

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
1	82	Salil Stanley	Kenia	0:28:55	0:28:57	1	M20	86	5: 05:36	05:47	05:53	05:41	05:55	
2	8	Kimisi Joseph	Kenia	0:29:00	0:29:01	2	M20	80	5: 05:37	05:48	05:53	05:49	05:51	
3	83	Rogat Stephen	Tansania	0:29:04	0:29:05	3	M20	84	5: 05:37	05:47	05:53	05:49	05:56	
4	4	Rybak Vitalii	Ukraine	0:29:15	0:29:16	4	M20	80	5: 05:37	05:47	05:53	05:54	06:01	
5	3	Lubina Alexander	TV Wattenscheid 01	0:29:51	0:29:51	5	M20	79	5: 05:49	06:01	06:05	06:01	05:53	
6	5	Hedrit Embaye	LG Braunschweig	0:30:13	0:30:13	1	M30	76	5: 05:49	06:01	06:06	06:05	06:10	
7	47	Mutai Kevin Kipngego	Athletes for Athletes	0:30:21	0:30:22	6	M20	85	5: 05:48	06:01	06:13	06:16	06:00	
8	6	Saya John Nada	Tansania	0:30:23	0:30:24	2	M30	78	5: 05:48	06:02	06:12	06:18	06:01	
9	9	Kosgei James Kiplagat	Athletes for Athletes	0:31:01	0:31:03	3	M30	78	5: 05:48	06:01	06:05	06:21	06:44	
10	7	May Michael	TSV Bayer Leverkusen	0:32:02	0:32:03	7	M20	79	5: 05:51	06:31	06:37	06:37	06:24	
11	58	Schmidt Daniel	Lüttringhauser TV	0:32:15	0:32:17	8	M20	86	5: 06:09	06:29	06:31	06:35	06:30	
12	35	Gossmann Alexander	SFD 75 Düsseldorf	0:32:26	0:32:27	9	M20	85	5: 06:24	06:29	06:30	06:32	06:28	
13	81	Njoroge Stephen Mbure	Kenia	0:32:40	0:32:42	1	MJA	90	5: 05:48	06:36	06:43	06:44	06:47	
14	2	Eich Carsten	rhein marathon düsseldorf e.V.	0:33:07	0:33:09	1	M35	70	5: 06:09	06:26	06:44	06:59	06:47	
15	20	Wilhelm Patrick	TSV Bayer Leverkusen	0:33:21	0:33:24	10	M20	82	5: 06:18	06:42	06:52	06:52	06:36	
16	2917	Krämer Stefan	ASC Düsseldorf	0:33:31	0:33:33	11	M20	88	5: 06:20	06:41	06:49	06:50	06:49	
17	3808	Hadamus Sebastian	ART Düsseldorf	0:33:38	0:33:40	4	M30	74	5: 06:29	06:40	06:45	06:51	06:51	
18	42	Jegodtka Matthias	ASC Rosellen Neuss	0:33:41	0:33:43	5	M30	74	5: 06:27	06:37	06:44	06:57	06:55	
19	44	König Niklas	SFD 75 Düsseldorf	0:33:50	0:33:51	12	M20	85	5: 06:31	06:45	06:59	06:52	06:42	
20	2137	Müller Marc	LG Mönchengladbach	0:34:11	0:34:14	13	M20	84	5: 06:40	06:53	06:56	06:56	06:45	
21	23	Bexiga José	Mönchengladbacher LG	0:34:22	0:34:24	1	M40	68	5: 06:47	06:52	06:58	06:56	06:48	
22	56	Schill Holger	SFD 75 Düsseldorf	0:34:32	0:34:34	2	M35	73	5: 06:51	06:51	06:56	06:56	06:57	
23	37	Habel Spencer	SFD 75 Düsseldorf	0:34:44	0:34:46	14	M20	84	5: 06:50	06:51	06:57	07:12	06:52	
24	2140	Thiel Christian	Bunert Running Team	0:34:53	0:34:55	6	M30	76	5: 06:42	07:02	07:03	07:06	06:59	
25	2150	Schmidt Winfried	TuS Köln rrh.	0:34:59	0:35:01	1	M60	48	5: 06:42	07:00	07:07	07:09	06:58	
26	61	Stegerer Thomas	LG Baar	0:35:14	0:35:16	15	M20	79	5: 06:40	06:59	07:13	07:22	06:57	
27	43	Kirchner Torben	Lüttringhauser TV	0:35:24	0:35:27	16	M20	87	5: 06:32	07:09	07:19	07:20	07:02	
28	67	Zimmermann Timo	TV Wattenscheid 01	0:35:31	0:35:32	17	M20	87	5: 06:42	06:58	07:07	07:26	07:16	
29	80	Brockner Stefan	OSC Waldniel	0:35:42	0:35:45	2	M40	67	5: 07:00	07:10	07:11	07:13	07:07	
30	2948	Balthesen Tobias	Lüttringhauser TV	0:35:45	0:35:48	7	M30	77	5: 06:46	07:11	07:25	07:22	06:59	
31	2949	Pakmor Andreas	LCK Ronsdorf	0:35:56	0:35:58	1	M45	60	5: 06:45	07:07	07:15	07:25	07:21	
32	24	Bonnen Florian	*Kaarst	0:36:25	0:36:28	18	M20	87	5: 06:52	07:09	07:21	07:31	07:30	
33	2038	Büttgen Simon	LG Hilden	0:36:35	0:36:36	19	M20	85	5: 06:30	07:07	07:39	07:59	07:18	
34	2942	Antons Gerrit	SUS Neuenkirchen	0:36:46	0:36:50	3	M35	72	5: 07:26	07:36	07:33	07:12	06:56	
35	2148	Rück Matthias	TV Jahn Kapellen	0:36:59	0:37:02	20	M20	82	5: 06:58	07:28	07:25	07:33	07:33	
36	437	Swietlik Raffael	LAZ PumaTroisdorf Siegburg	0:37:02	0:37:04	21	M20	88	5: 07:17	07:24	07:36	07:33	07:10	
37	2927	Wirz Peter	FWF Düsseldorf	0:37:03	0:37:05	2	M45	60	5: 07:01	07:22	07:30	07:34	07:35	
38	340	Nitsche Bernd	LLG St. Augustin	0:37:17	0:37:20	1	M50	58	5: 07:16	07:24	07:36	07:33	07:26	
39	49	Meier Dirk	LG Wuppertal	0:37:36	0:37:39	3	M40	67	5: 07:05	07:24	07:37	07:45	07:44	
40	3804	Duffhauß Uli	ATG Aachen	0:37:38	0:37:41	3	M45	63	5: 07:04	07:35	07:40	07:50	07:28	
41	373	Rodriguez Antonio	LC Rapid Dortmund	0:37:43	0:37:44	4	M35	70	5: 07:17	07:33	07:37	07:42	07:32	
42	2826	Duncker Tobi	*Düsseldorf	0:37:52	0:37:56	5	M35	71	5: 07:28	07:34	07:39	07:40	07:30	
43	0	Meyer Jürgen	TUS Hatse 01	0:37:57	0:38:01	4	M40	68	5: 07:22	07:39	07:40	07:37	07:37	
44	2096	Baumm Roland	Waldorfschulverein	0:37:58	0:38:01	2	M50	54	5: 07:00	07:25	07:42	08:00	07:50	
45	33	Friedrich Jörg	*Korschenbroich	0:38:02	0:38:05	6	M35	70	5: 07:18	07:31	07:41	07:48	07:43	
46	59	Severin Fabian	*Düsseldorf	0:38:05	0:38:06	2	MJA	90	5: 07:04	07:37	07:48	07:48	07:45	
47	30	Engelhardt Jörg	LG Eintracht Frankfurt	0:38:19	0:38:22	5	M40	64	5: 07:18	07:44	07:43	07:50	07:42	
48	3910	Radl Albert	*Düsseldorf	0:38:24	0:38:28	7	M35	71	5: 07:16	07:45	07:48	07:51	07:43	
49	46	Krumbholz Dr. Marcus	LG Bremen-Nord	0:38:25	0:38:27	4	M45	63	5: 07:05	07:33	07:52	07:58	07:55	
50	62	Stüben Georg	Osterather TV	0:38:25	0:38:27	3	M50	55	5: 07:27	07:44	07:45	07:50	07:38	
51	2947	Janiszewski Thorsten	Feuerwehr SV Düsseldorf	0:38:31	0:38:34	22	M20	86	5: 07:10	07:47	07:57	08:04	07:32	
52	2940	Altinova Egemen	Ayyo-Team Essen	0:38:34	0:38:37	8	M35	70	5: 07:16	07:50	07:55	07:52	07:40	
53	28	Cam Cengiz	LANXESS-RUC	0:38:44	0:38:47	6	M40	66	5: 07:17	07:37	07:47	07:52	08:09	
54	34	Gallenkamp Guido	RockStore-Wuppertal	0:38:51	0:38:55	23	M20	79	5: 07:07	07:58	08:01	08:08	07:37	
55	55	Schade Rainer	SFD 75 Düsseldorf	0:39:00	0:39:01	7	M40	67	5: 07:18	07:41	07:55	08:04	08:00	
56	3673	Kordel Tobias	LAC Hochsauerland	0:39:09	0:39:12	24	M20	80	5: 07:09	07:30	07:47	08:20	08:20	
57	3998	Omland Burkhard	VFL 28 Ellrich	0:39:10	0:39:14	4	M50	57	5: 07:30	07:51	07:58	08:01	07:48	
58	1496	Forster Franco	SSC-Hochdahl	0:39:12	0:39:14	9	M35	73	5: 07:20	07:51	08:04	08:06	07:50	
59	29	Deuschländer Frank	*Stuttgart	0:39:20	0:39:23	25	M20	80	5: 07:18	07:52	08:03	08:06	08:00	
60	392	Schmidt Moritz	*Duesseldorf	0:39:23	0:39:56	26	M20	81	5: 08:21	08:02	08:07	07:40	07:12	

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Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
61	245	Jansen Sven	*Troisdorf	0:39:34	0:39:39	10	M35	72	5: 07:41	07:58	08:00	08:02	07:52	
62	259	Klaeren Rainer	LT-Gurkenland Düsseldorf	0:39:35	0:39:38	11	M35	70	5: 07:16	07:54	08:04	08:17	08:01	
63	319	Mettner Henry	USC Bochum	0:39:39	0:39:42	5	M50	54	5: 07:42	07:53	07:58	08:04	08:00	
64	2079	Behrmann Wolf	*Frankfurt	0:39:43	0:39:47	8	M30	77	5: 07:40	07:59	08:02	08:08	07:53	
65	51	Mörth Sascha	*Düsseldorf	0:39:44	0:39:48	12	M35	70	5: 07:23	07:47	08:59	07:51	07:42	
66	3494	Glass Josef	*Düsseldorf	0:39:47	0:39:49	13	M35	73	5: 07:22	07:52	08:14	08:15	08:01	
67	291	Liebeck Andreas	Alcatel-Lucent Running-TEAM	0:39:48	0:39:59	8	M40	67	5: 07:50	07:54	08:01	08:11	07:50	
68	345	Ostertag Egbert	KSG Gerlingen	0:39:52	0:39:59	5	M45	60	5: 07:27	08:01	08:04	08:20	07:58	
69	467	Witte Bertram	LT Neuenheerse	0:39:53	0:39:56	9	M30	75	5: 08:01	08:00	08:04	08:05	07:42	
70	197	Grimm Dr. Jürgen	TSCU	0:39:55	0:40:06	14	M35	69	5: 07:55	07:59	08:01	08:05	07:53	
71	2139	Müller Burkhard	Athletik Waldniel	0:40:03	0:40:07	6	M50	54	5: 07:39	08:03	08:11	08:11	07:57	
72	2136	Strittmatter Christian	Rennschnecken 2000	0:40:06	0:40:15	9	M40	68	5: 07:52	08:08	08:10	08:04	07:50	
73	2138	Oelze Heiko	*Kaarst	0:40:06	0:40:29	7	M50	58	5: 08:05	07:58	07:57	08:01	08:03	
74	274	Krätsch Marco	PricewaterhouseCoopers	0:40:12	0:40:14	10	M30	76	5: 07:22	07:48	08:19	08:23	08:19	
75	397	Schott David	Velo Solingen	0:40:14	0:40:17	10	M40	67	5: 07:38	08:07	08:13	08:16	07:58	
76	382	Schaefer Peter	SG Kaarst	0:40:15	0:40:24	15	M35	71	5: 07:44	08:12	08:13	08:11	07:53	
77	149	Damm Harald	LT Gruiten-Neandertal	0:40:20	0:40:23	6	M45	60	5: 07:20	08:13	08:19	08:25	08:02	
78	202	Haase Hank	*Gelsenkirchen	0:40:26	0:40:35	7	M45	59	5: 07:51	08:02	08:13	08:12	08:06	
79	2128	Sadrozinski Axel	RWE Starlight Team Essen	0:40:30	0:40:33	11	M40	68	5: 07:36	08:06	08:12	08:16	08:18	
80	2116	Tiago Victor	LG Iserlohn	0:40:32	0:40:35	11	M30	77	5: 07:33	07:58	08:17	08:29	08:13	
81	45	Kokemohr Tobias	Haan	0:40:34	0:40:37	12	M30	75	5: 07:44	08:04	08:11	08:19	08:14	
82	379	Runkel Marius	*Düsseldorf	0:40:35	0:40:37	27	M20	83	5: 07:53	08:10	08:14	08:17	08:00	
83	218	Henze Friedhelm	LG Wilhelmshaven	0:40:38	0:40:41	1	M55	52	5: 07:49	08:05	08:13	08:19	08:10	
84	2973	Strack Sascha	It-run4fun	0:40:42	0:40:46	13	M30	76	5: 08:00	08:13	08:11	08:15	08:01	
85	299	Lütkeheier Werner	RP Marathon	0:40:44	0:40:50	12	M40	67	5: 07:47	08:07	08:18	08:16	08:14	
86	306	March Ralf	SG Neukirchen-Hülchrath	0:40:44	0:40:55	16	M35	69	5: 08:09	08:05	08:14	08:18	07:57	
87	189	Gerards Herman	STB Landgraaf	0:40:50	0:40:51	8	M50	57	5: 07:55	08:01	08:11	08:21	08:20	
88	105	Adomeit Jochen	Osterather TV	0:40:51	0:40:53	1	M65	41	5: 07:59	08:09	08:11	08:14	08:16	
89	129	Bischur Manfred	*Düsseldorf	0:40:52	0:40:54	2	M55	49	5: 07:55	08:10	08:17	08:18	08:10	
90	2886	Bahr Alexander	*Köln	0:40:52	0:41:00	8	M45	63	5: 08:23	08:22	08:11	08:07	07:49	
91	2827	Kokkos Konstantin	*Düsseldorf	0:40:52	0:41:04	13	M40	68	5: 07:35	08:11	08:24	08:24	08:16	
92	278	Kreutzer Jürgen	LKD Düsseldorf	0:40:53	0:40:59	9	M45	60	5: 08:03	08:11	08:12	08:17	08:08	
93	406	Schwark Guido	Aachener TG	0:40:53	0:40:55	14	M40	66	5: 07:36	08:17	08:22	08:24	08:13	
94	150	Daun Michael	LAV Essen Werdener Turnerbund	0:40:54	0:40:56	3	M55	52	5: 07:47	08:10	08:16	08:22	08:16	
95	325	Mintus Frank	*Düsseldorf	0:41:00	0:41:26	17	M35	70	5: 08:23	08:22	08:08	08:08	07:57	
96	343	Olgar Nevzat	Mannesmann-Archiv	0:41:02	0:41:03	10	M45	63	5: 07:31	08:20	08:28	08:27	08:15	
97	3259	Nadowski Bernfried	*Krefeld	0:41:04	0:41:14	15	M40	67	5: 07:57	07:54	08:14	08:26	08:31	
98	2146	Kleinau Jens	FS Duesseldorf	0:41:05	0:41:07	11	M45	61	5: 08:02	08:14	08:19	08:20	08:09	
99	3504	Preuss Andreas	Sportstadt Düsseldorf	0:41:06	0:41:07	12	M45	60	5: 08:02	08:14	08:19	08:20	08:09	
100	479	Amelung Holger	SSV Strümp	0:41:09	0:41:12	9	M50	56	5: 07:38	08:06	08:30	08:29	08:24	
101	2988	Wulf Herbert	LAC Veltins Hochsauerland	0:41:11	0:41:13	4	M55	52	5: 07:53	08:11	08:23	08:27	08:15	
102	2970	Smyk Martin	Marathon Dinslaken	0:41:11	0:41:15	28	M20	81	5: 08:00	08:14	08:23	08:25	08:07	
103	287	Langen Marcus	*Düsseldorf	0:41:13	0:41:20	29	M20	81	5: 08:06	08:10	08:23	08:29	08:03	
104	2864	Krannich Inmar	*Arnstadt	0:41:16	0:41:28	14	M30	77	5: 07:50	08:12	08:26	08:33	08:13	
105	2956	Rietschel Marc	*Kaarst	0:41:17	0:41:20	15	M30	75	5: 07:55	08:20	08:21	08:27	08:12	
106	25	Braunleder Jörg	Extincto-Runners	0:41:18	0:41:22	16	M40	67	5: 07:56	08:21	08:36	08:25	07:57	
107	273	Kost Thomas	*Remscheid	0:41:18	0:41:23	30	M20	80	5: 07:50	08:12	08:33	08:38	08:03	
108	118	Becker Arno	*Dortmund	0:41:18	0:41:39	17	M40	68	5: 08:08	08:11	08:19	08:24	08:14	
109	39	Haubner Frank	*Düsseldorf	0:41:20	0:41:24	31	M20	82	5: 07:41	08:14	08:26	08:38	08:19	
110	3569	Katzera Christian	*Mettmann	0:41:21	0:41:27	13	M45	63	5: 07:47	08:14	08:22	08:36	08:20	
111	2967	Schwarz Christian	Ronsdorfer SG	0:41:23	0:41:27	32	M20	86	5: 07:40	08:16	08:27	08:33	08:26	
112	170	Färber Dr. Andreas	*Erkrath	0:41:26	0:41:34	18	M40	68	5: 07:53	08:06	08:21	08:29	08:34	
113	3985	Lassak Ingo	NullNull	0:41:28	0:41:36	16	M30	76	5: 08:10	08:28	08:25	08:21	08:02	
114	187	Gatzke Ralf	Frisbee Family Pempelfort	0:41:30	0:41:46	14	M45	63	5: 08:12	08:14	08:17	08:28	08:17	
115	338	Nielsen Jens	*Düsseldorf	0:41:30	0:41:34	19	M40	68	5: 07:46	08:18	08:32	08:33	08:19	
115	2149	Alhäuser Jochen	LC Duisburg	0:41:30	0:41:34	19	M40	67	5: 07:49	08:16	08:27	08:34	08:23	
117	318	Messerer Florian	*Düsseldorf	0:41:32	0:41:56	18	M35	71	5: 08:47	08:20	08:15	08:19	07:50	
118	3899	Barratt Stephen	*Düsseldorf	0:41:33	0:41:36	19	M35	72	5: 07:53	08:15	08:28	08:33	08:22	
119	155	Dornick Jens	Boverter Bären	0:41:36	0:41:52	21	M40	64	5: 08:22	08:21	08:25	08:24	08:01	
120	292	Lieck Henrik	*Düsseldorf	0:41:37	0:41:48	17	M30	78	5: 08:27	08:30	08:22	08:17	07:59	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden				
121	375	Roling Carsten	KCM-Lingen	0:41:38	0:41:41	33	M20	81	5: 07:51	08:23	08:33	08:35	08:14
122	0	Moitroux Hans-Leo	Viersener TV	0:41:38	0:41:45	2	M60	44	5: 08:02	08:13	08:24	08:33	08:25
123	2127	Röttger Joachim	*Mülheim	0:41:38	0:41:41	15	M45	61	5: 07:52	08:10	08:25	08:41	08:28
124	402	Schulte-Goebel Dr. Axel	Boverter Bären	0:41:39	0:41:56	16	M45	61	5: 08:22	08:21	08:25	08:24	08:04
125	449	Vierhuf Bernd	*Meerbusch	0:41:39	0:41:56	22	M40	64	5: 08:22	08:21	08:25	08:25	08:05
126	376	Roling Michael	*Dortmund	0:41:39	0:41:43	34	M20	83	5: 07:41	08:01	08:23	08:57	08:35
127	2086	Koslowski Kai	LC Wuppertal	0:41:42	0:41:46	20	M35	69	5: 07:58	08:16	08:28	08:33	08:25
128	478	Jonke Hermann	*Düsseldorf	0:41:43	0:41:48	10	M50	56	5: 07:51	08:17	08:25	08:35	08:32
129	209	Hartmann Marc	TEAM Stadtwerke Düsseldorf	0:41:44	0:41:48	21	M35	70	5: 07:57	08:12	08:26	08:39	08:28
130	265	Kluth Patrick	*Erkrath	0:41:44	0:41:51	23	M40	68	5: 08:09	08:18	08:24	08:34	08:17
131	443	Ölscher Christoph	*Sankt Augustin	0:41:45	0:41:50	35	M20	87	5: 08:07	08:34	08:42	08:24	07:57
132	3841	Pesena Piertaow		0:41:45	0:41:56	18	M30	76	5: 08:16	08:19	08:18	08:36	08:15
133	2877	Bergmann Uwe	SFD 75	0:41:46	0:41:56	17	M45	63	5: 08:04	08:22	08:25	08:32	08:21
134	337	Niederreiter Florian	Natural PT	0:41:48	0:41:56	22	M35	70	5: 08:09	08:30	08:30	08:33	08:04
135	231	Hottgenroth Christian	Air Berlin	0:41:51	0:41:54	18	M45	62	5: 08:05	08:21	08:26	08:30	08:27
136	247	Jungebauer Tobias	KV Bad Oeynhausen	0:41:55	0:42:11	23	M35	70	5: 08:26	08:34	08:31	08:27	07:55
137	3969	Käsbach Henri	DJK Novesia Neuss	0:41:57	0:42:01	11	M50	58	5: 08:03	08:22	08:32	08:35	08:24
138	60	Simon Maximilian	*Moers	0:41:58	0:42:00	36	M20	86	5: 08:07	08:22	08:36	08:31	08:19
139	2976	Thamm Wolfgang	SUS Schalke 96	0:41:58	0:42:04	3	M60	46	5: 08:24	08:22	08:25	08:28	08:18
140	3726	Schmidt Michael	TG81 Düsseldorf	0:42:04	0:42:13	19	M30	75	5: 08:08	08:32	08:37	08:30	08:15
141	163	El Marhoumi Dr.med.	St. Anna Hospital Orthopädie	0:42:04	0:42:22	20	M30	76	5: 07:44	08:04	08:40	09:01	08:32
142	363	Reeker Veit	*Düsseldorf	0:42:05	0:42:11	37	M20	81	5: 08:06	08:37	08:41	08:29	08:10
143	600	Kutup Dr. Bachtiar	Kaiserswerther Renntauben	0:42:09	0:42:28	24	M40	64	5: 08:17	08:33	08:36	08:33	08:07
144	3835	Papenburg Nico	Tschaft Grefrath	0:42:13	0:42:40	38	M20	80	5: 08:13	08:25	08:39	08:34	08:20
145	208	Hartmann Jörg	*Düsseldorf	0:42:15	0:42:26	19	M45	61	5: 08:17	08:34	08:33	08:39	08:10
146	172	Fdail Mustapha	Rheinland 05	0:42:18	0:42:31	25	M40	66	5: 08:13	08:22	08:34	08:41	08:26
147	38	Hallgren Christer	*Grillby	0:42:20	0:42:24	24	M35	72	5: 07:41	08:32	08:44	08:49	08:32
148	2129	Grönegräs Tim	*Düsseldorf	0:42:21	0:42:32	21	M30	77	5: 08:14	08:21	08:30	08:46	08:27
149	3917	Chaker Adam	Hadassahton	0:42:21	0:42:27	22	M30	76	5: 08:12	08:30	08:36	08:39	08:22
150	213	Heikenfeld Dr.med. Roderich	St. Anna Hospital Orthopädie	0:42:22	0:42:22	25	M35	70	5: 33:49	08:32	00:00	00:00	08:33
151	164	Elberg Burkhard	*Düsseldorf	0:42:22	0:42:28	26	M35	70	5: 08:24	08:32	08:34	08:34	08:16
152	127	Bexkens Willy	LG Hilden	0:42:26	0:42:28	26	M40	68	5: 07:49	08:39	08:47	08:43	08:26
153	3927	Beyer Rüdiger	Gesundheitspraxis R. Beyer	0:42:27	0:42:30	27	M40	64	5: 08:09	08:23	08:35	08:42	08:35
154	97	Schlinger Stefan	DAV Röthenbach	0:42:30	0:42:42	20	M45	62	5: 08:12	08:24	08:33	08:43	08:36
155	331	Müller Christoph	NRW.BANK	0:42:31	0:42:53	23	M30	76	5: 08:48	08:40	08:35	08:26	08:01
156	1150	Wagner Hans-Jörg	Coralindarunner	0:42:31	0:42:36	28	M40	67	5: 08:04	08:28	08:38	08:45	08:34
157	466	Wisocki Dirk	LT Buga Düsseldorf 1999	0:42:33	0:42:53	29	M40	66	5: 08:17	08:33	08:34	08:35	08:33
158	314	Melis Eugenio	*Düsseldorf	0:42:36	0:42:42	27	M35	72	5: 07:48	08:23	08:40	08:58	08:45
159	3658	Kapp Bernd	Albrecht-Dürer-Schule	0:42:36	0:42:47	21	M45	60	5: 08:21	08:30	08:39	08:39	08:26
160	2983	Weber Tom	*düsseldorf	0:42:37	0:43:01	39	M20	79	5: 08:48	08:36	08:33	08:26	08:12
161	347	Perschke Joachim	Marathon Soest	0:42:37	0:42:43	5	M55	52	5: 08:12	08:27	08:34	08:42	08:40
162	226	Hodsman Kevin	LK 42,2 St. Augustin	0:42:41	0:42:46	12	M50	55	5: 08:08	08:34	08:44	08:44	08:30
163	2848	Dorpriger Hendrik	*Düsseldorf	0:42:41	0:42:54	40	M20	87	5: 08:35	08:38	08:37	08:29	08:20
164	152	Denkhaus Ulrich	TEAM Stadtwerke Düsseldorf	0:42:42	0:42:51	22	M45	60	5: 08:15	08:25	08:40	08:39	08:41
165	2854	Magenroth Thomas	Albrecht-Dürer Schule	0:42:42	0:42:46	23	M45	63	5: 08:40	08:23	08:24	08:43	08:30
166	190	Gerdorn Rainer	*Düsseldorf	0:42:44	0:42:51	13	M50	56	5: 08:03	08:16	08:52	08:47	08:46
167	451	Volkwein Nils	Freiwillige Feuerwehr Ddorf	0:42:46	0:42:58	41	M20	87	5: 08:00	08:29	08:45	08:46	08:44
168	450	Vock Torsten	*Haan	0:42:49	0:42:56	28	M35	73	5: 08:23	08:27	08:40	08:45	08:33
169	296	Lother Stefan	Osterather TV	0:42:50	0:42:59	30	M40	65	5: 08:18	08:25	08:40	08:42	08:43
170	288	Laufer Erich	*Düsseldorf	0:42:53	0:42:59	29	M35	71	5: 08:11	08:33	08:42	08:48	08:36
171	374	Röhrich Thomas	*Düsseldorf	0:42:53	0:43:00	31	M40	68	5: 08:07	08:36	08:47	08:46	08:34
172	57	Schmid Andrew	SFD 75 Düsseldorf	0:42:55	0:43:02	24	M45	61	5: 08:17	08:27	08:41	08:50	08:38
173	3971	Katzera Uwe	Rheinbahn	0:42:59	0:43:04	25	M45	59	5: 07:59	08:30	08:51	08:59	08:38
174	3571	Czech Bruno	*Ratingen	0:42:59	0:43:01	4	M60	48	5: 08:15	08:41	08:47	08:44	08:31
175	3721	Risse Reinhard	-	0:43:00	0:43:11	32	M40	67	5: 08:24	08:27	08:40	08:34	08:54
176	328	Monedero José	*Duesseldorf	0:43:04	0:43:07	30	M35	69	5: 08:01	08:41	08:51	09:04	08:25
177	1142	Vom Rath Thomas	dm Düsseldorf	0:43:04	0:43:06	42	M20	85	5: 07:42	08:17	09:00	09:17	08:46
178	731	Hofmann Roland	Kleser Training	0:43:04	0:43:06	31	M35	70	5: 08:01	08:35	08:49	08:48	08:50
179	2070	Weyer Lutz	*Düsseldorf	0:43:06	0:43:25	33	M40	68	5: 08:08	08:14	08:38	09:09	08:56
180	457	Westmeier Dirk	Fortuna Düsseldorf 1895 e.V.	0:43:08	0:43:09	34	M40	68	5: 08:06	08:38	08:51	08:51	08:40

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
181	445	Urban Guido	Team-Talheim Saalbach-Hintergl	0:43:08	0:43:23	32	M35	69	5: 08:43 08:47 08:46 08:37 08:14
182	365	Reisiger Ingo		0:43:09	0:43:11	35	M40	66	5: 08:05 08:38 08:51 08:51 08:42
183	3806	Krinps Michael	*Langenfeld	0:43:09	0:43:12	36	M40	68	5: 07:45 08:24 08:48 09:08 09:02
184	3945	Eyl Ansgar	Frisch Verheiratet	0:43:09	0:43:15	33	M35	69	5: 08:30 08:33 08:39 08:51 08:35
185	3954	Grüneberg Uwe	*Düsseldorf	0:43:09	0:43:20	26	M45	63	5: 08:25 08:32 08:46 08:49 08:34
186	3809	Nutz Reinke	*Düsseldorf	0:43:10	0:43:13	43	M20	80	5: 07:51 08:41 08:58 08:55 08:42
187	330	Moraes Guilherme	*Berlin	0:43:11	0:43:30	44	M20	79	5: 07:29 08:32 09:29 09:19 08:20
188	3839	Ehren Christoph	Tschaft Grefrath	0:43:12	0:43:39	45	M20	87	5: 08:15 08:36 08:48 09:04 08:27
189	339	Nienkemper Christian	*Düsseldorf	0:43:12	0:43:36	24	M30	78	5: 08:43 08:41 08:37 08:38 08:31
190	2067	Rapp Norbert	DSD Düsseldorf	0:43:12	0:43:18	6	M55	53	5: 08:36 08:43 08:41 08:35 08:35
191	2987	Wrobel Alexander	Stadtsparkasse Düsseldorf	0:43:13	0:43:42	34	M35	70	5: 08:44 08:16 08:31 08:46 08:55
192	2953	Rath Martin	TEAM TIBET	0:43:14	0:43:19	37	M40	66	5: 08:12 08:30 08:45 09:02 08:43
193	434	Sturm Christoph	TG Neuss	0:43:16	0:43:18	38	M40	64	5: 08:16 08:38 08:51 08:50 08:39
194	2130	Peter Jürgen	TG Neuss	0:43:16	0:43:21	7	M55	52	5: 08:19 08:35 08:48 08:47 08:47
195	418	Späth Dr. Carsten	*Dortmund	0:43:19	0:43:26	35	M35	71	5: 08:26 08:17 08:49 08:33 09:13
196	327	Mollus Jürgen	Ericsson Running Team	0:43:20	0:43:41	39	M40	66	5: 08:53 08:43 08:41 08:40 08:21
197	401	Schulte Ortwin	Polizei Düsseldorf	0:43:20	0:43:43	27	M45	62	5: 08:30 08:47 08:45 08:51 08:25
198	233	Hülkamp Hubert	LC Wuppertal	0:43:20	0:43:26	14	M50	58	5: 08:21 08:32 08:44 08:53 08:48
199	307	Marcus Holger	*Düsseldorf	0:43:21	0:43:36	40	M40	64	5: 08:44 08:44 08:36 08:49 08:27
200	1117	Thiede Uwe	Aldi GmbH	0:43:24	0:43:25	36	M35	70	5: 08:05 08:44 08:58 08:56 08:38
201	2999	Funkschmidt Kai	Osterather TV	0:43:24	0:43:31	28	M45	63	5: 08:11 08:32 08:42 09:03 08:55
202	3699	Masuch Marcel	*Hilden	0:43:25	0:43:29	41	M40	66	5: 08:07 08:36 08:51 08:53 08:56
203	356	Plicht Oliver	*Düsseldorf	0:43:26	0:43:35	42	M40	66	5: 08:36 08:42 08:42 08:44 08:40
204	2955	Rickert Bernhard	LAC Veltins Hochsauerland	0:43:27	0:43:29	8	M55	50	5: 08:12 08:35 08:47 08:54 08:56
205	3941	Dannowski Dirk	SUS Schalke 96	0:43:29	0:43:38	29	M45	63	5: 08:45 08:51 08:51 08:43 08:16
206	200	Gunsenheimer Dr. Uwe	Thüringer Wald Verein	0:43:30	0:43:46	43	M40	64	5: 08:29 08:40 08:45 08:59 08:36
207	364	Reichmann Alexander	*Düsseldorf	0:43:30	0:43:38	46	M20	83	5: 07:53 08:47 08:58 09:01 08:50
208	92	Krähahn Guido	*Düsseldorf	0:43:32	0:43:37	47	M20	83	5: 08:11 08:34 08:52 09:00 08:53
209	264	Klütz Thomas	*Düsseldorf	0:43:33	0:43:49	37	M35	69	5: 08:50 08:46 08:32 08:35 08:47
210	3616	Fontana Ennio	*Düsseldorf	0:43:34	0:43:43	48	M20	79	5: 08:21 08:41 08:46 09:00 08:44
211	575	Burre Frank	Kieser Training	0:43:35	0:43:49	15	M50	57	5: 08:46 08:31 08:33 08:53 08:50
212	139	BruX Jochen	BruXis	0:43:37	0:43:50	44	M40	65	5: 08:43 08:38 08:40 08:51 08:41
213	477	Möllmanns Ulrich	Flughafen Düsseldorf	0:43:39	0:43:44	30	M45	61	5: 08:20 08:42 08:55 08:53 08:47
214	346	Pelzer Frank	*Ratingen	0:43:39	0:44:01	45	M40	64	5: 08:34 08:34 08:48 08:53 08:48
215	2087	Lehner Markus	*Düsseldorf	0:43:41	0:43:47	38	M35	71	5: 08:05 08:28 08:47 09:05 09:14
216	661	Galka Jan	NRW.BANK	0:43:41	0:43:57	49	M20	87	5: 08:40 08:37 08:55 08:56 08:31
217	473	Woyciniuk Stefan	*Düsseldorf	0:43:42	0:43:52	39	M35	71	5: 07:59 08:18 08:45 09:15 09:23
218	115	Barthlen Dr. Gregor	LT Zornige Ameise Essen	0:43:43	0:43:50	9	M55	49	5: 08:36 08:46 08:47 08:44 08:48
219	176	Flommersfeld Torsten	ohne	0:43:44	0:44:02	46	M40	67	5: 08:52 08:44 08:44 08:44 08:37
220	409	Seebass Simon	*Düsseldorf	0:43:46	0:43:55	47	M40	65	5: 08:30 08:50 08:52 09:02 08:31
221	116	Baudach Heiko	Osterather TV	0:43:48	0:43:56	40	M35	71	5: 08:22 08:33 08:52 09:00 08:59
222	185	Gajsar Carsten	VfL Gladbeck Fun Runner	0:43:49	0:44:04	41	M35	71	5: 08:35 08:52 08:49 08:53 08:38
223	143	Buß Dr. Carsten	LT Isola Düren	0:43:51	0:44:14	48	M40	66	5: 08:50 08:42 08:52 08:48 08:38
224	2119	Oidtman Olaf	*Düsseldorf	0:43:53	0:44:01	31	M45	62	5: 08:36 08:43 08:47 08:59 08:46
225	471	Woltering Ralf	*Düsseldorf	0:43:54	0:44:00	50	M20	79	5: 08:02 08:48 09:00 09:03 08:59
226	637	Filtschenko Eugen	Aldi GmbH	0:43:54	0:43:57	51	M20	84	5: 08:03 08:51 09:08 09:09 08:41
227	452	Voß Claus	DJK TuS Rotthausen	0:43:58	0:44:06	49	M40	67	5: 08:37 08:49 08:57 09:10 08:23
228	463	Winter Frank	TC Metzkausen	0:43:59	0:44:04	32	M45	61	5: 08:31 08:54 08:59 08:54 08:38
229	370	Riedl Dettel	FC Offers Velbert	0:44:00	0:44:29	42	M35	69	5: 08:58 08:46 08:45 08:48 08:40
230	3588	Blüml Manfred	*Düsseldorf	0:44:01	0:44:22	33	M45	62	5: 08:32 08:45 08:55 09:00 08:46
231	90	Breuer Wolfgang	Sportfreunde Niersbroich	0:44:01	0:44:13	16	M50	57	5: 08:34 08:48 08:57 09:02 08:39
232	476	Zitzmann Dr. Volker	*Düsseldorf	0:44:08	0:44:23	25	M30	75	5: 09:11 08:38 08:52 08:48 08:37
233	2984	Willms Joachim	TG Neuss	0:44:08	0:44:14	50	M40	68	5: 08:38 08:55 09:03 09:03 08:26
234	93	Uebel Lars	*Düsseldorf	0:44:09	0:44:14	52	M20	86	5: 08:16 08:40 09:00 09:16 08:55
235	326	Missel Andreas	It-run4fun	0:44:09	0:44:18	34	M45	63	5: 08:15 08:42 09:01 09:10 08:59
236	285	Kunz Peter	*Düsseldorf	0:44:10	0:44:17	35	M45	60	5: 08:28 08:36 08:56 09:11 08:56
237	320	Mews Dirk	Dariusrunner	0:44:10	0:44:13	51	M40	68	5: 08:02 08:37 08:59 09:22 09:07
238	3495	Rittgerodt Tobias	*Düsseldorf	0:44:10	0:44:20	43	M35	73	5: 08:31 08:50 08:56 09:07 08:45
239	124	Bendrich Werner	LT Düsseldorf-Süd	0:44:11	0:44:32	36	M45	62	5: 08:34 08:38 08:51 09:00 09:06
240	335	Neumann Dr. Matthias	Henkel	0:44:12	0:44:34	52	M40	68	5: 08:50 08:41 08:52 08:56 08:49

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
241	415	Sikora Robert	*Recklinghausen	0:44:15	0:44:38	53	M20	83	5: 08:55 08:56 08:58 09:00 08:24
242	1498	Sprünken Oliver	TUS Breitscheid	0:44:15	0:44:27	53	M40	68	5: 08:35 08:53 09:06 08:56 08:44
243	109	Andreas Volkmer	*Schwalmtal	0:44:18	0:44:22	37	M45	63	5: 08:17 08:49 09:09 09:16 08:44
244	145	Ciesielski Stefan	*Köln	0:44:18	0:44:42	44	M35	73	5: 08:38 08:37 08:55 09:09 08:57
245	3992	Meis Daniel	Solinger LC	0:44:19	0:44:28	54	M20	80	5: 08:40 08:48 08:57 08:59 08:52
246	158	Drewnowski Volker	Düsseldorf	0:44:20	0:44:27	45	M35	71	5: 08:06 08:36 09:07 09:26 09:03
247	360	Präger Norman	*Düsseldorf	0:44:20	0:44:35	55	M20	82	5: 08:59 08:50 08:56 08:57 08:37
248	448	Vernaleken Thomas	*Weiterstadt	0:44:22	0:44:39	38	M45	62	5: 08:40 08:29 08:52 09:10 09:10
249	154	Döring Andreas	*Gelsenkirchen	0:44:22	0:44:38	39	M45	60	5: 08:10 08:30 09:02 09:13 09:26
250	369	Riebold Lars	LT Rennhamster Düsseldorf	0:44:23	0:44:36	40	M45	63	5: 09:00 09:09 08:58 08:59 08:15
251	2090	Hortig Stefan	*Leichlingen	0:44:25	0:44:46	46	M35	69	5: 08:45 08:49 08:54 09:06 08:50
252	263	Kluppelholz Wulf	Fortunabroetchen	0:44:26	0:44:54	54	M40	68	5: 09:05 08:53 08:48 08:56 08:42
253	780	Kemper Christoph	NRW.BANK	0:44:27	0:44:43	3	MJA	89	5: 08:56 08:52 09:00 09:01 08:37
254	153	Dietzgen Holger	*Neuss	0:44:28	0:44:45	55	M40	66	5: 08:22 08:51 09:18 09:10 08:46
255	277	Kremer Jürgen	L.L.G. Haan-Hilden	0:44:31	0:44:33	5	M60	46	5: 08:09 08:47 09:07 09:20 09:05
256	390	Schilling Jürgen	Kaiserswerther Renntauben	0:44:31	0:44:50	41	M45	61	5: 08:37 08:55 09:00 09:05 08:53
257	3886	Dörr Marco	*Dülmen	0:44:32	0:44:41	26	M30	75	5: 08:32 08:55 08:52 09:10 09:02
258	2077	Friedrichs Ralf	*Köln	0:44:34	0:44:42	56	M40	67	5: 08:56 08:37 09:01 09:03 08:55
259	133	Bork Alexander	*Düsseldorf	0:44:35	0:44:58	56	M20	80	5: 08:44 08:43 08:59 09:11 08:57
260	212	Haverkemper Andreas	Kieser Training	0:44:35	0:44:36	57	M40	66	5: 08:29 08:43 09:12 09:08 09:02
261	3345	Schumacher Dominik	*Willich	0:44:36	0:44:48	57	M20	88	5: 08:27 08:37 08:55 09:15 09:20
262	3900	Stachowiak Thomas	*Korschenbroich	0:44:36	0:44:40	42	M45	60	5: 08:11 08:50 09:16 09:14 09:03
263	400	Schuitz Raimund	LAV Essen	0:44:36	0:44:44	17	M50	56	5: 08:36 08:57 09:06 09:03 08:53
264	322	Meyer Dr. med. Oliver	St. Anna Hospital Orthopädie	0:44:38	0:44:57	47	M35	69	5: 09:13 08:55 08:42 08:53 08:54
265	395	Schneider Jonas	*Kaarst	0:44:40	0:44:48	58	M20	87	5: 08:40 08:52 09:11 09:07 08:47
266	531	Benninghaus Frank	dm Düsseldorf	0:44:42	0:44:43	58	M40	67	5: 08:32 08:58 08:57 09:10 09:03
267	440	Thiemann Dr. Holger	*Düsseldorf	0:44:42	0:44:45	43	M45	61	5: 07:45 08:51 09:15 09:31 09:18
268	253	Katelaan Johannes	*Velbert	0:44:42	0:45:04	44	M45	60	5: 08:46 08:49 08:56 09:12 08:58
269	2733	Russ Holger	*Düsseldorf	0:44:43	0:44:54	45	M45	60	5: 08:44 08:52 09:01 09:13 08:50
270	446	Valori Edoardo	*Düsseldorf	0:44:44	0:45:08	59	M20	81	5: 08:36 08:55 09:06 09:15 08:50
271	309	Mattheis Andreas	*Düsseldorf	0:44:45	0:45:18	59	M40	66	5: 09:01 08:53 08:54 09:02 08:54
272	3999	Otternberg Holger	*Düsseldorf	0:44:46	0:45:00	48	M35	73	5: 08:36 08:53 08:59 09:05 09:11
273	3772	Wagner Johannes Martin	Copacabana Strandläufer	0:44:52	0:44:55	60	M20	83	5: 08:37 09:00 09:08 09:09 08:56
274	298	Lückerath Volker	Wuppertal	0:44:54	0:45:06	60	M40	64	5: 08:42 08:52 09:05 09:14 08:59
275	2943	Kolodziej Kay	TSV Viktoria Mülheim	0:44:54	0:44:59	46	M45	61	5: 08:35 08:56 09:03 09:14 09:04
276	303	Maiwald Simon	*Düsseldorf	0:44:55	0:45:13	1	MJB	92	5: 08:38 08:56 09:03 09:17 09:00
277	262	Klos Andreas	Hesepor Rennschnecken	0:44:56	0:45:07	61	M40	64	5: 08:36 09:03 09:11 09:15 08:48
277	427	Stieghorst Arne	Boys from the Hill	0:44:56	0:45:08	61	M20	80	5: 08:41 08:49 09:06 09:14 09:03
279	301	Lux Stefan	Kaiserswerther Renntauben	0:44:57	0:45:17	62	M40	65	5: 08:51 08:45 09:05 09:23 08:51
280	2945	Stolte Jörg	Lapaloma Lintorf	0:44:59	0:45:19	63	M40	68	5: 08:44 08:55 09:13 09:10 08:55
281	175	Fischer Dirk	*Hilden	0:45:00	0:45:20	49	M35	70	5: 08:57 09:00 09:02 09:00 09:00
282	294	Liske Frank	ART Düsseldorf e.V.	0:45:01	0:45:05	64	M40	64	5: 08:38 09:04 09:05 09:13 08:59
283	1138	Villiere Frank	Kaiserswerther Renntauben	0:45:04	0:45:12	65	M40	67	5: 08:30 08:53 09:11 09:24 09:04
284	432	Streuer Michael	TEAM Stadtwerke Düsseldorf	0:45:05	0:45:07	62	M20	88	5: 08:33 08:55 09:13 09:23 08:59
285	3568	Barth Ralf	TEAM Stadtwerke Düsseldorf	0:45:06	0:45:08	47	M45	62	5: 08:37 09:00 09:12 09:07 09:07
286	201	Haack Jürgen	Rennschnecken 2000	0:45:06	0:45:17	18	M50	57	5: 08:55 08:52 08:59 09:10 09:08
287	131	Boege Andreas	DüSy-Renner	0:45:06	0:45:24	48	M45	61	5: 08:53 08:59 09:07 09:10 08:55
288	372	Ritzmann Voker	BSC Buderich	0:45:10	0:45:25	50	M35	69	5: 08:47 08:58 09:05 09:14 09:04
289	385	Schauch Bastian	Rennschnecken 2000 e.V.	0:45:10	0:45:20	27	M30	75	5: 08:35 09:02 09:10 09:13 09:07
290	141	Bückner Dieter	*Düsseldorf	0:45:11	0:45:27	49	M45	62	5: 08:56 08:57 09:08 09:06 09:02
291	352	Pigou Daniel	*Düsseldorf	0:45:11	0:45:26	28	M30	78	5: 08:39 09:02 09:20 09:30 08:37
292	167	Empt Felix	*Düsseldorf	0:45:12	0:45:27	63	M20	80	5: 08:59 08:51 09:04 09:16 09:00
293	3837	Ehren Felix	Tschaft Grefrath	0:45:13	0:45:41	64	M20	87	5: 09:09 09:07 09:05 09:01 08:49
294	128	Bilaney Gareth	*Düsseldorf	0:45:14	0:45:30	4	MJA	90	5: 08:39 09:02 09:20 09:30 08:40
295	169	Esser Jürgen	Osterather TV	0:45:15	0:45:24	50	M45	63	5: 08:53 09:06 09:12 09:10 08:53
296	436	Swantusch Marco	DSD Düsseldorf	0:45:18	0:45:36	65	M20	83	5: 09:22 09:02 08:54 09:01 08:57
297	431	Stempel Thomas	DSD Düsseldorf	0:45:18	0:45:25	19	M50	56	5: 08:48 09:02 09:11 09:12 09:03
298	428	Stövesand Christian	Düsseldorfer TV von 1847	0:45:20	0:45:44	29	M30	75	5: 08:48 08:51 08:57 09:22 09:21
299	2977	Thinus Christian	Lokomotive Oberbilk	0:45:20	0:45:31	51	M45	63	5: 08:49 09:04 09:12 09:16 08:56
300	3936	Brockmann Stefan	*Düsseldorf	0:45:22	0:45:42	51	M35	70	5: 09:03 09:01 09:04 09:09 09:03

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
301	3512	Pieck Hans		0:45:23	0:45:27	10	M55	52	5: 08:40 08:51 09:13 09:22 09:14
302	3834	van den Doom Norman	Tschaft Grefrath	0:45:23	0:45:51	66	M20	84	5: 09:08 09:07 09:05 09:02 08:58
303	3909	Thiel Rainer	*Düsseldorf	0:45:23	0:45:31	66	M40	66	5: 08:38 09:08 09:17 09:23 08:55
304	157	Drehmann Max	*Heiligenhaus	0:45:24	0:45:46	67	M20	80	5: 08:57 09:05 09:15 09:13 08:52
305	377	Rosenow Axel	*Frechen	0:45:24	0:45:49	30	M30	77	5: 08:53 08:51 09:07 09:22 09:09
306	219	Herm Silvio	*Düsseldorf	0:45:24	0:45:33	68	M20	85	5: 08:25 08:54 09:12 09:28 09:23
307	225	Hirsch Mathias	*düsseldorf	0:45:25	0:45:46	69	M20	82	5: 08:57 09:05 09:15 09:12 08:53
308	388	Scheßl Thomas	*Düsseldorf	0:45:27	0:45:36	67	M40	64	5: 08:17 08:56 09:15 09:31 09:25
309	1076	Sidiropoulos Dimitrios	*Düsseldorf	0:45:29	0:46:09	70	M20	81	5: 10:02 09:04 09:17 08:58 08:07
310	2126	Willma Björn	*Bochum	0:45:31	0:45:40	52	M35	70	5: 08:50 09:07 09:18 09:22 08:51
311	250	Kalisch Jörg	eliteclub münster	0:45:34	0:45:39	68	M40	68	5: 08:25 08:56 09:26 09:32 09:13
312	442	Tietje Uwe	Meister-Läufer	0:45:35	0:45:58	69	M40	66	5: 08:48 08:56 09:14 09:25 09:10
313	220	Hermann Volker	Rennschnecken 2000	0:45:36	0:45:48	53	M35	69	5: 08:45 09:04 09:13 09:21 09:11
314	3995	Nemeth Dr. med. Reinhard	keiner	0:45:38	0:45:45	52	M45	59	5: 08:49 09:13 09:17 09:18 08:59
315	293	Lillot Michael	leichterlaufen.de	0:45:39	0:46:05	54	M35	70	5: 09:05 09:15 09:14 09:14 08:49
316	95	Bachmann Clemens	Fortuna Düsseldorf	0:45:41	0:45:52	70	M40	67	5: 08:52 09:00 09:13 09:19 09:15
317	430	Streb Dr.-Ing. Holger	TC Rheinstadion	0:45:41	0:45:49	53	M45	60	5: 08:25 09:03 09:24 09:36 09:12
318	244	Janker Sebastian	*Haan	0:45:42	0:46:06	71	M20	80	5: 09:06 08:58 09:18 09:27 08:51
319	1326	Hübener Lars	*Düsseldorf	0:45:42	0:45:56	55	M35	70	5: 08:45 09:11 09:18 09:20 09:07
320	3833	Herchenhahn Christian	Tschaft Grefrath	0:45:42	0:46:11	72	M20	87	5: 09:08 09:09 09:11 09:25 08:47
321	290	Levin Marcus	*Kaarst	0:45:43	0:46:04	73	M20	80	5: 08:38 09:00 09:16 09:26 09:20
322	113	Bahlmann Jens	*Haan	0:45:44	0:46:08	74	M20	79	5: 09:07 09:13 09:16 09:22 08:45
323	908	Mertens Daniel	*Düsseldorf	0:45:45	0:45:47	75	M20	85	5: 08:55 09:07 09:32 09:29 08:40
324	1148	Voß Dr. Jens	camel SV	0:45:46	0:46:30	76	M20	79	5: 09:56 09:05 09:17 08:59 08:28
325	813	Kopp Tobias	*Düsseldorf	0:45:46	0:45:55	77	M20	86	5: 09:20 08:54 09:14 09:26 08:50
325	822	Kreitzberg Martin	Hildener AT	0:45:46	0:46:16	54	M45	63	5: 09:03 08:55 09:06 09:20 09:20
327	255	Kerpers Dustin	*Neuss	0:45:47	0:46:11	78	M20	84	5: 09:08 09:22 09:09 09:21 08:46
328	191	Giesen Hubert	*Neuss	0:45:49	0:46:13	55	M45	61	5: 09:08 09:22 09:09 09:20 08:48
328	256	Kerscht Thomas	HSP Essen	0:45:49	0:45:59	55	M45	63	5: 09:01 09:11 09:18 09:15 09:02
330	412	Siebertz Ludger	*Krefeld	0:45:50	0:45:59	71	M40	65	5: 08:44 09:03 09:14 09:26 09:21
331	996	Reher Stefan	Kieser Training	0:45:51	0:45:52	72	M40	66	5: 08:33 08:57 09:25 09:36 09:17
332	104	Adamo Sammy	*Düsseldorf	0:45:52	0:46:05	31	M30	78	5: 08:55 09:12 09:22 09:28 08:53
333	1209	Feaux de Lacroix Boris	Speedskater Düsseldorf	0:45:53	0:46:01	32	M30	75	5: 08:44 09:07 09:24 09:26 09:09
334	117	Bauer Andreas	TEAM Stadtwerke Düsseldorf	0:45:54	0:46:04	57	M45	63	5: 08:33 08:59 09:18 09:34 09:29
335	410	Seidel Hagen	A Team Düsseldorf	0:45:55	0:46:23	73	M40	64	5: 08:59 09:00 09:15 09:29 09:10
336	3524	Peruzzo Thomas	Hotel Nikko Düsseldorf	0:45:56	0:46:18	33	M30	75	5: 09:52 09:02 09:14 09:22 08:24
337	577	Carducci Giacinto	*Duisburg	0:45:57	0:46:01	56	M35	73	5: 09:05 09:19 09:24 09:11 08:55
338	357	Plietsch Klaus	*Düsseldorf	0:45:58	0:46:16	11	M55	52	5: 08:52 08:55 09:10 09:26 09:33
339	305	Marashi Dr.med. Resa	Orthopädie St. Anna Herne	0:46:00	0:46:18	2	MJB	92	5: 09:13 09:12 09:26 09:22 08:45
340	635	Fidelak Manfred	TEAM Stadtwerke Düsseldorf	0:46:03	0:46:21	58	M45	59	5: 08:37 08:48 09:43 09:34 09:19
341	3683	Kunigk Elmar	*Düsseldorf	0:46:03	0:46:21	79	M20	82	5: 09:32 08:37 09:01 09:30 09:22
342	196	Grauke Tobias	SG Stern Düsseldorf	0:46:04	0:46:26	59	M45	60	5: 08:57 09:05 09:17 09:25 09:18
343	210	Hartmann Torsten	*Duesseldorf	0:46:05	0:46:20	57	M35	72	5: 08:54 09:07 09:20 09:33 09:09
344	486	Adrian Daavid	*Ratingen	0:46:05	0:46:09	80	M20	85	5: 08:49 09:18 09:27 09:33 08:56
345	1108	Suhr Uwe	*Düsseldorf	0:46:05	0:46:15	60	M45	59	5: 09:13 09:10 09:19 09:33 08:47
346	1638	d Arnese Giani	*Leverkusen	0:46:09	0:46:26	81	M20	80	5: 11:30 08:45 08:39 08:43 08:31
347	456	Weitz Klaus	RP-Marathonteam	0:46:10	0:46:23	34	M30	74	5: 08:58 09:05 09:18 09:31 09:16
348	980	Prangs Oliver	*Ahaus	0:46:12	0:46:15	35	M30	76	5: 09:13 09:13 09:24 09:26 08:53
349	252	Kasimirowicz Daniel	Fortunabrötchen	0:46:12	0:46:40	58	M35	72	5: 09:05 08:55 09:14 09:30 09:25
349	2993	Schmid Marc	*Düsseldorf	0:46:12	0:46:37	36	M30	76	5: 09:02 09:16 09:24 09:30 08:58
351	2120	Loewe Dieter	*Mettmann	0:46:14	0:46:32	74	M40	67	5: 09:22 08:54 09:06 09:28 09:22
352	470	Wolczyk Damian	*Düsseldorf	0:46:15	0:46:43	37	M30	75	5: 09:10 09:07 09:20 09:32 09:03
353	2731	Störte Christian	TSV 05 Ronsdorf	0:46:15	0:46:19	82	M20	79	5: 08:28 09:11 09:37 09:47 09:10
354	112	Bachmann Till	*Wuppertal	0:46:16	0:46:34	59	M35	71	5: 09:00 09:09 09:18 09:28 09:19
355	3705	Naebers Ralf	*meerbusch	0:46:16	0:46:26	75	M40	64	5: 08:40 09:15 09:31 09:35 09:12
356	381	Sardemann Ronald	*Ratingen	0:46:16	0:46:30	76	M40	68	5: 08:45 08:57 09:14 09:36 09:43
357	2076	Freund Stephan	Henking	0:46:18	0:46:24	60	M35	73	5: 08:51 09:07 09:32 09:44 09:02
358	3668	Knopp Rafael	*Düsseldorf	0:46:18	0:46:21	83	M20	80	5: 08:25 09:32 09:42 09:18 09:19
359	366	Reuter Patrick	*köln	0:46:18	0:46:44	84	M20	86	5: 09:15 09:08 09:26 09:36 08:51
360	741	Horn Torsten	*düsseldorf	0:46:19	0:46:44	61	M35	70	5: 09:52 09:05 09:08 09:11 09:02

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
361	3993	Meyer Hotte	Dreigestirn	0:46:20	0:46:43	77	M40	68	5: 08:52 09:09 09:22 09:40 09:15
362	2078	Kegel Niels	rhein-marathon düsseldorf	0:46:21	0:46:35	78	M40	67	5: 08:50 09:05 09:26 09:37 09:21
363	419	Spengler Florian	*Biederitz	0:46:21	0:46:33	85	M20	86	5: 08:33 09:00 09:30 09:42 09:34
364	1048	Schmitz Ulrich	TEAM Stadtwerke Düsseldorf	0:46:22	0:46:27	79	M40	66	5: 09:20 09:16 09:22 09:27 08:55
365	271	Konermann Thomas	*Duesseldorf	0:46:23	0:46:48	61	M45	63	5: 09:09 09:26 09:27 09:30 08:48
366	3297	Rasinger Gernot	Aldi GmbH	0:46:24	0:46:26	62	M35	72	5: 09:12 09:03 09:21 09:38 09:08
367	881	Maier Rolf	Wing Tsun	0:46:24	0:46:28	80	M40	66	5: 08:50 09:08 09:29 09:41 09:14
368	3952	Grasselt Nico	*Duisburg	0:46:29	0:46:55	38	M30	77	5: 09:08 09:23 09:30 09:31 08:55
369	398	Schubert Ralf	TV-Roetgen	0:46:29	0:46:49	62	M45	61	5: 08:37 09:09 09:20 09:42 09:39
370	186	Garding Daniel	*Kaarst	0:46:31	0:46:54	86	M20	80	5: 09:04 09:28 09:28 09:33 08:56
371	453	Wache Reinhold	*Dautphetal-Wolfgruben	0:46:33	0:46:52	6	M60	44	5: 09:07 09:14 09:18 09:31 09:21
372	2834	Lier Markus	*Düsseldorf	0:46:33	0:47:01	39	M30	74	5: 08:59 08:46 09:26 09:37 09:44
373	3608	Engels Falko	*Düsseldorf	0:46:38	0:46:47	87	M20	83	5: 08:49 09:16 09:47 09:40 09:05
374	1497	Franc Augustin	*Düsseldorf	0:46:39	0:47:02	20	M50	57	5: 09:42 09:12 09:17 09:24 09:01
375	3666	Kleinsorgen Andre	Roadhoppers Neuss	0:46:39	0:47:11	81	M40	65	5: 09:24 09:44 09:21 09:08 08:59
376	184	Fuchs André	Rennschnecken 2000	0:46:39	0:47:00	82	M40	65	5: 08:56 09:13 09:27 09:34 09:26
377	156	Dragun Maik	Buhlmann	0:46:39	0:46:53	63	M35	69	5: 08:59 09:15 09:29 09:35 09:19
378	279	Krüger Horst	TEAM Stadtwerke Düsseldorf	0:46:41	0:47:01	21	M50	57	5: 09:05 09:19 09:20 09:29 09:27
379	3926	Berns Michael	FC Kalter Kaffee	0:46:45	0:47:06	83	M40	65	5: 08:56 09:08 09:22 09:41 09:36
380	447	Verfürth Benno	*Düsseldorf	0:46:45	0:46:59	63	M45	59	5: 09:15 09:24 09:26 09:29 09:09
381	192	Giesler Daniel	BSG Stadtwerke Hilden	0:46:45	0:47:09	64	M45	60	5: 08:48 09:17 09:32 09:40 09:27
382	266	Knappmann Hubertus	HSP - Essen	0:46:46	0:46:56	65	M45	59	5: 08:57 09:17 09:30 09:37 09:22
383	3603	Dohrmann Klaus	*Düsseldorf	0:46:46	0:46:52	40	M30	76	5: 08:25 09:15 09:40 09:49 09:35
384	2986	Wolf Jürgen	UBS-Team	0:46:47	0:47:01	66	M45	61	5: 09:48 09:14 09:18 09:24 09:01
385	3786	Yoichi Goto	*Düsseldorf	0:46:48	0:46:59	41	M30	74	5: 09:04 09:12 09:46 09:22 09:22
386	1187	Wittek Gregor	TEAM Stadtwerke Düsseldorf	0:46:48	0:46:51	12	M55	50	5: 08:43 09:06 09:32 09:48 09:37
387	297	Lücker Stefan	LT Himmelgeist	0:46:50	0:46:57	42	M30	77	5: 08:26 09:28 09:38 09:42 09:34
388	3959	Hanf Achim	Air Berlin	0:46:52	0:47:06	67	M45	63	5: 09:47 09:14 09:19 09:24 09:06
389	272	Korten Hans-Werner	LAV Essen	0:46:52	0:46:59	7	M60	47	5: 08:49 09:23 09:33 09:39 09:25
390	3869	Zinnenlauf Marcus	SG Unterrath	0:46:53	0:47:14	84	M40	68	5: 09:30 09:09 09:22 09:25 09:25
391	3803	Haarmann Klaus	Ernst & Young	0:46:53	0:46:58	68	M45	63	5: 08:33 09:04 09:17 10:13 09:45
392	2937	Kiehn Volker	*Düsseldorf	0:46:54	0:46:56	85	M40	65	5: 08:45 09:23 09:39 09:35 09:29
393	399	Schüler Peter	*Essen	0:46:55	0:47:20	86	M40	65	5: 09:23 09:23 09:31 09:30 09:07
394	389	Schier Thomas	*Ratingen	0:46:57	0:47:20	69	M45	60	5: 09:06 09:29 09:33 09:29 09:17
395	240	Huppertz Willi	*Düsseldorf	0:47:03	0:47:33	87	M40	67	5: 09:17 09:25 09:34 09:31 09:15
396	424	Stemmer Moritz	Kieser Training	0:47:05	0:47:06	88	M40	66	5: 08:15 09:09 09:38 10:14 09:46
397	465	Wirsching Manuel	Torpedo Brambauer 05	0:47:08	0:47:14	88	M20	81	5: 09:05 09:27 09:31 09:49 09:14
398	2925	Quinkert Rudolf	SFD #75 Düsseldorf	0:47:08	0:47:08	13	M55	49	5: 09:34 09:22 09:20 09:34 09:15
399	135	Braun Marc	TUS Breitscheid	0:47:09	0:47:37	89	M40	68	5: 09:06 09:04 09:52 10:10 08:56
400	3970	Kappler Daniel	*Düsseldorf	0:47:10	0:47:24	43	M30	74	5: 08:50 09:18 09:44 09:48 09:28
401	3933	Bornemann Thomas	SG E.ON Ruhrgas	0:47:11	0:47:15	22	M50	58	5: 08:41 09:21 09:38 09:46 09:44
402	222	Herzberg Gerrit	*Elmshagen	0:47:12	0:47:30	64	M35	70	5: 08:44 08:57 09:27 09:59 10:04
403	336	Nickolaus Ralf	SG Stern Düsseldorf	0:47:13	0:47:35	90	M40	64	5: 08:58 09:08 09:33 09:47 09:46
404	103	Ackermann Ulrich	*Düsseldorf	0:47:13	0:47:31	91	M40	64	5: 08:59 09:19 09:45 09:52 09:16
405	179	Freese Martin	ART-Düsseldorf	0:47:13	0:47:26	70	M45	62	5: 08:48 09:11 09:35 09:54 09:44
406	3990	Maïke Simon	Vfl Tönisberg	0:47:14	0:47:38	89	M20	87	5: 09:12 09:33 09:43 09:50 08:54
407	3957	Güttler Harald	-	0:47:17	0:47:44	71	M45	61	5: 09:26 09:35 09:42 09:21 09:12
408	182	Freund Jürgen	*Düsseldorf	0:47:19	0:47:36	92	M40	67	5: 09:10 09:26 09:26 09:42 09:32
409	722	Heßmann Harald	TEAM Stadtwerke Düsseldorf	0:47:20	0:47:43	14	M55	50	5: 09:26 09:28 09:20 09:26 09:38
410	206	Hansen Roland	LT Rennhamster	0:47:21	0:47:35	65	M35	69	5: 08:59 09:11 09:29 09:50 09:50
411	435	Sturm Thomas	TG Neuss	0:47:23	0:47:27	93	M40	65	5: 09:05 09:16 09:37 09:49 09:34
412	3591	Brockmeyer Dirk	*Düsseldorf	0:47:24	0:47:34	66	M35	72	5: 08:56 09:11 09:40 09:47 09:47
413	3516	Wulfert Marcel	Hotel Nikko Düsseldorf	0:47:24	0:47:29	5	MJA	90	5: 08:19 09:05 09:50 10:13 09:54
414	2841	Siegsmund Carlos	*Düsseldorf	0:47:24	0:47:52	90	M20	81	5: 09:06 09:13 10:10 09:48 09:06
415	280	Küpper Karl	*Düsseldorf	0:47:26	0:47:36	44	M30	75	5: 09:04 09:32 09:42 09:46 09:21
416	645	Franken Dominik	s.g. kreuz-eck	0:47:27	0:47:30	94	M40	67	5: 09:06 09:27 09:40 09:50 09:22
417	403	Schulte-Goebel Max	Boverter Bären	0:47:27	0:47:44	3	MJB	92	5: 09:19 09:33 09:41 09:47 09:06
418	3875	Kilmaz Akbulut	ALDI Langenfeld	0:47:28	0:47:32	67	M35	73	5: 08:45 09:04 09:47 10:23 09:26
419	1019	Rommen Markus	privat	0:47:31	0:47:44	45	M30	75	5: 09:51 09:28 09:37 09:39 08:54
420	1166	Westphal Kai	Stoned Riders	0:47:33	0:47:37	91	M20	81	5: 09:02 09:26 09:46 09:57 09:20

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
421	367	Rheydt Christian	*Kaarst	0:47:33	0:47:56	92	M20	80	5: 09:05 09:30 09:40 09:44 09:33
422	2926	Pudeler Heinz	*Korschenbroich	0:47:35	0:47:43	15	M55	49	5: 09:48 09:31 09:29 09:30 09:15
423	1074	Selge Stefan	*Düsseldorf	0:47:36	0:47:45	68	M35	72	5: 10:35 09:51 09:23 09:08 08:38
424	584	Dargel Matthias	Kaiserswerther Renntauben	0:47:37	0:47:44	95	M40	65	5: 09:37 09:16 09:35 09:52 09:15
425	2961	Schiffer Marcus	*Krefeld	0:47:37	0:47:57	96	M40	67	5: 10:26 09:47 09:27 09:10 08:46
426	281	Kufferath Klaus	TEAM Stadtwerke Düsseldorf	0:47:38	0:48:03	72	M45	60	5: 09:30 09:36 09:38 09:41 09:11
427	2466	Vogelbusch Dieter	*Ratingen	0:47:38	0:47:51	97	M40	68	5: 08:51 09:09 09:43 10:07 09:46
428	368	Richter Andreas	dm Düsseldorf	0:47:41	0:47:42	93	M20	80	5: 08:43 09:41 09:59 09:57 09:19
429	227	Höhl Ingo	TEAM Stadtwerke Düsseldorf	0:47:42	0:47:48	73	M45	63	5: 09:12 09:24 09:32 09:52 09:40
430	417	Smoes Marco	*Düsseldorf	0:47:43	0:48:03	94	M20	82	5: 09:09 09:28 09:46 09:53 09:26
431	3838	König Wilhelm	SFD 75 Düsseldorf	0:47:46	0:48:05	16	M55	51	5: 09:18 09:21 09:34 09:48 09:43
432	3631	Gualtieri Giulio	*Düsseldorf	0:47:48	0:48:21	98	M40	64	5: 09:55 09:17 09:24 09:41 09:29
433	1067	Schwarz Frank	Kein	0:47:49	0:48:00	99	M40	68	5: 09:34 09:26 09:34 09:45 09:29
434	905	Mense Prof. Heinrich	kein	0:47:49	0:47:59	100	M40	66	5: 09:34 09:26 09:33 09:46 09:29
435	484	Ademes Jochen	*Heiligenhaus	0:47:50	0:47:52	69	M35	69	5: 09:02 09:23 09:44 10:01 09:37
436	1325	Kolbe Klaus-Dieter	*Ratingen	0:47:50	0:48:05	101	M40	68	5: 08:44 09:12 09:42 10:18 09:52
437	2058	Jarosch Jan-Frederik	*Düsseldorf	0:47:50	0:48:00	95	M20	79	5: 09:34 09:26 09:32 09:36 09:40
438	3989	Löw Dennis	*Düsseldorf	0:47:54	0:48:01	74	M45	62	5: 08:56 09:31 09:55 09:51 09:39
439	203	Hagelschur Thomas	Marathon Steinfurt	0:47:55	0:48:17	46	M30	77	5: 08:53 09:14 09:58 10:04 09:44
440	1152	Waluga Gregor	Intern. Transaction Services	0:47:57	0:48:37	47	M30	76	5: 09:47 09:31 09:34 09:47 09:16
441	349	Petersen Steffen	Bocholter WSV 1920	0:47:57	0:48:20	96	M20	80	5: 09:30 09:32 09:31 09:42 09:39
442	472	Wortelkamp Wolf	*Düsseldorf	0:47:58	0:48:23	23	M50	56	5: 09:30 09:39 09:47 09:42 09:19
443	207	Harbord Michael	Cranger finisher	0:47:58	0:48:10	75	M45	59	5: 08:39 09:36 10:02 10:04 09:36
444	2858	Mohr Christoph	*Düsseldorf	0:48:00	0:48:21	48	M30	78	5: 09:28 09:42 09:49 09:39 09:20
445	3646	Hoffmanns Christian	*Düsseldorf	0:48:01	0:48:32	70	M35	72	5: 10:11 09:23 09:27 09:37 09:20
446	261	Klein Marc	*Düsseldorf	0:48:01	0:48:29	49	M30	74	5: 09:06 09:10 09:46 10:10 09:47
447	257	Kessel Tim	LT Oppum	0:48:04	0:48:18	71	M35	70	5: 09:03 09:29 09:56 10:03 09:30
448	2088	Philipp Wolfgang	DSD Düsseldorf	0:48:06	0:48:14	24	M50	57	5: 09:02 09:35 09:52 09:59 09:36
449	3961	Hebel Thomas	die-hebels.de	0:48:06	0:48:17	102	M40	67	5: 10:05 09:36 09:37 09:36 09:10
450	147	Cordel Roland	*Altdorf	0:48:07	0:48:22	17	M55	49	5: 09:08 09:32 09:50 09:58 09:37
451	344	Orlowski Günther	TEAM Stadtwerke Düsseldorf	0:48:08	0:48:10	103	M40	64	5: 08:58 09:43 09:45 09:59 09:41
452	3811	Altdorf Werner	Dianetic Runners	0:48:08	0:48:16	18	M55	53	5: 09:18 09:22 09:31 09:50 10:05
453	832	Krüger Hans-Joachim	BSG Amico Alpha, Mettmann	0:48:08	0:48:13	76	M45	61	5: 09:16 09:40 09:45 09:48 09:38
454	3928	Blase Rüdiger	SRT Race-Miner	0:48:08	0:48:34	19	M55	53	5: 09:32 09:41 09:41 09:43 09:29
455	686	Graebel Gunther	Crepe & Baguette Duisburg	0:48:09	0:48:12	20	M55	53	5: 08:45 09:22 10:04 10:12 09:45
456	173	Fettig Ralf	*neuss	0:48:10	0:48:43	104	M40	65	5: 09:23 09:44 09:25 09:48 09:48
457	142	Bündkirchen Michael	*Düsseldorf	0:48:11	0:48:25	25	M50	58	5: 09:15 09:36 09:43 09:58 09:37
458	3665	Kleinert Manuel	*Düsseldorf	0:48:11	0:48:14	4	MJB	92	5: 08:52 09:28 09:52 10:09 09:49
459	178	Foldes John	*Neuss	0:48:11	0:48:23	77	M45	63	5: 09:13 09:39 09:53 09:58 09:26
460	3832	Maiwald Johannes	Tschart Grefrath	0:48:13	0:48:41	97	M20	87	5: 09:09 09:26 09:49 09:49 09:59
461	1045	Schmitz Michael	Crossmedia Athletics	0:48:13	0:48:52	98	M20	80	5: 09:53 09:18 09:38 09:46 09:36
462	673	Germeroth Berthold	FC Offers Velbert	0:48:14	0:48:43	26	M50	54	5: 10:04 09:19 09:31 09:48 09:31
463	371	Riepe Thomas	TEAM Stadtwerke Düsseldorf	0:48:15	0:48:55	78	M45	61	5: 10:09 09:16 09:34 09:39 09:35
464	230	Hollmeyer Stephan	Düsseldorf	0:48:16	0:48:32	105	M40	67	5: 08:57 09:14 09:49 10:24 09:50
465	760	Junck Thomas	BSC Buderich	0:48:17	0:48:38	72	M35	69	5: 09:56 09:33 09:43 09:48 09:15
466	2918	Nowotka Günter	*Düsseldorf	0:48:17	0:48:24	21	M55	52	5: 09:18 09:20 09:39 09:58 10:01
467	462	Winkelmann Dr. Jürgen	*Mettmann	0:48:18	0:48:44	22	M55	52	5: 09:38 09:46 09:44 09:41 09:26
468	847	Ladewig Jürgen	Aldi GmbH	0:48:18	0:48:21	106	M40	66	5: 08:49 09:29 09:58 10:11 09:49
469	922	Mrozek Alexander	*Düsseldorf	0:48:19	0:48:31	99	M20	85	5: 09:17 09:19 09:56 10:04 09:40
470	469	Wojtassek Alois	*Burscheid	0:48:21	0:48:29	23	M55	52	5: 09:01 09:24 09:56 10:04 09:54
471	3907	Mertens Stefan	ASC Düsseldorf	0:48:22	0:48:44	107	M40	65	5: 09:19 09:30 09:51 10:01 09:40
472	232	Hübecker Frank	*Düsseldorf	0:48:23	0:48:39	108	M40	66	5: 09:30 09:40 09:49 09:49 09:33
473	1109	Symalla Michael	*Wuppertal	0:48:23	0:48:40	100	M20	79	5: 09:32 09:31 09:46 09:54 09:39
474	863	Lindner Etienne	*Wuppertal	0:48:24	0:48:29	6	MJA	89	5: 09:24 08:33 09:40 10:32 10:13
475	715	Heitkamp Oliver	Kieser Training	0:48:24	0:48:26	73	M35	70	5: 09:11 09:47 09:50 09:53 09:41
475	1103	Struppe Gabor	*Düsseldorf	0:48:24	0:48:31	101	M20	80	5: 09:39 09:25 09:35 09:44 09:59
477	380	Sablotny Roman	TG1881	0:48:25	0:48:57	74	M35	72	5: 09:12 09:30 09:57 10:00 09:43
478	1639	Hegh Michael	*Düsseldorf	0:48:26	0:48:34	75	M35	71	5: 09:30 09:31 09:42 09:59 09:42
479	1204	Zimutta-Kriesten Andreas	*Krefeld	0:48:26	0:48:39	109	M40	65	5: 10:32 09:32 09:32 09:34 09:15
480	205	Hahne Uwe	LT-Rennhamster	0:48:27	0:48:47	79	M45	61	5: 09:18 09:31 09:48 10:03 09:44

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
481	3604	Driver Isaac	*Düsseldorf	0:48:27	0:48:45	102	M20	80	5: 09:26 09:28 09:42 09:57 09:51
482	236	Hummel Thomas	*Düsseldorf	0:48:28	0:48:45	110	M40	64	5: 09:13 09:40 10:02 10:09 09:22
483	585	David Bernd	*Düsseldorf	0:48:28	0:48:31	24	M55	49	5: 09:22 09:36 09:44 09:54 09:51
484	617	Elsing Michael	StepStone Deutschland AG	0:48:29	0:48:46	103	M20	82	5: 09:17 09:02 10:03 10:20 09:46
485	2066	Dams Klaus	SV Ginderich e.V.	0:48:29	0:48:39	80	M45	61	5: 09:13 09:37 09:47 10:01 09:49
486	1162	Weißleder Daniel	komm.passion GmbH	0:48:30	0:49:00	104	M20	85	5: 10:55 09:32 09:27 09:24 09:10
486	926	Müller Günter	TUS-Homborg/ Ratingen	0:48:30	0:48:40	2	M65	43	5: 09:44 09:41 09:47 09:44 09:32
488	838	Kucklick Christian	komm.passion GmbH	0:48:32	0:49:01	105	M20	81	5: 10:58 09:56 09:34 09:25 08:37
489	2935	Schomburg Dieter	Toshiba	0:48:32	0:48:34	8	M60	44	5: 09:13 09:39 09:59 09:49 09:50
490	2815	Kirchner Lars	*Düsseldorf	0:48:33	0:48:43	76	M35	70	5: 09:47 09:36 09:47 09:51 09:30
491	3947	Fischermanns Marco	*Düsseldorf	0:48:34	0:49:03	77	M35	72	5: 09:07 09:31 09:41 10:17 09:56
492	802	Klocke Matthias	NRW.BANK	0:48:35	0:48:52	106	M20	86	5: 09:41 09:15 09:41 10:12 09:43
493	146	Clasing Thomas	Marathon Soest	0:48:37	0:49:04	27	M50	57	5: 09:36 09:31 09:48 09:55 09:46
493	3968	Janz Alexander	*Dresden	0:48:37	0:48:38	78	M35	73	5: 08:57 09:47 10:05 09:57 09:48
495	3570	Mueller Christian	E.O.N. IS GmbH	0:48:38	0:48:54	111	M40	65	5: 09:29 09:43 09:52 09:52 09:40
496	654	Froemgen Marko	*Düsseldorf	0:48:38	0:49:16	107	M20	81	5: 10:37 09:08 09:24 09:33 09:54
497	3882	Borstelmann Kai	*Düsseldorf	0:48:39	0:48:47	50	M30	76	5: 09:55 09:20 09:41 09:52 09:50
498	1178	Windszus Frank	*Ratingen	0:48:39	0:49:02	28	M50	58	5: 10:16 09:31 09:29 09:44 09:37
499	1008	Riffi Mohammed	Aldi GmbH	0:48:40	0:48:41	108	M20	85	5: 08:08 09:22 10:08 10:31 10:28
500	3898	Pütz Benedikt	SC West	0:48:40	0:48:49	81	M45	60	5: 09:25 09:28 09:54 10:02 09:49
501	720	Hermann Mathias	Kieser Training	0:48:40	0:48:44	109	M20	80	5: 09:03 09:43 10:07 10:23 09:22
502	229	Holler Guido	TIGGES Rechtsanwälte	0:48:40	0:49:07	82	M45	62	5: 09:23 09:33 09:57 10:01 09:43
503	354	Platacis Heinz	*Wuppertal	0:48:41	0:48:58	83	M45	60	5: 09:10 09:37 10:02 09:58 09:52
504	1044	Schmitz Marc	Post SV Blau-Weiß Duisburg	0:48:43	0:49:00	110	M20	81	5: 10:07 09:50 09:46 09:43 09:14
505	268	Koch Raimund	*Düsseldorf	0:48:44	0:48:50	79	M35	73	5: 08:56 09:42 10:05 10:22 09:37
506	2991	Zitelli Giuseppe	*Bochum	0:48:44	0:48:54	111	M20	80	5: 08:57 09:53 10:03 10:05 09:44
507	806	Knuppertz Thilo	*Wachtberg	0:48:48	0:48:55	112	M40	64	5: 09:36 09:49 09:47 09:55 09:39
508	764	Jurcic Siegfried	Tus Nord	0:48:48	0:49:15	80	M35	69	5: 09:57 09:26 09:44 10:01 09:38
509	506	Asbrand-Eickhoff Stefan	*Düsseldorf	0:48:48	0:48:53	84	M45	59	5: 09:28 09:38 09:52 10:17 09:31
510	610	Dumsch Thomas	*Düsseldorf	0:48:49	0:49:12	51	M30	78	5: 09:59 09:43 09:41 09:46 09:38
511	1075	Sidar André	TV Ratingen	0:48:50	0:49:03	113	M40	67	5: 09:58 09:50 09:51 09:47 09:21
512	3840	Simons Marco	Tschaft. Grefrath	0:48:50	0:49:20	52	M30	78	5: 09:58 09:30 09:38 09:50 09:53
513	1119	Thiel Volker	*Düsseldorf	0:48:55	0:49:18	112	M20	79	5: 10:42 09:59 09:45 09:37 08:49
513	3802	Lowski Michael	*Düsseldorf	0:48:55	0:49:17	81	M35	70	5: 09:04 09:35 09:59 10:18 09:56
515	405	Schuster Jochen	*Düsseldorf	0:48:57	0:49:24	82	M35	70	5: 09:13 09:33 10:00 10:07 10:02
516	125	Berein Uwe	LG Verzinker Gott	0:48:57	0:49:09	85	M45	62	5: 09:32 09:53 09:58 09:54 09:38
517	952	Okamoto Shinichi	International Runners	0:48:58	0:49:14	25	M55	50	5: 09:27 09:20 09:50 10:11 10:07
518	246	Jaster Georg	TIGGES Rechtsanwälte	0:48:59	0:49:21	86	M45	62	5: 09:24 09:44 09:50 10:03 09:54
519	313	Meis Sebastian	*Haan	0:48:59	0:49:13	113	M20	82	5: 09:19 09:54 10:09 10:06 09:29
520	3573	Hering Stefan	SV Ginderich	0:48:59	0:49:09	114	M40	66	5: 09:13 09:37 09:47 10:25 09:56
521	758	Jonen Dieter	*Langenfeld	0:49:00	0:49:02	115	M40	66	5: 08:56 09:46 10:02 10:15 09:59
522	3736	Schulz Frank	Die rasenden Blumenverkäufer	0:49:04	0:49:25	116	M40	65	5: 09:14 09:39 10:01 10:19 09:49
522	2049	Kiveris Joerg	Arthrose-Laufclub-Wuppertal	0:49:04	0:49:06	116	M40	65	5: 09:10 09:48 09:58 10:06 10:00
524	468	Wojanowski Dr.med. Bartosz	St. Anna Hospital Orthopädie	0:49:07	0:49:25	114	M20	79	5: 09:09 09:19 09:50 10:19 10:28
525	3836	Rüßhan Jan	Tschaft Grefrath	0:49:09	0:49:38	115	M20	85	5: 09:59 09:41 10:04 09:52 09:31
526	1057	Schroers Björn	*Düsseldorf	0:49:09	0:49:21	116	M20	79	5: 09:18 09:21 10:07 10:23 09:57
527	485	Aderhold Dirk	SSV Knittkuhl	0:49:10	0:49:39	118	M40	68	5: 09:49 09:37 09:53 10:08 09:43
528	362	Rasch Richard	NRW.BANK	0:49:12	0:49:37	53	M30	78	5: 09:22 09:45 09:54 10:21 09:49
529	504	Arts Alexander	Die Buhas	0:49:13	0:49:26	117	M20	81	5: 09:50 09:15 10:09 10:17 09:41
530	1168	Wever Werner	LT Gruiten Neandertal	0:49:13	0:49:30	87	M45	60	5: 09:29 09:31 09:57 10:13 10:01
531	324	Mildenberger Thomas	*Düsseldorf	0:49:15	0:49:33	5	MJB	92	5: 09:30 09:51 10:17 10:24 09:12
532	214	Heinemann Ulrich	Lauftreff Alt-Erkrath	0:49:16	0:49:21	119	M40	64	5: 08:38 10:15 09:56 10:15 10:09
533	276	Krembel Stefan	*Mettmann	0:49:16	0:49:25	83	M35	71	5: 08:58 09:50 10:18 10:17 09:50
534	767	Kalu Ukoha	*duesseldorf	0:49:16	0:50:02	120	M40	66	5: 10:45 09:41 09:39 09:40 09:28
535	642	Flomann Michael	Awista	0:49:16	0:49:41	88	M45	60	5: 10:34 09:42 09:55 09:55 09:08
535	174	Fiedler Thomas	*Köln	0:49:16	0:49:20	121	M40	66	5: 09:14 10:03 10:05 10:08 09:44
537	386	Schellhorn Georg	*Langenfeld	0:49:17	0:49:31	29	M50	57	5: 09:07 09:43 09:58 10:22 10:05
538	429	Strathmann Dr. Klaus	*Mönchengladbach	0:49:18	0:49:40	84	M35	70	5: 09:32 09:51 10:05 10:10 09:39
539	882	Mainz Klaus	*Düsseldorf	0:49:19	0:49:20	3	M65	41	5: 09:39 09:40 09:58 10:04 09:56
540	524	Beck Daniel	*Düsseldorf	0:49:19	0:49:42	54	M30	78	5: 10:42 09:59 09:45 09:38 09:13

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
541	2979	Ungemach Manfred	Rennmäuse	0:49:19	0:49:29	89	M45	62	5: 09:57 09:52 09:59 09:54 09:36
542	725	Hillebrand Frank	*Ratingen	0:49:22	0:49:26	85	M35	71	5: 09:38 09:50 10:11 10:13 09:28
543	2852	Kleine Daniel	*Düsseldorf	0:49:24	0:49:52	86	M35	70	5: 10:14 09:42 09:50 10:01 09:35
544	757	Jörger Ralph	*Ratingen	0:49:25	0:49:49	87	M35	72	5: 09:59 09:32 09:52 10:07 09:53
545	289	Laxa Tobias	komm.passion GmbH	0:49:27	0:49:58	55	M30	76	5: 10:05 09:46 10:01 09:59 09:34
546	3966	Hofmann Wolfgang	ART Düsseldorf	0:49:31	0:49:55	4	M65	43	5: 09:59 09:42 09:48 10:02 09:58
547	1132	Valentin Dominik	*Düsseldorf	0:49:32	0:49:52	118	M20	81	5: 10:04 10:13 10:29 09:52 08:52
547	353	Pinn Klaus	*Düsseldorf	0:49:32	0:49:56	90	M45	60	5: 09:25 09:45 10:02 10:16 10:03
549	420	Spengler Helge	Awista	0:49:32	0:49:47	91	M45	62	5: 09:13 09:33 09:54 10:20 10:30
550	3513	Abel Robert	LT Gruiton Neandertal	0:49:33	0:49:50	30	M50	57	5: 09:53 10:02 10:10 10:07 09:19
551	555	Bonnen Michael	*Düsseldorf	0:49:35	0:50:01	31	M50	58	5: 10:20 09:47 09:54 09:54 09:38
552	211	Hartwig Lars	*Düsseldorf	0:49:36	0:49:52	122	M40	67	5: 08:59 09:29 10:38 10:20 10:09
553	735	Holzapfel Wolfgang	Team Erdinger Alkoholfrei	0:49:37	0:49:45	56	M30	75	5: 09:37 09:35 10:01 10:12 10:10
554	160	Drosdatis Roger	TEAM Stadtwerke Düsseldorf	0:49:37	0:49:56	26	M55	52	5: 09:12 09:51 10:15 10:24 09:53
555	2845	Meisner Paul		0:49:38	0:49:57	123	M40	64	5: 10:12 09:50 10:01 09:54 09:39
556	648	Franzke Thomas	*Düsseldorf	0:49:38	0:50:21	119	M20	82	5: 10:18 09:46 09:57 10:01 09:34
557	829	Kroner Markus	*Düsseldorf	0:49:39	0:49:45	92	M45	63	5: 09:24 09:48 10:10 10:20 09:55
558	101	Abels Dennis	*Herzogenrath	0:49:39	0:49:52	120	M20	81	5: 09:17 10:01 10:20 10:17 09:41
559	3085	Fischer Claus	Rennschnecken 2000	0:49:40	0:49:40	93	M45	63	5: 11:13 09:34 09:47 09:45 09:21
560	3708	Nauert Ole	Gesundheitspraxis R. Beyer	0:49:42	0:49:45	121	M20	81	5: 08:51 09:54 10:30 10:33 09:52
561	311	Maushake Ralf	*Düsseldorf	0:49:43	0:49:50	124	M40	68	5: 09:04 09:36 10:32 10:29 10:00
562	3953	Griemla Dr. Stefan	Ski-Klub Düsseldorf von 1906 e	0:49:44	0:50:11	57	M30	74	5: 09:45 09:31 09:43 10:27 10:16
563	3493	Hosr Fabian	*Düsseldorf	0:49:45	0:49:58	88	M35	71	5: 09:34 10:00 10:20 10:03 09:45
564	545	Blass Frank	*Wuppertal	0:49:45	0:49:50	125	M40	67	5: 09:56 10:07 10:07 10:02 09:31
565	694	Gründel Matthias	Kieser Training	0:49:45	0:49:49	7	MJA	90	5: 09:03 09:25 10:15 10:34 10:27
566	507	Augstein Holger	Sportwerk Düsseldorf	0:49:46	0:50:20	126	M40	65	5: 10:47 09:52 10:00 09:57 09:08
567	3870	Schattenberg Dirk	*Düsseldorf	0:49:47	0:49:58	58	M30	75	5: 09:33 09:49 10:10 10:19 09:55
568	3913	Renn Holger	Küchen/Stil	0:49:48	0:49:58	127	M40	64	5: 09:00 09:50 10:14 10:29 10:13
569	721	Hess Georg	*Düsseldorf	0:49:51	0:49:52	128	M40	64	5: 09:15 09:53 10:13 10:39 09:49
570	934	Neef Hans-Jürgen	BSG ERGO	0:49:52	0:50:22	32	M50	57	5: 10:22 09:43 09:53 10:07 09:45
571	1003	Rex Andreas	Samuel-Stiftung	0:49:52	0:49:59	89	M35	71	5: 10:03 09:59 10:05 10:12 09:31
572	3842	Theisen-Lindemann Jürgen	*Düsseldorf	0:49:54	0:49:59	129	M40	64	5: 09:37 09:28 09:48 11:00 09:58
573	2978	Thönnessen Stephan	SJT engin	0:49:55	0:50:15	94	M45	60	5: 10:10 10:05 09:59 10:00 09:39
574	383	Schardin Markus	Haaner TV	0:49:56	0:50:09	130	M40	66	5: 10:14 10:00 10:03 10:05 09:32
575	98	Kuhnt Roland	*Düsseldorf	0:49:57	0:50:13	131	M40	67	5: 10:24 09:53 09:58 10:01 09:39
576	1012	Röber Marc	Kieser Training	0:49:57	0:50:13	90	M35	70	5: 09:58 09:53 10:06 10:05 09:53
577	587	De Haas Dieter	LLG Haan/Hilden	0:50:01	0:50:09	33	M50	54	5: 09:24 09:47 10:15 10:25 10:08
578	695	Grünwald Andy	*Haan	0:50:02	0:50:31	91	M35	72	5: 10:45 09:58 10:09 09:56 09:11
579	3734	Schulte Karl-H.	*Krefeld	0:50:03	0:50:17	27	M55	52	5: 09:57 09:51 09:59 10:13 10:01
580	853	Lausberg Marc	Polizei Düsseldorf	0:50:03	0:50:13	92	M35	69	5: 09:22 10:02 10:21 10:24 09:52
580	2117	Hürtgen Frank	*Düsseldorf	0:50:03	0:50:22	92	M35	72	5: 09:33 10:00 10:10 10:20 09:56
582	3964	Hellfajer Roland	Bochum	0:50:03	0:50:22	132	M40	68	5: 09:33 10:00 10:10 10:21 09:57
583	3793	Langenbach Markus	*Düsseldorf	0:50:03	0:50:21	122	M20		5: 09:23 09:29 10:07 10:29 10:34
584	3799	von Schwach Gregor	*Düsseldorf	0:50:04	0:50:22	59	M30	74	5: 08:53 10:02 10:35 10:42 09:50
585	3784	Wippem Andreas	Gesundheitspraxis R. Beyer	0:50:04	0:50:13	95	M45	60	5: 10:19 10:15 10:12 09:54 09:22
586	2936	Kilincarslan Fikret	Ayyo-Team-Essen e.V.	0:50:04	0:50:46	96	M45	61	5: 10:52 09:52 09:39 10:11 09:28
587	3614	Fixemer Thomas	SGL	0:50:04	0:50:33	97	M45	63	5: 09:57 09:49 10:01 10:11 10:04
588	679	Gleumes Stephan	*Düsseldorf	0:50:04	0:50:05	94	M35	71	5: 09:14 09:51 10:15 10:40 10:02
589	3852	Preppner Klaus	FC Lagerschaden Iserlohn	0:50:05	0:50:30	98	M45	60	5: 10:59 09:57 10:26 09:21 09:20
590	2964	Schrempf Erich	OSTERATHER TV	0:50:06	0:50:11	28	M55	51	5: 09:49 09:59 10:05 10:12 09:58
591	756	Jeckel Christian	*Meerbusch	0:50:08	0:50:28	123	M20	84	5: 10:04 09:57 10:05 10:24 09:36
592	2857	Lachmann Holger	*Düsseldorf	0:50:09	0:50:26	60	M30	74	5: 10:08 09:45 10:04 10:20 09:49
593	455	Weidig Marcus	*Düsseldorf	0:50:09	0:50:25	95	M35	70	5: 09:21 09:59 10:19 10:24 10:05
594	323	Miethke Torsten	Kaiserswerther Renntauben	0:50:11	0:50:31	61	M30	78	5: 09:45 09:51 10:23 10:13 09:57
595	461	Wilms Martin	Fortuna Duesseldorf	0:50:12	0:50:18	96	M35	70	5: 09:40 10:04 10:12 10:15 09:59
596	588	De Riese Enno	Aldi GmbH	0:50:17	0:50:19	124	M20	81	5: 09:13 09:59 10:23 10:33 10:06
597	223	Hillebrand Michael	LG Schellbrand	0:50:17	0:50:38	29	M55	52	5: 09:32 09:47 10:06 10:33 10:17
598	421	Spill Andreas	*Düsseldorf	0:50:21	0:50:29	97	M35	72	5: 09:14 09:47 10:10 10:53 10:15
599	1147	Von Westphal Ingo	*Düsseldorf	0:50:22	0:50:23	133	M40	64	5: 09:15 09:52 10:27 10:29 10:16
600	224	Hinzmann Marcus	*Remscheid	0:50:24	0:50:42	98	M35	72	5: 09:17 10:02 10:38 10:28 09:57

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
601	396	Schneider Sebastian	*Aachen	0:50:24	0:50:36	125	M20	81	5: 09:04	09:56	10:18	10:37	10:27	
602	1123	Träger Thorsten	*Haan	0:50:26	0:50:30	134	M40	65	5: 09:15	10:10	10:19	10:32	10:08	
603	3518	Schwarz Tilo	Hotel Nikko Düsseldorf	0:50:29	0:50:50	135	M40	68	5: 10:15	09:54	10:07	10:22	09:48	
604	769	Kang Inku	*Düsseldorf	0:50:29	0:50:32	136	M40	68	5: 09:52	10:13	10:33	10:21	09:28	
605	3517	Loschelder Jürgen	Hotel Nikko Düsseldorf	0:50:30	0:50:53	99	M45	59	5: 10:29	10:06	08:53	10:26	10:33	
606	3649	Hüsch Ralf	Albrecht-Dürer-Schule	0:50:33	0:50:37	9	M60	47	5: 09:55	10:03	10:09	10:21	10:03	
607	601	Dreker Severin Michael	Fast Foot Düsseldorf	0:50:34	0:50:51	99	M35	73	5: 09:44	09:52	10:13	10:26	10:18	
608	2822	Nakamura Ayata	*Düsseldorf	0:50:37	0:50:51	126	M20		5: 09:58	09:59	10:18	10:22	09:59	
609	592	Deyerler Christian	*Düsseldorf	0:50:39	0:50:57	62	M30	77	5: 10:20	10:07	10:19	10:06	09:45	
610	3908	Sommerfeld Uwe	ASC Düsseldorf	0:50:40	0:51:04	100	M35	69	5: 09:37	09:54	10:20	10:31	10:16	
611	903	Menge Heinz	*Ratingen	0:50:41	0:50:58	5	M65	39	5: 10:56	10:00	09:56	09:57	09:50	
612	898	Meier Thomas	Aldi GmbH	0:50:41	0:50:43	127	M20	81	5: 09:01	09:57	10:23	10:49	10:30	
613	949	Nuss Rudi	dusfor	0:50:43	0:51:02	100	M45	62	5: 10:37	10:10	10:03	10:03	09:48	
614	548	Böhrer Tobias	TEAM Stadtwerke Düsseldorf	0:50:44	0:50:58	63	M30	77	5: 10:33	10:16	10:20	10:10	09:22	
615	2810	Persicke Armin	*Neuss	0:50:46	0:50:53	101	M45	62	5: 10:02	10:08	10:13	10:19	10:03	
616	3626	Goß Holger	*Düsseldorf	0:50:47	0:50:49	101	M35	72	5: 09:29	09:58	10:19	10:36	10:22	
617	890	Markmann Josef	*Düsseldorf	0:50:51	0:51:22	137	M40	66	5: 10:45	10:04	10:03	10:08	09:49	
618	1068	Schwarz Stephan	*Düsseldorf	0:50:55	0:51:11	128	M20	80	5: 10:06	09:48	10:14	10:31	10:15	
619	2855	Drey Florian	*Düsseldorf	0:50:55	0:51:28	129	M20	80	5: 10:40	10:14	10:29	10:30	09:00	
620	811	König Dr. Thomas	*Hilden	0:51:00	0:51:05	34	M50	56	5: 09:51	10:13	10:29	10:26	10:00	
621	91	Lotta Sydow	*Düsseldorf	0:51:01	0:51:17	130	M20	88	5: 10:37	10:24	10:18	10:12	09:28	
622	0	unbekannt DK37532		0:51:02	0:51:15	131	M20		5: 09:45	09:54	10:14	10:34	10:32	
623	995	Reese von Ohlen Jochen	Kieser Training	0:51:02	0:51:15	30	M55	53	5: 09:45	09:54	10:14	10:34	10:32	
624	3894	Schmitz Heinz Dieter	Dssd - Süd	0:51:05	0:51:06	1	M70	38	5: 09:59	10:09	10:13	10:28	10:16	
625	3797	Michel Christoph	*Düsseldorf	0:51:05	0:51:30	138	M40	68	5: 09:30	10:06	10:28	10:31	10:28	
626	1063	Schütt Lothar	LG Rumpel-Pumpel	0:51:06	0:51:19	35	M50	58	5: 09:55	10:09	10:18	10:21	10:21	
627	989	Rahmel Dr. Jürgen	Intern. Transaction Services	0:51:07	0:51:47	139	M40	68	5: 10:24	10:02	10:09	10:14	10:16	
628	3629	Grimm Matthias	FSP Frische	0:51:08	0:51:28	102	M45	63	5: 10:38	10:13	10:15	10:10	09:49	
629	532	Berendes Sebastian	Kieser Training	0:51:10	0:51:38	132	M20	79	5: 10:33	09:58	10:17	10:25	09:55	
630	925	Müller Burkhard	*Düsseldorf	0:51:13	0:51:42	103	M45	63	5: 09:50	10:06	10:31	10:35	10:08	
631	3831	Rademakers Tim	Tschaft Grefrath	0:51:14	0:51:44	133	M20	83	5: 09:57	10:04	10:32	10:32	10:06	
632	503	Artmann Oliver	*Düsseldorf	0:51:14	0:51:36	104	M45	62	5: 10:25	10:14	10:22	10:21	09:51	
633	3830	Vingkes Sebastian	Tschaft Grefrath	0:51:15	0:51:45	134	M20	85	5: 09:58	10:04	10:32	10:32	10:06	
634	875	Lukosz Lukasz	*Düsseldorf	0:51:16	0:51:22	135	M20	79	5: 10:11	10:19	10:26	10:24	09:54	
635	2990	Zessel Holger	Die Waldgazellen	0:51:18	0:51:52	140	M40	64	5: 10:41	10:08	10:20	10:14	09:53	
636	851	Lange Marc	Kaiserswerther Renntauben	0:51:19	0:51:43	64	M30	74	5: 11:10	10:15	10:13	10:12	09:27	
637	1049	Schneider Mark	*Düsseldorf	0:51:19	0:51:25	102	M35	72	5: 09:46	10:02	10:23	10:38	10:28	
638	1200	Zepf Hans-Jürgen	*Düren	0:51:21	0:51:49	105	M45	63	5: 11:05	10:12	09:46	10:22	09:54	
639	3955	Grüneke J.Volker	*Düsseldorf	0:51:22	0:51:24	106	M45	61	5: 09:19	10:09	10:34	10:46	10:32	
640	2960	Schäfer Bernd	*Düsseldorf	0:51:22	0:51:30	31	M55	52	5: 10:37	10:22	10:19	10:10	09:51	
641	750	Jahn Nico	Awista	0:51:23	0:51:28	65	M30	78	5: 09:11	10:13	10:51	10:45	10:21	
642	3636	Hayenga Derk	*Düsseldorf	0:51:23	0:51:43	136	M20	80	5: 11:29	10:51	10:23	09:55	08:43	
643	614	Eichholz Bernhard	Tennisclub Wahnsinn	0:51:25	0:51:45	36	M50	58	5: 10:02	10:11	10:27	10:36	10:06	
644	1014	Rößing André	Aldi GmbH	0:51:26	0:51:30	137	M20	81	5: 09:35	09:54	10:28	10:41	10:46	
645	1007	Riewe Jörn	RP-Marathonteam 2008	0:51:27	0:51:43	6	M65	43	5: 10:23	10:12	10:27	10:20	10:03	
646	791	Kiossis George	*Ratingen	0:51:28	0:51:42	37	M50	58	5: 10:11	10:14	10:22	10:26	10:13	
647	3527	Obwald Bernd	*Mettmann	0:51:28	0:51:49	107	M45	61	5: 10:29	10:14	10:28	10:29	09:46	
648	3923	Arnold Stephan	*Monheim	0:51:29	0:51:44	141	M40	65	5: 10:11	10:11	10:23	10:31	10:12	
649	965	Pelzer Dirk	*Düsseldorf	0:51:30	0:51:48	103	M35	69	5: 10:37	10:12	10:04	10:16	10:20	
650	3846	Kündinger Thomas	*Düsseldorf	0:51:31	0:51:39	66	M30	76	5: 09:53	10:08	10:25	10:33	10:31	
651	959	Osterby Lars	Kieser Training	0:51:32	0:51:47	104	M35	70	5: 10:12	10:13	10:22	10:35	10:09	
652	732	Hohn Ulrich	FBU	0:51:34	0:51:42	38	M50	55	5: 09:08	09:49	10:21	11:11	11:03	
653	567	Buchmeier Christian	*Düsseldorf	0:51:35	0:52:12	105	M35	71	5: 10:36	09:57	10:25	10:40	09:56	
654	792	Kirfel Heinz	*Hellenthal	0:51:35	0:51:52	39	M50	58	5: 09:52	10:05	10:27	10:38	10:32	
655	2856	Holland Frank	*Düsseldorf	0:51:36	0:52:00	138	M20	79	5: 09:17	10:08	10:38	10:41	10:50	
656	2828	Markowitz Martin	*Düsseldorf	0:51:40	0:51:49	106	M35	69	5: 09:48	10:18	10:30	10:41	10:21	
657	228	Hofer Andreas	*Düsseldorf	0:51:44	0:52:15	139	M20	81	5: 10:19	09:55	10:12	10:42	10:33	
658	755	Janssen Arnold	*Düsseldorf	0:51:45	0:52:02	108	M45	59	5: 09:56	10:24	10:32	10:27	10:25	
659	804	Klotz Lars-Oliver	*Düsseldorf	0:51:46	0:52:33	107	M35	69	5: 10:33	10:03	10:17	10:34	10:17	
660	3849	Laame Moritz	*Wuppertal	0:51:46	0:52:12	140	M20	80	5: 10:54	10:18	10:13	10:22	09:58	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
661	1046	Schmitz Peter Michael	LG FSUe Düsseldorf	0:51:46	0:52:31	10	M60	46	5: 11:11	10:17	10:16	10:16	09:44	
662	2059	Welters Klaus	Borussia Mönchengladbach	0:51:47	0:52:13	142	M40	64	5: 10:36	10:06	10:18	10:27	10:18	
663	1029	Schaffaff Marcus	ohne	0:51:47	0:52:19	108	M35	69	5: 10:24	10:09	10:15	10:29	10:28	
664	899	Meiners Andreas	SC Germania Reusrath	0:51:48	0:51:52	109	M45	63	5: 09:40	10:05	10:24	10:46	10:50	
665	913	Meyer Ulf	*Wegberg-Arsbeck	0:51:48	0:51:55	67	M30	74	5: 10:22	10:18	10:35	10:31	09:59	
666	933	Nave Michael	*Korschenbroich	0:51:49	0:52:20	110	M45	63	5: 10:22	09:45	10:21	10:52	10:28	
667	556	Bonnes Robert	*Kevelaer-Wetten	0:51:51	0:51:58	68	M30	78	5: 10:11	10:28	10:42	10:32	09:57	
668	1198	Zanders Bernd	RP Team Marathon	0:51:55	0:52:00	11	M60	47	5: 09:46	10:19	10:30	10:39	10:38	
669	3764	Uchida Makoto	*dusseldorf	0:51:55	0:52:07	109	M35	69	5: 09:57	10:05	10:14	10:37	10:59	
670	3915	Lobell Juri	Küchen/Stil	0:51:55	0:52:18	6	MJB	95	5: 09:30	09:59	10:31	10:39	11:14	
671	1018	Roloff Christof	TEAM Stadtwerke Düsseldorf	0:51:56	0:52:05	143	M40	67	5: 10:04	10:05	10:36	10:40	10:29	
672	536	Bernards Daniel	Kaiserswerther Renntauben	0:51:56	0:52:22	69	M30	74	5: 11:09	10:14	10:14	10:19	09:58	
673	317	Mendorf Thilo	*Velbert	0:51:56	0:52:15	141	M20	79	5: 09:47	10:26	10:51	10:36	10:15	
674	1072	Seidel Rudi	Rainbow Gym Wuppertal	0:51:57	0:52:02	142	M20	79	5: 09:49	10:25	10:50	10:56	09:55	
675	3773	Waldburg Stefan	*Düsseldorf	0:51:58	0:52:15	144	M40	67	5: 11:04	10:30	10:28	10:23	09:31	
676	873	Lueken Nils	--	0:52:00	0:52:13	110	M35	72	5: 10:27	10:27	10:30	10:30	10:04	
677	929	Müller-Gehl Wolfram	Volksläufer	0:52:01	0:52:28	12	M60	47	5: 10:35	10:23	10:25	10:21	10:15	
678	724	Heyer Christoph	Kieser Training	0:52:01	0:52:29	111	M35	69	5: 10:15	10:12	10:30	10:30	10:32	
679	304	Marashi Dr. med. Ali	St. Anna Hospital Orthopädie	0:52:01	0:52:20	111	M45	61	5: 09:39	10:17	10:34	10:46	10:44	
680	1027	Satorius Marco	*Langenfeld	0:52:02	0:52:28	145	M40	64	5: 10:27	10:14	10:15	10:30	10:34	
681	3810	unbekannt DG713PS		0:52:02	0:52:42	143	M20	87	5: 09:48	09:29	10:15	10:57	11:31	
682	837	Krugger Siegwand	ART Düsseldorf	0:52:03	0:52:10	7	M65	40	5: 10:07	10:11	10:33	10:34	10:36	
683	537	Berns Alexander	Hobbyläufer Düsseldorf	0:52:03	0:52:48	112	M35	71	5: 10:52	10:15	10:17	10:26	10:11	
684	282	Kuhnen Oliver	Orthopädie St. Anna Herne	0:52:04	0:52:23	113	M35	69	5: 10:23	10:30	10:32	10:28	10:09	
685	3847	Pohl Hans-Peter	LTK	0:52:04	0:52:42	146	M40	67	5: 10:47	10:24	10:40	10:21	09:50	
686	579	Claes Franz-Josef	Kieser Training	0:52:04	0:52:33	13	M60	47	5: 10:58	10:24	10:19	10:18	10:04	
687	872	Luedtke Andre	*duesseldorf	0:52:06	0:52:15	147	M40	67	5: 09:36	10:15	10:41	10:48	10:43	
688	3703	Müller Manfred	Roadhoppers Neuss	0:52:06	0:52:38	112	M45	63	5: 09:25	10:00	10:44	11:02	10:53	
689	901	Meißen Dirk	NRW.BANK	0:52:07	0:52:43	144	M20	79	5: 11:21	10:20	10:16	10:27	09:41	
690	961	Palm Klaus-Dieter	LT TB Hassels	0:52:07	0:52:30	14	M60	45	5: 10:57	10:10	10:23	10:32	10:04	
691	459	Wieser Roland	*Wetter	0:52:08	0:52:19	113	M45	62	5: 08:57	10:21	10:53	11:12	10:43	
692	2865	Ditgen Tobi	*Düsseldorf	0:52:14	0:52:20	70	M30	75	5: 09:46	10:02	10:23	11:06	10:55	
693	943	Neumann Andreas	a1-envirotech	0:52:15	0:52:39	114	M45	59	5: 11:01	10:23	10:26	10:31	09:51	
694	3862	Dlugosch Michael	*Meerbusch	0:52:15	0:52:38	115	M45	63	5: 10:07	10:12	10:39	10:46	10:29	
695	2147	Röttges Christoph	*Düsseldorf	0:52:17	0:52:24	148	M40	64	5: 09:48	10:10	10:32	10:49	10:55	
696	867	Loesch Waldemar	Aldi GmbH	0:52:17	0:52:20	145	M20	83	5: 09:41	10:35	11:06	11:09	09:44	
697	930	Müntes Uwe	*Erkrath	0:52:17	0:52:20	114	M35	70	5: 10:32	10:34	10:37	10:35	09:57	
698	502	Arlt Daniel	TEAM Stadtwerke Düsseldorf	0:52:20	0:52:32	71	M30	77	5: 09:47	10:15	10:37	11:15	10:24	
699	3943	Edler Thomas	Marathon Soest	0:52:20	0:52:48	116	M45	61	5: 09:58	10:29	10:36	10:39	10:36	
700	932	Naceur Hassine	Aldi GmbH	0:52:21	0:52:22	146	M20	87	5: 09:41	10:37	10:50	11:01	10:10	
701	3620	García - Weber Antonio J.	*Düsseldorf	0:52:23	0:52:55	147	M20	82	5: 11:30	10:27	10:27	10:22	09:34	
702	2817	Brandt Wolfgang	*Düsseldorf	0:52:25	0:52:37	117	M45	59	5: 10:22	10:29	10:35	10:45	10:12	
703	868	Lua Andreas	Aldi GmbH	0:52:27	0:52:30	148	M20	79	5: 09:59	10:23	10:41	10:53	10:29	
704	3853	Grieffenhagen Falk	*Düsseldorf	0:52:27	0:52:38	115	M35	69	5: 08:56	10:33	11:03	11:01	10:53	
705	3789	Schwick Torsten	*Wien	0:52:28	0:52:35	116	M35	69	5: 10:21	10:39	10:45	10:49	09:53	
706	874	Lütke Thomas	a1-envirotech	0:52:30	0:52:54	118	M45	62	5: 11:02	10:24	10:26	10:31	10:06	
707	1197	Yudkevych Dmytro	Aldi GmbH	0:52:30	0:52:32	72	M30	78	5: 09:14	10:58	10:51	10:53	10:32	
708	745	Hußmann Hermann	TVK Wittlaer	0:52:31	0:52:48	2	M70	38	5: 10:56	10:33	10:24	10:30	10:05	
709	496	Andree Dirk	Hatrick Velbert	0:52:32	0:53:13	119	M45	59	5: 11:02	10:26	10:31	10:23	10:07	
710	1087	Stamatopoulos Leonidas	*Ratingen	0:52:34	0:52:58	40	M50	55	5: 10:40	10:18	10:34	10:31	10:29	
711	3983	Krapf Dr. Erwin	*Düsseldorf	0:52:34	0:53:16	117	M35	72	5: 11:58	10:05	10:11	10:15	10:03	
712	609	Dufke Sebastian	*Düsseldorf	0:52:35	0:52:50	149	M20	81	5: 10:19	10:20	10:33	10:55	10:27	
713	2931	Kremer Heinz	LT Cloversoft	0:52:36	0:52:39	15	M60	47	5: 10:37	10:50	10:46	10:32	09:50	
714	951	Ohde Dirk	Aldi GmbH	0:52:36	0:53:18	118	M35	71	5: 11:07	10:39	10:37	10:22	09:48	
715	2863	Belger Dirk	*Düsseldorf	0:52:37	0:53:05	119	M35	70	5: 10:38	10:19	10:48	10:41	10:09	
716	856	Leese Björn	*Düsseldorf	0:52:40	0:53:00	150	M20	80	5: 11:33	10:38	10:12	10:15	09:59	
717	3531	Walters Felix	TEAM Stadtwerke Düsseldorf	0:52:40	0:52:53	41	M50	57	5: 10:19	10:14	10:25	10:47	10:53	
718	159	Dreyer Horst	kein Verein	0:52:40	0:53:12	73	M30	76	5: 10:34	10:25	10:37	10:43	10:19	
719	498	Andresen Bernd	TEAM Stadtwerke Düsseldorf	0:52:42	0:52:44	120	M45	62	5: 09:38	10:35	10:47	10:53	10:46	
719	3606	Eikenbusch Thomas	*Haan	0:52:42	0:53:02	149	M40	64	5: 10:27	10:26	10:38	10:51	10:17	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
721	1031	Scharnowski Eckhard	Kieser Training	0:52:47	0:52:57	16	M60	45	5: 10:28	10:19	10:34	10:50	10:34	
722	862	Lincke Fred	*Wermelskirchen	0:52:47	0:52:58	32	M55	50	5: 10:12	10:24	10:35	10:44	10:49	
723	3663	Kersten Christian	Lummerland e.V.	0:52:48	0:52:58	120	M35	69	5: 10:26	10:34	10:38	10:42	10:26	
724	3677	Kreutel Frank	DTV 1847	0:52:51	0:52:55	121	M45	63	5: 09:41	10:27	10:36	11:10	10:56	
725	499	Apfel Dietmar	kein verein	0:52:51	0:52:53	17	M60	46	5: 10:05	10:31	10:39	10:51	10:44	
726	300	Luncz Thomas	TSV Bayer 04 Breitensport	0:52:52	0:53:10	121	M35	71	5: 10:08	10:21	10:40	10:53	10:47	
726	3709	Niedereder Philipp	*Leverkusen	0:52:52	0:53:19	151	M20	81	5: 12:01	11:00	10:45	10:01	09:03	
728	562	Brenn Jan	Aldi GmbH	0:52:53	0:53:30	122	M35	71	5: 11:04	10:28	10:34	10:31	10:14	
729	801	Klisch Markus	*SOLINGEN	0:52:54	0:53:20	150	M40	67	5: 10:57	09:58	10:24	10:55	10:38	
730	1179	Winkel Martin	ohne	0:52:55	0:53:20	42	M50	58	5: 10:58	09:58	10:25	10:54	10:38	
731	578	CASARA Remy	HSG Holzheim	0:52:57	0:53:16	74	M30	75	5: 11:16	10:27	10:22	10:33	10:16	
732	664	Galonska Andreas	Team INTACT-BAD	0:52:57	0:53:18	151	M40	67	5: 11:08	10:14	10:32	10:41	10:20	
732	1151	Walkemeier Thilo	Team bulthaupt im Stilwerk	0:52:57	0:53:18	151	M40	67	5: 11:09	10:13	10:33	10:41	10:19	
734	568	Budde Carsten	*Mettmann	0:52:58	0:53:11	123	M35	69	5: 10:10	10:36	10:49	11:01	10:21	
735	1047	Schmitz Thorsten	*Mettmann	0:52:59	0:53:04	153	M40	64	5: 10:03	10:33	10:49	10:58	10:35	
736	766	Kaiser Daniel	Aldi GmbH	0:52:59	0:53:02	75	M30	77	5: 09:38	10:52	10:59	11:03	10:26	
737	711	Hecht Horst	Velberter Sportgemeinschaft	0:53:00	0:53:27	3	M70	37	5: 10:35	10:12	10:36	10:49	10:47	
738	74	Schneider Olaf	*Oberhausen	0:53:01	0:53:34	154	M40	68	5: 11:13	10:29	10:40	10:34	10:02	
739	581	Coners Stefan	Kieser Training	0:53:01	0:53:27	124	M35	70	5: 10:54	10:19	10:30	10:42	10:33	
740	895	Matern Jürgen	*Mettmann	0:53:01	0:53:07	122	M45	62	5: 10:03	10:33	10:49	10:59	10:36	
741	1096	Stötzel Frank	Kö-Schnecken Düsseldorf	0:53:04	0:53:26	125	M35	70	5: 10:43	10:36	10:45	10:37	10:21	
742	708	Hartel Karl Winfried	TV Hösel 1901 e.V.	0:53:04	0:53:40	126	M35	69	5: 11:34	10:19	10:20	10:26	10:22	
743	1141	Vogler Daniel	*Düsseldorf	0:53:04	0:53:30	127	M35	69	5: 10:43	10:22	10:51	10:59	10:08	
744	2069	Rudolph Oskar	*Düsseldorf	0:53:07	0:53:18	123	M45	63	5: 10:22	10:38	10:48	10:59	10:19	
745	3889	Kilincarslan Ali	Ayyo-Team-Essen e.V.	0:53:09	0:53:50	8	MJA	89	5: 10:52	10:16	10:50	10:54	10:15	
746	3890	Kilincarslan Mustafa	Ayyo-Team-Essen e.V.	0:53:09	0:53:50	152	M20	84	5: 11:27	10:36	10:23	10:26	10:14	
747	1495	Friemelt Heinz	TUS 64 Bösinghoven	0:53:09	0:53:31	43	M50	54	5: 10:15	10:49	10:47	10:43	10:34	
748	482	Abraham Dennis	*Düsseldorf	0:53:09	0:53:32	76	M30	78	5: 10:04	10:25	10:35	11:01	11:01	
749	2056	Yilmaz Inan	*Neuss	0:53:12	0:53:31	153	M20	80	5: 10:41	10:26	10:43	10:54	10:27	
750	1637	Banisch Oliver	*Leverkusen	0:53:14	0:53:31	154	M20	84	5: 11:01	10:55	10:49	10:51	09:37	
751	3860	Cherie Christian	New Zealand	0:53:16	0:53:35	128	M35	70	5: 11:04	10:41	10:40	10:36	10:12	
752	1000	Rekel Andreas	*Willich	0:53:17	0:53:42	124	M45	62	5: 10:43	10:34	10:48	10:42	10:28	
753	702	Halbedel Klaus F.	Praxis am Goldberg	0:53:17	0:53:32	44	M50	57	5: 10:42	10:42	10:39	10:44	10:28	
754	3975	Klein Stephan	LT Düsseldorf Süd	0:53:19	0:53:33	125	M45	61	5: 10:44	10:27	10:42	10:52	10:31	
755	500	Arbooui Sammy	*Düsseldorf	0:53:21	0:53:59	9	MJA	90	5: 11:10	10:32	10:27	10:17	10:52	
756	3679	Krüger Steffen	TuS Erkrath	0:53:22	0:54:06	77	M30	77	5: 10:57	10:40	10:51	10:48	10:05	
757	657	Fujitsuka Kazunori	*dusseldorf	0:53:23	0:53:59	129	M35	70	5: 10:47	10:32	10:55	10:46	10:20	
758	3611	Fackiner Moritz	*Ennepetal	0:53:24	0:54:07	155	M20	86	5: 11:19	10:38	10:49	10:43	09:53	
759	885	Malek Alexander	*Meerbusch	0:53:25	0:53:54	78	M30	78	5: 10:52	10:42	10:43	11:01	10:06	
760	1125	Trierweiler Werner	*Düsseldorf	0:53:26	0:53:56	155	M40	66	5: 11:03	10:31	10:38	10:49	10:22	
760	2818	Weißenberg Sascha	*Düsseldorf	0:53:26	0:54:03	79	M30	77	5: 12:11	10:53	10:28	10:07	09:45	
762	782	Kenzler Ralph	Aldi GmbH	0:53:27	0:54:08	45	M50	58	5: 11:10	10:35	10:28	10:46	10:27	
763	3695	Mang Dr. med. Renz	HautarztPraxis Aßmann + Mang	0:53:28	0:53:34	130	M35	72	5: 09:55	10:35	10:52	11:13	10:51	
764	605	Dreyer Sebastian	Lauffreff Düsseldorf Süd	0:53:29	0:53:43	156	M20	80	5: 10:44	10:27	10:42	10:53	10:41	
765	1203	Zimmerer Xaver	Active First	0:53:34	0:54:00	46	M50	57	5: 11:14	10:47	10:44	10:30	10:18	
766	3792	Langenberg Sascha	*Hilden	0:53:34	0:54:01	157	M20	81	5: 10:48	10:05	10:50	10:56	10:53	
767	2057	Yamamoto Tsukane	*Düsseldorf	0:53:35	0:54:09	158	M20	79	5: 11:43	10:54	10:34	10:26	09:54	
768	3600	Diederich Florian	*Düsseldorf	0:53:35	0:53:47	126	M45	60	5: 10:18	10:22	10:40	11:09	11:03	
769	547	Bloser Andreas	SG Stern Düsseldorf	0:53:35	0:54:11	127	M45	63	5: 10:24	10:44	10:52	10:43	10:50	
770	1328	Pollak Mark	Kanu- & yachtclub D-dorf	0:53:39	0:53:53	159	M20	83	5: 08:52	10:09	11:24	11:34	11:38	
771	3662	Kerkhoff Matthias	*Düsseldorf	0:53:39	0:53:50	160	M20	79	5: 10:58	10:48	10:50	10:57	10:03	
772	892	Marseille Martin	TVW-Witzhelden	0:53:42	0:53:46	33	M55	53	5: 09:28	10:33	10:46	11:27	11:26	
773	818	Krause Stefan	*Langenfeld	0:53:44	0:54:04	161	M20	81	5: 11:33	10:38	10:12	10:15	11:04	
774	1205	Zuck Thomas	RP-Team	0:53:44	0:53:54	131	M35	69	5: 10:32	10:33	11:00	10:59	10:38	
774	2968	Schwittay Andreas	*Kaarst	0:53:44	0:54:03	131	M35	73	5: 11:17	10:35	10:47	10:48	10:16	
776	699	Haas Markus	*Haan	0:53:51	0:54:00	156	M40	68	5: 10:02	10:37	11:10	11:27	10:33	
777	1185	Wirths Marc	Kaiserswerther Renntauben	0:53:51	0:54:17	133	M35	72	5: 12:06	11:03	10:42	10:26	09:33	
778	703	Halverscheid Markus	Kaiserswerther Renntauben	0:53:52	0:54:16	134	M35	73	5: 11:22	11:04	11:01	10:51	09:31	
779	70	Walbröhl Thomas	*Düsseldorf	0:53:53	0:54:30	128	M45	63	5: 12:06	10:11	10:17	10:36	10:41	
780	884	Malcevic Stjepan	*monheim	0:53:54	0:54:40	162	M20	82	5: 12:13	11:26	11:17	09:31	09:24	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
780	3893	Kenerling Holger	*Duisburg	0:53:54	0:54:06	135	M35	70	5: 11:14	10:40	10:40	10:30	10:47
782	2932	Barbian Jürgen	Dianetik Runners	0:54:00	0:54:02	34	M55	52	5: 09:59	10:54	11:10	11:20	10:34
783	2963	Schmitt-Biegel Daniel	Rennschnecken 2000	0:54:01	0:54:44	80	M30	75	5: 11:32	10:40	10:35	10:38	10:35
784	878	Maas Oliver	Kieser Training	0:54:02	0:54:06	157	M40	66	5: 10:16	10:34	10:59	11:00	11:12
785	2972	Strack Egon	Marathon Dinslaken	0:54:03	0:54:07	8	M65	39	5: 10:41	10:41	10:48	11:01	10:50
786	321	Meyer Heinz	*Hilden	0:54:03	0:54:35	18	M60	48	5: 10:30	10:44	10:59	11:04	10:44
787	723	Heuckendorf Bernd	*Düsseldorf	0:54:04	0:54:37	136	M35	70	5: 11:02	10:33	10:42	10:48	10:57
788	993	Rebig Alfred	Kieser Training	0:54:04	0:54:34	47	M50	54	5: 11:23	10:51	10:44	10:44	10:21
789	759	Juber Dieter	*Mettmann	0:54:07	0:54:42	129	M45	63	5: 10:45	10:35	10:49	11:10	10:45
790	651	Friebe Christian	*Hilden	0:54:07	0:54:28	163	M20	79	5: 11:01	10:23	10:43	10:48	11:10
791	738	Hopp Stephan	*Hilden	0:54:07	0:54:29	130	M45	63	5: 11:01	10:24	10:43	10:48	11:10
792	1065	Schulz Reiner	-	0:54:10	0:54:34	48	M50	55	5: 10:38	10:46	10:58	10:53	10:53
793	749	Jäger Peter	S.C. Rennflöhe Düsseldorf	0:54:11	0:54:44	19	M60	44	5: 11:18	10:41	10:45	10:45	10:39
794	1160	Weiss Joachim	Kaiserswerther Renntauben	0:54:13	0:54:38	81	M30	76	5: 12:06	11:04	10:41	10:27	09:53
795	716	Helmholz Jörg	*Düsseldorf	0:54:13	0:54:30	137	M35	73	5: 11:47	11:07	10:51	10:33	09:52
796	557	Born Stefan	TEAM Stadtwerke Düsseldorf	0:54:15	0:54:18	131	M45	62	5: 10:02	10:35	11:10	11:31	10:55
797	2019	Schultz Michael	Stadtwerke Düsseldorf	0:54:16	0:54:18	132	M45	59	5: 10:03	10:35	11:10	11:31	10:55
798	1110	Szczesny Reinhard	*Kaarst	0:54:19	0:54:52	158	M40	68	5: 12:06	11:13	10:24	10:36	09:58
799	341	Oellers Frank	Roadhoppers Neuss	0:54:20	0:54:52	159	M40	64	5: 09:38	10:39	11:08	11:24	11:29
800	2809	Wagner Stefan	LT Klappspaten	0:54:22	0:54:44	164	M20	81	5: 10:04	10:12	11:00	11:40	11:25
801	3536	Wirth David	Hadassahton	0:54:23	0:54:49	82	M30	77	5: 11:36	10:56	11:00	10:47	10:03
802	3979	Kollath Carsten	TuS Erkrath Basketball	0:54:24	0:54:30	138	M35	69	5: 09:54	10:56	11:19	11:20	10:54
803	987	Quast Markus	*Düsseldorf	0:54:26	0:54:46	165	M20	81	5: 10:41	11:06	11:16	11:00	10:21
804	619	Engels Rainer	*Langenfeld	0:54:27	0:55:00	160	M40	65	5: 12:06	11:13	10:23	10:36	10:07
805	522	Bayrakar Mustafa	Aldi GmbH	0:54:28	0:54:33	166	M20	82	5: 12:51	10:15	10:36	10:41	10:03
806	1091	Stein Robert	dm Düsseldorf	0:54:30	0:54:32	161	M40	66	5: 10:02	10:53	11:19	11:22	10:52
807	1098	Stosch Benjamin	Kieser Training	0:54:31	0:54:46	167	M20	80	5: 10:12	10:43	10:55	11:23	11:17
808	563	Brucksch Ralph	TEAM Stadtwerke Düsseldorf	0:54:32	0:54:48	162	M40	68	5: 10:18	10:13	11:04	11:33	11:23
809	608	Düsterhöft Stefan	Rennschnecken2000	0:54:33	0:54:46	83	M30	75	5: 09:39	10:55	11:23	11:52	10:42
810	1069	Schweinböck Christoph	*Düsseldorf	0:54:36	0:54:50	139	M35	70	5: 11:14	10:53	11:04	11:00	10:22
811	860	Lemmer Johannes	*Düsseldorf	0:54:36	0:54:51	140	M35	71	5: 11:16	10:57	11:00	11:01	10:20
812	630	Fengel Thomas	none	0:54:37	0:54:51	141	M35	70	5: 11:17	10:56	11:00	11:00	10:21
813	900	Meisner Peter-Alexander	*Düsseldorf	0:54:38	0:55:14	142	M35	70	5: 11:05	10:44	10:54	11:06	10:47
814	1077	Siedler Christian	*Düsseldorf	0:54:39	0:54:54	168	M20	80	5: 10:19	11:05	11:13	11:09	10:51
815	3716	Pöschel Rüdiger	*Düsseldorf	0:54:39	0:55:25	20	M60	45	5: 11:12	10:49	10:46	10:57	10:52
816	2885	Veda Naoko	International Runners	0:54:40	0:55:14	143	M35	72	5: 11:01	10:38	10:55	11:16	10:48
817	3800	Müller Guido	*Schönecken	0:54:43	0:55:01	84	M30	74	5: 11:41	11:15	11:20	10:30	09:55
818	2813	Wuth Tobias	*Düsseldorf	0:54:44	0:54:52	85	M30	75	5: 10:37	10:58	11:28	11:16	10:23
819	3750	Steinborn Dirk	*Düsseldorf	0:54:44	0:55:28	133	M45	62	5: 11:22	11:01	10:50	11:03	10:26
820	94	Kibgies Axel	DSG Olympios e.V.	0:54:45	0:55:04	49	M50	57	5: 10:37	10:46	11:17	11:10	10:54
821	3791	Eder Karl-Dieter	*Wuppertal	0:54:48	0:55:15	35	M55	50	5: 11:11	10:58	11:01	11:05	10:31
822	957	Ortmanns Uwe	Makrolon Runners Uerdingen	0:54:50	0:55:33	86	M30	75	5: 11:51	11:06	10:46	10:31	10:33
823	976	Pojer Marc	DSC 1899	0:54:52	0:55:17	163	M40	67	5: 11:50	10:55	10:43	10:49	10:32
824	973	Piller Jürgen	DSC 99 eV	0:54:52	0:55:18	144	M35	70	5: 11:50	10:55	10:43	10:49	10:34
825	984	Pütz Thomas	DSC99 eV	0:54:53	0:55:18	164	M40	66	5: 11:41	10:42	10:50	11:00	10:38
826	490	Ahn Christian	*Düsseldorf	0:54:54	0:55:01	145	M35	70	5: 10:34	11:14	11:24	11:08	10:33
827	902	Meister Martin	TEAM Stadtwerke Düsseldorf	0:54:55	0:55:14	134	M45	63	5: 10:59	10:50	11:04	11:16	10:44
828	2971	Sommer Markus	UBS-Team	0:54:56	0:55:10	50	M50	58	5: 10:16	10:53	11:15	11:21	11:11
829	788	Kiefer Stefan	*Korschenbroich	0:54:57	0:55:06	146	M35	73	5: 10:37	10:42	10:52	11:31	11:14
830	243	Jacobs Steffen	*Düsseldorf	0:54:58	0:55:28	165	M40	67	5: 10:59	11:07	11:20	11:06	10:25
831	1143	Von Braunschweig Martin	*Dortmund	0:55:00	0:55:44	147	M35	72	5: 11:27	10:52	11:04	11:06	10:29
832	3541	Bas Murat	Hadassahton	0:55:03	0:55:07	148	M35	73	5: 09:30	10:35	11:19	11:50	11:47
833	719	Herbst Eduard	GTV	0:55:05	0:55:42	21	M60	48	5: 11:43	11:03	10:56	10:47	10:35
834	138	Broman Mathias	*Düsseldorf	0:55:05	0:55:23	7	MJB	92	5: 09:30	10:18	11:48	12:00	11:27
835	1061	Schülke Carsten	Samuel-Stiftung	0:55:07	0:55:14	149	M35	70	5: 10:26	10:50	11:18	11:32	10:58
836	2966	Schulte Klaus	ohne	0:55:08	0:55:16	36	M55	50	5: 10:06	10:58	11:23	11:23	11:15
837	561	Breitenbach Wolfgang	Kieser Training	0:55:09	0:55:37	135	M45	60	5: 10:48	10:35	11:09	11:25	11:10
838	3681	Kuhn Thomas	*Düsseldorf	0:55:12	0:56:02	166	M40	65	5: 11:17	10:37	11:06	11:01	11:09
839	2954	Rau Dieter	*Hilden	0:55:13	0:55:51	136	M45	60	5: 12:00	11:02	10:47	10:43	10:40
840	683	Göllner Ben	*Haan	0:55:14	0:55:35	150	M35	71	5: 11:12	11:05	11:10	11:10	10:36

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden				
841	3950	Gillissen Heribert	*Solingen	0:55:16	0:55:39	51	M50	58	5: 11:20	11:07	11:15	11:04	10:29
842	665	Gamer Uwe	TEAM Stadtwerke Düsseldorf	0:55:18	0:55:21	137	M45	60	5: 10:14	11:00	11:21	11:26	11:15
843	151	Demirel Ilhan	*Neuss	0:55:19	0:55:28	167	M40	67	5: 09:22	10:49	11:42	11:39	11:45
844	411	Shu Dirk	*Düsseldorf	0:55:20	0:55:47	151	M35	69	5: 10:21	10:44	10:43	12:30	11:00
845	1101	Strake Franz Joachim	*Düsseldorf	0:55:22	0:56:10	138	M45	59	5: 11:30	10:42	10:59	11:08	11:02
846	1054	Schreiber Volker	AOK	0:55:23	0:55:59	139	M45	59	5: 11:16	10:44	11:15	11:15	10:52
847	2068	Finke Martin	*Düsseldorf	0:55:23	0:55:37	168	M40	64	5: 10:47	11:02	11:14	11:19	11:00
848	941	Neugebauer Thomas	*düsseldorf	0:55:23	0:55:41	169	M40	68	5: 10:25	10:40	11:17	11:38	11:21
849	3639	Hennig Alexander	*Haan	0:55:25	0:55:51	169	M20	79	5: 10:29	11:07	11:30	11:14	11:04
850	283	Kulesza Maximilian	TIGGES Rechtsanwälte	0:55:26	0:55:28	170	M20	83	5: 10:39	11:08	11:19	11:27	10:51
851	1144	Von Braunschweig Werner	*Herne	0:55:28	0:56:12	152	M35	71	5: 11:28	10:52	11:05	11:14	10:46
852	3650	Jacob Torsten	Amnesty International	0:55:33	0:56:04	170	M40	65	5: 12:08	11:27	11:08	10:45	10:03
853	2844	Guzvic Michael	*Essen	0:55:35	0:56:13	153	M35	69	5: 12:08	10:33	10:39	11:19	10:55
854	119	Becker Robert	*Düsseldorf	0:55:36	0:55:40	87	M30	74	5: 10:14	10:49	11:30	11:38	11:24
855	3669	Körner Dirk	Kenpo Meerbusch	0:55:39	0:55:59	140	M45	62	5: 11:07	10:56	11:14	11:22	10:58
856	646	Franz Hendrik	*Düsseldorf	0:55:40	0:56:21	88	M30	77	5: 11:07	11:08	11:08	11:10	11:05
857	1062	Schümichen Uwe F.	Lauftreff-Alt-Erkrath	0:55:43	0:55:54	9	M65	42	5: 10:45	11:09	11:08	11:21	11:18
858	831	Krüger Andreas	*Meerbusch	0:55:45	0:56:09	171	M40	64	5: 11:44	11:46	12:00	10:34	09:40
859	798	Kleist Alexander	*Düsseldorf	0:55:45	0:55:52	172	M40	64	5: 10:27	10:51	11:15	11:49	11:21
860	1028	Schaefer Daniel	Intern. Transaction Services	0:55:46	0:56:27	89	M30	77	5: 11:25	11:07	11:16	11:26	10:30
861	920	Moritz Wolfgang	Wupperläufer	0:55:51	0:56:12	22	M60	44	5: 10:53	10:57	11:14	11:27	11:18
862	355	Platen Matthias	Intern. Transaction Services	0:55:52	0:56:34	173	M40	65	5: 11:59	11:20	11:30	10:48	10:14
863	662	Galla Stefan	E-Plus Running-Team	0:55:53	0:56:20	174	M40	66	5: 10:40	11:08	11:32	11:29	11:02
864	1015	Röwer Ulrich	Lt-Düsseldorf-Süd	0:55:53	0:56:26	37	M55	52	5: 11:18	11:04	11:11	11:18	10:59
865	3807	Hübner Richard	Amnesty International	0:55:54	0:56:24	154	M35	69	5: 12:08	11:27	11:08	10:45	10:25
866	2974	Stracke Andreas	E-Plus Running-Team	0:55:55	0:56:22	175	M40	65	5: 11:37	10:53	11:09	11:19	10:56
867	1085	Spies Herbert	Fortuna Düsseldorf	0:55:58	0:56:46	141	M45	63	5: 11:23	10:58	11:10	11:18	11:07
868	706	Hammernick Friedel	LT-Lucherberg	0:55:59	0:56:11	10	M65	42	5: 11:32	11:06	11:08	11:12	10:58
869	501	Arcaro Michele	*Köln	0:56:00	0:56:10	155	M35	73	5: 10:39	10:49	11:43	11:53	10:55
870	3725	Schlick Stephan	*Düsseldorf	0:56:01	0:56:33	90	M30	78	5: 11:46	11:12	11:22	11:14	10:26
871	1156	Weers Wilfried	*Düsseldorf	0:56:05	0:56:30	176	M40	67	5: 11:03	11:05	11:28	11:33	10:54
872	549	Bökmann Norbert	TC Rheinstadion	0:56:05	0:56:44	38	M55	53	5: 10:11	10:37	11:06	11:44	12:26
873	917	Mock Frank	*Willich	0:56:06	0:56:35	177	M40	67	5: 12:17	11:27	11:08	10:55	10:19
874	526	Becker Willi	*Kleve	0:56:10	0:56:27	23	M60	44	5: 11:05	11:02	11:14	11:25	11:23
875	3737	Schumacher André	*Meerbusch	0:56:13	0:56:56	171	M20	86	5: 11:47	11:06	11:17	11:27	10:34
876	1017	Rola Harald	*Düsseldorf	0:56:15	0:56:38	142	M45	62	5: 11:15	11:14	11:39	11:37	10:27
877	852	Lau Jonas	*Erkrath	0:56:16	1:01:27	10	MJA	90	5: 09:25	11:40	12:06	12:01	11:02
878	814	Kotulla Marcus	CLAUDS	0:56:20	0:56:58	178	M40	68	5: 12:20	11:16	11:51	10:16	10:35
879	1105	Stute Frank	*Ratingen	0:56:21	0:56:45	179	M40	68	5: 10:53	10:58	11:33	11:32	11:24
880	408	Schwitalla Joachim	*Berlin	0:56:22	0:56:40	24	M60	46	5: 10:08	11:04	12:00	11:34	11:33
881	1111	Szymanski Wojtek	*Düsseldorf	0:56:27	0:57:06	91	M30	74	5: 11:22	11:05	11:16	11:23	11:19
882	2861	Schemiger Hans		0:56:28	0:56:47	180	M40	66	5: 10:33	10:52	11:27	11:51	11:42
883	454	Wagner Christoph	TEAM Stadtwerke Düsseldorf	0:56:30	0:56:58	143	M45	59	5: 10:24	10:56	11:25	11:47	11:56
884	52	Plathen Klaus	*Krefeld	0:56:33	0:57:17	52	M50	58	5: 12:05	11:21	11:24	11:14	10:28
885	1073	Seidl Dr. Jörg	SC Germania Reusrath	0:56:43	0:56:47	144	M45	63	5: 10:05	11:06	11:40	12:05	11:45
886	497	Andree Ilja	*Velbert	0:56:44	0:57:24	156	M35	72	5: 11:49	10:56	11:21	11:21	11:15
887	624	Esser Heinz	BSG Stadtsparkasse Düsseldorf	0:56:45	0:56:50	39	M55	52	5: 10:55	11:13	11:25	11:45	11:25
888	3798	unbekannt Konstantin	*Hamburg	0:56:48	0:57:06	157	M35	70	5: 11:41	11:15	11:20	11:27	11:02
889	893	Marzinowski Heinz	TEAM Stadtwerke Düsseldorf	0:56:49	0:57:23	53	M50	57	5: 12:11	11:17	11:25	11:18	10:35
890	3641	Hentz Gerd	*Düsseldorf	0:56:51	0:56:53	25	M60	44	5: 10:09	10:53	11:24	11:55	12:28
891	833	Krüger Ralf	TEAM Stadtwerke Düsseldorf	0:56:52	0:57:27	181	M40	67	5: 12:10	11:17	11:26	11:19	10:38
892	3537	Tsimas Pano	Hadassahton	0:56:53	0:57:10	172	M20	79	5: 11:23	11:20	11:31	11:36	11:01
893	1171	Wies Jürgen	*Düsseldorf	0:56:53	0:57:09	182	M40	65	5: 11:24	11:20	11:30	11:36	11:01
894	1636	Richter Thomas	*Meerbusch	0:56:54	0:57:11	173	M20	81	5: 11:29	11:28	11:26	11:34	10:55
895	797	Kleinke Arndt	*Wuppertal	0:56:54	0:57:05	158	M35	71	5: 11:22	11:36	11:24	11:34	10:56
896	726	Hillen Tobias	Kieser Training	0:56:54	0:57:26	174	M20	81	5: 10:23	11:00	11:20	12:00	12:10
897	692	Grohmann Thomas	TomTom Renn	0:56:56	0:57:33	159	M35	69	5: 11:00	11:13	11:22	11:41	11:39
898	3868	Lohmeyer Moritz	Laufrunde Rudi	0:57:00	0:57:37	175	M20	81	5: 12:16	11:45	11:24	11:04	10:29
899	1080	Sirmasac Yüksel	*Bergisch Gladbach	0:57:03	0:57:13	160	M35	72	5: 10:38	10:49	11:43	12:19	11:33
900	691	Grimm Paul-D.	Kieser Training	0:57:04	0:57:43	11	M65	41	5: 12:06	11:24	11:23	11:22	10:46

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
901	3492	Kessel Theodor	*Neuss	0:57:09	0:57:39	1	M75	30	5: 11:50	11:18	11:21	11:26	11:33	
902	947	Niemann Tim	*Düsseldorf	0:57:14	0:57:35	92	M30	75	5: 11:30	11:13	11:27	11:40	11:22	
903	483	Adam Thomas	*Düsseldorf	0:57:15	0:57:41	93	M30	74	5: 11:52	11:21	11:31	11:30	11:00	
904	1193	Wolters Burkhardt	Kieser Training	0:57:17	0:57:57	26	M60	46	5: 11:41	11:02	11:12	11:42	11:39	
905	3599	Cuda Christopher	*Düsseldorf	0:57:22	0:57:40	176	M20	83	5: 11:16	11:04	11:32	11:49	11:39	
906	866	Lonz Volker	*Düsseldorf	0:57:23	0:58:01	54	M50	56	5: 10:46	11:05	11:40	12:00	11:50	
907	513	Balzer Kristoff	*Düsseldorf	0:57:24	0:58:07	177	M20	81	5: 11:51	11:03	11:38	11:39	11:11	
908	729	Hofer Heribert	*Düsseldorf	0:57:33	0:57:46	55	M50	54	5: 11:33	11:18	11:45	11:49	11:08	
909	521	Baumgart Rudolf	TC. Rheinstadion	0:57:36	0:58:15	12	M65	42	5: 11:04	10:50	11:29	12:02	12:09	
910	77	Tillmanns Veith	*Düsseldorf	0:57:39	0:57:44	161	M35	69	5: 10:44	11:39	11:48	11:46	11:40	
911	744	Hoydem Andreas	TEAM Stadtwerke Düsseldorf	0:57:41	0:58:21	162	M35	70	5: 12:06	11:15	11:23	11:31	11:24	
912	3887	Carus Karl-Heinz	*Düsseldorf	0:57:47	0:58:04	13	M65	43	5: 11:29	11:27	11:29	11:45	11:36	
913	977	Posingies Heinz	*Düsseldorf	0:57:49	0:57:57	40	M55	52	5: 11:13	11:31	11:46	11:52	11:25	
914	697	Gurski Gunnar	Kaiserswerther Diakonie	0:57:50	0:58:14	94	M30	75	5: 11:41	11:33	11:30	11:34	11:29	
915	2934	Henkst Oliver	*Düsseldorf	0:57:50	0:58:05	183	M40	64	5: 11:19	11:22	11:45	12:00	11:22	
916	3935	Brinkmann Daniel	*Düsseldorf	0:57:53	0:58:38	95	M30	78	5: 11:50	11:06	11:23	11:47	11:44	
917	1056	Schröder Stefan	TEAM Stadtwerke Düsseldorf	0:57:55	0:58:36	184	M40	64	5: 12:05	11:15	11:32	11:29	11:32	
918	748	Jacobsen Thomas	BARMER FUN RUNNERS	0:57:57	0:58:20	145	M45	60	5: 11:27	11:16	11:35	12:02	11:35	
919	332	Müller Oliver	*Mettmann	0:57:58	0:58:24	178	M20	80	5: 10:54	11:06	12:04	12:28	11:24	
920	940	Neugebauer Sebastian	privat	0:58:00	0:58:17	8	MJB	91	5: 10:09	11:01	12:04	12:34	12:10	
921	3732	Schubert Frank	deloitte	0:58:01	0:58:27	163	M35	73	5: 12:05	11:26	11:34	11:41	11:14	
922	1113	Teichmann Marko	*Gelsenkirchen	0:58:06	0:58:25	164	M35	73	5: 11:08	11:23	11:55	12:02	11:36	
923	1124	Traviglia Vincenzo	Aldi GmbH	0:58:08	0:58:12	165	M35	69	5: 11:11	11:09	11:36	12:00	12:10	
924	3596	Contzen Jens	*Meerbusch	0:58:08	0:58:59	185	M40	66	5: 11:34	11:12	11:40	11:53	11:47	
925	593	Dichgans Martin	*Düsseldorf	0:58:09	0:58:16	41	M55	49	5: 11:10	11:38	11:58	11:54	11:26	
926	603	Drexler Mark	*Duesseldorf	0:58:11	0:58:23	166	M35	70	5: 10:55	10:59	11:20	12:12	12:44	
927	621	Ernst Klaus	*Ratingen	0:58:17	0:58:33	56	M50	55	5: 11:27	11:34	11:46	11:55	11:32	
928	848	Lahnstein Gert	LGFSUe	0:58:19	0:59:01	14	M65	42	5: 12:29	11:41	11:36	11:31	11:01	
929	896	Medler-Ulff Jochen	Intern. Transaction Services	0:58:26	0:59:08	167	M35	71	5: 12:38	12:13	11:44	11:12	10:37	
930	689	Greifenberg Heiko	*Düsseldorf	0:58:31	0:59:06	96	M30	75	5: 11:45	11:31	11:48	12:07	11:17	
931	1099	Strack Norbert	*Kempfen	0:58:36	0:58:57	186	M40	67	5: 11:55	11:56	12:00	11:44	11:00	
932	3794	Lohmeyer Rudolf	*Tönisvorst	0:58:37	0:59:14	15	M65	43	5: 12:17	11:45	11:33	11:33	11:27	
933	1136	Vernaleken Ludger	*Kaarst	0:58:41	0:59:10	168	M35	71	5: 11:57	11:28	11:12	11:48	12:14	
934	1190	Wojczak Thomas	*Düsseldorf	0:58:45	0:59:08	169	M35	69	5: 11:06	11:11	11:50	12:12	12:24	
935	3919	Alsweide Lutz	Hadassahton	0:58:49	0:58:57	97	M30	76	5: 12:28	11:52	11:46	11:49	10:52	
936	1039	Schmelzer Lutz	*Düsseldorf	0:58:50	0:59:13	170	M35	72	5: 11:56	11:37	11:56	12:01	11:18	
937	3624	Glod Karl	*Hilden	0:58:50	0:59:08	57	M50	55	5: 11:23	11:58	12:02	11:58	11:27	
938	3780	Weyer Ralf	*Wuppertal	0:58:51	0:59:14	171	M35	70	5: 11:27	11:26	11:43	12:18	11:55	
939	488	Adrian Sascha	*Ratingen	0:58:54	0:59:37	179	M20	83	5: 12:40	11:44	11:39	11:39	11:11	
940	487	Adrian Frank	*Ratingen	0:58:54	0:59:37	146	M45	61	5: 12:40	11:43	11:38	11:33	11:19	
941	3667	Knop Reinhard	*Ratingen	0:58:57	0:59:38	42	M55	53	5: 12:18	11:45	11:39	11:48	11:26	
942	73	Witt Christian	*Oberhausen	0:59:02	0:59:35	187	M40	66	5: 12:00	11:49	11:58	11:42	11:31	
943	836	Krug Wilfried	*Kreuzau	0:59:03	0:59:13	43	M55	50	5: 12:00	11:59	12:02	11:57	11:04	
944	1011	Rocker Erwin	BSG Stadt Düsseldorf	0:59:11	0:59:49	44	M55	52	5: 11:53	11:56	12:03	11:49	11:29	
945	638	Fischborn Michael	*Düsseldorf	0:59:13	0:59:32	98	M30	74	5: 11:41	11:35	11:54	11:59	12:01	
946	3796	Meyer Franz	*Tönisvorst	0:59:14	0:59:51	16	M65	41	5: 12:17	11:45	11:36	11:47	11:46	
947	1034	Schillings Rolf	*Düsseldorf	0:59:15	0:59:32	17	M65	42	5: 11:34	11:26	11:54	12:22	11:57	
948	713	Heidkamp Guido	SMAG-Team	0:59:15	1:00:00	188	M40	65	5: 12:19	11:47	12:17	11:42	11:08	
949	2965	Schüller Franz	*Düsseldorf	0:59:17	0:59:52	18	M65	40	5: 11:48	11:57	11:57	12:03	11:30	
950	1137	Villano Alfonso	*Ratingen	0:59:17	0:59:55	189	M40	64	5: 12:18	11:40	11:40	11:43	11:54	
950	1181	Winkelstraeter Michael	LG FSUE	0:59:17	0:59:58	27	M60	46	5: 12:30	11:42	11:38	11:46	11:40	
952	891	Maroof Patrick	*Düsseldorf	0:59:17	0:59:27	180	M20	82	5: 11:28	12:15	12:20	12:08	11:04	
953	1035	Schillings Roman	*Monheim	0:59:21	0:59:28	181	M20	88	5: 10:27	11:29	12:37	12:38	12:07	
954	589	Deisenroth Frank	*Düsseldorf	0:59:21	0:59:55	147	M45	62	5: 12:07	11:16	11:42	12:10	12:04	
955	1195	Yilmaz Alpaslan	DSC99 eV	0:59:21	0:59:47	172	M35	72	5: 11:31	10:45	11:34	13:10	12:19	
956	1021	Rotsch Tobias	*dUISBURG	0:59:24	0:59:59	182	M20	80	5: 11:49	11:22	11:54	12:11	12:06	
957	3314	Rotzoll Andreas	*Düsseldorf	0:59:28	0:59:50	173	M35	69	5: 12:16	11:44	11:50	11:48	11:48	
958	607	Droste Peter	*Herten	0:59:28	0:59:47	174	M35	73	5: 12:21	12:13	12:00	11:49	11:03	
959	751	Jahnke Udo	*Mettmann	0:59:33	0:59:47	148	M45	63	5: 10:50	11:12	12:16	12:57	12:16	
960	799	Klemm Pierre	*Düsseldorf	0:59:36	0:59:52	175	M35	69	5: 12:30	12:00	11:58	11:38	11:28	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
961	2816	Goergens Matthias	Düsseldorfer Sportpresse	0:59:42	1:00:27	99	M30	74	5: 12:30	11:45	12:04	12:14	11:07	
962	964	Paul Marc	*Düsseldorf	0:59:43	1:00:22	100	M30	74	5: 12:12	11:23	11:48	12:10	12:08	
963	2889	Frings Hans-Dieter	*Kaarst	0:59:47	0:59:51	58	M50	55	5: 11:03	11:58	12:12	12:18	12:14	
964	582	Crevecouer Rainer	Kö-Schnecken	0:59:58	1:00:21	190	M40	65	5: 11:12	11:26	12:24	12:23	12:32	
965	481	Abend Günter	*Düsseldorf	1:00:08	1:00:17	19	M65	43	5: 11:21	11:42	12:09	12:30	12:23	
966	1060	Schuchardt Michael	TEAM Stadtwerke Düsseldorf	1:00:12	1:00:26	149	M45	59	5: 11:13	11:48	12:15	12:17	12:37	
967	981	Prein Uwe	*Dortmund	1:00:12	1:00:56	59	M50	56	5: 11:28	10:57	12:10	12:44	12:51	
968	1196	Yilmaz Cengiz	*Meerbusch	1:00:21	1:00:33	176	M35	72	5: 11:14	12:17	12:31	12:13	12:04	
969	615	Eichhorn Michael	*Mönchengladbach	1:00:30	1:00:52	191	M40	65	5: 11:57	11:59	12:23	12:28	11:42	
970	3956	Gruschka Gregor	*Düsseldorf	1:00:37	1:01:23	60	M50	58	5: 11:33	11:33	12:03	12:36	12:50	
971	505	Asano Fumihito	*Duesseldorf	1:00:39	1:01:09	192	M40	67	5: 11:56	11:24	11:37	12:06	13:34	
972	742	Hornung Michael	*Düsseldorf	1:00:47	1:01:11	193	M40	64	5: 12:23	12:06	12:13	12:16	11:47	
973	897	Mehrtens Matthias	TEAM Stadtwerke Düsseldorf	1:00:49	1:01:10	194	M40	67	5: 12:02	11:55	12:18	12:30	12:02	
974	2800	Witting Jörg	Bird & Bird	1:00:51	1:01:04	195	M40	66	5: 10:51	12:06	12:51	12:19	12:42	
975	1066	Schuster Ulrich	Rennschnecken 2000	1:00:51	1:01:39	150	M45	63	5: 12:16	11:59	12:09	12:29	11:57	
976	747	Jacobsen Finn	*Düsseldorf	1:00:56	1:01:26	177	M35	70	5: 12:48	12:36	12:35	12:15	10:41	
977	518	Bartsch Klaus	TEAm Stadtwerke Düsseldorf	1:00:59	1:01:22	61	M50	55	5: 12:14	11:45	12:10	12:25	12:22	
978	1013	Rösner Dennis	Aldi GmbH	1:01:02	1:01:07	183	M20	82	5: 10:26	12:02	12:33	13:02	12:57	
979	787	Khan Karim	*Düsseldorf	1:01:08	1:01:35	101	M30	75	5: 12:14	11:51	12:10	12:30	12:21	
980	3691	Ludwig Manfred	*Leverkusen	1:01:10	1:01:38	184	M20	81	5: 12:17	11:47	11:49	12:29	12:47	
981	771	Kappauf Andreas	*Düsseldorf	1:01:23	1:01:56	102	M30	77	5: 12:45	12:17	12:25	12:19	11:35	
982	99	Ansorge Christian	Fred Fox	1:01:28	1:01:40	196	M40	68	5: 11:38	12:02	12:18	13:11	12:17	
983	3776	Weidemann Ingmar	*meerbusch	1:01:32	1:02:15	185	M20	88	5: 12:23	11:57	12:15	12:37	12:18	
984	850	Lange Jörg	Crossmedia Athletics	1:01:40	1:02:21	178	M35	72	5: 12:19	12:12	12:41	12:21	12:05	
985	1097	Stöver Bernd	*Meerbusch	1:01:47	1:01:52	186	M20	83	5: 12:04	12:24	12:29	12:35	12:13	
986	670	Gerhards Michael	TV Hangelar	1:01:48	1:02:09	151	M45	59	5: 12:02	11:55	12:18	12:30	13:01	
987	3654	Käufler Wolfgang	*Hilden	1:01:48	1:01:55	62	M50	56	5: 10:49	11:52	12:41	13:27	12:57	
988	660	Gajecki Georg	NRW.BANK	1:01:54	1:02:28	45	M55	53	5: 13:05	12:55	12:32	11:33	11:46	
989	983	Pudzich Christian	komm.passion GmbH	1:02:06	1:02:36	187	M20	79	5: 11:53	11:30	11:58	13:03	13:40	
990	998	Reineberg Daniel	dm Düsseldorf	1:02:11	1:02:42	188	M20	80	5: 13:44	12:50	12:58	12:51	09:45	
991	3937	Busch Werner M.	Bonsai-Werkstatt	1:02:12	1:02:43	63	M50	54	5: 12:46	12:18	12:24	12:21	12:21	
992	812	Kany Klaus	Aldi GmbH	1:02:16	1:02:52	152	M45	59	5: 12:42	12:20	12:22	12:26	12:24	
993	3790	Rusch Thorsten	biocotton Textil Deutschland	1:02:17	1:02:44	189	M20	87	5: 13:06	13:18	11:42	11:44	12:26	
994	542	Bielecki Michael	*Mönchengladbach	1:02:29	1:03:08	197	M40	65	5: 12:36	12:48	12:47	12:09	12:06	
995	672	Gerlach Jürgen	Rennschnecken 2000	1:02:29	1:03:14	46	M55	51	5: 12:30	12:24	12:15	12:47	12:31	
996	775	Kaysers Michael	Kieser Training	1:02:30	1:02:58	153	M45	60	5: 11:33	12:10	12:41	13:13	12:50	
997	2808	Sonnen Stephan		1:02:36	1:03:04	198	M40	66	5: 13:12	12:29	13:10	12:25	11:17	
998	650	Freiberger Jörg	*Meerbusch	1:02:42	1:03:24	179	M35	69	5: 12:39	12:09	12:36	12:39	12:35	
999	3938	Buse Andre	*Meerbusch	1:02:43	1:03:25	180	M35	69	5: 12:39	12:10	12:36	12:39	12:37	
1000	1102	Strelow Marc	Crossmedia Athletics	1:02:44	1:03:24	190	M20	79	5: 11:55	12:38	13:05	13:02	12:03	
1001	2895	Schlößer Ralf	Gesundheitspraxis R. Beyer	1:02:52	1:03:01	199	M40	68	5: 10:48	12:14	12:58	13:16	13:33	
1002	999	Reinke Sascha	NRW.BANK	1:02:58	1:03:34	181	M35	72	5: 13:09	12:50	12:34	12:31	11:53	
1003	3729	Scholz Jan	Stadtsparkasse Düsseldorf	1:02:59	1:03:43	191	M20	82	5: 11:25	11:43	13:37	13:53	12:19	
1004	3208	Kwiatkowski Bernd	*Mettmann	1:03:04	1:03:39	200	M40	67	5: 12:05	11:55	12:43	13:03	13:17	
1005	2829	Schlenzok Jost	*Düsseldorf	1:03:04	1:03:39	64	M50	54	5: 12:12	12:06	12:38	13:03	13:02	
1006	1206	Zuniga y Rivero Sebastian	Aldi GmbH	1:03:18	1:03:22	192	M20	82	5: 12:15	12:42	12:52	12:43	12:45	
1007	3730	Schrank Rolf	*Düsseldorf	1:03:31	1:04:02	182	M35	69	5: 11:56	12:11	13:11	13:13	12:58	
1008	3484	Hülsmann Thomas	*Düsseldorf	1:03:34	1:04:19	65	M50	58	5: 12:41	12:28	12:49	12:53	12:40	
1009	1499	Bohnen Ralf	*Ratingen	1:03:40	1:04:10	66	M50	54	5: 12:32	12:35	12:48	12:59	12:44	
1010	1194	Wycisk Wolfgang	rennschnecken 2000	1:03:53	1:04:31	154	M45	60	5: 12:21	12:07	12:28	13:07	13:49	
1010	728	Hof Daniel	dm Düsseldorf	1:03:53	1:03:55	193	M20	84	5: 10:40	12:47	13:48	13:51	12:46	
1012	3858	Murias Angel	*Werdohl	1:04:00	1:04:03	183	M35	70	5: 10:22	12:20	13:22	13:36	14:20	
1013	776	Kazuno Norisugu	IR	1:04:00	1:04:35	28	M60	48	5: 12:22	11:58	12:37	13:27	13:34	
1014	3581	Baten Holger	*Düsseldorf	1:04:02	1:04:24	103	M30	74	5: 13:29	12:46	12:46	12:41	12:18	
1015	3590	Brinkmann Alexander	*Düsseldorf	1:04:15	1:05:02	104	M30	76	5: 13:17	12:35	12:36	12:38	13:07	
1016	2805	Bremer Peter	*Düsseldorf	1:04:16	1:04:50	29	M60	47	5: 13:18	13:07	12:55	12:50	12:04	
1017	2804	Bremer Birger	*Düsseldorf	1:04:16	1:04:49	184	M35	71	5: 13:19	13:06	12:56	12:49	12:04	
1018	1024	Wesselbaum Friedel	dm Düsseldorf	1:04:22	1:04:54	105	M30	76	5: 13:16	12:27	12:35	12:48	13:14	
1019	3552	Jek Günter	Hadassahton	1:04:26	1:04:51	155	M45	63	5: 11:51	12:17	13:12	13:48	13:16	
1020	636	FIEDLER-PANAJOTOPOUL	*DÜSSELDORF	1:04:35	1:04:42	201	M40	66	5: 11:19	12:26	13:23	13:51	13:34	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
1021	938	Neugebauer Claus	privat	1:04:40	1:04:57	30	M60	46	5	12:08	12:44	13:02	13:13	13:30
1022	2846	Schmidt Alan	*South Shields	1:04:49	1:05:34	67	M50	54	5	11:52	12:09	13:20	14:04	13:22
1023	978	Potocnik Marc	Kieser Training	1:04:51	1:05:22	106	M30	75	5	11:58	12:38	13:13	13:34	13:26
1024	3765	Unrath Thomas	*Düsseldorf	1:04:56	1:05:22	194	M20	79	5	12:33	13:27	13:21	13:11	12:22
1025	3567	Storch Ludger	*Heiligenhaus	1:04:57	1:05:44	202	M40	65	5	13:24	13:07	13:16	13:33	11:35
1026	668	Gawlik Waldemar	*Düsseldorf	1:05:19	1:06:05	68	M50	58	5	12:43	12:30	13:20	13:29	13:16
1027	669	Gergs Jürgen	*Düsseldorf	1:05:31	1:05:55	203	M40	65	5	12:04	12:59	13:24	13:51	13:11
1028	809	König Daniel	*Neuss	1:05:42	1:06:31	204	M40	65	5	13:09	13:00	13:26	13:37	12:29
1029	777	Keil Rainer	*Düsseldorf	1:05:45	1:06:01	31	M60	48	5	12:49	13:00	13:13	13:22	13:19
1030	877	Lungu Emanuel	*Dortmund	1:05:49	1:06:09	107	M30	78	5	13:18	13:12	13:21	13:13	12:43
1031	2878	Bohnen Arthur	*Düsseldorf	1:05:56	1:05:58	32	M60	46	5	12:25	12:49	13:22	13:43	13:35
1032	688	Graw Peter	Igfsue	1:05:58	1:06:38	33	M60	46	5	12:54	12:38	13:07	13:28	13:48
1033	807	Koehler Robert	*München	1:06:14	1:06:53	108	M30	74	5	13:39	13:17	13:22	13:18	12:36
1034	611	Dunskus Oliver	*Hilden	1:06:23	1:07:11	156	M45	62	5	13:14	12:42	13:02	13:36	13:47
1035	1078	Siepen Thomas	NRW.BANK	1:06:37	1:07:13	205	M40	65	5	13:04	12:55	13:01	13:34	14:00
1036	2882	Pooth Stefan	Roadrunners	1:06:41	1:06:48	185	M35	73	5	12:08	12:55	13:06	14:19	14:11
1037	1081	Soltau Dirk	*Düsseldorf	1:06:54	1:07:16	186	M35	69	5	13:08	13:07	13:25	13:14	13:57
1038	573	Burmeister Jörg	*Hilden	1:07:43	1:07:54	157	M45	60	5	12:31	13:21	13:35	14:26	13:48
1039	3801	Mader Lars	Roadrunners	1:07:45	1:07:57	109	M30	77	5	10:19	12:16	14:20	15:13	15:36
1040	1167	Wetzel Sebastian	*Essen	1:08:23	1:09:00	110	M30	78	5	12:43	13:09	13:51	14:14	14:24
1041	768	Kandora Gottfried	LG Hünxe	1:08:28	1:08:49	2	M75	33	5	12:36	12:58	13:37	14:20	14:55
1042	1020	Rother Georg	*Düsseldorf	1:08:46	1:09:22	47	M55	52	5	13:35	13:37	13:46	13:47	13:59
1043	859	Leitschuh Udo	*Ratingen	1:08:53	1:09:02	48	M55	49	5	12:38	13:35	14:10	14:24	14:04
1044	1038	Schmarsel Christian	*Düsseldorf	1:09:32	1:10:19	158	M45	60	5	13:25	13:39	14:02	14:22	14:02
1045	910	Meseke Werner	kein	1:10:44	1:10:55	159	M45	59	5	13:10	14:06	14:26	14:23	14:37
1046	3555	Wellers Christian	Hadassahton	1:11:30	1:11:57	195	M20	80	5	12:14	12:49	14:55	15:46	15:44
1047	2873	Heßmann Dominik	*Erkrath	1:11:30	1:11:57	196	M20	81	5	12:14	12:49	14:55	15:46	15:44
1048	1032	Schey Dennis	*Düsseldorf	1:11:53	1:12:13	197	M20	79	5	13:22	14:31	14:30	15:01	14:27
1049	666	Descomes Michel-on-tour	Spiridon Frankfurt am Main	1:13:20	1:14:16	20	M65	41	5	00:00	00:00	00:00	00:00	00:00
1050	1064	Schulz Hans-Joachim	*Düsseldorf	1:14:34	1:14:53	69	M50	54	5	13:51	14:44	15:22	15:35	15:00
1051	3579	Arleth Bernd	*Grevenbroich	1:17:24	1:17:35	206	M40	64	5	15:23	15:35	15:49	16:08	14:28
1052	653	Fritz Friedrich-W.	Nike+	1:27:46	1:28:21	49	M55	53	5	15:22	17:18	17:54	18:41	18:29
1053	3949	Gairing Gerhard	Albrecht-Dürer-Schule	0:39:14	0:39:25	34	M60	48	4	09:11	09:38	10:03	10:20	00:00
1054	32	Francke Sebastiaan	TV Angermund	0:20:33	0:20:34	111	M30	74	3	06:25	06:44	07:23	00:00	00:00
1055	2833	Fiese Fabian	ART Düsseldorf	0:20:33	0:20:34	9	MJB	91	3	06:42	06:58	06:52	00:00	00:00
1056	217	Henrichs Stefan	RSV Daadetal	0:27:43	0:27:58	198	M20	79	3	08:56	09:12	09:34	00:00	00:00
1057	267	Koch Carlos	*Köln	0:28:24	0:28:44	187	M35	72	3	09:05	09:19	09:58	00:00	00:00
1058	384	Schassan Uwe	DSC 1899	0:29:55	0:30:09	207	M40	65	3	09:25	10:05	10:24	00:00	00:00
1059	586	De Bruyn Marc	komm.passion	0:35:06	0:35:37	188	M35	73	3	11:53	11:27	11:45	00:00	00:00
1060	2941	Jost Frank	*Ratingen	0:36:32	0:37:10	189	M35	73	3	12:04	11:35	12:51	00:00	00:00
1061	334	Nalpat Animon	*Düsseldorf	0:38:19	0:38:19	199	M20	80	3	19:07	09:34	09:37	00:00	00:00
1062	3788	Grigo Lars	biocotton Textil Deutschland	0:41:38	0:42:05	112	M30	75	3	13:06	13:18	15:13	00:00	00:00
1063	2468	Nolte Benedikt	TuS Köln rrh	0:13:32	0:13:36	113	M30	78	2	06:32	07:00	00:00	00:00	00:00
1064	27	Busch Harald	LG Rhein-Erft e.V.	0:15:23	0:15:25	208	M40	65	2	07:33	07:49	00:00	00:00	00:00
1065	140	Budo-Marek Andrej	Hermann-Harry-Runners	0:18:58	0:19:14	209	M40	64	2	09:11	09:47	00:00	00:00	00:00
1066	3763	Tietje Sven	Lore-Lorentz-Schule	0:19:16	0:19:39	11	MJA	90	2	09:21	09:55	00:00	00:00	00:00
1067	22	Bauer Janis	SFD 75 Düsseldorf	0:06:58	0:07:00	200	M20	86	1	06:58	00:00	00:00	00:00	00:00
1068	3559	Ries Thomas	The Clou Experience	0:08:17	0:08:28	160	M45	60	1	08:17	00:00	00:00	00:00	00:00
1069	342	O'Halloran Steven	*Düsseldorf	0:09:33	0:10:02	190	M35	70	1	09:33	00:00	00:00	00:00	00:00
1070	393	Schmitz Christian	*Essen	0:09:53	0:10:11	161	M45	59	1	09:53	00:00	00:00	00:00	00:00
1071	946	Niehaus Richard	*Erkrath	0:10:06	0:10:19	210	M40	68	1	10:06	00:00	00:00	00:00	00:00
1072	675	Giepen Andreas	*essen	0:10:55	0:11:36	211	M40	64	1	10:55	00:00	00:00	00:00	00:00
1073	805	Klusan Arif	Aldi GmbH	0:13:40	0:13:44	201	M20	88	1	13:40	00:00	00:00	00:00	00:00

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Frauen

Platz	Startnr	Name	Verein*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
1	14	Njery Pauline	Kenia	0:33:03	0:33:04	1	W20	85	5: 06:16	06:31	06:41	06:49	06:45	
2	85	Mogire Alice	Kenia	0:33:11	0:33:12	2	W20	85	5: 06:19	06:39	06:47	06:46	06:38	
3	10	Kraus Melanie	TSV Bayer Leverkusen	0:33:17	0:33:18	1	W30	74	5: 06:31	06:41	06:39	06:41	06:43	
4	11	Barvanova Ilona	Ukraine	0:34:17	0:34:18	1	W35	72	5: 06:46	06:52	06:53	06:56	06:49	
5	12	Kurui Susan	Kenia	0:34:23	0:34:24	3	W20	80	5: 06:31	06:41	06:52	07:09	07:09	
6	63	Ulrich Veronika	LG Telis Finanz Regensburg	0:35:17	0:35:19	1	W40	68	5: 06:41	06:59	07:11	07:14	07:11	
7	84	Githuka Pauline Wanjiru	Kenia	0:36:31	0:36:33	4	W20	83	5: 06:35	07:18	07:30	07:43	07:23	
8	48	Maak Petra	TSV Bayer Dormagen	0:36:37	0:36:39	2	W40	64	5: 07:03	07:24	07:24	07:22	07:21	
9	2944	Bingel Judith	USC Bochum	0:40:28	0:40:30	2	W30	74	5: 07:45	08:05	08:18	08:17	08:00	
10	3994	Möllensiep Sybille	SUS Schalke 96	0:40:46	0:40:51	1	W45	62	5: 08:04	08:12	08:11	08:13	08:04	
11	3905	Takada Natsuko	Hotel Nikko Düsseldorf	0:41:02	0:41:04	2	W45	61	5: 07:47	08:11	08:21	08:23	08:18	
12	269	Körtgen Theresa	Aachener TG	0:41:23	0:41:25	5	W20	81	5: 07:39	08:14	08:21	08:42	08:24	
13	2118	Mosler Stephanie	Aachener TG	0:41:53	0:42:03	6	W20	84	5: 08:14	08:21	08:23	08:31	08:21	
14	3946	Eyl Melanie	Frisch Verheiratet	0:43:03	0:43:08	7	W20	81	5: 08:30	08:33	08:38	08:43	08:38	
15	237	Hunold Michaela	*Düsseldorf	0:43:07	0:43:10	2	W35	69	5: 08:05	08:38	08:51	08:51	08:41	
16	3967	Janßen Tanja	SUS Schalke 96	0:43:12	0:43:17	3	W35	69	5: 08:23	08:42	08:49	08:46	08:29	
17	3805	Prost Doris	LAC Mausbach	0:43:27	0:43:31	3	W40	67	5: 08:13	08:43	08:57	08:56	08:36	
18	234	Hünchen Heike	*Düsseldorf	0:43:29	0:43:37	4	W40	67	5: 08:26	08:35	08:49	08:54	08:43	
19	161	Drzymalla Camilla	*Düsseldorf	0:44:05	0:44:37	8	W20	81	5: 08:31	08:40	08:53	08:59	09:00	
20	3752	Stodola Heike	LG Rhein-Erft	0:44:08	0:44:10	3	W45	62	5: 08:15	08:35	08:47	09:18	09:10	
21	316	Mellies Susanne	starlight - team - essen	0:44:41	0:44:51	4	W45	63	5: 08:36	08:50	09:00	09:11	09:02	
22	333	Muschert Madlen	DSD Düsseldorf	0:44:56	0:45:02	9	W20	82	5: 09:03	09:01	08:58	09:03	08:49	
23	3996	Neubauer Karen	SUS Schalke 96	0:45:02	0:45:08	5	W40	64	5: 08:57	09:02	09:05	09:04	08:52	
24	3963	Heithoff Eva	DSD Düsseldorf	0:45:05	0:45:11	6	W40	68	5: 08:21	09:12	09:23	09:11	08:55	
25	126	Beulen Silke	ART Düsseldorf	0:45:06	0:45:21	3	W30	76	5: 08:59	09:08	09:03	09:03	08:52	
26	404	Schulz Christina	*Düsseldorf	0:45:07	0:45:22	4	W35	70	5: 08:46	08:55	09:08	09:12	09:05	
27	148	Da Boit Gabriella	LT Düsseldorf-Süd	0:45:11	0:45:32	5	W45	63	5: 08:48	09:02	09:13	09:10	08:57	
28	439	Terstegen Stefanie	*Düsseldorf	0:45:38	0:45:50	10	W20	81	5: 08:51	09:02	09:14	09:18	09:11	
29	2872	Antoniu Nadine	*Düsseldorf	0:45:39	0:45:55	4	W30	76	5: 08:57	08:59	09:06	09:19	09:16	
30	235	Hüttner Diane	*Düsseldorf	0:45:40	0:46:00	11	W20	79	5: 08:55	09:02	09:17	09:17	09:06	
31	444	Trowitzsch Katharina	*Aachen	0:46:20	0:46:29	12	W20	79	5: 09:03	09:11	09:16	09:25	09:22	
32	846	Kwasniewska Teresa	TuS Lintorf08	0:46:26	0:46:40	1	W50	56	5: 09:04	09:07	09:18	09:25	09:30	
33	2922	Moers Angelika	Sportfreunde Weersbroich	0:46:33	0:46:45	7	W40	68	5: 08:36	09:08	09:32	09:44	09:31	
34	2884	Veda Chikana	International Runners	0:46:54	0:47:10	5	W35	71	5: 09:28	09:20	09:27	09:29	09:09	
35	102	Abrahamsson Anna	*Düsseldorf	0:46:58	0:47:11	6	W35	70	5: 09:19	09:01	09:24	09:37	09:35	
36	1191	Wolke Dietlinde	*Düsseldorf	0:47:13	0:47:16	6	W45	63	5: 08:56	09:17	09:33	09:45	09:40	
37	3785	Wolters Monika	*Ratingen	0:47:17	0:47:27	7	W35	71	5: 08:33	09:28	09:50	10:06	09:19	
38	3712	Palm Sabine	SSF Bonn	0:47:28	0:47:41	13	W20	82	5: 09:17	09:32	09:41	09:41	09:16	
39	188	Genn Franziska	*Essen	0:47:28	0:47:47	14	W20	79	5: 09:11	09:29	09:36	09:37	09:34	
40	1170	Wiegele Veronika	*Düsseldorf	0:47:38	0:47:40	8	W35	72	5: 09:12	09:17	09:34	09:55	09:39	
41	1327	Kremek Andrea-Anne	Osterather TV	0:47:45	0:47:53	8	W40	64	5: 08:57	09:38	09:37	09:54	09:39	
42	519	Baumann Katja	Fast Foot Düsseldorf	0:47:47	0:48:03	15	W20	79	5: 09:19	09:20	09:49	09:44	09:33	
43	433	Stürtz Marie-Luise	LT Düsseldorf-Süd	0:48:13	0:48:24	1	W55	50	5: 09:15	09:29	09:40	09:47	10:00	
44	122	Behrens Angela	SSC Hochdahl	0:48:14	0:48:33	7	W45	63	5: 09:14	09:30	09:46	09:49	09:52	
45	3929	Borch Corinna	*düsseldorf	0:48:37	0:48:38	5	W30	75	5: 08:58	09:48	10:05	09:58	09:48	
46	358	Pöschel Gudrun	LG Schellbrand	0:48:43	0:49:03	2	W50	55	5: 09:31	09:42	09:48	09:55	09:44	
47	842	Küspert Heike	*Düsseldorf	0:48:44	0:48:50	9	W40	67	5: 09:22	09:41	09:47	09:57	09:55	
48	3906	Metzler Susanna	ASC Düsseldorf	0:49:00	0:49:14	8	W45	62	5: 09:18	09:48	10:03	10:11	09:38	
49	3783	Wiesner Silke	SC Olpe	0:49:06	0:49:07	16	W20	84	5: 09:01	09:45	10:12	10:20	09:46	
50	2842	Niemietz Rita	*Düsseldorf	0:49:15	0:49:27	9	W45	62	5: 09:14	09:37	09:53	10:14	10:14	
51	302	Maaß Ulrike	*Essen	0:49:19	0:49:35	10	W45	63	5: 09:46	09:54	09:50	09:59	09:48	
52	144	Ciesielski Sandra	*Düsseldorf	0:49:29	0:49:54	6	W30	75	5: 09:19	09:47	10:15	10:16	09:50	
53	2939	Kloska Anna-Katharina	*Ratingen	0:49:29	0:49:49	7	W30	77	5: 10:39	09:57	09:57	09:45	09:10	
54	286	Kunze Diana	RP-Marathonteam	0:49:39	0:49:45	17	W20	81	5: 09:01	09:54	10:20	10:26	09:56	
55	3901	Schrader Melanie	Hotel Nikko Düsseldorf	0:49:56	0:50:18	10	W40	68	5: 10:04	09:47	09:59	10:10	09:54	
56	168	Erhardt Carmen	*Düsseldorf	0:50:01	0:50:17	8	W30	75	5: 09:34	10:02	10:09	10:11	10:02	
57	1122	Tonscheidt Ilona	TV Büschergrund	0:50:04	0:50:29	11	W40	68	5: 10:57	09:55	10:28	09:22	09:21	
58	2732	Herriger Annekatrin	RP-Team	0:50:07	0:50:35	9	W35	72	5: 10:11	10:13	10:11	10:00	09:30	
59	939	Neugebauer Sandra	*Wuppertal	0:50:19	0:50:36	18	W20	87	5: 09:43	09:47	10:11	10:32	10:03	
60	2467	Tornow Katja	*Düsseldorf	0:50:21	0:50:34	10	W35	71	5: 09:15	09:56	10:18	10:35	10:14	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Frauen

Platz	Startnr	Name	Verein*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
61	1183	Wintershoff Bettina	*Bochum	0:50:22	0:50:36	11	W45	63	5: 09:49	09:55	10:05	10:17	10:14	
62	2992	Specht Sabine	*Düsseldorf	0:50:32	0:51:07	11	W35	72	5: 10:46	10:07	10:10	10:04	09:23	
63	3503	Brandenburg Simone	Küchen/Stil	0:50:33	0:51:02	12	W35	73	5: 10:44	09:59	10:00	09:58	09:48	
64	2874	Pemsel Daniela	*Düsseldorf	0:50:35	0:50:40	13	W35	70	5: 09:33	10:03	10:14	10:24	10:20	
65	824	Kreutzer Diana	LKD Düsseldorf	0:50:37	0:50:50	12	W45	61	5: 09:55	10:02	10:10	10:21	10:07	
66	3892	Adelstein Margarete	*Düsseldorf	0:50:42	0:50:54	9	W30	75	5: 10:05	10:02	10:09	10:21	10:04	
67	2952	Quadbeck Dorothea	Osterather TV	0:50:48	0:50:53	1	W60	44	5: 09:49	10:01	10:17	10:28	10:11	
68	1079	Simon Christine	*Düsseldorf	0:50:50	0:51:03	19	W20	80	5: 10:26	10:12	10:16	10:17	09:36	
69	3602	Dohmen Petra	*Düsseldorf	0:50:51	0:50:56	14	W35	72	5: 10:10	10:09	10:17	10:15	09:58	
70	3891	Kilincarslan Ülyet	Ayyo-Team-Essen	0:51:01	0:51:41	12	W40	64	5: 10:08	09:42	10:23	10:22	10:23	
71	3520	Stuckenburg Anke	Hotel Nikko Düsseldorf	0:51:06	0:51:28	15	W35	73	5: 10:26	09:53	10:07	10:23	10:15	
72	616	Eiersbrock Esther	NRW.BANK	0:51:07	0:51:23	20	W20	88	5: 10:22	10:26	10:21	10:11	09:46	
73	1118	Thiel Manuela	*Düsseldorf	0:51:08	0:51:14	10	W30	78	5: 09:48	10:11	10:28	10:19	10:19	
74	1036	Schirmmeister Miriam	NRW.BANK	0:51:08	0:51:24	21	W20	88	5: 10:23	10:25	10:21	10:11	09:46	
75	2819	Nakamura Remi	*Düsseldorf	0:51:23	0:51:37	22	W20	79	5: 10:15	10:11	10:09	10:24	10:23	
76	460	Will Ira	TIGGES Rechtsanwälte	0:51:24	0:51:37	13	W40	65	5: 09:33	09:57	10:29	10:46	10:37	
77	162	Ehrmann Dagmar	*Neuss	0:51:26	0:51:47	16	W35	71	5: 09:47	10:11	10:28	10:30	10:29	
78	825	Krieger Petra	*Düsseldorf	0:51:38	0:51:45	14	W40	64	5: 09:39	10:08	10:24	10:44	10:41	
79	1055	Schreiner Petra	Bleedrunner	0:51:45	0:51:51	15	W40	65	5: 09:46	10:09	10:34	10:42	10:32	
80	704	Hamburg Wardy	*Düsseldorf	0:51:53	0:52:10	11	W30	74	5: 10:38	10:11	10:04	10:29	10:28	
81	844	Kupper Marion	Bleedrunner	0:51:56	0:52:01	16	W40	68	5: 10:26	10:32	10:36	10:15	10:05	
82	1023	Rüdiger Ute	*Düsseldorf	0:51:56	0:52:25	17	W35	70	5: 10:43	10:29	10:38	10:18	09:46	
83	869	Luckanus Kathleen	LRV Weißfels	0:52:12	0:52:32	23	W20	86	5: 09:54	10:21	10:31	10:46	10:38	
84	3871	Schneider Sabine	*Düsseldorf	0:52:15	0:52:20	13	W45	62	5: 11:01	10:40	10:04	10:25	10:02	
85	834	Krüger Sabine	BSG Amico Alpha, Mettmann	0:52:15	0:52:20	14	W45	60	5: 09:39	10:02	10:26	11:18	10:47	
86	3529	Todt Viktoria	TV Angermund	0:52:16	0:52:31	24	W20	80	5: 10:08	10:20	10:31	10:40	10:35	
87	887	Mandl Menen	*Düsseldorf	0:52:23	0:52:26	3	W50	58	5: 10:02	10:27	10:43	10:47	10:22	
88	972	Pickel-Leiteritz Margit	Kaiserswerther Renntauben	0:52:35	0:53:11	4	W50	56	5: 11:01	10:19	10:29	10:33	10:11	
89	1174	Wilhelm Sabine	Crossmedia Athletics	0:52:38	0:53:17	25	W20	80	5: 11:24	10:08	10:19	10:30	10:14	
90	612	Dylla Conny	*Ratingen	0:52:39	0:52:51	12	W30	75	5: 10:44	10:33	10:57	10:30	09:54	
91	3916	Lobel Albina	Küchen/Stil	0:52:43	0:53:05	15	W45	61	5: 09:37	10:32	10:58	11:09	10:24	
92	626	Färber Dr. Karin	*Erkrath	0:52:48	0:52:59	17	W40	68	5: 10:18	10:18	10:37	10:48	10:45	
93	3597	Coppel Margit	*Düsseldorf	0:52:49	0:53:17	13	W30	74	5: 09:49	10:30	10:54	10:53	10:41	
94	845	Kutz Doris	*Langenfeld	0:52:50	0:53:02	5	W50	57	5: 10:34	10:33	10:40	10:38	10:23	
95	794	Kirschner Katja	*Düsseldorf	0:52:53	0:53:14	18	W35	72	5: 11:36	10:27	10:32	10:26	09:50	
96	1991	Kamien Astrid	*Nettetal	0:52:54	0:53:22	16	W45	63	5: 10:47	10:24	10:35	10:46	10:20	
97	510	Bach Silke	*Kaarst	0:52:58	0:53:03	17	W45	62	5: 10:29	10:37	10:38	10:43	10:29	
98	918	Möllhausen Wiebke	NRW.BANK	0:52:58	0:53:14	19	W35	73	5: 10:49	10:41	10:47	10:48	09:52	
99	551	Bohnen Stefanie	NRW.BANK	0:52:59	0:53:13	26	W20	79	5: 10:33	10:40	10:40	10:48	10:16	
100	828	Kroner Barbara	*Düsseldorf	0:53:01	0:53:08	18	W45	60	5: 10:02	10:29	10:49	10:56	10:44	
101	707	Hartel Christiane	TV Hösel 1901 e.V.	0:53:04	0:53:40	18	W40	67	5: 11:34	10:19	10:21	10:26	10:22	
102	1059	Schubert Heidi	TV-Roetgen	0:53:06	0:53:55	19	W40	65	5: 11:31	10:22	10:22	10:28	10:19	
103	1154	Weber Annemarie	NRW.BANK	0:53:06	0:53:21	27	W20	87	5: 10:21	10:29	11:04	10:53	10:18	
104	597	Dommain Susanne	*Düsseldorf	0:53:08	0:53:29	20	W35	69	5: 11:13	10:40	10:21	10:37	10:16	
105	678	Gitana Sandra	TC Rot-Weiß Grevenbroich	0:53:08	0:53:13	21	W35	73	5: 09:59	10:46	10:54	10:55	10:32	
106	889	Mantek Jenny	*Düsseldorf	0:53:16	0:53:35	22	W35	73	5: 11:05	10:41	10:40	10:36	10:12	
107	494	Alvarez Barbara	ERGO Sports	0:53:17	0:53:32	20	W40	65	5: 10:42	10:42	10:39	10:45	10:28	
108	647	Franzen Natalie	*Düsseldorf	0:53:18	0:53:52	23	W35	71	5: 11:02	10:33	10:42	10:47	10:12	
109	3690	Lohkamp Heike	*Mönchengladbach	0:53:20	0:53:54	19	W45	59	5: 10:59	10:44	10:44	10:29	10:23	
110	685	Goldschmidt Anja	*Düsseldorf	0:53:21	0:53:54	24	W35	71	5: 11:00	10:33	10:42	10:41	10:23	
111	1133	Valentin Jana	*Düsseldorf	0:53:21	0:53:33	14	W30	77	5: 10:13	10:38	10:51	10:55	10:42	
112	3991	Mecking Dr. Bettina	It-run4fun	0:53:23	0:53:32	21	W40	67	5: 10:08	10:45	10:45	10:57	10:46	
113	3779	Westendarp Nina	*remscheid	0:53:24	0:54:07	28	W20	86	5: 11:19	10:38	10:50	10:43	09:52	
114	906	Mense Sabine	Bogies Schnecken Team	0:53:38	0:54:22	22	W40	68	5: 10:38	10:28	10:49	11:00	10:41	
115	727	Hillesheim Nataly	Rennschnecken 2000	0:53:38	0:54:23	23	W40	67	5: 11:28	10:20	10:26	10:40	10:42	
116	3558	Born Karin	*Gelsenkirchen	0:53:39	0:53:52	24	W40	68	5: 10:05	10:26	10:58	11:01	11:07	
117	974	Platacis Elvira	*wuppertal	0:53:39	0:53:57	25	W35	72	5: 11:05	10:31	10:38	10:44	10:40	
118	535	Berkenkemper Elena	*Düsseldorf	0:53:40	0:53:44	15	W30	76	5: 10:23	10:39	11:05	11:06	10:24	
119	65	Jost Gabi		0:53:41	0:54:20	16	W30	74	5: 11:55	10:39	10:38	10:23	10:03	
120	3684	Landree Sandra	*Düsseldorf	0:53:50	0:54:23	26	W35	71	5: 11:13	10:29	10:40	10:46	10:40	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
121	2847	Simon Antje	*Düsseldorf	0:53:51	0:54:08	17	W30	77	5: 11:04	10:31	10:42	10:54	10:39	
122	3795	Meckelnborg Katharina	Henking	0:53:51	0:53:57	29	W20	80	5: 10:22	10:41	10:53	11:04	10:50	
123	652	Frisch Iris	*Ratingen	0:54:00	0:54:13	27	W35	69	5: 10:18	10:42	11:12	11:06	10:39	
124	2938	Chomik Eva	LT Mönchengladbach-Volksgarten	0:54:01	0:54:34	20	W45	63	5: 11:10	10:51	10:45	10:48	10:25	
125	3595	Castro Megan	*Düsseldorf	0:54:03	0:54:22	30	W20	82	5: 11:12	10:30	10:42	10:51	10:47	
126	994	Rebig Helga	Kieser Training	0:54:05	0:54:35	6	W50	56	5: 11:23	10:51	10:43	10:44	10:22	
127	2950	Platen Ulla	*Neuss	0:54:06	0:54:27	28	W35	69	5: 11:14	10:31	10:51	10:50	10:38	
128	1163	Welzel Petra	*Düsseldorf	0:54:15	0:54:29	21	W45	62	5: 10:38	10:33	11:02	11:23	10:38	
129	880	Maier Birgit	*Düsseldorf	0:54:23	0:54:45	29	W35	71	5: 10:00	10:30	11:12	11:33	11:07	
130	839	Kühnen Inge	RP-Marathonteam-Ratingen	0:54:26	0:54:34	7	W50	57	5: 10:25	10:49	11:01	11:07	11:02	
131	3615	Flindt Birte	*Meerbusch	0:54:26	0:54:49	25	W40	66	5: 11:04	10:48	10:40	11:15	10:37	
132	820	Kreft Nicole	Crossmedia Athletics	0:54:28	0:55:06	30	W35	69	5: 11:41	10:43	10:45	10:41	10:36	
133	2975	Tepel Heike	Gesundheitspraxis R. Beyer	0:54:38	0:54:47	26	W40	64	5: 10:19	10:59	11:14	11:18	10:46	
134	3619	Funk Heike	*Hilden	0:54:40	0:54:47	27	W40	64	5: 10:00	10:29	10:52	11:26	11:52	
135	808	Köhler Sonja Verena	*Düsseldorf	0:54:43	0:55:06	18	W30	76	5: 11:15	10:51	10:51	10:57	10:46	
136	604	Dreyer Alex	Lauftreff Düsseldorf Süd	0:54:49	0:55:02	31	W35	71	5: 11:15	10:53	10:48	11:01	10:49	
137	75	Vierbücher Iris	LT Düsseldorf Süd	0:54:49	0:55:02	28	W40	66	5: 11:14	10:53	10:48	11:01	10:50	
138	3960	Hanf Anja	UBS-Team	0:54:56	0:55:10	29	W40	65	5: 10:15	10:53	11:14	10:51	11:40	
139	1050	Schneider Petra	*Rheinberg	0:54:58	0:55:04	30	W40	68	5: 11:14	11:10	11:05	10:57	10:31	
140	1494	Frimelt Jana	TUS 64 Bösinghoven	0:54:58	0:55:28	8	W50	56	5: 11:04	10:51	11:01	11:08	10:52	
141	991	Rathmer Marita	Lauftreff Kettwig	0:55:13	0:55:23	9	W50	58	5: 12:04	10:33	10:51	11:00	10:43	
142	76	Koch Martina	*Düsseldorf	0:55:18	0:55:32	32	W35	69	5: 10:37	10:45	11:15	11:33	11:07	
143	96	Hoster Anja	*Overath	0:55:32	0:55:45	31	W20	83	5: 10:54	11:08	11:08	11:15	11:05	
144	106	Albrecht Jeannette	TIGGES Rechtsanwälte	0:55:32	0:55:34	33	W35	69	5: 10:40	11:08	11:19	11:27	10:57	
145	3723	Sassin Isabelle	Amnesty International	0:55:33	0:56:03	19	W30	74	5: 12:09	11:27	11:08	10:45	10:03	
146	3877	Zink Nicole	SKD	0:55:38	0:55:44	2	W55	51	5: 10:46	11:01	11:09	11:19	11:22	
147	3942	Edinger Anke	*Düsseldorf	0:56:04	0:56:33	32	W20	81	5: 12:17	11:26	11:08	10:54	10:17	
148	3605	Edinger Iris	*Leverkusen	0:56:04	0:56:33	33	W20	79	5: 12:17	11:26	11:08	10:55	10:16	
149	631	Ferati Danuta	*Mettmann	0:56:05	0:56:16	20	W30	75	5: 10:44	10:33	12:25	11:15	11:06	
150	3874	Schaaf Ute	LT Guiderich	0:56:09	0:56:17	31	W40	64	5: 11:08	11:12	11:16	11:18	11:13	
151	800	Klich cc CLAUDS Viola	*Düsseldorf	0:56:18	0:56:58	34	W35	73	5: 12:17	11:16	11:51	10:16	10:36	
152	2899	Schulze Sinderm	*Düsseldorf	0:56:20	0:56:49	21	W30	75	5: 11:37	10:55	10:51	12:21	10:34	
153	633	Fett Sonja	TEAM Stadtwerke Düsseldorf	0:56:21	0:56:34	32	W40	68	5: 10:32	11:01	11:29	11:42	11:36	
154	606	Drösser Marion	*Düsseldorf	0:56:24	0:56:39	33	W40	65	5: 11:26	11:17	11:17	11:18	11:05	
155	3934	Breuer Katja	www.dusfor.de	0:56:28	0:57:07	22	W30	77	5: 11:47	11:20	11:28	11:12	10:39	
156	963	Papenhoff-Hansen Haike	*Heiligenhaus	0:56:39	0:57:21	10	W50	57	5: 11:35	11:03	11:18	11:22	11:20	
157	2996	Müller Nicole	*Düsseldorf	0:56:42	0:57:18	34	W40	66	5: 12:03	11:17	11:23	11:10	10:46	
158	810	König Natascha	*Bergheim	0:56:43	0:57:14	23	W30	75	5: 11:29	11:14	11:19	11:24	11:16	
159	698	Guse Maria	*Grevenbroich	0:56:51	0:57:16	3	W55	53	5: 11:08	11:09	11:26	11:38	11:28	
160	879	Magitova Natalja	Crossmedia Athletics	0:56:52	0:57:32	34	W20	84	5: 11:40	10:47	11:30	11:40	11:14	
161	643	Fontanin Monika	*Düsseldorf	0:56:59	0:57:18	35	W40	68	5: 11:32	11:16	11:50	11:18	11:01	
162	580	Clasing Christina	Marathon Soest	0:57:02	0:57:29	22	W45	60	5: 10:09	11:14	11:47	11:57	11:53	
163	1126	Trinkl Renate	Hattrick Velbert	0:57:04	0:57:45	23	W45	63	5: 12:00	11:25	11:17	11:15	11:05	
164	888	Manns Susann	*Düsseldorf	0:57:05	0:57:12	36	W40	66	5: 10:44	11:15	11:33	11:45	11:46	
165	3491	Wassermé Thea	*Neuss	0:57:10	0:57:40	2	W60	44	5: 11:50	11:18	11:21	11:26	11:13	
166	1051	Scholz Bettina	*Essen	0:57:12	0:57:24	35	W35	73	5: 11:37	11:23	11:31	11:29	11:10	
167	576	Bußmann Andrea	LC Solbad Ravensberg	0:57:12	0:57:24	36	W35	69	5: 11:38	11:23	11:31	11:29	11:10	
168	674	Gesink Monika	*Düsseldorf	0:57:16	0:57:33	4	W55	50	5: 11:45	11:16	11:23	11:31	11:21	
169	819	Krebber Carmen	*Düsseldorf	0:57:17	0:57:33	11	W50	58	5: 11:45	11:16	11:23	11:30	11:21	
170	596	Dömer Barbara	*Düsseldorf	0:57:18	0:58:06	37	W35	73	5: 12:24	11:22	11:10	11:15	11:05	
171	962	Pantring Gabriela	NRW.BANK	0:57:20	0:57:35	37	W40	66	5: 11:18	11:15	11:34	11:54	11:17	
172	762	Junker Anja	*Düsseldorf	0:57:22	0:58:05	35	W20	79	5: 11:51	11:18	11:24	11:39	11:09	
173	3755	Styn Jeanette	*Düsseldorf	0:57:22	0:57:40	36	W20	84	5: 11:16	11:04	11:32	11:49	11:39	
174	3711	Nolte Dr. Vera	*Leverkusen	0:57:24	0:57:51	24	W30	76	5: 11:38	11:12	11:20	11:26	11:46	
175	1005	Ridder Ulla	Lauftreff Ginderich	0:57:25	0:57:33	38	W40	65	5: 11:12	11:17	11:39	11:44	11:32	
176	1199	Zapala Renata	*Düsseldorf	0:57:26	0:57:38	39	W40	64	5: 11:33	11:18	11:44	11:49	11:00	
177	671	Gerlach Anne	LLG St. Augustin	0:57:26	0:57:30	5	W55	50	5: 10:24	11:53	11:45	11:46	11:36	
178	754	Jansen Yvonne	Makrolon Runners Uerdingen	0:57:26	0:58:09	38	W35	73	5: 11:38	11:17	11:26	11:35	11:28	
179	696	Günther Silviag	TEAM Stadtwerke Düsseldorf	0:57:34	0:57:38	25	W30	74	5: 10:02	11:22	11:52	12:08	12:09	
180	3857	Werner Gerlind	*Düsseldorf	0:57:35	0:57:40	1	WJA	90	5: 10:45	11:14	11:27	12:18	11:49	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
181	590	Dembeck Juliane	*Düsseldorf	0:57:44	0:58:18	37	W20	83	5: 12:06	11:14	11:22	11:33	11:26	
182	594	Diemer Steffi	*Düsseldorf	0:57:45	0:58:23	26	W30	76	5: 11:55	11:31	11:39	11:30	11:08	
183	541	Bieker Stephanie	*Düsseldorf	0:57:55	0:58:39	38	W20	87	5: 11:51	11:06	11:24	11:47	11:45	
184	546	Bloser Andrea	keiner	0:58:02	0:58:37	40	W40	67	5: 12:03	11:17	11:29	11:44	11:27	
185	495	Andrea Hopp	AOK	0:58:05	0:58:42	24	W45	63	5: 11:30	11:15	11:37	11:53	11:48	
186	1112	Teichmann Christin	*Gelsenkirchen	0:58:06	0:58:26	39	W35	73	5: 11:08	11:23	11:55	12:02	11:36	
187	779	Kelm Hanne	Kaiserswerther Renntauben	0:58:08	0:58:44	1	W65	42	5: 11:38	11:32	11:38	11:42	11:36	
188	3532	Vorneweg Vera	dm Düsseldorf	0:58:10	0:58:41	39	W20	85	5: 13:16	12:27	11:17	10:33	10:35	
189	1052	Schreiber Bernadett	Lauftreff Marienhospital	0:58:11	0:58:42	40	W35	71	5: 12:09	11:26	11:33	11:35	11:26	
190	3706	Nakagawa Akiko	*düsseldorf	0:58:12	0:58:24	40	W20	79	5: 11:15	11:43	11:49	11:58	11:24	
191	855	Le-Kim-Poeschke Tanja	the uncoachables	0:58:14	0:58:24	41	W40	65	5: 11:12	11:49	12:00	11:46	11:25	
192	1092	Stellwaag Sarah	Aldi GmbH	0:58:23	0:58:27	27	W30	78	5: 10:48	11:23	12:03	12:13	11:55	
193	3647	Hülse Renate	*Krefeld	0:58:26	0:58:41	12	W50	57	5: 10:50	11:32	12:03	12:07	11:52	
194	1033	Schier Daniela	Sick Runners	0:58:33	0:58:52	41	W35	69	5: 11:58	11:25	11:40	11:58	11:30	
195	565	Brüninghaus Antje	ASC Düsseldorf	0:58:42	0:59:25	42	W40	66	5: 12:16	11:41	11:39	11:47	11:17	
196	3544	Dose Eva	Hadassahton	0:58:48	0:58:57	41	W20	79	5: 12:27	11:52	11:46	11:48	10:52	
197	907	Menzel Sabine	*Düsseldorf	0:58:50	0:59:13	43	W40	65	5: 11:56	11:37	11:55	12:01	11:18	
198	954	OMahony Sandra	*Düsseldorf	0:58:50	0:59:37	42	W35	73	5: 12:18	11:29	11:55	11:59	11:07	
199	1094	Stenger Birgit	Rennhamster	0:58:51	0:59:07	43	W35	69	5: 11:17	11:53	12:31	12:12	10:57	
200	2048	Efferz Monika	RP Marathon Team	0:58:53	0:59:02	13	W50	57	5: 10:54	11:38	11:56	12:14	12:11	
201	566	Bucher Barbara	TUS Homberg	0:58:56	0:59:28	44	W40	64	5: 11:17	11:35	11:54	12:10	11:58	
202	3621	Gassmann Carina	*Münster	0:58:57	0:59:24	44	W35	73	5: 11:38	11:45	12:04	12:05	11:23	
203	2080	Thissen Susanne	*Krefeld	0:59:02	0:59:29	45	W40	66	5: 11:45	11:27	11:49	12:26	11:33	
204	948	Nowak Jessika	BARMER FUN RUNNERS	0:59:04	0:59:28	45	W35	71	5: 12:19	11:29	11:39	11:44	11:51	
205	2859	Häfner Johanna	*Krefeld	0:59:04	0:59:46	46	W35	72	5: 12:20	11:40	11:43	11:45	11:34	
206	530	Belka Claudia	*Düsseldorf	0:59:06	0:59:32	46	W40	66	5: 11:48	11:44	12:01	11:57	11:34	
207	3686	Liesting Nicole	*Düsseldorf	0:59:11	0:59:14	47	W35	69	5: 11:23	12:01	12:25	11:55	11:24	
208	944	Nguyen Sarah Mai	HTV	0:59:13	0:59:58	1	WJB	91	5: 12:32	11:46	11:59	12:00	10:53	
209	3775	Weber Heike	*Düsseldorf	0:59:17	0:59:59	48	W35	71	5: 12:20	11:40	11:44	11:45	11:47	
210	864	Lohner Nadine	komm.passion GmbH	0:59:18	0:59:49	28	W30	76	5: 11:51	11:34	11:49	12:01	12:02	
211	618	Emonds Margot	*Düsseldorf	0:59:22	0:59:54	14	W50	56	5: 12:23	11:42	11:42	11:58	11:35	
212	553	Bollwerk Iris	*Hamminkeln	0:59:23	0:59:51	42	W20	81	5: 12:07	11:35	11:56	12:04	11:40	
213	712	Hedrich Heike	TuS - Unterilp	0:59:28	1:00:07	47	W40	66	5: 12:18	11:44	11:53	11:58	11:35	
214	823	Kremmel Fusun	athletica e. V.	0:59:29	0:59:38	49	W35	70	5: 11:13	11:52	12:08	11:59	12:15	
215	1180	Winkel-Strey Sylvia	*Düsseldorf	0:59:29	0:59:36	25	W45	59	5: 11:10	11:50	12:05	12:12	12:10	
216	1010	Ritter Beate	- - -	0:59:31	0:59:41	48	W40	65	5: 11:38	11:44	12:03	12:06	11:56	
217	3895	Hanuschke Kinga	*Düsseldorf	0:59:37	1:00:06	50	W35	71	5: 12:24	11:44	11:40	11:56	11:49	
218	658	Gach Diana	*Düsseldorf	0:59:38	1:00:08	51	W35	70	5: 12:25	11:44	11:40	11:56	11:51	
219	763	Junkert Sylvia	Teilchenbeschleuniger	0:59:43	1:00:22	29	W30	77	5: 12:12	11:22	11:48	12:10	12:09	
220	511	Bäcker Andrea	*Geldern	0:59:47	1:00:03	43	W20	82	5: 11:18	11:15	11:58	12:34	12:41	
221	627	Fahr Monika	*Ratingen	0:59:54	1:00:17	49	W40	64	5: 11:59	11:42	11:52	12:06	12:12	
222	739	Hoppenheit Sabine	privat	0:59:55	1:00:18	50	W40	64	5: 11:59	11:42	11:53	12:06	12:13	
223	538	Best-Werbunat Kirsten	*Düsseldorf	0:59:55	1:00:20	52	W35	70	5: 11:28	11:59	12:16	12:28	11:42	
224	3613	Fischer Christiane	*Düsseldorf	1:00:02	1:00:50	53	W35	73	5: 12:25	11:32	11:53	12:15	11:56	
225	599	Dorp Michaela	*Düsseldorf	1:00:05	1:00:34	51	W40	66	5: 11:06	11:25	12:01	12:35	12:56	
226	979	Prahl cc CLAUDS Ariane	*Düsseldorf	1:00:11	1:00:48	54	W35	70	5: 12:54	12:21	12:17	11:41	10:56	
227	656	Fuhr Inge	TG 1881 Düsseldorf e.V.	1:00:14	1:00:30	1	W75	32	5: 11:45	11:58	12:10	12:05	12:15	
227	629	Fekete Virag	Aldi GmbH	1:00:14	1:00:17	30	W30	75	5: 10:22	12:08	12:32	13:01	12:08	
229	3749	Steinborn Christine	*Düsseldorf	1:00:15	1:00:59	26	W45	62	5: 12:43	12:15	12:04	11:50	11:21	
230	1127	Ucar Sevdiye	*Viersen	1:00:21	1:00:32	31	W30	75	5: 11:14	12:17	12:31	12:13	12:03	
231	2867	Ebben Aramis	*Düsseldorf	1:00:27	1:00:49	27	W45	61	5: 11:24	11:39	12:06	12:35	12:42	
232	640	Flatt Kirsten	*Düsseldorf	1:00:27	1:01:01	55	W35	70	5: 11:43	11:31	12:03	12:37	12:32	
233	1149	Wagner Astrid	SG Deutsche Bank	1:00:27	1:00:56	52	W40	65	5: 11:57	11:57	12:18	12:22	11:52	
234	928	Müller Silke	*Köln	1:00:29	1:00:40	32	W30	75	5: 11:36	12:14	12:14	12:15	12:09	
235	1184	Wirth Melanie	*Düsseldorf	1:00:30	1:00:46	56	W35	72	5: 11:42	12:00	12:13	12:27	12:06	
236	550	Bohne Jeannette	*Düsseldorf	1:00:36	1:01:08	57	W35	72	5: 13:58	11:46	11:54	11:44	11:11	
237	781	Kemppens Doris	*Ratingen	1:00:42	1:01:20	28	W45	61	5: 12:19	11:44	11:53	12:29	12:17	
238	935	Nees Richarda	kein	1:00:44	1:01:18	15	W50	56	5: 12:13	12:06	12:27	11:37	12:20	
239	655	Fürstner Sina	TEAM Stadtwerke Düsseldorf	1:00:48	1:00:52	44	W20	82	5: 10:24	12:06	12:48	12:56	12:32	
240	1177	Wind Claudia	*Düsseldorf	1:00:53	1:01:14	58	W35	73	5: 12:26	11:58	12:07	12:15	12:05	

10km - Gesamtwertung (Lauf 8,9,10)

Stadtwerke Kö-Lauf Düsseldorf - 7. September 2008

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
241	1088	Stark Anja	Aldi GmbH	1:01:02	1:01:05	59	W35	71	5: 11:32	11:51	12:23	12:51	12:24	
242	2734	Jahrmarkt Christiane	*Ratingen	1:01:17	1:01:29	60	W35	71	5: 11:15	12:13	12:31	12:44	12:32	
243	1207	Ganzera Dr. Silke	*Düsseldorf	1:01:18	1:01:54	33	W30	74	5: 12:16	11:57	12:09	12:12	12:42	
244	997	Reick Sybille	Kaiserswerther Renntauben	1:01:18	1:01:55	61	W35	73	5: 12:33	12:08	12:28	12:05	12:02	
245	2860	Wirtz Sabine	*Ratingen	1:01:18	1:01:30	62	W35	70	5: 11:15	12:13	12:31	12:45	12:32	
246	2985	Winzen Petra	*Neuss	1:01:18	1:01:37	53	W40	66	5: 11:35	11:37	12:52	12:51	12:22	
247	1002	Reuter Andrea	komm.passion GmbH	1:01:23	1:01:56	45	W20	79	5: 12:45	12:17	12:25	12:19	11:35	
248	100	Schiffer Andrea	Fred Fox	1:01:29	1:01:40	46	W20	82	5: 11:38	12:02	12:19	13:11	12:17	
249	54	Salluzzi Patrizia	*Düsseldorf	1:01:31	1:01:41	54	W40	64	5: 11:22	12:19	12:18	13:02	12:29	
250	571	Burghard Corinne	*Düsseldorf	1:01:33	1:01:49	29	W45	61	5: 12:30	12:00	11:58	12:29	12:34	
251	2887	Janzen Renate	Dr. Mauss	1:01:46	1:02:18	16	W50	55	5: 12:35	12:07	12:35	12:13	12:15	
252	649	Frauenrath Claudia	*Duisburg	1:01:47	1:02:30	30	W45	63	5: 12:26	12:22	12:35	12:19	12:03	
253	841	Küppers Claudia	*Düsseldorf	1:01:48	1:02:25	63	W35	71	5: 12:54	12:21	12:17	12:05	12:08	
254	710	Hartweck cc CLAUDS	*Düsseldorf	1:01:48	1:02:24	55	W40	65	5: 12:55	12:21	12:17	12:05	12:08	
255	528	Begere Paula	*Meerbusch	1:01:48	1:01:53	2	WJA	89	5: 12:05	12:24	12:29	12:35	12:13	
256	921	Mottweiler Ella	*Münster	1:01:50	1:02:25	47	W20	82	5: 12:14	11:48	12:23	12:49	12:35	
257	783	Kerd Sybille	BARMER FUN RUNNERS	1:01:52	1:02:16	34	W30	74	5: 12:46	12:38	12:08	12:14	12:03	
258	992	Rautenberg Uschi	*Düsseldorf	1:02:11	1:02:22	17	W50	57	5: 11:41	12:09	12:33	12:58	12:48	
259	3851	Rühe Katharine	*Meerbusch	1:02:11	1:02:45	31	W45	63	5: 12:28	12:14	12:31	12:29	12:27	
260	560	Breitenbach Andrea	Kieser Training	1:02:18	1:02:46	32	W45	62	5: 11:56	11:56	12:38	12:47	12:59	
261	3931	Borgerding Hécne	Albrecht-Dürer-Schule	1:02:20	1:02:42	33	W45	61	5: 12:17	12:12	12:11	12:37	13:01	
262	1084	Spannagel Martina	BARMER FUN RUNNERS	1:02:23	1:02:48	56	W40	65	5: 12:19	11:38	12:23	13:00	13:00	
263	677	Gieskes Iris	*Düsseldorf	1:02:27	1:03:00	57	W40	64	5: 13:02	12:19	12:21	12:17	12:27	
264	527	Beckmann Andrea	*Düsseldorf	1:02:28	1:02:46	48	W20	83	5: 11:24	12:00	12:30	13:12	13:20	
265	1022	Rueben Beate	*Düsseldorf	1:02:28	1:02:46	6	W55	52	5: 11:23	12:03	12:28	13:11	13:22	
266	1146	Von Rheinbaben Constanze	*Düsseldorf	1:02:29	1:02:37	58	W40	66	5: 12:51	12:09	12:35	12:38	12:14	
267	701	Härte Anuschka	ohne	1:02:33	1:02:54	64	W35	71	5: 12:21	12:24	12:23	12:51	12:31	
268	554	Bongards Anja	Makrolon Runners Uerdingen	1:02:34	1:03:17	49	W20	80	5: 12:37	12:37	12:39	13:25	11:14	
269	3696	Marcinkowska Sylvia	*Düsseldorf	1:02:50	1:03:37	35	W30	76	5: 13:17	12:35	12:36	12:28	11:52	
270	171	Falk Natascha	*Erkelenz	1:02:52	1:02:58	50	W20	81	5: 11:09	12:21	12:53	13:14	13:13	
271	602	Dreßen Dr. Uta	*Düsseldorf	1:03:03	1:03:13	65	W35	70	5: 12:56	12:37	12:38	12:30	12:21	
272	975	Poguntke Ingrid	*Düsseldorf	1:03:16	1:03:32	36	W30	76	5: 12:28	12:21	12:29	12:51	13:05	
273	778	Kell Gundula	Adler 07	1:03:19	1:03:31	3	W60	44	5: 12:40	12:36	12:35	12:45	12:41	
274	2870	Nello Simeone	SFD 75	1:03:23	1:03:46	4	W60	46	5: 12:21	12:20	12:22	12:53	13:25	
275	1089	Stein Claudia	*Köln	1:03:30	1:03:57	37	W30	76	5: 12:24	12:16	12:44	13:05	12:58	
276	620	Engels Stefanioe	*Köln	1:03:33	1:04:00	38	W30	74	5: 12:24	12:16	12:44	13:06	13:02	
277	591	Deuster Monika	*Herzogenrath	1:03:36	1:04:12	34	W45	61	5: 12:29	12:23	12:39	12:52	13:11	
278	1107	Süselbeck-Schulz Birgit	*Düsseldorf	1:03:37	1:04:25	59	W40	64	5: 13:14	12:42	13:02	13:19	11:18	
279	2995	Werner Katja	*Düsseldorf	1:03:46	1:04:30	66	W35	70	5: 13:18	12:18	12:27	12:56	12:44	
280	1004	Richter Sabine	*Hilden	1:03:46	1:03:55	35	W45	62	5: 11:49	12:23	13:09	13:24	12:59	
281	830	Kruck Karin	Lauffreff Kettwig	1:03:49	1:03:59	7	W55	50	5: 12:04	12:43	12:49	13:03	13:07	
282	1040	Schmidbauer Heike	HTV	1:03:52	1:04:37	67	W35	70	5: 12:40	12:29	13:11	12:59	12:31	
283	3727	Schmitt Sonja	*Düsseldorf	1:03:59	1:04:25	68	W35	73	5: 12:51	12:41	12:45	12:49	12:52	
284	3757	Szameitat Petra	*Düsseldorf	1:04:01	1:04:24	39	W30	76	5: 13:29	12:46	12:46	12:41	12:18	
285	969	Petersen Britta	LG Alsternord	1:04:06	1:04:44	69	W35	71	5: 12:33	12:25	12:50	13:14	13:02	
286	53	Salluzzi Claudia	*Krefeld	1:04:21	1:04:30	40	W30	76	5: 11:22	12:31	12:54	13:28	14:03	
287	634	Fette Karin	dm Düsseldorf	1:04:22	1:04:54	36	W45	59	5: 13:15	12:27	12:34	12:49	13:14	
288	1189	Witwer Elisabeth	dm Düsseldorf	1:04:22	1:04:53	37	W45	61	5: 13:16	12:27	12:34	12:48	13:14	
289	681	Drese Sidrid	dm Düsseldorf	1:04:22	1:04:53	60	W40	66	5: 13:16	12:27	12:34	12:48	13:15	
290	986	Puls cc CLAUDS Christina	*Düsseldorf	1:04:46	1:05:23	70	W35	70	5: 12:55	12:21	13:02	13:12	13:14	
291	871	Lübben Angelika	*Düsseldorf	1:04:47	1:05:16	41	W30	78	5: 13:38	12:52	12:41	12:48	12:45	
292	815	Kowarik Jenny	*Düsseldorf	1:04:50	1:05:10	51	W20	83	5: 11:57	12:53	13:18	13:13	13:27	
293	1182	Winkler Nora	*Düsseldorf	1:05:03	1:05:44	42	W30	75	5: 13:24	13:03	13:07	13:02	12:24	
294	714	Heidkamp Marion	*Duesseldorf	1:05:12	1:05:24	61	W40	68	5: 13:06	12:56	12:57	13:09	13:02	
295	1053	Schreiber Isabel	*Wuppertal	1:05:28	1:05:32	52	W20	88	5: 10:42	13:25	14:11	13:47	13:22	
296	835	Krug Sarah	*Düsseldorf	1:05:42	1:05:54	53	W20	84	5: 12:31	13:05	13:32	14:06	12:26	
297	663	Gallinat Christina	*Essen	1:05:49	1:06:09	54	W20	80	5: 13:18	13:12	13:17	13:17	12:43	
298	1192	Wolters Annette	Kieser Training	1:06:14	1:06:55	5	W60	48	5: 13:21	13:13	13:24	13:29	12:45	
299	953	Olheide Jessica	*Düsseldorf	1:06:14	1:06:53	43	W30	78	5: 13:39	13:18	13:22	13:18	12:36	
300	2835	Becker Julia	*Düsseldorf	1:06:15	1:07:00	55	W20	81	5: 12:22	13:00	13:31	13:51	13:28	

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden					
301	3566	Conzen-Storch Beate	*Heiligenhaus	1:06:48	1:07:36	62	W40	66	5	13:24	13:07	13:16	13:32	13:27
302	2838	Kuklemann Mandy	*Berlin	1:06:52	1:06:57	56	W20	80	5	11:08	13:34	14:10	13:46	14:12
303	1086	Spöhring Gabriele	*Düsseldorf	1:06:54	1:07:16	71	W35	69	5	13:09	13:07	13:26	13:14	13:57
304	1158	Wegener Christa	Kaiserswerther Renntauben	1:07:05	1:07:41	18	W50	55	5	12:15	13:02	13:36	14:05	14:06
305	857	Lehmeier Bettina	*Krefeld	1:07:27	1:07:51	44	W30	77	5	12:49	12:59	13:47	13:54	13:57
306	543	Bielecki Regine	*Mönchengladbach	1:07:28	1:08:04	63	W40	66	5	12:50	13:02	13:42	14:11	13:41
307	700	Hacker Diana	*Willich	1:07:32	1:07:55	72	W35	71	5	12:49	12:58	13:48	13:54	14:01
308	574	Burmeister Urszula	*Hilden	1:07:42	1:07:54	6	W60	45	5	12:31	13:21	13:36	14:25	13:48
309	1202	Zimmerer Marcia	Active First	1:07:45	1:08:11	19	W50	55	5	12:41	13:03	13:44	14:10	14:06
310	1037	Schlombs Vanessa	*Osnabrück	1:08:28	1:08:49	57	W20	85	5	12:36	12:58	13:37	14:20	14:55
311	3700	Meyer Martina	*Düsseldorf	1:08:30	1:09:04	38	W45	60	5	13:07	12:37	14:08	14:15	14:21
312	2876	Pudeler Christel	*Korschenbroich	1:08:40	1:08:49	20	W50	55	5	12:59	13:42	13:56	14:23	13:39
313	1001	Rekel Sarah	*Willich	1:09:22	1:09:47	58	W20	86	5	14:08	13:35	13:58	14:09	13:30
314	1114	Ten Voorde Michaela	*Düsseldorf	1:09:56	1:10:20	64	W40	67	5	12:39	13:15	14:17	14:54	14:48
315	761	Jung Maria, Luise	*Meerbusch	1:10:04	1:10:44	2	W65	43	5	14:11	13:54	14:11	14:06	13:41
316	803	Klotz Daniela	*Düsseldorf	1:11:03	1:11:49	73	W35	70	5	13:30	13:40	14:07	14:33	15:11
317	923	Mühlinghaus Martina	*Düsseldorf	1:11:49	1:12:22	74	W35	72	5	13:58	13:38	14:19	14:59	14:53
318	514	Bangert Mareike	*Korbach	1:12:17	1:12:56	59	W20	79	5	14:18	14:38	14:59	14:34	13:45
319	613	Ebert Barbara	*Korbach	1:12:17	1:12:56	75	W35	71	5	14:19	14:38	14:59	14:35	13:45
320	709	Hartlieb Gisela	*Düsseldorf	1:13:58	1:14:04	8	W55	52	5	12:49	14:36	15:21	15:34	15:36
321	1090	Stein Halina	dm Düsseldorf	0:50:30	0:50:32	39	W45	63	4	11:39	12:22	12:59	13:28	00:00
322	107	Almeida Streitwieser Dr. med.	St. Anna Hospital Orthopädie	0:34:52	0:35:09	76	W35	73	3	10:15	11:55	12:40	00:00	00:00
323	680	Globe Janina	Aldi GmbH	0:39:26	0:39:29	60	W20	82	3	10:22	15:35	13:29	00:00	00:00
324	1201	Zepf Martina	*Düren	0:51:35	0:52:04	65	W40	66	3	11:06	13:48	26:41	00:00	00:00
325	198	Grober Bettina	LG-Vulkaneifel	0:17:53	0:18:08	45	W30	78	2	08:44	09:09	00:00	00:00	00:00
326	2469	Lehmann Eva Maria	ART Düsseldorf	0:19:33	0:19:57	21	W50	58	2	09:36	09:56	00:00	00:00	00:00
327	248	Junghanns Tina	Sportmühle Hilden	0:19:55	0:20:15	61	W20	84	2	09:29	10:26	00:00	00:00	00:00
328	114	Bakenecker Susanne	*Essen	0:20:00	0:20:17	66	W40	64	2	09:46	10:14	00:00	00:00	00:00
329	821	Kreidel Sabine	*Düsseldorf	0:23:12	0:23:45	40	W45	61	2	11:34	11:37	00:00	00:00	00:00
330	1030	Schafmeister Annette	*Düsseldorf	0:24:32	0:25:04	67	W40	64	2	12:09	12:22	00:00	00:00	00:00
331	1041	Schmidt Petra	*Düsseldorf	0:26:00	0:26:16	62	W20	82	2	12:28	13:31	00:00	00:00	00:00
332	3656	KAORI IMAIZUMI	*Düsseldorf	0:29:38	0:29:50	46	W30	76	2	12:12	17:25	00:00	00:00	00:00