

# 29. Hückeswagener Triathlon am 20. August 2011

# Ergebnisliste

## NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	166	Schramm Till	SV Bergisch-Gladbach	3:46:22	M25	1	13	0:29:36	3	2:02:35	6	2:32:12	1	1:14:10
2	455	Knoepke Daniel	EJOT Team TV	3:46:41	M25	2	1	0:25:15	13	2:04:23	2	2:29:38	3	1:17:02
3	451	Schubnell Andre	DLC Aachen	3:53:02	M30	1	18	0:29:49	17	2:04:34	15	2:34:24	4	1:18:38
4	563	Keitzel Gunnar	DLC Aachen II	3:53:42	M30	2	74	0:34:39	6	2:03:30	22	2:38:09	2	1:15:33
5	450	List Andreas	DLC Aachen	3:54:36	M30	3	27	0:30:06	10	2:04:16	14	2:34:23	5	1:20:13
6	453	Menn Felix	EJOT Team TV	3:55:46	M25	3	21	0:29:57	12	2:04:17	10	2:34:15	10	1:21:31
7	458	Ganser Markus	Brander SV-Tri Team I	3:56:40	M35	1	33	0:30:45	1	1:58:45	1	2:29:30	24	1:27:09
8	457	Esser Olivier	Brander SV-Tri Team I	3:58:15	M30	4	5	0:28:09	18	2:05:02	8	2:33:11	17	1:25:04
9	549	Mittelbach Carl-Daniel	Tri Team Hagen	3:58:35	M20	1	2	0:27:52	8	2:04:05	5	2:31:57	21	1:26:37
10	454	Schill Holger	EJOT Team TV	3:58:56	M35	2	8	0:29:07	20	2:05:12	12	2:34:19	15	1:24:36
11	468	Toros Fabian	Triathlon Team	3:59:47	M20	2	23	0:30:01	11	2:04:16	11	2:34:18	18	1:25:29
12	539	Künsler Stefan	Krefelder Kanu Klub II	3:59:56	M40	1	4	0:28:06	2	2:02:29	3	2:30:36	38	1:29:19
13	555	Rossmann Marc	RC Sarpesee	4:00:16	M40	2	3	0:28:01	4	2:03:00	4	2:31:01	37	1:29:14
14	571	Röpstorf Uwe	SC Bayer 05 Uerdingen	4:00:30	M45	1	38	0:31:32	32	2:07:51	26	2:39:24	8	1:21:06
15	449	Grauel Tobias	DLC Aachen	4:01:21	M30	5	19	0:29:52	16	2:04:27	13	2:34:20	22	1:27:01
16	452	Schulte Thomas	DLC Aachen	4:01:21	M25	4	10	0:29:19	7	2:03:33	7	2:32:52	32	1:28:28
17	456	Hesse Daniel	EJOT Team TV	4:02:42	M25	5	17	0:29:44	9	2:04:11	9	2:33:55	35	1:28:46
18	460	Barth Tobias	Brander SV-Tri Team I	4:04:16	M40	3	32	0:30:43	19	2:05:04	17	2:35:48	31	1:28:27
19	556	Prenger Falk	RC Sarpesee	4:04:33	M30	6	28	0:30:13	38	2:09:40	29	2:39:53	16	1:24:39
20	420	Köhns Thomas	TSV Bayer 04	4:04:37	M40	4	36	0:31:26	14	2:04:25	18	2:35:52	34	1:28:45
21	524	Keijsers Martijn	W + F Münster II	4:05:26	M30	7	34	0:30:47	45	2:10:22	32	2:41:09	14	1:24:16
22	550	Oefler Michael	Tri Team Hagen	4:05:31	M45	2	60	0:33:39	24	2:06:12	28	2:39:51	19	1:25:40
23	529	Steinmetz Roland	Triathlon Team Witten	4:06:31	M35	3	120	0:38:26	29	2:07:10	49	2:45:37	7	1:20:54
24	465	Zywietz Eike	Triathlon Team	4:06:55	M25	6	25	0:30:03	27	2:06:49	20	2:36:53	41	1:30:02
25	536	Ronig Andreas	PSV Brühl	4:06:56	M25	7	81	0:34:50	46	2:10:40	48	2:45:31	9	1:21:24
26	120	Löhr Dr. Patrick	TVG Buschhütten	4:06:57	M35	4	148	0:40:39	22	2:05:43	57	2:46:22	6	1:20:34
27	562	Umbreit Marco	DLC Aachen II	4:07:19	M30	8	16	0:29:39	37	2:09:28	24	2:39:07	28	1:28:11
28	542	Hohmann Falk	SG Tri Power Rhein	4:08:19	M35	5	77	0:34:45	31	2:07:39	35	2:42:25	20	1:25:54
29	118	Beinke Kai	TSVE 1890 Bielefeld	4:08:39	M35	6	30	0:30:20	42	2:10:01	31	2:40:21	30	1:28:18
30	569	Lohmann Peter	SC Bayer 05 Uerdingen	4:08:48	M45	3	144	0:40:28*	21	2:05:29	54	2:45:57	12	1:22:50
31	419	Kufner Marco	TSV Bayer 04	4:09:17	M35	7	51	0:32:13	5	2:03:24	16	2:35:38	65	1:33:39
32	554	Kuhlmann Guido	RC Sarpesee	4:09:19	M30	9	73	0:34:34	59	2:12:25	63	2:47:00	11	1:22:18
33	22	Grütjen Joachim	TRI ELKS Schleiden	4:10:41	M50	1	95	0:35:10	26	2:06:41	34	2:41:51	36	1:28:49
34	523	Hölter Christian	W + F Münster II	4:11:40	M25	8	24	0:30:03	41	2:09:55	30	2:39:58	51	1:31:41
35	513	Austerschmidt	TRICITY 2001 e.V.	4:12:14	M30	10	79	0:34:48	67	2:13:42	70	2:48:30	13	1:23:43
36	561	Schoch Martin	DLC Aachen II	4:12:33	M30	11	93	0:35:08	15	2:04:26	27	2:39:34	61	1:32:58
37	417	Röhrken Golo	TSV Bayer 04	4:13:31	M20	3	29	0:30:15	28	2:06:55	21	2:37:11	79	1:36:20
38	424	Hoverath Christian	TG Neuss	4:13:39	M25	9	87	0:34:57	30	2:07:31	36	2:42:29	48	1:31:10
39	517	Schmidt Martin	PSV Bonn Triathlon III	4:13:50	M25	10	26	0:30:06	35	2:09:17	25	2:39:23	69	1:34:26
40	538	Dülks Roman	Krefelder Kanu Klub II	4:14:02	M45	4	65	0:34:15	33	2:08:24	37	2:42:39	49	1:31:23
41	544	Trautmann Georg	SG Tri Power Rhein	4:14:36	M25	11	55	0:33:12	48	2:10:55	42	2:44:07	45	1:30:28
42	423	Hanna Mike	TG Neuss	4:15:10	M40	5	71	0:34:29	66	2:13:30	66	2:48:00	25	1:27:10
43	149	Häger Daniel	DLC Aachen	4:15:15	M25	12	7	0:28:25	93	2:18:14	59	2:46:39	33	1:28:35
44	540	Voll Ulrich	Krefelder Kanu Klub II	4:15:35	M45	5	134	0:39:44	23	2:05:56	50	2:45:40	40	1:29:55
45	459	Sittig Jörg	Brander SV-Tri Team I	4:15:48	M25	13	20	0:29:56	51	2:11:17	33	2:41:13	71	1:34:34
46	557	Wolf Alexander	Brander SV-Tri Team II	4:16:10	M40	6	62	0:33:40	74	2:14:25	67	2:48:05	27	1:28:05
47	502	Predeick Christian	LV Tristar Oelde II	4:16:51	M35	8	53	0:32:16	49	2:11:01	38	2:43:18	64	1:33:33
48	151	Hoffmann Tobias	TRC Essen 84	4:17:29	M25	14	40	0:31:41	79	2:15:25	65	2:47:06	43	1:30:22
49	564	Albers Jonas	DLC Aachen II	4:17:33	M25	15	11	0:29:27	25	2:06:26	19	2:35:53	115	1:41:39
50	80	Kaiser Marcus	TSV Bayer 04	4:17:40	M40	7	106	0:36:30	44	2:10:21	61	2:46:51	47	1:30:49
51	15	Schuster Andreas	1. Tri Club Paderborn	4:17:49	M50	2	31	0:30:38	72	2:14:21	47	2:44:59	58	1:32:49
52	530	Fehrs Jan	Triathlon Team Witten	4:18:43	M25	16	35	0:30:49	65	2:13:19	44	2:44:09	70	1:34:33
53	127	Esselmann Tim	LC Solbad Ravensberg	4:19:11	M30	12	41	0:31:43	55	2:12:00	40	2:43:44	75	1:35:27
54	572	Saßerath Michael	SC Bayer 05 Uerdingen	4:19:27	M45	6	70	0:34:27	53	2:11:38	55	2:46:05	63	1:33:21

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## Männer

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55	532	Moldenhauer Kai	Triathlon Team Witten	4:19:38	M40	8	103	0:36:06	47	2:10:42	60	2:46:49	57	1:32:49	
56	126	Minke Sebastian	ASC Rosellen/Neuss	4:19:52	M30	13	126	0:38:56	68	2:13:48	91	2:52:44	23	1:27:07	
57	143	Ifang Malte	TuS Breitscheid	4:19:55	M25	17	47	0:31:52	58	2:12:15	43	2:44:08	76	1:35:46	
58	508	Prenzel Georg	Grundfos Team	4:20:07	M35	9	14	0:29:37	36	2:09:24	23	2:39:02	110	1:41:05	
59	553	Schulte-Pieper Thomas	RC Sorpesee	4:21:34	M45	7	97	0:35:15	34	2:08:57	45	2:44:13	87	1:37:21	
60	431	Weber Lars	RWE Starlight Team	4:21:37	M40	9	122	0:38:39	40	2:09:48	69	2:48:27	62	1:33:10	
61	434	Kunz Guido	Schwelmer SC	4:21:47	M30	14	52	0:32:13	116	2:21:15	96	2:53:29	29	1:28:17	
62	429	Bloch Marcus	RWE Starlight Team	4:21:49	M30	15	9	0:29:11	80	2:15:32	46	2:44:44	85	1:37:05	
63	421	Bergstein Stefan	TG Neuss	4:22:26	M40	10	102	0:35:54	39	2:09:48	51	2:45:43	82	1:36:43	
64	522	Hoffmann Patrick	W + F Münster II	4:22:31	M25	18	69	0:34:25	82	2:16:23	78	2:50:49	52	1:31:42	
65	144	Mohrmann Niko	SC Aquarius Löhne	4:22:36	M25	19	43	0:31:46	57	2:12:12	41	2:43:59	97	1:38:37	
66	108	Gerkens Michael	TSVE 1890 Bielefeld	4:23:16	M35	10	114	0:37:43	76	2:15:01	92	2:52:45	46	1:30:30	
67	76	Hinz Andreas	ASV Köln Triathlon	4:23:23	M40	11	91	0:35:03	86	2:16:39	80	2:51:43	50	1:31:39	
68	444	Winter Maic	Bocholter WSV II	4:23:43	M40	12	145	0:40:31*	63	2:13:05	98	2:53:37	42	1:30:05	
69	447	Pfeffer Thomas	1.Tri Team Gütersloh	4:24:05	M40	13	45	0:31:49	71	2:13:58	52	2:45:47	93	1:38:17	
70	415	Burkhardt Tobias	TV Germania Kaiserau	4:24:39	M30	16	110	0:37:10	56	2:12:02	72	2:49:12	74	1:35:27	
71	448	Walter Peter	1.Tri Team Gütersloh	4:24:44	M45	8	100	0:35:50	50	2:11:07	62	2:46:58	89	1:37:46	
72	521	Hinske Berthold	W + F Münster II	4:24:49	M40	14	113	0:37:29*	75	2:14:28	84	2:51:58	59	1:32:51	
73	426	Schwätzler Volker	M.Gladbacher TV 1848	4:25:25	M40	15	111	0:37:12	101	2:18:48	108	2:56:00	39	1:29:25	
74	461	Kempf Robert	Bayer 05 Uerdingen IV	4:25:30	M40	16	92	0:35:06	89	2:17:37	90	2:52:44	55	1:32:46	
75	445	Oldenburg Julian	1.Tri Team Gütersloh	4:26:03	M25	20	156	0:41:14*	54	2:11:53	93	2:53:07	60	1:32:56	
76	73	Graf André	bikeattckoberberg	4:26:25	M40	17	44	0:31:47	78	2:15:16	64	2:47:03	101	1:39:21	
77	441	Radstaak Marco	Bocholter WSV II	4:26:43	M35	11	96	0:35:12	64	2:13:11	68	2:48:24	94	1:38:19	
78	446	Simm Hendrik	1.Tri Team Gütersloh	4:26:54	M25	21	6	0:28:15	77	2:15:13	39	2:43:28	123	1:43:25	
79	531	Brandt Holger	Triathlon Team Witten	4:27:06	M40	18	66	0:34:16	52	2:11:35	53	2:45:51	111	1:41:14	
80	551	Oberschelp Markus	Tri Team Hagen	4:27:22	M40	19	118	0:38:15	70	2:13:54	86	2:52:10	73	1:35:12	
81	543	Senkyr Martin	SG Tri Power Rhein	4:27:48	M30	17	143	0:40:27	43	2:10:15	76	2:50:43	84	1:37:04	
82	161	Joswig Dennis	Tri Power Rhein-Sieg	4:28:00	M20	4	49	0:32:02	73	2:14:23	58	2:46:25	113	1:41:35	
83	534	Zimmer Karl	PSV Brühl	4:28:04	M40	20	42	0:31:44	118	2:21:28	94	2:53:13	72	1:34:51	
84	470	Meiertoberens Ralf	Tri Sport Team Verl II	4:28:09	M35	12	37	0:31:27	90	2:17:37	71	2:49:05	98	1:39:04	
85	464	Schröter Matthias	Bayer 05 Uerdingen IV	4:28:31	M40	21	68	0:34:22	94	2:18:18	89	2:52:41	77	1:35:50	
86	438	Pelster Matthias	Rückenwind Dortmund	4:28:48	M25	22	64	0:34:09	110	2:20:33	103	2:54:43	67	1:34:05	
87	567	Schmitt Volker	Tri Team TG Lage I	4:29:26	M45	9	80	0:34:49	96	2:18:32	95	2:53:22	78	1:36:04	
88	442	Telahr Jürgen	Bocholter WSV II	4:30:37	M35	13	84	0:34:53	91	2:17:38	88	2:52:32	90	1:38:04	
89	427	Krüger Dirk	M.Gladbacher TV 1848	4:30:57	M35	14	142	0:40:26	85	2:16:35	112	2:57:02	66	1:33:54	
90	471	Ventker Sebastian	Tri Sport Team Verl II	4:31:25	M25	23	165	0:42:18	81	2:16:19	121	2:58:37	56	1:32:48	
91	125	Sauren Thorsten	DLC Aachen	4:31:51	M30	18	124	0:38:46	60	2:12:58	81	2:51:45	104	1:40:06	
92	408	Storzer Christian	SV Sterkrade Nord	4:32:17	M40	22	94	0:35:09	112	2:20:42	106	2:55:51	80	1:36:25	
93	129	Jarosch Dirk	Triathlon Team FS	4:32:20	M30	19	46	0:31:52	150	2:29:59	130	3:01:52	44	1:30:28	
94	21	Zippert Jürgen	Hildener AT	4:32:22	M50	3	129	0:39:16	98	2:18:39	117	2:57:56	68	1:34:26	
95	558	Logen Stefan	Brander SV-Tri Team II	4:32:48	M30	20	61	0:33:39	84	2:16:31	75	2:50:11	121	1:42:37	
96	33	Blissenbach Gerd	SV Bergisch Gladbach	4:32:49	M45	10	63	0:34:03	109	2:20:21	102	2:54:25	95	1:38:23	
97	541	Fetting Stefan	SG Tri Power Rhein	4:33:35	M45	11	140	0:40:21*	69	2:13:53	100	2:54:14	100	1:39:20	
98	440	Zellin Jan	Rückenwind Dortmund	4:33:41	M25	24	82	0:34:52	102	2:18:53	99	2:53:45	103	1:39:55	
99	559	Schlaeger Dr. Christof	Brander SV-Tri Team II	4:35:08	M30	21	98	0:35:21	122	2:22:28	116	2:57:50	86	1:37:17	
100	466	Haschke Markus	Triathlon Team	4:35:27	M40	23	136	0:40:06	87	2:16:51	111	2:56:58	96	1:38:28	
101	401	Wolfgramm Klaus	RC Endspurt Herford	4:35:36	M50	4	56	0:33:12	62	2:13:03	56	2:46:15	146	1:49:20	
102	516	Schmitz Klaus	TRICITY 2001 e.V.	4:35:37	M40	24	128	0:39:09	61	2:13:01	87	2:52:10	124	1:43:26	
103	546	Methfessel Jan	SV Kutenhausen	4:35:49	M45	12	39	0:31:35	106	2:19:41	79	2:51:16	129	1:44:33	
104	518	Rauch Markus	PSV Bonn Triathlon III	4:36:26	M30	22	151	0:40:45	124	2:23:08	133	3:03:53	54	1:32:33	
105	405	Bauer Michael	SV Sterkrade Nord	4:36:37	M45	13	121	0:38:34	103	2:18:58	113	2:57:32	99	1:39:04	
106	410	Wallmeier Thomas	Tri Speed Marienfeld	4:36:42	M45	14	76	0:34:43	104	2:19:39	101	2:54:23	120	1:42:19	
107	69	Bachmayr Stefan	Tri Geckos Dortmund	4:36:54	M40	25	50	0:32:10	128	2:24:35	109	2:56:46	105	1:40:07	
108	507	Pfaff Björn	Grundfos Team	4:37:39	M40	26	48	0:32:01	125	2:23:33	104	2:55:35	117	1:42:04	

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109	98	Wohlfahrt Jörg	SV 19 Straelen	4:37:47	M40	27	135	0:40:00	105	2:19:39	124	2:59:40	91	1:38:06	
110	545	Vynogradov Andreas	SV Kutenhausen	4:37:54	M35	15	57	0:33:15	135	2:26:27	125	2:59:43	92	1:38:11	
111	30	Klein Ernst	TV Attendorf TRI -	4:38:32	M45	15	108	0:37:01	97	2:18:37	105	2:55:38	122	1:42:54	
112	506	Bennemann Rolf	Grundfos Team	4:39:03	M40	28	58	0:33:23	83	2:16:28	74	2:49:52	143	1:49:11	
113	83	Kawelke Thomas	fair gewinnt e.V.	4:39:39	M40	29	130	0:39:18	100	2:18:47	118	2:58:06	112	1:41:33	
114	71	Hachmann Axel	SSK Kerpen	4:39:56	M40	30	89	0:35:00	123	2:22:46	114	2:57:47	118	1:42:09	
115	433	Barrenstein Demian	Schwelmer SC	4:40:04	M30	23	14	0:29:37	114	2:21:09	77	2:50:46	145	1:49:17	
116	430	Lenk Steffen	RWE Starlight Team	4:40:22	M40	31	116	0:37:51	121	2:22:07	127	2:59:58	108	1:40:23	
117	469	Strunz Dirk	Tri Sport Team Verl II	4:40:48	M35	16	54	0:33:09	99	2:18:41	82	2:51:50	141	1:48:58	
118	535	Monreal Markus	PSV Brühl	4:41:23	M30	24	22	0:29:59	119	2:21:51	83	2:51:51	147	1:49:32	
119	55	Henn Frank	Triminators TV Voerde	4:41:32	M45	16	90	0:35:03	95	2:18:27	97	2:53:30	139	1:48:01	
120	439	Am Orde Andreas	Rückenwind Dortmund	4:41:46	M50	5	88	0:34:59	127	2:24:28	122	2:59:28	119	1:42:17	
121	425	Everszumrode Torben	M.Gladbacher TV 1848	4:42:01	M30	25	72	0:34:34	88	2:17:28	85	2:52:03	149	1:49:58	
122	462	Mandel Marcel	Bayer 05 Uerdingen IV	4:42:01	M30	26	107	0:36:53	142	2:28:30	138	3:05:24	81	1:36:37	
123	463	Nonn Michael	Bayer 05 Uerdingen IV	4:43:20	M50	6	166	0:42:22	144	2:29:00	157	3:11:23	53	1:31:56	
124	526	Melching Rudolf	SC Altenrheine	4:44:48	M45	17	127	0:38:57	133	2:26:06	137	3:05:04	102	1:39:44	
125	106	Bohnenkamp Dr.	TG Neuss	4:44:52	M35	17	101	0:35:53	120	2:21:56	115	2:57:49	135	1:47:03	
126	12	Menn Meinhard	TSG Helberhausen	4:45:42	M50	7	105	0:36:17	107	2:19:42	107	2:56:00	148	1:49:42	
127	533	Worrech Ralf	PSV Brühl	4:46:26	M50	8	115	0:37:48	113	2:20:47	120	2:58:36	137	1:47:50	
128	435	Panzlaff Jürgen	Schwelmer SC	4:46:31	M40	32	12	0:29:33	108	2:20:16	73	2:49:49	160	1:56:42	
129	472	Schlüter Gerhard	Tri Sport Team Verl II	4:46:48	M55	1	149	0:40:41*	92	2:17:41	119	2:58:22	140	1:48:26	
130	515	Volmer Rolf	TRICITY 2001 e.V.	4:46:53	M40	33	75	0:34:39	136	2:26:43	128	3:01:22	132	1:45:31	
131	422	Ferling Frank	TG Neuss	4:47:09	M45	18	104	0:36:07	138	2:27:02	132	3:03:09	126	1:44:00	
132	406	Filessia Marco	SV Sterkrade Nord	4:47:12	M45	19	141	0:40:25	151	2:30:00	149	3:10:26	83	1:36:46	
133	84	Köhler Axel	Tri Club Wuppertal	4:48:06	M40	34	109	0:37:02	129	2:24:39	129	3:01:42	133	1:46:24	
134	1	Beermann Ludger	SC Falke Saerbeck	4:48:09	M60	1	146	0:40:37	139	2:27:12	143	3:07:50	107	1:40:18	
135	41	Kanis Jens	RSV Osthelden	4:49:27	M45	20	164	0:42:16	111	2:20:36	131	3:02:53	134	1:46:34	
136	436	Möller Christoph	Schwelmer SC	4:49:54	M45	21	85	0:34:54	154	2:30:35	139	3:05:29	128	1:44:25	
137	409	Osthus Jens	Tri Speed Marienfeld	4:50:56	M40	35	67	0:34:18	130	2:25:11	123	2:59:30	151	1:51:26	
138	501	Fust Martin	LV Tristar Oelde II	4:51:04	M45	22	155	0:40:56*	132	2:25:32	141	3:06:28	131	1:44:35	
139	418	Prause Stefan	TSV Bayer 04	4:51:17	M45	23	133	0:39:38	156	2:30:58	152	3:10:36	109	1:40:40	
140	570	Krins Peter	SC Bayer 05 Uerdingen	4:51:18	M20	5	99	0:35:42	115	2:21:11	110	2:56:54	154	1:54:24	
141	504	Kalläne Sven	LV Tristar Oelde II	4:51:22	M30	27	117	0:37:54	158	2:31:31	146	3:09:26	116	1:41:56	
142	568	Lucht Andreas	Tri Team TG Lage I	4:51:36	M30	28	169	0:44:28	147	2:29:27	162	3:13:55	88	1:37:40	
143	416	Müller Lennart	TV Germania Kaiserau	4:51:42	M25	25	123	0:38:44	141	2:28:23	142	3:07:08	130	1:44:33	
144	19	Weber Matthias	RSV Osthelden	4:52:10	M50	9	138	0:40:20	159	2:31:39	159	3:11:59	106	1:40:11	
145	42	Moran Salvador	ATV Hückeswagen	4:52:42	M45	24	172	0:45:51	131	2:25:15	155	3:11:06	113	1:41:35	
146	8	Steckel Manfred	TriathlonSteckelCologn	4:53:50	M55	2	86	0:34:57	149	2:29:48	135	3:04:45	142	1:49:05	
147	414	Haverkamp Kai	TV Germania Kaiserau	4:54:04	M40	36	167	0:42:23	140	2:27:50	148	3:10:13	125	1:43:50	
148	527	Dröge Jürgen	SC Altenrheine	4:55:22	M50	10	59	0:33:27	134	2:26:19	126	2:59:46	158	1:55:35	
149	519	Mann Andreas	PSV Bonn Triathlon III	4:57:08	M40	37	139	0:40:21	126	2:23:33	134	3:03:55	152	1:53:13	
150	163	Sehnke Peter	Ltv Remscheid	4:58:14	M40	38	161	0:41:32	143	2:28:59	151	3:10:31	136	1:47:43	
151	97	Birkendorf Klaus	Tri-Geckos Dortmund	5:00:17	M40	39	82	0:34:52	152	2:30:01	136	3:04:53	157	1:55:24	
152	121	Weissner Martin	W+F Münster	5:00:18	M35	18	163	0:42:04	145	2:29:01	154	3:11:06	144	1:49:11	
153	407	Roskosch Maik	SV Sterkrade Nord	5:01:34	M40	40	154	0:40:48	148	2:29:38	150	3:10:26	150	1:51:07	
154	50	Prehm Roland	THC Brühl	5:02:44	M45	25	171	0:45:35	161	2:33:07	164	3:18:43	127	1:44:01	
155	61	Schröder Ulf	Tri Power Rhein Sieg	5:03:32	M45	26	131	0:39:31	153	2:30:05	147	3:09:36	153	1:53:55	
156	3	KINGS THEO	SSK Kerpen Triathlon	5:04:21	M60	2	168	0:44:24	117	2:21:24	140	3:05:48	162	1:58:33	
157	503	Möhlmann Ralf	LV Tristar Oelde II	5:07:39	M35	19	78	0:34:47	165	2:36:33	156	3:11:20	159	1:56:18	
158	566	Schlepper Jan	Tri Team TG Lage I	5:07:51	M20	6	112	0:37:27	155	2:30:45	144	3:08:13	164	1:59:38	
159	11	Breucker Norbert	SG Welper-Triathlon	5:09:22	M50	11	137	0:40:06	157	2:31:23	158	3:11:29	161	1:57:52	
160	16	Ufer Andreas	TV Attendorf	5:09:27	M50	12	150	0:40:42	169	2:40:44	167	3:21:26	138	1:48:00	
161	90	Kiepas Szymon	Toastmasters	5:12:00	M40	41	160	0:41:30	146	2:29:22	153	3:10:53	166	2:01:06	
162	402	Harodt Holger	RC Endspurt Herford	5:12:48	M45	27	177	0:56:32*	174	2:49:02	175	3:45:34	26	1:27:13	

## 29. Hückeswagener Triathlon am 20. August 2011

## Ergebnisliste

### NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

### Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
163	403	Wredenhagen Torsten	RC Endspurt Herford	5:13:31	M45	28	147	0:40:38	167	2:38:11	165	3:18:50	155	1:54:41	
164	103	Brüning Robert	ATV Hückeswagen	5:14:34	M35	20	162	0:41:51	137	2:26:53	145	3:08:45	169	2:05:48	
165	467	Ohlendorf Michael	Triathlon Team	5:15:39	M45	29	153	0:40:47	168	2:39:48	166	3:20:35	156	1:55:03	
166	9	Wolfschläger Albert	SC Olpe	5:16:44	M55	3	119	0:38:17	163	2:34:15	160	3:12:32	167	2:04:11	
167	113	Euteneuer Joachim	PSV Brühl Triathlon	5:20:25	M35	21	125	0:38:55	170	2:42:53	169	3:21:48	163	1:58:36	
168	2	Buntins Michael	ASV Duisburg	5:22:43	M60	3	170	0:45:26	164	2:36:18	168	3:21:44	165	2:00:58	
169	514	Hoppe-Biermeyer	TRICITY 2001 e.V.	5:26:37	M50	13	157	0:41:21	160	2:32:25	161	3:13:47	174	2:12:50	
170	537	Gensior Matthias	Krefelder Kanu Klub II	5:28:23	M55	4	175	0:49:41	162	2:33:19	170	3:23:01	168	2:05:21	
171	35	Kuhlmann Ralf	W+F Münster	5:33:19	M45	30	158	0:41:25	166	2:36:43	163	3:18:08	175	2:15:10	
172	26	Kruse Reinhard	ASC Ahlen	5:34:13	M45	31	152	0:40:45	0	0:00:00	0	0:00:00	0	0:00:00	
173	547	Heiming Jan	SV Kutenhausen	5:37:27	M25	26	132	0:39:32	173	2:48:01	171	3:27:33	173	2:09:54	
174	62	Aydemir Gürhan	ASV Köln Triathlon	5:39:47	M40	42	173	0:47:33	171	2:46:13	172	3:33:46	170	2:06:00	
175	404	Schipper Oliver	RC Endspurt Herford	5:44:52	M25	27	174	0:48:11	172	2:47:21	173	3:35:32	172	2:09:19	
176	75	Gottschalk Bernd	TVK 1877 Essen	5:47:52	M40	43	176	0:49:45	175	2:50:51	174	3:40:37	171	2:07:14	
177	17	Kurth Klaus-Peter	SC Gelsenkirchen 04	6:20:07	M50	14	159	0:41:29	176	3:07:10	176	3:48:40	176	2:31:27	

## 29. Hückeswagener Triathlon am 20. August 2011

## Ergebnisliste

### NRW Meisterschaft Mitteltriathlon 2000m - 74km - 21km

### Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	145	Honke Nora	DLC Aachen	4:32:41	W25	1	6	0:33:31	8	2:29:13	7	3:02:44	1	1:29:56	
2	150	Von Hubatius Ilka	EJOT Team TV	4:40:38	W25	2	15	0:38:37*	3	2:23:34	5	3:02:11	3	1:38:26	
3	130	Müller Angela	ASC Rosellen/Neuss	4:41:01	W30	1	13	0:38:10	7	2:28:39	9	3:06:49	2	1:34:11	
4	78	Becker Susanne	Tri-4-Fun SVKT	4:44:06	W40	1	4	0:31:48	2	2:21:11	1	2:52:59	9	1:51:06	
5	104	Beinke Bettina	TSVE 1860 Bielefeld	4:44:32	W35	1	1	0:29:36	6	2:27:39	2	2:57:16	4	1:47:15	
6	137	Schulte-Pieper Annette	RC Sarpesee Tri Team	4:47:47	W30	2	12	0:38:02	1	2:20:54	4	2:58:57	7	1:48:49	
7	29	Reinhardt Manuela	Hildener AT	4:51:45	W45	1	3	0:31:44	5	2:26:39	3	2:58:24	12	1:53:21	
8	132	Coenen Yvonne	Komet Team TV	4:52:47	W30	3	5	0:33:12	9	2:29:28	6	3:02:41	8	1:50:06	
9	82	Bierey Judith	Triathlon TeamTG	4:52:49	W40	2	7	0:33:44	11	2:30:42	8	3:04:26	6	1:48:23	
10	153	Fehrs Frauke	Triathlon TEAM TG	5:00:45	W25	3	14	0:38:24	10	2:30:14	10	3:08:38	11	1:52:06	
11	148	Koerrenz Kathrin	DLC Aachen	5:00:48	W25	4	17	0:43:18	4	2:26:18	11	3:09:36	10	1:51:11	
12	46	Mandt Ulrike	TVG Kaiserau	5:08:27	W45	2	8	0:36:51	14	2:35:42	13	3:12:34	13	1:55:53	
13	158	Eickmeier Kim	Komet Team TV	5:09:29	W20	1	2	0:31:39	16	2:39:59	12	3:11:38	14	1:57:50	
14	14	Kraus Gudrun	ASC Ahlen	5:09:32	W50	1	18	0:46:14	12	2:35:22	17	3:21:37	5	1:47:55	
15	94	Wundrock Sonja	TVG Kaiserau	5:16:44	W40	3	10	0:37:12	13	2:35:25	14	3:12:38	17	2:04:06	
16	47	Pundt Ilka	Lüttringhauser	5:18:12	W45	3	11	0:37:39	15	2:39:30	15	3:17:10	16	2:01:01	
17	64	Buttenbruch Ellen	TV 1848	5:18:28	W40	4	9	0:37:01	17	2:42:05	16	3:19:06	15	1:59:21	
18	133	Raschke Katrin	TSVE Bielefeld 1890	5:45:23	W30	4	16	0:43:08	18	2:52:47	18	3:35:55	18	2:09:28	