

# 10 km - Gesamtwertung

# 9. Sparkassenlauf Aurich - 18. Juni 2016

## Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
1	1385	Köhler Jan-Aiko	Emder LG	0:35:26	0:35:27	1	MU20	1997	12:25 11:32 11:28
2	837	Hans Jan-Hendrik	LG Harlingerland	0:35:59	0:36:00	1	M20	1987	12:25 11:43 11:50
3	1673	Kaden Paul	RunCycle X	0:36:53	0:36:55	2	M20	1988	12:29 12:06 12:17
4	1014	Mennenga Ralf	Emder LG	0:37:25	0:37:26	1	M40	1976	12:37 12:21 12:25
5	1207	Steinke Peter	MTV Aurich	0:37:30	0:37:32	1	M45	1970	12:46 12:23 12:20
6	1110	Roßmann Lukas	MTV Aurich	0:37:40	0:37:41	1	MU18	1999	12:55 12:24 12:20
7	1457	Redmers Christian	MTV Aurich	0:37:40	0:37:41	3	M20	1990	12:56 12:23 12:20
8	1465	Bienow Ralf	Team Laufrausch Oldenburg	0:39:13	0:39:15	1	M50	1966	13:22 12:56 12:54
9	964	Schmidt Jörn	MTV Aurich	0:39:33	0:39:36	1	M30	1984	13:30 12:58 13:04
10	1453	Schmedding Christoph	TuS Weene	0:40:14	0:40:15	2	M50	1963	13:27 13:18 13:28
11	1044	Klaue Roland	MTV-Aurich / Bistro Harlekin	0:40:28	0:40:30	2	M45	1971	13:23 13:13 13:51
12	1412	Rüther Janis	Küsten-Räucherei Albrecht	0:40:29	0:40:32	4	M20	1988	13:33 13:24 13:31
13	1015	Schweers Helge	Team Erdinger Alkoholfrei BTB	0:40:36	0:40:38	3	M50	1963	13:33 13:33 13:29
14	1039	Schleinhege Lars	Lg Papenburg/Aschendorf	0:40:47	0:40:49	1	M35	1979	13:36 13:30 13:40
15	1680	Bartsch Frank	LSF Oldenburg	0:40:41	0:40:57	2	M40	1972	14:24 13:08 13:08
16	1445	Maibaum Lars	LT TuS Aurich-Ost	0:40:58	0:41:01	3	M45	1971	14:07 13:27 13:23
17	1193	Balikci Atakan	Delmenhorst	0:41:14	0:41:16	2	M35	1977	13:29 13:55 13:50
18	1078	Dege Andreas	Klinikum Leer	0:41:25	0:41:27	2	M30	1982	13:49 13:33 14:03
19	1057	Christians Borchard	LG Ostfriesland	0:41:28	0:41:34	1	M55	1958	14:13 13:43 13:31
20	1167	Eden Kurt	TV Norden	0:41:35	0:41:40	2	M55	1958	14:14 13:42 13:39
21	1171	Siebelts Arnd	Bv Südarle	0:41:55	0:41:58	4	M45	1967	14:06 13:51 13:57
22	816	Akkermann Horst	sv Dornum	0:42:01	0:42:03	3	M40	1976	14:14 13:51 13:56
23	877	Dirks Erwin	MTV-Aurich	0:42:02	0:42:06	5	M45	1967	14:03 13:54 14:03
24	975	Busch Detlef	*Bad Oldesloe	0:42:29	0:42:33	3	M55	1961	14:26 13:57 14:06
25	1389	Rosenack Robert		0:42:35	0:42:38	4	M40	1973	14:08 14:14 14:12
26	1058	Villamil David	Team ENERCON	0:42:35	0:42:41	3	M30	1986	14:47 14:11 13:36
27	820	Gerdes Helmut	*Rechtsweg	0:42:39	0:42:45	5	M40	1972	14:13 14:06 14:18
28	979	Sörensen Marc	In-Team Aurich	0:42:52	0:42:58	3	M35	1981	14:28 14:05 14:17
29	1051	Gamboia Daniel	*Aurich	0:43:05	0:43:10	4	M30	1984	14:59 14:00 14:05
30	1150	Krahn Daniel	Schule	0:43:17	0:43:21	6	M45	1971	14:47 14:15 14:15
31	1090	Müller Thorsten	TG Wiesmoor	0:43:41	0:43:44	6	M40	1976	14:49 14:29 14:22
32	930	Lindtner Michael	MTV Aurich	0:43:40	0:43:50	7	M45	1970	14:38 14:21 14:40
33	1373	Jaap Marco	Braunfelder SV	0:43:48	0:43:51	7	M40	1975	14:17 14:29 15:01
34	892	Rocker Peter	*Buchholz	0:43:52	0:43:55	8	M45	1968	14:46 14:29 14:36
35	1187	Best Erwin	*Wallinghausen	0:43:59	0:44:02	8	M40	1975	14:22 14:32 15:04
36	1185	Röben Holger	Fortuna Logabirum	0:44:02	0:44:05	9	M40	1973	14:46 14:39 14:36
37	1649	Groß Sven	WfbM Aurich - Wittmund	0:44:02	0:44:07	5	M20	1991	14:03 14:42 15:16
38	1147	Jakobs Marco	*Moormerland	0:44:01	0:44:12	6	M20	1988	14:41 14:33 14:46
39	1166	Hüls Uwe	TV Norden	0:44:16	0:44:22	4	M50	1963	14:36 14:43 14:55
40	1168	Nanninga Jochen	TV Norden	0:44:28	0:44:34	9	M45	1967	14:52 14:43 14:52
41	990	Derr Viktor	*Holtland	0:44:28	0:44:37	4	M35	1981	15:13 14:41 14:33
42	868	Bents Ralf	SV Komet Walle	0:44:46	0:44:49	10	M45	1968	14:53 14:48 15:04
43	1228	Wurpts Michael	FT03 Emden	0:44:51	0:44:54	10	M40	1973	14:48 15:00 15:02
44	1030	Zielinski Alfred	*Krummhörn-Pewsum	0:44:53	0:44:58	11	M40	1973	15:15 15:42 13:55
45	1456	Biermann Kai	BS Werbetechnik	0:45:11	0:45:14	7	M20	1988	14:55 15:06 15:09
46	1671	Ammermann Ralf	Fortunaläufer	0:45:12	0:45:17	11	M45	1967	15:38 14:58 14:36
47	987	Frerichs Manfred	Emder LG	0:45:25	0:45:33	4	M55	1958	15:22 15:02 15:01
48	1045	Tosch Lübbert	*Aurich	0:45:32	0:45:44	5	M35	1979	14:49 15:23 15:19
49	882	Meyer Manuel	Sparkasse Aurich-Norden	0:45:34	0:45:45	5	M30	1984	15:11 14:59 15:23
50	1098	Bakenhus Dirk	Oldenburg	0:45:47	0:45:51	6	M35	1979	15:16 15:18 15:12
51	1461	Janssen Stefan	VW Emden	0:45:47	0:46:00	7	M35	1979	14:13 15:11 16:22
52	1159	Gatniejewski Kay	*Wilhelmshaven	0:45:59	0:46:01	12	M40	1975	15:40 15:16 15:02
53	1645	Von der Assen Ralf	LEJ	0:45:59	0:46:06	8	M35	1981	15:34 15:16 15:08
54	1650	Iken Christian	WfbM Aurich - Wittmund	0:46:04	0:46:08	8	M20	1995	14:57 15:30 15:36
55	1131	Osten Gunnar	WfbM Aurich-Wittmund	0:46:01	0:46:10	13	M40	1973	15:29 15:19 15:13
56	967	Mühlena Harold	*Großheide	0:45:54	0:46:13	12	M45	1967	15:35 15:25 14:53
57	830	Sörös Manfred	*Aurich	0:46:09	0:46:16	9	M35	1981	15:26 15:24 15:18
58	1027	Müller Thorsten	Herzkinder OstFriesland e. V.	0:46:17	0:46:22	14	M40	1972	14:51 15:44 15:41
59	884	Löseke Oliver	Sparkasse Aurich-Norden	0:46:20	0:46:27	15	M40	1972	15:47 15:26 15:06
60	1396	Rekemeier Sven		0:46:22	0:46:32	13	M45	1970	15:54 15:18 15:09
61	1170	Alberts Thomas	Loppersum	0:46:23	0:46:33	10	M35	1981	16:21 15:18 14:43
62	1386	Gärtner Axel	FeG Aurich	0:46:26	0:46:38	14	M45	1969	15:58 15:09 15:18

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## 9. Sparkassenlauf Aurich - 18. Juni 2016

## Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
63	1000	Wijnen Hendrik	*Emden	0:46:36	0:46:46	6	M30	1983	16:04 15:40 14:51
64	905	Schäfer Marco Julian	Marcardsmoor	0:46:49	0:46:50	9	M20	1992	15:20 15:46 15:42
65	891	Wilken Guenther	TuS Leerhufe-Hovel e.V.	0:46:52	0:47:04	15	M45	1968	15:50 15:24 15:38
66	1238	Oltmanns Frank	TB Twixlum	0:46:47	0:47:13	11	M35	1981	15:56 15:19 15:30
67	1392	Deitermann Ralph	Sigiltra Sögel	0:47:05	0:47:15	16	M45	1968	15:49 15:32 15:43
68	1384	Bleiker Detlef	LC 93 Delmenhorst	0:47:18	0:47:20	1	M60	1953	15:55 15:50 15:32
69	1683	Kampen Manfred	Team Kampen Westoverledinger	0:47:10	0:47:25	5	M50	1965	16:14 15:33 15:21
70	1672	Meinema Alle-Jan	Moordörfer Freetied Loopers	0:47:18	0:47:25	5	M55	1961	16:06 15:47 15:24
71	1179	Rohden Andreas	OHV Aurich	0:47:10	0:47:33	1	MU16	2002	15:21 15:59 15:49
72	1646	Nghiem Minh Duc	WfbM Aurich - Wittmund	0:47:28	0:47:33	10	M20	1993	16:24 16:03 15:00
73	818	Schoonhofen Edgar	WfbM Aurich-Wittmund	0:47:27	0:47:34	17	M45	1971	16:22 16:03 15:01
74	1054	Tertilt Rainer	Lambertischule Aurich	0:47:25	0:47:34	18	M45	1968	16:06 15:58 15:20
75	811	Dillage Harry	Emder LG	0:47:38	0:47:52	19	M45	1967	16:32 15:35 15:31
76	1643	Doden Alfred	LT TuS Holtriem	0:47:50	0:47:53	6	M55	1958	15:48 16:02 16:00
77	1096	Erdwiens Hermann	LG Ostfriesland	0:47:51	0:47:55	20	M45	1970	16:03 15:53 15:54
78	965	Hamacher Henning	*Aurich	0:47:38	0:48:05	16	M40	1974	16:13 15:53 15:31
79	1681	Habben Berend	Wybelsum	0:48:18	0:48:27	7	M55	1960	16:17 15:55 16:06
80	1223	Hinrichs Marco	Laufftreff Wilelmshoven	0:48:24	0:48:29	17	M40	1974	16:13 15:59 16:11
81	1037	Adloff Stephan	*Großefehn	0:48:22	0:48:30	18	M40	1976	15:57 15:55 16:29
82	1229	Grasse Holger	TUS Zetel	0:48:29	0:48:35	6	M50	1965	16:28 16:00 15:59
83	1066	Fitz Florian	GYMNASIUM ULRICIANUM 6H	0:48:23	0:48:37	1	MU14	2003	16:59 16:05 15:17
84	1148	Vaeth Michael	*Aurich	0:48:39	0:48:49	21	M45	1968	16:05 15:59 16:34
85	1071	Dieck Stefan	*Aurich	0:48:40	0:48:52	19	M40	1972	16:20 16:03 16:16
86	855	Unger Moritz	*Bassum	0:48:45	0:48:54	2	MU18	2000	15:45 16:12 16:48
87	1018	Welling Torsten	MTV Wittmund	0:49:02	0:49:15	7	M50	1964	16:38 16:08 16:15
88	962	Stürzl Sebastian	Laufen und Meer	0:49:11	0:49:16	7	M30	1986	16:12 16:31 16:27
89	1124	Haren Thees	*Aurich	0:49:07	0:49:24	8	M30	1983	16:53 16:05 16:07
90	881	Budde Dennis	Sparkasse Aurich-Norden	0:48:57	0:49:24	11	M20	1990	17:29 15:50 15:37
91	1375	Wittor Rainer	TV Jahn Bad Driburg	0:49:16	0:49:25	2	M60	1956	16:52 16:13 16:10
92	1239	Saloga Alexander	SpVg Aurich	0:48:59	0:49:26	9	M30	1982	17:03 16:01 15:54
93	1113	Freese Johannes	KGS Grossefehn	0:49:19	0:49:28	2	MU14	2004	17:04 16:05 16:09
94	985	Blenk Michael	BVO Emden	0:49:29	0:49:40	8	M50	1966	16:41 16:18 16:29
95	1379	Frerichs Arno	Laufftreff Sande	0:49:46	0:49:55	9	M50	1965	17:03 16:35 16:07
96	824	Domschky Christian	Sg Egels Popens	0:50:03	0:50:10	12	M35	1979	16:31 17:05 16:26
97	1095	Nowak Jonas	OHV Aurich	0:49:48	0:50:11	2	MU16	2002	16:27 16:36 16:45
98	1182	Meyer Marco	*Grossefehn	0:49:54	0:50:12	13	M35	1979	16:42 16:28 16:43
99	1088	Siebrecht Falk	OHV Aurich	0:49:51	0:50:14	3	MU16	2002	18:00 16:01 15:50
100	1091	Toma Kai Mark	OHV Aurich	0:49:53	0:50:15	4	MU16	2002	18:01 16:01 15:51
101	1024	Janssen Ingo	SPVG Aurich	0:50:05	0:50:29	14	M35	1981	17:42 16:54 15:28
102	1674	Harms Joachim	Traba-Team	0:50:07	0:50:30	8	M55	1961	17:10 16:30 16:27
103	1172	Hinrichs Johann	MTV Wittmund	0:50:31	0:50:46	3	M60	1952	17:15 16:38 16:37
104	1105	Eickelbaum Thomas	*Wittmund	0:50:48	0:50:48	20	M40	1974	17:24 16:55 16:29
105	1003	Bloempott Thorsten	*Emden	0:50:29	0:50:50	21	M40	1973	17:48 16:46 15:54
106	1138	Kuck Matthias	Running Wossis	0:50:43	0:50:54	12	M20	1987	17:10 16:53 16:39
107	1028	Hicken Jannes	GYMNASIUM ULRICIANUM 6H	0:50:45	0:51:00	3	MU14	2004	16:59 16:23 17:22
108	983	Brinker Karl	Spvg Aurich	0:50:38	0:51:03	10	M30	1984	17:42 16:54 16:00
109	1675	Geiken Dieter	LT TuS Aurich-Ost	0:51:04	0:51:16	10	M50	1964	17:01 16:46 17:17
110	942	Hofer Michael	KGS Wiesmoor	0:51:04	0:51:16	22	M45	1968	17:03 16:45 17:14
111	1068	Hoogstraat Benjamin	LT TuS Aurich-Ost	0:51:04	0:51:18	13	M20	1989	16:45 17:03 17:15
112	840	Tjardes Ralf	LT TuS Aurich-Ost	0:51:13	0:51:27	23	M45	1969	16:59 16:50 17:23
113	1158	Joachim Hans-Hermann	Team Erdinger Alkoholfrei	0:51:20	0:51:29	1	M65	1950	17:27 16:57 16:55
114	878	Blome Torsten	*Lastrup	0:51:37	0:51:48	14	M20	1996	17:27 17:06 17:03
115	1086	Janssen Christoffer	Barkholt	0:51:34	0:52:05	15	M35	1981	17:28 16:53 17:12
116	1191	Hesse Boris	PuraVita	0:51:48	0:52:05	22	M40	1973	16:59 17:15 17:33
117	997	Seidler Achim	XGames Aurich	0:52:04	0:52:10	23	M40	1973	16:55 17:37 17:32
118	1060	Alwes Wolfgang	Fortuna Logabirum	0:51:59	0:52:19	2	M65	1950	17:48 17:15 16:55
119	1452	Peuner Florian	Löwen-Apotheke Emden	0:52:12	0:52:26	11	M50	1963	17:32 17:10 17:29
120	937	Kößler Hans-Joachim	RSV Schwalbe Oelde	0:52:19	0:52:28	9	M55	1959	17:22 17:26 17:30
121	1647	Brauer Siegfried	WfbM Aurich - Wittmund	0:52:21	0:52:41	10	M55	1958	17:33 17:01 17:46
121	1652	Van Thai Ahn	WfbM Aurich - Wittmund	0:52:21	0:52:41	24	M40	1972	17:33 17:01 17:46
123	1065	Christians Reenhold	Emder LG	0:52:36	0:52:45	3	M65	1950	17:32 17:11 17:52
124	1155	Solaro Gregor	RV Norderney	0:52:42	0:52:50	15	M20	1995	15:46 17:09 19:47

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# 9. Sparkassenlauf Aurich - 18. Juni 2016

## Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
125	903	Begitt Kurt	SV Dornum	0:52:52	0:53:05	4	M65	1947	17:48 17:27 17:35
126	1459	Kramer Dirk	Aurident	0:53:25	0:53:49	12	M50	1966	18:35 17:43 17:06
127	1687	Keller Menno	LT TuS Aurich-Ost	0:53:34	0:53:50	24	M45	1970	17:54 17:44 17:54
128	1132	Freitag Norbert	MTV Aurich	0:53:44	0:53:50	5	M65	1948	17:28 17:53 18:22
129	1233	Kruse Fabian	Landguth Heimtiernahrung	0:53:25	0:53:52	16	M20	1994	19:25 17:05 16:54
130	1232	Schönsee Rainer	Landguth Heimtiernahrung	0:53:28	0:53:54	16	M35	1981	19:25 17:05 16:57
131	817	Saueressig Jann	*Leer	0:53:39	0:53:58	17	M35	1979	18:56 17:43 16:59
132	1042	Oltmanns Matthias	Sparkasse Aurich-Norden	0:54:19	0:54:24	25	M40	1974	16:51 18:31 18:56
133	1135	Wollny Gerhard	LG Emden	0:54:22	0:54:31	1	M70	1944	18:24 18:12 17:45
134	1468	Adams Günther		0:54:19	0:54:37	13	M50	1965	17:57 18:11 18:09
135	969	Trauernicht Jens	LG Die Trauernichts	0:54:34	0:54:38	14	M50	1963	17:57 18:11 18:25
136	1084	Reinecke Jens	Stadt Aurich	0:54:55	0:55:10	25	M45	1970	17:53 18:19 18:42
137	1055	Willing DR Rainer	Herzkinder Ostfriesland	0:55:00	0:55:14	15	M50	1966	17:36 18:24 18:59
138	1374	Hillerns Jan	TSV Jahr Carolinensiel	0:55:04	0:55:20	18	M35	1978	19:35 18:58 16:30
139	1204	Rahmann Uwe	*Mittegroßefehn	0:55:01	0:55:29	19	M35	1980	19:12 18:06 17:42
140	879	Grübner Tim	Sparkasse Aurich-Norden	0:55:19	0:55:48	26	M40	1975	18:31 18:05 18:42
141	900	Dechow Ingo	Sparkasse Aurich-Norden	0:55:19	0:55:48	26	M45	1970	18:44 18:31 18:03
142	1460	Kramer Frank	Aurident	0:55:32	0:55:56	11	M55	1958	18:36 17:44 19:12
143	1108	Wienrank Horst	SV Dornum	0:55:51	0:56:13	12	M55	1960	19:00 17:50 19:00
144	1022	Frieden Arno	LT Jägerstrasse	0:56:06	0:56:22	27	M45	1971	18:09 18:43 19:12
145	999	Niehuisen Kevin	*Aurich	0:55:56	0:56:22	17	M20	1990	19:52 18:30 17:33
146	1034	Wunder Kai	*Südbrookmerland	0:56:09	0:56:24	2	MU20	1997	18:19 18:56 18:53
147	886	Fleetjer Tjark	Sparkasse Aurich-Norden	0:56:10	0:56:25	18	M20	1995	18:18 18:56 18:55
148	885	Wolters Karsten	Sparkasse Aurich-Norden	0:56:05	0:56:26	28	M45	1968	18:40 18:05 19:19
149	1174	Mühlenbrock Ralf	Team enercon	0:56:11	0:56:28	29	M45	1967	18:41 18:29 19:00
150	1227	Jansen Matthias		0:56:31	0:56:52	27	M40	1973	19:36 18:48 18:06
151	1226	Schütte Oliver	Spiekerooger SV	0:56:38	0:56:54	20	M35	1981	19:03 18:26 19:09
152	893	Steinmeier Fritz	MTV Aurich	0:56:50	0:57:17	6	M65	1948	19:29 18:51 18:28
153	1454	Meijer Henk	SV Friesland	0:57:13	0:57:25	7	M65	1947	19:59 18:53 18:20
154	1372	Poppe	TSV Jahn Carolinensiel	0:57:13	0:57:28	28	M40	1975	19:36 19:02 18:34
155	961	Dorf Müller Hans Peter	LG Fliegerhorst Upjever	0:57:16	0:57:39	16	M50	1962	19:13 18:36 19:26
156	1451	Meyer Mario	Vffl Berumbur	0:57:20	0:57:42	30	M45	1970	19:34 18:52 18:54
157	1165	Sinning Ludwig	TV Norden	0:57:43	0:58:08	17	M50	1963	19:39 18:55 19:08
158	1175	Janssen Jann	*Aurich	0:57:50	0:58:20	29	M40	1972	19:33 18:55 19:21
159	1102	Reshoft Meeno	OHV Aurich	0:58:34	0:59:00	5	MU16	2002	20:26 19:22 18:45
160	1100	Reshoft Jan	OHV Aurich	0:58:39	0:59:08	30	M40	1972	19:43 19:28 19:27
161	1026	Becker Michael	*Bochum	0:59:12	0:59:18	31	M45	1970	19:56 19:39 19:36
162	1651	Frerichs Dennis	WfbM Aurich - Wittmund	0:59:03	0:59:22	19	M20	1993	19:24 19:31 20:07
163	1149	Krautschick Björn	*Aurich	0:59:12	0:59:37	21	M35	1978	20:29 19:39 19:03
164	803	Päben Michael	Krankenpflege Hilde Ubben	0:59:24	0:59:41	31	M40	1976	20:30 19:52 19:01
165	977	Biadacz Manuel	*Aurich	1:00:34	1:00:47	22	M35	1979	17:22 22:31 20:39
166	909	Selinski Markus	*Esens	1:00:42	1:01:01	32	M40	1974	19:35 20:17 20:49
167	1203	Janssen Günter	MTV Aurich	1:00:56	1:01:12	2	M70	1943	20:28 20:12 20:14
168	1222	Zabel Tobias		1:01:12	1:01:30	33	M40	1975	19:29 20:31 21:12
169	1648	Puls Claus	WfbM Aurich - Wittmund	1:01:33	1:01:52	20	M20	1996	18:42 21:09 21:41
170	1053	Niemand Wilhelm	SV Blomberg-Neuschoo	1:01:51	1:02:12	13	M55	1959	21:06 20:16 20:28
171	1230	Schmitt-Bollow Uwe	SKC Bundesbank	1:02:09	1:02:17	3	M70	1943	19:54 20:36 21:38
172	1118	Tholen- Alberts Jochen	*Aurich	1:01:59	1:02:29	34	M40	1972	21:10 20:19 20:30
173	1189	Soboll Michael	*Aurich	1:02:17	1:02:39	35	M40	1972	21:16 20:28 20:32
174	1040	Kuhlmann Paul	Finkenbugschule	1:02:47	1:03:12	1	MU12	2006	22:34 20:41 19:32
175	1644	Steinke Dietrich	SV Concordia Neermoor	1:03:47	1:04:03	1	M75	1941	21:31 21:16 20:58
176	974	Markus Sven	TuS Ditzumerverlaat	1:05:52	1:06:17	21	M20	1990	21:37 22:00 22:14
177	947	Fecht Arno	Hirsch	1:07:04	1:07:37	36	M40	1976	21:28 22:46 22:49
178	1013	Kuhlmann Christian	*Aurich	1:08:31	1:08:57	18	M50	1966	22:37 22:49 23:04
179	833	Boldt Manfred	LG Großefehn	1:13:03	1:13:26	8	M65	1949	23:36 24:26 25:01
180	1206	Lange Holger	Kinderheim Strandgut	1:18:00	1:18:17	37	M40	1976	25:21 26:37 26:01

# 10 km - Gesamtwertung

# 9. Sparkassenlauf Aurich - 18. Juni 2016

## Frauen

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	1685	Schwarz Tanja	Sportpark Tannenhausen	0:41:04	0:41:05	1	W35	1977	13:50 13:32 13:41
2	1458	Klostermann Waltraud	TV Norden	0:41:59	0:42:00	1	W55	1960	14:15 13:50 13:53
3	1151	Kannegießer Maggy	Sparkasse LeerWittmund	0:42:30	0:42:32	1	W40	1972	14:28 13:57 14:05
4	883	Janssen Claudia	Sparkasse Aurich-Norden	0:45:55	0:45:57	2	W35	1980	15:06 15:14 15:34
5	838	Hans Ann-Katrin	VFL Oldenburg	0:46:18	0:46:22	1	W20	1989	15:50 15:24 15:03
6	823	Krull Inka	LT TuS Aurich-Ost	0:46:20	0:46:27	2	W40	1975	15:48 15:24 15:07
7	984	Rinke Carina	*Emden	0:47:13	0:47:19	2	W20	1993	15:16 15:53 16:04
8	832	Ender Imke	WfbM Aurich- Wittmund	0:47:46	0:47:51	3	W40	1975	15:55 15:44 16:06
9	1447	Smit Manuela	LT TuS Aurich-Ost	0:47:51	0:47:57	1	W45	1970	15:50 15:46 16:14
10	1221	Mc Nally Sandra		0:48:27	0:48:33	1	W30	1985	16:23 16:05 15:58
11	854	Unger Martina	*Bassum	0:48:53	0:49:01	1	W50	1964	16:06 16:01 16:45
12	935	De Buhr Miriam	Fortuna Logabirum	0:49:03	0:49:11	3	W20	1996	16:35 16:17 16:10
13	867	Süßen Sonja	LG-Ostfriesland	0:49:24	0:49:37	3	W35	1978	16:43 16:10 16:30
14	1154	Solaro Katrin	RV Norderney	0:49:40	0:49:48	2	W50	1964	16:48 16:21 16:30
15	991	Lohmeyer Wiebke	*Holtland	0:49:51	0:50:02	2	W30	1986	16:33 16:44 16:34
16	1210	Janßen Nina	TSV Carolinensiel	0:50:00	0:50:07	4	W35	1979	16:41 16:42 16:36
17	1676	Baumann Marion	TuS Zetel	0:50:05	0:50:12	2	W45	1971	16:39 16:41 16:44
18	1099	Reshoft Nicole	*Aurich	0:50:08	0:50:15	3	W45	1971	16:23 16:46 16:59
19	874	Raake Michaela	LT Oldenburg Süd	0:50:39	0:50:49	4	W45	1971	17:06 16:46 16:45
20	897	Bents Daniela	*Aurich	0:51:11	0:51:14	4	W20	1989	16:27 18:24 16:19
21	861	Geiken Marion	LT TuS Aurich-Ost	0:51:06	0:51:16	3	W50	1966	17:08 17:14 16:43
22	1678	Greis Heike	LSF Oldenberg	0:51:28	0:51:42	4	W50	1965	16:51 17:08 17:28
23	851	Post Eva	LT TuS Aurich-Ost	0:51:44	0:51:53	4	W40	1973	17:50 17:01 16:52
24	1670	Welkert Sabine	Hobbyläuferin	0:51:53	0:51:55	5	W50	1962	17:08 17:20 17:24
25	1679	Meenken Mareke	MaJa-Team	0:51:49	0:51:58	6	W50	1962	17:04 17:13 17:31
26	1133	Albrecht Sandra	Polizei Aurich	0:51:54	0:52:04	3	W30	1982	16:59 17:16 17:38
27	1699	Bronn Anneke	LG TV Bunde	0:52:04	0:52:11	5	W20	1993	17:16 17:18 17:29
28	1449	Haats Christina		0:52:10	0:52:22	6	W20	1987	17:19 17:20 17:30
29	1156	Heckelmann Gaby	RV Norderney	0:52:19	0:52:27	5	W45	1971	17:44 17:19 17:15
30	1199	Janssen Imke	LT Tus Aurich Ost	0:52:37	0:52:50	5	W40	1976	17:32 17:25 17:39
31	1020	Fink Anna	Die Pinguine	0:53:21	0:53:51	5	W35	1980	18:18 17:33 17:29
32	988	Friesenborg Monika	Emder LG	0:53:49	0:54:00	6	W45	1969	17:55 18:00 17:53
33	1176	Manthey-Janssen Anke	*Aurich	0:54:08	0:54:18	7	W45	1969	17:58 18:12 17:58
34	888	Schmidt Dorothee	LSF Oldenburg	0:54:13	0:54:28	2	W55	1960	18:29 18:02 17:41
35	1119	Hedemann Franziska	LT TuS Aurich-Ost	0:54:28	0:54:45	7	W20	1990	19:00 17:54 17:34
36	1466	Boekhoff Karin	RVL Leer	0:54:25	0:54:49	7	W50	1962	18:38 17:57 17:49
37	1463	Melzer Martina	Emder LG	0:54:46	0:54:55	8	W45	1971	18:40 18:13 17:52
38	805	Heuermann- Steinke Maike	Krankenpflege Hilde Ubben	0:54:53	0:55:05	4	W30	1986	17:03 18:30 19:19
39	980	Claassen Maricel	*Ochtelbur	0:55:27	0:55:28	5	W30	1984	17:57 18:51 18:39
40	989	Janssen Anna	SV Frisia Brinkum	0:56:29	0:56:40	8	W20	1989	18:25 19:01 19:02
41	953	Ommen Wiebke	*Südbrookmerland	0:56:22	0:56:40	9	W20	1990	18:52 18:32 18:57
42	1225	Link Christina		0:56:38	0:56:54	10	W20	1987	19:03 18:26 19:08
43	1642	Krönke Antje	WfbM Aurich - Wittmund	0:57:00	0:57:01	1	WU18	2000	16:53 20:32 19:34
44	821	Aßmus Sonka	RG Sprinter Emden	0:56:39	0:57:03	6	W30	1982	18:34 19:06 18:59
45	951	Röck Sabrina	*Aurich	0:57:16	0:57:28	7	W30	1986	19:06 18:56 19:12
46	880	Harms Sylvia	Sparkasse Aurich-Norden	0:57:21	0:57:42	8	W50	1966	19:34 18:51 18:54
47	1446	Caspers Janina	Landguth Heimtiernahrung	0:59:10	0:59:36	11	W20	1988	20:18 19:12 19:38
48	839	Tjardes Martina	*Aurich	0:59:26	0:59:44	9	W45	1971	21:02 19:24 19:00
49	1157	Erdmann Jutta	LT TuS Aurich-Ost	0:59:27	0:59:44	6	W35	1979	21:02 19:23 19:00
50	1139	Voges Silvana	Running Wossis	1:00:23	1:00:33	7	W35	1978	20:02 20:02 20:18
51	1211	Keelus Tatjana	*Emden	1:00:21	1:00:40	3	W55	1960	20:34 20:05 19:42
52	1111	Ahrendt Anja	MTV Aurich	1:01:47	1:02:10	10	W45	1968	21:04 20:16 20:27
53	1117	Gerber Martina	*Aurich	1:01:58	1:02:29	11	W45	1969	21:10 20:21 20:27
54	941	Erfurth Annette	*Aurich	1:02:00	1:02:33	8	W35	1978	19:49 21:05 21:05
55	1188	Eisert Sabine	Team Aurident	1:02:19	1:02:39	6	W40	1972	21:19 20:28 20:32
56	1688	Keller Anne	LT TuS Aurich-Ost	1:03:50	1:04:06	9	W50	1966	21:42 21:05 21:03
57	1205	Heres Tineken	*Zuidwolde	1:05:11	1:05:24	1	W65	1947	21:43 21:28 21:59
58	1455	Ahrends Maren	TuS Holteren	1:05:31	1:05:52	12	W45	1968	21:33 21:55 22:02
59	973	Hildebrandt Lisa-Marie	NLBV	1:05:52	1:06:17	12	W20	1990	21:38 22:00 22:14
60	910	Otten Karin	RC Jever-Jeverland	1:06:20	1:06:43	10	W50	1965	21:41 21:47 22:51
61	1224	Hinrichs Sylke		1:06:16	1:06:44	7	W40	1975	22:13 22:02 22:00
62	1059	Marks Andrea	*Leer	1:07:53	1:08:13	11	W50	1963	22:20 22:06 23:26

# 10 km - Gesamtwertung

# 9. Sparkassenlauf Aurich - 18. Juni 2016

## Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
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