

4. Lindlarer Ortskern-Lauf am 6. Mai 2011

Lauf über 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|-----------------------|------------------------|---------|------------|----------|-------|-------------------------------|
| 1 | 1740 | Kuhlmann Guido | RC Sorpese Tri Team | 0:34:19 | 0:34:19 | 1979 M30 | 1 | 06:22 06:50 06:58 07:05 07:02 |
| 2 | 1531 | Glatz Richard | LG Gummersbach | 0:35:45 | 0:35:46 | 1975 M35 | 1 | 06:48 07:03 07:09 07:16 07:27 |
| 3 | 1710 | Heuschen Dirk | TV Refrath | 0:36:11 | 0:36:12 | 1964 M45 | 1 | 06:59 07:10 07:20 07:28 07:12 |
| 4 | 1689 | Lieth Udo | TV Refrath | 0:36:19 | 0:36:21 | 1963 M45 | 2 | 06:59 07:14 07:19 07:24 07:21 |
| 5 | 1677 | Feldhoff Bernd | Sportpalast | 0:36:57 | 0:36:58 | 1962 M45 | 3 | 06:59 07:16 07:33 07:33 07:34 |
| 6 | 1386 | Waschkewitz Markus | Dieringhausen | 0:38:20 | 0:38:21 | 1972 M35 | 2 | 07:26 07:38 07:43 07:50 07:42 |
| 7 | 1485 | Karger Michael | TwoGenerationTeam | 0:38:41 | 0:38:47 | 1986 M20 | 1 | 07:16 07:48 07:59 07:56 07:39 |
| 8 | 1685 | Steinbrügge Michael | Team 4 | 0:38:49 | 0:38:50 | 1964 M45 | 4 | 07:03 07:49 07:59 08:01 07:55 |
| 9 | 1655 | Kreuer Manuel | laufmonster.de | 0:39:07 | 0:39:09 | 1980 M30 | 2 | 07:03 07:44 08:03 08:11 08:04 |
| 10 | 1735 | Niemann Christoph | LG Gummersbach | 0:39:17 | 0:39:19 | 1968 M40 | 1 | 07:30 07:44 07:56 08:06 08:00 |
| 11 | 1377 | Wilmes Heiko | TV Refrath | 0:39:21 | 0:39:23 | 1969 M40 | 2 | 07:25 07:38 08:06 08:06 08:03 |
| 12 | 1680 | Stoppenbach Dietmar | Sportpalast | 0:39:44 | 0:39:46 | 1969 M40 | 3 | 07:34 07:53 08:09 08:12 07:55 |
| 13 | 1742 | Klingenstein Frederik | RC Sorpese Tri Team | 0:40:14 | 0:40:18 | 1980 M30 | 3 | 07:39 08:02 08:16 08:20 07:56 |
| 14 | 1632 | Scida Eusonio | ASV KÖLN TRIATHLON | 0:40:19 | 0:40:27 | 1975 M35 | 3 | 07:51 08:01 08:10 08:07 08:07 |
| 15 | 1413 | Hellwig Harry | Lang AG | 0:40:21 | 0:40:24 | M20 | 2 | 07:27 08:11 08:18 08:16 08:07 |
| 16 | 1753 | Van Munster Gerrit | LG Hückeswagen | 0:40:24 | 0:40:26 | 1957 M50 | 1 | 07:39 08:00 08:06 08:19 08:19 |
| 17 | 1686 | König Dieter | Team Dörrenberg | 0:40:25 | 0:40:28 | 1967 M40 | 4 | 07:39 08:02 08:16 08:19 08:08 |
| 18 | 1478 | Manderla Kevin | Team Dörrenberg | 0:40:31 | 0:40:36 | 1997 MJB | 1 | 07:31 08:04 08:15 08:22 08:17 |
| 19 | 1470 | Korff Axel | Team 4 | 0:40:36 | 0:40:40 | 1972 M35 | 4 | 07:55 08:11 08:20 08:19 07:48 |
| 20 | 1647 | Stoffel Hans-Jörg | Grizzlies Wiehl | 0:40:47 | 0:40:51 | 1963 M45 | 5 | 07:52 07:58 08:16 08:22 08:17 |
| 21 | 1760 | Jacob Michael | TV Refrath | 0:40:55 | 0:40:57 | 1965 M45 | 6 | 07:40 08:11 08:23 08:24 08:15 |
| 22 | 1454 | Feldhoff Günter | Sportpalast | 0:41:05 | 0:41:07 | 1968 M40 | 5 | 07:45 08:04 08:27 08:22 08:26 |
| 23 | 1688 | Keloudis Georgios | TSV Rönsahl | 0:41:05 | 0:41:06 | 1969 M40 | 6 | 07:52 08:15 08:18 08:27 08:12 |
| 24 | 1476 | Herpers Tim | Team Buddies | 0:41:06 | 0:41:11 | 1992 MJA | 1 | 07:50 08:02 08:25 08:31 08:15 |
| 25 | 1609 | Hartmann Frederik | *Overath | 0:41:28 | 0:41:31 | 1968 M40 | 7 | 08:01 08:08 08:22 08:34 08:21 |
| 26 | 1642 | Röttgen Wolfgang | DJK Wipperfeld | 0:41:36 | 0:41:42 | 1966 M45 | 7 | 07:59 08:14 08:22 08:32 08:27 |
| 27 | 1757 | Valtinke Frank | SSK Kerpen | 0:41:40 | 0:41:44 | 1973 M35 | 5 | 08:00 08:20 08:23 08:29 08:26 |
| 28 | 1726 | Landsberg Hans-Peter | Sportpalast | 0:41:43 | 0:41:45 | 1966 M45 | 8 | 07:37 08:01 08:17 08:55 08:51 |
| 29 | 1699 | Szepanski Karl | LG Gummersbach | 0:41:48 | 0:41:50 | 1965 M45 | 9 | 07:59 08:12 08:37 08:41 08:17 |
| 30 | 1734 | Dzierza Jan | Krüger Running Team | 0:41:52 | 0:41:56 | 1971 M40 | 8 | 07:54 08:12 08:28 08:39 08:38 |
| 31 | 1463 | Adomeit Kai | SV Frielingsdorf | 0:41:56 | 0:42:10 | 1986 M20 | 3 | 08:29 08:05 08:19 08:33 08:28 |
| 32 | 1671 | Stinn Frank | Schmidt + Clemens | 0:42:00 | 0:42:02 | 1970 M40 | 9 | 07:50 08:25 08:35 08:33 08:34 |
| 33 | 1684 | Schroeder Lars | TCHM Homberg | 0:42:07 | 0:42:12 | 1966 M45 | 10 | 07:43 08:22 08:38 08:46 08:37 |
| 34 | 1480 | Rönnecken Jan | Team Dörrenberg | 0:42:10 | 0:42:15 | 1986 M20 | 4 | 08:14 08:24 08:24 08:45 08:20 |
| 35 | 1721 | Schmidt Bodo | LaufLust Lützinghausen | 0:42:10 | 0:42:12 | 1954 M55 | 1 | 07:55 08:27 08:36 08:41 08:29 |
| 36 | 1752 | Mauter Jörg | Wiehltaler LC | 0:42:15 | 0:42:18 | 1965 M45 | 11 | 08:07 08:33 08:40 08:32 08:22 |
| 37 | 1641 | Müller Siegfried | DFS | 0:42:30 | 0:42:33 | 1962 M45 | 12 | 07:44 08:24 08:43 08:51 08:46 |
| 38 | 1633 | Siedentopf Kai | Bayer-Express | 0:42:32 | 0:42:42 | 1965 M45 | 13 | 08:05 08:12 08:32 08:50 08:52 |
| 39 | 1701 | Gross Daniel | TV Dümmlinghausen | 0:42:45 | 0:42:54 | 1984 M20 | 5 | 08:54 08:33 08:35 08:18 08:23 |
| 40 | 1469 | Klever Tobias | Team 4 | 0:42:45 | 0:42:48 | 1988 M20 | 6 | 07:35 08:20 08:53 08:50 09:04 |
| 41 | 1450 | Fabisch Dirk | Schreinerei Littig | 0:42:49 | 0:43:01 | 1978 M30 | 4 | 08:30 08:37 08:42 08:27 08:31 |
| 42 | 1472 | Müller Daniel | Team 4 | 0:42:55 | 0:43:02 | 1979 M30 | 5 | 08:06 08:23 08:37 08:55 08:53 |
| 43 | 1518 | Fröhlich Marcel | Kilometerfresser | 0:43:40 | 0:43:43 | 1981 M30 | 6 | 07:55 08:35 08:54 09:06 09:07 |
| 44 | 1690 | Gassen-Wendler Frank | Union Blau-Weiss | 0:43:44 | 0:43:51 | 1960 M50 | 2 | 08:05 08:38 08:53 09:06 08:59 |
| 45 | 1730 | Kruse Stephan | TV Refrath | 0:43:56 | 0:43:59 | 1971 M40 | 10 | 08:15 08:49 09:00 09:02 08:48 |
| 46 | 1665 | Köhne Heinz-Werner | ONI | 0:44:01 | 0:44:06 | 1968 M40 | 11 | 08:06 08:43 09:04 09:10 08:56 |
| 47 | 1479 | Manderla Robin | Team Dörrenberg | 0:44:07 | 0:44:11 | 1992 MJA | 2 | 07:56 08:43 09:00 09:07 09:19 |
| 48 | 1351 | Baran Wolfgang | *Lindlar | 0:44:09 | 0:44:12 | 1961 M50 | 3 | 08:06 08:35 09:02 09:16 09:08 |
| 49 | 1612 | Klug Bernd | *Lindlar | 0:44:12 | 0:44:22 | 1969 M40 | 12 | 08:26 08:39 09:04 09:11 08:51 |
| 50 | 1758 | Dangendorf Armin | Marialinda | 0:44:19 | 0:44:26 | 1961 M50 | 4 | 08:25 08:35 08:58 09:15 09:05 |
| 51 | 1459 | Locker Christian | Sportpalast | 0:44:19 | 0:44:22 | 1977 M30 | 7 | 08:38 08:39 09:04 09:04 08:53 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit - Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|---------------------|-------------------------|----------------------|----------|-------|-------------------------------|
| 52 | 1733 | Lieschied Joachim | TuS Köln rrh. | 0:44:23 0:44:34 | 1973 M35 | 6 | 08:17 08:36 09:05 09:23 09:01 |
| 53 | 1532 | Müller Jonaf | Team Schmand | 0:44:25 0:44:31 | 1991 M20 | 7 | 08:56 09:20 09:37 08:53 07:37 |
| 54 | 1651 | Lorsch Bodo | H & N Abwassertechnik | 0:44:28 0:44:29 | 1958 M50 | 5 | 08:33 08:50 09:01 09:05 08:57 |
| 55 | 1514 | Haas Christian | | 0:44:32 0:44:37 | 1992 MJA | 3 | 07:58 08:08 09:15 09:31 09:37 |
| 56 | 1592 | Kreuzer Reinhard | LG Gummersbach | 0:44:42 0:44:48 | 1951 M60 | 1 | 08:32 08:53 09:02 09:08 09:06 |
| 57 | 1746 | Althoff Markus | SC Janus Fronrunner | 0:44:49 0:45:08 | 1965 M45 | 14 | 08:50 08:59 08:59 09:04 08:56 |
| 58 | 1692 | Müller Michael | Union Blau-Weiss | 0:45:07 0:45:15 | 1972 M35 | 7 | 08:35 09:02 09:11 09:18 08:59 |
| 59 | 1619 | Oliver Schlunke | *Engelskirchen | 0:45:08 0:45:13 | 1969 M40 | 13 | 08:31 08:59 08:55 09:15 09:26 |
| 60 | 1523 | Blotta Frank | | 0:45:12 0:45:22 | 1968 M40 | 14 | 08:35 09:35 08:36 09:14 09:10 |
| 61 | 1444 | Gillmeister Stefan | Schmidt + Clemens | 0:45:22 0:45:29 | 1966 M45 | 15 | 08:30 08:57 09:08 09:24 09:20 |
| 62 | 1534 | Hoffmann Attila | TuS Weiershagen-Forst | 0:45:23 0:45:46 | 1976 M35 | 8 | 09:20 09:01 08:55 09:16 08:49 |
| 63 | 1622 | Röttgen Gerd | *Köln | 0:45:26 0:46:10 | 1962 M45 | 16 | 08:39 08:54 09:07 09:21 09:25 |
| 64 | 1747 | Drecker Michael | DX8KSP6 | 0:45:29 0:45:48 | 1956 M55 | 2 | 08:44 08:45 09:04 09:18 09:36 |
| 65 | 1360 | Hatting Frank | *Köln | 0:45:33 0:45:36 | 1967 M40 | 15 | 08:07 09:07 09:18 09:43 09:16 |
| 66 | 1737 | Schinker Tom | Team Schmand | 0:45:33 0:45:39 | 1990 M20 | 8 | 07:45 08:49 09:30 09:56 09:32 |
| 67 | 1697 | Müller Wolfgang | VfL Engelskirchen | 0:45:37 0:45:44 | 1956 M55 | 3 | 09:01 09:02 09:17 09:17 08:58 |
| 68 | 1604 | Denis Denis | *Wipperfürth | 0:45:37 0:45:46 | 1971 M40 | 16 | 08:28 08:55 09:22 09:34 09:16 |
| 69 | 1490 | Kall Alwin | WSC Lindlar | 0:45:37 0:45:53 | 1995 MJB | 2 | 09:25 09:00 08:54 09:08 09:08 |
| 70 | 1705 | Roos Morten | Die Scheeler | 0:45:41 0:45:47 | 1995 MJB | 3 | 08:47 08:50 09:15 09:31 09:15 |
| 71 | 1675 | Schmidt-Krayer Jan | Schmidt + Clemens | 0:45:44 0:45:50 | 1969 M40 | 17 | 08:19 09:07 09:19 09:37 09:21 |
| 72 | 17 | Fischer Patryk | *Lindlar | 0:45:45 0:45:54 | 1988 M20 | 9 | 08:57 08:57 09:09 09:16 09:25 |
| 73 | 1704 | Eversberg Eckhard | LeoGoesRunning Team | 0:45:50 0:46:02 | 1969 M40 | 18 | 08:34 08:56 09:21 09:35 09:22 |
| 74 | 1403 | Berger Mathias | Lang AG | 0:45:53 0:46:02 | M20 | 10 | 08:57 09:10 09:18 09:20 09:05 |
| 75 | 5 | Lang Tobias | Lang AG | 0:45:59 0:46:08 | M20 | 11 | 08:56 09:11 09:18 09:20 09:12 |
| 76 | 1709 | Fonseca Fernando | | 0:46:01 0:46:06 | 1964 M45 | 17 | 08:35 09:14 09:24 09:33 09:14 |
| 77 | 1440 | Wiencke Christian | ORT | 0:46:04 0:46:12 | 1980 M30 | 8 | 08:19 08:55 09:30 09:47 09:31 |
| 78 | 0 | unbekannt HD117MB | | 0:46:05 0:46:44 | M | 0 | 09:10 08:52 09:13 09:25 09:24 |
| 79 | 1667 | Sinram Andree | Postauto heller,UPS | 0:46:07 0:46:10 | 1961 M50 | 6 | 08:02 09:09 09:34 09:47 09:33 |
| 80 | 1385 | Rettke Oliver | Boyke Wear Technology | 0:46:13 0:46:17 | 1978 M30 | 9 | 08:09 09:22 09:31 09:40 09:30 |
| 81 | 1465 | Byrdus Tlario | Team 4 | 0:46:13 0:46:35 | 1985 M20 | 12 | 09:26 09:11 09:08 09:26 09:01 |
| 82 | 1713 | Rau Helmut | Telekom | 0:46:24 0:46:30 | 1956 M55 | 4 | 08:48 09:15 09:26 09:35 09:18 |
| 83 | 1639 | Orbach Stefan | Come on FC | 0:46:29 0:46:33 | 1972 M35 | 9 | 08:38 09:09 09:31 09:48 09:22 |
| 84 | 1481 | Wloch Lukas | Team Dörrenberg | 0:46:31 0:46:37 | 1992 MJA | 4 | 08:40 09:16 09:20 09:48 09:25 |
| 85 | 1363 | Kaspers Andreas | CDU Lindlar | 0:46:33 0:46:46 | 1987 M20 | 13 | 09:05 09:19 09:21 09:31 09:16 |
| 86 | 1432 | Mibis Tobias | ONI | 0:46:37 0:46:43 | 1991 M20 | 14 | 08:56 09:21 09:37 09:31 09:11 |
| 87 | 1475 | Herpers Jan | Team Buddies | 0:46:38 0:46:45 | 1986 M20 | 15 | 08:12 09:30 09:33 09:56 09:25 |
| 88 | 1681 | Stoppenbach Michael | Sportpalast | 0:46:50 0:47:10 | 1968 M40 | 19 | 08:53 09:21 09:38 09:39 09:17 |
| 89 | 1516 | Fröhlich Andre | | 0:46:55 0:46:59 | 1983 M20 | 16 | 08:03 10:22 10:07 09:10 09:11 |
| 90 | 1669 | Görtz Dirk | Schmidt + Clemens | 0:46:56 0:47:02 | M20 | 17 | 08:32 09:28 09:43 09:36 09:35 |
| 91 | 1446 | Macherey Peter | Schmidt + Clemens | 0:47:14 0:47:19 | 1961 M50 | 7 | 08:51 09:25 09:37 09:44 09:36 |
| 92 | 1477 | Manderla Jochen | Team Dörrenberg | 0:47:15 0:47:21 | 1957 M50 | 8 | 08:59 09:26 09:35 09:57 09:18 |
| 93 | 1694 | schröder wolfgang | Union Blau-Weiss | 0:47:18 0:47:23 | 1967 M40 | 20 | 08:08 09:57 10:31 09:26 09:15 |
| 94 | 1670 | Hilberath Christian | Schmidt + Clemens | 0:47:19 0:47:28 | 1981 M30 | 10 | 08:54 09:37 09:41 09:39 09:26 |
| 95 | 1408 | Engelhaupt Andreas | Lang AG | 0:47:23 0:47:33 | M20 | 18 | 09:24 09:43 09:36 09:25 09:13 |
| 96 | 1415 | Kubacki Raphael | Lang AG | 0:47:25 0:47:43 | M20 | 19 | 09:28 09:30 09:41 09:36 09:08 |
| 97 | 1425 | Föll Denis | Loco-Soft | 0:47:27 0:47:37 | 1979 M30 | 11 | 09:20 09:45 09:54 09:37 08:49 |
| 98 | 1724 | Roos Ronald | Die Scheeler | 0:47:27 0:47:34 | 1964 M45 | 18 | 08:51 09:16 09:42 10:00 09:37 |
| 99 | 1466 | Cürten Philip | Team 4 | 0:47:29 0:47:36 | 1987 M20 | 20 | 08:32 09:38 09:43 09:58 09:36 |
| 100 | 1716 | Wolf Norbert | LG Gummersbach | 0:47:32 0:47:41 | 1965 M45 | 19 | 08:37 09:03 09:40 10:04 10:06 |
| 101 | 1453 | Becker Horst | Ski-Club Hürth 1979 e.V | 0:47:41 0:47:45 | 1960 M50 | 9 | 09:04 09:39 09:44 09:44 09:27 |
| 102 | 1657 | Weschenbach Guido | Lauftreff Lindlar läuft | 0:47:44 0:47:56 | 1967 M40 | 21 | 09:18 09:43 09:41 09:42 09:18 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit - Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|------------------------|-------------------------|----------------------|----------|-------|-------------------------------|
| 103 | 1471 | Kremer Thomas | Team 4 | 0:47:45 0:48:08 | 1968 M40 | 22 | 09:28 09:24 09:34 09:41 09:36 |
| 104 | 1698 | Runge Günther | VfL Engelskirchen | 0:47:56 0:48:01 | 1947 M60 | 2 | 09:24 09:36 09:46 09:47 09:21 |
| 105 | 1412 | Heitz Sven | Lang AG | 0:47:56 0:48:13 | M20 | 21 | 09:41 09:47 09:46 09:38 09:01 |
| 106 | 1411 | Hardenbicker Tobias | Lang AG | 0:47:58 0:48:18 | M20 | 22 | 09:09 09:26 09:46 09:47 09:48 |
| 107 | 1693 | Pedretti Devid | Union Blau-Weiss | 0:47:59 0:48:08 | 1970 M40 | 23 | 09:04 09:35 09:50 09:52 09:37 |
| 108 | 1364 | Klee Christian | *Lindlar | 0:48:00 0:48:26 | 1967 M40 | 24 | 09:30 09:26 09:37 09:43 09:43 |
| 109 | 1729 | Brinkmann Tamara | *Gummersbach | 0:48:03 0:48:10 | 1980 M30 | 12 | 08:53 09:26 10:01 10:01 09:40 |
| 110 | 1723 | Habernickel Michael | Kreuzbund Lindlar | 0:48:04 0:48:19 | 1959 M50 | 10 | 09:18 09:26 09:31 09:55 09:51 |
| 111 | 1616 | Metzke Sven | *Wipperfürth | 0:48:05 0:48:15 | 1972 M35 | 10 | 08:36 09:35 09:58 10:09 09:45 |
| 112 | 1625 | Sasse Lutz | *Engelskirchen | 0:48:06 0:48:12 | 1957 M50 | 11 | 09:12 09:41 09:43 09:52 09:37 |
| 113 | 12 | Steinbach Markus | Schmidt + Clemens | 0:48:07 0:48:14 | M20 | 23 | 08:30 09:02 09:57 10:23 10:13 |
| 114 | 1736 | Druschel Martin | Team Schmand | 0:48:15 0:48:20 | 1991 M20 | 24 | 08:56 09:21 09:38 10:13 10:05 |
| 115 | 1441 | Börsch Thomas | Schellerhof | 0:48:19 0:48:38 | 1984 M20 | 25 | 10:19 10:02 09:32 09:25 08:58 |
| 116 | 1380 | Wehrauch Marcel | Boyke Wear Technology | 0:48:21 0:48:25 | 1982 M20 | 26 | 08:36 09:32 09:56 10:14 10:01 |
| 117 | 1620 | Pfeiffer Michael | *Gummersbach | 0:48:27 0:48:39 | 1969 M40 | 25 | 09:15 09:32 09:40 09:58 10:00 |
| 118 | 1505 | Johnson Donald Anthony | | 0:48:33 0:48:36 | 1976 M35 | 11 | 08:37 09:29 09:55 10:13 10:16 |
| 119 | 1468 | Hödtke Burkhard | Team 4 | 0:48:43 0:48:52 | 1964 M45 | 20 | 08:44 09:33 09:59 10:12 10:13 |
| 120 | 1384 | Millkowski Gordon | Boyke Wear Technology | 0:48:47 0:48:50 | 1980 M30 | 13 | 08:37 09:59 10:01 10:29 09:38 |
| 121 | 1452 | Scholz Christian | Schreinerei Littig | 0:48:47 0:48:58 | 1979 M30 | 14 | 09:05 09:38 10:24 09:57 09:40 |
| 122 | 1621 | Reigl Reiner | *Lindlar/ Scheel | 0:48:47 0:49:25 | 1969 M40 | 26 | 10:00 09:39 09:24 09:43 09:59 |
| 123 | 1445 | Klose Maik | Schmidt + Clemens | 0:48:49 0:48:57 | M20 | 27 | 09:04 09:41 10:03 10:19 09:41 |
| 124 | 1673 | Bertola Markus | Schreinerei Littig | 0:48:50 0:49:02 | 1980 M30 | 15 | 08:57 10:02 10:00 10:03 09:47 |
| 125 | 1711 | Duschaneck Harald | Agger Energie | 0:48:53 0:49:21 | 1963 M45 | 21 | 09:53 09:44 09:46 09:52 09:37 |
| 126 | 1629 | Sistermann Reinhard | *Würselen | 0:48:55 0:49:23 | 1976 M35 | 12 | 09:30 09:28 09:57 10:00 09:59 |
| 127 | 1720 | Kallabis Marcus | LG Gummersbach | 0:48:57 0:49:18 | 1963 M45 | 22 | 10:14 10:04 09:52 09:43 09:02 |
| 128 | 1656 | Breidenbach Armin | Lauftreff Lindlar läuft | 0:49:04 0:49:17 | 1961 M50 | 12 | 09:17 09:49 10:03 10:07 09:47 |
| 129 | 1714 | Pixberg Dr. Martin | SV Bergisch Gladbach | 0:49:09 0:49:26 | 1964 M45 | 23 | 09:30 09:40 10:03 10:09 09:44 |
| 130 | 15 | Schirp Andreas | TuS Lindlar Badminton | 0:49:10 0:49:49 | 1988 M20 | 28 | 10:12 09:48 09:47 10:03 09:19 |
| 131 | 1460 | Meisel Christian | Sportpalast | 0:49:17 0:49:48 | 1963 M45 | 24 | 09:41 09:46 09:57 10:03 09:50 |
| 132 | 1668 | Hauptmann Dietmar | SC Vilkerath Lauftreff | 0:49:19 0:49:40 | 1967 M40 | 27 | 09:42 09:43 09:57 10:01 09:54 |
| 133 | 1703 | Klima Stephan | LG Gummersbach | 0:49:27 0:49:36 | 1966 M45 | 25 | 09:15 09:36 09:51 10:17 10:27 |
| 134 | 1489 | Herkenrath Jochen | WSC Lindlar | 0:49:34 0:49:50 | 1970 M40 | 28 | 09:40 09:43 10:00 10:18 09:51 |
| 135 | 1357 | Ehlert Tim | *Lindlar | 0:49:37 0:50:04 | 1973 M35 | 13 | 09:32 10:18 10:03 10:00 09:42 |
| 136 | 1707 | Ostendorf Uwe | VfL Engelskirchen | 0:49:37 0:49:56 | 1959 M50 | 13 | 09:38 09:50 10:07 10:09 09:52 |
| 137 | 1494 | Meierhöfer Peter | WSC Lindlar | 0:49:40 0:49:57 | 1967 M40 | 29 | 09:24 09:40 10:13 10:22 10:00 |
| 138 | 1607 | Golka Markus | *Lindlar | 0:49:42 0:50:07 | 1969 M40 | 30 | 10:06 10:03 09:49 10:07 09:36 |
| 139 | 1449 | Schmidt Andre | Schmidt + Clemens | 0:49:44 0:49:59 | 1958 M50 | 14 | 09:36 09:51 10:02 10:13 09:59 |
| 140 | 1495 | Schmidt Thomas | WSC Lindlar | 0:49:47 0:50:03 | 1962 M45 | 26 | 09:47 09:48 10:03 10:07 09:59 |
| 141 | 1640 | Breidenbach Peter | Der Badorfer | 0:49:51 0:50:08 | 1956 M55 | 5 | 09:48 10:00 10:05 10:04 09:52 |
| 142 | 1603 | Calenberg Dr. Michael | *Kürten | 0:49:55 0:50:23 | 1964 M45 | 27 | 09:48 10:02 10:03 10:02 09:58 |
| 143 | 1409 | Flemming Andreas | Lang AG | 0:50:11 0:50:27 | M20 | 29 | 09:12 10:20 10:09 10:25 10:03 |
| 144 | 1498 | Sonntag Michael | Team 4 | 0:50:15 0:50:37 | 1968 M40 | 31 | 10:01 09:58 10:05 10:12 09:57 |
| 145 | 1447 | Macherey Silke | Schmidt + Clemens | 0:50:15 0:50:19 | 1966 M45 | 28 | 09:07 09:54 10:15 10:26 10:32 |
| 146 | 9 | Löwert Sebastian | | 0:50:29 0:50:53 | 1986 M20 | 30 | 10:39 10:14 10:00 09:57 09:37 |
| 147 | 1706 | Ufer Frederic | | 0:50:30 0:50:53 | 1977 M30 | 16 | 10:39 10:13 10:00 09:57 09:38 |
| 148 | 1428 | Kahl Thomas | Mondi | 0:50:34 0:50:42 | 1969 M40 | 32 | 10:02 10:16 10:07 10:09 09:58 |
| 149 | 1636 | Busch Michael | Team 4 | 0:50:37 0:50:44 | 1971 M40 | 33 | 08:52 10:04 10:31 10:43 10:25 |
| 150 | 1421 | Wieber Tobias | Lang AG | 0:50:41 0:51:01 | M20 | 31 | 09:24 09:59 10:19 10:49 10:09 |
| 151 | 1650 | Hoffmann Christoph | H & N Abwassertechnik | 0:50:48 0:51:02 | 1968 M40 | 34 | 09:52 10:11 10:21 10:12 10:10 |
| 152 | 1391 | Hungenberg Dieter | Freiwillige Feuerwehr | 0:50:53 0:51:26 | 1965 M45 | 29 | 10:03 10:05 10:21 10:26 09:56 |
| 153 | 10 | Andre Heinrich | | 0:50:53 0:51:20 | 1969 M40 | 35 | 09:49 10:10 10:14 10:24 10:14 |

4. Lindlarer Ortskern-Lauf am 6. Mai 2011

Lauf über 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit - Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|----------------------|---------------------------|----------------------|----------|-------|-------------------------------|
| 154 | 1533 | Fuchs Alexander | | 0:50:54 0:51:26 | 1978 M30 | 17 | 09:34 10:05 10:36 10:37 10:01 |
| 155 | 1626 | Schiffarth Uli | *Lindlar | 0:50:58 0:51:07 | 1968 M40 | 36 | 09:36 10:06 10:18 10:23 10:33 |
| 156 | 1353 | Blüthner Oliver | *Engelskirchen | 0:51:00 0:51:18 | 1968 M40 | 37 | 10:20 10:16 10:17 10:07 09:58 |
| 157 | 1649 | Winkelhag Peter | Gymnasium Lindlar | 0:51:05 0:51:43 | 1973 M35 | 14 | 10:24 10:10 10:20 10:22 09:46 |
| 158 | 1381 | Feldhoff Peter | Boyke Wear Technology | 0:51:06 0:51:31 | 1964 M45 | 30 | 09:38 10:25 10:20 10:28 10:14 |
| 159 | 1643 | Loosen Manfred | Down-Syndrom Laufclub | 0:51:08 0:51:38 | 1960 M50 | 15 | 10:26 10:07 10:08 10:15 10:11 |
| 160 | 1362 | Hörter Peter | *Lindlar | 0:51:08 0:51:31 | 1960 M50 | 16 | 09:54 10:08 10:17 10:30 10:17 |
| 161 | 1448 | Pinger Markus | Schmidt + Clemens | 0:51:10 0:51:19 | 1964 M45 | 31 | 09:39 09:58 10:14 10:39 10:39 |
| 162 | 1638 | Höller Sebastian | CDU Lindlar | 0:51:12 0:51:23 | 1981 M30 | 18 | 09:40 10:06 10:24 10:33 10:28 |
| 163 | 1371 | Schulz Michael | *Bonn | 0:51:13 0:51:17 | 1961 M50 | 17 | 09:19 10:17 10:31 10:40 10:25 |
| 164 | 1662 | Baldsiefen Jan | ONI | 0:51:17 0:51:43 | 1982 M20 | 32 | 10:07 10:05 10:17 10:25 10:21 |
| 165 | 1443 | Breidenbach Bernd | Schmidt + Clemens | 0:51:17 0:51:31 | 1956 M55 | 6 | 09:37 09:47 10:21 10:53 10:37 |
| 166 | 1423 | Olschewski Martin | LG Gummersbach | 0:51:19 0:51:28 | 1971 M40 | 38 | 09:17 10:07 10:35 10:42 10:35 |
| 167 | 1536 | Becker Christian | | 0:51:23 0:51:31 | 1988 M20 | 33 | 09:08 10:00 10:55 11:04 10:14 |
| 168 | 1436 | Hölters Frank | ORT | 0:51:23 0:51:40 | 1969 M40 | 39 | 10:11 10:15 10:12 10:31 10:11 |
| 169 | 1429 | Blumberg Dominik | musical-projekt-oberberg. | 0:51:31 0:51:54 | 1975 M35 | 15 | 10:15 10:08 10:19 10:31 10:17 |
| 170 | 1406 | Bultinck Mark | Lang AG | 0:51:33 0:52:03 | M20 | 34 | 10:26 10:11 10:19 10:27 10:09 |
| 171 | 1352 | Bellingrodt Thomas | *Bonn | 0:51:36 0:51:45 | 1963 M45 | 32 | 09:38 10:16 10:27 10:44 10:30 |
| 172 | 1426 | Koke Ralf | Loco-Soft | 0:51:37 0:51:46 | 1970 M40 | 40 | 10:09 10:28 10:33 10:24 10:01 |
| 173 | 1672 | Baldus Joerg | Schockclub Stockfisch | 0:51:39 0:51:57 | 1969 M40 | 41 | 10:14 10:22 10:17 10:19 10:25 |
| 174 | 1606 | Duesmann Tim | CDU Lindlar | 0:51:44 0:51:55 | 1980 M30 | 19 | 09:48 09:58 10:43 10:40 10:33 |
| 175 | 1511 | Carstensen André | | 0:51:48 0:52:21 | 1966 M45 | 33 | 09:41 10:13 10:34 10:43 10:36 |
| 176 | 1535 | Kreuzer Gregor | LT Marialinden | 0:51:50 0:52:11 | 1969 M40 | 42 | 09:50 10:04 10:24 10:46 10:44 |
| 177 | 1615 | Lutz Oliver | *Kürten | 0:51:51 0:52:30 | 1967 M40 | 43 | 10:31 10:25 10:29 10:23 10:01 |
| 178 | 1712 | Dorstewitz Uwe | Ostseebad Kühlingsboll | 0:51:56 0:52:09 | 1956 M55 | 7 | 09:43 10:29 10:26 10:36 10:40 |
| 179 | 1741 | König Jochen | Club Kleiner Freitag | 0:51:58 0:52:33 | 1978 M30 | 20 | 10:18 10:19 10:41 10:35 10:03 |
| 180 | 1398 | Menberg Michael | Hypress Running Team | 0:52:05 0:52:27 | 1963 M45 | 34 | 10:08 10:03 10:28 10:42 10:42 |
| 181 | 14 | Grünhage Jörg | | 0:52:09 0:52:32 | 1961 M50 | 18 | 09:57 10:04 10:17 10:33 11:16 |
| 182 | 1702 | Klever Thomas | *Lindlar | 0:52:11 0:52:38 | 1960 M50 | 19 | 10:20 10:20 10:29 10:35 10:25 |
| 183 | 1719 | Brichovsky Steffen | Team Euphonic | 0:52:12 0:52:16 | 1970 M40 | 44 | 09:13 10:32 10:35 11:00 10:50 |
| 184 | 1392 | Schuster Paco | Freiwillige Feuerwehr | 0:52:22 0:52:55 | 1989 M20 | 35 | 10:02 10:10 10:34 10:44 10:50 |
| 185 | 1356 | Chust Manuel | *Lindlar | 0:52:31 0:52:51 | 1982 M20 | 36 | 10:11 10:22 10:47 10:44 10:24 |
| 186 | 1427 | Dahl Andriy | Mondi | 0:52:37 0:52:46 | 1973 M35 | 16 | 09:53 10:04 10:48 11:08 10:43 |
| 187 | 1727 | Hintzen Uwe | *Köln | 0:52:39 0:52:54 | 1959 M50 | 20 | 09:58 10:23 10:44 10:48 10:44 |
| 188 | 1648 | Kauer Martin | Gymnasium Lindlar | 0:52:40 0:53:18 | 1971 M40 | 45 | 10:25 10:14 10:31 10:47 10:42 |
| 189 | 1628 | Siewert Hans | *Lindlar | 0:52:42 0:53:01 | 1963 M45 | 35 | 09:55 10:19 10:48 10:56 10:42 |
| 190 | 1525 | Thomm Laurence | Die Scheeler | 0:52:46 0:52:53 | 1996 MJB | 4 | 09:07 10:16 10:46 11:10 11:25 |
| 191 | 1506 | Lenz Dirk | | 0:52:53 0:53:24 | 1963 M45 | 36 | 10:57 10:49 10:23 10:26 10:14 |
| 192 | 1601 | Boelen-Theile Claus | *Rösrath | 0:52:57 0:53:28 | 1966 M45 | 37 | 09:52 09:42 10:34 10:57 11:50 |
| 193 | 1439 | Schuster Dirk | ORT | 0:53:11 0:53:27 | 1967 M40 | 46 | 10:19 10:41 10:58 10:49 10:23 |
| 194 | 1538 | Debus Milan | | 0:53:42 0:53:50 | 1989 M20 | 37 | 09:23 10:31 11:11 11:19 11:16 |
| 195 | 1739 | Springwald Jan | Club Kleiner Freitag | 0:53:45 0:54:19 | 1981 M30 | 21 | 10:19 10:19 10:41 10:55 11:29 |
| 196 | 1630 | Wingen-Mezhoud Sami | *Overath | 0:53:52 0:54:18 | 1967 M40 | 47 | 10:06 10:08 11:03 11:22 11:12 |
| 197 | 1542 | Hardt Georg | LG Gummersbach | 0:54:00 0:54:26 | 1966 M45 | 38 | 10:26 10:53 11:04 11:03 10:32 |
| 198 | 1718 | Hembsch Andreas | SC Vilkerath | 0:54:12 0:54:34 | 1966 M45 | 39 | 10:32 10:53 10:52 11:08 10:46 |
| 199 | 1467 | Friedrich Thomas | Team 4 | 0:54:22 0:54:46 | 1968 M40 | 48 | 10:23 10:50 11:02 11:15 10:51 |
| 200 | 1418 | Sondermeier Thorsten | Lang AG | 0:54:25 0:54:43 | M20 | 38 | 10:02 10:48 11:04 11:26 11:03 |
| 201 | 1624 | Roth Peter | *Lindlar | 0:54:25 0:54:39 | 1948 M60 | 3 | 10:23 10:45 11:13 11:07 10:55 |
| 202 | 1661 | Witzleben Jürgen | Nickys Sprinter | 0:54:30 0:54:41 | 1970 M40 | 49 | 09:51 10:36 11:08 11:21 11:33 |
| 203 | 1744 | Lob Bernd | Lauftreff Thier 50/50 | 0:54:38 0:55:03 | 1956 M55 | 8 | 10:59 10:55 10:46 10:49 11:07 |
| 204 | 1504 | Genssler Frank | | 0:54:45 0:54:56 | 1960 M50 | 21 | 10:00 10:57 11:19 11:20 11:06 |

4. Lindlarer Ortskern-Lauf am 6. Mai 2011

Lauf über 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit - | Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|---------------------|------------------------|-----------|------------|----------|-------|-------------------------------|
| 205 | 1508 | Gultom-Happe Tobias | | 0:54:45 | 0:55:21 | 1976 M35 | 17 | 10:56 10:44 10:52 11:08 11:05 |
| 206 | 1374 | Wegmann Horst | *Troisdorf | 0:54:48 | 0:55:08 | 1963 M45 | 40 | 09:48 10:22 11:13 11:47 11:37 |
| 207 | 1608 | Häger Hermann-Josef | *Lohmar | 0:54:49 | 0:55:02 | 1954 M55 | 9 | 09:49 10:29 11:03 12:15 11:11 |
| 208 | 1507 | Honerkamp Christian | | 0:54:56 | 0:55:11 | 1961 M50 | 22 | 10:37 11:08 11:11 11:18 10:41 |
| 209 | 1635 | Bringmann Frank | Bergneustädter SV | 0:55:13 | 0:55:42 | 1965 M45 | 41 | 10:49 10:59 11:17 11:23 10:43 |
| 210 | 1402 | Beckmann Hubertus | Lang AG | 0:55:17 | 0:55:36 | M20 | 39 | 09:47 10:44 11:24 11:33 11:48 |
| 211 | 1519 | Fröhlich Wolfgang | Höher Runners | 0:55:18 | 0:55:44 | 1951 M60 | 4 | 11:01 10:57 11:06 11:07 11:07 |
| 212 | 1663 | Haas Alexander | ONI | 0:55:18 | 0:55:45 | 1981 M30 | 22 | 10:08 10:17 11:18 11:42 11:51 |
| 213 | 1492 | Kopenhagen Swen | WSC Lindlar | 0:55:19 | 0:55:34 | 1974 M35 | 18 | 09:55 10:29 11:14 11:48 11:50 |
| 214 | 1359 | Dörpinghaus Guido | *Lindlar | 0:55:27 | 0:55:49 | 1968 M40 | 50 | 10:56 10:56 11:19 11:23 10:51 |
| 215 | 1715 | Neumann Oskar | DJK Gummersbach | 0:55:34 | 0:55:55 | 1938 M70 | 1 | 10:22 11:02 11:31 11:09 11:27 |
| 216 | 1405 | Braunisch Alexander | Lang AG | 0:55:45 | 0:55:53 | M20 | 40 | 09:33 10:35 11:33 12:00 12:02 |
| 217 | 1375 | Wegmann Wolfgang | *Troisdorf | 0:55:46 | 0:56:05 | 1967 M40 | 51 | 10:21 11:20 11:38 11:34 10:51 |
| 218 | 1683 | schneider georg | swv | 0:55:55 | 0:56:21 | 1957 M50 | 23 | 10:34 11:08 11:23 11:29 11:19 |
| 219 | 1400 | Klein Hans-Gerd | Kreuzbund Lindlar | 0:55:55 | 0:56:13 | 1957 M50 | 24 | 10:46 10:36 11:24 11:29 11:39 |
| 220 | 1617 | müller dieter | *lindlar | 0:55:55 | 0:56:12 | 1945 M65 | 1 | 10:46 11:07 11:15 11:20 11:26 |
| 221 | 1431 | Lipps Torsten | ONI | 0:55:59 | 0:56:04 | 1976 M35 | 19 | 09:22 10:42 11:37 12:04 12:11 |
| 222 | 1399 | Bartsch Stefan | Jugendzentrum Horizont | 0:56:00 | 0:56:20 | 1965 M45 | 42 | 10:21 10:41 11:09 11:47 12:00 |
| 223 | 1759 | Vogler Wolfgang | Fairer Handel | 0:56:03 | 0:56:16 | 1949 M60 | 5 | 10:52 11:01 11:19 11:32 11:16 |
| 224 | 1361 | Höher Andreas | *Lindlar | 0:56:03 | 0:56:32 | 1964 M45 | 43 | 11:22 11:17 11:17 11:18 10:47 |
| 225 | 1367 | Mayer Elmar | *Ratingen | 0:56:04 | 0:56:25 | 1968 M40 | 52 | 11:33 11:37 11:25 11:22 10:04 |
| 226 | 1430 | Decker Karsten | ONI | 0:56:06 | 0:56:32 | 1967 M40 | 53 | 11:33 11:18 11:24 11:23 10:25 |
| 227 | 1462 | Reitz-Full Klaus | Sportpalast | 0:56:17 | 0:56:21 | 1968 M40 | 54 | 10:10 10:41 11:35 11:58 11:50 |
| 228 | 1756 | Sauerbier Stefan | Krüger Running Team | 0:56:21 | 0:56:49 | 1986 M20 | 41 | 10:14 10:55 11:41 12:05 11:24 |
| 229 | 1355 | Brückmann Rainer | *Lindlar | 0:56:31 | 0:56:35 | 1962 M45 | 44 | 09:51 10:41 11:30 11:49 12:39 |
| 230 | 1397 | Haffa Sebastian | H & N Abwassertechnik | 0:57:04 | 0:57:35 | 1977 M30 | 23 | 11:34 11:10 11:03 11:22 11:54 |
| 231 | 1500 | Frösler Herbert | Radsport im ASC Loope | 0:57:25 | 0:57:43 | 1946 M65 | 2 | 10:58 11:08 11:26 11:56 11:55 |
| 232 | 1451 | Rautenberg Nils | Schreinerei Littig | 0:57:25 | 0:57:37 | 1988 M20 | 42 | 10:29 11:05 11:20 11:47 12:41 |
| 233 | 13 | Dresbach Louis | | 0:57:33 | 0:58:03 | 1994 MJB | 5 | 09:45 10:57 12:30 12:02 12:18 |
| 234 | 1522 | Jackes Sebastian | | 0:57:49 | 0:58:01 | 1986 M20 | 43 | 10:11 11:34 11:56 12:16 11:49 |
| 235 | 1378 | Wysietzki Manfred | *Lindlar | 0:58:07 | 0:58:34 | 1960 M50 | 25 | 10:56 11:21 11:37 12:00 12:11 |
| 236 | 1611 | Hoffmann Michael | *Schwetzingen | 0:58:09 | 0:58:23 | 1966 M45 | 45 | 11:27 11:41 11:33 11:54 11:32 |
| 237 | 1708 | Falge Andreas | *Bergisch Gladbach | 0:58:15 | 0:58:53 | 1968 M40 | 55 | 11:13 11:12 11:40 12:02 12:05 |
| 238 | 1527 | Langen Jörg | SV Frielingsdorf | 0:58:25 | 0:58:49 | 1969 M40 | 56 | 11:10 11:07 11:50 11:58 12:19 |
| 239 | 1738 | Gerlach Jürgen | TC Lindlar | 0:58:59 | 0:59:15 | 1958 M50 | 26 | 11:05 11:40 12:03 12:13 11:56 |
| 240 | 1722 | Westhaus Dirk | Bayer Express | 0:59:01 | 0:59:12 | 1969 M40 | 57 | 10:48 11:13 11:47 12:25 12:45 |
| 241 | 1407 | Czimny Christian | Lang AG | 0:59:11 | 0:59:25 | M20 | 44 | 10:13 11:09 12:06 12:47 12:54 |
| 242 | 1659 | Hoffmann Chris | LV PAL & LAD | 0:59:24 | 0:59:47 | 1978 M30 | 24 | 11:42 11:52 11:57 11:55 11:55 |
| 243 | 1497 | Wagner Michael | WSC Lindlar | 0:59:24 | 0:59:42 | 1954 M55 | 10 | 11:09 11:42 12:06 12:19 12:06 |
| 244 | 1376 | Willmer Thomas | *Lindlar | 0:59:30 | 0:59:40 | 1959 M50 | 27 | 11:03 11:46 12:11 12:29 12:00 |
| 245 | 1393 | Klaas Reinhard | FTC-Lichtenberg | 0:59:50 | 1:00:17 | 1954 M55 | 11 | 11:12 11:32 12:03 12:26 12:35 |
| 246 | 1602 | Bosbach Christian | *Wipperfürth | 1:00:01 | 1:00:32 | 1980 M30 | 25 | 11:34 11:39 12:13 12:08 12:25 |
| 247 | 1383 | Lange Oliver | Boyke Wear Technology | 1:00:13 | 1:00:38 | 1990 M20 | 45 | 11:54 11:54 12:23 12:12 11:49 |
| 248 | 1520 | Adamczyk Jörg | ONI | 1:00:18 | 1:00:46 | 1968 M40 | 58 | 11:49 12:05 12:13 12:21 11:48 |
| 249 | 1424 | Dreiner René | Loco-Soft | 1:00:38 | 1:00:48 | 1985 M20 | 46 | 10:30 12:15 12:57 12:25 12:28 |
| 250 | 1410 | Güttler Justus | Lang AG | 1:00:40 | 1:00:57 | 1993 MJA | 5 | 10:11 10:37 11:35 14:58 13:17 |
| 251 | 1526 | Wagner Michael | | 1:00:56 | 1:01:10 | 1958 M50 | 28 | 11:02 12:02 12:42 12:36 12:33 |
| 252 | 1488 | Dolle Michael | WSC Lindlar | 1:01:03 | 1:01:16 | 1967 M40 | 59 | 10:15 11:32 12:22 13:27 13:25 |
| 253 | 1435 | Grabow Stefan | ORT | 1:01:32 | 1:01:48 | 1983 M20 | 47 | 11:27 11:47 12:29 13:01 12:46 |
| 254 | 1388 | Gillor Alex | Down-Syndrom Laufclub | 1:01:43 | 1:02:17 | 1948 M60 | 6 | 12:34 12:10 12:10 12:20 12:28 |
| 255 | 1503 | Selbach Achim | | 1:02:05 | 1:02:27 | 1961 M50 | 29 | 11:40 12:13 13:02 12:47 12:21 |

4. Lindlarer Ortskern-Lauf am 6. Mai 2011 Lauf über 10 km

Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit - Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|---------------------|-------------------------|----------------------|----------|-------|-------------------------------|
| 256 | 19 | Thomm Simeon | SPD Lindlar | 1:02:07 1:02:27 | 1999 MJB | 6 | 12:17 11:58 12:11 12:46 12:52 |
| 257 | 1664 | Kern Thorsten | ONI | 1:03:16 1:03:44 | 1971 M40 | 60 | 11:50 12:12 12:57 13:20 12:56 |
| 258 | 1437 | Hövelmanns Matthias | ORT | 1:04:34 1:04:52 | 1987 M20 | 48 | 11:35 12:08 13:33 13:38 13:39 |
| 259 | 18 | Thomm Stefan | SPD Lindlar | 1:04:35 1:04:56 | 1963 M45 | 46 | 12:39 12:52 13:07 13:08 12:47 |
| 260 | 1515 | Glaubitz Achim | Kreissparkasse Köln | 1:05:12 1:05:36 | 1977 M30 | 26 | 11:16 12:45 13:43 14:11 13:16 |
| 261 | 1748 | Hoffmann Knut | Kickboxverein Bodyguard | 1:05:49 1:06:18 | 1966 M45 | 47 | 12:43 13:02 13:23 13:37 13:02 |
| 262 | 1666 | Stadt Lars | ONI | 1:05:54 1:06:20 | 1977 M30 | 27 | 11:35 12:20 13:08 14:42 14:06 |
| 263 | 1653 | Kuhn Frank | HohKultur eV | 1:07:03 1:07:39 | 1968 M40 | 61 | 12:36 13:22 13:31 13:55 13:38 |
| 264 | 16 | Gethke Rüdiger | | 1:07:04 1:07:37 | 1960 M50 | 30 | 12:26 13:07 13:22 13:58 14:09 |

4. Lindlarer Ortskern-Lauf am 6. Mai 2011

Lauf über 10 km

Frauen

gedruckt 06.05.2011 21:21:59 Seite 7

| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit - Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|--------------------------|-------------------------|----------------------|----------|-------|-------------------------------|
| 1 | 1499 | Viebahn Christl | LAZ Puma Troisdorf | 0:41:16 0:41:18 | 1976W35 | 1 | 07:53 08:11 08:22 08:26 08:21 |
| 2 | 1749 | Moser geb. Guddusch | | 0:43:54 0:44:01 | 1967W40 | 1 | 08:33 08:39 08:59 08:56 08:45 |
| 3 | 1754 | Basinski Yvonne | TV Refrath | 0:43:57 0:44:00 | 1972W35 | 2 | 08:17 08:50 08:59 09:01 08:47 |
| 4 | 1634 | Willmer Carolin | Bayer-Express | 0:44:34 0:44:44 | 1980W30 | 1 | 08:37 08:59 09:04 09:00 08:52 |
| 5 | 1750 | Basinski Jolanta | TV Refrath | 0:45:10 0:45:15 | 1975W35 | 3 | 08:32 09:04 09:13 09:18 09:02 |
| 6 | 1755 | Zarl Eliza | TV Refrath | 0:45:41 0:45:49 | 1970W40 | 2 | 08:44 09:06 09:17 09:24 09:10 |
| 7 | 1674 | Littig Sandra | Schreinerei Littig | 0:46:22 0:46:34 | 1973W35 | 4 | 09:01 09:24 09:19 09:24 09:12 |
| 8 | 1678 | Feldhoff Ulrike | Sportpalast | 0:48:22 0:48:25 | 1963W45 | 1 | 09:00 09:21 09:42 10:09 10:08 |
| 9 | 1521 | Müller Anja | | 0:49:20 0:49:32 | 1989W20 | 1 | 09:15 09:44 10:00 10:03 10:16 |
| 10 | 1456 | Hödtko Laura | Sportpalast | 0:50:32 0:50:40 | 1993WJA | 1 | 09:02 10:03 10:38 10:46 10:00 |
| 11 | 1631 | Wueste Karin | *Lindlar | 0:51:40 0:52:10 | 1960W50 | 1 | 10:25 10:10 10:15 10:21 10:27 |
| 12 | 1751 | Blömker Susanne | LG Hückeswagen | 0:51:43 0:51:53 | 1957W50 | 2 | 09:53 10:19 10:37 10:35 10:17 |
| 13 | 1458 | Lahnor Heike | Sportpalast | 0:51:46 0:51:50 | 1963W45 | 2 | 09:16 10:03 10:23 10:45 11:17 |
| 14 | 1679 | Peffenköber Helga | Sportpalast | 0:52:48 0:53:04 | 1961W50 | 3 | 10:07 10:26 10:44 10:52 10:37 |
| 15 | 1457 | Käsbach Andrea | Sportpalast | 0:52:48 0:53:04 | 1973W35 | 5 | 10:07 10:27 10:44 10:53 10:37 |
| 16 | 1676 | Bärenfänger Hilka | Sportpalast | 0:53:02 0:53:07 | 1979W30 | 2 | 10:03 10:34 10:54 10:48 10:41 |
| 17 | 1491 | Klippel Bettina | WSC Lindlar | 0:53:05 0:53:19 | 1968W40 | 3 | 09:55 10:08 10:42 11:00 11:18 |
| 18 | 1379 | Gill Karin | Bayer-Express | 0:53:44 0:53:54 | 1973W35 | 6 | 10:03 10:37 10:57 11:20 10:46 |
| 19 | 1537 | Coroly Sabine | LG Gummersbach | 0:53:45 0:54:11 | 1956W55 | 1 | 10:27 10:38 10:54 10:54 10:51 |
| 20 | 1308 | Hülsmann Katja | | 0:54:22 0:54:51 | 1968W40 | 4 | 10:56 10:43 10:54 10:57 10:50 |
| 21 | 1414 | Kubacki Fanny | Lang AG | 0:54:27 0:54:47 | 1993WJA | 2 | 10:11 10:38 11:11 11:24 11:01 |
| 22 | 1422 | Hoffstadt Petra | Lauftreff Lindlar läuft | 0:54:32 0:54:46 | 1966W45 | 3 | 09:42 10:40 11:18 11:45 11:05 |
| 23 | 1691 | Müller Melanie | Union Blau-Weiss | 0:54:33 0:54:44 | 1974W35 | 7 | 09:30 10:10 10:34 11:01 13:16 |
| 24 | 1682 | Braun Claudia | SV Frielingsdorf | 0:55:53 0:56:21 | 1973W35 | 8 | 10:52 11:04 11:16 11:21 11:18 |
| 25 | 1605 | Dörpinghaus Tina | *Köln | 0:55:58 0:56:18 | 1960W50 | 4 | 10:48 10:58 11:20 11:39 11:12 |
| 26 | 1484 | Mayer-Sellschopp | TUS Homberg | 0:56:03 0:56:23 | 1969W40 | 5 | 11:34 11:37 11:25 11:22 10:02 |
| 27 | 1700 | Langer Solveig | WSC Lindlar | 0:56:06 0:56:26 | 1978W30 | 3 | 10:43 11:05 11:33 11:35 11:07 |
| 28 | 1645 | Schlichtmann Sanne | Down-Syndrom Laufclub | 0:56:14 0:56:48 | 1974W35 | 9 | 11:29 11:01 11:18 11:25 11:00 |
| 29 | 1455 | Full Christine | Sportpalast | 0:56:17 0:56:21 | 1977W30 | 4 | 10:09 10:41 11:34 11:59 11:52 |
| 30 | 1419 | van Locke Els | Lang AG | 0:56:44 0:57:14 | W20 | 2 | 10:25 11:10 11:51 11:47 11:29 |
| 31 | 1539 | Volk Thea | LG Gummersbach | 0:56:49 0:57:19 | 1955W55 | 2 | 11:18 11:31 11:24 11:24 11:10 |
| 32 | 1382 | Feldhoff Sabine | Boyke Wear Technology | 0:57:21 0:57:45 | 1966W45 | 4 | 11:05 11:11 11:26 11:53 11:45 |
| 33 | 1496 | Schröder Birgit | WSC Lindlar | 0:57:23 0:57:38 | 1961W50 | 5 | 11:13 11:27 11:35 11:42 11:24 |
| 34 | 1487 | Bürger Gundi | WSC Lindlar | 0:57:27 0:57:42 | 1969W40 | 6 | 10:02 11:58 11:18 11:36 12:30 |
| 35 | 1501 | Herzhoff Eva | | 0:57:58 0:58:35 | 1978W30 | 5 | 11:32 11:48 11:36 11:41 11:19 |
| 36 | 1512 | Theisen Angelika | | 0:58:01 0:58:13 | 1960W50 | 6 | 10:22 11:24 11:57 12:18 11:57 |
| 37 | 1613 | Krams Sabine | *Wiehl | 0:58:14 0:58:27 | 1964W45 | 5 | 11:27 11:42 11:35 11:53 11:35 |
| 38 | 1394 | Langen Alina | Gymnasium Lindlar 8d | 0:58:24 0:58:49 | 1998WJB | 1 | 11:10 11:07 11:50 11:58 12:17 |
| 39 | 1369 | Pircher Claudia | *Lindlar | 0:58:57 0:59:26 | 1969W40 | 7 | 11:52 11:50 11:50 12:00 11:23 |
| 40 | 1717 | Wolf Gabriele | LG Gummersbach | 0:58:58 0:59:28 | 1963W45 | 6 | 11:46 11:44 11:43 11:54 11:50 |
| 41 | 1623 | Rogowski Annette | *Lindlar | 0:59:00 0:59:15 | 1960W50 | 7 | 11:07 11:41 12:02 12:13 11:56 |
| 42 | 1728 | Burghardt Lena | | 0:59:41 0:59:56 | 1994WJB | 2 | 10:41 11:29 12:10 12:40 12:39 |
| 43 | 1510 | Schmitz-Westhofen Gabi | Sportpalast | 1:00:11 1:00:42 | 1967W40 | 8 | 11:51 11:52 12:04 12:23 11:59 |
| 44 | 1143 | Kern Susanne | ONI | 1:00:18 1:00:46 | 1968W40 | 9 | 11:50 12:05 12:12 12:21 11:48 |
| 45 | 1725 | Eickhoff-Kreutzer Angela | LG Gummersbach | 1:00:33 1:01:04 | 1953W55 | 3 | 11:47 11:53 12:06 12:21 12:24 |
| 46 | 1396 | Veith Lea | Gymnasium Lindlar 8d | 1:00:45 1:01:18 | 1996WJB | 3 | 11:24 12:27 12:04 12:30 12:19 |
| 46 | 1395 | Roos Maren | Gymnasium Lindlar 8d | 1:00:45 1:01:17 | 1997WJB | 3 | 11:23 12:27 12:04 12:30 12:19 |
| 48 | 1637 | Busch Susanne | Bürgerverein Scheel | 1:00:56 1:01:16 | 1962W45 | 7 | 11:08 11:56 12:30 12:40 12:39 |
| 49 | 1390 | Loosen Hanna | Down-Syndrom Laufclub | 1:01:35 1:02:04 | 1993WJA | 3 | 12:09 11:50 12:02 13:01 12:32 |
| 50 | 1644 | Maurer Kerstin | Down-Syndrom Laufclub | 1:01:43 1:02:17 | 1967W40 | 10 | 12:34 12:10 12:10 12:20 12:28 |
| 51 | 1366 | Lieth Nicole | *Kürten | 1:02:04 1:02:25 | 1972W35 | 10 | 11:18 12:04 12:51 12:56 12:53 |

4. Lindlarer Ortskern-Lauf am 6. Mai 2011 Lauf über 10 km

Frauen

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit - Bruttozeit | Jahrg AK | Platz | Runden |
|--------|------|-----------------------|-----------------------|----------------------|----------|-------|-------------------------------|
| 52 | 1517 | Schulze Judith | | 1:02:43 1:03:21 | 1969W40 | 11 | 12:06 12:33 12:36 12:45 12:42 |
| 53 | 1461 | Müller Birgit | Sportpalast | 1:04:30 1:05:02 | 1970W40 | 12 | 12:08 12:38 12:57 13:18 13:27 |
| 54 | 1387 | Frielingsdorf Kathrin | Down-Syndrom Laufclub | 1:04:31 1:05:05 | 1963W45 | 8 | 12:14 12:43 13:02 13:14 13:15 |
| 55 | 20 | Bechtel Claudia | | 1:04:34 1:04:55 | 1963W45 | 9 | 12:39 12:51 13:07 13:08 12:47 |
| 56 | 1540 | Schultze Binaka | | 1:05:57 1:06:28 | 1974W35 | 11 | 12:42 13:02 13:23 13:37 13:11 |
| 57 | 1365 | Kuhn Jenny | *Lindlar | 1:07:03 1:07:39 | 1997WJB | 5 | 12:36 13:21 13:32 13:55 13:38 |
| 58 | 1530 | Gebauer Gabriela | | 1:19:06 1:19:42 | 1973W35 | 12 | 13:47 15:24 16:02 16:37 17:13 |
| 59 | 1529 | Smarsly Helga | | 1:19:06 1:19:42 | 1951W60 | 1 | 13:47 15:24 16:03 16:37 17:13 |
| 60 | 1139 | Kern Claudia | ONI | 1:28:21 1:28:49 | 1965W45 | 10 | 14:56 17:09 18:22 19:04 18:48 |