

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	1082	Fifa Ilias	FC Barcelona	0:30:37	0:30:38	1	MHK	1989	07:42 07:49 07:29 07:36
2	1402	Miereczko Maciek	Förderv. Citylauf Erfstadt	0:31:20	0:31:22	1	M30	1979	07:41 07:49 07:40 08:08
3	1080	Fabianowski Dominik	ASV Köln	0:31:43	0:31:44	2	MHK	1989	07:41 07:49 08:01 08:10
4	1517	Werth Christian	Remscheider SV	0:36:09	0:36:09	3	MHK	1985	08:35 09:06 09:21 09:05
5	1163	Kloster Alexander	FC Keldenich	0:37:02	0:37:05	1	M35	1976	09:04 09:11 09:27 09:19
6	1141	Holzporz Michael	rainbow children e. V.	0:37:13	0:37:14	1	M45	1968	09:00 09:19 09:27 09:26
7	1332	Traußnig Gottfried	Rhein-Erft Multisport	0:37:29	0:37:32	2	M45	1965	09:10 09:20 09:31 09:26
8	1392	Grüner Mark	TV Rheinbach	0:37:55	0:37:58	3	M45	1967	09:14 09:36 09:42 09:21
9	1019	Berg Guido	Rhein-Erft Multisport	0:38:13	0:38:16	1	M40	1970	09:14 09:35 09:43 09:39
10	1121	Hansel Martin	ASC Weißbachtal	0:38:15	0:38:16	4	M45	1964	09:17 09:38 09:47 09:31
11	1044	Buxel Oliver	LG Ahrem	0:38:10	0:38:34	2	M30	1979	09:42 09:39 09:33 09:14
12	1509	Seiferth Kay-Uwe	LAZ Puma Rhein Sieg	0:38:40	0:38:43	5	M45	1966	09:23 09:44 09:47 09:45
13	1389	Küstner Thomas	Kölner Triathlon Tam 01	0:38:46	0:38:49	2	M40	1970	09:24 09:38 09:55 09:49
14	1396	Jackobs Thomas		0:39:31	0:39:35	2	M35	1975	09:25 09:55 10:07 10:02
15	1217	Müller Christian	CJD Frechen	0:39:20	0:39:36	4	MHK	1992	09:24 09:36 09:58 10:20
16	1073	Elshorst Simon	PSV Brühl Triathlon	0:39:36	0:39:40	1	MU20	1995	09:12 09:57 10:21 10:05
17	1205	Matuschek Darius	TEAM ZEIT & WERT Immobilien	0:39:37	0:39:41	3	M40	1972	09:28 09:59 10:10 09:59
18	1008	Asmus Udo	LG Dontatus Erfstadt	0:39:40	0:39:43	6	M45	1967	09:37 09:51 10:11 10:00
19	1358	Wicherich Michael	Tus Arloff-Kirspenich	0:39:40	0:39:43	7	M45	1966	09:28 10:06 10:12 09:53
20	1034	Breidenbach Ulrich	Brühler TV 1879	0:40:04	0:40:08	4	M40	1971	09:49 10:07 10:10 09:57
21	1285	Scheller Falko	*stolberg	0:40:05	0:40:09	3	M35	1978	09:43 10:08 10:20 09:53
22	1065	Drouvin Yann	Südschule Lechenich	0:40:07	0:40:12	5	M40	1971	09:42 09:53 10:20 10:12
23	1136	Hiesel Claus-Peter	VfL Kommern Triathlon	0:40:19	0:40:23	1	M50	1963	09:44 10:11 10:16 10:06
24	1523	Diekmeis Michael	SSF Bonn	0:40:26	0:40:33	5	MHK	1984	09:41 10:11 10:16 10:16
25	1397	Ulmen Fabian		0:41:03	0:41:15	6	MHK	1993	10:11 10:26 10:27 09:58
26	1128	Heinzelmann Till	*Köln	0:41:14	0:41:17	6	M40	1972	09:44 10:19 10:42 10:27
27	1197	Manthei Christian	ERGO sports Köln	0:41:30	0:41:37	2	M50	1962	10:12 10:26 10:32 10:19
28	1272	Reitz Friedhelm	FC Keldenich	0:41:38	0:41:41	8	M45	1967	10:02 10:27 10:33 10:34
29	1531	Mueller Peter		0:41:40	0:41:45	9	M45	1965	10:10 10:24 10:36 10:28
30	1224	Neuburg Stephan	ASV Köln Triathlon	0:42:02	0:42:07	10	M45	1967	10:10 10:20 10:42 10:49
31	1142	Hoppen Ralph	Freunde des Laufens Lechenich	0:41:59	0:42:18	11	M45	1968	09:54 10:25 10:52 10:46
32	1522	Marek Adrian		0:42:35	0:42:47	7	M40	1972	10:15 10:33 10:56 10:49
33	1526	Strack Paul	APT Team	0:42:53	0:43:01	3	M50	1962	10:30 10:41 10:54 10:46
34	1533	Valtinke Frank	Brühler TV 1879	0:42:55	0:43:07	8	M40	1973	10:29 10:44 11:20 10:21
35	1384	Spuetz Stefan	*Erfstadt	0:43:12	0:43:17	12	M45	1966	10:26 10:48 11:02 10:54
36	1292	Schmidt Markus	*Erfstadt	0:43:49	0:43:54	4	M35	1976	10:56 10:46 11:01 11:05
37	1253	Petschellies Ralf	GVG-Laufteam	0:43:59	0:44:04	9	M40	1972	10:39 11:07 11:06 11:05
38	1535	Theune Carsten	Central Team	0:44:02	0:44:08	10	M40	1972	10:36 11:07 11:15 11:02
39	1013	Becker Alexander	Playböcke	0:44:17	0:44:28	5	M35	1975	10:26 11:04 11:34 11:12
40	1249	Peters Joachim	Blitz Brothers	0:44:24	0:44:33	6	M35	1974	10:47 11:03 11:19 11:14
41	1227	Neuhauser Lars	*Pulheim	0:44:26	0:44:37	11	M40	1971	11:35 11:20 10:46 10:43
42	1166	Köngeter Hans	GVG-Laufteam	0:44:22	0:44:37	1	M55	1954	10:53 10:54 11:18 11:14
43	1366	Wolsiffer Frank	*Kerpen	0:44:27	0:44:45	13	M45	1965	11:28 11:21 11:12 10:24
44	1359	Wiesenhöfer Martin	Rainbow Children	0:44:43	0:44:59	14	M45	1964	11:05 11:21 11:20 10:56
45	1318	Spölgen Joachim	GVG-Laufteam	0:45:08	0:45:10	2	M55	1954	10:49 11:21 11:32 11:25
46	1079	Eßer Andreas	VfB Erfstadt Triathlon	0:45:10	0:45:16	15	M45	1968	11:11 11:20 11:20 11:18
47	1278	Ruth Stefan	LG Konradsheim	0:45:24	0:45:28	12	M40	1972	10:44 11:24 11:38 11:37
48	1328	Thambirajah Sandrakumar	*Erfstadt	0:45:26	0:45:36	7	MHK	1987	10:49 11:03 11:47 11:45
49	1155	Kaulen Peter	Rhein-Erft Multisport	0:45:59	0:46:04	4	M50	1959	10:43 11:27 12:02 11:46
50	1178	Küch Oliver	TEAM ZEIT & WERT Immobilien	0:46:03	0:46:05	5	M50	1962	10:54 11:37 12:00 11:31
50	1033	Borchert Stefan	TEAM ZEIT & WERT Immobilien	0:46:03	0:46:05	8	MHK	1987	10:27 11:40 12:02 11:53
52	1007	Anwander Ralf	TEAM ZEIT & WERT Immobilien	0:46:03	0:46:05	9	MHK	1984	10:27 11:40 12:02 11:53
53	1510	Wüster Bernd	Tri Power Rhein-Sieg	0:46:34	0:46:38	6	M50	1959	11:28 11:45 11:48 11:31
54	1238	Palm Thomas	*Hürth	0:46:34	0:46:46	7	M35	1976	11:23 11:45 11:53 11:32
55	1169	Kohlhof Karl	*Bergisch Gladbach	0:46:42	0:46:46	3	M55	1957	11:20 11:45 11:54 11:41
56	1199	Ciecior Martin	Brühler Turnverein 1879	0:46:43	0:46:48	16	M45	1965	11:24 11:54 11:48 11:35
57	1064	Dresel Yannik	Laufschule Erfstadt	0:46:48	0:46:52	1	MU14	2000	11:05 11:42 11:54 12:06
58	1233	Nuwenhof Joachim	Pulheimer SC	0:46:48	0:46:55	17	M45	1967	11:24 11:49 11:56 11:38
59	1356	Werny William	GVG-Laufteam	0:46:47	0:46:56	4	M55	1958	11:17 11:33 12:02 11:54
60	907	Strack Tim	GEL EF AND	0:46:53	0:47:03	1	MU18	1996	10:39 11:49 12:26 11:58
61	1502	Wenz Ralf	TV Alpenglühn	0:46:51	0:47:09	7	M50	1959	11:27 11:44 11:54 11:45
62	1507	Reuther Thomas	LG Aue	0:47:20	0:47:27	18	M45	1964	11:19 11:44 12:17 11:58

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Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
63	1387	Stascheit Matthias		0:47:09	0:47:32	3	M30	1982	11:33 11:47 12:05 11:43
64	1221	Müller Ralf	*Köln	0:47:28	0:47:35	19	M45	1967	10:54 12:06 12:19 12:07
65	1347	Weber Thomas	Realschule Lechenich	0:47:12	0:47:36	13	M40	1969	11:55 11:48 11:49 11:40
66	1528	Krips Jakob	Runners Metternich	0:47:27	0:47:40	5	M55	1957	11:33 11:58 12:01 11:53
67	1327	Teutsch Uwe	GVG-Laufteam	0:47:39	0:47:47	8	M50	1963	11:28 11:50 12:03 12:16
68	1047	Ciura Jörg	Brühler TV	0:47:30	0:47:51	8	M35	1975	12:09 11:53 11:49 11:38
69	1234	Oeggerli Raphael	*Erfstadt	0:47:46	0:47:51	20	M45	1968	11:21 11:56 12:28 11:59
70	1276	Roth Helmut	Laufend-Unterwegs	0:47:29	0:47:52	14	M40	1971	11:54 11:50 12:00 11:44
71	1202	Marx Peter	Team Voreifel	0:47:48	0:48:04	21	M45	1965	11:31 12:11 12:11 11:53
72	1521	Marek Waldemar		0:47:51	0:48:05	9	M35	1974	11:53 11:37 12:21 11:59
73	1051	Degenhardt Dr. Andreas Geo	DNK-ICUMSA	0:47:52	0:48:06	4	M30	1979	10:50 11:59 12:30 12:31
74	1152	Kannengießler Marc	Taekwondo - Kerpen	0:48:02	0:48:19	15	M40	1970	12:04 12:00 11:57 12:00
75	1243	Pauly Walter	Rainbow Children e.V.	0:48:07	0:48:28	22	M45	1967	11:56 12:01 12:07 12:02
76	1170	Komitsch Nicolai	Gymnasium Lechenich	0:48:30	0:48:52	1	MU16	1998	12:45 12:27 12:17 10:59
77	1098	Göbbeler Andreas	*Kerpen	0:48:53	0:49:15	16	M40	1969	12:23 12:15 12:14 12:00
78	1198	Martens Jörn	GVG-Laufteam	0:49:27	0:49:31	9	M50	1962	11:28 12:22 13:00 12:36
79	1138	Hillemacher Joachim	GVG-Laufteam	0:49:19	0:49:34	23	M45	1964	11:26 12:12 12:58 12:42
80	1030	Böttcher Werner	SC Fortuna Bonn.de	0:49:28	0:49:35	1	M65	1946	11:48 12:20 12:43 12:34
81	1063	Dresel Stephan	Laufschule Erfstadt	0:49:32	0:49:38	17	M40	1970	11:56 12:37 12:34 12:24
82	1390	Liebl Martin	TUS Ahrweiler	0:49:18	0:49:39	18	M40	1971	12:01 12:23 12:35 12:17
83	1014	Becker Alexander	Borussia Dortmund	0:49:32	0:49:42	10	MHK	1992	11:51 13:10 12:41 11:49
84	1078	Erve Achim	DLC Aachen	0:49:29	0:49:44	6	M55	1956	11:58 12:23 12:40 12:28
85	1511	Beckert Ingo	PSV Brühl Triathlon Team	0:49:32	0:49:45	19	M40	1969	12:05 12:27 12:39 12:20
86	1378	Schäffner Jürgen		0:49:32	0:49:48	24	M45	1964	12:00 12:37 12:39 12:14
87	1516	Krause Jürgen	Team Dologiet	0:49:41	0:49:50	7	M55	1957	12:12 12:22 12:35 12:29
88	1256	Pick Heinz-Georg	*Erfstadt	0:49:40	0:49:50	10	M50	1961	12:08 12:15 12:43 12:33
89	1525	Rosenbach Marc	Vorwärts Köln	0:49:42	0:49:51	25	M45	1968	11:13 12:18 13:32 12:36
90	1215	Möhn Günter	LG Donatus Erfstadt	0:49:42	0:49:53	26	M45	1964	11:23 11:49 13:10 13:18
91	1298	Schnitzler Jan	*Klön	0:49:34	0:49:59	5	M30	1980	12:20 12:27 12:25 12:21
92	1160	Kenter Ralf	*Zülpich	0:49:41	0:50:01	20	M40	1969	11:58 12:27 12:38 12:35
93	1023	Bertrams Manuel	*Eschweiler	0:49:49	0:50:08	11	MHK	1984	12:18 12:23 12:46 12:20
94	1316	Schwolow Ingo	*Erfstadt	0:49:41	0:50:09	27	M45	1965	13:13 12:12 12:12 12:03
95	1343	Wagner Georg	TV Bedburg	0:50:01	0:50:14	11	M50	1961	11:32 12:33 12:54 13:00
96	1211	Meyer Jakob	*Erfstadt	0:50:12	0:50:16	2	MU16	1998	11:48 12:21 13:02 12:59
97	984	Joachim Fritz	Südschule 4a	0:50:03	0:50:18	1	MU12	2003	12:59 12:45 12:27 11:50
98	1346	Wald Marc	GVG-Laufteam	0:49:57	0:50:20	21	M40	1969	11:46 12:32 12:54 12:43
99	1148	Jansen Volker	*Erfstadt	0:49:53	0:50:20	22	M40	1971	11:59 12:26 12:53 12:33
100	1097	Giesen Mario	TEAM ZEIT & WERT Immobilien	0:50:21	0:50:24	12	MHK	1985	12:19 12:21 12:49 12:51
101	1088	Fröhlich Andreas	TEAM ZEIT & WERT Immobilien	0:50:21	0:50:24	13	MHK	1987	12:18 12:21 12:49 12:51
102	1393	Breker Stephan	RC Schmitter	0:50:11	0:50:25	28	M45	1966	12:03 12:34 13:00 12:33
103	1505	Hauswald Marcus		0:50:26	0:50:36	23	M40	1970	12:35 12:52 12:46 12:12
104	1513	Smiezewski Stefan	Laufschule Erfstadt	0:50:26	0:50:38	10	M35	1974	11:49 12:20 13:08 13:07
105	1103	Goldenboys Alfred	Stammtisch Golden Boys eV	0:50:35	0:50:43	1	M75	1936	11:38 12:18 13:06 13:32
106	1288	Schiffer Dr. Frank	Südschule Lechenich	0:50:38	0:50:45	24	M40	1969	12:35 12:47 12:46 12:30
107	943	Pauly Simon	Gymnasium Lechenich 7a	0:50:50	0:50:52	2	MU14	2000	12:37 12:59 12:48 12:25
108	904	Kraus Martin	GEL EF AND	0:50:49	0:50:54	2	MU18	1996	12:09 12:40 12:46 13:12
109	1072	Ekert Olaf	*Erfstadt	0:50:47	0:50:54	12	M50	1963	12:09 12:34 13:03 12:59
110	947	Tempfli Felix	Gymnasium Lechenich 7a	0:50:56	0:50:57	3	MU14	2001	12:37 12:58 12:48 12:31
111	1250	Peters Piet	piet spiet tiem	0:50:44	0:51:00	8	M55	1956	12:07 12:40 13:01 12:56
112	1102	Goldenboys Alfons	Stammtisch Golden Boys eV	0:50:55	0:51:02	2	M75	1937	11:47 12:43 13:19 13:05
113	1105	Goldenboys Franz-Martin	Stammtisch Golden Boys eV	0:50:55	0:51:02	1	M70	1941	11:46 12:43 13:20 13:05
114	1100	Görke Achim	*Bergheim	0:50:47	0:51:13	13	M50	1961	12:53 12:37 12:47 12:28
115	1168	Kohlhof Daniel	*Bergisch Gladbach	0:51:02	0:51:15	14	MHK	1993	12:38 12:44 12:44 12:55
116	1106	Goldenboys Heiner	Stammtisch Golden Boys eV	0:51:11	0:51:19	3	M75	1927	12:17 13:03 12:46 13:04
117	1084	Fischer Matthias	*Erfstadt	0:51:27	0:51:35	29	M45	1967	12:09 12:48 13:13 13:16
118	1149	Kaltenbrunner Benjamin	*Brühl	0:51:32	0:51:46	6	M30	1980	12:32 13:00 13:11 12:48
119	1157	Keil Wilfried	*Erfstadt	0:51:25	0:51:47	30	M45	1967	12:05 12:57 13:08 13:14
120	1124	Heckermann Thomas	VR-Bank	0:51:32	0:51:49	25	M40	1971	12:12 12:55 13:20 13:03
121	1094	Geßmann Bernd	Rainbow Children	0:51:30	0:51:50	31	M45	1968	12:44 13:02 13:11 12:31
122	1273	Repke Marco	*Erfstadt	0:51:39	0:51:50	11	M35	1976	12:21 13:07 13:15 12:55
123	1259	Pirl Torben	*Erfstadt	0:51:57	0:52:08	12	M35	1978	12:09 13:04 13:25 13:17
124	1074	Engels Alexander	*Erfstadt	0:51:47	0:52:15	32	M45	1965	13:13 12:56 12:53 12:43

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Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
125	1331	Tillack Thomas	Taekwondo - Kerpen	0:52:10	0:52:27	26	M40	1970	12:19 13:06 13:31 13:11
126	1001	Abromeit Werner	GVG-Laufteam	0:52:15	0:52:42	33	M45	1965	12:56 13:01 13:22 12:55
127	1365	Wolf Klaus	Laufschule Erfstadt	0:52:28	0:52:54	14	M50	1961	12:44 13:05 13:10 13:27
128	1352	Weißhaar Ingo	*Erfstadt	0:52:49	0:52:55	13	M35	1975	11:28 13:13 14:05 14:01
129	1383	Troe Michael	*Erfstadt	0:52:53	0:52:56	27	M40	1970	11:55 13:14 13:41 14:02
130	1109	Gotthardt Axel	*Erfstadt	0:52:48	0:53:03	28	M40	1973	13:43 12:24 13:15 13:24
131	0	Albrecht Lutz		0:53:13	0:53:13	29	M40	1970	16:47 11:58 12:24 12:02
132	1135	Heß Volker	TTC BW Lechenich	0:53:00	0:53:17	34	M45	1965	12:53 13:13 13:34 13:19
133	1348	Wegwerth Thomas	Kindergarten an der Baumschule	0:53:08	0:53:20	35	M45	1968	12:49 13:18 13:44 13:16
134	1304	Schubert Dirk	*Erfstadt-Lechenich	0:53:02	0:53:29	30	M40	1971	13:01 13:35 13:24 13:01
135	1385	Raab Peter		0:53:20	0:53:31	36	M45	1965	13:15 13:38 13:34 12:52
136	832	Dunnwald Jakob	*Erfstadt	0:53:33	0:53:39	3	MU16	1998	12:02 13:27 14:24 13:37
137	1515	Volkmer Rainer	*Hürth	0:53:32	0:53:54	15	M50	1961	12:59 13:06 13:37 13:48
138	1219	Müller Jörg	GVG-Laufteam	0:54:00	0:54:09	37	M45	1965	12:18 13:37 14:05 13:57
139	1095	Geßmann Jonas	Rainbow Children	0:54:00	0:54:21	4	MU16	1998	13:24 13:28 13:41 13:26
140	1004	Aleth Hermann	GVG-Laufteam	0:53:59	0:54:27	38	M45	1965	13:21 13:13 13:47 13:36
141	1036	Breuer Andreas	*Erfstadt	0:54:11	0:54:28	31	M40	1973	12:58 13:26 13:44 14:01
142	1363	Wittig Axel	Ville-Erf-Runner	0:54:18	0:54:37	9	M55	1957	13:01 13:38 13:51 13:46
143	1059	Diers Juergen	LG-Donatus	0:54:34	0:54:41	2	M65	1944	13:05 13:32 14:01 13:54
144	1225	Neuhaus Walter	*Erfstadt	0:54:22	0:54:51	1	M60	1953	13:57 13:49 13:38 12:56
145	1506	Seifferer Walter		0:55:13	0:55:23	39	M45	1968	12:34 13:54 14:13 14:29
146	1514	Landmann Dirk	Staffelkölsch	0:55:28	0:55:41	32	M40	1972	12:57 13:43 14:15 14:32
147	1127	Heeg Martin	SC SW Friesheim	0:55:32	0:55:59	14	M35	1974	14:02 14:17 13:51 13:20
148	1125	Heeg Jan	*Köln	0:55:33	0:55:59	33	M40	1969	14:03 14:16 13:52 13:20
149	1081	Felix Heeg	*Brühl	0:55:32	0:55:59	15	M35	1977	14:02 14:17 13:51 13:20
150	1189	Linden Holger	*Selfkant	0:55:54	0:56:15	34	M40	1972	13:45 14:08 14:13 13:47
151	1096	Giese Jochen	TEAM ZEIT & WERT Immobilien	0:56:13	0:56:16	15	MHK	1985	12:20 13:45 15:23 14:43
152	1382	Palmersheim Guido	*Erfstadt	0:56:16	0:56:46	16	M35	1975	14:01 13:54 14:09 14:11
153	1239	Papapostolou Ilias	*Erfstadt	0:56:25	0:56:50	40	M45	1967	13:37 14:06 14:20 14:21
154	1015	Becker Norbert J.	GVG-Laufteam	0:56:29	0:56:51	16	M50	1961	13:50 14:09 14:14 14:14
155	743	Esser Jonathan	Nordschule 2c	0:56:44	0:56:58	2	MU12	2003	14:35 14:36 13:55 13:37
156	1322	Steimel Thomas	Südschule Klasse 4b	0:56:49	0:57:14	17	M35	1976	13:49 14:16 14:25 14:18
157	1029	Bölke René	*Rathenow	0:57:57	0:58:16	35	M40	1972	14:10 14:14 14:44 14:49
158	1262	Prediger Alf	Team Reifenmobil-Köln	0:58:10	0:58:27	18	M35	1977	13:51 13:27 15:19 15:32
159	1190	Lis Adam	Team Generali Adam Lis	0:58:35	0:58:54	36	M40	1969	13:55 14:27 15:09 15:02
160	1405	Tilgen Friedhelm	*Erfstadt	0:59:44	0:59:46	41	M45	1966	13:21 14:55 15:43 15:43
161	1017	Bender Stefan	*Euskirchen	0:59:29	0:59:49	17	M50	1960	14:19 14:25 15:19 15:25
162	978	Stock Olaf	Südschule	1:01:06	1:01:17	37	M40	1969	14:08 14:59 15:49 16:08
163	964	Papapostolou Pavlos	Gymnasium Lechenich 9d	1:01:09	1:01:34	5	MU16	1999	13:36 15:39 16:14 15:39
164	1010	Bader Michael	*erftstadt	1:01:16	1:01:37	19	M35	1974	15:08 15:26 15:39 15:02
165	1146	Jäckel Andreas	*Erfstadt	1:01:27	1:01:42	38	M40	1970	13:44 14:37 16:26 16:38
166	1379	Morgen Patrick	*Erfstadt	1:01:41	1:02:04	20	M35	1976	14:55 15:42 15:34 15:28
167	1031	Bogutzki Christian	*Erfstadt	1:03:07	1:03:19	39	M40	1971	14:08 16:01 16:36 16:20
168	1371	Zimmermann Jürgen	Hetz mich nicht!	1:03:18	1:03:36	40	M40	1969	14:46 15:55 16:21 16:14
169	1099	Göbbeler Karl Heinz	LAV Frechen	1:04:04	1:04:28	2	M70	1941	15:08 15:51 16:14 16:50
170	1186	Liebertz Ralf	GVG-Laufteam	1:04:25	1:04:43	18	M50	1961	15:21 16:11 16:34 16:18
171	1024	Bienentreu Aaron	Gymnasium Lechenich	1:06:23	1:06:36	3	MU12	2002	13:08 14:47 18:28 19:58
172	1139	Hillemacher Tim	GVG-Laufteam	1:08:07	1:08:21	4	MU12	2003	15:21 16:40 17:32 18:32
173	1171	Komitsch Wolfgang	*Erfstadt	1:08:08	1:08:30	10	M55	1958	15:46 16:31 17:14 18:35
174	1252	Petschellies Harald	Rhein-Erf Multisport	0:34:17	0:34:18	21	M35	1974	08:46 09:23 16:07 00:00
175	1164	Klug Oliver	Rhein-Erf Multisport	0:19:21	0:19:22	41	M40	1971	09:15 10:06 00:00 00:00
176	1193	Lohrengel Udo	LLG St. Augustin	0:22:28	0:22:31	2	M60	1951	11:07 11:21 00:00 00:00
177	1529	Boetcher Wilfried	Rainbow Children	0:23:04	0:23:20	19	M50	1961	11:12 11:51 00:00 00:00
178	1107	Goldenboys Karl-Georg	Stammtisch Golden Boys eV	0:25:42	0:25:50	3	M65	1947	12:04 13:37 00:00 00:00
179	1380	Kentenich Mario	*Erfstadt	0:30:01	0:30:28	42	M45	1966	14:37 15:23 00:00 00:00
180	1108	Goldenboys Uwe	Stammtisch Golden Boys eV	0:36:24	0:36:33	3	M70	1939	16:44 19:40 00:00 00:00
181	1519	Pelz Arne	FSM	0:11:23	0:11:36	16	MHK	1987	11:23 00:00 00:00 00:00
182	1158	Kemmerling Louis	LC Jugend 07 Bergheim	0:11:52	0:12:01	5	MU12	2002	11:52 00:00 00:00 00:00
183	1518	Trottenberg Wilhelm	Pingsheimer Rentnerbund	0:14:14	0:14:38	4	M70	1942	14:14 00:00 00:00 00:00

Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	1312	Schwanke Martina	Rhein-Erft-Multisport	0:38:01	0:38:03	1	W40	1970	09:14 09:31 09:37 09:38
2	1527	Esser Vera	*Erftstadt	0:42:58	0:43:04	2	W40	1971	10:25 10:47 10:58 10:47
3	1277	Rudo Sabine	Brühler TV 1879	0:43:50	0:43:54	1	W30	1982	10:10 11:10 11:24 11:04
4	1230	Nicht Michaela	PSV Brühl Triathlon Team	0:45:33	0:45:36	1	W35	1978	10:47 11:22 11:44 11:39
5	1520	Bach Martina	FC Keldenich	0:46:39	0:46:44	2	W30	1981	11:23 11:43 11:53 11:38
6	1175	Kremp Alexandra	Pulheimer SC	0:46:49	0:46:55	1	W45	1968	11:24 11:50 11:56 11:38
7	1214	Mittelstedt Dr. Gudrun	VHS Erftstadt	0:47:06	0:47:13	1	W50	1961	11:25 11:39 11:56 12:05
8	1374	Mönning Ulrike		0:47:16	0:47:21	2	W45	1966	11:31 11:45 12:00 11:59
9	1209	May Cornelia	*Erftstadt	0:47:22	0:47:30	3	W45	1967	11:35 11:47 11:57 12:01
10	1176	Kreutner Anke	Brühler Turnverein 1879	0:47:27	0:47:31	2	W35	1977	11:24 11:54 12:04 12:03
11	1534	Hagen Katrin	Team Erdinger	0:47:26	0:47:41	3	W40	1972	12:06 11:56 11:53 11:30
12	1137	Hillemacher Christine	GVG-Laufteam	0:47:29	0:47:44	3	W35	1975	11:25 11:50 12:13 12:00
13	1151	Kannengießler Brigitte	Taekwondo - Kerpen	0:47:54	0:48:11	1	WHK	1985	11:04 11:53 12:33 12:23
14	1159	Kemmerling Susanne	LG RWE Power	0:49:11	0:49:20	4	W40	1970	11:51 13:56 11:39 11:43
15	1524	Silvertant Sabrina	Vöwärts Köln	0:49:42	0:49:51	4	W35	1976	12:02 12:29 12:39 12:30
16	1022	Bertrams Dana	*Eschweiler	0:49:57	0:50:16	2	WHK	1984	12:05 12:28 12:47 12:35
17	1083	Fischer Christiane	*Erftstadt	0:50:23	0:50:30	4	W45	1965	11:54 12:27 13:05 12:55
18	1287	Schiffer Doris	Südschule Lechenich	0:50:39	0:50:45	5	W40	1969	12:35 12:47 12:46 12:30
19	1011	Bartneck Tina	Ssk Kerpen	0:50:31	0:50:45	5	W35	1975	12:19 12:31 12:44 12:55
20	1388	Teutsch Theresa		0:50:40	0:50:49	1	WU20	1994	12:03 12:40 12:58 12:58
21	1400	Moernerzheim Anna	Rainbow Children	0:51:27	0:51:52	5	W45	1965	12:13 13:04 13:27 12:41
22	1130	Herkenhoener Natascha	TriCologne	0:51:39	0:51:54	3	W30	1980	12:26 12:50 13:13 13:08
23	1354	Werny Martina	GVG-Laufteam	0:53:18	0:53:25	6	W45	1964	12:23 13:28 13:55 13:31
24	1386	Raab Daniela	Laufclub Weilerswist	0:53:21	0:53:31	6	W35	1974	13:15 13:38 13:34 12:52
25	1401	Miereczko Marta	Rhein-Erft-Multisport	0:53:25	0:53:39	3	WHK	1986	12:37 13:14 13:44 13:49
26	1016	Becker-Treß Simone	Playböcke	0:54:36	0:54:51	7	W35	1975	13:34 13:41 13:44 13:36
27	1120	Hajek Verena	GVG-Laufteam	0:54:42	0:54:51	1	W60	1952	13:22 13:52 13:54 13:33
28	1349	Wegwerth-Pille Sandra	Kindergarten an der Baumschule	0:54:52	0:55:04	8	W35	1975	12:59 13:37 14:11 14:04
28	1068	Dunkel Julia	Kindergarten an der Baumschule	0:54:53	0:55:04	6	W40	1973	12:59 13:37 14:11 14:04
30	1501	Hülsemann Barbara		0:55:06	0:55:24	4	W30	1981	13:01 13:28 14:13 14:22
31	1087	Friesen Dina	*Weilerswist	0:55:09	0:55:29	9	W35	1977	13:42 14:01 13:54 13:30
32	1391	Binner Tina	*Erftstadt	0:55:16	0:55:40	7	W45	1967	13:47 13:43 13:47 13:58
33	1052	Deget Erika	Central-Team	0:56:17	0:56:28	2	W60	1951	13:48 14:01 14:23 14:04
34	1326	Strack Anja	*Köln	0:56:23	0:56:29	4	WHK	1984	13:06 14:24 14:52 13:59
35	744	Stein Sabine	Nordschule 2c	0:56:54	0:57:09	8	W45	1968	14:34 14:36 13:55 13:48
36	1067	Düsing Christina	Südschule Klasse 4b	0:56:48	0:57:13	5	W30	1982	13:49 14:16 14:24 14:18
37	1263	Prediger Kristina	Team Reifenmobil-Köln	0:57:08	0:57:24	10	W35	1974	13:59 14:09 14:16 14:43
38	1512	Elsig Kerstin		0:57:19	0:57:43	6	W30	1983	13:47 14:24 14:35 14:31
39	1032	Bohling Heike	*Alfter	0:57:49	0:58:12	7	W40	1972	13:16 14:22 15:04 15:06
40	951	Löbber Eva-Marie	Gymnasium Lechenich 7d	0:58:36	0:58:56	1	W55	1957	13:42 14:42 15:11 14:59
41	1368	Zerres Stefanie	*Köln	0:58:52	0:59:03	7	W30	1980	13:22 14:45 15:48 14:54
42	1530	Pawliza-Deuge Katrin	Laufend Unterwegs	0:58:53	0:59:15	8	W40	1971	13:39 14:08 15:13 15:52
43	1395	Seeger Petra		0:59:05	0:59:15	9	W40	1969	14:20 15:04 15:08 14:32
44	1046	Castel Carla	*Bonn	0:59:58	1:00:25	5	WHK	1990	15:03 15:34 15:27 13:53
45	1265	Quantmeyer de Polack Simo	GVG-Laufteam	1:00:32	1:00:52	10	W40	1971	14:47 15:20 15:22 15:02
46	1126	Heeg Katina	*Brühl	1:01:41	1:02:07	11	W35	1976	14:02 15:12 16:12 16:13
47	1370	Zimmermann Andrea	*Erftstadt	1:03:13	1:03:30	11	W40	1973	15:19 15:30 16:12 16:11
48	1367	Worbs Kerstin	Hetz mich nicht!	1:03:18	1:03:36	12	W35	1977	14:46 15:55 16:21 16:15
49	1183	Leifer Hedwig	Rainbow Children e.V.	1:04:01	1:04:20	2	W50	1963	14:47 15:53 16:19 17:01
50	1403	Plasa Uta		1:05:21	1:05:34	1	W65	1948	15:53 16:02 16:40 16:45
51	1144	Hüting-Kaupert Bettina	*Nörvenich	1:07:31	1:07:56	3	W50	1963	15:44 16:11 17:20 18:15
52	1066	Dude Ulrike	*Erftstadt	1:14:18	1:14:46	4	W50	1963	17:24 18:19 19:12 19:22
53	905	Meyer Josefine	GEL EF AND	0:12:10	0:12:14	1	WU18	1996	12:10 00:00 00:00 00:00