

3. Indeland Triathlon am 20. Juni 2010

Ergebnisliste

Bergwertung (Alphabetisch sortiert)

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
27	1119	Ahldag Peter	TG-WERSTE	2:41:27	M45	2	02:08	00:00
9	2042	Albers Jonas	DLC Aachen	2:34:34	MS	9	02:18	00:00
10	1082	Amann Dr. Joachim	Triathlon Team Eupen	2:29:19	M50	2	02:10	00:00
21	2047	Amelong Timo	Dalli Dalli	2:48:40	MS	21	02:39	00:00
120	62	Ant Wolfgang	DJK Herzogenrath	5:50:25	M45	29	02:42	02:54
2	1033	Augustin Eva	SSF Bonn Triathlon	2:31:41	W20	1	01:58	00:00
120	1043	Aydemir Gürhan	ASV Köln Triathlon	3:08:59	M40	33	02:52	00:00
94	57	Backs Meinolf	BSV-Bergheim	5:21:51	M45	23	00:00	00:00
6	145	Bartkowiak Jens	RWE Power AG	4:04:27	M35	2	02:07	02:16
165	1257	Bartz Stefan	*Langerwehe	3:49:03	M20	11	03:06	00:00
68	1076	Bauer Christoph	ssk kerpen	2:55:00	M50	6	02:40	00:00
68	56	Bauer Frank	Cool runnings Brühl	5:00:26	M45	15	02:31	02:42
7	2023	Baumann Markus	Jülich	2:29:56	MS	7	02:30	00:00
41	2045	Bayer Anne	Le-La-ne	3:12:57	MS	41	03:08	00:00
11	2001	Beck Alfred	Radreisen-Beck	2:35:30	MS	11	02:16	00:00
6	1016	Becker Michaela	DLC Aachen	2:51:26	W35	2	02:23	00:00
48	104	Behrens Sven	VSK Osterholz	4:47:24	M40	14	02:25	02:42
25	1009	Bennett Heather	*Bruchmühlbach-Miesau	3:37:29	W40	4	00:00	00:00
18	123	Berg Guido	VFB Erftstadt Triathlon	4:16:57	M40	4	01:52	02:03
26	182	Berg Stephan	RWE Power AG	4:29:38	M25	5	02:14	02:20
2	1243	Bergner Sven	PV Triathlon Team	2:10:29	M25	2	01:44	00:00
51	1182	Bergs Patrick	DLC Aachen	2:48:57	M35	8	02:39	00:00
38	1187	Berken Christian	TSV Calw	2:44:34	M35	6	02:29	00:00
25	1222	Betschinski Axel	*Köln	2:40:30	M30	3	02:08	00:00
30	1199	Biedermann Florian	Marathon-Club	2:42:20	M35	5	02:03	00:00
98	185	Biste Dominic	Malteser Hilfsdienst	5:22:44	M25	8	02:43	03:05
73	35	Bittermann	Schwelmer RSC	5:02:44	M50	6	02:24	02:35
58	80	Blaesen Ralf	LAC Mausbach	4:52:02	M45	13	02:22	02:33
29	59	Blissenbach Gerd	SV Bergisch Gladbach	4:32:46	M45	4	02:17	02:23
11	1151	Block Oliver	SC Bayer 05 Uerdingen	2:31:16	M40	2	02:11	00:00
18	1027	Bluhm Kerstin	*Aachen	3:14:50	W25	5	02:33	00:00
157	1074	Bock Rolf	TriElks TuS08 Schleiden	3:34:35	M50	17	02:35	00:00
132	1042	Böcker Bastian	curry 05	3:15:05	M25	12	02:33	00:00
19	88	Bodden Ute	Skikeller Kaulard &	6:30:08	W40	7	03:39	04:00
47	1117	Bohmann Roy	sj software gmbh	2:47:46	M45	7	02:16	00:00
76	82	Bönsch Michael	*Elsdorf	5:05:04	M45	18	02:22	02:32
85	78	Borchardt Oliver	TV Aldekerk	5:10:48	M45	19	02:32	02:35
17	1127	Bougè Frank	DJK Armada	2:34:06	M40	4	02:14	00:00
82	111	Bräuer Frank	TS Bergisch Gladbach	5:09:38	M40	22	02:26	02:20
101	1136	Bräuer Ralf	TSVE Bielefeld	3:03:47	M40	29	02:59	00:00
13	505	Braun Andrea	Undercover Women	5:30:11	MS	13	03:19	03:55
56	1237	Breidenbach Daniel	*Brühl	2:52:05	M25	7	02:11	00:00
19	2002	Breuer Arnold	*Alsdorf	2:47:53	MS	19	02:31	00:00
13	2013	Bromand Dirk	Dürener TV 1847	2:43:22	MS	13	02:19	00:00
77	172	Bruckhoff Björn	RWE Power AG	5:05:58	M30	5	02:31	02:30
1	508	Bruell Freddy	*	4:11:17	MS	1	02:02	02:12
106	1057	Buntins Michael	ASV Duisburg	3:04:42	M60	2	02:37	00:00
141	1134	Butzek Michael	*Inden/Altdorf	3:19:56	M40	40	02:33	00:00
4	2024	Claßen Hans-Gerd	djk elmar Kohlscheid	2:24:45	MS	4	01:49	00:00
48	61	Cober Markus	Armada Würselen	4:47:24	M45	11	02:20	02:34
41	1180	Coellner Fabio	GO! Express & Logistics	2:46:26	M35	7	02:31	00:00
13	126	Cormann Bernd	Triathlon Team Eupen	4:13:20	M40	2	00:00	00:00
104	46	Cox Nigel-philip	Triathlon Muelheim	5:28:09	M45	25	02:33	02:58

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52	138	Cox Stefan	BSG Berufsfeuer	4:49:31	M35	10	02:35	02:48
6	2005	Czayka Michael	Team Stadt Baesweiler	2:29:07	MS	6	01:54	00:00
95	1083	Damm Matthias	Köln ist eine schöne	3:01:57	M50	8	02:30	00:00
67	1216	Dammer Sven	Brander SV Tri-Team	2:54:42	M30	7	02:34	00:00
1	157	Dauben Cornelia	PV Witten	4:38:15	W35	1	02:28	02:29
6	183	De Pury Stéphanie	SSF Bonn	4:59:38	W25	1	02:27	02:42
32	1108	Decker Hans-Joachim	Tri Club Wuppertal	2:43:40	M45	3	02:19	00:00
77	1195	Delonge Frank	*Aldenhoven	2:56:39	M35	14	02:34	00:00
11	119	Desinger Nicole	RWE Power AG	5:08:14	W40	5	02:56	02:57
23	1011	DHone Nicole	Triathlon-TEAM-Witten	3:24:35	W40	3	02:43	00:00
89	1142	DHone-Leimbach	Triathlon-TEAM-Witten	2:58:52	M40	25	00:00	00:00
3	509	Dienstknecht Thorsten	Merken-Mainz	4:26:16	MS	3	02:11	02:16
55	1123	Dittrich Kai	TV 1848	2:50:49	M45	9	02:25	00:00
65	92	Doil Carsten	TS Bergisch Gladbach	4:59:10	M40	17	02:13	02:23
61	180	Döring Tobias	Tri Team TUS Jahn Ohle	4:53:15	M25	6	02:18	02:20
31	1164	Doumen Guido	TV 1848	2:43:37	M40	8	02:09	00:00
29	2036	Dresler Enrico	Laktatschweine	2:56:02	MS	29	02:25	00:00
27	2026	Dreßen Roland	Schäl Sick	2:53:09	MS	27	02:15	00:00
24	137	Drewes Martin	TV Germania Kaiserau	4:29:12	M35	5	04:56	00:00
11	74	Dülks Roman	Krefelder Kanu Klub	4:12:42	M45	2	02:02	02:05
28	1020	Ebel Martina	*Jülich	3:56:30	W30	6	03:31	00:00
135	1131	Eich Michael	triattack sonsbeck	3:17:43	M40	38	02:39	00:00
9	1031	Engelberth Steffi	*Köln	2:59:23	W25	3	02:41	00:00
8	1035	Eschrig Desiree	*Köln	2:59:23	W20	2	02:30	00:00
22	1014	Esser Eli	*Stockheim	3:23:00	W35	5	03:30	00:00
93	1166	Esser Uli	*Stockheim	3:00:51	M40	26	00:00	00:00
147	1063	Etzel Willi	LG Ameln Linnich	3:23:13	M50	14	02:44	00:00
14	2012	Falter Rainer	tornado	2:44:14	MS	14	02:04	00:00
41	50	Feilen Heinz	Marathon-Club	4:43:13	M45	9	02:23	02:36
109	75	Feistel Uli	Deutsche Bank Ausdauer	5:33:41	M45	27	02:44	02:58
12	1183	Felder Jörg	DLC Aachen	2:31:48	M35	2	02:02	00:00
126	1162	Fiegen Frank	LG Oberbruch-Dremmen	3:11:37	M40	37	02:38	00:00
9	161	Fischer Sabine	RWE Power AG	5:03:31	W30	2	02:20	02:25
66	1184	Fladt Jürgen	*Übach-Palenberg	2:54:23	M35	11	02:29	00:00
42	2043	Floehr Kilian	Eschtown	3:18:43	MS	42	04:32	00:00
156	1239	Franke Philip	Triathlon Team	3:34:33	M25	13	02:59	00:00
106	198	Franseen Timothy	*Uden	5:30:10	M20	4	00:00	00:00
24	1015	Franz Katharina	*Kempfen	3:34:49	W35	6	03:11	00:00
55	156	Froelich Armin	TV Attendorn TRI-TIME	4:50:53	M35	11	02:29	02:38
25	2006	Frohnhofen Bernd	kein	2:50:18	MS	25	02:30	00:00
2	128	Fuchs Sandra	TV 1848	4:43:51	W40	1	02:24	02:15
150	1081	Fuß Volkmar	-	3:27:03	M50	15	03:01	00:00
42	107	Füssl Dr. Frank	DLC Aachen	4:45:00	M40	12	02:27	02:30
40	2009	Gardemann Jürgen	Sixties	3:11:29	MS	40	03:05	00:00
45	2010	Gardemann Jürgen	Newcomer	3:28:00	MS	45	03:06	00:00
51	121	Gehrke Joachim	LDT Bochum	4:49:07	M40	15	02:25	02:30
11	1024	Giese Simone	TuS Voßwinkel	3:05:48	W30	1	02:17	00:00
18	162	Giesen Tanja	RWE Power AG	6:00:53	W30	3	03:17	03:33
93	84	Ginzl Steffen	LATV Plauen	5:19:13	M45	22	02:36	02:47
121	134	Glaeser Thomas	TV Korschenbroich	5:50:45	M35	20	02:40	02:49
163	1051	Glasmacher Theodor	Tri-Team-Hagen	3:41:13	M65	1	03:32	00:00
85	1252	Glehn Gregor	*Aachen	2:58:25	M20	8	02:30	00:00
22	2046	Goebel Joachim	LANDSCHAFT!	2:48:58	MS	22	02:10	00:00

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5	504	Golzheim Olaf	Sportg. Stadtverw.	4:49:35	MS	5	02:17	02:28
56	141	Gote Andi	*Köln	4:51:51	M35	12	02:18	02:22
126	94	Gottschalk Bernd	*München	6:05:55	M40	31	02:54	02:51
70	69	Gränzer Andreas	StreitkraefTEAMt	5:01:42	M45	16	02:21	02:26
3	207	Graute Matthias	Kölner Triathlon Team	3:55:40	M25	2	01:46	01:59
20	38	Graw Burkhard	LV TRISTAR OELDE	4:18:53	M50	1	00:00	00:00
94	1247	Grbavac Carlo	*Aachen	3:01:46	M25	10	02:24	00:00
63	60	Greven Jürgen	Marathon-Club	4:55:02	M45	14	02:29	02:35
74	1084	Grobusch Ulrich	dauerlaufschule köln	2:56:17	M50	7	02:37	00:00
15	1023	Groebel Simone	DJK Elmar Kohlscheid	3:08:17	W30	3	03:07	00:00
67	106	Grote Armin	HAT	4:59:31	M40	18	02:33	02:26
28	1241	Gülden Sebastian	kt01	2:41:53	M25	6	02:22	00:00
84	204	Guntermann Dr.	*Stolberg	5:10:02	M40	23	02:39	02:40
81	1204	Gusday Kevin	*Heinsberg	2:57:30	M30	8	02:49	00:00
8	1211	Gusinde Frank	RTC Frechen 80	2:26:13	M30	1	01:57	00:00
75	105	Hachmann Axel	SSK Kerpen	5:04:42	M40	20	02:15	02:29
34	1080	Hackenbruch Frank	Armada Würselen	2:44:30	M50	4	02:18	00:00
57	170	Halden Gunnar	ClubTdC	4:51:55	M30	4	02:21	02:27
11	501	Hamacher Dieter	SC Veedel	5:23:39	MS	11	02:46	02:47
144	1168	Hammes Guido	TeamInMotion	3:20:56	M40	41	02:45	00:00
128	1215	Handke Steffen	Team Aroma Ahoi	3:13:10	M30	13	02:39	00:00
99	1213	Hänsel Torsten	*Lübbecke	3:03:12	M30	10	02:40	00:00
9	517	Harlinghausen Claas	Das B-Team	5:08:23	MS	9	02:28	02:41
10	1013	Harring Claudia	SV AXA Cologne	3:02:14	W35	3	02:41	00:00
12	1006	Hegger Ruth	LT Schnecke SV	3:06:03	W40	2	02:41	00:00
125	1144	Heiartz Alex	GKD-Laufteam	3:11:34	M40	36	02:41	00:00
154	1055	Heitz Reiner	SSK Kerpen	3:31:11	M60	4	03:29	00:00
38	2019	Hensch Rolf	Eifelyetis	3:03:21	MS	38	00:00	00:00
47	23	Heßeler Wolfgang	TS79 Bergisch Gladbach	4:47:00	M55	1	02:23	02:19
114	164	Hetzer Dr. Ralf	Team Bad Pützdorf	5:37:38	M30	10	02:48	02:52
45	95	Hilden Dirk	SSK Kerpen	4:46:31	M40	13	02:27	02:43
117	1179	Hochgesand Christian	DLC Aachen	3:08:06	M35	20	03:09	00:00
2	191	Hoffmann Sascha	Tri Finish Münster	3:55:05	M25	1	01:55	02:01
136	1171	Hofmann Lutz	*Korschenbroich	3:18:23	M40	39	02:41	00:00
116	1189	Holleber Marcus	*Köln	3:07:34	M35	19	03:00	00:00
91	177	Hoppe Christian	*Wuppertal	5:17:32	M30	8	02:34	02:49
22	166	Hornung Heiko	TSV Gruitzen	4:27:24	M30	3	02:12	02:15
7	158	Hüging Petra	RWE Power AG	5:00:14	W30	1	02:36	02:34
54	29	Hüsemann Jürgen	DLC-Aachen	4:50:43	M50	5	02:28	02:35
27	1002	Imbert Marlis	*Jülich	3:48:08	W45	2	03:14	00:00
16	1021	Isbrandt Laura	DLC Aachen	3:08:35	W30	4	02:42	00:00
78	1149	Jaeger Roger	Triathlon Team Eupen	2:57:03	M40	22	02:27	00:00
81	102	Jakobs Wilfried	ASC Neuss-Rosellen	5:09:06	M40	21	02:46	03:04
100	1135	Janke Roland	*Kempen	3:03:31	M40	28	02:40	00:00
90	91	Janko Hans-Jörg	VFB Ertstadt Triathlon	5:16:22	M40	25	02:46	02:59
114	1233	Janssen Andreas	*Aachen	3:06:59	M25	11	02:27	00:00
12	502	Jumpertz Joachim	kakapo.de	5:26:40	MS	12	02:23	00:00
139	1200	Jung Danny	Franks Fitnesspark	3:19:25	M35	22	03:03	00:00
105	1089	Jungeburth Kalle	RC Kettenzerrung	3:04:40	M45	19	02:38	00:00
124	1210	Kadach Stefan	*Hilden	3:11:30	M30	12	02:45	00:00
20	2016	Kasperowski Brigitte	RC Dorff I	2:48:02	MS	20	02:14	00:00
123	22	Kaulard Herbert	Skikeller Kaulard &	5:54:55	M55	7	02:21	03:05
107	205	Kaulard Mathias	Team Coolart	5:31:06	M55	5	02:24	02:28

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
7	512	Kaulard Urs	Team Coolart	4:54:25	MS	7	02:23	02:23
9	1143	Kehrbusch Gerd	Dülkener SV 06	2:26:45	M40	1	02:06	00:00
88	37	Keil Andreas	RWE	5:14:17	M50	8	02:42	02:46
7	1232	Keitzel Gunnar	DLC Aachen	2:25:48	M25	3	01:50	00:00
23	103	Ketzer Christoph	Iserlohner Triathlon	4:28:06	M40	7	02:17	02:21
13	81	Ketzer Ina	Iserlohner Triathlon	5:13:22	W45	1	02:26	02:43
10	506	Kiel Olaf	Komm Gängster	5:15:09	MS	10	02:53	03:08
36	2041	Kiemen Anna	Fairrückt	3:02:51	MS	36	02:56	00:00
24	1058	KINGS THEO	SSK Kerpen Triathlon	2:40:23	M55	1	02:02	00:00
23	1202	Kirchgessner Walter	DSW Darmstadt	2:39:31	M35	3	02:14	00:00
5	1192	Kirchhoff Holger	TRI STAR OELDE	2:21:26	M35	1	01:53	00:00
14	114	Kiso Andreas	*Bielefeld	4:13:43	M40	3	02:04	02:11
16	1121	Klaßen Rolf	*Eschweiler	2:33:16	M45	1	02:08	00:00
45	1040	Klutsch Andreas	Team Intact	2:47:36	M20	5	02:30	00:00
64	1176	Knoben Jens	*Aachen	2:53:29	M35	10	02:22	00:00
91	1178	Kolb Claus	*Hamburg	2:59:31	M35	16	02:37	00:00
2	510	Königs Lars	Team Sparkasse Düren	4:23:09	MS	2	02:00	02:02
83	1090	Königs Lutz	*Pulheim	2:57:56	M45	14	02:52	00:00
63	1152	Königs Ralf	ASV Köln	2:53:15	M40	18	02:22	00:00
26	1012	Korgel Anke	VFB Erftstadt Triathlon	3:39:16	W35	7	03:21	00:00
12	2040	Korthaus Stephan	DLC Aachen	2:41:15	MS	12	02:21	00:00
90	1256	Krause Marc	Alemannia Aachen	2:59:28	M20	9	02:00	00:00
92	1238	Kremer Florian	*Aachen	3:00:06	M25	9	02:24	00:00
43	54	Krings Achim	TSV Bayer Dormagen	4:45:14	M45	10	02:16	02:31
40	68	Kruff Daniel	Marathon-Club	4:43:03	M20	3	00:00	00:00
26	1196	Krüger Dirk	TV Mönchengladbach	2:41:09	M35	4	02:08	00:00
110	1147	Krüger Udo Jürgen	Germania 07 Dürwiss	3:06:28	M40	31	02:32	00:00
19	1246	Krüppel Christoph	Kanuclub Grevenbroich	2:36:52	M25	5	02:09	00:00
72	1251	Kruse Kristian	*Köln	2:55:51	M20	7	02:20	00:00
113	1201	Kuffner René	for Philipp	3:06:50	M35	18	02:31	00:00
8	112	Künsler Stefan	Krefelder Kanu Klub	4:07:47	M40	1	02:09	02:22
87	1145	Küpper Thomas	DJK Dülmen Tri Team	2:58:33	M40	24	00:00	00:00
151	1077	Kurth Klaus-Peter	SC Gelsenkirchen 04	3:29:10	M50	16	03:52	00:00
82	1219	Küster Sebastian	GKD-Laufteam	2:57:51	M30	9	02:38	00:00
6	1072	Laermann Ralf	TV 1848	2:25:24	M50	1	01:41	00:00
12	89	Lai Claudia	Team Kiwi Cycle	5:11:58	W40	6	02:36	02:41
162	1038	Landes Jochen Rüdiger	*köln	3:38:18	M30	17	03:23	00:00
36	98	Landsberg Hans-peter	VfL Engelskirchen	4:40:48	M40	10	02:28	02:35
14	1029	Larisch Annika	VSK Osterholz	3:07:43	W25	4	02:35	00:00
15	1132	Laumen Richard	Triathlon Waldfeucht e.	2:32:57	M40	3	02:24	00:00
113	77	Lavergne David	Bocholterwassersport	5:37:33	M45	28	02:44	03:06
46	151	Ledent Maurice	Tri-Team Eupen	4:46:53	M35	9	02:09	02:25
43	2020	Leipertz Elmar	fortuna freitag abend	3:24:52	MS	43	02:58	00:00
108	70	Lenart Thomas	*Düren	5:31:46	M45	26	02:46	03:10
14	1242	Lenz Matthias	*Swisttal	2:32:22	M25	4	02:11	00:00
1	2037	Lieberz Martin	mysporty Team	2:08:49	MS	1	02:02	00:00
17	2014	Lieth Frank	Dicke Kiste	2:47:18	MS	17	02:21	00:00
4	1003	Limburg Birgit	Triathlon Waldfeucht	2:45:21	W45	1	02:35	00:00
10	48	Limburg Hermann -	Triathlon Waldfeucht	4:10:58	M45	1	02:01	02:09
134	1052	Lipsey Mel	*San Diego	3:16:01	M60	3	02:43	00:00
99	193	Löb Claus-Daniel	*Erftstadt	5:23:10	M25	9	02:29	02:39
38	90	Lohmann Christoph	SC Bayer 05 Uerdingen	4:41:59	M40	11	02:28	02:33
158	1091	Lorenz Stefan	*Mönchengladbach	3:34:50	M45	29	02:55	00:00

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
112	1075	Lotz Dieter	SSK Kerpen	3:06:46	M50	10	02:47	00:00
152	1122	Mankiewicz Bernd	*Stolberg	3:30:01	M45	28	03:05	00:00
35	1094	Mannheims Christoph	*Krefeld	2:44:31	M45	4	02:17	00:00
17	1034	Marchel Sybille	*Lotte	3:11:05	W20	3	02:48	00:00
102	71	Marcus Holger	TRIandertaler me-sport	5:26:14	M45	24	02:48	03:05
3	2028	Mazur Ingo	Cool Runnings	2:16:58	MS	3	00:00	00:00
8	2050	Mehring Jennifer	jenoni	2:31:56	MS	8	02:12	00:00
25	194	Meisen Michael	Allgäu X-press	4:29:33	M25	4	00:00	00:00
64	140	Meisenberg Michael	RV Diana Oberbruch	4:57:36	M35	14	02:04	02:13
5	2038	Mellouk Fahd	Job-Com Kreis Düren	2:27:38	MS	5	02:21	00:00
109	1209	Mengel André	*Gummersbach	3:06:18	M30	11	02:42	00:00
119	1059	Merchlewitz Paul	STVLövenich	3:08:45	M55	4	02:53	00:00
153	1185	Mertens Andreas	Die Bären	3:30:31	M35	24	02:36	00:00
21	100	Mettlach Jörg	RWE Power AG	4:24:54	M40	6	02:03	02:10
17	51	Meurer Jürgen	DBL-Team RSG	4:15:01	M45	3	02:06	02:10
102	1069	Meussen Peter	SC Gelsenkirchen 04	3:04:03	M50	9	02:47	00:00
30	2029	Meyer Torsten	Arge GMS/Strabag	2:56:46	MS	30	02:06	00:00
4	197	Mihajlovic Julia	LDT Bochum	4:50:51	W20	1	02:27	02:32
10	149	Mille Bianca	DBL-Team RSG	5:07:31	W35	2	02:45	02:54
15	147	Minor Astrid	ASV Köln	5:34:06	W35	3	02:48	03:05
124	53	Mischke Harald	*Weilerswist	5:59:45	M45	30	02:55	03:16
60	86	Mohr Dr. Herbert	*Köln	4:53:10	M40	16	02:31	02:32
15	2039	Möller Tobias	Team HH 2010	2:44:16	MS	15	02:35	00:00
3	1018	Mollus Sabine	Charleville Traithlon	2:40:40	W35	1	02:12	00:00
111	1156	Morick Christoph	-	3:06:42	M40	32	02:31	00:00
54	1054	Müllejäns Manfred	MC Eschweiler	2:50:36	M60	1	02:18	00:00
5	1030	Müller Caroline	RWE Power AG	2:49:43	W25	2	02:42	00:00
75	1198	Müller Danny-Rene	mach-mich-fit.de	2:56:18	M35	13	02:35	00:00
149	1221	Müther Martin	*Aachen	3:26:34	M30	15	02:56	00:00
58	1093	Nagelsdiek Gerd	DLC-Aachen	2:52:27	M45	10	02:30	00:00
79	1124	Nägler Guido	VfR Unterbruch LG	2:57:09	M40	23	02:33	00:00
49	1160	Nessel Arndt	BSG Team Cognex	2:48:27	M40	14	02:00	00:00
116	176	Nettingsmeier	WSV Köln	5:38:46	M30	11	02:29	02:39
21	1037	Neuenfeldt Michael	Newfield-Bikes	2:37:20	M40	6	01:59	00:00
87	132	Newrzella Dirk	TRIandertaler Mettmann	5:13:29	M35	17	02:34	00:00
164	1231	Nießen Thomas	*Aachen	3:46:13	M30	18	03:13	00:00
97	118	Nitsch Thorsten	TV Windecken	5:22:28	M40	27	02:42	02:38
112	124	Nolden Dirk	LG RWE Power	5:36:12	M40	30	02:46	02:56
123	1138	Noppeney Dietmar	SJ Software	3:11:23	M40	35	02:46	00:00
30	1004	Nosper Simone	Killewittchengang	4:31:08	W45	3	04:08	00:00
73	1153	Oebel Klaus	*Frechen	2:56:02	M40	21	02:20	00:00
8	507	Offergeld Jörg	Team Pogenwisch	4:54:30	MS	8	02:33	02:40
43	1120	Ollerdisen Stefan	TSVE 1890 Bielefeld	2:46:37	M45	6	02:19	00:00
7	1008	Otten Simone	DJK Elmar Kohlscheid	2:53:05	W40	1	02:35	00:00
94	97	Papenkort Frank	BSV Bergheim	5:21:51	M40	26	02:21	02:30
2	2048	Paschke Frank	DDD DieDreistenDrei	2:16:25	MS	2	01:47	00:00
146	1226	Perea de Dios Cristian	*Frechen	3:22:34	M30	14	02:57	00:00
21	1022	Pereira Patricia	*Aachen	3:21:59	W30	5	03:19	00:00
31	2034	Peters Astrid	ELASAN	2:57:13	MS	31	02:58	00:00
167	1190	Peters Carsten	Team InMotion	4:12:50	M35	26	03:31	00:00
23	2035	Peters Christian	Möchtegernsieger	2:49:26	MS	23	02:10	00:00
78	131	Peters Ralf	ohne	5:06:19	M35	16	02:37	02:43
101	32	Pilz Jürgen	*Kaarst	5:23:44	M50	9	02:31	02:48

3. Indeland Triathlon am 20. Juni 2010

Ergebnisliste

Bergwertung (Alphabetisch sortiert)

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
131	1115	Plum Stephan	Team InMotion	3:14:24	M45	23	02:56	00:00
66	152	Pörsch Michael	Plattfööss Balkes	4:59:14	M35	15	02:14	02:18
1	1039	Prystayko Olesya	Ukraine	2:23:32	W25	1	02:13	00:00
110	163	Pusch Volker	*Borghorst	5:34:15	M30	9	02:41	02:51
137	1111	Pütz Gunter	Tri-Team Eupen	3:18:51	M45	24	03:01	00:00
12	133	Pütz Thorsten	SSF Bonn	4:13:06	M35	4	02:02	02:08
15	159	Rademacher Jens	Dülkener SV 06	4:13:48	M30	1	02:11	02:17
29	1001	Rehfisch Helene	Killewittchengang	4:06:49	W55	1	03:30	00:00
42	1150	Reinartz Willi	TEAM TETZ	2:46:28	M40	11	02:34	00:00
16	2021	Reyer Hans-Jürgen	Pommes rot weiß	2:44:25	MS	16	02:31	00:00
104	1086	Riedel Frank	*aachen	3:04:15	M45	18	02:49	00:00
62	1125	Riemer Thomas	DLC Aachen	2:52:54	M40	17	02:30	00:00
39	1157	Robens Hans Willi	SSK Triathlon Kerpen	2:44:38	M40	10	02:27	00:00
74	28	Rogowski Thomas	DJK Elmar Kohlscheid	5:03:18	M50	7	02:34	02:38
127	1088	Roling Ludger	SV Gladbeck	3:11:59	M45	21	02:53	00:00
89	45	Ruhnke Gerd	SSK Kerpen	5:15:08	M45	20	02:38	02:59
34	34	Rummler-kihm Tobias	rtc frechen 80	4:38:13	M50	3	02:11	02:23
100	150	Rütten Stefan	TV Ratheim	5:23:20	M35	18	02:42	02:54
155	1181	Saremi Kurosch	*Köln	3:34:30	M35	25	03:14	00:00
31	146	Schäfer André	Hildener AT	4:34:03	M35	6	02:27	02:30
108	1146	Schauer Andreas	*Würselen	3:05:08	M40	30	02:33	00:00
130	1036	Schenk Marcel	SG Düren 99	3:14:04	M35	21	02:28	00:00
34	2015	Scherrers Anne	Da simmer dabei	3:02:47	MS	34	02:50	00:00
4	503	Schickel Sven	Euros	4:43:08	MS	4	02:16	02:34
46	1262	Schieferstein Burkhard	o2	2:47:42	M40	13	02:22	00:00
86	1186	Schiffer Christian	*Schwalmtal	2:58:29	M35	15	02:23	00:00
148	1092	Schild Stefan	ASV Süchteln	3:23:44	M45	27	03:09	00:00
129	1098	Schlaeger Michael	*Stolberg-Zweifall	3:13:54	M45	22	02:49	00:00
33	1067	Schlegel Klaus Dieter	DLRG Wetzlar	2:44:29	M50	3	02:16	00:00
79	160	Schlitt Stefan	*Koeln	5:06:42	M30	6	02:10	02:26
19	1028	Schlösser Christine	PSV Bonn Triathlon	3:20:05	W25	6	02:59	00:00
142	1065	Schmalen Günter	Team-Erdinger-Alkoholfr	3:20:15	M50	13	03:06	00:00
61	1253	Schmidt Willi	rsv euskirchen	2:52:43	M20	6	02:31	00:00
13	1249	Schmit Pierre	rsv murks	2:32:10	M20	3	01:53	00:00
13	1025	Schmitt Andrea	TS 79 Berg. Gladbach	3:06:15	W30	2	02:51	00:00
14	188	Schmitter Rabea	RTC Frechen 80	5:23:50	W25	2	02:51	02:53
37	1170	Schmitz Bart	*Köln	2:44:33	M40	9	02:13	00:00
50	1217	Schmitz Dominik	*köln	2:48:56	M30	5	02:35	00:00
53	1172	Schmitz Jürgen	*Jülich	2:49:39	M40	15	01:57	00:00
33	2030	Schmitz Thomas	Drei Fragezeichen	2:58:44	MS	33	02:31	00:00
117	171	Schmitz Tobias	Mertal Twen	5:40:13	M30	12	02:31	02:34
107	1106	Schneider Michael	Multisportsfriends Brühl	3:05:02	M45	20	02:18	00:00
118	1060	Schneider-Foitzik Paul	*Pulheim	3:08:07	M55	3	02:43	00:00
32	2017	Schneiders Willi	Team NEA	2:57:35	MS	32	02:15	00:00
76	1107	Schnödewind Uwe	RTC Frechen 80	2:56:27	M45	12	00:00	00:00
4	179	Schoelen Henning	Team Erdinger	4:01:49	M25	3	01:37	01:51
27	117	Schön Ralf	*Düsseldorf	4:29:57	M40	8	02:20	02:28
29	1155	Schonnop Guido	Marathon-Club	2:42:06	M40	7	02:14	00:00
105	125	Schrapps Andre	BSG EWV / enwor e.V.	5:29:06	M40	28	02:19	02:27
103	202	Schroeder Markus	Triathlon Vereniging	5:27:02	M35	19	02:43	02:53
50	79	Schroeder Dr. Peter	Triathlon Mülheim	4:48:56	M45	12	02:25	02:20
86	85	Schubert Tom	RWE Power AG	5:11:02	M40	24	02:36	02:55
16	175	Schubnell Andre	DLC Aachen	4:13:55	M30	2	01:49	02:11

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Bergwertung (Alphabetisch sortiert)

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
9	136	Schubnell Frank	Spiridon Frankfurt	4:08:04	M35	3	02:02	02:06
65	1129	Schuchert Schuchi	Puls 200.eV.	2:54:09	M40	19	02:44	00:00
92	55	Schulwitz Waldemar	*Übach Palenberg	5:18:03	M45	21	02:43	02:50
46	2008	Schulz Claudia	Powerschnecken	3:33:45	MS	46	03:43	00:00
133	1078	Schulz Detlef	SV Bergisch Gladbach	3:15:51	M50	11	02:42	00:00
5	115	Schulz Dr. Ursula	jkunning	4:53:37	W40	3	02:32	02:51
98	1126	Schumacher Dierk	*Linnich	3:02:38	M40	27	02:34	00:00
44	2003	Schwarz Walter	Three Hot Dogs	3:27:42	MS	44	03:11	00:00
37	2018	Secker Oliver	3 für Hawaii	3:02:58	MS	37	02:27	00:00
44	1128	Seegmüller Guido	SSK Kerpen	2:46:53	M40	12	02:33	00:00
103	1110	Semke Klaus	TS 1879 Bergisch	3:04:05	M45	17	02:36	00:00
59	1158	Serafin Heiko	DJK Elmar Kohlscheid	2:52:31	M40	16	02:27	00:00
10	2044	Seyer Andreas	Die Unbestechlichen	2:34:41	MS	10	02:38	00:00
22	1206	Simon Carsten	DJK Elmar Kohlscheid	2:38:54	M30	2	02:02	00:00
7	199	Sitta Lukas	SSF Bonn Triathlon	4:05:56	M20	2	01:28	02:07
19	122	Siwon Daniel	RWE Power AG	4:18:05	M40	5	02:11	02:05
60	1044	Sos Martin	*	2:52:42	M30	6	02:45	00:00
35	2011	Spellerberg-Rogowski	DLC Aachen	3:02:50	MS	35	02:59	00:00
160	1173	Spiekenheuer Stefan	...und ab die Post!	3:35:57	M40	43	03:33	00:00
20	1019	Spielvogel Miriam	SV Erftstolz	3:21:07	W35	4	03:24	00:00
35	47	Spoden Dietmar	Tri Power Rhein-Sieg	4:39:13	M45	6	02:24	02:34
59	203	Sprink Elmar	ASV Köln Triathlon	4:52:36	M35	13	02:29	02:34
159	1174	Stankewitz Ralf	*Mönchengladbach	3:35:11	M40	42	02:41	00:00
143	1097	Stawinoga Markus	Brander SV Tri-Team	3:20:42	M45	26	03:09	00:00
62	27	Steckel Manfred	TriathlonSteckelCologne	4:54:06	M55	2	02:33	02:33
52	1260	Stein Rene	Toxic	2:49:06	M35	9	02:34	00:00
57	1066	Steller Michael	SSK Kerpen	2:52:22	M50	5	02:23	00:00
80	1101	Steuer Thomas	SSK Kerpen	2:57:26	M45	13	02:37	00:00
48	1099	Stick Olaf	tri-sticks	2:48:14	M45	8	02:17	00:00
39	2004	Stiel Willi	SV Schälsikkie	3:05:09	MS	39	03:24	00:00
4	1258	Stollenwerk Yannic	Kölner Triathlon-Team	2:15:02	M20	2	01:45	00:00
1	206	Strankmann Oliver	Carboo4uTeam	3:47:04	M20	1	01:48	01:53
71	1141	Strosing Marcus	SG Düren 99	2:55:44	M40	20	02:52	00:00
69	26	Stupp Dr. Hans-Peter	TV Witzhelden	5:01:38	M55	3	00:00	00:00
5	0	Stutzer Tim	*	4:03:12	M35	1	01:55	01:58
3	1259	Thomas Christian	PV-Triathlon Witten	2:11:10	M20	1	01:29	00:00
30	93	Tippmann Jupp	Tri Team RWE Vertrieb	4:33:33	M40	9	02:14	02:23
88	1245	Tischler Kim	DJK Elmar Kohlscheid	2:58:40	M25	8	02:30	00:00
6	511	Tomczak Philipp	SV Hullern	4:53:29	MS	6	02:12	02:37
33	142	Ton Wolfs	Team Kiwi Cycle	4:38:10	M35	7	02:23	02:34
84	1100	Trautmann Andreas	Brander SV Tri-Team	2:58:10	M45	15	02:38	00:00
70	1061	Trommer Jürgen	SC Alpenrose Köln	2:55:39	M45	11	00:00	00:00
37	83	Tröndle Martin	Tri Team Hochrhein	4:41:50	M45	7	02:06	02:12
36	1116	Van Dam Sierd	DJK Euchen -Würselen	2:44:31	M45	5	02:28	00:00
127	96	Van Husen Manfred	*Wegberg	6:07:49	M40	32	02:38	00:00
115	21	Van Zwieten Cornelis	*Kerpen	5:38:06	M60	1	02:35	02:55
17	200	Van Zwieten Lina	*Kerpen	5:48:14	W20	2	00:00	00:00
16	155	Vanderbeken Sigrid	*Escanaffles	5:41:46	W35	4	02:48	03:03
28	2007	Velten Horst	Team Konzern Aachen	2:53:32	MS	28	03:01	00:00
115	1062	Verberkt Hans	LT Schnecke SV	3:07:03	M55	2	02:34	00:00
71	109	Vittinghoff Alf	RWE Power AG	5:02:24	M40	19	00:00	00:00
26	2022	Voken Stefan	Müschekamp - 2	2:51:08	MS	26	01:58	00:00
18	2032	Vollmann Alexander	MTA	2:47:24	MS	18	02:01	00:00

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
122	24	Weber Josef	*Gau - Bickelheim	5:54:25	M55	6	03:08	00:00
117	173	Weiß Alexander	Triathlon Nonstop Köln	5:40:13	M30	12	02:44	02:52
44	143	Weitz Volker	*Würselen	4:45:14	M35	8	02:13	02:24
161	1207	Weniger Philipp	*Aachen	3:37:43	M30	16	02:50	00:00
121	1254	Wenzel Stefan	Trigionäre	3:10:37	M20	10	03:04	00:00
69	1193	Werthes Sascha	ASV Duisburg	2:55:37	M35	12	02:47	00:00
53	42	Westerhausen Heinz	*Würselen	4:50:04	M50	4	04:54	00:00
97	1103	Wichert Hans-Jürgen	Marathon-Club	3:02:13	M45	16	02:54	00:00
18	1250	Wiemann Kevin	RWE Power AG	2:35:25	M20	4	01:50	00:00
138	1118	Wilhelm Frank	*Jülich	3:19:11	M45	25	02:35	00:00
96	1177	Williams Gabriel	*stolberg	3:02:00	M35	17	00:00	00:00
24	2033	Willms Mario	Die Raketen	2:49:45	MS	24	02:28	00:00
3	127	Wintgens Chantal	Triathlon Team Eupen	4:48:46	W40	2	02:16	02:30
80	178	Witt Benedikt	Eigenbrödler	5:08:11	M25	7	02:37	02:58
20	1263	Wolf Alexander	Brander SV Tri-Team	2:37:10	M40	5	02:09	00:00
166	1139	Wollersheim Frank	KWT running team	3:54:03	M40	44	03:30	00:00
40	1220	Wölm Lars	Team Erdinger	2:45:56	M30	4	02:11	00:00
122	1137	Wrbas Klaus	TV Rheinbach	3:11:10	M40	34	02:49	00:00
28	33	Wüster Bernd	Tri Power Rhein-Sieg	4:31:09	M50	2	02:23	02:27
83	174	Wystron Carsten	Aachen	5:09:43	M30	7	02:32	02:36
125	30	Zaar Peter	Triathlon Nonstop Köln	6:03:07	M50	11	03:05	03:17
119	31	Zachow Horst	DjK-Elmar Kohlscheid	5:40:54	M50	10	02:43	00:00
140	1071	Zangers Roland	ASV Süchteln	3:19:27	M50	12	02:49	00:00
72	73	Zasche Matthias	SSK Kerpen	5:02:41	M45	17	02:42	02:57
1	1248	Zeller Sebastian	Kölner Triathlon Team	2:09:41	M25	1	01:58	00:00
145	1197	Zientz Sascha	KIEPE Tri Team	3:22:21	M35	23	03:02	00:00
96	25	Zimmermann Manfred	Eupen	5:22:01	M55	4	02:39	02:57
111	116	Zimmermann Stefan	SchwimmVerein	5:36:06	M40	29	02:43	02:55
39	49	Zupan Achim	RWE Power AG	4:42:42	M45	8	02:22	02:31
32	44	Zweihaus Markus	TVE Greven Triathlon	4:37:27	M45	5	01:48	02:10
8	87	Zweihaus Ruth	TVE Greven Triathlon	5:01:56	W40	4	02:32	00:00

nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Berg 1	Berg 2
0	0	Chip Fehlt Bc15780	4. Ford Köln Marathon	5:01:38	M20	0	00:00	00:00
0	1165	Desgronte Markus	BSG Team Cognex	0:00:00	M40	-	02:44	00:00
0	1095	Dues Dr. Michael	*Bergheim	0:00:00	M45	-	02:42	00:00
0	190	Frewell Michael	*Wuppertal	0:00:00	M25	-	02:53	03:33
0	153	Fritz Mark	*Köln	0:00:00	M35	-	02:29	00:00
0	1230	Girelli Consolaro	DLC Aachen	0:00:00	M30	-	00:00	00:00
0	1194	Herber Thomas	JVSV Heinsberg	0:00:00	M35	-	00:00	00:00
0	184	Koch Ralf	DLC AACHEN	0:00:00	M25	-	02:09	02:07
0	3459	Kruff Olaf	Marathon-Club	0:00:00	M45	-	00:00	00:00
0	1203	Lange Tim	*Essen	0:00:00	M30	-	03:34	00:00
0	1240	Matrose Claas	*Aachen	0:00:00	M25	-	02:49	00:00
0	1104	Mohren Harald	DJK Armada	0:00:00	M45	-	02:14	00:00
0	0	Mundt Thomas	SC Delphin Eschweiler	6:17:11	M50	0	00:00	00:00
0	139	Neuhörl Udo	RWE Power AG	0:00:00	M35	-	02:01	00:00
0	41	PETROW Uwe	Triathlonfreunde	0:00:00	M50	-	00:00	00:00
0	2051	Piske Günter	Radreisen-Beck	0:00:00	MS	-	02:29	00:00
0	1041	Schüler Silko	Raumausstattung Schüler	0:00:00	M40	-	03:13	00:00
0	1191	Valtinke Frank	ssk kerpen	0:00:00	M35	-	02:01	00:00

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Bergwertung (Alphabetisch sortiert)

disqualifiziert

Platz	Nr.	Name Vorname	Grund	Endzeit	AK	Pl. AK	Berg 1	Berg 2
0	1159	Kehlenbach Ralph	zuwenig Laufrunden	2:46:40	M40	0	02:24	00:00