

Kölner Zoolauf am 12. Juli 2013 - 5 Runden - 8.92km

Ergebnisliste Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	383	Herrmann Volker		0:34:06	1985 MHK	1	0:34:10	06:45 06:47 06:44 06:41 06:36	3:49 min/km
2	732	Bonrath Felix	*Müch	0:37:45	1993 MHK	2	0:37:49	07:10 07:28 07:28 07:49 06:57	4:14 min/km
3	650	Wegner Andreas	Die blaue Elise	0:41:12	1977 M35	1	0:41:51	08:00 07:54 08:04 08:28 08:02	4:37 min/km
4	511	Oellers Michael	*Köln	0:43:46	1965 M45	1	0:44:53	09:12 08:34 09:03 09:21 06:55	4:54 min/km
5	824	Gellermann Stefan	Torpedo T-Rex	0:44:06	1984 MHK	3	0:45:35	09:35 08:26 08:22 08:33 08:25	4:57 min/km
6	629	Tinsz Klaus	./.	0:46:01	1956 M55	1	0:47:58	10:38 08:53 08:30 08:38 08:39	5:10 min/km
7	990	Marx Heinrich	*Köln	0:46:32	1959 M50	1	0:47:37	09:12 08:34 09:03 09:20 09:33	5:13 min/km
8	1185	Tisken Gerd	*Köln	0:47:09	1982 M30	1	0:48:23	10:24 09:06 09:02 08:56 08:54	5:17 min/km
9	410	Kabacinski Rene	*Köln	0:48:10	1980 M30	2	0:48:49	09:18 09:26 09:32 09:26 09:38	5:24 min/km
10	409	Kabacinski Michael	Oldenburg	0:48:11	1952 M60	1	0:48:48	09:20 09:26 09:25 09:32 09:38	5:24 min/km
11	354	Gößling Dr. Tobias	kleiner Laufangriff	0:48:12	1970 M40	1	0:49:54	09:55 09:18 09:34 09:38 09:11	5:24 min/km
12	299	Busch Tobias	*Köln	0:50:08	1972 M40	2	0:50:49	10:20 10:14 09:55 09:37 09:17	5:37 min/km
13	886	Huppert Volker	*Köln	0:50:18	1970 M40	3	0:51:28	10:46 09:51 09:41 09:42 09:31	5:38 min/km
14	317	Dündar Can	Cologne on fire!	0:51:10	1972 M40	4	0:51:38	10:14 09:47 09:49 10:20 10:18	5:44 min/km
15	758	Cendlewski Thomas	*Engelskirchen	0:51:36	1989 MHK	4	0:52:36	09:45 08:57 09:09 11:19 11:38	5:47 min/km
16	1213	Weiden Jeremy Pascal		0:51:54	2003 MU12	1	0:53:13	10:00 09:37 10:04 10:51 10:28	5:49 min/km
17	871	Heywinkel Klaus	*Köln	0:52:47	1967 M45	2	0:53:32	11:28 10:21 10:22 10:16 09:28	5:55 min/km
18	717	Birker Marc	*Mettmann	0:53:08	2000 MU14	1	0:53:14	09:35 10:18 10:27 10:44 11:19	5:57 min/km
19	1241	Zygmant Tom	*Hürth	0:54:12	1984 MHK	5	0:54:39	10:49 10:38 10:32 10:21 11:03	6:05 min/km
20	257	Assenmacher Klaus	Wellenläufer	0:54:38	1973 M40	5	0:54:55	11:54 13:58 08:32 11:25 08:09	6:08 min/km
21	946	Kreiß Marco	*Bonn	0:54:56	1994 MU20	1	0:55:17	10:17 09:52 10:09 11:05 12:40	6:10 min/km
22	1271	Sawatzki Dirk		0:54:59	1965 M45	3	0:56:03	10:46 10:37 10:47 10:52 11:05	6:10 min/km
23	451	Kuttner Siegfried	*köln	0:55:51	1959 M50	2	0:57:04	11:28 10:28 10:42 10:35 11:45	6:16 min/km
24	858	Hauswald Michael	*Köln	0:56:00	1977 M35	2	0:57:37	11:55 10:17 10:24 11:05 11:26	6:17 min/km
25	1204	Waltermann Mario	*Köln	0:56:01	1971 M40	6	0:57:39	11:55 10:12 10:28 11:05 11:27	6:17 min/km
26	1140	Siemetzki Janek	*Kerpen	0:57:20	1985 MHK	6	0:58:37	12:17 11:42 11:35 10:28 10:27	6:26 min/km
27	806	Fischer Michael	*Mechernich	0:58:26	1976 M35	3	0:59:18	12:18 11:28 11:26 11:19 11:04	6:33 min/km
28	1106	Schön Georg	*Köln	0:59:07	1965 M45	4	1:00:27	12:02 11:27 11:10 11:40 11:54	6:38 min/km
29	949	Krempf Manuel	*Köln	1:00:48	1986 MHK	7	1:02:19	12:12 12:10 12:03 11:58 11:34	6:49 min/km
30	947	Kreißl Dirk	Thelen-Architekten	1:05:07	1976 M35	4	1:06:24	11:00 12:01 14:09 13:35 13:39	7:18 min/km

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit	
1	1160	Stenzel Vanessa	*Köln	0:44:31	1981	W30	1	0:45:19	08:53 08:39 08:42 08:44 08:46	4:60 min/km
2	1170	Thaler Britta	*Siegen	0:48:52	1983	W30	2	0:50:09	10:17 09:38 09:34 09:28 09:05	5:29 min/km
3	520	Ott Nadine	SG TÜV Rheinland	0:49:38	1978	W35	1	0:51:11	10:41 09:37 09:43 09:26 09:24	5:34 min/km
4	1121	Schüler Angelika	KCfW	0:51:50	1962	W50	1	0:52:15	10:09 09:42 09:59 10:26 10:42	5:49 min/km
5	1153	Stegmann Sarah	*Köln	0:52:42	1996	WU18	1	0:52:50	11:17 10:23 10:18 10:18 09:47	5:55 min/km
6	585	Schneider Maria-Cecile	*Köln	0:53:31	1966	W45	1	0:53:53	10:09 10:28 10:24 10:47 10:53	6:00 min/km
7	677	Zygmann Moni	*Hürth	0:54:12	1980	W30	3	0:54:40	10:49 10:37 10:32 10:20 11:03	6:05 min/km
8	1067	Retterath Maren	*Köln	0:55:01	1988	WHK	1	0:55:25	10:28 10:35 12:10 10:27 10:34	6:10 min/km
9	981	Littmann Manuela	*Koeln	0:56:02	1964	W45	2	0:56:56	11:38 10:49 10:47 10:55 10:59	6:17 min/km
10	1148	Spielmann Anja	*Köln	0:57:05	1976	W35	2	0:57:20	10:06 10:31 11:25 12:18 11:59	6:24 min/km
11	1031	Ohler Carmen	*Köln	0:57:24	1982	W30	4	0:58:29	11:14 10:59 11:20 11:38 11:19	6:26 min/km
12	739	Bozdech Britta	*Köln	0:57:40	1979	W30	5	0:58:33	11:57 11:12 11:21 11:11 11:06	6:28 min/km
13	702	Bell Jenny	*Sankt Augustin	0:57:41	1986	WHK	2	0:58:33	11:57 11:12 11:20 11:12 11:06	6:28 min/km
14	509	Nogueira Cardoso Maria*	Köln	0:57:48	1963	W50	2	0:58:05	11:12 11:07 11:19 11:35 11:43	6:29 min/km
15	1060	Raths Simone	*Mechernich	0:58:26	1980	W30	6	0:59:18	12:19 11:27 11:26 11:19 11:04	6:33 min/km
16	584	Schmitz Elke	*Erfststadt	0:58:54	1972	W40	1	0:59:58	11:55 11:31 11:30 11:32 11:33	6:36 min/km
17	340	Froitzheim Gabi	*Erfststadt	0:58:54	1964	W45	3	0:59:58	11:55 11:31 11:29 11:33 11:33	6:36 min/km
18	665	Wolter Claudia	*Frechen	1:00:09	1965	W45	4	1:01:18	11:56 11:30 11:47 12:00 12:08	6:45 min/km
19	472	Louis Daniela	*Köln	1:00:12	1977	W35	3	1:01:35	11:38 11:45 11:54 11:57 12:01	6:45 min/km
20	1010	Most Steffi	*Langenfeld	1:00:49	1987	WHK	3	1:01:29	12:03 12:18 12:45 12:59 09:55	6:49 min/km
21	337	Fricke Sabrina	Flotte Gazellen	1:00:53	1980	W30	7	1:01:08	12:00 11:32 12:12 12:22 11:57	6:50 min/km
22	1087	Schierstädt Henriette	*Köln	1:01:35	1977	W35	4	1:02:44	12:04 12:07 12:21 12:15 11:56	6:54 min/km
23	943	Korpjuhn Sabine	*Köln	1:01:58	1985	WHK	4	1:03:45	12:26 11:45 11:51 12:30 12:36	6:57 min/km
24	270	Beer Silvia	*Kerpen	1:02:01	1961	W50	3	1:03:52	12:35 12:15 11:54 12:02 12:22	6:57 min/km
25	672	Ziegler Pascale	*Odendorf	1:02:39	1978	W35	5	1:02:58	11:54 12:35 12:52 11:22 13:00	7:01 min/km
25	605	Serce Gamze	*Odendorf	1:02:39	1987	WHK	5	1:02:58	11:54 12:34 12:53 11:22 13:00	7:01 min/km
27	1291	Doessen Ute		1:03:30	1965	W45	5	1:03:39	12:00 12:11 12:35 13:07 12:48	7:07 min/km
28	1165	Stosiek Monja	*Gummersbach	1:08:13	1986	WHK	6	1:09:35	12:39 13:14 13:43 14:01 13:43	7:39 min/km
29	836	Graeske Verena	*Köln	1:08:55	1993	WHK	7	1:10:09	13:34 15:34 15:02 13:44 10:06	7:44 min/km
30	1004	Mitchell Laura	*Köln	1:10:30	1981	W30	8	1:11:38	13:22 13:43 13:17 18:44 10:32	7:54 min/km
31	757	Celik Tuba	Running Elements	1:10:39	1988	WHK	8	1:12:08	13:14 13:36 14:05 14:36 14:10	7:55 min/km