50 | 22 | 0:58:50 - | 0:29:15 | 0:29:00 | 1965 |
| 229 | 3427 | Lammers Carola | KGS Niederkassel | 0:58:18 | W45 | 34 | 0:59:05 - | 0:29:19 | 0:28:58 | 1968 |
| 230 | 2423 | Strlitt Jessica | *Düsseldorf | 0:58:18 | W30 | 42 | 0:59:15 - | 0:29:10 | 0:29:08 | 1986 |
| 231 | 3428 | Brüse Nicola | KGS Niederkassel | 0:58:18 | W40 | 30 | 0:59:05 - | 0:29:19 | 0:28:59 | 1976 |
| 232 | 2114 | Schoofs Anna Lena | *Düsseldorf | 0:58:22 | W20 | 56 | 0:59:45 - | 0:30:11 | 0:28:10 | 1995 |
| 233 | 1565 | Kleinbielen Antje | Ruderriege ETUF Essen e | 0:58:25 | W30 | 43 | 0:59:06 - | 0:29:36 | 0:28:49 | 1986 |
| 234 | 2113 | Heering Tatjana | *Düsseldorf | 0:58:26 | W30 | 44 | 0:59:49 - | 0:30:12 | 0:28:14 | 1986 |
| 235 | 2152 | Völker Thekla | TuRa Buederich 09/15 e.V. | 0:58:28 | W60 | 1 | 0:59:38 - | 0:29:30 | 0:28:57 | 1956 |
| 236 | 1971 | Anisa Kauls | *Ratingen | 0:58:29 | W40 | 31 | 0:58:41 - | 0:29:47 | 0:28:42 | 1974 |

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Hauptlauf 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|-----------------------|----------------------------|---------|-----|--------|------------|---------|---------|----------|
| 237 | 1268 | Conrads Lisa | *Düsseldorf | 0:58:30 | W30 | 45 | 0:59:21 - | 0:29:28 | 0:29:02 | 1986 |
| 238 | 2463 | Schmitz Larissa | *Düsseldorf | 0:58:33 | W20 | 57 | 0:59:09 - | 0:28:23 | 0:30:09 | 1990 |
| 239 | 2328 | Gutte Julia | Happy Running Family / TE | 0:58:34 | W35 | 31 | 0:59:10 - | 0:29:36 | 0:28:58 | 1981 |
| 240 | 1414 | Pfab Sabine | canicross outdoorsports | 0:58:35 | W50 | 23 | 0:58:44 - | 0:29:06 | 0:29:28 | 1962 |
| 241 | 1415 | Schwanekamp Silvia | canicross outdoorsports | 0:58:35 | W30 | 46 | 0:58:44 - | 0:29:07 | 0:29:28 | 1984 |
| 242 | 1123 | Pensel Monika | *Düsseldorf | 0:58:36 | W45 | 35 | 0:59:34 - | 0:29:30 | 0:29:05 | 1970 |
| 243 | 4398 | Wolscht Barbara | | 0:58:36 | W45 | 36 | 0:58:53 - | 0:29:15 | 0:29:20 | 1967 |
| 244 | 1429 | Haver Lina | *Düsseldorf | 0:58:36 | W20 | 58 | 1:00:01 - | 0:30:04 | 0:28:32 | 1989 |
| 245 | 4467 | Khukhashvili Silke | | 0:58:42 | W55 | 11 | 0:59:49 - | 0:30:04 | 0:28:38 | 1961 |
| 246 | 2500 | Bößer Corinna | Martin-Luther-Schule | 0:58:43 | W35 | 32 | 0:59:50 - | 0:30:04 | 0:28:39 | 1977 |
| 247 | 154 | Korten Corinna | Vodafone Group Services | 0:58:52 | W40 | 32 | 0:59:32 - | 0:29:59 | 0:28:53 | 1975 |
| 248 | 2352 | Lommetz Katja | *Düsseldorf | 0:58:53 | W30 | 47 | 0:59:29 - | 0:29:39 | 0:29:14 | 1985 |
| 249 | 1616 | Hackland Ann-Kristin | *Erkrath | 0:58:54 | W35 | 33 | 0:59:32 - | 0:29:58 | 0:28:55 | 1977 |
| 250 | 2171 | Kessel Meike Henrike | *Düsseldorf | 0:59:00 | W40 | 33 | 1:00:09 - | 0:30:08 | 0:28:52 | 1974 |
| 251 | 2543 | Schubert Daniela | *Düsseldorf | 0:59:02 | W40 | 34 | 1:00:27 - | 0:29:36 | 0:29:26 | 1974 |
| 252 | 1098 | Hantschke Andrea | *Düsseldorf | 0:59:07 | W50 | 24 | 0:59:41 - | 0:29:39 | 0:29:28 | 1963 |
| 253 | 3035 | Van den Eynden Britta | *Düsseldorf | 0:59:08 | W35 | 34 | 0:59:42 - | 0:29:39 | 0:29:29 | 1978 |
| 254 | 884 | Loginoua Alona | KGS Fleher Straße | 0:59:08 | W30 | 48 | 0:59:50 - | 0:28:06 | 0:31:01 | 1986 |
| 255 | 1757 | Küchmann Maria | *Rhede | 0:59:10 | W65 | 2 | 0:59:40 - | 0:29:29 | 0:29:41 | 1947 |
| 256 | 2291 | Besler Sylvia | *Düsseldorf | 0:59:11 | W45 | 37 | 1:00:21 - | 0:29:28 | 0:29:43 | 1968 |
| 257 | 1674 | Matters Anna Lena | *Bremen | 0:59:13 | W30 | 49 | 0:59:53 - | 0:29:42 | 0:29:31 | 1986 |
| 258 | 3156 | Petri Janina | Polizei Düsseldorf | 0:59:13 | W20 | 59 | 1:00:04 - | 0:29:30 | 0:29:43 | 1990 |
| 259 | 2204 | Moths Isabel | *Düsseldorf | 0:59:19 | W30 | 50 | 0:59:32 - | 0:29:33 | 0:29:45 | 1983 |
| 260 | 4358 | Nehmiz Kerstin | TG Neuss | 0:59:21 | W40 | 35 | 1:00:24 - | 0:29:34 | 0:29:46 | 1972 |
| 261 | 1443 | Ossendorf Kathrin | *Düsseldorf | 0:59:24 | W20 | 60 | 1:00:52 - | 0:29:13 | 0:30:11 | 1990 |
| 262 | 2106 | Kuhn Katharina | *Mülheim an der Ruhr | 0:59:25 | W20 | 61 | 0:59:51 - | 0:29:30 | 0:29:54 | 1992 |
| 263 | 2108 | Thaler Luisa Maria | *Mülheim-Ruhr | 0:59:25 | W20 | 62 | 0:59:51 - | 0:29:31 | 0:29:54 | 1993 |
| 264 | 2110 | Thaler Karin | *Mülheim an der Ruhr | 0:59:26 | W50 | 25 | 0:59:51 - | 0:29:30 | 0:29:55 | 1963 |
| 265 | 1162 | Feikes Carolin | *Düsseldorf | 0:59:27 | W35 | 35 | 1:00:25 - | 0:30:30 | 0:28:57 | 1978 |
| 266 | 1584 | Krüger Laura | *Düsseldorf | 0:59:30 | W20 | 63 | 1:00:31 - | 0:31:06 | 0:28:23 | 1990 |
| 267 | 1585 | Obst Katharina | *Düsseldorf | 0:59:30 | W20 | 64 | 1:00:31 - | 0:31:06 | 0:28:23 | 1989 |
| 268 | 1496 | Stricker Veronika | *Düsseldorf | 0:59:30 | W30 | 51 | 1:00:50 - | 0:32:10 | 0:27:19 | 1984 |
| 269 | 4430 | Audrey Christina | | 0:59:31 | W40 | 36 | 0:59:44 - | 0:29:26 | 0:30:04 | 1972 |
| 270 | 1683 | Loose Sigrid | LG Euregio eV | 0:59:32 | W50 | 26 | 1:00:49 - | 0:30:47 | 0:28:45 | 1966 |
| 271 | 2863 | Fuchs Elisa | *Düsseldorf | 0:59:35 | W35 | 36 | 1:00:33 - | 0:30:31 | 0:29:04 | 1980 |
| 272 | 1810 | Zlakowski Nadine | *Ennepetal | 0:59:37 | W35 | 37 | 1:00:07 - | 0:30:35 | 0:29:02 | 1978 |
| 273 | 1882 | Schiffer Ann-Katrin | *Willich | 0:59:39 | W20 | 65 | 1:00:52 - | 0:30:25 | 0:29:14 | 1991 |
| 274 | 2335 | Gesing Hannah | *Düsseldorf | 0:59:42 | W35 | 38 | 1:00:56 - | 0:31:31 | 0:28:11 | 1979 |
| 275 | 45 | Rusch Natalia | GERSTEL GmbH&Co.KG | 0:59:43 | W30 | 52 | 1:00:53 - | 0:30:28 | 0:29:14 | 1986 |
| 276 | 2905 | KAANANE AMAL | *Düsseldorf | 0:59:44 | W30 | 53 | 1:00:51 - | 0:30:28 | 0:29:15 | 1984 |
| 277 | 1406 | Stürmer Katharina | *Köln | 0:59:50 | W20 | 66 | 1:01:17 - | 0:30:58 | 0:28:51 | 1989 |
| 278 | 1697 | Kerkhof Nadine | Hartnigk, Stelzer, Erwin | 0:59:53 | W35 | 39 | 1:00:41 - | 0:30:26 | 0:29:26 | 1980 |
| 279 | 1759 | Boy Ulrike | TSV Viktoria Mülheim | 0:59:54 | W55 | 12 | 1:00:53 - | 0:29:45 | 0:30:08 | 1957 |
| 280 | 3692 | Jarczewski Iwona | Grüne Landtag | 0:59:56 | W45 | 38 | 1:00:55 - | 0:30:32 | 0:29:23 | 1967 |
| 281 | 1981 | Greven Heike | *Ratingen | 0:59:58 | W40 | 37 | 1:00:57 - | 0:30:31 | 0:29:27 | 1973 |
| 282 | 2368 | Werner Teresa | *Düsseldorf | 0:59:59 | W30 | 54 | 1:00:57 - | 0:29:50 | 0:30:09 | 1984 |
| 283 | 1549 | Mross Natalie | *Düsseldorf | 1:00:08 | W30 | 55 | 1:00:32 - | 0:29:25 | 0:30:43 | 1985 |
| 284 | 4387 | Krug Barbara | | 1:00:12 | W35 | 40 | 1:01:08 - | 0:29:41 | 0:30:30 | 1978 |
| 285 | 2848 | Hellingrath Ina | Mitsubishi Electric Europe | 1:00:12 | W45 | 39 | 1:01:05 - | 0:29:37 | 0:30:35 | 1968 |
| 286 | 1020 | Pieper Daniela | DEKRA Automobil GmbH | 1:00:12 | W30 | 56 | 1:00:55 - | 0:30:18 | 0:29:53 | 1986 |
| 287 | 1439 | Geiger Gabriele | *Karlsruhe | 1:00:15 | W30 | 57 | 1:01:45 - | 0:31:29 | 0:28:46 | 1984 |
| 288 | 2079 | Hillgruber Antje | *Düsseldorf | 1:00:16 | W35 | 41 | 1:00:41 - | 0:30:11 | 0:30:05 | 1979 |
| 289 | 4057 | Stamm Anne | St. Ursula Gymnasium | 1:00:17 | W55 | 13 | 1:00:41 - | 0:29:46 | 0:30:30 | 1957 |
| 290 | 2332 | Egbers Petra | Tus Gildehaus | 1:00:18 | W50 | 27 | 1:01:25 - | 0:30:58 | 0:29:19 | 1964 |
| 291 | 1311 | Legge Lioba | *Düsseldorf | 1:00:18 | W20 | 67 | 1:01:24 - | 0:29:51 | 0:30:27 | 1988 |
| 292 | 2244 | Kanuma-Kölzer Kazuko | Martin-Luther-Schule | 1:00:18 | W60 | 2 | 1:01:29 - | 0:29:40 | 0:30:38 | 1955 |
| 293 | 3311 | Mitchell Jacqueline | *Düsseldorf | 1:00:20 | W50 | 28 | 1:01:15 - | 0:30:31 | 0:29:48 | 1966 |
| 294 | 1422 | Jung Tanja | LG Euregio eV | 1:00:23 | W45 | 40 | 1:01:39 - | 0:29:46 | 0:30:36 | 1971 |
| 295 | 2381 | Härtel Dagmar | ERGO | 1:00:23 | W45 | 41 | 1:01:18 - | 0:30:43 | 0:29:39 | 1967 |

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Hauptlauf 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|------------------------|----------------------------|---------|------|--------|-------------------|---------|---------|----------|
| 296 | 1643 | Turck Vanessa | Hailes faule Hasen | 1:00:23 | W20 | 68 | 1:01:12 - 0:30:01 | 0:30:22 | | 1991 |
| 297 | 1809 | Werka Stefanie | *Schwelm | 1:00:24 | W30 | 58 | 1:00:53 - 0:30:34 | 0:29:49 | | 1982 |
| 298 | 1283 | Berkau Sabrina | Laufquickers | 1:00:28 | W35 | 42 | 1:01:10 - 0:29:52 | 0:30:35 | | 1980 |
| 299 | 57 | Kelbert Britta | KGS Bonifatius | 1:00:35 | W30 | 59 | 1:02:01 - 0:31:15 | 0:29:19 | | 1986 |
| 300 | 2450 | Röhrig Cordula | SG Zons | 1:00:36 | W50 | 29 | 1:01:25 - 0:30:16 | 0:30:19 | | 1964 |
| 301 | 845 | Koslowski Sabine | Düsseldorfer Hypothekenba | 1:00:46 | W40 | 38 | 1:00:46 - 0:00:00 | 0:00:00 | | 1972 |
| 302 | 1627 | Derksen Sabrina | *Düsseldorf | 1:00:47 | W20 | 69 | 1:01:04 - 0:29:35 | 0:31:11 | | 1993 |
| 303 | 1773 | Schürenhoff Jennifer | *Essen | 1:00:49 | WU18 | 4 | 1:01:25 - 0:31:08 | 0:29:40 | | 1999 |
| 304 | 1149 | Teutloff-Hoffmann Ilka | *Meerbusch | 1:00:51 | W55 | 14 | 1:01:26 - 0:30:42 | 0:30:08 | | 1961 |
| 305 | 1330 | Staarmann Hildegard | *Osnabrück | 1:00:55 | W60 | 3 | 1:01:48 - 0:30:41 | 0:30:14 | | 1956 |
| 306 | 1532 | Gorissen Britta | *Düsseldorf | 1:00:58 | W40 | 39 | 1:01:37 - 0:31:06 | 0:29:52 | | 1973 |
| 307 | 1924 | Heinrich Claudia | Techniker Krankenkasse | 1:00:58 | W40 | 40 | 1:01:40 - 0:31:14 | 0:29:44 | | 1973 |
| 308 | 1522 | Schübeler-Dröse Anja | *düsseldorf | 1:01:00 | W45 | 42 | 1:01:38 - 0:31:06 | 0:29:53 | | 1969 |
| 309 | 1546 | Tausch Aurelia | *Düsseldorf | 1:01:00 | W20 | 70 | 1:01:37 - 0:29:42 | 0:31:17 | | 1989 |
| 310 | 60 | Vomhof Kathrin | KGS Bonifatius | 1:01:07 | W40 | 41 | 1:02:34 - 0:31:15 | 0:29:52 | | 1975 |
| 311 | 2873 | Stenger Birgit | actiondates | 1:01:08 | W45 | 43 | 1:01:59 - 0:29:20 | 0:31:47 | | 1969 |
| 312 | 1850 | Lamerichs Andrea | *Krefeld | 1:01:09 | W45 | 44 | 1:02:22 - 0:30:53 | 0:30:15 | | 1968 |
| 313 | 1563 | Hubrach Julia | *Krefeld | 1:01:09 | W35 | 43 | 1:02:22 - 0:30:53 | 0:30:15 | | 1981 |
| 314 | 1794 | Stevens Felicitas | *Mülheim an der Ruhr | 1:01:18 | W20 | 71 | 1:02:48 - 0:31:05 | 0:30:13 | | 1989 |
| 315 | 56 | Bucksteegen Andrea | KGS Bonifatius | 1:01:20 | W30 | 60 | 1:02:48 - 0:31:56 | 0:29:24 | | 1986 |
| 316 | 2084 | Thölen Friedlinde | *Nordhorn | 1:01:22 | W45 | 45 | 1:02:07 - 0:30:54 | 0:30:27 | | 1970 |
| 317 | 2146 | Budde Johanna | *Düsseldorf | 1:01:22 | W30 | 61 | 1:02:05 - 0:31:32 | 0:29:50 | | 1985 |
| 318 | 2281 | Fiedler Simone | *Düsseldorf | 1:01:27 | W45 | 46 | 1:01:49 - 0:30:53 | 0:30:33 | | 1971 |
| 319 | 1510 | Klüppelberg Ulrike | *Düsseldorf | 1:01:28 | W35 | 44 | 1:01:49 - 0:30:54 | 0:30:34 | | 1977 |
| 320 | 1452 | Hornung Jennifer | Düsseldorfer Laufmaschen | 1:01:31 | W40 | 42 | 1:01:47 - 0:30:42 | 0:30:49 | | 1974 |
| 321 | 2721 | Deutsch Jessica | Running Team Grafenberg | 1:01:36 | W35 | 45 | 1:02:32 - 0:31:09 | 0:30:27 | | 1980 |
| 322 | 3054 | Vogel Inken | *Düsseldorf | 1:01:37 | W50 | 30 | 1:02:58 - 0:31:32 | 0:30:05 | | 1965 |
| 323 | 2941 | Tetzlaff Andrea | Landeshauptstadt Düsseld | 1:01:41 | W50 | 31 | 1:02:41 - 0:31:57 | 0:29:44 | | 1966 |
| 324 | 2940 | Weill Kirsten | Landeshauptstadt Düsseld | 1:01:42 | W50 | 32 | 1:02:40 - 0:31:58 | 0:29:44 | | 1964 |
| 325 | 1474 | Schmiemann Theresa | *düsseldorf | 1:01:51 | W30 | 62 | 1:03:17 - 0:32:10 | 0:29:41 | | 1986 |
| 326 | 1456 | Yücel Sandra | Nimm3 Werbeagentur Gmb | 1:01:52 | W40 | 43 | 1:02:30 - 0:30:24 | 0:31:27 | | 1976 |
| 327 | 155 | Mertens Carina | Vodafone Group Services G1 | 1:02:07 | W30 | 63 | 1:03:40 - 0:31:59 | 0:30:08 | | 1985 |
| 328 | 1102 | Czech Christiane | *Münster | 1:02:08 | W50 | 33 | 1:02:31 - 0:30:20 | 0:31:47 | | 1964 |
| 329 | 1893 | Olschewsky Christiane | *Meerbusch | 1:02:09 | W45 | 47 | 1:03:05 - 0:31:22 | 0:30:47 | | 1970 |
| 330 | 1350 | Piel Jenni | *Wuppertal | 1:02:11 | W45 | 48 | 1:02:42 - 0:31:03 | 0:31:08 | | 1971 |
| 331 | 148 | Berger Claudia | Vodafone Group Services G1 | 1:02:16 | W30 | 64 | 1:03:09 - 0:31:31 | 0:30:45 | | 1982 |
| 332 | 874 | Henke Simone | KGS Fleher Straße | 1:02:18 | W35 | 46 | 1:02:48 - 0:30:07 | 0:32:11 | | 1977 |
| 333 | 1516 | Steels Lara | *Düsseldorf | 1:02:21 | W30 | 65 | 1:03:33 - 0:31:21 | 0:30:59 | | 1986 |
| 334 | 1588 | Körner Katherina | *Düsseldorf | 1:02:21 | W45 | 49 | 1:03:24 - 0:31:40 | 0:30:41 | | 1968 |
| 335 | 2016 | Malyar Nataliya | *Solingen | 1:02:22 | W20 | 72 | 1:03:06 - 0:30:36 | 0:31:46 | | 1990 |
| 336 | 1428 | Hocke Kathrin | *Düsseldorf | 1:02:26 | W20 | 73 | 1:03:52 - 0:31:43 | 0:30:42 | | 1988 |
| 337 | 147 | Aligoraki Julia | Vodafone Group Services G1 | 1:02:26 | W20 | 74 | 1:03:57 - 0:32:01 | 0:30:25 | | 1987 |
| 338 | 1743 | Trittin Mareike | *Düsseldorf | 1:02:29 | W30 | 66 | 1:03:55 - 0:32:10 | 0:30:19 | | 1986 |
| 339 | 1857 | Vucajnk Karmen | *Essen | 1:02:34 | W40 | 44 | 1:03:25 - 0:31:01 | 0:31:32 | | 1973 |
| 340 | 1498 | Pamp Bettina | Lauftreff Recklinghausen | 1:02:35 | W40 | 45 | 1:03:02 - 0:31:22 | 0:31:12 | | 1974 |
| 341 | 1561 | Plöger Juliane | *Düsseldorf | 1:02:40 | W30 | 67 | 1:03:01 - 0:30:46 | 0:31:53 | | 1985 |
| 342 | 1758 | Boelsma Carmen | *Monheim am Rhein | 1:02:45 | W20 | 75 | 1:03:59 - 0:31:27 | 0:31:18 | | 1991 |
| 343 | 2174 | Rasch Annemaïke | *Düsseldorf | 1:02:54 | W35 | 47 | 1:04:02 - 0:33:03 | 0:29:51 | | 1981 |
| 344 | 1764 | Niemann-Delius Laura | *Düsseldorf | 1:02:55 | W30 | 68 | 1:04:37 - 0:31:46 | 0:31:08 | | 1985 |
| 345 | 1968 | Siegmund Dora | *Duisburg | 1:02:57 | W20 | 76 | 1:04:25 - 0:31:24 | 0:31:32 | | 1989 |
| 346 | 1131 | Glagow Nina | Ford FCSD | 1:02:59 | W35 | 48 | 1:03:57 - 0:31:38 | 0:31:21 | | 1979 |
| 347 | 7 | Fischer Vera | *Dortmund | 1:02:59 | W45 | 50 | 1:03:46 - 0:31:24 | 0:31:34 | | 1968 |
| 348 | 2269 | Zweers Bernadette | *Kaarst | 1:03:00 | W35 | 49 | 1:03:52 - 0:32:18 | 0:30:41 | | 1979 |
| 349 | 1775 | Flohr Sandra | *Wuppertal | 1:03:01 | W30 | 69 | 1:04:37 - 0:31:50 | 0:31:10 | | 1983 |
| 350 | 1569 | Rosenberg Sylvia | Marathon-Club Rosenberg | 1:03:09 | W50 | 34 | 1:04:03 - 0:32:01 | 0:31:07 | | 1964 |
| 351 | 2932 | Brelet Geraldine | *Düsseldorf | 1:03:09 | W45 | 51 | 1:04:28 - 0:32:34 | 0:30:34 | | 1968 |
| 352 | 2139 | Rohde Wanda | Naturheilzentrum Bottrop | 1:03:13 | W45 | 52 | 1:04:32 - 0:31:13 | 0:31:59 | | 1971 |
| 353 | 1756 | Münch Claudia | *Düsseldorf | 1:03:14 | W45 | 53 | 1:04:02 - 0:32:11 | 0:31:02 | | 1969 |
| 354 | 4465 | Tabakova Diana | | 1:03:14 | W30 | 70 | 1:03:33 - 0:31:42 | 0:31:31 | | 1983 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|-------------------------|----------------------------|---------|-----|--------|-------------------|---------|---------|----------|
| 355 | 2836 | Merten Chantal | Mitsubishi Electric Europe | 1:03:15 | W30 | 71 | 1:04:07 - 0:29:40 | 0:33:35 | | 1984 |
| 356 | 150 | Guglielmi Jeanette | Vodafone Group Services G1 | 1:03:17 | W45 | 54 | 1:03:55 - 0:31:03 | 0:32:13 | | 1968 |
| 357 | 2245 | Friemelt Jana | TSV Meerbusch | 1:03:20 | W60 | 4 | 1:04:49 - 0:31:56 | 0:31:23 | | 1956 |
| 358 | 1164 | Holtbrügge Karin | *Recklinghausen | 1:03:21 | W55 | 15 | 1:03:33 - 0:31:02 | 0:32:18 | | 1958 |
| 359 | 2350 | Wasch Beate | *Hückelhoven | 1:03:31 | W45 | 55 | 1:04:26 - 0:31:29 | 0:32:02 | | 1968 |
| 360 | 2943 | Schlüter Marin | *Kaarst | 1:03:34 | W35 | 50 | 1:04:52 - 0:32:44 | 0:30:50 | | 1978 |
| 361 | 1626 | Endres Lisa | *Geilenkirchen | 1:03:45 | W20 | 77 | 1:04:02 - 0:30:28 | 0:33:16 | | 1991 |
| 362 | 1519 | Klemm Katja | TSV Meerbusch | 1:03:48 | W50 | 35 | 1:03:59 - 0:31:07 | 0:32:40 | | 1963 |
| 363 | 1507 | Peip Tanja | Hyatt | 1:04:10 | W40 | 46 | 1:05:33 - 0:31:48 | 0:32:22 | | 1975 |
| 364 | 1641 | Bieding Barbara | Hailes faule Hasen | 1:04:16 | W55 | 16 | 1:05:05 - 0:32:07 | 0:32:09 | | 1961 |
| 365 | 2177 | Hovest Martina | LT Krefeld-Oppum | 1:04:17 | W50 | 36 | 1:05:43 - 0:31:30 | 0:32:47 | | 1963 |
| 366 | 4594 | Schmitz Ute | LT Krefeld-Oppum | 1:04:18 | W50 | 37 | 1:05:44 - 0:31:30 | 0:32:47 | | 1964 |
| 367 | 2952 | Otto Kerstin | *Düsseldorf | 1:04:21 | W30 | 72 | 1:05:47 - 0:31:23 | 0:32:58 | | 1986 |
| 368 | 2954 | Köhler Dorothee | *Düsseldorf | 1:04:22 | W45 | 56 | 1:05:49 - 0:32:45 | 0:31:37 | | 1968 |
| 369 | 2550 | Essrich Ricarda | *Düsseldorf | 1:04:23 | W40 | 47 | 1:05:49 - 0:32:45 | 0:31:37 | | 1976 |
| 370 | 1279 | Kux Anja | Martin-Luhter-Schule | 1:04:24 | W40 | 48 | 1:05:30 - 0:32:18 | 0:32:05 | | 1976 |
| 371 | 2240 | Brockhaus Anne-Ruth | *Düsseldorf | 1:04:24 | W20 | 78 | 1:05:47 - 0:32:32 | 0:31:52 | | 1990 |
| 372 | 2143 | Nguyen Trang-Tina | *Düsseldorf | 1:04:25 | W30 | 73 | 1:05:47 - 0:32:32 | 0:31:52 | | 1986 |
| 373 | 151 | Hartdegen Melanie | Vodafone Group Services G1 | 1:04:31 | W40 | 49 | 1:05:41 - 0:32:08 | 0:32:23 | | 1975 |
| 374 | 3310 | Kobecke-Martin Murielle | *Neusss | 1:04:44 | W65 | 3 | 1:05:58 - 0:32:42 | 0:32:01 | | 1951 |
| 375 | 2190 | Schneider Prof. Elli | *Köln | 1:04:47 | W30 | 74 | 1:05:01 - 0:30:44 | 0:34:02 | | 1983 |
| 376 | 1272 | Keyzers Susanne | *Düsseldorf | 1:04:48 | W40 | 50 | 1:06:00 - 0:33:48 | 0:31:00 | | 1972 |
| 377 | 1273 | Becker Julika | *Düsseldorf | 1:04:48 | W40 | 51 | 1:06:00 - 0:33:48 | 0:31:00 | | 1975 |
| 378 | 1278 | Weber Eva | *Düsseldorf | 1:04:49 | W40 | 52 | 1:06:00 - 0:33:48 | 0:31:00 | | 1973 |
| 379 | 1597 | Hackert-Küpper Barbara | KiPa-cash-4-kids | 1:04:52 | W45 | 57 | 1:06:11 - 0:33:07 | 0:31:45 | | 1970 |
| 380 | 4390 | Födisch Sabine | | 1:04:56 | W45 | 58 | 1:06:18 - 0:32:28 | 0:32:28 | | 1968 |
| 381 | 2975 | Sträßling Dr. Nicole | *Düsseldorf | 1:04:58 | W35 | 51 | 1:05:30 - 0:32:28 | 0:32:30 | | 1980 |
| 382 | 2358 | Postberg Juliane | *Bottrop | 1:05:05 | W50 | 38 | 1:05:24 - 0:31:54 | 0:33:11 | | 1965 |
| 383 | 1718 | Berges Virginia | *Düsseldorf | 1:05:09 | W20 | 79 | 1:06:03 - 0:31:12 | 0:33:56 | | 1994 |
| 384 | 2967 | Schulz Heike | LG RWE POWER | 1:05:15 | W45 | 59 | 1:06:42 - 0:33:49 | 0:31:25 | | 1968 |
| 385 | 2010 | Freitag Miriam | *Düsseldorf | 1:05:19 | W40 | 53 | 1:06:39 - 0:33:38 | 0:31:40 | | 1973 |
| 386 | 2005 | Schmölzing Helga | *Düsseldorf | 1:05:19 | W40 | 54 | 1:06:39 - 0:33:38 | 0:31:41 | | 1972 |
| 387 | 1936 | Klothier Jil | *Düsseldorf | 1:05:21 | W30 | 75 | 1:06:48 - 0:32:53 | 0:32:27 | | 1985 |
| 388 | 1772 | Möller Julia | *Düsseldorf | 1:05:21 | W30 | 76 | 1:05:58 - 0:33:01 | 0:32:20 | | 1985 |
| 389 | 1770 | Niemamn Anne | *Düsseldorf | 1:05:22 | W35 | 52 | 1:05:59 - 0:33:00 | 0:32:21 | | 1979 |
| 390 | 2945 | Baum Christiane | *Tönisvorst | 1:05:27 | W50 | 39 | 1:06:44 - 0:32:46 | 0:32:41 | | 1962 |
| 391 | 1312 | Mayer Daria | *Voerde | 1:05:32 | W20 | 80 | 1:06:47 - 0:34:53 | 0:30:38 | | 1988 |
| 392 | 3452 | Aslan Nadja | KGS Niederkassel | 1:05:33 | W35 | 53 | 1:06:01 - 0:33:56 | 0:31:36 | | 1978 |
| 393 | 1327 | Müller-Quick Sophie | Praxis an der Sternwarte | 1:05:35 | W45 | 60 | 1:06:15 - 0:33:33 | 0:32:01 | | 1969 |
| 394 | 1518 | Hafer Julia | *Düsseldorf | 1:05:48 | W35 | 54 | 1:06:19 - 0:32:34 | 0:33:13 | | 1977 |
| 395 | 1539 | Tappen Nina | *Düsseldorf | 1:05:51 | W20 | 81 | 1:06:14 - 0:32:33 | 0:33:17 | | 1989 |
| 396 | 1540 | Heinzen Katrin | *Düsseldorf | 1:05:52 | W20 | 82 | 1:06:15 - 0:32:34 | 0:33:17 | | 1988 |
| 397 | 4246 | Kramer Sabrina | Martin-Luther-Schule | 1:05:52 | W30 | 77 | 1:06:48 - 0:33:46 | 0:32:05 | | 1985 |
| 398 | 2958 | Okutucu Gülbahar | *Düsseldorf | 1:05:54 | W40 | 55 | 1:06:28 - 0:33:03 | 0:32:50 | | 1973 |
| 399 | 1685 | Dreßen Dr. Uta | *Düsseldorf | 1:05:58 | W45 | 61 | 1:06:33 - 0:32:47 | 0:33:10 | | 1970 |
| 400 | 1765 | Michels Susanne | *Neuenkirchen-Vörden | 1:05:59 | W40 | 56 | 1:06:43 - 0:33:28 | 0:32:30 | | 1976 |
| 401 | 1637 | Neukirchen Miriam | *Düsseldorf | 1:06:11 | W20 | 83 | 1:07:04 - 0:33:02 | 0:33:08 | | 1992 |
| 402 | 3216 | Billstein Lena | TV Frisch Auf Lennep | 1:06:12 | W20 | 84 | 1:07:36 - 0:33:23 | 0:32:49 | | 1992 |
| 403 | 3209 | Leers Claudia | TV Frisch Auf Lennep | 1:06:13 | W55 | 17 | 1:07:36 - 0:33:25 | 0:32:48 | | 1960 |
| 404 | 1537 | Schepers Debbie | *Bielefeld | 1:06:20 | W30 | 78 | 1:06:49 - 0:33:04 | 0:33:15 | | 1983 |
| 405 | 3053 | Groß Silke | *Düsseldorf | 1:06:20 | W50 | 40 | 1:07:41 - 0:32:31 | 0:33:49 | | 1965 |
| 406 | 1536 | Ackemann Tanja | *Bielefeld | 1:06:22 | W35 | 55 | 1:06:51 - 0:33:05 | 0:33:16 | | 1980 |
| 407 | 3023 | Preiss Julia | *Meerbusch | 1:06:25 | W30 | 79 | 1:07:39 - 0:33:58 | 0:32:26 | | 1985 |
| 408 | 1222 | Silkens Anna | *Düsseldorf | 1:06:26 | W20 | 85 | 1:07:41 - 0:33:06 | 0:33:20 | | 1987 |
| 409 | 3536 | Becker Nadine | Matthias-Claudius-Grundsc | 1:06:28 | W35 | 56 | 1:06:46 - 0:33:03 | 0:33:24 | | 1978 |
| 410 | 3531 | Feil Gudrun | Matthias-Claudius-Grundsc | 1:06:28 | W45 | 62 | 1:06:46 - 0:33:04 | 0:33:24 | | 1968 |
| 411 | 2157 | Schael Ines | Ausdauerschule by Bunert | 1:06:31 | W40 | 57 | 1:06:54 - 0:33:02 | 0:33:29 | | 1976 |
| 412 | 4397 | Hüchtebrock Ursula | LT-Düsseldorf Süd | 1:06:41 | W60 | 5 | 1:08:08 - 0:34:10 | 0:32:30 | | 1952 |
| 413 | 3052 | Hüchtebrock Luisa | *Köln | 1:06:43 | W30 | 80 | 1:08:12 - 0:34:06 | 0:32:37 | | 1982 |

24. Düsseldorfer Brückenlauf am 17. April 2016

Hauptlauf 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Runde 1 | Runde 2 | Jahrgang |
|--------|------|--------------------------|----------------------------|----------|-----|--------|------------|---------|---------|----------|
| 414 | 1250 | Kolbe Kerstin | *Düsseldorf | 1:06:49 | W45 | 63 | 1:07:14 - | 0:32:16 | 0:34:32 | 1970 |
| 415 | 1208 | Grüning Carmen | *Düsseldorf | 1:06:50 | W35 | 57 | 1:07:45 - | 0:32:37 | 0:34:12 | 1981 |
| 416 | 2900 | Schering Beate | LGV Marathon Giessen | 1:06:52 | W60 | 6 | 1:08:23 - | 0:33:17 | 0:33:34 | 1952 |
| 417 | 1239 | Götzen Silke | grosse Klappe nix dahinter | 1:06:54 | W40 | 58 | 1:07:18 - | 0:32:18 | 0:34:36 | 1973 |
| 418 | 1240 | Diehl Heike | grosse Klappe nix dahinter | 1:06:55 | W35 | 58 | 1:07:18 - | 0:32:18 | 0:34:37 | 1978 |
| 419 | 1638 | Stein Lea | *Düsseldorf | 1:07:07 | W20 | 86 | 1:07:58 - | 0:33:04 | 0:34:02 | 1992 |
| 420 | 1087 | Wessel Lara | *Mülheim an der Ruhr | 1:07:08 | W30 | 81 | 1:07:42 - | 0:33:13 | 0:33:55 | 1986 |
| 421 | 1752 | Wilke Daniela | *Düsseldorf | 1:07:21 | W35 | 59 | 1:07:27 - | 0:33:40 | 0:33:41 | 1980 |
| 422 | 1786 | Berthold Claudia | *Düsseldorf | 1:07:32 | W45 | 64 | 1:08:43 - | 0:34:19 | 0:33:13 | 1971 |
| 423 | 1216 | Kayouf Marion | *Meerbusch | 1:07:39 | W35 | 60 | 1:07:54 - | 0:32:56 | 0:34:43 | 1977 |
| 424 | 1875 | Pomplun Irina | *40667 | 1:07:52 | W40 | 59 | 1:08:56 - | 0:33:42 | 0:34:10 | 1972 |
| 425 | 4582 | Junge-Filipek Stephanie | | 1:07:54 | W20 | 87 | 1:08:51 - | 0:32:19 | 0:35:35 | 1988 |
| 426 | 1815 | Merches Dr. Katja | IUF Düsseldorf | 1:08:06 | W30 | 82 | 1:08:54 - | 0:32:33 | 0:35:33 | 1984 |
| 427 | 156 | Olms Anne-Barbara | Vodafone Group Services | G1:08:24 | W35 | 61 | 1:09:35 - | 0:33:35 | 0:34:49 | 1980 |
| 427 | 157 | Oser Elisabeth | Vodafone Group Services | G1:08:24 | W35 | 61 | 1:09:34 - | 0:33:32 | 0:34:51 | 1980 |
| 429 | 2006 | Schinz Jennifer | *Meerbusch | 1:08:25 | W20 | 88 | 1:09:06 - | 0:34:10 | 0:34:15 | 1989 |
| 430 | 2007 | Steinbach Jacqueline | *Langenfeld | 1:08:26 | W30 | 83 | 1:09:08 - | 0:34:09 | 0:34:17 | 1986 |
| 431 | 5 | Heppner Susanne | *Düsseldorf | 1:08:30 | W55 | 18 | 1:09:49 - | 0:34:24 | 0:34:06 | 1959 |
| 432 | 1187 | Bins Annette | *Düsseldorf | 1:08:34 | W45 | 65 | 1:08:54 - | 0:35:02 | 0:33:31 | 1967 |
| 433 | 1185 | Kiparissis Nicole | *Erkrath | 1:08:34 | W35 | 63 | 1:08:54 - | 0:35:01 | 0:33:33 | 1978 |
| 434 | 1091 | Zimmermann Heike | TUS Breitscheid | 1:08:35 | W45 | 66 | 1:09:49 - | 0:33:55 | 0:34:39 | 1969 |
| 435 | 2505 | Fitzthum Chantal | *Düsseldorf | 1:08:38 | W45 | 67 | 1:08:58 - | 0:35:01 | 0:33:36 | 1967 |
| 436 | 851 | Sambale Catherine | Düsseldorfer Hypothekenba | 1:09:19 | W35 | 64 | 1:09:48 - | 0:35:15 | 0:34:04 | 1977 |
| 437 | 846 | Wagemanns Nathalie | Düsseldorfer Hypothekenba | 1:09:20 | W45 | 68 | 1:09:49 - | 0:35:13 | 0:34:06 | 1967 |
| 438 | 1440 | Nitz Christin | *Essen | 1:09:26 | W30 | 84 | 1:10:56 - | 0:34:30 | 0:34:55 | 1984 |
| 439 | 2091 | Göpfert Sina | *Solingen | 1:09:51 | W20 | 89 | 1:10:49 - | 0:34:22 | 0:35:28 | 1995 |
| 440 | 1175 | Laskowski Lea | *Düsseldorf | 1:10:12 | W20 | 90 | 1:11:28 - | 0:35:01 | 0:35:11 | 1989 |
| 441 | 152 | Heinrichs Marina | Vodafone Group Services | G1:11:05 | W30 | 85 | 1:11:43 - | 0:35:42 | 0:35:22 | 1983 |
| 442 | 1135 | Keil Laura | Eule 17 | 1:11:23 | W20 | 91 | 1:12:32 - | 0:34:59 | 0:36:23 | 1995 |
| 443 | 1375 | Picken Julia | *Dortmund | 1:11:42 | W30 | 86 | 1:12:29 - | 0:35:14 | 0:36:27 | 1985 |
| 444 | 1987 | Airini Sara | *Düsseldorf | 1:12:17 | W40 | 60 | 1:13:23 - | 0:37:23 | 0:34:54 | 1973 |
| 445 | 1985 | Tinazzi Martini Federica | *Düsseldorf | 1:12:19 | W45 | 69 | 1:13:23 - | 0:37:22 | 0:34:56 | 1969 |
| 446 | 1184 | Tschuschke Yvonne | *Düsseldorf | 1:12:33 | W40 | 61 | 1:12:54 - | 0:35:38 | 0:36:55 | 1976 |
| 447 | 1186 | Frisch Simone | *Düsseldorf | 1:12:35 | W35 | 65 | 1:12:54 - | 0:35:40 | 0:36:54 | 1979 |
| 448 | 2229 | Wintermeyer Jill | No Name | 1:13:42 | W40 | 62 | 1:14:38 - | 0:40:04 | 0:33:37 | 1973 |
| 449 | 1453 | Hornung Brigitte | Düsseldorfer Laufmaschen | 1:14:38 | W65 | 4 | 1:14:54 - | 0:35:38 | 0:39:00 | 1951 |
| 450 | 4488 | Nüsse Katrin | | 1:15:11 | W30 | 87 | 1:16:24 - | 0:37:21 | 0:37:49 | 1982 |
| 451 | 1973 | Emonds Margot | PSV Düsseldorf | 1:18:52 | W60 | 7 | 1:19:33 - | 0:38:02 | 0:40:50 | 1956 |
| 452 | 4452 | Hölscher Claudia | | 1:19:56 | W35 | 66 | 1:20:15 - | 0:39:09 | 0:40:46 | 1978 |
| 453 | 1407 | Werner Martina | *Düsseldorf | 1:19:56 | W35 | 67 | 1:20:15 - | 0:39:08 | 0:40:47 | 1979 |
| 454 | 1041 | Rocuzzo Graziella | *Düsseldorf | 1:23:10 | W30 | 88 | 1:24:28 - | 0:40:52 | 0:42:17 | 1983 |