

Kölner Zoolauf am 12. Juli 2013 - 4 Runden - 7.15km

Ergebnisliste Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	386	Heyman Andy	*Köln	0:34:28	1973 M40	1	0:34:31	07:17 08:21 09:00 09:15	4:49 min/km
2	729	Boldt Daniel	Team Klappaffe	0:37:02	1992 MHK	1	0:38:48	09:51 08:48 09:06 08:34	5:11 min/km
3	684	Altehenger Tobias	*Köln	0:38:18	1987 MHK	2	0:39:59	09:32 09:09 09:28 09:27	5:21 min/km
4	466	Linden Rolf	Die blaue Elise	0:38:57	1970 M40	2	0:39:36	10:32 09:34 09:03 09:02	5:27 min/km
5	956	Krolop Stefan	*Wachtberg	0:40:31	1970 M40	3	0:40:49	10:12 09:33 09:48 10:06	5:40 min/km
6	281	Birkner Thomas	*Netphen	0:41:44	1964 M45	1	0:42:04	11:47 11:59 08:43 08:29	5:50 min/km
7	1043	Pieper Florian	Pieper	0:41:45	1985 MHK	3	0:41:57	09:42 10:20 10:35 10:22	5:50 min/km
8	524	Palkowski Thomas	*Neuß	0:41:46	1979 M30	1	0:42:41	10:44 10:21 09:56 09:56	5:51 min/km
9	309	Deling Wolfram	SG TÜV Rheinland	0:41:50	1959 M50	1	0:43:23	11:18 10:10 09:46 09:45	5:51 min/km
10	637	Voge Matthias	*Wesseling	0:41:53	1954 M55	1	0:42:36	10:47 10:12 10:05 09:48	5:51 min/km
11	590	Schorn Harald	Die Rennschnecken	0:41:59	1977 M35	1	0:43:45	11:18 10:02 09:55 10:00	5:52 min/km
12	708	Bessiere Ivaldo	*Düsseldorf	0:42:22	1995 MU20	1	0:44:00	10:58 10:08 10:27 10:05	5:56 min/km
13	682	Albers Jon	*Bonn	0:42:32	1976 M35	2	0:43:18	10:49 10:03 10:13 10:38	5:57 min/km
14	1237	Zeiger Matthias	*Kelkheim	0:44:04	1971 M40	4	0:45:57	10:56 10:21 10:55 11:05	6:10 min/km
15	843	Hachenberg Volker	*Wipperfürth	0:44:30	1970 M40	5	0:45:01	11:28 10:55 10:48 10:28	6:14 min/km
16	530	Peters Wolfgang	*Düren	0:44:40	1968 M45	2	0:44:59	10:53 10:47 10:59 11:12	6:15 min/km
17	580	Schlüter Jörg	Die Hasen	0:45:06	1962 M50	2	0:45:26	11:27 11:02 10:59 10:48	6:19 min/km
18	294	Buchstein Thomas	die Hasen	0:45:06	1976 M35	3	0:45:26	11:27 11:02 10:59 10:48	6:19 min/km
19	913	Kessel Michael	*Bonn	0:45:24	1986 MHK	4	0:46:49	11:33 10:28 11:06 11:27	6:21 min/km
20	318	Dulak Christoph	*Frechen	0:45:26	1970 M40	6	0:46:43	11:44 10:52 11:01 10:56	6:21 min/km
21	521	Schmidt Stephan		0:45:32	1973 M40	7	0:47:24	11:46 11:20 10:42 10:59	6:22 min/km
22	1325	Nietzard Christian		0:45:36	1986 MHK	5	0:46:23	11:27 10:56 11:17 11:06	6:23 min/km
23	494	Molnar Joachim	*Köln	0:45:54	1975 M35	4	0:47:44	12:28 12:40 09:36 10:24	6:25 min/km
24	895	Jüliger Tim	JVA-Rheinbach	0:46:17	1994 MU20	2	0:47:58	10:35 10:49 11:47 12:21	6:29 min/km
25	252	Ahlf Frank	*Frechen	0:47:23	1966 M45	3	0:47:40	10:57 11:26 12:11 12:01	6:38 min/km
26	335	Franken Aljosa	*Köln	0:47:57	1992 MHK	6	0:49:18	11:51 11:51 11:49 11:34	6:42 min/km
27	898	Jung Torsten	Cool Runnings	0:50:58	1972 M40	8	0:51:39	12:02 12:19 12:45 12:59	7:08 min/km
28	721	Blödorn Sven	*Solingen	0:53:56	1976 M35	5	0:55:16	12:45 13:11 13:22 13:44	7:33 min/km
29	1217	Weitauer Alex	*Düsseldorf	0:53:56	1973 M40	9	0:55:16	12:44 13:12 13:21 13:44	7:33 min/km
30	926	Kluxen Michael	*Köln	0:54:43	1972 M40	10	0:56:23	14:17 11:39 14:40 13:19	7:39 min/km
31	1319	Redemann Norbert	TTC Lövenich 1957 e.V.	0:55:54	1945 M65	1	0:57:03	12:51 13:11 13:06 15:46	7:49 min/km
32	1118	Schuckel Philipp	*Hürth	1:05:23	1999 MU16	1	1:05:56	11:59 10:59 12:47 28:41	9:09 min/km

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	787	Eichhorn Nadine	sv Bergisch Gladbach	0:37:00	1981 W30	1	0:37:23	08:47 08:58 09:22 09:13	5:11 min/km
2	850	Hamacher Greta	*Jüchen	0:37:01	2000 WU14	1	0:37:56	09:47 08:59 08:46 08:43	5:11 min/km
3	523	Pabst Monika	*Köln	0:38:46	1962 W50	1	0:38:56	08:53 09:04 09:01 11:07	5:25 min/km
4	607	Siemons Elisabeth	*Köln	0:39:11	1966 W45	1	0:40:33	10:15 09:22 09:26 09:20	5:29 min/km
5	364	Halbe Johanna	BSG DEVK	0:40:37	1956 W55	1	0:41:19	10:14 09:54 09:52 09:48	5:41 min/km
6	638	Von Dewitz Carmen	*Brühl	0:42:41	1970 W40	1	0:44:30	11:36 10:30 10:02 09:47	5:58 min/km
7	975	Lieth Saskia	*Hennef	0:42:45	1988 WHK	1	0:43:56	11:27 10:33 10:17 09:40	5:59 min/km
8	518	Ott Christiane	Ottifanten	0:43:09	1976 W35	1	0:44:06	10:34 10:27 10:54 10:25	6:02 min/km
9	845	Haentjes Sonja	Schön und Bund um die	0:43:22	1981 W30	2	0:44:14	11:32 10:22 10:30 10:07	6:04 min/km
10	529	Peters Nadine	Hang On	0:44:42	1975 W35	2	0:45:00	10:54 10:47 10:59 11:13	6:15 min/km
11	254	Alflen Monika	Kreissparkasse Köln	0:44:54	1958 W55	2	0:45:23	10:49 10:42 11:10 11:21	6:17 min/km
12	488	Meyer Marion	*Leverkusen	0:45:17	1961 W50	2	0:46:46	11:43 10:51 11:00 10:54	6:20 min/km
13	1080	Schädler Barbara	*Köln	0:45:27	1962 W50	3	0:45:44	11:23 11:03 11:05 11:08	6:22 min/km
14	414	Kania Lydia	*Hürth	0:45:28	1982 W30	3	0:45:55	10:26 11:13 11:37 11:22	6:22 min/km
15	1011	Müller Alexandra	Running Liesel	0:45:30	1980 W30	4	0:46:32	11:58 11:28 11:07 10:08	6:22 min/km
16	1143	Simon Yvonne	*Köln	0:45:35	1980 W30	5	0:46:23	11:26 10:55 11:17 11:06	6:23 min/km
17	312	Dömmecke Monika	*Köln	0:45:39	1963 W50	4	0:45:46	10:58 11:09 11:31 11:16	6:23 min/km
18	910	Keimes Saskia	*Wiehl	0:46:03	1995 WU20	1	0:46:52	12:22 10:46 10:23 11:42	6:27 min/km
19	366	Hamm Ursula	Domschnecken	0:46:19	1977 W35	3	0:47:09	11:05 11:11 11:35 11:41	6:29 min/km
20	581	Schmidt Jasmin	*Elsdorf-Niederembt	0:46:36	1973 W40	2	0:46:52	11:15 11:29 11:42 11:26	6:31 min/km
21	865	Heitsch Katrin	*Bergisch Gladbach	0:46:48	1962 W50	5	0:46:51	11:32 11:50 11:27 11:14	6:33 min/km
22	935	Köhler Petra	*Bergisch Gladbach	0:46:49	1962 W50	6	0:46:51	11:32 11:50 11:27 11:14	6:33 min/km
23	942	Korfmacher Britta	*Köln	0:47:24	1979 W30	6	0:47:40	10:57 11:26 12:11 12:01	6:38 min/km
24	1178	Thoring Helena	*Köln	0:47:56	1993 WHK	2	0:49:17	11:51 11:51 11:49 11:33	6:42 min/km
25	1156	Stein Melanie	*Siegen	0:48:12	1977 W35	4	0:49:18	11:53 11:35 12:05 11:48	6:45 min/km
26	426	Keßler Doris	*Köln	0:48:30	1967 W45	2	0:48:59	11:51 11:58 11:46 12:00	6:47 min/km
27	997	Mereien Nadine	*Köln	0:48:34	1980 W30	7	0:49:56	12:04 11:24 11:45 12:11	6:48 min/km
28	573	Schenk Simone	LT Hennef / Sieg	0:48:43	1979 W30	8	0:49:46	12:03 11:26 13:09 11:17	6:49 min/km
29	269	Beer Miriam	*Morsbach	0:48:51	1991 WHK	3	0:50:13	12:15 12:01 11:54 11:50	6:50 min/km
30	1226	Willrodt Jana	*Bonn	0:48:59	1988 WHK	4	0:50:25	11:33 11:36 12:20 12:41	6:51 min/km
31	1103	Schnitzler Uschi	*Frechen	0:49:01	1983 W30	9	0:50:26	12:22 11:03 12:36 12:05	6:51 min/km
32	1231	Wittland Dorothea	Esc Wachtberg	0:49:02	1971 W40	3	0:49:19	11:21 11:48 12:24 12:36	6:52 min/km
33	995	Maurer Marion	*Pulheim	0:49:07	1964 W45	3	0:50:01	11:49 11:17 13:23 11:48	6:52 min/km
34	1234	Zabkar Angela	*Köln	0:50:04	1983 W30	10	0:50:31	11:53 12:06 12:35 12:37	7:00 min/km
35	415	Karalus Mel	*Köln	0:50:05	1978 W35	5	0:50:31	11:54 12:05 12:35 12:38	7:00 min/km
36	1046	Pistono Larissa	*Köln	0:50:29	1992 WHK	5	0:52:25	12:39 12:46 12:58 11:25	7:04 min/km
37	1059	Radermacher Christina	*Köln	0:50:29	1994 WU20	2	0:52:25	12:41 12:45 12:59 11:24	7:04 min/km
38	527	Peters Dido	Kreissparkasse Köln	0:50:35	1975 W35	6	0:52:23	12:37 12:25 12:02 12:41	7:05 min/km
38	1105	Schnüttgen Petra	Kreissparkasse Köln	0:50:35	1970 W40	4	0:52:23	12:36 12:25 12:01 12:41	7:05 min/km
40	1152	Stefanie Klein	*Köln	0:50:36	1983 W30	11	0:51:58	11:56 14:06 12:07 11:31	7:05 min/km
41	679	Achenbach Petra	*Hürth	0:50:44	1966 W45	4	0:52:43	12:33 12:32 12:12 12:41	7:06 min/km
42	417	Kaspereit Bettina	die Glühwürmchen	0:51:43	1969 W40	5	0:53:07	12:56 12:46 12:36 12:32	7:14 min/km
43	391	Hof Brigitte	Die Glühwürmchen	0:51:43	1971 W40	6	0:53:08	12:56 12:47 12:36 12:31	7:14 min/km
44	867	Hennig Clarissa	Die Glühwürmchen	0:51:51	1969 W40	7	0:53:08	12:37 12:49 13:02 12:28	7:15 min/km
45	601	Sedic Gordana	Die Glühwürmchen	0:51:52	1962 W50	7	0:53:08	12:37 12:49 13:03 12:27	7:15 min/km
46	544	Quirin Heike	Kreissparkasse Köln	0:51:59	1971 W40	8	0:53:47	12:38 12:56 12:50 12:43	7:16 min/km
47	368	Hannemann Sabine	BSG BMU	0:52:24	1965 W45	5	0:53:38	12:31 12:41 13:12 13:08	7:20 min/km
48	1018	Nagorny Kati	*Euskirchen	0:52:25	1982 W30	12	0:53:07	12:52 13:54 12:06 12:39	7:20 min/km
49	962	Lauckner Mareike	*Bergisch Gladbach	0:52:26	1984 WHK	6	0:53:30	12:35 12:20 13:30 13:08	7:20 min/km
50	924	Klösgen Katrin	*Berg. Gladbach	0:52:27	1978 W35	7	0:53:01	11:55 12:47 13:20 13:29	7:20 min/km
51	868	Heß Nana	running liesel	0:52:30	1983 W30	13	0:53:30	11:59 13:01 13:30 13:08	7:21 min/km
52	1282	Schwamborn Simone	Laufftreff Vilkerath	0:52:40	1969 W40	9	0:53:12	12:46 12:20 13:45 12:57	7:22 min/km
53	1039	Pahlow Hedwig	*Bergheim	0:52:50	1955 W55	3	0:53:22	12:54 13:00 12:53 13:04	7:23 min/km

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54	1033	Opfer Christine	*Solingen	0:53:57	1979 W30	14	0:55:15	12:46	13:11	13:21	13:44	7:33 min/km
55	1240	Zygmann Jenny	*Hürth	0:54:39	1985 WHK	7	0:54:39	13:33	13:13	13:22	13:15	7:39 min/km
56	929	Knauf Stefanie	*Overath	0:55:03	1965 W45	6	0:56:40	13:19	13:17	13:24	14:08	7:42 min/km
57	1320	Schütte Doris		0:55:47	1956 W55	4	0:56:57	12:51	13:09	13:07	15:46	7:48 min/km
58	1318	Redemann Marie Luise		0:55:48	1948 W65	1	0:56:57	12:51	13:09	13:07	15:46	7:48 min/km
59	1123	Schüller Diana	*Köln	0:55:51	2000 WU14	2	0:57:11	12:16	13:28	14:05	15:11	7:49 min/km
60	1214	Weiden Julie Marie		0:55:51	2000 WU14	3	0:57:11	12:13	11:28	17:10	14:08	7:49 min/km
61	1066	Reschke Marga	*Frechen	0:55:53	1947 W65	2	0:57:03	13:05	14:00	14:13	13:37	7:49 min/km
62	482	Mau Maike	*Köln	0:56:10	1971 W40	10	0:57:41	13:39	13:26	14:38	13:32	7:51 min/km
63	891	Jacob Maaïke	*Köln	0:56:10	1964 W45	7	0:57:41	13:39	13:26	14:39	13:32	7:51 min/km
64	683	Albertz Carmen	*Troisdorf	0:56:48	1964 W45	8	0:57:40	13:08	13:53	14:15	14:36	7:57 min/km
65	961	Lang Verena	*Köln	0:57:40	1959 W50	8	0:57:40	13:08	13:53	14:15	14:36	8:04 min/km
66	349	Gleich Kristina	*Bergheim	0:58:21	1976 W35	8	0:59:43	12:55	13:17	13:57	17:18	8:10 min/km
67	973	Lichterfeld Anja	*Köln	0:58:29	1964 W45	9	0:59:00	12:54	14:33	14:55	15:09	8:11 min/km
68	604	Senulubas Aylin	*Köln	0:58:54	1970 W40	11	1:00:06	14:42	14:47	14:38	13:49	8:14 min/km
69	710	Beßler Jutta	*Köln	1:00:00	1970 W40	12	1:01:07	13:22	13:42	13:17	18:44	8:24 min/km
70	966	Lenz Karin	Septemberkinder	1:01:07	1949 W60	1	1:02:46	14:22	14:49	15:31	15:26	8:33 min/km
71	991	Matzke Nadia	*Hürth	1:01:48	1997 WU18	1	1:03:23	12:58	14:25	16:39	16:07	8:39 min/km
72	993	Matzke Sonja	*Hürth	1:01:48	1997 WU18	2	1:03:24	12:57	14:25	16:39	16:07	8:39 min/km
73	1120	Schuckel Victoria	*Hürth	1:05:24	1994 WU20	3	1:05:56	11:59	10:57	12:50	28:49	9:09 min/km
74	864	Heinz Jasmin	*Köln	1:08:55	1993 WHK	8	1:10:09	13:34	15:33	15:01	23:50	9:38 min/km