

Ergebnisliste Männer

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	1533	Neves Joao Pedro		0:23:45	1998	MHK	1	0:23:49 11:23 * 12:22	3:33 min/km
2	155	Rütten Malte	PlusServer GmbH	0:29:05	1992	MHK	2	0:30:29 14:05 * 14:59	4:21 min/km
3	1578	Dürnagel Stefan	Wasserlauf	0:29:50	1980	M35	1	0:30:18 14:43 * 15:07	4:27 min/km
4	1460	Emrich Laurin	LT DSHS Köln	0:30:10	2005	MU16	1	0:30:14 14:22 * 15:47	4:30 min/km
5	1368	Mathey Philipp	*Köln	0:30:32	1988	M30	1	0:30:48 14:31 * 16:01	4:34 min/km
6	1534	Marques Joao Carlos		0:31:34	1969	M50	1	0:31:40 14:53 * 16:41	4:43 min/km
7	995	Burkhardt Frank	Elektro Thurwach GmbH	0:31:51	1964	M55	1	0:31:53 15:09 * 16:42	4:45 min/km
8	23	Tahari Behzad	Fa.Roggendorf	0:32:21	1998	MHK	3	0:32:31 15:15 * 17:06	4:50 min/km
9	616	Hemmersbach Markus	*Erfstadt	0:32:38	2001	MU20	1	0:33:41 16:32 * 16:05	4:52 min/km
10	1480	Wüllenweber Bastian	Pulheimer SC	0:33:37	2003	MU18	1	0:34:25 16:29 * 17:07	5:01 min/km
11	732	Marmann Frank	*Köln	0:33:50	1984	M35	2	0:34:01 15:51 * 17:58	5:03 min/km
12	1354	Kremer Ezpeleta	*Koeln	0:34:42	2003	MU18	2	0:35:37 16:50 * 17:52	5:11 min/km
13	1461	Gimnich Jannis	LT DSHS Köln	0:35:09	2008	MU12	1	0:35:10 17:27 * 17:42	5:15 min/km
14	150	Malaschitz Markus	PlusServer GmbH	0:35:14	1983	M35	3	0:36:39 17:19 * 17:55	5:16 min/km
15	546	Dokic Milan	*Köln	0:35:34	2004	MU16	2	0:36:47 17:48 * 17:46	5:19 min/km
16	134	Schulze Mike	NORMA	0:35:42	1998	MHK	4	0:35:56 17:04 * 18:38	5:20 min/km
17	174	Makarow Julian	Kuhn-Edelstahl	0:35:54	1997	MHK	5	0:36:02 17:02 * 18:52	5:22 min/km
18	1138	Eich Jörg	LT Tus Mondorf	0:36:10	1964	M55	2	0:37:04 17:33 * 18:37	5:24 min/km
19	945	Sühr Daniel	Albis lautfreff	0:36:11	1993	MHK	6	0:36:36 17:24 * 18:46	5:24 min/km
20	935	Zilligen Hendrik	*Köln	0:37:45	1988	M30	2	0:39:29 18:37 * 19:08	5:38 min/km
21	1508	Hessel Philipp	walking deads	0:37:47	1970	M45	1	0:38:50 18:57 * 18:50	5:38 min/km
22	632	Hoffmann Jonathan	*Köln	0:37:58	1981	M35	4	0:38:06 18:35 * 19:22	5:40 min/km
23	520	Causemann Matthias	*Köln	0:38:01	1987	M30	3	0:39:45 18:37 * 19:23	5:40 min/km
24	1579	Dürnagel Markus	Wasserlauf	0:38:06	1970	M45	2	0:38:33 17:29 * 20:36	5:41 min/km
25	508	Brings Daniel	*Köln	0:38:37	1979	M40	1	0:39:11 19:13 * 19:23	5:46 min/km
26	706	Kurtz Raymund	*Köln	0:39:15	1985	M30	4	0:39:54 20:12 * 19:02	5:52 min/km
27	1573	Nitzki Tobias		0:39:55	2001	MU20	2	0:41:28 19:44 * 20:11	5:58 min/km
28	1199	Nolden Ralf	THC Köln	0:39:59	1967	M50	2	0:50:49 18:54 * 21:04	5:58 min/km
29	991	Feld Erich	Dreamteam	0:40:26	1958	M60	1	0:41:32 20:49 * 19:36	6:02 min/km
30	1098	Heins Markus	LeseWelten	0:40:42	1989	M30	5	0:40:46 19:53 * 20:49	6:05 min/km
31	1537	Kaßner Eric		0:40:47	2007	MU14	1	0:40:47 17:55 * 22:51	6:05 min/km
32	519	Causemann Christian	*Köln	0:40:49	1984	M35	5	0:42:33 20:34 * 20:14	6:06 min/km
33	718	Lingscheid Dr. Yves	*Burscheid	0:40:59	1982	M35	6	0:41:26 19:25 * 21:34	6:07 min/km
34	161	Michel Thalís	Team Mediengruppe RTL	0:41:19	1996	MHK	7	0:42:42 19:31 * 21:48	6:10 min/km
35	774	Niemeyer Benjamin	*Dormagen	0:41:37	1987	M30	6	0:42:06 19:53 * 21:43	6:13 min/km
36	749	Molitor Niklas	*Köln	0:41:58	1991	MHK	8	0:42:05 19:19 * 22:39	6:16 min/km
37	16	Waltermann Lennard	DER Touristik GmbH	0:42:21	1999	MHK	9	0:44:20 19:51 * 22:30	6:19 min/km
38	11	Aretz Jan	DER Touristik GmbH	0:42:25	1997	MHK	10	0:44:24 21:30 * 20:55	6:20 min/km
39	640	Huhn Christian	*Leverkusen	0:42:41	1978	M40	2	0:43:07 20:13 * 22:27	6:22 min/km
40	641	Huhn Julian	*Dichtelbach	0:42:41	1992	MHK	11	0:43:08 20:14 * 22:27	6:22 min/km
41	116	Knechtel Markus	NORMA	0:42:58	0	MHK	12	0:44:35 20:39 * 22:19	6:25 min/km
42	517	Busch Tobias	*Köln	0:43:11	1972	M45	3	0:44:51 21:35 * 21:36	6:27 min/km
43	143	Coenen Fabian	PlusServer GmbH	0:43:22	1995	MHK	13	0:44:48 20:20 * 23:02	6:28 min/km
44	477	Bartholomé Herbert	*Köln	0:43:23	1956	M60	2	0:43:39 21:17 * 22:05	6:29 min/km
45	1549	Kunze Rudolf		0:43:26	1989	M30	7	0:43:27 19:08 * 24:18	6:29 min/km
46	796	Pusch Peter	*Köln	0:43:28	1956	M60	3	0:43:36 20:39 * 22:48	6:29 min/km
47	678	Klein Helmut	*Köln	0:43:57	1963	M55	3	0:45:12 21:36 * 22:20	6:34 min/km
48	1136	Wolf Alexander	LongBliBlu-Runners	0:43:58	1973	M45	4	0:44:37 21:20 * 22:37	6:34 min/km
49	1487	DAX PETER	Scuolfreunde	0:44:08	1961	M55	4	0:45:51 21:51 * 22:17	6:35 min/km
50	1388	Ronnenberg Dr. Karsten	*Köln	0:44:13	1976	M40	3	0:45:51 21:56 * 22:17	6:36 min/km
51	1474	Kämpfer Prof. Dr. Till	Outdoor Gym	0:44:22	1993	MHK	14	0:45:26 21:07 * 23:15	6:37 min/km
52	38	Eick Marcel	Lidl	0:45:41	1971	M45	5	0:46:29 27:32 * 18:08	6:49 min/km
53	1165	Dündar Can	Roads & Aces	0:45:43	1972	M45	6	0:47:00 22:03 * 23:40	6:49 min/km

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54	466	Alemany Emilien	*Bad Homburg	0:45:52	2006 MU14	2	0:46:27	21:58 * 23:54	6:51 min/km
55	790	Pleszewski Christian	*Köln	0:45:57	1977 M40	4	0:46:59	23:09 * 22:47	6:52 min/km
56	689	Gießen Ulrich	*Dasing	0:46:04	1989 M30	8	0:46:36	22:23 * 23:40	6:53 min/km
57	972	Martens Andre	BUTLERS	0:46:07	1988 M30	9	0:46:37	18:33 * 27:34	6:53 min/km
58	1439	Hirsch Jacob	Hängebauchhirsche Köln	0:46:14	2006 MU14	3	0:47:54	22:42 * 23:32	6:54 min/km
59	1440	Hirsch Manfred	Hängebauchhirsche Köln	0:46:15	1971 M45	7	0:47:54	22:42 * 23:33	6:54 min/km
60	1127	Straub Maurice	LeseWelten	0:46:21	1989 M30	10	0:46:24	21:16 * 25:05	6:55 min/km
61	605	Hansen Norbert	*Kerpen	0:46:26	1954 M65	1	0:48:11	22:26 * 24:00	6:56 min/km
62	1304	Brunner Ulrich	*Köln	0:46:26	1937 M75	1	0:47:01	22:03 * 24:23	6:56 min/km
63	943	Gräter Kurt	agegain - DSHS	0:46:28	1948 M70	1	0:47:43	22:03 * 24:25	6:56 min/km
64	1435	Janssen Michael	Fortuna Düsseldorf	0:47:15	1970 M45	8	0:47:43	22:24 * 24:51	7:03 min/km
65	724	Lüttin Oliver	*Köln	0:47:53	1966 M50	3	0:49:01	24:43 * 23:09	7:09 min/km
66	987	Steinbach Ralf	Die Genussläufer	0:48:09	1956 M60	4	0:48:49	22:41 * 25:27	7:11 min/km
67	1221	Weidlich Klemens	Veedelstrüppchen	0:48:41	1962 M55	5	0:49:58	21:42 * 26:58	7:16 min/km
68	1548	Ahrens P. Johannes		0:48:41	1966 M50	4	0:49:39	23:24 * 25:17	7:16 min/km
69	1023	Harff Tiago	HCA / Kl 4a	0:48:42	2009 MU12	2	0:50:37	24:22 * 24:19	7:16 min/km
70	1030	Hepp Philippe	HCA / Kl. 2a	0:48:44	2011 MU10	1	0:50:38	24:23 * 24:20	7:16 min/km
71	1024	Hepp Andreas	HCA / Kl 4a	0:48:44	2008 MU12	3	0:50:38	24:24 * 24:20	7:17 min/km
72	538	Delfmann Dr. Thomas	*Köln	0:49:01	1958 M60	5	0:50:26	24:23 * 24:38	7:19 min/km
73	611	Haupt Ulrich	*Lohmar	0:50:34	1943 M75	2	0:52:20	24:18 * 26:16	7:33 min/km
74	621	Hepp Markus	*Köln	0:51:23	1973 M45	9	0:53:17	25:08 * 26:15	7:40 min/km
75	682	Kloß Timo	*Hennef (Sieg)	0:52:01	1986 M30	11	0:52:23	25:27 * 26:34	7:46 min/km
76	934	Zelesen Tom	*Bergisch Gladbach	0:52:29	1973 M45	10	0:54:13	25:52 * 26:36	7:50 min/km
77	933	Zelesen Thomas	*Bergisch Gladbach	0:52:29	1968 M50	5	0:54:13	25:52 * 26:36	7:50 min/km
78	112	Kaiser Florian	NORMA	0:54:26	1994 MHK	15	0:54:40	33:53 * 20:33	8:08 min/km
79	121	Mettner Jannik	NORMA	0:54:26	1995 MHK	16	0:54:40	33:54 * 20:31	8:08 min/km
80	1233	Kunz Markus	*Köln	0:57:58	1964 M55	6	0:58:42	17:57 * 40:01	8:39 min/km

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	612	Heidecke Jenny	*Köln	0:32:03	1986 W30	1	0:32:14	15:46 * 16:16	4:47 min/km
2	1479	Selvilli Jasmin	Pulheimer SC	0:33:37	2003 WU18	1	0:34:25	16:30 * 17:07	5:01 min/km
3	1284	Baldus Anna-Louisa	*Köln	0:33:38	2003 WU18	2	0:34:31	16:18 * 17:20	5:01 min/km
4	825	Schäfer Caroline	*Köln	0:34:12	1989 W30	2	0:34:20	16:32 * 17:39	5:06 min/km
5	1430	Hahndorf Susanne	ASV Köln	0:34:14	1968 W50	1	0:34:50	16:57 * 17:17	5:07 min/km
6	1509	Sühr Sabine	walking deads	0:34:24	1971 W45	1	0:35:20	16:54 * 17:30	5:08 min/km
7	79	Hilger Kristina	Ludwig Fresenius Schulen	0:34:54	1999 WHK	1	0:36:49	17:23 * 17:31	5:13 min/km
8	1482	Wippenfeld Tatjana	Run of Colours	0:35:08	1990 WHK	2	0:35:11	16:26 * 18:42	5:15 min/km
9	1494	Kräker Luisa	Superpunk	0:37:16	2007 WU14	1	0:37:21	16:51 * 20:25	5:34 min/km
10	1014	Schondorff Sophia	HCA / Kl 1b	0:37:17	2012 WU10	1	0:38:50	18:03 * 19:13	5:34 min/km
11	1458	Bause Emma	LT DSHS Köln	0:38:12	2009 WU12	1	0:38:26	17:38 * 20:34	5:42 min/km
12	1082	Zielke Diana	LC Weilerswist	0:38:18	1975 W40	1	0:39:31	18:55 * 19:23	5:43 min/km
13	1324	Gollhardt Sarina	*Köln	0:38:18	1980 W35	1	0:38:44	19:25 * 18:52	5:43 min/km
14	1375	Notarius Lilly	*Frechen	0:38:30	2001 WU20	1	0:39:33	19:43 * 18:47	5:45 min/km
15	50	Seul Heike	Lidl	0:38:45	1976 W40	2	0:39:33	19:12 * 19:32	5:47 min/km
16	1416	Weickmann Nicole	*Köln	0:38:49	1969 W50	2	0:39:53	19:04 * 19:44	5:48 min/km
17	1429	Broetje Julia	ASV Köln	0:39:51	2008 WU12	2	0:40:16	18:42 * 21:08	5:57 min/km
18	1369	Melchien Yessica	*Köln	0:39:59	1998 WHK	3	0:40:57	18:39 * 21:19	5:58 min/km
19	876	Thomas-Frank Nadine	*Bonn	0:40:05	1993 WHK	4	0:40:25	19:26 * 20:38	5:59 min/km
20	77	Dunker Marie	Ludwig Fresenius Schulen	0:40:09	1999 WHK	5	0:42:00	19:28 * 20:41	5:60 min/km
21	123	Morozova Svetlana	NORMA	0:40:20	1969 W50	3	0:40:33	18:53 * 21:27	6:01 min/km
22	1241	Selke Julia	*Köln	0:40:42	1977 W40	3	0:41:00	19:33 * 21:08	6:04 min/km
23	1043	Menzhausen Johanna	KF Lebensstil	0:40:43	1995 WHK	6	0:40:47	19:21 * 21:21	6:05 min/km
24	5	Kerstin Außem	*Köln	0:40:55	1987 W30	3	0:41:35	21:35 * 19:20	6:06 min/km
25	1183	Van der Veen Mengchun	TC Nievenheim	0:41:01	1979 W40	4	0:41:31	19:22 * 21:38	6:07 min/km
26	639	Huhn Anna	*Leverkusen	0:41:05	1985 W30	4	0:41:32	20:13 * 20:52	6:08 min/km
27	1535	Krodel Samira		0:41:11	1999 WHK	7	0:41:51	20:05 * 21:05	6:09 min/km
28	1120	Sander Henrike	LeseWelten	0:41:27	1989 W30	5	0:41:29	19:55 * 21:31	6:11 min/km
29	1502	Bula Stephanie	walking deads	0:41:45	1973 W45	2	0:42:43	20:17 * 21:28	6:14 min/km
30	587	Gerull Sophie	*Remscheid	0:41:58	2010 WU10	2	0:42:27	19:54 * 22:04	6:16 min/km
31	1094	Glück Sandra	LeseWelten	0:42:03	1989 W30	6	0:42:05	20:40 * 21:22	6:17 min/km
32	1111	Mertins Lena	LeseWelten	0:42:05	1989 W30	7	0:42:07	20:40 * 21:24	6:17 min/km
33	672	Khauer Christine	*Köln	0:42:06	1974 W45	3	0:43:32	23:53 * 18:12	6:17 min/km
34	1582	Krus Julia	*Pulheim	0:42:08	1997 WHK	8	0:42:59	21:12 * 20:56	6:17 min/km
35	1576	Wessel Laura-Marie	DSHS Köln	0:42:16	2005 WU16	1	0:42:21	20:41 * 21:35	6:19 min/km
36	13	Peters Melina	DER Touristik GmbH	0:42:29	1997 WHK	9	0:44:27	19:50 * 22:38	6:20 min/km
37	83	Sievers Corinna	Ludwig Fresenius Schulen	0:42:48	1984 W35	2	0:44:44	21:10 * 21:38	6:23 min/km
38	690	Körner Christa	*Bonn	0:42:59	1964 W55	1	0:43:50	21:21 * 21:38	6:25 min/km
39	694	Komljenovic Viktoria	*Köln	0:43:13	1990 WHK	10	0:43:26	20:16 * 22:56	6:27 min/km
40	990	Dürholt-Feld Renate	Dreamteam	0:43:20	1953 W65	1	0:44:25	20:52 * 22:27	6:28 min/km
41	1157	Esser Traute	Outdoor Gym Köln	0:43:43	1969 W50	4	0:44:45	21:15 * 22:27	6:32 min/km
42	1154	Schäfer Lisa	Outdoor Gym	0:43:43	1985 W30	8	0:44:45	21:07 * 22:36	6:32 min/km
43	1224	Heying Dr. Bernadeta	VS738	0:43:53	1984 W35	3	0:45:34	21:40 * 22:12	6:33 min/km
44	677	Klein Bianca	*Köln	0:43:55	1970 W45	4	0:45:11	21:36 * 22:19	6:33 min/km
45	965	Cacici Angelika	BUTLERS	0:44:06	1982 W35	4	0:44:36	20:46 * 23:19	6:35 min/km
46	54	Deylitz Anja	Lindner Hotel City Plaza	0:44:15	1973 W45	5	0:44:59	21:41 * 22:33	6:36 min/km
47	1176	Sommer Hannelore	Sommerläufer	0:44:21	1958 W60	1	0:46:02	21:57 * 22:23	6:37 min/km
48	1152	Stanik Lea	ODG Köln	0:44:23	1990 WHK	11	0:45:26	21:15 * 23:07	6:37 min/km
49	1179	Suché Claudia	Speck and run	0:44:30	1977 W40	5	0:45:22	22:12 * 22:18	6:39 min/km
50	919	Wiesmann Jennifer	*Köln	0:44:46	1986 W30	9	0:45:00	22:00 * 22:45	6:41 min/km
51	799	Rabbow Marta	*Köln	0:44:47	1985 W30	10	0:45:00	22:01 * 22:45	6:41 min/km
52	1540	Schroiff Julia		0:44:47	2001 WU20	2	0:45:58	22:09 * 22:38	6:41 min/km
53	487	Biela Dominique	*Köln	0:44:59	1983 W35	5	0:46:40	21:23 * 23:35	6:43 min/km

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54	1039	Galler Edith	Just for Run	0:45:18	1976	W40	6	0:46:04	21:46 *	23:31	6:46 min/km
55	696	Kotzeck Pia	*Eschweiler	0:45:25	1985	W30	11	0:46:30	23:01 *	22:23	6:47 min/km
56	1591	Wesener Nora		0:45:30	2007	WU14	2	0:47:20	22:33 *	22:57	6:48 min/km
57	551	Dreschmann Nicole	*Köln	0:45:36	1976	W40	7	0:46:32	22:19 *	23:16	6:48 min/km
58	1379	Pop Anamaria	*Köln	0:45:51	1977	W40	8	0:47:24	24:50 *	21:00	6:51 min/km
59	536	Deinath Alexandra	*Köln	0:45:52	1971	W45	6	0:46:23	22:23 *	23:28	6:51 min/km
60	1408	Täuber Leah-Sophie	*Bonn	0:46:08	1996	WHK	12	0:47:20	23:07 *	23:00	6:53 min/km
61	1580	Siebertz Hanna	Wasserlauf	0:46:08	1987	W30	12	0:46:37	21:13 *	24:54	6:53 min/km
62	1150	Siek Regina	Obstsalat	0:46:10	1991	WHK	13	0:46:43	22:23 *	23:46	6:53 min/km
63	1114	Müller Ines	LeseWelten	0:46:22	1989	W30	13	0:46:25	21:16 *	25:05	6:55 min/km
64	552	Dridiger Irina	*Köln	0:46:24	1988	W30	14	0:47:06	22:06 *	24:18	6:56 min/km
65	897	Von Wirth Lea	*Köln	0:46:25	1993	WHK	14	0:48:11	22:26 *	23:59	6:56 min/km
66	553	Dridiger Tanja	*Euskirchen	0:46:26	1986	W30	15	0:47:08	22:06 *	24:20	6:56 min/km
67	701	Kroshka Nadiya	*Köln	0:46:28	1979	W40	9	0:47:30	23:09 *	23:18	6:56 min/km
68	1296	Blasberg Nina	*Leichlingen	0:46:38	1988	W30	16	0:48:08	21:52 *	24:45	6:58 min/km
69	808	Richartz Ursula	*Köln	0:46:50	1964	W55	2	0:48:19	23:09 *	23:40	6:59 min/km
70	1500	Blüting Jacqueline	walking deads	0:46:53	1989	W30	17	0:47:52	22:04 *	24:49	6:60 min/km
71	879	Truebenbach Catherine	*Düsseldorf	0:46:58	1985	W30	18	0:48:12	23:25 *	23:32	7:01 min/km
72	815	Rolfo Lilian	*Düsseldorf	0:46:58	1991	WHK	15	0:48:12	23:25 *	23:33	7:01 min/km
73	821	Saina Alessandra	*Solingen	0:46:58	1988	W30	19	0:48:12	23:24 *	23:33	7:01 min/km
74	21	Mayer Ellen	Fa.Roggendorf	0:47:04	1964	W55	3	0:47:14	22:17 *	24:46	7:02 min/km
75	769	Neuber Anja	*Köln	0:47:09	1973	W45	7	0:48:52	22:54 *	24:14	7:02 min/km
76	1285	Baldus Beate	*Köln	0:47:24	1973	W45	8	0:48:24	23:25 *	23:59	7:05 min/km
77	1293	Bellen Sabrina	*Köln	0:47:31	1978	W40	10	0:49:18	23:26 *	24:05	7:06 min/km
78	1319	Franke Petra	*Bonn	0:47:31	1979	W40	11	0:49:18	23:26 *	24:05	7:06 min/km
79	970	Kaufmann Bianca	BUTLERS	0:47:47	1981	W35	6	0:48:18	22:24 *	25:23	7:08 min/km
80	71	Wittmaack Ann-Kareen	Lindner Hotel City Plaza	0:48:01	1992	WHK	16	0:48:46	22:29 *	25:32	7:10 min/km
81	638	Hülkamp Tatjana	*Köln	0:48:01	1969	W50	5	0:49:06	23:04 *	24:57	7:10 min/km
82	135	Siefert Kerstin	NORMA	0:48:14	1986	W30	20	0:48:32	22:48 *	25:25	7:12 min/km
83	836	Schmitz Nicole	*Euskirchen	0:48:25	1972	W45	9	0:49:44	22:58 *	25:27	7:14 min/km
84	813	Rohm Brigitte	*Troisdorf	0:48:39	1958	W60	2	0:48:55	23:17 *	25:22	7:16 min/km
85	814	Rohm Nina	*Leverkusen	0:48:39	1985	W30	21	0:48:55	23:17 *	25:22	7:16 min/km
86	524	Conradi Anne	*Köln	0:49:05	1979	W40	12	0:50:34	22:57 *	26:07	7:20 min/km
87	803	Reichel Claudia	*Köln	0:49:39	1964	W55	4	0:50:59	23:23 *	26:16	7:25 min/km
88	46	Klinkhammer Julia	Lidl	0:49:48	1992	WHK	17	0:50:37	23:02 *	26:45	7:26 min/km
89	864	Stolle Mara	*Düsseldorf	0:49:58	1990	WHK	18	0:50:34	24:15 *	25:42	7:28 min/km
90	928	Wolf Angelina	*Düsseldorf	0:49:59	1993	WHK	19	0:50:52	23:11 *	26:48	7:28 min/km
91	902	Wahl Celine	*Aachen	0:50:13	1992	WHK	20	0:51:28	24:48 *	25:24	7:30 min/km
92	1547	Ahrens Sabine		0:50:19	1971	W45	10	0:51:17	23:24 *	26:55	7:31 min/km
93	771	Neufeld Margarita	*Köln	0:50:23	1993	WHK	21	0:51:00	28:48 *	21:35	7:31 min/km
94	1359	Linden Svenja	*Hürth	0:50:25	1992	WHK	22	0:50:50	22:44 *	27:41	7:32 min/km
95	489	Bierhoff Anja	*Köln	0:50:46	1974	W45	11	0:52:05	23:54 *	26:51	7:35 min/km
96	623	Herold Sophie	*Köln	0:50:47	2009	WU12	3	0:52:06	23:55 *	26:51	7:35 min/km
97	1158	Strombach Tina	Outdoorgym	0:50:51	1985	W30	22	0:51:54	24:32 *	26:19	7:35 min/km
98	1156	Van Koll Dr. Simone	Outdoor Gym	0:50:52	1988	W30	23	0:51:55	24:32 *	26:19	7:36 min/km
99	1488	LUBE-DAX CHRISTIANE	Scuolfreunde	0:51:09	1965	W50	6	0:52:58	25:36 *	25:33	7:38 min/km
100	1453	Ayche Karin	Laufmariechen Köln	0:51:16	1954	W65	2	0:53:09	25:12 *	26:04	7:39 min/km
101	593	Grochla Isabel	*Köln	0:51:20	1963	W55	5	0:52:09	23:47 *	27:32	7:40 min/km
102	923	Windheuser Anne	*Köln	0:51:20	1963	W55	6	0:52:10	23:47 *	27:33	7:40 min/km
103	807	Reuter Corinna	*Düren	0:51:46	1988	W30	24	0:53:15	23:32 *	28:13	7:44 min/km
104	529	Cruse Yana	*Hennef (Sieg)	0:52:01	1990	WHK	23	0:52:23	25:27 *	26:33	7:46 min/km
105	1524	Schneider Andrea		0:52:22	1970	W45	12	0:52:50	24:04 *	28:17	7:49 min/km
106	1525	Schneider Sydney		0:52:24	1966	W50	7	0:52:51	24:06 *	28:17	7:49 min/km
107	590	Götz Barbara	*Bonn	0:53:42	1984	W35	7	0:54:36	29:30 *	24:12	8:01 min/km
108	1036	Albrecht Antonia	HHZGB	0:53:42	1983	W35	8	0:54:37	29:30 *	24:12	8:01 min/km
109	95	Becker Susanne	NORMA	0:54:12	1986	W30	25	0:54:31	25:47 *	28:25	8:05 min/km

Ergebnisliste Frauen

110	617	Hennemann Diana	*Leverkusen	0:55:09	1980 W35	9	0:56:41	26:18 *	28:51	8:14 min/km
111	26	Karger Annette	Lebensbaum	0:55:37	1966 W50	8	0:57:15	27:23 *	28:14	8:18 min/km
112	699	Krause Nadja	*Köln	0:57:16	1966 W50	9	0:57:59	27:29 *	29:46	8:33 min/km
113	882	Uhlenbruck Katja	*Köln	0:57:16	1962 W55	7	0:57:59	27:29 *	29:47	8:33 min/km
114	577	Fuss Sonja	*Köln	0:57:23	1978 W40	13	0:58:45	27:49 *	29:33	8:34 min/km
115	719	Löffler Barbara	*Pulheim	0:57:24	1978 W40	14	0:58:46	27:52 *	29:32	8:34 min/km
116	592	Grings Inka	*Köln	0:57:27	1978 W40	15	0:58:49	27:52 *	29:34	8:35 min/km
117	779	Oberzier Ilona	*Köln	0:57:30	1954 W65	3	0:59:19	28:10 *	29:19	8:35 min/km
118	584	Gerhard Lara	*Köln	0:57:58	2007 WU14	3	0:59:46	27:31 *	30:27	8:39 min/km
119	711	Lambertz-Bruels Ruth	*Köln	0:58:32	1961 W55	8	0:59:55	57:18 *	01:13	8:44 min/km
120	583	Gerhard Angela	*Köln	0:58:35	1976 W40	16	1:00:25	27:46 *	30:49	8:45 min/km
121	1151	Steurer Jenny	Obstsalat	0:58:50	1984 W35	10	0:59:23	28:03 *	30:47	8:47 min/km
122	1314	Faßbender Nicole	*Bornheim	1:00:33	1978 W40	17	1:02:17	29:58 *	30:35	9:02 min/km
123	1282	Baehr Michaela	*Bornheim	1:00:33	1982 W35	11	1:02:17	29:57 *	30:36	9:02 min/km
124	465	Alemanly Carlotta	*Bad Homburg	1:00:52	2007 WU14	4	1:01:28	31:07 *	29:44	9:05 min/km
125	486	Beu Marlene	*Köln	1:00:52	1955 W60	3	1:01:28	31:08 *	29:44	9:05 min/km
126	1164	Kordeuter Jutta	ReVital Center	1:03:47	1954 W65	4	1:05:40	31:05 *	32:41	9:31 min/km
127	1202	Fuchs Christa	TUS Mutti + Sohnemann	1:04:21	1956 W60	4	1:06:13	30:16 *	34:05	9:36 min/km