

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M20 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	8	Heerdt Luca	Tri-Finish-Münster	2:53:40	M20	1	1	0:50:16	13	1:34:49	1	2:26:18	1	0:26:07	
2	315	Schubert Michael	SSF Bonn II	2:58:43	M20	8	21	0:54:00	3	1:32:05	3	2:27:37	27	0:29:48	
3	369	Bierlich Hagen	Pulheimer SC	3:06:47	M20	31	31	0:55:23	60	1:39:55	46	2:36:49	10	0:28:08	
4	3.232	Rauw Francis	Triathlon Team Eupen	3:10:38	M20	55	10	0:52:23	100	1:43:07	56	2:38:37	26	0:29:46	
5	3.230	Pietsch Gero	Aachener TG	3:18:16	M20	92	6	0:51:53	285	1:50:49	96	2:44:25	89	0:31:59	
6	327	Lambracht Cedric	Rückenwind Geckos D	3:23:44	M20	123	79	0:57:49	261	1:49:38	133	2:49:05	134	0:33:05	
7	438	Jordan Mike	TV Alderkerk	3:23:58	M20	125	149	1:01:37	172	1:46:03	140	2:49:39	104	0:32:25	
8	318	Schubert Gerrit	Pro Athletes KTT 01 III	3:24:16	M20	131	120	1:00:11	114	1:43:53	104	2:45:55	309	0:36:44	
9	3.235	Donnermeyer Julian	Tri Finish Münster	3:28:25	M20	173	160	1:01:55	200	1:47:17	166	2:51:05	256	0:35:41	
10	3.231	Poß Niklas	*Bonn	3:33:30	M20	219	155	1:01:45	301	1:51:36	229	2:56:05	231	0:35:14	
11	3.238	Nachtsheim Christoph	Triteam Sinzig	3:44:35	M20	336	398	1:10:08	252	1:49:21	301	3:01:12	510	0:41:34	
12	452	Dirnberger Roberet	TV 1848 Mönchenglad	3:45:49	M20	344	349	1:08:50	406	1:56:21	382	3:07:15	309	0:36:44	
13	3.229	Jonk Jan	*Volendam	3:52:22	M20	415	425	1:11:05	447	1:58:29	433	3:12:09	368	0:38:13	
14	3.228	Heuser Christian	Team Uni Bonn	3:59:33	M20	476	536	1:14:41	418	1:57:04	463	3:14:28	546	0:42:43	
15	428	Scherf Benedikt	DLC Aachen IV	4:03:48	M20	522	473	1:12:34	513	2:02:01	491	3:17:13	597	0:44:10	
16	3.227	Fischer Daniel	TSV Bonn rrh	4:04:37	M20	528	478	1:12:58	467	1:59:27	470	3:15:03	657	0:47:11	
17	3.239	Van Husen Simon	*Mainz	4:07:02	M20	550	343	1:08:35	630	2:10:34	563	3:23:18	482	0:40:36	
18	3.241	Kuhn Paul	*Niederkassel	4:09:42	M20	565	710	1:25:38	485	2:00:08	592	3:27:45	455	0:39:59	
19	3.237	Kaussen Michael	*Würselen	4:16:23	M20	613	373	1:09:34	608	2:08:14	540	3:20:51	708	0:51:31	
20	3.234	Wassy Daniel	SSF Bonn	4:18:26	M20	623	455	1:12:08	584	2:06:17	551	3:21:47	716	0:52:04	
21	3.244	Schulze Justus	*Bonn	4:28:04	M20	660	551	1:15:34	696	2:19:15	674	3:39:13	642	0:46:17	
22	3.236	Herz Maximilian	*Sankt Augustin	5:11:09	M20	743	725	1:28:21	735	2:40:10	740	4:11:49	732	0:55:56	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M25 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	19	Herber Philipp	*Seevetal	2:57:27	M25	5	4	0:51:15	17	1:35:18	4	2:27:55	11	0:28:09	
2	3.189	Wies Sven	*Duisburg	2:58:51	M25	9	12	0:53:06	14	1:34:50	13	2:29:24	9	0:28:04	
3	362	Teune Mario	1.Tri-Club Paderborn	3:01:43	M25	15	16	0:53:18	39	1:37:43	20	2:32:32	6	0:27:45	
4	334	Heddendorf Daniel	Team Roseversand Boc	3:03:59	M25	18	13	0:53:06	45	1:37:54	19	2:32:31	33	0:29:56	
5	314	Schmitt Alex	SSF Bonn II	3:05:37	M25	23	119	1:00:02	1	1:31:09	22	2:32:50	58	0:31:02	
6	429	Flader Moritz	TV Hülsenbusch	3:05:39	M25	24	34	0:55:41	48	1:38:15	32	2:35:25	16	0:28:47	
7	402	Hubbert Sascha	Triathlon Team Rheinbe	3:06:38	M25	30	20	0:53:37	49	1:38:34	24	2:33:53	64	0:31:14	
8	3.207	Sult Benjamin	*Berlin	3:07:19	M25	35	66	0:57:06	43	1:37:53	44	2:36:41	18	0:29:01	
9	313	Bauer Florian	SSF Bonn II	3:08:31	M25	39	107	0:59:31	10	1:34:20	41	2:36:12	52	0:30:41	
10	408	Sponner Hendrik	Kölner Triathlon Team (3:08:59	M25	43	53	0:56:49	42	1:37:48	37	2:36:05	75	0:31:31	
11	308	Schiffers Andre	DLC Aachen II	3:09:17	M25	45	24	0:54:35	71	1:41:14	50	2:37:15	50	0:30:31	
12	462	Sorge Julian	Mach3 Köln	3:09:57	M25	48	87	0:58:13	52	1:39:11	62	2:39:00	21	0:29:34	
13	317	Templeton Liam	Pro Athletes KTT 01 III	3:10:04	M25	49	7	0:52:09	63	1:40:22	26	2:33:55	200	0:34:41	
14	3.217	Werland Philipp	Tri Post Trier	3:10:20	M25	52	40	0:55:56	54	1:39:30	52	2:37:23	54	0:30:47	
15	363	Reeschke Roman	1.Tri-Club Paderborn	3:10:54	M25	57	102	0:59:17	34	1:37:03	54	2:37:54	70	0:31:25	
16	3.202	Heinzemann Tim	Tri Club Wuppertal	3:11:17	M25	58	116	0:59:51	40	1:37:45	65	2:39:28	43	0:30:12	
17	3.221	Kalt Kevin	srl triathlon koblenz	3:11:24	M25	59	110	0:59:37	28	1:36:42	53	2:37:53	88	0:31:58	
18	342	Greeven Niklas	Bayer 05 Uerdingen II	3:12:36	M25	66	80	0:57:49	53	1:39:20	57	2:38:39	98	0:32:19	
19	309	Kreutzer Daniel	Brander SV Tri Team	3:13:29	M25	68	0	0:00:00	93	1:42:40	72	2:40:50	63	0:31:11	
20	343	Krins Peter	Bayer 05 Uerdingen II	3:15:19	M25	78	76	0:57:39	73	1:41:28	71	2:40:49	129	0:32:54	
21	3.178	Gimmig Dirk	Triathlon Team Sinzig	3:16:58	M25	87	55	0:56:50	185	1:46:40	101	2:45:14	44	0:30:13	
22	463	Gillen Philippe	Mach3 Köln	3:17:42	M25	90	18	0:53:26	329	1:53:01	127	2:48:19	8	0:27:52	
23	3.201	Bröhenhorst Malte	*Löhne	3:19:00	M25	97	158	1:01:51	90	1:42:28	106	2:46:14	61	0:31:09	
24	3.206	Rayher Benjamin	*dorsten	3:19:51	M25	101	167	1:02:19	83	1:42:10	109	2:46:31	77	0:31:35	
25	306	Widdersbach Patrick	DLC Aachen II	3:19:53	M25	102	48	0:56:33	170	1:45:57	93	2:44:12	160	0:34:01	
26	404	Schmelzer Kevin	Triathlon Team Rheinbe	3:21:00	M25	108	92	0:58:32	180	1:46:29	114	2:46:49	112	0:32:34	
27	303	Kraemer Marian	EJOT Team TV Busch	3:22:18	M25	114	56	0:56:56	187	1:46:46	100	2:45:08	234	0:35:20	
28	332	Jüdiges Andreas	Weicon Tri Finish Müns	3:22:29	M25	115	100	0:59:06	104	1:43:18	91	2:44:00	314	0:36:48	
29	416	Kuklau Ole	Tricologne Köln	3:22:54	M25	119	45	0:56:18	265	1:49:44	119	2:47:40	147	0:33:45	
30	3.222	Kwiatkowski René	Team Uni Bonn	3:24:11	M25	130	99	0:59:06	216	1:48:08	135	2:49:13	136	0:33:07	
31	3.199	Wittrock Philipp	*Bonn	3:25:11	M25	139	77	0:57:40	323	1:52:46	174	2:51:59	67	0:31:21	
32	3.197	Kwiatkowski Christo	Team Uni Bonn	3:25:28	M25	141	151	1:01:37	151	1:45:22	132	2:48:58	210	0:34:55	
33	316	Herboth Carsten	SSF Bonn II	3:25:34	M25	143	122	1:00:13	226	1:48:30	153	2:50:11	143	0:33:42	
34	459	Szekeres Miklos	ASV Köln III	3:26:14	M25	151	148	1:01:36	229	1:48:35	173	2:51:54	121	0:32:44	
35	310	Scholz Swen	Brander SV Tri Team	3:26:20	M25	153	52	0:56:42	107	1:43:30	77	2:41:36	564	0:43:15	
36	3.215	Schmalen Philipp	*Bonn	3:29:58	M25	187	243	1:05:16	253	1:49:21	233	2:56:17	91	0:31:59	
37	3.218	Brenner Sebastian	*Bad Münstereifel	3:30:53	M25	194	168	1:02:20	242	1:49:07	188	2:53:31	235	0:35:21	
38	3.212	Kretschmer Felix	Triabolas Hamburg e.V	3:34:46	M25	231	198	1:03:45	235	1:48:52	198	2:54:31	391	0:38:35	
39	3.181	HENROTAY Roland	*STEMBERT	3:35:19	M25	239	362	1:09:14	158	1:45:42	241	2:56:46	319	0:36:56	
40	3.191	Flerus Benedikt	*Aachen	3:35:54	M25	250	340	1:08:33	218	1:48:10	285	3:00:15	116	0:32:39	
41	3.190	Dierkes Johannes	*Berlin	3:36:37	M25	255	178	1:02:59	281	1:50:40	231	2:56:10	378	0:38:22	
42	3.186	Meyer Bjoern	TW Göttingen	3:37:38	M25	266	297	1:07:00	220	1:48:15	257	2:58:02	338	0:37:18	
43	417	Worring Martin	SG Tri Power Rhein Si	3:38:52	M25	278	27	0:54:58	517	2:02:07	270	2:59:13	329	0:37:11	
44	3.195	John Philipp	Tri Club Paderborn	3:39:30	M25	285	267	1:06:08	258	1:49:30	259	2:58:10	423	0:39:12	
45	3.224	Raspe Jens	Team Erdinger Alkohol	3:40:17	M25	298	266	1:06:07	342	1:53:33	332	3:03:10	201	0:34:45	
46	4.028	Friedrich Maximilian	Planet X Carnac	3:41:35	M25	311	329	1:08:10	168	1:45:56	234	2:56:19	578	0:43:28	
47	427	Pliet Maximilian	DLC Aachen IV	3:47:09	M25	360	389	1:09:50	348	1:53:49	359	3:05:32	451	0:39:52	
48	3.213	Meisen Max	LC Euskirchen	3:51:03	M25	404	313	1:07:22	421	1:57:09	377	3:07:09	513	0:41:38	
49	3.211	Klein Christopher	WSV Schermbeck	3:51:24	M25	406	502	1:13:43	307	1:51:56	394	3:08:14	495	0:41:01	
50	3.176	Eschmann Stefan	*Bad Honnef	3:52:39	M25	417	353	1:08:57	399	1:56:09	391	3:07:46	541	0:42:36	
51	3.184	Leppert Philipp	TV Rheinbach	3:56:34	M25	452	420	1:10:55	464	1:59:26	442	3:12:45	517	0:41:44	
52	3.175	Döhler Stephen	*Köln	3:57:16	M25	459	491	1:13:22	480	1:59:50	477	3:16:00	399	0:38:50	
53	3.183	Höweler Michael	*Saarbrücken	4:00:38	M25	491	482	1:13:06	478	1:59:48	478	3:16:01	523	0:41:58	
54	3.225	Sett Dominic	*Bonn	4:01:33	M25	501	470	1:12:29	596	2:06:58	546	3:21:21	382	0:38:25	
55	3.204	Kosky Tobias	*Berlin	4:02:01	M25	506	535	1:14:40	458	1:59:07	485	3:16:30	534	0:42:27	
56	3.210	Hasler Johannes	SSF Bonn Triathlon	4:03:19	M25	518	700	1:24:21	308	1:51:59	508	3:18:24	545	0:42:42	
57	3.180	Häcker Tobias	Tri Team Nettetal	4:12:27	M25	584	469	1:12:26	675	2:15:28	624	3:30:56	386	0:38:33	
58	3.200	Brandt Kevin	*Bonn	4:14:08	M25	594	501	1:13:42	650	2:12:41	608	3:29:54	425	0:39:14	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M25 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	3.193	Grundtner Bálint	*Bonn	4:21:39	M25	637	620	1:18:43	631	2:10:49	634	3:32:09	640	0:46:13	
60	4.087	Oberfrank Eike	*Bonn	4:23:36	M25	646	423	1:10:58	699	2:20:15	645	3:34:25	576	0:43:27	
61	3.208	Deter Christian	*Bonn	4:24:38	M25	649	675	1:22:19	625	2:09:58	655	3:36:21	620	0:45:01	
62	3.185	Meißler Gerrit	Fortuna Düsseldorf 189	4:28:31	M25	665	678	1:22:30	689	2:18:08	698	3:43:21	536	0:42:29	
63	3.220	Gabriel Christoph	Cologne Intelligence	4:32:25	M25	681	681	1:22:44	666	2:14:17	678	3:40:00	691	0:49:34	
64	3.198	Vianden Florian	*Bonn	4:33:26	M25	687	654	1:20:41	667	2:14:17	670	3:38:28	709	0:51:31	
65	3.205	Müller Philipp	*Bonn	4:37:35	M25	702	603	1:17:56	673	2:14:57	662	3:37:36	730	0:55:32	
66	3.177	Freistedt Heiko	SV TRICITY Darmstad	4:38:38	M25	708	735	1:32:47	614	2:08:39	702	3:44:31	706	0:51:23	

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Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M30 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AKPL	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	344	Scheltinga Diederik	Bayer 05 Uerdingen II	2:55:00	M30	2	8	0:52:10	7	1:33:09	2	2:26:44	5	0:26:55
2	331	Schücker Sascha	Weicon Tri Finish Müns	2:56:08	M30	4	2	0:50:17	24	1:36:20	5	2:27:58	4	0:26:52
3	3.248	Goosens Tony	*	2:58:04	M30	6	9	0:52:23	11	1:34:29	8	2:28:25	12	0:28:10
4	305	Cramer Michael	DLC Aachen II	2:58:15	M30	7	26	0:54:35	6	1:32:57	10	2:29:06	7	0:27:49
5	21	Kores Robert	Tri Team Hamburg e.V.	2:59:08	M30	10	46	0:56:21	4	1:32:27	15	2:30:53	3	0:26:44
6	3.144	Brosch Florian	TV Bad Orb Team Spe	3:00:40	M30	12	11	0:52:53	27	1:36:35	14	2:30:53	14	0:28:25
7	307	Schulte Thomas	DLC Aachen II	3:00:49	M30	14	25	0:54:35	8	1:33:23	12	2:29:18	41	0:30:10
8	319	Skazidroga Robert	Pro Athletes KTT 01 III	3:04:37	M30	19	3	0:50:52	31	1:36:54	11	2:29:07	178	0:34:14
9	348	Nett Markus	PSV Bonn Triathlon I	3:04:56	M30	20	50	0:56:38	20	1:35:49	25	2:33:54	22	0:29:35
10	324	Lautwein Tobias	Team TVE Netphen	3:05:10	M30	21	29	0:55:12	22	1:36:12	21	2:32:50	55	0:30:47
11	323	Brückhof Timo	Team TVE Netphen	3:05:32	M30	22	22	0:54:15	47	1:38:01	23	2:33:52	42	0:30:11
12	329	Günnigmann Stefan	Weicon Tri Finish Müns	3:05:49	M30	25	32	0:55:28	38	1:37:43	29	2:34:45	20	0:29:28
13	361	Brämer Alexander	1.Tri-Club Paderborn	3:06:10	M30	26	15	0:53:18	59	1:39:54	28	2:34:42	32	0:29:53
14	322	Friedhoff Pascal	Team TVE Netphen	3:06:35	M30	29	33	0:55:37	32	1:36:54	27	2:34:16	51	0:30:36
15	301	Fricke Lars-Erik	EJOT Team TV Busch	3:07:12	M30	33	43	0:56:17	44	1:37:53	34	2:35:36	39	0:30:07
16	370	Bosshammer Michael	Pulheimer SC	3:07:16	M30	34	72	0:57:32	33	1:37:01	35	2:36:00	31	0:29:53
17	330	Günnigmann Michael	Weicon Tri Finish Müns	3:08:22	M30	37	63	0:57:01	41	1:37:47	42	2:36:18	49	0:30:29
18	311	Decker Christian	Brander SV Tri Team	3:08:30	M30	38	35	0:55:41	36	1:37:34	31	2:35:07	82	0:31:42
19	3.161	Gösmann Raphael	RC Lüdenscheid '98	3:08:40	M30	41	28	0:55:05	66	1:40:31	48	2:37:08	40	0:30:09
20	355	Wendt Steffen	TRC Essen 84 I	3:08:50	M30	42	0	0:00:00	92	1:42:34	58	2:38:41	15	0:28:39
21	341	Eggert Sebastian	Bayer 05 Uerdingen II	3:09:54	M30	47	71	0:57:30	57	1:39:47	61	2:38:48	23	0:29:40
22	461	Rundio Michael	Mach3 Köln	3:10:07	M30	50	133	1:00:49	11	1:34:29	47	2:37:06	69	0:31:25
23	339	Buhs Andreas	ASV Köln I	3:10:23	M30	53	90	0:58:27	21	1:36:08	40	2:36:09	125	0:32:48
24	3.116	Vermeulen Maarten	Hetric	3:10:31	M30	54	93	0:58:33	62	1:40:22	69	2:40:46	13	0:28:14
25	3.111	Lohse Maik	Team Erdinger Alkohol	3:11:36	M30	62	115	0:59:51	19	1:35:46	51	2:37:20	123	0:32:44
26	346	Manunzio Christian	PSV Bonn Triathlon I	3:12:07	M30	63	61	0:57:00	46	1:37:55	43	2:36:26	133	0:33:02
27	403	Concha Farré Fernand	Triathlon Team Rheinbe	3:13:43	M30	70	17	0:53:18	202	1:47:22	81	2:42:10	36	0:30:02
28	304	Hesse Daniel	EJOT Team TV Busch	3:14:53	M30	74	68	0:57:18	76	1:41:34	67	2:40:27	126	0:32:48
29	431	Raatz Marcus	TV Hülsenbusch	3:15:27	M30	79	81	0:57:53	99	1:43:07	84	2:42:30	71	0:31:25
30	425	Risse Jeroen	DLC Aachen IV	3:15:38	M30	80	70	0:57:27	94	1:42:46	80	2:41:50	96	0:32:11
31	356	Seewald Jan	TRC Essen 84 I	3:18:44	M30	94	38	0:55:50	249	1:49:18	112	2:46:43	48	0:30:19
32	367	Dobroschke Raoul	TSVE 1890 Bielefeld I	3:20:47	M30	106	137	1:01:16	56	1:39:34	86	2:42:35	301	0:36:39
33	312	Sittig Jörg	Brander SV Tri Team	3:23:05	M30	120	114	0:59:46	98	1:43:02	97	2:44:27	312	0:36:47
34	3.126	Long Simon	SSF Bonn	3:23:09	M30	121	171	1:02:32	145	1:45:07	141	2:49:54	60	0:31:08
35	3.115	Stein Benjamin	* Engelsleichen	3:24:06	M30	127	165	1:02:12	125	1:44:25	134	2:49:12	117	0:32:42
36	460	Von Seht Enno	ASV Köln III	3:24:53	M30	137	173	1:02:46	130	1:44:32	131	2:48:58	175	0:34:11
37	3.109	Held Tobias	Marathon Ibbenbüren	3:27:08	M30	163	159	1:01:54	179	1:46:23	160	2:50:36	195	0:34:32
38	3.165	Klein Nils	*Sankt Augustin	3:27:44	M30	166	106	0:59:29	214	1:47:54	144	2:49:59	189	0:34:26
39	3.158	Breuer Philipp	*Hennef	3:29:21	M30	183	202	1:03:53	157	1:45:38	171	2:51:42	239	0:35:26
40	426	Cosemans Jens	DLC Aachen IV	3:30:20	M30	189	105	0:59:27	397	1:55:59	249	2:57:17	76	0:31:33
41	3.148	Mautes Simon	Track Club Davos	3:31:09	M30	195	127	1:00:27	390	1:55:29	256	2:58:01	72	0:31:26
42	3.159	Domininghaus Daniel	Iserlohner Tri Team	3:32:34	M30	210	315	1:07:27	127	1:44:27	216	2:55:37	214	0:34:56
43	407	Linke Phillip	Kölner Triathlon Team (3:33:02	M30	215	166	1:02:17	297	1:51:18	211	2:55:18	215	0:34:57
44	3.106	Daamen Markus	*Duisburg	3:33:30	M30	218	303	1:07:10	230	1:48:36	255	2:58:00	138	0:33:16
45	3.142	Wartenberg Dirk	*Bonn	3:33:36	M30	220	204	1:04:01	186	1:46:41	184	2:53:17	364	0:38:09
46	3.119	Deidenbach Fabian	Team flott.	3:33:39	M30	222	264	1:06:05	205	1:47:30	214	2:55:36	250	0:35:36
47	3.146	Garba Thomas	Post SV Nürnberg	3:34:55	M30	234	323	1:07:39	178	1:46:21	230	2:56:09	294	0:36:29
48	3.133	Felten Alexander	Hochschulsport Bonn T	3:35:03	M30	235	91	0:58:32	391	1:55:38	238	2:56:31	298	0:36:34
49	336	Crisan Andrei	Team Roseversand Boc	3:35:56	M30	251	132	1:00:44	311	1:52:01	199	2:54:38	369	0:38:15
50	3.174	Sprenger Christian	DAV Ravensburg	3:40:02	M30	292	190	1:03:34	382	1:55:08	295	3:00:48	334	0:37:15
51	3.141	Warkentin Johann	*Eichenzell	3:40:13	M30	297	269	1:06:12	321	1:52:27	318	3:02:15	255	0:35:39
52	3.139	Van Geöns Patrick	Mach3 Köln	3:42:18	M30	316	225	1:04:37	475	1:59:43	364	3:06:07	182	0:34:21
53	3.138	Te Molder Frank	Survivalteam.nl	3:42:27	M30	317	390	1:09:52	236	1:48:53	300	3:01:11	411	0:39:04
54	3.128	Truschinski Till	*Mainz	3:42:28	M30	318	406	1:10:31	313	1:52:04	361	3:05:53	194	0:34:32
55	3.154	Thiel Daniel	Tri-Team Nettetal	3:42:55	M30	321	288	1:06:41	322	1:52:39	306	3:01:42	427	0:39:15
56	69	Bredol Peter	*	3:43:24	M30	326	338	1:08:31	306	1:51:53	317	3:02:14	429	0:39:17
57	410	Boenke Thomas	TriFUN Kleve e.V.	3:43:53	M30	329	272	1:06:16	353	1:54:01	316	3:02:12	441	0:39:39
58	3.107	Görner Christoph	RUNNERS POINT Tr	3:45:09	M30	339	181	1:03:03	509	2:01:43	373	3:06:50	289	0:36:24

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M30 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	3.108	Heckert Heiko	*Swisttal	3:45:36	M30	343	161	1:01:56	525	2:02:33	384	3:07:17	218	0:34:58	
60	3.156	Ahlhaus Philipp	Der Hamburger und Ge	3:46:36	M30	352	375	1:09:37	245	1:49:14	298	3:01:08	556	0:42:57	
61	3.166	Knaup Fabian	Triathlon Waldfeucht	3:47:00	M30	359	226	1:04:38	516	2:02:06	407	3:09:20	237	0:35:24	
62	3.171	Schiefelbein Sebastian	*Berlin	3:47:43	M30	364	415	1:10:51	305	1:51:53	355	3:05:20	430	0:39:17	
63	3.170	Popella Andre	*Düsseldorf	3:48:00	M30	372	431	1:11:14	338	1:53:17	383	3:07:15	367	0:38:13	
64	3.152	Niese Kristof	Universität Bonn	3:48:01	M30	373	287	1:06:41	396	1:55:57	353	3:05:15	467	0:40:20	
65	418	Lütkefent Jan	SG Tri Power Rhein Si	3:48:59	M30	385	273	1:06:18	453	1:58:46	385	3:07:18	448	0:39:47	
66	3.145	Erber Bastian	*Meckenheim	3:49:02	M30	388	231	1:04:52	492	2:00:45	393	3:08:11	384	0:38:27	
67	3.160	Ehrich Tim	*Bielefeld	3:51:42	M30	408	378	1:09:38	444	1:58:20	421	3:10:41	392	0:38:37	
68	414	Schütt Jan	Tricolore Köln	3:52:13	M30	411	430	1:11:11	344	1:53:44	380	3:07:13	557	0:42:59	
69	3.117	Arp Joachim	*Bornheim	3:56:21	M30	450	324	1:07:41	515	2:02:05	444	3:12:57	487	0:40:43	
70	3.150	Minetti Oliver	Bushwalker Bonn	3:58:50	M30	470	520	1:14:11	411	1:56:33	455	3:13:55	518	0:41:48	
71	3.120	Klostermann Michael	TRC Essen	3:59:54	M30	481	440	1:11:29	570	2:05:04	517	3:19:04	396	0:38:45	
72	3.122	Kramm Michael	*Köln	3:59:55	M30	484	446	1:11:46	527	2:02:35	494	3:17:32	356	0:37:59	
73	3.123	Kremer Florian	Team Aachen Injectors	4:01:17	M30	499	541	1:15:06	500	2:01:15	515	3:18:57	447	0:39:44	
74	3.140	Von Bartenwerffer Da	*Köln	4:02:17	M30	510	534	1:14:38	512	2:01:47	528	3:19:53	464	0:40:14	
75	3.167	Kolanus David	Triathlon Mülheim	4:03:08	M30	516	591	1:17:26	448	1:58:38	516	3:19:02	505	0:41:24	
76	3.124	Kuhlmann Björn	VfL Hüls	4:04:05	M30	523	418	1:10:54	594	2:06:43	534	3:20:12	498	0:41:14	
77	3.151	Munro Mark	*Amersfoort	4:08:58	M30	560	426	1:11:06	171	1:46:01	271	2:59:16	745	1:07:22	
78	3.137	Schucht Lessa Pablo	Eintracht Frankfurt Tria	4:09:00	M30	561	500	1:13:41	556	2:04:33	541	3:20:57	614	0:44:47	
79	3.173	Schücker Jannnis	*Köln	4:10:06	M30	570	523	1:14:12	521	2:02:27	521	3:19:12	677	0:48:23	
80	3.155	Willer Sebastian	Bundeswehr (FüUstgK	4:10:54	M30	575	616	1:18:37	461	1:59:17	530	3:20:06	674	0:48:09	
81	3.169	Niecknig Franz	*Bonn	4:11:12	M30	577	612	1:18:29	523	2:02:30	571	3:23:54	615	0:44:50	
82	3.162	Heinrich Alexander	*Konstanz	4:15:56	M30	610	611	1:18:29	606	2:08:08	603	3:29:26	590	0:43:56	
83	3.114	Schröder Thomas	MTB Team Daaden	4:20:39	M30	633	521	1:14:11	660	2:13:51	619	3:30:30	658	0:47:12	
84	3.168	Krause-Traudes Rober	SSF Bonn	4:31:27	M30	679	676	1:22:22	682	2:16:37	688	3:41:42	649	0:46:29	
85	3.130	Behm Frank	*Euskirchen	4:59:56	M30	733	732	1:30:30	714	2:24:55	734	4:05:21	661	0:47:21	
86	3.149	Metzmacher Thomas	*Swisttal	5:04:01	M30	738	731	1:30:28	723	2:31:02	739	4:11:39	651	0:46:37	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M35 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	7	Coenen Clemens	Mach3 Köln e.V.	2:59:45	M35	11	23	0:54:33	2	1:31:59	6	2:27:59	45	0:30:14	
2	10	Imhoff Sven	Tri Team MAXMO	3:00:44	M35	13	14	0:53:06	9	1:34:14	9	2:28:53	46	0:30:14	
3	22	Kowalke Jörg	Iserlohner Triathlon Tea	3:06:18	M35	27	51	0:56:42	25	1:36:25	30	2:35:00	24	0:29:43	
4	17	Von Wezyk Hendrik	Nils Goerke Training	3:07:03	M35	32	86	0:58:09	26	1:36:30	38	2:36:05	19	0:29:12	
5	320	Wallmen Sören	Pro Athletes KTT 01 III	3:07:39	M35	36	88	0:58:13	23	1:36:17	36	2:36:05	37	0:30:04	
6	345	Weier Peter	PSV Bonn Triathlon I	3:08:32	M35	40	60	0:57:00	37	1:37:38	39	2:36:08	57	0:30:57	
7	3.103	Weiler Georg	SRL Triathlon Koblenz	3:09:47	M35	46	109	0:59:37	29	1:36:42	55	2:37:56	47	0:30:19	
8	405	Blaeser Veit	Kölner Triathlon Team (3:12:17	M35	64	49	0:56:33	96	1:42:50	74	2:40:58	28	0:29:48	
9	423	Friese Tobias	PSV Bonn Triathlon II	3:14:28	M35	72	62	0:57:00	88	1:42:24	75	2:41:04	84	0:31:48	
10	3.011	Meyer Thorsten	Team flott.	3:15:03	M35	75	54	0:56:50	146	1:45:11	90	2:43:30	35	0:30:02	
11	3.033	Nürnberger Peter	*Niederkassel	3:15:15	M35	77	75	0:57:38	61	1:40:09	63	2:39:27	164	0:34:03	
12	3.015	Wagner Uli	*Koblenz	3:15:40	M35	81	103	0:59:20	65	1:40:30	76	2:41:35	109	0:32:30	
13	430	Hilger Michael	TV Hülsenbusch	3:15:53	M35	82	41	0:56:03	141	1:44:55	85	2:42:32	86	0:31:54	
14	351	Veltman Sjoerd	Triathlon Team Witten I	3:19:00	M35	96	30	0:55:13	164	1:45:52	87	2:42:54	165	0:34:04	
15	3.069	Chavet Francois	Triabolos	3:19:30	M35	99	126	1:00:23	144	1:45:03	116	2:47:29	34	0:30:01	
16	365	Muth Frank	TSVE 1890 Bielefeld I	3:21:04	M35	109	124	1:00:17	162	1:45:49	123	2:47:59	65	0:31:16	
17	406	Schnöring Dirk	Kölner Triathlon Team (3:21:05	M35	110	130	1:00:40	150	1:45:21	121	2:47:50	81	0:31:41	
18	358	Weiß Ben	Freie Schwimmer Düsse	3:21:14	M35	112	128	1:00:29	174	1:46:11	129	2:48:20	66	0:31:18	
19	3.102	Vanhagendoren Maar	Go Like Hell	3:23:59	M35	126	138	1:01:17	132	1:44:34	120	2:47:43	197	0:34:33	
20	413	Müller Ingemar	Tricologne Köln	3:24:06	M35	128	199	1:03:47	81	1:42:03	117	2:47:37	212	0:34:56	
21	3.010	Martinez Guilberth	SSF Bonn	3:24:10	M35	129	182	1:03:04	124	1:44:25	137	2:49:27	130	0:32:55	
22	3.023	Briers Davis	Hetric	3:24:29	M35	134	193	1:03:36	72	1:41:20	115	2:47:03	248	0:35:34	
23	3.091	Lapsien Daniel	Hardtseemafia Triathlo	3:24:47	M35	136	194	1:03:36	117	1:44:10	151	2:50:06	127	0:32:48	
24	3.003	Diecksmeier Oliver	*Ahlen	3:24:58	M35	138	188	1:03:29	121	1:44:16	169	2:51:15	85	0:31:48	
25	360	Thiel Björn	Freie Schwimmer Düsse	3:25:13	M35	140	89	0:58:18	260	1:49:33	139	2:49:37	154	0:33:51	
26	3.024	Burmann Felix	*München	3:26:30	M35	155	192	1:03:35	152	1:45:24	167	2:51:10	137	0:33:07	
27	3.095	Queck Joachim	*Köln	3:28:12	M35	169	245	1:05:21	120	1:44:15	176	2:52:15	148	0:33:47	
28	457	Edlich Jörn	ASV Köln III	3:28:16	M35	171	177	1:02:58	217	1:48:09	179	2:52:46	151	0:33:50	
29	422	Weitzel Sebastian	PSV Bonn Triathlon II	3:28:21	M35	172	123	1:00:16	266	1:49:44	175	2:52:10	179	0:34:16	
30	3.087	Dedeurwaerder Wim	*Scherpenheuvel	3:28:47	M35	177	139	1:01:17	184	1:46:39	148	2:50:03	307	0:36:43	
31	3.034	Puetz Holger	tsve 1890 bielefeld	3:29:03	M35	180	221	1:04:28	169	1:45:57	181	2:52:56	172	0:34:10	
32	3.057	Martens Marcel	*Schwerte	3:29:14	M35	181	227	1:04:38	112	1:43:44	164	2:50:49	285	0:36:21	
33	3.044	Wesendahl Christian	SC Altenrheine	3:30:45	M35	192	191	1:03:35	244	1:49:12	202	2:54:42	181	0:34:20	
34	3.001	Alen Kristof	Meetria	3:31:49	M35	199	228	1:04:40	239	1:49:01	218	2:55:38	170	0:34:09	
35	3.096	Schaidinger Veit	SSF Bonn Triathlon	3:31:57	M35	203	237	1:04:56	212	1:47:47	203	2:54:50	216	0:34:58	
36	24	Kuhr Andreas	Bunter Kreis	3:32:24	M35	206	278	1:06:25	166	1:45:55	210	2:55:16	193	0:34:31	
37	3.039	Stammberger Martin	*Birgu, Victoriosa	3:32:33	M35	209	242	1:05:15	222	1:48:17	215	2:55:37	219	0:34:59	
38	3.008	Jans Raphael	LTF Köllertal	3:32:58	M35	213	286	1:06:39	248	1:49:17	260	2:58:12	128	0:32:49	
39	3.041	Thiel Andreas	Schwelmer SC	3:32:59	M35	214	239	1:04:58	193	1:47:06	205	2:54:54	236	0:35:22	
40	3.088	Flügge Jan	DJK Teutonia Gaustadt	3:33:36	M35	221	195	1:03:42	291	1:51:08	243	2:56:52	208	0:34:52	
41	14	Winnemöller Tobias	*Neuss	3:34:15	M35	224	57	0:56:57	379	1:55:04	191	2:53:47	366	0:38:11	
42	3.092	Lesouef Julien	*Bonn	3:34:41	M35	230	201	1:03:48	194	1:47:07	186	2:53:18	422	0:39:11	
43	3.043	Wartenberg Jens	*Schwanewede	3:35:27	M35	242	184	1:03:10	277	1:50:23	219	2:55:42	355	0:37:57	
44	3.085	Bruns Stephan	*Bonn	3:35:34	M35	244	174	1:02:49	334	1:53:11	267	2:58:52	184	0:34:21	
45	3.100	Torsten Wienefoet	Marathon Steinfurt	3:35:37	M35	246	290	1:06:48	219	1:48:10	246	2:57:10	297	0:36:34	
46	415	Marx Rene	Tricologne Köln	3:35:44	M35	247	200	1:03:47	325	1:52:56	262	2:58:32	230	0:35:13	
47	465	Strümpel Jörn	VT Triangel Kempen	3:36:49	M35	257	157	1:01:49	309	1:51:59	224	2:55:58	376	0:38:21	
48	3.017	Zander Tim	SV Vaihingen 1889 e.	3:36:50	M35	258	185	1:03:11	362	1:54:31	272	2:59:16	260	0:35:53	
49	3.059	Meißner Colin	*Dresden	3:37:16	M35	264	216	1:04:17	339	1:53:20	280	2:59:49	241	0:35:26	
50	3.000	Alario Flavio	*Bonn	3:38:37	M35	275	203	1:03:57	394	1:55:56	310	3:01:56	220	0:35:00	
51	3.086	Clamor Tim	*Bonn	3:39:11	M35	283	316	1:07:28	302	1:51:37	319	3:02:18	153	0:33:50	
52	3.053	Greite Stefan	*Köln	3:39:57	M35	291	401	1:10:21	266	1:49:44	315	3:02:11	262	0:35:56	
53	409	Ter Bekke Manuel	TriFUN Kleve e.V.	3:40:06	M35	295	258	1:05:57	317	1:52:12	302	3:01:14	328	0:37:09	
54	3.002	Danckaerts Wesley	Hetric	3:40:09	M35	296	235	1:04:54	326	1:52:56	284	3:00:14	352	0:37:47	
55	3.046	Wiemer Nils	*Sankt Augustin	3:40:22	M35	299	464	1:12:20	215	1:48:00	338	3:03:49	187	0:34:25	
56	401	Knauff Marcel	Triathlon Team Rheinbe	3:40:37	M35	303	277	1:06:24	210	1:47:40	222	2:55:53	547	0:42:46	
57	3.098	Stern Steffen	*Königswinter	3:40:50	M35	306	175	1:02:54	352	1:53:58	273	2:59:17	385	0:38:30	
58	3.079	Skoda Hauke	*Bonn	3:41:02	M35	308	377	1:09:37	204	1:47:25	274	2:59:18	453	0:39:53	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M35 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	3.071	Hämmerling Bartosch	ASC Ahlen	3:42:43	M35	319	405	1:10:30	299	1:51:27	343	3:04:14	288	0:36:22	
60	3.250	Schneider Marco	Sportshop-Triathlon Te	3:44:13	M35	331	142	1:01:20	470	1:59:37	335	3:03:21	371	0:38:17	
61	420	Frank-Richter Stefan	SG Tri Power Rhein Si	3:44:18	M35	332	274	1:06:18	176	1:46:19	201	2:54:40	670	0:47:47	
62	3.072	HENRRARD ALEXIS	*BONN	3:44:29	M35	334	350	1:08:54	315	1:52:06	331	3:03:06	417	0:39:06	
63	3.101	Vandereyken Peter	Hetric	3:46:38	M35	354	379	1:09:40	375	1:54:53	376	3:07:00	345	0:37:30	
64	3.029	Kalläne Sven	Tri Star Oelde	3:47:47	M35	367	342	1:08:34	434	1:57:59	400	3:08:37	332	0:37:13	
65	2.110	Meuleman Jan	*Düsseldorf	3:47:57	M35	371	314	1:07:25	454	1:58:49	397	3:08:24	336	0:37:17	
66	3.083	Bade Sebastian	*Bonn	3:48:05	M35	374	567	1:16:09	196	1:47:10	365	3:06:11	439	0:39:35	
67	3.014	Schmale Sönke	*Bonn	3:48:33	M35	380	294	1:06:54	380	1:55:04	362	3:05:56	398	0:38:48	
68	3.006	Hildebrandt Lars	TriCologne	3:48:40	M35	381	538	1:14:46	246	1:49:15	381	3:07:13	401	0:38:51	
69	3.090	Kniffler Martin	Spitzenmänner	3:49:03	M35	389	374	1:09:35	374	1:54:52	372	3:06:40	469	0:40:23	
70	3.051	Dahmen Volker	*Bonn	3:49:11	M35	390	512	1:14:04	279	1:50:35	386	3:07:19	360	0:38:03	
71	421	Kost Daniel	PSV Bonn Triathlon II	3:49:40	M35	394	331	1:08:18	435	1:58:07	399	3:08:34	421	0:39:10	
72	3.058	Martschink Till	DJK Rheinkraft Neuss	3:49:40	M35	395	279	1:06:27	371	1:54:51	388	3:07:26	419	0:39:08	
73	3.074	Korn Rene	*Frankfurt	3:52:45	M35	418	511	1:14:03	386	1:55:16	432	3:11:49	377	0:38:22	
74	3.027	Faupel Denis	*Köln	3:53:55	M35	429	334	1:08:20	424	1:57:22	408	3:09:22	501	0:41:19	
75	3.070	Grohmann Jan	*Frankfurt	3:55:06	M35	441	581	1:16:52	274	1:50:09	415	3:09:57	529	0:42:19	
76	3.025	Derda Jürgen	*Kerken	3:55:09	M35	442	211	1:04:10	615	2:08:41	480	3:16:17	272	0:36:11	
77	3.076	Mahmens Timo	*monheim	3:55:30	M35	447	361	1:09:14	472	1:59:37	443	3:12:50	436	0:39:29	
78	3.016	Wessels Andreas	Marathon Steinfurt	3:55:49	M35	448	489	1:13:20	349	1:53:49	412	3:09:41	586	0:43:46	
79	437	Beckmann Thomas	TV Alderkerk	3:56:46	M35	453	385	1:09:46	529	2:02:42	475	3:15:52	389	0:38:34	
80	3.012	Nagel Axel	*Köln	3:57:21	M35	462	537	1:14:44	319	1:52:23	422	3:10:43	589	0:43:53	
81	3.066	Witter Marcus	*Frankfurt	3:59:16	M35	474	540	1:15:01	471	1:59:37	493	3:17:21	418	0:39:07	
82	3.075	Kuchem Stefan	Triathlon steckel cologn	4:00:02	M35	486	466	1:12:25	503	2:01:20	487	3:16:37	465	0:40:17	
83	3.097	Schreuer Mario	*Aachen	4:01:32	M35	500	592	1:17:36	367	1:54:47	474	3:15:33	554	0:42:54	
84	3.077	Nannen Okko	Team Laufrausch e.V.	4:02:13	M35	509	548	1:15:24	505	2:01:26	522	3:19:19	485	0:40:42	
85	3.056	Krug Michael	SSF Bonn 1905 e.V.	4:02:54	M35	514	295	1:06:58	357	1:54:14	334	3:03:19	737	0:57:23	
86	3.068	Burg Jochen	les_hombres	4:04:31	M35	526	561	1:16:02	463	1:59:21	518	3:19:06	539	0:42:33	
87	364	Fraune Christoph	1.Tri-Club Paderborn	4:05:41	M35	536	84	0:57:59	722	2:30:52	616	3:30:27	135	0:33:06	
88	3.020	Berger Thomas	*Köln	4:08:39	M35	558	553	1:15:39	569	2:05:04	570	3:23:52	512	0:41:37	
89	3.080	Specht Til	*Bonn	4:09:45	M35	566	573	1:16:38	456	1:58:55	544	3:21:04	593	0:44:00	
90	3.036	Rißmann André	Alfterer SC	4:13:41	M35	590	658	1:21:08	474	1:59:42	562	3:23:10	671	0:47:49	
91	3.105	Wittkamp Philip	*Ratingen	4:13:53	M35	591	640	1:19:47	542	2:03:22	585	3:27:01	576	0:43:27	
92	3.062	Sülzner Mike	Sportshop-Triathlon Te	4:14:08	M35	593	634	1:19:26	593	2:06:38	596	3:28:37	561	0:43:12	
93	3.048	Wirtz Marcus	Köln Triathlon e.V.	4:14:11	M35	595	531	1:14:35	638	2:11:38	607	3:29:39	528	0:42:17	
94	3.047	Willkomm Alexander	*Königswinter	4:20:26	M35	632	636	1:19:32	626	2:10:01	640	3:33:54	567	0:43:20	
95	456	Schmucker Thomas	Tri-Team TV Schiefbah	4:28:05	M35	661	648	1:20:12	686	2:17:45	681	3:40:32	600	0:44:14	
96	3.049	Barth Andreas	*Bonn	4:28:35	M35	667	508	1:13:55	683	2:16:59	647	3:35:01	696	0:50:18	
97	3.005	Hegele Peter	*Bonn	4:38:29	M35	707	713	1:25:59	668	2:14:32	703	3:44:52	686	0:49:06	
98	3.063	Thierbach Kai	SSF Bonn Triathlon	4:47:39	M35	722	615	1:18:37	734	2:37:44	726	4:01:03	566	0:43:20	
99	3.082	Ye Shute	*Köln	4:52:50	M35	726	699	1:24:19	676	2:15:34	711	3:48:15	738	0:58:32	
100	3.060	Schmitt Günter	*Flamersheim	4:58:54	M35	730	694	1:23:39	732	2:36:54	731	4:03:57	713	0:51:48	
101	3.009	Kühl Thorsten	SSF-Bonn	5:13:29	M35	745	740	1:36:39	729	2:32:50	741	4:13:05	733	0:55:58	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M40 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	4	Jaskolka Marek	*	2:55:53	M40	3	5	0:51:16	18	1:35:20	7	2:28:01	2	0:26:24	
2	333	Werner Stefan	Team Roseversand Boc	3:02:31	M40	16	58	0:56:58	5	1:32:41	16	2:31:17	30	0:29:51	
3	4.000	Brüll Freddy	Triathlon Team Eupen	3:11:25	M40	60	47	0:56:27	75	1:41:31	66	2:39:44	38	0:30:05	
4	4.101	Weber Sascha	Marathon Steinfurt	3:12:26	M40	65	39	0:55:53	106	1:43:29	79	2:41:40	17	0:28:55	
5	4.032	Jungbluth Torsten	Team Erdinger	3:14:02	M40	71	64	0:57:01	97	1:42:53	78	2:41:39	56	0:30:48	
6	4.016	Schindlatz Christian	Tri Team Sinzig	3:15:11	M40	76	42	0:56:15	134	1:44:35	83	2:42:29	59	0:31:06	
7	4.035	Ledent Maurice	Triathlon Team Eupen	3:16:19	M40	84	118	0:59:58	70	1:40:52	88	2:43:01	73	0:31:30	
8	4.044	Sieberger Gero	Spiridon Frankfurt	3:16:21	M40	85	94	0:58:47	116	1:44:03	99	2:44:51	29	0:29:50	
9	359	Zilcher Oliver	Freie Schwimmer Düsse	3:19:35	M40	100	95	0:58:52	102	1:43:12	94	2:44:20	140	0:33:21	
10	449	Krüger Dirk	TV 1848 Mönchenglad	3:20:13	M40	104	73	0:57:32	195	1:47:07	108	2:46:26	94	0:32:10	
11	366	Gerken Michael	TSVE 1890 Bielefeld I	3:20:47	M40	107	169	1:02:23	87	1:42:15	110	2:46:32	114	0:32:36	
12	4.099	Theisen Stephan	Allround Triathlon Tea	3:23:25	M40	122	208	1:04:06	119	1:44:11	150	2:50:04	79	0:31:40	
13	4.057	Gillis Kasper	Hetric	3:24:47	M40	135	176	1:02:56	84	1:42:12	124	2:48:05	158	0:33:59	
14	464	Over Bernd	Mach3 Köln	3:25:34	M40	142	183	1:03:06	101	1:43:09	126	2:48:16	244	0:35:28	
15	432	Kunde Karsten	TV Hülsenbusch	3:26:20	M40	152	135	1:01:10	201	1:47:20	156	2:50:23	159	0:34:00	
16	4.060	Hunstein Frank	PV Triathlon Witten	3:27:21	M40	164	112	0:59:40	234	1:48:46	162	2:50:43	199	0:34:37	
17	340	Friedel Jörg	ASV Köln I	3:28:45	M40	176	150	1:01:37	142	1:45:01	128	2:48:19	393	0:38:39	
18	354	Im Brahm Carsten	TRC Essen 84 I	3:30:50	M40	193	163	1:02:05	316	1:52:11	232	2:56:12	120	0:32:42	
19	4.040	Meinecke Philipp	*Frankfurt am Main	3:31:31	M40	196	113	0:59:41	358	1:54:16	236	2:56:26	103	0:32:24	
20	4.078	Hoffmann Jörg	team coolart	3:31:40	M40	198	257	1:05:50	165	1:45:53	197	2:54:30	223	0:35:06	
21	4.059	Hötzschold Rainer	Sportshop Triathlon Te	3:31:51	M40	202	224	1:04:35	177	1:46:20	190	2:53:44	283	0:36:19	
22	4.034	Lattrich Klaus	*Köln	3:32:25	M40	207	229	1:04:44	259	1:49:33	235	2:56:20	161	0:34:01	
23	4.022	Aschemann Christoph	SSF Bonn Triathlon	3:32:50	M40	211	348	1:08:43	110	1:43:39	206	2:54:57	243	0:35:28	
24	4.097	Rohen Guido	LT Baar	3:32:54	M40	212	69	0:57:26	400	1:56:09	227	2:56:03	183	0:34:21	
25	4.085	Walther Andreas	*Friedberg	3:33:11	M40	217	217	1:04:20	232	1:48:39	217	2:55:37	249	0:35:34	
26	4.023	Eggenstein Gisbert	Mach3 Köln e.V.	3:34:29	M40	227	388	1:09:48	138	1:44:40	242	2:56:46	257	0:35:43	
27	466	Kättner Alexander	VT Triangel Kempen	3:34:52	M40	233	275	1:06:19	271	1:49:52	263	2:58:33	176	0:34:11	
28	4.025	Gödecke Claas	SSF Bonn Triathlon / T	3:36:05	M40	252	302	1:07:09	147	1:45:14	195	2:54:18	440	0:39:38	
29	4.061	Junghans Mark	*Bonn	3:36:15	M40	253	254	1:05:37	268	1:49:45	253	2:57:43	296	0:36:29	
30	4.042	Pax Thomas	LG-Heimerzheim	3:36:56	M40	260	305	1:07:11	173	1:46:08	212	2:55:27	434	0:39:26	
31	4.001	Bauer Martin	Pottraccer Bochum	3:38:29	M40	273	240	1:05:07	345	1:53:46	311	3:01:58	156	0:33:54	
32	4.047	Woinke Jens	Team Laufrausch Olde	3:38:32	M40	274	356	1:09:00	223	1:48:18	279	2:59:44	308	0:36:43	
33	0	Staudt Alexander	*	3:39:08	M40	282	460	1:12:15	251	1:49:19	344	3:04:21	118	0:32:42	
34	446	Ueberberg Markus	VfL Engelskirchen Tri	3:39:42	M40	288	344	1:08:38	228	1:48:34	269	2:59:11	374	0:38:20	
35	434	Kaiser Joern	Pulheimer SC II	3:40:27	M40	302	210	1:04:09	409	1:56:30	326	3:02:50	211	0:34:56	
36	424	Ahrens Christian	PSV Bonn Triathlon II	3:40:42	M40	304	346	1:08:40	243	1:49:10	291	3:00:41	331	0:37:12	
37	4.058	Günther Thomas Oliv	www.scheidung-Bonn.c	3:41:47	M40	312	296	1:07:00	355	1:54:12	337	3:03:35	280	0:36:16	
38	4.071	Wollweber Andreas	SV Hellas Siegburg	3:42:12	M40	315	412	1:10:37	126	1:44:27	261	2:58:14	508	0:41:31	
39	4.008	Kulle Marcus	*Rösrath	3:43:06	M40	323	241	1:05:15	350	1:53:53	305	3:01:37	406	0:38:59	
40	4.090	Herrmann Dennis	*Remagen	3:44:31	M40	335	143	1:01:22	489	2:00:40	347	3:04:39	349	0:37:41	
41	4.089	Goßling Dominik	Marathon Steinfurt	3:45:34	M40	342	392	1:09:56	298	1:51:19	340	3:03:56	412	0:39:05	
42	419	Klassen Johannes	SG Tri Power Rhein Si	3:48:11	M40	375	383	1:09:43	420	1:57:09	403	3:08:56	333	0:37:14	
43	4.015	Renard Dirk	*Köln	3:48:41	M40	382	366	1:09:25	247	1:49:16	312	3:01:59	562	0:43:12	
44	4.056	Friedrich-Heyking Mau	Tri-Team Hagen	3:48:54	M40	383	428	1:11:07	381	1:55:07	411	3:09:34	263	0:36:00	
45	4.094	Lischka Jan Timo	Triathlon TEAM TG Wi	3:48:58	M40	384	427	1:11:07	412	1:56:34	419	3:10:25	264	0:36:01	
46	4.039	Magill René	SRL Triathlon Koblenz,	3:49:18	M40	392	321	1:07:35	373	1:54:51	363	3:06:04	462	0:40:12	
47	4.092	Kruesch Frank	apartment-cefalu.com	3:50:34	M40	400	395	1:10:03	432	1:57:49	416	3:09:58	388	0:38:34	
48	4.048	Wolf Christoph	*Köln	3:50:39	M40	401	458	1:12:12	275	1:50:12	354	3:05:18	548	0:42:47	
49	4.053	Dümenil Lars	*Aachen	3:51:49	M40	409	371	1:09:32	433	1:57:56	435	3:12:23	303	0:36:39	
50	4.083	Schreuer Christof	Triathlon Team Eupen	3:52:33	M40	416	413	1:10:40	437	1:58:09	428	3:11:11	410	0:39:03	
51	4.102	Weiner Adam	*Düsseldorf	3:54:13	M40	436	355	1:09:00	385	1:55:15	374	3:06:52	613	0:44:43	
52	4.073	Baur Frank	*Bonn	3:55:16	M40	444	408	1:10:31	417	1:56:53	424	3:10:51	507	0:41:31	
53	4.079	Klein Thorsten	*Niederkassel	3:57:00	M40	456	505	1:13:49	498	2:01:10	509	3:18:25	261	0:35:54	
54	4.033	Kuppe Alexander	*Ratingen	3:57:09	M40	458	459	1:12:14	457	1:58:59	460	3:14:05	445	0:39:41	
55	4.007	Kirschstein Stefan	TriCologne	3:59:35	M40	477	487	1:13:16	520	2:02:16	507	3:18:24	387	0:38:33	
56	4.086	Weber Jenso	*Bonn	3:59:43	M40	479	471	1:12:32	431	1:57:48	457	3:14:00	524	0:42:02	
57	4.063	Heuwerth Matthias	ASV Köln Triathlon	4:00:46	M40	492	336	1:08:23	115	1:44:02	204	2:54:50	742	1:03:19	
58	4.072	Bach Uwe	SSF Bonn Triathlon	4:01:02	M40	493	465	1:12:24	549	2:03:53	532	3:20:08	320	0:36:57	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M40 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	4.054	Fouquet Stéphane	*ALFTER	4:01:09	M40	496	618	1:18:38	429	1:57:35	513	3:18:34	476	0:40:29	
59	4.055	Fouquet Yannick	SSF BONN	4:01:09	M40	496	617	1:18:38	426	1:57:24	511	3:18:31	474	0:40:26	
61	4.066	Schmidt Markus	*Duisburg	4:01:47	M40	505	451	1:12:00	442	1:58:20	453	3:13:46	629	0:45:30	
62	4.062	Krawczyk Sascha	BSG RheinEnergie AG	4:02:25	M40	513	454	1:12:07	553	2:04:22	523	3:19:22	491	0:40:50	
63	4.049	Behrens Tobias	RSV Tria-Bühlertal	4:03:19	M40	517	565	1:16:06	524	2:02:31	542	3:20:57	458	0:40:04	
64	4.091	Hirschnitz Florian	*Odenthal	4:03:27	M40	519	519	1:14:10	502	2:01:20	505	3:18:19	544	0:42:39	
65	4.080	Kohlen Christoph	*Bierges / Belgien	4:03:41	M40	520	507	1:13:53	540	2:03:15	533	3:20:09	484	0:40:39	
66	4.084	Vocks Markus	SV Langenberg Triath	4:05:25	M40	532	493	1:13:24	580	2:05:58	564	3:23:18	361	0:38:03	
67	4.011	Mietzner Torsten	*Hürth	4:05:36	M40	533	452	1:12:02	573	2:05:34	547	3:21:24	514	0:41:39	
68	4.081	Scherberich Patrick	Fortuna Düsseldorf Tria	4:05:45	M40	537	597	1:17:43	611	2:08:28	598	3:28:47	188	0:34:26	
69	4.088	Berger Jens	*Köln	4:05:57	M40	540	517	1:14:09	607	2:08:09	576	3:25:09	284	0:36:21	
70	4.005	Grimm Norbert	*Bonn	4:06:00	M40	541	549	1:15:25	451	1:58:41	492	3:17:16	618	0:44:58	
71	4.030	Holleber Marcus	*Neu-Ulm	4:07:55	M40	554	525	1:14:24	602	2:07:42	577	3:25:10	472	0:40:24	
72	4.024	Friedrich David	Triathlon Team Ratinge	4:08:17	M40	555	579	1:16:49	487	2:00:19	536	3:20:19	611	0:44:40	
73	4.012	Neubauer Joseph	SSF Bonn	4:08:45	M40	559	562	1:16:03	563	2:04:53	578	3:25:19	468	0:40:21	
74	4.065	Peters Markus	*Ense	4:09:55	M40	569	527	1:14:27	510	2:01:44	525	3:19:42	654	0:46:54	
75	4.027	Heinrichs Markus	SSK Kerpen	4:15:13	M40	602	481	1:13:02	665	2:14:15	633	3:32:03	397	0:38:48	
76	4.067	Seiler Gregor	Skiclub Bonn e.V.	4:18:08	M40	620	393	1:09:58	708	2:22:18	646	3:34:50	478	0:40:30	
77	4.051	Bucksteeg Lutz	*Kempen	4:19:06	M40	626	484	1:13:07	605	2:08:07	586	3:27:05	668	0:47:45	
78	4.031	Jespersen Christian K	*Bonn	4:19:14	M40	627	607	1:18:07	628	2:10:15	642	3:34:07	494	0:40:58	
79	444	Bender Frank	Team TPSK Köln I	4:21:11	M40	635	602	1:17:56	577	2:05:44	583	3:26:25	711	0:51:35	
80	4.043	Perolles Markus	Reeser Triathlon	4:23:20	M40	644	544	1:15:13	658	2:13:37	630	3:31:52	676	0:48:16	
81	4.004	Gopp Steffen	Gazellen vom Niederrhe	4:25:32	M40	651	637	1:19:32	585	2:06:18	604	3:29:30	715	0:52:03	
82	4.068	Tölle Martin	RCB Bonn	4:29:11	M40	670	638	1:19:37	681	2:16:25	673	3:38:54	650	0:46:36	
83	4.045	Weisbach Guido	STORM Team Triat	4:30:29	M40	675	707	1:25:30	619	2:09:15	686	3:41:05	621	0:45:01	
84	4.036	Lindner Dirk	*Hürth	4:34:02	M40	688	730	1:30:05	552	2:04:01	685	3:40:53	690	0:49:33	
85	4.020	Wolf Martin	Cologne Intelligence	4:34:36	M40	690	698	1:24:17	678	2:16:02	697	3:43:12	672	0:47:53	
86	4.041	Milch Markus	VT Triangel Kempen	4:37:27	M40	701	719	1:27:07	662	2:14:01	704	3:44:55	679	0:48:26	
87	4.052	Bucksteeg Steffen	*Krefeld	4:43:18	M40	718	556	1:15:49	720	2:28:46	717	3:51:55	652	0:46:44	
88	4.050	Brinkmann Klaus	*Essen	4:59:34	M40	731	0	0:00:00	0	0:00:00	0	0:00:00	0	0:00:00	
89	4.014	Pieper Joachim	Triathlon Rodgau	5:07:07	M40	741	738	1:34:18	711	2:23:28	728	4:01:24	741	1:02:38	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M45 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPL	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	357	Jasch Alexander	Freie Schwimmer Düsse	3:06:27	M45	28	36	0:55:42	16	1:35:13	17	2:32:25	99	0:32:20	
2	5.176	Peeters Benny	Hetric	3:09:08	M45	44	85	0:58:03	35	1:37:05	45	2:36:49	53	0:30:43	
3	368	Ruiz Marcelo	TSVE 1890 Bielefeld I	3:10:11	M45	51	65	0:57:02	30	1:36:47	33	2:35:31	131	0:32:58	
4	326	Ehl Markus	Rückenwind Geckos D	3:10:41	M45	56	44	0:56:18	51	1:39:08	49	2:37:11	80	0:31:41	
5	9.006	Pütz Thorsten	SSF Bonn I	3:11:32	M45	61	74	0:57:35	50	1:39:04	60	2:38:45	62	0:31:11	
6	337	Elskamp Gregor	ASV Köln I	3:14:37	M45	73	98	0:59:05	58	1:39:50	68	2:40:43	93	0:32:09	
7	13	Starke Matthias	SSF Bonn	3:17:27	M45	88	96	0:59:02	55	1:39:31	70	2:40:47	185	0:34:21	
8	9.005	Penno Winni	SSF Bonn I	3:17:42	M45	89	67	0:57:17	82	1:42:04	72	2:40:50	221	0:35:00	
9	302	Maul Christian	EJOT Team TV Busch	3:18:00	M45	91	0	0:00:00	113	1:43:49	92	2:44:11	97	0:32:11	
10	5.163	Henz Olivier	Triathlon Team Eupen	3:18:17	M45	93	117	0:59:56	95	1:42:47	95	2:44:24	95	0:32:11	
11	338	Elskamp Matthias	ASV Köln I	3:18:54	M45	95	147	1:01:34	80	1:42:01	102	2:45:23	78	0:31:39	
12	5.086	Peeters Peter	Hetric	3:19:55	M45	103	108	0:59:31	128	1:44:29	103	2:45:51	92	0:32:07	
13	6.071	Brandt Holger	Triathlon TEAM TG Wi	3:21:11	M45	111	125	1:00:21	135	1:44:36	118	2:47:39	83	0:31:46	
14	9.009	Hillermann Peter	SSF Bonn II	3:21:59	M45	113	172	1:02:40	74	1:41:29	105	2:46:10	144	0:33:42	
15	5.145	Sikora Robert	SV Bergisch Gladbach	3:22:53	M45	118	129	1:00:35	109	1:43:36	107	2:46:14	202	0:34:46	
16	9.042	Petri Stavro	Tri Club Wuppertal I	3:23:50	M45	124	141	1:01:19	188	1:46:47	149	2:50:04	90	0:31:59	
17	5.010	Holl Stefan	TK Grevenbroich	3:25:35	M45	144	251	1:05:33	77	1:41:45	136	2:49:18	174	0:34:11	
18	371	Buro Stefan	Pulheimer SC	3:25:52	M45	147	140	1:01:18	203	1:47:22	157	2:50:29	145	0:33:42	
19	9.043	Köhler Axel	Tri Club Wuppertal II	3:25:53	M45	148	232	1:04:52	91	1:42:28	142	2:49:58	171	0:34:09	
20	445	Mensler Olaf	VfL Engelskirchen Tri	3:26:03	M45	149	131	1:00:42	209	1:47:37	144	2:49:59	177	0:34:14	
21	9.007	Balg Berthold	SSF Bonn II	3:26:08	M45	150	196	1:03:42	131	1:44:33	146	2:50:01	157	0:33:57	
22	5.192	Müll Stephan	SV Hellas Siegburg	3:26:35	M45	157	197	1:03:43	163	1:45:49	172	2:51:53	111	0:32:32	
23	5.106	Bosten Manfred	Triathlon Team Eupen	3:26:39	M45	158	104	0:59:21	300	1:51:34	183	2:53:15	68	0:31:22	
24	328	Orthaus Frank	Rückenwind Geckos D	3:26:42	M45	159	101	0:59:14	270	1:49:49	163	2:50:48	155	0:33:52	
25	352	Moldenhauer Kai	Triathlon Team Witten I	3:26:48	M45	160	121	1:00:12	155	1:45:28	122	2:47:56	287	0:36:22	
26	9.019	Fögen Norman	SSF Bonn III	3:28:11	M45	168	153	1:01:42	191	1:46:59	165	2:50:58	217	0:34:58	
27	5.052	Peters Thomas	Team Erdinger Alkohol	3:28:13	M45	170	214	1:04:15	161	1:45:48	180	2:52:47	124	0:32:46	
28	9.069	Voß Peter	TSVE 1890 Bielefeld	3:28:31	M45	175	209	1:04:06	143	1:45:02	168	2:51:10	247	0:35:31	
29	9.068	Gerth Volker	TSVE 1890 Bielefeld	3:29:02	M45	179	207	1:04:06	208	1:47:36	189	2:53:43	139	0:33:18	
30	9.026	Yildiz Nedim	Bayer 05 Uerdingen	3:29:42	M45	184	255	1:05:39	182	1:46:33	194	2:53:57	149	0:33:47	
31	5.013	Ketzer Christoph	Iserlohner Triathlon Tea	3:29:51	M45	186	248	1:05:30	136	1:44:37	178	2:52:32	224	0:35:06	
32	5.112	Delbrügge Martin	TV Germania Kaiserau	3:30:07	M45	188	170	1:02:24	221	1:48:17	193	2:53:54	150	0:33:49	
33	5.100	Wolff Hans Peter	TSV Bayer Dormagen	3:31:37	M45	197	236	1:04:56	198	1:47:13	196	2:54:26	225	0:35:07	
34	5.125	Jüttner Klaus	*Mainz	3:31:58	M45	204	233	1:04:53	225	1:48:24	220	2:55:47	142	0:33:33	
35	9.034	Drenker Ditmar	Triathlon Team Ratinge	3:32:09	M45	205	162	1:02:01	276	1:50:14	192	2:53:52	270	0:36:08	
36	5.020	Reimold Christoph	Spiridon Frankfurt	3:33:05	M45	216	249	1:05:30	199	1:47:14	209	2:55:12	204	0:34:47	
37	9.024	Schmidt Lars	Hildener AT - Triathlon	3:34:25	M45	225	253	1:05:36	304	1:51:51	277	2:59:31	132	0:33:00	
38	5.132	Lauwers Bart	AATT	3:34:48	M45	232	252	1:05:34	262	1:49:39	254	2:57:57	209	0:34:54	
39	5.053	Probst Wolfgang	Marathon Steinfurt	3:35:13	M45	238	352	1:08:56	122	1:44:18	239	2:56:36	291	0:36:26	
40	411	Stefer Michael	TriFUN Kleve e.V.	3:35:25	M45	240	259	1:05:58	149	1:45:20	187	2:53:18	460	0:40:08	
41	5.015	Langefeld Rolf	*Edertal Anraff	3:35:27	M45	241	429	1:11:10	0	0:00:00	228	2:56:04	337	0:37:17	
42	5.190	Thorswirth Sven	*	3:35:33	M45	243	0	0:00:00	0	0:00:00	0	0:00:00	277	0:36:14	
43	9.040	Czernik Martin	Tri Club Wuppertal I	3:35:35	M45	245	289	1:06:48	190	1:46:58	221	2:55:48	351	0:37:44	
44	5.104	Archut Andreas	Universität Bonn	3:35:48	M45	248	325	1:07:43	153	1:45:26	237	2:56:27	305	0:36:41	
45	5.110	Dämmer Peter	Ute Mückel Triathlon T	3:36:21	M45	254	282	1:06:32	296	1:51:17	282	3:00:08	169	0:34:06	
46	5.096	Uhlig Lars-Christian	*Bonn	3:36:46	M45	256	407	1:10:31	108	1:43:32	240	2:56:38	353	0:37:50	
47	436	Junick Michael	Pulheimer SC II	3:36:52	M45	259	220	1:04:28	354	1:54:05	290	3:00:40	163	0:34:02	
48	5.137	Rütter Marc	Hamminkelter SV	3:36:57	M45	261	247	1:05:24	294	1:51:16	265	2:58:38	274	0:36:12	
49	9.033	Kozlowski Volker	Rückenwind Dortmund	3:37:07	M45	263	270	1:06:13	0	0:00:00	266	2:58:50	265	0:36:01	
50	448	Schlaack Andreas	VfL Engelskirchen Tri	3:37:29	M45	265	306	1:07:11	292	1:51:14	297	3:00:53	198	0:34:34	
51	433	Cronin Ger	Pulheimer SC II	3:37:39	M45	267	83	0:57:58	537	2:03:01	329	3:02:57	110	0:32:32	
52	5.044	Kriegel Mark	*Köln	3:38:00	M45	268	526	1:14:26	86	1:42:15	268	2:58:59	325	0:37:03	
53	5.108	Burgmann Rafael	*Köln	3:38:21	M45	270	301	1:07:04	241	1:49:07	275	2:59:23	306	0:36:41	
54	9.036	Hegemann Karsten	Triathlon Team Ratinge	3:38:24	M45	271	256	1:05:48	343	1:53:39	309	3:01:55	167	0:34:05	
55	26	Greger Helmut	ASV Köln Triathlon	3:38:26	M45	272	206	1:04:05	404	1:56:13	314	3:02:10	190	0:34:29	
56	5.194	Klein Thomas	SSF Bonn Triathlon	3:38:40	M45	276	358	1:09:03	156	1:45:28	247	2:57:16	402	0:38:53	
57	451	Schwätzer Volker	TV 1848 Mönchenglad	3:38:43	M45	277	250	1:05:32	351	1:53:53	304	3:01:32	222	0:35:03	
58	5.011	Jaich Robert	*Wuppertal	3:38:59	M45	280	291	1:06:50	303	1:51:39	294	3:00:46	266	0:36:02	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M45 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	458	Spieß Stefan	ASV Köln III	3:38:59	M45	281	246	1:05:23	327	1:52:58	320	3:02:25	186	0:34:24	
60	5.076	Dienst Oliver	TriTeam MAXMO LG 1	3:39:18	M45	284	359	1:09:10	159	1:45:43	248	2:57:17	443	0:39:40	
61	5.188	Zerell Mischa	*Köln	3:40:02	M45	293	299	1:07:02	286	1:50:56	283	3:00:13	341	0:37:20	
62	5.089	Prünte Kai	Triathlon-TEAM-TG-	3:40:06	M45	294	347	1:08:42	346	1:53:46	345	3:04:28	146	0:33:44	
63	440	Cerfontaine Bernd	TV Alderkerk	3:40:24	M45	301	280	1:06:28	320	1:52:25	292	3:00:42	350	0:37:43	
64	5.140	Schmidt Thorsten	team.ggu-software.com	3:41:00	M45	307	403	1:10:22	250	1:49:19	323	3:02:33	271	0:36:10	
65	471	Sobotta Lothar	PSV Brühl II	3:41:07	M45	309	386	1:09:47	312	1:52:03	339	3:03:52	233	0:35:18	
66	5.017	Müller Johannes	*Bonn	3:42:48	M45	320	300	1:07:02	0	0:00:00	0	0:00:00	252	0:35:37	
67	453	Rott Carsten	Tri-Team TV Schiefbah	3:42:55	M45	322	332	1:08:19	263	1:49:42	288	3:00:20	473	0:40:25	
68	469	Hackenberger Thomas	PSV Brühl II	3:43:12	M45	324	187	1:03:17	455	1:58:54	346	3:04:30	295	0:36:29	
69	5.006	Fuessl Frank	DLC Aachen	3:43:23	M45	325	186	1:03:12	405	1:56:17	307	3:01:49	365	0:38:10	
70	5.024	Sina Christoph	LC Euskirchen	3:43:29	M45	327	310	1:07:21	328	1:53:00	336	3:03:22	327	0:37:08	
71	5.109	Counotte John	*Landgraaf	3:43:35	M45	328	234	1:04:54	287	1:50:58	276	2:59:27	416	0:39:06	
72	454	Jakubowski Uwe	Tri-Team TV Schiefbah	3:44:05	M45	330	588	1:17:15	103	1:43:17	324	3:02:37	414	0:39:05	
73	5.094	Sülzen Axel	SSF Bonn Triathlon	3:44:49	M45	338	318	1:07:31	387	1:55:19	356	3:05:21	321	0:36:57	
74	412	Meyer Andreas	TriFUN Kleve e.V.	3:45:29	M45	341	467	1:12:25	254	1:49:24	342	3:04:03	435	0:39:28	
75	5.042	Heusschen Arnaud	EUPEN-TRIATHLON	3:46:14	M45	350	443	1:11:41	283	1:50:48	357	3:05:23	370	0:38:16	
76	5.049	Metz Udo	Team Erdinger Alkohol	3:46:24	M45	351	303	1:07:10	416	1:56:52	387	3:07:22	267	0:36:03	
77	5.191	Knappmeier Ralf	*	3:46:50	M45	357	381	1:09:43	384	1:55:11	390	3:07:36	278	0:36:15	
78	5.038	Goebels Thomas	TRC Essen 84	3:46:52	M45	358	322	1:07:38	383	1:55:09	358	3:05:27	403	0:38:53	
79	5.045	Krude Bernd	Marathon Steinfurt	3:47:10	M45	361	442	1:11:39	227	1:48:32	330	3:03:04	509	0:41:33	
80	5.047	Maier Ulrich	SSF Bonn	3:47:16	M45	362	396	1:10:06	324	1:52:53	367	3:06:20	372	0:38:19	
81	5.040	Heitmueller Axel	SSF	3:47:46	M45	366	528	1:14:27	154	1:45:28	313	3:02:01	579	0:43:31	
82	5.008	Güß Dirk	De Friedaachs Freunde	3:47:49	M45	368	477	1:12:46	256	1:49:27	351	3:05:03	479	0:40:31	
83	5.141	Schöller Robert	*Euskirchen	3:47:54	M45	369	345	1:08:38	0	0:00:00	401	3:08:47	246	0:35:30	
84	5.012	Janischowsky Markus	EASA Running Club	3:47:55	M45	370	306	1:07:11	398	1:56:05	369	3:06:23	400	0:38:50	
85	5.147	Troff Helmut	TUS 05 Oberpleis	3:48:23	M45	377	312	1:07:22	364	1:54:38	349	3:04:57	475	0:40:29	
86	5.180	Salomonsson Thomas	SSF Bonn Triathlon	3:48:31	M45	379	419	1:10:55	183	1:46:37	281	2:59:58	644	0:46:17	
87	5.085	Pape Andreas	SC Bayer Uerdingen 08	3:49:02	M45	387	330	1:08:17	356	1:54:14	366	3:06:16	359	0:38:02	
88	443	Diefenbach Thomas	Team TPSK Köln I	3:49:27	M45	393	218	1:04:21	459	1:59:08	360	3:05:50	496	0:41:05	
89	5.121	Heid Markus	TV-Hergershausen	3:50:07	M45	397	475	1:12:42	341	1:53:33	404	3:09:00	390	0:38:35	
90	5.022	Rütten Michael	Tri-Team SSC Ettling	3:50:16	M45	398	448	1:11:47	407	1:56:25	429	3:11:14	311	0:36:46	
91	5.113	Ebertz Christian	Tri Team Merzbach	3:50:30	M45	399	394	1:10:01	414	1:56:47	405	3:09:08	415	0:39:05	
92	5.119	Hansen Jens	SSK Kerpen	3:50:45	M45	402	524	1:14:18	393	1:55:45	434	3:12:21	251	0:35:37	
93	435	Keusen Hans B.	Pulheimer SC II	3:51:40	M45	407	262	1:06:04	575	2:05:38	452	3:13:31	282	0:36:18	
94	5.067	Auhagen Gero	*Bonn	3:52:14	M45	412	550	1:15:30	211	1:47:45	370	3:06:27	551	0:42:48	
95	5.114	Eichholz Tobias	*Köln	3:52:54	M45	421	311	1:07:21	522	2:02:28	446	3:13:08	339	0:37:19	
96	5.072	Blaß Oli	LTF Köllertal	3:53:30	M45	423	432	1:11:18	415	1:56:48	431	3:11:45	347	0:37:38	
97	5.021	Rethschulte Thomas	*Hamburg	3:53:31	M45	424	382	1:09:43	462	1:59:18	430	3:11:44	409	0:39:02	
98	5.081	Hoffmann Jürgen	*Bergisch Gladbach	3:53:45	M45	427	495	1:13:30	0	0:00:00	402	3:08:53	520	0:41:52	
99	5.055	Ruiz Guido	*Sankt Augustin	3:54:01	M45	431	509	1:13:59	337	1:53:13	418	3:10:24	492	0:40:56	
100	5.090	Scheding Frank	*Bochum	3:54:03	M45	432	486	1:13:13	330	1:53:01	410	3:09:30	497	0:41:08	
101	5.135	Michalski Carsten	Hildener AT Triathlon	3:54:56	M45	439	485	1:13:11	493	2:00:47	488	3:16:39	269	0:36:05	
102	5.157	Behrends Philip	Fortuna Düsseldorf Tria	3:55:03	M45	440	417	1:10:52	460	1:59:09	439	3:12:40	426	0:39:15	
103	5.023	Schmidt Ulric	SV Leubsdorf	3:55:21	M45	445	496	1:13:34	366	1:54:45	420	3:10:37	535	0:42:28	
104	5.098	Wimpelberg Markus	Team Erdinger Alkohol	3:56:14	M45	449	365	1:09:22	539	2:03:07	481	3:16:18	346	0:37:37	
105	5.083	Koerner Bernd	LT Büchelstraße	3:57:05	M45	457	449	1:11:47	466	1:59:27	461	3:14:16	466	0:40:18	
106	5.136	Proff Andreas	RCB Bonn	3:57:18	M45	460	600	1:17:52	269	1:49:46	426	3:11:06	563	0:43:12	
107	9.059	Sobeck Swen	SV Bayer 08 Uerdingen	3:57:19	M45	461	532	1:14:37	468	1:59:30	498	3:17:46	279	0:36:16	
108	5.066	Archut Dirk	Stormbringer 7 Gebirge	3:58:33	M45	469	642	1:19:49	231	1:48:38	425	3:10:59	624	0:45:12	
109	5.111	De Brün Jörg	*Wermelskirchen	3:59:10	M45	472	244	1:05:17	555	2:04:32	449	3:13:14	542	0:42:36	
110	472	Kloos Mario	PSV Brühl II	3:59:14	M45	473	450	1:11:47	440	1:58:16	438	3:12:35	598	0:44:14	
111	5.060	Tippmann Thomas	*Olpe	3:59:55	M45	483	416	1:10:51	519	2:02:12	502	3:18:08	363	0:38:09	
112	5.102	Zindler Markus	*Düsseldorf	3:59:55	M45	485	445	1:11:45	535	2:02:56	497	3:17:44	407	0:39:01	
113	5.050	Mohr Michael	*Rheinbreitbach	4:00:02	M45	487	497	1:13:36	423	1:57:21	479	3:16:06	479	0:40:31	
114	5.080	Fußhöller Ralf	*Essen	4:00:08	M45	488	559	1:15:59	361	1:54:30	465	3:14:41	522	0:41:55	
115	5.035	Engelke Thomas	SSF Bonn	4:00:36	M45	489	447	1:11:46	428	1:57:28	445	3:13:01	568	0:43:21	
116	5.057	Schäfer Stephan	*Berlin	4:01:09	M45	498	384	1:09:44	636	2:11:30	569	3:23:43	207	0:34:52	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M45 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
117	5.129	Köhler Tom	Marathon Steinfurt	4:02:57	M45	515	337	1:08:27	637	2:11:38	560	3:23:02	315	0:36:49	
118	5.142	Schormüller Frank	Die Untrainierbaren	4:05:41	M45	535	674	1:22:19	544	2:03:22	597	3:28:37	203	0:34:47	
119	9.078	Lieven Wolfgang	TRI-TEAM HAGEN	4:06:01	M45	542	598	1:17:46	546	2:03:39	573	3:24:13	413	0:39:05	
120	5.149	Von Borstel Gregor	Alfalternative	4:06:13	M45	543	585	1:17:07	486	2:00:09	539	3:20:31	571	0:43:23	
121	5.182	Schulz Oliver	*Budenheim	4:06:33	M45	546	510	1:14:00	571	2:05:23	557	3:22:28	477	0:40:30	
122	5.173	Münch Stephan	*Bonn	4:06:51	M45	548	545	1:15:16	469	1:59:32	496	3:17:40	569	0:43:22	
123	5.178	Pohl Christoph	SSF Bonn	4:07:45	M45	553	480	1:13:00	572	2:05:32	555	3:22:24	503	0:41:21	
124	5.099	Wloch Thomas	*Willich	4:10:27	M45	572	677	1:22:23	504	2:01:24	589	3:27:25	471	0:40:24	
125	5.148	Vesterling Sascha	Triathlon Team Ratinge	4:10:31	M45	573	542	1:15:08	576	2:05:44	567	3:23:42	560	0:43:03	
126	5.166	Kellers Michael	Hildener AT Triathlon	4:12:07	M45	582	625	1:19:00	566	2:04:55	581	3:26:07	585	0:43:42	
127	5.079	Frey Axel	*Rheinbach	4:13:18	M45	589	586	1:17:08	616	2:08:43	613	3:30:13	437	0:39:31	
128	5.031	Barden Dieter	*Königswinter	4:14:30	M45	598	461	1:12:17	672	2:14:50	612	3:30:11	502	0:41:21	
129	5.126	Kaiser Volker	Hildener AT Triathlon	4:14:54	M45	601	589	1:17:16	586	2:06:19	582	3:26:16	637	0:46:09	
130	5.027	Von der Thüsen Marc	SSF-Bonn	4:15:18	M45	604	622	1:18:50	532	2:02:46	579	3:25:38	638	0:46:09	
131	5.000	Appel Volker	SV Wershofen	4:15:31	M45	605	686	1:22:52	558	2:04:39	614	3:30:15	543	0:42:37	
132	5.054	Reinecke Alexander	*Köln	4:15:50	M45	607	515	1:14:08	669	2:14:32	626	3:31:18	521	0:41:54	
133	5.175	Orgeich Dieter	SSF Bonn Triathlon	4:15:57	M45	611	649	1:20:17	578	2:05:47	601	3:28:49	606	0:44:22	
134	5.160	Jakuschona Karsten	1. Tri Team Gütersloh G	4:17:37	M45	618	630	1:19:20	598	2:07:14	617	3:30:28	587	0:43:47	
135	5.059	Thelen Christian	*Dormagen	4:19:21	M45	629	543	1:15:12	671	2:14:46	641	3:34:00	470	0:40:24	
136	5.169	Küster Dominik	*Langenfeld	4:19:43	M45	630	627	1:19:00	592	2:06:29	599	3:28:47	669	0:47:46	
137	5.036	Fuchs Hans-Lothar	LTF Marpingen	4:21:27	M45	636	595	1:17:40	620	2:09:26	618	3:30:29	673	0:48:08	
138	5.193	Mattheus Stefan	*	4:22:13	M45	640	490	1:13:22	705	2:21:29	682	3:40:35	302	0:36:39	
139	9.017	Wagner Michael	Krefelder Kanu Klub	4:22:42	M45	643	574	1:16:39	635	2:11:26	623	3:30:49	684	0:48:47	
140	5.068	Baumbach Stefan	SC- Olpe Triathlon	4:23:40	M45	647	662	1:21:18	648	2:12:40	658	3:36:56	605	0:44:20	
141	5.084	Paal Gregor	TRI POWER Rhein-S	4:24:13	M45	648	679	1:22:37	599	2:07:25	639	3:33:11	665	0:47:39	
142	5.002	Böffgen Roman	*Bonn	4:24:41	M45	650	644	1:19:54	618	2:09:06	643	3:34:17	631	0:45:43	
143	5.171	Hellmann Michael	BSG Zurich	4:28:50	M45	668	594	1:17:40	692	2:18:28	675	3:39:33	633	0:45:49	
144	9.052	Schwarz Stephan	SG Tri Power Rhein Si	4:29:13	M45	671	657	1:21:00	655	2:13:12	672	3:38:46	660	0:47:15	
145	5.056	Schäfer Bernd	*Solingen	4:30:02	M45	674	723	1:27:35	568	2:05:03	656	3:36:39	689	0:49:31	
146	5.005	Frimmersdorf Stefan	*Neuss	4:30:42	M45	677	661	1:21:17	663	2:14:02	677	3:39:49	664	0:47:22	
147	467	Van Stiphoudt Arnd	VT Triangel Kempen	4:32:47	M45	684	706	1:25:30	642	2:11:59	683	3:40:39	675	0:48:14	
148	5.179	Reinhardt Dirk	*Düsseldorf	4:35:21	M45	694	722	1:27:35	649	2:12:40	708	3:46:49	581	0:43:32	
149	5.092	Sommer Bernd	VT Triangel Kempen	4:35:55	M45	696	709	1:25:37	661	2:13:54	699	3:43:24	678	0:48:24	
150	5.165	Junker Christian	*Bonn	4:37:37	M45	703	718	1:27:05	632	2:10:56	690	3:41:56	707	0:51:29	
151	5.170	Ljubetic Nenad	*Swisttal	4:37:55	M45	704	695	1:23:43	574	2:05:34	638	3:32:43	740	1:00:50	
152	5.159	Chrenko Alexander	*Rheinbreitbach	4:38:06	M45	705	609	1:18:22	719	2:27:43	715	3:51:06	559	0:43:03	
153	9.077	Benz Christian	TRI-TEAM HAGEN	4:38:29	M45	706	635	1:19:32	716	2:25:51	712	3:48:53	634	0:45:55	
154	9.058	Blumentrath Philipp	SV Bayer 08 Uerdingen	4:39:57	M45	711	692	1:23:34	690	2:18:09	707	3:46:34	659	0:47:12	
155	5.048	Meinert Alexander	*Bonn	4:40:12	M45	712	664	1:21:30	691	2:18:22	701	3:44:00	714	0:51:58	
156	5.077	Faulhaber Michael	*werl	4:40:28	M45	713	666	1:21:35	718	2:26:09	714	3:51:02	645	0:46:24	
157	5.154	AIZAWA Tomoyuki	*Bonn	4:41:26	M45	715	703	1:24:42	713	2:24:49	721	3:53:42	572	0:43:23	
158	5.016	Leifert Michael	*Haltern an See	4:52:10	M45	725	736	1:33:07	688	2:18:02	723	3:55:00	722	0:53:04	
159	5.123	Herz Guido	*Hennef	5:01:18	M45	735	737	1:33:09	643	2:12:05	713	3:50:22	744	1:06:21	
160	5.078	Fiegen Frank	Triathlon Waldfeucht	5:02:20	M45	737	651	1:20:28	736	2:42:42	735	4:06:56	717	0:52:06	
161	5.177	Pie Christoph	*Meckenheim	5:12:27	M45	744	726	1:28:32	733	2:37:19	738	4:11:18	735	0:57:01	
162	5.029	Wierz Oliver	*Bonn	5:17:37	M45	746	742	1:40:51	715	2:25:37	737	4:10:31	743	1:03:23	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M50 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AKPL	S Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen	
1	350	Bierey Dietmar	Triathlon Team Witten I	3:03:45	M50	17	37	0:55:45	15	1:35:06	18	2:32:27	25	0:29:45
2	325	Brand Hubi	Rückenwind Geckos D	3:12:53	M50	67	19	0:53:36	105	1:43:28	59	2:38:44	113	0:32:35
3	347	Emde Frank	PSV Bonn Triathlon I	3:13:39	M50	69	59	0:56:58	68	1:40:39	64	2:39:27	100	0:32:21
4	9.025	Röpstorf Uwe	Bayer 05 Uerdingen	3:16:13	M50	83	134	1:00:52	64	1:40:30	89	2:43:05	74	0:31:31
5	353	Kriege Markus	TRC Essen 84 I	3:20:35	M50	105	78	0:57:41	197	1:47:10	111	2:46:39	87	0:31:57
6	9.067	Nickel Thomas	TSVE 1890 Bielefeld	3:22:33	M50	116	82	0:57:57	224	1:48:18	125	2:48:14	102	0:32:23
7	9.015	Welsch Rüdiger	TuS Breitscheid	3:22:46	M50	117	135	1:01:10	111	1:43:41	113	2:46:49	166	0:34:05
8	9.028	Freiberg Jürgen	SG Tri Power Rhein Si	3:25:46	M50	145	146	1:01:31	206	1:47:32	170	2:51:29	105	0:32:26
9	6.003	De Gier Michel	RTC Den Haag	3:25:51	M50	146	260	1:06:01	78	1:41:47	143	2:49:58	162	0:34:02
10	6.137	PRADIER Francois	OCCAR	3:26:25	M50	154	268	1:06:11	85	1:42:14	154	2:50:15	180	0:34:20
11	372	Klinkhammer Georg	Pulheimer SC	3:26:52	M50	161	205	1:04:04	123	1:44:21	147	2:50:02	227	0:35:10
12	6.143	Schütz Jörg	Team Erdinger Alkohol	3:26:57	M50	162	145	1:01:30	189	1:46:57	158	2:50:29	196	0:34:32
13	6.081	Grunewald Ralf	TV Rodenkirchen	3:28:31	M50	174	164	1:02:07	181	1:46:31	161	2:50:39	226	0:35:10
14	9.031	Parche Ingo	Rückenwind Dortmund	3:28:47	M50	178	276	1:06:21	139	1:44:40	185	2:53:17	141	0:33:27
15	6.118	Alotto Giuseppe	3XERCISE	3:29:46	M50	185	154	1:01:45	237	1:48:57	177	2:52:31	242	0:35:27
16	9.050	Bareuther Frank	TV 1848 Mönchenglad	3:30:21	M50	190	180	1:03:02	238	1:48:58	200	2:54:40	101	0:32:22
17	447	Landsberg Hans-Peter	VfL Engelskirchen Tri	3:30:36	M50	191	144	1:01:25	290	1:51:06	213	2:55:34	122	0:32:44
18	6.015	Linßen Thomas	SV 19 Straelen	3:31:50	M50	201	271	1:06:13	192	1:47:01	223	2:55:56	151	0:33:50
19	9.020	Klocke Jörg	SSF Bonn III	3:33:43	M50	223	360	1:09:11	137	1:44:40	224	2:55:58	258	0:35:44
20	6.063	Holzappel Thomas	Hildener AT Triathlon	3:34:37	M50	228	230	1:04:47	255	1:49:24	244	2:56:54	206	0:34:50
21	9.041	Decker Hans-Joachim	Tri Club Wuppertal I	3:34:41	M50	229	261	1:06:03	175	1:46:14	208	2:55:09	330	0:37:12
22	6.051	Vervloet Guido	Hetric	3:35:51	M50	249	223	1:04:34	264	1:49:42	245	2:57:00	273	0:36:11
23	9.023	Borges Martin	Hildener AT - Triathlon	3:36:59	M50	262	264	1:06:05	273	1:50:04	258	2:58:02	323	0:37:00
24	455	Vahldieck Jens	Tri-Team TV Schiefbah	3:38:02	M50	269	309	1:07:16	310	1:52:00	299	3:01:08	228	0:35:10
25	6.125	Fischer Andreas	*Marl	3:39:32	M50	286	422	1:10:57	133	1:44:35	286	3:00:16	275	0:36:13
26	6.098	Nachtsheim Frank	Triteam Sinzig	3:39:47	M50	289	354	1:08:59	213	1:47:52	264	2:58:35	408	0:39:01
27	9.045	Tillmann Horst	Tri Club Wuppertal II	3:39:51	M50	290	320	1:07:32	284	1:50:48	296	3:00:50	300	0:36:37
28	6.141	Schloemer Stefan	Kölner Triathlon Team (3:40:23	M50	300	292	1:06:53	314	1:52:05	303	3:01:22	316	0:36:49
29	6.142	Schramm Norbert	Team ERDINGER Alk	3:40:49	M50	305	351	1:08:55	280	1:50:37	308	3:01:50	281	0:36:18
30	6.140	Schieferstein Burkhar	Triathlon Team Ratinge	3:41:16	M50	310	364	1:09:21	289	1:51:03	333	3:03:18	232	0:35:18
31	6.059	Hennecke Holger	*Bonn	3:41:48	M50	313	222	1:04:31	376	1:54:54	321	3:02:29	286	0:36:22
32	9.063	Bell Ralf	Triathlon Mülheim	3:41:58	M50	314	357	1:09:00	0	0:00:00	328	3:02:54	292	0:36:26
33	6.086	Honsel Ralf	TriDucks Dorsten	3:44:25	M50	333	439	1:11:28	332	1:53:06	375	3:07:00	229	0:35:11
34	6.146	Steffens Peter	Triathlon Team Eupen	3:44:46	M50	337	435	1:11:21	288	1:51:01	352	3:05:09	344	0:37:29
35	6.104	Prehm Roland	THC Brühl	3:45:12	M50	340	341	1:08:33	378	1:55:03	368	3:06:21	268	0:36:05
36	9.053	Sontjens Leon	SG Tri Power Rhein Si	3:45:51	M50	345	293	1:06:53	333	1:53:10	325	3:02:45	457	0:40:04
37	9.054	Jelinek-Nacke Robert	SG Tri Power Rhein Si	3:45:57	M50	346	437	1:11:22	160	1:45:47	287	3:00:16	549	0:42:48
38	439	Vogel Tilman	TV Alderkerk	3:46:11	M50	347	281	1:06:28	403	1:56:12	348	3:04:49	404	0:38:56
39	6.018	Rausch Karl-Heinz	SSF Bonn Triathlon	3:46:12	M50	348	317	1:07:28	331	1:53:05	327	3:02:54	490	0:40:47
40	9.076	Möller Sepp	TRI-TEAM HAGEN	3:46:37	M50	353	308	1:07:12	335	1:53:12	322	3:02:29	504	0:41:24
41	6.026	Berfeld Jürgen	vfl engelskirchen	3:46:45	M50	355	472	1:12:32	318	1:52:20	378	3:07:09	342	0:37:24
42	442	Lingk Christoph	Team TPSK Köln I	3:46:46	M50	356	319	1:07:31	282	1:50:41	293	3:00:43	575	0:43:26
43	9.056	Gelhar Andreas	Tri Club Wuppertal III	3:47:38	M50	363	285	1:06:38	370	1:54:50	341	3:03:56	515	0:41:41
44	6.100	Paß Christoph	Bäckerei Pass	3:47:45	M50	365	456	1:12:09	363	1:54:33	417	3:10:15	213	0:34:56
45	6.106	Reifenberg Stefan	SSF Bonn Triathlon	3:48:12	M50	376	409	1:10:32	340	1:53:32	371	3:06:36	424	0:39:13
46	6.046	Schwan Reinhard	*Köln	3:48:27	M50	378	367	1:09:26	365	1:54:38	389	3:07:27	362	0:38:05
47	9.021	Schilling Steven	SSF Bonn III	3:49:16	M50	391	284	1:06:38	449	1:58:40	392	3:07:51	335	0:37:16
48	6.144	Schwarz Thomas	3xercise SG Köln Worri	3:50:04	M50	396	414	1:10:48	392	1:55:41	398	3:08:29	431	0:39:18
49	6.070	Vierhuf Bernd	Boverter Bären	3:51:54	M50	410	421	1:10:56	445	1:58:23	441	3:12:43	313	0:36:47
50	6.130	Knappe Jörg	Fortuna Düsseldorf Tria	3:52:19	M50	413	213	1:04:13	613	2:08:36	473	3:15:33	191	0:34:29
51	470	Sauer Jochen	PSV Brühl II	3:52:22	M50	414	375	1:09:37	511	2:01:47	451	3:13:26	304	0:36:40
52	6.075	Cürlis Frank	FPC	3:52:46	M50	419	590	1:17:21	360	1:54:20	458	3:14:01	290	0:36:25
53	6.050	Van der Klis Richard	ARV Ilion	3:53:19	M50	422	298	1:07:01	559	2:04:40	471	3:15:03	240	0:35:26
54	6.110	Strakeljahn Karsten	Marathon Steinfurt	3:53:43	M50	426	474	1:12:37	450	1:58:41	459	3:14:05	324	0:37:02
55	23	Schneider Udo	Bunter Kreis	3:53:51	M50	428	333	1:08:20	550	2:03:54	468	3:14:52	245	0:35:30
56	6.055	Catarino Paulo	SSF Bonn Triathlon	3:53:55	M50	430	453	1:12:02	413	1:56:44	423	3:10:49	493	0:40:57
57	9.027	Schmitz Jörg	Bayer 05 Uerdingen	3:54:11	M50	434	441	1:11:31	441	1:58:17	436	3:12:30	375	0:38:20
58	9.062	Zaniol Michael	Triathlon Mülheim	3:54:34	M50	437	503	1:13:47	425	1:57:23	462	3:14:22	354	0:37:54

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M50 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	6.048	Van de Wetering Kees	*Ijsselmuiden	3:55:11	M50	443	499	1:13:40	436	1:58:08	467	3:14:47	358	0:38:00	
60	6.072	Brodeufel Thomas	SSF Bonn Triathlon	3:55:23	M50	446	476	1:12:42	473	1:59:42	464	3:14:40	380	0:38:24	
61	6.097	Meyer Peter	*Meckenheim	3:56:51	M50	454	369	1:09:28	402	1:56:12	414	3:09:47	588	0:43:49	
62	6.064	Iwens Peter	Hetric	3:56:59	M50	455	506	1:13:50	488	2:00:25	483	3:16:28	373	0:38:19	
63	6.057	Dornick Jens	Boverter Bären	3:57:43	M50	463	397	1:10:07	534	2:02:54	486	3:16:31	380	0:38:24	
64	6.007	Fey Ralf	SRL Triathlon Koblenz	3:57:49	M50	464	533	1:14:38	408	1:56:29	466	3:14:43	459	0:40:05	
65	6.060	Henning Wolfgang	*Alfter	3:57:50	M50	466	391	1:09:53	452	1:58:46	484	3:16:29	326	0:37:05	
66	9.014	Weiner Thomas	TuS Breitscheid	3:57:57	M50	467	372	1:09:32	548	2:03:52	476	3:15:53	420	0:39:09	
67	6.027	Bolling Hajo	SSF Bonn-Triathlon	3:59:51	M50	480	402	1:10:22	530	2:02:42	482	3:16:22	405	0:38:58	
68	6.122	Asmuth Dominik	Tri Power Rhein-Sieg	3:59:54	M50	482	404	1:10:27	400	1:56:09	412	3:09:41	646	0:46:24	
69	6.082	Guffler Frank	Triathlon ASC Ratinge	4:00:36	M50	490	444	1:11:43	545	2:03:26	506	3:18:19	432	0:39:25	
70	6.092	König Thomas	Tri Team FS Düsseldorf	4:01:02	M50	494	457	1:12:09	533	2:02:49	503	3:18:09	452	0:39:52	
71	6.014	Kühlert-Habricht Andr	BSG RheinEnergie AG	4:01:03	M50	495	492	1:13:23	496	2:01:01	510	3:18:30	395	0:38:44	
72	6.102	Pottkämper Peter	3XERCISE	4:01:33	M50	502	518	1:14:09	543	2:03:22	527	3:19:53	433	0:39:25	
73	6.099	Parschau Dirk	SSF Bonn Triathlon	4:01:38	M50	503	463	1:12:20	514	2:02:03	489	3:16:39	533	0:42:25	
74	6.101	Pohl Andreas	SV Bayer 08 Uerdingen	4:01:40	M50	504	628	1:19:01	430	1:57:40	531	3:20:07	394	0:38:42	
75	9.055	Pilters Marcus	Tri Club Wuppertal III	4:02:03	M50	507	498	1:13:39	494	2:00:54	500	3:17:52	511	0:41:35	
76	6.127	Heckhuis Michael	SC Altenrheine	4:02:20	M50	511	577	1:16:44	526	2:02:35	558	3:22:36	343	0:37:25	
77	6.131	Kowalewski Robert	Hildener AT Triathlon	4:02:21	M50	512	529	1:14:27	507	2:01:31	514	3:18:34	500	0:41:18	
78	6.061	Herkenrath Bernd	team cgn	4:03:45	M50	521	599	1:17:50	369	1:54:48	472	3:15:15	628	0:45:28	
79	6.065	Jacobsen Meinert	*Königswinter	4:04:32	M50	527	411	1:10:37	597	2:07:07	548	3:21:28	450	0:39:51	
80	6.038	Lenk Martin	BKG Ironteam	4:04:37	M50	529	604	1:17:57	483	2:00:01	549	3:21:30	456	0:40:04	
81	6.111	Tenbrock Andreas	Reeser SC Triathlon	4:04:50	M50	530	671	1:21:57	336	1:53:12	520	3:19:08	537	0:42:32	
82	6.112	Van Steen Johan	Hetric	4:05:12	M50	531	410	1:10:34	565	2:04:54	495	3:17:39	599	0:44:14	
83	6.126	Forthmann Holger	Stormbringer7Gebirge	4:05:40	M50	534	424	1:11:04	564	2:04:54	524	3:19:37	540	0:42:36	
84	9.030	Braun Joachim	SG Tri Power Rhein Si	4:05:54	M50	539	610	1:18:24	395	1:55:56	499	3:17:49	617	0:44:52	
85	6.053	Ahlgrim Stephan	ASV Sankt Augustin	4:06:30	M50	544	400	1:10:09	560	2:04:47	512	3:18:33	608	0:44:31	
86	6.139	Ratmann Clemens	SSF Bonn	4:06:30	M50	545	606	1:18:05	484	2:00:04	545	3:21:08	525	0:42:02	
87	6.089	Kath Thorsten	Tri Team Sinzig	4:06:37	M50	547	613	1:18:35	482	2:00:00	554	3:22:21	486	0:40:42	
88	6.124	Feldmann Egbert	*Beckum	4:07:15	M50	551	696	1:23:46	272	1:50:03	490	3:16:54	653	0:46:51	
89	6.013	Klein Ernst	TV Attendorn TRI - TI	4:09:19	M50	562	665	1:21:32	367	1:54:47	526	3:19:49	647	0:46:27	
90	6.073	Bruchmüller Jens	*Bonn	4:09:19	M50	563	522	1:14:11	567	2:04:56	568	3:23:43	516	0:41:44	
91	6.044	Schomerus Jakob	*Heidelberg	4:09:28	M50	564	593	1:17:39	508	2:01:41	566	3:23:32	558	0:43:02	
92	6.129	Jonen Sven	*Bergisch Gladbach	4:09:48	M50	567	555	1:15:48	541	2:03:19	556	3:22:26	591	0:43:57	
93	6.120	Bernhardt Matthias	Tri-Team Merzbach	4:10:20	M50	571	516	1:14:08	538	2:03:06	529	3:20:03	639	0:46:09	
94	6.115	Wappelhorst Michael I	SSF Bonn Triathlon	4:10:51	M50	574	582	1:16:52	438	1:58:10	501	3:18:05	692	0:49:36	
95	6.090	Kaufmann Mario	TV-Attendorn TRI-TIM	4:10:55	M50	576	673	1:22:19	427	1:57:27	553	3:22:17	641	0:46:14	
96	6.080	Gießler Florian	*Essen	4:11:14	M50	578	624	1:18:59	497	2:01:10	561	3:23:07	610	0:44:38	
97	6.022	Willems Hansjörg	SSK Kerpen	4:11:18	M50	579	370	1:09:29	697	2:19:15	627	3:31:20	340	0:37:20	
98	6.009	Hasler Uwe	1. Tri-Team Gütersloh C	4:12:36	M50	585	596	1:17:41	612	2:08:34	602	3:29:02	499	0:41:16	
99	6.069	Stephanblome Klaus	Marathon Steinfurt	4:14:06	M50	592	566	1:16:08	654	2:13:05	635	3:32:30	383	0:38:25	
100	6.047	Tegethoff Ralph	I. / FJR6	4:14:53	M50	599	653	1:20:35	554	2:04:28	595	3:28:27	573	0:43:24	
101	9.035	Ohlendorf Michael	Triathlon Team Ratinge	4:14:53	M50	600	605	1:17:59	587	2:06:23	591	3:27:37	582	0:43:33	
102	6.062	Hieronymus Rembert	LAC Veltins Hochsauer	4:15:14	M50	603	625	1:19:00	536	2:02:59	584	3:26:48	612	0:44:42	
103	6.034	Höfler Olaf	Team Erdinger alkohol	4:15:38	M50	606	717	1:27:03	495	2:00:57	620	3:30:39	531	0:42:23	
104	6.042	Orth Günter	De Friedaachs Freunde	4:16:19	M50	612	504	1:13:48	656	2:13:19	629	3:31:47	489	0:40:45	
105	9.038	Lübbert Oliver	Weicon Tri Finish Müns	4:16:27	M50	614	434	1:11:20	624	2:09:54	574	3:24:24	662	0:47:21	
106	6.025	Bentmann Thorsten	Schwelmer SC	4:18:19	M50	622	641	1:19:47	653	2:12:59	659	3:37:02	356	0:37:59	
107	6.021	Vogg Michael	SSF Bonn Triathlon	4:18:57	M50	625	655	1:20:48	581	2:06:01	628	3:31:39	583	0:43:34	
108	6.114	Wachsmann Rainer	Marathon Steinfurt	4:21:57	M50	638	564	1:16:06	680	2:16:25	654	3:36:14	538	0:42:33	
109	6.002	Damnit Michael	Tri Ducks Dorsten	4:23:29	M50	645	633	1:19:25	591	2:06:27	609	3:30:01	695	0:49:59	
110	6.085	Hakenberg Christoph	Tri Club Wuppertal	4:26:41	M50	654	693	1:23:36	601	2:07:35	648	3:35:02	681	0:48:32	
111	6.054	Behnke Stefan	RSV-Nassau	4:27:16	M50	656	711	1:25:40	528	2:02:39	637	3:32:41	688	0:49:24	
112	6.029	Clemens Stephan	*Bayreuth	4:27:53	M50	659	720	1:27:07	589	2:06:24	660	3:37:26	655	0:46:59	
113	6.023	Baum Dietmar	vereinslos	4:28:15	M50	662	580	1:16:49	707	2:22:09	687	3:41:34	595	0:44:06	
114	6.119	Annerbo Martin	*Königswinter	4:28:21	M50	664	614	1:18:37	677	2:15:41	667	3:37:57	630	0:45:31	
115	6.117	Ziske Carsten	*Bonn	4:29:04	M50	669	557	1:15:51	700	2:20:15	684	3:40:42	622	0:45:04	
116	6.049	Van de Wiel Eric	TV Tilburg Road Runne	4:30:34	M50	676	547	1:15:19	652	2:12:55	632	3:32:02	726	0:53:51	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M50 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
117	6.041	Miksch Roland	Radtreff Campus Bonn	4:33:08	M50	685	705	1:25:15	623	2:09:53	676	3:39:47	682	0:48:33	
118	6.105	Reiche Lothar	*Bonn	4:34:18	M50	689	619	1:18:41	646	2:12:35	651	3:35:52	723	0:53:09	
119	6.004	Erdmann Frank	*Much	4:34:44	M50	691	702	1:24:31	600	2:07:29	652	3:35:54	728	0:54:21	
120	6.095	Kusch Thomas	Kontingente Joachim E	4:35:07	M50	692	697	1:23:59	641	2:11:48	679	3:40:06	694	0:49:57	
121	6.012	Hürth Klaus	Hürth Speed	4:35:24	M50	695	584	1:17:02	645	2:12:26	657	3:36:50	725	0:53:39	
122	6.093	Kropeit Thomas	Tri-Team TV Schiefbah	4:36:45	M50	698	701	1:24:30	659	2:13:46	692	3:42:02	702	0:50:46	
123	6.066	Klempt Ludger	*Göttingen	4:36:53	M50	699	587	1:17:13	701	2:20:30	689	3:41:45	698	0:50:33	
124	6.132	Lentner Christian	*Bonn	4:39:21	M50	709	650	1:20:21	704	2:21:05	705	3:45:05	703	0:50:47	
125	6.006	Fellner Bernhard	*Dorsten	4:46:20	M50	721	741	1:38:06	644	2:12:17	720	3:53:04	697	0:50:24	
126	6.087	Hülskamp Ludger	Tri-Team TV Schiefbah	4:59:53	M50	732	716	1:26:56	724	2:31:05	730	4:01:54	727	0:53:52	
127	6.074	Brunswick Marcus	*Bonn	5:01:21	M50	736	727	1:29:03	710	2:22:57	725	3:57:32	739	0:59:42	
128	6.011	Herman Jan	*Köln	5:04:09	M50	739	728	1:29:55	725	2:31:18	733	4:05:01	731	0:55:49	
129	6.079	Feider Oliver	*Wipperfürth	5:23:10	M50	748	690	1:23:15	738	2:55:35	743	4:22:28	736	0:57:16	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M55 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	7.047	Billig Rainer	Triathlon Team Eupen	3:16:38	M55	86	111	0:59:38	67	1:40:37	82	2:42:13	108	0:32:30	
2	7.042	Sülberg Rainer	Iserlohner Triathlon Tea	3:19:05	M55	98	152	1:01:42	69	1:40:51	98	2:44:31	119	0:32:42	
3	450	Verleysdonk Willi	TV 1848 Mönchenglad	3:24:28	M55	132	97	0:59:03	233	1:48:39	138	2:49:29	107	0:32:30	
4	9.022	Zippert Jürgen	Hildener AT - Triathlon	3:24:29	M55	133	179	1:03:01	140	1:44:46	152	2:50:10	114	0:32:36	
5	9.037	Müller Gerold	Weicon Tri Finish Müns	3:26:33	M55	156	189	1:03:31	129	1:44:29	155	2:50:19	173	0:34:11	
6	7.054	Hehn Thomas	SSF Bonn Triathlon	3:27:24	M55	165	215	1:04:17	89	1:42:26	130	2:48:47	299	0:36:37	
7	9.008	Fuchs Thomas	SSF Bonn II	3:28:10	M55	167	283	1:06:37	79	1:41:57	159	2:50:35	254	0:35:38	
8	7.017	Austinat Ralf	Iserlohner Triathlon Tea	3:29:18	M55	182	238	1:04:57	167	1:45:55	182	2:53:13	168	0:34:05	
9	7.056	Kleinau Jens	Tri-Team-FS Düsseldorf	3:31:49	M55	200	263	1:06:04	240	1:49:04	250	2:57:25	106	0:32:27	
10	9.018	Marin Jan	Krefelder Kanu Klub	3:34:28	M55	226	219	1:04:22	293	1:51:15	251	2:57:30	205	0:34:48	
11	9.013	Felgenträger Jörg	TuS Breitscheid	3:35:04	M55	236	335	1:08:21	148	1:45:18	226	2:55:59	317	0:36:54	
12	7.021	Fröhlich Christian	Team Triathlon Dreiki	3:35:11	M55	237	156	1:01:47	347	1:53:49	252	2:57:41	253	0:35:38	
13	7.023	Hammer Udo	TVE Netphen	3:38:57	M55	279	387	1:09:47	207	1:47:33	278	2:59:42	293	0:36:27	
14	9.044	Bittermann Klaus-Jür	Tri Club Wuppertal II	3:39:34	M55	287	327	1:07:47	278	1:50:26	289	3:00:24	322	0:36:59	
15	7.044	Witzke Peter	*Bonn	3:46:12	M55	349	328	1:07:59	422	1:57:20	406	3:09:10	192	0:34:30	
16	7.067	Siegburg Rolf	TV Rheinbach 1905 e	3:49:00	M55	386	438	1:11:23	359	1:54:18	409	3:09:23	259	0:35:48	
17	7.014	Sprenker Ulrich	*Niederkassel	3:51:02	M55	403	339	1:08:31	377	1:54:58	396	3:08:22	379	0:38:22	
18	7.039	Petrow Uwe	Triathlon Waldfeucht	3:51:06	M55	405	494	1:13:25	0	0:00:00	395	3:08:17	481	0:40:33	
19	9.029	Wüster Bernd	SG Tri Power Rhein Si	3:52:48	M55	420	530	1:14:28	257	1:49:28	379	3:07:12	532	0:42:24	
20	7.008	Becker Norbert	Hamminkelter SV	3:53:36	M55	425	433	1:11:19	476	1:59:44	456	3:13:56	318	0:36:54	
21	9.049	Trimborn Jürgen	TV 1848 Mönchenglad	3:54:13	M55	435	380	1:09:41	491	2:00:43	447	3:13:11	348	0:37:39	
22	7.032	Arndt Wolfram	SSF	3:54:51	M55	438	621	1:18:47	295	1:51:17	440	3:12:43	438	0:39:32	
23	7.041	Stimming Jürgen	*Nürnberg	3:56:24	M55	451	539	1:14:56	389	1:55:27	450	3:13:17	442	0:39:39	
24	9.016	Heyer Hillen Christop	Krefelder Kanu Klub	3:57:50	M55	465	363	1:09:18	518	2:02:12	454	3:13:52	506	0:41:31	
25	7.013	Seer Karl-Heinz	TriTeam Sinzig	3:58:14	M55	468	436	1:11:22	446	1:58:24	437	3:12:34	553	0:42:54	
26	7.040	Schreurs Bert	BSG RheinEnergie	3:59:06	M55	471	513	1:14:05	443	1:58:20	469	3:14:55	519	0:41:51	
27	9.057	Katzenberger Bernd	Tri Club Wuppertal III	3:59:31	M55	475	568	1:16:15	372	1:54:51	448	3:13:13	592	0:43:57	
28	7.027	Putz Harry	LLG St.-Augustin	4:04:07	M55	524	212	1:04:11	419	1:57:08	350	3:04:59	734	0:56:17	
29	7.057	Krüger Hajo	SV Tri City Darmstadt e	4:04:27	M55	525	468	1:12:26	551	2:03:56	543	3:20:58	483	0:40:37	
30	9.048	Gersch Uwe	SSF Bonn Mastergirls	4:05:48	M55	538	560	1:16:01	501	2:01:18	535	3:20:12	552	0:42:53	
31	7.058	Lange Wolfgang	*Sankt Augustin	4:06:55	M55	549	558	1:15:52	499	2:01:12	565	3:23:28	446	0:39:42	
32	7.022	Gebehart Achim	SV Bergisch Gladbach I	4:07:33	M55	552	479	1:13:00	610	2:08:25	572	3:24:08	488	0:40:45	
33	7.049	Dierkes Theodor	*Bonn	4:08:29	M55	556	571	1:16:36	481	1:59:53	537	3:20:21	607	0:44:25	
34	7.009	Deppe Matthias	Tri Club Wuppertal	4:08:29	M55	557	554	1:15:47	633	2:10:57	606	3:29:37	276	0:36:13	
35	7.053	Glombitza Ulrich	*Bergisch Gladbach	4:09:49	M55	568	608	1:18:08	479	1:59:48	552	3:21:47	619	0:44:58	
36	7.010	Goetzie Uwe	Dülkener SV 06	4:11:51	M55	580	670	1:21:49	410	1:56:31	550	3:21:32	666	0:47:44	
37	9.061	Cox Nigel-Philip	Triathlon Mülheim	4:12:04	M55	581	652	1:20:28	439	1:58:11	559	3:23:01	601	0:44:18	
38	7.061	Meier Wolfgang	TVDÄ Hanau	4:12:26	M55	583	563	1:16:05	490	2:00:42	538	3:20:26	680	0:48:30	
39	9.039	Rosenbaum Dieter	Weicon Tri Finish Müns	4:12:37	M55	586	483	1:13:07	557	2:04:35	611	3:30:07	461	0:40:11	
40	7.059	Leben Georg	SSF Bonn	4:12:38	M55	587	570	1:16:36	588	2:06:23	587	3:27:05	530	0:42:19	
41	9.060	Schumacher Michael	SV Bayer 08 Uerdingen	4:13:13	M55	588	691	1:23:33	465	1:59:27	580	3:26:06	596	0:44:08	
42	7.031	Sturm Ralf	BSG Stadt Köln	4:14:22	M55	597	667	1:21:36	477	1:59:46	575	3:24:55	636	0:46:03	
43	7.002	Kleinschmidt Stefan	Marathon Soest	4:15:51	M55	608	689	1:23:02	506	2:01:28	588	3:27:17	625	0:45:13	
44	7.045	Allwermann Bernd	*Essen	4:16:34	M55	615	572	1:16:36	603	2:07:45	590	3:27:31	627	0:45:20	
45	7.046	Bieger Jörg	TriCity Darmstadt	4:16:48	M55	616	684	1:22:50	561	2:04:47	622	3:30:46	574	0:43:25	
46	7.037	Mächel Kai	Billardfreunde Kray Nor	4:17:57	M55	619	552	1:15:37	617	2:09:00	593	3:28:13	643	0:46:17	
47	7.063	Poggensee Jens	*Brüssel	4:18:10	M55	621	601	1:17:55	627	2:10:13	631	3:31:58	527	0:42:06	
48	7.024	Hoffmeister Wilfried	TSV Hohenbrunn-Riem	4:18:56	M55	624	680	1:22:44	547	2:03:44	615	3:30:24	623	0:45:08	
49	7.065	Scharenberg Boris	Siegburger Ruderverein	4:19:15	M55	628	569	1:16:32	639	2:11:39	625	3:31:05	616	0:44:52	
50	7.019	Beisenbusch Johannes	Tri Ducks Dorsten	4:20:21	M55	631	647	1:20:11	562	2:04:51	594	3:28:18	683	0:48:45	
51	7.066	Schulte-Goebel Axel	Boverter Bären	4:20:41	M55	634	514	1:14:07	702	2:20:31	663	3:37:45	454	0:39:55	
52	7.052	Fischer Michael	Team Erdinger Alkohol	4:22:08	M55	639	631	1:19:21	657	2:13:23	653	3:36:04	555	0:42:54	
53	7.034	Dung Joachim	TryTeam Bonn	4:22:28	M55	641	575	1:16:42	664	2:14:07	644	3:34:20	603	0:44:19	
54	7.030	Schütze Holger	Reeser SC Triathlon	4:22:35	M55	642	682	1:22:44	590	2:06:26	636	3:32:32	663	0:47:22	
55	7.060	Manfred Frenken	ASV Köln Triathlon	4:26:16	M55	652	643	1:19:52	651	2:12:42	649	3:35:35	656	0:47:10	
56	7.050	Dreesen Eric	Hetric	4:27:21	M55	657	583	1:16:59	622	2:09:50	610	3:30:06	720	0:52:41	
57	7.028	Reifferscheid Paul	Mach3 Köln	4:28:15	M55	663	623	1:18:54	670	2:14:38	671	3:38:33	584	0:43:39	
58	7.071	Woll Klaus	*Niederkassel	4:29:31	M55	673	578	1:16:45	693	2:18:47	669	3:38:25	667	0:47:45	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Männer

Altersklasse M55 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
59	7.048	Dametz Detlef	*St.Augustin	4:32:42	M55	682	714	1:26:05	582	2:06:06	650	3:35:49	724	0:53:25	
60	7.006	Barbieri Marco	*Bonn	4:33:12	M55	686	639	1:19:41	706	2:21:50	710	3:47:37	444	0:39:41	
61	7.003	Ponsa Raimund	PSV Brühl Team Tria	4:35:17	M55	693	683	1:22:48	694	2:19:01	709	3:46:59	609	0:44:35	
62	7.015	Thiel Werner	Team Erdinger Alkohol	4:37:01	M55	700	724	1:28:17	634	2:11:18	696	3:43:05	699	0:50:33	
63	7.020	Borning Walther	*Niederkassel	4:41:18	M55	714	672	1:22:15	712	2:24:35	718	3:52:02	594	0:44:06	
64	7.068	Stanley John	*Bonn	4:41:27	M55	716	669	1:21:39	695	2:19:06	706	3:45:34	701	0:50:46	
65	7.036	Köhl Uwe	Bonnitas	4:48:27	M55	723	715	1:26:36	698	2:19:55	716	3:51:46	710	0:51:31	
66	7.011	Jung Hermann	Triathlon Nonstop Köln	4:55:19	M55	727	685	1:22:52	685	2:17:07	700	3:43:41	746	1:08:05	
67	7.018	Becker Paul	LC-Euskirchen	4:56:52	M55	728	660	1:21:16	728	2:32:22	727	4:01:17	705	0:51:19	
68	7.004	Schlüter J. Markus	*Troisdorf	5:00:50	M55	734	729	1:29:57	721	2:28:50	729	4:01:44	729	0:55:14	
69	7.035	Henkel Thomas	*Krefeld	5:05:08	M55	740	733	1:31:59	726	2:31:38	736	4:08:03	712	0:51:38	
70	7.025	Kerkhof Ludolf	SV Haldern LT	5:09:40	M55	742	734	1:32:40	731	2:36:48	742	4:13:33	718	0:52:13	
71	7.043	Thomas Dieter	Krabbelgruppe Neurath	5:19:26	M55	747	721	1:27:15	737	2:53:48	744	4:25:02	704	0:51:14	

Altersklasse M60 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	9.004	Buhs Jörg	SSF Bonn I	3:32:29	M60	208	326	1:07:43	118	1:44:10	207	2:54:58	238	0:35:25	
2	9.051	Pyzio Adam	TV 1848 Mönchenglad	3:59:40	M60	478	368	1:09:26	595	2:06:50	504	3:18:16	428	0:39:16	
3	2.068	Kraus Jürgen	Tri Finish Münster	4:02:12	M60	508	399	1:10:09	583	2:06:11	519	3:19:07	463	0:40:14	
4	52	Küssner Bernd	Triathlon Team Ratinge	4:14:18	M60	596	576	1:16:43	621	2:09:30	599	3:28:47	550	0:42:48	
5	59	Bender Matthias	SSF Bonn	4:15:54	M60	609	656	1:20:55	579	2:05:52	605	3:29:36	570	0:43:22	
6	50	Wagishauser Karsten	SSF	4:17:00	M60	617	629	1:19:11	609	2:08:16	621	3:30:45	580	0:43:32	
7	25	Völker Helmut	*	4:26:44	M60	655	488	1:13:16	703	2:20:50	661	3:37:35	632	0:45:46	
8	51	Felber Rolf	Team Erdinger Alkohol	4:28:35	M60	666	646	1:20:05	684	2:17:03	680	3:40:26	626	0:45:16	
9	62	Kuhlmann Hans	*Marl	4:29:23	M60	672	663	1:21:23	647	2:12:36	666	3:37:56	647	0:46:27	
10	60	Böhne-Hasenclever R	PV-Triathlon Witten	4:31:04	M60	678	704	1:24:55	629	2:10:24	665	3:37:55	685	0:48:52	
11	63	Mäteling Alex	SV Haldern LT	4:32:14	M60	680	546	1:15:16	709	2:22:52	691	3:42:00	635	0:45:56	
12	57	Weege Walter	*Bonn	4:36:43	M60	697	645	1:20:05	687	2:17:57	694	3:42:11	700	0:50:36	
13	58	Barz Jürgen	*Düren	4:39:45	M60	710	688	1:23:01	674	2:15:00	693	3:42:09	721	0:53:00	
14	55	Müller Wolfgang	*Kreuztal	4:43:05	M60	717	632	1:19:25	727	2:32:06	724	3:55:45	601	0:44:18	
15	48	Göllner Bernd	BSG BML Bonn	4:46:05	M60	720	0	0:00:00	0	0:00:00	0	0:00:00	0	0:00:00	
16	56	Steckel Manfred	TriathlonSteckelCologn	4:51:39	M60	724	739	1:36:09	531	2:02:44	722	3:54:19	719	0:52:38	
17	47	Gensheimer Josef	SVA-Adendorf	4:58:49	M60	729	712	1:25:45	730	2:33:04	732	4:04:03	693	0:49:56	

Altersklasse M65 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	46	Derks Josef	TV Goch	3:54:10	M65	433	462	1:12:20	388	1:55:24	427	3:11:10	449	0:39:48	
2	45	Van Zwielen Cornelis	*Kerpen	4:26:18	M65	653	708	1:25:31	604	2:08:03	668	3:38:10	604	0:44:20	
3	44	Buntins Michael	TUS Ahrweiler	4:27:22	M65	658	668	1:21:39	640	2:11:47	664	3:37:50	565	0:43:19	
4	43	Zeijen Pieter	TRI TEAM Ron For Ru	4:44:44	M65	719	687	1:22:53	717	2:26:03	719	3:52:16	687	0:49:11	

Altersklasse M75 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	37	Sackel Jochen	LG Heimerzheim	4:32:46	M75	683	659	1:21:16	679	2:16:24	695	3:42:46	526	0:42:04	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Frauen

Altersklasse W20 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.093	Kümpers Julia	Team Uni Bonn	3:35:15	W20	9	3	1:01:28	30	1:58:23	12	3:02:08	1	0:30:59	
2	2.097	Lagier Isabel	Duales System Tus 08 S	3:51:12	W20	22	18	1:08:18	63	2:03:53	36	3:14:16	11	0:35:04	
3	2.069	Honsel Julia	*Dorsten	4:02:40	W20	58	88	1:17:34	52	2:02:08	62	3:22:31	29	0:37:45	
4	2.096	Kutz Leonie	Uni Bonn	4:24:27	W20	96	43	1:11:59	98	2:17:42	85	3:32:50	120	0:48:13	

Altersklasse W25 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.176	Diawuoh Annabel	Kölner triathlon Team	3:27:06	W25	4	6	1:02:34	4	1:48:11	4	2:52:36	5	0:32:51	
2	2.011	Dettmar Sabine	Triathlon TEAM TG Wi	3:28:37	W25	5	9	1:06:09	2	1:45:17	5	2:53:03	10	0:33:59	
3	2.175	De Baey Kirsten	Hamminkelter SV	3:30:06	W25	6	5	1:02:21	7	1:50:27	6	2:54:43	8	0:33:40	
4	2.009	Belke Lara	SSF Bonn / Team Uni B	3:42:41	W25	13	14	1:07:32	21	1:56:00	14	3:05:11	16	0:35:45	
5	2.173	Heylen Dorien	*	3:48:55	W25	19	33	1:11:19	15	1:54:14	16	3:08:09	40	0:38:15	
6	2.077	Kieseler Lena	*Wuppertal	3:51:17	W25	24	56	1:13:58	17	1:54:55	25	3:10:57	42	0:38:21	
7	2.125	Politiek Klaziana	Tritanium	3:52:36	W25	29	64	1:15:11	25	1:56:42	33	3:13:45	22	0:37:04	
8	2.172	Vanloot Delphine	*	3:53:09	W25	31	23	1:09:44	44	2:01:14	32	3:13:20	32	0:37:51	
9	2.141	Schneider Katja	SG Frankfurt-Nied	3:55:07	W25	40	30	1:10:54	50	2:02:02	38	3:15:14	30	0:37:46	
10	2.148	Skov Lone	*Amersfoort	3:59:08	W25	51	82	1:17:26	18	1:55:12	41	3:15:39	72	0:41:01	
11	2.042	Dreschmann Corinna	MACH3 Köln e.V.	4:01:50	W25	55	35	1:11:23	69	2:05:21	54	3:18:48	69	0:40:45	
12	2.064	Hieronymus Paula	LAC Veltins Hochsauer	4:04:54	W25	63	22	1:09:36	82	2:11:33	72	3:24:32	31	0:37:47	
13	2.112	Motte Debby	*Wuppertal	4:05:54	W25	66	70	1:16:30	53	2:02:13	59	3:20:57	92	0:43:06	
14	2.091	Kröhnert Katharina	MACH3 Köln e.V.	4:06:30	W25	67	67	1:15:38	78	2:07:39	76	3:26:27	28	0:37:38	
15	2.161	Wanning Annalena	*Köln	4:11:09	W25	78	74	1:17:01	57	2:03:08	69	3:23:48	97	0:44:25	
16	2.075	Kallert Dorothee	SV Blau-Weiß Bochum	4:12:23	W25	79	62	1:14:41	83	2:11:52	82	3:29:34	65	0:39:54	
17	2.151	Sprengart Petra	*Köln	4:38:49	W25	107	118	1:26:26	107	2:21:46	112	3:51:33	96	0:43:54	

Altersklasse W30 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.174	Schulz Jenny	Skills04 Frankfurt	3:21:17	W30	2	1	0:58:24	3	1:47:51	2	2:48:05	2	0:31:15	
2	2.128	Rath Viktoria	*Paderborn	3:34:45	W30	8	8	1:03:58	8	1:51:02	7	2:57:12	15	0:35:40	
3	2.177	Cornelius Jana	Mach3 Köln e.V.	3:42:28	W30	12	12	1:07:04	26	1:57:05	15	3:06:34	9	0:33:55	
4	2.014	Lüdorf Melanie	Tri Club Wuppertal	3:46:51	W30	17	11	1:06:49	38	2:00:25	20	3:08:59	18	0:35:56	
5	2.111	Morsch Judith	*Niederkassel	3:48:38	W30	18	26	1:10:04	22	1:56:04	19	3:08:32	36	0:37:55	
6	2.055	Geismar Anne-Gwend	*Hamburg	3:49:31	W30	20	17	1:08:17	32	1:59:06	22	3:09:28	38	0:38:03	
7	2.061	Hefti Susanne	RWE Starlight Team E	3:52:00	W30	25	44	1:12:21	19	1:55:42	24	3:10:37	48	0:38:39	
8	2.024	Beynaerts Jessy	Hetric	3:53:09	W30	32	24	1:09:44	42	2:01:04	30	3:13:12	33	0:37:51	
9	2.103	Lunze Katrin	Aachen	3:54:41	W30	39	29	1:10:34	37	2:00:18	31	3:13:18	51	0:39:07	
10	2.045	Fehrs Frauke	*Witten	3:57:52	W30	47	104	1:21:53	12	1:52:32	46	3:16:27	53	0:39:17	
11	2.162	Weber Carolyn	Mach3 Köln e.V.	3:58:19	W30	49	66	1:15:18	31	1:58:44	49	3:16:38	50	0:39:00	
12	2.027	Bittens Linda	ASV Köln Triathlon	4:03:02	W30	59	54	1:13:43	61	2:03:33	56	3:20:02	68	0:40:39	
13	2.143	Schulze Jasmin	SV TriCity Darmstadt	4:10:53	W30	77	80	1:17:22	77	2:06:39	77	3:26:48	74	0:41:26	
14	2.059	Hanrath Ariane	*Bonn	4:39:59	W30	109	91	1:19:01	115	2:24:48	109	3:50:19	100	0:44:52	
15	2.022	Bastin-Jansen Tabea	*Bonn	4:43:09	W30	114	124	1:27:22	106	2:21:03	113	3:51:38	119	0:47:29	
16	2.145	Serafin Melissa	*werl	4:44:58	W30	116	116	1:26:05	120	2:26:12	117	3:55:38	111	0:46:24	
17	2.116	Naß Daniela	*Bonn	4:49:32	W30	122	123	1:27:22	126	2:29:20	123	4:00:08	114	0:46:36	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Frauen

Altersklasse W35 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.000	Walter Verena	Iserlohner Tri Team	3:15:47	W35	1	2	0:59:29	1	1:41:14	1	2:42:25	3	0:31:37	
2	2.002	Kuch Celia	TSG Weinheim/Team E	3:26:06	W35	3	4	1:01:39	5	1:48:19	3	2:51:43	4	0:32:35	
3	2.122	Otten Sylvia	ASV Köln	3:33:00	W35	7	7	1:02:59	13	1:52:58	8	2:57:42	6	0:33:27	
4	2.083	Kohrs Silke	Triathlon ASC Ratinge	3:43:26	W35	14	16	1:08:07	9	1:51:11	11	3:01:34	58	0:39:32	
5	2.094	Kunde Sabrina	bikeattackoberberg	3:54:35	W35	36	39	1:11:42	46	2:01:34	37	3:15:12	26	0:37:28	
6	2.086	Kontio Carina	ASV Köln	3:54:38	W35	38	31	1:11:10	40	2:00:38	34	3:13:59	45	0:38:34	
7	2.082	Knospe Janin	ASC Ahlen	3:56:48	W35	43	87	1:17:31	20	1:55:53	42	3:15:51	44	0:38:33	
8	2.085	Kontio Anja	X-Trail aktiv	4:00:24	W35	52	19	1:08:18	72	2:05:59	47	3:16:28	77	0:41:51	
9	2.127	Putseys Kirsten	*Tielt-Winge	4:01:57	W35	56	51	1:13:05	68	2:05:15	59	3:20:57	47	0:38:37	
10	2.057	Hämmerling Susanne	ASC Ahlen	4:08:30	W35	71	83	1:17:29	75	2:06:19	75	3:26:13	64	0:39:49	
11	2.054	Galda Maria	*Bonn	4:09:34	W35	74	105	1:22:37	48	2:01:56	78	3:27:03	59	0:39:36	
12	2.123	Over Heike	Mach 3	4:13:46	W35	81	81	1:17:23	84	2:12:28	86	3:33:13	41	0:38:17	
13	2.040	Diecksmeier Silke	ASC Ahlen	4:15:15	W35	82	58	1:14:12	99	2:18:35	91	3:35:27	27	0:37:38	
14	2.023	Belz Andrea	*Bonn	4:22:38	W35	92	94	1:19:55	92	2:14:24	97	3:37:26	82	0:42:12	
15	2.159	Treiber Kerstin	Fortuna Düsseldorf 189	4:22:45	W35	93	75	1:17:12	96	2:16:22	94	3:36:50	91	0:43:04	
16	2.052	Frömmig Yvonne	Mach3 Köln e.V.	4:24:53	W35	97	50	1:12:59	93	2:14:41	83	3:30:47	126	0:49:26	
17	2.032	Melchior Lya	*Aachen	4:33:54	W35	102	114	1:25:47	87	2:13:06	100	3:43:11	118	0:47:06	
18	2.165	Wendland Beate	SC Bayer 05 Uerdingen	4:33:57	W35	103	100	1:21:12	116	2:25:04	107	3:49:10	79	0:41:59	
19	2.051	Fliedner Melanie	*Ludwigshafen	4:42:49	W35	113	122	1:27:21	100	2:19:12	108	3:49:27	127	0:50:34	
20	2.102	Löwe Annika	Tri City Darmstadt	4:45:06	W35	117	102	1:21:44	128	2:30:24	119	3:56:04	104	0:45:23	
21	2.062	Heidger Nina	*Trier	4:55:23	W35	127	115	1:25:51	129	2:31:47	124	4:01:21	129	0:50:54	
22	2.113	Mucha Tanja	SV Bergisch Gladbach	5:00:54	W35	130	129	1:32:36	130	2:33:13	131	4:08:48	124	0:49:23	

Altersklasse W40 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.163	Weber Katrin	*Derschen	3:52:31	W40	27	37	1:11:34	29	1:57:53	29	3:12:14	25	0:37:24	
2	2.118	Oppermann Andrea	Tri Club Wuppertal	3:52:33	W40	28	38	1:11:37	27	1:57:08	26	3:11:04	52	0:39:17	
3	2.132	Ritter Daniela	SV Hellas Siegburg	3:53:21	W40	33	48	1:12:44	24	1:56:27	27	3:11:34	62	0:39:41	
4	2.099	Ledent Sandrine	*Stembert	3:53:43	W40	34	40	1:11:43	41	2:00:51	40	3:15:35	17	0:35:54	
5	2.046	Feldman Yuliya	*Köln	3:54:36	W40	37	36	1:11:33	54	2:02:27	43	3:16:02	21	0:36:51	
6	2.108	Minor Astrid	ASVKöln Triathlon	3:56:11	W40	42	41	1:11:44	56	2:02:45	50	3:16:48	23	0:37:07	
7	2.044	Ermert Christiane	Dr. Goerg Team RSG M	3:57:29	W40	44	34	1:11:20	35	2:00:05	35	3:14:01	67	0:40:27	
8	2.131	Riemann Barbara	TV Rheinbach	4:05:14	W40	64	73	1:17:01	59	2:03:22	66	3:23:14	54	0:39:20	
9	2.072	Janzen Dorothee	*Hamburg	4:05:27	W40	65	68	1:15:42	49	2:02:01	57	3:20:25	87	0:42:42	
10	2.121	Ostermayer Agnes Isa	RSV Freilassing Triat	4:07:02	W40	68	76	1:17:14	62	2:03:43	67	3:23:43	70	0:40:49	
11	2.144	Schürig Michaela	Tri Team Merzbach	4:07:19	W40	69	63	1:14:46	71	2:05:49	71	3:24:23	61	0:39:37	
12	2.149	Smolé Nicole	*Hamburg	4:08:23	W40	70	90	1:17:51	51	2:02:04	63	3:22:33	88	0:42:44	
13	2.142	Schöder Patrizia Hele	Triathlon TEAM TG Wi	4:09:09	W40	73	59	1:14:14	60	2:03:29	58	3:20:46	102	0:45:04	
14	2.130	Richter Alex	Starlight Team Essen	4:10:33	W40	76	99	1:21:02	47	2:01:46	73	3:25:32	85	0:42:30	
15	2.019	Balg Simone	Erdinger Alkoholfrei	4:15:59	W40	84	85	1:17:29	67	2:05:15	81	3:29:32	94	0:43:20	
16	2.058	Hankel Bianka	TSV 08 Hemfurth-Ede	4:16:07	W40	85	72	1:16:47	91	2:14:09	88	3:33:54	55	0:39:20	
17	2.106	Meyring Anke	*Schwerte	4:16:12	W40	86	96	1:20:24	79	2:07:41	84	3:30:51	89	0:42:51	
18	2.038	Degenhardt Christine	ALV Mainz	4:21:49	W40	91	84	1:17:29	89	2:13:51	90	3:35:13	95	0:43:33	
19	2.168	Wollny Maria	SV Hellas Siegburg	4:40:58	W40	110	121	1:27:19	103	2:20:41	111	3:51:28	110	0:46:21	
20	2.067	Hoffmann Nicole	*Bergisch Gladbach	4:41:17	W40	111	106	1:22:44	109	2:22:17	105	3:48:56	122	0:48:54	
21	2.047	Fennekohl Johanna	*Bonn	4:46:20	W40	119	113	1:25:42	119	2:26:10	120	3:56:31	103	0:45:22	
22	2.166	Wenning Edna	TVE Greven 1898	4:50:22	W40	123	119	1:26:35	117	2:25:24	116	3:55:34	130	0:50:55	
23	2.107	Mildt Sandra	Tri Team FS Düsseldorf	4:55:17	W40	126	125	1:27:51	125	2:28:36	127	4:04:01	106	0:46:11	

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Frauen

Altersklasse W45 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.015	Osthaus Anne	TV Angermund	3:38:09	W45	10	20		1:08:46	6	1:49:46	9	3:00:33	14	0:35:35
2	2.133	Romberg Petra	*Rheine	3:39:24	W45	11	13		1:07:07	10	1:51:44	10	3:01:12	19	0:36:07
3	2.010	Bregulla-Linke Claudi	Team Erdinger alkohol	3:43:37	W45	15	28		1:10:12	11	1:52:19	13	3:04:35	24	0:37:07
4	2.081	Kleinschmidt Gabi	Marathon Soest	3:51:14	W45	23	32		1:11:16	16	1:54:23	17	3:08:19	63	0:39:42
5	2.043	Erdmann Sonja	ASV Köln Triathlon	3:52:20	W45	26	45		1:12:26	28	1:57:14	28	3:12:12	35	0:37:55
6	9.032	Miedtank Anja	Rückenwind Dortmund	3:52:39	W45	30	27		1:10:07	23	1:56:18	21	3:09:10	71	0:40:51
7	2.018	Baedeker Grit	*Hennef	3:53:48	W45	35	15		1:07:33	74	2:06:19	45	3:16:20	13	0:35:20
8	2.056	Hamacher Silke	Triathlon Team TG Witt	3:57:53	W45	48	53		1:13:30	33	1:59:33	51	3:16:53	49	0:38:49
9	2.053	Fuchs Sandra	PtSV Aachen	3:59:07	W45	50	47		1:12:29	45	2:01:23	48	3:16:28	66	0:40:21
10	2.160	Vanden Bussche Ing	Hetric	4:00:53	W45	53	42		1:11:59	58	2:03:15	52	3:17:56	56	0:39:21
11	2.178	Kaunzner Sabine	Team Erdinger Alkohol	4:01:38	W45	54	52		1:13:19	73	2:06:17	65	3:23:06	20	0:36:12
12	2.095	Kunz Kirsten	Tri-Team SSC Ettling	4:03:13	W45	60	57		1:14:07	64	2:04:49	61	3:22:05	34	0:37:52
13	2.041	Dorer Christine	SRL TRIATHLON KO	4:08:57	W45	72	98		1:20:51	39	2:00:36	70	3:24:14	81	0:42:11
14	2.167	Willma Nicole	ASV Köln	4:10:26	W45	75	77		1:17:17	70	2:05:47	74	3:25:40	80	0:42:11
15	2.105	Mete Nicole	Mach 3 Köln e.V.	4:18:56	W45	87	78		1:17:19	86	2:13:02	87	3:33:16	90	0:42:58
16	2.065	Hiersemann Stefanie	Cologne Intelligence	4:20:05	W45	88	79		1:17:21	97	2:16:25	95	3:37:01	60	0:39:36
17	2.156	Stüber Alexandra	*Monheim	4:20:58	W45	89	92		1:19:06	90	2:14:06	93	3:36:24	83	0:42:16
18	2.126	Prescha Kristiane	TriCologne	4:24:09	W45	95	69		1:15:45	94	2:15:13	89	3:34:16	115	0:46:40
19	2.088	Kosmol Heike	*Köln	4:29:50	W45	98	93		1:19:27	105	2:20:47	101	3:44:46	76	0:41:38
20	2.134	Rothert Sylvie	*Gladbeck	4:30:27	W45	99	61		1:14:38	104	2:20:43	98	3:38:15	123	0:49:02
21	2.139	Schikorra Claudia	Bäckerei Pass	4:36:39	W45	105	95		1:20:01	112	2:23:04	103	3:47:13	112	0:46:30
22	2.117	Nietfeld Imke	*Köln	4:39:19	W45	108	117		1:26:08	102	2:20:18	110	3:50:45	101	0:44:57
23	9.047	Mattheus Anita	SSF Bonn Mastergirls	4:42:12	W45	112	111		1:25:29	110	2:22:20	114	3:52:12	107	0:46:11
24	2.170	Korgel Anke	Team Dextro Energy	4:44:22	W45	115	130		1:32:54	101	2:19:52	118	3:55:40	105	0:45:53
25	2.098	Langefeld Ursula	*Edertal Anraff	4:45:34	W45	118	110		1:24:49	127	2:30:16	121	3:57:58	98	0:44:50
26	2.150	Sodemann Marion	*Brühl	4:47:30	W45	121	120		1:26:54	114	2:23:50	115	3:54:31	125	0:49:25
27	2.036	Daun Sabina	Cologne Intelligence	4:53:59	W45	125	126		1:29:19	121	2:26:20	122	3:59:03	132	0:51:22
28	2.025	Biehn Jutta	Die Renttiere	5:03:19	W45	131	132		1:33:58	122	2:26:34	129	4:04:41	134	0:54:36
29	2.147	Seyd Nicole	Borener SV	5:26:29	W45	136	135		1:35:03	135	2:43:09	136	4:22:01	135	1:01:02

Altersklasse W50 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.153	Stöppler Petra	Marathon Steinfurt	3:44:51	W50	16	10		1:06:32	34	2:00:04	18	3:08:31	7	0:33:34
2	2.076	Ketzer Ina	Iserlohner Triathlon Tea	3:50:59	W50	21	55		1:13:46	14	1:53:26	23	3:09:49	46	0:38:36
3	2.179	Gärtner Elke	LC Olympia Wiesbaden	3:57:48	W50	45	21		1:09:08	80	2:07:45	55	3:19:42	12	0:35:11
4	2.039	Dermaux Ann	Hetric	3:57:49	W50	46	25		1:09:59	55	2:02:40	44	3:16:12	39	0:38:15
5	2.169	Zwirn-Schomerus Mar	LAV Ziegelhausen	4:04:33	W50	61	65		1:15:11	66	2:04:59	64	3:22:48	57	0:39:24
6	2.084	Konert Tina	SSK Kerpen	4:04:42	W50	62	46		1:12:29	81	2:08:42	68	3:23:43	43	0:38:32
7	9.046	Schneehagen Kirsten	SSF Bonn Mastergirls	4:13:44	W50	80	89		1:17:44	76	2:06:27	79	3:28:10	86	0:42:40
8	2.154	Strakeljahn Elke	Marathon Steinfurt	4:15:23	W50	83	101		1:21:42	65	2:04:55	80	3:29:25	93	0:43:10
9	2.048	Fey Betti	SRL-Triathlon Koblenz	4:23:49	W50	94	86		1:17:30	95	2:15:46	92	3:35:58	99	0:44:52
10	2.135	Runkel Sabine	SRL Triathlon Koblenz	4:32:09	W50	101	109		1:23:09	88	2:13:12	99	3:41:04	117	0:47:05
11	2.007	Wald Ilona	*	4:38:31	W50	106	107		1:23:05	108	2:22:00	106	3:48:58	108	0:46:13
12	2.124	Peynado-Schunck Dia	ASV Triathlon Köln	4:46:52	W50	120	131		1:33:58	113	2:23:23	125	4:01:25	84	0:42:26
13	2.136	Salewski Birgit	*Hennef	4:57:04	W50	128	127		1:30:40	124	2:27:11	128	4:04:30	113	0:46:33
14	2.034	Dahmen Sabine	ASC Ahlen	4:57:08	W50	129	133		1:34:09	123	2:26:40	130	4:05:01	121	0:48:20
15	2.016	Baales Birgit	PSV Brühl Triathlon Te	5:06:20	W50	132	128		1:31:50	131	2:34:24	132	4:11:01	133	0:51:55
16	2.063	Heitmuller Sabine	SSF	5:22:07	W50	135	136		1:35:32	133	2:37:52	133	4:16:22	136	1:02:12

Altersklasse W55 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.089	Kraus Gudrun	ASC Ahlen	3:55:23	W55	41	49		1:12:51	36	2:00:17	39	3:15:28	37	0:37:58
2	2.017	Bachem Elisabeth	Tri Team Merzbach	4:32:04	W55	100	97		1:20:33	111	2:22:50	104	3:48:06	73	0:41:23
3	2.158	Thiel Silvia	Team Erdinger Alkohol	4:35:15	W55	104	71		1:16:33	118	2:25:27	102	3:45:39	109	0:46:15
4	2.157	Teichert Martina	*Wilnsdorf	5:17:13	W55	134	134		1:34:16	134	2:39:14	135	4:19:38	131	0:51:22

26. Bonn Duathlon am 12. Juni 2016

Ergebnisliste

Gesamtwertung 15km - 60km - 7.5km

Frauen

Altersklasse W60 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.078	Kiesewetter Edith	SSF Bonn	5:12:06	W60	133	112		1:25:42	136	2:44:39	134	4:16:31	128	0:50:46

Altersklasse W65 -

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Laufen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	2.146	Seyd Antje	Borener SV	4:51:49	W65	124	108		1:23:08	132	2:35:26	126	4:01:41	116	0:47:03