

Kölner Zoolauf am 11. Juli 2014 - Toplauf - 10.68km

Ergebnisliste Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	771	El Makrini Hakim	LT DSHS	0:36:25	1975 M35	1	0:36:26	05:21 05:55 06:04 06:05 06:17 06:03	3:25 min/km
2	856	Schneider Norbert	Bunert - Der Kölner	0:37:56	0 MHK	1	0:37:57	05:43 06:10 06:17 06:24 06:14 06:25	3:33 min/km
3	796	Klein Christoph	TV Attendorn TRI-TIME	0:39:05	1972 M40	1	0:39:07	06:01 06:32 06:30 06:28 06:30 06:21	3:40 min/km
4	817	Schertel Thomas	Kölner Triathlon Team 01	0:39:39	1986 MHK	2	0:39:39	05:44 06:12 06:34 06:46 06:50 06:49	3:43 min/km
5	387	Dudley Richard	LG Donatus Erfstadt	0:40:29	1961 M50	1	0:40:30	06:22 06:38 06:40 06:36 06:44 06:43	3:47 min/km
6	417	Garenfeld Patrick	*Rheinbach	0:40:29	1980 M30	1	0:40:31	06:08 06:42 06:45 06:44 06:44 06:42	3:48 min/km
7	752	Zellner Markus	Depotrunners Bracht	0:40:39	1977 M35	2	0:40:42	06:00 06:35 06:47 06:52 06:52 06:46	3:48 min/km
8	610	Poischen Thomas	*Pulheim	0:40:43	1970 M40	2	0:40:45	06:05 06:31 06:48 06:50 06:51 06:50	3:49 min/km
9	812	Richter Gerrit	Achims Sportshop	0:41:01	1990 MHK	3	0:41:03	06:08 06:42 06:46 06:50 06:57 06:56	3:50 min/km
10	1024	Behrens Olaf	LC Mengerskirchen	0:41:43	1970 M40	3	0:41:46	06:17 06:49 06:56 07:05 07:04 06:53	3:54 min/km
11	603	Philippen Thomas	Sebamed Running Team	0:41:50	1989 MHK	4	0:41:54	06:06 07:01 07:03 07:01 06:53 06:58	3:55 min/km
12	786	Herrera Felix	Kölner Triathlon Team 01	0:42:34	1989 MHK	5	0:42:35	05:43 06:20 06:47 07:16 07:53 07:45	3:59 min/km
13	563	Mohrmann Moehre	Der Elf und seine Freunde	0:42:53	1973 M40	4	0:42:57	06:25 06:52 07:00 07:13 07:18 07:15	4:01 min/km
14	854	Husemann Georg	*Köln	0:43:38	1968 M45	1	0:43:40	06:27 06:51 07:08 07:25 07:30 07:27	4:05 min/km
15	1203	Jessel Timo	*Bonn	0:43:38	1984 M30	2	0:43:48	06:35 06:57 07:08 07:22 07:29 07:06	4:05 min/km
16	646	Schmitt Uwe	josefineum e.V.	0:43:54	1965 M45	2	0:43:58	07:04 07:11 07:16 07:15 07:18 07:07	4:07 min/km
17	552	Marek Adrian	Für Hürth	0:44:16	1972 M40	5	0:44:28	06:50 07:12 07:20 07:19 07:25 07:25	4:09 min/km
18	791	Isbaner Wolfgang	TSV Bayer 04 Leverkusen	0:44:50	1954 M60	1	0:44:54	06:37 07:17 07:32 07:25 07:39 07:31	4:12 min/km
19	436	Hagemann Udo	TV Witzhelden	0:44:58	1970 M40	6	0:45:01	06:37 07:08 07:22 07:33 07:45 07:43	4:13 min/km
20	1404	Schnur Lukas	*Bergisch Gladbach	0:44:58	1991 MHK	6	0:45:07	07:03 07:15 07:30 07:41 07:30 07:16	4:13 min/km
21	1621	Sascha Rick	*Köln	0:45:08	1993 MHK	7	0:45:13	06:49 07:28 07:33 07:41 07:37 07:20	4:14 min/km
22	577	Nieuwenhuysen Frank	Irrläufer	0:45:14	1985 MHK	8	0:45:20	06:24 07:06 07:16 07:36 07:56 08:05	4:14 min/km
23	1160	Harnisch Florian	*Reichshof	0:45:16	1990 MHK	9	0:45:25	07:00 07:17 07:31 07:40 07:38 07:25	4:14 min/km
24	1514	Zall Michael	*Köln	0:45:21	1993 MHK	10	0:45:38	06:56 07:22 07:33 07:36 07:41 07:29	4:15 min/km
25	1189	Hübner Christian	*Dormagen	0:45:28	1980 M30	3	0:45:37	07:01 07:23 07:32 07:40 07:40 07:29	4:15 min/km
26	521	Kuhr Thomas	BSG Ertfverband	0:45:41	1969 M45	3	0:45:46	06:43 07:25 07:41 07:45 07:49 07:36	4:17 min/km
27	700	Thiesen Carsten	BFRT	0:45:49	1973 M40	7	0:45:53	06:38 07:17 07:39 07:47 07:54 07:47	4:17 min/km
28	760	Arzt Michael	Projekt Rio 2016	0:46:12	1976 M35	3	0:46:17	06:58 07:28 07:40 07:51 07:51 07:35	4:20 min/km
29	665	Schwarze Pascal	Irrläufer	0:46:18	1984 M30	4	0:46:23	06:51 07:33 07:47 08:04 07:48 07:35	4:20 min/km
30	855	Seyfarth Marco	Die flotten Gazellen	0:46:18	1973 M40	8	0:46:22	06:29 07:13 07:38 07:52 08:06 08:09	4:20 min/km
31	517	Kühn Christoph	*Köln	0:46:19	1981 M30	5	0:46:27	07:11 07:33 07:32 07:43 07:55 07:40	4:20 min/km
32	1642	Welke Fabian	*Neunkirchen	0:46:41	1992 MHK	11	0:46:55	07:07 07:44 07:50 07:42 07:40 07:46	4:22 min/km
33	667	Schwert Sascha	LG RWE Power	0:46:41	1987 MHK	12	0:46:43	06:45 07:31 07:40 07:48 07:54 08:06	4:22 min/km
34	368	Burmeister Matthias	*Hürth	0:46:50	1970 M40	9	0:46:50	00:00 00:00 00:00 00:00 00:00 00:00	4:23 min/km
35	1227	Knüchel Benjamin	TuS Weiershagen-Forst 08	0:46:50	1988 MHK	13	0:46:57	06:40 07:16 07:45 08:27 08:19 07:34	4:23 min/km
36	1665	Winkler Jan	DSHS	0:46:59	1992 MHK	14	0:47:11	07:20 07:42 07:53 07:40 07:47 07:51	4:24 min/km
37	1329	Oehler Matthias	*Köln	0:47:00	1985 MHK	15	0:47:11	07:11 07:33 07:35 08:19 07:56 07:36	4:24 min/km
38	1389	Schlösser Wolfgang	*Köln	0:47:08	1962 M50	2	0:47:23	07:05 07:34 07:50 07:56 07:54 07:55	4:25 min/km
39	629	Rottmann Prof. Dr. Peter	*Bonn	0:47:09	1982 M30	6	0:47:10	06:45 07:21 07:47 07:48 07:49 08:34	4:25 min/km
40	1052	Braun Philipp	*Köln	0:47:09	1985 MHK	16	0:47:15	07:04 07:43 07:41 07:55 08:03 08:02	4:25 min/km
41	746	Wollgarten Daniel	TuS 05 Daun Triathlon	0:47:14	1980 M30	7	0:47:24	06:40 07:25 07:44 08:04 08:18 08:11	4:25 min/km
42	1103	Esser Moritz	*Bergisch Gladbach	0:47:15	1994 MHK	17	0:47:23	07:16 07:55 07:56 07:07 07:42 08:26	4:26 min/km
43	513	Kremer Patrick	*Jülich	0:47:16	1985 MHK	18	0:47:17	06:12 07:37 08:07 08:21 08:11 08:03	4:26 min/km
44	664	Schuster David	*Bonn	0:47:24	1986 MHK	19	0:47:26	06:48 07:32 07:48 08:11 08:08 08:05	4:26 min/km
45	1633	Strzelczyk Yannik	*Köln	0:47:45	1992 MHK	20	0:47:54	07:10 07:36 07:49 07:56 08:07 08:13	4:28 min/km
46	1231	König Axel	Hammer Fett Bombe Krass	0:47:45	1986 MHK	21	0:47:54	07:27 08:43 07:50 07:49 07:42 07:38	4:28 min/km
47	470	Hofmann Michael	Hardtseemafia Traithlon	0:47:52	1963 M50	3	0:47:56	07:05 07:43 07:50 08:21 08:03 07:58	4:29 min/km
48	1289	Mengler Till	-	0:47:58	1983 M30	8	0:48:13	07:32 08:04 07:56 07:51 07:54 07:52	4:30 min/km
49	487	Kaib Marcus	*Bergheim	0:48:13	1986 MHK	22	0:48:16	06:56 08:03 08:13 08:19 08:01 07:53	4:31 min/km
50	482	Jörn Colling	FC Deutsche Post	0:48:35	1965 M45	4	0:48:42	07:04 07:46 08:06 08:16 08:15 08:14	4:33 min/km
51	330	Bernhardt Heiko	SONICRUN	0:48:35	1971 M40	10	0:48:43	07:19 07:55 08:07 08:05 08:15 08:05	4:33 min/km
52	426	Gössl Pierre	*Köln	0:48:39	1965 M45	5	0:48:55	07:21 07:40 07:52 08:11 08:23 08:23	4:33 min/km
53	684	Steckel Manfred	TriathlonSteckelCologne	0:48:39	1955 M55	1	0:48:55	07:34 07:54 08:01 08:10 08:09 08:01	4:33 min/km

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54	804	Milz Ralf	Vorwärts Köln	0:49:06	1961	M50	4	0:49:09	07:07	07:41	08:17	08:19	08:25	08:27	4:36 min/km
55	724	Walter Frank	TV Altendorf-Ersdorf	0:49:18	1972	M40	11	0:49:22	06:55	08:04	08:34	08:35	08:25	08:02	4:37 min/km
56	321	Bayer Stephan	LG RWE Power	0:49:22	1962	M50	5	0:49:27	07:12	07:55	08:11	08:20	08:24	08:28	4:37 min/km
57	308	Bachmann Daniel	*Mönchengladbach	0:49:28	1977	M35	4	0:49:41	07:44	08:09	08:18	08:13	08:19	07:53	4:38 min/km
58	1437	Störmann Niklas	*Warstein	0:49:32	1994	MHK	23	0:49:45	07:23	07:53	08:12	08:39	08:56	07:39	4:38 min/km
59	605	Piehler Björn	BSG DEVK Köln	0:49:40	1977	M35	5	0:49:46	07:16	07:59	08:09	08:25	08:36	08:22	4:39 min/km
60	334	Biehl Martin	bsg-bml	0:49:42	1982	M30	9	0:49:51	07:37	08:04	08:13	08:21	08:24	08:16	4:39 min/km
61	309	Bahne Benjamin	*Köln	0:49:47	1984	M30	10	0:49:53	07:15	07:59	08:10	08:26	08:37	08:30	4:40 min/km
62	1545	Fiegler Felix	*Pulheim	0:49:48	1994	MHK	24	0:49:59	07:46	08:21	08:25	08:24	08:09	07:58	4:40 min/km
63	1212	Kalisch Michel	*Köln	0:49:48	1994	MHK	25	0:50:00	07:20	07:46	08:36	08:39	08:29	08:10	4:40 min/km
64	862	Ackermann Sebastian	*Köln	0:49:54	1966	M45	6	0:50:00	07:29	08:12	08:21	08:24	08:31	08:05	4:40 min/km
65	1698	Werner Benjamin	Dünsch	0:49:56	1989	MHK	26	0:49:58	06:30	07:58	08:51	08:46	08:40	08:26	4:41 min/km
66	594	Pabst Robert	*Köln	0:49:57	1988	MHK	27	0:50:05	07:42	08:17	08:33	08:31	08:16	08:00	4:41 min/km
67	1378	Scharffe Simon	*Köln	0:50:04	1984	M30	11	0:50:10	07:17	07:56	08:12	08:30	08:44	08:30	4:41 min/km
68	1423	Siegers Maarten	*Köln	0:50:12	1979	M35	6	0:50:25	07:30	07:52	08:09	08:26	08:37	08:40	4:42 min/km
69	400	Ewertowski Jan	*Köln	0:50:15	1986	MHK	28	0:50:19	07:23	08:12	08:37	08:31	08:22	08:24	4:42 min/km
70	405	Fischedick Manfred	Fischis Running Team	0:50:17	1964	M50	6	0:50:28	07:01	07:45	08:15	08:30	08:46	09:03	4:43 min/km
71	699	Thiemermann Norbert	Kölner Ausdauer- u.	0:50:25	1963	M50	7	0:50:31	07:22	08:03	08:26	08:37	08:38	08:23	4:43 min/km
72	1685	Schäfer Patrick	LG Gummersbach	0:50:36	1969	M45	7	0:50:46	06:59	08:03	08:22	08:39	08:50	08:44	4:44 min/km
73	473	Houben Alexander	*Köln	0:50:37	1988	MHK	29	0:50:40	06:56	08:03	08:14	08:41	09:08	08:46	4:44 min/km
74	1663	Terhoeven Andreas		0:50:42	1993	MHK	30	0:50:54	07:43	08:15	08:14	08:26	08:37	08:37	4:45 min/km
75	1661	Jäger Yannick		0:50:42	1993	MHK	31	0:50:55	07:43	08:16	08:13	08:26	08:28	08:45	4:45 min/km
76	859	Biela Simon	*Köln	0:50:42	1980	M30	12	0:50:48	07:43	08:21	08:30	08:25	08:23	08:26	4:45 min/km
77	604	Pickhardt Heiner	StadtGarde Colonia Ahoj	0:50:46	1963	M50	8	0:50:59	07:44	08:09	08:19	08:29	08:42	08:27	4:45 min/km
78	602	Peter Ronald	HLG 98 Wuppertal	0:50:54	1960	M50	9	0:51:06	07:52	08:19	08:30	08:26	08:32	08:26	4:46 min/km
79	439	Halm Rüdiger	ASV Köln	0:50:56	1983	M30	13	0:51:12	07:14	07:51	08:10	08:38	09:05	08:59	4:46 min/km
80	1703	Mahboub Yassin		0:50:59	1990	MHK	32	0:51:13	07:40	08:19	08:21	08:42	09:11	07:45	4:46 min/km
81	1535	Bühler Sébastien	*Eupen	0:50:59	1994	MHK	33	0:51:13	07:23	07:53	08:12	08:39	08:59	08:53	4:46 min/km
82	1551	García Castillo Asuan	*Hürth	0:51:03	1993	MHK	34	0:51:14	07:27	08:03	08:15	08:24	08:59	08:52	4:47 min/km
83	1618	Repas Ruben	Siegers	0:51:20	1986	MHK	35	0:51:32	07:31	08:09	08:32	08:49	08:56	08:31	4:48 min/km
84	573	Neven Holger	BSG RheinEnergie	0:51:22	1976	M35	7	0:51:31	07:31	08:24	08:31	08:33	08:51	08:42	4:49 min/km
85	1645	Wieland Andreas	*Köln	0:51:23	1989	MHK	36	0:51:32	07:26	08:17	08:32	08:48	08:56	08:25	4:49 min/km
86	534	Liebrich Uwe	*Köln	0:51:56	1959	M55	2	0:52:02	07:41	08:25	08:37	08:43	08:49	08:46	4:52 min/km
87	1242	Krauskopf Alexander	*Köln	0:52:01	1985	MHK	37	0:52:11	07:23	07:56	08:25	08:42	09:40	09:07	4:52 min/km
88	598	Pelz Arne	*Erfstadt	0:52:09	1987	MHK	38	0:52:16	07:21	08:08	08:43	08:54	09:13	08:52	4:53 min/km
89	726	Weber Markus	*Köln	0:52:43	1980	M30	14	0:52:44	06:54	08:18	08:47	09:04	09:25	09:17	4:56 min/km
90	1402	Schneider Ansgar	*Stolberg	0:52:44	1976	M35	8	0:52:59	07:42	08:27	08:44	09:05	09:07	08:51	4:56 min/km
91	824	Spangenberg Martin	*Swisttal	0:52:52	1964	M50	10	0:53:03	07:28	07:55	08:32	09:07	09:27	09:26	4:57 min/km
92	1337	PASHIARDIS PARIS	*Köln	0:52:54	1992	MHK	39	0:53:08	07:39	08:19	08:22	08:47	09:16	08:49	4:57 min/km
93	1542	Eckhardt Nicolas	*Hofheim	0:53:20	1993	MHK	40	0:53:33	07:44	08:20	08:33	08:59	09:47	09:15	4:60 min/km
94	532	Leuning André	Spacepartycrew	0:53:21	1975	M35	9	0:53:32	07:47	08:40	09:01	09:07	09:04	09:01	4:60 min/km
95	696	Theiner Jürgen A.	Team der	0:53:24	1972	M40	12	0:53:41	07:40	08:28	08:50	09:05	09:15	09:05	5:00 min/km
96	586	Oberbörsch Achim	*Bergisch Gladbach	0:53:51	1964	M50	11	0:54:06	07:34	08:24	08:50	09:11	09:32	09:21	5:03 min/km
97	1176	Heuser Philip	*Hürth	0:53:53	1992	MHK	41	0:53:53	17:59	08:24	08:33	08:56	09:01	00:00	5:03 min/km
98	686	Stein Rainer	*Köln	0:54:29	1962	M50	12	0:54:43	07:52	08:33	08:52	09:12	09:28	09:32	5:06 min/km
99	427	Greif Thomas	*Bonn	0:55:20	1964	M50	13	0:55:30	08:27	09:36	10:08	11:16	14:42	00:00	5:11 min/km
100	1674	Krichel Andreas		0:55:48	1964	M50	14	0:55:55	07:23	08:57	09:25	09:32	09:43	09:46	5:14 min/km
101	524	Landmann Dirk	*Erfstadt	0:55:48	1972	M40	13	0:55:56	07:47	08:43	09:00	09:26	09:51	09:58	5:14 min/km
102	1603	Pera Fabian	*Mülheim-Kärlich	0:55:58	1990	MHK	42	0:56:11	07:36	08:45	09:44	09:19	10:00	09:35	5:14 min/km
103	779	Gößling Dr. Tobias	Kleiner Laufangriff	0:58:34	1970	M40	14	0:58:39	07:38	08:53	10:23	10:18	10:51	09:38	5:29 min/km
104	1277	Maksimow Michael	*Frechen	0:58:44	1979	M35	10	0:58:50	07:39	08:50	09:47	10:11	10:57	10:22	5:30 min/km
105	1224	Knaub Waldemar	*Köln	1:01:34	1986	MHK	43	1:01:41	07:12	08:57	11:28	11:35	10:54	10:31	5:46 min/km

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Ergebnisliste Frauen

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	397	Eschweiler Marion	Zoo Saarbrücken	0:45:09	1972	W40	1	0:45:12 06:36 07:15 07:29 07:37 07:47 07:40	4:14 min/km
2	866	Ladwig Tine		0:45:17	1981	W30	1	0:45:20 06:28 07:17 07:35 07:44 07:48 07:34	4:14 min/km
3	858	Geschwandtner Isabella	SI Fitness.de	0:45:57	1977	W35	1	0:46:00 06:44 07:16 07:35 07:45 07:52 07:53	4:18 min/km
4	1662	Bittner Mona		0:47:00	1993	WHK	1	0:47:10 07:26 07:41 07:49 07:42 07:48 07:31	4:24 min/km
5	1368	Roos Bianca	Wsg Bad Marienberg	0:49:01	1975	W35	2	0:49:05 06:59 07:51 08:16 08:23 08:24 08:16	4:35 min/km
6	741	Wippich Sara	Team Erdinger Alkoholfrei	0:50:07	1984	W30	2	0:50:15 07:24 08:02 08:21 08:29 08:35 08:23	4:42 min/km
7	643	Schmidt Tanja	Flotte Gazellen	0:51:08	1976	W35	3	0:51:12 07:13 08:05 08:37 08:45 08:49 08:41	4:47 min/km
8	422	Geyer Sarah	BSG RheinEnergie	0:51:25	1986	WHK	2	0:51:32 07:32 08:24 08:31 08:34 08:50 08:42	4:49 min/km
9	533	Liebrich Simone	*Köln	0:51:56	1966	W45	1	0:52:03 07:41 08:25 08:37 08:43 08:49 08:46	4:52 min/km
10	853	OGuz Svenja	pulsschlag	0:52:12	1981	W30	3	0:52:18 07:21 08:22 08:36 09:06 08:54 08:54	4:53 min/km
11	383	Dietrich Nina	Banarunners	0:53:32	1987	WHK	3	0:53:34 07:51 08:33 09:02 09:21 09:18 08:36	5:01 min/km
12	847	Geisen Nora	Bananarunner	0:53:39	1984	W30	4	0:53:49 07:35 08:17 09:02 09:10 09:31 09:03	5:01 min/km
13	710	Vanderschaeghe Nicole	lt Schneewittchen	0:59:37	1973	W40	2	0:59:48 08:33 10:00 10:18 09:58 09:52 09:57	5:35 min/km
14	553	Marschall Patricia	LT Schneewittchen	1:02:45	1973	W40	3	1:02:53 08:28 10:09 10:26 10:44 11:00 10:49	5:53 min/km