

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten
1	729	Gillen Philippe	Run Squad CGN	2:45:00	1	MHK	1989	07:27 18:27 18:57 18:55 18:41 19:14 19:30 21:09
2	727	Skopnik Manuel	TV Refrath	2:55:12	1	M45	1972	08:16 20:49 21:12 21:27 20:58 20:43 20:56 20:31
3	722	Knauf Albert	LG Mützenich	3:07:53	1	M50	1964	08:13 20:55 21:25 21:41 22:02 22:22 23:26 23:36
4	746	Lössner Ralph	*Duisburg	3:09:24	2	M45	1972	09:25 22:44 22:41 22:46 22:30 22:18 22:21 22:17
5	734	Präger Norman	Running Team Grafenberg	3:12:01	1	M35	1982	09:31 22:47 23:08 23:04 23:00 23:02 22:52 22:29
6	748	Schneider Thomas		3:15:00	3	M45	1969	08:46 21:29 21:26 21:42 22:20 23:17 24:20 25:16
7	738	Holbein Jan	Pulheimer SC	3:21:54	2	MHK	1990	09:46 24:34 24:22 24:03 23:56 23:34 23:37 23:44
8	725	Vogel Jörg	Running Vogels	3:23:44	4	M45	1969	12:11 29:47 29:22 30:19 31:02 33:22 37:13 00:00
9	701	Popp Daniel	*Blankenheim	3:24:05	1	M30	1985	09:39 23:32 23:44 23:33 23:24 24:00 24:39 25:29
10	797	Lechelt Stefan	R U N	3:24:42	1	M40	1975	12:11 29:47 29:22 30:18 30:59 33:52 37:47 00:00
11	800	Panus Peter	bieganie.pl	3:25:29	2	M40	1974	09:48 24:24 24:53 24:30 24:30 24:19 24:19 24:35
12	749	Hennecke Holger	*Bonn	3:27:09	2	M50	1964	09:10 22:56 23:31 24:10 24:40 24:41 25:20 25:46
13	716	Bergmann Eik	*Ratingen	3:29:57	5	M45	1970	09:53 24:46 24:35 24:25 24:24 24:42 24:51 25:32
14	723	Gerlach Marco	Radbuddies Rhein Ruhr	3:29:57	3	M40	1974	10:12 24:27 24:35 24:25 25:24 24:42 24:51 25:31
15	703	Uteß Martin	*Wuppertal	3:30:28	2	M30	1987	09:11 23:50 25:34 26:23 25:52 25:55 25:31 24:10
16	747	Kortmann Volker	*Grevenbroich	3:32:16	6	M45	1969	10:17 25:01 25:33 25:53 25:20 25:19 24:50 24:42
17	742	Stracke Celin	*Bonn	3:39:23	3	MHK	1990	10:38 26:15 26:10 25:59 25:51 25:56 26:13 26:02
18	755	Codjia Marquis	-	3:42:18	3	M50	1968	13:03 32:11 31:14 31:01 31:39 38:39 44:12 00:00
19	744	Doose Bodo	*Köln	3:42:42	7	M45	1971	10:18 25:28 25:37 25:34 25:52 26:03 26:19 27:49
20	751	Zhang Martin	*Aachen	3:42:42	4	MHK	1998	08:51 24:20 25:24 26:24 27:08 26:39 28:01 29:26
21	789	Lorenz Markus	Lauffreunde HADI Wesel	3:43:38	5	MHK	1990	09:48 25:24 26:22 26:42 26:41 27:25 27:27 27:43
22	733	Vogt Wolfgang	Feuerwehr SV Düsseldorf	3:44:17	1	M55	1959	10:29 25:10 25:39 25:55 26:09 26:43 27:09 27:45
23	704	Hohenwarter Florian	*Köln	3:44:38	3	M30	1986	10:59 25:24 24:38 24:31 25:20 25:31 26:52 29:59
24	718	Van Loo Christian	*Brühl	3:48:30	2	M55	1959	10:38 24:43 25:40 28:06 26:26 29:50 26:55 27:54
25	743	Winkler Ingolf	www.kilometersammler.de	3:53:37	8	M45	1972	11:49 28:06 28:07 26:19 26:12 26:37 26:55 28:31
26	735	Eckstein Raik	HELOT Köln	3:59:05	4	M40	1974	11:06 26:41 27:02 27:56 28:51 29:48 28:28 29:12
27	706	Neumann Markus	*Köln	3:59:34	9	M45	1970	12:21 29:39 29:01 28:43 28:08 27:29 27:42 27:48
28	792	Frankel Ian	Sportlich-Team Bornheim	4:05:25	10	M45	1969	11:27 27:28 27:49 27:23 27:37 27:28 28:30 30:49
29	754	Hippe Karsten	Team Erdinger Alkoholfrei	4:08:45	11	M45	1973	11:29 27:52 28:09 28:28 29:07 29:46 30:10 32:12
30	791	Sattler Dr. Stefan	Sportlich-Team Bornheim	4:09:39	4	M50	1965	11:27 27:29 27:49 27:46 28:27 29:40 30:46 32:52
31	745	Braun Andreas	SG Zons	4:09:47	3	M55	1963	11:48 28:06 28:07 27:51 29:15 29:48 31:00 32:27
32	740	Lückmann Hendrik	*Nyon	4:10:26	6	MHK	1991	10:47 28:11 29:15 28:36 29:16 30:14 30:24 31:13
33	713	Scholzen Sven	*Köln	4:13:43	12	M45	1971	11:06 26:41 27:02 27:56 28:51 29:49 32:33 33:58
34	719	Löhr Stefan	LT Hertha Buschhoven	4:17:58	13	M45	1970	11:42 29:36 29:40 29:42 30:00 30:41 30:38 32:09
35	741	Kals Marius	*Köln	4:21:01	4	M30	1987	12:54 31:27 30:50 30:05 30:33 30:03 30:36 32:23
36	790	Brocke Carsten		4:21:44	14	M45	1970	13:15 31:54 31:49 30:48 30:16 30:25 29:28 31:03
37	730	Reuter Jürgen	HartfüßlerTrail e. V.	4:22:18	5	M50	1966	12:22 30:26 30:10 30:08 30:50 31:20 31:35 32:36
38	795	Luther Mario	LG Ultralauf	4:24:10	4	M55	1961	12:32 29:30 30:57 31:35 31:15 32:25 31:35 31:07
39	710	Thies Dirk	Keine Schmerzen	4:24:13	6	M50	1965	12:32 29:30 30:57 31:35 31:15 32:25 31:34 31:07
40	793	Froonhoff Rob	100 MarathonClub	4:25:18	7	M50	1966	11:36 29:23 29:27 28:44 29:08 29:44 33:54 34:53
41	728	Müller Arno	Die Ruhrpotts Dortmund	4:26:33	1	M60	1957	12:20 31:21 30:39 29:44 31:27 30:56 33:25 32:43
42	711	Weiffen Dennis	TV Witzhelden	4:26:35	5	M40	1976	11:42 29:36 29:40 29:42 30:00 31:13 31:26 37:44
43	717	Müller Wolfgang	Vfl Engelskirchen	4:31:38	2	M60	1956	12:52 31:29 30:51 30:04 30:01 30:31 29:18 49:03
44	726	Steckel Manfred	TriathlonSteckelCologne	4:37:01	3	M60	1955	13:52 33:17 33:00 33:35 34:54 34:26 33:57 31:30
45	714	Heidchen Michael	VfL Engelskirchen	4:37:47	4	M60	1955	13:52 33:25 33:16 33:38 32:54 32:45 34:44 31:38
46	721	Radics Zsolt	GL8 Sport	4:40:56	15	M45	1970	10:12 26:22 27:37 28:15 31:53 38:02 38:28 39:57
47	794	Bremer Andreas	Tri Team TG Witten	4:45:53	5	M60	1956	12:20 31:21 32:04 33:13 33:58 35:25 36:28 35:28
48	705	Poth Dirk	TV-Obermaubach	4:58:14	16	M45	1973	12:52 31:28 30:51 30:49 32:06 33:59 41:31 42:47

Frauen

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten							
1	739	Hark Andrea	Pulheimer SC	3:48:27	1	W55	1960	10:13	26:20	27:02	27:34	27:00	27:31	27:28	27:14
2	750	Werz Ruby	Team VorWerz Torney	4:05:45	1	W40	1974	10:30	26:56	27:09	27:44	28:58	29:21	30:15	31:06