

31. Hückeswagen Triathlon am 17. August 2013

Ergebnisliste

NRW Meisterschaft Mitteltriathlon 2000m - 70km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	802	Imhoff Sven	Tri Team MAXMO LG	3:43:35	M30	1	36	0:30:45	2	1:52:15	4	2:23:00	2	1:20:35	
2	796	Hein Markus	Kölner Triathlon-Team	3:43:43	M25	1	3	0:27:05	5	1:54:07	2	2:21:12	8	1:22:30	
3	812	Keitzel Gunnar	DLC Aachen	3:44:21	M30	2	38	0:31:03	9	1:55:21	9	2:26:25	1	1:17:56	
4	829	Schulte Thomas	DLC Aachen	3:45:29	M25	2	10	0:29:16	1	1:52:04	3	2:21:20	10	1:24:09	
5	790	Mühlnickel Marco	EJOT TV Buschhütten	3:46:50	M25	3	2	0:27:03	4	1:53:51	1	2:20:55	17	1:25:54	
6	465	Heibel Sebastian	Lödige Triathlon team	3:49:45	M20	1	64	0:32:14	3	1:52:46	6	2:25:00	11	1:24:44	
7	445	Abbing Sven	Herner Triathlon Team	3:49:54	M30	3	23	0:30:19	19	1:58:54	17	2:29:14	3	1:20:40	
8	442	Günnigmann Stefan	Mondi Tri Finish	3:51:12	M25	4	18	0:30:04	14	1:58:34	13	2:28:39	9	1:22:32	
9	426	Rowoldt Philipp	W + F Münster II	3:51:52	M30	4	17	0:30:00	8	1:55:15	7	2:25:16	20	1:26:35	
10	421	Wetzel David	RC Sarpesee	3:52:18	M20	2	1	0:26:08	25	1:59:42	8	2:25:50	19	1:26:28	
11	545	Bierey Dietmar	Triathlon Team Witten	3:52:49	M45	1	63	0:32:12	7	1:55:15	10	2:27:28	15	1:25:21	
12	817	Brämer Alexander	1. Tri-Club Paderborn	3:52:51	M30	5	57	0:32:10	23	1:59:26	24	2:31:36	4	1:21:14	
13	448	Bernhardt Maik	Herner Triathlon Team	3:53:59	M35	1	14	0:29:50	12	1:58:01	11	2:27:51	18	1:26:08	
14	463	Schmiejka Paul	Pulheimer SC	3:54:08	M25	5	47	0:31:36	31	2:01:06	27	2:32:43	5	1:21:25	
15	410	Röpstorf Uwe	Bayer 05 Uerdingen IV	3:54:32	M50	1	41	0:31:23	10	1:57:48	16	2:29:11	14	1:25:20	
16	557	Leßmeister Frank	Ute Mückel Triathlon	3:56:21	M45	2	6	0:28:59	24	1:59:29	12	2:28:29	25	1:27:51	
17	443	Huster Daniel	Mondi Tri Finish	3:56:40	M35	2	42	0:31:26	11	1:57:52	19	2:29:18	23	1:27:22	
18	838	Röhrken Golo	Kölner Triathlon Team	3:57:14	M25	6	33	0:30:42	26	1:59:46	21	2:30:28	21	1:26:45	
19	412	Lohmann Peter	Bayer 05 Uerdingen IV	3:57:57	M45	3	81	0:32:35	44	2:03:43	44	2:36:19	6	1:21:37	
20	423	Kuhlmann Guido	RC Sarpesee	3:59:06	M30	6	92	0:33:02	46	2:03:55	50	2:36:57	7	1:22:08	
21	642	Welsch Rüdiger	TuS Breitscheid	3:59:19	M50	2	7	0:29:03	28	2:00:05	15	2:29:09	32	1:30:10	
22	569	Hanakam Florian	RC Lüdenscheid III	3:59:53	M40	1	97	0:33:13	30	2:00:54	33	2:34:07	16	1:25:45	
23	671	Wille Markus	1.Tri-Club Paderborn	4:00:33	M50	3	40	0:31:10	13	1:58:06	18	2:29:16	42	1:31:16	
24	503	Wegener Olaf	SC Aquarius Löhne I	4:00:58	M40	2	110	0:33:42	22	1:59:09	28	2:32:52	27	1:28:06	
25	441	Flockau Sascha	Mondi Tri Finish	4:01:37	M30	7	8	0:29:04	53	2:04:31	30	2:33:36	26	1:28:00	
26	722	Nüttgens Ralf	DLC Aachen	4:02:34	M45	4	118	0:33:50	16	1:58:49	26	2:32:39	31	1:29:54	
27	571	Sartory Markus	RC Lüdenscheid III	4:03:14	M45	5	113	0:33:46	51	2:04:21	63	2:38:08	13	1:25:06	
28	834	Niklass Kai	TRC Essen 84	4:03:23	M25	7	37	0:30:50	21	1:59:08	20	2:29:58	60	1:33:24	
29	449	Kaiser Marcus	TSV Bayer 04	4:04:41	M40	3	123	0:34:12	17	1:58:49	29	2:33:01	45	1:31:40	
30	831	Hoffmann Tobias	TRC Essen 84	4:04:49	M25	8	31	0:30:37	57	2:04:55	40	2:35:32	30	1:29:17	
31	431	Telahr Jürgen	Bocholter WSV II	4:06:36	M40	4	119	0:33:50	32	2:01:12	35	2:35:03	44	1:31:32	
32	428	Brünink Johannes	W + F Münster II	4:07:00	M40	5	69	0:32:19	69	2:06:30	66	2:38:49	28	1:28:11	
33	602	Suderow Silvio	SSF Bonn I	4:07:40	M45	6	19	0:30:06	15	1:58:42	14	2:28:48	107	1:38:51	
34	601	Krumbe Ralf	SSF Bonn I	4:07:40	M45	7	100	0:33:20	41	2:03:23	46	2:36:44	39	1:30:55	
35	401	Simm Hendrik	1.Tri Team Gütersloh	4:08:05	M25	9	0	0:00:00	0	0:00:00	0	0:00:00	0	0:00:00	
36	840	Winnerebach Patrick	DLC Aachen	4:08:07	M25	10	53	0:32:04	65	2:05:32	58	2:37:37	36	1:30:30	
37	469	Schoelen Henning	Freie Schwimmer	4:08:12	M30	8	21	0:30:09	62	2:05:19	37	2:35:29	53	1:32:43	
38	450	Köhns Thomas	TSV Bayer 04	4:08:37	M40	6	27	0:30:25	43	2:03:33	31	2:33:58	69	1:34:39	
39	458	Remmers Hillard	PV Triathlon Witten II	4:09:01	M25	11	45	0:31:34	93	2:08:48	72	2:40:23	29	1:28:38	
40	513	Austerschmidt	TRICITY 2001 e.V.	4:09:07	M30	9	56	0:32:09	73	2:06:43	68	2:38:52	33	1:30:15	
41	552	Tewes Heiko	Delphin Dorsten	4:09:10	M40	7	12	0:29:30	6	1:54:26	5	2:23:56	154	1:45:14	
42	446	Hölzchen Timo	Herner Triathlon Team	4:09:13	M35	3	76	0:32:29	60	2:05:11	59	2:37:40	43	1:31:32	
43	415	Smyrek David	Tri Sport Team Verl II	4:09:18	M25	12	55	0:32:08	64	2:05:26	57	2:37:35	46	1:31:43	
44	670	Schuster Andreas	1.Tri-Club Paderborn	4:09:22	M55	1	13	0:29:48	68	2:06:19	42	2:36:07	58	1:33:14	
45	820	Buhs Dr. Andreas	ASV Köln Triathlon	4:09:43	M30	10	83	0:32:50	47	2:04:06	49	2:36:57	54	1:32:46	
46	424	Schulte-Pieper Thomas	RC Sarpesee	4:09:46	M45	8	77	0:32:31	18	1:58:52	23	2:31:23	100	1:38:23	
47	422	Beltermann Hubertus	RC Sarpesee	4:09:46	M45	9	111	0:33:43	42	2:03:27	51	2:37:10	51	1:32:35	
48	548	Oesterwind Dirk	Triathlon Team Witten	4:10:13	M45	10	146	0:35:11	45	2:03:51	70	2:39:02	40	1:31:10	
49	673	Laermann Ralf	TV 1848	4:10:21	M55	2	87	0:32:56	71	2:06:36	71	2:39:32	38	1:30:48	
50	501	Mohrmann Niko	SC Aquarius Löhne I	4:10:21	M30	11	44	0:31:33	36	2:02:28	32	2:34:02	81	1:36:18	
51	733	Lenzen Robert	RTC Frechen 80	4:10:23	M45	11	39	0:31:08	49	2:04:20	38	2:35:29	72	1:34:54	
52	546	Moldenhauer Kai	Triathlon Team Witten	4:10:25	M40	8	138	0:34:56	38	2:03:08	61	2:38:04	47	1:32:20	
53	841	Schöpping Max	DLC Aachen	4:10:38	M25	13	35	0:30:44	77	2:07:00	60	2:37:44	55	1:32:54	
54	507	Esselmann Tim-Felix	LC Solbad Ravensberg	4:10:46	M35	4	15	0:29:52	56	2:04:51	34	2:34:43	80	1:36:03	

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Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
55	533	Höltje Jan Hendrik	RC Endspurt Herford	4:10:57	M25	14	86	0:32:52	20	1:58:57	25	2:31:50	109	1:39:06	
56	816	Bender Dennis	ASV Köln Triathlon	4:11:12	M30	12	51	0:31:58	72	2:06:39	65	2:38:37	50	1:32:35	
57	417	Pelster Matthias	Rückenwind Geckos	4:11:34	M30	13	60	0:32:11	74	2:06:46	69	2:38:58	52	1:32:36	
58	418	Dildrop Markus	Rückenwind Geckos	4:11:41	M25	15	71	0:32:21	59	2:05:08	55	2:37:29	65	1:34:11	
59	419	Köhler Roman	Rückenwind Geckos	4:11:44	M35	5	89	0:33:00	58	2:05:05	62	2:38:05	62	1:33:39	
60	457	Czollmann Pascal	PV Triathlon Witten II	4:11:53	M35	6	194	0:38:27	37	2:02:47	81	2:41:14	37	1:30:39	
61	517	Radevic Mario	TSVE 1890 Bielefeld	4:12:09	M35	7	96	0:33:12	39	2:03:17	45	2:36:30	78	1:35:39	
62	856	Schnüttgen Thomas	Skiclub Olpe	4:12:18	M35	8	156	0:36:01	116	2:11:12	124	2:47:14	12	1:25:04	
63	561	Nolte Nils	SV Kutenhausen	4:12:34	M30	14	109	0:33:41	55	2:04:39	64	2:38:20	66	1:34:14	
64	551	Schuster Henning	Delphin Dorsten	4:12:49	M30	15	25	0:30:21	67	2:05:49	43	2:36:11	83	1:36:37	
65	540	Schröer Sebastian	ASC Ahlen	4:13:11	M30	16	104	0:33:31	92	2:08:27	91	2:41:59	41	1:31:11	
66	539	Schnafel Martin	ASC Ahlen	4:13:11	M45	12	73	0:32:23	89	2:08:22	76	2:40:45	48	1:32:25	
67	774	Pax Thomas	LG-Heimerzheim	4:13:36	M40	9	30	0:30:33	29	2:00:17	22	2:30:50	139	1:42:45	
68	466	Fraune Christoph	Lödige Triathlonteam	4:13:48	M30	17	225	0:41:27	27	1:59:52	83	2:41:19	49	1:32:29	
69	822	Risse Jeroen	DLC Aachen	4:14:40	M30	18	207	0:39:14	35	2:02:05	82	2:41:19	59	1:33:21	
70	610	Mathes Armin	SSF Bonn II	4:14:49	M45	13	127	0:34:16	40	2:03:17	56	2:37:34	88	1:37:14	
71	832	Carnevale Giovanni	Tri-As Hamm	4:14:51	M25	16	62	0:32:12	100	2:09:42	90	2:41:54	56	1:32:56	
72	454	Eggert Jan	Tri Club Wuppertal II	4:15:50	M35	9	106	0:33:35	78	2:07:17	79	2:40:52	73	1:34:58	
73	570	Kleinschmidt Oliver	RC Lüdenscheid III	4:16:03	M30	19	161	0:36:16	129	2:12:18	139	2:48:34	24	1:27:28	
74	429	Schleuter Christian	Bocholter WSV II	4:16:26	M30	20	103	0:33:31	34	2:01:59	39	2:35:31	125	1:40:55	
75	409	Wächtler Thomas	Bayer 05 Uerdingen IV	4:16:27	M55	3	150	0:35:23	108	2:10:42	117	2:46:06	35	1:30:21	
76	616	Zippert Jürgen	Hildener Allg.	4:16:29	M50	4	126	0:34:15	122	2:11:52	118	2:46:08	34	1:30:20	
77	444	Ohls Gerriet	Mondi Tri Finish	4:16:32	M25	17	149	0:35:14	33	2:01:58	53	2:37:12	111	1:39:19	
78	437	Mettlach Jörg	RWE Starlight Team	4:16:38	M45	14	5	0:28:55	85	2:07:50	47	2:36:45	114	1:39:52	
79	521	Thra Dustin	Cycling Team -Bochum	4:16:55	M25	18	80	0:32:33	50	2:04:21	48	2:36:54	116	1:40:00	
80	439	Köhler Daniel	RWE Starlight Team	4:17:34	M25	19	165	0:36:25	79	2:07:18	100	2:43:43	63	1:33:50	
81	771	Biesenbach Dr.	Triforce-vital RS	4:17:47	M50	5	34	0:30:42	102	2:09:52	74	2:40:35	87	1:37:12	
82	402	Pfeffer Thomas	1.Tri Team Gütersloh	4:17:48	M40	10	50	0:31:57	63	2:05:19	54	2:37:17	121	1:40:30	
83	650	Kerkering Stephan	Mondi Tri Finish	4:18:03	M45	15	169	0:36:35	54	2:04:32	80	2:41:07	86	1:36:55	
84	637	Isfort Hans	SV Gladbeck 13	4:18:26	M50	6	4	0:27:17	179	2:17:30	110	2:44:48	61	1:33:37	
85	453	Rexhausen Thorsten	Tri Club Wuppertal II	4:18:38	M40	11	22	0:30:14	76	2:06:57	52	2:37:11	131	1:41:26	
86	452	Weyer Frank	TSV Bayer 04	4:18:55	M45	16	43	0:31:26	48	2:04:06	41	2:35:33	142	1:43:22	
87	550	Hessling Michael	Delphin Dorsten	4:18:56	M45	17	181	0:37:18	91	2:08:24	112	2:45:43	57	1:33:12	
88	471	Lippert Martin	Freie Schwimmer	4:18:56	M45	18	98	0:33:15	111	2:10:48	103	2:44:04	71	1:34:52	
89	413	Strunz Dirk	Tri Sport Team Verl II	4:19:19	M40	12	49	0:31:51	95	2:08:57	78	2:40:49	102	1:38:30	
90	612	Buhs Jörg	SSF Bonn II	4:19:32	M55	4	28	0:30:27	90	2:08:23	67	2:38:50	123	1:40:41	
91	420	Mendorf Matthias	Rückenwind Geckos	4:20:22	M30	21	78	0:32:31	101	2:09:51	94	2:42:22	95	1:37:59	
92	572	Maklakhov Juri	RC Lüdenscheid III	4:20:22	M35	10	208	0:39:27	146	2:13:48	173	2:53:16	22	1:27:06	
93	565	Ellermann Jens	TriFit Lüdenscheid	4:21:05	M35	11	148	0:35:13	98	2:09:11	107	2:44:24	84	1:36:41	
94	427	Scholma Jetse	W + F Münster II	4:21:28	M30	22	11	0:29:17	156	2:14:48	105	2:44:06	89	1:37:22	
95	405	Storzer Christian	Nordtriathleten	4:21:31	M40	13	79	0:32:32	160	2:14:58	125	2:47:30	64	1:34:01	
96	641	Reckel Wolfgang	TuS Breitscheid	4:21:35	M50	7	195	0:38:28	84	2:07:47	121	2:46:15	76	1:35:19	
97	511	Töpfer Alexander	Rückenwind Geckos	4:21:51	M35	12	124	0:34:12	82	2:07:25	86	2:41:37	117	1:40:13	
98	555	Nieberg Sebastian	TV Werne 03	4:22:26	M30	23	112	0:33:45	110	2:10:48	109	2:44:33	93	1:37:53	
99	604	Voß Peter	TSVE 1890 Bielefeld	4:22:38	M45	19	101	0:33:24	105	2:10:31	101	2:43:55	104	1:38:43	
100	560	Dämmer Peter	Ute Mückel Triathlon	4:22:46	M40	14	48	0:31:39	117	2:11:13	97	2:42:52	115	1:39:54	
101	447	Grund Bastian	Herner Triathlon Team	4:22:50	M30	24	66	0:32:17	168	2:15:19	127	2:47:36	74	1:35:13	
102	720	Blissenbach Gerd	SV Bergisch Gladbach	4:23:33	M50	8	121	0:34:02	88	2:08:19	93	2:42:22	128	1:41:11	
103	455	Paffrath Arndt	Tri Club Wuppertal II	4:23:36	M35	13	158	0:36:06	134	2:12:40	141	2:48:47	70	1:34:49	
104	462	Buro Stefan	Pulheimer SC	4:23:36	M40	15	95	0:33:12	139	2:13:33	123	2:46:45	85	1:36:51	
105	608	van Gansewinkel René	Krefelder Kanu Klub	4:23:43	M45	20	176	0:36:54	94	2:08:55	114	2:45:50	92	1:37:52	
106	459	Pastor Till	PV Triathlon Witten II	4:24:10	M25	20	20	0:30:07	61	2:05:17	36	2:35:25	181	1:48:45	
107	470	Manno Roland	Freie Schwimmer	4:24:30	M40	16	9	0:29:13	151	2:14:11	99	2:43:25	127	1:41:05	
108	745	Lüttgen Jörg	Scheck Düren 99	4:24:33	M45	21	114	0:33:48	120	2:11:29	111	2:45:17	110	1:39:16	

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
109	542	Mettenmeyer Michael	1. Tri Team Gütersloh	4:24:39	M45	22	70	0:32:19	103	2:10:07	95	2:42:27	135	1:42:11	
110	707	Gattinger Carsten	TriForce-vital	4:24:58	M45	23	179	0:36:59	124	2:11:56	142	2:48:55	79	1:36:02	
111	430	Tielkes Berthold	Bocholter WSV II	4:25:38	M30	25	59	0:32:11	125	2:12:07	106	2:44:18	129	1:41:20	
112	559	Daut Uwe	Ute Mückel Triathlon	4:25:40	M45	24	85	0:32:52	97	2:09:09	92	2:42:02	143	1:43:38	
113	631	Bitzer Axel	Tri Club Wuppertal I	4:25:59	M50	9	192	0:38:22	104	2:10:08	135	2:48:31	90	1:37:28	
114	553	Thelen Dennis	TV Werne 03	4:26:30	M30	26	93	0:33:05	161	2:15:02	131	2:48:07	99	1:38:23	
115	416	Ventker Sebastian	Tri Sport Team Verl II	4:26:43	M30	27	201	0:38:40	83	2:07:31	119	2:46:12	122	1:40:31	
116	558	Schwenzer Timo	Ute Mückel Triathlon	4:26:50	M40	17	191	0:38:19	137	2:13:17	161	2:51:36	75	1:35:14	
117	607	Mehtieff Alexander	Krefelder Kanu Klub	4:26:52	M45	25	206	0:39:11	130	2:12:20	158	2:51:31	77	1:35:20	
118	823	Bünz Jonas	TriFinish Münster	4:27:03	M30	28	145	0:35:10	113	2:11:02	120	2:46:13	124	1:40:49	
119	630	Klinkert Roman	SSF Bonn III	4:27:13	M45	26	182	0:37:23	115	2:11:05	134	2:48:28	105	1:38:44	
120	509	Zellin Jan	Rückenwind Geckos	4:27:15	M30	29	167	0:36:28	175	2:16:23	171	2:52:51	67	1:34:23	
121	617	Borges Martin	Hildener Allg.	4:27:21	M45	27	107	0:33:37	87	2:08:05	87	2:41:43	157	1:45:38	
122	440	Knauff Matthias	RWE Starlight Team	4:27:32	M45	28	129	0:34:43	148	2:13:59	140	2:48:42	106	1:38:49	
123	505	Hegenbarth Amadeus	LC Solbad Ravensberg	4:27:33	MJun	1	75	0:32:26	99	2:09:25	89	2:41:52	158	1:45:40	
124	414	Selker Torsten	Tri Sport Team Verl II	4:27:53	M35	14	90	0:33:01	135	2:12:55	116	2:45:56	134	1:41:57	
125	623	Lehmkuhler Stefan	Rückenwind Geckos	4:27:58	M45	29	174	0:36:44	80	2:07:20	104	2:44:05	145	1:43:53	
126	813	Kopac Björn	DLC Aachen	4:28:33	M30	30	237	0:43:21	109	2:10:45	176	2:54:06	68	1:34:26	
127	456	Decker Hans-Joachim	Tri Club Wuppertal II	4:28:49	M45	30	160	0:36:13	128	2:12:17	136	2:48:31	118	1:40:18	
128	622	Parche Ingo	Rückenwind Geckos	4:28:53	M45	31	116	0:33:49	153	2:14:34	133	2:48:23	120	1:40:30	
129	460	Köster Mark	PV Triathlon Witten II	4:29:00	M30	31	203	0:39:01	112	2:11:00	150	2:50:02	108	1:38:58	
130	547	Müller Jan-Kristof	Triathlon Team Witten	4:29:07	M30	32	210	0:39:36	123	2:11:53	157	2:51:30	91	1:37:36	
131	506	Steuer Holger	LC Solbad Ravensberg	4:29:13	M45	32	108	0:33:40	75	2:06:51	73	2:40:32	179	1:48:41	
132	609	Tenten Arnold	Krefelder Kanu Klub	4:29:24	M50	10	74	0:32:24	150	2:14:07	122	2:46:32	140	1:42:51	
133	669	Stelzer Gunnar	ATV Hückeswagen	4:29:46	M45	33	46	0:31:35	192	2:20:04	164	2:51:40	96	1:38:05	
134	758	Jakubowski Uwe	TV Schiefbahn	4:29:55	M40	18	52	0:32:00	107	2:10:36	96	2:42:36	168	1:47:18	
135	516	Schmitz Klaus	TRICITY 2001 e.V.	4:30:02	M40	19	193	0:38:26	66	2:05:36	102	2:44:02	163	1:46:00	
136	451	Kufner Marco	TSV Bayer 04	4:30:11	M35	15	99	0:33:16	81	2:07:22	75	2:40:38	187	1:49:32	
137	730	Tiepolt Jens	SV AXA	4:30:28	M45	34	170	0:36:36	131	2:12:26	146	2:49:03	130	1:41:25	
138	538	Nieländer Andreas	ASC Ahlen	4:30:28	M45	35	58	0:32:10	170	2:15:37	128	2:47:48	138	1:42:40	
139	518	Mukielka Boris	TSVE 1890 Bielefeld	4:31:11	M40	20	29	0:30:29	118	2:11:17	88	2:41:46	185	1:49:25	
140	611	Hoening Bruno	SSF Bonn II	4:31:20	M60	1	102	0:33:27	132	2:12:28	115	2:45:55	156	1:45:24	
141	603	Fuchs Thomas	SSF Bonn I	4:31:21	M50	11	16	0:29:55	121	2:11:32	85	2:41:27	190	1:49:53	
142	633	Werg Rolf	Tri Club Wuppertal I	4:31:31	M55	5	235	0:43:02	106	2:10:34	174	2:53:36	94	1:37:54	
143	729	Vahldieck Jens	Tri-Team TV	4:32:03	M45	36	139	0:34:58	149	2:13:59	143	2:48:57	141	1:43:06	
144	562	Wachs Oliver	SV Kutenhausen	4:32:36	M30	33	218	0:41:04	163	2:15:06	195	2:56:11	82	1:36:25	
145	645	Königs Ralf	ASV Köln	4:32:51	M45	37	137	0:34:54	141	2:13:38	137	2:48:33	148	1:44:18	
146	787	Weissner Martin	W+F Münster	4:33:07	M35	16	175	0:36:53	155	2:14:42	162	2:51:36	132	1:41:30	
147	504	König Dirk	SC Aquarius Löhne I	4:33:13	M40	21	32	0:30:41	144	2:13:45	108	2:44:26	182	1:48:47	
148	522	Zöllner Johannes	Cycling Team -Bochum	4:33:24	M25	21	233	0:42:36	126	2:12:08	183	2:54:45	103	1:38:39	
149	731	Wallmeier Thomas	TriSpeed Marienfeld	4:33:35	M45	38	152	0:35:49	138	2:13:27	148	2:49:17	147	1:44:18	
150	568	Franke Lars	TriFit Lüdenscheid	4:33:47	M35	17	151	0:35:45	127	2:12:13	130	2:47:58	159	1:45:49	
151	672	Berg Frank	1.Tri-Club Paderborn	4:33:57	M45	39	131	0:34:45	114	2:11:04	113	2:45:49	174	1:48:07	
152	628	Otto Christoph	SSF Bonn III	4:34:03	M50	12	178	0:36:57	167	2:15:15	169	2:52:12	133	1:41:50	
153	527	Drewes Martin	Hartman Team TVG	4:34:15	M40	22	68	0:32:18	200	2:20:56	172	2:53:14	126	1:41:00	
154	781	Pietz Frank	Tri Force -Vital	4:34:27	M35	18	211	0:39:51	162	2:15:04	185	2:54:56	112	1:39:31	
155	529	Hassenkamp Ralf	SV Hullern 68	4:35:22	M45	40	88	0:32:59	174	2:16:12	147	2:49:11	164	1:46:11	
156	541	Krauß Alexander	1. Tri Team Gütersloh	4:35:27	M30	34	84	0:32:51	86	2:07:54	77	2:40:45	206	1:54:41	
157	543	Langner Eckhard	1. Tri Team Gütersloh	4:35:32	M50	13	140	0:34:58	154	2:14:37	149	2:49:35	162	1:45:56	
158	714	Mittelstädt Dr. Ralf	RTC Frechen 80	4:35:50	M50	14	186	0:37:44	183	2:18:15	190	2:56:00	113	1:39:50	
159	520	Linke Phillip	TSVE 1890 Bielefeld	4:36:15	M25	22	230	0:42:15	173	2:15:50	200	2:58:05	97	1:38:09	
160	502	Westerholz Thorsten	SC Aquarius Löhne I	4:36:22	M35	19	177	0:36:57	52	2:04:22	84	2:41:20	207	1:55:02	
161	510	Lippmann Torben	Rückenwind Geckos	4:36:25	M25	23	166	0:36:26	166	2:15:14	165	2:51:40	153	1:44:44	
162	554	Biermann Stephan	TV Werne 03	4:37:26	M45	41	163	0:36:22	164	2:15:10	159	2:51:32	161	1:45:54	

31. Hückeswagen Triathlon am 17. August 2013

Ergebnisliste

NRW Meisterschaft Mitteltriathlon 2000m - 70km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Pl. S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
163	764	Cerfontaine Bernd	TV Aldekerk	4:37:43	M40	23	82	0:32:49	201	2:21:12	175	2:54:02	144	1:43:41
164	639	Noffke Bert	SV Gladbeck 13	4:38:29	M50	15	65	0:32:15	169	2:15:35	129	2:47:50	195	1:50:38
165	467	Goldbach Alexander	Lödige Triathlonteam	4:38:32	M25	24	117	0:33:49	96	2:09:05	98	2:42:55	212	1:55:37
166	798	Röttgen Frank	SV-AXA	4:38:36	M35	20	231	0:42:23	70	2:06:35	144	2:48:58	188	1:49:38
167	525	Häcker Jan	Hartman Team TVG	4:38:41	M30	35	72	0:32:22	165	2:15:11	126	2:47:33	196	1:51:08
168	644	Franke Robert	ASV Köln	4:39:14	M50	16	143	0:35:07	219	2:25:38	208	3:00:46	101	1:38:28
169	766	Göriz Ben	TV Witzhelden	4:39:19	M40	24	130	0:34:45	181	2:18:04	170	2:52:49	166	1:46:29
170	752	Brüchert-Pastor Nils	PV Triathlon Witten	4:39:26	M40	25	187	0:37:51	178	2:17:12	186	2:55:03	150	1:44:22
171	632	Grimoni Dietmar	Tri Club Wuppertal I	4:39:43	M50	17	61	0:32:12	185	2:18:34	154	2:50:46	183	1:48:57
172	528	Müller Lennart	Hartman Team TVG	4:39:44	M25	25	172	0:36:39	159	2:14:57	163	2:51:37	173	1:48:07
173	530	Van Eik Marcel	SV Hullern 68	4:40:01	M20	3	67	0:32:17	189	2:19:43	167	2:52:01	172	1:48:00
174	646	Bittermann	Tri Club Wuppertal II	4:40:04	M50	18	227	0:41:34	133	2:12:36	178	2:54:11	160	1:45:53
175	667	Moran Salvador	ATV Hückeswagen	4:40:15	M45	42	234	0:42:52	136	2:13:03	189	2:55:56	149	1:44:19
176	438	Eißmann Jens	RWE Starlight Team	4:40:32	M30	36	214	0:40:44	119	2:11:22	168	2:52:06	177	1:48:25
177	760	Klappert Andreas	RSV Osthelden	4:40:55	M40	26	240	0:45:31	177	2:17:09	212	3:02:40	98	1:38:15
178	468	Sternberg Michael	Lödige Triathlonteam	4:40:56	M25	26	115	0:33:48	152	2:14:28	132	2:48:16	202	1:52:39
179	556	Rohe Wolfgang	TV Werne 03	4:41:06	M50	19	153	0:35:53	158	2:14:54	155	2:50:47	192	1:50:19
180	472	Lassak Ingo	Freie Schwimmer	4:41:51	M35	21	141	0:35:01	204	2:22:51	199	2:57:52	146	1:43:58
181	705	Welki Peter	Trispeed Marienfeld	4:41:55	M55	6	142	0:35:05	187	2:19:03	177	2:54:08	170	1:47:47
182	743	Schneider Stefan	SSK Kerpn	4:42:01	M45	43	144	0:35:09	147	2:13:51	145	2:49:01	203	1:52:59
183	544	Popki Harald	1. Tri Team Gütersloh	4:42:06	M50	20	157	0:36:02	171	2:15:40	166	2:51:43	193	1:50:23
184	404	Wickord Gerd	1.Tri Team Gütersloh	4:42:46	M45	44	215	0:40:51	142	2:13:38	182	2:54:30	175	1:48:15
185	614	Stoppelkamp Paul	Bayer 05 Uerdingen	4:42:56	M55	7	133	0:34:48	203	2:21:36	196	2:56:25	167	1:46:31
186	514	Magiera Joachim	TRICITY 2001 e.V.	4:43:01	M45	45	120	0:33:52	198	2:20:27	181	2:54:19	180	1:48:42
187	549	Kopp Christian	Delphin Dorsten	4:43:11	M30	37	183	0:37:26	206	2:23:13	207	3:00:40	137	1:42:31
188	643	Dr. Fritsch Jürgen	ASV Köln	4:43:25	M45	46	132	0:34:47	188	2:19:28	179	2:54:15	184	1:49:10
189	432	Pütter Andre	Bocholter WSV II	4:46:16	M35	22	217	0:40:59	214	2:24:57	220	3:05:56	119	1:40:19
190	706	Steckel Manfred	TriathlonSteckelCologn	4:46:20	M55	8	155	0:35:58	190	2:19:57	188	2:55:55	194	1:50:24
191	754	Behrendt Maik	SSF Bonn	4:46:29	M40	27	223	0:41:22	199	2:20:43	210	3:02:05	151	1:44:23
192	537	Fischer Thomas	ASC Ahlen	4:46:39	M45	47	94	0:33:09	217	2:25:30	202	2:58:39	171	1:47:59
193	618	Döpfer Wolfgang	Hildener Allg.	4:46:44	M55	9	220	0:41:09	195	2:20:14	209	3:01:23	155	1:45:20
194	519	Buchwald Daniel	TSVE 1890 Bielefeld	4:46:55	M30	38	125	0:34:14	205	2:23:08	198	2:57:23	186	1:49:31
195	526	Dellbrügge Martin	Hartman Team TVG	4:47:09	M40	28	136	0:34:51	172	2:15:44	153	2:50:36	217	1:56:33
196	734	Göbel Andreas	Hildener AT	4:47:16	M45	48	213	0:40:44	210	2:24:12	215	3:04:57	136	1:42:19
197	736	von Seht Enno	ASV Köln Triathlon	4:47:22	M30	39	185	0:37:40	145	2:13:46	156	2:51:26	213	1:55:56
198	634	Reulecke Bernhard	VT Triangel Kempen I	4:47:37	M55	10	199	0:38:32	176	2:17:05	187	2:55:37	201	1:51:59
199	624	Kozlowski Volker	Rückenwind Geckos	4:47:50	M45	49	200	0:38:39	180	2:17:31	194	2:56:10	200	1:51:40
200	464	Kaiser Joern	Pulheimer SC	4:47:57	M35	23	128	0:34:33	215	2:24:59	203	2:59:33	176	1:48:24
201	620	Wüster Bernd	SG Tri Power Rhein	4:48:13	M50	21	24	0:30:20	182	2:18:13	138	2:48:33	224	1:59:40
202	735	Prieß Frank	TSV Bayer Dormagen	4:49:23	M45	50	168	0:36:30	143	2:13:43	151	2:50:14	223	1:59:09
203	851	Koch Dennis	ASV Köln Triathlon	4:49:52	M25	27	209	0:39:33	197	2:20:24	205	2:59:58	191	1:49:54
204	723	Bohmann Roy	DJK Armada	4:51:03	M45	51	202	0:38:50	225	2:27:31	223	3:06:21	152	1:44:42
205	825	Spieker Stephan	SC Aquarius Löhne	4:51:42	M25	28	91	0:33:01	184	2:18:32	160	2:51:33	225	2:00:08
206	651	Sudmann Rolf	Mondi Tri Finish	4:51:46	M45	52	135	0:34:51	202	2:21:18	193	2:56:09	211	1:55:37
207	564	Paul Thomas	SV Kutenhausen	4:52:01	M40	29	162	0:36:20	196	2:20:18	197	2:56:39	209	1:55:22
208	629	Holtzmann Martin	SSF Bonn III	4:53:22	M55	11	173	0:36:43	140	2:13:37	152	2:50:20	228	2:03:02
209	647	Deppe Matthias	Tri Club Wuppertal II	4:53:58	M55	12	54	0:32:06	208	2:23:54	191	2:56:01	219	1:57:57
210	741	Deußen Peter	SFD Düsseldorf	4:54:59	M45	53	189	0:38:05	222	2:27:10	216	3:05:16	189	1:49:43
211	403	Hasler Uwe	1.Tri Team Gütersloh	4:55:33	M50	22	122	0:34:06	193	2:20:09	180	2:54:16	227	2:01:17
212	806	Koers Jürgen	Triathlon-Team TG	4:56:07	M30	40	221	0:41:09	207	2:23:21	214	3:04:31	199	1:51:36
213	807	Hämmerling Bartosch	ASC Ahlen	4:56:25	M30	41	238	0:44:32	218	2:25:36	231	3:10:09	165	1:46:16
214	786	Kurth Uwe Bastian	RTC Frechen	4:56:30	M35	24	188	0:37:56	216	2:25:29	213	3:03:25	204	1:53:05
215	606	Davids Erik	TSVE 1890 Bielefeld	4:56:46	M45	54	164	0:36:23	209	2:23:56	206	3:00:19	215	1:56:26
216	613	Überall Dirk	Bayer 05 Uerdingen	4:58:32	M45	55	204	0:39:04	228	2:28:04	225	3:07:08	198	1:51:23

31. Hückeswagen Triathlon am 17. August 2013

Ergebnisliste

NRW Meisterschaft Mitteltriathlon 2000m - 70km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
217	703	Derks Josef	TV Goch	4:58:56	M60	2	242	0:47:15	157	2:14:51	211	3:02:07	218	1:56:49	
218	727	Graf Michael	Triforce Vital	4:59:30	M45	56	159	0:36:07	186	2:18:45	184	2:54:52	232	2:04:37	
219	531	Bödecker Jens	SV Hullern 68	4:59:50	M20	4	26	0:30:23	231	2:29:12	204	2:59:35	226	2:00:14	
220	732	Chill Jan	Herner Triathlon Team	5:00:39	M45	57	224	0:41:23	213	2:24:49	221	3:06:13	205	1:54:26	
221	411	Lohmann Christoph	Bayer 05 Uerdingen IV	5:01:52	M45	58	197	0:38:30	191	2:20:01	201	2:58:31	229	2:03:20	
222	750	Wirth zur Osten Frank	WSU Tri Team	5:02:14	M40	30	190	0:38:11	239	2:36:19	235	3:14:31	169	1:47:42	
223	701	Winkler Gotthard	RTC FRechen 80	5:04:25	M65	1	222	0:41:21	224	2:27:27	229	3:08:49	210	1:55:35	
224	652	Szymiczek Thomas	Tri Minators Voerde	5:04:47	M45	59	171	0:36:39	230	2:29:11	218	3:05:50	220	1:58:57	
225	534	Wolfgramm Klaus	RC Endspurt Herford	5:06:33	M55	13	228	0:41:47	232	2:29:24	233	3:11:12	208	1:55:21	
226	508	Bischof Juergen	LC Solbad Ravensberg	5:06:53	M50	23	232	0:42:35	229	2:28:06	232	3:10:41	214	1:56:12	
227	664	Althaus Frank	SV Blau-Weiß Bochum	5:07:10	M50	24	241	0:45:51	233	2:30:01	237	3:15:53	197	1:51:17	
228	657	Baumgarten Manfred	SV Bayer 08 Uerdingen	5:07:24	M50	25	245	0:54:16	212	2:24:39	241	3:18:56	178	1:48:28	
229	649	Ernst Michael	Mondi Tri Finish	5:13:29	M50	26	154	0:35:56	194	2:20:12	192	2:56:08	241	2:17:20	
230	708	Wolfschläger Albert	SC Olpe	5:13:41	M55	14	196	0:38:30	226	2:27:47	222	3:06:17	234	2:07:23	
231	648	Hakenberg Christoph	Tri Club Wuppertal II	5:13:43	M45	60	216	0:40:55	220	2:25:44	224	3:06:39	233	2:07:03	
232	700	Sackel Jochen	LG Heimerzheim	5:14:58	M70	1	180	0:37:16	242	2:38:37	238	3:15:53	221	1:59:04	
233	747	Friedrich Rainer	SV Blau-Weiß Bochum	5:19:09	M40	31	105	0:33:34	244	2:41:02	236	3:14:36	230	2:04:33	
234	615	Braun Frank	Bayer 05 Uerdingen	5:19:19	M50	27	205	0:39:07	221	2:26:47	219	3:05:55	238	2:13:24	
235	656	Blumentrath Philipp	SV Bayer 08 Uerdingen	5:19:19	M45	61	239	0:44:55	211	2:24:15	230	3:09:10	235	2:10:09	
236	515	Hoppe-Biermeyer	TRICITY 2001 e.V.	5:21:45	M50	28	212	0:40:23	227	2:28:01	228	3:08:24	237	2:13:21	
237	619	Quirbach Jürgen	SG Tri Power Rhein	5:21:54	M50	29	134	0:34:50	234	2:30:53	217	3:05:43	240	2:16:11	
238	740	Schuchert Schuchi	Puls 200 e.V.	5:27:16	M45	62	229	0:42:02	246	2:48:41	245	3:30:43	216	1:56:32	
239	638	Schramm Jürgen	SV Gladbeck 13	5:27:36	M55	15	236	0:43:21	237	2:33:30	239	3:16:52	236	2:10:44	
240	716	Kordes Karsten	ASC Ahlen	5:28:36	M30	42	247	0:57:34	235	2:31:57	243	3:29:31	221	1:59:04	
241	777	Hansonis Guido	PSV Brühl Triathlon	5:29:28	M35	25	219	0:41:06	223	2:27:17	227	3:08:23	242	2:21:05	
242	661	Bäcker Rainer	Tri Club Wuppertal III	5:33:25	M55	16	198	0:38:31	243	2:39:25	240	3:17:56	239	2:15:29	
243	663	Spielberger Reinhold	Tri Club Wuppertal III	5:34:25	M60	3	243	0:48:33	245	2:41:16	244	3:29:49	231	2:04:36	
244	665	Krüger Olaf	SV Blau-Weiß Bochum	5:37:41	M45	63	147	0:35:12	236	2:32:25	226	3:07:37	244	2:30:04	
245	826	Klappert Benjamin	RSV Osthelden	5:40:40	M25	29	184	0:37:34	238	2:35:32	234	3:13:07	243	2:27:33	
246	662	Schultze Jürgen	Tri Club Wuppertal III	5:51:21	M50	30	226	0:41:31	241	2:38:28	242	3:20:00	245	2:31:20	
247	702	Buntins Michael	ASV Duisburg	6:04:41	M60	4	246	0:54:21	240	2:37:12	246	3:31:34	246	2:33:07	
248	711	Stöcken Hauke	Triathlon Club	6:43:26	M50	31	244	0:53:44	247	3:04:35	247	3:58:20	247	2:45:05	

31. Hückeswagen Triathlon am 17. August 2013

Ergebnisliste

NRW Meisterschaft Mitteltriathlon 2000m - 70km - 21km

Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	757	Zimons Kristina	DLC Aachen	4:06:49	W25	1	7	0:35:33	2	2:07:28	2	2:43:02	1	1:23:46	
2	819	Honke Nora	DLC Aachen	4:08:38	W30	1	3	0:31:19	3	2:12:10	3	2:43:29	2	1:25:08	
3	810	Walter Verena	Iserlohner Tri Team	4:10:14	W30	2	4	0:32:27	1	2:06:06	1	2:38:34	3	1:31:40	
4	844	Dettmar Sabine	Triathlon TEAM TG	4:26:33	W20	1	1	0:30:42	5	2:13:13	4	2:43:56	8	1:42:37	
5	800	Minke Angela	Krefelder Kanu Klub	4:35:08	W35	1	8	0:35:43	10	2:25:15	6	3:00:58	4	1:34:10	
6	830	Kemper Caroline	ASC Ahlen	4:38:16	W25	2	16	0:41:51	6	2:20:11	7	3:02:03	5	1:36:13	
7	709	Kraus Gudrun	ASC Ahlen	4:50:47	W55	1	17	0:41:54	7	2:20:29	8	3:02:24	9	1:48:23	
8	763	Schnaß Nicole	Krefelder Kanu Klub	4:51:45	W40	1	5	0:34:08	4	2:12:54	5	2:47:02	18	2:04:42	
9	818	Van Gemmern Antje	TriFinish Münster	4:53:11	W30	3	14	0:41:02	8	2:23:29	11	3:04:32	10	1:48:38	
10	809	Polanz Meike	TRlandertaler	4:53:33	W30	4	18	0:42:52	15	2:32:53	17	3:15:46	7	1:37:47	
11	788	Spicker Ute	Team Essen 1999	4:53:45	W50	1	15	0:41:16	17	2:36:01	18	3:17:17	6	1:36:28	
12	724	Philipsenburg Marie	SSF Bonn Triathlon	4:58:20	W45	1	10	0:36:45	13	2:29:02	12	3:05:47	12	1:52:32	
13	728	Mandt Ulrike	Hartman Triathlon	5:02:29	W45	2	13	0:39:20	9	2:24:02	9	3:03:23	16	1:59:06	
14	753	Bauer Inga	TriForce Vital	5:03:05	W40	2	6	0:35:29	12	2:28:43	10	3:04:13	15	1:58:52	
15	836	Gerling Sarah	TriFinish Münster	5:04:26	W25	3	9	0:36:10	18	2:39:25	16	3:15:35	11	1:48:50	
16	765	Kunde Sabrina	bikeattackoberberg	5:05:40	W35	2	19	0:43:09	11	2:28:14	15	3:11:23	13	1:54:16	
17	797	Hämmerling Susanne	ASC Ahlen	5:11:32	W35	3	12	0:37:59	14	2:32:08	14	3:10:07	17	2:01:24	
18	805	Stanberger Dorthé	Tri Ducks Dorsten	5:11:58	W30	5	2	0:31:12	16	2:35:09	13	3:06:21	19	2:05:36	
19	811	Diecksmeier Silke	ASC Ahlen	5:17:07	W30	6	11	0:37:59	20	2:43:44	19	3:21:43	14	1:55:24	
20	739	Strate Antje Simone	Triathlon TEAM TG	5:57:38	W45	3	20	1:01:26	19	2:41:29	20	3:42:56	20	2:14:41	