

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
1	2	Chebii Daniel		0:27:42	0:27:43	1	M20	85	5:05:34	05:31	05:27	05:36	05:31	
2	6	Kimeli Patrick		0:28:32	0:28:33	2	M20	89	5:05:34	05:36	05:48	05:53	05:38	
3	3	Kemboi Shadrack		0:28:34	0:28:35	3	M20	86	5:05:35	05:41	05:49	05:47	05:40	
4	4	Maina Charles		0:28:34	0:28:36	4	M20	82	5:05:34	05:36	05:48	05:53	05:41	
5	1	Tuei Hosea		0:28:37	0:28:38	5	M20	87	5:05:34	05:36	05:47	05:53	05:44	
6	8	Kipkoskei Henry		0:29:12	0:29:14	1	M30	77	5:05:34	05:43	05:53	06:01	05:59	
7	9	Rybak Vitaly	ACD Düsseldorf	0:29:24	0:29:25	2	M30	80	5:05:44	05:56	05:58	05:57	05:46	
8	7	Weidlinger Günther		0:29:26	0:29:27	3	M30	78	5:05:39	05:52	06:00	06:03	05:51	
9	12	Yano Edwin		0:29:29	0:29:30	4	M30	78	5:05:34	05:47	06:04	06:08	05:54	
10	5	Salil Stanley		0:29:50	0:29:51	6	M20	86	5:05:34	05:42	06:07	06:14	06:11	
11	14	Duvivier Antoine		0:30:42	0:30:43	7	M20	86	5:05:35	05:59	06:19	06:25	06:22	
12	11	Korir Charles		0:32:15	0:32:16	8	M20	88	5:05:47	06:26	06:37	06:49	06:34	
13	10	Sulle Phaustin Baha		0:32:26	0:32:27	9	M20	82	5:06:03	06:33	06:37	06:35	06:35	
14	1335	Fricke Marc	Non-Stop-Ultra Brakel	0:32:44	0:32:46	1	M35	74	5:06:24	06:30	06:30	06:40	06:38	
15	30	Hadamus Sebastian	ART Düsseldorf	0:32:51	0:32:53	2	M35	74	5:06:23	06:31	06:33	06:42	06:39	
16	13	Velten Sascha	SV Neukirchen Hülchrath	0:33:17	0:33:19	3	M35	74	5:06:29	06:32	06:43	06:50	06:42	
17	1323	Pfeiffer Hendrik	LAZ Rhede	0:33:19	0:33:21	1	MJB	93	5:06:22	06:38	06:37	06:53	06:47	
18	17	Meurer Sebastian	LC Euskirchen	0:33:22	0:33:24	10	M20	86	5:06:33	06:33	06:47	06:51	06:36	
19	95	Gossmann Alexander	SFD Düsseldorf	0:33:33	0:33:35	11	M20		5:06:24	06:43	06:45	06:51	06:47	
20	18	Jegoatta Matthias	ASC Rosellen	0:34:19	0:34:21	4	M35	74	5:06:33	06:45	06:50	07:08	07:01	
21	1332	Zimmermann Timo	TV Wattenscheid 01	0:34:42	0:34:44	12	M20	87	5:06:35	06:58	07:03	07:02	07:02	
22	1334	Freitag Michael	TUS 08 Lintorf	0:35:04	0:35:06	1	M45	62	5:06:56	07:01	07:00	07:06	06:59	
23	90	Burkert Ilja	SFD	0:35:38	0:35:40	13	M20	85	5:06:53	07:03	07:04	07:19	07:18	
24	1317	Martin Oliver	Team DOLORGIET St.Augustin	0:35:45	0:35:45	5	M35	74	5:06:42	07:13	07:15	07:10	07:23	
25	91	Linder Sascha	SFD	0:36:13	0:36:16	1	M40	67	5:06:57	07:11	07:22	07:23	07:18	
26	1305	Claesges Michael	ASV-LT-Kemperdick	0:36:14	0:36:17	2	M45	64	5:06:58	07:12	07:19	07:23	07:20	
27	1348	Schurgacz Andreas	LG Elsey-Kabel / ERGO Sports	0:36:23	0:36:25	5	M30	80	5:06:55	07:15	07:20	07:33	07:18	
28	24	Lorbach Heinz	TuS Köln rrh.	0:36:25	0:36:27	1	M60	50	5:06:56	07:19	07:22	07:28	07:18	
29	1326	Schmidt Moritz	*hamburg	0:36:25	0:36:30	14	M20	81	5:07:09	07:17	07:23	07:23	07:10	
30	1318	Mescher Sebastian	SC Steinhagen-Amshausen	0:36:29	0:36:32	15	M20	85	5:06:37	06:56	07:25	07:40	07:50	
31	25	Gallenkamp Guido	LG Wuppertal	0:36:40	0:36:43	6	M30	79	5:07:00	07:20	07:28	07:28	07:21	
32	1573	Scholtysik Jozef	*Sosnicowice	0:36:56	0:36:58	1	M50	59	5:07:20	07:20	07:38	07:23	07:14	
33	48	Enters Christian	LG Schwerte	0:37:00	0:37:02	7	M30	79	5:06:45	07:21	07:33	07:41	07:38	
34	1331	Zander Tim	SV Vaihingen 1889 e.V.	0:37:14	0:37:18	8	M30	77	5:07:06	07:27	07:35	07:36	07:28	
35	1312	Kerim Peter	Hanner TV	0:37:17	0:37:20	2	M50	56	5:07:08	07:27	07:36	07:36	07:29	
36	1333	Almbladh Per	*Düsseldorf	0:37:18	0:37:22	9	M30	79	5:06:34	07:24	08:00	07:50	07:29	
37	1336	Friedrich Jörg	*Korschenbroich	0:37:23	0:37:26	2	M40	70	5:07:15	07:28	07:36	07:34	07:28	
38	22	Afantrous Aissa		0:37:25	0:37:30	3	M45	65	5:07:18	07:36	07:31	07:36	07:23	
39	1322	Pakmohr Andreas	Lg Wuppertal	0:37:26	0:37:29	3	M50	60	5:06:58	07:20	07:31	07:48	07:47	
40	1341	Huppertz Bernd	LAC Mausbach	0:37:43	0:37:46	4	M45	61	5:07:16	07:29	07:35	07:44	07:37	
41	1349	Gütges Achim	*Mönchengladbach	0:37:46	0:37:51	3	M40	66	5:06:55	07:32	07:47	07:49	07:41	
42	1766	Niewald Kay	AC Düsseldorf	0:37:47	0:37:49	2	MJB	93	5:07:21	07:36	07:40	07:47	07:21	
43	1342	Müller Tobias	*Langenfeld	0:37:49	0:37:55	16	M20	81	5:07:11	07:20	07:51	07:45	07:40	
44	1325	Risse Jeroen	*Aachen	0:38:02	0:38:06	17	M20	83	5:07:25	07:39	07:38	07:58	07:20	
45	1324	Rademacher Peter	Honolulu Allstars	0:38:05	0:38:09	18	M20	83	5:07:26	07:39	07:38	07:58	07:22	
46	1347	Borgund Magne	SMC Sports e.V.	0:38:06	0:38:11	19	M20	82	5:07:18	07:45	07:52	07:48	07:21	
47	1310	Haakert Oliver	Team OpenIT	0:38:16	0:38:21	5	M45	64	5:07:10	07:33	07:51	07:55	07:46	
48	1821	Stöhr Michael	SV 09/35 Wermelskirchen	0:38:21	0:38:26	4	M40	66	5:07:01	07:36	07:47	07:58	07:58	
49	1314	Krumbholz Dr. Marcus	LG Hilden	0:38:22	0:38:26	6	M45	63	5:07:12	00:00	00:00	00:00	07:57	
50	1344	Runkel Marius	*Düsseldorf	0:38:27	0:38:31	20	M20	83	5:07:16	07:32	07:50	07:57	07:50	
51	1377	Brückmann Christian	*Ratingen	0:38:31	0:38:38	21	M20	87	5:07:17	07:43	08:00	08:08	07:20	
52	1482	Krannich Ingmar	*Arnstadt	0:38:33	0:38:39	10	M30	77	5:07:21	07:43	07:59	08:06	07:22	
53	1321	Moldenhauer Kai	*Meerbusch	0:38:38	0:38:42	22	M20	83	5:07:22	07:44	07:52	07:56	07:41	
54	1778	Kamenov Kiril	*Krefeld	0:38:44	0:38:50	11	M30	76	5:06:54	07:24	08:13	08:14	07:58	
55	1473	Kleeberg Jochen	*Ratingen	0:38:58	0:39:02	5	M40	66	5:07:39	07:51	07:51	07:54	07:41	
56	1602	Stüben Georg	Osterather TV	0:39:01	0:39:03	1	M55	55	5:07:29	07:48	07:54	08:04	07:45	
57	1767	Krätsch Marco	TSV Cottbus	0:39:05	0:39:07	12	M30	76	5:07:26	07:43	07:53	08:02	07:58	
58	1662	Harnau Georg	Osterathet TV	0:39:07	0:39:09	6	M40	67	5:07:35	07:52	07:55	07:57	07:46	
59	1725	Kozak Guido	TV Ratheim	0:39:14	0:39:18	13	M30	79	5:07:29	07:57	07:53	07:55	07:57	
60	1309	Grüber Jochen	reibro gym	0:39:14	0:39:19	14	M30	76	5:07:25	07:38	07:45	08:17	08:07	

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Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
61	1681	Ostertag Egbert	KSG Gerlingen	0:39:21	0:39:24	4	M50	60	5:07:27	07:52	07:57	08:03	08:00	
62	1455	Isaac Dirk	TSV Alemannia Aachen	0:39:29	0:39:35	7	M40	69	5:07:41	08:03	08:01	08:01	07:42	
63	1307	Dietzgen Holger	Family-Runners	0:39:36	0:39:40	8	M40	66	5:07:44	08:01	08:01	08:04	07:43	
64	1338	Gast Klaus	*Duisburg	0:39:37	0:39:43	7	M45	65	5:07:43	07:59	08:02	08:03	07:47	
65	1303	Bock Carsten	DJK Essen Katernberg 19 e.V.	0:39:38	0:39:43	15	M30	78	5:07:22	07:49	08:08	08:15	08:01	
66	1796	Urbanowski Frank		0:39:52	0:39:53	9	M40	68	5:07:49	08:02	08:07	08:08	07:43	
67	1302	Benatzky Joachim	ETUF, Essen	0:39:57	0:40:03	16	M30	76	5:07:43	08:00	08:04	08:06	08:03	
68	1709	Lorenz Frank	LT Gruitene-Neandertal	0:39:58	0:40:02	10	M40	68	5:07:41	08:04	08:04	08:04	08:03	
69	1715	Golinski Philipp	BSG Gosigno	0:40:01	0:40:04	23	M20	83	5:07:37	08:01	08:07	08:06	08:08	
70	1328	Strack Sascha	It-run4fun.de	0:40:01	0:40:07	17	M30	76	5:07:38	07:58	08:09	08:11	08:03	
71	1594	Stachowiak Thomas	Hotel Nikko Düsseldorf	0:40:02	0:40:06	5	M50	60	5:07:50	08:13	08:11	08:02	07:44	
72	1439	Haverkamp Maximilian	*Düsseldorf	0:40:02	0:40:09	24	M20	82	5:07:31	08:03	08:09	08:18	07:59	
73	1609	Thivissen Jan	Hotel Nikko Düsseldorf	0:40:04	0:40:08	18	M30	80	5:07:50	08:13	08:11	08:08	07:41	
74	1547	Reuter Patrick	LG Tierheim Delbrück	0:40:07	0:40:12	25	M20	86	5:07:30	07:58	08:18	08:22	07:56	
75	1612	Tombers Tobias	Düsseldorfer Schwimmclub	0:40:08	0:40:09	1	MJA	92	5:07:20	07:55	08:03	08:31	08:16	
76	1697	Wazna Holger	Makrolon Runners Uerdingen	0:40:09	0:40:12	6	M35	73	5:07:46	08:06	08:05	08:12	07:59	
77	1357	Ayan Steve	*Heidelberg	0:40:19	0:40:24	7	M35	71	5:08:08	08:02	08:02	08:04	08:01	
78	1423	Golinski Tim	*Düsseldorf	0:40:22	0:40:26	19	M30	77	5:07:34	08:05	08:07	08:06	08:29	
79	1337	Friemel Thomas	BSG Stadtwerke Duisburg	0:40:23	0:40:29	11	M40	68	5:07:43	07:59	08:07	08:17	08:14	
80	1343	Reinhardt Jens	*Düsseldorf	0:40:24	0:40:24	12	M40	66	5:07:38	00:00	00:00	00:00	00:00	
81	1400	Dworak Jürgen	TSG Blau-Weiß Düsseldorf	0:40:24	0:40:37	13	M40	67	5:07:53	08:03	08:10	08:13	08:03	
82	1805	Dietrich Eckhardt		0:40:24	0:40:33	2	M60	50	5:07:42	07:52	08:02	08:25	08:21	
83	1346	Severin Fabian	*Düsseldorf	0:40:24	0:40:27	26	M20	90	5:07:12	08:08	08:14	08:22	08:25	
84	1508	Marcus Holger	TRlandertaler ME-Sport	0:40:26	0:40:30	8	M45	64	5:07:49	08:02	08:04	08:20	08:09	
85	1771	Tashiro Hisashi	*Meerbusch	0:40:30	0:40:34	14	M40	67	5:07:38	08:09	08:21	08:22	07:58	
86	20	Scholz Sebastian		0:40:33	0:40:36	27	M20	83	5:07:27	08:04	08:18	08:30	08:11	
87	1691	Spellerberg Carsten	Alfterer SC	0:40:33	0:40:49	6	M50	60	5:07:49	08:05	08:09	08:15	08:12	
88	886	Eckert Klaus	TG Neuss	0:40:35	0:40:39	9	M45	63	5:07:57	08:14	08:11	08:11	08:00	
89	1744	Grimm Jürgen	Aiku	0:40:35	0:40:40	15	M40	69	5:07:40	08:04	08:18	08:21	08:11	
90	1316	Liebeck Andreas	Alcatel-Lucent RUNNING-TEAM	0:40:43	0:40:44	16	M40	67	5:07:27	07:54	08:23	08:32	08:25	
91	1679	Oelze Heiko	*Kaarst	0:40:53	0:41:04	7	M50	58	5:07:56	08:08	08:10	08:16	08:20	
92	1520	Müller Christoph	NRW.Bank	0:40:59	0:41:09	20	M30	76	5:07:33	07:59	08:08	08:15	09:01	
93	1659	Fütterer Marcus	asc düsseldorf	0:40:59	0:41:02	17	M40	67	5:07:44	08:03	08:18	08:32	08:20	
94	1749	Fdail Mustopho	DJK Rheinland	0:41:03	0:41:06	18	M40	66	5:07:41	08:00	08:37	08:24	08:19	
95	1595	Stahlmann Frank	TG Neuss	0:41:03	0:41:07	10	M45	65	5:07:58	08:12	08:07	08:23	08:21	
96	1301	Alhäuser Jochen	LC Duisburg	0:41:04	0:41:07	19	M40	67	5:07:43	08:06	08:21	08:27	08:26	
97	2678	Lennartz Mathias	MEC	0:41:10	0:41:15	21	M30	77	5:07:45	08:06	08:14	08:35	08:29	
98	1393	Deutschländer Frank	*Stuttgart	0:41:11	0:41:17	22	M30	80	5:07:41	08:09	08:18	08:33	08:28	
99	1669	Kroh Jens	*Düsseldorf	0:41:13	0:41:16	23	M30	77	5:08:04	08:21	08:19	08:19	08:09	
100	1682	Plicht Oliver	*Düsseldorf	0:41:16	0:41:21	20	M40	66	5:08:04	08:18	08:19	08:20	08:13	
101	1370	Bexkens Willy	LG Hilden	0:41:16	0:41:17	21	M40	68	5:07:40	08:14	08:21	08:28	08:30	
102	1329	Vidovic Nikola	Berufsfeuerwehr Köln	0:41:17	0:41:20	24	M30	78	5:07:11	08:13	08:23	08:39	08:49	
103	1584	Schwarz Stefan	Linklaters LLP	0:41:23	0:41:38	8	M35	73	5:07:54	08:04	08:18	08:37	08:30	
104	1675	Mäder Peter	USC Bochum	0:41:25	0:41:26	8	M50	56	5:07:47	08:09	08:19	08:33	08:35	
105	1695	Urban Guido	Team-Talheim	0:41:25	0:41:29	22	M40	69	5:08:10	08:24	08:18	08:24	08:07	
106	2486	Räther Marcel	Tele 2	0:41:29	0:41:32	28	M20	90	5:07:37	08:18	08:22	08:36	08:34	
107	1422	Gmirrek Andreas	dm-Drogeriemarkt	0:41:31	0:41:41	11	M45	64	5:08:04	08:22	08:22	08:29	08:12	
108	1360	Baudach Heiko	Osterather TV	0:41:34	0:41:39	9	M35	71	5:07:51	08:12	08:20	08:36	08:32	
109	1330	Warkus Bastian	Morgan Stanley IBD	0:41:35	0:41:44	25	M30	79	5:08:07	08:22	08:24	08:28	08:12	
110	1823	Meyer Karl		0:41:35	0:41:48	12	M45	62	5:08:08	08:16	08:23	08:30	08:17	
111	1818	Hartmann Jörg	Lauffreff Hassels	0:41:42	0:41:59	13	M45	61	5:08:18	08:21	08:24	08:21	08:16	
112	1522	Neumann Dr. Matthias	*Düsseldorf	0:41:44	0:41:56	23	M40	68	5:08:12	08:23	08:22	08:24	08:21	
113	1741	Nutz Reinke		0:41:44	0:41:46	26	M30	80	5:07:56	08:25	08:29	08:35	08:17	
114	1448	Howe Karsten	*Willich	0:41:45	0:41:53	9	M50	59	5:08:16	08:24	08:28	08:25	08:11	
115	1687	Seedorf Uwe	DJK Novesia Neuss	0:41:45	0:42:04	24	M40	70	5:08:27	08:22	08:23	08:30	08:00	
116	1436	Hartmann Marc	Stadtwerke Düsseldorf	0:41:48	0:41:51	25	M40	70	5:07:42	08:01	08:29	09:16	08:19	
117	1726	Sprock August	ASC	0:41:49	0:41:57	26	M40	66	5:08:05	08:19	08:24	08:32	08:27	
118	1506	Malz Jörg	Freunde des Saarlandes	0:41:50	0:41:52	27	M40	70	5:07:47	08:13	08:29	08:43	08:35	
119	1548	Röhricht Thomas	*Düsseldorf	0:41:56	0:42:05	28	M40	68	5:07:50	08:26	08:31	08:36	08:31	
120	1451	Hupp Ralf	LT Gruitene-Neandertal	0:41:57	0:42:08	14	M45	61	5:08:16	08:20	08:28	08:30	08:20	

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
121	1672	Lang Udo	*Kaarst	0:41:59	0:42:05	15	M45	65	5: 08:10 08:26 08:35 08:30 08:17
122	1486	Kreutzer Jürgen	LKD Düsseldorf	0:42:02	0:42:13	10	M50	60	5: 08:18 08:20 08:26 08:28 08:29
123	2708	Eryilmazg Cuma	Sonnen-Herzog KG	0:42:04	0:42:15	29	M20	90	5: 07:49 07:54 08:29 09:11 08:40
124	1714	Kosse Andreas	*Düsseldorf	0:42:04	0:42:15	27	M30	77	5: 08:15 08:21 08:38 08:38 08:11
125	1394	Dietz Markus	*Düsseldorf	0:42:06	0:42:16	29	M40	69	5: 07:54 08:24 08:29 08:39 08:37
126	1367	Bendrich Werner	Laufftreff Süd Benrath	0:42:06	0:42:10	16	M45	62	5: 07:55 08:21 08:42 08:35 08:31
127	1732	Jahn Ole		0:42:08	0:42:26	28	M30	79	5: 08:19 08:19 08:24 08:33 08:31
128	99	Lorig Sven	LAZ Puma Troisdorf/Siegburg	0:42:10	0:42:20	10	M35	71	5: 08:06 08:25 08:32 08:41 08:24
129	1700	Wolfram Andreas	LG Tönisheide Wimmersberg	0:42:14	0:42:34	11	M35	71	5: 08:35 08:22 08:33 08:32 08:09
130	1412	Flommersfeld Torsten	*Düsseldorf	0:42:21	0:42:42	30	M40	67	5: 08:37 08:25 08:26 08:28 08:23
131	1461	John Pascal	Team Wechselfehler	0:42:21	0:42:49	30	M20	83	5: 08:30 08:25 08:35 08:33 08:16
132	1623	Wans Alexander	Team Wechselfehler	0:42:30	0:42:59	31	M20	81	5: 08:19 08:33 08:38 08:36 08:23
133	1705	Salzig Daniel	MEC	0:42:33	0:42:43	12	M35	74	5: 08:24 08:32 08:36 08:42 08:17
134	1635	Woll Oliver	Uni Duisburg-Essen	0:42:36	0:42:44	29	M30	77	5: 08:19 08:37 08:37 08:39 08:22
135	1469	Katzera Uwe	*Düsseldorf	0:42:37	0:42:44	11	M50	59	5: 08:07 08:28 08:42 08:49 08:29
136	1381	Carter Chris	*Duesseldorf	0:42:38	0:43:00	31	M40	69	5: 08:47 08:26 08:19 08:22 08:42
137	1311	Jülicher Andreas	Stadtwerke Düsseldorf	0:42:41	0:42:42	32	M40	67	5: 07:49 08:12 08:35 08:54 09:09
138	1359	Bäcker Thomas	Heidschnucken Ohligs	0:42:41	0:42:47	33	M40	67	5: 08:04 08:27 08:37 08:44 08:48
139	1753	Jonke Hermann	*Düsseldorf	0:42:41	0:42:47	12	M50	56	5: 08:08 08:32 08:36 08:46 08:37
140	1742	Ueberall Dirk	SC Bayer 05 Uerdingen	0:42:46	0:42:48	34	M40	68	5: 08:04 08:27 08:40 08:51 08:42
141	1704	Lippelt Tobias	SG Stern	0:42:46	0:43:08	30	M30	78	5: 08:33 08:29 08:39 08:42 08:20
142	1661	Hahn Hendrik	*Krefeld	0:42:46	0:43:00	32	M20	85	5: 08:40 08:33 08:36 08:35 08:21
143	1361	Bauer Christian	Fun-Runner	0:42:47	0:42:55	13	M50	58	5: 08:17 08:37 08:45 08:41 08:25
144	1816	unbekannt		0:42:48	0:43:01	35	M40		5: 08:43 08:39 08:37 08:37 08:11
145	1684	Riebold Lars	LT Rennhamster	0:42:53	0:42:59	17	M45	63	5: 07:27 08:05 08:42 10:19 08:18
146	2380	Vogler Tobias	Sonnen-Herzog KG	0:42:53	0:43:02	33	M20	87	5: 07:52 08:16 08:49 08:42 09:13
147	1636	Wortelboer Felix	TUS Breitscheid	0:42:54	0:43:03	18	M45	61	5: 08:37 08:35 08:35 08:38 08:26
148	2198	Mross Steffen	Linklaters LLP	0:43:01	0:43:33	13	M35	72	5: 08:56 08:35 08:36 08:33 08:18
149	1315	Leschnik Adrian	*Düsseldorf	0:43:02	0:43:05	31	M30	76	5: 07:37 08:41 09:02 09:11 08:28
150	1550	Roslowski Udo	*Willich	0:43:03	0:43:06	36	M40	66	5: 08:23 08:41 08:44 08:46 08:27
151	1658	Frölich Christian	TV Ratingen	0:43:05	0:43:15	34	M20	86	5: 07:55 08:34 08:53 09:10 08:32
152	1415	Freiberg Karsten	*Neuss	0:43:10	0:43:13	14	M35	71	5: 07:56 08:38 08:54 08:55 08:45
153	2425	Albert Richard J.	Tele 2	0:43:12	0:43:24	35	M20	84	5: 08:09 08:33 08:43 08:52 08:53
154	1558	Scharrenber Ulrich	dm-Drogeriemarkt	0:43:13	0:43:22	3	M60	48	5: 08:20 08:36 08:44 08:48 08:43
155	2496	Schleußer Marius	Tele 2	0:43:15	0:43:18	2	MJA	92	5: 07:57 08:50 08:48 08:52 08:46
156	1815	unbekannt		0:43:15	0:43:21	37	M40		5: 07:56 08:21 08:47 09:09 08:59
157	1417	Gan Robert	*Düsseldorf	0:43:23	0:43:34	15	M35	72	5: 08:24 08:31 08:43 08:48 08:55
158	1696	Verfürth Christian	*Düsseldorf	0:43:23	0:43:29	38	M40	68	5: 08:18 08:36 08:45 08:53 08:49
159	1676	Matzerath Christian	LA Fortuna Düsseldorf 1895	0:43:30	0:43:44	19	M45	65	5: 08:41 08:44 08:52 08:49 08:22
160	1651	Drehmann Max	*Heiligenhaus	0:43:34	0:44:09	32	M30	80	5: 08:36 08:43 08:45 08:53 08:35
161	1572	Scholtysik Grzegorz	*Düsseldorf	0:43:34	0:43:40	3	MJA	91	5: 08:01 08:29 08:47 09:04 09:12
162	1454	Igel Hanno	Bilker Bilge	0:43:35	0:44:25	20	M45	62	5: 08:22 08:36 08:46 08:57 08:53
163	1792	de Breger Sven	*Düsseldorf	0:43:36	0:43:51	33	M30	80	5: 07:58 08:44 09:12 08:57 08:43
164	1433	Haberstumpf Ralf	MaTriDu Gefrees	0:43:37	0:43:43	21	M45	61	5: 08:31 08:45 08:51 08:54 08:34
165	1765	Feaux de Lacroix Boris	Speedskater Düsseldorf	0:43:37	0:43:40	16	M35	75	5: 08:01 08:34 08:56 09:03 09:02
166	1514	Melis Eugenio	*Düsseldorf	0:43:39	0:43:45	17	M35	72	5: 08:25 08:34 08:36 08:53 09:09
167	1319	Mews Dirk	Dariusrunner	0:43:42	0:43:46	39	M40	68	5: 07:39 08:24 08:55 09:21 09:20
168	1460	Johannsen Michael	BSC Buderich	0:43:44	0:44:16	34	M30	76	5: 08:57 08:34 08:42 08:52 08:36
169	1306	Clasing Thomas	Marathon Soest	0:43:45	0:44:14	14	M50	57	5: 08:36 08:37 08:53 08:57 08:40
170	1518	Montag Christian	DJK Unitas Haan	0:43:47	0:44:14	18	M35	73	5: 08:26 08:45 08:54 08:58 08:42
171	1800	Gromotka Roland		0:43:50	0:43:52	22	M45	65	5: 08:14 08:45 09:05 08:59 08:44
172	1707	Akdouche Fouad	*Düsseldorf	0:43:51	0:44:07	19	M35	74	5: 08:57 08:49 08:54 08:54 08:15
173	1471	Kirchhoff Steffen	Honolulu Allstars	0:43:51	0:44:01	36	M20	84	5: 08:35 08:49 08:55 08:59 08:31
174	1538	Präger Norman	*Düsseldorf	0:43:53	0:44:19	37	M20	82	5: 08:53 08:44 08:52 08:55 08:27
175	1389	De Vries Jan	Fortuna Düsseldorf Triathlon	0:43:54	0:44:09	20	M35	71	5: 08:40 08:45 08:52 08:49 08:46
176	1813	Marotta Michael		0:43:56	0:44:01	38	M20	84	5: 08:21 08:42 08:58 09:00 08:53
177	1677	Michalka Ralph	LT Alt - Erkrath	0:43:58	0:44:18	40	M40	69	5: 08:53 08:59 09:20 08:33 08:11
178	1614	Umbach Markus	KOOB	0:43:58	0:44:13	15	M50	60	5: 08:37 08:46 08:54 08:51 08:49
179	1610	Thomas Christoph	*Düsseldorf	0:43:59	0:44:24	21	M35	73	5: 09:06 08:50 08:48 08:50 08:22
180	1721	Schmidt Michael		0:44:01	0:44:06	39	M20		5: 08:28 08:57 09:05 08:52 08:37

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
181	1664	Hirsch Mathias	*Düsseldorf	0:44:02	0:44:37	40	M20	82	5: 08:37 08:43 08:55 09:13 08:33
182	1472	Kitsantas Nikolaos	MarathoniNikos	0:44:02	0:44:20	35	M30	77	5: 08:37 08:37 09:00 09:00 08:46
183	1574	Schriddeles Gerrit	Personal Coaching GM	0:44:02	0:44:02	41	M20	83	5: 08:55 08:35 08:40 08:49 09:01
184	1403	Erbeck Jens	*Düsseldorf	0:44:04	0:44:08	41	M40	70	5: 08:17 08:50 09:01 09:02 08:52
185	2480	Peilert Stefan	Tele 2	0:44:05	0:44:19	42	M40	67	5: 09:29 08:59 08:37 08:31 08:27
186	1420	Gerdorn Rainer	Davids Fanclub	0:44:05	0:44:37	16	M50	56	5: 08:44 08:42 08:49 08:54 08:54
187	1521	Musial Ingo	20.7 Media	0:44:08	0:44:16	43	M40	70	5: 08:09 08:34 08:45 09:20 09:18
188	1627	Wieland Jochen	*Düsseldorf	0:44:09	0:44:22	42	M20	81	5: 08:25 08:52 08:55 09:05 08:49
189	1871	Bachmann Jens	*Düsseldorf	0:44:10	0:44:12	43	M20	86	5: 08:39 08:56 08:59 08:57 08:38
190	1763	Färber Andreas Dr.	*Erkrath	0:44:11	0:44:31	44	M40	68	5: 08:45 08:47 08:58 08:56 08:43
191	1999	Goss Mike	Sonnen-Herzog KG	0:44:12	0:44:23	22	M35	71	5: 08:27 08:45 09:04 09:03 08:51
192	1427	Grömping Josef	*Nackenheim	0:44:13	0:44:45	45	M40	67	5: 08:42 08:57 08:56 08:59 08:36
193	1685	Scheßl Thomas	*Düsseldorf	0:44:21	0:44:35	23	M45	64	5: 08:32 08:50 08:57 09:00 09:02
194	1702	Wallenfels Dr. Martin	Graue Gazellen Unterbilk	0:44:23	0:44:47	17	M50	59	5: 08:34 08:43 09:01 09:08 08:55
195	1476	Koch David	Ski-Klub Düsseldorf	0:44:25	0:44:42	36	M30	80	5: 08:47 08:36 09:12 09:19 08:30
196	1631	Wisocki Dirk	LT BUGA Düsseldorf 1999	0:44:25	0:44:50	46	M40	66	5: 08:43 08:51 08:54 09:00 08:56
197	1772	Aptekar Leonid	*Düsseldorf	0:44:27	0:44:48	23	M35	71	5: 08:52 08:56 09:01 09:02 08:34
198	1425	Graebel Gunther	Crepe & Baguette Duisburg	0:44:28	0:44:39	2	M55	53	5: 08:14 08:40 09:06 09:18 09:08
199	1500	Liesegang Stefan	LA Fortuna Düsseldorf	0:44:31	0:44:45	24	M45	65	5: 08:35 08:50 09:01 09:09 08:54
200	1791	Buß Carsten Dr.	LT-Isola Düren	0:44:34	0:44:46	47	M40	66	5: 08:48 08:55 09:01 09:04 08:43
201	1410	Feldkamp Dr. Thorsten	*Essen	0:44:36	0:44:46	24	M35	73	5: 08:38 09:08 09:02 09:13 08:32
202	1523	Niemann Christoph	otris runtime e.V.	0:44:36	0:44:47	48	M40	68	5: 08:32 08:52 09:03 09:07 09:00
203	1364	Behle Stefan	SV 09/35 Wermelskirchen	0:44:38	0:44:54	25	M45	65	5: 08:57 09:03 09:02 08:58 08:36
204	1646	Blüml Manfred	*Düsseldorf	0:44:40	0:45:05	26	M45	62	5: 08:40 08:48 09:03 09:06 09:01
205	1793	Smits Michael	Klima Grif	0:44:40	0:44:59	49	M40	68	5: 08:48 08:56 08:55 09:03 08:56
206	1698	Welsch Manuel	*Düsseldorf	0:44:42	0:45:05	37	M30	78	5: 08:43 08:54 09:07 09:11 08:46
207	1599	Streb Holger	TC Rheinstadion	0:44:43	0:44:46	18	M50	60	5: 08:07 08:55 09:19 09:15 09:05
208	2155	Loch Andreas	Sonnen-Herzog KG	0:44:45	0:44:53	38	M30	79	5: 08:27 08:46 09:06 09:04 09:20
209	1478	Köhnke Oliver	LC Attendorn	0:44:45	0:44:56	50	M40	69	5: 08:39 08:54 09:03 09:08 09:00
210	2240	Pöschel Roy	LG Schellbrand	0:44:46	0:45:22	44	M20	82	5: 09:08 08:57 08:52 08:56 08:50
211	2326	Sindermann Mirko	LG Schellbrand	0:44:48	0:45:24	51	M40	68	5: 09:08 08:58 08:52 08:57 08:51
212	1490	Küstermann Sven	*Düsseldorf	0:44:48	0:44:59	4	MJA	92	5: 08:42 08:48 08:59 09:12 09:05
213	1607	Teusner Markus	Unitas Haan	0:44:48	0:45:15	45	M20	86	5: 08:27 08:47 09:20 09:18 08:53
214	1535	Pieper Thorsten	*Düsseldorf	0:44:50	0:45:02	52	M40	69	5: 08:29 08:52 09:07 09:07 09:13
215	1568	Schmelz Sebastian	*Düsseldorf	0:44:54	0:45:15	39	M30	78	5: 09:17 09:15 09:07 08:54 08:18
216	1689	Skala Hans-Peter	DJK VfR Mülheim/Saarn	0:44:54	0:44:58	3	M55	54	5: 08:40 08:55 09:01 09:11 09:05
217	2781	Dübbert Chris		0:44:55	0:45:30	46	M20	88	5: 09:45 09:08 08:54 09:02 08:04
218	1758	Pieck Hans	*Düsseldorf	0:44:56	0:45:02	4	M55	52	5: 08:44 08:51 09:00 09:16 09:05
219	1622	Waluga Gregor	HSBC Trinkaus AG	0:44:58	0:45:16	40	M30	76	5: 08:52 08:58 09:08 09:18 08:41
220	1424	Gonschior Jörg	Kieser Training	0:44:59	0:45:04	53	M40	69	5: 08:51 09:03 09:10 09:07 08:45
221	1491	Kuiper Volker	HSBC Trinkaus AG	0:44:59	0:45:17	25	M35	71	5: 08:52 08:58 09:07 09:19 08:41
222	1355	Anserin Henrik	*Düsseldorf	0:45:03	0:45:21	41	M30	78	5: 08:44 08:55 09:07 09:12 09:03
223	1597	Steiner Daniel	*Essen	0:45:05	0:45:31	47	M20	84	5: 09:14 09:06 09:03 09:03 08:37
224	1483	Krawietz Wojtek	*Düsseldorf	0:45:07	0:45:20	26	M35	73	5: 08:44 08:58 09:12 09:20 08:52
225	2751	Hösel Jochem	*Düsseldorf	0:45:08	0:45:39	54	M40	69	5: 09:10 08:56 09:01 09:06 08:53
226	1604	Stutzinger Thomas	*Neuss	0:45:08	0:45:15	27	M45	64	5: 08:28 09:01 09:09 09:22 09:05
227	1634	Wolczyk Damian	*Düsseldorf	0:45:10	0:45:17	27	M35	75	5: 08:55 09:04 09:06 09:15 08:48
228	1438	Haverkämper Andreas	Kieser Training	0:45:11	0:45:13	28	M45	65	5: 08:32 08:49 09:13 09:15 09:19
229	1555	Sardemann Ronald	*Ratingen	0:45:11	0:45:46	55	M40	68	5: 08:52 08:52 09:02 09:11 09:13
230	1733	Raubinger Till	ASC	0:45:15	0:45:35	42	M30	79	5: 09:08 09:12 09:13 09:01 08:39
231	1509	Markmann Josef	Gerresheim	0:45:16	0:45:23	56	M40	66	5: 08:56 09:02 09:04 09:15 08:57
232	1571	Schönhoff Dirk	keiner	0:45:16	0:45:41	29	M45	64	5: 09:14 09:08 09:02 09:03 08:47
233	1565	Schlag Ferdi	dlc Aachen	0:45:17	0:45:25	5	M55	52	5: 08:52 08:52 09:05 09:16 09:10
234	1378	Bruns Hermann	*Düsseldorf	0:45:18	0:45:42	28	M35	71	5: 09:03 08:54 08:57 09:13 09:09
235	2190	Miksche Ronald	*Düsseldorf	0:45:20	0:45:27	57	M40	66	5: 08:54 09:04 09:15 09:12 08:53
236	1504	Lombardo Filippo Maria	*Duesseldorf	0:45:20	0:45:29	58	M40	70	5: 08:46 08:56 09:16 09:23 08:58
237	1477	Koch Lars	*Düsseldorf	0:45:22	0:45:40	48	M20	82	5: 08:51 09:01 09:12 09:16 08:59
238	1755	Wrobel Alexander	Stadtmission Düsseldorf	0:45:22	0:45:43	59	M40	70	5: 08:37 08:43 08:56 09:31 09:32
239	1590	Simson Helmut	*Düsseldorf	0:45:24	0:45:53	19	M50	58	5: 09:10 09:08 09:12 09:04 08:48
240	2208	Neef Hans-Jürgen	ERGO sports	0:45:26	0:45:39	20	M50	57	5: 09:07 09:06 09:04 09:16 08:51

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
241	1790	Fontana Ennio	*Amriswil	0:45:29	0:45:30	43	M30	79	5: 08:08 08:51 09:25 09:33 09:30
242	1481	Kral Jan	*Düsseldorf	0:45:29	0:45:36	29	M35	74	5: 08:30 08:58 09:15 09:23 09:21
243	1769	Bugla Martin	*Düsseldorf	0:45:30	0:45:35	60	M40	68	5: 08:35 09:04 09:15 09:24 09:11
244	1666	Koch Thomas	SMS Siemag AG	0:45:31	0:45:47	44	M30	78	5: 09:04 09:03 09:03 09:12 09:08
245	1850	Zimmermann Rene		0:45:33	0:45:37	30	M35	73	5: 07:54 08:51 09:38 09:41 09:27
246	1775	Tuchscher Rainer	Hochdahl	0:45:35	0:45:42	6	M55	52	5: 08:40 08:57 09:13 09:23 09:20
247	1566	Schlecht Richard	Forza 1. FCN	0:45:35	0:46:00	31	M35	72	5: 09:10 09:04 09:11 09:11 08:58
248	1670	Krüger Jens	LG POWER-SCHNECKEN KIEL	0:45:36	0:45:40	30	M45	63	5: 08:32 08:52 09:08 09:30 09:32
249	1479	König Olaf	*Krefeld	0:45:36	0:45:55	61	M40	67	5: 08:42 08:56 09:11 09:34 09:11
250	1546	Reuter Andreas	kein	0:45:37	0:46:09	62	M40	70	5: 08:45 08:54 09:09 09:28 09:19
251	1788	Fizgen Wolfgang	Fortuna Düsseldorf	0:45:37	0:45:39	31	M45	61	5: 08:30 09:00 09:15 09:24 09:26
252	2004	Gualtieri Giulio	*Düsseldorf	0:45:38	0:45:47	32	M45	64	5: 08:25 08:59 09:18 09:29 09:24
253	2591	Lizak Björn	FS Rheinkamp	0:45:40	0:45:54	45	M30	79	5: 08:57 09:15 09:12 09:20 08:54
254	1640	Zimmermann Uwe	Luckauer Läuferbund	0:45:40	0:45:42	49	M20	81	5: 08:14 08:59 09:30 09:41 09:14
255	1450	Hülskamp Hubert	LC Wuppertal	0:45:41	0:46:04	21	M50	58	5: 09:16 09:08 09:03 09:08 09:05
256	1770	Hennemann Niels-Holger	ERGO sports	0:45:41	0:45:50	63	M40	66	5: 08:20 09:06 09:21 09:37 09:15
257	1690	Spaethe Johannes	*Düsseldorf	0:45:42	0:45:52	50	M20	85	5: 08:13 08:51 09:34 09:53 09:07
258	1887	Bendt Sascha	*Neuss	0:45:42	0:46:45	51	M20	88	5: 09:42 08:47 09:08 09:28 08:34
259	1819	Schneider Florian		0:45:45	0:45:50	46	M30	80	5: 08:12 09:03 09:30 09:38 09:19
260	1752	Keutz Andreas	*Düsseldorf	0:45:48	0:45:54	47	M30	79	5: 09:02 09:07 09:22 09:18 08:56
261	2477	Nolte Dirk	Tele 2	0:45:50	0:46:00	52	M20	82	5: 08:52 09:21 09:15 09:21 08:59
262	1654	Fahrenbach Felix	Osterather TV	0:45:50	0:46:03	3	MJB	94	5: 09:12 08:48 08:52 09:25 09:31
263	892	Schoer Bernd	Willicher TV	0:45:51	0:46:47	32	M35	75	5: 09:40 09:11 09:04 09:02 08:50
264	2069	Jung Bastian	HSBC Trinkaus AG	0:45:51	0:45:59	53	M20	82	5: 08:59 09:00 09:14 09:30 09:06
265	1762	Krampl Marc	*Düsseldorf	0:45:52	0:46:16	48	M30	77	5: 09:18 09:22 09:17 09:09 08:45
266	1817	Schomburg Dieter	Toshiba	0:45:54	0:45:57	1	M65	44	5: 08:47 09:09 09:18 09:23 09:14
267	1493	Kustermann Michael	Uni Duisburg-Essen	0:45:55	0:46:17	54	M20	84	5: 08:47 09:05 09:19 09:23 09:20
268	1532	Pappas Dr. Dimitrios	St. Anna Orthopädie	0:45:55	0:46:04	55	M20	81	5: 08:33 09:16 09:59 10:04 08:01
269	2002	Grossmann Daniel	*Düsseldorf	0:45:55	0:46:03	64	M40	69	5: 09:17 09:07 09:02 09:23 09:05
270	2256	Reher Stefan	Sonnen-Herzog KG	0:45:57	0:45:58	65	M40	66	5: 08:40 09:02 09:26 09:32 09:15
271	1474	Kleefeldt Wolfgang	otris Runtime e.V.	0:45:58	0:46:11	66	M40	68	5: 08:38 09:06 09:14 09:35 09:23
272	1784	Kalisch Jörg	*Münster	0:45:59	0:46:02	67	M40	68	5: 08:25 09:00 09:28 09:44 09:20
273	1674	Maaßen Wolfgang	Laufftreff Düsseldorf-Süd e.V.	0:45:59	0:46:11	7	M55	55	5: 08:50 09:03 09:16 09:25 09:23
274	1502	Lingstädt Dirk	*Düsseldorf	0:46:01	0:46:13	49	M30	78	5: 08:10 08:57 09:29 09:47 09:36
275	2099	Klocke Matthias	NRW.Bank	0:46:01	0:46:29	56	M20	86	5: 09:17 08:55 08:54 09:30 09:24
276	2333	Staacks Christoph	*Düsseldorf	0:46:06	0:47:04	57	M20	83	5: 10:13 09:15 09:12 09:04 08:21
277	1551	Rothhausen Michael	dm-Drogeriemarkt	0:46:08	0:46:19	22	M50	57	5: 08:32 09:11 09:23 09:31 09:29
278	2340	Stenhorst Sebastian	NRW.Bank	0:46:08	0:46:12	58	M20	86	5: 08:38 09:01 09:21 09:37 09:29
279	1708	Uebel Lars	*Düsseldorf	0:46:08	0:46:30	59	M20	86	5: 09:05 09:06 09:22 09:29 09:04
280	1489	Küpper Carsten	*Meerbusch	0:46:09	0:46:35	60	M20	87	5: 09:02 09:06 09:17 09:28 09:13
281	2782	Dübbert Tim		0:46:11	0:46:46	61	M20	86	5: 09:43 09:12 09:03 09:12 08:58
282	1787	Kizilates Angelo	DJK Agon 08	0:46:14	0:46:15	5	MJA	91	5: 07:46 09:20 09:29 09:47 09:50
283	1563	Scherberich Patrick	*Düsseldorf	0:46:16	0:46:36	33	M35	75	5: 09:07 09:22 09:34 09:32 08:39
284	1808	Schulte-Goebel Axel	Boverter Bären	0:46:18	0:46:42	33	M45	61	5: 09:59 10:43 08:31 08:44 08:19
285	1754	Russ Holger	*Düsseldorf	0:46:18	0:46:37	23	M50	60	5: 09:08 09:14 09:19 09:29 09:06
286	1397	Draheim Jochen	*Mülheim an der Ruhr	0:46:19	0:46:35	68	M40	68	5: 08:50 09:08 09:23 09:24 09:31
287	1379	Bückner Dieter	*Düsseldorf	0:46:20	0:46:51	34	M45	62	5: 08:55 09:12 09:23 09:27 09:21
288	2584	Kohlhammer Karsten	*Leverkusen	0:46:20	0:46:31	34	M35	72	5: 09:17 09:14 09:20 09:18 09:09
289	1743	Kistätter Rolf		0:46:20	0:46:46	69	M40	68	5: 09:10 09:07 09:19 09:22 09:21
290	1411	Fidelak Manfred	Stadtwerke Düsseldorf	0:46:21	0:46:48	24	M50	59	5: 08:29 08:50 09:26 09:42 09:52
291	2338	Staufenbiel Matthias	*Anrode	0:46:22	0:46:25	50	M30	80	5: 08:29 09:20 09:37 09:34 09:19
292	1495	Kux Stefan	Team Erdinger Alkoholfrei	0:46:22	0:46:45	51	M30	76	5: 09:18 09:17 09:16 09:16 09:13
293	1470	Kegel Niels	rhein marathon düsseldorf e.V.	0:46:22	0:46:38	70	M40	67	5: 09:00 09:14 09:28 09:29 09:10
294	2630	Sakiyama Yuichiro	*Duesseldorf	0:46:24	0:46:55	35	M35	72	5: 09:30 09:22 09:15 09:13 09:03
295	1854	Albrecht Jörg	*Duisburg	0:46:24	0:47:02	71	M40	67	5: 09:03 08:58 09:17 09:31 09:35
296	1390	De Werth Oliver	-	0:46:25	0:46:34	35	M45	61	5: 08:57 09:18 09:19 09:28 09:21
297	2796	Andresen Torben	BTV	0:46:25	0:46:30	4	MJB	94	5: 08:42 09:02 09:27 09:47 09:24
298	1583	Schwarz Rainer	*Stuttgart	0:46:26	0:46:38	72	M40	69	5: 08:45 08:59 09:22 09:37 09:42
299	1803	Schneeberger Christian		0:46:27	0:46:57	62	M20	87	5: 09:41 09:32 09:36 09:08 08:28
300	1783	Morgen Michael	*Düsseldorf	0:46:32	0:46:40	36	M45	62	5: 08:59 09:22 09:28 09:29 09:12

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Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
301	2558	Grün Jörg	Tg 1881 Düsseldorf	0:46:32	0:46:33	37	M45	62	5: 08:34 09:03 09:34 09:49 09:30
302	1459	Jessop Mark	mfjessop@googlemail.com	0:46:33	0:46:51	36	M35	73	5: 09:06 09:21 09:38 09:32 08:54
303	1759	Hopp Thomas	*Wuppertal	0:46:41	0:46:55	38	M45	64	5: 08:52 09:07 09:26 09:39 09:35
304	2609	Niedereder Philipp	*Leverkusen	0:46:41	0:46:50	63	M20	81	5: 09:09 09:16 09:28 09:32 09:14
305	1416	Friedrichs Manfred	ART Düsseldorf	0:46:43	0:47:05	8	M55	53	5: 09:14 09:13 09:13 09:33 09:29
306	1756	Oßwald Bernd	LT Kemperdick	0:46:43	0:46:58	39	M45	61	5: 09:23 09:24 09:19 09:18 09:18
307	1621	Wagner Johannes	SC Myhl LA	0:46:44	0:46:56	4	M60	50	5: 09:04 09:14 09:20 09:41 09:23
308	2469	Lemcke Berthold	Tele 2	0:46:45	0:47:00	40	M45	64	5: 10:09 09:28 09:18 09:08 08:40
309	1526	Nowotka Günter	*Düsseldorf	0:46:46	0:46:59	6	MJA	92	5: 08:58 09:19 09:35 09:33 09:19
310	2797	Pichler Michael	RSLC Holzkirchen	0:46:47	0:46:54	5	MJB	93	5: 08:24 08:51 10:00 10:09 09:21
311	1740	Langenbach Markus		0:46:47	0:47:00	37	M35	73	5: 09:03 09:12 09:19 09:34 09:38
312	1716	Mattheis Andreas	*Düsseldorf	0:46:52	0:47:21	73	M40	66	5: 09:05 09:10 09:24 09:35 09:36
313	1629	Wilms Martin	Fortuna Duesseldorf	0:46:53	0:47:01	74	M40	70	5: 08:37 09:06 09:26 09:53 09:49
314	2705	Waldbröhl Thomas	*Düsseldorf	0:46:53	0:46:58	41	M45	63	5: 09:14 09:08 09:27 09:53 09:10
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317	2174	Medler-Ulf Jochen	HSBC Trinkaus AG	0:46:58	0:47:29	38	M35	71	5: 09:46 09:30 09:21 09:15 09:03
318	1694	Thiemann Dr. Holger	*Düsseldorf	0:46:58	0:47:07	42	M45	61	5: 08:38 09:12 09:41 09:51 09:34
319	1757	Zinnenlauf Marcus	SG Unterrath	0:47:01	0:47:15	76	M40	68	5: 08:59 09:19 09:36 09:42 09:24
320	2347	Stühmke Torsten	Kieser Training	0:47:01	0:47:06	77	M40	69	5: 09:05 09:11 09:16 09:38 09:49
321	1802	Bicon Mehmet		0:47:02	0:47:15	64	M20	86	5: 08:52 09:16 09:43 09:52 09:17
322	1779	Saur Ralph	*Düsseldorf	0:47:04	0:47:36	39	M35	75	5: 09:23 09:32 09:35 09:26 09:05
323	2617	Pohl Hans-Peter	*Erkrath	0:47:06	0:47:10	78	M40	67	5: 08:52 09:22 09:33 09:49 09:28
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325	2307	Schmitz Wolfgang Jürgen	keiner	0:47:07	0:47:09	79	M40	68	5: 08:20 09:17 09:41 10:00 09:48
326	2468	Laufs Stephan	Tele 2	0:47:08	0:47:23	80	M40	66	5: 09:22 09:18 09:23 09:36 09:27
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328	1731	Fritz Mark	LA Fortuna Düsseldorf	0:47:12	0:47:42	81	M40	70	5: 09:28 09:28 09:29 09:26 09:19
329	1730	Damjanecvic Peter	LA Fortuna Düsseldorf	0:47:13	0:47:42	25	M50	57	5: 09:29 09:28 09:29 09:26 09:19
330	2014	Hagenbucher Karl Heinz	*Göppingen	0:47:13	0:47:16	9	M55	54	5: 08:58 09:18 09:28 09:48 09:39
331	1625	Weitz Klaus	ERGO sports	0:47:14	0:47:29	41	M35	74	5: 08:51 09:07 09:29 09:49 09:55
332	1952	Eckert Steffen	Sonnen-Herzog KG	0:47:14	0:47:25	44	M45	62	5: 08:55 09:12 09:39 09:55 09:31
333	1632	Wittek Gregor	Stadtwerke Düsseldorf	0:47:14	0:47:28	5	M60	50	5: 09:11 09:17 09:34 09:40 09:31
334	1620	Wachtler Peter	*Krefeld	0:47:14	0:47:34	10	M55	55	5: 09:02 09:12 09:33 09:44 09:42
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336	1737	Gunia Wolfgang	Fan-Club-fortuna-Trier 74 e.v.	0:47:16	0:47:31	26	M50	58	5: 08:49 09:22 09:43 09:48 09:32
337	2102	Roettig Felix	SSV Düsseldorf-Knittkuhl 1972	0:47:16	0:47:59	65	M20	90	5: 09:03 09:19 09:56 09:49 09:08
338	1633	Wojanowski Dr. Bartosz	St. Anna Orthopädie	0:47:17	0:47:26	53	M30	79	5: 08:33 09:16 10:01 10:03 09:22
339	1739	Rüdinger Jens		0:47:18	0:47:44	83	M40	70	5: 09:29 09:35 09:38 09:33 09:02
340	2484	Polwin Robert	Tele 2	0:47:18	0:47:21	7	MJA	91	5: 09:04 09:22 09:29 09:44 09:38
341	1446	Hollmeyer Stephan	*Düsseldorf	0:47:19	0:47:46	84	M40	67	5: 09:15 09:35 09:35 09:37 09:15
342	1372	Böing Christian	Linklaters LLP	0:47:21	0:47:32	54	M30	76	5: 09:08 09:26 09:36 09:47 09:22
343	2483	Polwin Max	Tele 2	0:47:21	0:47:24	8	MJA	91	5: 09:03 09:22 09:29 09:44 09:41
344	1430	Haack Jürgen	Ski-Klub Düsseldorf	0:47:21	0:47:44	27	M50	57	5: 09:18 09:17 09:26 09:39 09:39
345	1577	Schütz Markus	Running Ducks	0:47:22	0:47:35	85	M40	69	5: 08:52 09:16 09:43 09:51 09:38
346	1503	Loh Norbert	*Haan	0:47:22	0:47:48	86	M40	68	5: 09:22 09:27 09:28 09:36 09:27
347	1692	Spiekenheuer Stefan	*Düsseldorf	0:47:23	0:47:39	87	M40	70	5: 09:12 09:26 09:37 09:42 09:24
348	1736	Rouschke Hubert	LA Fortuna Düsseldorf	0:47:23	0:47:43	45	M45	62	5: 09:26 09:40 09:28 09:27 09:20
349	2631	Samoilov Andreas	Allen & Overy LLP	0:47:23	0:48:09	66	M20	82	5: 10:24 09:11 09:13 09:22 09:11
350	1703	Weickert Uwe	*Bad Rappenau	0:47:25	0:47:38	88	M40	66	5: 08:59 09:33 09:35 09:38 09:37
351	1647	Buchmann Patrick	*Düsseldorf	0:47:25	0:47:48	89	M40	70	5: 09:22 09:38 09:38 09:39 09:07
352	1789	Wellenberg Achim	Rochusclub	0:47:26	0:47:41	46	M45	61	5: 09:05 09:23 09:34 09:43 09:38
353	1873	Bakker Bert	Jogmap	0:47:26	0:47:30	28	M50	60	5: 09:01 09:24 09:41 09:48 09:30
354	1782	Lachmann Holger	*Düsseldorf	0:47:31	0:47:46	42	M35	74	5: 09:00 09:14 09:36 09:51 09:48
355	1409	Feddeck Volker	*Essen	0:47:31	0:47:44	29	M50	58	5: 09:05 09:23 09:36 09:48 09:37
356	1537	Plietsch Klaus	*Düsseldorf	0:47:36	0:47:59	11	M55	52	5: 09:05 09:16 09:35 09:42 09:56
357	1645	Beckmann Frank	*Düsseldorf	0:47:36	0:47:52	90	M40	66	5: 09:10 09:23 09:35 09:46 09:39
358	1648	Darmstadt Harald	Albrecht-Dürer-Schule	0:47:37	0:47:40	6	M60	50	5: 09:14 09:44 09:49 09:39 09:08
359	1576	Schröder Jörg	Joyfun	0:47:39	0:47:51	91	M40	68	5: 08:44 09:33 09:50 09:47 09:43
360	1356	Arnason Dr. Gardar	*Düsseldorf	0:47:39	0:47:58	92	M40	70	5: 09:21 09:26 09:36 09:47 09:29

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Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
361	2032	Heinrich Theo	NRW.Bank	0:47:41	0:48:10	47	M45	62	5: 09:47 09:45 09:34 09:25 09:09
362	1376	Breunung Detlef	dm-Drogeriemarkt	0:47:41	0:47:57	30	M50	57	5: 08:50 09:18 09:49 10:01 09:41
363	1839	Zachan Michael		0:47:43	0:47:51	31	M50	59	5: 09:38 09:42 09:32 09:29 09:20
364	2193	Mitchem Paul	*Düsseldorf	0:47:46	0:47:52	43	M35	75	5: 09:11 09:25 09:44 09:54 09:30
365	1683	Prämassing Dr. Frank	*Ratingen	0:47:48	0:48:18	44	M35	72	5: 09:14 09:23 09:37 09:46 09:46
366	1780	Dammer Peter	*Düsseldorf	0:47:50	0:48:07	32	M50	60	5: 08:52 09:26 09:44 09:56 09:50
367	2776	Weiler Thomas		0:47:51	0:48:04	48	M45	65	5: 09:05 09:18 09:45 10:01 09:40
368	1600	Struck Hugo	Unitas Haan	0:47:53	0:48:24	45	M35	73	5: 09:28 09:16 09:28 09:46 09:53
369	1510	Martin Jürgen	LT Legia-Express Koblenz-Lay	0:47:55	0:48:01	2	M65	44	5: 08:58 09:36 09:44 09:49 09:48
370	1812	Harnack Winfried		0:47:56	0:48:12	93	M40	67	5: 08:49 09:23 09:55 10:01 09:46
371	2051	Hoever Hardy	Loipen Luschen Kevelaer	0:47:57	0:48:03	49	M45	61	5: 09:38 09:50 09:30 09:39 09:17
372	2702	Pohl Clarissa	*Erkrath	0:47:58	0:48:46	6	MJB	95	5: 09:46 09:31 09:30 09:44 09:25
373	2640	Schultheiß Christian	Heuking Kühn Lüer Wojtek	0:47:58	0:48:08	55	M30	80	5: 09:53 09:39 09:46 09:41 08:57
374	1527	Nsien Ini-Abasi	*Düsseldorf	0:47:59	0:48:20	56	M30	76	5: 09:35 09:36 09:53 09:36 09:17
375	2770	Kehren Klaus Peter		0:48:00	0:48:07	57	M30	80	5: 09:11 09:41 09:52 09:54 09:21
376	1353	Aderhold Dirk	SSV Düsseldorf-Knittkuhl 1972	0:48:00	0:48:11	94	M40	68	5: 09:15 09:21 09:42 09:51 09:49
377	1441	Hebel Jochen	SC Frankenthal	0:48:01	0:48:25	58	M30	77	5: 09:34 09:39 09:48 09:41 09:17
378	1965	Fahr Boris	*Düsseldorf	0:48:02	0:48:41	46	M35	73	5: 09:44 09:32 09:38 09:47 09:18
379	1515	Mertens Michael	*Düsseldorf	0:48:03	0:48:32	50	M45	64	5: 09:25 09:36 09:54 09:49 09:16
380	1720	Siegesmund Carlos		0:48:10	0:48:31	67	M20	81	5: 09:17 09:32 09:39 09:51 09:48
381	1722	Pauls Viktor		0:48:10	0:48:30	47	M35	72	5: 09:21 09:39 09:49 09:43 09:35
382	1358	Bach Markus	Unitas Haan	0:48:10	0:48:41	48	M35	74	5: 09:28 09:19 09:49 09:56 09:36
383	2736	Katelaan Johannes	*Velbert	0:48:11	0:48:43	33	M50	60	5: 09:20 09:27 09:30 09:52 10:01
384	2691	Turnsek Jens		0:48:14	0:48:33	68	M20		5: 09:08 09:32 09:41 09:55 09:56
385	2115	Kohlweg Patrick	*Köln	0:48:14	0:49:14	59	M30	77	5: 09:42 09:13 09:29 09:50 09:59
386	1484	Krembel Stefan	*Mettmann	0:48:16	0:48:43	49	M35	71	5: 09:30 09:43 09:44 09:47 09:30
387	1745	Gellern Frank	ADFC	0:48:16	0:48:28	95	M40	70	5: 09:08 09:21 09:37 09:50 10:19
388	2359	Tess Daniel	*Wuppertal	0:48:18	0:48:21	50	M35	75	5: 08:58 09:31 10:15 10:04 09:27
389	1559	Schassan Uwe	DSC 99	0:48:20	0:48:55	51	M45	65	5: 09:12 09:42 09:49 09:56 09:40
390	1401	Engels Rainer	*Langenfeld	0:48:24	0:48:51	52	M45	65	5: 09:20 09:34 09:49 09:50 09:48
391	1354	Ahrens Hermann-Josef	*Düsseldorf	0:48:27	0:48:45	60	M30	77	5: 09:23 09:41 09:47 09:57 09:37
392	1552	Sablotny Roman	Rennschnecken 2000	0:48:27	0:48:49	51	M35	72	5: 09:33 09:36 09:42 09:52 09:42
393	1639	Ziese Ralf	*Pleckhausen	0:48:29	0:48:58	53	M45	62	5: 09:48 09:48 09:47 09:41 09:22
394	1494	Kux Robert	Team Erdinger Alkoholfrei	0:48:29	0:48:53	61	M30	76	5: 09:25 09:38 09:47 09:58 09:39
395	1598	Stövesand Christian	Düsseldorfer TV 1847	0:48:30	0:48:45	52	M35	75	5: 08:58 09:11 09:42 10:16 10:20
396	2737	Jakob Detlef	*Langenfeld	0:48:30	0:48:33	34	M50	60	5: 08:57 09:37 09:54 10:05 09:54
397	1656	Findeisen Michael	*Düsseldorf	0:48:31	0:48:49	62	M30	80	5: 08:37 09:29 10:00 10:20 10:03
398	1728	Teklic Jakov	Marathon "Marjan"	0:48:32	0:48:41	12	M55	51	5: 09:29 10:20 09:06 10:22 09:13
399	2675	Kaneko Takashi	*Düsseldorf	0:48:32	0:48:50	54	M45	61	5: 10:08 09:53 09:45 09:33 09:10
400	1693	Spies Herbert	Team Nutrilite	0:48:33	0:48:54	55	M45	63	5: 09:24 09:49 09:51 09:50 09:37
401	1560	Schechinger Markus	LT Düsseldorf-Süd	0:48:35	0:48:53	53	M35	72	5: 09:20 09:46 09:52 09:55 09:39
402	1729	Deisenroth Marc	DJK Agon 08	0:48:35	0:48:36	7	MJB	96	5: 08:16 09:43 10:04 10:26 10:04
403	2230	Peric Dragan	Blome Uhren	0:48:35	0:49:44	35	M50	58	5: 10:55 10:01 09:49 09:25 08:24
404	1562	Schellhorn Georg	kein verein	0:48:37	0:48:53	36	M50	57	5: 09:14 09:28 09:46 10:02 10:06
405	1834	Kepler Florian		0:48:39	0:48:49	63	M30	79	5: 09:53 09:40 09:45 09:41 09:38
406	1699	Wolf Ralf	Team Bell	0:48:39	0:49:07	96	M40	66	5: 09:46 09:52 09:47 09:41 09:31
407	1453	Igel Carlos	*Düsseldorf	0:48:40	0:49:29	8	MJB	94	5: 11:15 08:40 09:28 09:53 09:22
408	2772	Giesen Heinz Dr. Dr.	IKK	0:48:40	0:48:53	69	M20		5: 08:51 09:36 10:12 10:14 09:45
409	1462	Juber Dieter	*Mettmann	0:48:41	0:48:55	56	M45	63	5: 09:12 09:34 09:50 10:11 09:53
410	1747	Simons Horst	Tschft. Grefrath	0:48:42	0:48:50	7	M60	49	5: 09:34 09:57 10:06 09:47 09:16
411	1719	Seling Kai		0:48:44	0:49:05	70	M20	82	5: 09:18 09:32 09:45 10:12 09:55
412	1723	Mertens Stefan		0:48:44	0:49:11	57	M45	65	5: 09:12 09:31 09:58 10:02 09:58
413	1905	Braatz Thomas	dm-Drogeriemarkt	0:48:45	0:49:00	37	M50	60	5: 09:19 09:33 10:00 10:20 09:30
414	1406	Eskinyurt Cetin	*Düsseldorf	0:48:46	0:49:17	54	M35	71	5: 09:19 09:46 09:54 10:02 09:44
415	2650	Tappert Heinz	TSV Gruiten 1884 e.V.	0:48:47	0:49:05	1	M70	40	5: 09:54 09:42 09:43 09:45 09:41
416	893	Wolko Christian		0:48:48	0:49:19	71	M20	88	5: 10:06 09:34 09:43 09:44 09:39
417	1688	Severin Tobias	*Düsseldorf	0:48:49	0:49:04	72	M20	84	5: 08:57 09:47 10:22 10:19 09:22
418	2549	Feculak Christian	*Düsseldorf	0:48:50	0:49:47	73	M20	86	5: 09:44 09:23 09:52 10:14 09:35
419	1613	Twelmeier Thomas	*Düsseldorf	0:48:54	0:49:26	74	M20	84	5: 09:31 09:52 09:59 10:00 09:29
420	1569	Schmiedchen Oliver	Staubwolke Giesenkirchen	0:48:54	0:49:09	55	M35	74	5: 08:56 10:00 10:21 09:51 09:43

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
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422	1655	Feldkämper Mario	*Düsseldorf	0:48:54	0:49:30	64	M30	80	5: 09:48 09:50 09:50 10:00 09:25
423	1973	Fixemer Thomas	*Langenfeld	0:48:57	0:49:09	58	M45	63	5: 09:17 09:35 09:48 10:07 10:07
424	1867	Auell Thorsten	*Düsseldorf	0:48:57	0:49:06	56	M35	75	5: 09:17 09:42 10:04 10:14 09:38
425	2189	Mieruch Dennis	*Düsseldorf	0:48:58	0:49:11	75	M20	81	5: 08:55 09:42 09:59 10:21 10:00
426	1516	Meyer Ulf	*Wegberg	0:48:59	0:49:07	57	M35	74	5: 09:34 09:44 09:54 10:04 09:42
427	1457	Janssen Arnold	*Düsseldorf	0:49:00	0:49:34	38	M50	59	5: 09:26 09:40 09:48 10:07 09:57
428	1650	Dollberg Alexander	LT Hängende Zunge	0:49:01	0:49:31	58	M35	73	5: 09:19 09:51 10:06 10:05 09:38
429	1989	Fulton Alexander	S Direkt Laufteam	0:49:01	0:49:34	76	M20	85	5: 09:43 09:37 09:56 10:08 09:34
430	1822	Schumacher Frank	*Düsseldorf	0:49:02	0:49:39	59	M45	65	5: 09:41 09:53 10:01 09:51 09:34
431	1746	Simons Mirco	Tschft. Grefrath	0:49:03	0:49:33	65	M30	78	5: 10:40 10:09 09:49 09:22 09:00
432	2603	Mura Gregor	e.V.n.e.V.	0:49:03	0:49:46	77	M20	83	5: 09:31 09:32 09:51 10:09 09:58
433	2094	Kleeblatt Armin	Stadtwerke Düsseldorf	0:49:04	0:49:18	39	M50	59	5: 09:32 09:48 09:48 10:01 09:53
434	2710	Beck Rich	Nichts	0:49:06	0:49:32	59	M35	72	5: 10:08 09:46 09:35 09:49 09:45
435	2323	Shu Dirk	*Düsseldorf	0:49:08	0:49:17	98	M40	69	5: 09:37 09:50 10:07 09:58 09:33
436	2616	Pfitzmann Rene	*Düsseldorf	0:49:10	0:49:17	78	M20	84	5: 09:36 09:52 10:03 09:48 09:48
437	2569	Hoffmann Frank	Albrecht-Dürer-Schule	0:49:11	0:49:18	60	M35	73	5: 09:35 09:56 09:59 09:57 09:42
438	2241	Pötschke Maik	*Düsseldorf	0:49:11	0:49:40	79	M20	81	5: 10:00 10:00 09:58 09:51 09:19
439	1543	Rasch Richard	NRW.Bank	0:49:13	0:49:37	66	M30	78	5: 09:19 09:47 09:59 10:09 09:58
440	1593	Spindler Bernd	*Rheinberg	0:49:15	0:49:50	60	M45	61	5: 09:23 09:54 10:01 10:05 09:50
441	2752	Böckmann Carsten	*Mülheim	0:49:15	0:49:42	99	M40	70	5: 09:57 09:34 09:46 10:15 09:41
442	1637	Wortelkamp Wolf	*Düsseldorf	0:49:20	0:49:47	40	M50	56	5: 09:47 09:51 09:59 10:06 09:35
443	2750	Hahnenstein Lutz	*Neuss	0:49:22	0:49:33	61	M35	71	5: 09:53 09:47 09:56 10:04 09:39
444	2248	Pyko Rene	*Willich	0:49:22	0:50:08	62	M35	74	5: 10:42 09:42 09:48 09:37 09:30
445	2428	Bartels Denis	Tele 2	0:49:23	0:49:25	9	MJA	91	5: 07:56 09:52 10:22 10:54 10:17
446	1998	Gonschorek Remo	*Düsseldorf	0:49:24	0:49:27	80	M20	82	5: 09:18 09:48 10:13 10:14 09:49
447	1603	Sturm Wolfgang	Linklaters LLP	0:49:24	0:49:44	41	M50	59	5: 09:20 09:49 09:57 10:12 10:04
448	887	Brockmeyer Dirk		0:49:25	0:49:30	63	M35	72	5: 09:09 09:53 10:04 10:15 10:02
449	1956	Ehrhardt Gregor	One Firm	0:49:26	0:49:39	64	M35	72	5: 09:42 09:40 09:55 10:04 10:04
450	1530	Otto Andreas	*Düsseldorf	0:49:27	0:49:48	67	M30	77	5: 09:34 09:57 10:00 10:06 09:47
451	2595	Mang Dr. Renz	www.hautärzte-wuppertal.de	0:49:28	0:49:35	65	M35	72	5: 09:26 09:50 09:59 10:05 10:05
452	1554	Saitta Calogero	SG Stern	0:49:28	0:49:47	42	M50	56	5: 09:29 09:36 09:55 10:28 09:58
453	1925	Dahl Christopher	*Ratingen	0:49:29	0:50:07	9	MJB	93	5: 11:02 09:50 09:31 09:25 09:39
454	1387	David Bernd	*Düsseldorf	0:49:31	0:49:36	8	M60	49	5: 09:53 09:57 09:59 09:59 09:41
455	2411	Wöhrmann Jürgen	TuSpo Huckingen	0:49:33	0:49:49	43	M50	57	5: 09:47 09:57 09:55 10:09 09:42
456	1373	Boller Thomas	*Düsseldorf	0:49:33	0:49:51	66	M35	72	5: 09:03 09:32 09:53 10:18 10:46
457	2717	Siemons Heinrich Dr.	*Düsseldorf	0:49:34	0:49:50	44	M50	57	5: 09:58 09:32 09:52 10:14 09:56
458	2290	Schaffhausen Hans-Peter	Stadtwerke Düsseldorf	0:49:34	0:49:52	45	M50	59	5: 09:54 09:54 09:50 09:57 09:58
459	1832	Vahrenhorst		0:49:36	0:50:28	10	MJB	94	5: 09:54 09:40 09:52 10:18 09:50
460	1588	Siemering Uwe	Team-Die Ärzte Fliednerstr. 5	0:49:37	0:50:10	67	M35	72	5: 10:26 10:23 10:07 09:17 09:21
461	1544	Raßmann Dr. Ralf	Team-Die Ärzte Fliednerstr. 5	0:49:37	0:50:10	61	M45	64	5: 10:27 10:24 10:07 09:16 09:22
462	1748	Köhler Harald	Golfer Köln	0:49:38	0:50:08	68	M35	74	5: 10:40 10:09 09:49 09:42 09:15
463	2407	Wilms-Vahrenhorst Jörg	*Hilden	0:49:40	0:50:32	100	M40	67	5: 09:54 09:40 09:52 10:18 09:53
464	1585	Segarra Florian	TG81 Oberbilk	0:49:40	0:50:03	81	M20	81	5: 09:16 09:46 10:02 10:24 10:10
465	888	Wieser Roland		0:49:42	0:49:53	62	M45	62	5: 09:37 09:52 10:04 10:20 09:48
466	2791	Lüpertz Stephan	DJK Novesia Neuss	0:49:44	0:49:56	82	M20	82	5: 09:51 10:17 10:22 10:28 08:45
467	1701	Zessel Holger	*Düsseldorf	0:49:49	0:50:23	63	M45	64	5: 09:37 09:51 10:05 10:11 10:03
468	2629	Rütze Torsten	*Düsseldorf	0:49:49	0:49:51	69	M35	73	5: 09:06 09:56 10:15 10:20 10:09
469	1764	Brandt Wolfgang	LT Düsseldorf-Süd	0:49:50	0:50:05	46	M50	59	5: 09:09 09:46 10:11 10:29 10:13
470	2166	Mainz Klaus	*Düsseldorf	0:49:51	0:49:53	3	M65	41	5: 09:20 09:51 10:09 10:21 10:08
471	1828	Thömessen Stephan		0:49:52	0:50:06	47	M50	60	5: 10:10 10:07 09:52 09:57 09:44
472	1458	Janssen Volker	*Düsseldorf	0:49:53	0:50:12	70	M35	72	5: 09:45 09:50 10:27 10:04 09:45
473	1630	Winkler Uwe	Sv 09/35 Wermelskirchen	0:49:55	0:50:26	64	M45	65	5: 09:48 10:03 10:00 10:06 09:56
474	1626	Wieczorek Hubert	*Düsseldorf	0:49:55	0:50:18	68	M30	78	5: 09:05 09:44 10:19 10:46 10:00
475	1351	Aakolk Holger	*Düsseldorf	0:49:55	0:50:30	65	M45	65	5: 10:05 09:56 09:54 10:07 09:52
476	2033	Heitkamp Oliver	Kieser Training	0:49:59	0:50:00	101	M40	70	5: 09:25 09:59 10:20 10:16 09:57
477	2078	Kang In-Ku	*Düsseldorf	0:49:59	0:50:04	102	M40	68	5: 09:20 10:12 10:20 10:15 09:50
478	1686	Schneider Reiner	Lauflöwe 65	0:49:59	0:50:01	66	M45	65	5: 09:24 09:57 10:23 10:25 09:48
479	1898	Böhn Fredy	S Direkt Laufteam	0:50:00	0:50:32	103	M40	69	5: 09:47 09:53 10:07 10:16 09:56
480	2671	Dizdarevic Amel	MEC	0:50:01	0:50:43	69	M30	77	5: 09:59 09:37 09:53 10:06 10:25

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden				
481	2551	Freund Stephan	Heuking Kühn Lüer Wojtek	0:50:03	0:50:11	71	M35	73	5:09:19	09:36	10:03	10:31	10:33
482	2606	Neufeind Stefan	*Neuss	0:50:04	0:50:26	70	M30	79	5:09:26	09:50	10:12	10:29	10:05
483	2581	Knappmann Hubertus	*Essen	0:50:05	0:50:22	48	M50	59	5:10:08	09:57	10:03	10:01	09:55
484	2725	Reed Nigel	*Düsseldorf	0:50:05	0:50:58	72	M35	72	5:10:48	10:05	09:53	09:58	09:19
485	2767	Houben Winfried		0:50:05	0:50:23	104	M40	68	5:09:58	10:00	10:10	10:13	09:43
486	2288	Satorius Marco	*Langenfeld	0:50:06	0:50:18	67	M45	64	5:09:48	09:50	10:02	10:18	10:06
487	2715	Theissen Dieter	Der weiße Kenianer Düsseldorf	0:50:08	0:50:18	9	M60	47	5:09:39	09:51	10:07	10:21	10:09
488	2653	Van Endert Charly	*Düsseldorf	0:50:10	0:50:25	68	M45	65	5:09:55	09:46	10:01	10:20	10:06
489	2575	Johannes Horst	LT BUGA Düsseldorf 1999	0:50:13	0:51:00	105	M40	68	5:10:16	10:09	10:03	09:57	09:47
490	2658	Weber Matthias	TeamKaninchentod	0:50:14	0:50:21	71	M30	80	5:09:35	09:53	10:08	10:20	10:16
491	1814	Katzera Kevin	Jugendzentrum Haus Spilles	0:50:15	0:50:32	10	MJA	91	5:09:08	10:42	10:07	10:11	10:05
492	2485	Pottinger David	Tele 2	0:50:16	0:50:24	83	M20	84	5:08:56	09:53	10:48	10:32	10:04
493	2276	Roettig Jan	SSV Düsseldorf-Knittkuhl 1972	0:50:16	0:51:09	84	M20	88	5:10:21	10:23	10:42	10:24	08:24
494	1567	Schlegel Ilja	S Direkt Laufteam	0:50:16	0:50:43	106	M40	70	5:09:26	10:01	10:17	10:18	10:12
495	1902	Bollwerk Oliver	Stadtwerke Düsseldorf	0:50:16	0:50:35	107	M40	68	5:10:15	10:16	10:00	09:58	09:45
496	2317	Schulz Konrad	DTV 1847	0:50:21	0:51:15	108	M40	66	5:10:35	10:06	10:02	09:58	09:38
497	1768	Abel Robert	LT Gruitene-Neandertal	0:50:23	0:50:45	49	M50	57	5:10:14	09:59	10:14	10:03	09:51
498	2429	Barz Stefan	Tele 2	0:50:25	0:50:42	109	M40	70	5:10:25	09:52	09:54	10:10	10:02
499	1488	Kroner Markus	1000 Jahre Anrath	0:50:29	0:50:39	69	M45	63	5:09:26	09:53	10:15	10:32	10:22
500	2250	Radau Stephan	Dive-Escort	0:50:31	0:50:50	73	M35	71	5:09:34	09:59	10:13	10:31	10:12
501	1363	Beckord Mark	Hotel Nikko Düsseldorf	0:50:31	0:50:57	110	M40	66	5:09:51	10:21	10:21	10:18	09:38
502	2341	Stenzel Georg	*Herne	0:50:32	0:50:59	70	M45	62	5:10:22	10:09	09:58	10:05	09:56
503	2239	Pöschel Lutz	LG Schellbrand	0:50:33	0:51:12	13	M55	55	5:10:30	09:59	09:56	10:03	10:03
504	2570	Hohn Ulli	*Solingen	0:50:33	0:51:07	14	M55	55	5:09:32	09:42	10:06	10:48	10:24
505	2777	Kieper Klaus	Lauftreff Rathelbecker Weg	0:50:35	0:50:50	15	M55	55	5:09:56	10:08	10:09	10:19	10:00
506	2532	Bodenberger Marvin	TC GW Schloß Holte	0:50:36	0:51:10	11	MJB	93	5:10:38	10:15	09:58	09:46	09:58
507	1799	Kappenhagen Markus	TC Hösel	0:50:37	0:51:04	50	M50	60	5:09:42	09:51	10:09	10:28	10:25
508	1798	Petrika Steve	HSV	0:50:37	0:51:04	74	M35	73	5:09:42	09:51	10:09	10:28	10:25
509	1431	Haas Markus	Die Laufburschen	0:50:38	0:50:46	111	M40	68	5:09:57	09:55	10:04	10:23	10:18
510	1657	Fischer Guido Haile	Team Bell	0:50:39	0:51:07	112	M40	69	5:09:46	10:31	10:06	10:25	09:49
511	2684	Michel Lars	MEC	0:50:40	0:50:44	72	M30	79	5:09:23	10:01	10:18	10:35	10:20
512	1943	Drießen Heijo	SG Kaarst	0:50:42	0:50:56	10	M60	46	5:10:03	10:21	10:02	10:25	09:49
513	2755	Miege Christian	*Düsseldorf	0:50:42	0:51:56	73	M30	78	5:09:50	09:52	10:22	10:29	10:07
514	1668	Korloo Djahanrad	*Mülheim an der Ruhr	0:50:44	0:51:14	75	M35	73	5:09:38	09:57	10:21	10:28	10:18
515	1678	Neudecker Georg	gruiten4ever	0:50:46	0:50:56	71	M45	62	5:09:05	09:24	09:58	11:15	11:02
516	1774	Neudecker Nathaniel	gruiten4ever	0:50:46	0:50:56	85	M20	87	5:09:05	09:24	09:58	11:15	11:02
517	2350	Svitek Martin	*Düsseldorf	0:50:47	0:50:56	76	M35	74	5:09:21	09:47	10:11	10:50	10:35
518	2369	Trierweiler Werner	*Düsseldorf	0:50:47	0:51:04	113	M40	66	5:09:58	09:59	10:16	10:27	10:05
519	2565	Hintzen Michael	*Düsseldorf	0:50:49	0:52:01	114	M40	67	5:10:04	10:01	10:15	10:26	10:00
520	2461	Klein Stephan	Tele 2	0:50:50	0:51:12	72	M45	61	5:10:17	10:05	10:11	10:13	10:02
521	1977	Flormann Michael	AWISTA	0:50:53	0:51:17	51	M50	60	5:10:38	10:14	10:12	10:15	09:33
522	1966	Farkhondeh Marcel	*Köln	0:50:53	0:52:21	77	M35	74	5:11:08	10:26	10:10	10:03	09:04
523	2185	Merry Frank	*Düsseldorf	0:50:57	0:51:40	73	M45	65	5:11:38	09:37	09:39	09:58	10:01
524	2761	Hauch Richard		0:50:59	0:51:01	11	MJA	92	5:08:44	10:23	11:00	10:34	10:17
525	1352	Ademes Jochen	*Heiligenhaus	0:51:00	0:51:28	115	M40	69	5:09:30	09:53	10:21	10:30	10:43
526	1463	Junggeburth Daniel	KOOB	0:51:02	0:51:17	86	M20	83	5:09:12	09:40	10:44	10:35	10:48
527	2089	Kiosses Georgios	Marathonteam-Ratingen	0:51:02	0:52:01	52	M50	58	5:10:07	10:02	10:15	10:21	10:16
528	1611	Till Bachmann	*wuppertal	0:51:05	0:51:29	78	M35	71	5:09:37	10:02	10:18	10:27	10:39
529	2415	Wolters Corvin	ZMDI	0:51:05	0:51:16	74	M30	77	5:09:03	09:54	10:24	11:00	10:42
530	1841	Schneider Olaf		0:51:11	0:51:58	116	M40	68	5:10:39	10:04	10:11	10:18	09:57
531	2054	Hoffbauer Reinhold	*Düsseldorf	0:51:15	0:51:31	117	M40	66	5:09:51	10:14	10:20	10:32	10:16
532	1619	Vorbeck Andreas	Stadtwerke Düsseldorf	0:51:16	0:51:33	74	M45	65	5:10:43	10:50	10:19	09:53	09:29
533	2627	Rüdiger Blase	SRT Race Miner	0:51:18	0:51:24	16	M55	53	5:10:16	10:15	10:22	10:19	10:04
534	2265	Riepenhausen Horst	LT Gruitene-Neandertal	0:51:20	0:51:32	53	M50	60	5:10:07	10:41	10:15	10:04	10:11
535	1911	Brzeske Björn	*Düsseldorf	0:51:21	0:51:37	87	M20	82	5:10:07	10:21	10:21	10:27	10:03
536	2392	Wefers Christian	*Ratingen	0:51:22	0:51:38	88	M20	82	5:10:17	10:02	10:27	10:35	09:58
537	2047	Hitpass Klaus	HSBC Trinkaus AG	0:51:23	0:52:12	75	M45	61	5:10:00	10:07	10:22	10:39	10:12
538	1578	Schultz Matthias	*Düsseldorf	0:51:23	0:51:40	79	M35	74	5:10:15	10:00	09:59	10:19	10:48
539	2122	Kraiger Markus	*Düsseldorf	0:51:24	0:51:36	89	M20	83	5:09:31	10:13	10:34	10:49	10:15
540	2178	Meis Sebastian	*Haan	0:51:27	0:51:30	90	M20	82	5:09:08	10:22	10:35	10:40	10:41

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
541	2536	Buchmeier Christian	*Düsseldorf	0:51:28	0:52:23	80	M35	71	5: 10:53 10:24 10:21 10:13 09:35
542	1926	Daum Matthias	Medical Fitness Wuppertal	0:51:28	0:52:03	75	M30	77	5: 10:35 10:14 09:55 10:23 10:20
543	2624	Richard Joyce	*Düsseldorf	0:51:34	0:52:20	118	M40	66	5: 10:40 10:18 10:09 10:22 10:04
544	2090	Kisono/Ricoh Internationa	*Düsseldorf	0:51:36	0:52:29	119	M40	70	5: 10:35 10:21 10:32 10:19 09:48
545	1375	Braun Andreas	*Düsseldorf	0:51:37	0:52:02	91	M20	90	5: 09:44 10:16 10:44 10:52 09:59
546	2666	Winzen Bernd	*Duisburg	0:51:42	0:52:16	54	M50	60	5: 10:41 10:49 10:13 10:14 09:43
547	1713	Balsamo Gerado	*Düsseldorf	0:51:42	0:51:57	55	M50	59	5: 09:45 10:15 10:28 10:36 10:37
548	2540	Deppe Markus	TSV Eller 04	0:51:43	0:52:38	81	M35	72	5: 11:30 10:44 10:20 09:50 09:17
549	2245	Preuss Ingo	Sonnen-Herzog KG	0:51:43	0:52:14	92	M20	82	5: 10:32 10:07 10:07 10:22 10:33
550	2683	Meyer Christian	MEC	0:51:43	0:52:05	76	M30	77	5: 09:56 10:12 10:36 10:30 10:27
551	1908	Breyer Timo	*Düsseldorf	0:51:44	0:52:05	77	M30	76	5: 10:52 10:35 10:23 10:15 09:37
552	2793	Schulze Sindern Stefan		0:51:45	0:53:04	82	M35	75	5: 10:27 10:11 10:18 10:30 10:17
553	1916	Busshoff Gregor	*Neuss	0:51:46	0:52:48	78	M30	78	5: 11:42 10:25 10:18 09:59 09:20
554	1407	Eskinyurt Metin	*Düsseldorf	0:51:46	0:51:49	83	M35	71	5: 08:50 10:19 10:39 10:53 11:03
555	2578	Kassalik Marco	*Bottrop	0:51:47	0:51:52	93	M20	81	5: 08:53 09:51 10:23 11:09 11:28
556	2112	König Mirko	Linklaters LLP	0:51:48	0:52:15	79	M30	77	5: 10:18 10:11 10:24 10:29 10:23
557	1727	Ekrem Dönder	Deutsche Post AG	0:51:48	0:52:08	76	M45	63	5: 09:26 09:57 10:27 10:51 11:05
558	1880	Bauer Jan	*Krefeld	0:51:49	0:52:58	84	M35	71	5: 11:08 10:26 10:17 10:08 09:49
559	2285	Rumpel Heiko	dm-Drogeriemarkt	0:51:52	0:52:17	80	M30	76	5: 10:28 10:14 10:10 10:41 10:18
560	2153	Lincke Fred	*Wermelskirchen	0:51:52	0:52:20	11	M60	50	5: 10:43 09:58 10:10 10:30 10:30
561	1833	Timmler Bernd		0:51:55	0:52:01	17	M55	52	5: 09:33 10:18 10:46 10:28 10:48
562	1652	Eichholz Bernhard	schanasi forever	0:51:55	0:52:19	56	M50	58	5: 09:47 10:29 10:29 10:43 10:25
563	1971	Fischer Frank	Kieser Training	0:51:55	0:52:20	120	M40	69	5: 10:37 10:25 10:15 10:21 10:15
564	2681	Lina Florian	MEC	0:51:58	0:52:02	94	M20	81	5: 09:25 10:11 11:00 10:56 10:24
565	2349	Sullo Lukas	Ohne	0:51:58	0:52:03	121	M40	67	5: 09:24 10:11 10:30 10:43 11:07
566	2041	Hensel Florian	da simma dabei	0:52:00	0:52:43	12	MJA	92	5: 09:59 10:07 10:46 10:54 10:12
567	1589	Sigl Markus	TC Johannesburg	0:52:02	0:52:24	122	M40	67	5: 09:21 09:44 10:32 11:02 11:22
568	2233	Pfeifer Stefan	*Düsseldorf	0:52:05	0:53:03	123	M40	70	5: 10:15 10:01 10:20 10:44 10:43
569	2209	Neitzke Dieter	*Haan	0:52:05	0:52:38	77	M45	65	5: 10:33 10:31 10:17 10:40 10:02
570	1404	Erdmann Frank	*Velbert	0:52:06	0:52:26	124	M40	67	5: 10:17 10:18 10:22 10:33 10:34
571	1848	Hesselich Uwe		0:52:06	0:52:35	78	M45	62	5: 10:09 10:16 10:30 10:39 10:29
572	2111	Köhler Simon	*Düsseldorf	0:52:06	0:52:22	125	M40	66	5: 09:55 09:53 10:20 11:06 10:51
573	2720	Westphal Kai	Stoned Riders	0:52:06	0:52:38	95	M20	81	5: 09:57 10:06 10:41 10:49 10:32
574	1906	Brauer Marcus	HIT Helios Iron Team	0:52:09	0:52:35	96	M20	84	5: 09:55 09:58 10:14 10:56 11:04
575	2780	John Norbert		0:52:11	0:52:34	79	M45	64	5: 10:09 10:13 10:26 10:41 10:41
576	1862	Andresen Bernd	Stadtwerke Düsseldorf	0:52:13	0:52:54	80	M45	62	5: 10:09 10:14 10:42 10:39 10:28
577	2219	Nollert Jochen	Kieser Training	0:52:17	0:52:41	97	M20	81	5: 10:37 10:25 10:14 10:26 10:32
578	2605	Nakano Kenta	*Düsseldorf	0:52:17	0:52:28	81	M30	78	5: 09:24 09:51 10:05 11:56 10:59
579	2108	Koch Benjamin	HSBC Trinkaus AG	0:52:23	0:52:31	98	M20	85	5: 09:53 10:31 10:32 10:57 10:28
580	2674	Hilgers Torben	*Düsseldorf	0:52:25	0:52:32	85	M35	73	5: 09:22 10:27 10:42 10:52 11:00
581	2191	Milbradt Stefan	*Düsseldorf	0:52:25	0:52:57	81	M45	65	5: 10:04 10:19 10:35 10:45 10:41
582	2305	Schmitz Thorsten	RoadRunner Mettmann	0:52:26	0:52:41	82	M45	64	5: 10:25 10:16 10:30 10:39 10:35
583	2706	Asbrand-Eickhoff Stefan	STAE	0:52:30	0:52:51	57	M50	59	5: 10:27 10:29 10:35 10:47 10:10
584	2667	Wloch Dietmar	*Düsseldorf	0:52:37	0:53:37	126	M40	70	5: 10:29 10:17 10:28 10:48 10:34
585	2141	Langenberg Sascha	*Hilden	0:52:38	0:53:42	99	M20	81	5: 10:50 10:27 10:21 10:44 10:14
586	2336	Stamatopoulos Leonidas	Marathonteam-Ratingen	0:52:46	0:53:41	18	M55	55	5: 10:51 10:31 10:32 10:26 10:24
587	2746	Glasmacher Alexander	*Meerbusch	0:52:46	0:53:08	127	M40	66	5: 10:25 10:29 10:36 10:47 10:27
588	2024	Hartel Karl Winfried	TV Hösel 1901 e.V.	0:52:47	0:53:09	128	M40	69	5: 10:52 10:46 10:20 10:22 10:25
589	2645	Skiera Jan	*Düsseldorf	0:52:47	0:52:52	100	M20	84	5: 09:14 09:32 10:41 11:32 11:47
590	2147	Lederer Joachim	Kieser Training	0:52:49	0:53:10	83	M45	63	5: 10:22 10:33 10:42 10:49 10:22
591	2121	Korte Stephan	*Neuss	0:52:50	0:53:24	84	M45	63	5: 10:29 10:32 10:38 10:48 10:22
592	2687	Röder Klaus	DJK Agon 08, Düsseldorf	0:52:51	0:53:11	4	M65	45	5: 10:30 10:23 10:38 10:55 10:23
593	2623	Reinhardt Armin	SV Bezirksregierung Düsseldorf	0:52:53	0:54:05	85	M45	61	5: 11:00 10:30 10:30 10:29 10:23
594	2452	Horn Mike	Tele 2	0:52:57	0:53:00	101	M20	90	5: 08:04 11:05 11:12 11:37 10:57
595	2316	Schubmann Daniel	Linklaters LLP	0:53:03	0:53:50	82	M30	80	5: 11:06 11:04 10:38 10:10 10:02
596	2544	Dreier Bernd	Allen & Overy LLP	0:53:04	0:53:50	102	M20	82	5: 11:06 10:56 10:44 10:23 09:53
597	1893	Bey Jürgen	*Köln	0:53:04	0:53:30	129	M40	67	5: 10:51 10:42 10:33 10:40 10:16
598	2399	Wiepjes Pieter	Linklaters LLP	0:53:07	0:53:55	103	M20	86	5: 11:45 11:01 10:02 10:10 10:08
599	2611	Novacek Helmut	*Düsseldorf	0:53:07	0:54:17	58	M50	60	5: 11:12 10:25 10:27 10:38 10:24
600	2013	Hagen Dirk	S Direkt Laufteam	0:53:08	0:53:41	83	M30	78	5: 10:04 10:37 11:16 10:59 10:10

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
601	2008	Haberstumpf Max	SC Gefrees	0:53:09	0:53:28	12	MJB	94	5: 09:13 10:27 11:10 11:40 10:38
602	1464	Jusufovic Kemal	Laufftreff Düsseldorf Süd e.V	0:53:09	0:53:31	12	M60	47	5: 10:33 10:33 10:37 10:45 10:39
603	2389	Wassen Prof. Dr. Volker	Loipen Luschen Kevelaer	0:53:10	0:53:17	130	M40	69	5: 09:46 10:20 10:44 11:19 10:58
604	2104	Klomfass Ekhard	Hotel Nikko Düsseldorf	0:53:11	0:53:40	59	M50	56	5: 10:50 10:27 10:38 10:50 10:24
605	2522	Albers Peter	*Düsseldorf	0:53:11	0:53:28	86	M45	63	5: 10:13 10:32 10:40 10:53 10:51
606	2286	Saiki/Ricoh International	*Düsseldorf	0:53:15	0:53:34	87	M45	62	5: 10:00 10:26 10:55 10:58 10:54
607	2028	Hashizume/Ricoh Internati	*Düsseldorf	0:53:15	0:53:34	86	M35	73	5: 10:10 10:25 10:46 10:57 10:55
608	2374	Van Lück Norbert	dm-Drogeriemarkt	0:53:19	0:54:10	60	M50	56	5: 10:31 10:17 10:32 11:06 10:51
609	2568	Hochhausen Volker	*Mönchengladbach	0:53:20	0:53:43	88	M45	63	5: 10:31 10:39 11:00 10:58 10:10
610	2764	Dorr Daniel		0:53:22	0:53:58	104	M20	83	5: 11:40 11:02 10:11 10:15 10:11
611	2055	Hohenadel Karl-Heinz	*Düsseldorf	0:53:22	0:54:33	131	M40	66	5: 11:20 10:36 10:33 10:31 10:21
612	2214	Niedrich Dirk	*Düsseldorf	0:53:24	0:54:35	132	M40	67	5: 11:18 10:36 10:33 10:29 10:25
613	2394	Weiss Martin	Diakonie in Düsseldorf	0:53:24	0:54:30	61	M50	58	5: 11:02 10:39 10:42 10:36 10:22
614	2101	Klöhn Christian	SSV Düsseldorf-Knittkuhl 1972	0:53:24	0:54:17	84	M30	78	5: 10:22 10:22 10:42 11:01 10:56
615	2283	Rozeck Erik	*Ratingen	0:53:26	0:54:28	105	M20	89	5: 10:27 10:44 10:38 11:23 10:12
616	2044	Hillebrand Michael	LG Schellbrand	0:53:29	0:54:08	19	M55	52	5: 10:32 10:29 10:42 10:59 10:45
617	1861	Andree Ilja	*Velbert	0:53:31	0:54:46	87	M35	72	5: 11:09 10:27 10:31 10:51 10:31
618	2707	Borgschulte Stephan	*Düsseldorf	0:53:31	0:53:35	88	M35	75	5: 09:41 10:26 10:52 11:30 11:01
619	2753	Dabrowski Thomas	*Düsseldorf	0:53:32	0:54:27	133	M40	70	5: 10:54 10:40 10:48 10:44 10:23
620	2270	Ritscher Dr. Tom	*Nordhausen	0:53:32	0:53:39	134	M40	66	5: 09:43 10:33 10:46 11:11 11:18
621	2494	Schellschmidt Tim	Tele 2	0:53:33	0:53:40	106	M20	84	5: 09:15 10:12 10:51 11:17 11:55
622	2038	Henning Dominik	Sonnen-Herzog KG	0:53:33	0:53:44	13	MJB	94	5: 08:58 10:23 11:12 11:52 11:06
623	1456	Israel Dr. Daniel	HSBC Trinkaus AG	0:53:33	0:53:50	85	M30	78	5: 08:15 07:55 08:22 08:41 20:17
624	2223	Ockel Philipp	Sonnen-Herzog KG	0:53:37	0:53:57	107	M20	85	5: 10:09 10:25 10:38 11:12 11:10
625	1680	Orsowa Joachim	Team Bell	0:53:39	0:54:07	89	M45	62	5: 10:05 10:27 10:44 11:11 11:09
626	2202	Müller Kai	dm-Drogeriemarkt	0:53:43	0:54:09	86	M30	77	5: 10:16 10:34 10:57 11:03 10:51
627	1897	Böhme Maximilian	*Düsseldorf	0:53:44	0:54:53	108	M20	85	5: 11:19 11:10 10:38 10:38 09:57
628	1881	Baumeister Dirk	*Neuss	0:53:44	0:54:18	135	M40	67	5: 11:29 11:08 10:37 10:24 10:04
629	2346	Stricker Achim	S Direkt Laufteam	0:53:45	0:54:16	20	M55	54	5: 10:22 10:36 11:00 11:01 10:44
630	2795	Senkler Wolfgang	LC Wuppertal	0:53:46	0:54:01	21	M55	55	5: 10:05 10:23 10:35 10:55 11:46
631	2255	Rehders Harry	*Wuppertal	0:53:47	0:54:48	62	M50	59	5: 11:17 10:32 10:39 10:38 10:38
632	2181	Melcher Josef	*Meerbusch	0:53:48	0:54:00	87	M30	79	5: 10:07 10:34 11:00 11:19 10:47
633	2254	Reese von Ohlen Jochen	Kieser Training	0:53:49	0:54:13	22	M55	54	5: 10:12 10:23 10:41 11:14 11:17
634	2524	Baade Jörg	*Düsseldorf	0:53:49	0:54:06	90	M45	65	5: 09:48 10:15 11:02 11:26 11:16
635	2062	Jaden Patrick	rankitoo.de	0:53:50	0:54:36	136	M40	70	5: 11:41 10:37 10:41 10:41 10:08
636	1827	Brömmekamp Utz Dr.	DHC Düsseldorf	0:53:54	0:54:04	63	M50	59	5: 10:15 10:26 10:33 11:22 11:15
637	2721	Koch Wilfried	LT Hanau Bruchköbel	0:53:54	0:54:18	64	M50	57	5: 10:58 10:42 10:35 10:48 10:49
638	2352	Székeyy Stefan	*Düsseldorf	0:53:57	0:54:03	13	MJA	91	5: 10:37 11:04 11:05 10:59 10:11
639	2442	Fleischmann Ralf	Tele 2	0:53:59	0:54:21	91	M45	63	5: 11:18 10:37 10:38 10:50 10:34
640	2321	Seidel Rudi	Medical Fitness Wuppertal	0:54:01	0:54:36	88	M30	79	5: 11:03 10:37 10:45 10:50 10:44
641	2695	Köhler Florian		0:54:01	0:54:13	109	M20		5: 10:29 10:31 10:46 11:21 10:53
642	2636	Schoeneis Thorsten	TSV Eller 04	0:54:04	0:55:00	89	M35	72	5: 11:31 10:44 10:40 10:49 10:18
643	2367	Tonske Peter-Alexander	*Düsseldorf	0:54:04	0:54:37	23	M55	55	5: 10:46 10:38 10:46 10:59 10:53
644	2639	Schütt Lothar	LG Rumpel Pumpel	0:54:06	0:54:52	65	M50	58	5: 11:03 10:42 10:52 10:44 10:42
645	2638	Schürmann Frank	*Düsseldorf	0:54:06	0:55:04	92	M45	64	5: 11:19 10:59 10:48 10:35 10:23
646	1644	Apfel Dietmar	ohne	0:54:07	0:54:32	13	M60	46	5: 10:30 11:00 10:59 10:54 10:42
647	2022	Harbisch Klaus	Hotel Nikko Düsseldorf	0:54:07	0:54:49	93	M45	64	5: 11:02 11:05 11:02 10:55 10:02
648	1824	Hofmann Wolfgang	ART Düsseldorf	0:54:10	0:54:44	5	M65	43	5: 10:38 10:37 10:53 11:02 10:58
649	1921	Cobbers Dr. Christian	*Düsseldorf	0:54:11	0:54:49	90	M35	72	5: 10:49 10:51 10:50 10:59 10:40
650	2220	Nowak Rainer	dm-Drogeriemarkt	0:54:12	0:55:16	24	M55	51	5: 11:13 10:39 10:56 10:52 10:31
651	1992	Gerk Andreas	*Düsseldorf	0:54:18	0:55:06	94	M45	63	5: 11:02 10:44 10:51 10:55 10:44
652	2703	Florian Dick	*Düsseldorf	0:54:19	0:54:21	110	M20		5: 09:06 10:23 11:35 12:45 10:28
653	2740	Rann Stefan	*Düsseldorf	0:54:23	0:55:31	89	M30	80	5: 11:23 11:07 10:57 10:47 10:08
654	2447	Hahn Ortwin	Tele 2	0:54:24	0:54:39	6	M65	41	5: 10:29 10:33 10:54 11:08 11:18
655	2012	Hänel Reimar	*Düsseldorf	0:54:24	0:55:31	90	M30	77	5: 10:43 10:44 11:05 10:56 10:54
656	2046	Himmes Thomas	*Düsseldorf	0:54:25	0:54:53	91	M30	77	5: 10:57 10:50 10:51 10:57 10:48
657	2563	Herbst Eduard	GTV	0:54:25	0:55:37	14	M60	48	5: 11:12 10:51 10:40 10:55 10:46
658	2619	Pohlmann Benjamin	*Düsseldorf	0:54:25	0:55:08	92	M30	77	5: 10:46 10:58 11:07 11:03 10:29
659	2163	Maas Oliver	Kieser Training	0:54:26	0:54:32	137	M40	66	5: 10:09 10:28 10:56 11:20 11:30
660	1982	Frazao Rui	*Meerbusch	0:54:30	0:55:10	138	M40	70	5: 10:34 10:39 10:55 11:19 11:01

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
661	1984	Friedrich Dr. Holger	*Meerbusch	0:54:30	0:55:09	66	M50	58	5: 10:34 10:41 10:54 11:19 11:01
662	2637	Schröder Jörg	*Solingen	0:54:31	0:55:30	95	M45	65	5: 11:47 11:26 11:28 10:30 09:17
663	2676	Köpke Bernd	TV Ratingen	0:54:32	0:55:08	67	M50	58	5: 10:09 10:38 11:07 11:39 10:57
664	2516	Wenzel Matthias	Tele 2	0:54:32	0:54:43	93	M30	80	5: 10:29 10:48 11:14 11:24 10:35
665	2397	Wesselbaum Friedel	dm-Drogeriemarkt	0:54:36	0:55:37	25	M55	51	5: 10:47 10:50 11:03 11:00 10:54
666	1915	Burmeister Manfred	dm-Drogeriemarkt	0:54:37	0:55:36	68	M50	60	5: 11:13 10:54 10:52 10:50 10:46
667	2612	Nover Hans-Jürgen	*Duisburg	0:54:41	0:55:11	96	M45	61	5: 11:04 10:58 11:03 11:03 10:31
668	1895	Biermann Alexander	otris runtime e.V.	0:54:42	0:55:29	111	M20	82	5: 11:07 10:47 10:55 11:01 10:49
669	2159	Loschelder Jürgen	Hotel Nikko Düsseldorf	0:54:45	0:55:14	69	M50	59	5: 11:21 10:57 11:03 11:01 10:22
670	2798	Becker Willi		0:54:45	0:55:09	7	M65	44	5: 10:27 10:54 10:58 11:09 11:15
671	2527	Beckermann Mario	Fuji-Runners	0:54:45	0:55:29	70	M50	57	5: 10:54 10:51 11:03 10:56 10:59
672	2656	Wagner Claus	Albrecht-Dürer-Schule	0:54:49	0:55:47	71	M50	58	5: 10:28 10:56 11:06 11:09 11:08
673	2409	Wirth Patrick	*Hilden	0:54:49	0:55:30	91	M35	75	5: 11:25 10:47 10:38 10:50 11:07
674	1549	Rohr Dennis	Stadtwerke Düsseldorf	0:54:50	0:55:19	94	M30	78	5: 10:12 10:44 11:17 11:36 10:59
675	2596	Marquardt Thomas	*duesseldorf	0:54:50	0:55:20	72	M50	58	5: 10:05 10:13 11:05 11:35 11:50
676	2778	Spence Cara	LT Rennhamster	0:54:51	0:55:49	112	M20	82	5: 11:25 10:49 10:59 11:05 10:31
677	2309	Schneider Frank	*Moers	0:54:52	0:56:07	95	M30	79	5: 11:38 11:06 11:20 11:30 09:16
678	2216	Niehs Manuel	*Köln	0:54:53	0:56:02	113	M20	83	5: 12:23 11:55 10:59 10:14 09:21
679	2364	Tintemann Thomas	*Mettmann	0:54:54	0:55:49	73	M50	57	5: 11:02 10:52 11:01 11:02 10:55
680	1923	Cornelissen Christoph	S Direkt Laufteam	0:54:54	0:55:25	114	M20	82	5: 10:58 11:09 11:13 11:18 10:14
681	1935	Döbler Andreas	*Wermeskirchen	0:54:54	0:56:01	74	M50	58	5: 11:01 10:42 11:09 11:19 10:42
682	2760	Steffens Dirk	ASC Düsseldorf	0:54:56	0:55:22	97	M45	62	5: 10:54 10:56 11:05 11:14 10:44
683	1960	Escher Christoph	Marathonteam-Ratingen	0:54:57	0:56:02	139	M40	66	5: 10:21 10:26 10:45 12:12 11:10
684	2052	Hofer Heribert	*Düsseldorf	0:55:00	0:55:06	26	M55	54	5: 10:46 10:53 10:54 11:08 11:18
685	2743	Thie Stefan	Fujitsu-General	0:55:05	0:56:02	98	M45	62	5: 11:27 10:49 10:55 11:05 10:48
686	1964	Faber Frank	*Neuss	0:55:06	0:55:40	99	M45	64	5: 10:38 11:09 11:06 11:11 10:59
687	2593	Ludwig Dr. Ulrich	*Neuss	0:55:09	0:56:11	27	M55	55	5: 11:28 10:57 11:02 11:06 10:34
688	2049	Höflich Oliver	*Düsseldorf	0:55:09	0:55:29	92	M35	71	5: 11:35 11:20 10:59 11:01 10:12
689	1860	Andree Dirk	IceAliens Velbert	0:55:09	0:56:25	75	M50	59	5: 11:00 10:55 11:07 11:07 10:59
690	2663	Westhoff Ralf	TV Ratingen	0:55:12	0:55:49	100	M45	62	5: 11:22 11:15 11:05 10:59 10:28
691	2439	Felix Alexander	Tele 2	0:55:14	0:55:26	93	M35	74	5: 10:11 10:40 11:21 11:37 11:22
692	2235	Pieper Andreas	*Mettmann	0:55:15	0:55:50	140	M40	70	5: 11:06 11:06 11:09 11:17 10:34
693	2373	Use Klaus	Sonnen-Herzog KG	0:55:15	0:55:36	94	M35	74	5: 10:28 10:50 11:23 11:09 11:22
694	2747	Adam Jens	SC 1898	0:55:16	0:56:09	141	M40	69	5: 10:33 10:10 10:25 11:10 12:56
695	1924	Cramer Dr. Jürgen	S Direkt Laufteam	0:55:17	0:55:48	101	M45	62	5: 10:20 10:52 11:15 11:26 11:22
696	2783	Kessel Theodor	DJK Kleinenbroich	0:55:17	0:56:15	1	M80	30	5: 11:13 11:18 11:04 11:02 10:39
697	2279	Roß Alexander	*Ratingen	0:55:18	0:56:21	115	M20	89	5: 10:43 10:26 10:39 11:24 12:05
698	2594	Mandel Richard	*Mülheim	0:55:19	0:55:33	76	M50	60	5: 10:22 11:10 11:10 11:34 11:01
699	2229	Perak Daniel	*Düsseldorf	0:55:21	0:55:41	95	M35	72	5: 11:34 11:20 11:00 11:01 10:24
700	2597	Marquardt Ulf	Allen & Overy LLP	0:55:22	0:56:07	96	M30	76	5: 10:56 11:01 11:16 11:09 10:58
701	2197	Mross Oliver	Linklaters LLP	0:55:22	0:56:11	96	M35	75	5: 11:44 11:01 11:13 10:56 10:27
702	1432	Haberla Robert	Johnson & Johnson	0:55:24	0:56:26	97	M35	75	5: 10:39 11:19 11:17 11:05 11:02
703	1927	Deike Herrmann	Kieser Training	0:55:26	0:55:52	98	M35	74	5: 11:11 11:16 11:17 11:16 10:24
704	2114	Körber Bernhard	Kieser Training	0:55:27	0:56:06	77	M50	56	5: 11:09 11:03 11:08 11:16 10:48
705	1519	Mühlmann Christian	*Düsseldorf	0:55:27	0:55:34	99	M35	71	5: 09:41 11:13 11:31 11:25 11:34
706	2228	Patten Stephan	Sonnen-Herzog KG	0:55:35	0:56:06	97	M30	76	5: 11:53 12:03 10:52 10:23 10:22
707	2655	Van Schrick Gerhard	*Düsseldorf	0:55:36	0:56:12	28	M55	54	5: 10:56 11:07 11:19 11:28 10:45
708	2758	Pelzer Dirk	*Düsseldorf	0:55:36	0:55:57	142	M40	69	5: 10:13 10:26 11:04 11:49 12:02
709	2277	Rohde Christian	*Erkrath	0:55:37	0:56:10	98	M30	76	5: 11:05 11:03 11:15 11:15 10:59
710	2602	Müther Dr. Gerhard	*Düsseldorf	0:55:38	0:56:22	15	M60	46	5: 10:44 11:03 11:09 11:25 11:14
711	2144	Lassig Günther	dm-Drogeriemarkt	0:55:38	0:56:41	78	M50	59	5: 11:08 10:52 10:56 11:25 11:14
712	2143	Laqua Sven	Fast Foot Düsseldorf	0:55:39	0:56:41	100	M35	72	5: 11:18 10:45 11:07 11:50 10:37
713	2416	Wutzke Dirk	Ricoh International	0:55:40	0:56:01	102	M45	65	5: 11:36 10:47 10:57 11:10 11:08
714	2355	Takada/Ricoh Internationa	*Düsseldorf	0:55:40	0:55:59	101	M35	74	5: 11:29 10:56 10:44 11:08 11:21
715	2533	Bodenberger Torsten	*Düsseldorf	0:55:41	0:56:14	103	M45	64	5: 10:52 10:59 11:19 11:23 11:06
716	2799	Gruschka Gregor		0:55:45	0:56:36	79	M50	58	5: 10:41 10:48 11:14 11:35 11:25
717	1388	De Jonge Martijn	*Ede	0:55:46	0:56:11	143	M40	69	5: 11:22 11:23 10:55 11:27 10:39
718	2535	Bruland Robert	DJK Novesia Neuss	0:55:46	0:56:36	102	M35	73	5: 10:57 11:00 11:24 11:17 11:06
719	1395	Distel Ben	*Düsseldorf	0:55:46	0:56:11	144	M40	67	5: 11:21 11:22 10:55 11:27 10:39
720	2697	Heintges Tobias		0:55:46	0:56:45	104	M45	64	5: 11:19 11:02 11:07 11:12 11:04

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
721	2537	Busch Stephan	*Düsseldorf	0:55:47	0:56:45	105	M45	64	5: 11:19 11:02 11:07 11:12 11:04
722	2712	Birken Claus Dr.	*Düsseldorf	0:55:47	0:57:01	8	M65	42	5: 11:13 11:06 11:09 11:17 11:00
723	2000	Gossens Thomas	*Düsseldorf	0:55:48	0:56:26	103	M35	72	5: 10:49 10:51 11:11 11:23 11:31
724	2378	Vinschen Bruno	*Moers	0:55:50	0:56:24	145	M40	69	5: 11:33 11:15 10:46 10:51 11:23
725	2573	Hüsch Ralf	Albrecht-Dürer-Schule	0:55:51	0:57:11	16	M60	47	5: 11:50 11:04 11:12 11:07 10:36
726	2420	Zanders Bernd	*Düsseldorf	0:55:56	0:56:10	17	M60	47	5: 10:32 10:59 11:15 11:27 11:40
727	2792	Hausweiler Werner		0:55:59	0:56:51	29	M55	55	5: 11:09 10:57 11:14 11:26 11:12
728	1671	Kühn Joachim	Albrecht-Dürer-Schule	0:56:00	0:57:20	30	M55	54	5: 11:15 11:04 11:07 11:24 11:06
729	2297	Schlapkohl Daniel	*Düsseldorf	0:56:00	0:56:14	116	M20	87	5: 10:54 11:17 11:26 11:27 10:54
730	2513	Wallraff Sven	Tele 2	0:56:01	0:56:26	117	M20	89	5: 11:30 11:25 11:20 11:03 10:40
731	1383	Chene Nicola	Team-Die Ärzte Fliednerstr. 5	0:56:02	0:56:34	104	M35	73	5: 10:27 10:26 11:14 12:01 11:53
732	1917	Cirkel Julian	*Düsseldorf	0:56:04	0:57:16	118	M20	81	5: 11:36 11:25 11:29 11:17 10:15
733	2064	Jahnke Udo	*Mettmann	0:56:06	0:57:11	106	M45	63	5: 11:05 10:48 11:03 11:40 11:27
734	2074	Kalde Klaus	*Dorsten	0:56:07	0:56:15	107	M45	64	5: 10:57 11:22 11:23 11:21 11:04
735	1786	Aneovaki Reduan	DJK Agon 08	0:56:10	0:56:11	14	MJB	97	5: 09:15 11:28 10:37 11:31 13:17
736	2762	Collé Pascal		0:56:12	0:56:39	119	M20		5: 11:26 11:01 11:15 11:18 11:10
737	2730	Koß Karlheinz	*Düsseldorf	0:56:13	0:57:01	108	M45	61	5: 10:36 11:07 11:36 11:30 11:21
738	2289	Sawallisch Frank	LT Düsseldorf-Süd	0:56:13	0:57:21	80	M50	59	5: 11:13 11:21 11:19 11:27 10:51
739	2382	Von brevern Daniel	Linklaters LLP	0:56:14	0:56:53	105	M35	72	5: 10:52 11:10 11:28 11:34 11:08
740	2642	Schulz-Bongert Dr. Udo	*Düsseldorf	0:56:14	0:57:07	81	M50	60	5: 10:44 11:10 11:23 11:32 11:24
741	1891	Bergmann Thomas	*Ratingen	0:56:14	0:57:02	106	M35	71	5: 11:59 11:26 11:14 10:56 10:37
742	2278	Rola Harald	ROLA	0:56:16	0:57:01	109	M45	62	5: 11:32 11:16 11:26 11:30 10:30
743	2196	Morgenstern Alexander	Kieser Training	0:56:18	0:57:02	146	M40	70	5: 11:40 11:23 11:12 11:12 10:50
744	1912	Büchle Bert	*Neuss	0:56:24	0:56:46	147	M40	68	5: 12:01 11:39 11:16 11:07 10:19
745	2759	Kersten Christian	TSV Olé	0:56:28	0:56:43	148	M40	69	5: 10:59 10:58 11:16 11:35 11:37
746	2741	Schulte Klaus	*Düsseldorf	0:56:28	0:57:00	18	M60	50	5: 10:40 11:01 11:20 11:47 11:38
747	1976	Florjanz Hartwin	TSV Hochdahl	0:56:31	0:57:07	31	M55	52	5: 11:49 11:33 11:14 11:15 10:39
748	2437	Evert Karsten	Tele 2	0:56:31	0:57:10	149	M40	69	5: 11:42 11:29 11:30 11:13 10:35
749	1540	Raimondo Giuseppe	Johnson & Johnson	0:56:33	0:57:35	150	M40	69	5: 10:20 10:27 11:39 12:07 11:57
750	2794	Toth Viktoria	TV Angermund	0:56:33	0:56:44	99	M30	80	5: 11:08 11:43 11:53 11:00 10:48
751	2543	Döring Markus	*Düsseldorf	0:56:34	0:57:45	107	M35	73	5: 11:35 11:23 11:23 11:23 10:48
752	1995	Glod Karl	*Hilden	0:56:36	0:56:53	32	M55	55	5: 10:38 11:22 11:26 11:43 11:24
753	2019	Hampel Jürgen	*Brüggen	0:56:37	0:57:43	110	M45	61	5: 11:02 10:56 11:14 11:40 11:43
754	2550	Frank Michael	*Düsseldorf	0:56:43	0:57:11	108	M35	73	5: 11:54 11:29 11:14 11:12 10:52
755	2541	Dethof Dr. Sascha	*Düsseldorf	0:56:43	0:57:40	109	M35	75	5: 12:09 12:36 10:43 10:40 10:33
756	2242	Pojer Marc	Kieser Training	0:56:44	0:57:26	151	M40	67	5: 11:45 11:16 11:15 11:21 11:05
757	2458	Kappe Peter	Tele 2	0:56:44	0:57:09	100	M30	79	5: 11:58 11:40 11:18 11:07 10:39
758	2618	Pohle Timo	*Düsseldorf	0:56:44	0:57:13	101	M30	78	5: 11:53 11:30 11:14 11:12 10:54
759	2275	Roettig Andreas	SSV Düsseldorf-Knittkuhl 1972	0:56:47	0:57:40	82	M50	58	5: 10:55 11:00 11:30 11:43 11:37
760	1864	Ater Benjamin	ISD	0:56:52	0:57:36	110	M35	71	5: 11:55 11:35 11:28 11:16 10:36
761	2560	Hebel Thomas	tombasi	0:56:53	0:57:04	152	M40	67	5: 10:48 11:04 11:29 11:50 11:40
762	2345	Strake Franz	*Düsseldorf	0:56:54	0:57:37	83	M50	59	5: 11:40 11:23 11:14 11:20 11:15
763	2098	Klemcyk Stephan	TV Grafenberg	0:56:57	0:57:41	84	M50	57	5: 11:40 11:28 11:21 11:14 11:12
764	2310	Schneider Jürgen	*Düsseldorf	0:56:58	0:57:56	111	M45	61	5: 11:22 11:21 11:27 11:33 11:13
765	2351	Szczesny Reinhard	*Kaarst	0:57:00	0:58:14	153	M40	68	5: 11:38 11:06 11:19 11:31 11:23
766	2118	Konieczny Michael	*Düsseldorf	0:57:00	0:57:49	111	M35	72	5: 11:43 11:36 11:28 11:31 10:40
767	1928	Deisenroth Frank	*Düsseldorf	0:57:01	0:58:15	112	M45	62	5: 11:39 11:07 11:19 11:31 11:23
768	2097	Kleist Alexander	*Düsseldorf	0:57:02	0:57:59	113	M45	64	5: 11:48 11:24 11:19 11:26 11:03
769	2488	Reiners Werner	Tele 2	0:57:04	0:57:26	19	M60	49	5: 11:07 11:22 11:29 11:37 11:26
770	2614	Parthey Hannes	*Düsseldorf	0:57:06	0:57:46	102	M30	79	5: 11:46 11:29 10:51 11:33 11:25
771	1883	Beber Werner	Sonnen-Herzog KG	0:57:08	0:57:36	85	M50	59	5: 11:52 11:51 11:14 11:07 11:02
772	2306	Schmitz Uwe	SV 21 Bonenburg	0:57:09	0:57:43	114	M45	62	5: 11:19 11:13 11:29 11:41 11:24
773	1847	Klaus Alexander	Schnell & Schön	0:57:18	0:58:18	120	M20	82	5: 10:58 10:48 11:35 12:04 11:52
774	2042	Hertel Sebastian	HSBC Trinkaus AG	0:57:20	0:57:46	103	M30	78	5: 10:55 11:17 11:37 11:52 11:37
775	2564	Hermanns Rolf	DJK Novesia Neuss	0:57:20	0:58:29	9	M65	45	5: 11:57 11:13 11:06 11:29 11:33
776	2709	Gerlach Klaus-Peter	Lauf Vanessa, lauf	0:57:23	0:57:28	112	M35	75	5: 10:45 11:33 11:59 12:03 11:00
777	2607	Neuhaus Falk	*Düsseldorf	0:57:29	0:58:27	104	M30	78	5: 12:16 12:10 12:17 11:48 08:57
778	2073	Käfer Carsten	*Düsseldorf	0:57:34	0:58:45	105	M30	80	5: 11:37 11:28 11:41 11:33 11:13
779	2296	Bienefeld Detlef	NRW.Bank	0:57:36	0:58:55	121	M20		5: 11:10 11:35 11:34 11:35 11:40
780	2377	Villano Alfonso	Marathonteam-Ratingen	0:57:39	0:58:44	115	M45	64	5: 11:11 10:58 11:39 12:08 11:40

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
781	2157	Lomott Manfred	LOMOCON	0:57:40	0:57:57	20	M60	48	5: 11:24	11:31	11:41	11:36	11:26	
782	2180	Meister Martin	Stadtwerke Düsseldorf	0:57:41	0:58:22	116	M45	63	5: 11:41	11:31	11:33	11:41	11:12	
783	2095	Klein Ralf	dm-Drogeriemarkt	0:57:44	0:58:49	2	M70	40	5: 12:04	11:50	11:35	11:18	10:55	
784	2312	Scholz Jürgen	Kath. Kirche	0:57:45	0:58:34	117	M45	63	5: 11:30	11:02	11:10	11:44	12:17	
785	2221	Nowak Dr. Thomas	*Kaarst	0:57:45	0:58:25	154	M40	70	5: 10:40	11:01	11:43	12:16	12:04	
786	2116	Kolenbrander Karl-Heinz	TV Angermund	0:57:46	0:58:35	33	M55	52	5: 11:39	11:37	11:32	11:34	11:22	
787	2034	Helms Andre	*Düsseldorf	0:57:47	0:57:57	155	M40	70	5: 10:34	11:12	11:44	12:09	12:06	
788	2236	Plathen Klaus	*Krefeld	0:57:47	0:58:29	86	M50	58	5: 11:31	11:28	11:39	11:36	11:31	
789	2040	Henning Uwe	Sonnen-Herzog KG	0:58:00	0:58:17	118	M45	62	5: 11:00	11:27	11:54	11:58	11:39	
790	2633	Schmellekamp Dirk	*Haan	0:58:00	0:59:02	156	M40	67	5: 12:06	11:32	11:44	11:36	11:01	
791	2744	Zimmermann Norbert	Fujitsu-General	0:58:00	0:58:57	87	M50	59	5: 11:24	11:06	11:35	12:00	11:53	
792	2092	Klapper Niklas	dm-Drogeriemarkt	0:58:02	0:58:28	122	M20	87	5: 11:54	11:41	11:41	11:50	10:54	
793	2329	Soliman Peter	*Meerbusch	0:58:04	0:58:40	119	M45	62	5: 11:05	11:34	11:41	11:47	11:55	
794	2773	Münch Dieter	Marathon Soest	0:58:04	0:58:27	21	M60	47	5: 10:39	11:18	11:49	12:02	12:14	
795	1735	Schmieder Markus		0:58:04	0:58:38	123	M20	85	5: 10:33	11:04	11:32	12:31	12:22	
796	2647	Stockmann Andreas	*Düsseldorf	0:58:06	0:58:39	120	M45	64	5: 10:53	11:12	11:45	12:02	12:12	
797	2621	Radermacher Thomas	*Düsseldorf	0:58:06	0:59:05	88	M50	58	5: 11:33	11:46	11:46	11:42	11:18	
798	1734	Schmieder Christoph		0:58:07	0:58:41	106	M30	79	5: 10:32	11:04	11:32	12:31	12:25	
799	1878	Basten Christian	*Hilden	0:58:10	0:58:37	124	M20	82	5: 11:38	11:40	11:59	11:43	11:08	
800	2292	Schaser/Ricoh Internation	*Düsseldorf	0:58:12	0:58:32	34	M55	55	5: 10:37	11:16	11:29	12:04	12:44	
801	2335	Stafunsky Simeon	*Viersen	0:58:16	0:58:56	107	M30	77	5: 11:47	11:54	12:01	11:54	10:39	
802	1853	Albrecht Alexander	*Wuppertal	0:58:16	0:58:36	125	M20	84	5: 10:32	11:05	11:56	12:35	12:06	
803	2358	Teschke Marc-Oliver	*Düsseldorf	0:58:16	0:58:49	126	M20	84	5: 11:48	11:51	11:50	12:00	10:46	
804	889	Wolfgang Moritz	Wupperläufer	0:58:17	0:59:10	127	M20		5: 11:13	11:26	11:31	12:05	12:00	
805	2260	Reitel Daniel	*Düsseldorf	0:58:18	0:58:21	113	M35	75	5: 10:36	11:39	12:05	12:17	11:38	
806	1852	Adrian Frank	*Ratingen	0:58:19	0:58:56	121	M45	61	5: 12:01	11:35	11:36	11:41	11:24	
807	2165	Mainz Dieter	SV GWR Düsseldorf	0:58:26	0:58:46	3	M70	36	5: 11:46	11:46	11:47	11:44	11:21	
808	2339	Steinbrücker Michael	HSBC Trinkaus AG	0:58:28	0:59:40	128	M20	81	5: 12:05	12:05	11:37	11:25	11:15	
809	2009	Hackstein Bernd	Stadtsparkasse Düsseldorf	0:58:35	0:58:38	35	M55	52	5: 10:49	11:42	11:53	12:10	11:59	
810	2129	Kristo Dario	*Düsseldorf	0:58:40	0:58:58	114	M35	75	5: 10:59	11:54	12:04	12:04	11:36	
811	651	Wolters Burkhardt	Kieser Training	0:58:42	1:00:01	22	M60	46	5: 11:39	11:32	11:43	11:47	11:59	
812	2719	Burbott Sven	*Essen	0:58:42	0:59:44	108	M30	79	5: 11:14	11:29	12:01	12:07	11:50	
813	2724	Rossi Alain	*Düsseldorf	0:58:51	0:59:32	109	M30	80	5: 12:04	11:37	11:50	12:05	11:13	
814	2287	Saß Robert	Linklaters LLP	0:58:55	0:59:41	110	M30	77	5: 11:07	11:04	11:50	12:25	12:27	
815	2036	Hennes Horste	LTD Köln-Delbrück	0:58:57	0:59:34	23	M60	49	5: 11:29	11:37	11:49	12:00	12:01	
816	2622	Rehkämper Klaus	SR Hösel	0:59:01	0:59:56	89	M50	59	5: 12:00	11:25	11:50	12:08	11:36	
817	1830	Olschinka Jörg	SR Hösel	0:59:01	0:59:55	122	M45	65	5: 12:02	11:23	11:50	12:08	11:35	
818	1922	Contzen Jens	*Meerbusch	0:59:05	0:59:48	157	M40	66	5: 11:39	11:32	11:51	12:02	11:58	
819	1872	Baier Alexander	*Solingen	0:59:16	0:59:33	129	M20	87	5: 11:34	11:11	12:20	12:26	11:44	
820	1877	Barroca José	NRW.Bank	0:59:18	1:00:36	123	M45	62	5: 11:58	12:04	11:58	11:46	11:30	
821	2763	Simon Benjamin		0:59:19	0:59:46	111	M30	78	5: 11:26	11:29	11:55	12:13	12:14	
822	2412	Wolter Joachim	Kieser Training	0:59:25	0:59:48	90	M50	58	5: 11:32	11:47	12:02	12:16	11:46	
823	1842	Witt Christian		0:59:28	1:00:35	158	M40	66	5: 12:14	12:04	11:53	11:38	11:38	
824	2559	Hasselberg Jürgen	Fuji-Runners	0:59:32	1:00:16	124	M45	63	5: 11:28	11:37	11:58	12:08	12:19	
825	2626	Rosbach Gerd	*Wuppertal	0:59:33	1:00:26	91	M50	58	5: 12:53	12:26	12:06	11:25	10:40	
826	2273	Rocker Erwin	BSG Stadtverwaltung Ddorf	0:59:40	1:00:44	36	M55	52	5: 12:06	12:10	12:37	11:22	11:23	
827	2574	Jensen Thomas	*Düsseldorf	0:59:47	1:00:32	92	M50	57	5: 11:59	12:09	11:56	12:02	11:39	
828	2438	Feiler Alfred Hans	Tele 2	0:59:52	1:00:09	93	M50	58	5: 10:48	11:35	11:59	12:44	12:43	
829	2735	Lonz Voker	*Düsseldorf	0:59:54	1:00:43	94	M50	56	5: 11:28	11:55	12:12	12:15	12:03	
830	2498	Schwieder Detlev	Tele 2	0:59:58	1:00:39	125	M45	65	5: 11:52	11:36	12:16	12:23	11:49	
831	2043	Hiesgen Philipp	*Ratingen	0:59:59	1:01:03	130	M20	90	5: 10:50	11:26	12:36	13:03	12:02	
832	2749	Gorski Axel	*Düsseldorf	1:00:00	1:00:11	159	M40	68	5: 11:23	11:44	12:28	12:39	11:44	
833	2460	Kettner Peter	Tele 2	1:00:00	1:00:42	126	M45	63	5: 12:14	11:44	11:36	11:36	12:48	
834	2517	Wexel Günther	Tele 2	1:00:01	1:00:42	37	M55	54	5: 11:47	11:42	12:15	12:23	11:51	
835	2474	Maiwald Karl-Heinz	Tele 2	1:00:02	1:00:39	24	M60	49	5: 11:49	11:44	12:14	12:24	11:49	
836	2491	Rüpprich Andreas	Tele 2	1:00:03	1:00:41	95	M50	60	5: 11:48	11:43	12:15	12:23	11:51	
837	2403	Wiesner Frank	Kieser Training	1:00:03	1:01:09	115	M35	71	5: 12:19	12:06	12:12	11:57	11:27	
838	2482	Piotrowski Peter	Tele 2	1:00:04	1:00:40	25	M60	48	5: 11:50	11:41	12:07	11:37	12:46	
839	2293	Schiffarth Michael	*Düsseldorf	1:00:08	1:01:19	112	M30	76	5: 11:44	11:40	12:00	12:35	12:07	
840	2244	Posingies Heinz	*Düsseldorf	1:00:09	1:01:25	38	M55	52	5: 11:57	12:08	12:05	12:06	11:51	

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
841	2053	Hofer Stefan	*Hamburg	1:00:13	1:00:27	160	M40	67	5: 12:15 12:35 11:51 12:03 11:27
842	2175	Mehrtens Matthias	Stadtwerke Düsseldorf	1:00:15	1:01:05	161	M40	67	5: 11:41 11:55 12:16 12:21 12:00
843	2076	Kampmeier Erne	FC Maulwurf	1:00:16	1:00:33	26	M60	50	5: 11:29 11:47 12:04 12:36 12:18
844	2077	Kampmeier Raphael	FC Maulwurf	1:00:16	1:00:33	116	M35	71	5: 11:29 11:46 12:04 12:36 12:18
845	2387	Wanders Andreas	*Düsseldorf	1:00:17	1:01:14	96	M50	57	5: 12:11 12:13 12:10 12:10 11:31
846	1876	Barke Christian	*Düsseldorf	1:00:20	1:01:25	131	M20	85	5: 12:29 12:21 11:52 12:03 11:33
847	2711	Adrian Sascha	Düsseldorfer Jonges	1:00:35	1:01:12	132	M20	83	5: 11:56 11:38 11:38 13:01 12:19
848	2025	Hartwig Jens	LG Schellbrand	1:00:42	1:01:18	117	M35	72	5: 11:29 11:55 12:19 12:44 12:13
849	2552	Frinken Thomas	*Grevenbroich	1:00:44	1:01:02	127	M45	63	5: 11:05 11:41 12:21 12:50 12:46
850	890	Hofmann Dieter	Fortuna Düsseldorf	1:01:04	1:02:14	128	M45	64	5: 11:24 12:14 12:29 12:34 12:22
851	1844	Meyer Franz-Ludwig		1:01:12	1:02:29	10	M65	41	5: 12:15 12:10 12:14 12:20 12:12
852	2701	Schillings Rolf	*Neuss	1:01:12	1:01:40	11	M65	42	5: 11:44 11:53 12:16 12:38 12:39
853	2651	Trommer Mike	*Düsseldorf	1:01:13	1:02:20	113	M30	76	5: 12:04 12:04 12:05 12:29 12:29
854	1835	Kulla Adrian		1:01:14	1:01:26	133	M20	83	5: 11:52 12:11 12:30 12:27 12:12
855	2451	Holl Daniel	Tele 2	1:01:20	1:02:28	114	M30	78	5: 13:58 13:50 13:16 10:41 09:33
856	2060	Jablonski Matthias	Stadtwerke Düsseldorf	1:01:22	1:02:03	118	M35	75	5: 11:43 12:01 12:15 12:38 12:42
857	2433	Böhnke Frank	Tele 2	1:01:33	1:02:13	27	M60	48	5: 12:27 12:02 12:08 12:33 12:22
858	2222	Nowas Daniel	S Direkt Laufteam	1:01:52	1:02:24	115	M30	80	5: 11:27 12:09 12:20 12:35 13:19
859	2284	Rummel Christian	*Meerbusch	1:02:07	1:03:24	129	M45	65	5: 12:20 12:09 12:20 12:40 12:37
860	1642	Zur Linden Ulrich	Ski-Klub Düsseldorf	1:02:08	1:02:59	97	M50		5: 12:22 12:21 12:30 12:35 12:18
861	891	Wagner Uwe		1:02:23	1:02:32	98	M50	60	5: 11:32 12:22 12:44 12:49 12:55
862	2368	Treske Christian	*Düsseldorf	1:02:25	1:03:28	116	M30	80	5: 11:42 10:54 12:41 14:27 12:39
863	2756	Smith Alan	South Shiels	1:02:26	1:03:13	39	M55	54	5: 11:16 11:54 12:37 13:33 13:05
864	2218	Niggemann Dr. Peter	*Düsseldorf	1:02:39	1:03:35	130	M45	65	5: 12:09 12:12 12:41 12:57 12:38
865	2282	Rotzoll Andreas	*Düsseldorf	1:02:53	1:03:49	162	M40	69	5: 12:21 12:08 12:20 12:52 13:10
866	2020	Handor Jörg	SSV Düsseldorf-Knittkuhl 1972	1:03:03	1:03:56	163	M40	66	5: 12:09 12:28 13:05 12:50 12:29
867	2330	Sonnen Stephan	Sonnen-Herzog KG	1:03:05	1:03:33	164	M40	66	5: 13:00 12:29 12:52 12:27 12:16
868	1988	Fütterer Eric	*Erkrath	1:03:06	1:04:13	165	M40	67	5: 12:37 12:56 13:06 13:19 11:06
869	2689	Witting Jörg	*Düsseldorf	1:03:13	1:03:28	166	M40	66	5: 12:06 12:06 12:04 13:25 13:31
870	1851	Abend Günter	*Düsseldorf	1:03:29	1:03:50	12	M65	43	5: 11:59 12:43 12:49 12:51 13:05
871	2281	Rothe Axel	*Düsseldorf	1:03:36	1:04:31	131	M45	65	5: 12:17 12:11 12:39 13:06 13:22
872	2554	Fritz Markus	Willicher Turnverein 1892 e.V.	1:03:39	1:04:36	119	M35	71	5: 11:20 12:22 12:51 13:17 13:47
873	2259	Reinke Sascha	NRW.Bank	1:03:39	1:04:36	120	M35	72	5: 12:44 12:51 12:46 12:43 12:33
874	2679	Licata Antonio	Dudel-Runner	1:03:40	1:04:25	167	M40	66	5: 12:38 12:25 12:57 12:56 12:42
875	2726	Winkelsträter Michael	LG Fsue	1:03:41	1:04:54	28	M60	46	5: 12:36 12:22 12:36 13:00 13:06
876	2694	Simeone Nello	SFD 75	1:03:43	1:04:12	29	M60	46	5: 11:57 12:19 12:43 13:20 13:22
877	2635	Schmitz Wolfgang	Windscheid & Wendel	1:03:50	1:05:03	99	M50	59	5: 13:12 13:05 12:52 12:29 12:08
878	2620	Pooth Stefan	*Düsseldorf	1:03:50	1:04:19	121	M35	73	5: 12:16 12:41 13:10 12:58 12:43
879	2592	Lohmeyer Rudolf	*Toennisvorst	1:04:21	1:05:38	13	M65	43	5: 12:35 13:05 13:04 13:00 12:36
880	2343	Klein Stephan	TSV Hochdahl	1:04:32	1:05:10	40	M55	55	5: 13:02 12:47 12:58 12:58 12:45
881	2058	Hoydem Andreas	Stadtwerke Düsseldorf	1:05:10	1:05:51	168	M40	70	5: 11:40 11:30 11:35 18:31 11:51
882	1967	Feldmeyer Gerhard	*Meerbusch	1:05:12	1:06:03	100	M50	56	5: 12:35 12:42 13:13 13:29 13:12
883	2562	Heidkamp Guido	A1 - Active First	1:05:31	1:06:07	132	M45	65	5: 11:39 12:57 13:41 13:42 13:29
884	2386	Wagner Dr. Hans-Gunther	*Ratingen	1:05:42	1:06:58	4	M70	37	5: 12:52 13:24 12:59 13:04 13:22
885	1968	Fenske Christian	*düsseldorf	1:06:22	1:06:46	134	M20	81	5: 12:24 12:38 13:18 13:49 14:12
886	2530	Bines Dawit	*Düsseldorf	1:07:15	1:08:29	169	M40	68	5: 12:35 13:07 13:16 13:57 14:18
887	2061	Jacob Marcus	FMCCJ	1:07:38	1:08:25	122	M35	72	5: 12:42 13:29 13:49 14:11 13:25
888	2738	Himmes Christian	*Meerbusch	1:07:53	1:08:22	123	M35	74	5: 10:58 12:04 13:26 15:01 16:23
889	2418	Yilmaz Cengiz	*Meerbusch	1:07:58	1:08:10	124	M35	72	5: 11:59 13:38 13:55 14:12 14:12
890	1886	Bellosa Frank	Business Center Düsseldorf	1:08:01	1:09:11	170	M40	69	5: 12:33 12:32 13:46 14:44 14:24
891	1760	Descombes Michel-on-Tour	Spiridon Frankfurt/Main	1:08:44	1:09:54	14	M65	41	5: 13:15 13:35 13:52 14:01 14:00
892	2109	Koch Dieter	*Düsseldorf	1:08:58	1:09:58	171	M40	68	5: 12:53 13:24 13:55 14:33 14:11
893	2557	Gergs Jürgen	*düsseldorf	1:09:39	1:10:24	133	M45	65	5: 13:01 13:51 14:11 14:47 13:47
894	2790	Güthoff Yannick	TUSA 06 Düsseldorf	1:09:49	1:10:50	15	MJB	94	5: 13:06 13:24 14:20 15:19 13:39
895	2204	Müller-Eberlein Oliver	*Krefeld	1:10:09	1:10:53	134	M45	63	5: 12:35 13:38 14:14 14:41 14:58
896	2771	Graw Peter	LG Esch	1:11:19	1:12:30	135	M20		5: 13:13 13:54 14:23 14:38 15:10
897	2280	Roth Stephan	Laufschule Düsseldorf	1:12:04	1:12:57	15	M65	45	5: 12:38 13:36 14:27 15:23 15:58
898	1465	Kättnis Daniel	da simma dabei	0:34:50	0:35:02	136	M20	83	4: 08:14 08:40 08:57 08:57 00:00
899	2314	Schröder Michael	*Düsseldorf	0:43:31	0:44:21	172	M40	67	4: 10:18 10:37 11:08 11:27 00:00
900	1947	Dufke Sebastian	*Düsseldorf	0:59:03	0:59:03	137	M20	81	4: 11:24 11:15 11:59 24:24 00:00

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
901	1986	Fritz Friedrich	Freizeitpilger	1:19:20	1:19:47	41	M55	53	4: 19:03 19:55 20:34 19:46 00:00
902	94	Heibel Spencer	SFD Düsseldorf	0:21:37	0:21:39	138	M20		3: 06:52 07:06 07:38 00:00 00:00
903	96	König Niklas	SFD Düsseldorf	0:22:03	0:22:06	139	M20		3: 06:54 07:26 07:42 00:00 00:00
904	1440	Hayner Martin	TG Neuss	0:23:55	0:23:57	135	M45	63	3: 07:41 08:01 08:12 00:00 00:00
905	1480	Kolke Stefan	*Düsseldorf	0:27:12	0:27:16	136	M45	61	3: 08:48 09:07 09:15 00:00 00:00
906	1641	Zrenner Stephan	HSBC Trinkaus AG	0:27:26	0:27:41	140	M20	81	3: 08:25 08:59 10:01 00:00 00:00
907	1781	Winkelmann Jürgen	*Mettmann	0:29:00	0:29:18	42	M55	52	3: 09:21 09:40 09:59 00:00 00:00
908	2577	Kammer Michael	Albrecht-Dürer-Schule	0:33:17	0:34:37	173	M40	67	3: 11:49 10:52 10:35 00:00 00:00
909	2654	Van Laar Alexander	TSV Gruiten	0:39:42	0:40:28	174	M40	69	3: 12:17 12:42 14:42 00:00 00:00
910	1795	Bienemann Sebastian		0:15:41	0:15:43	141	M20	81	2: 07:39 08:01 00:00 00:00 00:00
911	1339	Gerchufsky Kevin	*Düsseldorf	0:16:37	0:16:43	175	M40	70	2: 07:51 08:46 00:00 00:00 00:00
912	21	Barte uli		0:17:14	0:17:22	125	M35	73	2: 08:10 09:03 00:00 00:00 00:00
913	1499	Lettau Michael	*Duisburg	0:18:20	0:18:43	126	M35	71	2: 08:54 09:25 00:00 00:00 00:00
914	2499	Schwill Matthias	Tele 2	0:18:38	0:18:38	127	M35	74	2: 09:29 09:08 00:00 00:00 00:00
915	2784	Kels Florian	Feuerwehr Düsseldorf	0:19:01	0:19:10	142	M20	84	2: 09:13 09:48 00:00 00:00 00:00
916	2035	Hendus Thomas	Sonnen-Herzog KG	0:23:58	0:24:27	128	M35	75	2: 11:54 12:03 00:00 00:00 00:00
917	2789	Güthoff Roland	TUSA 06 Düsseldorf	0:57:13	0:57:13	176	M40	66	2: 41:53 15:20 00:00 00:00 00:00
918	2123	Kratz Jens	*Solingen	0:59:24	0:59:42	143	M20	86	2: 49:41 09:43 00:00 00:00 00:00
919	1761	Arian Mohamed	*Düsseldorf	0:07:10	0:07:13	144	M20	85	1: 07:10 00:00 00:00 00:00 00:00
920	2324	Siepen Thomas	NRW.Bank	0:08:38	0:08:42	137	M45	65	1: 08:38 00:00 00:00 00:00 00:00
921	1660	Gnidowski Kunibert	SG-Zons	0:08:45	0:08:58	129	M35	72	1: 08:45 00:00 00:00 00:00 00:00
922	1501	Lindemann Christoph	KOOB	0:08:53	0:09:08	117	M30	78	1: 08:53 00:00 00:00 00:00 00:00
923	2693	Mauersberger Joachim	SFD	0:09:18	0:09:41	101	M50	60	1: 09:18 00:00 00:00 00:00 00:00
924	1304	Böttcher Thomas Peter	Linklaters LLP	0:09:24	0:09:31	138	M45	64	1: 09:24 00:00 00:00 00:00 00:00
925	1809	Schulte-Goebel Moritz	Boverter Bären	0:09:59	0:10:23	16	MJB	98	1: 09:59 00:00 00:00 00:00 00:00
926	1846	Wagner Christian	HIT Helios Iron Team	0:10:03	0:10:29	145	M20	86	1: 10:03 00:00 00:00 00:00 00:00
927	2600	Mesecke Franz-Werner	*Düsseldorf	0:13:50	0:14:41	43	M55	51	1: 13:50 00:00 00:00 00:00 00:00
928	2481	Persé Ralf	Tele 2	0:15:37	0:15:57	44	M55	54	1: 15:37 00:00 00:00 00:00 00:00
929	1386	Colak Alper	ERGO sports	0:38:59	0:38:59	146	M20	87	1: 38:59 00:00 00:00 00:00 00:00

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
1	50	Chepkwony Caroline		0:32:38	0:32:40	1	W20	85	5: 06:28 06:33 06:37 06:31 06:28
2	55	Jarzynska Karolina		0:33:11	0:33:13	2	W20	81	5: 06:28 06:33 06:37 06:41 06:51
3	54	Gichia Tabitha		0:33:40	0:33:42	3	W20	83	5: 06:27 06:33 06:43 07:03 06:51
4	51	Aiyabei Joan		0:33:54	0:33:56	1	W30	79	5: 06:28 06:33 06:43 07:03 07:05
5	53	Macharia Purity		0:34:18	0:34:20	4	W20	85	5: 06:27 06:40 07:06 07:09 06:54
6	52	Gakunyi Jane		0:35:00	0:35:02	2	W30	79	5: 06:27 06:45 07:10 07:22 07:14
7	23	Rötger Steffi		0:36:06	0:36:09	1	W35	72	5: 06:55 07:03 07:16 07:24 07:26
8	58	Oberem Sonja	rhein marathon düsseldorf e.V.	0:36:36	0:36:39	2	W35	73	5: 07:03 07:15 07:23 07:29 07:23
9	57	Günther Marlen	LAZ Puma Troisdorf/Siegburg	0:37:19	0:37:22	5	W20	83	5: 07:13 07:28 07:37 07:34 07:24
10	1856	Allgeier Jana	Kieser Training	0:41:30	0:41:38	1	WJA	91	5: 08:05 08:19 08:24 08:32 08:08
11	1738	Jenke Ute	IKK	0:42:10	0:42:15	1	W45		5: 08:25 08:29 08:32 08:30 08:12
12	1628	Wienke Dagmar	LA Fortuna Düsseldorf	0:42:26	0:42:31	2	W45	65	5: 08:19 08:24 08:28 08:33 08:39
13	1487	Kronenberg Conny	LCK Ronsdorf	0:42:45	0:42:49	1	W55	54	5: 08:01 08:26 08:40 08:49 08:47
14	1785	Beulen Silke	ART Düsseldorf	0:44:05	0:44:13	3	W30	76	5: 08:24 08:44 08:56 08:57 09:02
15	1437	Hauck Kirstin	*Haan	0:44:21	0:44:38	3	W35	75	5: 08:37 08:55 09:02 09:09 08:36
16	1750	Wozna Monika		0:44:23	0:44:28	4	W30	79	5: 08:19 08:45 08:53 09:00 09:24
17	1496	Lambertz Michaela	Achilles Top Kerkrade	0:45:17	0:45:24	5	W30	77	5: 08:52 08:52 09:05 09:15 09:10
18	1724	Neuman Bianca	anlauf	0:45:40	0:45:51	4	W35	73	5: 08:52 09:14 09:12 09:16 09:05
19	1529	Ohlsson Emma	*Düsseldorf	0:45:52	0:46:10	6	W30	77	5: 09:01 09:04 09:14 09:21 09:10
20	2615	Paul Lea	*Düsseldorf	0:46:13	0:46:32	2	WJA	91	5: 09:09 08:58 09:11 09:28 09:25
21	1663	Hein Silvia	LT Alt - Erkrath	0:46:25	0:46:46	1	W40	67	5: 08:53 08:58 09:48 09:33 09:12
22	1601	Stuckenburg Anke	Hotel Nikko Düsseldorf	0:47:22	0:47:47	5	W35	73	5: 09:12 09:30 09:40 09:39 09:19
23	1556	Schrader Melanie	Hotel Nikko Düsseldorf	0:47:28	0:47:54	2	W40	68	5: 09:12 09:31 09:39 09:38 09:26
24	1820	Schumacher Heike	*Erkelenz	0:47:40	0:47:45	3	W40	70	5: 09:09 09:31 09:38 09:48 09:32
25	1513	Maurer Anne-Mieke	BTC-Herne	0:47:55	0:47:57	7	W30	80	5: 08:24 09:21 09:51 10:12 10:05
26	1428	Große Hovest Miriam	*Köln	0:48:02	0:48:10	8	W30	78	5: 08:57 09:33 09:46 09:57 09:47
27	1801	Gehrmann Sylvia		0:48:06	0:48:09	9	W30	78	5: 08:54 09:40 09:47 10:02 09:40
28	2523	Altschmidt Natalie	Albrecht-Dürer-Schule	0:48:09	0:49:07	6	W35	74	5: 10:02 09:36 09:32 09:25 09:32
29	1996	Goebel Andrea	Jeck Jedoens	0:48:11	0:48:21	7	W35	75	5: 09:20 09:40 09:52 09:48 09:29
30	2547	Edinger Anke	*Leverkusen	0:48:12	0:48:21	6	W20	81	5: 09:37 09:34 09:44 09:46 09:29
31	1369	Beutler Nele	TG81 Oberbilk	0:48:18	0:48:41	7	W20	86	5: 09:19 09:52 09:51 09:47 09:26
32	1638	Zange Gabi	GSV Porz Köln	0:48:33	0:48:57	1	W50	60	5: 09:18 09:36 09:54 09:59 09:44
33	1804	Wiegele Veronika		0:48:35	0:48:44	8	W35	72	5: 08:54 09:36 10:19 10:27 09:17
34	1466	Kames Stefanie	*Düsseldorf	0:48:36	0:48:54	10	W30	79	5: 09:21 09:46 09:51 09:56 09:40
35	2733	Murre Liisel	*Düsseldorf	0:48:46	0:48:58	8	W20	81	5: 09:17 09:30 09:39 09:58 10:20
36	2660	Weiß Susanne	e.V.n.e.V.	0:49:03	0:49:45	9	W20	86	5: 09:31 09:32 09:52 10:09 09:58
37	1452	Huppert Valentina	Düsseldorfer Schwimmclub	0:49:03	0:49:06	1	WJB	94	5: 08:56 09:34 10:04 10:24 10:05
38	1950	Ebert Nadina	*Dortmund	0:49:09	0:49:25	11	W30	76	5: 09:27 09:36 09:57 10:09 09:58
39	1777	Stremmel Birgit	*Heidelberg	0:49:15	0:49:25	2	W50	59	5: 10:01 10:18 10:28 10:41 07:44
40	1497	Laskey Nina	Linklaters LLP	0:49:24	0:49:44	12	W30	77	5: 09:20 09:49 09:57 10:12 10:04
41	2453	Hoymann Kristin	Tele 2	0:49:28	0:49:59	13	W30	77	5: 10:04 09:46 09:59 10:02 09:36
42	1564	Schikorra Claudia	*Düsseldorf	0:49:29	0:49:38	4	W40	68	5: 09:29 09:55 10:01 10:06 09:56
43	1794	Okamoto Shiaichi	MANAB	0:49:29	0:49:38	10	W20		5: 09:13 09:44 10:06 10:17 10:06
44	2325	Simon Christine	*Düsseldorf	0:49:31	0:49:46	14	W30	80	5: 09:48 09:57 09:55 10:09 09:40
45	2238	Pöschel Gudrun	LG Schellbrand	0:49:32	0:50:12	2	W55	55	5: 10:25 09:45 09:46 09:50 09:44
46	1717	Heiss Claudia		0:49:36	0:49:46	5	W40	67	5: 09:32 09:59 10:07 10:12 09:44
47	1447	Hoogerwerf Susan	*Haan	0:49:36	0:50:11	3	W45	63	5: 09:36 09:53 09:57 10:06 10:03
48	2586	Kranich Cornelia	dm-Drogeriemarkt	0:49:42	0:49:48	6	W40	69	5: 09:25 09:54 10:04 10:14 10:02
49	1807	Katz Susanne		0:49:44	0:49:57	7	W40	69	5: 09:29 09:56 10:01 10:14 10:02
50	2628	Rütze Carolin	*Düsseldorf	0:49:49	0:49:51	11	W20	82	5: 09:06 09:56 10:16 10:20 10:10
51	1498	Lassig Claudia	dm-Drogeriemarkt	0:49:57	0:50:07	3	W50	60	5: 09:05 10:02 10:16 10:23 10:10
52	1776	Tafelle-Brandt Menen	*Düsseldorf	0:50:02	0:50:12	4	W50	58	5: 09:27 09:54 10:09 10:18 10:13
53	2160	Loschen Dr. Rebekka	Team Aroma Ahoi	0:50:08	0:51:09	15	W30	78	5: 10:24 09:51 10:00 09:58 09:54
54	1948	Dylla Kornelia	*Ratingen	0:50:13	0:50:45	9	W35	75	5: 10:29 10:05 09:54 10:07 09:36
55	1797	Drzymalla Camilla		0:50:13	0:50:31	12	W20	81	5: 09:13 09:49 10:15 10:34 10:21
56	2071	Junghanns Tina	Ömmelchen und Bömmelchen	0:50:14	0:50:33	13	W20	84	5: 09:49 09:45 10:05 10:28 10:05
57	2151	Liesenfeld Susanne	*Düsseldorf	0:50:14	0:50:21	16	W30	80	5: 09:36 09:53 10:08 10:21 10:15
58	1896	Bley Bianca	Die Waldgazellen	0:50:17	0:50:44	10	W35	71	5: 09:47 09:48 10:10 10:19 10:10
59	2766	Meyer Sandra		0:50:26	0:50:43	3	WJA	92	5: 10:05 09:54 10:14 10:18 09:54
60	2768	Houben Nicole		0:50:30	0:50:46	11	W35	71	5: 10:06 09:53 10:09 10:13 10:06

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
61	2342	Stenzel Svenja	*Herne	0:50:33	0:50:59	14	W20	84	5: 10:23 10:09 09:58 10:05 09:56
62	2561	Heid Nicole	*Ratingen	0:50:37	0:51:40	8	W40	70	5: 10:18 09:55 10:09 10:19 09:54
63	1838	Weber Dorothea		0:50:38	0:50:51	12	W35	72	5: 10:17 10:05 10:04 10:11 10:00
64	2495	Schirmer Leonie	Tele 2	0:50:43	0:51:13	15	W20	90	5: 10:02 09:50 10:04 10:15 10:31
65	2455	Iris Mader	Tele 2	0:50:49	0:51:13	9	W40	68	5: 10:08 10:04 10:07 10:26 10:02
66	1665	Hoffbauer Angela	*Düsseldorf	0:50:55	0:51:23	4	W45	65	5: 10:12 10:12 10:16 10:17 09:56
67	1712	Kremer Andrea-Anne	Osterather TV	0:51:05	0:51:16	5	W45	64	5: 09:29 10:09 10:18 10:26 10:41
68	1889	Berg Petra	*Düsseldorf	0:51:18	0:51:41	10	W40	70	5: 09:46 10:11 10:12 10:44 10:23
69	1958	Eierbrock Esther	NRW.Bank	0:51:21	0:51:48	16	W20	89	5: 10:20 10:02 10:01 10:24 10:31
70	2538	Dahm Sabine	Spaßläufer	0:51:27	0:51:59	11	W40	68	5: 09:56 10:06 10:26 10:40 10:17
71	2576	Joyce Sara	*Düsseldorf	0:51:34	0:52:20	12	W40	67	5: 10:39 10:18 10:10 10:21 10:04
72	1511	Martin-Rosin Sabine	Marathon Soest	0:51:40	0:52:08	13	W40	66	5: 09:56 10:02 10:14 10:53 10:33
73	1810	Pötzsch Janelle		0:51:46	0:52:02	17	W20	84	5: 09:36 10:06 10:23 11:03 10:37
74	2405	Wilhelmi Katja	*Langenfeld	0:51:59	0:53:13	14	W40	66	5: 11:33 10:17 10:08 10:06 09:53
75	1933	Dietzel Janine	*Duesseldorf	0:52:00	0:52:23	18	W20	87	5: 10:28 10:18 10:27 10:25 10:19
76	1970	Findhammer Andrea	HSBC Trinkaus AG	0:52:09	0:52:59	15	W40	69	5: 10:13 10:12 10:35 10:47 10:21
77	2096	Klein Sabine	HSBC Trinkaus AG	0:52:09	0:52:59	13	W35	74	5: 10:14 10:12 10:34 10:47 10:21
78	2528	Berkes Susanne	*Ratingen	0:52:13	0:53:08	5	W50	60	5: 11:04 10:30 10:20 10:08 10:09
79	1413	Flossdorf Maren	*Düsseldorf	0:52:23	0:52:44	14	W35	71	5: 10:00 10:13 10:52 10:48 10:27
80	1649	Deutzmann Katharina	TLC	0:52:27	0:52:35	19	W20	89	5: 09:58 10:25 10:35 10:43 10:44
81	2023	Hartel Christiane	TV Hösel 1901 e.V.	0:52:47	0:53:09	16	W40	67	5: 10:52 10:45 10:20 10:24 10:24
82	2383	Wachtler Silke	SC Bayer 05 Uerdingen	0:52:48	0:52:56	6	W45	64	5: 10:13 10:21 10:39 10:52 10:41
83	1825	Malchow Carmen		0:52:48	0:52:58	7	W45	65	5: 10:23 10:19 10:33 10:45 10:46
84	2765	Ziegler Lena	TSG Wilhelmsdorf	0:53:12	0:53:22	4	WJA	92	5: 10:12 10:13 10:40 11:09 10:55
85	1957	Ehrhardt Janine	One Firm	0:53:12	0:53:29	15	W35	73	5: 11:05 10:52 10:26 10:24 10:24
86	2081	Kaune Monica	*Mettmann	0:53:21	0:54:03	20	W20	87	5: 11:41 10:26 10:29 10:38 10:04
87	2421	Zapata Kandt Renata	*Düsseldorf	0:53:30	0:53:36	8	W45	64	5: 10:46 10:49 10:50 10:44 10:19
88	2727	Goldmann Marietta	*Düsseldorf	0:53:35	0:54:22	17	W30	77	5: 11:09 10:49 10:46 10:38 10:11
89	2337	Staßen Marion	Loipen Luschen Kevelaer	0:53:36	0:53:42	16	W35	72	5: 10:21 10:32 10:54 11:06 10:42
90	1718	Freund Evelyne		0:53:39	0:53:46	2	WJB	93	5: 10:04 10:18 10:40 12:10 10:25
91	2722	Koch Hanne	LT Hanau Bruchköbel	0:53:40	0:54:05	1	W60	48	5: 10:57 10:42 10:35 10:48 10:36
92	2091	Kitz Leonie	*Düsseldorf	0:53:41	0:54:43	9	W45	62	5: 11:58 10:39 10:25 10:19 10:19
93	2598	Meckelnborg Katharina	Heuking Kühn Lüer Wojtek	0:53:42	0:53:48	18	W30	80	5: 10:28 10:34 10:44 11:06 10:48
94	2534	Boehm Laura	Heuking Kühn Lüer Wojtek	0:53:42	0:53:49	21	W20	81	5: 10:28 10:34 10:44 11:05 10:49
95	2728	Mauer Brigitta	*Düsseldorf	0:53:42	0:54:30	22	W20	85	5: 11:09 10:49 10:46 10:38 10:19
96	1942	Dreyer Alex	LT Düsseldorf-Süd	0:53:51	0:54:34	17	W35	71	5: 11:12 10:46 10:45 10:41 10:25
97	1826	Brömmekamp Liz	DHC	0:53:54	0:54:04	3	WJB	96	5: 10:15 10:26 10:34 11:22 11:16
98	2117	Kollenbroich Claudia	*Neuss	0:54:07	0:54:09	10	W45	65	5: 09:58 10:33 11:09 11:17 11:08
99	1920	Cobbers Asli	*Düsseldorf	0:54:12	0:54:50	18	W35	75	5: 10:50 10:51 10:50 10:59 10:40
100	2205	Müller-Köhnke Nicole	LC Attendorn	0:54:22	0:54:51	17	W40	70	5: 10:35 10:46 10:59 11:07 10:53
101	2590	Lenhart Anke	*Neuss	0:54:22	0:55:15	19	W30	76	5: 11:43 10:52 10:42 10:41 10:22
102	1517	Michalek Anja	Stadtwerke Düsseldorf	0:54:22	0:54:50	19	W35	74	5: 10:04 10:51 11:12 11:17 10:56
103	2634	Schmitz Irina	Ski-Klub Düsseldorf	0:54:23	0:54:37	5	WJA	92	5: 10:34 10:48 11:09 11:10 10:41
104	1468	Kaschitza Anna	*Düsseldorf	0:54:30	0:54:42	20	W30	79	5: 10:38 10:52 10:56 11:16 10:46
105	2774	Münck Marlene	Marathon Soest	0:54:36	0:55:00	2	W60	49	5: 10:38 10:50 10:57 11:17 10:51
106	2194	Mitchem Wiebke	*Düsseldorf	0:54:36	0:54:43	21	W30	79	5: 10:27 10:41 11:04 11:21 11:02
107	2158	Lorscheidt Tina	Ski-Klub Düsseldorf	0:54:43	0:55:28	6	W50	58	5: 10:45 10:55 11:03 11:06 10:52
108	2542	Döring Bettina	*Meerbusch	0:54:45	0:55:00	11	W45	64	5: 10:59 11:01 10:55 11:01 10:47
109	2525	Baers Marion	*Meerbusch	0:54:46	0:55:01	18	W40	68	5: 10:58 11:02 10:55 11:01 10:47
110	2713	Hintze Annett	DTV 1847	0:54:52	0:55:20	20	W35	74	5: 11:28 10:46 10:48 11:01 10:47
111	2410	Wlecke Ruth	DSD Düsseldorf	0:54:55	0:55:45	19	W40	66	5: 10:18 10:37 11:07 11:27 11:24
112	2644	Servos Simone	*Düsseldorf	0:54:58	0:55:01	22	W30	80	5: 10:19 11:08 11:20 11:14 10:54
113	1405	Erdmann Tanja	*Velbert	0:55:05	0:55:27	21	W35	71	5: 10:27 10:34 11:11 11:28 11:24
114	2253	Rawalski Gabi	SSV Düsseldorf-Knittkuhl 1972	0:55:21	0:56:15	20	W40	66	5: 11:30 11:21 11:09 11:00 10:18
115	2001	Greven Christel	*Mülheim/Ruhr	0:55:22	0:55:32	7	W50	60	5: 10:55 10:59 11:06 11:14 11:07
116	2145	Laub Anja	*Düsseldorf	0:55:26	0:56:27	23	W20	82	5: 11:07 10:51 11:08 11:17 11:01
117	2487	Reimet Verena	Tele 2	0:55:34	0:55:49	23	W30	79	5: 10:22 11:06 11:08 11:30 11:25
118	2100	Klocke Sibylle	Fast Foot Düsseldorf	0:55:38	0:56:40	24	W30	79	5: 11:18 10:45 11:06 11:17 11:09
119	2545	Drenhaus Michaela	BTC-Herne	0:55:39	0:55:44	12	W45	63	5: 10:46 11:08 11:17 11:14 11:12
120	2716	Grippehoven Sabine	*Erkrath	0:55:51	0:56:04	22	W35	71	5: 10:36 10:36 11:07 11:40 11:51

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
121	2045	Himmelberg Sandra	S Direkt Laufteam	0:55:52	0:56:25	23	W35	73	5: 11:12 11:07 11:21 11:17 10:53
122	1900	Bohne Jeannette	*Düsseldorf	0:55:58	0:56:46	24	W35	72	5: 11:39 10:47 11:15 11:23 10:53
123	2748	Czech Christiane	*Düsseldorf	0:56:06	0:57:19	13	W45	64	5: 10:59 10:53 11:16 11:28 11:28
124	2366	Tix Sabrina	*Düsseldorf	0:56:17	0:56:37	25	W30	80	5: 10:45 11:00 11:25 11:42 11:24
125	2732	Peters Katharina	*Düsseldorf	0:56:17	0:56:36	26	W30	79	5: 10:38 11:27 11:32 11:32 11:06
126	2646	Steinfartz Edith	DJK VfR Mülheim/Saarn	0:56:21	0:56:36	3	W60	46	5: 10:48 11:00 11:28 11:42 11:21
127	2700	Kaltbeitzel Corinna	*Mettmann	0:56:22	0:57:25	14	W45	63	5: 11:21 11:18 11:16 11:21 11:03
128	2249	Quabius Friederike	*Düsseldorf	0:56:25	0:57:14	21	W40	67	5: 11:40 10:46 11:16 11:26 11:15
129	1418	Gerbracht Julia	*Paderborn	0:56:26	0:56:39	24	W20	86	5: 10:33 11:19 11:35 11:32 11:24
130	1918	Clasing Christina	Marathon Soest	0:56:26	0:56:50	8	W50	60	5: 10:28 10:59 11:12 11:53 11:52
131	2079	Katzfuss Noemi	RoadRunner Mettmann	0:56:29	0:56:44	25	W35	75	5: 10:44 10:59 11:20 11:41 11:43
132	2492	Salomon Nadine	Tele 2	0:56:43	0:57:09	25	W20	81	5: 11:58 11:40 11:20 11:08 10:36
133	2599	Mense Sabine	tombasi	0:56:52	0:57:03	22	W40	68	5: 10:48 11:05 11:29 11:49 11:39
134	2504	Stürmann Vivian	Tele 2	0:56:52	0:57:06	23	W40	70	5: 11:14 11:03 11:18 11:35 11:40
135	2103	Klomfass Doris	Hotel Nikko Düsseldorf	0:56:53	0:57:22	9	W50	58	5: 11:22 11:09 11:08 11:41 11:33
136	1845	Löher Anja	LT Krefeld	0:56:54	0:57:18	26	W20	89	5: 10:03 10:51 11:50 12:02 12:07
137	1985	Friemelt Jana	RT TuS Bösinghoven	0:56:56	0:57:46	10	W50	56	5: 11:26 11:21 11:25 11:31 11:11
138	1932	Diedenhofen Narelle	*Oberhausen	0:56:56	0:58:07	27	W20	81	5: 11:52 11:34 11:22 11:22 10:44
139	2779	Postert Sabine	Herne	0:57:04	0:57:09	28	W20	82	5: 10:48 11:30 11:44 11:39 11:21
140	2246	Preuss Rosemarie	SVG Neuss-Weissenberg e.V.	0:57:06	0:57:59	1	W65	43	5: 10:51 11:13 11:40 11:41 11:38
141	2745	Nolte Vera Dr.	*Leverkusen	0:57:09	0:57:30	27	W30	76	5: 11:32 11:32 11:27 11:19 11:17
142	2388	Warnemünde Birgit	*Düsseldorf	0:57:15	0:58:02	24	W40	69	5: 11:44 11:52 11:39 11:15 10:44
143	1829	Schultz Susanne		0:57:22	0:57:31	25	W40	67	5: 11:48 11:57 11:40 11:09 10:46
144	2672	Gerlach Vanessa	MEC	0:57:23	0:57:28	28	W30	78	5: 10:45 11:33 12:00 12:03 11:00
145	2652	Van der Schalk Emma	*Meerbusch Lank	0:57:30	0:57:40	26	W40	68	5: 10:45 11:19 11:39 11:55 11:51
146	2370	Trinkl Renate	RT Sternleser	0:57:31	0:58:45	15	W45	63	5: 11:45 11:22 11:29 11:28 11:24
147	1909	Brix Dr. Claudia	*Düsseldorf	0:57:31	0:58:11	29	W30	80	5: 11:50 11:24 11:19 11:39 11:17
148	1843	Erkan-Küppers Nalan		0:57:38	0:58:49	11	W50	57	5: 11:25 11:18 11:32 11:37 11:44
149	1837	Römhild-Sen Melina	MG Pirate	0:57:42	0:57:48	30	W30	76	5: 10:41 11:34 11:46 12:04 11:34
150	2521	Albers Carolin	*Düsseldorf	0:57:45	0:58:03	4	WJB	94	5: 11:02 11:27 11:35 12:02 11:36
151	2059	Huber Heike	*Düsseldorf	0:57:55	0:58:52	27	W40	66	5: 11:12 11:26 11:43 11:55 11:37
152	2632	Schmellekamp Dr. Daniela	*Haan	0:58:00	0:59:02	31	W30	79	5: 12:06 11:32 11:43 11:36 11:01
153	2531	Black Robin Lea	*Düsseldorf	0:58:03	0:58:55	16	W45	64	5: 11:54 11:44 11:31 11:38 11:14
154	2786	Wiencek Heike		0:58:22	0:59:23	17	W45	63	5: 12:09 12:10 11:44 11:40 10:36
155	2120	Korf Jana	*Essen	0:58:27	0:58:53	32	W30	80	5: 11:36 12:01 11:46 11:33 11:30
156	2224	Oetinger Eva	*Düsseldorf	0:58:28	0:58:53	29	W20	83	5: 11:37 12:00 11:46 11:33 11:30
156	2718	Coppel Margit	*Düsseldorf	0:58:28	0:58:47	26	W35	74	5: 10:54 11:37 11:50 12:15 11:50
158	1959	Elpers Simone	*Düsseldorf	0:58:28	0:58:53	30	W20	85	5: 11:32 12:05 11:46 11:33 11:30
159	2757	Künkel Gudrun	*Düsseldorf	0:58:33	0:59:03	18	W45	64	5: 11:26 11:40 11:56 11:55 11:33
160	2400	Wiese Kathrin	Kath.Grundschule Essener Str.	0:58:35	0:59:06	28	W40	68	5: 11:24 11:21 11:38 12:00 12:10
161	2007	Gugolya-Laubeck Andrea	*Düsseldorf	0:58:39	0:58:49	19	W45	64	5: 11:08 11:43 11:53 12:08 11:46
162	2450	Heß Renate	Tele 2	0:58:41	0:59:04	1	W70	40	5: 12:45 11:33 11:35 11:29 11:17
163	1840	Seifert-Preuß Beate		0:58:46	0:58:54	20	W45	62	5: 11:13 11:12 11:44 12:15 12:19
164	2546	Dreßen Uta	*Düsseldorf	0:58:46	0:59:35	29	W40	70	5: 11:51 11:40 11:43 11:46 11:44
165	2769	Stoll Regine		0:58:52	0:59:01	21	W45	63	5: 11:40 11:48 11:43 11:53 11:46
166	2258	Reineke Sibylle	*Düsseldorf	0:58:53	0:59:01	30	W40	67	5: 11:41 11:47 11:43 11:53 11:46
167	2441	Fleischmann Heike	Tele 2	0:58:54	0:59:17	31	W40	69	5: 11:37 11:43 12:02 12:02 11:29
168	2361	Thomas Cornelia	dm-Drogeriemarkt	0:59:09	1:00:15	3	W55	52	5: 12:03 11:51 11:46 11:57 11:31
169	2006	Günther Silvia	*Düsseldorf	0:59:13	0:59:55	27	W35	74	5: 10:57 11:47 12:00 12:19 12:08
170	2493	Sauer Jennifer	Tele 2	0:59:16	0:59:47	31	W20	84	5: 11:00 11:37 11:57 12:24 12:16
171	2056	Holz Louisa	*Solingen	0:59:24	1:00:00	32	W20	84	5: 12:07 11:45 12:05 11:56 11:29
172	2643	Scott-Cook Helen	*Düsseldorf	0:59:27	1:00:12	32	W40	69	5: 11:23 11:26 12:08 12:19 12:08
173	2723	Mueller Karoline	*Düsseldorf	0:59:31	1:00:12	33	W20	85	5: 12:04 11:37 11:50 12:11 11:47
174	2084	Kemppens Doris	Marathonteam-Ratingen	0:59:32	1:00:36	22	W45	61	5: 11:53 11:48 12:03 11:57 11:49
175	2404	Wildhagen Beate	*Düsseldorf	0:59:33	1:00:34	23	W45	65	5: 12:04 11:57 11:55 11:58 11:38
176	2086	Kerstan Eva-Katharina	*Frankfurt am Main	0:59:35	1:00:22	34	W20	82	5: 11:34 11:39 11:53 12:15 12:12
177	1901	Bollwerk Iris	*Hilden	0:59:42	1:00:47	35	W20	81	5: 12:16 11:55 11:51 11:58 11:39
178	2608	Neuhaus Julia	*Düsseldorf	0:59:47	1:00:44	33	W30	78	5: 12:16 12:09 12:16 11:49 11:14
179	2261	Renkes Tatjana	HSBC Trinkaus AG	0:59:49	0:59:57	36	W20	82	5: 10:47 11:46 12:25 12:39 12:10
180	2066	Jansen Silke	*Düsseldorf	0:59:53	1:00:02	34	W30	77	5: 10:50 12:08 12:45 12:36 11:33

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
181	2471	Löhr Daniela	Tele 2	1:00:00	1:00:41	33	W40	67	5:	11:52	11:32	12:11	11:38	12:46
182	2430	Baur Sonja	Tele 2	1:00:01	1:00:40	12	W50	57	5:	12:16	11:45	11:35	11:38	12:45
183	2500	Siepe Gaby	Tele 2	1:00:01	1:00:42	34	W40	67	5:	11:52	11:32	12:10	11:38	12:46
184	2489	Richrath Gabi	Tele 2	1:00:03	1:00:40	35	W40	70	5:	11:48	11:44	12:15	12:23	11:50
185	2446	Grothaus Annette	Tele 2	1:00:03	1:00:40	24	W45	63	5:	11:48	11:40	12:18	12:23	11:52
186	2413	Wolter Uta	Kieser Training	1:00:04	1:00:28	25	W45	63	5:	11:31	11:47	12:02	12:15	12:26
187	2473	Lückenhaus Elisabeth	Tele 2	1:00:05	1:00:41	4	W55	51	5:	12:20	11:45	11:44	12:23	11:50
188	1997	Gödecke Fenja	TuS Hasloh	1:00:10	1:01:23	37	W20	85	5:	12:03	12:07	12:05	12:08	11:44
189	1874	Bandur Alexandra	*Düsseldorf	1:00:11	1:01:21	35	W30	76	5:	11:44	11:40	12:01	12:35	12:08
190	1875	Bangert Angela	*Düsseldorf	1:00:14	1:00:27	28	W35	72	5:	12:15	12:35	11:51	12:04	11:28
191	1987	Fürstner Sina	Stadtwerke Düsseldorf	1:00:15	1:00:58	38	W20	82	5:	11:10	11:43	12:21	12:37	12:22
192	2657	Wagner Sabine	*Düsseldorf	1:00:19	1:01:23	36	W30	80	5:	12:29	12:21	11:52	12:03	11:32
193	1888	Beneke Kerstin	*Düsseldorf	1:00:21	1:01:20	29	W35	72	5:	11:55	12:01	12:14	12:18	11:51
194	1993	Gesink Monika	*Düsseldorf	1:00:25	1:00:50	4	W60	50	5:	12:24	12:09	12:03	12:05	11:42
195	1591	Singh Sanjita	*Düsseldorf	1:00:25	1:01:14	39	W20	90	5:	11:28	11:58	12:19	12:38	12:01
196	2125	Krebber Carmen	*Düsseldorf	1:00:25	1:00:50	13	W50	58	5:	12:24	12:08	12:02	12:06	11:42
197	2435	Dürdoth Tanja	Tele 2	1:00:32	1:01:03	30	W35	74	5:	11:22	12:07	12:10	12:41	12:09
198	1954	Eggersdorfer-Bergauer	*Frankfurt	1:00:36	1:01:11	37	W30	77	5:	11:41	12:14	12:32	12:17	11:50
199	2272	Rocker Anna Lena	*Düsseldorf	1:00:38	1:01:41	40	W20	81	5:	12:05	11:58	12:27	12:28	11:38
200	2659	Weiner Janice	*Düsseldorf	1:00:41	1:01:26	14	W50	57	5:	11:41	11:51	12:14	12:27	12:26
201	1919	Classen Simone	*Krefeld	1:00:54	1:02:02	41	W20	81	5:	12:27	12:15	12:18	12:24	11:28
202	2161	Lückerath Dr. Evelin	*Düsseldorf	1:00:55	1:01:17	31	W35	75	5:	11:28	11:41	12:17	12:49	12:37
203	1899	Börger Corina	*Düsseldorf	1:00:56	1:01:59	38	W30	76	5:	12:25	12:27	12:37	11:55	11:30
204	2169	Malcher Katharina	*Krefeld	1:00:57	1:02:05	42	W20	82	5:	12:27	12:15	12:17	12:24	11:31
205	2068	Jost Andrea	*Meerbusch	1:00:58	1:02:15	36	W40	70	5:	12:19	11:51	11:58	12:28	12:20
206	2677	Leitzke Johanna	*Düsseldorf	1:01:01	1:01:14	39	W30	80	5:	11:15	12:36	12:34	12:18	12:16
207	2734	O Mahony Sandra	*Düsseldorf	1:01:02	1:01:54	32	W35	73	5:	12:38	12:09	12:13	12:08	11:51
208	2704	Krall Mara	Lore-Lorentz-Schule	1:01:08	1:01:18	6	WJA	92	5:	11:42	12:20	13:10	11:29	12:25
209	2126	Kreidel Sabine	Kieser Training	1:01:13	1:02:12	26	W45	61	5:	11:46	12:00	12:21	12:35	12:29
210	2604	Myter Maike	*Düsseldorf	1:01:13	1:02:20	43	W20	84	5:	12:04	12:04	12:05	12:29	12:29
211	1836	Winitzkin Julia		1:01:13	1:01:26	40	W30	79	5:	11:52	12:11	12:30	12:27	12:12
212	1936	Dönicke Bianca	*Düsseldorf	1:01:19	1:02:18	41	W30	80	5:	11:46	12:12	12:22	12:27	12:30
213	2308	Schneider Ann-Kristin	Linklaters LLP	1:01:19	1:02:05	44	W20	87	5:	11:49	12:12	12:24	12:31	12:20
214	2699	Hacker Diana	*Krefeld	1:01:22	1:01:44	33	W35	71	5:	11:40	12:02	12:23	12:38	12:37
215	2515	Weise Heide	Tele 2	1:01:31	1:01:52	27	W45	64	5:	11:59	12:05	12:25	12:34	12:27
216	2696	Jansen Margarete		1:01:35	1:02:12	45	W20		5:	12:29	12:02	12:08	12:33	12:21
217	2787	Bönisch Walli		1:01:35	1:02:42	46	W20	81	5:	11:50	12:04	12:33	12:36	12:29
218	2167	Maisch Corinna	*Düsseldorf	1:01:38	1:02:48	34	W35	73	5:	12:02	11:53	12:33	12:49	12:19
219	2385	Wagner Astrid	SG Deutsche Bank	1:01:49	1:03:03	28	W45	65	5:	11:27	11:48	12:28	13:06	12:59
220	2085	Kennedy Anne	*Düsseldorf	1:02:02	1:02:48	15	W50	57	5:	11:59	12:09	12:29	12:41	12:43
221	2580	Kersten Christin	DJK Novesia Neuss	1:02:12	1:03:04	29	W45	61	5:	12:57	12:27	12:20	12:17	12:09
222	2311	Schönhütte Maren	*Düsseldorf	1:02:22	1:02:57	42	W30	78	5:	13:18	12:39	12:31	12:20	11:32
223	2138	Kunau Macha-Caroline	*Düsseldorf	1:02:23	1:02:57	43	W30	79	5:	13:19	12:39	12:31	12:20	11:32
224	2625	Ritter Beate	*Monheim / Rhein	1:02:27	1:02:59	30	W45	65	5:	11:52	12:17	12:36	12:57	12:43
225	2353	Szezan Doris	HSBC Trinkaus AG	1:02:38	1:03:28	35	W35	72	5:	12:35	12:46	12:33	12:35	12:08
226	2225	Ollesch Sonja	Runners Point	1:02:56	1:03:20	47	W20	85	5:	11:11	12:14	12:46	13:22	13:22
227	1885	Behrens Stephanie	Linklaters LLP	1:03:07	1:03:55	48	W20	88	5:	12:03	12:12	12:34	12:57	13:18
228	2215	Niehs Maike	*Düsseldorf	1:03:07	1:04:15	49	W20	89	5:	12:23	11:55	12:14	13:18	13:14
229	2300	Schlücke Katharina	Linklaters LLP	1:03:08	1:03:56	50	W20	84	5:	12:04	12:12	12:34	12:57	13:18
230	2173	Mathoul Tanja	Stadtwerke Düsseldorf	1:03:17	1:04:07	37	W40	68	5:	12:54	12:33	12:28	12:39	12:41
231	1392	Franke Antje	*Düsseldorf	1:03:24	1:03:37	36	W35	73	5:	11:24	12:32	12:52	13:25	13:09
232	2788	Dai-Wiegel Tina		1:03:27	1:04:09	38	W40	68	5:	11:32	12:46	12:55	13:05	13:08
233	2682	Lüking Cathrin	MEC	1:03:34	1:04:19	51	W20	81	5:	12:39	12:24	12:57	12:57	12:34
234	2601	Mos Liane	*Düsseldorf	1:03:35	1:03:47	52	W20	88	5:	10:40	12:35	13:16	13:27	13:35
235	2673	Gilbert Mechthild	*düsseldorf	1:03:35	1:04:44	5	W55	53	5:	12:22	12:28	12:48	13:10	12:44
236	2187	Michel Katja	*Remscheid	1:03:36	1:04:31	44	W30	77	5:	12:17	12:11	12:38	13:06	13:22
237	1913	Bünger Sina	dm-Drogeriemarkt	1:03:38	1:04:04	53	W20	87	5:	13:23	13:06	12:24	12:38	12:05
238	2680	Licata Astrid	MEC	1:03:40	1:04:26	37	W35	71	5:	12:39	12:25	12:56	12:57	12:41
239	2227	Palmer Bettina	*Düsseldorf	1:03:47	1:04:51	39	W40	69	5:	12:55	12:52	12:41	12:37	12:41
240	2274	Rocker Marie	*Haan	1:03:49	1:04:52	54	W20	84	5:	12:07	12:10	12:37	13:34	13:20

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Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
241	2588	Kugler Nadine	Albrecht-Dürer-Schule	1:03:50	1:04:15	55	W20	82	5: 12:28 12:43 12:51 13:07 12:39
242	2641	Schulz-Bongert Sabine	*Düsseldorf	1:04:11	1:04:33	31	W45	62	5: 12:15 12:53 13:03 13:02 12:56
243	2131	Kuczera Donata	Hotel Nikko Düsseldorf	1:04:13	1:04:43	40	W40	69	5: 12:31 12:28 12:54 13:13 13:05
244	2685	Pietsch Karen	MEC	1:04:27	1:05:13	56	W20	81	5: 12:16 12:28 12:53 13:11 13:37
245	2424	Zipzer Monika	Düsseldorfer Laufsocken	1:04:32	1:05:45	45	W30	77	5: 13:08 13:05 13:03 12:52 12:22
246	2302	Schmidt Petra Marianne	Düsseldorfer Laufsocken	1:04:33	1:05:46	57	W20	82	5: 13:08 13:04 13:03 12:53 12:23
247	1940	Drese Sigrid	dm-Drogeriemarkt	1:04:35	1:05:41	2	W65	44	5: 12:40 12:59 13:10 13:12 12:31
248	2589	Kuschel Melanie	*Düsseldorf	1:04:50	1:05:55	58	W20	83	5: 12:29 12:32 13:15 13:27 13:05
249	2232	Peters Heike	*Hilden	1:05:13	1:05:37	32	W45	63	5: 11:59 12:44 13:16 13:36 13:36
250	2662	Weniger Heike	*Düsseldorf	1:05:20	1:06:40	33	W45	65	5: 13:07 13:14 12:54 13:18 12:45
251	2170	Malz Dr. Ulrike	Freunde des Saarlandes	1:05:44	1:06:19	41	W40	70	5: 12:56 12:55 13:11 13:26 13:15
252	1969	Fette Karin	dm-Drogeriemarkt	1:05:58	1:07:04	16	W50	59	5: 12:40 12:59 13:11 13:41 13:26
253	2714	Wittwer Elisabeth	*Hilden	1:05:59	1:07:05	34	W45	61	5: 12:40 12:59 13:11 13:41 13:26
254	2199	Mühlinghaus Martina	*Düsseldorf	1:06:06	1:07:08	38	W35	72	5: 12:25 12:27 13:02 13:57 14:14
255	2395	Weiß Nina	*Oberhausen	1:06:24	1:07:15	59	W20	81	5: 12:27 12:45 13:29 13:58 13:43
256	2093	Klasen Bernadette	*Düsseldorf	1:06:35	1:07:40	46	W30	77	5: 12:35 13:17 13:36 13:53 13:12
257	2334	Stache Christina	*Düsseldorf	1:06:37	1:06:50	47	W30	76	5: 12:34 13:23 13:33 13:56 13:08
258	2729	Meyer-Ludwig Ulla	TSG Lennestadt	1:06:42	1:07:12	17	W50	57	5: 13:09 13:16 13:21 13:39 13:15
259	2375	Van Tuyll Carlijn	*Düsseldorf	1:07:04	1:08:13	39	W35	75	5: 13:14 13:26 13:42 13:34 13:07
260	2075	Kammel Verena	*Düsseldorf	1:07:08	1:07:22	60	W20	85	5: 12:00 13:06 13:43 13:59 14:17
261	2332	Sprenger Lena	*Düsseldorf	1:07:13	1:08:12	61	W20	82	5: 13:35 13:18 13:27 13:30 13:21
262	1991	Gaßner Katrin	*Düsseldorf	1:07:16	1:08:11	48	W30	77	5: 12:10 12:36 13:45 14:18 14:25
263	2553	Fritsche Sandra	*Düsseldorf	1:07:18	1:07:55	49	W30	79	5: 12:13 12:59 13:27 14:22 14:16
264	1934	Döbbert Laura	*Düsseldorf	1:07:19	1:08:17	62	W20	84	5: 13:35 13:18 13:27 13:33 13:23
265	2133	Kürten Daniela	*Düsseldorf	1:07:30	1:08:04	63	W20	81	5: 13:06 13:06 13:09 14:12 13:54
266	2142	Langer Mareen	*Düsseldorf	1:07:31	1:08:05	50	W30	79	5: 13:06 13:06 13:10 14:12 13:55
267	2567	Hochhausen Petra	*Mönchengladbach	1:07:40	1:08:02	35	W45	62	5: 12:55 13:28 13:51 13:54 13:30
268	1931	Di Mauro Nowak Miriam	*Kaarst	1:07:45	1:08:23	40	W35	71	5: 12:55 13:25 13:49 14:10 13:24
269	1870	Aydin Serpil	*Kempfen	1:07:57	1:08:10	51	W30	76	5: 12:00 13:36 13:55 14:12 14:11
270	1863	Androcec Irena	Business Center Düsseldorf	1:08:00	1:09:11	42	W40	69	5: 12:32 12:33 13:46 14:43 14:24
271	2470	Linden Bärbel	Tele 2	1:08:09	1:08:31	41	W35	71	5: 12:57 13:28 13:46 14:15 13:42
272	2556	Fuhr Inge	TG 1881 Düsseldorf	1:08:12	1:08:59	1	W75	32	5: 13:07 13:28 13:47 13:59 13:49
273	2088	Keusch Judith	*Oberhausen	1:08:41	1:09:53	64	W20	82	5: 13:12 13:35 13:53 14:01 13:58
274	2017	Haldy Claudia	*Düsseldorf	1:08:42	1:09:53	52	W30	79	5: 13:13 13:35 13:52 14:01 13:58
275	2057	Hops-Dahl Birgit	*Ratingen	1:09:01	1:09:39	43	W40	66	5: 13:52 13:45 13:41 14:00 13:40
276	2427	Aring Kathrin	Tele 2	1:09:09	1:10:17	65	W20	84	5: 13:58 13:51 13:51 13:49 13:38
277	2203	Müller Verena	*Düsseldorf	1:09:09	1:09:28	66	W20	84	5: 12:04 14:07 14:38 14:24 13:54
278	2177	Meis Michéle	*Haan	1:09:20	1:09:27	7	WJA	91	5: 11:35 15:16 14:25 14:29 13:34
279	2357	Terhardt Christa	*Haan	1:09:34	1:09:40	44	W40	68	5: 12:45 14:06 14:25 14:29 13:47
280	2150	Liebler/Ricoh Internation	*Düsseldorf	1:10:35	1:10:55	53	W30	77	5: 13:00 14:02 14:22 14:41 14:28
281	2731	Schüler Anne	*Viersen-Dülken	1:11:28	1:11:58	18	W50	58	5: 13:20 13:43 14:25 15:13 14:45
282	1855	Alexiou Jiota	*Duisburg	1:11:45	1:11:50	54	W30	80	5: 13:16 14:57 14:23 14:33 14:34
283	1892	Bergmann Ursula	*Ratingen	1:12:02	1:12:52	45	W40	69	5: 14:21 14:25 14:36 14:44 13:55
284	2136	Kuhnert/Ricoh Internation	*Düsseldorf	1:12:13	1:12:33	42	W35	74	5: 14:16 14:26 15:04 14:49 13:36
285	2200	Mühlmann Eva	*Düsseldorf	1:12:32	1:12:54	67	W20	82	5: 13:12 14:08 15:52 15:28 13:50
286	1961	Esgen Anja	Sonnen-Herzog KG	1:13:08	1:13:39	46	W40	70	5: 13:08 14:06 14:55 15:37 15:19
287	2195	Mönnig Susann	*Düsseldorf	1:13:14	1:14:15	55	W30	76	5: 14:08 15:02 15:15 14:12 14:35
288	2154	Linden Hanne	*Düsseldorf	1:14:27	1:15:28	19	W50	56	5: 14:10 14:55 15:14 15:05 15:01
289	1858	Amon Sigrid	*Düsseldorf	1:14:28	1:15:28	20	W50	58	5: 14:11 14:55 15:14 15:05 15:01
290	2360	Thiel Anja	*Essen	1:18:06	1:19:07	56	W30	77	5: 14:08 15:02 16:03 16:37 16:14
291	1374	Bräuer Jasmin	*Düsseldorf	0:41:32	0:42:04	43	W35	74	4: 09:39 10:18 10:30 11:04 00:00
292	1751	Kaulfuß Tamara	*Düsseldorf	0:55:09	0:55:15	44	W35	75	4: 12:14 13:47 14:19 14:48 00:00
293	2739	Jung Marie	*Meerbusch	0:59:59	1:00:19	6	W55	53	4: 14:20 14:51 15:18 15:28 00:00
294	2512	Wahle Janina	Tele 2	1:01:23	1:01:23	68	W20	83	4: 12:22 12:07 24:44 12:09 00:00
295	2664	Wieland Sabine	Team Nutrilite	1:05:10	1:06:06	57	W30	77	4: 15:54 16:36 16:29 16:09 00:00
296	56	Rey Claudia	LAZ Puma Troisdorf/Siegburg	0:24:01	0:24:05	47	W40	70	3: 07:40 08:06 08:14 00:00 00:00
297	2566	Hochgürtel Julia	*Meerbusch	0:33:54	0:34:10	48	W40	69	3: 10:59 11:04 11:51 00:00 00:00
298	1831	Wilms Petra		0:40:29	0:41:20	36	W45	63	3: 13:45 13:15 13:27 00:00 00:00
299	1983	Freitag Kathrin	dm-Drogeriemarkt	0:42:25	0:42:52	69	W20	85	3: 13:24 14:03 14:58 00:00 00:00
300	1773	Kolmert Susanne	*Düsseldorf	0:18:58	0:19:17	45	W35	72	2: 08:59 09:59 00:00 00:00 00:00

10km - Gesamtwertung

Stadtwerke Kö-Lauf Düsseldorf - 5. September 2010

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden				
301	1507	Mandl Alicia	Düsseldorfer Schwimmclub	0:20:59	0:21:02	8	WJA	92	2:09:54	11:05	00:00	00:00	00:00
302	2356	Tauges Carmen	Linklaters LLP	0:23:37	0:24:24	46	W35	73	2:11:21	12:16	00:00	00:00	00:00
303	1944	Dröge Stephanie	*Düsseldorf	0:23:38	0:24:03	47	W35	75	2:11:32	12:05	00:00	00:00	00:00
304	1371	Blanca Pape	ESV Herne e.V.	0:30:47	0:30:47	21	W50	57	2:20:13	10:34	00:00	00:00	00:00
305	1972	Fitzner Nicole	LT Rennhamster	0:11:40	0:12:39	58	W30	76	1:11:40	00:00	00:00	00:00	00:00
306	2587	Künner Christine	*Düsseldorf	0:13:51	0:14:37	22	W50	57	1:13:51	00:00	00:00	00:00	00:00