

# 30. Hückeswagen Triathlon am 18. August 2012

# Ergebnisliste

## NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	249	List Andreas	DLC Aachen	3:49:30	M30	1	27	0:28:50	4	2:00:29	6	2:29:20	6	1:20:09	
2	221	Schramm Till	SV Bergisch Gladbach	3:49:34	M25	1	7	0:27:59	12	2:02:14	8	2:30:13	3	1:19:21	
3	201	Kreisel Götz	Krefelder Kanu Klub	3:50:41	M40	1	23	0:28:45	29	2:04:30	22	2:33:16	1	1:17:25	
4	37	Schlumbohm Steffen	Tri Club Wuppertal	3:51:07	M30	2	19	0:28:40	6	2:00:36	4	2:29:17	11	1:21:50	
5	28	Christoph Busche	Nordenia Tri Finish	3:52:48	M30	3	36	0:29:47	18	2:03:26	21	2:33:14	4	1:19:34	
6	15	Schürmann Daniel	TVE Greven	3:53:07	M30	4	28	0:28:52	7	2:01:22	9	2:30:14	15	1:22:52	
7	25	Günnigmann Stefan	Nordenia Tri Finish	3:54:30	M25	2	61	0:31:17	2	1:59:48	14	2:31:05	17	1:23:25	
8	217	Dörmbach René	RC Lüdenscheid I	3:55:20	M30	5	13	0:28:33	3	2:00:22	2	2:28:56	29	1:26:24	
9	4	Ruiz Marcelo	Bayer 05 Uerdingen II	3:55:24	M40	2	3	0:26:34	8	2:01:32	1	2:28:07	33	1:27:17	
10	24	Seewald Jan	TRC Essen 84	3:56:12	M25	3	43	0:29:56	10	2:01:42	15	2:31:39	19	1:24:33	
11	252	Keitzel Gunnar	DLC Aachen	3:56:32	M30	6	71	0:32:02	22	2:03:46	28	2:35:49	7	1:20:43	
12	250	Schulte Thomas	DLC Aachen	3:57:45	M25	4	6	0:27:19	15	2:03:05	12	2:30:24	34	1:27:21	
13	14	Kramp Uwe	TVE Greven	3:57:53	M35	1	35	0:29:17	24	2:04:01	23	2:33:18	20	1:24:34	
14	248	Haarmann Jörg	EJOT Team TV	3:58:52	M45	1	123	0:34:52	27	2:04:14	52	2:39:06	5	1:19:45	
15	60	Schuster Mike	Tri Sport Team Verl	3:58:54	M35	2	33	0:29:09	34	2:05:05	25	2:34:14	21	1:24:39	
16	17	Sücker Matthias	AWD Team TVE	3:59:05	M25	5	90	0:32:52	32	2:05:01	42	2:37:54	9	1:21:11	
17	16	Veldhuis Jan	TVE Greven	3:59:20	M20	1	38	0:29:53	1	1:59:26	5	2:29:19	47	1:30:01	
18	63	Nyeste David	SSF Bonn II	3:59:45	M35	3	5	0:27:06	14	2:03:04	7	2:30:11	45	1:29:34	
19	238	Pesch Robin	Kölner Triathlon Team	3:59:57	M20	2	15	0:28:36	19	2:03:28	17	2:32:05	37	1:27:52	
20	245	Maul Christian	EJOT Team TV	4:01:06	M40	3	64	0:31:38	58	2:08:18	56	2:39:57	8	1:21:09	
21	67	Mertens Andy	Team Indeland Düren	4:01:33	M30	7	22	0:28:44	5	2:00:30	3	2:29:15	61	1:32:18	
22	50	Ifang Malte	TuS Breitscheid	4:01:46	M25	6	63	0:31:36	33	2:05:03	30	2:36:40	22	1:25:06	
23	219	Conredel Martin	RC Lüdenscheid I	4:01:53	M25	7	93	0:33:02	36	2:06:16	54	2:39:18	14	1:22:34	
24	29	Fischer Gert	ASV Köln	4:01:56	M35	4	67	0:31:59	74	2:10:36	72	2:42:36	2	1:19:20	
25	61	Bauer Florian	SSF Bonn II	4:02:29	M25	8	1	0:26:12	26	2:04:11	11	2:30:23	59	1:32:05	
26	54	Jazbec Tobias	ASV Duisburg	4:03:37	M30	8	44	0:29:58	77	2:11:07	63	2:41:05	13	1:22:32	
27	30	Hauser Michael	ASV Köln	4:04:05	M35	5	79	0:32:09	35	2:05:37	37	2:37:47	28	1:26:18	
28	240	Wallmen Sören	Kölner Triathlon Team	4:04:31	M35	6	34	0:29:12	20	2:03:35	19	2:32:48	56	1:31:43	
29	65	Kalk Nils	Team Indeland Düren	4:04:37	M25	9	121	0:34:51	52	2:08:03	79	2:42:54	10	1:21:42	
30	2	Gems Christian	Bayer 05 Uerdingen II	4:04:39	M20	3	50	0:30:10	11	2:01:47	16	2:31:57	68	1:32:41	
31	43	Krusch Sebastian	Triathlon Team Witten	4:04:54	M25	10	45	0:30:00	91	2:12:31	71	2:42:32	12	1:22:22	
32	36	Ehl Markus	Rückenwind Dortmund	4:04:58	M40	4	47	0:30:03	39	2:06:39	31	2:36:43	39	1:28:15	
33	62	Eggen Maximilian	SSF Bonn II	4:05:12	M30	9	17	0:28:38	9	2:01:42	10	2:30:20	83	1:34:51	
34	19	Müller Frank	AWD Team TVE	4:05:22	M35	7	142	0:36:17	31	2:04:44	62	2:41:01	18	1:24:20	
35	229	Laermann Ralf	M.Gladbacher TV 1848	4:05:34	M50	1	80	0:32:11	44	2:07:39	55	2:39:50	24	1:25:43	
36	208	Heibel Sebastian	1.Tri Club Paderborn I	4:05:39	M20	4	68	0:32:00	17	2:03:22	27	2:35:22	51	1:30:17	
37	227	Wendt Steffen	TRC Essen 84 II	4:05:55	M25	11	128	0:35:04	47	2:07:45	74	2:42:49	16	1:23:05	
38	47	Sabin Malte	PSV Bonn Triathlon II	4:06:00	M20	5	8	0:28:03	13	2:02:40	13	2:30:43	87	1:35:16	
39	246	Göckus Marco	EJOT Team TV	4:06:01	M40	5	51	0:30:11	40	2:06:42	33	2:36:54	44	1:29:07	
40	48	Kugler Sebastian	PSV Bonn Triathlon II	4:07:34	M30	10	14	0:28:36	57	2:08:16	32	2:36:52	52	1:30:42	
41	64	Resch Christian	SSF Bonn II	4:07:39	M25	12	21	0:28:43	21	2:03:38	18	2:32:22	86	1:35:16	
42	55	Kasel Thorsten	ASV Duisburg	4:07:49	M35	8	62	0:31:21	61	2:08:37	59	2:39:59	36	1:27:50	
43	3	Greeven Niklas	Bayer 05 Uerdingen II	4:08:00	M20	6	9	0:28:04	69	2:09:50	43	2:37:55	48	1:30:04	
44	49	Schütte Jan	TuS Breitscheid	4:08:01	M25	13	57	0:31:01	53	2:08:05	53	2:39:07	41	1:28:54	
45	38	Petri Stavro	Tri Club Wuppertal	4:08:24	M40	6	65	0:31:42	80	2:11:13	80	2:42:55	23	1:25:28	
46	254	Wolf Alexander	Brander SV-Tri Team I	4:08:39	M40	7	59	0:31:10	82	2:11:19	69	2:42:30	26	1:26:08	
47	202	Minke Sebastian	Krefelder Kanu Klub	4:08:58	M35	9	119	0:34:44	54	2:08:06	75	2:42:50	25	1:26:07	
48	220	Hanakam Florian	RC Lüdenscheid I	4:09:06	M40	8	118	0:34:41	56	2:08:11	77	2:42:53	27	1:26:13	
49	41	Bierey Dietmar	Triathlon Team Witten	4:09:19	M45	2	101	0:33:19	23	2:03:55	36	2:37:14	58	1:32:04	
50	224	Dünner Joachim	SV Bergisch Gladbach	4:09:43	M50	2	39	0:29:54	42	2:07:09	35	2:37:03	67	1:32:39	
51	18	Löhr Patrick	AWD Team TVE	4:09:54	M35	10	160	0:38:16	28	2:04:30	73	2:42:46	32	1:27:08	
52	256	Sittig Jörg	Brander SV-Tri Team I	4:10:10	M25	14	18	0:28:39	59	2:08:22	34	2:37:01	72	1:33:09	
53	239	Schertel Thomas	Kölner Triathlon Team	4:10:14	M25	15	48	0:30:06	46	2:07:45	40	2:37:51	62	1:32:22	
54	35	Föltig Christian	Rückenwind Dortmund	4:10:25	M25	16	56	0:30:57	44	2:07:39	50	2:38:36	57	1:31:48	

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## NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
55	45	Weier Peter	PSV Bonn Triathlon II	4:10:38	M30	11	10	0:28:27	55	2:08:07	29	2:36:35	77	1:34:02	
56	11	Beinke Kai	TSVE Active Team	4:10:53	M35	11	55	0:30:48	43	2:07:37	47	2:38:26	63	1:32:27	
57	207	Kellner Matthias	1.Tri Club Paderborn I	4:11:08	M40	9	2	0:26:34	83	2:11:25	44	2:37:59	71	1:33:09	
58	9	Kempmann Raoul	TSVE Active Team	4:11:31	M45	3	66	0:31:48	38	2:06:34	46	2:38:23	70	1:33:08	
59	255	Barth Tobias	Brander SV-Tri Team I	4:11:44	M20	7	12	0:28:32	66	2:09:42	45	2:38:14	73	1:33:29	
60	31	Heim Dirk	ASV Köln	4:12:15	M40	10	70	0:32:01	79	2:11:12	81	2:43:13	43	1:29:01	
61	56	Lang Ludger	ASV Duisburg	4:12:46	M35	12	98	0:33:11	76	2:10:40	89	2:43:52	42	1:28:54	
62	66	Pabich Andre	Team Indeland Düren	4:12:57	M40	11	20	0:28:41	0	0:00:00	0	0:00:00	0	0:00:00	
63	57	Burger Marius	Tri Sport Team Verl	4:13:34	M30	12	94	0:33:03	41	2:06:54	57	2:39:58	74	1:33:36	
64	12	Terstesse Christian	TSVE Active Team	4:13:44	M45	4	73	0:32:05	49	2:07:52	58	2:39:58	75	1:33:45	
65	223	Sikora Robert	SV Bergisch Gladbach	4:13:51	M40	12	72	0:32:05	62	2:09:11	65	2:41:16	66	1:32:35	
66	5	Thomsen Arne	W + F Münster	4:13:52	M30	13	77	0:32:08	86	2:11:31	85	2:43:39	49	1:30:13	
67	251	Schoch Martin	DLC Aachen	4:13:57	M30	14	116	0:34:28	16	2:03:20	38	2:37:49	94	1:36:08	
68	243	Söhngen Sascha	AWD Team TVE	4:14:12	M35	13	146	0:36:32	64	2:09:33	94	2:46:06	38	1:28:06	
69	424	Gosebrink Jens	Triminators TV Voerde	4:14:14	M25	17	32	0:29:07	90	2:12:04	64	2:41:11	69	1:33:02	
70	46	Zywietz Eike	PSV Bonn Triathlon II	4:14:19	M30	15	53	0:30:15	70	2:09:54	60	2:40:10	78	1:34:09	
71	226	Hoffmann Tobias	TRC Essen 84 II	4:15:04	M25	18	42	0:29:56	97	2:13:47	86	2:43:43	54	1:31:20	
72	26	Reimer Manuel	Nordenia Tri Finish	4:15:12	M30	16	52	0:30:14	95	2:13:29	87	2:43:44	55	1:31:28	
73	212	Raulf Stefan	LV Tristar Oelde	4:15:16	M35	14	69	0:32:00	111	2:15:41	101	2:47:41	35	1:27:35	
74	247	Hesse Daniel	EJOT Team TV	4:15:36	M25	19	26	0:28:49	25	2:04:02	20	2:32:52	128	1:42:44	
75	44	Gösmann Richard	Triathlon Team Witten	4:16:22	M25	20	76	0:32:07	123	2:17:47	113	2:49:55	30	1:26:27	
76	215	Radevic Mario	TSVE Acitve Team	4:16:22	M30	17	110	0:34:14	50	2:07:53	67	2:42:08	79	1:34:14	
77	34	Schlüter Thorsten	Rückenwind Dortmund	4:16:31	M30	18	40	0:29:55	92	2:12:34	70	2:42:30	76	1:34:01	
78	58	Klawitter Markus	Tri Sport Team Verl	4:17:09	M30	19	16	0:28:37	68	2:09:49	48	2:38:27	109	1:38:42	
79	52	Welsch Rüdiger	TuS Breitscheid	4:17:12	M45	5	31	0:29:00	67	2:09:49	51	2:38:49	108	1:38:22	
80	206	Winterstein Florian	1.Tri Club Paderborn I	4:19:14	M25	21	60	0:31:13	81	2:11:15	68	2:42:28	97	1:36:46	
81	360	Sartory Markus	RC Lüdenscheid 98	4:19:22	M40	13	107	0:33:59	109	2:15:36	111	2:49:35	46	1:29:46	
82	204	Kirschbaum Arne	Krefelder Kanu Klub	4:19:30	M35	15	167	0:39:55	93	2:12:41	124	2:52:37	31	1:26:53	
83	205	Schuster Andreas	1.Tri Club Paderborn I	4:19:38	M50	3	96	0:33:06	99	2:14:03	96	2:47:10	64	1:32:27	
84	32	Roth Andreas	ASV Köln	4:19:39	M35	16	83	0:32:19	73	2:10:34	78	2:42:54	96	1:36:44	
85	68	Quadflieg Achim	Team Indeland Düren	4:19:46	M40	14	74	0:32:07	108	2:15:24	99	2:47:31	60	1:32:14	
86	209	Kirchhoff Holger	LV Tristar Oelde	4:19:59	M35	17	87	0:32:31	71	2:10:20	76	2:42:52	101	1:37:07	
87	259	Drenker Ditmar	Triathlon Team	4:20:10	M45	6	130	0:35:12	96	2:13:40	108	2:48:52	53	1:31:17	
88	53	Friedhoff Benjamin	ASV Duisburg	4:20:21	M30	20	132	0:35:28	63	2:09:31	91	2:44:59	88	1:35:21	
89	42	Moldenhauer Kai	Triathlon Team Witten	4:20:40	M40	15	125	0:35:03	60	2:08:35	83	2:43:38	98	1:37:02	
90	39	Holitzka Patrick	Tri Club Wuppertal	4:22:05	M40	16	11	0:28:31	106	2:14:52	82	2:43:23	110	1:38:42	
91	33	Zahn Paul	Rückenwind Dortmund	4:22:16	M20	8	25	0:28:48	30	2:04:43	24	2:33:32	147	1:48:44	
92	267	Simm Hendrik	1.Tri Team Gütersloh	4:22:23	M25	22	4	0:26:39	78	2:11:11	39	2:37:50	132	1:44:32	
93	244	Schwarz Carsten	AWD Team TVE	4:22:25	M25	23	89	0:32:40	132	2:19:28	120	2:52:08	50	1:30:17	
94	22	Hüpen Holger	TRC Essen 84	4:23:05	M35	18	84	0:32:21	113	2:15:49	104	2:48:11	84	1:34:54	
95	211	Harzt Stefan	LV Tristar Oelde	4:23:09	M20	9	41	0:29:55	51	2:07:57	41	2:37:52	134	1:45:16	
96	222	Cuti Klaus	SV Bergisch Gladbach	4:23:12	M40	17	99	0:33:15	101	2:14:13	98	2:47:28	90	1:35:43	
97	233	Sasserath Michael	Bayer 05 Uerdingen III	4:23:24	M45	7	97	0:33:08	72	2:10:30	84	2:43:38	118	1:39:46	
98	383	Mekkioui Ramsi	SV Bergisch Gladbach	4:23:36	M40	18	124	0:35:02	94	2:13:08	105	2:48:11	89	1:35:24	
99	258	Schmidt Burkhard	Triathlon Team	4:23:47	M50	4	78	0:32:09	88	2:11:39	88	2:43:49	119	1:39:58	
100	236	Wächtler Thomas	Bayer 05 Uerdingen III	4:24:15	M55	1	138	0:36:02	131	2:19:25	133	2:55:28	40	1:28:46	
101	59	Ventker Sebastian	Tri Sport Team Verl	4:24:15	M25	24	174	0:41:08	75	2:10:38	118	2:51:46	65	1:32:28	
102	367	Hinz Andreas	ASV Köln Triathlon	4:24:16	M40	19	133	0:35:35	100	2:14:06	112	2:49:41	80	1:34:34	
103	329	Buhs Jörg	SSF Bonn	4:25:20	M55	2	75	0:32:07	110	2:15:40	102	2:47:48	102	1:37:32	
104	242	Scheib Florian	AWD Team TVE	4:25:41	M30	21	127	0:35:03	84	2:11:27	95	2:46:30	114	1:39:11	
105	260	Haschke Markus	Triathlon Team	4:25:57	M40	20	144	0:36:28	87	2:11:39	103	2:48:07	103	1:37:49	
106	213	Schmitt Volker	TSVE Acitve Team	4:27:04	M45	8	135	0:35:44	116	2:16:16	119	2:52:00	85	1:35:04	
107	400	Schnüttgen Thomas	SC Olpe	4:27:16	M35	19	126	0:35:03	102	2:14:21	109	2:49:24	104	1:37:51	
108	7	Hölter Christian	W + F Münster	4:27:46	M30	22	37	0:29:51	85	2:11:29	66	2:41:20	139	1:46:26	

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## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Pl. S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
109	420	Pelster Matthias	Tri-Geckos Dortmund	4:27:47	M25	25	82	0:32:15	129	2:18:56	116	2:51:11	95	1:36:35
110	20	Heitze Georg	AWD Team TVE	4:27:49	M40	21	49	0:30:08	121	2:17:25	100	2:47:33	120	1:40:15
111	257	Klein Ingo	Triathlon Team	4:27:52	M30	23	111	0:34:15	112	2:15:42	114	2:49:57	105	1:37:54
112	8	Hoffmann Patrick	W + F Münster	4:27:54	M25	26	95	0:33:06	89	2:12:00	92	2:45:06	129	1:42:47
113	234	Kempf Robert	Bayer 05 Uerdingen III	4:29:14	M40	22	140	0:36:09	119	2:17:02	128	2:53:11	92	1:36:03
114	428	Kohnen Jan	TriathlonSteckelCologn	4:29:21	M20	10	86	0:32:31	48	2:07:45	61	2:40:17	148	1:49:03
115	210	Graw Burkhard	LV Tristar Oelde	4:29:42	M50	5	58	0:31:09	120	2:17:18	106	2:48:28	122	1:41:14
116	23	Schmidt Daniel	TRC Essen 84	4:30:05	M25	27	30	0:28:58	37	2:06:21	26	2:35:20	158	1:54:45
117	268	Walter Peter	1.Tri Team Gütersloh	4:30:24	M45	9	153	0:37:12	104	2:14:25	117	2:51:38	111	1:38:46
118	40	Rexhausen Thorsten	Tri Club Wuppertal	4:31:12	M40	23	24	0:28:47	115	2:16:09	90	2:44:57	138	1:46:15
119	413	Stein Benjamin	Köln-Triathlon e.V.	4:31:42	M30	24	120	0:34:47	125	2:18:01	125	2:52:48	112	1:38:53
120	216	Mukielka Boris	TSVE Acitve Team	4:32:15	M40	24	54	0:30:26	105	2:14:41	93	2:45:07	140	1:47:07
121	253	Meisenberg Michael	Brander SV-Tri Team I	4:32:18	M40	25	158	0:38:10	103	2:14:24	123	2:52:35	117	1:39:43
122	361	Lüttgen Jörg	GFC Düren 99	4:32:23	M40	26	104	0:33:33	117	2:16:44	115	2:50:18	125	1:42:05
123	271	Esser Björn	SV Sterkrade Nord	4:32:24	M30	25	143	0:36:22	138	2:21:16	139	2:57:39	82	1:34:45
124	235	Schröter Matthias	Bayer 05 Uerdingen III	4:32:32	M40	27	91	0:32:56	136	2:20:16	129	2:53:13	116	1:39:18
125	21	Berg Stephan	TRC Essen 84	4:33:00	M30	26	117	0:34:34	144	2:22:28	138	2:57:02	91	1:35:57
126	362	Jakob Michael	Team Radon/RG	4:33:27	M40	28	106	0:33:38	98	2:13:48	97	2:47:27	135	1:46:00
127	342	GATTINGER Carsten	TriForce-Vital RS	4:34:06	M45	10	156	0:37:43	130	2:19:18	137	2:57:01	99	1:37:04
128	241	Pletz Marvin	AWD Team TVE	4:34:07	M25	28	112	0:34:20	128	2:18:30	126	2:52:50	123	1:41:17
129	27	Ohls Gerriet	Nordenia Tri Finish	4:34:25	M25	29	176	0:41:24	107	2:14:54	135	2:56:19	106	1:38:05
130	232	Bareuther Frank	M.Gladbacher TV 1848	4:35:08	M45	11	139	0:36:08	134	2:19:42	134	2:55:50	115	1:39:18
131	266	Pfeffer Thomas	1.Tri Team Gütersloh	4:36:09	M40	29	81	0:32:12	135	2:20:01	121	2:52:13	131	1:43:55
132	10	Poetting Timm	TSVE Active Team	4:36:56	M25	30	29	0:28:53	65	2:09:35	49	2:38:29	167	1:58:26
133	368	Lemberg Stefan	Viermärker Dortmund	4:36:57	M40	30	109	0:34:03	151	2:24:44	141	2:58:48	107	1:38:09
134	231	Verleysdonk Willi	M.Gladbacher TV 1848	4:37:12	M50	6	177	0:41:32	133	2:19:35	145	3:01:08	93	1:36:04
135	410	Kleinschmidt Oliver	RC Lüdenscheid 98	4:37:28	M30	27	172	0:40:50	141	2:22:00	152	3:02:50	81	1:34:38
136	225	Haack Danny	TRC Essen 84 II	4:37:37	M30	28	92	0:32:59	140	2:21:46	132	2:54:46	130	1:42:50
137	373	Thomas Martin	Bayer Leverkusen	4:39:11	M30	29	159	0:38:12	126	2:18:24	136	2:56:37	127	1:42:34
138	398	Korte Andreas	LC Solbad Ravensberg	4:39:56	M35	20	141	0:36:09	122	2:17:40	131	2:53:50	137	1:46:06
139	351	Landsberg Hans-peter	Vfl Engelskirchen	4:40:11	M45	12	145	0:36:32	156	2:26:32	156	3:03:04	100	1:37:06
140	339	Klinkert Roman	SSF Bonn Triathlon	4:40:46	M45	13	129	0:35:11	124	2:17:53	127	2:53:04	143	1:47:41
141	384	Zimmermann Michael	RC Lüdenscheid 98	4:41:09	M40	31	134	0:35:42	118	2:16:47	122	2:52:30	146	1:48:38
142	371	Modro Harald	SV Gladbeck 13	4:41:31	M40	32	102	0:33:22	157	2:26:40	143	3:00:03	124	1:41:28
143	411	Wortmann Stefan	TV Attendorn	4:41:44	M30	30	100	0:33:17	169	2:29:26	151	3:02:43	113	1:39:00
144	203	Peter Detlev	Krefelder Kanu Klub	4:42:37	M45	14	131	0:35:15	158	2:26:44	147	3:02:00	121	1:40:37
145	320	Zweihaus Markus	TVE Greven Triathlon	4:43:00	M50	7	85	0:32:30	139	2:21:17	130	2:53:47	149	1:49:12
146	399	Weissner Martin	W+F Münster	4:45:16	M35	21	164	0:39:49	146	2:23:14	155	3:03:03	126	1:42:13
147	262	Wucherpfeffnig Sven	TG Neuss	4:47:02	M40	33	46	0:30:02	127	2:18:27	107	2:48:30	168	1:58:32
148	372	Köhler Axel	Tri Club Wuppertal	4:47:50	M40	34	122	0:34:51	150	2:24:38	142	2:59:29	144	1:48:20
149	376	Schuler Wolfgang	Kölner Triathlon Team	4:48:14	M40	35	108	0:34:02	167	2:29:00	154	3:03:02	133	1:45:11
150	332	Berfeld Juergen	*Engelskirchen	4:49:09	M45	15	151	0:36:55	148	2:23:38	144	3:00:33	145	1:48:36
151	390	Fischer Henning	SSF Bonn Triathlon	4:49:12	M35	22	105	0:33:36	114	2:15:53	110	2:49:29	169	1:59:42
152	359	Vedder Marcus	TSV Bayer 04	4:49:18	M40	36	180	0:42:31	137	2:20:43	157	3:03:14	136	1:46:04
153	261	Bohnenkampff	TG Neuss	4:51:39	M35	23	115	0:34:23	149	2:23:56	140	2:58:19	156	1:53:19
154	322	Moresco Torsten	HAT Hilden	4:51:53	M50	8	173	0:41:04	147	2:23:28	159	3:04:33	141	1:47:19
155	263	Möllenhoff Klaus	TG Neuss	4:54:58	M25	31	161	0:38:18	160	2:26:58	165	3:05:16	150	1:49:41
156	328	Sticher Axel	Tri Club Wuppertal	4:55:59	M45	16	169	0:40:01	153	2:25:08	162	3:05:09	151	1:50:50
157	352	Davids Erik	TSVE 1890 Bielefeld	4:56:32	M45	17	137	0:35:59	163	2:28:07	158	3:04:06	153	1:52:26
158	316	Bittermann	Schwelmer RSC	4:57:49	M50	9	179	0:42:00	145	2:23:12	164	3:05:12	154	1:52:36
159	323	Von Dewitz-Krebs	W+F Münster	4:58:20	M50	10	168	0:39:57	154	2:25:13	163	3:05:11	155	1:53:09
160	350	Smethurst Miles	Triathlon Team	4:59:49	M45	18	175	0:41:22	171	2:30:48	173	3:12:11	142	1:47:37
161	269	Wischemann Frank	SV Sterkrade Nord	5:00:52	M45	19	154	0:37:14	161	2:27:45	160	3:04:59	159	1:55:52
162	347	Prieß Frank	TSV Bayer Dormagen	5:02:04	M45	20	152	0:36:57	166	2:28:46	166	3:05:44	161	1:56:20

# 30. Hückeswagen Triathlon am 18. August 2012

# Ergebnisliste

## NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
163	310	Breucker Norbert	SG Welper Triathlon	5:02:14	M55	3	147	0:36:37	164	2:28:27	161	3:05:04	163	1:57:09	
164	346	Von Hagen Uli	TVE Greven Triathlon	5:02:18	M45	21	103	0:33:28	168	2:29:06	150	3:02:34	170	1:59:44	
165	214	Voß Peter	TSVE Acitve Team	5:03:53	M40	37	113	0:34:21	159	2:26:50	146	3:01:11	172	2:02:41	
166	382	Dornseifer Peter	SC Olpe Triathlon	5:05:10	M40	38	165	0:39:52	142	2:22:16	148	3:02:08	174	2:03:02	
167	312	Ufer Andreas	TV Attendorn	5:05:35	M50	11	155	0:37:24	178	2:37:18	178	3:14:42	152	1:50:52	
168	378	Kiepas Szymon	Tri Club Wuppertal	5:08:38	M40	39	149	0:36:53	155	2:25:33	149	3:02:26	178	2:06:11	
169	265	Hafler Uwe	1.Tri Team Gütersloh	5:08:53	M50	12	136	0:35:46	177	2:35:42	172	3:11:29	164	1:57:24	
170	311	Gersch Uwe	SSF Bonn Triathlon	5:10:57	M55	4	171	0:40:33	173	2:32:43	175	3:13:16	165	1:57:41	
171	264	Steinbach Norman	TG Neuss	5:11:20	M30	31	148	0:36:43	176	2:33:59	171	3:10:43	171	2:00:37	
172	404	Kiefer Markus	Soester Tri Team	5:12:01	M30	32	157	0:38:02	152	2:24:57	153	3:03:00	180	2:09:00	
173	369	Behrendt Maik	SSF Bonn Triathlon	5:12:03	M40	40	178	0:41:37	172	2:32:05	177	3:13:42	166	1:58:20	
174	330	Kaiser Stefan	TSV Bayer 04	5:14:09	M45	22	184	0:45:38	143	2:22:16	167	3:07:54	179	2:06:14	
175	319	Schippmann Reiner	TVE Greven Triathlon	5:17:35	M50	13	114	0:34:21	179	2:38:44	174	3:13:06	175	2:04:29	
176	270	Marbach Florian	SV Sterkrade Nord	5:20:22	M35	24	170	0:40:21	165	2:28:38	169	3:09:00	182	2:11:22	
177	341	Ollerdissen Stefan	TSVE 1890 Bielefeld	5:20:42	M45	23	162	0:38:39	170	2:29:59	168	3:08:38	183	2:12:03	
178	302	Derks Josef	TV Goch	5:21:47	M60	1	188	0:48:30	162	2:27:48	179	3:16:18	177	2:05:28	
179	304	Schneider-Foitzik Paul	TSV Bayer Dormagen	5:28:56	M60	2	182	0:44:54	184	2:47:11	183	3:32:05	162	1:56:50	
180	340	Kohlhöfer Udo	Krefelder Kanu Klub	5:29:14	M45	24	187	0:48:25	183	2:46:18	185	3:34:44	157	1:54:30	
181	308	Albert Wolfschläger	SC Olpe	5:29:21	M55	5	150	0:36:54	175	2:33:39	170	3:10:33	185	2:18:47	
182	397	Paul Christian	TriSpeed Herscheid	5:33:30	M35	25	166	0:39:54	174	2:33:24	176	3:13:18	187	2:20:11	
183	357	Gottschalk Bernd	TVK 1877 Essen	5:36:19	M40	41	189	0:48:39	182	2:44:55	184	3:33:35	173	2:02:44	
184	305	Gräwe Detlef	Tri-As Hamm	5:36:54	M55	6	186	0:47:22	186	2:53:13	186	3:40:35	160	1:56:18	
185	300	Rechlin Bernd	TV Witzhelden	5:41:08	M65	1	163	0:39:29	181	2:42:22	181	3:21:51	186	2:19:16	
186	301	Buntins Michael	ASV Duisburg	5:45:03	M60	3	185	0:45:54	180	2:42:07	182	3:28:01	184	2:17:01	
187	313	Wockenfuß Bernd	SV Bergisch Gladbach	5:47:22	M50	14	183	0:45:19	187	2:57:04	188	3:42:24	176	2:04:57	
188	402	Lennartz Simon	TV Obermaubach	5:48:44	M35	26	88	0:32:36	185	2:47:53	180	3:20:29	188	2:28:15	
189	307	Schumacher Hans	Tri Club Wuppertal	5:50:50	M55	7	181	0:43:37	188	2:57:38	187	3:41:15	181	2:09:35	

# 30. Hückeswagen Triathlon am 18. August 2012

# Ergebnisliste

## NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

## Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	345	Ziemons Kristina	DLC Aachen	4:21:55	W25	1	5	0:35:04	2	2:21:24	3	2:56:29	1	1:25:26	
2	416	Honke Nora	DLC Aachen	4:24:39	W25	2	1	0:32:08	3	2:22:07	2	2:54:16	3	1:30:23	
3	414	Giehl Caprice	AWD Team TVE	4:27:04	W30	1	9	0:35:39	1	2:17:46	1	2:53:26	4	1:33:37	
4	431	Schönherr-Hölscher	PV Triathlon Witten	4:27:19	W40	1	7	0:35:24	4	2:22:47	4	2:58:11	2	1:29:07	
5	403	Müller Angela	Krefelder Kanu Klub	4:50:43	W30	2	15	0:38:00	9	2:34:40	11	3:12:41	5	1:38:01	
6	409	Jutta Weßelmann	Tri-As Hamm	4:51:47	W30	3	3	0:34:41	7	2:28:50	7	3:03:32	8	1:48:15	
7	407	Fondermann Dr.	SSF-Bonn-Triathlon	4:53:52	W30	4	10	0:35:52	5	2:25:37	6	3:01:29	9	1:52:22	
8	379	Zweihaus Ruth	TVE Greven 1898	4:56:06	W45	1	14	0:36:41	8	2:33:03	9	3:09:44	7	1:46:21	
9	394	Sommer Kirsten	TRI Sport Menden	4:58:45	W35	1	6	0:35:22	6	2:25:45	5	3:01:08	15	1:57:37	
10	314	Close Manuela	Tri Club Wuppertal	5:01:49	W45	2	2	0:32:10	11	2:37:06	8	3:09:16	10	1:52:32	
11	324	Spicker Ute	Team-Essen 99	5:03:23	W50	1	16	0:40:50	13	2:39:43	15	3:20:33	6	1:42:50	
12	427	Kerkmann Kathrin	TG Neuss	5:06:58	W20	1	11	0:36:05	10	2:35:19	10	3:11:24	13	1:55:34	
13	309	Albersmann Anne	LC Solbad Ravensberg	5:07:59	W55	1	8	0:35:29	12	2:38:09	12	3:13:38	12	1:54:20	
14	338	Philipsenburg Marie	SSF Bonn Triathlon	5:12:19	W45	3	12	0:36:35	15	2:41:35	14	3:18:10	11	1:54:09	
15	375	Höfling Imke	TriFinish Muenster	5:25:47	W40	2	4	0:34:58	16	2:54:02	16	3:29:01	14	1:56:46	
16	366	Bauer Inga	TriForce-Vital	5:27:58	W40	3	13	0:36:37	14	2:40:20	13	3:16:57	16	2:11:00	