

10km - Gesamtwertung

13. Siegburger HIT-Citylauf - 15. September 2019

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
1	S304	Emde Nick	SSF Bonn Team artegic	0:33:23	0:33:22	1	MU20	00	08:26	08:05	08:08	08:41	
2	S306	Nolte Simon	SSF Bonn Team artegic	0:33:30	0:33:29	1	MHK	97	08:26	08:05	08:12	08:44	
3	S217	Braukhoff Luis Gabriel	LG Fulda	0:34:12	0:34:11	1	MU18	02	08:37	08:19	08:31	08:43	
4	S2	Gerke Malte P.	7GNOMES	0:35:22	0:35:20	1	M35	80	08:55	08:37	08:38	09:08	
5	S848	Ihle Leander		0:35:23	0:35:22	1	MU16	04	08:55	08:36	08:38	09:10	
6	S141	Friedhoff Pascal	Team TVE Netphen	0:36:20	0:36:19	2	M35	84	09:01	08:42	08:55	09:41	
7	S277	Erdrich Andreas	SSF Bonn Triathlon	0:36:24	0:36:22	3	M35	81	09:00	08:42	08:57	09:42	
8	S310	Hildebrand Berno		0:36:26	0:36:25	1	M30	88	09:18	08:53	08:56	09:16	
9	S180	Johnston Timothy	LT Ennert	0:36:28	0:36:26	2	M30	85	08:56	08:49	09:09	09:31	
10	S117	Misof Simon	LAV Bad Godesberg	0:37:08	0:37:07	2	MHK	96	09:16	09:06	09:07	09:37	
11	S311	Ritter Johannes		0:37:10	0:37:08	1	M50	65	09:06	09:00	09:10	09:51	
12	S256	Weber Eiken	Mach 3 Köln e.V.	0:37:26	0:37:24	4	M35	80	09:13	09:08	09:11	09:52	
13	S25	Buser Frederic	Team Med-Fit	0:37:52	0:37:49	5	M35	81	08:49	09:03	09:33	10:23	
14	S944	Pöppel Arne	Beueler 10er	0:38:29	0:38:26	1	M45	70	09:40	09:20	09:26	09:59	
15	S41	Sommer Daniel		0:38:41	0:38:40	2	M45	74	09:43	09:24	09:32	09:59	
16	S146	Braun Klaus	LLG St. Augustin	0:38:52	0:38:50	2	M50	67	09:42	09:24	09:37	10:07	
17	S77	Foustanas Georg	LAZ Puma Rhein/Sieg	0:39:13	0:39:10	3	M30	88	09:54	09:24	09:34	10:16	
18	0	unbekannt HD7HSR2		0:39:16	0:39:14	3	MHK		09:11	09:32	10:02	10:27	
19	S243	Dattke Volker	SCC Berlin	0:39:37	0:39:32	3	M50	68	09:57	09:20	09:40	10:34	
20	S124	Altenhofen Daniel		0:39:40	0:39:38	4	M30	86	10:01	09:38	09:41	10:18	
21	S224	Wierig Christoph	LAZ	0:40:00	0:39:54	1	M40	76	09:57	09:32	09:49	10:34	
22	S178	Wierner Nils	LT Ennert	0:40:06	0:40:03	2	M40	78	10:00	09:39	09:56	10:27	
23	S159	Gündüz Mehmet		0:40:08	0:39:55	4	MHK	96	10:14	09:33	09:48	10:19	
24	S119	Schoofs Michael		0:40:08	0:40:06	6	M35	84	10:01	09:41	09:54	10:29	
25	S283	Jahner Detlef	Wiehltaler LC	0:40:30	0:40:29	1	M55	64	10:28	09:38	09:55	10:27	
26	S10	Otten Ingo	Team TEVA ratiopharm	0:40:44	0:40:40	3	M45	70	10:10	09:43	09:57	10:49	
27	S95	Müller Thomas	Team Signal Iduna	0:40:54	0:40:51	4	M50	69	10:01	10:01	10:09	10:38	
28	S208	Simmer Jan	LT Schweich	0:40:55	0:40:50	5	M30	87	10:32	09:48	09:56	10:34	
29	S147	Ostrominski Markus	LAZ Puma Rhein-Sieg	0:41:01	0:40:56	3	M40	77	10:32	09:52	10:07	10:23	
30	S139	Hönicke Andreas		0:41:07	0:41:03	4	M40	78	09:40	10:02	10:27	10:53	
31	S38	Koerner Ulrich	Deichhaus-Aue	0:41:10	0:41:06	5	M40	77	10:23	09:55	10:01	10:45	
32	S271	Nyeste David	SSF Bonn	0:41:17	0:41:04	6	M40	77	10:37	09:51	09:54	10:41	
33	S63	Richter Ronald		0:41:25	0:41:20	7	M35	82	10:07	10:04	10:21	10:47	
34	S204	Dr. zur Nieden Henning		0:41:35	0:41:33	4	M45	72	10:11	09:59	10:23	10:59	
35	S241	Mackenbrack Micha		0:41:39	0:41:36	2	MU20	00	10:32	09:58	10:11	10:54	
36	S50	Dreesbach Herbert	Skiclub Sieglar	0:41:43	0:41:39	5	M50	68	10:34	10:02	10:11	10:50	
37	S155	Küllmer Knut	SV Hellas Siegburg	0:41:54	0:41:47	6	M30	87	10:14	10:07	10:15	11:11	
38	S71	Hering Sven		0:42:27	0:42:23	8	M35	81	10:00	10:13	10:46	11:24	
39	S242	Korn Markus		0:42:41	0:42:23	9	M35	83	10:55	10:09	10:22	10:55	
40	S98	Schell Niclas	Team Signal Iduna	0:42:41	0:42:38	5	MHK	91	10:13	10:16	10:47	11:21	
41	S53	Sokolov Alexej		0:42:41	0:42:37	7	M30	87	10:53	10:09	10:26	11:07	
42	S72	Fischer Lars	Radtreff Campus Bonn	0:42:47	0:42:42	6	MHK	95	09:58	10:19	11:16	11:07	
43	S132	Czerny Markus	LAZ Puma Rhein-Sieg	0:43:01	0:42:56	10	M35	80	10:49	10:16	10:35	11:14	
44	S281	Dewres Youssef	LT Ennert	0:43:22	0:43:17	2	M55	62	10:59	10:27	10:43	11:06	
45	S212	Wollweber Andreas	SV Hellas	0:43:23	0:43:17	5	M45	74	10:46	10:18	10:36	11:35	
46	S302	Zinner Christoph	*Erfstadt	0:44:05	0:43:59	11	M35	83	11:09	10:44	10:44	11:21	
47	S86	Groß Markus	Team Signal Iduna	0:44:16	0:44:12	7	M40	75	11:17	10:45	10:46	11:22	
48	S251	Ahlgrim Stephan	ASV St. Augustin	0:44:41	0:44:36	3	M55	64	11:01	10:54	11:08	11:32	
49	S236	Sundermann Frank		0:44:48	0:44:45	6	M50	65	11:24	11:01	10:56	11:22	
50	S221	Schwarz Andreas	Ev. Freikirche Siegburg	0:44:49	0:44:44	8	M40	75	10:41	10:35	11:24	12:03	
51	S158	Gorynia Guido	LAZ Puma Rhein-Sieg	0:44:56	0:44:50	4	M55	64	11:05	10:47	11:05	11:52	
52	S18	Hirsch Robert	Siegburger Turnverein	0:45:14	0:44:53	9	M40	78	11:22	10:49	10:56	11:46	
53	S262	Carbach Frank	LT SV Westum	0:45:30	0:45:26	6	M45	70	11:15	11:08	11:16	11:45	
54	S11	Schulte Dirk	SV Hellas Siegburg	0:45:32	0:45:27	7	M45	70	11:14	10:54	11:15	12:03	
55	S285	Schlichting Hans-Dieter	SG Wenden	0:45:37	0:45:30	1	M60	57	11:36	10:47	11:15	11:51	
56	S206	Wieland Andreas	Lt Ennert Bonn	0:45:40	0:45:34	5	M55	62	11:30	10:59	11:10	11:54	
57	S246	Palecki Daniel	Team TVE Netphen	0:45:44	0:45:20	8	M30	85	11:41	10:53	11:29	11:16	
58	S312	Brors Stefan	*Troisdorf	0:45:44	0:45:40	8	M45	71	11:11	10:52	11:25	12:10	
59	S114	Ajmedar Zakaria	LAV Bad Godesberg	0:45:48	0:45:47	7	MHK	99	10:40	11:16	11:43	12:07	
60	S229	Rempel Ernst		0:45:54	0:45:50	7	M50	69	11:10	11:14	11:20	12:05	

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Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	S192	Nahrendorf Frank	RHENAG	0:46:17	0:46:08	8	M50	67	11:21	10:59	11:33	12:13	
62	S272	Röhrig Carsten	Brühler TV 1879	0:46:18	0:46:06	9	M50	65	11:27	11:12	11:24	12:01	
63	S270	Böttcher Waldemar	TV Kaldauern	0:46:23	0:46:17	10	M40	78	11:14	11:14	11:37	12:10	
64	S103	Rothstein Arnd	Team Signal Iduna	0:46:27	0:46:15	10	M50	66	11:45	11:11	11:19	11:58	
65	S194	Nolden Sebastian	RHENAG	0:46:45	0:46:23	12	M35	82	11:59	11:06	11:22	11:55	
66	S120	Wilhelm Torben		0:46:48	0:46:41	11	M50	68	11:59	12:03	12:27	10:11	
67	S7	Pusdrowski Thorsten	LT Aegidienberg	0:47:09	0:46:59	12	M50	69	11:33	11:18	11:39	12:26	
68	S60	Martin Roman		0:47:10	0:47:04	11	M40	77	11:59	11:21	11:30	12:13	
69	S152	Erdmann Marko	1. FC Spich	0:47:25	0:47:14	13	M50	67	12:15	11:29	11:31	11:58	
70	S181	Evertz Sebastian	LT Ennert	0:47:42	0:47:35	12	M40	75	11:33	11:25	11:56	12:40	
71	S268	Metzner Gregor	TV/LAZ	0:47:45	0:47:34	13	M35	83	11:55	11:34	11:47	12:16	
72	S215	Ebert Eduard		0:47:47	0:47:25	13	M40	79	11:34	10:58	11:39	13:13	
73	S195	Königsfeld Jens	RHENAG	0:47:48	0:47:18	14	M40	78	12:46	11:43	11:30	11:16	
74	S290	Wiche Reinhold	*Siegburg	0:47:48	0:47:43	2	M60	55	11:32	11:31	11:54	12:44	
75	S51	Hoenen Roland	Siegburger Waldschleicher	0:48:10	0:47:57	9	M45	70	12:30	11:33	11:33	12:20	
76	S255	Kaiser Klaus	LLG St. Augustin	0:48:15	0:48:12	3	M60	57	11:47	11:33	12:02	12:48	
77	S131	Lange Frank	SFS	0:48:30	0:48:23	6	M55	62	11:56	11:34	11:57	12:55	
78	S253	Wallenwein Christian		0:49:02	0:48:54	8	MHK	99	12:07	12:18	12:12	12:15	
79	S878	Topia Elias		0:49:04	0:48:56	1	MU14	07	12:07	12:19	12:12	12:16	
80	S299	Schmidt Marco	Rotor Blade Runners	0:49:06	0:48:56	10	M45	72	12:18	11:46	12:08	12:43	
81	S22	Direske Ike		0:49:21	0:49:10	14	M35	80	12:01	11:44	12:09	13:14	
82	S296	Melzer Hans Jürgen	SSG Königswinter	0:49:26	0:49:15	7	M55	61	12:15	11:52	12:06	13:00	
83	S278	Budack Lars	*Köln	0:49:28	0:49:22	11	M45	71	11:49	11:59	12:27	13:04	
84	S191	Raddatz Dirk	RHENAG	0:49:39	0:49:26	8	M55	62	11:47	12:24	12:18	12:57	
85	S89	Keuneke Dirk	Team Signal Iduna	0:49:48	0:49:29	14	M50	67	12:35	12:16	11:57	12:40	
86	S297	Rick Joachim	*Königswinter	0:49:56	0:49:44	15	M50	66	12:17	11:50	12:11	13:25	
87	S244	Berglesow Lukas	EF Siegburg	0:50:06	0:49:56	3	MU20	00	12:30	11:35	12:07	13:43	
87	S261	Münzenmaier Andreas		0:50:06	0:49:56	15	M35	82	12:03	12:06	12:52	12:55	
89	S182	Weigt Mathias	LT Ennert	0:50:20	0:50:05	15	M40	75	12:58	12:01	12:07	12:58	
90	S157	Schwarz Stephan	Tri Power RheinSieg	0:50:22	0:50:06	12	M45	71	12:40	11:59	12:16	13:10	
91	S138	Utscheid Alex	TuS Winterscheid 1923 e.V.	0:50:32	0:50:19	13	M45	72	12:43	12:13	12:17	13:04	
92	S295	Schmidt Michael	Team Erdinger Alkoholfrei	0:50:38	0:50:31	16	M50	68	12:25	12:18	12:26	13:19	
93	S165	Scholz Sascha		0:50:46	0:50:40	9	M30	85	11:56	12:10	12:46	13:47	
94	S85	Bergemann Frank	Team Signal Iduna	0:50:51	0:50:33	17	M50	69	12:36	12:17	12:24	13:15	
95	S300	Deschepper Lars	Troisdorfer LG	0:50:59	0:50:51	2	MU16	05	11:49	11:57	12:09	14:54	
96	S171	Rosendahl Markus	LT Ennert	0:51:02	0:50:48	16	M35	80	12:23	12:14	12:39	13:30	
97	S245	Rempel Jonas	EF Siegburg	0:51:07	0:50:58	2	MU18	02	12:07	11:55	13:38	13:17	
98	S17	Simons Uwe		0:51:10	0:50:44	18	M50	69	13:22	12:28	12:10	12:43	
99	S772	Martens Daniel	EF Siegburg	0:51:25	0:51:00	2	MU14	06	13:26	12:21	12:13	12:59	
100	S784	Bemert Philipp	Ev. Freikirche Siegburg	0:51:25	0:51:01	3	MU14	06	13:26	12:22	12:13	12:59	
101	S145	Radmann-Bender Christian		0:51:26	0:51:20	17	M35	83	12:46	12:20	12:55	13:18	
102	S291	Eikenberg Marc	Moerser TV	0:51:43	0:51:25	19	M50	69	13:09	12:11	12:33	13:30	
103	S35	Flamming Karsten	KaMi-Running Allstars	0:52:01	0:51:51	9	MHK	91	12:28	12:38	12:55	13:49	
104	S280	Henke Ulf	LT Ennert	0:52:01	0:51:54	1	M70	46	12:51	12:30	12:48	13:44	
105	S154	Sterzenbach Johann		0:52:04	0:51:46	20	M50	68	12:46	12:26	12:46	13:46	
106	S9	Klein Frank	Siegburger TV	0:52:17	0:52:05	14	M45	72	13:29	12:35	12:35	13:24	
107	S27	Zimmermann Jörg	BBC BonnBerlinConnection	0:52:17	0:52:02	21	M50	66	13:39	12:39	12:38	13:05	
108	S197	Loschitz Jimmy	EF Siegburg	0:52:32	0:52:22	10	M30	89	13:19	12:21	12:41	13:59	
109	S288	Ernst Herbert	*Maintal	0:52:45	0:52:36	2	M70	47	12:46	12:31	13:05	14:13	
110	S121	Pestel Nico		0:53:07	0:52:45	18	M35	83	13:18	12:35	12:49	14:02	
111	S153	Schugsties René		0:53:26	0:53:17	11	M30	85	12:48	12:57	13:22	14:09	
112	S106	Zanella Boris	Hennefer Turnverein 1895 e.V.	0:53:56	0:53:40	15	M45	72	13:10	12:50	13:14	14:24	
113	S175	Buchhorn Richard	LT Ennert	0:54:20	0:54:03	9	M55	64	13:11	12:46	13:30	14:35	
114	S31	Grienberger Wolfgang		0:54:25	0:54:17	22	M50	65	12:44	13:07	13:38	14:48	
115	S45	Krupp Michael		0:54:27	0:54:15	23	M50	66	13:22	12:45	13:27	14:40	
116	S225	Derksen Edgar	Ev. Freikirche Siegburg	0:55:03	0:54:31	19	M35	84	13:32	13:10	13:32	14:16	
117	S59	Scharmach Thorsten		0:55:06	0:54:49	16	M45	70	13:43	13:04	13:07	14:53	
118	S176	Lewe Wolfram	LT Ennert	0:55:10	0:54:53	4	M60	58	13:47	13:10	13:31	14:24	
119	S254	Bettag Sascha		0:55:15	0:55:07	12	M30	88	12:11	14:03	13:35	15:15	
120	S218	Schaffrau Rene		0:55:21	0:55:05	16	M40	75	13:42	13:05	13:33	14:43	

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13. Siegburger HIT-Citylauf - 15. September 2019

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
121	S39	Neuhaus Arnd	PSV Bonn Triathlon	0:55:22	0:55:02	24	M50	67	14:04	13:32	13:44	13:40	
122	S250	Wiegard Hanno		0:55:53	0:55:30	17	M45	74	14:04	13:30	13:45	14:10	
123	S248	Naaf Christian	Team Münchhof	0:56:09	0:55:58	20	M35	83	14:12	13:42	13:37	14:25	
124	S66	Berg Thomas	Evangelische Freikirche Siegbu	0:56:10	0:55:48	13	M30	85	14:12	13:48	13:52	13:55	
125	S247	Trapp Arnd	Team Münchhort	0:56:18	0:56:07	25	M50	65	14:12	13:40	13:43	14:29	
126	S239	Spieth Matthias		0:56:19	0:55:57	14	M30	86	13:58	13:13	13:23	15:21	
127	S70	Schiele Wolfgang	Bw Feuerwehr Köln	0:56:31	0:56:20	5	M60	58	14:07	13:43	13:45	14:45	
128	S113	Vogt Jenning	Siegburger Ruderverein 1910 e.	0:56:42	0:56:21	15	M30	87	15:24	14:45	14:14	11:57	
129	S104	Heibach Dominik	Team Signal Iduna	0:56:56	0:56:42	10	MHK	91	13:44	13:31	14:16	15:10	
130	S136	Gruben Matthäus	TSVE 1890 Bielefeld	0:57:10	0:57:02	21	M35	81	14:58	13:46	14:03	14:14	
131	S286	Thelen Richard	Alfterer SC	0:57:26	0:57:06	1	M65	54	14:29	13:39	13:51	15:06	
132	S164	Cremer Marc		0:57:35	0:57:14	17	M40	79	14:40	13:50	13:49	14:53	
133	S129	Küllmer Claus	VfR Flamersheim	0:57:40	0:57:20	6	M60	57	14:47	13:42	13:56	14:55	
134	S140	Bemert Viktor	Ev. Freikirche Siegburg	0:57:40	0:57:16	18	M40	77	14:02	14:05	14:37	14:31	
135	S309	McStocker Robert	ILFORD A.C.	0:58:00	0:57:43	3	M70	47	14:33	13:59	14:04	15:06	
136	S29	Sommer André	Lokomotive Knallgas	0:58:04	0:57:45	16	M30	86	14:55	13:53	13:50	15:07	
137	S102	Wolf Mario	Team Signal Iduna	0:58:06	0:57:42	22	M35	80	15:14	14:00	14:00	14:26	
138	S88	Holstein Uwe	Team Signal Iduna	0:58:10	0:57:52	19	M40	76	14:05	13:10	14:18	16:18	
139	S273	Cordes Ingo		0:58:15	0:57:53	26	M50	67	14:00	13:54	14:19	15:39	
140	S3	Nicolaci Sergio		0:58:20	0:57:53	10	M55	64	14:08	13:48	14:16	15:39	
141	S234	Hermann Erik	eV Siegburg	0:58:41	0:58:33	11	MHK	90	13:51	14:19	14:38	15:44	
142	S64	Wolf Harry	Ev. Freikirche Siegburg	0:58:48	0:58:24	23	M35	84	14:36	14:22	14:12	15:13	
143	S82	Jacobsen Bente	Team Signal Iduna	0:59:02	0:58:38	18	M45	74	14:37	14:31	14:44	14:45	
144	S301	Boelen-Theile Claus	*R=srath	0:59:22	0:59:01	27	M50	66	14:03	12:59	14:34	17:24	
145	S198	Gippert Martin	LAZ Puma Rhein-Sieg	0:59:46	0:59:32	2	M65	54	14:42	14:09	14:26	16:14	
146	S231	Hafemann Friedrich		1:00:57	1:00:43	4	M70	46	14:11	14:18	15:15	16:58	
147	S62	Traut Alexander	Ev. Freikirche Siegburg	1:01:20	1:01:00	17	M30	85	14:29	14:18	15:27	16:45	
148	S44	Leye Gerhard		1:02:08	1:01:59	28	M50	68	13:56	15:32	15:25	17:05	
149	S143	Schalow Jörn		1:02:11	1:01:52	20	M40	79	15:18	14:52	15:14	16:26	
150	S75	Dan Stephane Gregory	Marathonprojekt mit Joey Kelly	1:02:14	1:02:04	18	M30	85	14:22	15:40	16:02	15:58	
151	S149	Berglesow Tim	Evangelische Freikirche Siegbu	1:03:02	1:02:53	12	MHK	95	15:21	14:57	16:05	16:28	
152	S36	Schardt Michael	LSF Münster	1:03:45	1:03:36	3	M65	54	15:49	15:30	15:30	16:45	
153	S137	Eisenberg Thomas	Marathonprojekt mit Joey Kelly	1:04:51	1:04:37	21	M40	78	16:00	15:52	16:18	16:26	
154	S125	Hoffmann Holger	SCC Berlin	1:05:13	1:05:13	29	M50	69	15:37	17:02	17:02	15:30	
155	S235	Frohnhöfer Nils	Viereckige Hai	1:05:25	1:04:56	24	M35	80	15:22	15:19	15:56	18:17	
155	S292	Kunkel Uwe	viereckiger Hai	1:05:25	1:04:56	11	M55	61	15:23	15:19	15:57	18:16	
157	S207	Janzen Stephan	Ev. Freikirche Siegburg	1:06:01	1:05:37	25	M35	81	15:06	16:42	16:58	16:49	
158	S196	Beckers Thomas	RHENAG	1:06:40	1:06:24	19	M45	74	17:11	16:46	16:05	16:20	
159	S81	Bruno Bathen	Team Signal Iduna	1:07:00	1:06:41	12	M55	62	16:42	15:34	17:45	16:38	
160	S303	Steinke Gerhard	*Köln	1:07:47	1:07:33	1	M75	42	17:28	16:13	16:23	17:28	
161	S80	Bergemann Alexander	Team Signal Iduna	1:07:49	1:07:30	4	MU20	00	17:52	16:44	16:12	16:40	
162	S112	Arf Khalid	Marathonprojekt mit Joey Kelly	1:15:00	1:14:49	22	M40	76	16:57	18:23	19:03	20:25	
163	S260	Panferov Alex	Marathonprojekt mit Joey Kelly	1:15:00	1:14:50	20	M45	70	18:02	18:00	19:39	19:07	

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
1	S184	Richters Stefanie	LT Ennert	0:41:25	0:41:22	1	W30	88	10:02	10:00	10:27	10:52	
2	S237	Schneider Caterina	LT Venusberg	0:41:51	0:41:48	1	W45	71	10:08	10:05	10:21	11:13	
3	S116	Van Zweeden Britta	LAV Bad Godesberg	0:42:09	0:42:06	2	W45	70	10:30	10:11	10:17	11:06	
4	S110	Stellmacher Katja	Troisdorfer LG	0:42:51	0:42:44	1	WU18	02	10:49	10:23	10:27	11:04	
5	S284	Stautemas Sarah	#generalibewegtdeutschland	0:42:53	0:42:51	1	W40	78	10:51	10:16	10:33	11:09	
6	S289	Wagner Asteria	LT Venusberg	0:44:23	0:44:21	3	W45	73	10:32	10:35	11:05	12:08	
7	S183	Hansen Antje	LT Ennert	0:44:51	0:44:45	2	W40	79	11:30	10:39	10:46	11:49	
8	S177	Schoeps Friederike	LT Ennert	0:44:56	0:44:52	2	W30	89	11:08	11:02	11:14	11:27	
9	S252	Ihle Malin		0:46:32	0:46:26	1	WU20	00	11:36	11:07	11:37	12:05	
10	S233	Bouricha Samia	SV Mindelzell	0:47:59	0:47:56	1	W50	67	12:15	11:26	11:42	12:32	
11	S174	Schmitz-Rendenbach	LT Ennert	0:48:31	0:48:17	2	W50	67	12:30	11:39	11:37	12:29	
12	S93	Lutz-Dettmer Mareike	Sportlich-Team Bornheim	0:49:33	0:49:28	1	W35	80	12:01	12:03	12:20	13:03	
13	S134	Hölzel Kerstin	Gaffel Lauffreunde	0:49:35	0:49:25	3	W40	77	12:37	12:13	11:56	12:38	
14	S173	Roeder Katja	LT Ennert	0:49:45	0:49:30	4	W40	79	12:22	11:40	12:14	13:12	
15	S186	Thelen Ursula	LT Ennert	0:49:57	0:49:42	1	W55	64	12:47	11:59	12:05	12:50	
16	S305	Röskens Susanne	*Bonn	0:50:11	0:49:55	2	W35	80	12:51	12:06	12:09	12:47	
17	S123	Timmermann Alke	SV Hellas Siegburg	0:50:55	0:50:47	4	W45	70	12:33	12:20	12:32	13:21	
18	S169	Reis Claudia	LT Ennert	0:52:10	0:51:55	2	W55	64	13:04	12:35	12:41	13:34	
19	S287	Thelen Beate	Alfterer SC	0:52:31	0:52:19	3	W55	62	13:17	12:38	12:43	13:40	
20	S156	Wroz Dagmar	SV Hellas Siegburg	0:53:40	0:53:26	1	W60	56	13:28	12:50	12:58	14:09	
21	S232	Reinhardt Margitta		0:54:12	0:54:01	4	W55	63	13:01	13:01	13:30	14:27	
22	S32	Dommermuth Ute		0:54:25	0:54:17	5	W45	74	12:45	13:05	13:38	14:48	
23	S172	Schüren Jutta	LT Ennert	0:55:05	0:54:49	5	W55	62	13:46	13:11	13:31	14:19	
24	S263	Hilt Laura	Ev. Freikirchen Siegburg	0:55:23	0:55:10	1	WHK	98	13:26	13:24	13:52	14:27	
25	S276	Heine Ela		0:55:44	0:55:36	5	W40	75	14:05	13:06	13:38	14:45	
26	S61	Kröker Anna		0:56:42	0:56:40	3	W30	87	13:53	13:34	14:12	14:59	
27	S249	Naaf Johanna	Team Münchhof	0:56:51	0:56:40	3	W35	81	14:17	13:48	13:49	14:45	
28	S279	Wienstroth Ilka	TSVE 1890 Bielefeld	0:57:11	0:57:02	4	W35	81	14:57	13:47	14:03	14:14	
29	S219	Hartmann Sarah		0:57:12	0:57:02	2	WHK	99	14:00	13:26	14:26	15:09	
30	S56	Egenolf Nina		0:57:14	0:57:03	2	WU18	02	14:14	13:51	13:56	15:01	
31	S240	Isbanner Anja	SV Hellas Siegburg	0:57:53	0:57:37	6	W45	70	14:28	13:50	14:12	15:05	
32	S214	Ebert Irena		0:58:11	0:57:50	5	W35	81	14:45	13:54	14:16	14:54	
33	S189	Schultz Miriam	RHENAG	0:58:26	0:58:11	6	W35	82	14:22	14:00	14:24	15:23	
34	S67	Kuhn Nina		0:58:41	0:58:21	7	W35	81	14:03	14:05	14:46	15:26	
35	S96	Niehues Gabi	Team Signal Iduna	0:58:48	0:58:41	3	W50	65	14:17	14:22	14:33	15:27	
36	S28	Abdi Gabriele	BBC BonnBerlinConnection	0:58:48	0:58:33	4	W50	69	14:39	14:03	14:20	15:29	
37	S148	Neudorf Iri	Evangelische Freikirche Siegbu	0:58:48	0:58:28	8	W35	82	14:40	14:22	14:11	15:13	
38	S220	Ebert Olga	Ev. Freikirche Siegburg	0:59:12	0:59:10	9	W35	81	14:02	14:29	14:47	15:51	
39	S190	Bucher Babara	RHENAG	0:59:18	0:58:59	6	W55	64	14:21	14:10	14:28	15:59	
40	S73	Epp Larysa	Evangelische Freikirche Siegbu	1:00:18	1:00:08	10	W35	81	15:49	13:57	15:39	14:41	
41	S336	Schlüter Johanna	St. Josef	1:00:40	1:00:33	1	WU16	05	14:50	14:34	15:10	15:58	
42	S122	Mießeler Jasmin	Samtpfötchen	1:00:51	1:00:36	3	WHK	98	15:12	14:25	14:34	16:25	
43	S69	Mießeler Gisèle	Samtpfötchen	1:00:51	1:00:37	7	W55	64	15:12	14:24	14:33	16:25	
44	S298	Groß Nadine	SV Hellas Siegburg	1:02:06	1:01:48	11	W35	81	15:18	14:53	15:14	16:22	
45	S144	Klein Susanne		1:02:11	1:01:52	7	W45	70	15:18	14:52	15:14	16:26	
46	S307	Happe Hannelore		1:02:20	1:02:16	8	W55	62	14:30	15:03	15:41	17:01	
47	S65	Wolf Anna	Ev. Freikirche Siegburg	1:02:38	1:02:17	12	W35	84	14:40	14:56	15:39	17:01	
48	S150	Berglesow Annika	Evangelische Freikirche Siegbu	1:03:10	1:03:01	4	WHK	96	15:21	14:58	16:05	16:36	
49	S78	Michels Tanja	Marathonprojekt mit Joey Kelly	1:04:26	1:04:14	13	W35	82	16:16	15:37	16:16	16:03	
50	S493	Unkels Eleni	St. Josef	1:05:33	1:05:26	1	WU14	07	15:08	16:53	16:38	16:46	
51	S54	Schütz Nadine	EVL Laufbotschafter	1:05:42	1:05:25	4	W30	88	15:31	16:22	16:31	17:00	
52	S916	Derksen Franziska		1:06:06	1:05:43	14	W35	82	15:36	16:18	16:54	16:54	
53	S74	Hildermann Vera	Marathonprojekt mit Joey Kelly	1:06:08	1:05:55	6	W40	75	16:17	15:37	16:23	17:37	
54	S827	Beckers Hannah	RHENAG	1:06:40	1:06:23	2	WU14	08	17:12	16:46	16:05	16:19	
55	S92	Ordemann Katrin	Team Signal Iduna	1:09:12	1:08:56	7	W40	79	17:23	16:36	16:38	18:17	
56	S57	Hildebrandt Ella	Ev. Freikirche Siegburg	1:09:22	1:09:12	15	W35	83	16:37	16:30	17:17	18:47	
57	S23	Wiecek Jennifer		1:10:46	1:10:26	5	W30	85	16:51	16:52	17:43	18:58	
58	S188	Leeser Julia	RHENAG	1:10:52	1:10:38	8	W40	79	17:09	16:51	18:10	18:26	
59	S257	Bettag Baran		1:13:10	1:12:48	5	WHK	91	17:14	17:14	18:42	19:37	
60	S94	Baum Marion	Team Signal Iduna	1:13:28	1:13:10	8	W45	70	17:49	17:18	18:15	19:45	

10km - Gesamtwertung

13. Siegburger HIT-Citylauf - 15. September 2019

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	S26	Axmann Sarah		1:14:29	1:14:09	16	W35	83	16:54	18:04	18:36	20:34	