

# Kölner Zoolauf am 11. Juli 2014 - 5 Runden - 8.5km

## Ergebnisliste Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	1080	Meier Stefan	Go for Jo	0:41:19	1974 M40	1	0:41:22	07:35 08:08 08:32 08:53 08:09	4:38 min/km
2	844	Keppler Markus	*Neunkirchen-Seelscheid	0:45:51	1979 M35	1	0:46:01	08:08 09:05 09:26 09:52 09:19	5:08 min/km
3	1665	Wallocka Jürgen	*Köln	0:46:40	1969 M45	1	0:47:09	09:04 08:55 09:13 09:41 09:44	5:14 min/km
4	1142	Müller Roman	*Landgraaf	0:47:46	1967 M45	2	0:47:47	08:07 09:15 10:16 10:22 09:45	5:21 min/km
5	584	Geier Christian	*Bonn	0:48:49	1984 M30	1	0:50:27	10:48 09:44 08:53 09:03 10:20	5:28 min/km
6	603	Görres Wolfgang	The Roadrunners	0:48:59	1974 M40	2	0:50:29	09:19 09:13 09:43 10:10 10:33	5:30 min/km
7	213	Altehenger Tobias	Kölncampus	0:49:04	1987 MHK	1	0:51:46	09:15 09:20 09:53 10:24 10:10	5:30 min/km
8	1375	Schilling Sebastian	*Brühl	0:49:18	1984 M30	2	0:50:32	09:46 09:12 09:32 10:00 10:47	5:32 min/km
9	1237	Pfisterer Jörg	*Köln	0:50:00	1958 M55	1	0:52:19	10:10 09:51 10:03 10:01 09:53	5:36 min/km
10	942	Krauskopf Alexander	*Köln	0:50:19	1985 M30	3	0:52:41	10:21 09:57 09:59 10:05 09:55	5:39 min/km
11	1484	Seemayer Thomas	Europa	0:51:14	1973 M40	3	0:53:21	10:22 10:11 10:15 10:19 10:05	5:45 min/km
12	943	Krausz Thomas	Tschüss Klaus und vielen	0:51:15	1975 M40	4	0:52:42	10:23 10:17 10:24 10:14 09:55	5:45 min/km
13	634	Grün Philipp	*Bonn	0:51:25	1980 M35	2	0:52:59	10:36 09:51 09:57 10:26 10:34	5:46 min/km
14	785	Jambon André	*Köln	0:51:29	1969 M45	3	0:51:50	09:02 09:45 10:25 11:12 11:02	5:46 min/km
15	1047	Maack Bodo	Chrissilaylasport	0:51:44	1957 M55	2	0:52:29	09:23 09:58 10:29 11:05 10:46	5:48 min/km
16	1440	Scholl Mirko	*Niederkassel	0:51:44	1976 M35	3	0:52:46	10:54 10:33 10:21 10:11 09:44	5:48 min/km
17	622	Gries Christopher	*Köln	0:52:16	1958 M55	3	0:54:10	10:21 10:23 10:36 10:51 10:03	5:52 min/km
18	1022	Lohmeyer Johannes	*Köln	0:52:21	1986 MHK	2	0:54:59	10:36 10:26 10:34 10:37 10:06	5:52 min/km
19	588	Gerhartz Stefan	*köln	0:52:41	1982 M30	4	0:53:22	09:46 09:39 10:26 11:03 11:46	5:54 min/km
20	1572	Thielen Ralf	*Köln	0:53:40	1964 M50	1	0:54:49	10:43 10:21 10:54 10:59 10:42	6:01 min/km
21	1027	Lorenz Joonas	*Köln	0:55:02	1978 M35	4	0:58:02	11:39 11:06 10:54 10:55 10:26	6:10 min/km
22	1693	Weller Wilhelm	Laufkollektiv 3. Okt.	0:55:12	1953 M60	1	0:58:12	11:39 11:05 10:54 10:54 10:37	6:11 min/km
23	971	Laas Christian	avocis	0:55:17	1974 M40	5	0:56:09	09:07 09:42 10:41 13:08 12:37	6:12 min/km
24	1111	Mohr Max	*Köln	0:55:20	1979 M35	5	0:56:45	11:30 10:42 11:08 11:10 10:48	6:12 min/km
25	209	Albers Jon	WaRun	0:55:35	1976 M35	6	0:58:52	11:07 10:26 10:48 11:15 11:57	6:14 min/km
26	1424	Schneider Sebastian	Freunde der Braukunst	0:55:50	1976 M35	7	0:57:48	11:09 10:49 11:26 11:10 11:13	6:16 min/km
27	640	Gutermann Gerd W.	*Bergisch Gladbach	0:55:59	1957 M55	4	0:57:43	09:35 10:53 11:44 12:25 11:20	6:17 min/km
28	322	Bode Robert		0:56:15	1967 M45	4	0:57:16	10:12 10:36 10:48 11:40 12:57	6:18 min/km
29	797	Jesuiter Sebastian	*Troisdorf	0:56:22	1979 M35	8	0:57:21	10:27 10:40 11:37 11:47 11:50	6:19 min/km
30	419	Cranz Manuel	*Düsseldorf	0:57:00	1974 M40	6	0:58:38	11:30 11:30 12:08 11:34 10:16	6:23 min/km
31	1746	Wolf Rene	*Bergisch Gladbach	0:57:32	1969 M45	5	0:59:52	10:27 10:43 11:35 12:17 12:28	6:27 min/km
32	1138	Müller Jochen	*Köln	0:58:00	1979 M35	9	0:59:40	09:57 10:43 11:53 13:21 12:03	6:30 min/km
33	1344	Salam Leal José	Liebespaar	0:58:07	1980 M35	10	0:58:30	10:45 11:20 11:53 12:29 11:39	6:31 min/km
34	728	Hildebrand Sascha	*Pulheim	0:58:07	1982 M30	5	0:59:43	10:01 10:41 12:34 12:45 12:05	6:31 min/km
35	1429	Schnöger David	Murmeltier	0:58:27	1968 M45	6	0:59:06	10:49 10:59 12:13 12:52 11:32	6:33 min/km
36	426	Dählmann Carsten	*Trier	0:58:30	1991 MHK	3	1:01:44	11:31 11:19 11:40 12:06 11:53	6:34 min/km
37	1668	Waloschek Thorsten	Chicago	0:59:42	1970 M45	7	1:02:17	13:17 10:35 11:07 11:53 12:48	6:42 min/km
38	1613	Valperz Dr. Stefan	LG Gummersbach	1:01:12	1981 M30	6	1:03:55	13:04 13:35 13:02 12:11 09:19	6:52 min/km
39	675	Hardt Georg	LG Gummersbach	1:01:13	1966 M45	8	1:03:57	13:09 13:31 13:03 12:07 09:21	6:52 min/km
40	497	Esser Ralf	Die grauen Burggeister	1:02:56	1969 M45	9	1:06:07	13:13 12:34 12:18 13:03 11:47	7:03 min/km
41	402	Burgis Theo	*Bonn	1:03:18	1956 M55	5	1:03:33	11:55 12:15 13:09 13:17 12:39	7:06 min/km
42	1729	Winten Frank	*kesseling	1:03:24	1966 M45	10	1:06:51	14:04 13:27 11:47 12:02 12:02	7:06 min/km
43	1492	Seppelt Andre	*Bonn	1:04:59	1965 M50	2	1:08:41	14:47 11:46 13:39 13:07 11:39	7:17 min/km
44	435	Decker Martin	*Bonn	1:08:48	1972 M40	7	1:09:13	09:54 10:11 11:04 27:41 09:56	7:43 min/km
45	1089	Metz Andreas	*Bonn	1:09:03	1965 M50	3	1:10:52	10:55 10:23 10:13 13:15 24:16	7:45 min/km
46	220	Arenz Helmut	*Swisttag	1:12:58	1952 M60	2	1:16:35	11:59 11:55 13:47 17:03 18:12	8:11 min/km

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## Ergebnisliste Frauen

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	851	Kewitz Sabine	SSK Kerpen	0:48:34	1972 W40	1	0:48:50	08:55 09:24 09:50 10:10 10:13	5:27 min/km
2	1514	Sowa Kamila	*Troisdorf	0:49:41	1986 WHK	1	0:50:41	10:22 09:52 09:49 09:55 09:41	5:34 min/km
3	1447	Schröder Ulrike	*Köln	0:50:08	1987 WHK	2	0:51:00	09:57 09:12 09:48 10:56 10:12	5:37 min/km
4	1384	Schlichting Alexandra	Fun Runners	0:51:15	1962 W50	1	0:52:40	09:32 09:55 10:30 10:47 10:30	5:45 min/km
5	1260	Pross Laura	*Köln	0:51:19	1981 W30	1	0:51:51	09:22 10:14 10:34 10:50 10:16	5:45 min/km
6	505	Fabiano Gianna	*Köln	0:51:30	1988 WHK	3	0:51:34	08:41 08:53 09:41 10:44 13:29	5:46 min/km
7	1833	Liebig Katrin		0:55:05	1995 WHK	4	0:57:49	10:33 10:20 11:31 12:09 10:30	6:11 min/km
8	561	Frohn Monika	*Pulheim	0:56:19	1952 W60	1	0:58:43	10:27 10:51 11:20 11:54 11:44	6:19 min/km
9	1722	Wilken Nina	*koeln	0:57:25	1979 W35	1	0:59:44	10:52 10:27 10:40 10:51 14:33	6:26 min/km
10	1585	Thoridt Kirsten	Lauffreunde Vlatten-Köln	0:57:36	1969 W45	1	0:59:49	11:27 10:43 11:43 11:37 12:04	6:27 min/km
11	837	Kazanci Aysegül	*Köln	0:57:53	1983 W30	2	1:01:22	11:42 11:38 11:45 11:55 10:51	6:29 min/km
12	1343	Salam Leal Bianca	Liebespaar	0:58:08	1975 W40	2	0:58:31	10:45 11:20 11:53 12:28 11:40	6:31 min/km
13	1430	Schnöger Sarah	Murmeltier	0:58:25	1999 WU18	1	0:59:04	10:47 10:52 12:20 12:54 11:29	6:33 min/km
14	1057	Manderfeld Sandra	*Köln	0:58:27	1993 WHK	5	1:01:41	11:31 11:19 11:39 12:06 11:50	6:33 min/km
15	762	Hündgen Julia	1, 2, 3... Oberkörper frei!	0:59:15	1981 W30	3	1:02:02	11:12 11:01 11:16 12:01 13:44	6:39 min/km
16	984	Lauth Anika	*Köln	0:59:16	1990 WHK	6	1:02:42	11:36 11:27 12:09 11:24 12:39	6:39 min/km
17	533	Fischer Sylvia	*Düren	0:59:20	1971 W40	3	1:00:17	10:28 11:02 11:23 14:27 11:57	6:39 min/km
18	690	Heckmann Sandra	*Köln	0:59:31	1978 W35	2	1:01:29	12:05 11:55 12:02 12:11 11:16	6:40 min/km
19	581	Gay Tenay	*Köln	0:59:31	1972 W40	4	1:01:29	12:05 11:54 12:02 12:12 11:16	6:40 min/km
20	1667	Waloschek Juliana	Chicago	0:59:38	2004 WU12	1	1:02:12	13:19 10:35 11:08 11:52 12:43	6:41 min/km
21	1647	Wagner Angelika	*Overath	1:01:04	1972 W40	5	1:02:06	11:19 12:14 12:21 12:58 12:10	6:51 min/km
22	1214	Palfi Mathilda	LT Saaler Mühle	1:01:21	1952 W60	2	1:02:36	12:27 12:22 12:52 13:07 10:32	6:53 min/km
23	1733	Wipperfürth Christiane	*Köln	1:01:53	1980 W35	3	1:02:34	10:55 11:34 12:12 14:15 12:54	6:56 min/km
24	371	Brodersen Doerte	BSG Beitragservice	1:02:45	1962 W50	2	1:03:45	12:14 12:29 13:12 13:23 11:24	7:02 min/km
25	1645	Wacker Uta	Die grauen Berggeister	1:02:59	1961 W50	3	1:06:09	13:14 12:34 12:18 13:03 11:50	7:04 min/km
26	1750	Yadav Sharon	*Köln	1:03:24	1976 W35	4	1:04:14	10:55 11:53 12:51 13:24 14:18	7:07 min/km
27	388	Budde Heidrun	*Köln	1:03:26	1978 W35	5	1:04:41	13:38 14:36 11:37 11:53 11:39	7:07 min/km
28	1567	Terstegge Sara	*Köln	1:04:44	1983 W30	4	1:06:29	11:52 12:22 13:45 13:41 13:02	7:15 min/km
29	329	Bökmann Hildegard	*Aachen	1:05:27	1962 W50	4	1:08:31	11:47 11:07 11:13 14:20 16:59	7:20 min/km
30	1266	Pusch Anja	*Aachen	1:05:27	1981 W30	5	1:08:31	11:47 11:06 11:12 14:22 16:59	7:20 min/km
31	580	Gausmann Verena	*Köln	1:06:15	1989 WHK	7	1:09:40	12:14 11:58 11:21 11:56 18:45	7:26 min/km
32	632	Großmann Anne-Sophie	*Köln	1:06:16	1989 WHK	8	1:09:41	12:14 11:58 11:21 11:56 18:45	7:26 min/km
33	506	Fahrenberger	*Rheinbach	1:06:58	1991 WHK	9	1:09:02	12:18 13:25 13:40 13:56 13:37	7:30 min/km
34	1247	Plicht Christine	*Mainz	1:07:47	1983 W30	6	1:10:18	12:05 12:07 13:51 13:01 16:42	7:36 min/km
35	417	Cornet Sandra	*Köln	1:07:47	1986 WHK	10	1:10:18	12:05 12:06 13:52 12:59 16:42	7:36 min/km
36	679	Hasan Bahar	*Mainz	1:07:49	1988 WHK	11	1:10:20	12:06 12:07 14:01 14:46 14:48	7:36 min/km
37	1357	Schäfer Rebecca	*Mainz	1:07:49	1983 W30	7	1:10:20	12:07 12:08 13:59 14:46 14:47	7:36 min/km
38	1393	Schmidt Bianca	*Köln	1:07:50	1980 W35	6	1:10:20	12:05 12:07 13:52 13:03 16:41	7:36 min/km
39	285	Berk-Schwanenberg	Wellenläufer	1:09:45	1958 W55	1	1:12:24	13:55 13:12 13:19 15:14 14:03	7:49 min/km
40	1471	Schwadorf Hilde	*Bornheim	1:12:58	1960 W55	2	1:16:35	11:59 11:56 13:46 17:03 18:12	8:11 min/km
41	776	Irle Moa	*Köln	1:22:21	2002 WU14	1	1:22:41	13:33 15:56 16:39 17:55 18:17	9:14 min/km