

28. Hückeswagener Triathlon am 14. August 2010

Ergebnisliste

Mitteltriathlon 2000m - 74km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	9	Grandke Thorsten	Nordenia Tri Finish	3:44:32	M40	1	25	0:29:12	2	2:00:33	2	2:29:46	1	1:14:45	
2	2	Kappelhoff Uwe	Bayer 05 Uerdingen II	3:48:37	M30	1	1	0:26:22	9	2:02:45	1	2:29:07	6	1:19:29	
3	62	Busche Christoph	AWD Team TVE	3:50:18	M25	1	37	0:30:37	13	2:03:50	12	2:34:27	3	1:15:51	
4	8	Lundström Ingmar	TSVE Active Team	3:51:49	M35	1	9	0:27:52	4	2:02:26	6	2:30:18	18	1:21:31	
5	25	Dörmbach Rene	RC Lüdenscheid	3:51:49	M25	2	11	0:27:57	3	2:01:52	4	2:29:49	25	1:22:00	
6	16	Elskamp Gregor	ASV Köln	3:52:45	M35	2	12	0:27:57	6	2:02:26	8	2:30:24	29	1:22:21	
7	234	Kimberley James	ASV Köln II	3:54:08	M30	2	4	0:27:38	34	2:06:39	11	2:34:17	7	1:19:51	
8	211	Kramp Uwe	Tri Team TG Lage	3:54:50	M35	3	20	0:28:29	26	2:06:00	13	2:34:30	11	1:20:19	
9	12	Reimer Manuel	Nordenia Tri Finish	3:54:53	M30	3	16	0:28:15	36	2:06:44	20	2:35:00	8	1:19:53	
10	6	Ullrich Domitian	TSVE Active Team	3:55:46	M25	3	26	0:29:21	22	2:05:38	19	2:34:59	13	1:20:46	
11	3	Epping Matthias	Bayer 05 Uerdingen II	3:56:11	M20	1	6	0:27:47	24	2:05:45	9	2:33:32	34	1:22:38	
12	216	Röpstorf Uwe	Bayer 05 Uerdingen III	3:56:15	M45	1	34	0:30:24	18	2:04:44	24	2:35:09	16	1:21:06	
13	233	Gronauer Christoph	ASV Köln II	3:56:36	M30	4	53	0:31:42	10	2:02:54	15	2:34:37	24	1:21:59	
14	246	Schertel Thomas	Kölner Triathlon Team	3:56:53	M20	2	38	0:30:39	15	2:04:14	18	2:34:54	23	1:21:59	
15	59	Nagel Niels	Krefelder Kanu Klub	3:57:05	M40	2	54	0:31:48*	11	2:03:27	25	2:35:15	21	1:21:49	
16	45	Kriege Markus	TRC Essen 84	3:57:21	M40	3	19	0:28:25	35	2:06:40	22	2:35:06	28	1:22:15	
17	204	Brünink Johannes	TVE Greven	3:57:28	M40	4	51	0:31:34	12	2:03:28	21	2:35:03	30	1:22:24	
18	64	Müller Frank	AWD Team TVE	3:58:14	M30	5	60	0:32:04	20	2:05:24	33	2:37:28	12	1:20:46	
19	266	Breer Robin	Nordenia Tri Finish	3:58:58	M25	4	46	0:31:12	43	2:07:42	39	2:38:54	10	1:20:03	
20	49	Schlumbohm Steffen	Tri Club Wuppertal	3:59:32	M30	6	85	0:33:37*	17	2:04:41	34	2:38:19	17	1:21:13	
21	72	Lakemper Henner	LV Tristar Oelde	3:59:53	M25	5	57	0:32:00*	38	2:07:04	42	2:39:04	14	1:20:48	
22	229	Bossov Christian	TSVE Active Team	4:00:08	M50	1	41	0:30:52	14	2:04:14	23	2:35:06	42	1:25:01	
23	10	Hoffmann Sascha	Nordenia Tri Finish	4:01:16	M25	6	5	0:27:43	8	2:02:36	7	2:30:19	79	1:30:56	
24	268	Nosthoff Ulf	Nordenia Tri Finish	4:01:26	M30	7	55	0:31:52	40	2:07:06	41	2:38:58	31	1:22:27	
25	70	Janta Sebastian	LV Tristar Oelde	4:01:29	M35	4	93	0:34:16*	21	2:05:36	47	2:39:53	20	1:21:36	
26	38	Schnell Uwe	Tri Sport Team Verl	4:01:43	M40	5	17	0:28:18	55	2:08:38	29	2:36:56	38	1:24:46	
27	31	Ehl Markus	Rückenwind Dortmund	4:02:02	M40	6	92	0:34:15*	23	2:05:41	49	2:39:57	26	1:22:04	
28	58	Metzger Christian	Krefelder Kanu Klub	4:02:03	M25	7	7	0:27:48	4	2:02:26	5	2:30:14	87	1:31:49	
29	11	Günnigmann Stefan	Nordenia Tri Finish	4:02:26	M35	5	49	0:31:29	7	2:02:32	10	2:34:01	60	1:28:25	
30	473	Menn Felix	EJOT Team TV	4:02:32	M25	8	70	0:32:17	58	2:09:14	61	2:41:32	15	1:20:59	
31	15	Naundorf Lars	ASV Köln	4:02:37	M35	6	61	0:32:04*	45	2:07:55	50	2:40:00	32	1:22:36	
32	68	Dirksmeier Patrick	W + F Münster	4:02:49	M25	9	33	0:30:18*	32	2:06:19	27	2:36:38	51	1:26:11	
33	50	Petri Stavro	Tri Club Wuppertal	4:03:15	M40	7	30	0:30:13	65	2:10:53	56	2:41:06	27	1:22:08	
34	245	Jungbluth Uwe	Kölner Triathlon Team	4:03:24	M25	10	123	0:36:41	67	2:11:05	89	2:47:46	2	1:15:37	
35	57	Becker Jan-Matti	Krefelder Kanu Klub	4:03:40	M30	8	81	0:33:00*	46	2:07:56	55	2:40:57	35	1:22:43	
36	47	Ninck Christian	TRC Essen 84	4:03:54	M25	11	73	0:32:21	29	2:06:11	38	2:38:33	43	1:25:21	
37	65	Keijzers Martijn	W + F Münster	4:03:55	M30	9	36	0:30:34	81	2:13:20	65	2:43:55	9	1:20:00	
38	48	Seewald Jan	TRC Essen 84	4:04:23	M25	12	44	0:31:04	44	2:07:51	40	2:38:56	45	1:25:26	
39	21	Goraus Stephan	Dülkener SV 06	4:04:59	M35	7	29	0:30:06	66	2:11:04	58	2:41:11	37	1:23:48	
40	51	Suderow Silvio	Tri Club Wuppertal	4:05:08	M45	2	31	0:30:13	16	2:04:21	14	2:34:34	75	1:30:33	
41	23	Schrörs Michael	Dülkener SV 06	4:05:43	M40	8	35	0:30:28	71	2:12:20	62	2:42:49	36	1:22:54	
42	208	Ziemann Markus	ASV Duisburg	4:05:45	M40	9	52	0:31:41	57	2:09:04	54	2:40:45	41	1:25:00	
43	7	Beinke Kai	TSVE Active Team	4:05:51	M30	10	24	0:28:57	47	2:08:03	31	2:37:01	61	1:28:49	
44	26	Maul Christian	RC Lüdenscheid	4:06:21	M40	10	68	0:32:16	87	2:14:42	79	2:46:58	5	1:19:23	
45	13	Hauser Michael	ASV Köln	4:06:38	M35	8	63	0:32:09	56	2:08:59	57	2:41:08	46	1:25:29	
46	265	Wessel Florian	Nordenia Tri Finish	4:06:52	M25	13	76	0:32:31	69	2:11:43	68	2:44:14	33	1:22:37	
47	4	Huster Daniel	Bayer 05 Uerdingen II	4:06:58	M30	11	28	0:29:44	1	2:00:04	3	2:29:48	125	1:37:10	
48	1	Greeven Niklas	Bayer 05 Uerdingen II	4:06:58	M20	3	2	0:27:27	61	2:09:32	30	2:36:59	69	1:29:59	
49	251	Brämer Alexander	1.Tri Club Paderborn I	4:07:31	M25	14	67	0:32:15	82	2:13:41	73	2:45:56	19	1:21:34	
50	219	Köhns Thomas	TSV Bayer 04	4:07:32	M40	11	64	0:32:10	37	2:07:02	43	2:39:12	59	1:28:20	
51	238	Welsch Rüdiger	TuS Breitscheid	4:07:33	M45	3	15	0:28:14	52	2:08:24	28	2:36:39	78	1:30:54	
52	46	Leggewie Christian	TRC Essen 84	4:07:33	M40	12	18	0:28:21	33	2:06:25	17	2:34:47	96	1:32:45	
53	247	Raatz Sebastian	Kölner Triathlon Team	4:07:50	M25	15	154	0:40:10	53	2:08:31	92	2:48:42	4	1:19:07	
54	220	Kufner Marco	TSV Bayer 04	4:07:50	M35	9	40	0:30:50	42	2:07:41	37	2:38:32	64	1:29:17	

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Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AK	Pl. S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
55	249	Wille Markus	1.Tri Club Paderborn I	4:08:07	M45	4	95	0:34:17*	25	2:05:46	52	2:40:03	58	1:28:04
56	22	Rademacher Jens	Dülkener SV 06	4:08:26	M30	12	13	0:28:06	68	2:11:16	45	2:39:22	63	1:29:04
57	66	Kappelhoff Michael	W + F Münster	4:08:56	M35	10	22	0:28:41	27	2:06:04	16	2:34:45	106	1:34:10
58	28	Hanakam Florian	RC Lüdenscheid	4:09:03	M35	11	118	0:35:51	50	2:08:15	67	2:44:06	40	1:24:56
59	29	Hörstemeier Martin	Rückenwind Dortmund	4:09:10	M35	12	82	0:33:02*	31	2:06:13	44	2:39:16	67	1:29:54
60	36	Zywietz Eike	PSV Bonn Triathlon II	4:09:23	M25	16	86	0:33:42*	60	2:09:19	64	2:43:02	52	1:26:21
61	354	Lohmann Peter	*Monheim am Rhein	4:09:54	M45	5	132	0:37:48	64	2:10:12	90	2:48:00	22	1:21:53
62	203	Watermeyer Fabian	TVE Greven	4:10:34	M20	4	21	0:28:35	54	2:08:34	32	2:37:10	101	1:33:24
63	52	Rexhausen Thorsten	Tri Club Wuppertal	4:10:55	M35	13	59	0:32:03*	51	2:08:19	53	2:40:22	74	1:30:33
64	214	Gems Christian	Bayer 05 Uerdingen III	4:10:58	M20	5	108	0:35:07*	19	2:04:46	48	2:39:54	82	1:31:04
65	14	Elskamp Matthias	ASV Köln	4:11:52	M40	13	78	0:32:40*	41	2:07:21	51	2:40:01	88	1:31:50
66	475	Hesse Daniel	EJOT Team TV	4:12:17	M20	6	66	0:32:13	59	2:09:17	60	2:41:31	77	1:30:46
67	5	Ludwig Max	TSVE Active Team	4:12:34	M20	7	23	0:28:42	63	2:09:39	35	2:38:22	108	1:34:12
68	224	Quadflieg Achim	Delphin Eschweiler	4:12:55	M40	14	78	0:32:40	90	2:14:51	85	2:47:31	44	1:25:23
69	61	Heitze Georg	AWD Team TVE	4:13:45	M40	15	42	0:30:58	98	2:16:10	80	2:47:08	54	1:26:36
70	228	Krumbe Ralf	SSF Bonn	4:13:53	M40	16	102	0:34:28	76	2:12:51	84	2:47:19	53	1:26:33
71	240	Ifang Malte	TuS Breitscheid	4:14:05	M25	17	69	0:32:17	28	2:06:11	36	2:38:28	120	1:35:37
72	71	Kirchhoff Holger	LV Tristar Oelde	4:14:20	M35	14	109	0:35:09*	30	2:06:13	59	2:41:22	99	1:32:58
73	225	Grosskopf Christoph	SSF Bonn	4:15:55	M30	13	103	0:34:32	72	2:12:22	78	2:46:54	62	1:29:00
74	250	Thra Dustin	1.Tri Club Paderborn I	4:16:10	M25	18	62	0:32:07	70	2:11:55	66	2:44:03	90	1:32:06
75	484	Voll Ulrich	Krefelder Kanu-Klub	4:16:57	M45	6	153	0:40:10	62	2:09:36	95	2:49:46	55	1:27:11
76	257	Jacobs Frank	RC Lüdenscheid II	4:17:08	M30	14	90	0:34:12	73	2:12:38	76	2:46:51	72	1:30:16
77	60	Strümpel Jörn	Krefelder Kanu Klub	4:17:09	M30	15	88	0:34:02	78	2:13:14	83	2:47:16	65	1:29:52
78	258	Sartory Markus	RC Lüdenscheid II	4:17:12	M40	17	120	0:36:07	99	2:16:13	105	2:52:20	39	1:24:51
79	217	Kaiser Marcus	TSV Bayer 04	4:17:17	M40	18	105	0:34:38	100	2:16:28	101	2:51:06	50	1:26:10
80	207	Wächtler Thomas	ASV Duisburg	4:17:52	M50	2	100	0:34:27	79	2:13:16	88	2:47:44	70	1:30:08
81	37	Pähler Detlef	Tri Sport Team Verl	4:18:32	M40	19	14	0:28:13	89	2:14:44	63	2:42:57	119	1:35:34
82	221	Lüttgen Jörg	Delphin Eschweiler	4:18:32	M40	20	83	0:33:04	85	2:14:31	87	2:47:35	80	1:30:56
83	69	Graw Burkhard	LV Tristar Oelde	4:19:07	M50	3	43	0:31:01	86	2:14:37	72	2:45:38	102	1:33:28
84	205	Hof Matthias	ASV Duisburg	4:19:26	M40	21	47	0:31:13	97	2:15:58	81	2:47:12	92	1:32:14
85	232	Poetting Timm	TSVE Active Team	4:19:30	M25	19	8	0:27:48	48	2:08:10	26	2:35:59	158	1:43:30
86	318	Elbert Matthias	Hildener AT	4:19:33	M50	4	77	0:32:37	74	2:12:44	71	2:45:21	107	1:34:11
87	323	Austinat Ralf	Iserlohner Triathlon	4:19:47	M50	5	115	0:35:36	84	2:14:17	96	2:49:53	66	1:29:54
88	237	Lutze Matthias	TuS Breitscheid	4:20:06	M45	7	80	0:32:46	80	2:13:17	74	2:46:04	104	1:34:01
89	222	Effertz Norbert	Delphin Eschweiler	4:20:35	M45	8	10	0:27:56	103	2:16:49	69	2:44:46	121	1:35:49
90	377	Mittelstädt Udo	TRI-TEAM Freiburg	4:20:51	M40	22	99	0:34:27	112	2:18:35	109	2:53:02	57	1:27:48
91	54	Dick-Cortmann	Triathlon Team Witten III	4:20:56	M35	15	96	0:34:19	102	2:16:42	100	2:51:01	68	1:29:55
92	236	Roth Andreas	ASV Köln II	4:21:40	M30	16	97	0:34:24	77	2:13:10	86	2:47:35	105	1:34:05
93	262	Drewes Martin	TV Germania Kaiserau	4:21:52	M35	16	48	0:31:17	110	2:18:21	94	2:49:38	91	1:32:13
94	17	Sudhoff Burkhard	M.Gladbacher TV 1848	4:22:20	M45	9	56	0:31:57	91	2:14:54	77	2:46:52	118	1:35:27
95	269	Gerdhenrichs Stefan	Tri Speed Marienfeld	4:22:24	M20	8	122	0:36:25	123	2:20:07	120	2:56:33	48	1:25:51
96	445	Minke Sebastian	ASC Rosellen/Neuss	4:22:30	M30	17	145	0:39:28	104	2:17:13	122	2:56:41	47	1:25:48
97	267	Radstaak Jens	Nordenia Tri Finish	4:23:51	M30	18	104	0:34:36	107	2:17:41	104	2:52:17	85	1:31:33
98	376	Bergstein Stefan	TG Neuss	4:24:18	M40	23	107	0:34:42	83	2:13:45	91	2:48:27	122	1:35:50
99	39	Strunz Dirk	Tri Sport Team Verl	4:24:56	M35	17	72	0:32:19	121	2:20:05	106	2:52:25	93	1:32:31
100	53	Bierey Dietmar	Triathlon Team Witten III	4:25:04	M45	10	181	0:42:48	39	2:07:06	97	2:49:54	113	1:35:10
101	206	Link Marco	ASV Duisburg	4:25:48	M25	20	158	0:40:26	88	2:14:43	117	2:55:10	76	1:30:37
102	63	Neuhaus Torsten	AWD Team TVE	4:26:24	M25	21	57	0:32:00	95	2:15:13	82	2:47:13	132	1:39:11
103	418	Sonthoff Volker	VfL Marburg	4:26:34	M35	18	84	0:33:08	130	2:21:23	113	2:54:31	89	1:32:03
104	67	Späker Dieter	W + F Münster	4:26:40	M40	24	3	0:27:30	115	2:18:59	75	2:46:29	136	1:40:10
105	449	Radevic Mario	threeXpain	4:27:34	M30	19	111	0:35:18	116	2:19:19	114	2:54:37	98	1:32:56
106	398	Schardt Jörg	TSV Bayer Leverkusen	4:28:07	M40	25	74	0:32:22	106	2:17:36	98	2:49:58	127	1:38:08
107	350	Grünhage Josef	TV Attendorn TRI-TIME	4:28:57	M45	11	112	0:35:22	113	2:18:38	112	2:54:00	111	1:34:56
108	239	Reckel Wolfgang	TuS Breitscheid	4:28:59	M50	6	176	0:42:06	96	2:15:29	123	2:57:36	84	1:31:22

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
109	40	Ventker Sebastian	Tri Sport Team Verl	4:29:15	M25	22	179	0:42:33	94	2:15:05	124	2:57:39	86	1:31:35	
110	32	Zellin Jan	Rückenwind Dortmund	4:29:20	M25	23	135	0:38:14	149	2:25:04	145	3:03:18	49	1:26:02	
111	202	Zweihaus Markus	TVE Greven	4:29:25	M45	12	71	0:32:18	126	2:20:38	108	2:52:57	124	1:36:27	
112	33	Lang Andreas	PSV Bonn Triathlon II	4:29:59	M25	24	50	0:31:29	49	2:08:14	46	2:39:44	192	1:50:15	
113	408	Weber Lars	RWE	4:30:29	M35	19	127	0:37:02	93	2:15:02	102	2:52:04	130	1:38:24	
114	329	Wilner Willi	PV-Triathlon Witten	4:30:35	M50	7	116	0:35:38	138	2:22:14	126	2:57:53	94	1:32:42	
115	454	Friedhoff Benjamin	ASV Duisburg	4:31:17	M30	20	129	0:37:36	111	2:18:23	118	2:55:59	116	1:35:18	
116	235	Walter Torsten	ASV Köln II	4:31:18	M40	26	190	0:43:45	119	2:19:58	146	3:03:44	56	1:27:33	
117	364	Henn Frank	Triminators TV Voerde	4:31:26	M40	27	113	0:35:27	101	2:16:39	103	2:52:07	133	1:39:19	
118	30	Seifert Lukas	Rückenwind Dortmund	4:31:58	M20	9	27	0:29:32	129	2:21:18	99	2:50:50	143	1:41:08	
119	215	Ohlms Hendrik	Bayer 05 Uerdingen III	4:32:23	M30	21	89	0:34:07	158	2:27:11	136	3:01:19	81	1:31:04	
120	399	Sikora Robert	SV Bergisch Gladbach	4:32:26	M40	28	128	0:37:03	135	2:21:52	128	2:58:56	103	1:33:29	
121	226	Penedo Nelson	SSF Bonn	4:32:26	M35	20	75	0:32:27	75	2:12:47	70	2:45:14	180	1:47:11	
122	212	Porath Bernd	Tri Team TG Lage	4:33:36	M45	13	39	0:30:47	146	2:23:54	116	2:54:42	131	1:38:53	
123	272	Wallmeier Thomas	Tri Speed Marienfeld	4:33:42	M45	14	110	0:35:14	147	2:24:08	130	2:59:23	109	1:34:18	
124	415	Mukielka Boris	TSVE 1890 Bielefeld	4:34:21	M35	21	101	0:34:28	117	2:19:21	111	2:53:49	139	1:40:31	
125	391	Hüren Andreas	ASV Duisburg	4:34:43	M40	29	45	0:31:06	142	2:22:40	110	2:53:47	142	1:40:56	
126	55	Moldenhauer Kai	Triathlon Team Witten III	4:35:02	M40	30	130	0:37:39	114	2:18:58	121	2:56:38	129	1:38:24	
127	301	Rummler-Kihm Tobias	RTC Frechen 80	4:35:07	M50	8	178	0:42:26*	105	2:17:28	131	2:59:54	114	1:35:13	
128	213	Rohde Markus	Bayer 05 Uerdingen III	4:35:33	M40	31	160	0:40:30	145	2:23:42	148	3:04:12	83	1:31:20	
129	436	Kirschbaum Arne	Krefelder Kanu Klub	4:35:56	M30	22	183	0:42:52	118	2:19:51	143	3:02:43	100	1:33:13	
130	394	Kawelke Thomas	fair gewinnt e.V.	4:37:04	M40	32	157	0:40:17	131	2:21:26	139	3:01:44	117	1:35:20	
131	352	Hansel Martin	AWD Team TVE	4:38:03	M45	15	207	0:46:58	128	2:20:55	154	3:07:53	71	1:30:09	
132	360	Prause Stefan	TriCologne	4:38:07	M45	16	166	0:41:30	140	2:22:17	147	3:03:47	110	1:34:19	
133	466	Stein Benjamin	*Köln	4:38:15	M25	25	214	0:47:40	122	2:20:07	153	3:07:47	73	1:30:28	
134	375	Hachmann Axel	SSK Kerpen	4:38:19	M40	33	114	0:35:32	127	2:20:45	119	2:56:17	149	1:42:01	
135	252	Berg Frank	1.Tri Club Paderborn I	4:38:48	M45	17	98	0:34:26	109	2:18:13	107	2:52:39	171	1:46:08	
136	35	Wenzel Arne	PSV Bonn Triathlon II	4:38:49	M25	26	32	0:30:16	168	2:29:03	129	2:59:19	134	1:39:29	
137	347	Berfeld Juergen	forza schäl sick	4:40:19	M45	18	131	0:37:47	125	2:20:26	127	2:58:14	150	1:42:04	
138	230	Voß Peter	TSVE Active Team	4:40:50	M40	34	106	0:34:38	120	2:20:02	115	2:54:40	172	1:46:09	
139	231	Ehle Christian	TSVE Active Team	4:40:50	M40	35	119	0:36:06	134	2:21:41	125	2:57:47	156	1:43:03	
140	427	Siepe Volker	TG Neuss	4:41:47	M35	22	149	0:40:04	167	2:29:00	160	3:09:04	95	1:32:42	
141	209	Schlepper Jan	Tri Team TG Lage	4:42:18	M20	10	140	0:38:28	174	2:30:55	161	3:09:24	97	1:32:54	
142	374	Ermlich Klaus	Triathlon St. Pauli	4:42:39	M40	36	138	0:38:21	144	2:23:41	141	3:02:02	141	1:40:36	
143	349	Decker Hans-Joachim	Tri Club Wuppertal	4:43:19	M45	19	152	0:40:08	141	2:22:34	142	3:02:42	140	1:40:36	
144	395	Kaap Jurij	TSVE 1890 Bielefeld	4:44:03	M40	37	147	0:39:41	132	2:21:33	135	3:01:15	152	1:42:48	
145	320	Hermes Peter	Tri-4-Fun SVKT	4:44:30	M50	9	136	0:38:14	137	2:22:09	132	3:00:24	161	1:44:06	
146	271	Peters Uwe	Tri Speed Marienfeld	4:44:56	M45	20	65	0:32:13	175	2:31:00	144	3:03:13	147	1:41:42	
147	263	Darenberg Ingo	TV Germania Kaiserau	4:45:17	M45	21	146	0:39:31	136	2:22:00	137	3:01:32	159	1:43:45	
148	378	Gehring Jörn	3athlon WVC Kassel	4:47:26	M40	38	137	0:38:19	139	2:22:16	133	3:00:35	177	1:46:51	
149	345	Reese Hans- Christoph	*Hann.Münden	4:47:42	M45	22	191	0:44:04	151	2:25:23	162	3:09:28	128	1:38:13	
150	340	Klein Ernst	TV Attendorf TRI -	4:47:53	M45	23	150	0:40:04	133	2:21:41	140	3:01:45	170	1:46:07	
151	373	Ellendt Rüdiger	DJK Adler 07 Bottrop	4:48:03	M40	39	175	0:41:56	148	2:24:29	150	3:06:25	146	1:41:38	
152	361	Mohr Dr. Herbert	*Köln	4:48:15	M40	40	195	0:44:47	164	2:28:14	174	3:13:01	115	1:35:13	
153	366	Möller Hans-Christoph	Schwelmer SC	4:48:30	M40	41	94	0:34:16	155	2:26:20	134	3:00:37	183	1:47:53	
154	407	Buch Christian	*Hofheim	4:49:42	M35	23	163	0:41:26	156	2:26:50	156	3:08:16	144	1:41:25	
155	18	Krüger Dirk	M.Gladbacher TV 1848	4:49:56	M35	24	203	0:46:15	154	2:26:09	173	3:12:24	126	1:37:32	
156	261	Schünemann Arne	TV Germania Kaiserau	4:50:22	M25	27	141	0:38:33	143	2:23:00	138	3:01:34	186	1:48:48	
157	481	Wieland Markus	TSV Bayer 04	4:50:22	M35	25	228	0:49:52	108	2:17:43	152	3:07:35	151	1:42:47	
158	357	Schwiegerhaus Horst	TSV Bayer 04	4:51:18	M45	24	161	0:40:36	194	2:35:39	187	3:16:15	112	1:35:03	
159	339	Mannheims Christoph	*Krefeld	4:51:31	M45	25	169	0:41:36	161	2:28:05	163	3:09:41	148	1:41:49	
160	314	Steckel Manfred	TriathlonSteckelCologne	4:51:45	M55	1	117	0:35:45	176	2:31:11	151	3:06:57	165	1:44:48	
161	477	Dobos Ivo	ASC Rosellen/Neuss	4:51:52	M20	11	170	0:41:38	186	2:34:08	185	3:15:46	123	1:36:05	
162	465	Kiefer Marc	Team getFit	4:54:29	M25	28	144	0:39:18	173	2:30:42	165	3:10:00	164	1:44:28	

28. Hückeswagener Triathlon am 14. August 2010

Ergebnisliste

Mitteltriathlon 2000m - 74km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
163	426	Paffrath Arndt	Tri Club Wuppertal	4:54:29	M35	26	187	0:43:06	150	2:25:12	157	3:08:19	173	1:46:09	
164	435	Prangs Oliver	SuS Stadtlohn e.V. -	4:54:45	M30	23	124	0:36:42	190	2:34:49	170	3:11:32	157	1:43:12	
165	259	Jager Andre	RC Lüdenscheid II	4:55:01	M25	29	185	0:43:05	162	2:28:06	168	3:11:12	160	1:43:49	
166	424	Grundmann Sven	*Köln	4:55:41	M40	42	186	0:43:05	182	2:32:32	183	3:15:38	135	1:40:02	
167	223	Schiewe Norbert	Delphin Eschweiler	4:57:14	M50	10	143	0:38:44	179	2:31:59	166	3:10:43	174	1:46:31	
168	322	Mevenkamp Bernd	DJK Coesfeld	4:57:15	M50	11	125	0:36:50	206	2:37:32	178	3:14:22	154	1:42:53	
169	405	Cerfontaine Bernd	LT Issum	4:57:30	M35	27	151	0:40:06	166	2:28:50	159	3:08:56	184	1:48:33	
170	338	Weigel Michael	1.Tri-Club Paderborn	4:58:30	M45	26	139	0:38:24	204	2:37:15	184	3:15:39	153	1:42:50	
171	383	Van der Kaaij Rens	TG Neuss	4:58:44	M40	43	164	0:41:26	172	2:30:32	172	3:11:59	176	1:46:45	
172	270	Osthus Jens	Tri Speed Marienfeld	4:58:50	M40	44	87	0:33:46	177	2:31:19	149	3:05:05	201	1:53:44	
173	304	Beermann Ludger	SC Falke Saerbeck	4:59:57	M60	1	188	0:43:42	198	2:35:54	195	3:19:37	138	1:40:20	
174	459	Hoppe Christian	*Wuppertal	5:01:00	M30	24	148	0:39:51	193	2:35:16	182	3:15:07	169	1:45:53	
175	437	PLAUTZ Christoph	www.BikeBox-Derkum.d	5:01:49	M30	25	189	0:43:45	183	2:32:54	188	3:16:39	166	1:45:10	
176	333	Müller Lothar	SC Gelsenkirchen 04	5:02:12	M45	27	202	0:46:02	160	2:27:24	176	3:13:27	185	1:48:44	
177	365	Priß Frank	*Pulheim	5:02:29	M40	45	159	0:40:28	169	2:29:27	164	3:09:55	199	1:52:33	
178	311	Koppelberg Horst	Hildener AT	5:02:45	M55	2	121	0:36:13	196	2:35:41	171	3:11:55	194	1:50:50	
179	327	Bittermann	Schwelmer RSC	5:02:52	M50	12	213	0:47:38	153	2:25:40	175	3:13:19	190	1:49:33	
180	479	Matzner Thomas	ATV	5:03:00	M40	46	168	0:41:33	159	2:27:17	158	3:08:51	203	1:54:08	
181	392	Zindler Markus	*Düsseldorf	5:03:57	M40	47	215	0:47:44	189	2:34:45	197	3:22:29	145	1:41:28	
182	413	Waller Matthäus	TV Attendorf TRI-TIME	5:03:59	M35	28	180	0:42:33	152	2:25:40	155	3:08:14	207	1:55:44	
183	441	Endreß Martin	SC Tewel	5:04:00	M30	26	196	0:45:08	181	2:32:14	192	3:17:22	175	1:46:37	
184	368	Milden Siegfried	W+F Münster	5:04:30	M40	48	173	0:41:45	192	2:35:08	191	3:16:54	182	1:47:36	
185	421	Ruckes Sascha	Kreissparkasse Köln	5:04:45	M35	29	208	0:47:00	205	2:37:29	208	3:24:29	137	1:40:16	
186	367	Dilk Christian	LTV TriForce Remscheid	5:05:48	M40	49	192	0:44:10	210	2:38:42	198	3:22:52	155	1:42:56	
187	443	Markowski Paul	*Bonn	5:06:47	M30	27	237	0:57:24	124	2:20:25	193	3:17:50	188	1:48:56	
188	362	Meeussen Peter	AATT	5:06:52	M40	50	155	0:40:12	202	2:36:39	190	3:16:51	191	1:50:01	
189	325	Ufer Andreas	TV Attendorf TRI-TIME	5:08:10	M50	13	165	0:41:29	218	2:42:15	204	3:23:44	163	1:44:26	
190	353	Moran Salvador	ATV Hückeswagen	5:09:29	M45	28	234	0:55:13	170	2:30:06	210	3:25:20	162	1:44:08	
191	372	Wittig Uwe	Tri-Team Fuldata	5:10:01	M40	51	184	0:42:57	185	2:33:49	189	3:16:47	200	1:53:14	
192	478	Losse Dominik	*Hagen	5:10:03	M20	12	142	0:38:37	200	2:36:05	179	3:14:43	205	1:55:20	
193	309	Schubert Peter	SG Eintracht Ergste	5:11:31	M55	3	225	0:48:24	199	2:35:58	207	3:24:22	179	1:47:08	
194	56	Krug Gerrit	Triathlon Team Witten III	5:12:45	M30	28	126	0:36:56	187	2:34:10	167	3:11:07	221	2:01:38	
195	451	Potthoff Sebastian	Tri-Geckos Dortmund	5:12:59	M30	29	172	0:41:43	219	2:42:22	206	3:24:06	187	1:48:53	
196	310	Monser Robert	Triathlon Club San Diego	5:13:32	M55	4	206	0:46:45	215	2:40:53	215	3:27:39	168	1:45:52	
197	330	Monasso Walter	NDD Doetinchem	5:15:13	M50	14	91	0:34:13	92	2:14:58	93	2:49:11	239	2:26:01	
198	476	Schöttle Oliver	RC Sturmvogel Mülheim	5:15:50	M20	13	224	0:48:23	191	2:35:04	202	3:23:27	196	1:52:22	
199	455	Fischer Frank	*Neubiberg	5:15:58	M30	30	177	0:42:16	228	2:46:09	218	3:28:25	181	1:47:33	
200	306	Schneider-Foitzik Paul	*Pulheim	5:16:31	M55	5	218	0:47:55	220	2:42:45	221	3:30:41	167	1:45:49	
201	335	Meier Wolfgang	Triathlonverein dt. Ärzte	5:17:10	M45	29	199	0:45:50	214	2:40:31	213	3:26:21	193	1:50:48	
202	414	Tscherwen Cord	*Köln	5:17:12	M35	30	134	0:37:58	203	2:36:55	181	3:14:53	225	2:02:18	
203	358	Wierer Christian	TV Miltenberg e.V.	5:17:34	M45	30	217	0:47:54	163	2:28:13	186	3:16:08	219	2:01:26	
204	401	Sobola Michael	*Meerbusch	5:18:10	M40	52	219	0:48:02	207	2:37:43	211	3:25:45	197	1:52:24	
205	337	Kruse Reinhard	ASC Ahlen	5:18:56	M45	31	174	0:41:46	211	2:38:44	196	3:20:31	212	1:58:25	
206	342	Anlauf Norbert	LG Altstadt-Team	5:18:59	M45	32	201	0:46:02	227	2:46:02	224	3:32:04	178	1:46:55	
207	470	Swoboda Stefan	SC Gelsenkirchen 04	5:19:05	M25	30	167	0:41:33	180	2:32:03	177	3:13:36	227	2:05:29	
208	331	Kovacs Franz	ATV-Hückeswagen	5:19:16	M50	15	200	0:45:51	184	2:33:11	194	3:19:03	215	2:00:13	
209	343	Rudnik Christian	RWE Starlight Team	5:19:31	M45	33	194	0:44:32	209	2:38:36	199	3:23:09	208	1:56:21	
210	305	Derks Josef	TV Goch	5:20:31	M55	6	230	0:51:45	201	2:36:16	216	3:28:01	198	1:52:29	
211	463	Meyer Henrik	*Bonn	5:20:34	M25	31	233	0:55:02	165	2:28:23	201	3:23:26	210	1:57:07	
212	404	Kiepas Szymon	*Remscheid	5:21:46	M40	53	226	0:49:39	195	2:35:39	209	3:25:19	209	1:56:27	
213	351	Brenger Wolfgang	3 Schlümpfe	5:22:17	M45	34	221	0:48:11	223	2:44:54	229	3:33:06	189	1:49:11	
214	307	Seibert Olaf	SC-Olpe Triathlon	5:25:41	M55	7	216	0:47:53	197	2:35:48	203	3:23:41	223	2:01:59	
215	457	Thomas Martin	Bayer Leverkusen	5:26:10	M30	31	209	0:47:15	224	2:44:56	226	3:32:11	202	1:53:58	
216	328	Dengler Markus	*kierspe	5:27:35	M50	16	204	0:46:29	225	2:45:51	228	3:32:20	204	1:55:15	

28. Hückeswagener Triathlon am 14. August 2010

Ergebnisliste

Mitteltriathlon 2000m - 74km - 21km

Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
217	313	Schramm Jürgen	SV Gladbeck 13	5:28:39	M55	8	205	0:46:45	217	2:41:19	217	3:28:05	217	2:00:33	
218	341	Barnstorf Dr. Wido	*Erkrath	5:29:35	M45	35	222	0:48:12	213	2:39:24	214	3:27:36	222	2:01:58	
219	303	Grande Fritz	LSV Tri-Team Lennep	5:29:59	M60	2	232	0:52:52	212	2:39:24	227	3:32:16	211	1:57:43	
220	482	Rechlin Bernd	TV Witzhelden 1884 e.V.	5:30:06	M60	3	162	0:41:19	231	2:48:21	219	3:29:40	216	2:00:26	
221	416	Brüning Robert	ATV Hückeswagen	5:30:39	M35	31	193	0:44:19	157	2:27:05	169	3:11:25	236	2:19:13	
222	363	Janko Hans-Jörg	VFB Erfstadt	5:30:41	M40	54	212	0:47:21	229	2:47:56	232	3:35:18	206	1:55:23	
223	359	Kinzel Thomas	SV Sterkrade Nord	5:30:48	M45	36	227	0:49:44	216	2:41:02	222	3:30:47	214	2:00:00	
224	348	Hübenthal Götz	SCGutNassAltena	5:30:57	M45	37	182	0:42:51	178	2:31:56	180	3:14:47	233	2:16:09	
225	430	Euteneuer Joachim	PSV Brühl	5:31:21	M35	32	171	0:41:39	230	2:48:07	220	3:29:46	220	2:01:34	
226	324	Sturm Ralf	BSG Stadt Köln	5:31:21	M50	17	156	0:40:17	221	2:43:34	205	3:23:51	229	2:07:29	
227	417	Funk Marc-Alexander	ASC Ströher Dillenburg	5:35:05	M35	33	229	0:51:41	234	2:51:16	235	3:42:57	195	1:52:08	
228	380	Fretschen Christian	AS Neukirchen-Vluyn	5:36:19	M40	55	198	0:45:22	232	2:48:44	231	3:34:06	224	2:02:13	
229	422	Von Tegelen Ralf	DABS	5:37:08	M40	56	236	0:56:51	188	2:34:19	223	3:31:10	228	2:05:57	
230	346	Gahlen Markus	*Lohmar	5:39:34	M45	38	197	0:45:19	208	2:38:05	200	3:23:24	234	2:16:09	
231	344	Ebel Franz-Josef	Trisport-Menden	5:41:12	M45	39	133	0:37:48	237	3:04:33	234	3:42:22	213	1:58:50	
232	317	Ruppert Mathias	TG Schwanheim	5:42:02	M50	18	223	0:48:16	233	2:48:56	233	3:37:13	226	2:04:49	
233	389	Theberath Marc	*Monheim	5:42:46	M40	57	211	0:47:18	226	2:45:58	230	3:33:16	230	2:09:29	
234	312	Richelshagen Detlef	ATV Hückeswagen	5:44:02	M55	9	235	0:55:33	171	2:30:14	212	3:25:47	235	2:18:14	
235	411	Schmitz Martin	*Bergisch Gladbach	5:55:50	M30	32	220	0:48:09	222	2:43:57	225	3:32:06	237	2:23:44	
236	19	Baier Ulli	M.Gladbacher TV 1848	5:57:15	M60	4	210	0:47:16	239	3:08:43	237	3:56:00	218	2:01:15	
237	423	Gülker Harry	*Hennef	6:03:52	M40	58	231	0:52:04	235	2:56:37	236	3:48:41	232	2:15:10	
238	450	Sauer Thomas	*Duisburg	6:09:21	M30	33	238	0:57:44	236	2:58:48	238	3:56:32	231	2:12:48	
239	308	Remmel Christoph	VfL	6:32:58	M55	10	239	1:00:49	238	3:07:45	239	4:08:35	238	2:24:23	

nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	319	Frederking Martin	OSC 01 Hamm	0:00:00	M50	-	248	0:47:09	249	2:41:45	249	3:28:54	0	0:00:00	
0	429	Ast Karol	*Ieverkusen	0:00:00	M35	-	256	0:47:44	0	0:00:00	0	0:00:00	0	0:00:00	
0	474	Janiszewski Thorsten	Feuerwehr SV Düsseldorf	0:00:00	M20	-	255	0:46:29	0	0:00:00	0	0:00:00	0	0:00:00	
0	385	Jakob Michael	RG Haltern	0:00:00	M40	-	246	0:37:37	245	2:15:52	244	2:53:30	0	0:00:00	
0	334	Herbrandt Volker	SV Bergisch Gladbach	0:00:00	M45	-	245	0:35:44	246	2:25:39	245	3:01:24	0	0:00:00	
0	420	Kumpir Oğün	Triathlon Team Ratingen	0:00:00	M35	-	253	0:34:50	0	0:00:00	0	0:00:00	0	0:00:00	
0	379	Graf André	bike attack oberberg	0:00:00	M40	-	243	0:32:28	244	2:15:34	243	2:48:02	0	0:00:00	
0	316	Reulecke Bernhard	VT Triangel Kempen	0:00:00	M50	-	247	0:44:31	248	2:40:15	248	3:24:46	0	0:00:00	
0	20	Keus Dirk	M.Gladbacher TV 1848	0:00:00	M40	-	249	0:51:23	243	2:15:15	247	3:06:39	0	0:00:00	
0	24	Schuhmachers Jörg	Dülkener SV 06	0:00:00	M30	-	252	0:30:30	0	0:00:00	0	0:00:00	0	0:00:00	
0	27	Conredel Martin	RC Lüdenscheid	0:00:00	M20	-	251	0:30:12	0	0:00:00	0	0:00:00	0	0:00:00	
0	34	Sommershof Joachim	PSV Bonn Triathlon II	0:00:00	M45	-	240	0:27:54	242	2:11:06	241	2:39:01	0	0:00:00	
0	210	Büker Volker	Tri Team TG Lage	0:00:00	M50	-	241	0:30:39	247	2:31:34	246	3:02:14	0	0:00:00	
0	218	Röhrken Golo	TSV Bayer 04	0:00:00	M20	-	242	0:30:40	240	2:05:10	240	2:35:50	0	0:00:00	
0	227	Sitta Lukas	SSF Bonn	0:00:00	M20	-	244	0:34:30	241	2:07:04	242	2:41:34	0	0:00:00	
0	248	Staggenborg Nick	Kölner Triathlon Team	0:00:00	M20	-	250	0:26:18	0	0:00:00	0	0:00:00	0	0:00:00	
0	264	Müller Lennart	TV Germania Kaiserau	0:00:00	M25	-	254	0:38:11	0	0:00:00	0	0:00:00	0	0:00:00	

28. Hückeswagener Triathlon am 14. August 2010

Ergebnisliste

Mitteltriathlon 2000m - 74km - 21km

Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	462	Walter Verena	Iserlohner Tri Team	4:17:46	W25	1	3	0:34:29	1	2:15:25	1	2:49:54	2	1:27:51	
2	456	Zijgers Rina	Hellas	4:27:05	W30	1	1	0:31:43	8	2:28:43	4	3:00:27	1	1:26:37	
3	483	Görtz Beate	ASV Köln	4:29:55	W40	1	5	0:36:25	3	2:23:12	3	2:59:38	3	1:30:17	
4	381	Orgeldinger Micaela	SSF Bonn	4:34:49	W40	2	2	0:34:14	4	2:23:44	2	2:57:58	8	1:36:51	
5	452	Schwalbe Melanie	Ejot Team TV	4:35:41	W30	2	4	0:34:44	7	2:28:00	7	3:02:45	6	1:32:55	
6	431	Wittler Dr. Marion	TSVE 1890 Bielefeld	4:36:11	W35	1	19	0:41:06	2	2:21:38	6	3:02:44	7	1:33:27	
7	467	Weßling Jutta	TriRun Ibbenbüren	4:42:31	W25	2	16	0:40:05	9	2:30:01	9	3:10:06	5	1:32:24	
8	472	Von Hubatius Ilka	EJOT Team TV	4:44:39	W25	3	6	0:37:35	5	2:24:34	5	3:02:10	11	1:42:28	
9	448	Müller Angela	ASC Rosellen/Neuss	4:49:00	W30	3	13	0:39:47	12	2:37:47	13	3:17:35	4	1:31:24	
10	428	Fuchs Sandra	TV 1848	4:50:45	W40	3	11	0:39:27	6	2:27:20	8	3:06:48	12	1:43:57	
11	410	Floryszczak Melanie	Tri Club Wuppertal	4:58:36	W35	2	8	0:37:59	14	2:38:17	11	3:16:16	10	1:42:19	
12	406	Zweihaus Ruth	TVE Greven 1898	5:04:32	W40	4	15	0:40:01	16	2:42:15	15	3:22:16	9	1:42:16	
13	464	Schillings Stefanie	TuS 09 Erkenschwick	5:07:04	W25	4	18	0:40:42	10	2:35:30	10	3:16:13	15	1:50:50	
14	480	Schubert Christiane	ATV	5:13:15	W45	1	10	0:39:19	17	2:44:28	16	3:23:47	14	1:49:27	
15	390	Bauer Inga	LTV TriForce	5:14:53	W40	5	9	0:38:28	13	2:38:00	12	3:16:29	19	1:58:23	
16	432	Osterkamp Andrea	Dülkener SV	5:18:47	W35	3	7	0:37:38	20	2:46:38	17	3:24:17	17	1:54:29	
17	447	Kunde Sabrina	bikeattackoberberg	5:21:19	W30	4	23	0:56:13	11	2:36:38	21	3:32:51	13	1:48:28	
18	403	Wienforth Silke	PV-Triathlon Witten	5:22:12	W40	6	14	0:39:58	19	2:45:46	18	3:25:44	18	1:56:27	
19	409	Vörkel Kirstin	SSF Bonn Triathlon	5:25:28	W35	4	21	0:46:08	18	2:45:00	19	3:31:09	16	1:54:18	
20	370	Wilner Anne	PV-Triathlon Witten	5:25:52	W40	7	12	0:39:41	15	2:39:52	14	3:19:34	23	2:06:17	
21	369	Skudlarek-Seibert Petra	SC-Olpe Triathlon	5:31:55	W40	8	20	0:45:49	21	2:46:52	20	3:32:41	20	1:59:13	
22	302	Beermann Rita	Sportclub Falke Saerbeck	5:34:30	W50	1	22	0:46:59	22	2:47:22	22	3:34:21	21	2:00:09	
23	460	Nettekoven Dr.	*Köln	5:48:27	W25	5	24	0:59:31	23	2:47:51	24	3:47:23	22	2:01:03	
24	433	Schäfer Kristin	Tri Club Wuppertal	5:57:01	W30	5	17	0:40:32	24	2:54:42	23	3:35:15	24	2:21:45	

nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	332	Frederking Annette	Tri-Geckos Dortmund	0:00:00	W50	-	26	0:41:27	27	2:49:08	27	3:30:36	0	0:00:00	
0	400	Jakob Heike	RG Haltern	0:00:00	W40	-	27	0:42:26	25	2:14:44	25	2:57:11	0	0:00:00	
0	444	Heckmann Dr. Kirsten	Tri Team Dissen	0:00:00	W30	-	25	0:34:04	26	2:26:41	26	3:00:46	0	0:00:00	