

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	AK-PI	AK	Jahr	Düsseldorf	Duisburg
1	15	Schult Ingo	TSV Hochdahl	GER	05:39:57	M45	62		2:51:11	2:48:46
2	569	Schwenke Carsten	Tri-Team Selm	GER	05:54:06	M35	70		2:54:21	2:59:45
3	267	Oelsner Dr. Malte	Laufftreff Alt-Erkrath	GER	05:58:00	M40	67		2:59:18	2:58:42
4	620	Markiewicz Darius	kein	GER	05:58:23	M35	70		2:56:39	3:01:44
5	588	Gers Norbert	TUSEM Essen	GER	05:58:47	M45	60		2:59:14	2:59:33
6	124	Schax Manfred	SV Viktoria Winnekendonk	GER	06:04:31	M40	66		3:04:11	3:00:20
7	312	Riehs Waldemar	*Moers	GER	06:25:43	M40	67		3:12:35	3:13:08
8	1200	Appel Frank	*Krefeld	GER	06:30:26	M40	66		3:19:12	3:11:14
9	123	Kleier Dr. Hermann	ART Düsseldorf	GER	06:41:20	M55	53		3:14:46	3:26:34
10	359	Lappe Rolf	Die Stolperer	GER	06:48:04	M50	59		3:15:05	3:32:59
11	491	Wefers Frank	RP Marathon-Team	GER	06:56:29	M40	66		3:28:25	3:28:04
12	226	Förster Uwe	*Neuss	GER	07:07:48	M45	64		3:38:24	3:29:24
13	3	Hüsch Thomas	*Leichlingen	GER	07:10:24	M40	66		3:40:14	3:30:10
14	670	Niemann Detlev	*Herne	GER	07:13:45	M45	62		3:37:49	3:35:56
15	169	Becker Frank	Polizei Düsseldorf	GER	07:17:11	M35	70		3:57:27	3:19:44
16	615	Vogt Michael	*Korschenbroich	GER	07:22:28	M30	77		3:55:57	3:26:31
17	1144	Schemkes Frank	TRI FINISH Münster	GER	07:22:37	M45	60		3:40:23	3:42:14
18	9053	Gmirrek Andreas	ASV-LT Kemperdick	GER	07:24:09	M45	64		3:25:39	3:58:30
19	106	Liesegang Stefan	Fortuna Düsseldorf	GER	07:26:07	M40	65		3:29:36	3:56:31
20	421	Jann Horst	*Düsseldorf	GER	07:27:33	M50	55		3:42:43	3:44:50
21	825	Rauers Thomas	LLG Kevelaer	GER	07:32:08	M40	69		3:38:12	3:53:56
22	9030	Ley Helmut	Homberger TV	GER	07:35:18	M60	46		3:52:00	3:43:18
23	671	Berns Michael	Stadtsparkasse Düsseldorf	GER	07:35:29	M40	65		3:40:31	3:54:58
24	352	Glienke Rainer	die Stolperer	GER	07:36:06	M45	63		3:53:29	3:42:37
25	13003	Vogt Hans-Peter	LK Düsseldorf	GER	07:36:32	M50	56		3:53:04	3:43:28
26	1166	Jäger Axel	*Düsseldorf	GER	07:37:14	M40	65		3:46:27	3:50:47
27	464	Schellhorn Georg	METRO Group	AUT	07:38:22	M50	57		3:40:14	3:58:08
28	688	Schroeder Hans-Willi	Run4fun Jülich	GER	07:39:50	M50	56		3:45:44	3:54:06
29	412	Ziaja Patrick	Polizei Duisburg	GER	07:40:47	M20	83		3:47:35	3:53:12
30	299	Beckmann Thomas	LG Niers	GER	07:43:00	M40	65		3:44:05	3:58:55
31	134	Vohl Stefan	*Duisburg	GER	07:44:21	M35	70		3:57:04	3:47:17
32	171	Wenzel Dr. Christoph	VfB Fallersleben	GER	07:44:28	M45	60		3:56:11	3:48:17
33	1153	Sachse Matthias	*Berlin	GER	07:45:09	M45	64		3:47:09	3:58:00
34	1166	Jäger Axel	*Düsseldorf	GER	07:46:18	M40	69		3:55:31	3:50:47
35	324	Pinter Rudolf	RRS Anrath	GER	07:47:38	M45	62		3:51:16	3:56:22
36	481	Glockner Hans-Joachim	Langendreer	GER	07:48:41	M55	50		3:51:25	3:57:16
37	416	Wagner Michael	*Wegberg	GER	07:52:19	M50	57		4:08:17	3:44:02
38	340	Mittreiter Frank	--	GER	07:57:29	M50	55		4:00:04	3:57:25
39	1140	Heikamp Hans-Peter	BSG Dolorgiet St Augustin	GER	08:00:57	M45	60		4:03:07	3:57:50
40	547	Weymann Andreas	St. Marien-Hospital Mülheim	GER	08:01:25	M40	68		3:59:00	4:02:25
41	113	Ludwitzack Harry	*Kevelaer	GER	08:03:12	M55	54		3:52:52	4:10:20
42	678	Eimers Thomas	PricewaterhouseCoopers	GER	08:14:46	M40	69		3:56:32	4:18:14
43	121	Glockner Wolf	*Düsseldorf	GER	08:17:28	M50	58		4:20:37	3:56:51
44	845	Hofmann Kai	A1 activefirst	GER	08:17:50	M40	67		4:16:09	4:01:41
45	233	Kowalzik Michael	BSG-DVG	GER	08:21:15	M40	66		4:22:56	3:58:19
46	358	Kluth Thomas	*Ratingen	GER	08:22:53	M35	70		4:11:51	4:11:02
47	618	Koschmider Jan	*Oberhausen	GER	08:35:07	M40	66		4:23:55	4:11:12
48	405	Woiwode Dettel	Närrischer Stammtisch Neudr	GER	08:49:36	M45	61		4:26:55	4:22:41
49	189	Reichel Andreas	Polizei Duisburg	GER	08:49:50	M30	76		4:29:11	4:20:39
50	343	Schmeling Reinhard	LT Hagen-Emst	GER	08:50:59	M50	59		4:26:20	4:24:39
51	445	Binius Jürgen	LC Duisburg	GER	08:52:29	M45	60		4:07:58	4:44:31
52	341	Nowak Rainer	ASV-LT Kemperdick	GER	08:57:23	M55	51		4:29:50	4:27:33
53	500	Schranz Jörg	Borbecker Raketen	GER	09:00:20	M40	65		4:01:20	4:59:00
54	239	Koritki Benno	*Düsseldorf	GER	09:03:18	M50	57		4:29:42	4:33:36
55	224	Graebel Gunther	Crepe & Baguette Duisburg	GER	09:05:05	M55	53		4:32:52	4:32:13
56	612	Müller Peter	RP Marathon-Team	GER	09:05:18	M45	61		5:16:23	3:48:55
57	112	Redeker Ingo	drsl.de	GER	09:11:42	M35	71		4:48:29	4:23:13
58	533	Lüken Guido	Lauffreunde Emsland	GER	09:17:44	M30	75		4:49:31	4:28:13
59	590	Wenda Herbert	TUSEM Essen	GER	10:21:00	M60	48		5:03:04	5:17:56
60	771	Rudlof Burkard	Kliniken St. Antonius Wuppert	GER	10:24:06	M45	60		5:32:07	4:51:59
61	713	Nowak Adolf	SSV Buer 07/28	GER	10:27:25	M70	39		5:03:40	5:23:45