

Krefelder Triathlon am 26. August 2012

Ergebnisliste

Olympische Distanz 1500m - 40km - 10km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	374	Künsler Stefan	Krefelder Kanu Klub	2:05:50	M40	1	3	0:23:11	2	1:03:39	1	1:26:50	6	0:38:59
2	388	Kreisel Götz	Krefelder Kanu-Klub	2:06:09	M40	2	4	0:23:12	8	1:07:04	4	1:30:16	1	0:35:52
3	411	Metzger Christian	Krefelder Kanu Klub	2:10:06	M30	1	1	0:23:09	5	1:05:52	3	1:29:02	11	0:41:04
4	428	Kruska Marco	Triathlon Team TK	2:10:34	M35	1	7	0:25:30	1	1:02:52	2	1:28:22	19	0:42:11
5	342	Stüllgens Kai-Uwe	kKK	2:10:58	M45	1	8	0:25:41	6	1:06:18	6	1:31:59	5	0:38:58
6	335	Dülks Roman	Krefelder Kanu Klub	2:14:00	M45	2	13	0:27:11	4	1:04:38	5	1:31:50	17	0:42:10
7	256	Voll Ulrich	Krefelder Kanu Klub	2:14:44	M50	1	46	0:31:49	3	1:04:05	9	1:35:54	4	0:38:49
8	491	Grewer Christoph	SCC Berlin - Triathlon	2:16:07	M25	1	6	0:24:26	13	1:09:52	7	1:34:19	14	0:41:48
9	345	Pesch Guido	Krefelder Kanu Klub	2:16:43	M45	3	5	0:24:24	17	1:10:23	8	1:34:47	16	0:41:56
10	486	Verheyen Florian	*Moers	2:16:57	M25	2	22	0:28:19	11	1:08:53	12	1:37:13	7	0:39:44
11	499	Nehring Florian	TV Goch	2:17:03	M20	1	21	0:28:10	22	1:11:11	20	1:39:21	2	0:37:41
12	495	Ertmer Stephan	Ruderclub Germania	2:18:03	M25	3	12	0:27:08	15	1:10:03	11	1:37:11	8	0:40:51
13	367	Winkel Stefan	TV Goch	2:20:29	M45	4	15	0:27:20	19	1:10:54	13	1:38:14	20	0:42:14
14	321	Tenten Arnold	Krefelder Kanu Klub	2:20:47	M45	5	9	0:26:17	16	1:10:19	10	1:36:37	35	0:44:10
15	425	Tagliente Vito	TuS Breitscheid 1972/89	2:21:07	M35	2	34	0:30:36	9	1:08:19	17	1:38:55	18	0:42:11
16	447	Kierdorf Rene	Health City Essen	2:21:22	M35	3	45	0:31:36	7	1:07:01	16	1:38:38	22	0:42:44
17	482	Knoblich Felix	*Düsseldorf	2:22:45	M25	4	10	0:26:33	28	1:12:46	18	1:39:19	29	0:43:25
18	398	Kaiser Marcus	TSV Bayer 04 Leverkusen	2:23:37	M40	3	29	0:30:21	41	1:15:11	34	1:45:32	3	0:38:04
19	431	Hahn Oliver	VT Triangel Kempen	2:24:09	M35	4	14	0:27:15	23	1:11:11	15	1:38:26	49	0:45:42
20	497	Gregory Nikolai	RC Lüdenscheid 98	2:24:17	M20	2	17	0:27:46	25	1:11:34	19	1:39:21	40	0:44:55
21	432	Krüger Dirk	TV Mönchengladbach	2:24:24	M35	5	69	0:33:38	12	1:09:05	24	1:42:43	12	0:41:41
22	463	Donat Michael	Health City Essen	2:24:34	M30	2	32	0:30:26	14	1:10:02	21	1:40:29	33	0:44:04
23	496	Boeddinghaus Moritz	RV Emscher Wanne Eickel	2:25:00	M25	5	11	0:26:41	42	1:15:11	23	1:41:53	27	0:43:07
24	448	Sevenig Matthias	-	2:25:45	M35	6	19	0:27:53	32	1:13:49	22	1:41:42	32	0:44:02
25	358	van Gansewinkel	*Duisburg	2:26:33	M45	6	57	0:32:36	20	1:10:54	26	1:43:31	25	0:43:02
26	370	Lörcks Christoph	TV-Goch	2:27:31	M45	7	79	0:34:18	24	1:11:23	36	1:45:41	15	0:41:49
27	474	Penkner Andreas	*Aachen	2:27:39	M30	3	28	0:30:21	31	1:13:47	27	1:44:08	30	0:43:31
28	381	Glietz Thorsten	*Krefeld	2:28:15	M40	4	81	0:34:19	21	1:10:56	32	1:45:16	24	0:42:59
29	480	Lüttkemöller Daniel	LG Emsdetten	2:28:57	M25	6	16	0:27:33	47	1:15:50	25	1:43:24	47	0:45:33
30	503	Diepers Kai Dave	*Krefeld	2:29:05	M20	3	24	0:28:40	75	1:19:31	41	1:48:12	9	0:40:53
31	488	Penning Gabriel	ASV Duisburg	2:29:12	M25	7	39	0:31:06	38	1:15:04	37	1:46:10	26	0:43:02
32	260	Krings Achim	TSV Bayer Dormagen	2:29:25	M50	2	27	0:30:01	45	1:15:38	35	1:45:39	31	0:43:45
33	498	Penning Raphael	ASV Duisburg	2:29:59	M20	4	23	0:28:32	55	1:16:51	33	1:45:23	37	0:44:35
34	254	Schmitz Rolf	DMSG	2:30:24	M50	3	37	0:30:46	33	1:14:04	29	1:44:50	46	0:45:33
35	506	Rüger Carsten	ALV Mainz	2:31:01	M40	5	40	0:31:13	60	1:18:05	48	1:49:19	13	0:41:41
36	466	Brauns Tobias	FC St. Pauli Triathlon	2:31:09	M30	4	33	0:30:33	35	1:14:21	30	1:44:54	53	0:46:14
37	368	Schnabel Volker	*Mönchengladbach	2:31:20	M45	8	2	0:23:11	37	1:15:03	14	1:38:14	105	0:53:05
38	483	Concha Fernando	Triathlon Team Rheinberg	2:31:49	M25	8	77	0:34:11	53	1:16:39	52	1:50:50	10	0:40:58
39	332	Wenzel Bernd	Team Erdinger Alkoholfrei	2:32:07	M45	9	99	0:36:18	26	1:12:30	45	1:48:48	28	0:43:18
40	246	Petrow Uwe	Triathlon Waldfeucht	2:32:34	M50	4	83	0:34:30	18	1:10:28	31	1:44:59	63	0:47:35
41	385	Kuchem Michael	Krefelder Kanu Klub	2:32:36	M40	6	31	0:30:23	54	1:16:45	38	1:47:08	44	0:45:27
42	361	Hilden Dirk	Team ERDINGER	2:32:39	M45	10	41	0:31:23	52	1:16:33	40	1:47:56	38	0:44:43
43	404	Hölz Marcus	ASV Duisburg	2:33:49	M40	7	64	0:33:21	61	1:18:12	62	1:51:33	21	0:42:15
44	477	Barnickel	RC-72 Peiting	2:33:51	M25	9	80	0:34:18	34	1:14:12	43	1:48:30	41	0:45:20
45	469	Koster Christian	*Krefeld	2:33:53	M30	5	97	0:35:49	27	1:12:33	42	1:48:22	45	0:45:31
46	494	Daniels Marc	*Erlangen	2:34:10	M25	10	75	0:34:01	36	1:14:41	44	1:48:43	43	0:45:27
47	242	Schnier Dr. Lars-Olaf	TV Aldekerk	2:34:17	M50	5	95	0:35:45	10	1:08:34	28	1:44:20	83	0:49:56
48	478	Thiele Tobias	Triathlon Team Ratingen	2:35:30	M25	11	88	0:34:52	51	1:16:30	59	1:51:23	34	0:44:07
49	426	Assmann Manfred	Bayer05 Uerdingen	2:36:00	M35	7	93	0:35:16	48	1:16:00	56	1:51:16	39	0:44:43
50	226	Selbach Klaus	VT Triangel Kempen	2:36:43	M60	1	52	0:32:23	39	1:15:09	39	1:47:33	77	0:49:10
51	409	Bögel Frank	*Bochum	2:37:06	M40	8	20	0:28:10	97	1:22:33	51	1:50:43	55	0:46:22
52	485	Stricker Markus	Triathlon Team Rheinberg	2:37:18	M25	12	111	0:37:56	29	1:13:11	54	1:51:08	52	0:46:09
53	429	Bergkeller Martin	Lüdinghausen	2:38:09	M35	8	73	0:33:53	63	1:18:25	68	1:52:18	50	0:45:51
54	0	Sons Stefan	*	2:38:17	M40	9	66	0:33:34	64	1:18:25	66	1:51:59	54	0:46:17

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Olympische Distanz 1500m - 40km - 10km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
55	0	unbekannt	DY8T2N2*	2:38:19	M20	5	49	0:32:17	70	1:19:12	60	1:51:30	56	0:46:49	
56	472	Auerbach Benjamin	WRK	2:38:55	M30	6	42	0:31:24	76	1:19:47	55	1:51:11	64	0:47:43	
57	500	Spittler Michael	*Waltrop	2:39:02	M20	6	44	0:31:28	108	1:24:46	85	1:56:15	23	0:42:47	
58	461	Marek Sebastian	SV 19 Straelen	2:39:05	M30	7	36	0:30:40	72	1:19:14	49	1:49:54	77	0:49:10	
59	362	Vehres Stefan	*Neuss	2:39:09	M45	11	103	0:36:30	40	1:15:11	64	1:51:41	61	0:47:28	
60	351	Kratz Peter	TV Aldekerk	2:39:11	M45	12	96	0:35:48	44	1:15:28	57	1:51:17	66	0:47:53	
61	492	Heinrich Sebastian	*Köln	2:39:11	M25	13	55	0:32:29	95	1:22:19	78	1:54:49	36	0:44:22	
62	415	Heydemann Jörg	*Kamp-Lintfort	2:39:27	M40	10	56	0:32:30	49	1:16:21	46	1:48:51	89	0:50:35	
63	502	Zirwes Christian	*Grevenbroich	2:39:29	M20	7	43	0:31:26	81	1:20:58	69	1:52:24	59	0:47:04	
64	437	Thoma Adrian	TSV Dormagen	2:40:10	M35	9	65	0:33:26	58	1:17:50	58	1:51:17	74	0:48:53	
65	507	Sobeck Swen	SV Bayer 08 Uerdingen	2:40:42	M40	11	110	0:37:44	46	1:15:45	72	1:53:29	60	0:47:12	
66	247	Schwedland Dieter	ohne	2:40:45	M50	6	76	0:34:08	57	1:17:37	65	1:51:45	75	0:48:59	
67	396	Borgards Torsten	TV Goch	2:40:51	M40	12	38	0:31:05	59	1:18:04	47	1:49:10	102	0:51:41	
68	336	Kürpig Jürgen	*Langenfeld	2:41:17	M45	13	25	0:29:24	87	1:21:28	53	1:50:52	87	0:50:24	
69	427	Rosenhahn Carsten	Lanxess Tri Team	2:41:26	M35	10	26	0:29:30	92	1:22:03	63	1:51:34	81	0:49:52	
70	394	Schmitt Oliver	Triathlon Team FS	2:41:36	M40	13	35	0:30:37	74	1:19:21	50	1:49:59	100	0:51:37	
71	337	niehues tim	*düsseldorf	2:41:39	M45	14	61	0:33:09	89	1:21:36	76	1:54:45	57	0:46:53	
72	386	Hartmann Frederik	TV Refrath	2:42:19	M40	14	89	0:34:53	91	1:21:59	91	1:56:53	42	0:45:26	
73	227	Wentz Udo	Krefelder Kanu Klub	2:42:24	M55	1	47	0:32:08	90	1:21:54	75	1:54:03	68	0:48:21	
74	464	Dobertin Jan	*Essen	2:43:23	M30	8	30	0:30:22	96	1:22:19	70	1:52:42	91	0:50:41	
75	338	Hagen Martin	GSG Duisburg	2:43:32	M45	15	18	0:27:48	107	1:24:22	67	1:52:10	99	0:51:21	
76	352	Fähndrich Dr. Martin	*Düsseldorf	2:43:36	M45	16	122	0:40:28	56	1:17:08	95	1:57:37	51	0:45:59	
77	501	Michel Mirco	Ksv-Duisburg	2:43:42	M20	8	72	0:33:50	100	1:22:54	90	1:56:45	58	0:46:57	
78	357	Mahlberg Marc-Eric	*Moers	2:44:25	M45	17	91	0:35:04	50	1:16:26	61	1:51:31	103	0:52:54	
79	249	Schirk Heiner	Marathon Soest	2:44:28	M50	7	50	0:32:22	84	1:21:12	73	1:53:34	94	0:50:53	
80	346	Beckmann Micha	Vulkane Triman	2:44:58	M45	18	112	0:38:13	82	1:21:02	105	1:59:15	48	0:45:42	
81	440	Gollwitzer Thorsten	Triathlon Mülheim	2:45:30	M35	11	102	0:36:28	62	1:18:19	77	1:54:47	92	0:50:42	
82	444	Zimmermann Tobias	Health City Essen	2:45:45	M35	12	48	0:32:15	99	1:22:50	80	1:55:05	90	0:50:40	
83	434	Kramer Rene	*Düsseldorf	2:46:12	M35	13	125	0:41:01	43	1:15:15	86	1:56:16	82	0:49:56	
84	456	Borgdorf Mirko	Freie Schwimmer	2:46:34	M30	9	78	0:34:12	83	1:21:10	81	1:55:22	98	0:51:12	
85	493	Kolanus David	*Tönisvorst	2:46:53	M25	14	58	0:32:37	104	1:23:46	88	1:56:23	88	0:50:29	
86	420	Heiting Thomas	FSV Emmerich eV	2:47:02	M40	15	85	0:34:51	101	1:23:06	96	1:57:57	76	0:49:05	
87	363	Schulze-Langenhorst	*Gladbeck	2:47:14	M45	19	108	0:37:17	86	1:21:23	99	1:58:41	69	0:48:33	
88	393	Mielke Frank	*Willich	2:47:14	M40	16	132	0:42:41	30	1:13:38	87	1:56:20	95	0:50:54	
89	350	Zimmer Olivier	SV Sterkrade Nord	2:47:32	M45	20	87	0:34:52	98	1:22:36	93	1:57:28	84	0:50:03	
90	383	Fassbender Volker	*Willich	2:47:42	M40	17	106	0:36:51	80	1:20:40	94	1:57:32	86	0:50:10	
91	262	Redemann Andreas	Renntiere	2:47:57	M50	8	126	0:41:08	68	1:19:04	107	2:00:13	65	0:47:44	
92	228	Rumpel Peter	HSV	2:48:42	M55	2	101	0:36:25	69	1:19:11	82	1:55:37	104	0:53:04	
93	360	Gryczan Holger	*Kerken	2:48:43	M45	21	62	0:33:10	118	1:26:47	106	1:59:57	72	0:48:46	
94	384	Schneider Swen	*Uedem	2:48:54	M40	18	109	0:37:43	79	1:20:24	97	1:58:07	93	0:50:47	
95	450	Schubert Peter	*Düsseldorf	2:49:04	M35	14	129	0:41:52	66	1:18:37	108	2:00:29	70	0:48:35	
96	390	Muskatewitz Dirk	ASV Duisburg	2:49:14	M40	19	107	0:37:10	106	1:23:52	111	2:01:03	67	0:48:11	
97	400	Krüll Dietmar	Hobby	2:49:31	M40	20	51	0:32:23	103	1:23:37	83	1:56:01	107	0:53:30	
98	241	Barmscheidt Klaus	AS Neukirchen-Vluyn	2:49:53	M50	9	74	0:33:53	109	1:24:51	101	1:58:44	97	0:51:08	
99	250	Dahmen Dr. Michael	*Schwalmtal	2:49:54	M50	10	90	0:34:57	88	1:21:31	89	1:56:28	106	0:53:25	
100	397	Mense André	TRIpel Mense	2:49:58	M40	21	116	0:39:09	102	1:23:15	115	2:02:24	62	0:47:33	
101	239	Kelch Alexander	Team Erdinger Alkoholfrei	2:50:51	M50	11	70	0:33:40	67	1:19:03	71	1:52:43	125	0:58:07	
102	328	Schwanitz Willi	*Linnich	2:50:56	M45	22	113	0:38:42	93	1:22:05	109	2:00:48	85	0:50:08	
103	487	Tobis Markus	*Mönchengladbach	2:51:44	M25	15	114	0:38:43	65	1:18:33	92	1:57:17	112	0:54:27	
104	225	Merchlewitz Paul	Marathonteam Online	2:52:35	M60	2	54	0:32:29	115	1:26:29	104	1:58:59	109	0:53:36	
105	395	Demsar Peter	Health City Essen	2:52:59	M40	22	59	0:32:42	94	1:22:10	79	1:54:53	124	0:58:05	
106	343	Lass Hartmut	*Meerbusch	2:53:06	M45	23	92	0:35:07	126	1:29:09	121	2:04:16	73	0:48:49	
107	323	Christöphler Karsten	Health City Essen	2:53:33	M45	24	82	0:34:21	129	1:29:48	120	2:04:10	79	0:49:23	
108	255	Gehrke Ralf	*Duisburg	2:53:44	M50	12	104	0:36:42	73	1:19:19	84	1:56:01	123	0:57:42	

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Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
109	356	dahmen uwe	dahmen-brüder	2:54:01	M45	25	67	0:33:34	78	1:20:13	74	1:53:47	129	1:00:13	
110	455	Rasch Richard	*Düsseldorf	2:54:30	M30	10	98	0:36:17	119	1:27:08	117	2:03:25	96	0:51:04	
111	414	Schulze	*Essen	2:55:27	M40	23	60	0:32:51	112	1:25:48	98	1:58:40	121	0:56:46	
112	436	Hoffmann Ralf	*Essen	2:55:28	M35	15	86	0:34:51	105	1:23:50	100	1:58:42	120	0:56:45	
113	349	Tillmanns Jörg	TV Aldekerk	2:55:39	M45	26	119	0:39:38	71	1:19:14	103	1:58:52	122	0:56:47	
114	331	Nagel Thomas	*Rheinberg	2:56:02	M45	27	94	0:35:27	113	1:26:17	114	2:01:44	111	0:54:17	
115	355	Briese Markus	Health City Essen	2:56:21	M45	28	118	0:39:28	85	1:21:21	110	2:00:49	118	0:55:31	
116	430	Hilling Frank	*Düsseldorf	2:56:51	M35	16	84	0:34:41	116	1:26:30	112	2:01:11	119	0:55:39	
117	468	Zimmermann Manuel	*Mülheim an der Ruhr	2:57:49	M30	11	71	0:33:43	110	1:25:02	102	1:58:45	127	0:59:03	
118	252	Meyer Henning	*Düsseldorf	2:58:14	M50	13	63	0:33:17	127	1:29:27	116	2:02:45	117	0:55:28	
119	371	Hinderks Dirk	ASV Köln Triathlon	2:58:19	M40	24	105	0:36:45	121	1:27:23	119	2:04:08	110	0:54:11	
120	229	Baumm Roland	SC Bayer 05 Uerdingen	2:58:56	M55	3	134	0:43:40	117	1:26:35	128	2:10:16	71	0:48:39	
121	236	Lingenauer Harald	AS Neukirchen-Vluyn	2:59:30	M55	4	115	0:38:45	124	1:29:05	124	2:07:51	101	0:51:38	
122	333	buchmann christian	*essen	3:03:09	M45	29	100	0:36:19	133	1:31:22	123	2:07:41	116	0:55:27	
123	457	Kretz Thomas	*Duisburg	3:03:24	M30	12	53	0:32:29	123	1:28:44	113	2:01:13	133	1:02:11	
124	339	Funger Uli	*Kerken	3:04:26	M45	30	120	0:40:17	125	1:29:09	125	2:09:26	113	0:54:59	
125	329	Kinder Thomas	*Dormagen	3:05:20	M45	31	140	0:50:15	77	1:19:49	127	2:10:04	114	0:55:15	
126	375	Schauenberg Jens	*Duisburg	3:07:51	M40	25	128	0:41:49	135	1:32:32	135	2:14:21	108	0:53:30	
127	244	Henkel Thomas	*Krefeld	3:08:06	M50	14	136	0:44:04	111	1:25:28	126	2:09:32	126	0:58:34	
128	224	Buntins Michael	ASV Duisburg	3:08:18	M60	3	139	0:46:24	114	1:26:29	134	2:12:54	115	0:55:24	
129	377	Herbe Peter	TV Goch	3:08:46	M40	26	120	0:40:17	122	1:27:23	122	2:07:40	131	1:01:05	
130	348	dierich michael	*herne	3:11:09	M45	32	68	0:33:38	130	1:29:48	118	2:03:27	139	1:07:41	
131	435	Königs Jan	*Tönisvorst	3:11:50	M35	17	131	0:42:04	128	1:29:28	131	2:11:32	130	1:00:17	
132	452	Wauters Christian	*Köln	3:13:33	M30	13	117	0:39:15	134	1:32:03	130	2:11:19	134	1:02:14	
133	490	Leconte dHarcourt	*Düsseldorf	3:14:45	M25	16	130	0:41:55	139	1:43:01	139	2:24:56	80	0:49:48	
134	402	Fuchs Markus	*Dormagen	3:15:50	M40	27	127	0:41:10	131	1:29:49	129	2:11:00	136	1:04:49	
135	235	Schmaus Wolfgang	Krefelder Kanu Klub	3:16:39	M55	5	138	0:45:08	120	1:27:14	133	2:12:22	135	1:04:16	
136	261	Onkelbach Günter	TV 1848	3:17:29	M50	15	137	0:44:25	136	1:33:38	137	2:18:03	128	0:59:26	
137	403	Hack Markus	*Düsseldorf	3:19:23	M40	28	124	0:40:54	132	1:30:40	132	2:11:34	140	1:07:49	
138	238	Hennig Joachim	Kempen	3:24:58	M50	16	123	0:40:41	138	1:37:43	138	2:18:24	137	1:06:33	
139	459	Kabelitz Andreas	*Moers	3:24:59	M30	14	133	0:43:09	137	1:34:44	136	2:17:54	138	1:07:05	
140	470	Espinet Aurelien	ARKEMA	3:29:50	M30	15	135	0:43:58	140	1:43:42	140	2:27:41	132	1:02:09	

nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	460	Maasackers Martin	*Wachtendonk	0:00:00	M30	-	142	0:37:26	0	0:00:00	0	0:00:00	0	0:00:00	
0	325	von Hallen Henning	Radsportfreunde Borken	0:00:00	M45	-	141	0:33:19	0	0:00:00	0	0:00:00	0	0:00:00	
0	0	unbekannt	*	2:23:57	M20	0	0	0:29:50	0	1:11:48	0	1:41:39	0	0:42:18	
0	0	unbekannt	*	0:00:00	M20	-	0	0:00:00	0	0:00:00	141	1:34:24	0	0:00:00	

disqualifiziert

Platz	Nr.	Name Vorname	Grund	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	389	Wloch Thomas	zuwenig Laufrunden	2:18:26	M40	0	0	0	0:36:42	0	1:17:20	0	1:54:02	0	0:24:23

Krefelder Triathlon am 26. August 2012

Ergebnisliste

Olympische Distanz 1500m - 40km - 10km

Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	276	Schmitz Andrea	DMSG	2:33:10	W45	1	8	0:30:47	1	1:16:07	1	1:46:54	3	0:46:15	
2	296	Manhoff Stephanie	VFL Gladbeck	2:39:50	W35	1	6	0:29:05	12	1:24:47	9	1:53:52	2	0:45:57	
3	303	Blomenkamp Astrid	*Krefeld	2:39:56	W25	1	1	0:26:03	11	1:23:29	2	1:49:33	8	0:50:23	
4	281	Goris Rhoda	KKK	2:41:23	W40	1	4	0:28:44	8	1:22:42	4	1:51:26	7	0:49:57	
5	308	Terheggen Simone	SV Straelen	2:41:37	W20	1	9	0:31:54	10	1:23:18	11	1:55:12	4	0:46:25	
6	290	Weber Wibke	SK Bayer Uerdingen	2:41:59	W35	2	23	0:37:38	4	1:18:34	12	1:56:13	1	0:45:46	
7	305	Kepp Steffi	KTT01	2:44:58	W25	2	11	0:34:02	5	1:19:15	8	1:53:17	10	0:51:41	
8	280	Abendroth Michaela	SV 19 Straelen	2:45:36	W40	2	21	0:37:31	3	1:17:35	10	1:55:07	9	0:50:29	
9	304	Pawlik Maike	Triabolas Triathlon	2:45:50	W25	3	2	0:27:23	7	1:22:15	3	1:49:39	17	0:56:11	
10	302	Hermanns Stefanie	LG Mönchengladbach e.V.	2:46:15	W30	1	5	0:28:58	9	1:23:15	6	1:52:13	13	0:54:02	
11	274	Voll Susanne	Krefelder Kanu Klub	2:49:17	W45	2	10	0:32:43	6	1:20:32	7	1:53:15	16	0:56:01	
12	279	Wistuba Silke	TV 48 Erlangen	2:50:15	W40	3	15	0:35:09	13	1:26:12	14	2:01:21	6	0:48:53	
13	310	Schulz Kerstin	TV Schiefbahn Tri-Team	2:50:59	WJUN	1	13	0:34:47	2	1:16:39	5	1:51:27	22	0:59:32	
14	278	Kriesten Petra	*Moers	2:52:49	W40	4	17	0:37:13	15	1:26:46	17	2:03:59	5	0:48:50	
15	298	Hoppe Birgit	*Köln	2:54:58	W30	2	3	0:27:32	23	1:34:38	15	2:02:11	11	0:52:47	
16	299	Schaffner Sandra	Health City Essen	2:55:46	W30	3	7	0:30:32	16	1:26:55	13	1:57:27	20	0:58:18	
17	284	Krigar Jutta	*Köln	2:59:55	W40	5	18	0:37:18	17	1:28:08	18	2:05:27	14	0:54:27	
18	277	Elspas Mieken	AS Neukirchen	3:01:59	W40	6	25	0:42:33	0	0:00:00	0	0:00:00	0	0:00:00	
19	283	Borgards Andrea	*Sonsbeck	3:02:30	W40	7	19	0:37:22	14	1:26:23	16	2:03:46	21	0:58:44	
20	272	Bremer Monika	Triathlon Mülheim	3:03:11	W55	1	14	0:35:02	21	1:33:05	19	2:08:07	15	0:55:03	
21	291	pusch ivonne	triminators voerde	3:06:11	W35	3	24	0:37:55	19	1:31:57	20	2:09:53	18	0:56:18	
22	282	De Florio Lucilla	*Duisburg	3:09:12	W40	8	12	0:34:03	26	1:41:51	25	2:15:54	12	0:53:17	
23	297	Hepper Jeanette	Health City Essen	3:10:37	W35	4	27	0:42:58	18	1:30:03	23	2:13:02	19	0:57:35	
24	289	Beckmann Katrin	Health City Essen	3:13:00	W40	9	20	0:37:30	20	1:32:40	22	2:10:11	23	1:02:49	
25	300	Brune Alice	ASV Duisburg	3:13:27	W45	3	16	0:35:44	22	1:34:11	21	2:09:56	24	1:03:31	
26	306	Gröner Nadine	Health City Essen	3:23:58	W25	4	22	0:37:36	24	1:36:30	24	2:14:06	25	1:09:51	
27	273	Paffrath Stephanie	*Düsseldorf	3:47:02	W45	4	28	0:45:40	25	1:41:30	26	2:27:11	26	1:19:51	
28	286	Hessmann Scarlett	Health City Essen	4:06:23	W40	10	26	0:42:56	27	1:55:02	27	2:37:58	27	1:28:25	