

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Männer**

| Total.    | Nr. | Name Vorname                     | Verein*/Ort               | Endzeit                    | AK  | 10km    | 15km    | 21.1km  |
|-----------|-----|----------------------------------|---------------------------|----------------------------|-----|---------|---------|---------|
| <b>1</b>  |     | <b>ASC Rosellen/Neuss</b>        |                           | <b>Gesamtzeit: 8:25:51</b> |     |         |         |         |
|           | 6   | 4744 Minke Sebastian             | ASC Rosellen/Neuss        | 2:45:37                    | M35 | 0:34:56 | 0:53:49 | 1:16:50 |
|           | 10  | 5065 Dobos Ivo                   | ASC Rosellen/Neuss        | 2:48:43                    | M20 | 0:35:05 | 0:54:23 | 1:19:14 |
|           | 13  | 4830 Roszinsky Simon             | ASC Rosellen/Neuss        | 2:51:31                    | M30 | 0:36:47 | 0:55:54 | 1:18:50 |
| <b>2</b>  |     | <b>LG Coesfeld</b>               |                           | <b>Gesamtzeit: 8:30:38</b> |     |         |         |         |
|           | 3   | 5598 Gottheil Ralf               | LG Coesfeld               | 2:43:28                    | M30 | 0:34:55 | 0:53:06 | 1:15:26 |
|           | 15  | 5595 Fels Sven                   | LG Coesfeld               | 2:52:45                    | M20 | 0:37:11 | 0:56:23 | 1:19:10 |
|           | 16  | 5754 Cramer Matthias             | LG Coesfeld               | 2:54:25                    | M40 | 0:37:44 | 0:57:05 | 1:19:35 |
| <b>3</b>  |     | <b>Bocholter WSV</b>             |                           | <b>Gesamtzeit: 9:17:59</b> |     |         |         |         |
|           | 31  | 2830 Crisan Andrei               | Bocholter WSV             | 3:02:21                    | M30 | 0:38:15 | 0:58:34 | 1:25:31 |
|           | 33  | 2423 Himpler Ralf                | Bocholter WSV             | 3:03:06                    | M45 | 0:39:36 | 0:58:47 | 1:24:42 |
|           | 70  | 4195 Schleuter Christian - Thom  | Bocholter WSV             | 3:12:32                    | M35 | 0:43:25 | 1:01:03 | 1:28:03 |
| <b>4</b>  |     | <b>TG Neuss</b>                  |                           | <b>Gesamtzeit: 9:20:11</b> |     |         |         |         |
|           | 4   | 5006 Rück Matthias               | TG Neuss                  | 2:43:53                    | M30 | 0:34:38 | 0:53:01 | 1:16:13 |
|           | 57  | 5829 Przewloka Joachim           | TG Neuss                  | 3:09:06                    | M50 | 0:39:34 | 1:03:06 | 1:26:25 |
|           | 177 | 5830 Lohmann Frank               | TG Neuss                  | 3:27:12                    | M50 | 0:41:28 | 1:06:43 | 1:39:01 |
| <b>5</b>  |     | <b>LG Coesfeld</b>               |                           | <b>Gesamtzeit: 9:22:28</b> |     |         |         |         |
|           | 19  | 5759 Wolbeck Kai                 | LG Coesfeld               | 2:58:10                    | M30 | 0:39:08 | 0:57:34 | 1:21:27 |
|           | 41  | 5756 Severt Günter               | LG Coesfeld               | 3:05:09                    | M45 | 0:39:04 | 0:59:32 | 1:26:32 |
|           | 118 | 5596 Reeker Veit                 | LG Coesfeld               | 3:19:09                    | M30 | 0:42:44 | 1:04:42 | 1:31:43 |
| <b>6</b>  |     | <b>Vodafone Runners</b>          |                           | <b>Gesamtzeit: 9:23:06</b> |     |         |         |         |
|           | 36  | 5376 Carter Chris                | Vodafone Runners          | 3:03:43                    | M45 | 0:38:29 | 0:59:31 | 1:25:43 |
|           | 40  | 5400 Schmidt-Fehrenbacher Vo     | Vodafone Runners          | 3:05:04                    | M55 | 0:39:39 | 0:59:45 | 1:25:40 |
|           | 87  | 5315 Richrath Kay                | Vodafone Runners          | 3:14:19                    | M40 | 0:41:41 | 1:03:18 | 1:29:19 |
| <b>7</b>  |     | <b>Tri Team FS Düsseldorf</b>    |                           | <b>Gesamtzeit: 9:24:06</b> |     |         |         |         |
|           | 7   | 4972 Baumgarten Björn            | Tri Team FS Düsseldorf    | 2:46:11                    | M40 | 0:35:09 | 0:54:05 | 1:16:56 |
|           | 49  | 4109 Plum Oliver                 | Tri Team FS Düsseldorf    | 3:06:19                    | M30 | 0:36:44 | 1:08:08 | 1:21:25 |
|           | 248 | 4637 Keutz Andreas               | Tri Team FS Düsseldorf    | 3:31:36                    | M35 | 0:44:52 | 1:08:08 | 1:38:36 |
| <b>8</b>  |     | <b>200PRO GmbH</b>               |                           | <b>Gesamtzeit: 9:25:18</b> |     |         |         |         |
|           | 22  | 5539 Grönke Steffen              | 200PRO GmbH               | 2:58:55                    | M35 | 0:37:44 | 0:57:49 | 1:23:21 |
|           | 54  | 5516 Alten-Mönnink Peter         | 200PRO GmbH               | 3:08:12                    | M40 | 0:39:13 | 1:01:19 | 1:27:39 |
|           | 108 | 5517 Bajohr Rudolf               | 200PRO GmbH               | 3:18:11                    | M55 | 0:42:13 | 1:03:50 | 1:32:06 |
| <b>9</b>  |     | <b>ART Düsseldorf</b>            |                           | <b>Gesamtzeit: 9:32:06</b> |     |         |         |         |
|           | 5   | 3922 Heints Vladislav            | ART Düsseldorf            | 2:45:29                    | M35 | 0:35:21 | 0:52:53 | 1:17:14 |
|           | 51  | 3889 Möhle Benjamin              | ART Düsseldorf            | 3:07:51                    | M40 | 0:37:13 | 0:58:27 | 1:32:10 |
|           | 353 | 2292 Swantusch Marco             | ART Düsseldorf            | 3:38:46                    | M30 | 0:46:30 | 1:08:47 | 1:43:28 |
| <b>10</b> |     | <b>TUSEM Essen</b>               |                           | <b>Gesamtzeit: 9:32:45</b> |     |         |         |         |
|           | 52  | 5929 Plöger Tobias               | TUSEM Essen               | 3:08:07                    | M30 | 0:40:04 | 1:01:23 | 1:26:39 |
|           | 66  | 4956 Dolfen Stefan               | TUSEM Essen               | 3:11:47                    | M55 | 0:41:14 | 1:02:27 | 1:28:05 |
|           | 73  | 3970 Uhlendahl Markus            | TUSEM Essen               | 3:12:51                    | M45 | 0:41:02 | 1:02:21 | 1:29:27 |
| <b>11</b> |     | <b>Team Erdinger Alkoholfrei</b> |                           | <b>Gesamtzeit: 9:33:55</b> |     |         |         |         |
|           | 37  | 3909 Spanier Michael             | Team Erdinger Alkoholfrei | 3:03:52                    | M45 | 0:39:58 | 0:59:35 | 1:24:18 |
|           | 79  | 4521 Rulands Tim                 | Team Erdinger Alkoholfrei | 3:13:16                    | M20 | 0:38:52 | 1:09:53 | 1:24:29 |
|           | 99  | 4986 Freese Simon                | Team Erdinger Alkoholfrei | 3:16:47                    | M40 | 0:46:52 | 1:02:03 | 1:27:51 |

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**Männer**

| Total.    | Nr.                               | Name Vorname               | Verein*/Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|-----------------------------------|----------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>12</b> | <b>LC Duisburg</b>                |                            | <b>Gesamtzeit: 9:43:40</b>  |         |     |         |         |         |
|           | 24                                | 5195 Bükler Stephan        | LC Duisburg                 | 2:59:49 | M20 | 0:37:54 | 0:58:24 | 1:23:31 |
|           | 105                               | 5151 Marquardt Dirk        | LC Duisburg                 | 3:18:04 | M45 | 0:41:56 | 1:04:48 | 1:31:20 |
|           | 164                               | 4595 Weiland Klaus         | LC Duisburg                 | 3:25:47 | M60 | 0:43:23 | 1:06:23 | 1:36:01 |
| <b>13</b> | <b>Triathlon Team Ratingen 08</b> |                            | <b>Gesamtzeit: 9:46:38</b>  |         |     |         |         |         |
|           | 55                                | 4967 Drenker Ditmar        | Triathlon Team Ratingen C   | 3:08:31 | M45 | 0:41:33 | 1:01:35 | 1:25:22 |
|           | 92                                | 2718 Skoerys Michael       | Triathlon Team Ratingen C   | 3:16:12 | M50 | 0:41:40 | 1:03:46 | 1:30:45 |
|           | 130                               | 2723 Smethurst Miles       | Triathlon Team Ratingen C   | 3:21:55 | M45 | 0:42:43 | 1:06:09 | 1:33:02 |
| <b>14</b> | <b>Ausdauerschule by bunert</b>   |                            | <b>Gesamtzeit: 9:49:33</b>  |         |     |         |         |         |
|           | 44                                | 3280 Starrach Carsten      | Ausdauerschule by bunert    | 3:05:31 | M40 | 0:39:29 | 0:59:44 | 1:26:16 |
|           | 103                               | 5110 Packross Michael      | Ausdauerschule by bunert    | 3:17:48 | M50 | 0:41:50 | 1:04:21 | 1:31:35 |
|           | 172                               | 2371 Gülke Thomas          | Ausdauerschule by bunert    | 3:26:14 | M35 | 0:43:52 | 1:07:04 | 1:35:17 |
| <b>15</b> | <b>Krefelder Kanu Klub</b>        |                            | <b>Gesamtzeit: 9:51:36</b>  |         |     |         |         |         |
|           | 18                                | 4836 Peter Detlev          | Krefelder Kanu Klub         | 2:57:00 | M50 | 0:37:28 | 0:57:50 | 1:21:42 |
|           | 97                                | 4226 Kohlhöfer Udo         | Krefelder Kanu Klub         | 3:16:43 | M50 | 0:41:30 | 1:04:27 | 1:30:45 |
|           | 338                               | 2370 Schuster Maik         | Krefelder Kanu Klub         | 3:37:53 | M40 | 0:45:42 | 1:09:40 | 1:42:30 |
| <b>16</b> | <b>Vodafone Runners</b>           |                            | <b>Gesamtzeit: 9:59:35</b>  |         |     |         |         |         |
|           | 104                               | 5371 Beissel Jens          | Vodafone Runners            | 3:18:01 | M40 | 0:41:09 | 1:03:57 | 1:32:55 |
|           | 114                               | 5364 Schwerkolt Thorsten   | Vodafone Runners            | 3:18:47 | M40 | 0:40:30 | 1:05:48 | 1:32:27 |
|           | 135                               | 5331 Konst Theodor         | Vodafone Runners            | 3:22:47 | M45 | 0:40:58 | 1:05:52 | 1:35:56 |
| <b>17</b> | <b>TuS Breitscheid</b>            |                            | <b>Gesamtzeit: 10:01:07</b> |         |     |         |         |         |
|           | 58                                | 5803 Egin-Richter Taner    | TuS Breitscheid             | 3:09:23 | M40 | 0:38:52 | 1:02:21 | 1:28:09 |
|           | 80                                | 5805 Pulla Friedemann      | TuS Breitscheid             | 3:13:19 | M20 | 0:41:39 | 1:04:14 | 1:27:24 |
|           | 348                               | 3227 Nietiet Ralf          | TuS Breitscheid             | 3:38:25 | M45 | 0:46:37 | 1:10:12 | 1:41:35 |
| <b>18</b> | <b>LGO Bochum</b>                 |                            | <b>Gesamtzeit: 10:01:52</b> |         |     |         |         |         |
|           | 46                                | 3289 Pawellek Karsten      | LGO Bochum                  | 3:05:50 | M30 | 0:38:40 | 0:58:36 | 1:28:33 |
|           | 60                                | 2283 Rouhiainen Ristomatti | LGO Bochum                  | 3:10:19 | M30 | 0:41:25 | 1:01:04 | 1:27:49 |
|           | 464                               | 3554 Scheitza Falko        | LGO Bochum                  | 3:45:43 | M50 | 0:46:44 | 1:10:52 | 1:48:07 |
| <b>19</b> | <b>LG Alpen</b>                   |                            | <b>Gesamtzeit: 10:06:27</b> |         |     |         |         |         |
|           | 67                                | 4125 Töller Mike Stefan    | LG Alpen                    | 3:12:02 | M45 | 0:41:07 | 1:02:25 | 1:28:29 |
|           | 76                                | 3435 Fritsch Franz         | LG Alpen                    | 3:13:04 | M60 | 0:41:23 | 1:02:25 | 1:29:15 |
|           | 395                               | 2848 Busch Michael         | LG Alpen                    | 3:41:21 | M45 | 0:46:37 | 1:11:17 | 1:43:26 |
| <b>20</b> | <b>Max Maulwurf Marathonis</b>    |                            | <b>Gesamtzeit: 10:09:10</b> |         |     |         |         |         |
|           | 68                                | 3359 Schürings Armin       | Max Maulwurf Marathonis     | 3:12:14 | M45 | 0:40:17 | 1:02:21 | 1:29:35 |
|           | 162                               | 3363 Kahls Markus          | Max Maulwurf Marathonis     | 3:25:34 | M45 | 0:43:35 | 1:05:02 | 1:36:55 |
|           | 243                               | 3365 Faber Oliver          | Max Maulwurf Marathonis     | 3:31:22 | M40 | 0:49:27 | 1:08:34 | 1:33:20 |
| <b>21</b> | <b>Herner Triathlon Team 11</b>   |                            | <b>Gesamtzeit: 10:09:36</b> |         |     |         |         |         |
|           | 2                                 | 2872 Abbing Sven           | Herner Triathlon Team 11    | 2:42:56 | M30 | 0:34:57 | 0:52:59 | 1:14:59 |
|           | 389                               | 2230 Rosin Marc            | Herner Triathlon Team 11    | 3:40:51 | M40 | 0:46:08 | 1:11:54 | 1:42:47 |
|           | 467                               | 3695 Lohsträter Dirk       | Herner Triathlon Team 11    | 3:45:49 | M45 | 0:44:57 | 1:16:30 | 1:44:21 |
| <b>22</b> | <b>Angerland LT Lintorf</b>       |                            | <b>Gesamtzeit: 10:11:31</b> |         |     |         |         |         |
|           | 47                                | 2253 Dorobeck Burkhard     | Angerland LT Lintorf        | 3:06:16 | M50 | 0:40:46 | 1:00:42 | 1:24:48 |
|           | 120                               | 2562 Brandenburg Martin    | Angerland LT Lintorf        | 3:19:52 | M50 | 0:41:52 | 1:05:56 | 1:32:03 |
|           | 459                               | 2489 Wiechers Andre        | Angerland LT Lintorf        | 3:45:23 | M50 | 0:48:28 | 1:14:07 | 1:42:47 |

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**Männer**

| Total.    | Nr.                                 | Name Vorname                  | Verein*/Ort                 | Endzeit | AK   | 10km    | 15km    | 21.1km  |
|-----------|-------------------------------------|-------------------------------|-----------------------------|---------|------|---------|---------|---------|
| <b>23</b> | <b>BSG Wirtschaftsbetriebe Dbg</b>  |                               | <b>Gesamtzeit: 10:13:27</b> |         |      |         |         |         |
|           | 20                                  | 2653 Horenkamp Jan            | BSG Wirtschaftsbetriebe [   | 2:58:36 | M35  | 0:38:15 | 0:58:10 | 1:22:10 |
|           | 293                                 | 3541 Kleffner Helmut          | BSG Wirtschaftsbetriebe [   | 3:35:12 | M50  | 0:46:07 | 1:10:01 | 1:39:04 |
|           | 370                                 | 2654 Kilian Harald            | BSG Wirtschaftsbetriebe [   | 3:39:39 | M50  | 0:45:21 | 1:12:05 | 1:42:12 |
| <b>24</b> | <b>Feuerstarter</b>                 |                               | <b>Gesamtzeit: 10:17:11</b> |         |      |         |         |         |
|           | 43                                  | 4371 Somberg Stephan          | Feuerstarter                | 3:05:28 | M20  | 0:38:54 | 1:00:19 | 1:26:14 |
|           | 260                                 | 4448 Bours Andreas            | Feuerstarter                | 3:32:27 | M20  | 0:38:34 | 1:16:13 | 1:37:39 |
|           | 363                                 | 4911 Tippel Robert            | Feuerstarter                | 3:39:16 | M50  | 0:45:09 | 1:11:16 | 1:42:50 |
| <b>25</b> | <b>TSV 1863 Herdecke</b>            |                               | <b>Gesamtzeit: 10:17:30</b> |         |      |         |         |         |
|           | 98                                  | 5410 Kubas Thorsten           | TSV 1863 Herdecke           | 3:16:47 | M50  | 0:42:08 | 1:03:41 | 1:30:56 |
|           | 203                                 | 5408 Zeppa Daniel             | TSV 1863 Herdecke           | 3:28:57 | M45  | 0:43:14 | 1:03:32 | 1:42:10 |
|           | 250                                 | 5409 Meiering Carsten         | TSV 1863 Herdecke           | 3:31:46 | M45  | 0:42:35 | 1:08:37 | 1:40:33 |
| <b>26</b> | <b>LT Krefeld-Oppum</b>             |                               | <b>Gesamtzeit: 10:17:52</b> |         |      |         |         |         |
|           | 110                                 | 5626 Kronenberg Edmund        | LT Krefeld-Oppum            | 3:18:26 | M60  | 0:43:10 | 1:04:13 | 1:31:02 |
|           | 191                                 | 3759 Beckmanns Ralf           | LT Krefeld-Oppum            | 3:28:22 | M50  | 0:43:36 | 1:06:55 | 1:37:50 |
|           | 234                                 | 4745 Schmitz Willi            | LT Krefeld-Oppum            | 3:31:04 | M50  | 0:43:35 | 1:06:14 | 1:41:14 |
| <b>27</b> | <b>Eintracht Duisburg 1848 e.V.</b> |                               | <b>Gesamtzeit: 10:19:06</b> |         |      |         |         |         |
|           | 72                                  | 3589 Blank Frederik           | Eintracht Duisburg 1848 e   | 3:12:45 | MU20 | 0:40:05 | 1:02:01 | 1:30:38 |
|           | 166                                 | 4120 Theisen Dr. Oliver       | Eintracht Duisburg 1848 e   | 3:25:53 | M40  | 0:42:34 | 1:04:45 | 1:38:33 |
|           | 384                                 | 3433 Koschlitzki Norbert      | Eintracht Duisburg 1848 e   | 3:40:28 | M50  | 0:46:25 | 1:11:19 | 1:42:42 |
| <b>28</b> | <b>Vodafone Runners</b>             |                               | <b>Gesamtzeit: 10:25:48</b> |         |      |         |         |         |
|           | 152                                 | 5313 Christoph Stefan         | Vodafone Runners            | 3:24:56 | M40  | 0:41:33 | 1:02:51 | 1:40:31 |
|           | 208                                 | 5388 Akbaba Metin             | Vodafone Runners            | 3:29:13 | M40  | 0:44:27 | 1:08:37 | 1:36:08 |
|           | 249                                 | 5359 Markus Christian         | Vodafone Runners            | 3:31:39 | M50  | 0:44:53 | 1:06:51 | 1:39:54 |
| <b>29</b> | <b>TG Neuss</b>                     |                               | <b>Gesamtzeit: 10:28:41</b> |         |      |         |         |         |
|           | 178                                 | 2203 Stahlmann Frank          | TG Neuss                    | 3:27:16 | M50  | 0:44:04 | 1:06:43 | 1:36:28 |
|           | 218                                 | 5832 Sanden Dirk              | TG Neuss                    | 3:29:39 | M40  | 0:45:14 | 1:09:07 | 1:35:17 |
|           | 251                                 | 5833 Schmitz Thomas           | TG Neuss                    | 3:31:46 | M40  | 0:45:22 | 1:07:21 | 1:39:02 |
| <b>30</b> | <b>200PRO GmbH</b>                  |                               | <b>Gesamtzeit: 10:34:16</b> |         |      |         |         |         |
|           | 219                                 | 5519 Bartling Jochen          | 200PRO GmbH                 | 3:29:39 | M45  | 0:44:47 | 1:08:58 | 1:35:53 |
|           | 229                                 | 5557 Möser Ronald             | 200PRO GmbH                 | 3:30:38 | M40  | 0:45:38 | 1:08:41 | 1:36:17 |
|           | 271                                 | 5584 Spiering Frank           | 200PRO GmbH                 | 3:33:59 | M35  | 0:45:53 | 1:08:41 | 1:39:24 |
| <b>31</b> | <b>Lintforter Oldies</b>            |                               | <b>Gesamtzeit: 10:36:02</b> |         |      |         |         |         |
|           | 198                                 | 5947 Marx Udo                 | Lintforter Oldies           | 3:28:43 | M40  | 0:46:12 | 1:05:47 | 1:36:43 |
|           | 232                                 | 3294 Park Alexander           | Lintforter Oldies           | 3:30:55 | M40  | 0:43:58 | 1:07:35 | 1:39:21 |
|           | 313                                 | 5959 Exposito Rodriguez Manue | Lintforter Oldies           | 3:36:24 | M45  | 0:44:26 | 1:10:05 | 1:41:52 |
| <b>32</b> | <b>LC Duisburg</b>                  |                               | <b>Gesamtzeit: 10:36:07</b> |         |      |         |         |         |
|           | 187                                 | 4698 Große Dieter             | LC Duisburg                 | 3:27:48 | M45  | 0:42:50 | 1:06:52 | 1:38:05 |
|           | 263                                 | 4679 Spoden Migo              | LC Duisburg                 | 3:32:42 | M55  | 0:43:56 | 1:08:25 | 1:40:21 |
|           | 302                                 | 5205 Harms Bernd              | LC Duisburg                 | 3:35:37 | M35  | 0:46:06 | 1:10:06 | 1:39:24 |
| <b>33</b> | <b>Team Erdinger Alkoholfrei</b>    |                               | <b>Gesamtzeit: 10:43:50</b> |         |      |         |         |         |
|           | 115                                 | 3212 Wischniewski Markus      | Team Erdinger Alkoholfrei   | 3:18:48 | M45  | 0:42:00 | 1:02:56 | 1:33:50 |
|           | 202                                 | 3766 Schruff Dr. Christian    | Team Erdinger Alkoholfrei   | 3:28:54 | M30  | 0:43:02 | 1:06:54 | 1:38:57 |
|           | 620                                 | 3672 Wirth Peter              | Team Erdinger Alkoholfrei   | 3:56:08 | M50  | 0:48:32 | 1:15:40 | 1:51:55 |

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**Männer**

| Total.    | Nr.                             | Name Vorname          | Verein*/Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|---------------------------------|-----------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>34</b> | <b>Barfuss Bethlehem</b>        |                       | <b>Gesamtzeit: 10:44:06</b> |         |     |         |         |         |
| 112       | 2463                            | Blicke Christian      | Barfuss Bethlehem           | 3:18:36 | M30 | 0:42:05 | 1:04:20 | 1:32:10 |
| 372       | 2467                            | Albrecht Jens         | Barfuss Bethlehem           | 3:39:41 | M55 | 0:47:42 | 1:10:41 | 1:41:17 |
| 468       | 2466                            | Knoppik Uwe           | Barfuss Bethlehem           | 3:45:49 | M60 | 0:48:29 | 1:12:29 | 1:44:50 |
| <b>35</b> | <b>SC Bayer 05 Uerdingen</b>    |                       | <b>Gesamtzeit: 10:44:46</b> |         |     |         |         |         |
| 124       | 4571                            | Woinowski Benjamin    | SC Bayer 05 Uerdingen       | 3:20:23 | M30 | 0:40:36 | 1:03:35 | 1:36:10 |
| 150       | 5720                            | Assmann Manfred       | SC Bayer 05 Uerdingen       | 3:24:37 | M40 | 0:42:10 | 1:06:05 | 1:36:21 |
| 668       | 2720                            | Franke Edgar          | SC Bayer 05 Uerdingen       | 3:59:46 | M55 | 0:49:42 | 1:17:43 | 1:52:20 |
| <b>36</b> | <b>Rumelner TV</b>              |                       | <b>Gesamtzeit: 10:45:08</b> |         |     |         |         |         |
| 156       | 3699                            | Hilmer Jan            | Rumelner TV                 | 3:25:08 | M20 | 0:39:21 | 0:59:04 | 1:46:42 |
| 221       | 3003                            | Markowsky Günter      | Rumelner TV                 | 3:29:43 | M60 | 0:44:47 | 1:08:20 | 1:36:35 |
| 544       | 2514                            | Ehrentraut Heinz-Udo  | Rumelner TV                 | 3:50:17 | M50 | 0:47:41 | 1:15:53 | 1:46:43 |
| <b>37</b> | <b>Bocholter WSV</b>            |                       | <b>Gesamtzeit: 10:46:15</b> |         |     |         |         |         |
| 153       | 2893                            | Vüllings André        | Bocholter WSV               | 3:24:56 | M45 | 0:43:32 | 1:06:46 | 1:34:37 |
| 374       | 2602                            | Kormann Frank         | Bocholter WSV               | 3:39:56 | M50 | 0:46:52 | 1:11:09 | 1:41:55 |
| 397       | 3379                            | Rzyla Adrian          | Bocholter WSV               | 3:41:23 | M40 | 0:48:25 | 1:11:31 | 1:41:26 |
| <b>38</b> | <b>Vodafone Runners</b>         |                       | <b>Gesamtzeit: 10:47:11</b> |         |     |         |         |         |
| 255       | 5348                            | Verma Sachin          | Vodafone Runners            | 3:32:13 | M35 | 0:44:33 | 1:07:48 | 1:39:50 |
| 305       | 5362                            | Malkowsky Andre       | Vodafone Runners            | 3:36:00 | M45 | 0:45:32 | 1:09:28 | 1:41:00 |
| 357       | 5324                            | Ritz Arnold           | Vodafone Runners            | 3:38:58 | M60 | 0:44:48 | 1:12:05 | 1:42:04 |
| <b>39</b> | <b>Tri Team FS Düsseldorf</b>   |                       | <b>Gesamtzeit: 10:47:59</b> |         |     |         |         |         |
| 253       | 3054                            | Osesek Holger         | Tri Team FS Düsseldorf      | 3:31:52 | M50 | 0:38:11 | 1:00:33 | 1:53:07 |
| 299       | 3426                            | Nebe Philipp          | Tri Team FS Düsseldorf      | 3:35:28 | M20 | 0:44:11 | 1:13:28 | 1:37:48 |
| 387       | 2614                            | Dietrich Torben       | Tri Team FS Düsseldorf      | 3:40:39 | M30 | 0:46:03 | 1:12:16 | 1:42:19 |
| <b>40</b> | <b>Ausdauerschule by bunert</b> |                       | <b>Gesamtzeit: 10:49:37</b> |         |     |         |         |         |
| 310       | 3683                            | Schmirbach Andreas    | Ausdauerschule by bunert    | 3:36:14 | M50 | 0:45:16 | 1:09:13 | 1:41:44 |
| 314       | 5190                            | Tzagkarakis Jason     | Ausdauerschule by bunert    | 3:36:24 | M50 | 0:45:10 | 1:09:19 | 1:41:54 |
| 322       | 3553                            | Brandt Helge          | Ausdauerschule by bunert    | 3:36:59 | M40 | 0:47:37 | 1:10:07 | 1:39:14 |
| <b>41</b> | <b>SF Ennepetal</b>             |                       | <b>Gesamtzeit: 10:49:41</b> |         |     |         |         |         |
| 181       | 4515                            | Marquardt Stefan      | SF Ennepetal                | 3:27:26 | M45 | 0:44:38 | 0:59:54 | 1:42:53 |
| 379       | 2612                            | Wacker Michael        | SF Ennepetal                | 3:40:13 | M55 | 0:41:20 | 1:09:04 | 1:49:48 |
| 407       | 4321                            | Altrath Michael       | SF Ennepetal                | 3:42:02 | M55 | 0:46:11 | 1:11:54 | 1:43:55 |
| <b>42</b> | <b>ERGO Sports Düsseldorf</b>   |                       | <b>Gesamtzeit: 10:49:56</b> |         |     |         |         |         |
| 247       | 3686                            | Winter Norbert        | ERGO Sports Düsseldorf      | 3:31:31 | M45 | 0:44:26 | 1:08:37 | 1:38:28 |
| 283       | 2818                            | Neef Hans-Jürgen      | ERGO Sports Düsseldorf      | 3:34:48 | M55 | 0:45:40 | 1:09:19 | 1:39:48 |
| 432       | 2601                            | Boulanger Pierre      | ERGO Sports Düsseldorf      | 3:43:37 | M35 | 0:45:57 | 1:12:47 | 1:44:52 |
| <b>43</b> | <b>LT Wischlingen Dortmund</b>  |                       | <b>Gesamtzeit: 10:50:32</b> |         |     |         |         |         |
| 95        | 4886                            | Rosin Andreas         | LT Wischlingen Dortmund     | 3:16:34 | M50 | 0:43:17 | 1:03:31 | 1:29:45 |
| 354       | 4228                            | Willecke Frank        | LT Wischlingen Dortmund     | 3:38:54 | M50 | 0:45:52 | 1:11:04 | 1:41:57 |
| 605       | 2380                            | Menkhaus Thomas       | LT Wischlingen Dortmund     | 3:55:04 | M40 | 0:49:20 | 1:15:57 | 1:49:46 |
| <b>44</b> | <b>Triathlon Mülheim</b>        |                       | <b>Gesamtzeit: 10:53:28</b> |         |     |         |         |         |
| 85        | 5168                            | Nörtershäuser Philipp | Triathlon Mülheim           | 3:13:59 | M30 | 0:41:42 | 1:02:37 | 1:29:39 |
| 436       | 3802                            | Kubitza Marco         | Triathlon Mülheim           | 3:43:55 | M45 | 0:45:37 | 1:09:52 | 1:48:25 |
| 614       | 3793                            | Wagener Dennis        | Triathlon Mülheim           | 3:55:34 | M35 | 0:49:40 | 1:14:33 | 1:51:20 |

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Männer**

| Total.    | Nr.                                 | Name Vorname             | Verein*/Ort                 | Endzeit | AK   | 10km    | 15km    | 21.1km  |
|-----------|-------------------------------------|--------------------------|-----------------------------|---------|------|---------|---------|---------|
| <b>45</b> | <b>LC Duisburg</b>                  |                          | <b>Gesamtzeit: 10:53:36</b> |         |      |         |         |         |
|           | 331                                 | 3951 Müller Peter        | LC Duisburg                 | 3:37:24 | M65  | 0:47:21 | 1:09:35 | 1:40:27 |
|           | 341                                 | 3721 Bongartz Peter      | LC Duisburg                 | 3:38:03 | M55  | 0:45:51 | 1:16:46 | 1:35:25 |
|           | 342                                 | 4390 Böckmann Carsten    | LC Duisburg                 | 3:38:09 | M45  | 0:47:53 | 1:10:36 | 1:39:40 |
| <b>46</b> | <b>AS Neukirchen-Vluyn</b>          |                          | <b>Gesamtzeit: 10:56:31</b> |         |      |         |         |         |
|           | 116                                 | 5493 Ziemens Timo        | AS Neukirchen-Vluyn         | 3:19:05 | MU18 | 0:43:33 | 1:09:30 | 1:26:01 |
|           | 440                                 | 5477 Barmscheidt Klaus   | AS Neukirchen-Vluyn         | 3:44:10 | M55  | 0:48:30 | 1:13:37 | 1:42:03 |
|           | 580                                 | 5508 Pieves Georg        | AS Neukirchen-Vluyn         | 3:53:16 | M35  | 0:48:07 | 1:14:14 | 1:50:54 |
| <b>47</b> | <b>SV Haldern Lauftreff</b>         |                          | <b>Gesamtzeit: 10:56:41</b> |         |      |         |         |         |
|           | 267                                 | 2583 Te Baay Stefan      | SV Haldern Lauftreff        | 3:33:27 | M40  | 0:43:35 | 1:07:03 | 1:42:48 |
|           | 386                                 | 2121 Sprenger Detlef     | SV Haldern Lauftreff        | 3:40:36 | M55  | 0:48:34 | 1:09:55 | 1:42:06 |
|           | 417                                 | 2604 Kersten Stephan     | SV Haldern Lauftreff        | 3:42:38 | M30  | 0:47:38 | 1:13:10 | 1:41:50 |
| <b>48</b> | <b>SV Viktoria Goch</b>             |                          | <b>Gesamtzeit: 10:58:19</b> |         |      |         |         |         |
|           | 113                                 | 3913 Ingenbleek Johannes | SV Viktoria Goch            | 3:18:43 | M50  | 0:42:16 | 1:04:34 | 1:31:51 |
|           | 330                                 | 3082 Janßen Andreas      | SV Viktoria Goch            | 3:37:19 | M40  | 0:46:04 | 1:09:41 | 1:41:33 |
|           | 710                                 | 4130 Elbers Heinz        | SV Viktoria Goch            | 4:02:17 | M55  | 0:48:35 | 1:18:27 | 1:55:14 |
| <b>49</b> | <b>Marathon Mülheim</b>             |                          | <b>Gesamtzeit: 10:58:21</b> |         |      |         |         |         |
|           | 278                                 | 4440 Poetschke Rainer    | Marathon Mülheim            | 3:34:32 | M45  | 0:46:54 | 1:09:43 | 1:37:53 |
|           | 393                                 | 5257 Köller Peter        | Marathon Mülheim            | 3:41:18 | M50  | 0:45:56 | 1:11:40 | 1:43:40 |
|           | 415                                 | 3220 Gollwitzer Thorsten | Marathon Mülheim            | 3:42:31 | M40  | 0:46:08 | 1:10:11 | 1:46:10 |
| <b>50</b> | <b>Triathlon Team Ratingen 08</b>   |                          | <b>Gesamtzeit: 11:00:38</b> |         |      |         |         |         |
|           | 140                                 | 2919 Köhler Frank        | Triathlon Team Ratingen C   | 3:23:16 | M45  | 0:42:40 | 1:05:40 | 1:34:55 |
|           | 474                                 | 2988 Rüth Jürgen         | Triathlon Team Ratingen C   | 3:46:08 | M50  | 0:48:41 | 1:13:15 | 1:44:11 |
|           | 558                                 | 3093 Terörde Lars        | Triathlon Team Ratingen C   | 3:51:14 | M45  | 0:49:34 | 1:16:59 | 1:44:40 |
| <b>51</b> | <b>LG Coesfeld</b>                  |                          | <b>Gesamtzeit: 11:01:24</b> |         |      |         |         |         |
|           | 197                                 | 5765 Ahrens Rüdiger      | LG Coesfeld                 | 3:28:42 | M50  | 0:43:56 | 1:07:47 | 1:36:58 |
|           | 466                                 | 5764 Stöhler Bernd       | LG Coesfeld                 | 3:45:49 | M50  | 0:48:14 | 1:11:54 | 1:45:40 |
|           | 484                                 | 5758 Stöhler Martin      | LG Coesfeld                 | 3:46:53 | M50  | 0:49:20 | 1:11:53 | 1:45:39 |
| <b>52</b> | <b>LC Duisburg</b>                  |                          | <b>Gesamtzeit: 11:04:31</b> |         |      |         |         |         |
|           | 358                                 | 2850 Ulfers Björn        | LC Duisburg                 | 3:38:59 | M35  | 0:45:59 | 1:10:44 | 1:42:14 |
|           | 396                                 | 3903 Plehnert Michael    | LC Duisburg                 | 3:41:22 | M60  | 0:46:48 | 1:07:43 | 1:46:50 |
|           | 439                                 | 2924 Poetschki Thomas    | LC Duisburg                 | 3:44:10 | M40  | 0:44:29 | 1:10:52 | 1:48:49 |
| <b>53</b> | <b>Ballettschule Müller Castrop</b> |                          | <b>Gesamtzeit: 11:06:54</b> |         |      |         |         |         |
|           | 132                                 | 2812 Welskopf Peter      | Ballettschule Müller Castrc | 3:22:10 | M50  | 0:43:09 | 1:05:50 | 1:33:11 |
|           | 514                                 | 2811 Röschke Jörg        | Ballettschule Müller Castrc | 3:48:32 | M45  | 0:49:10 | 1:13:19 | 1:46:02 |
|           | 623                                 | 2814 Dickes Michael      | Ballettschule Müller Castrc | 3:56:12 | M40  | 0:49:05 | 1:19:30 | 1:47:36 |
| <b>54</b> | <b>Wittlaer Runners</b>             |                          | <b>Gesamtzeit: 11:07:56</b> |         |      |         |         |         |
|           | 289                                 | 3797 Mulder Jan Harm     | Wittlaer Runners            | 3:35:03 | M50  | 0:45:11 | 1:10:26 | 1:39:25 |
|           | 381                                 | 3798 Greuel Thomas       | Wittlaer Runners            | 3:40:16 | M40  | 0:48:44 | 1:11:17 | 1:40:15 |
|           | 573                                 | 3796 Heinrich Dr. Jens   | Wittlaer Runners            | 3:52:37 | M50  | 0:52:09 | 1:21:14 | 1:39:13 |
| <b>55</b> | <b>TRIMET</b>                       |                          | <b>Gesamtzeit: 11:08:14</b> |         |      |         |         |         |
|           | 209                                 | 5475 Savilif Rüdiger     | TRIMET                      | 3:29:16 | M65  | 0:44:39 | 1:08:12 | 1:36:23 |
|           | 509                                 | 5473 Rockensüß Robin     | TRIMET                      | 3:48:16 | M30  | 0:52:38 | 0:57:01 | 1:58:36 |
|           | 548                                 | 5474 Plettau Markus      | TRIMET                      | 3:50:42 | M35  | 0:49:22 | 1:15:22 | 1:45:58 |

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Männer**

| Total.    | Nr.                             | Name Vorname           | Verein/*Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|---------------------------------|------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>56</b> | <b>Team Polizei Duisburg</b>    |                        | <b>Gesamtzeit: 11:10:08</b> |         |     |         |         |         |
| 287       | 5792                            | Beuth Christian        | Team Polizei Duisburg       | 3:35:01 | M35 | 0:45:08 | 1:10:27 | 1:39:26 |
| 445       | 5794                            | Bartels Carsten        | Team Polizei Duisburg       | 3:44:36 | M45 | 0:47:35 | 1:13:18 | 1:43:43 |
| 546       | 5799                            | Höhnhen Thorsten       | Team Polizei Duisburg       | 3:50:31 | M50 | 0:48:00 | 1:14:29 | 1:48:01 |
| <b>57</b> | <b>200PRO GmbH</b>              |                        | <b>Gesamtzeit: 11:14:02</b> |         |     |         |         |         |
| 319       | 5541                            | Hamann Matthias        | 200PRO GmbH                 | 3:36:46 | M35 | 0:46:06 | 1:08:35 | 1:42:04 |
| 476       | 5560                            | Oppers Julian          | 200PRO GmbH                 | 3:46:10 | M20 | 0:48:15 | 1:13:13 | 1:44:40 |
| 555       | 5583                            | Sowa Stephan           | 200PRO GmbH                 | 3:51:06 | M35 | 0:48:45 | 1:15:00 | 1:47:20 |
| <b>58</b> | <b>LC Duisburg</b>              |                        | <b>Gesamtzeit: 11:16:35</b> |         |     |         |         |         |
| 444       | 4127                            | Merkel Klaus           | LC Duisburg                 | 3:44:21 | M35 | 0:48:42 | 1:11:36 | 1:44:02 |
| 450       | 3677                            | Abel Klaus             | LC Duisburg                 | 3:44:50 | M65 | 0:48:54 | 1:11:58 | 1:43:56 |
| 490       | 3914                            | Görtz Dirk             | LC Duisburg                 | 3:47:24 | M45 | 0:50:19 | 1:14:32 | 1:42:32 |
| <b>59</b> | <b>LT Krefeld-Oppum</b>         |                        | <b>Gesamtzeit: 11:16:47</b> |         |     |         |         |         |
| 306       | 4622                            | Bongers Dr. Joern      | LT Krefeld-Oppum            | 3:36:04 | M50 | 0:46:07 | 1:09:39 | 1:40:17 |
| 361       | 3342                            | Hess Rüdiger           | LT Krefeld-Oppum            | 3:39:13 | M55 | 0:46:39 | 1:10:54 | 1:41:39 |
| 698       | 3215                            | Lickes Heinz-Theo      | LT Krefeld-Oppum            | 4:01:30 | M55 | 0:49:55 | 1:18:17 | 1:53:17 |
| <b>60</b> | <b>VIVAWEST</b>                 |                        | <b>Gesamtzeit: 11:17:55</b> |         |     |         |         |         |
| 451       | 5467                            | Müller Martin          | VIVAWEST                    | 3:44:51 | M50 | 0:49:58 | 1:13:36 | 1:41:16 |
| 454       | 5458                            | Mehlmann-Sonnefeld Mar | VIVAWEST                    | 3:45:05 | M40 | 0:50:11 | 1:13:36 | 1:41:18 |
| 501       | 5461                            | Tuncel Turhan          | VIVAWEST                    | 3:47:59 | M45 | 0:50:11 | 1:15:17 | 1:42:30 |
| <b>61</b> | <b>Adler-Langlauf Bottrop</b>   |                        | <b>Gesamtzeit: 11:18:20</b> |         |     |         |         |         |
| 180       | 2797                            | Sobolewski Markus      | Adler-Langlauf Bottrop      | 3:27:24 | M45 | 0:43:51 | 1:08:00 | 1:35:31 |
| 523       | 3839                            | Hartmann Achim         | Adler-Langlauf Bottrop      | 3:49:08 | M45 | 0:48:19 | 1:14:36 | 1:46:12 |
| 705       | 3308                            | Althoff Markus         | Adler-Langlauf Bottrop      | 4:01:48 | M45 | 0:48:31 | 1:16:05 | 1:57:11 |
| <b>62</b> | <b>Ausdauerschule by bunert</b> |                        | <b>Gesamtzeit: 11:21:45</b> |         |     |         |         |         |
| 409       | 5773                            | Guddat Martin          | Ausdauerschule by bunert    | 3:42:14 | M40 | 0:47:11 | 1:11:35 | 1:43:27 |
| 461       | 3668                            | Gebhardt Dirk          | Ausdauerschule by bunert    | 3:45:30 | M55 | 0:48:26 | 1:13:06 | 1:43:57 |
| 591       | 5183                            | Hanke Uwe              | Ausdauerschule by bunert    | 3:54:01 | M45 | 0:50:51 | 1:16:00 | 1:47:09 |
| <b>63</b> | <b>Vodafone Runners</b>         |                        | <b>Gesamtzeit: 11:22:54</b> |         |     |         |         |         |
| 416       | 5368                            | Weissbrich Guido       | Vodafone Runners            | 3:42:36 | M45 | 0:45:56 | 1:10:47 | 1:45:51 |
| 518       | 5312                            | Grabowski Robert       | Vodafone Runners            | 3:48:47 | M45 | 0:48:47 | 1:15:58 | 1:44:00 |
| 560       | 5314                            | Almeida Antonio Paulo  | Vodafone Runners            | 3:51:31 | M45 | 0:50:40 | 1:14:06 | 1:46:44 |
| <b>64</b> | <b>SG Ruhrgas 1929</b>          |                        | <b>Gesamtzeit: 11:24:17</b> |         |     |         |         |         |
| 433       | 5436                            | Schuchmann Tobias      | SG Ruhrgas 1929             | 3:43:44 | M30 | 0:48:05 | 1:10:09 | 1:45:29 |
| 479       | 5439                            | Werner Tobias          | SG Ruhrgas 1929             | 3:46:19 | M30 | 0:48:29 | 1:13:03 | 1:44:47 |
| 595       | 5434                            | Geisel Thomas          | SG Ruhrgas 1929             | 3:54:14 | M50 | 0:50:21 | 1:17:20 | 1:46:32 |
| <b>65</b> | <b>LC Duisburg</b>              |                        | <b>Gesamtzeit: 11:35:13</b> |         |     |         |         |         |
| 493       | 4320                            | Edeler Thorsten        | LC Duisburg                 | 3:47:27 | M45 | 0:47:23 | 1:16:49 | 1:43:14 |
| 584       | 4993                            | Heinrich Peter         | LC Duisburg                 | 3:53:36 | M50 | 0:47:51 | 1:14:24 | 1:51:20 |
| 593       | 3629                            | Kinnauer Michael       | LC Duisburg                 | 3:54:10 | M40 | 0:49:42 | 1:14:36 | 1:49:51 |
| <b>66</b> | <b>LGO Bochum</b>               |                        | <b>Gesamtzeit: 11:36:52</b> |         |     |         |         |         |
| 499       | 3943                            | Seeger Burkhard        | LGO Bochum                  | 3:47:46 | M45 | 0:49:09 | 1:11:47 | 1:46:50 |
| 521       | 3517                            | Filipov Robert         | LGO Bochum                  | 3:49:04 | M40 | 0:48:50 | 1:13:51 | 1:46:22 |
| 670       | 5249                            | Münter Uwe             | LGO Bochum                  | 4:00:02 | M50 | 0:50:31 | 1:18:05 | 1:51:25 |

**Nike Winterlaufserie  
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**Männer**

| Total.    | Nr.                               | Name Vorname                | Verein*/Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|-----------------------------------|-----------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>67</b> | <b>Bocholter WSV</b>              |                             | <b>Gesamtzeit: 11:41:07</b> |         |     |         |         |         |
|           | 456                               | 3992 Eßing Frank            | Bocholter WSV               | 3:45:11 | M45 | 0:49:48 | 1:11:45 | 1:43:36 |
|           | 636                               | 2557 Kребber Norbert        | Bocholter WSV               | 3:57:00 | M50 | 1:04:06 | 1:11:26 | 1:41:27 |
|           | 655                               | 3983 Spogahn Georg          | Bocholter WSV               | 3:58:56 | M60 | 0:50:53 | 1:16:01 | 1:52:01 |
| <b>68</b> | <b>Running Team Grafenberg</b>    |                             | <b>Gesamtzeit: 11:43:37</b> |         |     |         |         |         |
|           | 360                               | 5916 Haack Jürgen           | Running Team Grafenber      | 3:39:11 | M55 | 0:46:36 | 1:10:27 | 1:42:07 |
|           | 651                               | 5601 Kommerasch Markus      | Running Team Grafenber      | 3:58:39 | M30 | 0:51:58 | 1:16:55 | 1:49:45 |
|           | 760                               | 2320 Clabbers Horst         | Running Team Grafenber      | 4:05:47 | M45 | 0:52:33 | 1:20:16 | 1:52:57 |
| <b>69</b> | <b>Vodafone Runners</b>           |                             | <b>Gesamtzeit: 11:47:24</b> |         |     |         |         |         |
|           | 576                               | 5316 Killius Klaus          | Vodafone Runners            | 3:53:08 | M55 | 0:48:45 | 1:14:48 | 1:49:34 |
|           | 619                               | 5357 Bäumer Daniel          | Vodafone Runners            | 3:56:03 | M45 | 0:49:37 | 1:15:08 | 1:51:17 |
|           | 645                               | 5321 Fleuth Ulrich          | Vodafone Runners            | 3:58:13 | M50 | 0:48:55 | 1:16:17 | 1:53:00 |
| <b>70</b> | <b>TuS Breitscheid</b>            |                             | <b>Gesamtzeit: 11:48:25</b> |         |     |         |         |         |
|           | 368                               | 5804 Tischer Norman         | TuS Breitscheid             | 3:39:36 | M35 | 0:45:19 | 1:10:16 | 1:44:00 |
|           | 699                               | 5814 Presser Christian      | TuS Breitscheid             | 4:01:31 | M50 | 0:50:02 | 1:17:29 | 1:53:58 |
|           | 777                               | 5813 Albrecht Rainer        | TuS Breitscheid             | 4:07:18 | M55 | 0:50:35 | 1:18:05 | 1:58:37 |
| <b>71</b> | <b>TV Jahn Hiesfeld</b>           |                             | <b>Gesamtzeit: 11:50:03</b> |         |     |         |         |         |
|           | 552                               | 4271 Timm Jörg              | TV Jahn Hiesfeld            | 3:50:55 | M50 | 0:48:12 | 1:16:25 | 1:46:17 |
|           | 578                               | 4335 Walde, vorm Karl-Heinz | TV Jahn Hiesfeld            | 3:53:11 | M55 | 0:49:54 | 1:17:11 | 1:46:06 |
|           | 762                               | 3623 Kupke Uwe              | TV Jahn Hiesfeld            | 4:05:57 | M55 | 0:51:47 | 1:22:16 | 1:51:54 |
| <b>72</b> | <b>LG Coesfeld</b>                |                             | <b>Gesamtzeit: 11:50:17</b> |         |     |         |         |         |
|           | 508                               | 5767 Teuber Heinz           | LG Coesfeld                 | 3:48:09 | M55 | 0:47:36 | 1:14:07 | 1:46:25 |
|           | 587                               | 5755 Kolm Michael           | LG Coesfeld                 | 3:53:46 | M45 | 0:48:26 | 1:15:31 | 1:49:48 |
|           | 802                               | 5762 Beekmans Uwe           | LG Coesfeld                 | 4:08:22 | M50 | 0:52:48 | 1:18:56 | 1:56:37 |
| <b>73</b> | <b>Angerland LT Lintorf</b>       |                             | <b>Gesamtzeit: 11:51:10</b> |         |     |         |         |         |
|           | 562                               | 4978 Hacker Johann          | Angerland LT Lintorf        | 3:51:47 | M60 | 0:49:30 | 1:15:00 | 1:47:16 |
|           | 659                               | 2142 Machenheimer Arnd      | Angerland LT Lintorf        | 3:59:04 | M30 | 0:51:23 | 1:16:28 | 1:51:12 |
|           | 674                               | 4037 Dernier Andreas        | Angerland LT Lintorf        | 4:00:19 | M45 | 0:50:22 | 1:18:42 | 1:51:14 |
| <b>74</b> | <b>BSG Stadtwerke Duisburg AG</b> |                             | <b>Gesamtzeit: 11:59:06</b> |         |     |         |         |         |
|           | 176                               | 5307 Schmengler Stephan     | BSG Stadtwerke Duisbur      | 3:27:10 | M50 | 0:43:44 | 1:06:52 | 1:36:32 |
|           | 794                               | 5309 Meisenzahl Marius      | BSG Stadtwerke Duisbur      | 4:08:08 | M20 | 0:53:02 | 1:16:47 | 1:58:18 |
|           | 950                               | 5311 Kattelans Dieter       | BSG Stadtwerke Duisbur      | 4:23:48 | M50 | 0:53:31 | 1:21:20 | 2:08:56 |
| <b>75</b> | <b>Vodafone Runners</b>           |                             | <b>Gesamtzeit: 12:00:18</b> |         |     |         |         |         |
|           | 650                               | 5325 Hecker Marcel          | Vodafone Runners            | 3:58:35 | M40 | 0:49:09 | 1:16:15 | 1:53:10 |
|           | 660                               | 5399 Holtmanns Thomas       | Vodafone Runners            | 3:59:12 | M45 | 0:48:21 | 1:20:31 | 1:50:19 |
|           | 712                               | 5356 Vißers Ralf            | Vodafone Runners            | 4:02:31 | M45 | 0:50:14 | 1:19:31 | 1:52:45 |
| <b>76</b> | <b>Kahlenberger HTC</b>           |                             | <b>Gesamtzeit: 12:00:58</b> |         |     |         |         |         |
|           | 446                               | 4509 Buckow Kevin           | Kahlenberger HTC            | 3:44:39 | M30 | 0:45:38 | 1:11:06 | 1:47:54 |
|           | 570                               | 3499 Zieschang Christian    | Kahlenberger HTC            | 3:52:33 | M30 | 0:46:41 | 1:13:30 | 1:52:22 |
|           | 948                               | 3779 Tönges Dennis          | Kahlenberger HTC            | 4:23:46 | M30 | 0:53:50 | 1:25:14 | 2:04:41 |
| <b>77</b> | <b>TVE Burgaltendorf</b>          |                             | <b>Gesamtzeit: 12:01:10</b> |         |     |         |         |         |
|           | 324                               | 2785 Mintrop Johannes       | TVE Burgaltendorf           | 3:37:03 | M50 | 0:45:12 | 1:10:16 | 1:41:33 |
|           | 775                               | 2783 Dietrich Markus        | TVE Burgaltendorf           | 4:06:56 | M45 | 0:47:38 | 1:19:37 | 1:59:40 |
|           | 879                               | 2782 Lelgemann Thomas       | TVE Burgaltendorf           | 4:17:11 | M55 | 0:53:38 | 1:24:11 | 1:59:21 |

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Männer**

| Total.    | Nr.                                   | Name Vorname        | Verein*/Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|---------------------------------------|---------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>78</b> | <b>Ausdauerschule by bunert</b>       |                     | <b>Gesamtzeit: 12:01:51</b> |         |     |         |         |         |
| 626       | 4176                                  | Gesser Michael      | Ausdauerschule by bunert    | 3:56:41 | M40 | 0:48:16 | 1:18:19 | 1:50:05 |
| 662       | 4730                                  | Koblitz Andreas     | Ausdauerschule by bunert    | 3:59:23 | M45 | 0:50:14 | 1:17:02 | 1:52:07 |
| 759       | 3394                                  | Fischer Udo         | Ausdauerschule by bunert    | 4:05:47 | M55 | 0:40:35 | 1:24:37 | 2:00:34 |
| <b>79</b> | <b>Die Stolperer</b>                  |                     | <b>Gesamtzeit: 12:10:03</b> |         |     |         |         |         |
| 535       | 2519                                  | Schatt Olaf         | Die Stolperer               | 3:49:45 | M50 | 0:46:57 | 1:13:12 | 1:49:34 |
| 559       | 2795                                  | Günner Carsten      | Die Stolperer               | 3:51:23 | M45 | 0:47:27 | 1:14:42 | 1:49:13 |
| 993       | 5243                                  | Langer Siegbert     | Die Stolperer               | 4:28:55 | M55 | 0:56:12 | 1:29:25 | 2:03:17 |
| <b>80</b> | <b>AS Neukirchen-Vluyn</b>            |                     | <b>Gesamtzeit: 12:11:26</b> |         |     |         |         |         |
| 706       | 5480                                  | Fretschen Christian | AS Neukirchen-Vluyn         | 4:01:51 | M45 | 0:51:08 | 1:17:04 | 1:53:38 |
| 715       | 5485                                  | Jännert Erich       | AS Neukirchen-Vluyn         | 4:02:47 | M65 | 0:51:39 | 1:19:05 | 1:52:02 |
| 774       | 5478                                  | Fischer Helmuth     | AS Neukirchen-Vluyn         | 4:06:48 | M65 | 0:54:22 | 1:19:17 | 1:53:09 |
| <b>81</b> | <b>LC Duisburg</b>                    |                     | <b>Gesamtzeit: 12:17:22</b> |         |     |         |         |         |
| 676       | 3532                                  | Ossig Rainer        | LC Duisburg                 | 4:00:20 | M50 | 0:51:32 | 1:16:20 | 1:52:27 |
| 797       | 4144                                  | Esser Volker        | LC Duisburg                 | 4:08:15 | M45 | 0:52:19 | 1:20:52 | 1:55:03 |
| 808       | 3535                                  | Schoch Guido        | LC Duisburg                 | 4:08:47 | M35 | 0:50:54 | 1:21:25 | 1:56:27 |
| <b>82</b> | <b>Vodafone Runners</b>               |                     | <b>Gesamtzeit: 12:17:30</b> |         |     |         |         |         |
| 732       | 5332                                  | Schlimme Mario      | Vodafone Runners            | 4:03:40 | M45 | 0:50:30 | 1:18:28 | 1:54:42 |
| 770       | 5323                                  | Rosso Andrea        | Vodafone Runners            | 4:06:23 | M50 | 0:51:04 | 1:22:52 | 1:52:26 |
| 783       | 5366                                  | Iacopetta Michael   | Vodafone Runners            | 4:07:27 | M45 | 0:53:33 | 1:20:46 | 1:53:07 |
| <b>83</b> | <b>200PRO GmbH</b>                    |                     | <b>Gesamtzeit: 12:18:01</b> |         |     |         |         |         |
| 589       | 5543                                  | Hövel Michael       | 200PRO GmbH                 | 3:53:48 | M45 | 0:49:34 | 1:15:24 | 1:48:50 |
| 757       | 3074                                  | Gröber Rüdiger      | 200PRO GmbH                 | 4:05:36 | M60 | 0:50:07 | 1:17:23 | 1:58:05 |
| 892       | 5592                                  | Wisniewski Grzegorz | 200PRO GmbH                 | 4:18:37 | M35 | 0:53:29 | 1:25:20 | 1:59:47 |
| <b>84</b> | <b>Marathonteam-Ratingen</b>          |                     | <b>Gesamtzeit: 12:24:00</b> |         |     |         |         |         |
| 241       | 3590                                  | Rogala Andrzej      | Marathonteam-Ratingen       | 3:31:19 | M55 | 0:45:13 | 1:08:16 | 1:37:49 |
| 841       | 3047                                  | Müller Günter       | Marathonteam-Ratingen       | 4:11:49 | M70 | 0:54:09 | 1:20:51 | 1:56:49 |
| 1075      | 5179                                  | Escher Christoph    | Marathonteam-Ratingen       | 4:40:52 | M45 | 0:57:10 | 1:30:07 | 2:13:34 |
| <b>85</b> | <b>Vodafone Runners</b>               |                     | <b>Gesamtzeit: 12:37:33</b> |         |     |         |         |         |
| 786       | 5336                                  | Ferrigno Simone     | Vodafone Runners            | 4:07:36 | M35 | 0:43:44 | 1:08:48 | 2:15:03 |
| 845       | 5344                                  | Fenske Claus        | Vodafone Runners            | 4:12:28 | M45 | 0:52:20 | 1:22:56 | 1:57:11 |
| 884       | 5382                                  | Busalla Thomas      | Vodafone Runners            | 4:17:29 | M45 | 0:53:19 | 1:23:44 | 2:00:25 |
| <b>86</b> | <b>SG Ruhrgas 1929</b>                |                     | <b>Gesamtzeit: 12:45:21</b> |         |     |         |         |         |
| 700       | 5432                                  | Pohl Hans-Jürgen    | SG Ruhrgas 1929             | 4:01:36 | M50 | 0:50:44 | 1:16:27 | 1:54:25 |
| 871       | 5425                                  | Klinzing Hans-Georg | SG Ruhrgas 1929             | 4:15:52 | M65 | 0:56:40 | 1:23:45 | 1:55:27 |
| 984       | 5421                                  | Grabienski Wolfgang | SG Ruhrgas 1929             | 4:27:53 | M60 | 0:56:25 | 1:27:45 | 2:03:42 |
| <b>87</b> | <b>LC Duisburg</b>                    |                     | <b>Gesamtzeit: 12:45:46</b> |         |     |         |         |         |
| 855       | 5260                                  | Wilmsen Henry       | LC Duisburg                 | 4:13:38 | M55 | 0:51:19 | 1:22:52 | 1:59:26 |
| 864       | 3638                                  | Kinnauer Johannes   | LC Duisburg                 | 4:14:55 | M65 | 0:53:01 | 1:20:30 | 2:01:23 |
| 880       | 5991                                  | Socher Michael      | LC Duisburg                 | 4:17:13 | M50 | 0:54:56 | 1:22:30 | 1:59:46 |
| <b>88</b> | <b>Turnerbund Osterfeld 1911 e.V.</b> |                     | <b>Gesamtzeit: 12:52:53</b> |         |     |         |         |         |
| 608       | 3369                                  | Bierschbach Rainer  | Turnerbund Osterfeld 191    | 3:55:19 | M55 | 0:49:56 | 1:20:44 | 1:44:38 |
| 866       | 3597                                  | Ullrich Armin       | Turnerbund Osterfeld 191    | 4:15:32 | M55 | 0:52:12 | 1:20:44 | 2:02:35 |
| 1085      | 3072                                  | Winkelmann Ulrich   | Turnerbund Osterfeld 191    | 4:42:02 | M60 | 0:59:25 | 1:29:11 | 2:13:25 |



**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Männer**

| Total.    | Nr.                                | Name Vorname             | Verein/*Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|------------------------------------|--------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>89</b> | <b>LC Duisburg</b>                 |                          | <b>Gesamtzeit: 12:54:57</b> |         |     |         |         |         |
|           | 887                                | 2461 Binius Jürgen       | LC Duisburg                 | 4:17:40 | M55 | 0:55:52 | 1:21:52 | 1:59:55 |
|           | 889                                | 4005 Huth Thorsten       | LC Duisburg                 | 4:18:11 | M50 | 0:56:25 | 1:25:17 | 1:56:28 |
|           | 902                                | 3228 Halfmeier Frank     | LC Duisburg                 | 4:19:06 | M45 | 0:55:58 | 1:27:38 | 1:55:28 |
| <b>90</b> | <b>LT Gruiten-Neandertal</b>       |                          | <b>Gesamtzeit: 12:55:01</b> |         |     |         |         |         |
|           | 543                                | 2597 Fiedler Ernst-Oskar | LT Gruiten-Neandertal       | 3:50:17 | M60 | 0:47:52 | 1:13:47 | 1:48:36 |
|           | 1015                               | 5698 Wuesten Christian   | LT Gruiten-Neandertal       | 4:31:37 | M40 | 0:56:43 | 1:27:32 | 2:07:21 |
|           | 1030                               | 4866 Höpfner Otto        | LT Gruiten-Neandertal       | 4:33:07 | M65 | 1:00:11 | 1:28:35 | 2:04:20 |
| <b>91</b> | <b>TuS Hamborn-Neumühl</b>         |                          | <b>Gesamtzeit: 12:59:09</b> |         |     |         |         |         |
|           | 488                                | 2740 Fröde Volker        | TuS Hamborn-Neumühl         | 3:47:15 | M70 | 0:44:52 | 1:10:36 | 1:51:46 |
|           | 862                                | 3498 Bergter Uwe         | TuS Hamborn-Neumühl         | 4:14:45 | M50 | 0:54:39 | 1:23:34 | 1:56:30 |
|           | 1124                               | 3419 Heinrich Uwe        | TuS Hamborn-Neumühl         | 4:57:09 | M70 | 1:01:53 | 1:37:15 | 2:18:01 |
| <b>92</b> | <b>Run4Fun</b>                     |                          | <b>Gesamtzeit: 13:03:10</b> |         |     |         |         |         |
|           | 749                                | 2839 Klötgen Jörg        | Run4Fun                     | 4:05:05 | M45 | 0:54:32 | 1:28:27 | 1:42:06 |
|           | 963                                | 4584 Nöldemann Dieter    | Run4Fun                     | 4:25:15 | M70 | 0:55:38 | 1:24:27 | 2:05:09 |
|           | 1026                               | 2431 Kielmann Roland     | Run4Fun                     | 4:32:50 | M50 | 0:53:59 | 1:31:03 | 2:07:47 |
| <b>93</b> | <b>LC Duisburg</b>                 |                          | <b>Gesamtzeit: 13:04:58</b> |         |     |         |         |         |
|           | 927                                | 5264 Roder Guido         | LC Duisburg                 | 4:21:03 | M50 | 0:55:16 | 1:24:28 | 2:01:18 |
|           | 931                                | 5158 Bayerlein Ralf      | LC Duisburg                 | 4:21:24 | M60 | 0:56:37 | 1:25:31 | 1:59:15 |
|           | 940                                | 3233 Möller Norbert      | LC Duisburg                 | 4:22:31 | M60 | 0:52:29 | 1:26:12 | 2:03:49 |
| <b>94</b> | <b>Ausdauerschule by bunert</b>    |                          | <b>Gesamtzeit: 13:09:58</b> |         |     |         |         |         |
|           | 801                                | 2462 Rost Tobias         | Ausdauerschule by bunert    | 4:08:22 | M35 | 0:46:38 | 1:13:43 | 2:08:00 |
|           | 951                                | 2478 Fiß Martin          | Ausdauerschule by bunert    | 4:23:49 | M50 | 0:52:48 | 1:23:58 | 2:07:02 |
|           | 1061                               | 5785 Jungk Bernd         | Ausdauerschule by bunert    | 4:37:47 | M45 | 0:57:43 | 1:34:36 | 2:05:28 |
| <b>95</b> | <b>TuS Breitscheid</b>             |                          | <b>Gesamtzeit: 13:14:17</b> |         |     |         |         |         |
|           | 896                                | 5807 Wesemann Gerd       | TuS Breitscheid             | 4:18:44 | M65 | 0:56:24 | 1:17:29 | 2:04:50 |
|           | 947                                | 5821 Wache Claus         | TuS Breitscheid             | 4:23:34 | M50 | 0:53:48 | 1:21:25 | 2:08:20 |
|           | 1017                               | 2035 Brosch Reinhard     | TuS Breitscheid             | 4:31:59 | M50 | 0:50:59 | 1:23:32 | 2:17:26 |
| <b>96</b> | <b>200PRO GmbH</b>                 |                          | <b>Gesamtzeit: 13:21:39</b> |         |     |         |         |         |
|           | 957                                | 5577 Schmitz Thomas      | 200PRO GmbH                 | 4:24:21 | M45 | 0:54:13 | 1:24:44 | 2:05:23 |
|           | 973                                | 5527 Buchner Jan         | 200PRO GmbH                 | 4:26:07 | M40 | 0:55:00 | 1:25:31 | 2:05:35 |
|           | 1012                               | 5550 Köning Daniel       | 200PRO GmbH                 | 4:31:11 | M40 | 0:58:55 | 1:28:15 | 2:04:00 |
| <b>97</b> | <b>SV Viktoria Goch</b>            |                          | <b>Gesamtzeit: 13:34:21</b> |         |     |         |         |         |
|           | 835                                | 3382 Tramp Ralf          | SV Viktoria Goch            | 4:11:28 | M55 | 0:56:45 | 1:21:42 | 1:52:59 |
|           | 1050                               | 4049 Kautz Günter        | SV Viktoria Goch            | 4:35:38 | M65 | 0:57:12 | 1:29:06 | 2:09:19 |
|           | 1100                               | 4022 Piontek Jens        | SV Viktoria Goch            | 4:47:15 | M40 | 0:58:14 | 1:34:07 | 2:14:54 |
| <b>98</b> | <b>BSV Kokerei Schwelgern e.v.</b> |                          | <b>Gesamtzeit: 13:37:44</b> |         |     |         |         |         |
|           | 890                                | 4725 Dobberke Frank      | BSV Kokerei Schwelgern e.v. | 4:18:22 | M45 | 0:53:23 | 1:22:14 | 2:02:44 |
|           | 936                                | 4728 Schmitz Torsten     | BSV Kokerei Schwelgern e.v. | 4:22:07 | M45 | 0:52:30 | 1:27:52 | 2:01:43 |
|           | 1125                               | 4980 Kaminski Benni      | BSV Kokerei Schwelgern e.v. | 4:57:15 | M20 | 1:01:50 | 1:36:51 | 2:18:33 |
| <b>99</b> | <b>Vodafone Runners</b>            |                          | <b>Gesamtzeit: 13:45:24</b> |         |     |         |         |         |
|           | 970                                | 5358 Nolte Holger        | Vodafone Runners            | 4:25:51 | M45 | 0:54:12 | 1:24:44 | 2:06:54 |
|           | 1068                               | 5361 Nguyen Pham Quang   | Vodafone Runners            | 4:39:15 | M40 | 0:52:54 | 1:16:15 | 2:30:06 |
|           | 1072                               | 5329 Pieczkowski Waldek  | Vodafone Runners            | 4:40:18 | M40 | 0:56:56 | 1:29:11 | 2:14:11 |

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Männer**

| Total.     | Nr.                     | Name Vorname         | Verein/*Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|------------|-------------------------|----------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>100</b> | <b>TV Jahn Hiesfeld</b> |                      | <b>Gesamtzeit: 13:48:23</b> |         |     |         |         |         |
|            | 842                     | 2417 Niski Klaus     | TV Jahn Hiesfeld            | 4:11:52 | M45 | 0:52:21 | 1:21:03 | 1:58:27 |
|            | 1065                    | 4261 Bolender Werner | TV Jahn Hiesfeld            | 4:38:39 | M45 | 1:00:26 | 1:30:36 | 2:07:35 |
|            | 1129                    | 4717 Fleige Michael  | TV Jahn Hiesfeld            | 4:57:52 | M55 | 0:59:34 | 1:35:22 | 2:22:56 |
| <b>101</b> | <b>SG Ruhrgas 1929</b>  |                      | <b>Gesamtzeit: 14:09:17</b> |         |     |         |         |         |
|            | 1069                    | 5417 Ducke Dennis    | SG Ruhrgas 1929             | 4:39:18 | M35 | 1:11:37 | 1:28:54 | 1:58:45 |
|            | 1084                    | 5433 Rothe Andreas   | SG Ruhrgas 1929             | 4:42:00 | M70 | 0:51:35 | 1:34:32 | 2:15:52 |
|            | 1103                    | 5430 Pathe Jürgen    | SG Ruhrgas 1929             | 4:47:59 | M50 | 1:00:37 | 1:29:34 | 2:17:47 |
| <b>102</b> | <b>Oberhausener TV</b>  |                      | <b>Gesamtzeit: 14:09:27</b> |         |     |         |         |         |
|            | 953                     | 2964 Sonntag Detlef  | Oberhausener TV             | 4:24:06 | M60 | 0:54:19 | 1:25:59 | 2:03:47 |
|            | 1010                    | 2966 Brauer Jürgen   | Oberhausener TV             | 4:30:57 | M55 | 0:58:06 | 1:28:20 | 2:04:30 |
|            | 1154                    | 2968 Ueberall Dirk   | Oberhausener TV             | 5:14:24 | M55 | 1:04:06 | 1:41:36 | 2:28:41 |
| <b>103</b> | <b>200PRO GmbH</b>      |                      | <b>Gesamtzeit: 14:32:37</b> |         |     |         |         |         |
|            | 1032                    | 5823 Lehwald Rainer  | 200PRO GmbH                 | 4:33:27 | M60 | 0:56:25 | 1:27:41 | 2:09:20 |
|            | 1131                    | 5562 Pandinu Marco   | 200PRO GmbH                 | 4:57:55 | M40 | 1:02:35 | 1:36:43 | 2:18:36 |
|            | 1139                    | 5551 Koock Oliver    | 200PRO GmbH                 | 5:01:15 | M40 | 1:02:38 | 1:40:02 | 2:18:34 |

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Frauen**

| Total.    | Nr.                             | Name Vorname                 | Verein/*Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|---------------------------------|------------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>1</b>  | <b>TSV Viktoria Mülheim</b>     |                              | <b>Gesamtzeit: 10:43:12</b> |         |     |         |         |         |
|           | 6                               | 2440 Schimanski Martina      | TSV Viktoria Mülheim        | 3:18:20 | W45 | 0:41:48 | 1:04:40 | 1:31:51 |
|           | 30                              | 2375 Kokozinski Susanne      | TSV Viktoria Mülheim        | 3:41:58 | W50 | 0:46:15 | 1:11:56 | 1:43:46 |
|           | 33                              | 4007 Kels Petra              | TSV Viktoria Mülheim        | 3:42:54 | W50 | 0:46:20 | 1:11:26 | 1:45:07 |
| <b>2</b>  | <b>Renntiere</b>                |                              | <b>Gesamtzeit: 10:53:36</b> |         |     |         |         |         |
|           | 9                               | 3863 Wiethoff Conny          | Renntiere                   | 3:23:11 | W45 | 0:43:07 | 1:05:53 | 1:34:11 |
|           | 11                              | 4391 Müller Susanne          | Renntiere                   | 3:28:59 | W40 | 0:44:46 | 1:08:29 | 1:35:42 |
|           | 103                             | 4822 Papajewski Birgit       | Renntiere                   | 4:01:26 | W55 | 0:49:24 | 1:17:38 | 1:54:23 |
| <b>3</b>  | <b>LC Duisburg</b>              |                              | <b>Gesamtzeit: 11:23:01</b> |         |     |         |         |         |
|           | 40                              | 2976 Arnold Katrin           | LC Duisburg                 | 3:45:30 | W40 | 0:48:03 | 1:13:09 | 1:44:17 |
|           | 43                              | 4294 Simon Iris              | LC Duisburg                 | 3:46:51 | W45 | 0:47:50 | 1:12:46 | 1:46:14 |
|           | 58                              | 2925 Bellwinkel Inga         | LC Duisburg                 | 3:50:40 | W40 | 0:48:06 | 1:13:45 | 1:48:48 |
| <b>4</b>  | <b>SG Borken</b>                |                              | <b>Gesamtzeit: 11:28:23</b> |         |     |         |         |         |
|           | 25                              | 2719 Hölter Agnes            | SG Borken                   | 3:39:50 | W55 | 0:46:33 | 1:11:10 | 1:42:06 |
|           | 54                              | 2128 Schlüter-Michels Marion | SG Borken                   | 3:50:01 | W45 | 0:48:48 | 1:14:47 | 1:46:24 |
|           | 91                              | 4501 Schwering Agnes         | SG Borken                   | 3:58:32 | W55 | 0:50:20 | 1:17:57 | 1:50:14 |
| <b>5</b>  | <b>Adler-Langlauf Bottrop</b>   |                              | <b>Gesamtzeit: 11:32:00</b> |         |     |         |         |         |
|           | 8                               | 5605 Gevers-Lohkamp Petra    | Adler-Langlauf Bottrop      | 3:22:41 | W45 | 0:42:46 | 1:06:01 | 1:33:53 |
|           | 114                             | 2610 Bradering Anja          | Adler-Langlauf Bottrop      | 4:03:36 | W45 | 0:50:30 | 1:18:09 | 1:54:56 |
|           | 124                             | 3596 Skorupa Heike           | Adler-Langlauf Bottrop      | 4:05:43 | W50 | 0:51:39 | 1:19:46 | 1:54:17 |
| <b>6</b>  | <b>SF Ennepetal</b>             |                              | <b>Gesamtzeit: 11:35:16</b> |         |     |         |         |         |
|           | 16                              | 2456 Neuhaus Bianca          | SF Ennepetal                | 3:34:16 | W40 | 0:45:55 | 1:09:03 | 1:39:18 |
|           | 81                              | 2613 Kalthaus Rita           | SF Ennepetal                | 3:56:43 | W40 | 0:50:37 | 1:16:17 | 1:49:48 |
|           | 116                             | 2457 Daus Annette            | SF Ennepetal                | 4:04:17 | W40 | 0:51:53 | 1:19:06 | 1:53:18 |
| <b>7</b>  | <b>Ausdauerschule by bunert</b> |                              | <b>Gesamtzeit: 11:54:22</b> |         |     |         |         |         |
|           | 23                              | 2387 Niggemann Marinja       | Ausdauerschule by bunert    | 3:39:08 | W20 | 0:45:03 | 1:09:45 | 1:44:19 |
|           | 119                             | 4853 Kimmeskamp Birgit       | Ausdauerschule by bunert    | 4:04:40 | W50 | 0:51:09 | 1:19:14 | 1:54:16 |
|           | 142                             | 2576 Schwirtz Nicole         | Ausdauerschule by bunert    | 4:10:34 | W35 | 0:54:46 | 1:22:54 | 1:52:53 |
| <b>8</b>  | <b>Running Team Grafenberg</b>  |                              | <b>Gesamtzeit: 11:56:22</b> |         |     |         |         |         |
|           | 69                              | 2393 Heyder Julia            | Running Team Grafenber      | 3:53:37 | W30 | 0:49:11 | 1:15:57 | 1:48:28 |
|           | 75                              | 5591 Terzis Meike            | Running Team Grafenber      | 3:55:38 | W45 | 0:52:02 | 1:16:14 | 1:47:21 |
|           | 131                             | 5954 Tepel Heike             | Running Team Grafenber      | 4:07:07 | W50 | 0:51:17 | 1:17:28 | 1:58:21 |
| <b>9</b>  | <b>TSV Viktoria Mülheim</b>     |                              | <b>Gesamtzeit: 12:18:39</b> |         |     |         |         |         |
|           | 97                              | 3325 Markhoff Karin          | TSV Viktoria Mülheim        | 3:59:19 | W55 | 0:50:53 | 1:16:28 | 1:51:57 |
|           | 129                             | 4551 Perschke Astrid         | TSV Viktoria Mülheim        | 4:06:41 | W50 | 0:52:11 | 1:18:38 | 1:55:50 |
|           | 157                             | 3773 Szczepanik Maggie       | TSV Viktoria Mülheim        | 4:12:39 | W50 | 0:53:11 | 1:20:40 | 1:58:47 |
| <b>10</b> | <b>LC Duisburg</b>              |                              | <b>Gesamtzeit: 12:24:57</b> |         |     |         |         |         |
|           | 108                             | 5272 Moser Susanne           | LC Duisburg                 | 4:03:02 | W50 | 0:51:49 | 1:17:55 | 1:53:18 |
|           | 132                             | 5241 Richter Dagmar          | LC Duisburg                 | 4:07:32 | W50 | 0:51:15 | 1:17:02 | 1:59:14 |
|           | 169                             | 2724 Weidemann Ulrike        | LC Duisburg                 | 4:14:23 | W50 | 0:52:17 | 1:22:51 | 1:59:14 |
| <b>11</b> | <b>TV Jahn Hiesfeld</b>         |                              | <b>Gesamtzeit: 12:26:23</b> |         |     |         |         |         |
|           | 96                              | 3521 Hoffmann-Meyer Angelika | TV Jahn Hiesfeld            | 3:59:11 | W60 | 0:50:08 | 1:16:10 | 1:52:52 |
|           | 146                             | 2416 Niski Sylvia            | TV Jahn Hiesfeld            | 4:11:06 | W45 | 0:51:37 | 1:21:01 | 1:58:27 |
|           | 175                             | 3906 Kaiser Petra            | TV Jahn Hiesfeld            | 4:16:06 | W55 | 0:54:12 | 1:23:08 | 1:58:44 |

**Nike Winterlaufserie  
des ASV Duisburg 2015  
Große Serie - Mannschaften**

**Frauen**

| Total.    | Nr.                             | Name Vorname                | Verein/*Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|---------------------------------|-----------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>12</b> | <b>200PRO GmbH</b>              |                             | <b>Gesamtzeit: 12:32:50</b> |         |     |         |         |         |
|           | 14                              | 5549 Kömen Barbara          | 200PRO GmbH                 | 3:32:53 | W45 | 0:45:12 | 1:09:32 | 1:38:08 |
|           | 66                              | 5587 Stradiath Sabrina      | 200PRO GmbH                 | 3:52:55 | W20 | 0:48:01 | 1:16:28 | 1:48:25 |
|           | 360                             | 5552 Kosubek Cornelia       | 200Pro GmbH                 | 5:07:02 | W60 | 1:01:46 | 1:38:28 | 2:26:47 |
| <b>13</b> | <b>SV Viktoria Goch</b>         |                             | <b>Gesamtzeit: 12:34:48</b> |         |     |         |         |         |
|           | 133                             | 5985 van Rens Caterina      | SV Viktoria Goch            | 4:07:57 | W35 | 0:51:03 | 1:19:57 | 1:56:56 |
|           | 159                             | 5921 Joosten Renate         | SV Viktoria Goch            | 4:13:12 | W50 | 0:52:25 | 1:21:04 | 1:59:42 |
|           | 163                             | 3164 Tünnissen Sylvia       | SV Viktoria Goch            | 4:13:39 | W40 | 0:53:35 | 1:24:47 | 1:55:16 |
| <b>14</b> | <b>200PRO GmbH</b>              |                             | <b>Gesamtzeit: 12:49:20</b> |         |     |         |         |         |
|           | 144                             | 5547 Kempf Anna-Katharina   | 200PRO GmbH                 | 4:10:54 | W30 | 0:51:40 | 1:22:09 | 1:57:03 |
|           | 166                             | 5559 Nickolay Andrea        | 200PRO GmbH                 | 4:14:12 | W30 | 0:51:58 | 1:22:45 | 1:59:29 |
|           | 216                             | 5536 Geise Steffy           | 200PRO GmbH                 | 4:24:14 | W20 | 0:53:22 | 1:24:03 | 2:06:47 |
| <b>15</b> | <b>Ausdauerschule by bunert</b> |                             | <b>Gesamtzeit: 12:56:11</b> |         |     |         |         |         |
|           | 170                             | 5776 Doss Silke             | Ausdauerschule by bunert    | 4:14:45 | W40 | 0:52:13 | 1:21:44 | 2:00:48 |
|           | 197                             | 5774 Daniel Kerstin         | Ausdauerschule by bunert    | 4:20:27 | W40 | 1:01:08 | 1:35:51 | 1:43:27 |
|           | 204                             | 5178 Metzger Christina      | Ausdauerschule by bunert    | 4:20:59 | W35 | 0:53:11 | 1:25:49 | 2:01:58 |
| <b>16</b> | <b>LC Duisburg</b>              |                             | <b>Gesamtzeit: 13:17:50</b> |         |     |         |         |         |
|           | 200                             | 3285 Risse Kirsten          | LC Duisburg                 | 4:20:42 | W30 | 0:55:07 | 1:23:57 | 2:01:37 |
|           | 229                             | 4943 Borghoff Bianca        | LC Duisburg                 | 4:25:46 | W35 | 1:00:57 | 1:25:21 | 1:59:27 |
|           | 252                             | 4460 Kasch Stefanie         | LC Duisburg                 | 4:31:22 | W45 | 0:57:20 | 1:28:24 | 2:05:38 |
| <b>17</b> | <b>SV Viktoria Goch</b>         |                             | <b>Gesamtzeit: 13:26:53</b> |         |     |         |         |         |
|           | 167                             | 4621 Schankweiler Martina   | SV Viktoria Goch            | 4:14:16 | W50 | 0:53:28 | 1:21:04 | 1:59:43 |
|           | 242                             | 3242 Driessen Ulla          | SV Viktoria Goch            | 4:29:52 | W55 | 0:55:27 | 1:28:28 | 2:05:57 |
|           | 299                             | 3378 Tramp Andrea           | SV Viktoria Goch            | 4:42:45 | W50 | 0:56:47 | 1:32:30 | 2:13:27 |
| <b>18</b> | <b>TV Jahn Hiesfeld</b>         |                             | <b>Gesamtzeit: 13:34:11</b> |         |     |         |         |         |
|           | 196                             | 3947 Risch Bettina          | TV Jahn Hiesfeld            | 4:20:27 | W50 | 0:53:19 | 1:24:33 | 2:02:34 |
|           | 270                             | 3522 Kowalski Magdalene     | TV Jahn Hiesfeld            | 4:35:35 | W55 | 0:58:04 | 1:29:03 | 2:08:26 |
|           | 277                             | 1022 Rentmeister Vanessa    | TV Jahn Hiesfeld            | 4:38:09 | W30 | 0:56:09 | 1:29:42 | 2:12:18 |
| <b>19</b> | <b>LC Duisburg</b>              |                             | <b>Gesamtzeit: 13:59:43</b> |         |     |         |         |         |
|           | 271                             | 4680 Theunißen Tanja        | LC Duisburg                 | 4:35:40 | W40 | 0:58:18 | 1:30:54 | 2:06:28 |
|           | 294                             | 4024 Rätzel Nicolle         | LC Duisburg                 | 4:41:23 | W35 | 0:58:44 | 1:30:11 | 2:12:28 |
|           | 298                             | 2532 Dietrich Elke          | LC Duisburg                 | 4:42:40 | W50 | 0:59:24 | 1:32:21 | 2:10:54 |
| <b>20</b> | <b>SV Viktoria Goch</b>         |                             | <b>Gesamtzeit: 14:17:12</b> |         |     |         |         |         |
|           | 301                             | 3078 Axning Marion          | SV Viktoria Goch            | 4:42:47 | W40 | 0:56:48 | 1:32:31 | 2:13:28 |
|           | 317                             | 3912 Ingenbleek Andrea      | SV Viktoria Goch            | 4:47:10 | W45 | 0:57:43 | 1:34:29 | 2:14:57 |
|           | 318                             | 4291 Hausmann Ines          | SV Viktoria Goch            | 4:47:15 | W35 | 0:58:14 | 1:34:07 | 2:14:54 |
| <b>21</b> | <b>200PRO GmbH</b>              |                             | <b>Gesamtzeit: 14:18:21</b> |         |     |         |         |         |
|           | 273                             | 5588 van Belmont Svenja     | 200PRO GmbH                 | 4:35:55 | W30 | 0:59:57 | 1:30:27 | 2:05:31 |
|           | 290                             | 5523 Blondin Aldona         | 200PRO GmbH                 | 4:41:10 | W45 | 0:59:18 | 1:29:43 | 2:12:09 |
|           | 347                             | 5542 Hoffmann-Güth Stefanie | 200PRO GmbH                 | 5:01:16 | W50 | 1:02:39 | 1:40:02 | 2:18:35 |
| <b>22</b> | <b>Ausdauerschule by bunert</b> |                             | <b>Gesamtzeit: 14:18:52</b> |         |     |         |         |         |
|           | 287                             | 2156 Kasperkowitz Kim       | Ausdauerschule by bunert    | 4:40:13 | W30 | 0:55:06 | 1:27:06 | 2:18:01 |
|           | 316                             | 5775 Herwig Annette         | Ausdauerschule by bunert    | 4:46:48 | W45 | 0:58:17 | 1:38:44 | 2:09:46 |
|           | 330                             | 5950 Mandt Sandra           | Ausdauerschule by bunert    | 4:51:51 | W40 | 1:00:42 | 1:33:38 | 2:17:30 |

**Nike Winterlaufserie  
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Große Serie - Mannschaften**

**Frauen**

| Total.    | Nr.                             | Name Vorname            | Verein/*Ort                 | Endzeit | AK  | 10km    | 15km    | 21.1km  |
|-----------|---------------------------------|-------------------------|-----------------------------|---------|-----|---------|---------|---------|
| <b>23</b> | <b>LC Duisburg</b>              |                         | <b>Gesamtzeit: 14:21:44</b> |         |     |         |         |         |
|           | 303                             | 5160 Johann Regina      | LC Duisburg                 | 4:44:05 | W60 | 0:57:05 | 1:29:50 | 2:17:09 |
|           | 305                             | 5273 Jekubczik Christa  | LC Duisburg                 | 4:44:13 | W60 | 1:00:25 | 1:30:41 | 2:13:06 |
|           | 331                             | 2510 Strauß Petra       | LC Duisburg                 | 4:53:26 | W60 | 1:01:31 | 1:33:11 | 2:18:43 |
| <b>24</b> | <b>DJK Preussen 1911 Bochum</b> |                         | <b>Gesamtzeit: 14:30:51</b> |         |     |         |         |         |
|           | 320                             | 3491 Paulner Ulrike     | DJK Preussen 1911 Boch      | 4:48:58 | W55 | 1:00:18 | 1:32:55 | 2:15:43 |
|           | 324                             | 2675 Wiechern Gabi      | DJK Preussen 1911 Boch      | 4:50:45 | W60 | 0:59:38 | 1:32:56 | 2:18:10 |
|           | 327                             | 2404 Jansen Sabine      | DJK Preussen 1911 Boch      | 4:51:08 | W45 | 1:00:01 | 1:32:56 | 2:18:11 |
| <b>25</b> | <b>LC Duisburg</b>              |                         | <b>Gesamtzeit: 15:05:37</b> |         |     |         |         |         |
|           | 337                             | 2402 Kösseler Petra     | LC Duisburg                 | 4:55:58 | W45 | 1:02:14 | 1:34:20 | 2:19:24 |
|           | 338                             | 4078 Biddermann Martina | LC Duisburg                 | 4:55:59 | W50 | 1:02:14 | 1:34:20 | 2:19:24 |
|           | 365                             | 3536 Schoch Kersten     | LC Duisburg                 | 5:13:40 | W35 | 1:04:56 | 1:42:46 | 2:25:57 |
| <b>26</b> | <b>Ausdauerschule by bunert</b> |                         | <b>Gesamtzeit: 16:04:01</b> |         |     |         |         |         |
|           | 358                             | 2656 Wieners Sandra     | Ausdauerschule by bunert    | 5:05:25 | W40 | 0:59:29 | 1:29:20 | 2:36:35 |
|           | 377                             | 5790 Haas Sonja         | Ausdauerschule by bunert    | 5:28:49 | W35 | 1:07:40 | 1:47:04 | 2:34:04 |
|           | 378                             | 4955 Styrnol Anita      | Ausdauerschule by bunert    | 5:29:47 | W60 | 1:05:46 | 1:48:13 | 2:35:47 |