

# 10km - Gesamtwertung

# 8. Bickendorfer Büdchenlauf - 28.09.2014

## Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
1	1306	Fricke Marc	Non-Stop-Ultra Brakel	0:33:38	0:33:39	1	M40	74	07:51	08:35	08:36	08:35		
2	1512	Herrera Felix		0:37:47	0:37:48	1	MHK	89	08:54	09:45	09:44	09:23		
3	708	Hemmelrath Markus	AXA Marathon Team Germany	0:37:56	0:37:58	2	M40	73	08:47	09:42	09:50	09:35		
4	69	Schneider Dr. Guido	ASV Sankt Augustin	0:37:58	0:38:02	1	M45	69	08:56	09:43	09:47	09:32		
5	859	Maak Sören	*Köln	0:38:05	0:38:06	1	M30	83	08:56	09:44	09:46	09:38		
6	1545	Wilmes Heiko		0:38:31	0:38:33	2	M45	69	08:36	09:48	09:56	10:10		
7	1348	Kamp Marcel	LG RWE Power	0:38:42	0:38:45	2	MHK	85	08:56	09:42	09:55	10:09		
8	1247	Riefe Sebastian		0:39:27	0:39:29	1	M35	78	09:02	10:09	10:15	09:59		
9	218	Kiehle DR Christian	Laktatwiesel	0:39:47	0:39:48	2	M35	76	08:55	10:11	10:20	10:18		
10	726	Salewska Boris	Laufmonster	0:40:10	0:40:11	3	M40	73	09:02	10:23	10:29	10:14		
11	1346	Liening Simon	*Köln	0:40:56	0:40:58	3	MHK	86	09:03	10:36	10:53	10:23		
12	845	Kresimon Johannes	Crazymoon	0:41:06	0:41:09	3	M45	69	09:37	10:29	10:42	10:17		
13	143	Oelmaier Tobias	BSG Stadt Köln	0:41:17	0:41:19	4	M45	67	08:59	10:24	10:52	11:01		
14	903	Schaffarczyk Bernd	*Köln	0:41:30	0:41:32	1	M50	60	09:36	10:45	10:44	10:23		
15	214	Hanrath Max Luis	*Münster	0:41:39	0:41:51	4	MHK	94	08:59	10:40	11:10	10:48		
16	523	Moritz Ralf	*Köln	0:41:58	0:42:05	5	M45	68	09:12	10:32	11:11	11:01		
17	38	Thissen Gregor	*Bedburg	0:42:01	0:42:08	3	M35	76	09:32	10:22	10:47	11:19		
18	379	Gossling Reinhard	*Köln	0:42:07	0:42:13	4	M40	72	09:22	10:40	11:00	11:03		
19	457	Bokscho Michael	LLG Nordpark	0:42:25	0:42:30	1	M55	58	09:38	10:44	11:04	10:59		
20	509	Buhr Holger	RSV Staubwolke Refrath	0:42:27	0:42:34	5	M40	74	09:14	10:53	11:08	11:10		
21	1270	Offer Thorsten		0:42:33	0:42:37	5	MHK	87	09:02	10:54	11:15	11:21		
22	1553	Kistner Axel	*Köln	0:42:36	0:42:45	6	M40	73	09:27	10:31	11:06	11:30		
23	1336	Hamilton Alistair		0:42:42	0:42:46	4	M35	78	09:25	10:54	11:22	11:00		
24	385	Hoven Thorsten	*Köln	0:43:00	0:43:24	2	M30	83	10:23	10:55	11:03	10:38		
25	458	Keil Oliver	Waldseehaie Langen	0:43:04	0:43:07	6	M45	65	09:33	10:57	11:12	11:20		
26	174	Rothenpieler Dennis	*Köln	0:43:30	0:44:04	3	M30	84	10:38	10:51	11:02	10:58		
27	756	Lamberz Yannik	DJK Roland west	0:43:33	0:43:34	1	MU1	99	09:35	10:57	11:14	11:46		
28	982	Marks Bastian	SV Königshofen	0:43:45	0:43:49	4	M30	84	09:38	11:10	11:34	11:22		
29	368	Faßbender Christian	ASV Köln Triathlon	0:43:48	0:43:52	7	M40	72	09:38	11:10	11:34	11:25		
30	1519	Bäker Thomas		0:43:51	0:43:54	2	M50	64	09:50	11:13	11:30	11:17		
31	1582	Waak Jens		0:44:13	0:44:16	5	M35	79	09:21	11:24	11:47	11:41		
32	1550	Kossen Andreas		0:44:14	0:44:22	7	M45	69	09:59	11:14	11:18	11:42		
33	1520	Kreft Stefan		0:44:16	0:44:39	6	M35	79	10:29	11:15	11:12	11:19		
34	1295	Truemner Heiko	1. fc koeln	0:44:21	0:44:31	7	M35	79	09:56	11:24	11:35	11:23		
35	134	Eibach DR Tilman	*Köln	0:44:33	0:44:45	8	M35	75	09:58	11:18	11:46	11:29		
36	1571	Berger Peter	*Köln	0:44:35	0:45:01	2	M55	59	10:12	11:14	11:30	11:36		
37	1508	Butscheid Sebastian		0:44:45	0:44:50	5	M30	81	09:38	11:16	11:49	12:02		
38	1288	Bosbach Gerd	ESV Gremberghoven	0:44:50	0:45:05	1	M60	53	10:18	11:19	11:33	11:39		
39	18	Mueller Andreas	respect animals	0:44:55	0:45:06	8	M45	69	09:42	11:13	12:00	12:00		
40	110	Weibel Carsten	*Marl	0:44:58	0:45:20	6	M30	83	10:34	11:33	11:23	11:26		
41	957	Schäffer Moritz	*Köln	0:44:59	0:45:22	6	MHK	88	10:03	11:31	11:50	11:33		
42	179	Jauk Alexander	Julias 12. Mann	0:44:59	0:45:08	9	M35	76	10:15	11:41	11:50	11:11		
43	1065	Könsgen Raoul		0:45:02	0:45:19	7	MHK	89	10:20	11:15	11:35	11:51		
44	1345	Liever Frank	*Langenfeld	0:45:04	0:45:15	10	M35	76	10:14	11:15	11:49	11:45		
45	313	Lülf Manfred	Valium i.V.	0:45:10	0:45:27	3	M55	56	10:51	11:27	11:28	11:24		
46	840	Limberg Nils	kölsche Rennschnecken	0:45:12	0:45:55	1	MU2	96	11:06	11:35	11:34	10:55		
47	1271	Tolle Leif		0:45:22	0:45:47	11	M35	75	10:32	11:28	11:57	11:24		
48	1187	Topal Abdullah	S.V.B.G	0:45:24	0:45:48	8	MHK	94	10:56	11:24	11:33	11:29		
49	1584	Osbahr Sven	*Köln	0:45:37	0:45:41	9	M45	66	10:12	11:35	11:56	11:53		
50	330	Beila Simon	*Köln	0:45:37	0:45:43	7	M30	80	10:24	11:24	11:46	12:02		
51	1517	Vogt Harald	Alemannia Aachen	0:45:46	0:45:58	8	M40	71	10:19	11:45	11:51	11:49		
52	100	Klein André	*KÖLN	0:45:56	0:46:23	12	M35	76	10:54	11:28	11:43	11:49		
53	0	unbekannt DZ1KMPZ		0:46:01	0:46:05	9	MHK		10:10	11:40	12:10	11:59		
54	309	Terbrüggen Tom Leonard	*Koeln	0:46:03	0:46:42	10	MHK	94	12:36	11:49	11:12	10:24		
55	702	Pfeiffer Axel	SV AXA Köln e.V.	0:46:05	0:46:20	9	M40	74	10:20	11:43	12:07	11:54		
56	89	Kuthe Thorsten	*Köln	0:46:09	0:46:39	10	M40	72	10:46	11:46	11:55	11:41		
57	1063	Hübener Peter		0:46:09	0:46:34	8	M30	83	10:34	11:40	12:01	11:52		
58	783	Löpki Dirk	*Köln	0:46:10	0:46:20	3	M50	63	10:48	11:54	11:55	11:32		
59	2701	Frye Matthias	*Düsseldorf	0:46:12	0:46:24	10	M45	66	10:11	11:47	12:06	12:06		
60	841	Brenner Paul	kölsche Rennschnecken	0:46:14	0:46:56	2	MU2	96	11:05	11:33	11:55	11:40		

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## Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
61	1188	Parlasca Martin		0:46:23	0:46:46	11	MHK	90	11:05	11:51	12:01	11:25	
62	1964	Boes-Schulte Michael	*Köln	0:46:23	0:46:38	4	M50	64	10:31	11:51	12:06	11:54	
63	47	Kruse Sebastian	*Köln	0:46:29	0:46:53	9	M30	83	10:34	11:36	12:04	12:14	
64	825	Siekiera Steffen	run for free	0:46:33	0:46:56	10	M30	84	11:01	11:59	12:03	11:29	
65	289	Finger Kalle	BSG Stadt Köln	0:46:38	0:46:49	1	M65	47	10:35	11:47	12:04	12:11	
66	115	Kreusch Harald	Fast Foots Cologne	0:46:44	0:47:03	5	M50	62	10:50	11:52	11:56	12:04	
67	532	Bahlo Nils	ASV Laufftreff	0:46:44	0:47:01	11	M30	83	10:35	12:09	12:11	11:48	
67	1511	Stula Sebastian	Turboschnecken	0:46:44	0:47:00	13	M35	79	10:55	12:07	11:59	11:42	
69	1341	Knaut Andreas	Clüb Emmesen	0:46:46	0:46:52	12	MHK	86	09:53	12:04	12:30	12:18	
70	1308	Zito Giuseppe		0:46:50	0:47:07	11	M40	74	10:52	11:46	12:14	11:57	
71	534	Harriers Holger	Laktatkönige	0:46:59	0:47:04	6	M50	63	10:28	12:10	12:19	12:01	
72	1246	Kierst Oliver	ASV	0:47:10	0:47:42	14	M35	76	10:54	12:00	12:08	12:06	
73	224	Vianden Wolfgang	andare sport	0:47:17	0:47:39	11	M45	65	11:00	11:56	12:16	12:04	
74	1	Achten Bernhard	Kölner Narrenzunft	0:47:18	0:47:26	4	M55	59	10:31	12:08	12:25	12:12	
75	913	Jakubowitz Martin	*Köln	0:47:25	0:47:48	12	M45	67	10:54	11:55	12:17	12:17	
76	1577	Schmitz Oliver		0:47:29	0:48:07	13	M45	67	11:25	12:03	12:16	11:44	
77	1251	Hautzel Ulle		0:47:29	0:47:44	14	M45	69	11:02	12:00	12:07	12:19	
78	317	Lennarz Joachim	Geissboecke	0:47:30	0:47:38	15	M35	75	10:24	12:13	12:42	12:10	
79	904	Schmitz Helmut	Kempen	0:47:30	0:47:36	2	M60	53	10:48	12:04	12:18	12:19	
80	542	Loewer Ralf	*Köln	0:47:35	0:47:47	15	M45	65	11:27	12:04	12:04	11:59	
81	116	Paulus Frank	BSG-Köln	0:47:36	0:47:47	16	M45	65	10:55	12:01	12:18	12:20	
81	1302	Kuchem Stefan	Triathlon Steckel Cologne	0:47:36	0:48:09	12	M30	80	11:10	12:22	12:19	11:43	
83	709	Widdig Martin	kölsche Rennschnecken	0:47:46	0:48:28	3	MU2	96	11:04	11:40	12:56	12:04	
84	133	Lauszus Thorsten	*Köln	0:47:50	0:48:06	16	M35	75	10:55	11:56	12:22	12:35	
85	680	Roth DR Edwin	LG DUV	0:47:50	0:47:56	3	M60	53	10:37	12:16	12:29	12:27	
86	1071	Manthey Volker		0:47:56	0:48:13	17	M35	75	10:44	12:10	12:33	12:27	
87	1502	Krämer Tobias		0:47:57	0:48:11	13	MHK	85	09:52	12:25	12:58	12:41	
88	427	Palm Michael	Stunk und Prunk	0:48:07	0:48:22	18	M35	76	10:32	12:04	12:47	12:43	
89	732	Decker Michael	*Köln	0:48:12	0:48:26	12	M40	74	10:40	12:06	12:31	12:53	
90	997	Coester Veit		0:48:15	0:48:19	17	M45	69	10:12	12:16	12:45	13:00	
91	745	Doppelfeld Mark	Tv Rodenkrichen Triathlon	0:48:18	0:48:23	13	M40	70	09:58	11:49	13:18	13:11	
92	508	Orthen Johannes	TV Rodenkirchen Triathlon	0:48:18	0:48:24	7	M50	62	09:58	11:49	13:18	13:12	
93	421	Eisermann Stephan	Team Erdinger Alkoholfrei	0:48:20	0:48:30	18	M45	66	11:14	12:20	12:20	12:25	
94	227	Ripp Dieter	VTC Köln	0:48:23	0:48:32	5	M55	56	11:14	12:22	12:22	12:23	
95	1575	Piotrowski Wolfgang	KT43Köln	0:48:24	0:48:38	4	M60	54	11:12	12:21	12:26	12:24	
96	715	Helten Frank	*Köln	0:48:30	0:48:45	14	M40	71	10:40	12:10	12:44	12:55	
97	1058	Finke Christian	Huddelt Brassel	0:48:34	0:49:00	13	M30	83	11:03	12:15	12:36	12:39	
98	819	Wischeidt Heribert	Jeff Jummi Jung Köln	0:48:42	0:48:45	6	M55	56	09:35	11:58	13:45	13:22	
99	322	Funk Kay	Köln läuft	0:48:49	0:49:11	15	M40	70	11:24	12:29	12:39	12:15	
100	71	Steffens Jörg	*Vettweiß	0:48:51	0:48:54	16	M40	71	10:47	12:18	12:48	12:57	
101	698	Voyatzis Aki	*Köln	0:48:52	0:49:03	14	M30	80	10:17	12:07	13:09	13:18	
102	122	Voß Roland	*Köln	0:48:53	0:49:15	19	M45	66	11:23	12:23	12:41	12:26	
103	288	Niggemeier Frank	*Köln	0:48:56	0:50:00	17	M40	74	11:49	12:23	12:33	12:09	
104	1349	Ackermann Sebastian	Ohne	0:48:56	0:49:14	20	M45	66	11:24	12:26	12:40	12:25	
105	1256	Gottschalk Ralf		0:49:05	0:50:02	8	M50	63	11:50	12:31	12:31	12:10	
106	177	Volmer Frank	*Frechen	0:49:08	0:49:40	15	M30	80	10:50	12:19	12:58	13:00	
107	73	Zuper Dirk	Dritte Halbzeit	0:49:11	0:49:21	18	M40	73	11:00	12:37	12:54	12:37	
108	1546	Haverkamp Philip		0:49:13	0:49:17	14	MHK	87	11:07	12:32	12:56	12:37	
109	1254	Kohlhammer Kartsen		0:49:15	0:49:39	19	M40	72	11:01	12:22	12:46	13:05	
110	23	Hoyer Harald	*Köln	0:49:18	0:49:46	7	M55	57	10:51	12:25	13:16	12:45	
111	490	Knaub Vitali	BBBC e.V.	0:49:40	0:50:41	15	MHK	88	12:10	12:43	12:46	12:00	
112	507	Walder Lars	kernpunkt	0:49:43	0:49:50	19	M35	77	10:46	12:52	13:20	12:43	
113	3	Voll Harald	Diabetes Programm	0:49:43	0:51:01	8	M55	59	12:07	12:24	12:38	12:33	
114	52	Zahren Marcus	*Köln	0:49:45	0:50:07	21	M45	69	10:48	13:04	13:29	12:22	
115	1086	Gössmann Daniel		0:49:51	0:50:17	20	M35	77	11:06	12:30	13:07	13:06	
116	714	Fiege Jürgen	*Köln	0:49:52	0:50:05	9	M55	57	11:15	12:30	12:48	13:17	
117	127	Rossenbach Ralf	*Köln	0:49:54	0:50:11	22	M45	66	11:22	12:15	13:02	13:14	
118	335	Daufenbach Markus	*Pulheim	0:49:55	0:50:13	9	M50	64	11:00	12:40	13:02	13:11	
119	985	Busch Thomas		0:49:56	0:50:05	10	M50	61	11:11	12:30	13:10	13:04	
120	1041	Scheerer Jens-Peter		0:49:58	0:50:36	10	M55	56	11:34	12:30	12:49	13:04	

# 10km - Gesamtwertung

# 8. Bickendorfer Büdchenlauf - 28.09.2014

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
121	1007	Kleine Fabian		0:50:02	0:51:04	16	M30	84	12:22	12:10	12:41	12:47	
122	1111	Kramer Uwe	Stammtisch Typisch Kölsch	0:50:02	0:50:16	11	M50	62	11:01	12:35	13:03	13:22	
123	314	Soujon Marcel	Albis Laufftreff	0:50:04	0:50:33	16	MHK	90	11:56	12:52	12:57	12:18	
124	1297	Vogel Jörg		0:50:05	0:51:11	23	M45	69	11:08	12:28	13:10	13:17	
125	1312	Winters Gereon	*Frechen	0:50:22	0:50:45	17	MHK	92	11:21	12:45	13:13	13:02	
126	165	Baus Reiner	Porsche-Zentrum Bensberg	0:50:27	0:51:00	5	M60	54	11:04	12:21	13:48	13:12	
127	491	Weyres Philipp	BBBC e.V.	0:50:28	0:51:29	18	MHK	87	12:10	12:43	12:50	12:44	
128	456	Zanders Sebastian	*Leverkusen	0:50:35	0:50:49	19	MHK	86	11:21	12:42	13:13	13:18	
129	195	Heuser Simon	Team Michael	0:50:36	0:51:27	2	MU1	97	12:19	12:42	12:50	12:43	
130	198	Kurtulus Can	Team Michael	0:50:37	0:51:28	17	M30	82	12:20	12:43	12:50	12:43	
131	810	Maihöfer Philipp	Mach3 Köln e.V.	0:50:42	0:51:30	18	M30	83	12:12	13:04	13:01	12:24	
132	1547	Haverkamp Sebastian		0:50:45	0:50:49	19	M30	80	11:06	12:34	13:39	13:24	
133	0	Lünendonk Lothar		0:50:45	0:51:57	6	M60	52	11:42	12:55	13:14	12:54	
134	402	Rosso Mario	*Pulheim	0:51:13	0:51:35	12	M50	60	12:07	12:45	13:11	13:07	
135	30	Klein Jörg	de Familich	0:51:13	0:51:48	24	M45	69	11:51	13:02	13:13	13:05	
136	734	Malcus Gernot	*Koeln	0:51:15	0:51:33	20	M40	74	11:17	12:55	13:36	13:25	
137	282	Maass Sascha	*Leverkusen	0:51:16	0:51:46	20	M30	80	12:26	13:13	13:04	12:33	
138	1521	Lünendonk Patrick	Team Crazyluenis	0:51:19	0:51:59	20	MHK	88	12:14	12:55	13:13	12:55	
139	1595	Lechelt Stefan		0:51:22	0:52:29	21	M35	75	11:36	12:44	14:09	12:52	
140	1168	Romboy Wolfgang	Coloria Team	0:51:24	0:51:45	1	M70	43	11:42	13:03	13:24	13:13	
141	1079	Börger Rieven		0:51:26	0:52:18	21	MHK	90	13:03	13:18	13:07	11:56	
142	1542	Stöbere Ralf		0:51:29	0:51:49	25	M45	66	11:58	13:15	13:28	12:47	
143	264	Krichel Andreas	*Köln	0:51:32	0:51:49	13	M50	64	11:14	13:08	13:35	13:34	
144	1250	Hautzel Martin		0:51:33	0:51:48	22	M35	75	11:20	12:54	13:33	13:45	
145	728	Kresimon Georg	*Dormagen	0:51:42	0:51:45	14	M50	64	11:21	13:03	13:39	13:37	
146	480	Wangenheim Jens	*Köln	0:51:45	0:52:29	22	MHK	85	11:57	13:02	13:18	13:27	
147	1507	Breunung Guido		0:51:45	0:52:08	21	M40	71	12:00	13:16	13:19	13:09	
148	697	Graffmann DR Karl	*Köln	0:51:47	0:52:35	26	M45	69	12:33	13:19	13:08	12:47	
149	0	unbekannt DY7370X		0:51:48	0:51:57	23	MHK		10:08	16:24	12:50	12:25	
150	273	Burth Thomas	*Bornheim	0:51:50	0:52:48	22	M40	72	12:52	13:28	12:35	12:52	
151	92	Berk Stefan	Yanomi	0:51:51	0:52:50	23	M35	77	12:47	13:14	12:56	12:54	
152	1076	Baumgartner Nicolai		0:51:51	0:52:06	21	M30	80	11:39	13:25	13:32	13:14	
153	1320	Nebioglu Sükrü	COLONIA TEAM	0:52:01	0:52:22	15	M50	64	11:42	13:03	13:24	13:51	
154	1056	Mentzel Thomas	Sieglarer TV Judo	0:52:06	0:52:30	22	M30	80	12:34	13:34	13:29	12:27	
155	1061	Bredemann Thorsten		0:52:14	0:52:55	24	MHK		12:28	13:14	13:37	12:53	
156	1292	Kruse Jürgen		0:52:19	0:52:24	23	M30	83	10:47	13:26	14:17	13:47	
157	193	Tessmer Ansgar	Fidele Arschkrampen	0:52:20	0:53:05	24	M35	77	12:51	13:32	13:45	12:10	
158	407	Uekermann Dirk	*Düsseldorf	0:52:23	0:53:30	23	M40	70	12:50	13:32	13:22	12:37	
159	1558	Genz Jürgen		0:52:29	0:53:12	11	M55	55	12:08	13:22	13:23	13:34	
160	1533	Murken Jörg	Telekom Post SG Köln	0:52:30	0:53:24	16	M50	62	12:45	13:10	13:18	13:16	
161	847	Sergey DR Gimbarova	ASV Köln	0:52:34	0:52:44	27	M45	66	11:47	13:29	13:45	13:32	
162	1144	Holzappel Justus	PSV Köln	0:52:36	0:53:04	3	MU1	01	11:12	13:07	14:33	13:42	
163	876	Strepp Bastian	*Köln	0:52:41	0:53:16	24	M30	81	12:00	13:16	13:41	13:42	
164	552	Gruneberg Ralf	BSG Köln	0:52:45	0:52:57	17	M50	64	11:28	13:21	14:00	13:55	
165	1573	Kesting Jörg	*Hürth	0:52:47	0:52:54	18	M50	64	11:32	13:24	14:00	13:49	
166	530	Neuß Udo	*Brühl	0:52:50	0:53:50	28	M45	68	12:11	13:25	13:31	13:41	
167	684	Wirkes Florian	*Köln	0:52:52	0:53:49	25	M30	81	14:03	13:08	12:52	12:46	
168	820	Conrad Philipp	*Köln	0:52:52	0:53:44	25	MHK	92	12:35	13:27	13:41	13:08	
169	1274	Wester Marc		0:52:56	0:53:31	25	M35	79	12:25	13:38	13:47	13:05	
170	520	Bartel Thomas	*KÖLN	0:52:57	0:53:10	19	M50	63	11:23	13:25	13:54	14:14	
171	1027	Vahle Stephan		0:53:03	0:53:29	26	M35	77	11:55	12:58	13:59	14:10	
172	1524	Hensel Georg		0:53:13	0:53:26	12	M55	56	12:16	13:35	13:46	13:34	
173	1244	Spiller Otto	SG Worringen Judo	0:53:13	0:53:27	2	M70	44	12:16	13:35	13:47	13:35	
174	906	Weißenfels Thomas	Funkengarde Neustadt	0:53:15	0:54:27	24	M40	74	13:08	13:23	13:24	13:18	
175	192	Klein Günther	*Köln	0:53:18	0:53:38	20	M50	61	11:37	13:12	13:55	14:32	
176	338	Reiche Hansjörg	*Köln	0:53:28	0:54:07	21	M50	60	11:52	13:25	14:05	14:05	
177	991	Bussek Georg		0:53:33	0:54:05	25	M40	70	12:48	13:38	13:45	13:21	
178	990	Scheible Peter		0:53:35	0:54:08	26	M40	71	12:48	13:37	13:45	13:23	
179	329	Würl Tobias	onemorestep.org	0:53:43	0:54:21	26	MHK	85	13:13	13:59	13:41	12:49	
180	1050	Kurte Jörg		0:53:44	0:54:28	22	M50	62	12:51	13:29	13:51	13:32	

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## Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
181	426	Schlierkamp Andreas	*Köln	0:53:47	0:54:32	23	M50	64	12:59 13:23 13:46 13:38
182	28	Peters Jens	*Bonn	0:53:51	0:55:42	7	M60	52	12:00 13:33 14:14 14:03
183	521	Hertzfeld DR Herbert	*Köln	0:53:55	0:54:54	27	M40	70	12:52 13:29 13:53 13:40
184	106	Stahl Simon	*Köln	0:53:56	0:54:10	27	M35	79	12:15 13:38 14:04 13:58
185	1195	Langen Peter		0:53:57	0:54:07	4	MU1	00	12:03 13:24 14:23 14:05
186	451	Milbrodt Lutz	*Leverkusen	0:53:59	0:55:13	13	M55	58	12:43 13:05 14:04 14:06
187	453	Reiners Nils	*Leverkusen	0:54:03	0:55:20	26	M30	81	13:00 13:35 13:56 13:30
188	799	Graalman Dirk	*Köln	0:54:04	0:54:57	28	M40	74	13:59 14:20 13:13 12:30
189	299	Bobzin Dirk	*Brühl	0:54:07	0:54:42	29	M45	68	12:41 13:52 13:53 13:39
190	1069	Buchner Sebastian	SPD Ehrenfeld	0:54:14	0:55:07	27	M30	84	13:31 13:33 13:57 13:12
191	531	Hütt Stephan	*Köln	0:54:21	0:55:19	29	M40	70	13:19 13:35 13:40 13:45
192	1567	Schneider Christoph		0:54:24	0:54:42	28	M35	77	12:24 13:55 14:11 13:51
193	1248	Harringer Manfred	*Bergisch Gladbach	0:54:30	0:55:24	2	M65	48	12:54 13:40 14:00 13:55
194	867	Hambloch Christoph	Albis Laufftreff	0:54:31	0:55:01	24	M50	64	12:15 13:34 14:02 14:39
195	119	Binzen Martin	*Köln	0:54:32	0:55:40	29	M35	76	13:18 13:47 13:45 13:41
196	450	Fuhren Helmut	Diabetes Programm	0:54:34	0:55:14	30	M45	69	12:48 13:54 13:51 13:59
197	189	Metzen Benedikt	Fidele Arschkrampen	0:54:36	0:55:21	30	M35	77	12:52 13:32 13:46 14:25
198	892	Janello Jörg	*Köln	0:54:39	0:55:16	31	M45	69	12:34 13:49 13:58 14:16
199	342	Berlik Sacha	*Köln	0:54:41	0:55:17	30	M40	70	11:51 13:30 14:30 14:49
200	431	Schäfer Dieter	*Köln	0:54:41	0:55:06	25	M50	61	11:59 13:39 14:26 14:35
201	483	Schwarzfeld Guido	Julius 12. Mann	0:54:49	0:55:23	26	M50	63	13:10 14:01 13:49 13:48
202	1298	Hastrich Andreas	TV Refrath	0:54:50	0:55:11	32	M45	66	12:10 14:02 14:31 14:07
203	1075	Jäger Edgar		0:54:57	0:55:24	14	M55	58	13:35 13:55 13:55 13:31
204	345	Petenati Udo	LG-Leichlingen 2005	0:54:58	0:55:25	27	M50	61	12:23 13:49 14:27 14:17
205	1078	Gebauer Fabian		0:55:02	0:55:56	27	MHK	85	14:08 14:19 13:43 12:51
206	97	Tell Stefan	Yanomi	0:55:09	0:56:08	33	M45	69	13:22 13:57 14:18 13:31
207	318	Drieschner André	*Köln	0:55:12	0:56:15	31	M40	71	13:22 14:23 14:08 13:17
208	311	Burghardt Dirk	*Köln	0:55:12	0:56:15	32	M40	71	13:22 14:23 14:08 13:17
209	118	Pickhard Holger	Point One Runners	0:55:13	0:55:46	28	M50	64	13:21 14:00 14:00 13:50
210	401	Kessler Thomas	*Köln	0:55:15	0:55:51	34	M45	68	12:54 13:56 14:14 14:10
211	478	Becker Kai	*Köln	0:55:17	0:56:00	31	M35	75	12:12 14:18 14:35 14:10
212	1062	Wingen Ralf	Blaue Funken	0:55:20	0:55:37	29	M50	64	12:30 13:47 14:13 14:49
213	462	Wiesemann Dirk	*Köln	0:55:34	0:56:25	33	M40	72	12:17 13:55 14:40 14:40
214	1054	Rossol Frank	Brunnenkinder	0:55:34	0:56:17	34	M40	71	12:45 13:52 14:17 14:38
215	182	Eggert Henning	*Köln	0:55:35	0:56:27	32	M35	77	12:14 13:56 14:39 14:43
216	477	Fröhlich Robert	*Neunkirchen-Seelsche	0:55:47	0:56:49	30	M50	61	13:11 13:41 14:17 14:37
217	1166	Oetiker Beat		0:55:56	0:56:56	35	M45	65	13:23 14:18 14:04 14:09
218	690	Bodden Guido	Widdersdorfer Gipfelstürmer	0:56:02	0:56:38	36	M45	69	12:34 14:07 14:43 14:36
219	711	Breuer Heiko	Widdersdorfer Gipfelstürmer	0:56:02	0:56:38	37	M45	69	12:34 14:07 14:43 14:37
220	1566	Mohrmann Jörg	Der Elf und seine Freunde	0:56:18	0:56:59	35	M40	73	13:22 14:11 14:22 14:21
221	1028	Bliemel Alfred		0:56:32	0:57:09	8	M60	52	13:31 14:20 14:24 14:16
222	764	Hermanns Marcel	Tigers. Team e.v	0:56:36	0:56:52	33	M35	77	11:42 14:30 15:06 15:17
223	455	Blieske Ulf	*Leverkusen	0:56:37	0:57:54	38	M45	65	13:51 13:41 14:58 14:05
224	274	Wüst Maurice	Kuscheltiger	0:56:43	0:57:29	28	MHK	87	12:35 13:53 14:52 15:21
225	287	Becker Alexander	*Köln	0:56:46	0:57:42	28	M30	82	13:18 14:35 14:24 14:27
226	835	Rascher Uwe	*Köln	0:57:01	0:58:10	39	M45	68	14:08 14:37 14:08 14:07
227	90	Meinhardt Ralf	Yanomi	0:57:02	0:58:01	40	M45	66	13:22 14:17 14:39 14:43
228	1576	Krümmel Josef	*Pulheim	0:57:04	0:57:35	3	M65	49	13:30 14:47 14:27 14:19
229	489	Miller David	BBBC e.V.	0:57:16	0:58:17	29	MHK	88	12:23 14:24 15:08 15:20
230	19	Krauß Matthias	*Bergisch Gladbach	0:57:18	0:58:20	36	M40	71	13:33 14:28 14:36 14:40
231	1068	Navichoc Giovanni		0:57:26	0:58:11	37	M40	71	13:25 14:20 14:43 14:57
232	344	Schneider DR Ulrich	*Köln	0:57:29	0:58:04	34	M35	75	12:43 14:04 15:00 15:40
233	420	Wurda Werner	Diabetes Programm	0:57:29	0:58:47	31	M50	60	12:19 13:44 14:56 16:28
234	905	Limbach Sebastian	Funkengarde Neustadt	0:57:34	0:58:46	30	MHK	88	13:28 14:29 14:51 14:45
235	258	Klan Matthias	*Köln	0:57:34	0:58:23	38	M40	70	13:50 14:43 14:40 14:20
236	1272	Marquardt Ralf		0:57:38	0:58:03	32	M50	63	13:09 14:26 14:52 15:10
237	139	Monsma Jan	Dyno Ölberg Elberfeld	0:57:44	0:58:14	9	M60	53	15:22 14:25 14:05 13:51
238	374	THEILL Tobias	*Köln	0:57:59	0:58:24	41	M45	67	13:34 15:02 14:49 14:32
239	205	Schönfeld Jochen	*Monheim am Rhein	0:58:10	0:58:49	39	M40	72	13:32 15:00 15:03 14:34
240	992	Formen Martin		0:58:11	0:58:51	42	M45	65	13:56 14:10 15:01 15:03

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## Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
241	1513	Trottenberg Wilhelm	Pingsheimer Rentnerband	0:58:16	0:58:58	3	M70	42	13:49 14:44 14:46 14:56
242	26	Wirtz Kai	Pink FlöNZ	0:58:22	0:59:08	40	M40	70	13:30 14:58 15:15 14:38
243	136	Dirksmeyer Wolfgang	*Köln	0:58:25	0:58:58	43	M45	68	12:20 14:32 15:24 16:07
244	1516	Effers Heinz	TPSK	0:58:43	0:59:01	4	M65	49	12:45 14:45 15:29 15:43
245	283	Spillmann Dieter	*Leverkusen	0:58:44	0:59:15	44	M45	69	13:12 14:59 15:14 15:18
246	1052	Rixius Edmund		0:58:47	0:59:55	15	M55	58	13:18 13:47 15:44 15:56
247	307	Erichsen Christian	*Köln	0:59:01	0:59:48	33	M50	64	13:49 14:49 15:07 15:15
248	349	Fermer David	*Köln	0:59:03	1:00:15	41	M40	73	14:16 13:34 14:43 16:28
249	1277	Schampern Christoph		0:59:04	0:59:30	45	M45	68	12:42 14:46 15:48 15:46
250	528	Küpper André	*Köln	0:59:12	1:00:24	35	M35	78	14:04 14:41 14:52 15:34
251	470	Offermann Josef	*Köln	0:59:21	0:59:59	5	M65	49	13:16 14:23 15:18 16:23
252	141	Scheuer Kai	*Köln	0:59:23	1:00:21	42	M40	73	14:12 15:00 15:06 15:03
253	247	Küper Robert	*Köln	0:59:25	1:00:05	46	M45	69	13:59 14:26 15:19 15:41
254	1299	Waszerka Boris		0:59:26	1:00:31	34	M50	64	14:14 15:04 16:18 13:49
255	1193	Bacher Siegfried		0:59:27	1:00:33	36	M35	79	14:13 15:05 16:17 13:50
256	103	Hardt Thomas	Musikgruppe Echte Frönde	0:59:41	1:00:02	35	M50	64	13:53 15:08 15:12 15:27
257	272	Schmidt Jörg	Optifast - Gruppe 14	1:00:04	1:01:21	47	M45	68	13:33 14:30 16:02 15:58
258	1167	Göddertz Mechtild		1:00:12	1:00:37	10	M60	53	13:30 15:12 15:33 15:56
259	310	Kaulen Jens	*Köln	1:00:16	1:01:24	29	M30	81	14:18 15:22 16:09 14:25
260	871	Hillebrand Stefan	*Zülpich	1:00:21	1:00:40	48	M45	67	14:06 15:21 15:34 15:18
261	1972	Dündar Can	*Köln	1:00:25	1:00:53	43	M40	72	13:50 15:16 15:49 15:28
262	175	Nahr Markus	*Bergisch Gladbach	1:00:41	1:01:49	44	M40	72	14:34 15:08 15:44 15:13
263	736	Strobl Ulli	Vogelsanger Mailauf	1:00:41	1:01:29	16	M55	56	13:42 15:17 15:56 15:44
264	77	Weigand Jan	*Köln	1:00:42	1:01:30	31	MHK	87	13:28 15:03 16:16 15:54
265	538	Kleinz Thomas	*Köln	1:00:43	1:01:41	30	M30	81	14:03 15:20 15:26 15:53
266	81	Hans Jürgen	*Köln	1:00:44	1:01:41	45	M40	72	14:16 15:19 15:34 15:34
267	1562	Unterste Michael		1:00:45	1:01:42	49	M45	68	14:16 15:19 15:34 15:35
268	1245	Barschbach Markus	FHDW	1:00:52	1:01:02	46	M40	70	13:40 15:19 15:33 16:19
269	220	Ilius Mario	*Bonn	1:00:55	1:01:45	36	M50	63	14:52 15:29 15:26 15:06
270	114	Weißgerber Frank	*Köln	1:01:06	1:02:01	47	M40	70	13:56 15:38 15:51 15:39
271	308	Wehlert Gunnar	Bickendorfer Rochusclub E.V.	1:01:24	1:02:20	31	M30	82	13:10 15:08 16:15 16:49
272	1087	Rösgen Heribert		1:01:29	1:01:55	37	M50	61	13:41 15:51 16:16 15:40
273	519	Höhn Jörg	DJK Roland Köln-West e.V.	1:01:42	1:02:32	48	M40	74	13:06 15:18 17:26 15:52
274	331	Kaub Andreas	*Brühl	1:01:55	1:02:57	50	M45	66	14:42 16:04 15:53 15:14
275	321	Riemer Falco	Julias 12. Mann	1:01:57	1:02:32	37	M35	76	14:24 15:39 15:53 16:00
276	112	Küchler Uwe	Diabetes Programm	1:02:01	1:02:42	17	M55	59	13:21 15:38 16:25 16:36
277	1340	Klein Thorsten	TV Rodenkirchen Triathlon	1:02:09	1:02:14	32	M30	83	12:44 15:21 16:48 17:15
278	324	Heinzel Steve	Team Bunker	1:02:11	1:02:57	51	M45	69	14:38 15:35 15:44 16:12
279	325	Struve Norbert	Team Bunker	1:02:11	1:02:58	38	M50	60	14:38 15:34 15:44 16:13
280	1040	Iemens Jürgen		1:02:37	1:03:09	38	M35	75	13:26 15:51 16:23 16:56
281	1060	Lauterbach Ingo	MRC 03	1:02:42	1:03:45	52	M45	68	15:35 18:41 14:32 13:53
282	550	Lion Thomas	*Köln	1:02:53	1:04:06	39	M50	60	14:33 16:10 16:14 15:54
283	549	Schüller Carsten	*Köln	1:02:53	1:04:06	33	M30	80	14:33 16:09 16:14 15:54
284	751	Nohl Günter	LSV Porz	1:03:05	1:03:54	18	M55	59	13:41 15:49 17:18 16:16
285	82	Renk Andreas	*Köln	1:03:10	1:04:08	39	M35	75	14:16 15:18 15:29 18:06
286	1080	Rüßmann Lukas-Joel		1:04:36	1:05:28	32	MHK	94	14:36 16:22 17:12 16:24
287	554	Haupt Ulrich	*Lohmar	1:04:36	1:05:15	4	M70	43	14:38 16:12 17:00 16:46
288	1922	Langen Dominik	Altstädter Köln 1922	1:04:39	1:04:49	53	M45	68	14:44 16:22 16:50 16:41
289	901	Schwers Stephan	*Köln	1:04:55	1:05:32	54	M45	68	13:51 16:37 17:00 17:26
290	950	Reinsch Ole	*Köln	1:05:07	1:06:01	33	MHK	86	15:26 16:41 16:39 16:20
291	898	Albat Dominik	*Köln	1:05:08	1:06:18	34	MHK	92	14:31 16:16 17:24 16:55
292	1066	Lachmann Holger		1:05:27	1:06:20	40	M35	79	14:47 16:12 17:07 17:19
293	713	Wagner Johannes	*Köln	1:05:53	1:06:36	19	M55	58	13:01 15:33 18:44 18:34
294	746	Seidel Jürgen	*Köln	1:05:54	1:06:16	40	M50	60	14:26 16:21 17:19 17:46
295	553	Schnarr Roland	*Köln	1:06:12	1:06:51	5	M70	40	14:46 16:28 17:07 17:49
296	1305	Otto Holger	Team Erdinger Alkohokfrei	1:06:19	1:07:20	49	M40	72	14:55 16:30 17:26 17:26
297	187	Löhe Hans-Jürgen	Fidele Arschkrampen	1:06:29	1:07:14	55	M45	65	13:41 16:04 17:45 18:58
298	0	unbekannt HD7T3B2		1:07:05	1:07:58	35	MHK		13:59 17:07 17:47 18:10
299	149	Meiß David	*Köln	1:07:07	1:07:24	56	M45	67	13:09 15:12 16:41 22:03
300	1253	Heuschötter Klaus		1:07:19	1:08:08	41	M50	64	15:07 17:08 17:30 17:33

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## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
301	176	Deiters Lothar	LSV-Porz/Köln	1:09:12	1:10:02	1	M80	34	15:29 17:23 17:50 18:29
302	194	Grisard Rolf	Team Michael	1:09:17	1:10:08	42	M50	60	14:50 17:15 18:27 18:43
303	94	Rohmann Klaus	Yanomi	1:10:26	1:11:23	43	M50	61	14:31 17:40 19:09 19:05
304	387	Thiehoff Oliver	*Köln	1:13:09	1:14:11	50	M40	71	15:36 18:43 20:01 18:48
305	415	Bendermacher Christian	*Köln	1:16:54	1:17:22	36	MHK	86	17:13 19:16 20:10 20:13
306	166	Graf Klaus	*Köln	1:23:37	1:24:45	11	M60	52	17:19 20:31 22:48 22:58
307	306	Völker Frank	*Köln	1:25:32	1:26:12	12	M60	53	19:27 21:46 22:01 22:16
308	544	Holz Gerd	*Köln	1:28:19	1:29:16	51	M40	71	18:26 21:42 23:52 24:17
309	1353	Schommers Lukas	Albis Laufftreff Vogelsang	0:29:56	0:29:57	37	MHK	93	09:02 10:23 10:29 00:00
310	864	Schmidt Björn	*Bonn	0:38:03	0:38:11	34	M30	84	10:46 13:26 13:49 00:00
311	1534	Belhady Djemai	Baseido	0:41:11	0:41:16	6	M70	44	12:38 14:43 13:49 00:00
312	1561	Herstraß Oliver		0:45:27	0:45:33	35	M30	84	12:16 16:04 17:06 00:00
313	1045	König Thomas		0:48:24	0:48:31	41	M35	75	14:07 16:28 17:48 00:00
314	8	Stochmel Julian	TVA Fischenisch	0:51:54	0:52:51	36	M30	82	13:41 15:09 23:03 00:00
315	430	Kommer Klaus	Diabetes-Programm-Deutschlan	0:52:07	0:52:46	20	M55	55	15:58 17:46 18:22 00:00
316	886	Diers Hartmut	Diabetes Programm	0:56:33	0:57:13	21	M55	56	16:01 19:29 21:02 00:00
317	454	Blieske Josua	*Leverkusen	0:57:03	0:58:20	5	MU1	00	13:51 28:41 14:30 00:00
318	449	Schneider Martin	DJK Roland West	0:23:16	0:24:01	42	M35	75	10:53 12:22 00:00 00:00
319	1564	Effers Haiv		0:24:25	0:24:43	22	M55	56	11:29 12:56 00:00 00:00
320	1275	Steil Wolfgang		0:26:55	0:27:34	13	M60	50	12:40 14:14 00:00 00:00
321	298	Kühmstedt Stefan	*Brühl	0:27:27	0:28:02	43	M35	75	13:03 14:24 00:00 00:00
322	300	Hausberg Hardy	*Brühl	0:27:28	0:28:02	52	M40	74	13:03 14:24 00:00 00:00
323	226	Rommerskirchen Udo	*Köln	0:27:54	0:28:16	7	M70	43	13:20 14:34 00:00 00:00
324	988	Kipp Immo		0:29:31	0:30:35	53	M40	70	14:08 15:22 00:00 00:00
325	101	Bohr Detlef	BSG Stadt Köln	0:12:44	0:12:56	23	M55	55	12:44 00:00 00:00 00:00
326	754	Maciej Werner	*Köln	0:14:09	0:14:49	14	M60	53	14:09 00:00 00:00 00:00

# 10km - Gesamtwertung

# 8. Bickendorfer Büdchenlauf - 28.09.2014

## Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
1	350	Fermer Phillis	*Köln	0:29:02	0:29:02	1	W45	67	00:00	16:51	14:15	13:35	
2	1034	Gatzweiler Ursula	LG Bonn/Troisdorf/Niederk	0:39:47	0:39:48	1	WHK	88	09:28	10:24	09:58	09:56	
3	1506	Lamberty Anja		0:41:08	0:41:20	2	WHK	87	09:24	10:28	10:40	10:35	
4	1544	Jostock Charlotte		0:42:42	0:42:45	3	WHK	88	09:36	11:01	11:10	10:53	
5	849	Kleiss Sarah	ASV Köln	0:43:57	0:44:03	1	WU1	97	09:39	11:09	11:38	11:30	
6	1038	Steinbruch Hannah		0:45:18	0:45:24	1	WU2	95	09:51	11:23	12:03	12:00	
7	832	Stähler Alexandra	*Köln	0:45:20	0:45:35	1	W40	71	10:23	11:13	11:44	11:59	
8	1570	Antfang Jennifer	ASV Triathlon Köln	0:45:26	0:45:29	4	WHK	88	09:59	11:41	11:56	11:48	
9	253	Knop Vera	*Köln	0:45:35	0:45:40	2	W45	69	10:11	11:37	11:54	11:52	
10	1522	Schulze Palstring Stefanie	ASV Köln Triathlon	0:45:59	0:46:06	5	WHK	90	10:15	11:50	12:03	11:49	
11	315	Heinrich Tina	*Köln	0:46:02	0:46:07	2	W40	74	10:24	11:47	11:59	11:51	
12	757	Beltz DR Bettina	*Köln	0:46:09	0:46:24	3	W40	71	10:32	11:37	12:00	12:00	
13	132	Ern Janett	*Köln	0:46:32	0:46:48	6	WHK	85	10:55	11:51	11:54	11:51	
14	1518	Pundt Julia		0:46:42	0:46:57	7	WHK	90	11:03	11:58	12:01	11:38	
15	276	Könsgen Sara	BSG Stadt Köln e.V.	0:47:26	0:47:37	1	W35	79	10:45	12:02	12:19	12:18	
16	1249	Hagen Katrin		0:47:30	0:47:45	4	W40	72	11:05	12:07	12:18	11:58	
17	316	De Vries Antje	Geissboecke	0:47:48	0:47:57	1	W30	84	10:29	12:14	12:37	12:26	
18	150	Daniels Anke	KT-43	0:47:53	0:48:06	5	W40	74	10:43	12:16	12:31	12:21	
19	346	Inden Claudia	*Köln	0:48:07	0:48:07	6	W40	70	00:00	32:04	16:11	17:46	
20	1338	Heister Julia	1. FFC Bergisch Gladbach	0:48:07	0:48:11	2	W30	82	10:48	12:20	12:31	12:27	
21	694	Caspers Alexandra	PSV Bonn Triathlon	0:48:49	0:49:09	7	W40	72	11:07	12:22	12:47	12:32	
22	1252	Hilgers Yvonne		0:48:49	0:49:05	2	W35	76	11:06	12:23	12:35	12:44	
23	1505	Groth Sophie		0:48:51	0:49:03	3	W30	81	11:10	12:25	12:43	12:33	
24	691	Pfeil-Bonnin Beate	PSV Bonn Triathlon	0:49:06	0:49:26	1	W50	61	11:07	12:22	12:47	12:48	
25	357	Maar Brigitte	BSG Stadt Köln	0:49:10	0:49:21	3	W45	69	11:12	12:35	12:46	12:35	
26	305	Leipert Sabine	Julias 12. Mann	0:49:15	0:49:47	8	W40	73	11:37	12:41	12:37	12:19	
27	61	Bachem Elisa	Robeeko-Racing-Team	0:49:35	0:49:49	4	W30	81	10:49	12:34	12:59	13:11	
28	857	Vosen Rita	Pulheimer SC	0:50:43	0:51:01	9	W40	70	12:10	13:08	12:57	12:26	
29	377	Ahrens Heike	BSG Stadt Köln	0:51:04	0:51:15	4	W45	65	11:13	12:49	13:28	13:34	
30	782	Kügelgen-Schmidtke Birgit	*Köln	0:51:35	0:51:43	2	W50	60	11:32	13:04	13:24	13:34	
31	1276	Frieler Sonja		0:51:49	0:52:17	8	WHK	90	12:16	13:35	13:19	12:38	
32	34	Schlemmer Franca	Unisport Köln	0:51:53	0:52:49	5	W30	82	13:41	15:10	11:38	11:23	
33	688	Eichhorn Nadine	Sv Bergisch Gladbach	0:52:01	0:52:22	6	W30	81	11:22	13:10	13:50	13:38	
34	1073	Rösler Paula		0:52:04	0:52:48	9	WHK	89	11:57	13:02	13:18	13:46	
35	171	Chammae Nora	Julias 12. Mann	0:52:05	0:52:37	7	W30	80	12:23	13:15	13:24	13:01	
36	185	Kühr Sandra	*Lindlar	0:52:06	0:52:23	10	W40	74	12:06	13:01	13:30	13:28	
37	1501	Katja Holzweißig	TSV Bayer 04 Leverkusen	0:52:10	0:52:38	3	W35	77	11:46	13:18	13:32	13:32	
38	878	Purol Malgorzata	noch3	0:52:22	0:52:29	10	WHK	88	11:20	13:09	13:50	14:02	
38	895	Kulartz Yvonne	*Köln	0:52:22	0:53:32	10	WHK	93	12:55	12:44	13:55	12:47	
40	846	Elena Gimbarova	Köln	0:52:35	0:52:45	11	W40	72	11:46	13:30	13:46	13:32	
41	1569	Rheindorf Elisabeth	*Köln	0:52:37	0:53:17	12	W40	74	12:28	13:20	13:35	13:12	
42	738	Polch Anne	*Köln	0:53:02	0:53:17	8	W30	81	11:54	13:35	13:53	13:40	
43	246	Brüderle Martina	*Köln	0:53:03	0:53:26	9	W30	80	12:17	13:21	13:35	13:47	
44	885	Reif Hanna	*Köln	0:53:03	0:53:18	12	WHK	86	11:53	13:35	13:52	13:41	
45	842	Plümer Hanna	*Köln	0:53:42	0:54:33	13	WHK	91	12:40	13:40	13:51	13:30	
46	14	Steffen Natalie	respect animals	0:53:43	0:54:24	13	W40	73	12:51	13:32	13:40	13:39	
47	188	Schimmer Yvonne	*Köln	0:53:47	0:54:32	4	W35	77	12:59	13:23	13:45	13:38	
48	502	Ganz Ute	*Köln	0:53:48	0:54:29	3	W50	64	12:20	13:31	13:51	14:05	
49	107	Iburg Christina	*Köln	0:53:57	0:54:10	5	W35	75	12:15	13:39	14:03	13:58	
50	888	Weeger Sandra	*Köln	0:53:59	0:54:09	5	W45	67	12:12	13:41	14:10	13:55	
51	120	Kiewitt Jutta	*Roetgen	0:54:21	0:55:19	6	W35	75	13:19	13:35	13:39	13:46	
52	912	Grau Michaela	VfB Lövenich	0:54:27	0:54:53	14	W40	72	12:19	13:49	14:05	14:12	
53	983	Rohde Charlotte		0:54:41	0:55:08	14	WHK	92	13:25	14:03	14:00	13:12	
54	934	Höher Ulrike	*Köln	0:54:43	0:55:54	4	W50	61	13:05	13:34	13:55	14:09	
55	931	Van der Velde Susanne	*Köln	0:54:44	0:55:53	5	W50	64	13:05	13:34	13:55	14:09	
56	936	Schmidt Ulrike	*Köln	0:54:44	0:55:54	6	W50	62	13:05	13:35	13:53	14:11	
57	935	Altfeld Ines	*Köln	0:54:45	0:55:55	7	W50	61	13:05	13:35	13:53	14:12	
58	163	Ebeling Julia	ASV-Lauftreff	0:54:48	0:55:23	7	W35	77	12:24	13:56	14:05	14:21	
59	79	Bartel Michaela	BSG Stadt Köln	0:54:49	0:55:02	6	W45	66	12:32	13:50	14:13	14:12	
60	1074	Hens Kathrin		0:54:57	0:55:24	8	W50	61	13:35	13:54	13:56	13:31	

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## Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
61	429	Retzlaff Liane	never give up	0:55:01	0:55:23	1	W55	57	12:33	13:40	14:19	14:27	
62	790	Schulze Anna	andare sport	0:55:12	0:55:34	8	W35	79	12:36	14:03	14:09	14:22	
63	472	Lenz Astrid	Julias 12. Mann	0:55:16	0:55:23	15	W40	72	10:17	11:50	18:46	14:21	
64	268	Kathrin Rode	*Frechen	0:55:17	0:55:45	9	W35	77	12:15	14:14	14:55	13:51	
65	1565	Mohrmann Follow Hollow	*Köln	0:56:18	0:56:59	16	W40	70	13:22	14:12	14:21	14:21	
66	49	Jagusch Nadine	*Köln	0:56:19	0:56:44	10	W35	76	12:44	14:22	14:55	14:16	
67	263	Streit Simone	*Burscheid	0:56:21	0:56:49	7	W45	68	12:34	14:01	14:44	15:00	
68	681	Roth Monika	*KÖLN	0:56:22	0:56:30	2	W55	58	12:26	14:21	14:42	14:51	
69	1309	Jung Katrin	Julias 12. Mann	0:56:24	0:56:58	10	W30	83	12:31	14:11	14:50	14:50	
70	766	Wefers Andrea	*Köln	0:56:36	0:56:50	11	W35	75	12:14	14:25	15:08	14:48	
71	1006	Hitscher Doris		0:56:38	0:57:21	17	W40	74	13:00	14:16	14:46	14:34	
72	270	Baum Sarah	*Frechen	0:56:40	0:57:08	11	W30	82	12:15	14:14	14:55	15:14	
73	142	Brauner Sabine	*Köln	0:56:40	0:57:37	18	W40	70	12:37	14:25	14:47	14:51	
74	334	Kies Bernadetta	*Köln	0:56:55	0:57:24	3	W55	59	12:45	14:22	14:54	14:52	
75	178	Heintges Carmen	*Köln	0:56:58	0:57:33	12	W30	83	14:00	14:58	14:12	13:47	
76	452	Bauer Ruth	*Leverkusen	0:57:02	0:58:20	19	W40	72	13:21	14:12	14:48	14:40	
77	850	Wallmeroth Nikola	*Köln	0:57:08	0:57:41	15	WHK	90	14:01	14:58	14:12	13:56	
78	1067	Lamperts Susanne		0:57:26	0:58:10	20	W40	70	13:26	14:21	14:42	14:56	
79	1279	Marx Ursula		0:57:28	0:57:39	9	W50	60	11:59	15:11	15:18	14:58	
80	735	Belau Katja	*Köln	0:57:31	0:58:05	21	W40	70	12:26	14:41	15:13	15:10	
81	80	Serban Ruth	BSG Stadt Köln	0:57:36	0:57:49	10	W50	61	12:43	14:37	15:07	15:08	
82	137	Lindenau Birgit	Dyno Ölberg Elberfeld	0:57:44	0:58:14	8	W45	67	15:12	14:35	14:05	13:51	
83	148	Courth Elisabeth	*Köln	0:57:59	0:59:01	13	W30	83	13:57	14:44	14:52	14:24	
84	147	Bahls Roswitha	LSV Porz / Köln	0:58:09	0:58:12	11	W50	61	12:56	14:56	15:11	15:04	
85	937	Pahde Ulrike	*Köln	0:58:11	0:59:21	9	W45	69	13:17	14:26	15:00	15:27	
86	50	Beier Andrea	*Köln-Ossendorf	0:58:18	0:58:27	22	W40	71	12:45	14:54	15:17	15:22	
87	807	Symalla Melanie	Hackes	0:58:32	0:59:27	12	W35	76	13:49	15:02	15:09	14:32	
88	209	Rips Diane	*Köln	0:58:39	0:59:38	23	W40	73	14:27	14:50	14:48	14:32	
89	210	Friedt Wibke	*Köln	0:58:39	0:59:38	13	W35	75	14:27	14:50	14:49	14:32	
90	1077	Martin Martina		0:58:55	0:59:29	10	W45	67	14:25	14:56	14:58	14:34	
91	524	Schmitz Sandra	Lauf-Uschi	0:59:13	1:00:25	14	W35	76	14:05	14:42	14:51	15:35	
92	303	Seeger Silke	*Köln	0:59:35	1:00:33	24	W40	74	13:48	15:07	15:20	15:20	
93	1523	Eggers Marion	PSV Bonn Triathlon	0:59:36	0:59:57	25	W40	73	13:42	15:11	15:22	15:20	
94	955	Quirini Janna	*Köln	0:59:37	1:00:32	26	W40	74	13:17	14:49	15:50	15:40	
95	102	Hardt Brigitte	Musikgruppe Echte Fründe	0:59:42	1:00:02	12	W50	63	13:53	15:08	15:11	15:28	
96	858	Simon Barbara	*Köln	0:59:46	1:00:40	15	W35	76	13:18	14:46	15:49	15:51	
97	954	Herschel Maria	*Köln	0:59:47	1:00:42	13	W50	64	13:17	14:46	15:50	15:52	
98	1009	Nussmann Michaela	*Köln	0:59:51	1:00:25	14	W50	64	13:06	15:20	15:45	15:39	
99	340	Vogelmann Greta	*Köln	1:00:04	1:01:16	2	WU1	00	14:15	13:35	14:42	17:30	
100	870	Dreesbach Claudia	*Troisdorf	1:00:15	1:00:33	11	W45	66	14:06	15:20	15:34	15:12	
101	868	Lütz Claudia	*Troisdorf	1:00:20	1:00:38	12	W45	66	14:06	15:21	15:34	15:17	
102	55	Voigt Karo	Stellwerk/Sprinter	1:00:23	1:00:52	27	W40	74	14:15	15:21	15:21	15:25	
103	56	Thieler Nicole	Stellwerk/Sprinter	1:00:23	1:00:52	16	W35	76	14:15	15:21	15:21	15:25	
104	914	Suilmann Doris	Brunnenkinder e.V.	1:00:40	1:01:35	28	W40	72	13:17	14:48	15:56	16:37	
105	76	Terhoeven Vanessa	*Köln	1:00:42	1:01:30	16	WHK	88	13:28	15:02	16:16	15:54	
106	1304	Noben Simone		1:00:48	1:01:07	4	W55	59	14:00	15:22	15:48	15:37	
107	219	Ahl Madeleine	*Bonn	1:00:54	1:01:45	15	W50	62	14:52	15:30	15:26	15:05	
108	245	Szyszka Bärbel	*Frechen	1:01:01	1:01:38	13	W45	66	14:24	15:20	15:33	15:44	
109	2302	Pütz-Pilewski Katharina	*Frechen	1:01:02	1:01:39	16	W50	61	14:24	15:19	15:33	15:44	
110	261	Hecht Ines Larissa	*Düsseldorf	1:01:07	1:01:26	17	WHK	89	14:09	15:31	15:45	15:40	
111	20	Hecht Pia Alina	*Köln	1:01:08	1:01:26	18	WHK	87	14:10	15:30	15:46	15:41	
112	742	Taxhet Martina	*Köln	1:01:15	1:01:36	14	W45	69	13:37	15:33	15:58	16:05	
113	856	Fischer Melanie	*Köln	1:01:16	1:02:22	14	W30	82	14:19	14:53	15:49	16:13	
114	172	Steiner Kathrin	*Köln	1:01:21	1:01:42	29	W40	72	13:37	15:33	15:59	16:11	
115	1535	Trömberg Gabi		1:01:21	1:02:19	15	W45	66	13:49	15:43	15:52	15:56	
116	1503	Schwarze Michaela		1:01:25	1:01:50	17	W35	76	13:45	16:16	17:29	13:54	
117	866	Jung Beate	*Hennef	1:01:28	1:01:39	17	W50	64	13:42	15:35	15:59	16:11	
118	164	Ebeling Mareike	1. FC Köln	1:01:54	1:02:30	15	W30	80	14:23	15:38	15:54	15:57	
119	5	Edalat Nessa	Julias 12. Mann	1:01:59	1:02:34	16	W30	80	14:24	15:39	15:54	16:01	
120	204	Stein Elena	Expedit-WG	1:01:59	1:03:05	17	W30	83	14:21	15:21	16:09	16:07	

# 10km - Gesamtwertung

# 8. Bickendorfer Büdchenlauf - 28.09.2014

## Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
121	203	Thießßen Sina	Expedit-WG	1:02:00	1:03:06	18	W35	79	14:21 15:22 16:11 16:04
122	197	Fuhrich Corinna	Team Michael	1:02:26	1:03:15	18	W30	84	14:43 15:33 16:16 15:51
123	1515	Heller Marlene	*Köln	1:02:39	1:03:09	1	W60	52	14:17 15:55 16:13 16:12
124	1053	Tetzlaff Yasmin		1:02:41	1:02:47	30	W40	70	14:30 15:00 16:13 16:57
125	72	Rösel Heidi	*Köln	1:02:46	1:03:16	31	W40	73	15:13 15:56 15:47 15:49
126	1367	Winter Jana		1:02:53	1:03:36	19	W30	81	12:51 14:53 19:24 15:43
127	1361	Strugholz Monika		1:03:08	1:03:44	5	W55	58	13:56 15:57 16:40 16:34
128	1044	Urbain Gabriele	Albis Laufftreff	1:03:11	1:03:41	18	W50	60	13:53 15:55 16:33 16:48
129	1164	Stein Yenisel		1:03:12	1:03:32	20	W30	84	14:16 16:12 16:08 16:35
130	1289	Waszerka Ina		1:03:18	1:04:24	32	W40	74	14:14 15:05 16:16 17:42
131	771	Jurewicz Anna	*Huerth	1:03:29	1:03:37	19	WHK	86	14:17 16:07 16:39 16:24
132	526	Rook Vanessa	*Köln	1:03:29	1:04:40	33	W40	71	15:03 16:09 16:18 15:57
133	397	Quadflieg Annette	*Köln	1:03:43	1:04:52	19	W35	76	14:55 16:04 16:22 16:21
134	1504	Cacir Özlem		1:03:44	1:04:08	21	W30	81	13:45 16:17 17:33 16:07
135	378	Funk Ulrike	SG Zons	1:03:46	1:04:55	20	W35	75	14:55 16:04 16:22 16:23
136	406	Rotscheidt Jana	*Hennef	1:04:00	1:04:47	20	WHK	91	15:05 16:08 16:30 16:17
137	405	Rotscheidt Doris	*Hennef	1:04:00	1:04:47	6	W55	58	15:05 16:07 16:30 16:16
138	48	Albrecht Ulrike	*Köln	1:04:06	1:04:31	22	W30	83	13:48 16:10 17:07 17:00
139	978	Götze Carolin		1:04:12	1:05:22	34	W40	71	15:03 16:08 16:35 16:24
140	525	Ketelsen Silke	*Köln	1:04:12	1:05:23	35	W40	74	15:03 16:10 16:34 16:23
141	0	Hermann Kerstin	SC Janus e.V.	1:04:12	1:05:23	21	W35	78	15:04 16:10 16:33 16:23
142	527	Voß Anika	*Köln	1:04:13	1:05:24	22	W35	75	15:06 16:08 16:33 16:25
143	1064	Stark Carolin		1:04:31	1:04:48	21	WHK	90	13:43 16:21 17:03 17:23
144	293	Spachholz Maria Luise	TUS Brauweiler	1:04:52	1:05:40	7	W55	56	14:28 16:28 16:53 17:03
145	459	Babenerd Jutta	*Köln	1:05:14	1:06:19	36	W40	72	15:16 16:41 16:54 16:21
146	909	Uhl Stefanie	*Köln	1:05:15	1:05:21	23	W35	75	14:48 16:19 16:53 17:14
147	701	Falterbaum Alexandra	*Frechen	1:05:22	1:05:59	37	W40	72	14:24 15:30 18:30 16:57
148	1072	Pütz Daniela		1:05:22	1:05:59	22	WHK	93	14:24 15:29 18:29 16:58
149	1070	Bucher Katrin	SPD	1:05:27	1:06:19	23	WHK	89	14:49 16:12 17:10 17:14
150	1307	Conrad Jana		1:05:55	1:07:01	24	WHK	91	15:21 16:39 16:56 16:58
151	262	Schulz Kerstin	*Much	1:06:06	1:07:12	23	W30	81	15:21 16:39 16:56 17:09
152	260	Wüst Corinna	*Köln	1:06:14	1:07:01	24	W30	81	14:44 16:26 17:16 17:47
153	800	Bartsch Kathrin	*Köln	1:07:04	1:07:58	24	W35	76	13:59 17:07 17:47 18:10
154	196	Grisard Tomris	Team Michael	1:07:15	1:08:03	19	W50	60	15:03 17:11 17:23 17:36
155	27	Burger-Küchler Dagmar	*Köln	1:08:27	1:09:07	20	W50	62	14:59 17:01 17:36 18:48
156	943	Jung Maria	*Köln	1:08:39	1:09:43	25	WHK	86	15:46 16:59 17:47 18:05
157	1591	Becher Sabine	Telekom Post SG Köln	1:08:41	1:09:34	16	W45	66	14:53 17:07 18:24 18:14
158	173	Redeker Anna	*Köln	1:09:06	1:10:09	25	W30	82	15:02 16:53 18:26 18:43
159	199	Grisard Sanja	Team Michael	1:09:17	1:10:08	26	WHK	90	14:50 17:15 18:27 18:43
160	170	Kesterke Kyra	*Jülich	1:10:17	1:10:37	27	WHK	85	15:25 17:36 18:35 18:40
161	168	Kraus Lorena	*Jülich	1:10:17	1:10:37	28	WHK	86	15:24 17:35 18:04 19:14
162	138	Brüne Anne	Dyno Ölberg Elberfeld	1:10:29	1:10:59	25	W35	79	15:23 17:32 18:41 18:51
163	949	Linnartz Marianne	*Bergheim	1:10:52	1:11:57	17	W45	65	15:55 18:22 18:38 17:56
164	386	Pastoors Astrid	*Köln	1:13:09	1:14:11	18	W45	69	15:36 18:43 20:01 18:48
165	938	Pollmeier Silke	*Köln	1:13:45	1:14:50	38	W40	70	15:46 18:37 19:49 19:32
166	161	Rattelsdoerfer Kerstin	*Köln	1:14:19	1:15:07	26	W30	82	16:58 18:46 19:10 19:24
167	372	Schürmann Lisa	*Köln	1:14:23	1:15:11	19	W45	68	16:58 18:45 19:10 19:28
168	290	Hieke Lisa	itrim Köln	1:14:38	1:15:12	29	WHK	90	14:01 14:58 14:12 31:26
169	414	Kästner Jelena	*Köln	1:16:54	1:17:22	30	WHK	87	17:13 19:16 20:10 20:14
170	504	Fili Müller Giovanna	BSG Stadt KÖln	1:24:36	1:24:49	8	W55	58	15:04 23:05 23:50 22:36
171	479	Poppers Christina	*Köln	1:28:20	1:29:16	26	W35	76	18:26 21:41 23:53 24:18
172	169	Bach Anna	*Köln	1:28:20	1:29:16	27	W30	80	18:27 21:43 23:52 24:18
173	398	Schievenbusch Ursel	*Bedburg	1:01:24	1:02:28	20	W45	66	15:56 19:55 25:32 00:00
174	1255	Schmitz Marita		0:30:37	0:31:11	21	W50	64	14:42 15:55 00:00 00:00
175	733	Kamp Nicole	nippon	0:31:58	0:32:50	27	W35	79	14:47 17:11 00:00 00:00
176	743	Franck Martina	Slow Motion	0:13:52	0:14:38	21	W45	67	13:52 00:00 00:00 00:00
177	1174	Luth Silke	de Lisbeths	0:38:45	0:39:06	28	W35	79	38:45 00:00 00:00 00:00