

Kölner Nikolauslauf am 4. Dezember 2011 - 6.7km Lauf

Ergebnisliste Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Rundenzeiten | Geschwindigkeit |
|--------|------|-----------------------|------------------------------|---------|----------|----------|------------|---------------|-----------------|
| 1 | 3133 | Gast Christoph | *Kerpen | 0:27:31 | 1961 M50 | 1 | 0:27:32 | 13:38 * 13:53 | 4:06 min/km |
| 2 | 228 | Djalmpour David | *Bergheim | 0:32:50 | 2000 MSC | 1 | 0:32:50 | 15:35 * 17:15 | 4:54 min/km |
| 3 | 878 | Peters Piet | pjg-ahrweiler-traditionsteam | 0:33:57 | 1956 M55 | 1 | 0:36:37 | 16:55 * 17:02 | 5:04 min/km |
| 4 | 1202 | Uehlenbruck Christian | *Köln | 0:34:38 | 1976 M35 | 1 | 0:34:43 | 16:21 * 18:17 | 5:10 min/km |
| 5 | 1917 | Hülsmann Jan | *Dormagen | 0:35:06 | 1997 MSA | 1 | 0:37:41 | 17:21 * 17:45 | 5:14 min/km |
| 6 | 2894 | Watermann Jan | Prophetic Girls | 0:35:08 | 1979 M30 | 1 | 0:35:19 | 16:37 * 18:30 | 5:15 min/km |
| 7 | 1145 | Steinkrüger Christian | Team Sprocki | 0:35:08 | 1975 M35 | 2 | 0:35:56 | 16:58 * 18:10 | 5:15 min/km |
| 8 | 43 | Balanze Frank | Team Erdinger Alkoholfrei | 0:35:11 | 1966 M45 | 1 | 0:35:20 | 16:38 * 18:32 | 5:15 min/km |
| 9 | 819 | Müller Stefan | *Pulheim | 0:36:11 | 1983 MHK | 1 | 0:39:32 | 18:08 * 18:03 | 5:24 min/km |
| 10 | 2240 | Marks Philipp | *Köln | 0:36:45 | 1980 M30 | 2 | 0:39:30 | 18:19 * 18:25 | 5:29 min/km |
| 11 | 327 | Fischer Hermann Josef | TV Voiswinkel 1919 e.V. | 0:37:05 | 1944 M65 | 1 | 0:37:56 | 18:13 * 18:52 | 5:32 min/km |
| 12 | 116 | Börold Hans | RheinEnergie | 0:37:24 | 1957 M50 | 2 | 0:38:47 | 18:14 * 19:09 | 5:35 min/km |
| 13 | 2009 | Schewiola Hans | *Bergheim | 0:37:34 | 1949 M60 | 1 | 0:38:05 | 18:17 * 19:16 | 5:36 min/km |
| 14 | 2990 | Zipp Patrick | *Mönchengladbach | 0:37:43 | 1981 M30 | 3 | 0:38:09 | 18:21 * 19:21 | 5:38 min/km |
| 15 | 1902 | Hohoff Harry | CORPUS SIREO | 0:37:48 | 1959 M50 | 3 | 0:39:29 | 18:14 * 19:33 | 5:39 min/km |
| 16 | 2322 | Münzel Justus | LT DSHS Köln | 0:37:50 | 1999 MSB | 1 | 0:40:39 | 19:27 * 18:23 | 5:39 min/km |
| 17 | 2895 | Weber Andreas | Turbo Dancers | 0:37:58 | 1978 M30 | 4 | 0:41:45 | 19:19 * 18:38 | 5:40 min/km |
| 18 | 2768 | Sühr Michael | Albis Lauftreff Vogelsang | 0:38:07 | 1960 M50 | 4 | 0:38:31 | 18:43 * 19:23 | 5:41 min/km |
| 19 | 2890 | Warweg Tilmann | LFS Köln 8a | 0:38:43 | 1997 MSA | 2 | 0:40:01 | 19:50 * 18:53 | 5:47 min/km |
| 20 | 2004 | Kellerwessel Johannes | LFS Köln 8a | 0:38:43 | 1997 MSA | 3 | 0:40:01 | 19:50 * 18:53 | 5:47 min/km |
| 21 | 2338 | Neubert Maurice | mhm running | 0:38:52 | 1988 MHK | 2 | 0:40:48 | 19:48 * 19:03 | 5:48 min/km |
| 22 | 2917 | Weitmann John | die Präsidenten | 0:39:07 | 1967 M40 | 1 | 0:42:49 | 19:03 * 20:03 | 5:50 min/km |
| 23 | 2374 | Olbert Florian | *Köln | 0:39:11 | 1996 MSA | 4 | 0:41:18 | 20:22 * 18:48 | 5:51 min/km |
| 24 | 1998 | Kavelmann Hans | *Neustrelitz | 0:39:33 | 1990 MHK | 3 | 0:39:43 | 16:51 * 22:41 | 5:54 min/km |
| 25 | 2454 | Radonic Nikolas | SLG Jungväter von 2011 | 0:39:44 | 2002 MSD | 1 | 0:46:42 | 18:46 * 20:58 | 5:56 min/km |
| 26 | 1755 | Goost Benno | ghostbuster | 0:39:47 | 1975 M35 | 3 | 0:43:13 | 38:04 * 01:42 | 5:56 min/km |
| 27 | 1491 | Burg Marc | *Kerpen | 0:39:50 | 1973 M35 | 4 | 0:41:03 | 20:08 * 19:42 | 5:57 min/km |
| 28 | 2490 | Riedeberger Ingo | *Wesseling | 0:39:55 | 1968 M40 | 2 | 0:40:57 | 21:46 * 18:08 | 5:58 min/km |
| 29 | 1341 | Assenmacher Luciano | kein | 0:40:09 | 1968 M40 | 3 | 0:42:29 | 20:26 * 19:43 | 5:60 min/km |
| 30 | 2226 | Maihöfer Reinhard | *Köln | 0:41:16 | 1952 M55 | 2 | 0:42:54 | 20:41 * 20:34 | 6:10 min/km |
| 31 | 1100 | Sicking Jan | *Köln | 0:41:21 | 1975 M35 | 5 | 0:43:26 | 20:28 * 20:53 | 6:10 min/km |
| 32 | 2684 | Simons Christoph | Les Agents Provocateurs | 0:41:22 | 1970 M40 | 4 | 0:44:28 | 20:02 * 21:20 | 6:11 min/km |
| 33 | 261 | Ehlen Henrik | *Bergisch Gladbach | 0:41:23 | 1998 MSB | 2 | 0:41:35 | 24:05 * 17:17 | 6:11 min/km |
| 34 | 3138 | Trömel Marcus | *Köln | 0:41:30 | 1979 M30 | 5 | 0:42:51 | 20:21 * 21:08 | 6:12 min/km |
| 35 | 1626 | Erbacher Axel | *Köln | 0:41:40 | 1972 M35 | 6 | 0:45:26 | 20:41 * 20:59 | 6:13 min/km |
| 36 | 1366 | Ballermann Klaus | LFS Köln 8a | 0:41:45 | 1961 M50 | 5 | 0:43:41 | 21:02 * 20:42 | 6:14 min/km |
| 37 | 64 | Becker Patrick | Becker Patrick | 0:41:51 | 1970 M40 | 5 | 0:43:58 | 20:18 * 21:33 | 6:15 min/km |
| 38 | 2238 | Marheineke Linus | Friedrich-von-Lauff-Team | 0:41:55 | 1998 MSB | 3 | 0:44:38 | 21:42 * 20:13 | 6:15 min/km |
| 39 | 1942 | Jaekel René | CORPUS SIREO | 0:42:01 | 1988 MHK | 4 | 0:43:43 | 20:27 * 21:33 | 6:16 min/km |
| 40 | 2591 | Schlang Michael | *Köln | 0:42:08 | 1982 MHK | 5 | 0:45:37 | 21:11 * 20:56 | 6:17 min/km |
| 41 | 299 | Even Winfried | LeseWelten | 0:42:30 | 1962 M45 | 2 | 0:44:41 | 22:50 * 19:39 | 6:21 min/km |
| 42 | 2099 | Kreische Jörn | *köln | 0:42:53 | 1957 M50 | 6 | 0:45:08 | 21:38 * 21:15 | 6:24 min/km |
| 43 | 2862 | Vogt Maximilian | Freie Schule Köln | 0:42:55 | 1995 MJB | 1 | 0:45:08 | 21:47 * 21:07 | 6:24 min/km |
| 44 | 1383 | Bayerl Frank | *Köln | 0:42:55 | 1966 M45 | 3 | 0:43:29 | 19:21 * 23:33 | 6:24 min/km |
| 45 | 1878 | Hesse Christoph | Original Bootcamp | 0:43:00 | 1984 MHK | 6 | 0:45:59 | 21:55 * 21:04 | 6:25 min/km |
| 46 | 2291 | Minnich Holger | *Köln | 0:43:01 | 1969 M40 | 6 | 0:46:02 | 20:50 * 22:11 | 6:25 min/km |
| 47 | 1696 | Frerich Clemens | Friedrich-von-Lauff-Team | 0:43:05 | 2000 MSC | 2 | 0:45:48 | 21:42 * 21:23 | 6:26 min/km |
| 48 | 170 | Busch Joachim | *Köln | 0:43:07 | 1959 M50 | 7 | 0:43:30 | 19:52 * 23:15 | 6:26 min/km |
| 49 | 2498 | Robertz Dennis | *Köln | 0:43:07 | 1983 MHK | 7 | 0:44:39 | 20:28 * 22:39 | 6:26 min/km |
| 50 | 1984 | Karl Guido | ISI-RUNNERS | 0:43:17 | 1969 M40 | 7 | 0:43:55 | 21:12 * 22:04 | 6:28 min/km |
| 51 | 363 | Garito Adrian | Postteam 2 | 0:43:30 | 1971 M40 | 8 | 0:47:15 | 22:34 * 20:55 | 6:30 min/km |
| 52 | 1504 | Buttrey Rich | MACH3 | 0:43:30 | 1965 M45 | 4 | 0:46:27 | 21:34 * 21:56 | 6:30 min/km |
| 53 | 1844 | Heider Fritz | *Frechen | 0:43:34 | 1958 M50 | 8 | 0:47:07 | 22:17 * 21:17 | 6:30 min/km |

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| | | | | | | | | | | |
|-----|------|-----------------------|-----------------------|---------|----------|----|---------|---------|-------|--------------|
| 54 | 1534 | Damrau Jens | Dynamo Dauerregen | 0:43:36 | 1977 M30 | 6 | 0:46:24 | 22:01 * | 21:35 | 6:31 min/km |
| 55 | 1799 | Hähner Falk | *Frechen | 0:43:51 | 1998 MSB | 4 | 0:45:51 | 22:25 * | 21:25 | 6:33 min/km |
| 56 | 1368 | Barkhoff Nils | Original Bootcamp | 0:44:01 | 1982 MHK | 8 | 0:46:46 | 23:40 * | 20:20 | 6:34 min/km |
| 57 | 2375 | Olbert Günther | *Köln | 0:44:05 | 1966 M45 | 5 | 0:46:11 | 21:39 * | 22:25 | 6:35 min/km |
| 58 | 1960 | Jermis Wolfgang | *Köln | 0:44:16 | 1954 M55 | 3 | 0:45:23 | 21:43 * | 22:32 | 6:36 min/km |
| 59 | 2170 | Leyendecker Peter P. | *Köln | 0:44:16 | 1960 M50 | 9 | 0:45:23 | 21:43 * | 22:32 | 6:37 min/km |
| 60 | 1951 | Janssen Alfred | *Düsseldorf | 0:44:16 | 1958 M50 | 10 | 0:44:51 | 21:16 * | 23:00 | 6:37 min/km |
| 61 | 950 | Richert Hans-Jörg | LT Saaler Mühle | 0:44:21 | 1941 M70 | 1 | 0:46:03 | 22:06 * | 22:14 | 6:37 min/km |
| 62 | 539 | Hummelsheim Dr. | LeseWelten | 0:44:25 | 1966 M45 | 6 | 0:46:36 | 22:51 * | 21:34 | 6:38 min/km |
| 63 | 1355 | Backes Thomas | Die Wiethasen | 0:44:31 | 1962 M45 | 7 | 0:44:51 | 22:51 * | 21:40 | 6:39 min/km |
| 64 | 1105 | Simon Daniel | *Köln | 0:44:46 | 1977 M30 | 7 | 0:46:05 | 22:47 * | 21:58 | 6:41 min/km |
| 65 | 2413 | Pichler Andreas | *Köln | 0:44:52 | 1966 M45 | 8 | 0:46:03 | 21:22 * | 23:29 | 6:42 min/km |
| 66 | 792 | Meyer Otto | Kall | 0:45:01 | 1937 M70 | 2 | 0:48:55 | 22:05 * | 22:56 | 6:43 min/km |
| 67 | 2712 | Spoehr Thomas | *Elsdorf | 0:45:08 | 1965 M45 | 9 | 0:46:51 | 23:05 * | 22:03 | 6:44 min/km |
| 67 | 2709 | Spoehr Benedikt | *Elsdorf | 0:45:08 | 1997 MSA | 5 | 0:46:51 | 23:05 * | 22:03 | 6:44 min/km |
| 69 | 1270 | Weskamp Ulf | Original Bootcamp | 0:45:11 | 1970 M40 | 9 | 0:48:57 | 24:00 * | 21:11 | 6:45 min/km |
| 70 | 2935 | Wielpütz Marc | LFS Köln 8a | 0:45:13 | 1998 MSB | 5 | 0:46:32 | 21:26 * | 23:46 | 6:45 min/km |
| 71 | 1768 | Gramlich Vincent | LFS Köln 8a | 0:45:14 | 1999 MSB | 6 | 0:46:33 | 21:28 * | 23:46 | 6:45 min/km |
| 72 | 2526 | Roth Holger | *Köln | 0:45:35 | 1981 M30 | 8 | 0:48:58 | 22:53 * | 22:42 | 6:48 min/km |
| 73 | 2613 | Schmitz Peter | die Präsidenten | 0:45:37 | 1965 M45 | 10 | 0:49:18 | 22:18 * | 23:19 | 6:49 min/km |
| 74 | 1440 | Börner Johannes | *Köln | 0:45:43 | 1997 MSA | 6 | 0:47:43 | 22:25 * | 23:17 | 6:49 min/km |
| 75 | 1295 | Wulff Hans Peter | *Köln | 0:45:58 | 1957 M50 | 11 | 0:48:03 | 23:04 * | 22:53 | 6:52 min/km |
| 76 | 2390 | Owczak Niklas | Liebfrauenschule Köln | 0:46:07 | 1998 MSB | 7 | 0:47:26 | 21:27 * | 24:40 | 6:53 min/km |
| 77 | 2606 | Schmidt Uwe | LeseWelten | 0:46:11 | 1966 M45 | 11 | 0:48:27 | 22:52 * | 23:19 | 6:54 min/km |
| 78 | 493 | Herman Jan | *Köln | 0:46:16 | 1962 M45 | 12 | 0:47:05 | 22:45 * | 23:30 | 6:54 min/km |
| 79 | 101 | Birkner Thomas | *Netphen | 0:46:41 | 1964 M45 | 13 | 0:48:44 | 22:43 * | 23:58 | 6:58 min/km |
| 80 | 1933 | Ilse Bernd | *Mülheim | 0:46:46 | 1963 M45 | 14 | 0:49:13 | 22:05 * | 24:40 | 6:59 min/km |
| 81 | 1322 | Adelmann Michael | Original Bootcamp | 0:46:48 | 1982 MHK | 9 | 0:49:46 | 23:30 * | 23:18 | 6:59 min/km |
| 82 | 604 | Kirk Uwe | Prof. Baum | 0:47:15 | 1942 M65 | 2 | 0:50:49 | 22:43 * | 24:32 | 7:03 min/km |
| 83 | 2585 | Schiffer Stefan | *Köln | 0:47:39 | 1973 M35 | 7 | 0:50:54 | 23:48 * | 23:51 | 7:07 min/km |
| 84 | 1484 | Büsken Max | SGErtstadt | 0:47:41 | 1998 MSB | 8 | 0:48:59 | 22:20 * | 25:21 | 7:07 min/km |
| 85 | 795 | Michels Guido | *Köln | 0:48:11 | 1963 M45 | 15 | 0:51:30 | 24:23 * | 23:47 | 7:11 min/km |
| 86 | 1971 | Kadmiri Sidi youssef | *köln | 0:48:30 | 1970 M40 | 10 | 0:50:37 | 23:51 * | 24:38 | 7:14 min/km |
| 87 | 2538 | Rüter Tristan | *Köln | 0:48:32 | 1998 MSB | 9 | 0:50:33 | 20:58 * | 27:33 | 7:15 min/km |
| 88 | 1679 | Fränken Michael | die Präsidenten | 0:48:35 | 1967 M40 | 11 | 0:52:16 | 22:16 * | 26:18 | 7:15 min/km |
| 89 | 2312 | Müller Manfred | *Pulheim | 0:48:43 | 1948 M60 | 2 | 0:50:44 | 23:10 * | 25:32 | 7:16 min/km |
| 90 | 2398 | Papies Jens | *Köln | 0:48:47 | 1979 M30 | 9 | 0:51:17 | 28:40 * | 20:06 | 7:17 min/km |
| 91 | 2634 | Schreiber Dirk | *Hürth | 0:49:35 | 1969 M40 | 12 | 0:51:23 | 23:52 * | 25:42 | 7:24 min/km |
| 92 | 2165 | Leonhard Marc | LFS Köln 8a | 0:49:47 | 1998 MSB | 10 | 0:51:04 | 23:55 * | 25:51 | 7:26 min/km |
| 93 | 2884 | Waletzki Elias | Liebfrauenschule Köln | 0:49:47 | 1998 MSB | 11 | 0:51:04 | 23:55 * | 25:51 | 7:26 min/km |
| 94 | 1737 | Gerke Lars-Erik | *Hürth | 0:50:37 | 1988 MHK | 10 | 0:54:00 | 22:20 * | 28:16 | 7:33 min/km |
| 95 | 3065 | Müller Tobias | *Frechen | 0:50:41 | 1986 MHK | 11 | 0:53:07 | 24:55 * | 25:46 | 7:34 min/km |
| 96 | 607 | Kirstein Andreas | Team-Sechtem | 0:51:44 | 1974 M35 | 8 | 0:54:12 | 25:22 * | 26:22 | 7:43 min/km |
| 97 | 2081 | Krämer Stephan | *Ertstadt | 0:52:00 | 1975 M35 | 9 | 0:55:22 | 25:20 * | 26:40 | 7:46 min/km |
| 98 | 1115 | Sommer Hermann | LT Vynen The Road | 0:52:44 | 1953 M55 | 4 | 0:54:28 | 25:23 * | 27:21 | 7:52 min/km |
| 99 | 1583 | Drögsler Daniel | run4fun | 0:56:32 | 1964 M45 | 16 | 0:59:44 | 27:26 * | 29:06 | 8:26 min/km |
| 100 | 1695 | Frenthoff Hans-Jürgen | Tus 06 Waldbröl | 0:57:13 | 1941 M70 | 3 | 0:59:48 | 27:09 * | 30:03 | 8:32 min/km |
| 101 | 1611 | Eikermann Markus | *Köln | 0:59:39 | 1981 M30 | 10 | 1:02:10 | 28:51 * | 30:48 | 8:54 min/km |
| 102 | 2195 | Loewe Lukas | *Köln | 1:07:25 | 1987 MHK | 12 | 1:09:06 | 45:13 * | 22:12 | 10:04 min/km |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Rundenzeiten | Geschwindigkeit |
|--------|------|---------------------------|--------------------|---------|----------|----------|------------|---------------|-----------------|
| 1 | 3026 | Pütz Johanna | ASV Köln | 0:30:15 | 1998 WSB | 1 | 0:30:28 | 14:41 * 15:34 | 4:31 min/km |
| 2 | 1384 | Bazynski Nadja | *Kerpen | 0:32:49 | 1993 WJA | 1 | 0:32:52 | 15:44 * 17:04 | 4:54 min/km |
| 3 | 861 | Ott Nadine | *Köln | 0:35:15 | 1978 W30 | 1 | 0:35:44 | 17:16 * 17:59 | 5:16 min/km |
| 4 | 1302 | Zens Claudia | *mechernich | 0:36:25 | 1977 W30 | 2 | 0:37:55 | 18:00 * 18:24 | 5:26 min/km |
| 5 | 72 | Benölen Irmgard | *Köln | 0:36:25 | 1975 W35 | 1 | 0:37:24 | 17:38 * 18:47 | 5:26 min/km |
| 6 | 1882 | Hesselmann Leonie | *Frechen | 0:36:26 | 1998 WSB | 2 | 0:38:16 | 17:57 * 18:29 | 5:26 min/km |
| 7 | 821 | Münzel Andrea | Kölner | 0:37:11 | 1967 W40 | 1 | 0:39:59 | 18:48 * 18:22 | 5:33 min/km |
| 8 | 982 | Saidi Dewah | Laufdusau | 0:37:14 | 1981 W30 | 3 | 0:37:44 | 17:22 * 19:51 | 5:34 min/km |
| 9 | 3031 | Caro-Valenzuela Cristiana | Köln | 0:37:16 | 1963 W45 | 1 | 0:37:32 | 17:31 * 19:45 | 5:34 min/km |
| 10 | 1406 | Berghaus Vanessa | *Köln | 0:38:02 | 1981 W30 | 4 | 0:38:09 | 18:33 * 19:29 | 5:41 min/km |
| 11 | 2300 | Molnar Emöke | Prophetic Girls | 0:38:50 | 1985 WHK | 1 | 0:39:00 | 19:23 * 19:26 | 5:48 min/km |
| 12 | 1166 | Strunck Jessica | Original Bootcamp | 0:39:22 | 1984 WHK | 2 | 0:42:25 | 21:38 * 17:44 | 5:53 min/km |
| 13 | 1329 | Almeida Ana Paula | *Köln | 0:39:32 | 1966 W45 | 2 | 0:39:45 | 19:24 * 20:07 | 5:54 min/km |
| 14 | 1012 | Schleiden Hildegard | *bergisch gladbach | 0:39:37 | 1959 W50 | 1 | 0:40:33 | 19:36 * 20:01 | 5:55 min/km |
| 15 | 2210 | Lüssenhop Franziska | Nordisch by Nature | 0:39:41 | 1986 WHK | 3 | 0:41:01 | 19:19 * 20:22 | 5:55 min/km |
| 16 | 1546 | Dekany Daniela | Original Bootcamp | 0:39:58 | 1977 W30 | 5 | 0:42:58 | 19:51 * 20:06 | 5:58 min/km |
| 17 | 1981 | Kar Vera | *Köln | 0:40:00 | 2001 WSC | 1 | 0:43:17 | 20:05 * 19:54 | 5:58 min/km |
| 18 | 642 | Kohn Andrea | *Köln | 0:40:06 | 1975 W35 | 2 | 0:42:15 | 20:12 * 19:53 | 5:59 min/km |
| 19 | 1554 | Deutschmann Johanna | atemrausch* | 0:40:08 | 1991 WHK | 4 | 0:41:41 | 19:49 * 20:19 | 5:60 min/km |
| 20 | 2543 | Ryck Nicole | *Frechen | 0:40:14 | 1978 W30 | 6 | 0:41:02 | 20:03 * 20:11 | 6:00 min/km |
| 21 | 1985 | Karow Mireille | *Wesseling | 0:40:14 | 1977 W30 | 7 | 0:41:02 | 20:03 * 20:10 | 6:00 min/km |
| 22 | 1751 | Glauer Katrin | LeseWelten | 0:40:47 | 1971 W40 | 2 | 0:43:02 | 22:52 * 17:55 | 6:05 min/km |
| 23 | 71 | Bender Samira | *Köln | 0:40:49 | 1985 WHK | 5 | 0:42:30 | 20:09 * 20:40 | 6:06 min/km |
| 24 | 2059 | König Christina | *Köln | 0:41:10 | 1998 WSB | 3 | 0:42:59 | 19:28 * 21:41 | 6:09 min/km |
| 25 | 2200 | Lorber Franca | *Frechen | 0:41:11 | 1998 WSB | 4 | 0:43:00 | 19:28 * 21:42 | 6:09 min/km |
| 26 | 868 | Papst Elisabeth | *50672 Köln | 0:41:19 | 1960 W50 | 2 | 0:42:18 | 19:50 * 21:28 | 6:10 min/km |
| 27 | 2265 | Mecker Julia | *Rösrath | 0:41:33 | 1999 WSB | 5 | 0:42:19 | 20:21 * 21:11 | 6:12 min/km |
| 28 | 1987 | Karsten Mona | *Frechen | 0:41:36 | 1994 WJB | 1 | 0:43:25 | 23:36 * 18:00 | 6:13 min/km |
| 29 | 1777 | Grohs Jolina | SteRnchen | 0:41:52 | 2002 WSD | 1 | 0:42:25 | 21:19 * 20:32 | 6:15 min/km |
| 30 | 967 | Rondholz Katja | *Bornheim | 0:41:58 | 1976 W35 | 3 | 0:43:20 | 20:16 * 21:42 | 6:16 min/km |
| 31 | 2659 | Schwerdtfeger Raquel | Die Schnarchnasen | 0:42:08 | 2000 WSC | 2 | 0:42:20 | 20:48 * 21:20 | 6:17 min/km |
| 32 | 2277 | Mescher Dr. Mira | GSS Run | 0:42:11 | 1984 WHK | 6 | 0:44:58 | 21:51 * 20:20 | 6:18 min/km |
| 33 | 640 | Köpnick Gila | GSS Run | 0:42:11 | 1983 WHK | 7 | 0:44:58 | 21:50 * 20:20 | 6:18 min/km |
| 34 | 1710 | Funke Sandra | Mausebär e.V. | 0:42:24 | 1982 WHK | 8 | 0:44:01 | 20:47 * 21:36 | 6:20 min/km |
| 35 | 2793 | Thiel Annika | *Köln | 0:42:25 | 1981 W30 | 8 | 0:45:09 | 21:18 * 21:06 | 6:20 min/km |
| 36 | 398 | Görtz Dagmar | *Köln | 0:42:30 | 1965 W45 | 3 | 0:45:34 | 21:00 * 21:30 | 6:21 min/km |
| 37 | 2941 | Wiggenbröker Claudia | *Hagen | 0:42:32 | 1990 WHK | 9 | 0:44:55 | 22:50 * 19:41 | 6:21 min/km |
| 38 | 2154 | Lehmann Larissa | | 0:42:34 | 1976 W35 | 4 | 0:42:59 | 20:27 * 22:07 | 6:21 min/km |
| 39 | 2171 | Lhoták Natascha Nina | *Köln | 0:42:35 | 1976 W35 | 5 | 0:43:00 | 20:27 * 22:07 | 6:21 min/km |
| 40 | 281 | Engler Simone | MAS-training | 0:42:37 | 1974 W35 | 6 | 0:43:22 | 20:59 * 21:38 | 6:22 min/km |
| 41 | 569 | Jürgens Corinna | *Köln | 0:42:41 | 1996 WSA | 1 | 0:45:44 | 21:58 * 20:42 | 6:22 min/km |
| 42 | 2997 | Zukowski Sonja | Original Bootcamp | 0:43:01 | 1985 WHK | 10 | 0:45:59 | 21:56 * 21:04 | 6:25 min/km |
| 43 | 2563 | Schäfer Birgit | *Köln | 0:43:09 | 1979 W30 | 9 | 0:44:10 | 21:40 * 21:28 | 6:27 min/km |
| 44 | 1157 | Strausswald Sabine | ISI-RUNNERS | 0:43:17 | 1981 W30 | 10 | 0:43:54 | 21:12 * 22:04 | 6:28 min/km |
| 45 | 3023 | Marx Rebecca | Tri Cologne | 0:43:21 | 1984 WHK | 11 | 0:46:57 | 22:42 * 20:38 | 6:28 min/km |
| 46 | 1453 | Bramer Anke | *Köln | 0:43:21 | 1976 W35 | 7 | 0:43:36 | 20:49 * 22:32 | 6:28 min/km |
| 47 | 1662 | Finner Cora | Die Heitzefeitze | 0:43:25 | 1982 WHK | 12 | 0:44:31 | 21:09 * 22:15 | 6:29 min/km |
| 48 | 840 | Nietfeld Imke | MACH3 | 0:43:31 | 1969 W40 | 3 | 0:46:27 | 21:35 * 21:55 | 6:30 min/km |
| 49 | 364 | Garito Rosamunde | Postteam 2 | 0:43:34 | 1970 W40 | 4 | 0:47:18 | 22:38 * 20:55 | 6:30 min/km |
| 50 | 2366 | Nyssen Jutta | *Köln | 0:43:36 | 1981 W30 | 11 | 0:46:24 | 22:01 * 21:35 | 6:31 min/km |
| 51 | 2711 | Spohr Sabine | *Elsdorf | 0:43:42 | 1967 W40 | 5 | 0:44:49 | 21:43 * 21:58 | 6:31 min/km |
| 52 | 695 | Kutz Christina | *Köln | 0:43:53 | 1969 W40 | 6 | 0:46:53 | 21:43 * 22:10 | 6:33 min/km |
| 53 | 1489 | Bungartz Christina | Original Bootcamp | 0:44:02 | 1981 W30 | 12 | 0:47:07 | 22:26 * 21:35 | 6:34 min/km |

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| | | | | | | | | | | |
|-----|------|------------------------|------------------------------|---------|----------|----|---------|---------|-------|-------------|
| 54 | 2760 | Stürmer Sibylle | mhmK running | 0:44:03 | 1975 W35 | 8 | 0:46:00 | 21:39 * | 22:23 | 6:34 min/km |
| 55 | 1780 | Groß Annabell | Friedrich-von-Lauff-Team | 0:44:07 | 2001 WSC | 3 | 0:46:49 | 21:36 * | 22:30 | 6:35 min/km |
| 56 | 2239 | Marheineke Malin | Friedrich-von-Lauff-Team | 0:44:08 | 2002 WSD | 2 | 0:46:50 | 21:37 * | 22:30 | 6:35 min/km |
| 57 | 701 | Lang Dr. Birgitta | *Köln | 0:44:14 | 1973 W35 | 9 | 0:47:03 | 22:18 * | 21:55 | 6:36 min/km |
| 58 | 1379 | Baum Carina | *Köln | 0:44:18 | 1980 W30 | 13 | 0:47:56 | 21:56 * | 22:22 | 6:37 min/km |
| 59 | 1859 | Hemker Viktoria | Die Gestiefelten Muskelkater | 0:44:20 | 1990 WHK | 13 | 0:47:56 | 22:56 * | 21:23 | 6:37 min/km |
| 60 | 2783 | Tenhagen Ines | Die Gestiefelten Muskelkater | 0:44:20 | 1990 WHK | 14 | 0:47:56 | 22:57 * | 21:23 | 6:37 min/km |
| 61 | 1388 | Becker Elke | *Frechen | 0:44:29 | 1966 W45 | 4 | 0:45:45 | 21:44 * | 22:45 | 6:38 min/km |
| 62 | 2216 | Lutz Pia | *Köln | 0:44:33 | 2000 WSC | 4 | 0:46:33 | 21:46 * | 22:47 | 6:39 min/km |
| 63 | 1861 | Hemmersbach-Mathen | *Köln | 0:44:34 | 1968 W40 | 7 | 0:45:49 | 22:24 * | 22:09 | 6:39 min/km |
| 64 | 2008 | Kersten Maike | *bedburg | 0:44:34 | 1992 WJA | 2 | 0:46:42 | 21:56 * | 22:38 | 6:39 min/km |
| 65 | 2900 | Weck Carolin | Joggtussies | 0:44:35 | 1974 W35 | 10 | 0:46:10 | 21:57 * | 22:38 | 6:39 min/km |
| 66 | 769 | Matzerath Ute | Globus Köln-Marsdorf | 0:44:35 | 1967 W40 | 8 | 0:46:28 | 21:54 * | 22:41 | 6:39 min/km |
| 67 | 280 | Engels Monika | Lauftreff Saaler Mühle | 0:44:37 | 1957 W50 | 3 | 0:46:19 | 22:06 * | 22:30 | 6:40 min/km |
| 68 | 680 | Kuchinke Elke | *Köln | 0:44:38 | 1983 WHK | 15 | 0:45:55 | 21:51 * | 22:46 | 6:40 min/km |
| 69 | 2513 | Rohrbach Friederike | *Leverkusen | 0:44:38 | 1985 WHK | 16 | 0:48:11 | 22:20 * | 22:18 | 6:40 min/km |
| 70 | 2217 | Lutz Ruth | *Köln | 0:44:41 | 1963 W45 | 5 | 0:46:42 | 22:22 * | 22:19 | 6:40 min/km |
| 71 | 2215 | Lutz Kristin | *Köln | 0:44:43 | 1999 WSB | 6 | 0:46:43 | 21:46 * | 22:56 | 6:40 min/km |
| 72 | 2537 | Rüter Frauke | *Köln | 0:44:43 | 1965 W45 | 6 | 0:46:43 | 22:23 * | 22:20 | 6:41 min/km |
| 73 | 1860 | Hemme Freya | *köln | 0:44:46 | 1981 W30 | 14 | 0:46:05 | 22:47 * | 21:58 | 6:41 min/km |
| 74 | 2674 | Shale Alexandra | *Köln | 0:44:50 | 1970 W40 | 9 | 0:46:06 | 22:24 * | 22:26 | 6:42 min/km |
| 75 | 1278 | Willers Dorothee | LFS 8a | 0:45:17 | 1979 W30 | 15 | 0:46:36 | 22:40 * | 22:36 | 6:46 min/km |
| 76 | 1715 | Gaens Stephanie | Die Gaense | 0:45:18 | 1987 WHK | 17 | 0:48:14 | 23:22 * | 21:55 | 6:46 min/km |
| 77 | 2611 | Schmitz Claudia | *Wesseling | 0:45:21 | 1970 W40 | 10 | 0:46:23 | 21:46 * | 23:34 | 6:46 min/km |
| 78 | 1577 | Drauz Eva | *Köln | 0:45:22 | 1974 W35 | 11 | 0:46:43 | 22:44 * | 22:37 | 6:46 min/km |
| 79 | 2882 | Waier Anja | *Wipperfürth | 0:45:25 | 1984 WHK | 18 | 0:47:24 | 22:40 * | 22:44 | 6:47 min/km |
| 80 | 2925 | Werner Evelyn | GSS Run | 0:45:34 | 1985 WHK | 19 | 0:48:21 | 22:03 * | 23:31 | 6:48 min/km |
| 81 | 1185 | Tholen Katja | Friedenschule Köln | 0:45:36 | 1981 W30 | 16 | 0:48:55 | 22:57 * | 22:38 | 6:48 min/km |
| 82 | 768 | Mattes Ilka | *Köln | 0:45:38 | 2002 WSD | 3 | 0:48:56 | 22:58 * | 22:39 | 6:49 min/km |
| 83 | 2579 | Scheidler Claudia | Solorunners | 0:45:41 | 1964 W45 | 7 | 0:46:16 | 22:36 * | 23:05 | 6:49 min/km |
| 84 | 1393 | Beckmann Maike | *Köln | 0:45:53 | 1980 W30 | 17 | 0:47:54 | 23:02 * | 22:51 | 6:51 min/km |
| 85 | 2193 | Löbel Silvia | *Elsdorf | 0:45:54 | 1960 W50 | 4 | 0:47:56 | 21:43 * | 24:10 | 6:51 min/km |
| 86 | 2370 | Oelhafen Sabrina | *Overath | 0:45:54 | 1998 WSB | 7 | 0:46:26 | 21:17 * | 24:37 | 6:51 min/km |
| 87 | 2270 | Meins Anja | *Köln | 0:45:58 | 1973 W35 | 12 | 0:48:03 | 23:04 * | 22:54 | 6:52 min/km |
| 88 | 1729 | Geißler Annette | *Köln | 0:46:00 | 1966 W45 | 8 | 0:48:58 | 22:14 * | 23:45 | 6:52 min/km |
| 89 | 2339 | Neumann Friederike | *Köln | 0:46:09 | 2000 WSC | 5 | 0:48:09 | 23:27 * | 22:42 | 6:53 min/km |
| 90 | 2951 | Wirtz Dr. Nina | Nina Wirtz | 0:46:11 | 1977 W30 | 18 | 0:46:45 | 20:58 * | 25:12 | 6:54 min/km |
| 91 | 991 | Schaaf Alina | LFS Köln 8a | 0:46:17 | 1998 WSB | 8 | 0:47:37 | 22:41 * | 23:36 | 6:55 min/km |
| 92 | 2680 | Siepe Martina | *Wesseling | 0:46:23 | 1978 W30 | 19 | 0:47:25 | 22:24 * | 23:59 | 6:56 min/km |
| 93 | 2937 | Wiese Felicia | Hans-Christian-Andersen-Sc | 0:46:25 | 2003 WSD | 4 | 0:47:28 | 21:54 * | 24:30 | 6:56 min/km |
| 94 | 887 | Pieczykolan Aleksandra | *Köln | 0:46:26 | 1980 W30 | 20 | 0:49:07 | 23:34 * | 22:52 | 6:56 min/km |
| 95 | 1543 | Decker-Ley Elke | *Netphen | 0:46:40 | 1965 W45 | 9 | 0:48:43 | 22:43 * | 23:57 | 6:58 min/km |
| 96 | 2664 | Sedic Gordana | Die Motivierten | 0:46:46 | 1962 W45 | 10 | 0:47:42 | 22:47 * | 23:59 | 6:59 min/km |
| 97 | 1936 | Ishorst Hanna | Original Bootcamp | 0:46:47 | 1983 WHK | 20 | 0:49:47 | 23:29 * | 23:18 | 6:59 min/km |
| 98 | 1863 | Hennig Clarissa | Die Motivierten | 0:46:48 | 1969 W40 | 11 | 0:47:42 | 22:57 * | 23:50 | 6:59 min/km |
| 99 | 2672 | Sestendrup Elisa | Original Bootcamp | 0:46:48 | 1983 WHK | 21 | 0:49:47 | 23:29 * | 23:18 | 6:59 min/km |
| 100 | 1711 | Gabel Christine | ISI-RUNNERS | 0:46:57 | 1962 W45 | 11 | 0:47:38 | 22:36 * | 24:21 | 7:01 min/km |
| 101 | 1143 | Stein Sarah | *Köln | 0:47:07 | 1987 WHK | 22 | 0:49:39 | 23:57 * | 23:09 | 7:02 min/km |
| 102 | 1437 | Bölling Silke | *Köln | 0:47:21 | 1969 W40 | 12 | 0:49:23 | 23:35 * | 23:46 | 7:04 min/km |
| 103 | 149 | Brohl Annabella | *Köln | 0:47:22 | 1970 W40 | 13 | 0:50:21 | 23:27 * | 23:55 | 7:04 min/km |
| 104 | 928 | Reifenrath Gianna | *Wiehl | 0:47:22 | 1953 W55 | 1 | 0:50:21 | 23:27 * | 23:55 | 7:04 min/km |
| 105 | 2638 | Schroeder Carolin | Cölshies | 0:47:22 | 1985 WHK | 23 | 0:49:49 | 22:50 * | 24:32 | 7:04 min/km |
| 106 | 2263 | McDermott Karen | Cölshies | 0:47:22 | 1980 W30 | 21 | 0:49:49 | 22:50 * | 24:32 | 7:04 min/km |
| 107 | 2005 | Kemp Laurence | *Köln | 0:47:24 | 1988 WHK | 24 | 0:48:42 | 22:52 * | 24:32 | 7:05 min/km |
| 108 | 141 | Breideneichen Stefanie | *Kerpen | 0:47:31 | 1983 WHK | 25 | 0:48:28 | 23:51 * | 23:39 | 7:06 min/km |
| 109 | 2121 | Kümmelberg Elke | Die Motivierten | 0:47:42 | 1961 W50 | 5 | 0:48:38 | 22:47 * | 24:55 | 7:07 min/km |
| 110 | 1896 | Hof Brigitte | Die Motivierten | 0:47:53 | 1971 W40 | 14 | 0:48:51 | 22:45 * | 25:08 | 7:09 min/km |

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| | | | | | | | | | | | |
|-----|------|----------------------|-----------------------|---------|------|-----|----|---------|-------|---------|-------------|
| 111 | 2942 | Wilbers Bernadette | Die Wiethasen | 0:48:04 | 1958 | W50 | 6 | 0:48:22 | 24:14 | * 23:50 | 7:11 min/km |
| 112 | 2258 | Mauckner Johanna | *Köln | 0:48:19 | 1989 | WHK | 26 | 0:51:47 | 23:55 | * 24:24 | 7:13 min/km |
| 113 | 1326 | Alber Sigrid | Fit-mit-Sven | 0:48:38 | 1985 | WHK | 27 | 0:50:48 | 23:50 | * 24:48 | 7:16 min/km |
| 114 | 1394 | Beermann Karin | *Köln | 0:48:39 | 1963 | W45 | 12 | 0:51:33 | 25:48 | * 22:50 | 7:16 min/km |
| 115 | 2486 | Rexroth Hannah | 0,5m/s _c | 0:48:39 | 1984 | WHK | 28 | 0:52:02 | 23:35 | * 25:03 | 7:16 min/km |
| 116 | 1519 | Clauß Carolin | Hörgeräte Lorschbach | 0:48:43 | 1979 | W30 | 22 | 0:49:46 | 23:13 | * 25:30 | 7:16 min/km |
| 117 | 2093 | Krause Elke | Lauf-Wurst | 0:48:44 | 1968 | W40 | 15 | 0:52:16 | 23:07 | * 25:37 | 7:17 min/km |
| 118 | 2701 | Spickermann Janik | *Köln | 0:49:01 | 1994 | WJB | 2 | 0:50:51 | 23:45 | * 25:16 | 7:19 min/km |
| 119 | 413 | Groddeck Sandra | Jansenkraus | 0:49:03 | 1975 | W35 | 13 | 0:52:08 | 23:32 | * 25:31 | 7:19 min/km |
| 120 | 2285 | Meyer Myriam | *Köln | 0:49:07 | 1967 | W40 | 16 | 0:52:24 | 23:50 | * 25:16 | 7:20 min/km |
| 121 | 2463 | Regier Silke | *Köln | 0:49:13 | 1977 | W30 | 23 | 0:51:26 | 24:11 | * 25:01 | 7:21 min/km |
| 121 | 1348 | Axer Anke | *Brühl | 0:49:13 | 1976 | W35 | 14 | 0:51:26 | 24:11 | * 25:01 | 7:21 min/km |
| 123 | 1607 | Ehrgott Kyra | *Frechen | 0:49:23 | 1993 | WJA | 3 | 0:50:56 | 24:42 | * 24:40 | 7:22 min/km |
| 124 | 2249 | Maruhn Julie | *Hürth | 0:49:24 | 1994 | WJB | 3 | 0:50:57 | 24:42 | * 24:42 | 7:22 min/km |
| 125 | 2893 | Wassermann Christina | Und Tschüß...! | 0:49:35 | 1980 | W30 | 24 | 0:51:28 | 24:41 | * 24:54 | 7:24 min/km |
| 126 | 2012 | Keßel Simone | *Köln | 0:49:44 | 1975 | W35 | 15 | 0:52:07 | 25:17 | * 24:26 | 7:25 min/km |
| 127 | 2122 | Küppers Hannah | Liebfrauenschule Köln | 0:49:44 | 1998 | WSB | 9 | 0:51:03 | 23:54 | * 25:50 | 7:25 min/km |
| 128 | 2500 | Rodemers Leonie | *Köln | 0:49:44 | 1989 | WHK | 29 | 0:52:07 | 25:17 | * 24:26 | 7:25 min/km |
| 129 | 2741 | Stockhausen Julia | *Köln | 0:49:45 | 1980 | W30 | 25 | 0:52:07 | 25:18 | * 24:27 | 7:26 min/km |
| 130 | 420 | Grothues Dörte | Team Numondies | 0:49:45 | 1952 | W55 | 2 | 0:50:18 | 24:14 | * 25:31 | 7:26 min/km |
| 131 | 1356 | Bade Franziska | LFS Köln 8a | 0:49:48 | 1997 | WSA | 2 | 0:51:08 | 23:54 | * 25:54 | 7:26 min/km |
| 132 | 1126 | Spittel Rebecca | *Köln | 0:50:09 | 1987 | WHK | 30 | 0:52:03 | 24:22 | * 25:47 | 7:29 min/km |
| 133 | 2157 | Leibold Dorothee | Hörgeräte Lorschbach | 0:50:10 | 1964 | W45 | 13 | 0:51:13 | 24:46 | * 25:23 | 7:29 min/km |
| 134 | 2459 | Rath-Stoffels Ulla | *Köln | 0:50:37 | 1963 | W45 | 14 | 0:53:07 | 24:47 | * 25:50 | 7:33 min/km |
| 135 | 2788 | Tirtey Janina | LeseWelten | 0:50:38 | 0 | WSA | 3 | 0:50:38 | 25:35 | * 25:02 | 7:34 min/km |
| 136 | 1596 | Al Shafi Andrea | *Köln | 0:50:38 | 0 | WHK | 31 | 0:50:38 | 25:35 | * 25:03 | 7:34 min/km |
| 137 | 526 | Hofstadt Saskia | *Köln | 0:51:05 | 1985 | WHK | 32 | 0:54:21 | 25:46 | * 25:18 | 7:37 min/km |
| 138 | 1843 | Hehl Susanne | *Köln | 0:51:05 | 1973 | W35 | 16 | 0:54:25 | 25:31 | * 25:33 | 7:38 min/km |
| 139 | 2528 | Rotter Susanne | *Köln | 0:51:05 | 1973 | W35 | 17 | 0:54:26 | 25:31 | * 25:33 | 7:38 min/km |
| 140 | 2616 | Schneider Anna | *Düsseldorf | 0:51:09 | 1990 | WHK | 33 | 0:52:03 | 23:19 | * 27:49 | 7:38 min/km |
| 141 | 301 | Everschor Ingrid | *Köln | 0:51:21 | 1956 | W55 | 3 | 0:53:47 | 24:55 | * 26:25 | 7:40 min/km |
| 142 | 2024 | Kirstein Sylvia | Team-Sechtem | 0:51:44 | 1974 | W35 | 18 | 0:54:12 | 25:22 | * 26:22 | 7:43 min/km |
| 143 | 148 | Brockschnieder Anke | Fit-mit-Sven | 0:51:44 | 1980 | W30 | 26 | 0:53:48 | 25:33 | * 26:11 | 7:43 min/km |
| 144 | 309 | Fandrey Karin | *Dinslaken | 0:52:04 | 1959 | W50 | 7 | 0:55:38 | 25:06 | * 26:57 | 7:46 min/km |
| 145 | 311 | Fechner Sigrid | *Nettetal | 0:52:04 | 1962 | W45 | 15 | 0:55:38 | 25:06 | * 26:58 | 7:46 min/km |
| 146 | 376 | Gerke Juliane | *Hürth | 0:53:05 | 1986 | WHK | 34 | 0:56:28 | 24:22 | * 28:43 | 7:55 min/km |
| 147 | 980 | Sänger Monika | *Köln | 0:53:08 | 1976 | W35 | 19 | 0:55:52 | 26:24 | * 26:44 | 7:56 min/km |
| 148 | 1344 | Aus den Erlen Birgit | LeseWelten | 0:53:15 | 1970 | W40 | 17 | 0:55:29 | 26:31 | * 26:44 | 7:57 min/km |
| 149 | 2972 | Zachas Luzie | GSS Run | 0:53:20 | 1998 | WSB | 10 | 0:56:05 | 26:05 | * 27:14 | 7:58 min/km |
| 150 | 3035 | Toppes Barbara | *Köln | 0:53:26 | 1993 | WJA | 4 | 0:56:34 | 23:54 | * 29:31 | 7:59 min/km |
| 151 | 1834 | Havemann Birgit | *Dormagen | 0:54:40 | 1971 | W40 | 18 | 0:57:41 | 26:29 | * 28:10 | 8:10 min/km |
| 152 | 1410 | Beuting Daniela | *Frechen | 0:54:41 | 1983 | WHK | 35 | 0:57:42 | 26:29 | * 28:11 | 8:10 min/km |
| 153 | 2404 | Pesch Anne | *Köln | 0:54:43 | 1983 | WHK | 36 | 0:57:41 | 25:41 | * 29:02 | 8:10 min/km |
| 154 | 73 | Bensberg Christina | Fit-mit-Sven | 0:55:00 | 1978 | W30 | 27 | 0:57:03 | 25:33 | * 29:27 | 8:13 min/km |
| 155 | 1994 | Kaufmann Beate | LeseWelten | 0:55:42 | 1969 | W40 | 19 | 0:57:56 | 26:30 | * 29:11 | 8:19 min/km |
| 156 | 2558 | Sayn Sandra | *Hilden | 0:56:47 | 1965 | W45 | 16 | 1:00:05 | 27:00 | * 29:46 | 8:29 min/km |
| 157 | 2920 | Wendler Katharina | *Bonn | 0:59:18 | 1988 | WHK | 37 | 1:02:13 | 27:24 | * 31:53 | 8:51 min/km |
| 158 | 2321 | Münz Meike | *Köln | 0:59:39 | 1982 | WHK | 38 | 1:02:10 | 28:50 | * 30:49 | 8:54 min/km |
| 159 | 1512 | Choumani Leila | GSS Run | 1:00:37 | 1999 | WSB | 11 | 1:03:25 | 28:24 | * 32:12 | 9:03 min/km |
| 160 | 2286 | Michalopoulou Eleni | GSS Run | 1:00:38 | 1999 | WSB | 12 | 1:03:25 | 28:25 | * 32:12 | 9:03 min/km |
| 161 | 2921 | Wenzel Annika | Rosenzweig-Runners | 1:04:22 | 1995 | WJB | 4 | 1:05:04 | 21:26 | * 42:56 | 9:36 min/km |