

GL - City - Laufcup 2009

Zwischenwertung

Endwertung

Name	Vorname	AK Verein / Gruppe / Ort	Kirschblüten	Stadtlauf	kum	Martinilauf	kum	
			Refrath	B.Gladb.	Zeit	Bensberg	Zeit	
Frauen							Finale	
1.	Rey	Claudia 35 LAZ Puma Siegburg	00:40:17	00:38:24	01:18:41	00:31:46	01:50:27	
2.	Wagner	Astéria 35 Alfterer SC	00:41:12	00:39:09	01:20:21	00:33:29	01:53:50	
3.	Gebehart	Beate 45 LT Saaler Mühle	00:47:12	00:44:28	01:31:40	00:38:15	02:09:55	
4.	Nebel	Helga 40 Union Blau Weiss Biesfeld	00:49:00	00:45:57	01:34:57	00:36:31	02:11:28	
5.	Usselmann	Dagmar 45 TV Hoffnungsthal	00:52:17	00:48:59	01:41:16	00:40:19	02:21:35	
6.	Jagusch	Sabine 30 Bergisch Gladbach	00:49:04	00:51:43	01:40:47	00:45:07	02:25:54	
7.	Möltgen	Karola 40 LT Saaler Mühle	00:54:49	00:52:12	01:47:01	00:42:16	02:29:17	
8.	Ecklebe	Josephine HK Miltenyi Biotec	00:56:07	00:52:53	01:49:00	00:43:49	02:32:49	
9.	Riemer	Ulrike 50 Bergisch Glachbach	00:56:43	00:57:14	01:53:57	00:43:51	02:37:48	
Männer							Finale	
1.	May	Michael 30 www.feuerhasen.de	00:32:41	00:32:30	1:05:11	00:27:12	01:32:23	
2.	Wagner	Jörg 40 Alfterer SC	00:37:00	00:34:32	1:11:32	00:28:52	01:40:24	
3.	Kopp	Kay 45 VR-Bank Bergisch Gladbach	00:37:50	00:35:58	1:13:48	00:30:04	01:43:52	
4.	Landsberg	Hans-Peter 40 VfI Engelskirchen	00:38:53	00:36:58	1:15:51	00:29:56	01:45:47	
5.	Mädje	Ingo 45 Odenthal-Eikamp	00:40:16	00:38:53	1:19:09	00:31:49	01:50:58	
6.	Hoffmann	Michael 55 Köln	00:40:07	00:39:20	1:19:27	00:32:34	01:52:01	
7.	Schmidt	Bodo 55 Gummersbach	00:41:01	00:40:14	1:21:15	00:32:00	01:53:15	
8.	Dzierza	Jan 35 Krüger Running Team	00:41:23	00:40:05	1:21:28	00:32:48	01:54:16	
9.	Lotz	Dirk-Henning 35 TV Refrath	00:42:37	00:40:50	1:23:27	00:32:55	01:56:22	
10.	Bayer	Gerrit SA Overath	00:43:02	00:41:59	1:25:01	00:34:22	01:59:23	
11.	Podzus	Horst 45 Overath	00:43:51	00:42:04	1:25:55	00:33:57	01:59:52	
12.	Dernerth	Marcus 35 futterKonzept	00:43:35	00:43:10	1:26:45	00:34:33	02:01:18	
13.	Taczynski	Dirk 40 Bergisch Gladbach	00:44:16	00:42:56	1:27:12	00:35:18	02:02:30	
14.	Seefeld	Enrico 30	00:43:24	00:42:53	1:26:17	00:36:54	02:03:11	
15.	Schmergal	Michael 45 Bechener Laufhirsche	00:44:54	00:42:57	1:27:51	00:35:56	02:03:47	
16.	Gebehart	Achim 50 SV Bergisch Gladbach	00:44:44	00:43:01	1:27:45	00:36:51	02:04:36	
17.	Abdel Kafi	Hussam 40 Krüger Running Team	00:49:30	00:43:15	1:32:45	00:35:26	02:08:11	
18.	Bolte	Martin 35 Bergisch Gladbach	00:46:34	00:44:02	1:30:36	0:38:22	02:08:58	
19.	Zerwas	Urban 50 Bergisch Gladbach	00:47:58	00:46:16	1:34:14	00:37:50	02:12:04	
20.	Hauptmann	Dietmar 40 SC Vilkerath Lauftreff	00:48:02	00:47:23	1:35:25	00:37:07	02:12:32	
21.	Reimann	Bernd 40 SV Glück-Auf Steinenbrück	00:48:38	00:46:38	1:35:16	00:37:24	02:12:40	
22.	Scheer	Frank HK Kollegas	00:51:28	00:46:28	1:37:56	00:36:11	02:14:07	
23.	Boelen-Theile	Claus 40 Rösrath	00:51:47	00:46:30	1:38:17	00:38:12	02:16:29	
24.	Möller	Michael 40 LT Saaler Mühle	00:50:28	00:47:05	1:37:33	00:40:07	02:17:40	
25.	Menne	Dieter 45 DJK Ommerborn Sand	00:50:07	00:49:34	1:39:41	00:39:48	02:19:29	
26.	Fabry	Thomas HK Intersport Haeger	00:49:55	00:48:40	1:38:35	00:45:05	02:23:40	
27.	Jessat	Alfred 50 * Bergisch Gladbach	00:55:25	00:50:21	1:45:46	00:40:54	02:26:40	
28.	Walpert	Jens 40 Laufteam Tischlerei Walpert	00:56:56	00:52:35	1:49:31	00:38:46	02:28:17	
29.	Flock	Franz Hubert 70 Bergisch Gladbach	00:56:16	00:51:12	1:47:28	00:40:51	02:28:19	
30.	Nitzschke	Karsten 40 Intersport Haeger	00:54:44	00:53:36	1:48:20	00:43:59	02:32:19	
31.	Nebel	Jürgen 45 Union Blau Weiss Biesfeld	00:55:40	00:52:57	1:48:37	00:44:41	02:33:18	
32.	Berner	Franz 60 Intersport Haeger	00:54:55	00:54:19	1:49:14	00:44:06	02:33:20	
33.	Nicht	Michael 50 TV Voiswinkel	00:57:56	00:54:04	1:52:00	00:41:30	02:33:30	
34.	Weidlich	Clemens 45 Bergisch Gladbach	00:58:39	00:54:11	1:52:50	00:43:10	02:36:00	
35.	Braun	Josef 70 Bergisch Gladbach	00:56:00	00:55:50	1:51:50	00:46:32	02:38:22	
36.	Deiters	Lothar 70 GSV-Köln/Porz	00:57:45	00:58:11	1:55:56	00:45:43	02:41:39	
37.	Weinig	Manfred 65 Ausdauerteam MKH	01:01:10	00:59:07	2:00:17	00:48:40	02:48:57	