

# Vredener Triathlon am 13. September 2014

## Ergebnisliste

### Sprinttriathlon 500m - 20km - 6km

### Männer

| Platz | Nr. | Name Vorname         | Verein/*Ort              | Endzeit | AK   | Pl. | AKPl. | S  | Schwimmen | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen  |
|-------|-----|----------------------|--------------------------|---------|------|-----|-------|----|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 32  | Heerdts Luca         | Tri Finish Münster       | 0:53:05 | MJUN | 1   | 1     | 1  | 0:06:39   | 1     | 0:29:16 | 1      | 0:35:55  | 4     | 0:17:09 |
| 2     | 26  | Kampkötter Lukas     | Trifinish Münster        | 0:53:35 | M25  | 1   | 3     | 3  | 0:07:14   | 2     | 0:29:39 | 2      | 0:36:53  | 1     | 0:16:41 |
| 3     | 33  | Brammen Oliver       | Triathlon Team Hagen     | 0:53:44 | M20  | 1   | 4     | 4  | 0:07:16   | 3     | 0:29:41 | 3      | 0:36:58  | 3     | 0:16:46 |
| 4     | 30  | Milobinski Kolja     | Triathlon Team TG Witten | 0:55:04 | M25  | 2   | 11    | 11 | 0:07:50   | 6     | 0:30:27 | 8      | 0:38:18  | 2     | 0:16:46 |
| 5     | 14  | Kemmann Raoul        | TSVE 1890 Bielefeld      | 0:55:17 | M45  | 1   | 12    | 12 | 0:08:06   | 4     | 0:29:44 | 4      | 0:37:50  | 5     | 0:17:27 |
| 6     | 34  | Gösmann Richard      | Triathlon TEAM TG        | 0:55:30 | M25  | 3   | 10    | 10 | 0:07:49   | 5     | 0:30:11 | 6      | 0:38:00  | 6     | 0:17:29 |
| 7     | 15  | Hesterwerth Kai      | gebioMized W+F Münster   | 0:56:44 | M20  | 2   | 2     | 2  | 0:07:13   | 8     | 0:30:44 | 5      | 0:37:58  | 9     | 0:18:46 |
| 8     | 16  | Schmeier Roman       | W+F Münster              | 0:57:18 | M25  | 4   | 5     | 5  | 0:07:26   | 7     | 0:30:35 | 7      | 0:38:01  | 11    | 0:19:16 |
| 9     | 101 | Schlenkhoff Moritz   | W+F Münster              | 0:58:24 | M25  | 5   | 23    | 23 | 0:09:19   | 10    | 0:30:57 | 11     | 0:40:17  | 7     | 0:18:06 |
| 10    | 3   | Blaschke Göran       | SC Altenrheine           | 0:59:30 | M35  | 1   | 14    | 14 | 0:08:30   | 18    | 0:31:50 | 12     | 0:40:21  | 10    | 0:19:09 |
| 11    | 76  | Grüter Andreas       | TV Gronau                | 0:59:34 | M45  | 2   | 13    | 13 | 0:08:10   | 19    | 0:32:00 | 10     | 0:40:10  | 12    | 0:19:23 |
| 12    | 97  | Schulze Icking       | LT Union Wessum          | 1:00:12 | M45  | 3   | 38    | 38 | 0:10:30   | 9     | 0:30:56 | 17     | 0:41:26  | 8     | 0:18:45 |
| 13    | 17  | Künsken Carsten      | SV Hullern 68 e.V.       | 1:00:56 | M40  | 1   | 6     | 6  | 0:07:27   | 12    | 0:31:13 | 9      | 0:38:41  | 36    | 0:22:15 |
| 14    | 18  | Dr. Fischer Bernd    | SG TRI POWER             | 1:01:28 | M55  | 1   | 9     | 9  | 0:07:40   | 20    | 0:32:49 | 14     | 0:40:29  | 23    | 0:20:58 |
| 15    | 27  | Steinhagen Olaf      | SuS Stadtlohn Triathlon  | 1:01:45 | M45  | 4   | 18    | 18 | 0:09:00   | 15    | 0:31:29 | 13     | 0:40:29  | 25    | 0:21:16 |
| 16    | 85  | Figur Steve          | TV Gronau Triathlon      | 1:02:01 | M35  | 2   | 30    | 30 | 0:09:49   | 17    | 0:31:45 | 19     | 0:41:34  | 18    | 0:20:26 |
| 17    | 65  | Adams Lee            | Tri-Geckos Dortmund      | 1:02:20 | M45  | 5   | 33    | 33 | 0:10:07   | 13    | 0:31:21 | 18     | 0:41:28  | 19    | 0:20:51 |
| 18    | 22  | Seggewiß Jens        | SAUERESSIG               | 1:02:38 | M20  | 3   | 26    | 26 | 0:09:24   | 21    | 0:32:55 | 22     | 0:42:19  | 17    | 0:20:19 |
| 19    | 5   | Schweiger Rolf       | TV Gronau                | 1:02:44 | M50  | 1   | 20    | 20 | 0:09:07   | 14    | 0:31:28 | 15     | 0:40:36  | 34    | 0:22:08 |
| 20    | 100 | Neuber Moritz        | W+F Münster              | 1:02:45 | M20  | 4   | 29    | 29 | 0:09:32   | 25    | 0:33:27 | 29     | 0:43:00  | 14    | 0:19:45 |
| 21    | 23  | Wagner Thomas        | SG Welper Triathlon      | 1:02:53 | M45  | 6   | 16    | 16 | 0:08:43   | 24    | 0:33:15 | 20     | 0:41:58  | 22    | 0:20:54 |
| 22    | 96  | Hollweg Andreas      | TRI POWER Rhein- Sieg    | 1:02:55 | M45  | 7   | 28    | 28 | 0:09:25   | 23    | 0:33:15 | 24     | 0:42:40  | 16    | 0:20:14 |
| 23    | 102 | de Witte Frank       | TV Goch                  | 1:03:11 | M50  | 2   | 32    | 32 | 0:10:04z  | 11    | 0:31:12 | 16     | 0:41:17  | 29    | 0:21:54 |
| 24    | 72  | Weissner Martin      | W+F Münster              | 1:03:56 | M35  | 3   | 34    | 34 | 0:10:19   | 30    | 0:33:49 | 32     | 0:44:09  | 15    | 0:19:47 |
| 25    | 19  | Hassenkamp Ralf      | SV Hullern 68            | 1:04:13 | M50  | 3   | 27    | 27 | 0:09:25   | 22    | 0:33:04 | 23     | 0:42:29  | 28    | 0:21:43 |
| 26    | 69  | Wenzel Ingmar        | Sparkasse                | 1:04:37 | M35  | 4   | 17    | 17 | 0:08:51   | 43    | 0:36:06 | 34     | 0:44:58  | 13    | 0:19:39 |
| 27    | 99  | Kimml Christian      | SV Hullern 68            | 1:04:47 | M45  | 8   | 31    | 31 | 0:09:57   | 31    | 0:33:56 | 31     | 0:43:53  | 21    | 0:20:53 |
| 28    | 81  | Wissing Martin       | TSV Bocholt              | 1:05:03 | M45  | 9   | 37    | 37 | 0:10:28   | 16    | 0:31:44 | 21     | 0:42:12  | 45    | 0:22:50 |
| 29    | 82  | Ernst Michael        | Tri Finish Münster       | 1:05:23 | M50  | 4   | 24    | 24 | 0:09:21   | 27    | 0:33:30 | 26     | 0:42:51  | 40    | 0:22:31 |
| 30    | 25  | Kalkreuter Matthias  | Tri Team TG Lage         | 1:05:26 | M25  | 6   | 7     | 7  | 0:07:32   | 36    | 0:35:26 | 28     | 0:42:58  | 39    | 0:22:28 |
| 31    | 8   | Hölbling Franz-Josef | Tri-Geckos Dortmund      | 1:05:32 | M50  | 5   | 22    | 22 | 0:09:18   | 28    | 0:33:31 | 25     | 0:42:49  | 43    | 0:22:42 |
| 32    | 90  | van der Aa Klaus     | TV-Vreden-Wasserball     | 1:05:40 | M50  | 6   | 8     | 8  | 0:07:35   | 35    | 0:35:18 | 27     | 0:42:53  | 44    | 0:22:47 |
| 33    | 93  | Pierick Wolfgang     | DJK Coesfeld             | 1:06:04 | M50  | 7   | 21    | 21 | 0:09:08   | 32    | 0:34:20 | 30     | 0:43:28  | 41    | 0:22:36 |
| 34    | 86  | Fleige Manfred       | Tv Vreden Laufftreff     | 1:06:11 | M50  | 8   | 46    | 46 | 0:11:50   | 26    | 0:33:29 | 38     | 0:45:19  | 20    | 0:20:52 |
| 35    | 70  | Wiegering Jörg       | Ahaus                    | 1:06:31 | M35  | 5   | 45    | 45 | 0:11:45   | 29    | 0:33:45 | 39     | 0:45:30  | 24    | 0:21:00 |
| 36    | 29  | Kuberka Alexander    | Team Magic               | 1:07:09 | M35  | 6   | 36    | 36 | 0:10:26   | 33    | 0:34:35 | 36     | 0:45:01  | 33    | 0:22:07 |
| 37    | 78  | Schaible Lars        | *                        | 1:07:15 | M20  | 5   | 19    | 19 | 0:09:03   | 42    | 0:35:58 | 35     | 0:45:01  | 35    | 0:22:14 |
| 38    | 21  | Steffe Roland        | Ejot team TV Buschhütten | 1:07:44 | M55  | 2   | 15    | 15 | 0:08:31   | 40    | 0:35:53 | 33     | 0:44:24  | 47    | 0:23:20 |
| 39    | 87  | Höwekenmeier Thomas  | SV Hullern 68 e.V.       | 1:08:03 | M50  | 9   | 25    | 25 | 0:09:23   | 37    | 0:35:38 | 37     | 0:45:02  | 46    | 0:23:00 |
| 40    | 77  | Westemeier Georg     | SC CONCORDIA             | 1:08:17 | M30  | 1   | 35    | 35 | 0:10:26   | 39    | 0:35:45 | 40     | 0:46:11  | 32    | 0:22:06 |
| 41    | 105 | Laurich Ralf         | *                        | 1:08:24 | M30  | 2   | 47    | 47 | 0:11:53   | 34    | 0:35:10 | 41     | 0:47:04  | 26    | 0:21:20 |
| 42    | 73  | Volks Markus         | *                        | 1:08:42 | M30  | 3   | 43    | 43 | 0:11:12   | 41    | 0:35:54 | 42     | 0:47:06  | 27    | 0:21:35 |
| 43    | 63  | Spies Leen           | Astylos Tiel (NL.)       | 1:10:49 | M65  | 1   | 40    | 40 | 0:11:03   | 44    | 0:36:13 | 44     | 0:47:17  | 49    | 0:23:31 |
| 44    | 62  | Niemann Dr. Horst    | SUS Darne                | 1:11:23 | M60  | 1   | 44    | 44 | 0:11:33   | 38    | 0:35:42 | 43     | 0:47:15  | 50    | 0:24:07 |
| 45    | 79  | Tenbreul Hermann     | Union Wessum             | 1:11:57 | M55  | 3   | 39    | 39 | 0:10:47   | 47    | 0:38:45 | 45     | 0:49:32  | 38    | 0:22:25 |
| 46    | 106 | Warners Manuel       | LG Coesfeld              | 1:12:38 | M20  | 6   | 42    | 42 | 0:11:06   | 50    | 0:39:31 | 47     | 0:50:38  | 30    | 0:22:00 |
| 47    | 11  | Bernhardt Joachim    | Post SV Düsseldorf       | 1:12:55 | M65  | 2   | 48    | 48 | 0:12:26   | 46    | 0:38:12 | 48     | 0:50:38  | 37    | 0:22:17 |
| 48    | 74  | Laing Manfred        | Triathlon Union Wessum   | 1:13:07 | M55  | 4   | 50    | 50 | 0:13:40   | 45    | 0:37:24 | 49     | 0:51:04  | 31    | 0:22:02 |
| 49    | 94  | Ludwig Christian     | Bechinner                | 1:13:46 | M45  | 10  | 41    | 41 | 0:11:05   | 49    | 0:39:16 | 46     | 0:50:21  | 48    | 0:23:24 |
| 50    | 89  | Knappe Lucas         | *                        | 1:15:14 | M25  | 7   | 51    | 51 | 0:13:41   | 48    | 0:38:52 | 50     | 0:52:33  | 42    | 0:22:40 |
| 51    | 92  | Grothus Andreas      | *                        | 1:20:16 | M50  | 10  | 49    | 49 | 0:12:30   | 51    | 0:42:11 | 51     | 0:54:41  | 51    | 0:25:34 |
| 52    | 95  | Terwey Rainer        | Bechinner                | 1:33:02 | M50  | 11  | 52    | 52 | 0:17:35   | 52    | 0:46:27 | 52     | 1:04:03  | 52    | 0:28:59 |

# Vredener Triathlon am 13. September 2014

## Ergebnisliste

### Sprinttriathlon 500m - 20km - 6km

### Frauen

| Platz | Nr. | Name Vorname        | Verein/*Ort        | Endzeit | AK  | Pl. | AKPl. | S  | Schwimmen | Pl. | R       | Rad | Pl.n.R  | nach Rad | Pl.     | L | Laufen |
|-------|-----|---------------------|--------------------|---------|-----|-----|-------|----|-----------|-----|---------|-----|---------|----------|---------|---|--------|
| 1     | 13  | Kortmann Tatjana    | Triathlon TEAM TG  | 1:03:04 | W25 | 1   | 1     | 1  | 0:07:59   | 1   | 0:33:38 | 1   | 0:41:38 | 1        | 0:21:26 |   |        |
| 2     | 12  | Gerling Denise      | SC Altenrheine     | 1:06:25 | W30 | 1   | 2     | 2  | 0:08:39   | 2   | 0:33:43 | 2   | 0:42:23 | 2        | 0:24:01 |   |        |
| 3     | 66  | Grabowsky Christina | *                  | 1:08:07 | W35 | 1   | 3     | 3  | 0:09:24   | 3   | 0:35:38 | 3   | 0:45:03 | 3        | 0:23:04 |   |        |
| 4     | 1   | Rudolph-Meier       | SC Altenrheine     | 1:10:53 | W45 | 1   | 4     | 4  | 0:10:11   | 4   | 0:36:02 | 4   | 0:46:14 | 4        | 0:24:38 |   |        |
| 5     | 2   | König Ingrid        | SC Altenrheine     | 1:12:38 | W50 | 1   | 10    | 10 | 0:11:59   | 5   | 0:37:31 | 5   | 0:49:31 | 5        | 0:23:07 |   |        |
| 6     | 83  | Schilke Christina   | *                  | 1:13:32 | W30 | 2   | 9     | 9  | 0:11:51   | 7   | 0:38:21 | 6   | 0:50:13 | 6        | 0:23:18 |   |        |
| 7     | 80  | Wissing Carola      | TSV Bocholt        | 1:14:26 | W45 | 2   | 11    | 11 | 0:12:41   | 6   | 0:38:01 | 7   | 0:50:42 | 7        | 0:23:43 |   |        |
| 8     | 103 | Fischer Karen       | Greifenstein       | 1:16:17 | W50 | 2   | 6     | 6  | 0:10:50   | 9   | 0:42:43 | 9   | 0:53:34 | 9        | 0:22:43 |   |        |
| 9     | 67  | Frenker Monika      | RC Vorwärts Speyer | 1:20:15 | W30 | 3   | 7     | 7  | 0:11:25   | 8   | 0:41:00 | 8   | 0:52:26 | 8        | 0:27:48 |   |        |
| 10    | 98  | Niemann Martina     | SuS Darne          | 1:21:08 | W55 | 1   | 13    | 13 | 0:14:23   | 10  | 0:43:00 | 12  | 0:57:24 | 12       | 0:23:43 |   |        |
| 11    | 24  | Brune Miriam        | Tri Team TG Lage   | 1:21:23 | W20 | 1   | 5     | 5  | 0:10:19   | 11  | 0:43:46 | 10  | 0:54:06 | 10       | 0:27:16 |   |        |
| 12    | 104 | Lupfer Johanna      | *                  | 1:22:32 | W40 | 1   | 8     | 8  | 0:11:29   | 12  | 0:44:32 | 11  | 0:56:02 | 11       | 0:26:30 |   |        |
| 13    | 75  | Fieren Ines         | *                  | 1:25:13 | W35 | 2   | 12    | 12 | 0:12:41   | 13  | 0:45:42 | 13  | 0:58:24 | 13       | 0:26:49 |   |        |