

5km-Lauf - Gesamtwertung

4. Bickendorfer Büdchenlauf - 26.09.2010

Männer

| Platz | Startnr | Name | Verein*/Ort | Gesamt | Brutto | Jahr | Runden |
|-------|---------|--------------------------|--------------------------------|---------|---------|------|-------------------|
| 1 | 781 | Stranz Stephan | Brühler TV 1879 | 0:18:16 | 0:18:17 | 94 | 0:08:46 * 0:09:30 |
| 2 | 784 | Witzke Oliver | LG Wuppertal | 0:18:46 | 0:18:47 | 74 | 0:08:56 * 0:09:50 |
| 3 | 1000 | Hasenclever Holger | *Remscheid | 0:18:51 | 0:18:52 | 73 | 0:09:02 * 0:09:48 |
| 4 | 510 | Nolteernsting Felix | *Aachen | 0:18:57 | 0:18:59 | 84 | 0:09:14 * 0:09:42 |
| 5 | 297 | Ploeger Peter | Pulheimer SC | 0:19:26 | 0:19:29 | 71 | 0:09:21 * 0:10:05 |
| 6 | 512 | Schlaack Andreas | *Engelskirchen | 0:19:31 | 0:19:32 | 70 | 0:09:19 * 0:10:11 |
| 7 | 741 | Fritz Thomas | Brunnenkinder e.V. | 0:19:40 | 0:19:43 | 75 | 0:09:34 * 0:10:06 |
| 8 | 555 | Otten Eric | *Köln | 0:20:38 | 0:20:41 | 70 | 0:09:57 * 0:10:41 |
| 9 | 554 | Trümner Heiko | *Köln | 0:20:39 | 0:20:42 | 79 | 0:09:39 * 0:11:00 |
| 10 | 553 | Hahn Christoph | *Köln | 0:20:49 | 0:20:52 | 84 | 0:09:56 * 0:10:53 |
| 11 | 689 | Graf Florian | Montessori I | 0:21:09 | 0:21:11 | 96 | 0:10:20 * 0:10:48 |
| 12 | 409 | Ockenfels-Rudies Philipp | Männerteam Lindweiler Hof | 0:21:34 | 0:21:55 | 79 | 0:10:13 * 0:11:21 |
| 13 | 946 | Simons Guido | SSG Königswinter | 0:21:44 | 0:21:47 | 63 | 0:10:20 * 0:11:24 |
| 14 | 557 | Erdweg Tobias | *Köln | 0:21:46 | 0:21:49 | 78 | 0:10:03 * 0:11:42 |
| 15 | 672 | Schauff Michael | Postbank Köln II | 0:21:50 | 0:21:55 | 89 | 0:10:38 * 0:11:11 |
| 16 | 433 | Claeßen Jens | Deutsche BKK | 0:21:53 | 0:21:57 | 67 | 0:10:55 * 0:10:57 |
| 17 | 671 | Kühnel Manfred | Postbank Köln II | 0:21:54 | 0:21:59 | 63 | 0:10:39 * 0:11:15 |
| 18 | 453 | Volkmer Dominik | Kreissparkasse Brauweiler | 0:21:55 | 0:22:14 | 91 | 0:10:55 * 0:11:00 |
| 19 | 647 | Nickel André | Lindweiler Hof | 0:21:58 | 0:22:00 | 96 | 0:09:56 * 0:12:01 |
| 20 | 919 | Jeromin-Schulz Marcel | Kölntriathlon e.V. | 0:22:05 | 0:22:10 | 70 | 0:10:34 * 0:11:30 |
| 21 | 925 | Fiegert Frank | *Köln | 0:22:05 | 0:22:09 | 71 | 0:10:23 * 0:11:42 |
| 22 | 734 | Fiegert Marcel | 1. Bocklemünder Judo Club | 0:22:24 | 0:22:28 | 96 | 0:11:03 * 0:11:21 |
| 23 | 426 | wolter Andreas | Vielfalt statt Einfalt 2 | 0:22:36 | 0:22:43 | 64 | 0:10:51 * 0:11:44 |
| 24 | 427 | Baumann Max | Vielfalt statt Einfalt 2 | 0:23:06 | 0:23:13 | 10 | 0:11:08 * 0:11:57 |
| 25 | 85 | Tuchscherer Sven | *Köln | 0:23:08 | 0:23:32 | 76 | 0:11:31 * 0:11:37 |
| 26 | 434 | Krumphaar Thorsten | Deutsche BKK | 0:23:19 | 0:23:23 | 71 | 0:11:21 * 0:11:57 |
| 27 | 423 | Opladen Tim | Vielfalt statt Einfalt 1 | 0:23:24 | 0:23:32 | 10 | 0:11:36 * 0:11:47 |
| 28 | 780 | Schäfer Steffen | *Köln | 0:23:39 | 0:23:44 | 91 | 0:11:34 * 0:12:05 |
| 29 | 22 | Hansen Thorsten | *Köln | 0:23:45 | 0:23:49 | 00 | 0:11:13 * 0:12:31 |
| 30 | 598 | Binzen Martin | *Köln | 0:24:00 | 0:24:10 | 76 | 0:11:43 * 0:12:16 |
| 31 | 418 | Wattenbach Manfred | Rektor-Schmitz-Straßen-Runner | 0:24:04 | 0:24:21 | 62 | 0:11:25 * 0:12:38 |
| 32 | 525 | Atamtuerk Huseyein | FC Deutsche Post NL Köln- Wes | 0:24:18 | 0:24:56 | 66 | 0:11:44 * 0:12:34 |
| 33 | 673 | Mäs Manfred | Postbank Köln II | 0:24:19 | 0:24:25 | 70 | 0:11:38 * 0:12:41 |
| 34 | 410 | Hormuth Mark | Männerteam Lindweiler Hof | 0:24:20 | 0:24:42 | 79 | 0:12:58 * 0:11:21 |
| 35 | 192 | Bergmann Helmut | TFG Köln-Nippes 1878 | 0:24:25 | 0:24:36 | 62 | 0:11:45 * 0:12:40 |
| 36 | 406 | Lange Peter | Männerteam Lindweiler Hof | 0:24:28 | 0:24:50 | 53 | 0:12:05 * 0:12:22 |
| 37 | 951 | Kläver Hendrik | Bickendorfer Rochusclub | 0:24:31 | 0:25:28 | 77 | 0:11:39 * 0:12:51 |
| 38 | 668 | Dahlhausen Frank | Postbank Köln I | 0:24:34 | 0:24:43 | 61 | 0:11:38 * 0:12:55 |
| 39 | 407 | Beemelmans Ingo | Männerteam Lindweiler Hof | 0:24:36 | 0:24:58 | 69 | 0:12:23 * 0:12:12 |
| 40 | 416 | Icks Wolfgang | Rektor-Schmitz-Straßen-Runner | 0:24:39 | 0:24:57 | 65 | 0:12:19 * 0:12:19 |
| 41 | 482 | Schrader Tobias | *Köln | 0:24:42 | 0:24:45 | 97 | 0:11:32 * 0:13:10 |
| 42 | 665 | Klappich Thomas | Postbank Köln I | 0:24:43 | 0:24:43 | 82 | 0:11:40 * 0:13:02 |
| 43 | 408 | Lichtenberg David | Männerteam Lindweiler Hof | 0:24:44 | 0:25:05 | 79 | 0:12:59 * 0:11:45 |
| 44 | 782 | Schayani Niko | TUS Köln rrh. | 0:24:51 | 0:25:05 | 97 | 0:12:28 * 0:12:23 |
| 45 | 759 | Suchowsky Jan | Ahlbach Bestattungen | 0:24:54 | 0:25:08 | 87 | 0:12:21 * 0:12:33 |
| 46 | 417 | Pickl Norbert | Rektor-Schmitz-Straßen-Runner | 0:25:02 | 0:25:20 | 50 | 0:12:10 * 0:12:52 |
| 47 | 552 | Litera Julian | *Köln | 0:25:03 | 0:25:04 | 99 | 0:12:32 * 0:12:31 |
| 48 | 263 | Nowak Helmut | *Köln | 0:25:04 | 0:25:08 | 72 | 0:12:29 * 0:12:35 |
| 49 | 755 | Fürstenberg Mario | Ahlbach Bestattungen | 0:25:13 | 0:25:27 | 69 | 0:12:21 * 0:12:52 |
| 50 | 497 | Dömmecke Andreas | *Köln | 0:25:19 | 0:25:23 | 63 | 0:12:05 * 0:13:14 |
| 51 | 376 | Hermesdorf Markus | Freiwillige Feuerwehr Köln EIL | 0:25:27 | 0:25:53 | 84 | 0:12:43 * 0:12:44 |
| 52 | 377 | Bömer Karl-Heinz | ESV Gremberghoven | 0:25:30 | 0:25:41 | 57 | 0:12:20 * 0:13:10 |
| 53 | 698 | Linder Kobi | Montessori III | 0:25:32 | 0:25:33 | 99 | 0:11:44 * 0:13:47 |
| 54 | 756 | Knepper Stefan W. | Ahlbach Bestattungen | 0:25:37 | 0:25:51 | 70 | 0:12:28 * 0:13:08 |
| 55 | 83 | Klein Wolfram | *Köln | 0:25:41 | 0:25:44 | 70 | 0:12:09 * 0:13:31 |
| 56 | 419 | Evers Jan | Rektor-Schmitz-Straßen-Runner | 0:25:58 | 0:26:17 | 94 | 0:13:14 * 0:12:44 |
| 57 | 708 | Grube Ingo | | 0:25:59 | 0:26:05 | 62 | 0:12:21 * 0:13:38 |
| 58 | 499 | Kraus Norbert | FC Deutsche Post | 0:26:01 | 0:26:12 | 62 | 0:13:12 * 0:12:48 |
| 59 | 757 | Nieswandt Andreas | Ahlbach Bestattungen | 0:26:08 | 0:26:22 | 68 | 0:12:42 * 0:13:26 |
| 60 | 900 | Ritter Martin | *Leverkusen | 0:26:11 | 0:26:18 | 67 | 0:12:38 * 0:13:32 |
| 61 | 645 | Gök Burak | Lindweiler Hof | 0:26:12 | 0:26:15 | 97 | 0:11:52 * 0:14:19 |

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Männer

| Platz | Startnr | Name | Verein*/Ort | Gesamt | Brutto | Jahr | Runden |
|-------|---------|-------------------------|-------------------------------|---------|---------|------|-------------------|
| 62 | 435 | Runkel Christian | Deutsche BKK | 0:26:14 | 0:26:18 | 82 | 0:12:13 * 0:14:00 |
| 63 | 678 | Platzbecker Manfred | Gut-Flug Edern | 0:26:57 | 0:27:04 | 54 | 0:13:15 * 0:13:41 |
| 64 | 420 | Hertzfeld DR Herbert | Rektor-Schmitz-Straßen-Runner | 0:27:07 | 0:27:26 | 69 | 0:13:14 * 0:13:53 |
| 65 | 834 | Merten Marcel | - | 0:27:15 | 0:27:18 | 94 | 0:12:16 * 0:14:58 |
| 66 | 529 | Frank Matthias | *Hürth | 0:27:19 | 0:27:21 | 76 | 0:13:25 * 0:13:53 |
| 67 | 558 | Muthers Christof | Brunnenkinder | 0:27:20 | 0:27:26 | 68 | 0:13:04 * 0:14:15 |
| 68 | 693 | Mhrke Justus | Montessori II | 0:27:22 | 0:27:24 | 99 | 0:13:12 * 0:14:09 |
| 69 | 561 | Muthers Frederik | Brunnenkinder | 0:27:29 | 0:27:35 | 99 | 0:13:04 * 0:14:24 |
| 70 | 193 | Bergmann Paul | TFG Köln-Nippes 1878 | 0:27:44 | 0:27:55 | 98 | 0:13:08 * 0:14:35 |
| 71 | 664 | Derigs Dieter | Postbank Köln I | 0:27:46 | 0:27:54 | 72 | 0:13:11 * 0:14:35 |
| 72 | 288 | Schiffer Ansgar | *Köln | 0:27:56 | 0:28:20 | 72 | 0:14:41 * 0:13:14 |
| 73 | 344 | Krämer German | *Köln | 0:28:03 | 0:28:14 | 99 | 0:13:46 * 0:14:16 |
| 74 | 343 | Krämer German | *Köln | 0:28:03 | 0:28:15 | 69 | 0:13:46 * 0:14:17 |
| 75 | 422 | Opladen Holger | Vielfalt statt Einfalt 1 | 0:28:05 | 0:28:14 | 10 | 0:13:35 * 0:14:30 |
| 76 | 421 | Klemm Ralf | Vielfalt statt Einfalt 1 | 0:28:05 | 0:28:14 | 61 | 0:13:35 * 0:14:30 |
| 77 | 479 | Kaiser Dirk | *Pulheim | 0:28:06 | 0:28:33 | 71 | 0:13:51 * 0:14:14 |
| 78 | 932 | Goltsche Bernhard | GWK Runner | 0:28:08 | 0:28:24 | 56 | 0:13:22 * 0:14:46 |
| 79 | 751 | Hartmann Sebastian | *Köln | 0:28:09 | 0:28:22 | 99 | 0:14:11 * 0:13:58 |
| 80 | 606 | Garito Adrian | FC Deutsche Post NL Köln- Wes | 0:28:12 | 0:28:33 | 71 | 0:14:06 * 0:14:06 |
| 81 | 70 | Dinslaken Heinz-Jürgen | Hoppelala | 0:28:18 | 0:28:26 | 55 | 0:13:42 * 0:14:36 |
| 82 | 605 | Fuhrmann Jürgen | VEEDELSDRADIO.de | 0:28:20 | 0:28:27 | 56 | 0:13:42 * 0:14:37 |
| 83 | 19 | Harden Jens Ole | *Nideggen | 0:28:24 | 0:28:48 | 88 | 0:13:59 * 0:14:24 |
| 84 | 199 | Böffgen Helmut | Spvgg. Nickenich | 0:28:28 | 0:28:35 | 63 | 0:13:23 * 0:15:05 |
| 85 | 965 | Munir Khalid Ilyas | ASV Köln | 0:28:36 | 0:28:38 | 84 | 0:12:58 * 0:15:38 |
| 86 | 590 | Hüttebräuker Nils | *Bochum | 0:28:37 | 0:28:48 | 78 | 0:13:52 * 0:14:45 |
| 87 | 106 | Grimm Stefan | *Bergheim | 0:28:39 | 0:28:43 | 79 | 0:13:14 * 0:15:25 |
| 88 | 724 | Becker Maurice | BELVEEEXPRESS | 0:28:54 | 0:29:17 | 95 | 0:15:15 * 0:13:38 |
| 89 | 260 | Valente Sebastian | *Köln | 0:29:01 | 0:29:08 | 85 | 0:13:15 * 0:15:46 |
| 90 | 935 | Simons Ulrich | *Köln | 0:29:02 | 0:29:14 | 67 | 0:14:11 * 0:14:50 |
| 91 | 695 | Ullmecke Paul | Montessori II | 0:29:08 | 0:29:10 | 98 | 0:12:42 * 0:16:26 |
| 92 | 855 | König Bruno | Montessori Grundschule | 0:29:09 | 0:29:11 | 99 | 0:12:42 * 0:16:26 |
| 93 | 859 | Armando Kimbango Mateus | Deutsche Telekom | 0:29:09 | 0:29:16 | 88 | 0:12:27 * 0:16:42 |
| 94 | 753 | Ben Knut | | 0:29:13 | 0:29:35 | 83 | 0:14:11 * 0:15:01 |
| 95 | 386 | Grünwald Robin | *Bergheim | 0:29:28 | 0:29:50 | 85 | 0:15:45 * 0:13:42 |
| 96 | 428 | Kura Jürgen | Vielfalt statt Einfalt 2 | 0:29:41 | 0:29:50 | 10 | 0:13:20 * 0:16:21 |
| 97 | 58 | Biesenbach Roger | LTD Köln-Dellbrück | 0:30:08 | 0:30:38 | 52 | 0:14:24 * 0:15:44 |
| 98 | 251 | Scheubel Wolfgang | *Köln | 0:30:11 | 0:30:20 | 57 | 0:14:01 * 0:16:10 |
| 99 | 326 | Ohrndorf David | *Köln | 0:30:40 | 0:30:49 | 76 | 0:14:32 * 0:16:07 |
| 100 | 92 | van Husen Frank | *Köln | 0:30:45 | 0:31:09 | 76 | 0:14:41 * 0:16:04 |
| 101 | 646 | Reif Sebastian | Lindweiler Hof | 0:31:16 | 0:31:19 | 98 | 0:12:51 * 0:18:24 |
| 102 | 714 | Knoblauch Lothar | *Köln | 0:31:37 | 0:32:01 | 65 | 0:15:31 * 0:16:06 |
| 103 | 716 | Mertens Hans | *Köln | 0:31:37 | 0:32:01 | 46 | 0:15:31 * 0:16:06 |
| 104 | 610 | Kamp Christoph | Kreissparkasse Brauweiler | 0:31:43 | 0:32:02 | 77 | 0:16:06 * 0:15:36 |
| 105 | 858 | Ashrafi Human | Deutsche Telekom | 0:31:43 | 0:31:49 | 81 | 0:13:30 * 0:18:12 |
| 106 | 24 | Nies Eberhard | *Köln | 0:31:46 | 0:31:51 | 39 | 0:15:22 * 0:16:24 |
| 107 | 381 | Dieke Henning | Just Married | 0:31:49 | 0:32:17 | 78 | 0:15:27 * 0:16:21 |
| 108 | 387 | Rausch Marcel | *Bergheim | 0:31:52 | 0:32:14 | 84 | 0:15:45 * 0:16:07 |
| 109 | 661 | Lüghausen Bernd | Sparkasse KölnBonn | 0:32:27 | 0:32:49 | 90 | 0:16:01 * 0:16:25 |
| 110 | 652 | Mörsch Jochen | Team Sparkasse KölnBonn I | 0:32:28 | 0:32:49 | 71 | 0:16:04 * 0:16:24 |
| 111 | 655 | Pilewski Wolfgang | Sparkasse KölnBonn II | 0:32:28 | 0:32:49 | 65 | 0:16:01 * 0:16:27 |
| 112 | 238 | Pilewski Wolfgang | *Frechen | 0:32:29 | 0:32:49 | 65 | 0:16:02 * 0:16:27 |
| 113 | 20 | Bäckmann John | *Nideggen | 0:32:44 | 0:33:10 | 86 | 0:16:32 * 0:16:12 |
| 114 | 779 | Busch Tilo | Laufmaschine Köln | 0:32:48 | 0:33:05 | 54 | 0:16:21 * 0:16:26 |
| 115 | 769 | Becker Dieter | Laufmaschine Köln | 0:32:48 | 0:33:05 | 58 | 0:16:22 * 0:16:26 |
| 116 | 338 | Johann Bernd | *Köln | 0:33:40 | 0:34:07 | 67 | 0:17:38 * 0:16:01 |
| 117 | 339 | Struck Carl-Noë | *Köln | 0:33:40 | 0:34:07 | 99 | 0:16:34 * 0:17:06 |
| 118 | 283 | Schmidt Volker | *Pulheim | 0:34:28 | 0:34:59 | 68 | 0:17:00 * 0:17:28 |
| 119 | 448 | Vennen Luka | Geburtstagsbande 4 | 0:34:45 | 0:34:58 | 99 | 0:16:32 * 0:18:12 |
| 120 | 447 | Klett Jan | Geburtstagsbande 4 | 0:34:48 | 0:35:02 | 01 | 0:16:33 * 0:18:15 |
| 121 | 449 | Vennen Matti | Geburtstagsbande 4 | 0:34:49 | 0:35:03 | 02 | 0:16:34 * 0:18:15 |

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Männer

| Platz | Startnr | Name | Verein/*Ort | Gesamt | Brutto | Jahr | Runden |
|-------|---------|--------------------------|----------------------|---------|---------|------|-------------------|
| 122 | 776 | Tichatzki Tim | | 0:35:09 | 0:35:40 | 74 | 0:16:58 * 0:18:10 |
| 123 | 723 | Can Merth | BELVEEXPRESS | 0:35:17 | 0:35:42 | 97 | 0:16:19 * 0:18:58 |
| 124 | 721 | Striegl Raphael | BELVEEXPRESS | 0:35:18 | 0:35:43 | 95 | 0:16:19 * 0:18:58 |
| 125 | 63 | Johnen Hans | BIG Vorstand | 0:35:19 | 0:35:34 | 53 | 0:17:44 * 0:17:35 |
| 126 | 244 | Rammelmann Reiner | BIG Vorstand | 0:35:21 | 0:35:35 | 60 | 0:18:01 * 0:17:19 |
| 127 | 38 | Kröll Ernst-Jürgen | BIG Vorstand | 0:35:22 | 0:35:35 | 48 | 0:17:46 * 0:17:35 |
| 128 | 243 | Bruckmann Peter | BIG Vorstand | 0:35:22 | 0:35:34 | 60 | 0:17:47 * 0:17:35 |
| 129 | 36 | Schulz Kurt | RheinRunners Cologne | 0:35:43 | 0:36:02 | 46 | 0:17:34 * 0:18:08 |
| 130 | 412 | Seifert Samy | Geburtstagsbande 1 | 0:35:49 | 0:36:07 | 03 | 0:17:34 * 0:18:14 |
| 131 | 411 | Schlüter Benno | Geburtstagsbande 1 | 0:35:50 | 0:36:08 | 69 | 0:17:35 * 0:18:15 |
| 132 | 856 | Tripp Severin | Deutsche Telekom | 0:35:55 | 0:36:00 | 92 | 0:16:20 * 0:19:34 |
| 133 | 705 | Bergfeld Tom | | 0:36:00 | 0:36:19 | 67 | 0:17:37 * 0:18:23 |
| 134 | 415 | von Kuk Marc | Geburtstagsbande 1 | 0:36:01 | 0:36:19 | 69 | 0:17:38 * 0:18:22 |
| 135 | 438 | Schmitz Levin | Geburtstagsbande 2 | 0:36:02 | 0:36:17 | 00 | 0:17:39 * 0:18:23 |
| 136 | 436 | Stosch Christoph | Geburtstagsbande 2 | 0:36:03 | 0:36:18 | 66 | 0:17:41 * 0:18:21 |
| 137 | 437 | Kneuper Micha | Geburtstagsbande 2 | 0:36:03 | 0:36:17 | 66 | 0:17:39 * 0:18:24 |
| 138 | 717 | Zimmermann Hans-Georg | *Köln | 0:36:09 | 0:36:38 | 52 | 0:17:37 * 0:18:31 |
| 139 | 901 | Sagroda Ralf | *Bergisch Gladbach | 0:36:30 | 0:36:32 | 72 | 0:16:54 * 0:19:35 |
| 140 | 21 | Schmitz Werner | *Nideggen | 0:36:47 | 0:37:13 | 58 | 0:17:26 * 0:19:21 |
| 141 | 445 | Seifert Ainoha | Geburtstagsbande 3 | 0:39:26 | 0:39:44 | 01 | 0:18:34 * 0:20:52 |
| 142 | 413 | Labonte Stephan | Geburtstagsbande 1 | 0:40:33 | 0:40:52 | 72 | 0:17:46 * 0:22:47 |
| 143 | 758 | Petrovic Vladimir | Ahlbach Bestattungen | 0:41:04 | 0:41:17 | 75 | 0:19:06 * 0:21:58 |
| 144 | 857 | Pellegrino Mario Antonio | Deutsche Telekom | 0:41:05 | 0:41:10 | 92 | 0:18:52 * 0:22:12 |
| 145 | 974 | Klappich Thomas | BSG Postbank Köln | 0:24:33 | 0:24:43 | 82 | 0:24:33 * 0:00:00 |
| 146 | 414 | Labonte Vincent | Geburtstagsbande 1 | 0:40:55 | 0:40:55 | 03 | 0:40:55 * 0:00:00 |

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Frauen

| Platz | Startnr | Name | Verein*/Ort | Gesamt | Brutto | Jahr | Runden |
|-------|---------|--------------------------|-------------------------------|---------|---------|------|-------------------|
| 1 | 638 | Rother Natascha | *Monheim | 0:20:00 | 0:20:03 | 84 | 0:10:02 * 0:09:58 |
| 2 | 230 | Dieckhöner Caroline | TSV Bayer 04 Leverkusen | 0:20:06 | 0:20:08 | 83 | 0:10:03 * 0:10:02 |
| 3 | 945 | Simons Sofia | SSG Königswinter | 0:21:44 | 0:21:46 | 97 | 0:10:20 * 0:11:24 |
| 4 | 224 | Raschke Mirjam | *Köln | 0:22:37 | 0:22:40 | 86 | 0:10:47 * 0:11:49 |
| 5 | 592 | van Kallen Stefanie | SVE HOHKEPPEL | 0:23:09 | 0:23:10 | 98 | 0:10:50 * 0:12:18 |
| 6 | 351 | Brueckner Franziska | *Koeln | 0:23:54 | 0:23:58 | 87 | 0:11:21 * 0:12:32 |
| 7 | 772 | Deutzmann Katharina | *Langenfeld | 0:24:11 | 0:24:15 | 89 | 0:11:33 * 0:12:37 |
| 8 | 432 | Miebach-Schäfer Andrea | Deutsche BKK | 0:24:23 | 0:24:26 | 66 | 0:11:34 * 0:12:48 |
| 9 | 528 | Kroggel Nicole | FC Deutsche Post NL Köln- Wes | 0:24:25 | 0:24:45 | 66 | 0:11:57 * 0:12:28 |
| 10 | 405 | Frank Eva | Damenteam Lindweiler Hof | 0:24:43 | 0:25:06 | 86 | 0:12:57 * 0:11:46 |
| 11 | 691 | Sitemeyer Lilly | Montessori I | 0:25:23 | 0:25:25 | 97 | 0:12:01 * 0:13:21 |
| 12 | 242 | Porzler-adams Christiane | *Köln | 0:25:24 | 0:25:31 | 61 | 0:12:21 * 0:13:02 |
| 13 | 404 | Butscheid Nicole | Damenteam Lindweiler Hof | 0:25:30 | 0:25:53 | 76 | 0:12:22 * 0:13:08 |
| 14 | 764 | Haag Leila | Montessori Gymnasium | 0:25:33 | 0:25:34 | 99 | 0:11:50 * 0:13:42 |
| 15 | 687 | Dreesmann Malin | Montessori I | 0:25:45 | 0:25:46 | 98 | 0:12:27 * 0:13:18 |
| 16 | 210 | TErbrüggen Barbara | *Köln | 0:25:47 | 0:25:53 | 68 | 0:12:30 * 0:13:16 |
| 17 | 694 | Schmitz Margo | Montessori II | 0:26:02 | 0:26:04 | 98 | 0:12:25 * 0:13:37 |
| 18 | 403 | Klaas Cordula | Damenteam Lindweiler Hof | 0:26:03 | 0:26:25 | 74 | 0:13:00 * 0:13:02 |
| 19 | 536 | Eggers Nicola | *Köln | 0:26:03 | 0:26:12 | 79 | 0:12:18 * 0:13:45 |
| 20 | 198 | Botte Anja | Spvgg. Nickenich | 0:26:13 | 0:26:20 | 68 | 0:12:41 * 0:13:31 |
| 21 | 930 | Mathis Manuela | Johanna | 0:26:18 | 0:26:28 | 69 | 0:13:03 * 0:13:14 |
| 22 | 402 | Weise Silke | Damenteam Lindweiler Hof | 0:26:47 | 0:27:09 | 69 | 0:13:00 * 0:13:46 |
| 23 | 213 | Elsner Tanith | *Köln | 0:26:56 | 0:27:02 | 00 | 0:13:07 * 0:13:48 |
| 24 | 324 | Heibold Petra | Heibold Beratung | 0:26:56 | 0:27:03 | 67 | 0:12:48 * 0:14:08 |
| 25 | 700 | Molitor Sarah | Montessori III | 0:27:04 | 0:27:06 | 99 | 0:12:04 * 0:15:00 |
| 26 | 1972 | Offermann Tanja | LT Saaler Mühle | 0:27:06 | 0:27:11 | 72 | 0:12:50 * 0:14:15 |
| 27 | 526 | Bursch- Holthoff Rita | FC Deutsche Post NL Köln- Wes | 0:27:10 | 0:27:31 | 66 | 0:13:13 * 0:13:56 |
| 28 | 55 | Krzysko Katja | TPSK Triathlon | 0:27:12 | 0:27:19 | 78 | 0:12:42 * 0:14:30 |
| 29 | 119 | Beer Silvia | SK Frechen | 0:27:49 | 0:28:18 | 61 | 0:13:52 * 0:13:57 |
| 30 | 401 | Derya Sigrid | Damenteam Lindweiler Hof | 0:27:59 | 0:28:21 | 58 | 0:13:15 * 0:14:44 |
| 31 | 425 | Jahn Kirsten | Vielfalt statt Einfalt 1 | 0:28:06 | 0:28:15 | 10 | 0:13:01 * 0:15:04 |
| 32 | 527 | Garito Rosamunde | FC Deutsche Post NL Köln- Wes | 0:28:20 | 0:28:41 | 70 | 0:14:07 * 0:14:13 |
| 33 | 470 | Sicking Sarah | *Bergheim | 0:28:22 | 0:28:50 | 79 | 0:14:19 * 0:14:03 |
| 34 | 50 | Richartz Karin | *Köln | 0:28:42 | 0:28:47 | 60 | 0:13:04 * 0:15:37 |
| 35 | 934 | Wocke-Simons Petra | *Köln | 0:28:45 | 0:28:58 | 67 | 0:14:11 * 0:14:34 |
| 36 | 720 | Koch Anna Carina | BELVEEEXPRESS | 0:28:54 | 0:29:17 | 96 | 0:15:16 * 0:13:38 |
| 37 | 373 | Diekmann Corinna | *Köln | 0:28:57 | 0:29:09 | 70 | 0:14:25 * 0:14:31 |
| 38 | 168 | Schimmelpfennig Barbara | *Köln | 0:28:57 | 0:29:09 | 64 | 0:14:25 * 0:14:32 |
| 39 | 679 | Eismar Inka | TUS Köln-Ehrenfeld | 0:29:03 | 0:29:15 | 00 | 0:13:11 * 0:15:52 |
| 40 | 701 | Heusinger Lena | Montessori III | 0:29:24 | 0:29:25 | 99 | 0:13:51 * 0:15:32 |
| 41 | 424 | Martin Christiane | Vielfalt statt Einfalt 1 | 0:29:31 | 0:29:40 | 10 | 0:13:57 * 0:15:34 |
| 42 | 429 | Knöbelspies Karin | Vielfalt statt Einfalt 2 | 0:29:31 | 0:29:40 | 10 | 0:13:58 * 0:15:33 |
| 43 | 677 | Platzbecker Marita | Gut-Flug Edern | 0:29:32 | 0:29:40 | 57 | 0:14:02 * 0:15:30 |
| 44 | 670 | Rathmann Nadine | Postbank Köln II | 0:29:48 | 0:29:54 | 83 | 0:14:16 * 0:15:32 |
| 45 | 35 | Richter Annerose | TuS Köln-Ehrenfeld 1865 e.V. | 0:29:49 | 0:30:01 | 46 | 0:14:27 * 0:15:21 |
| 46 | 642 | Dehnen Trixi | 42tausend/NAOPT | 0:29:52 | 0:30:01 | 66 | 0:14:02 * 0:15:49 |
| 47 | 697 | Auweiler Lina | Montessori III | 0:29:56 | 0:29:57 | 99 | 0:13:51 * 0:16:04 |
| 48 | 783 | Esch Eva | *Wesseling | 0:29:58 | 0:30:26 | 73 | 0:14:01 * 0:15:56 |
| 49 | 305 | Joos Liane | *Köln | 0:30:33 | 0:31:00 | 84 | 0:15:10 * 0:15:22 |
| 50 | 696 | Klotten Anne | Montessori II | 0:30:39 | 0:30:41 | 97 | 0:14:43 * 0:15:56 |
| 51 | 476 | Kaiser Silke | *Pulheim | 0:30:39 | 0:31:07 | 75 | 0:15:41 * 0:14:58 |
| 52 | 218 | Dufhues Jenny | *Köln | 0:30:52 | 0:31:02 | 78 | 0:14:35 * 0:16:17 |
| 53 | 322 | Schönborn Monique | *Kerpen Horrem | 0:31:03 | 0:31:10 | 96 | 0:14:14 * 0:16:49 |
| 54 | 316 | Slowik Petra | *Pulheim | 0:31:10 | 0:31:39 | 67 | 0:15:41 * 0:15:29 |
| 55 | 226 | Simson Martina | SBK Team | 0:31:11 | 0:31:17 | 61 | 0:14:45 * 0:16:26 |
| 56 | 715 | Marchese Lara | *Köln | 0:31:37 | 0:32:01 | 98 | 0:15:31 * 0:16:06 |
| 57 | 455 | Noe Nadine | Kreissparkasse Brauweiler | 0:31:43 | 0:32:02 | 86 | 0:16:06 * 0:15:36 |
| 58 | 793 | Dieke Saskia | Just married | 0:31:49 | 0:32:17 | 78 | 0:15:28 * 0:16:21 |
| 59 | 656 | Pilewski Tom | Sparkasse KölnBonn II | 0:31:58 | 0:32:18 | 01 | 0:15:48 * 0:16:09 |
| 60 | 494 | van den Hoogen Andrea | *Köln | 0:32:01 | 0:32:28 | 79 | 0:16:03 * 0:15:57 |
| 61 | 357 | Veit Christina | *Koeln | 0:32:03 | 0:32:11 | 80 | 0:14:59 * 0:17:03 |

5km-Lauf - Gesamtwertung

4. Bickendorfer Büdchenlauf - 26.09.2010

Frauen

| Platz | Startnr | Name | Verein/*Ort | Gesamt | Brutto | Jahr | Runden |
|-------|---------|----------------------------|---------------------------|---------|---------|------|-------------------|
| 61 | 0 | Meyer Antje | | 0:32:03 | 0:32:11 | 71 | 0:14:59 * 0:17:03 |
| 63 | 631 | Evers-Mohring Svea | *Köln | 0:32:05 | 0:32:18 | 98 | 0:15:43 * 0:16:21 |
| 64 | 194 | Nagel Janet | LT Saaler Muehle | 0:32:07 | 0:32:12 | 71 | 0:15:07 * 0:17:00 |
| 65 | 369 | Lukas Claudia | *Overath | 0:32:15 | 0:32:25 | 72 | 0:16:16 * 0:15:59 |
| 66 | 231 | Johnen Gabriela | *Pulheim | 0:32:25 | 0:32:40 | 61 | 0:15:46 * 0:16:39 |
| 67 | 684 | Schwingler | Sparkasse KölnBonn | 0:32:26 | 0:32:48 | 85 | 0:16:03 * 0:16:23 |
| 68 | 653 | Schwingeler Yvonne | Team Sparkasse KölnBonn I | 0:32:26 | 0:32:47 | 85 | 0:16:03 * 0:16:23 |
| 69 | 651 | Mörsch Elke | Team Sparkasse KölnBonn I | 0:32:27 | 0:32:48 | 72 | 0:16:02 * 0:16:25 |
| 70 | 663 | Krämer Dagmar | Postbank Köln I | 0:32:28 | 0:32:37 | 54 | 0:15:31 * 0:16:57 |
| 71 | 654 | Pütz-Pilewski Katharina | Sparkasse KölnBonn II | 0:32:29 | 0:32:50 | 61 | 0:16:03 * 0:16:25 |
| 72 | 657 | Falterbaum Alexandra | Sparkasse KölnBonn II | 0:32:29 | 0:32:50 | 72 | 0:16:03 * 0:16:25 |
| 73 | 237 | Falterbaum Alexandra | *Frechen | 0:32:29 | 0:32:50 | 72 | 0:16:04 * 0:16:25 |
| 74 | 236 | Puetz-Pilewski Katharina | *Frechen | 0:32:29 | 0:32:50 | 61 | 0:16:04 * 0:16:25 |
| 75 | 329 | Meurers Anne | *Bonn | 0:32:38 | 0:33:05 | 80 | 0:16:04 * 0:16:34 |
| 76 | 669 | Guth Christine | Postbank Köln II | 0:32:39 | 0:32:44 | 57 | 0:15:19 * 0:17:19 |
| 77 | 630 | Pickl Bermejo Isabel | *Köln | 0:32:39 | 0:32:52 | 98 | 0:15:43 * 0:16:55 |
| 78 | 692 | Hirn Katharina | Montessori II | 0:32:40 | 0:32:41 | 98 | 0:15:15 * 0:17:25 |
| 79 | 489 | Niederau Manuela | *Köln | 0:32:45 | 0:33:01 | 63 | 0:16:22 * 0:16:22 |
| 80 | 551 | Litera Christiane | *Köln | 0:32:56 | 0:33:08 | 64 | 0:15:32 * 0:17:23 |
| 81 | 480 | Schrader Claudia | *Köln | 0:32:59 | 0:33:16 | 67 | 0:16:32 * 0:16:27 |
| 82 | 615 | Bitschnau Isabella | *Köln | 0:33:24 | 0:33:32 | 77 | 0:15:30 * 0:17:54 |
| 83 | 394 | Müller Katrin | *Nörvenich | 0:33:47 | 0:34:13 | 83 | 0:16:23 * 0:17:24 |
| 84 | 463 | Lennartz Jenny | *Nideggen | 0:33:48 | 0:34:12 | 82 | 0:16:23 * 0:17:24 |
| 85 | 594 | Senger Ellen | *Köln | 0:33:52 | 0:34:05 | 59 | 0:16:35 * 0:17:17 |
| 86 | 832 | Deussen Natascha | *Langenfeld | 0:34:06 | 0:34:21 | 82 | 0:16:18 * 0:17:48 |
| 87 | 1102 | Sänger Monika | *Köln | 0:34:15 | 0:34:31 | 76 | 0:16:49 * 0:17:26 |
| 88 | 722 | Locheider Laura | BELVEEEXPRESS | 0:34:16 | 0:34:41 | 94 | 0:16:18 * 0:17:57 |
| 89 | 173 | Fischer Birgit | *Köln | 0:34:21 | 0:34:41 | 70 | 0:16:45 * 0:17:36 |
| 90 | 662 | Musebrink Gunhild | Postbank Köln I | 0:34:21 | 0:34:31 | 55 | 0:16:12 * 0:18:09 |
| 91 | 345 | Krämer Melanie | *Köln | 0:34:30 | 0:34:41 | 69 | 0:15:55 * 0:18:34 |
| 92 | 431 | Kolanoski Laura | Deutsche BKK | 0:34:35 | 0:34:40 | 82 | 0:16:16 * 0:18:19 |
| 93 | 690 | Dreesmann Julie | Montessori I | 0:34:57 | 0:34:59 | 97 | 0:14:43 * 0:20:13 |
| 94 | 225 | Harff Beatrix | SBK Team | 0:35:23 | 0:35:33 | 61 | 0:16:25 * 0:18:58 |
| 95 | 506 | Schmitz Carla | *Köln | 0:35:40 | 0:35:54 | 98 | 0:16:37 * 0:19:03 |
| 96 | 450 | Stosch Lea | Geburtstagsbande 4 | 0:35:41 | 0:35:54 | 98 | 0:16:38 * 0:19:02 |
| 97 | 446 | Klett Sophia | Geburtstagsbande 4 | 0:35:41 | 0:35:54 | 98 | 0:16:38 * 0:19:02 |
| 98 | 200 | Moosdorf Beate | RheinRunners Cologne | 0:35:43 | 0:36:02 | 62 | 0:17:34 * 0:18:08 |
| 99 | 440 | Möller Imke | Geburtstagsbande 2 | 0:36:01 | 0:36:17 | 66 | 0:17:44 * 0:18:16 |
| 100 | 451 | Heike Kronenberg | Kreissparkasse Brauweiler | 0:36:39 | 0:36:58 | 88 | 0:17:44 * 0:18:54 |
| 101 | 749 | Saadallah-Rheindorf Simone | *Köln | 0:36:40 | 0:36:56 | 67 | 0:17:14 * 0:19:26 |
| 102 | 430 | Tull Bettina | Vielfalt statt Einfalt 2 | 0:36:47 | 0:36:56 | 10 | 0:17:31 * 0:19:15 |
| 103 | 18 | Schmitz Dorothe | *Nideggen | 0:37:08 | 0:37:34 | 84 | 0:17:46 * 0:19:21 |
| 104 | 452 | Richter Vanessa | Kreissparkasse Brauweiler | 0:38:26 | 0:38:45 | 86 | 0:18:32 * 0:19:53 |
| 105 | 454 | Klinkhammer Carolin | Kreissparkasse Brauweiler | 0:38:36 | 0:38:55 | 91 | 0:18:32 * 0:20:03 |
| 106 | 748 | Klotten Susann | *Köln | 0:38:37 | 0:38:53 | 66 | 0:18:38 * 0:19:59 |
| 107 | 699 | Paul Selina | Montessori III | 0:39:09 | 0:39:11 | 98 | 0:17:53 * 0:21:15 |
| 108 | 441 | Seifert Anja | Geburtstagsbande 3 | 0:39:26 | 0:39:44 | 10 | 0:18:34 * 0:20:51 |
| 109 | 443 | Vennen Lydia | Geburtstagsbande 3 | 0:39:27 | 0:39:45 | 65 | 0:18:32 * 0:20:55 |
| 110 | 442 | Stosch Karo | Geburtstagsbande 3 | 0:39:27 | 0:39:45 | 67 | 0:18:33 * 0:20:54 |
| 111 | 340 | Struck Charlotte | *Köln | 0:17:39 | 0:18:06 | 98 | 0:17:39 * 0:00:00 |
| 112 | 444 | Baker Steffi | Geburtstagsbande 3 | 0:18:31 | 0:18:50 | 10 | 0:18:31 * 0:00:00 |
| 113 | 688 | Graf Sara | Montessori I | 0:32:49 | 0:32:50 | 98 | 0:32:49 * 0:00:00 |