

| Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|---------|------------------------|-------------------------------|-----|---------|---------|------|-------------------|
| 383 | BRITZ KARIN | Lt Lindenthal | DE | 0:44:22 | 0:44:26 | 47 | 0:21:36 * 0:22:45 |
| 382 | BRITZ WILFRIED | Lt Lindenthal | DE | 0:44:22 | 0:44:27 | 42 | 0:21:35 * 0:22:47 |
| 164 | COLLORIO ANNELISA | *Pulheim | DE | 0:42:14 | 0:42:22 | 01 | 0:20:46 * 0:21:28 |
| 165 | COLLORIO FELIX | *Pulheim | DE | 0:42:14 | 0:42:22 | 67 | 0:20:46 * 0:21:27 |
| 538 | Cremer Henning | | | 0:39:45 | 0:39:48 | 42 | 0:19:34 * 0:20:10 |
| 205 | DAUER CELINE | *frechen-koenigsdofr | DE | 0:43:07 | 0:43:14 | 02 | 0:21:23 * 0:21:43 |
| 206 | DAUER CLAUDIA | *frechen-koenigsdofr | DE | 0:43:05 | 0:43:14 | 69 | 0:21:22 * 0:21:43 |
| 777 | Dinslaken Marita | *Bedburg | DEU | 0:40:51 | 0:40:59 | 56 | 0:20:03 * 0:20:48 |
| 274 | DUEFFEL FLORIAN | *Koeln | DE | 0:39:19 | 0:39:24 | 67 | 0:19:42 * 0:19:36 |
| 246 | EMMIGHAUS BRIGITTE | *Koeln | DE | 0:43:02 | 0:43:08 | 52 | 0:21:20 * 0:21:41 |
| 375 | ERTEL SANDRA | TSV Dormagen | DE | 0:42:08 | 0:42:13 | 70 | 0:20:31 * 0:21:36 |
| 571 | Girards Rosa | Kölner Sportgeher Gemeinschaf | | 0:36:07 | 0:36:10 | 39 | 0:17:39 * 0:18:27 |
| 570 | Girards Rudolf | Kölner Sportgeher Gemeinschaf | | 0:35:20 | 0:35:22 | 38 | 0:17:34 * 0:17:46 |
| 556 | Hamache Gisela | | | 0:45:34 | 0:45:40 | 60 | 0:22:12 * 0:23:22 |
| 555 | Hamacher Daniel | | | 0:39:42 | 0:39:49 | 58 | 0:19:50 * 0:19:51 |
| 554 | Hamacher Heidi | | | 0:45:33 | 0:45:40 | 60 | 0:22:11 * 0:23:22 |
| 275 | HAMACHER WALTER | *Koeln | DE | 0:39:14 | 0:39:21 | 51 | 0:19:41 * 0:19:33 |
| 181 | HARTER HELMI | *Stommeln | DE | 0:40:30 | 0:40:37 | 57 | 0:20:07 * 0:20:22 |
| 144 | HERRMANN KLAUS | Meddys LWT Koblenz | DE | 0:36:46 | 0:36:48 | 57 | 0:17:54 * 0:18:51 |
| 423 | HOERKENS HELENE | Tus Koeln-Ehrenfeld | DE | 0:40:26 | 0:40:30 | 57 | 0:19:59 * 0:20:27 |
| 172 | HUENSELER HEIDI | Marathon-Freunde Koeln-Ensen | DE | 0:40:52 | 0:40:54 | 50 | 0:19:58 * 0:20:53 |
| 77 | JAUH HERMANN-JOSEF | DJK Roland Koeln-West | DE | 0:39:55 | 0:39:58 | 38 | 0:19:34 * 0:20:20 |
| 219 | JOERIS IRIS | *Bergheim | DE | 0:40:30 | 0:40:36 | 62 | 0:20:07 * 0:20:23 |
| 19 | KIRCHMEYER CHRISTTRAUT | *Koeln | DE | 0:41:51 | 0:41:55 | 52 | 0:20:32 * 0:21:18 |
| 17 | KOEPCKE ELISABETH | Nordic-Walking Frechen-Bache | DE | 0:40:50 | 0:40:54 | 52 | 0:19:57 * 0:20:53 |
| 18 | KOEPCKE HORST | Nordic-Walking Frechen-Bache | DE | 0:37:55 | 0:37:58 | 54 | 0:18:24 * 0:19:30 |
| 425 | KRESSE GERDA MARIA | Tus Koeln-Ehrenfeld | DE | 0:41:04 | 0:41:09 | 60 | 0:20:06 * 0:20:57 |
| 433 | LANGGUTH URSULA | TUS-Ehrenfeld | DE | 0:39:54 | 0:39:58 | 56 | 0:19:50 * 0:20:03 |
| 424 | LINN CARLA | Tus Koeln-Ehrenfeld | DE | 0:40:26 | 0:40:30 | 59 | 0:19:59 * 0:20:27 |
| 626 | Loefgen-Fiegert Anja | Bocklemünder Judoclub | | 0:40:48 | 0:40:54 | 70 | 0:19:57 * 0:20:50 |
| 3 | LOEHMER EVA | *Koeln | DE | 0:41:04 | 0:41:09 | 59 | 0:20:07 * 0:20:57 |
| 170 | MAASS GERD | *Pulheim | DE | 0:47:28 | 0:47:33 | 46 | 0:23:02 * 0:24:26 |
| 171 | MAHLBERG MARIA | *Pulheim | DE | 0:47:17 | 0:47:20 | 56 | 0:22:58 * 0:24:18 |
| 142 | MICHELS ANDREA | SV Loevenich-Widdersdorf | DE | 0:37:04 | 0:37:05 | 64 | 0:17:52 * 0:19:11 |
| 273 | NUSSBAUM-DUEFFEL PETR | *Koeln | DE | 0:42:58 | 0:43:03 | 71 | 0:21:26 * 0:21:32 |
| 2 | POETTGEN MARLIS | *Koeln | DE | 0:41:04 | 0:41:08 | 60 | 0:20:07 * 0:20:57 |
| 230 | REGER-KLINKHAMMER SUS | tus Ehrenfeld | DE | 0:36:45 | 0:36:47 | 61 | 0:18:04 * 0:18:40 |
| 143 | SCHULTHEISS EVELINE | Meddy/s LWT Koblenz | DE | 0:42:34 | 0:42:35 | 60 | 0:20:52 * 0:21:41 |
| 16 | SIEBENER HEINZ JUERGEN | B S Muelheim | DE | 0:47:29 | 0:47:32 | 44 | 0:23:03 * 0:24:26 |
| 645 | Sporrer Hubert | TUS Brauweiler | | 0:34:49 | 0:34:52 | 51 | 0:17:33 * 0:17:16 |
| 791 | Widder Karl-Heinz | ASV Köln | DEU | 0:41:44 | 0:41:46 | 33 | 0:20:03 * 0:21:40 |
| 548 | Wittmann Sandra | | | 0:42:58 | 0:43:04 | 79 | 0:21:20 * 0:21:37 |
| 173 | ZANDER-KRAUSS MARGRET | *Pulheim | DE | 0:47:16 | 0:47:20 | 56 | 0:22:57 * 0:24:18 |
| 434 | ZOCHER MARTINA | TUS Ehrenfeld | DE | 0:42:17 | 0:42:20 | 62 | 0:20:34 * 0:21:42 |
| 182 | ZWEIACKER ANNELIESE | *Geyen | DE | 0:40:31 | 0:40:37 | 45 | 0:20:08 * 0:20:22 |