

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
1	2921	White Richard	Tipton Harriers	1:15:37	1:15:38	1	M35	82	0:13:22	0:35:39	0:26:36
2	2906	Tertünte Björn	Ayyo Team Essen E. V.	1:18:42	1:18:43	1	M45	73	0:13:45	0:37:29	0:27:27
3	3033	Kruck Karsten	ASV Duisburg E.v.	1:18:43	1:18:44	1	M40	78	0:13:45	0:37:24	0:27:33
4	4236	Sprott Andreas	Running Team Grafenberg	1:20:07	1:20:09	1	MHK	89	0:14:05	0:38:21	0:27:40
5	3168	Kersten Timo	Running Team Grafenberg	1:20:14	1:20:15	1	M30	87	0:14:06	0:38:22	0:27:45
6	3128	Althöfer Alexander	*Iserlohn	1:20:19	1:20:20	2	M35	79	0:14:13	0:38:14	0:27:50
7	3085	Graetsch Daniel	Running Team Grafenberg	1:20:40	1:20:40	2	M30	84	0:14:06	0:38:25	0:28:07
8	4282	Knipping Andreas	Sfd' 75 Düsseldorf	1:20:52	1:20:53	2	MHK	90	0:13:48	0:38:01	0:29:01
9	2360	Sühling Tobias	*Düsseldorf	1:21:08	1:21:09	3	M35	80	0:14:47	0:38:38	0:27:41
10	2705	Diekmann Bernd	Lauffreunde HADI Wesel	1:21:33	1:21:35	2	M45	72	0:14:21	0:39:02	0:28:08
11	3210	Vogler Kai	LC Blueliner	1:22:45	1:22:45	2	M40	77	0:14:46	0:39:38	0:28:19
12	3248	Wulbrand Hanno		1:22:46	1:22:48	4	M35	82	0:14:45	0:39:23	0:28:37
13	3247	Lafrance Robert		1:23:07	1:23:10	3	MHK	96	0:14:53	0:39:44	0:28:30
14	2349	Emonds Reiner	*Düsseldorf	1:23:10	1:23:11	3	M40	74	0:14:47	0:40:00	0:28:22
15	2809	Indicianskis Lukas Arnas	Bataver Lauftreff Emmerich	1:23:15	1:23:17	4	MHK	90	0:14:16	0:39:16	0:29:42
16	2481	Pehla Nico	Vfl Repelen	1:23:40	1:23:45	5	MHK	93	0:14:51	0:39:44	0:29:04
17	3092	Hintermayer Martin	*Köln	1:23:42	1:23:45	6	MHK	90	0:14:52	0:40:18	0:28:31
18	2856	Schlenger Tim	*Düsseldorf	1:23:58	1:24:20	7	MHK	97	0:15:14	0:39:59	0:28:44
19	2910	Hollmann Sergej	*Düsseldorf	1:24:31	1:24:32	3	M30	86	0:14:22	0:40:00	0:30:08
20	2611	Dissevelt Wim	Runnergy.de	1:24:38	1:24:54	3	M45	73	0:15:37	0:40:24	0:28:36
21	3028	Präger Norman	Running Team Grafenberg	1:24:58	1:25:01	5	M35	82	0:14:44	0:40:34	0:29:40
22	3083	Goeke Dr. Martin	Ausdauererschule By Bunert	1:24:59	1:25:06	6	M35	82	0:15:08	0:40:42	0:29:08
23	2950	Przybyla Gregor	Running Team Grafenberg	1:25:04	1:25:10	4	M40	78	0:15:03	0:40:38	0:29:22
24	3034	Wasem Sascha	ASV Duisburg E.v.	1:25:35	1:25:36	7	M35	83	0:15:13	0:40:31	0:29:50
25	2828	Niehoff Lucas	*Düsseldorf	1:25:48	1:25:55	8	MHK	92	0:15:46	0:41:05	0:28:55
26	3090	Sindern Jörn	*Meerbusch	1:25:59	1:26:00	1	M50	67	0:14:57	0:41:05	0:29:56
27	3232	Lange Christof	Team-Essen 99	1:26:04	1:26:08	4	M45	72	0:15:04	0:40:51	0:30:08
28	3150	Cramer Aljoscha	Ruhrsportreha Bochum	1:26:07	1:26:09	4	M30	87	0:15:06	0:41:02	0:29:58
29	2922	Stiegler Yoshi	*Essen	1:26:30	1:26:33	1	MU20	00	0:14:21	0:40:49	0:31:19
30	2813	Krüger Sven	*Düsseldorf	1:26:37	1:26:44	9	MHK	93	0:15:45	0:41:05	0:29:45
31	2707	Jansen Björn	*Bocholt	1:26:41	1:26:48	8	M35	79	0:15:40	0:41:34	0:29:25
32	2839	Cavallucci Mario	*Düsseldorf	1:27:12	1:27:31	5	M45	73	0:15:42	0:41:10	0:30:18
33	3112	Jacoby Jochen	Stadtsparkasse Düsseldorf	1:27:19	1:27:21	5	M40	74	0:15:08	0:42:12	0:29:59
34	3145	Haas Ole	*Düsseldorf	1:27:22	1:28:12	5	M30	86	0:15:39	0:42:07	0:29:35
35	2264	Trumpp Christian	*Düsseldorf	1:27:46	1:28:06	9	M35	83	0:15:32	0:42:19	0:29:54
36	3258	Nikoltschuk Sergej	Boxing Hilden	1:27:57	1:28:01	6	M30	86	0:15:04	0:41:28	0:31:24
37	2968	Koerfer Alexander	LTB Aachen	1:28:02	1:28:09	10	MHK	89	0:15:08	0:41:37	0:31:16
38	3208	Wagemans Ruben		1:28:14	1:29:06	7	M30	88	0:16:02	0:42:08	0:30:03
39	3035	Weck Ansgar	ASV Duisburg E.v.	1:28:22	1:28:24	8	M30	86	0:15:12	0:41:24	0:31:45
40	3038	Obersriebnig Michael	Hsbc	1:28:23	1:28:32	9	M30	86	0:15:35	0:41:18	0:31:29
41	3026	Hemmersbach Stephan	'Lauftreff "fett Aber Fit"	1:28:39	1:28:39	6	M40	78	0:15:23	0:42:41	0:30:35
42	2717	Hofmann Marc	*Düsseldorf	1:28:40	1:28:49	2	M50	67	0:15:42	0:41:55	0:31:03
43	2575	Backschat Marco	Laufsport Heinz Rheinfeldten	1:28:41	1:28:47	3	M50	66	0:15:00	0:42:15	0:31:25
44	3244	Fein Axel	Rennschnecken 200 e.V.	1:28:47	1:28:55	7	M40	75	0:15:31	0:42:33	0:30:43
45	3027	Pfeifer Adrian	*Meerbusch	1:28:53	1:30:13	4	M50	66	0:16:06	0:42:40	0:30:07
46	2667	Strauch Joachim	*Düsseldorf	1:28:53	1:29:25	6	M45	71	0:15:39	0:42:41	0:30:33
47	2764	Nienhaus Hammer Michael	Team Erdinger Alkoholfrei	1:28:59	1:29:04	7	M45	72	0:15:43	0:42:12	0:31:02
48	2418	Zemichael Moesy	*Delft	1:29:01	1:29:04	10	M30	87	0:15:32	0:42:10	0:31:18
49	3129	Siebenmorgen Markus	*Düsseldorf	1:29:06	1:29:42	8	M40	74	0:20:14	0:53:30	0:15:20
50	3261	Schmitz Christoph	Aachener TG	1:29:13	1:29:22	9	M40	76	0:15:40	0:42:30	0:31:02
51	3295	Semmler Michael	RTG	1:29:15	1:29:15	5	M50	66	0:15:07	0:42:48	0:31:19
52	3268	Bergmann Eik		1:29:18	1:29:24	8	M45	70	0:15:48	0:42:22	0:31:07
53	2927	Grawley Michael	Bunert Duisburg	1:29:32	1:29:34	9	M45	72	0:15:33	0:41:56	0:32:02
54	3233	Claesges Michael	Team-Essen 99	1:29:37	1:29:41	6	M50	68	0:14:51	0:41:40	0:33:05
55	2995	Meyer Philipp	E.on	1:29:41	1:29:42	10	M35	83	0:15:32	0:43:18	0:30:50
56	2986	Arkenau Thorsten	Funtraining-Me	1:29:44	1:29:47	10	M40	76	0:15:34	0:42:14	0:31:55
57	2612	Zoll Frieder	Runnergy.de	1:29:45	1:30:01	11	M35	82	0:16:07	0:43:41	0:29:56
58	2849	Pink Per	*Düsseldorf	1:29:53	1:29:58	11	MHK	90	0:16:05	0:43:43	0:30:04
59	2918	Janzen Gerhard	Www.ausdauersteam.de/	1:29:59	1:30:04	12	M35	83	0:15:34	0:43:10	0:31:13
60	3159	Kölker	AOK Rheinland/Hamburg	1:30:27	1:30:30	13	M35	79	0:15:08	0:42:58	0:32:20

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
61	2269	Keim Volker	Laufschule Düsseldorf	1:30:33	1:30:39	7	M50	67	0:15:50	0:43:46	0:30:55
62	2807	Karl Marcus	LG Langsur	1:30:38	1:30:40	10	M45	69	0:15:41	0:43:07	0:31:48
63	3068	Obata Taketoshi	Mufg Bank (europe) N.v. German	1:30:48	1:30:56	8	M50	68	0:16:12	0:43:22	0:31:13
64	3289	Hohn Jan-Moritz		1:30:51	1:31:33	12	MHK	90	0:16:00	0:44:12	0:30:38
65	2852	Molenwijk Ruud	LT Recklinghausen	1:31:12	1:31:30	9	M50	64	0:16:44	0:43:07	0:31:20
66	2770	Liebig Florian	#werunfrankfurt	1:31:13	1:31:28	11	M30	86	0:15:55	0:43:35	0:31:41
67	2219	Janssen René	*Weert	1:31:19	1:31:24	10	M50	67	0:16:11	0:43:40	0:31:28
68	2783	Lobmeyr Lasse	SC Waldniel	1:31:20	1:31:22	2	MU20	00	0:15:46	0:43:04	0:32:29
69	2613	Grube André	Runnergy.de	1:31:35	1:31:54	11	M40	74	0:16:38	0:43:57	0:30:58
70	2475	Buhe Martin	Rennschnecken 2000 E.v.	1:31:52	1:31:59	11	M50	66	0:16:11	0:43:52	0:31:48
71	3217	Treptow Thorsten	ASV Kronach	1:31:56	1:32:10	12	M50	65	0:16:25	0:43:47	0:31:43
72	3171	Nowak Christian		1:32:15	1:32:36	11	M45	72	0:15:51	0:44:02	0:32:21
73	2704	Engbers Michael	*Bocholt	1:32:15	1:32:24	14	M35	79	0:16:46	0:43:59	0:31:30
74	2701	Roggenkamp Daniel	Gilde Laufgruppe	1:32:16	1:32:24	15	M35	80	0:16:46	0:43:59	0:31:30
75	2244	Bungarz Dirk	Anderweinig.de	1:32:23	1:32:28	1	M55	62	0:16:15	0:43:56	0:32:10
76	2934	Wehr Martin	Parker In Bewegung	1:32:26	1:32:49	13	MHK	91	0:16:30	0:44:14	0:31:40
77	2558	Gautsch Sebastian	*Tönisvorst	1:32:26	1:33:30	14	MHK	95	0:16:57	0:44:10	0:31:18
78	3036	Hillecke Thomas	Bst Running	1:32:52	1:32:55	12	M45	69	0:16:51	0:44:57	0:31:03
79	2841	Kraschl Steffen	*Moers	1:33:14	1:33:19	16	M35	81	0:15:24	0:44:25	0:33:24
80	2734	Lickfett Heiko	Freie Schwimmer Düsseldorf	1:33:16	1:33:38	2	M55	61	0:16:19	0:44:18	0:32:38
81	2979	Engel Uwe	Awista GmbH	1:33:40	1:34:36	3	M55	62	0:16:53	0:44:32	0:32:14
82	2332	Franz Robert	*Düsseldorf	1:33:57	1:34:54	15	MHK	94	0:16:50	0:45:10	0:31:57
83	3225	Still Simon		1:33:59	1:34:57	16	MHK	90	0:16:49	0:45:10	0:31:59
84	3243	Dlugosch Oliver		1:34:11	1:34:35	12	M30	88	0:16:14	0:44:38	0:33:18
85	4276	Dathe Carsten	Sfd' 75 Düsseldorf	1:34:50	1:34:57	13	M50	66	0:16:58	0:45:32	0:32:18
86	2965	Klaassen Robert	*Dusseldorf	1:34:58	1:35:23	13	M30	85	0:16:15	0:44:35	0:34:07
87	2208	Holtmanns Rainer	*Viersen	1:35:26	1:35:34	14	M50	67	0:16:16	0:45:31	0:33:38
88	3016	Diether Uwe	Runnig Team Grafenberg	1:35:30	1:35:35	15	M50	68	0:16:49	0:45:52	0:32:48
89	2912	Mager Christian	AOK Rheinland/Hamburg	1:35:37	1:35:45	12	M40	75	0:16:13	0:45:10	0:34:12
90	2448	Krause Guido	LT Rennhamster	1:35:37	1:35:50	13	M45	73	0:16:46	0:45:22	0:33:28
91	2683	Aun Jorge	*Wuppertal	1:35:42	1:36:10	14	M30	84	0:16:38	0:45:28	0:33:35
92	3195	Eicheler Guido		1:35:47	1:36:06	16	M50	67	0:16:38	0:45:22	0:33:46
93	2811	Dohrmann Klaus	Team Erdinger Alkoholfrei / Fc	1:35:50	1:35:54	13	M40	76	0:16:24	0:45:32	0:33:53
94	2951	Braeuer Sebastian	De`37 Racing Team	1:35:53	1:36:03	17	M35	83	0:16:07	0:45:01	0:34:44
95	3206	Pfeffer Andreas		1:35:53	1:36:06	15	M30	86	0:16:47	0:45:37	0:33:28
96	2530	Manske Jork	*Düsseldorf	1:36:00	1:36:08	16	M30	86	0:17:01	0:45:06	0:33:52
97	2346	Schroer Martin	*Köln	1:36:01	1:36:12	17	MHK	95	0:16:45	0:46:03	0:33:11
98	2975	Mandel Michael	*Düsseldorf	1:36:07	1:36:10	14	M45	69	0:16:02	0:45:24	0:34:41
99	2389	Krohmer Robert	*Düsseldorf	1:36:27	1:38:19	15	M45	73	0:17:48	0:45:08	0:33:31
100	3105	Nießler Tobias	*Düsseldorf	1:36:27	1:38:01	18	MHK	91	0:22:30	0:57:03	0:16:53
101	2616	Zimmermann Uwe	LT Rennhamster Düsseldorf	1:36:30	1:36:34	18	M35	81	0:16:23	0:45:54	0:34:12
102	2761	Könning Sascha	*Düsseldorf	1:36:34	1:37:33	17	M30	87	0:17:20	0:45:24	0:33:48
103	2956	Schwegmann Stefan	*Grevenbroich	1:36:36	1:36:49	16	M45	69	0:17:09	0:45:37	0:33:49
104	2342	Meinhardt Björn	Triathlon Mülheim	1:36:51	1:36:54	14	M40	74	0:15:31	0:45:08	0:36:11
105	3183	Kloes Martin	Anger Running Team	1:36:56	1:37:05	15	M40	76	0:16:38	0:46:28	0:33:49
106	3265	Schlitt Carsten	200pro	1:36:59	1:37:34	19	M35	80	0:18:04	0:46:43	0:32:12
107	3237	Poletto Michael	LT Bittermark Dortmund	1:37:06	1:37:27	4	M55	63	0:16:34	0:44:43	0:35:48
108	3169	Hammer Justus		1:37:06	1:38:07	3	MU20	00	0:17:40	0:47:10	0:32:15
109	3194	Knüppel Henning		1:37:06	1:37:39	17	M45	73	0:16:24	0:45:47	0:34:54
110	3272	Wellander Andreas	Uschis Lauftreff	1:37:06	1:37:55	18	M45	71	0:17:47	0:46:32	0:32:46
111	3144	Filipski Boris	*Kaarst	1:37:07	1:37:43	20	M35	80	0:18:04	0:46:43	0:32:19
112	3190	Vom Heede Moritz	Triathlon Club Düsseldorf	1:37:09	1:37:56	17	M50	66	0:18:02	0:47:02	0:32:03
113	2901	Richter Goetz	*Leverkusen	1:37:09	1:37:29	18	M50	68	0:17:13	0:46:40	0:33:16
114	2661	Jung-Botho Maximilian	*Wülfrath	1:37:27	1:38:55	19	MHK	91	0:18:05	0:47:00	0:32:21
115	2660	Holkenbrink Simon	BSG Sparkasse Münsterland Ost	1:37:30	1:38:17	20	MHK	90	0:16:52	0:45:58	0:34:39
116	2569	Seegers Marc-Alexander	*Mettmann	1:37:37	1:37:42	19	M45	73	0:16:36	0:46:29	0:34:32
117	2801	Nösner Helmuth	Tv Rastatt Rheinau	1:37:42	1:37:51	20	M45	69	0:18:11	0:48:34	0:30:56
118	2301	Kemper Johannes	Marathon-Club Menden	1:37:50	1:38:08	21	MHK	91	0:17:53	0:47:10	0:32:46
119	2624	Kirchhof Matthias	*Düsseldorf	1:37:55	1:38:33	22	MHK	92	0:17:57	0:00:00	0:00:00
120	2211	Mecke Maximilian	*Essen	1:37:56	1:39:09	23	MHK	90	0:18:34	0:47:40	0:31:41

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
121	2944	Jach Andreas	*Hückelhoven	1:38:03	1:38:16	16	M40	76	0:17:07	0:47:13	0:33:43
122	2771	Stangenberg Joey	*Düsseldorf	1:38:05	1:38:16	24	MHK	94	0:16:50	0:46:20	0:34:54
123	3229	Kosmann Tim		1:38:11	1:38:38	25	MHK	90	0:17:46	0:47:24	0:33:01
124	2690	Hampel Ingo	Laz Iserlohn	1:38:14	1:38:22	21	M45	71	0:17:05	0:46:09	0:34:59
125	2874	Ebeling Michael	Rennschnecken 2000 E.v.	1:38:18	1:38:25	22	M45	73	0:16:03	0:46:44	0:35:31
126	2522	Lohmeyer Christoph	TSV Lemke	1:38:20	1:38:21	4	MU20	99	0:15:43	0:46:09	0:36:27
127	2726	Kawamoto Masanao	Papa Genki	1:38:24	1:38:45	21	M35	79	0:18:09	0:47:08	0:33:06
128	3132	Hengvoß Thorsten	Funlaufen.de	1:38:35	1:39:05	18	M30	86	0:17:36	0:47:37	0:33:21
129	3291	Honda Kenji		1:38:39	1:39:01	17	M40	75	0:17:53	0:47:23	0:33:22
130	3223	Jonak Andreas	Spaßvögel	1:38:41	1:39:23	23	M45	72	0:17:33	0:46:37	0:34:31
131	2963	Rije Eduard	*Düsseldorf	1:38:48	1:40:14	24	M45	71	0:17:59	0:47:23	0:33:25
132	3117	Luckey Oliver	*Neuss	1:38:52	1:39:00	18	M40	77	0:17:22	0:47:04	0:34:25
133	2833	Schmittner Andre	Wiehltaler Lc	1:39:05	1:39:24	19	M40	76	0:16:48	0:46:37	0:35:39
134	3286	Fuchs Oliver	LG Burg Wiedenbrück	1:39:07	1:40:27	22	M35	79	0:17:24	0:47:13	0:34:29
135	2432	Trusheim Matthias	*Langenhagen	1:39:11	1:39:21	23	M35	83	0:17:48	0:47:05	0:34:17
136	2588	Trier Martin	Runnery. De	1:39:13	1:39:51	5	M55	62	0:17:39	0:46:52	0:34:41
137	2865	Gwarek Marcin	*Nettetal	1:39:21	1:39:53	19	M30	86	0:17:48	0:47:26	0:34:06
138	3201	Rapke Julius		1:39:23	1:40:19	20	M30	84	0:17:51	0:47:10	0:34:21
139	2692	Bieker Manuel	*Grevenbroich	1:39:31	1:40:04	24	M35	80	0:17:58	0:47:21	0:34:11
140	3081	Graeber Jürgen	Sus Oberaden	1:39:33	1:39:45	1	M70	47	0:17:56	0:47:21	0:34:15
141	2388	Deggerich Guido	Active Laufteam Münster	1:39:35	1:39:47	20	M40	74	0:17:01	0:47:20	0:35:13
142	2284	Luger Dr. Med. Benjamin	*Lehrte	1:39:41	1:40:17	21	M30	84	0:17:24	0:47:36	0:34:40
143	2419	Pecchi Adrian	*Düsseldorf	1:39:49	1:39:57	26	MHK	91	0:16:14	0:47:12	0:36:22
144	3111	Ugajin Sunao	*Dusseldorf	1:40:03	1:41:05	25	M35	80	0:19:36	0:46:52	0:33:34
145	2503	Laukmann Markus	LLG Kevelaer	1:40:06	1:40:21	26	M35	81	0:16:48	0:47:32	0:35:44
146	2923	Kazmierczak Michael	Dsv 98 Team Triathlon	1:40:11	1:41:40	22	M30	84	0:18:15	0:47:18	0:34:37
147	3163	Velo Carlo		1:40:15	1:41:03	21	M40	75	0:17:43	0:47:39	0:34:53
148	2875	Cappellaro Florian	*Hamburg	1:40:22	1:41:17	27	M35	83	0:18:27	0:46:54	0:35:01
149	2695	Hirano Tomohiro	Papa Genki	1:40:27	1:40:46	28	M35	83	0:17:16	0:46:53	0:36:17
150	3211	Nuehaus Falk	Running Team Grafenberg	1:40:27	1:40:33	22	M40	78	0:16:48	0:46:48	0:36:50
151	2774	Onodera Yasuo	*Dusseldorf	1:40:30	1:40:50	29	M35	80	0:18:11	0:47:07	0:35:11
152	2583	Müller Roland	*Poppenhausen	1:40:30	1:40:39	6	M55	62	0:17:32	0:47:39	0:35:18
153	3188	Stemmer Dirk		1:40:31	1:40:41	23	M40	78	0:18:17	0:48:03	0:34:10
154	3165	Fahle Tobias		1:40:38	1:42:00	27	MHK	92	0:17:40	0:45:31	0:37:26
155	2708	Schlebusch Simon	*Bocholt	1:40:39	1:41:04	23	M30	86	0:17:29	0:48:38	0:34:31
156	2274	Breyer Tim	*Düsseldorf	1:40:43	1:42:12	24	M40	75	0:18:16	0:47:39	0:34:48
157	2521	Mauss Torsten	Paranoid Android	1:40:43	1:41:01	25	M45	70	0:17:20	0:47:38	0:35:44
158	2898	Boeck Florian	*Düsseldorf	1:40:49	1:42:33	30	M35	80	0:18:37	0:47:37	0:34:33
159	2987	Schützdeller Florian	*Düsseldorf	1:40:53	1:41:54	5	MU20	00	0:17:34	0:47:19	0:36:00
160	2754	Zimmermann Jan	Tecis Ag	1:41:00	1:41:59	28	MHK	93	0:18:18	0:48:18	0:34:22
161	3094	Bogner Alexander	*Aachen	1:41:03	1:42:10	29	MHK	95	0:16:56	0:47:47	0:36:20
162	2751	Kohl Sebastian	Running Team Grafenberg	1:41:04	1:42:45	31	M35	80	0:18:16	0:47:20	0:35:27
163	3181	Adamowicz Jakub		1:41:12	1:41:48	25	M40	78	0:17:21	0:48:10	0:35:40
164	2917	Schmeing Daniel	*Bocholt	1:41:16	1:41:38	24	M30	85	0:18:12	0:48:39	0:34:24
165	3156	Shimamura Tadahide	ISR International School of th	1:41:17	1:41:38	26	M40	76	0:17:19	0:47:10	0:36:48
166	2999	Zoch Christian	*Tönisvorst	1:41:18	1:41:42	27	M40	76	0:18:26	0:48:26	0:34:25
167	3177	Xiao Xiangyuan		1:41:31	1:41:47	28	M40	74	0:17:40	0:48:06	0:35:44
168	3189	Lüpertz Stephan	SV Holzheim	1:41:32	1:41:49	32	M35	82	0:18:07	0:48:47	0:34:37
169	2520	Groß Tim	ASV Duisburg E.v.	1:41:34	1:41:48	30	MHK	91	0:17:34	0:50:06	0:33:53
170	3266	Chechi Daniel	Ranelagh Harriers	1:41:38	1:42:10	29	M40	75	0:16:55	0:48:07	0:36:35
171	3096	Simon Georg	*Erkrath	1:41:39	1:41:40	19	M50	68	0:17:55	0:48:34	0:35:08
172	3227	Ulbrich Martin		1:41:44	1:42:57	33	M35	79	0:18:46	0:49:13	0:33:44
173	2621	Haliti Michael	*Essen	1:41:46	1:43:30	26	M45	71	0:18:00	0:47:57	0:35:48
174	2777	Diaz Geronimo	*Duesseldorf	1:42:02	1:43:12	34	M35	79	0:17:42	0:48:54	0:35:25
175	2905	Zaler Marian	*Kaarst	1:42:10	1:42:55	30	M40	78	0:17:40	0:48:26	0:36:03
176	2550	Koschmieder Dr. Norman	*Düsseldorf	1:42:19	1:42:25	25	M30	86	0:17:12	0:48:20	0:36:45
177	3024	Schauch Bastian	Rennschnecken 2000 E.v.	1:42:19	1:42:58	31	M40	75	0:18:09	0:48:40	0:35:28
178	2721	Schödder Hendrik	Freie Schwimmen Düsseldorf	1:42:22	1:43:46	35	M35	82	0:18:32	0:48:34	0:35:15
179	2480	Finger Kay	BSG Behörde Für Inneres Und Sp	1:42:25	1:42:38	7	M55	62	0:18:13	0:48:54	0:35:17
180	2838	Zörner Stefan	Embarc	1:42:31	1:42:43	27	M45	71	0:17:03	0:48:39	0:36:48

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
181	3104	May Mark Rouven	*Düsseldorf	1:42:33	1:43:02	28	M45	73	0:18:07	0:48:40	0:35:45
182	3200	Adler Paul	Düsseldorfer Schauspielhaus	1:42:34	1:42:48	8	M55	60	0:18:01	0:48:53	0:35:40
183	3231	Goldmann Stefan	Team-Essen 99	1:42:39	1:42:43	29	M45	72	0:17:19	0:49:08	0:36:11
184	2601	Bauermann Sascha	*Mönchengladbach	1:43:04	1:44:25	32	M40	77	0:16:49	0:48:47	0:37:27
185	3114	Ryota Koichi	*Düsseldorf	1:43:07	1:44:09	36	M35	79	0:19:16	0:47:08	0:36:42
186	2946	Kleeberg Nikos	*Düsseldorf	1:43:09	1:44:55	26	M30	87	0:20:04	0:48:54	0:34:11
187	2651	Kawanishi Takahide	Papa Genki	1:43:14	1:43:34	33	M40	74	0:18:10	0:47:22	0:37:41
188	2378	Swiniarski Leschek	*Düsseldorf	1:43:16	1:43:35	37	M35	80	0:18:36	0:49:00	0:35:39
189	3221	Claßen Christian		1:43:22	1:43:48	38	M35	82	0:18:16	0:49:29	0:35:36
190	2962	Milde Christoph	Team Stadtwerke Düsseldorf	1:43:25	1:44:51	39	M35	81	0:18:37	0:49:25	0:35:22
191	2755	Tenkamp Andre	*Bochum	1:43:30	1:44:29	31	MHK	92	0:18:18	0:48:19	0:36:52
192	3055	Jansen Markus	23 Uhr Theke	1:43:31	1:44:53	27	M30	86	0:19:12	0:49:42	0:34:36
193	2873	Neumann Sergej	*Baden-Baden	1:43:36	1:43:46	40	M35	81	0:18:11	0:48:37	0:36:48
194	2964	Marotta Michael	*Ratingen	1:43:38	1:44:38	28	M30	84	0:19:33	0:50:25	0:33:39
195	3078	Assiamah-Nicksteit Justin	*Düsseldorf	1:43:42	1:44:49	29	M30	88	0:18:51	0:49:28	0:35:21
196	3220	Hussner Thomas		1:43:46	1:43:49	34	M40	74	0:18:07	0:49:04	0:36:34
197	3184	Jachamus Tomasz		1:43:49	1:44:04	30	M30	88	0:18:02	0:48:20	0:37:26
198	3046	Pajonczyk Mateusz	*Düsseldorf	1:43:52	1:44:23	31	M30	84	0:19:03	0:49:51	0:34:56
199	2279	Sehnert Sebastian	Freie Schwimmer Düsseldorf	1:43:57	1:44:50	41	M35	83	0:18:29	0:49:53	0:35:33
200	2275	Lohausen Marc	*Düsseldorf	1:43:57	1:45:26	35	M40	75	0:18:15	0:47:54	0:37:46
201	2966	Messinger Max	*Düsseldorf	1:43:59	1:45:15	36	M40	78	0:19:28	0:49:48	0:34:43
202	2283	Lemser Thomas	*Wien	1:44:06	1:44:59	42	M35	83	0:18:29	0:49:53	0:35:43
203	2464	Van Dijk Alain	*Düsseldorf	1:44:12	1:45:21	9	M55	62	0:18:44	0:49:32	0:35:55
204	2605	Eckford Steven	*Goch	1:44:13	1:45:20	30	M45	73	0:18:44	0:49:33	0:35:54
205	2470	Tschaikner Lukas	*Köln	1:44:23	1:45:45	43	M35	83	0:18:45	0:50:08	0:35:29
206	2417	Kohlhoff Maik	Tv Kalkum-Wittlaer	1:44:29	1:46:08	44	M35	80	0:17:38	0:49:02	0:37:48
207	2456	Strohmeier Peter	*Düsseldorf	1:44:35	1:44:47	20	M50	67	0:18:29	0:50:17	0:35:49
208	3293	Franssen Malte		1:44:36	1:46:19	32	M30	88	0:18:56	0:49:07	0:36:32
209	3226	Gotschke Heiko	DHC	1:44:36	1:45:49	45	M35	80	0:18:46	0:49:14	0:36:35
210	2364	Meyer Dr. Ulf	Kg Heilü Rheda-Wiedenbrück E. V	1:44:36	1:46:07	31	M45	69	0:19:03	0:49:07	0:36:24
211	2727	Lorenz Christopher	BSG Sparkasse Hagenherdecke	1:44:38	1:45:43	33	M30	88	0:18:36	0:49:06	0:36:54
212	3294	Guiso Fernandez Jaime		1:44:38	1:46:22	46	M35	82	0:18:56	0:49:06	0:36:35
213	2711	Kosthorst Christian	Gilde Laufgruppe	1:44:43	1:45:10	34	M30	84	0:17:46	0:49:24	0:37:31
214	2623	Freudenfeld Jonathan	*Meerbusch	1:44:46	1:44:53	35	M30	87	0:17:48	0:50:36	0:36:21
215	2506	Kowalczyk Stefan	*Düsseldorf	1:44:50	1:45:36	32	MHK	89	0:19:04	0:50:14	0:35:31
216	3077	Schierle Jan	*Düsseldorf	1:44:55	1:45:35	36	M30	88	0:18:03	0:50:04	0:36:47
217	3113	Schmidt Kristian	'Arminia Klosterhardt "hardt-	1:44:59	1:45:16	37	M40	78	0:18:08	0:49:44	0:37:05
218	2831	Mehren Bruno	*Viersen	1:45:04	1:45:14	1	M60	54	0:17:06	0:50:44	0:37:12
219	3017	Schultheis Alexander	Tc Düsseldorf	1:45:05	1:45:55	37	M30	87	0:19:10	0:50:57	0:34:57
220	2933	Heeren Arno	Parker In Bewegung	1:45:08	1:45:33	47	M35	83	0:18:15	0:49:44	0:37:08
221	3246	Maaßen Wolfgang	LT Düsseldorf-Süd	1:45:15	1:45:36	2	M60	55	0:18:19	0:49:41	0:37:14
222	2823	Vukovic Marino	*Hamburg	1:45:18	1:45:34	38	M30	86	0:17:37	0:50:33	0:37:08
223	3084	Schütte Dr. Clemens	Inlingua Mg	1:45:21	1:46:06	21	M50	67	0:17:14	0:48:30	0:39:36
224	2911	Niesen Thorsten	Running Team Grafenberg	1:45:25	1:45:41	38	M40	77	0:18:10	0:50:31	0:36:43
225	2880	Schindler Rene	*Ennigerloh	1:45:28	1:56:07	39	M40	74	0:17:01	0:51:32	0:36:54
226	2724	Mündler Alexander	Team Erdinger Alkoholfrei	1:45:33	1:46:52	32	M45	70	0:19:33	0:51:15	0:34:43
227	3284	Koch Thomas		1:45:39	1:46:22	40	M40	75	0:19:31	0:50:29	0:35:38
228	2393	Schepers Freek	*Düsseldorf	1:45:43	1:46:17	10	M55	61	0:18:05	0:47:44	0:39:53
229	2869	Giesenfeld Marcus	*Düsseldorf	1:45:45	1:47:50	41	M40	78	0:21:52	1:03:13	0:20:39
230	3192	Wanz Ralf	TV Alpenglühn	1:45:52	1:46:08	11	M55	59	0:18:37	0:50:42	0:36:32
231	2892	Dawid Oliver	*Düsseldorf	1:45:55	1:46:10	33	MHK	90	0:18:32	0:50:03	0:37:19
232	2882	Hölscher Thomas	*Düsseldorf	1:45:58	1:47:00	34	MHK	91	0:19:14	0:49:51	0:36:52
233	3147	Kempken Tobias	*Moers	1:45:58	1:46:30	39	M30	86	0:18:53	0:50:34	0:36:31
234	2658	Gehle Tobias	*Düsseldorf	1:46:04	1:47:08	33	M45	71	0:19:22	0:50:12	0:36:29
235	3031	Thomas Winfried	*Penzberg	1:46:09	1:47:18	12	M55	59	0:18:59	0:50:49	0:36:20
236	2832	Jansen Dirk	*Düsseldorf	1:46:10	1:47:18	13	M55	63	0:18:59	0:50:49	0:36:21
237	2657	Meyhöfer Philipp	*Düsseldorf	1:46:14	1:47:16	35	MHK	92	0:19:31	0:50:26	0:36:16
238	2514	Melis Roberto	*Düsseldorf	1:46:15	1:46:49	48	M35	83	0:18:10	0:49:09	0:38:55
239	2913	Hoppe Marten	*Düsseldorf	1:46:16	1:46:59	42	M40	78	0:18:49	0:50:42	0:36:43
240	2595	Schmidt Stefan	Runergy.de	1:46:16	1:46:58	14	M55	63	0:19:41	0:50:50	0:35:44

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
241	2672	Arkadiev Nikolay	*Köln	1:46:20	1:48:15	36	MHK	95	0:19:49	0:49:52	0:36:38
242	2281	Schürmann Bernd	*Karlsruhe	1:46:21	1:46:50	34	M45	71	0:18:00	0:48:52	0:39:28
243	2632	Glaser Philipp	*Bad Honnef	1:46:22	1:47:27	37	MHK	93	0:20:04	0:49:48	0:36:29
244	2542	Hinninger Christoph	*Düsseldorf	1:46:22	1:47:02	38	MHK	96	0:18:50	0:51:56	0:35:36
245	2315	Burg Michael	*Rheinbach	1:46:28	1:47:44	43	M40	76	0:20:34	0:50:27	0:35:27
246	2515	Budke Josef	*Krefeld	1:46:28	1:47:42	22	M50	64	0:18:43	0:49:51	0:37:53
247	3239	Kofferschläger Michael		1:46:33	1:47:14	44	M40	78	0:18:09	0:50:24	0:37:59
248	2733	Recklies Christopher	*Leipzig	1:46:39	1:47:02	49	M35	83	0:17:46	0:52:19	0:36:34
249	2738	Krettek Carsten	Sv Weizenbierfreunde	1:46:45	1:48:17	39	MHK	91	0:19:27	0:50:01	0:37:17
250	2669	Huesmann Jonas	Detten Globetrotters	1:47:03	1:48:34	40	MHK	89	0:20:08	0:49:58	0:36:57
251	2732	Linderskamp Steffen	*Düsseldorf	1:47:03	1:48:34	41	MHK	89	0:20:08	0:49:58	0:36:57
252	2780	Wigbels Markus	Schwatzgelb.de E.v.	1:47:14	1:47:58	40	M30	85	0:19:49	0:51:12	0:36:12
253	2805	Hebben Michael	*Goch	1:47:14	1:47:19	35	M45	70	0:18:29	0:50:34	0:38:11
254	3138	Küppers Michael	Punkt.waldert.küppers.	1:47:18	1:47:52	3	M60	58	0:18:26	0:50:32	0:38:19
255	2790	Pietzsch Hans-Ulrich	*Neuss	1:47:25	1:47:57	15	M55	63	0:18:09	0:49:41	0:39:34
256	2450	Lohmann Stefan	SC Spelle-Venhaus	1:47:25	1:47:46	45	M40	78	0:18:08	0:49:56	0:39:20
257	3124	Röskens Klaus	Marathonteam-Online.de	1:47:30	1:47:43	16	M55	63	0:18:01	0:51:12	0:38:16
258	2544	Hild Peter	*Düsseldorf	1:47:37	1:49:00	41	M30	84	0:19:17	0:50:55	0:37:23
259	2573	Bibby Terence	*Ascot	1:47:38	1:47:41	36	M45	70	0:17:23	0:51:44	0:38:31
260	2863	Wagner Hans-Jörg	Coralindarunner	1:47:46	1:49:21	23	M50	67	0:18:49	0:50:59	0:37:57
261	2603	Nowak Stefan	*Leverkusen	1:47:51	1:49:08	42	M30	86	0:18:39	0:51:44	0:37:27
262	2286	Michalik Dr. Med. Roman	*Köln	1:48:03	1:48:39	43	M30	87	0:18:18	0:52:16	0:37:28
263	2820	Hajaji Riadh	*Düsseldorf	1:48:11	1:49:38	46	M40	74	0:20:00	0:50:09	0:38:02
264	2579	Austing Andreas	*Münster	1:48:11	1:50:06	50	M35	81	0:19:00	0:50:40	0:38:30
265	2438	Kramer Torsten	*Düsseldorf	1:48:12	1:48:34	37	M45	72	0:18:45	0:51:30	0:37:56
266	2830	Sosna Miroslaw	*Mönchengladbach	1:48:13	1:48:32	51	M35	79	0:19:00	0:51:56	0:37:15
267	2663	Derix Frank	*Düsseldorf	1:48:14	1:49:01	47	M40	76	0:17:46	0:50:58	0:39:29
268	2792	Pennig Max	*Plochingen	1:48:20	1:48:57	42	MHK	91	0:19:23	0:51:52	0:37:04
269	2457	Pfeiffer Christoph	*Düsseldorf	1:48:30	1:49:05	48	M40	74	0:19:34	0:51:58	0:36:57
270	2640	John Matthias	*Düsseldorf	1:48:33	1:50:00	49	M40	76	0:19:52	0:51:55	0:36:45
271	2314	Grieser Jens	SC Unterbach	1:48:37	1:49:04	50	M40	76	0:19:07	0:51:59	0:37:31
272	2743	Van Trist Christian	*Düsseldorf	1:48:43	1:50:13	44	M30	84	0:20:10	0:50:43	0:37:49
273	2489	Wolf Andreas	*Willich	1:48:43	1:49:22	38	M45	71	0:18:52	0:50:51	0:39:00
274	2553	Clemens Marc	*Ratingen	1:48:46	1:49:16	43	MHK	92	0:18:43	0:52:11	0:37:51
275	2570	Vogt Patrick	*Duesseldorf	1:48:49	1:49:41	51	M40	77	0:18:55	0:51:31	0:38:22
276	3193	Kohlmann Oliver	guteBeine.de	1:48:52	1:50:36	24	M50	68	0:19:42	0:51:45	0:37:23
277	2650	Oel Thomas	*Geseke	1:48:56	1:49:46	44	MHK	96	0:18:26	0:49:20	0:41:09
278	2900	Mebus Patrick	*Düsseldorf	1:48:59	1:49:02	45	M30	88	0:14:44	0:42:47	0:51:27
279	2224	Kuhn Christian	*Rheinberg	1:49:01	1:50:10	52	M40	78	0:20:23	0:51:08	0:37:30
280	2919	Tritsch Matthias	Www.ausdauerTEAM.de	1:49:01	1:49:08	52	M35	81	0:19:01	0:52:55	0:37:05
281	2257	Rixe Nikolaus	*Düsseldorf	1:49:05	1:50:11	53	M35	80	0:19:13	0:51:47	0:38:05
282	2516	Beck Tim	*Kamenz	1:49:16	1:49:31	45	MHK	91	0:17:35	0:51:58	0:39:43
283	2233	Milcke Wolfgang	*Dortmund	1:49:28	1:51:00	54	M35	80	0:20:07	0:51:42	0:37:38
284	3143	Heidler Christoph	Geneva Runners	1:49:34	1:49:40	39	M45	69	0:18:01	0:52:21	0:39:12
285	3205	Schmäing Ludger		1:49:36	1:50:21	17	M55	61	0:19:02	0:51:56	0:38:36
286	3123	Gürtler Henning	*Düsseldorf	1:49:38	1:50:32	46	M30	84	0:18:39	0:52:14	0:38:44
287	2896	Murakami Tomohiko	*Duesseldorf	1:49:43	1:50:04	53	M40	76	0:18:44	0:52:08	0:38:50
288	2528	Gramm Waldemar	*Düsseldorf	1:49:43	1:50:23	47	M30	88	0:18:50	0:52:51	0:38:01
289	2735	Piontek Jeffrey	WSC Dormagen	1:49:47	1:51:20	48	M30	85	0:19:30	0:50:10	0:40:07
290	3122	Schüten Andreas	*Grevenbroich	1:49:50	1:51:24	49	M30	87	0:19:29	0:51:55	0:38:25
291	2254	Schwieters Rafael	*Düsseldorf	1:49:51	1:51:07	46	MHK	91	0:19:24	0:50:16	0:40:10
292	2997	Saitta Calogero	Sg.stern Düsseldorf	1:49:54	1:51:27	4	M60	56	0:19:36	0:51:38	0:38:39
293	2969	Irion Christian	*Frankfurt	1:50:00	1:50:10	47	MHK	89	0:18:55	0:52:17	0:38:47
294	2970	Bauch Kai Alexander	*Düsseldorf	1:50:00	1:50:10	48	MHK	89	0:18:55	0:52:17	0:38:47
295	3120	Pahmeier Stefan	*Ratingen	1:50:06	1:50:59	55	M35	81	0:19:47	0:52:16	0:38:03
296	2937	Yamasaki Masaaki	*Duesseldorf	1:50:07	1:50:42	25	M50	68	0:18:58	0:52:14	0:38:55
297	4000	Geisel Thomas	Landeshauptstadt Düsseldorf	1:50:08	1:51:30	18	M55	63	0:19:49	0:52:28	0:37:50
298	3121	Kuball Micha	Landeshauptstadt Düsseldorf	1:50:08	1:51:31	19	M55	59	0:19:48	0:52:30	0:37:49
299	2772	Rütten Ingo	Running Team Grafenberg	1:50:10	1:50:27	56	M35	80	0:18:53	0:51:30	0:39:46
300	3069	Steifers Marius	*Düsseldorf	1:50:14	1:52:08	49	MHK	91	0:22:21	1:06:21	0:21:31

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
301	2920	Tousek Andreas	Landeshauptstadt Düsseldorf	1:50:15	1:51:40	26	M50	67	0:19:47	0:52:29	0:37:58
302	2676	Nakamura Masao	*Dusseldorf	1:50:24	1:50:52	20	M55	63	0:19:14	0:52:27	0:38:42
303	2815	Trippler Florian	*Essen	1:50:25	1:51:45	50	MHK	93	0:19:46	0:51:20	0:39:18
304	2957	Deutsch Michael	*Arnsberg	1:50:26	1:51:42	50	M30	84	0:18:21	0:52:06	0:39:58
305	3013	Diegel Jochen	Runnergy.de	1:50:30	1:51:07	21	M55	61	0:17:05	0:49:17	0:44:07
306	2425	Sosna Peter	*Mönchengladbach	1:50:34	1:50:53	51	M30	84	0:19:00	0:52:11	0:39:22
307	2625	Olbrich Christian	37°c	1:50:34	1:51:21	27	M50	68	0:18:57	0:52:20	0:39:16
308	3072	Jähnke Torsten	*Mönchengladbach	1:50:35	1:50:53	22	M55	62	0:19:01	0:52:10	0:39:22
309	2722	Palenta Fabian	*Düsseldorf	1:50:38	1:51:59	52	M30	85	0:19:55	0:52:39	0:38:03
310	3214	Oya Yosuke		1:50:48	1:52:08	40	M45	69	0:20:57	0:52:42	0:37:08
311	2748	Tetzner Bertram	*Pattensen	1:50:49	1:51:28	53	M30	87	0:19:57	0:52:26	0:38:25
312	2210	Lang Christoph	*Mettmann	1:50:50	1:51:48	57	M35	79	0:19:48	0:51:25	0:39:37
313	2563	Pahl Dirk	*Wuppertal	1:50:54	1:51:44	28	M50	66	0:18:47	0:52:06	0:40:00
314	2336	Pingsten Dr. Med. Stefan	Pingsten Runners	1:51:02	1:52:09	29	M50	67	0:19:15	0:52:56	0:38:51
315	2728	Kikuchi Yasuo	*Duesseldorf	1:51:04	1:51:08	58	M35	81	0:19:01	0:53:24	0:38:39
316	2324	Schenkel Andreas	*Düsseldorf	1:51:07	1:52:25	54	M30	87	0:20:00	0:52:17	0:38:49
317	3148	Blüml Manfred	*Düsseldorf	1:51:17	1:51:43	23	M55	62	0:18:11	0:52:19	0:40:46
318	2916	Bursy Torsten	*Düsseldorf	1:51:25	1:53:27	59	M35	82	0:19:20	0:53:03	0:39:01
319	2810	Mehren Marcel	*Mönchengladbach	1:51:25	1:51:37	55	M30	87	0:17:53	0:52:33	0:40:58
320	3280	Richter Lars	Lars Vegas Poker	1:51:26	1:51:44	54	M40	78	0:18:38	0:51:24	0:41:24
321	2551	Drewes Norbert	*Nettetal	1:51:27	1:53:04	41	M45	71	0:19:54	0:52:50	0:38:42
322	3158	Kohler Simon		1:51:28	1:51:31	55	M40	77	0:19:38	0:54:00	0:37:49
323	2696	Kaster Manuel	Stadtwerke Düsseldorf Ag	1:51:30	1:53:30	51	MHK	89	0:19:56	0:52:38	0:38:55
324	3235	Balde Edwald		1:51:38	1:52:33	56	M40	77	0:18:08	0:54:00	0:39:29
325	2935	Faludi Michael	*Wuppertal	1:51:40	1:52:27	52	MHK	92	0:20:41	0:53:37	0:37:20
326	3260	Lefebvre Yann	DOSB	1:51:41	1:51:58	42	M45	69	0:18:53	0:52:28	0:40:20
327	2802	Trecker Marco	Tövo Runners	1:51:42	1:52:27	60	M35	83	0:20:13	0:53:27	0:38:01
328	2215	Herzog Matthias	LG Burg Wiedenbrück	1:51:50	1:52:36	30	M50	66	0:19:44	0:53:37	0:38:28
329	3095	Louis Hartmut	Wuppertal	1:51:54	1:52:07	24	M55	60	0:18:31	0:52:20	0:41:01
330	2322	Fischer Michael	*Neuss	1:51:58	1:53:02	43	M45	69	0:19:28	0:53:14	0:39:15
331	2334	Sulzer Nicolas	*Düsseldorf	1:52:07	1:54:16	61	M35	82	0:20:37	0:53:51	0:37:38
332	2580	Kreutzer Mario	*Düsseldorf	1:52:14	1:53:17	56	M30	88	0:20:08	0:52:34	0:39:31
333	3264	Krüger Matti		1:52:15	1:54:16	57	M30	87	0:21:50	0:54:50	0:35:33
334	3186	Araki Jiro		1:52:16	1:52:54	25	M55	61	0:20:00	0:53:11	0:39:04
335	3125	Wagener Felix	*Köln	1:52:16	1:52:29	58	M30	86	0:18:57	0:53:46	0:39:32
336	3107	Steinrötter Hermann	*Dorsten	1:52:17	1:53:13	31	M50	67	0:20:06	0:52:27	0:39:43
337	3106	Steinrötter Tim Johannes	*Dorsten	1:52:17	1:53:14	53	MHK	98	0:20:07	0:52:30	0:39:38
338	2742	Fröhlich Sören	*Münster	1:52:18	1:53:16	57	M40	77	0:19:40	0:53:12	0:39:25
339	3251	Müller Jürgen		1:52:25	1:53:40	26	M55	62	0:20:40	0:53:50	0:37:54
340	2214	Zurek Daniel	Wingsun4you.de	1:52:28	1:53:33	58	M40	78	0:21:09	0:53:57	0:37:21
341	2494	Koenders Christian	*Düsseldorf	1:52:34	1:54:35	59	M30	88	0:21:49	0:54:51	0:35:52
342	2330	Rieke Marius	*Münster	1:52:35	1:54:39	54	MHK	92	0:20:32	0:53:38	0:38:25
343	2231	Effelsberg Martin	*Fellbach	1:52:37	1:54:32	62	M35	82	0:21:54	0:54:53	0:35:48
344	2209	Langer Christoph	Fujitsu	1:52:38	1:53:36	63	M35	83	0:20:13	0:53:12	0:39:12
345	3061	Mielke Kai	Fdp - Freie Demokraten	1:52:38	1:53:46	55	MHK	91	0:19:29	0:53:10	0:39:58
346	2967	Wüst Hans Werner	*Köln	1:52:39	1:53:01	1	M65	50	0:19:39	0:53:00	0:39:59
347	3271	Weyen Torsten	Stärke Boschte	1:52:46	1:52:59	44	M45	73	0:19:18	0:53:28	0:40:00
348	2498	Pöpsel-Schalück Marc	SC Heide	1:52:55	1:54:20	60	M30	88	0:20:24	0:53:55	0:38:35
349	2488	Schmidt Tobias	*Düsseldorf	1:52:59	1:53:06	64	M35	79	0:17:29	0:49:34	0:45:54
350	2652	Lenemann Felix	Lauftreff U-See	1:53:04	1:53:32	65	M35	83	0:18:52	0:51:41	0:42:29
351	3091	Barfeld Peter	*Düsseldorf	1:53:07	1:54:00	5	M60	55	0:20:38	0:53:58	0:38:29
352	3238	Billich Boris		1:53:10	1:54:24	32	M50	68	0:19:39	0:52:11	0:41:19
353	2620	Nolte Rüdiger	Runnergy.de	1:53:10	1:54:17	27	M55	60	0:19:58	0:53:12	0:40:00
354	2206	Steinmetz Stefan	*Bergheim	1:53:15	1:54:07	66	M35	81	0:16:51	0:48:53	0:47:30
355	2816	Funtek Stefan	Lc Duisburg	1:53:24	1:54:20	33	M50	65	0:19:50	0:53:30	0:40:02
356	3241	Kolembus Tihomir	Bataver Lauftreff Emmerich	1:53:26	1:54:30	28	M55	62	0:19:56	0:54:07	0:39:22
357	2452	Blondin Arnaud	*Dusseldorf	1:53:28	1:54:37	45	M45	69	0:19:53	0:53:39	0:39:55
358	2725	Schmitz Hans	*Berlin	1:53:30	1:53:48	34	M50	66	0:18:19	0:52:00	0:43:10
359	2782	Mertens Daniel	Schwatzgelb.de	1:53:39	1:54:23	61	M30	87	0:19:56	0:53:41	0:40:01
360	3066	Lingner Peter	*Essen	1:53:40	1:54:12	46	M45	72	0:19:52	0:54:18	0:39:30

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
361	2285	Meier Dr. Med. Joks	*Lehrte	1:53:43	1:54:18	62	M30	86	0:17:42	0:53:31	0:42:28
362	2904	Sajovitz Benjamin	*Düsseldorf	1:53:55	1:54:38	67	M35	79	0:20:14	0:54:38	0:39:01
363	2879	Hasenclever Sebastian	Triteam TSG Sprockhövel	1:54:06	1:55:08	68	M35	83	0:21:31	0:55:50	0:36:44
364	2247	Speckenbach Marc	Tus Breitscheid	1:54:09	1:55:24	59	M40	77	0:19:47	0:53:22	0:41:00
365	2998	Lay Peter	Sg.stern Düsseldorf	1:54:16	1:55:48	6	M60	57	0:19:37	0:53:49	0:40:48
366	2335	Kitzig Jan-Philipp	*Düsseldorf	1:54:25	1:56:34	56	MHK	90	0:20:37	0:53:50	0:39:57
367	2608	Schreiter Rüdiger	*Duisburg	1:54:30	1:55:37	47	M45	71	0:20:34	0:54:19	0:39:35
368	2449	Hennig Marius	Tonies	1:54:33	1:55:14	48	M45	69	0:20:04	0:54:29	0:39:59
369	3230	Audouze Xavier		1:54:34	1:56:44	49	M45	70	0:21:03	0:55:32	0:37:58
370	3097	Clabbers Horst	Running Team Grafenberg	1:54:34	1:55:00	35	M50	66	0:20:16	0:54:03	0:40:14
371	2500	Walde Martin	*Düsseldorf	1:54:35	1:54:55	36	M50	65	0:19:24	0:54:48	0:40:23
372	2822	Lenz Guido	*Düsseldorf	1:54:39	1:56:10	50	M45	72	0:19:25	0:53:13	0:42:00
373	2320	Brothers Jonathan	*Southampton	1:54:39	1:56:07	60	M40	76	0:19:06	0:50:50	0:44:42
374	2502	Failenschmid Marvin	*Düsseldorf	1:54:42	1:56:43	57	MHK	92	0:21:49	0:54:52	0:37:59
375	2973	Braukmann Julian	Rettungsdienst Kreis Olpe	1:54:46	1:56:41	69	M35	83	0:21:02	0:52:52	0:40:51
376	3048	Hill Graham	River City Runners	1:54:47	1:55:20	7	M60	57	0:19:46	0:54:40	0:40:20
377	2243	Tran Cuong	*Düsseldorf	1:54:47	1:55:45	63	M30	88	0:20:09	0:54:17	0:40:20
378	2319	Schmidt Marc	*Düsseldorf	1:54:56	1:56:07	64	M30	87	0:21:09	0:52:51	0:40:55
379	2459	Pütter Michael	*Köln	1:55:10	1:57:08	51	M45	70	0:21:42	0:55:02	0:38:25
380	3166	Fängmer Kai		1:55:15	1:55:30	65	M30	88	0:19:26	0:54:16	0:41:33
381	2232	Graebel Gunther	Crepe Und Baguette Duisburg	1:55:15	1:55:51	2	M65	53	0:19:30	0:54:42	0:41:02
382	2954	Kroll Stefan	Baborunners	1:55:19	1:56:13	52	M45	72	0:20:43	0:54:29	0:40:06
383	3213	Hohn Ulli	Running Team Grafenberg	1:55:30	1:55:58	8	M60	55	0:20:15	0:54:04	0:41:10
384	3045	Trompeter Kai	*Münster	1:55:33	1:56:58	58	MHK	90	0:21:33	0:54:20	0:39:40
385	2241	Reuter Andreas	*Neuss	1:55:49	1:56:57	53	M45	70	0:21:20	0:55:42	0:38:46
386	3254	Streuer Stefan		1:55:49	1:56:37	54	M45	72	0:19:52	0:55:00	0:40:56
387	2578	Samandari Firous	*Wuppertal	1:55:53	1:56:44	29	M55	62	0:20:26	0:55:47	0:39:39
388	3011	Koch Stefan	*Kaarst	1:55:54	1:56:37	70	M35	79	0:20:16	0:55:58	0:39:39
389	2756	Poulikas Dimitrios	*Düsseldorf	1:55:59	1:56:56	59	MHK	89	0:22:18	0:55:43	0:37:57
390	2739	Steinen-Perschke Doktor	Erdinger	1:56:02	1:56:51	30	M55	59	0:20:06	0:54:48	0:41:07
391	2893	Becker Nikolaus	*Düsseldorf	1:56:06	1:58:02	60	MHK	89	0:22:04	0:55:42	0:38:19
392	2877	Hilgers Michael	*Meerbusch	1:56:08	1:57:48	61	M40	76	0:20:56	0:54:28	0:40:43
393	2504	Hettwer Andreas	*Ankum	1:56:14	1:57:33	66	M30	85	0:20:44	0:54:48	0:40:41
394	2840	Omura Yota	*Düsseldorf	1:56:21	1:56:53	61	MHK	89	0:19:00	0:54:40	0:42:40
395	2894	Schogalla Herbert	*Haan	1:56:21	1:58:16	9	M60	58	0:21:43	0:54:43	0:39:54
396	2678	Buchner Christian	*Hammelburg	1:56:22	1:57:06	37	M50	66	0:20:45	0:54:00	0:41:35
397	2767	Kaster Lukas	*Düsseldorf	1:56:24	1:58:24	67	M30	86	0:21:25	0:55:36	0:39:21
398	2808	Inhoffen Andreas	*Düsseldorf	1:56:24	1:58:26	68	M30	86	0:21:23	0:55:36	0:39:24
399	2684	Zhang Tao	*Duesseldorf	1:56:39	1:58:39	62	MHK	91	0:20:45	0:51:25	0:44:28
400	2221	Goldschmidt Gero	*Essen	1:56:40	1:57:27	63	MHK	90	0:20:02	0:55:44	0:40:54
401	2431	Trusheim Volker	*Düsseldorf	1:56:47	1:58:39	62	M40	76	0:21:45	0:55:36	0:39:25
402	2256	Suwelack Klaus	*Korschenbroich	1:56:49	1:58:20	31	M55	61	0:20:10	0:54:31	0:42:07
403	3245	Dombrowski Markus	SV Glehn	1:56:56	1:57:05	64	MHK	90	0:20:29	0:54:38	0:41:49
404	2872	Holzcamp Jan	LG Oerlinghausen	1:56:59	1:57:44	63	M40	78	0:21:58	0:55:01	0:39:59
405	2636	Uehara Hayato	*Düsseldorf	1:57:04	1:58:20	71	M35	81	0:21:47	0:55:43	0:39:33
406	2859	Kohlbrei Torsten	*Mülheim An Der Ruhr	1:57:06	1:58:48	38	M50	67	0:20:27	0:54:23	0:42:15
407	2255	Hegendoerfer Thomas	*Düsseldorf	1:57:08	1:58:42	72	M35	82	0:20:06	0:54:31	0:42:30
408	2843	Drecker Uwe	*Düsseldorf	1:57:19	1:59:09	39	M50	64	0:20:29	0:55:36	0:41:13
409	2416	Becker Alexander	*Düsseldorf	1:57:24	1:59:25	73	M35	81	0:21:25	0:55:35	0:40:23
410	2800	Lemke Norbert	Run 4 Fun St. Hubert	1:57:32	1:58:26	32	M55	60	0:21:06	0:55:37	0:40:47
411	3282	Geuting Lars		1:57:33	1:57:37	65	MHK	90	0:18:02	0:54:42	0:44:48
412	2430	Zocher Sebastian	*Grevenbroich	1:57:35	1:59:23	69	M30	85	0:20:42	0:55:43	0:41:09
413	2235	Taape Julian	*Lippstadt	1:57:36	1:59:31	70	M30	86	0:20:50	0:54:51	0:41:54
414	3058	Von Schuckmann Arno	*Düsseldorf	1:57:38	1:58:59	71	M30	84	0:19:22	0:54:21	0:43:55
415	2955	Bock Rainer	Lt-Training By Neiß	1:57:42	1:59:11	33	M55	62	0:21:31	0:56:02	0:40:07
416	2686	Weiß Konstantin	*Frankfurt	1:57:49	1:59:26	66	MHK	91	0:20:45	0:55:20	0:41:43
417	2895	Di Salvo Philip	*Düsseldorf	1:57:52	1:59:48	67	MHK	89	0:22:04	0:55:43	0:40:05
418	3140	Blanke Chris	*Düsseldorf	1:57:55	1:59:05	72	M30	86	0:19:28	0:54:13	0:44:13
419	2682	Kallewegge Jan	Waldfried 04	1:58:00	1:59:13	73	M30	86	0:21:05	0:55:17	0:41:38
420	2497	Lorenzen Malte	*Düsseldorf	1:58:02	1:59:49	74	M35	82	0:22:04	0:55:18	0:40:39

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
421	3041	Fleer Roman	*Köln	1:58:02	1:58:16	74	M30	88	0:19:18	0:53:56	0:44:47
422	3182	Nast-Kolb Ansgar		1:58:03	2:00:09	75	M35	79	0:22:47	0:56:54	0:38:21
423	3277	Singh Alec		1:58:06	1:59:57	76	M35	83	0:21:55	0:56:21	0:39:49
424	2371	Exner Frank	*Düsseldorf	1:58:06	1:59:20	55	M45	69	0:21:03	0:56:05	0:40:58
425	3098	Gärtner Jens	*Vohburg S.d. Donau	1:58:08	1:59:58	56	M45	73	0:21:36	0:56:52	0:39:39
426	2982	Busch Christian	Awista GmbH	1:58:21	2:00:26	68	MHK	90	0:20:59	0:55:05	0:42:16
427	2467	Hinrichs Dr. Jürgen	*Laer	1:58:31	1:58:54	34	M55	60	0:20:16	0:53:58	0:44:16
428	2465	Kiontke Jörn	*Leinfelden	1:58:32	1:58:55	69	MHK	91	0:20:16	0:53:58	0:44:16
429	2862	Spreemann Jan	*Neuss	1:58:33	1:58:48	75	M30	85	0:19:17	0:57:13	0:42:02
430	2665	Hollmann Michael	@afir_de	1:58:34	1:58:47	76	M30	84	0:19:20	0:56:40	0:42:33
431	2689	Eikenberg Marc	Holderberger Speedys	1:58:35	1:59:30	57	M45	69	0:19:53	0:55:42	0:42:58
432	3267	Büttcher Thomas	TUS Breitscheid	1:58:41	2:00:16	10	M60	58	0:21:35	0:57:01	0:40:04
433	3047	Nötzold Daniel	Camino Family	1:58:46	1:59:57	70	MHK	89	0:20:16	0:55:55	0:42:34
434	2744	Schneider Thomas	BSG Sparkasse Düsseldorf	1:58:50	2:00:17	40	M50	64	0:22:12	0:56:40	0:39:57
435	2597	Hattori Takuya	*Düsseldorf	1:58:51	2:00:03	77	M35	81	0:21:50	0:56:04	0:40:56
436	3151	Teschler Ulrich	Marathon Team Online	1:58:51	1:59:40	3	M65	49	0:21:29	0:56:56	0:40:25
437	2749	Wolf Helmuth	Werkkunst Wolf	1:58:54	1:59:48	4	M65	51	0:21:39	0:56:52	0:40:21
438	2643	Steiniger Robert	*Mönchengladbach	1:58:55	1:59:57	71	MHK	90	0:19:32	0:53:03	0:46:20
439	2204	Webb Hollist	*St. Peter	1:59:01	1:59:52	41	M50	68	0:21:32	0:57:48	0:39:40
440	3101	Janeau Dr. Norbert	*Düsseldorf	1:59:08	2:00:45	77	M30	88	0:21:52	0:56:02	0:41:14
441	3062	Schwickert Jürgen	*Düsseldorf	1:59:17	2:00:27	11	M60	56	0:21:46	0:57:14	0:40:16
442	2818	Dittmer Ralf	*Düsseldorf	1:59:19	2:01:15	42	M50	64	0:20:38	0:55:44	0:42:56
443	3185	Begenat Matthias		1:59:20	2:01:02	78	M35	83	0:21:26	0:58:01	0:39:52
444	3010	Cappel Rolf	*Duisburg	1:59:22	2:00:23	35	M55	62	0:21:48	0:56:54	0:40:39
445	2201	Thimm Frank	*Düsseldorf	1:59:26	2:01:13	58	M45	70	0:22:24	0:56:24	0:40:36
446	3052	Weide Michael	*Düsseldorf	1:59:33	2:01:24	43	M50	68	0:22:56	1:13:32	0:23:05
447	2639	Mahler Frank	*Düsseldorf	1:59:45	2:01:26	36	M55	63	0:22:31	0:56:42	0:40:31
448	3207	Gerl David		1:59:46	2:01:28	79	M35	80	0:21:29	0:57:58	0:40:18
449	2614	Poschmann Mike	Runnergy.de	1:59:47	2:01:20	44	M50	67	0:20:42	0:57:30	0:41:34
450	3135	Damen Wolfgang	Bataver Lauftreff Emmerich	1:59:53	2:00:53	37	M55	59	0:20:06	0:56:39	0:43:07
451	2630	Beumer Helmut	Scsv Spelle	1:59:56	2:00:27	45	M50	66	0:20:40	0:56:48	0:42:28
452	2908	Mikako Kawagishi	*Düsseldorf	2:00:04	2:01:30	80	M35	83	0:21:28	0:56:24	0:42:12
453	3202	Unbekannt		2:00:06	2:01:02	0	M		0:20:45	0:54:33	0:44:47
454	2730	Bergstein Frank	*Baesweiler	2:00:13	2:00:38	64	M40	78	0:21:32	0:57:15	0:41:25
455	2729	Schneider Michel	*Baesweiler	2:00:13	2:00:38	59	M45	72	0:21:33	0:57:14	0:41:25
456	2781	Hilder Gerald	DSC 99	2:00:21	2:02:39	65	M40	75	0:21:06	0:56:45	0:42:29
457	2952	Majer Marek	*Düsseldorf	2:00:35	2:02:05	66	M40	74	0:21:30	0:56:03	0:43:01
458	2476	Kopp Christian	*Freiburg	2:00:37	2:02:17	78	M30	86	0:20:56	0:58:38	0:41:02
459	2477	Berlich Christoph	*Frankfurt	2:00:37	2:02:17	79	M30	86	0:20:56	0:58:38	0:41:03
460	2694	Oepen Hans-Günther	*Düsseldorf	2:00:41	2:01:09	12	M60	57	0:21:22	0:57:39	0:41:39
461	2932	Kontny Thomas	Parker In Bewegung	2:00:44	2:02:51	81	M35	79	0:22:20	0:58:07	0:40:16
462	2720	Serges Sebastian	*Düsseldorf	2:00:44	2:02:08	80	M30	86	0:20:25	0:56:35	0:43:43
463	2653	Fleuren Christian	*Düsseldorf	2:00:52	2:02:32	60	M45	70	0:21:29	0:57:49	0:41:34
464	2572	Lorch Yannick	*Düsseldorf	2:00:57	2:01:42	72	MHK	90	0:20:38	0:58:28	0:41:51
465	3040	Kljucanin Eniz	Hsbc	2:01:01	2:01:39	6	MU20	99	0:21:35	1:14:42	0:24:42
466	2776	Funke Mathias	*Bocholt	2:01:03	2:02:21	46	M50	66	0:21:26	0:56:51	0:42:45
467	2886	Niederhaus Elmar	*Düsseldorf	2:01:15	2:03:22	47	M50	66	0:23:18	0:59:31	0:38:25
468	2677	Endres Marcel	*Düsseldorf	2:01:18	2:02:37	73	MHK	97	0:22:05	0:58:24	0:40:48
469	3137	Seidel Mario Michael	Team Erdinger Alkoholfrei	2:01:18	2:02:16	48	M50	67	0:20:55	0:57:19	0:43:03
470	2340	Schmidt Leonard	*Dormagen	2:01:21	2:02:40	74	MHK	97	0:22:06	0:58:24	0:40:51
471	3109	Schütz Andreas	*Düsseldorf	2:01:22	2:02:05	82	M35	79	0:20:18	0:55:37	0:45:26
472	3116	Weirich Jan H.	*Köln	2:01:23	2:02:38	81	M30	88	0:21:26	0:57:57	0:42:00
473	2525	Michels Georg	*Essen	2:01:25	2:01:34	49	M50	67	0:18:02	0:55:40	0:47:41
474	3157	Urbanczyk Günter	TSV Viktoria Mülheim	2:01:28	2:03:00	50	M50	65	0:22:40	0:59:23	0:39:24
475	2295	Henn Niklas	Etb	2:01:40	2:02:30	7	MU20	00	0:21:40	0:56:38	0:43:21
476	2949	Kallweit Marcel	*Mülheim An Der Ruhr	2:01:53	2:03:11	83	M35	80	0:21:49	0:58:11	0:41:53
477	2817	Marseille Martin	Tv Witzhelden	2:02:04	2:02:08	5	M65	53	0:19:15	0:55:38	0:47:11
478	3255	Glüsenkamp Andre	Laufjunkies	2:02:05	2:03:49	67	M40	77	0:22:14	0:56:34	0:43:16
479	3063	Hofmann Kai	*Düsseldorf	2:02:17	2:03:27	51	M50	67	0:21:45	0:57:15	0:43:16
480	2517	Lorenzen Jan	*Viöl	2:02:20	2:04:08	82	M30	85	0:22:05	0:55:20	0:44:54

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
481	3141	Berger Manfred	Bataver Lauftreff Emmerich	2:02:22	2:03:26	13	M60	58	0:21:38	0:58:23	0:42:20
482	3136	Schäfer Wolfgang	Bataver Lauftreff Emmerich	2:02:24	2:03:27	14	M60	58	0:21:38	0:58:25	0:42:20
483	3287	Ahlers Christoph	VfL Emslage	2:02:39	2:03:30	84	M35	83	0:20:58	0:55:16	0:46:24
484	2413	Gomez Carlos	*Neu-Isenburg	2:02:40	2:04:07	61	M45	71	0:21:30	0:58:00	0:43:09
485	2420	Metzner Jens-Thomas	*München	2:02:40	2:04:06	62	M45	72	0:21:31	0:57:51	0:43:17
486	2355	Kuhfuß Claas	Team Erdinger Alkoholfrei	2:02:41	2:04:07	63	M45	73	0:21:30	0:57:59	0:43:11
487	2654	Werner Detlef	*Xanten	2:02:43	2:03:51	52	M50	64	0:21:47	0:57:56	0:43:00
488	2557	Whitehead Paul	*Düsseldorf	2:02:48	2:03:44	68	M40	75	0:22:01	0:59:55	0:40:51
489	2599	Suzuki Tatsuma	Papa Genki	2:02:48	2:04:01	69	M40	76	0:20:56	0:56:25	0:45:27
490	2670	Klappert Nils	*Düsseldorf	2:03:04	2:05:03	83	M30	84	0:22:54	0:58:37	0:41:31
491	3259	Vilette Axel		2:03:06	2:03:23	64	M45	69	0:18:53	0:51:45	0:52:27
492	2292	Schütte Philipp	*Berlin - Tiergarten	2:03:07	2:05:06	75	MHK	90	0:22:28	0:58:34	0:42:04
493	3089	Hauser Peter	*Hennef	2:03:08	2:04:45	38	M55	62	0:21:42	0:58:37	0:42:48
494	2351	Porwik Mariusz	*Düsseldorf	2:03:09	2:04:54	70	M40	78	0:20:14	0:56:27	0:46:27
495	2560	Presser Christian	Tus Breitscheid E. V.	2:03:13	2:03:20	39	M55	63	0:21:42	0:58:29	0:43:02
496	2902	Engelsing Lutz	*Bonn	2:03:14	2:04:00	65	M45	72	0:21:53	0:58:59	0:42:21
497	2943	Czwikla Jérôme	Rollon Racers	2:03:15	2:05:14	84	M30	85	0:22:47	0:58:05	0:42:22
498	2942	Schübler Uwe	Rollon Racers	2:03:15	2:05:14	85	M35	79	0:22:47	0:58:05	0:42:22
499	2567	Berger Sebastian	B&k Sportwagen Rheinland GmbH	2:03:28	2:05:02	76	MHK	89	0:22:32	0:56:43	0:44:13
500	2584	Palmowski Lars	*Bochum	2:03:29	2:04:13	77	MHK	91	0:20:37	0:59:44	0:43:07
501	3152	Nolte Daniel	*Finnentrop	2:03:31	2:04:05	66	M45	71	0:20:48	0:57:12	0:45:30
502	2714	Nagel Robert	*Gütersloh	2:03:32	2:03:55	78	MHK	89	0:19:01	0:55:49	0:48:41
503	3029	Beal Leonardo	*Köln	2:04:02	2:05:40	85	M30	87	0:21:57	0:57:58	0:44:06
504	2230	Clasen Burkhard	Idt Kaiserslautern	2:04:03	2:05:55	67	M45	70	0:23:02	0:56:27	0:44:33
505	3086	Müller Thorsten	Tv Grafenberg 1888 E.v.	2:04:06	2:05:34	71	M40	78	0:21:28	0:57:36	0:45:01
506	3130	Hahnemann Johannes	Tea Dus	2:04:13	2:04:51	72	M40	75	0:21:13	0:59:16	0:43:42
507	3297	Krause Michael		2:04:20	2:06:25	73	M40	78	0:22:47	1:02:01	0:39:31
508	2698	Uebbing Klaus	Gilde Laufgruppe	2:04:28	2:05:13	53	M50	68	0:20:49	0:57:09	0:46:29
509	2568	Krüger Jan-Patrick	*Düsseldorf	2:04:46	2:06:19	86	M30	87	0:22:42	0:57:36	0:44:27
510	2766	Hara Naoto	*Düsseldorf	2:04:49	2:06:29	86	M35	79	0:21:25	0:58:54	0:44:29
511	3209	Dittmann Christoph		2:04:51	2:06:01	68	M45	69	0:22:14	0:59:11	0:43:25
512	2239	Peter Florian	*Essen	2:04:51	2:06:53	79	MHK	93	0:22:29	1:00:10	0:42:12
513	3174	Pfeifer Stefan		2:04:52	2:06:41	69	M45	70	0:22:34	0:57:32	0:44:45
514	3134	Graeger Jan-Hendrik	*Düsseldorf	2:04:57	2:06:33	80	MHK	91	0:22:18	1:00:07	0:42:31
515	2924	Schilt Jan-Philippe	*Düsseldorf	2:05:03	2:06:06	87	M30	86	0:21:31	1:00:16	0:43:16
516	3037	Hubenov Zheko	*Koeln	2:05:03	2:07:28	70	M45	73	0:21:43	0:59:28	0:43:51
517	2926	Schilt André	LAG Saarbrücken	2:05:03	2:06:05	15	M60	54	0:21:30	1:00:15	0:43:17
518	2909	Grützner Björn	*Düsseldorf	2:05:04	2:06:59	74	M40	76	0:21:05	0:59:49	0:44:09
519	2826	Hilchenbach Stefan	*Düsseldorf	2:05:07	2:06:50	54	M50	68	0:22:19	0:58:51	0:43:56
520	2236	Sasse Marc	Tc13 Düsseldorf	2:05:08	2:07:06	71	M45	70	0:22:03	0:58:40	0:44:23
521	2864	Schumacher Johannes	*Aachen	2:05:29	2:06:49	88	M30	87	0:22:09	0:57:53	0:45:26
522	2778	Böllhoff Felix	*Ratingen	2:05:54	2:07:02	81	MHK	89	0:22:21	0:59:56	0:43:36
523	2931	Krug Nicolai	Parker In Bewegung	2:05:57	2:06:21	75	M40	74	0:22:25	1:00:25	0:43:06
524	2861	Körber Sascha	*Düsseldorf	2:06:11	2:08:15	76	M40	78	0:21:01	0:57:22	0:47:47
525	3290	Spanger Jens		2:06:29	2:08:09	55	M50	68	0:22:13	0:57:22	0:46:53
526	2289	Herrmann Michael	*Velbert	2:06:30	2:07:10	87	M35	79	0:21:28	0:58:32	0:46:29
527	2298	Kohl Marcus	Psv Brühl Triathlon Team	2:06:35	2:08:18	88	M35	80	0:22:43	1:00:37	0:43:14
528	2936	Luoma Colin	*Düsseldorf	2:06:40	2:08:42	82	MHK	90	0:22:22	0:59:02	0:45:14
529	2844	Busch Christian	*Düsseldorf	2:06:54	2:08:41	89	M30	85	0:23:42	1:01:58	0:41:13
530	2353	Zell Marcus	*Espelkamp	2:06:55	2:08:20	77	M40	77	0:22:28	1:00:43	0:43:43
531	3218	Weifels Peter		2:07:05	2:08:44	90	M30	86	0:22:45	0:59:48	0:44:31
532	2845	Dahmen Manuel	*Düsseldorf	2:07:13	2:08:31	91	M30	87	0:22:01	0:59:59	0:45:12
533	2846	Barbers Suitbert	*Korschbroich	2:07:14	2:08:32	72	M45	70	0:22:00	0:59:59	0:45:14
534	2788	Begeg Engin	*Dortmund	2:07:16	2:09:16	89	M35	81	0:22:29	0:58:24	0:46:22
535	2626	Golm Nikolas	*Essen	2:07:26	2:09:13	90	M35	82	0:20:08	0:55:29	0:51:48
536	2546	Donis Sebastian	*Essen	2:07:27	2:07:33	83	MHK	89	0:19:39	0:56:51	0:50:56
537	2306	Manto Rolando	Running Unicorns	2:07:49	2:09:36	78	M40	77	0:22:08	1:00:08	0:45:32
538	2576	Reinkemeier Martin	*Düsseldorf	2:07:51	2:09:03	40	M55	61	0:21:58	1:00:25	0:45:27
539	2312	Rocco Dr Andrea	*Berlin, Deutschland	2:07:51	2:09:36	79	M40	75	0:22:10	1:00:10	0:45:31
540	2310	Ksoll Lukas	*Berlin	2:07:51	2:09:38	91	M35	83	0:22:10	1:00:07	0:45:34

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
541	2253	Schoch David	*Düsseldorf	2:07:59	2:09:15	84	MHK	90	0:20:44	0:58:47	0:48:26
542	2278	Oost David	*Düsseldorf	2:08:00	2:09:57	92	M35	82	0:22:49	0:59:41	0:45:29
543	2463	Ranke Jürgen	*Reichshof	2:08:27	2:10:01	56	M50	64	0:22:27	1:02:09	0:43:50
544	2405	Müller Felix	*Düsseldorf	2:08:31	2:09:58	85	MHK	95	0:21:30	0:59:48	0:47:11
545	2437	Ni Bing-Long	*Wuppertal	2:08:43	2:09:20	92	M30	87	0:20:40	1:00:24	0:47:38
546	2795	Lühning Torsten	*Düsseldorf	2:08:45	2:09:49	86	MHK	92	0:21:54	1:00:44	0:46:06
547	2674	Bruckmann Marcel	Selfmade	2:08:48	2:10:05	93	M35	81	0:21:20	0:59:50	0:47:37
548	2358	Stiller Andreas	Commerzbank Ag	2:09:01	2:10:50	57	M50	64	0:23:07	1:01:21	0:44:32
549	2354	Schreier Frank	*Meerbusch	2:09:14	2:10:39	80	M40	76	0:22:28	1:00:43	0:46:02
550	2887	Frösch Michael	Justizvollzugsschule Nrw	2:09:22	2:10:03	41	M55	61	0:22:10	1:00:49	0:46:22
551	2223	Berg Wolfgang	*Duisburg	2:09:38	2:11:16	6	M65	52	0:22:19	1:02:08	0:45:09
552	2775	Exterkate Vincent	*Haaksbergen	2:09:41	2:10:58	16	M60	58	0:21:18	0:57:41	0:50:42
553	2482	Deussen Joshua	*Düsseldorf	2:10:09	2:11:38	87	MHK	94	0:21:07	0:58:05	0:50:55
554	2824	Egerland Stefan	Sparschritt Wattenscheid	2:10:10	2:11:15	42	M55	63	0:20:39	0:59:35	0:49:55
555	2590	Ostermeier Martin	*Haan	2:10:10	2:11:12	94	M35	83	0:24:03	1:02:11	0:43:56
556	2596	Ostermeier Steffen	*Düsseldorf	2:10:11	2:11:12	81	M40	74	0:24:03	1:02:11	0:43:56
557	2659	Gräff Thorsten	*Köln	2:10:20	2:11:32	58	M50	68	0:22:38	1:00:53	0:46:48
558	2656	Völler Claus	*Köln	2:10:20	2:11:32	73	M45	69	0:22:37	1:00:54	0:46:47
559	3204	Cook James		2:10:47	2:11:24	95	M35	83	0:22:57	1:02:21	0:45:28
560	2479	Nicoara Calin	Dia Cardio	2:10:54	2:12:43	43	M55	61	0:25:51	1:20:19	0:24:44
561	2980	Schröder Marc	Awista GmbH	2:11:07	2:13:11	93	M30	87	0:22:47	1:02:00	0:46:18
562	2981	Barth Patrick	Awista GmbH	2:11:09	2:12:57	96	M35	81	0:23:01	1:02:25	0:45:42
563	2303	Werkmeister Patrick	*Düsseldorf	2:11:18	2:13:17	94	M30	88	0:23:15	1:01:59	0:46:03
564	2741	Di Serio Mario	Gruppo Sportivo Ristorante Da	2:11:38	2:12:27	74	M45	72	0:18:56	0:55:32	0:57:09
565	2947	Noel Christian	Amicale Post Luxembourg	2:11:57	2:12:26	82	M40	78	0:23:20	1:04:07	0:44:29
566	3142	Tolksdorf Patrick	*Düsseldorf	2:12:00	2:13:46	95	M30	88	0:22:47	1:01:24	0:47:48
567	3108	Jöns Torben	*Düsseldorf	2:12:10	2:13:46	88	MHK	89	0:22:18	1:00:07	0:49:44
568	3187	Lindenblatt Gero	JEK	2:12:45	2:14:52	83	M40	76	0:21:05	0:59:55	0:51:43
569	2740	Dönder Didi	Fortuna Düsseldorf 1895	2:13:16	2:14:58	44	M55	63	0:22:28	1:01:24	0:49:22
570	2318	Penz Tobias	*Krefeld	2:13:21	2:13:52	89	MHK	94	0:24:02	1:01:32	0:47:46
571	2237	Bastians Detlef	*Krefeld	2:13:28	2:15:29	45	M55	62	0:22:29	1:01:25	0:49:33
572	2622	Peuckert Jan	*Berlin	2:13:30	2:15:00	96	M30	87	0:23:06	1:02:20	0:48:04
573	2736	Afa Gregor	*Dormagen	2:13:33	2:15:08	97	M30	85	0:23:16	1:02:14	0:48:01
574	2227	Naake Martin	*München	2:13:34	2:15:16	90	MHK	92	0:23:01	1:04:11	0:46:21
575	2938	Curth Martin	Running Team Grafenberg	2:13:42	2:14:34	97	M35	83	0:24:02	1:04:13	0:45:27
576	2228	Roth Michel	Idt Kaiserslautern	2:14:16	2:16:07	75	M45	71	0:23:02	1:00:52	0:50:21
577	2876	Kowalski Christophe	*Annecy	2:14:21	2:15:24	84	M40	74	0:20:57	0:59:44	0:53:39
578	2248	Rasouli Rastin	*Essen	2:14:30	2:16:34	98	M30	88	0:22:51	1:00:55	0:50:44
579	2939	Rüger Daniel	*Köln	2:14:36	2:15:58	99	M30	88	0:21:45	1:01:18	0:51:32
580	2940	Scholz Jürgen	Katholische Kirche	2:14:43	2:16:40	46	M55	63	0:23:31	1:02:47	0:48:24
581	3215	Schaller Konstantin		2:15:00	2:16:46	100	M30	86	0:21:59	1:03:18	0:49:41
582	2870	Tanigaki Dr. Nobuhiro	Papagenki	2:15:04	2:16:21	85	M40	76	0:21:46	1:02:24	0:50:54
583	2930	Küsters Mark	Parker In Bewegung	2:15:07	2:15:31	91	MHK	89	0:22:26	1:00:25	0:52:16
584	2723	Krischer Jörg	Rheingold Düsseldorf Nev	2:15:24	2:17:09	47	M55	61	0:22:43	1:03:13	0:49:27
585	2890	Watanabe Motoyasu	*Meerbusch	2:16:16	2:16:58	86	M40	74	0:23:57	1:05:03	0:47:15
586	2408	Rompel Christian	*Hückelhoven	2:16:17	2:18:20	87	M40	74	0:24:38	1:04:30	0:47:09
587	3049	Kotturan Antony	*Ratingen	2:16:45	2:17:30	98	M35	81	0:23:51	1:03:38	0:49:14
588	2871	Lausmann Peter	*Düsseldorf	2:17:00	2:18:37	88	M40	78	0:22:19	1:04:09	0:50:31
589	2758	Schaffeld Ulf	*Düsseldorf	2:17:12	2:18:09	76	M45	71	0:20:50	1:02:35	0:53:46
590	2757	Hörnchen-Montag Christian	*Erkrath	2:17:13	2:18:09	77	M45	73	0:20:50	1:02:36	0:53:46
591	2866	Korb Christoph	AOK Rheinland/Hamburg	2:17:24	2:18:39	78	M45	72	0:21:40	1:03:25	0:52:18
592	2212	Grünhagen Matthias	*Düsseldorf	2:17:42	2:18:36	89	M40	76	0:23:38	1:04:42	0:49:22
593	2261	Wende Jan	Lc Duisburg	2:17:43	2:19:29	90	M40	76	0:22:58	1:01:39	0:53:04
594	2258	Buck Oliver	*Castrop-Rauxel	2:17:43	2:19:29	99	M35	81	0:22:58	1:01:39	0:53:05
595	2803	Adamski Jakub	*Warszawa	2:17:47	2:19:44	101	M30	84	0:22:35	1:04:53	0:50:19
596	2507	Partyka Dominik	*Düsseldorf	2:18:30	2:19:15	92	MHK	90	0:22:02	1:03:33	0:52:53
597	2988	Waßmann Joachim	Vfl Neustadt/Hessen	2:18:36	2:19:41	59	M50	66	0:23:01	1:03:53	0:51:41
598	2989	Waßmann Fabian	Vfl Neustadt/Hessen	2:18:36	2:19:42	93	MHK	96	0:23:02	1:03:54	0:51:39
599	2282	Hansen-Goos Hendrik	*Tübingen	2:18:48	2:20:11	100	M35	80	0:23:56	1:06:48	0:48:03
600	2337	Raschke Michael	Lauf Forrest Lauf	2:18:51	2:19:54	79	M45	72	0:23:14	1:03:27	0:52:10

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
601	2914	Schneider Roland	*Düsseldorf	2:19:28	2:20:30	60	M50	66	0:25:47	1:06:35	0:47:05
602	2533	Kleine Bastian	*Meerbusch	2:21:14	2:22:13	102	M30	84	0:25:51	1:06:25	0:48:57
603	2648	Oka Satoshi	*Düsseldorf	2:22:15	2:22:53	80	M45	70	0:23:23	1:07:13	0:51:37
604	2271	Katzera Uwe	Eubbeldiekatz-Band	2:22:48	2:23:14	48	M55	59	0:21:05	1:05:28	0:56:14
605	2797	Nelson Chase	*Düsseldorf	2:22:48	2:24:54	94	MHK	92	0:23:36	1:06:51	0:52:21
606	3262	Steinfurth Felix		2:23:32	2:24:09	95	MHK	92	0:23:27	1:07:17	0:52:46
607	3161	Balsamo Gerardo		2:24:24	2:25:11	49	M55	59	0:23:53	1:06:42	0:53:48
608	2333	Przybyla Thomas	*Düsseldorf	2:26:07	2:26:30	103	M30	84	0:21:25	1:06:31	0:58:10
609	2891	Ikegami Akihiro	*Meerbusch	2:26:24	2:27:05	101	M35	82	0:23:54	1:03:40	0:58:49
610	2577	Wiggert Bernd	*Düsseldorf	2:26:26	2:27:59	91	M40	78	0:23:29	1:08:48	0:54:08
611	2380	Schneider Reiner	Team Erdinger Alkoholfrei	2:26:53	2:27:31	61	M50	65	0:23:59	1:11:08	0:51:45
612	3263	Kogelschatz Stephan		2:27:34	2:28:30	81	M45	69	0:26:30	1:12:03	0:49:00
613	2719	Herty Jakob	*Düsseldorf	2:28:25	2:29:38	96	MHK	89	0:25:57	1:11:01	0:51:26
614	3273	Hoydem Andreas	Mitarbeiter NGD	2:28:46	2:28:53	82	M45	70	0:24:22	1:09:21	0:55:02
615	2391	Charlier Mato	*Düsseldorf	2:29:02	2:30:43	92	M40	77	0:25:10	1:12:20	0:51:31
616	2794	Brasemann Uwe	*Breckelfeld	2:29:27	2:30:18	17	M60	55	0:24:09	1:11:09	0:54:09
617	3179	Mei Ancha		2:29:29	2:29:45	97	MHK	90	0:20:45	1:11:59	0:56:43
618	2541	Buchner Jan	*Düsseldorf	2:29:37	2:31:37	93	M40	75	0:24:50	1:07:08	0:57:38
619	2598	Heck Alexander	*Düsseldorf	2:29:37	2:31:36	102	M35	82	0:24:51	1:07:05	0:57:40
620	2251	Müller Robert	#aufgebenistkeineoption	2:30:22	2:31:44	104	M30	85	0:23:51	1:11:09	0:55:20
621	2454	Milenk Sebastian	*Essen	2:31:04	2:32:44	105	M30	84	0:23:24	1:08:04	0:59:35
622	2387	Große Andreas	*Düsseldorf	2:31:05	2:32:45	106	M30	84	0:23:25	1:08:03	0:59:36
623	2835	Michael Marc	*Düsseldorf	2:33:53	2:35:52	107	M30	87	0:23:28	1:09:13	1:01:11
624	2889	Ruhl Cornelis	*Langenfeld	2:34:11	2:36:04	62	M50	64	0:25:49	1:13:38	0:54:43
625	3015	Kohl Michael	*Gelsenkirchen	2:34:23	2:35:43	98	MHK	89	0:24:02	1:10:04	1:00:15
626	2718	Fiekers Victor	*Düsseldorf	2:34:44	2:35:58	99	MHK	91	0:25:58	1:12:31	0:56:14
627	2821	Jünemann Bernd	Keiner	2:41:00	2:43:04	63	M50	67	0:24:46	1:13:30	1:02:43
628	2442	Kastner Michael	*Erkrath	2:41:23	2:41:49	94	M40	78	0:20:35	1:21:50	0:58:57
629	2594	Marzari Kester	Runnergy.de	2:46:40	2:48:38	83	M45	69	0:27:13	1:16:31	1:02:54
630	3178	Yang Jun		2:47:12	2:47:29	103	M35	80	0:26:32	1:16:38	1:04:02
631	3249	Unbekannt		2:50:14	2:51:57	0	M		0:23:53	1:18:12	1:08:08
632	2519	Homola Josef	*Neuss	2:51:33	2:51:55	108	M30	84	0:25:01	1:16:21	1:10:10
633	3044	De Paoli Linus	*Köln	2:55:03	2:56:29	95	M40	78	0:30:29	1:22:17	1:02:16

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
1	3153	Schneider Claudia	Bunert-Der Kölner Laufaden	1:25:15	1:25:17	1	W40	78	0:15:13	0:40:42	0:29:19
2	2985	Fierek Carina	Tus Xanten	1:27:08	1:27:10	1	W35	83	0:15:13	0:41:03	0:30:51
3	2842	Crommelinck Sophie	Tv Schriesheim - Engelhorn Spo	1:27:55	1:27:55	1	WHK	92	0:15:37	0:41:45	0:30:33
4	3021	Roesges Soeren	*Viersen	1:28:24	1:29:30	2	WHK	95	0:16:52	0:42:36	0:28:56
5	2453	Veltmann Anna	SC Spelle-Venhaus	1:29:11	1:29:31	3	WHK	93	0:15:34	0:42:26	0:31:10
6	3236	Schmidt Sandra	LT Bittermark Dortmund	1:30:39	1:31:00	1	W30	86	0:15:33	0:42:55	0:32:11
7	3234	Spicker Ute	Team-Essen 99	1:34:39	1:34:43	1	W55	61	0:15:50	0:44:48	0:33:59
8	3012	Turra Monika	Runnery.de	1:35:53	1:35:54	1	W50	68	0:16:25	0:45:24	0:34:02
9	2907	Bünder Mara	*Düsseldorf	1:36:01	1:37:17	2	W35	83	0:15:32	0:43:25	0:37:04
10	2992	Van Treeck Jule	Running Team Grafenberg	1:37:00	1:37:18	4	WHK	91	0:17:21	0:46:22	0:33:17
11	2991	Mück Heike	*Düsseldorf	1:39:49	1:40:14	2	W30	87	0:17:21	0:47:34	0:34:53
12	2615	Zoll Daniela	Runnery.de	1:39:53	1:40:12	3	W35	81	0:17:36	0:46:42	0:35:34
13	2851	Elenbaas Fran	*Grand Rapids	1:40:11	1:41:39	1	W45	69	0:17:31	0:47:38	0:35:01
14	3199	Henkel Kerstin		1:40:38	1:41:04	2	W45	70	0:18:14	0:47:37	0:34:47
15	2700	Moddenborg Petra	Gilde Laufgruppe	1:40:42	1:41:07	3	W45	72	0:17:59	0:48:11	0:34:31
16	2273	Neumann Carolin	*Dortmund	1:41:18	1:42:38	5	WHK	98	0:19:01	0:49:20	0:32:56
17	3276	Nolda Isabel		1:41:18	1:41:51	6	WHK	90	0:17:25	0:48:22	0:35:30
18	2311	Bogumil Tanja	*Berlin	1:41:32	1:43:17	3	W30	84	0:18:36	0:47:42	0:35:14
19	3279	Nilges Martina	Running Team Grafenberg	1:41:54	1:42:11	4	W35	80	0:18:41	0:48:29	0:34:43
20	2709	Franzus Melanie	Rennschnecken 2000 E.v.	1:42:23	1:42:36	2	W40	74	0:18:29	0:48:27	0:35:25
21	3281	Christa Luisa		1:42:39	1:43:48	7	WHK	93	0:17:28	0:47:55	0:37:15
22	2666	Exner Jessica	*Münster	1:42:52	1:42:56	8	WHK	91	0:17:28	0:49:08	0:36:14
23	2878	Wilke Belinda	TG Neuss	1:44:05	1:44:08	2	W55	60	0:18:08	0:49:17	0:36:39
24	2240	Schmitz Cornelia	*Stadt	1:44:16	1:46:00	3	W40	75	0:22:56	0:00:00	0:00:00
25	2675	Keders Ribana	Plüschtaucher	1:44:17	1:46:25	4	W30	85	0:18:25	0:48:17	0:37:34
26	2649	Bohnen Conny	SC Spelle-Venhaus	1:44:41	1:45:03	2	W50	64	0:18:11	0:49:42	0:36:48
27	2706	Möllmann Rita	*Bocholt	1:45:30	1:45:57	4	W45	69	0:18:30	0:50:33	0:36:26
28	2207	Frizen Anne Karoline	*Mettmann	1:45:30	1:45:37	9	WHK	90	0:17:44	0:50:33	0:37:11
29	2812	Gebhard Tanja	*Krefeld	1:45:51	1:46:09	5	W45	69	0:18:12	0:49:41	0:37:57
30	2716	Dwyer Emily	*Duesseldorf	1:45:54	1:47:30	10	WHK	90	0:19:04	0:49:29	0:37:20
31	2592	Rauch Ina	Runnery.de	1:46:14	1:46:55	4	W40	76	0:19:41	0:50:50	0:35:42
32	2217	Osthaus Tabea	Gelber Blitz	1:46:28	1:46:46	5	W35	83	0:18:30	0:50:20	0:37:37
33	2903	Viehweg Alicia	*Viersen	1:46:35	1:46:45	5	W40	77	0:18:14	0:50:48	0:37:31
34	2697	Uebbing Sylvia	Gilde Laufgruppe	1:46:37	1:47:02	3	W50	67	0:18:01	0:50:27	0:38:09
35	2564	Wijnands Mieke	*Düsseldorf	1:46:41	1:47:50	5	W30	86	0:17:41	0:50:29	0:38:30
36	2702	Kunz Constance	Lauffreunde HADI Wesel	1:46:55	1:47:24	6	W40	75	0:17:50	0:50:29	0:38:35
37	2493	Schneider Sabine	Freie Schwimmer Düsseldorf	1:47:02	1:47:30	11	WHK	91	0:18:16	0:49:57	0:38:47
38	2406	Kremer Sabine	*Düsseldorf	1:47:07	1:47:14	6	W45	70	0:17:57	0:50:42	0:38:27
39	3056	Roof Michaela	*Düsseldorf	1:47:36	1:47:50	4	W50	66	0:17:56	0:51:14	0:38:25
40	2325	Prescha Kristiane	Tricologne	1:47:40	1:48:40	5	W50	67	0:18:52	0:50:33	0:38:14
41	2731	Eysoldt Melanie	Running Team Grafenberg	1:47:55	1:48:12	7	W40	78	0:18:52	0:51:30	0:37:32
42	2996	Ragot Melanie	Running Team Grafenberg	1:47:59	1:48:16	7	W45	73	0:18:39	0:51:01	0:38:18
43	3252	Walter Cristine		1:48:05	1:48:41	8	W40	74	0:19:40	0:50:49	0:37:34
44	2819	Hajaji Maria	*Düsseldorf	1:48:10	1:49:37	6	W35	81	0:19:56	0:50:12	0:38:02
45	2447	Kramer Svenja	Djk Rheinkraft Neuss	1:48:24	1:49:07	12	WHK	95	0:19:54	0:51:36	0:36:53
46	3242	Strack Marion	GSGL	1:48:24	1:48:39	6	W50	67	0:17:58	0:52:10	0:38:15
47	2785	Osterholt Julia	*Düsseldorf	1:48:44	1:49:38	13	WHK	89	0:18:59	0:51:02	0:38:42
48	3126	Weinert Kristina	*Köln	1:48:52	1:49:05	6	W30	88	0:18:32	0:51:37	0:38:41
49	2928	Grawley Claudia	Bunert Duisburg	1:49:10	1:49:14	8	W45	73	0:19:16	0:51:43	0:38:10
50	3160	Klause Ute	AOK Rheinland/Hamburg	1:49:38	1:49:51	9	W45	69	0:19:23	0:52:02	0:38:12
51	3039	Lüke Katharina	Hsbc	1:49:40	1:50:13	7	W30	86	0:19:19	0:51:49	0:38:30
52	4321	Kalweit Heike	ASV Duisburg E.v.	1:49:58	1:50:48	7	W50	68	0:20:00	0:52:22	0:37:36
53	3191	Prenger Iwona		1:50:02	1:50:12	10	W45	73	0:19:08	0:52:38	0:38:15
54	3070	Pravdin Marina	*Düsseldorf	1:50:13	1:52:07	14	WHK	93	0:22:21	1:06:22	0:21:29
55	2602	Wienecke Kerstin	Tus 06 Westf. Eiche Anröchte	1:50:29	1:51:37	9	W40	76	0:19:30	0:52:53	0:38:06
56	2604	Eckford Dr. Stephanie	*Goch	1:50:45	1:51:55	7	W35	80	0:20:00	0:53:01	0:37:43
57	3167	Pack Julia		1:52:12	1:52:26	15	WHK	91	0:19:26	0:54:13	0:38:32
58	2974	Von Gagern Mira	Team Erdinger Alkoholfrei	1:52:12	1:53:09	8	W35	83	0:21:20	0:52:45	0:38:06
59	3073	Schulz Christina	*Düsseldorf	1:52:31	1:54:10	11	W45	70	0:20:31	0:52:22	0:39:37
60	3067	Makus Jenny	*Velbert	1:53:11	1:53:43	8	W30	86	0:19:52	0:54:18	0:39:00

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
61	2492	Lindenau Julia	Laufftreff Kemperdick	1:53:35	1:54:02	9	W35	82	0:20:14	0:53:55	0:39:25
62	2607	Müller Jana	*Düsseldorf	1:54:14	1:54:42	16	WHK	90	0:19:03	0:52:58	0:42:11
63	3133	Beyer Jasmin	Bataver Laufftreff Emmerich	1:54:16	1:55:16	10	W40	76	0:20:02	0:54:04	0:40:09
64	2440	Pröpper Franziska	*Düsseldorf	1:54:37	1:55:07	17	WHK	97	0:20:02	0:53:36	0:40:57
65	3196	Omnitz Susanne		1:54:38	1:56:15	10	W35	83	0:20:10	0:53:31	0:40:57
66	2495	Nunnendorf Vanessa	*Obertshausen	1:54:45	1:56:47	9	W30	87	0:21:50	0:54:52	0:38:02
67	3212	Neuhaus Julia	Running Team Grafenberg	1:54:45	1:55:14	11	W40	78	0:20:57	0:54:23	0:39:24
67	4987	Forg Corinna	Running Team Grafenberg	1:54:45	1:55:14	12	W45	71	0:20:56	0:54:23	0:39:25
69	2280	Merzenich Johanna	*Meerbusch	1:55:18	1:55:51	18	WHK	92	0:20:12	0:54:25	0:40:40
70	2953	Thürnagel-Lin Nicola	Baborunners	1:55:18	1:56:13	8	W50	68	0:20:43	0:54:29	0:40:05
71	2466	Hinrichs Lisa	*Frankfurt	1:55:23	1:55:46	19	WHK	92	0:20:16	0:53:57	0:41:09
72	2779	Klein Denise	*Düsseldorf	1:55:51	1:56:14	10	W30	84	0:19:12	0:55:22	0:41:15
73	3250	Rosenberg Lea	DREAMBIG Sports Club	1:56:08	1:56:27	20	WHK	93	0:19:49	0:59:17	0:37:01
74	2265	Käsebier Tanja	Triteam Sprockhövel	1:56:12	1:56:19	11	W30	87	0:19:50	0:55:19	0:41:01
75	3175	Hahnloser Janina		1:56:15	1:58:03	21	WHK	89	0:21:18	0:55:40	0:39:17
76	2915	Drees Mareike	*Köln	1:56:59	1:57:31	22	WHK	91	0:18:51	0:55:32	0:42:35
77	3146	Vehreschild Lisa	*Düsseldorf	1:57:17	1:58:07	12	W30	85	0:21:45	0:55:54	0:39:37
78	2976	Jansen Janine	Hellgate Road Runners	1:57:28	1:58:16	13	W30	84	0:20:12	0:55:46	0:41:29
79	2496	Buniowska Karolina	*Düsseldorf	1:57:44	1:58:11	14	W30	84	0:20:40	0:55:53	0:41:09
80	2687	Zabel Arcida	*Frankfurt	1:57:49	1:59:25	23	WHK	92	0:20:46	0:55:21	0:41:41
81	2664	Wenske Maria	*Aurich	1:57:51	1:59:29	24	WHK	89	0:20:52	0:55:03	0:41:55
82	2681	Lahaye Viviane	*Düsseldorf	1:57:56	1:58:07	25	WHK	97	0:21:54	0:57:32	0:38:29
83	2791	Elich Cathrin	*Aachen	1:57:59	1:58:36	26	WHK	93	0:21:27	0:56:11	0:40:20
84	2263	Meyer Milena	*Düsseldorf	1:58:01	1:59:09	15	W30	88	0:21:42	0:56:40	0:39:39
85	2793	Jost Lara	*Köln	1:58:03	1:58:50	16	W30	84	0:20:38	0:54:59	0:42:25
86	3042	Bachström Jana	*Würselen	1:58:04	1:58:18	27	WHK	96	0:19:18	0:53:57	0:44:48
87	2587	Martini Gudrun	Promorun	1:58:17	1:59:44	9	W50	68	0:20:29	0:55:59	0:41:47
88	3131	Prinz Franziska	*Meerbusch	1:58:23	1:59:42	28	WHK	94	0:19:57	0:55:20	0:43:05
89	2854	Piekarski Yvonne	LT Recklinghausen	1:58:25	1:58:43	10	W50	64	0:19:28	0:55:23	0:43:33
90	3164	Stagat Laura		1:58:33	1:59:19	29	WHK	90	0:19:43	0:56:39	0:42:10
91	2543	Drees Linda	SC Spelle-Venhaus	1:58:46	1:59:17	30	WHK	93	0:20:38	0:56:27	0:41:40
92	3253	Dupius Reginald	Laufjunkies	1:58:50	2:00:34	13	W45	69	0:22:14	0:56:39	0:39:55
93	2451	Lohmann Sabrina	SC Spelle-Venhaus	1:59:05	1:59:36	11	W35	81	0:20:38	0:56:27	0:41:59
94	3269	Becker-Hansen Ines	Running Team Grafenberg	1:59:12	2:00:04	12	W40	77	0:21:19	0:56:35	0:41:16
95	3064	Sahin Esra	*Düsseldorf	1:59:16	2:00:27	17	W30	88	0:21:45	0:57:14	0:40:17
96	2326	Klemichen Nuria	*Bonn	1:59:19	1:59:24	31	WHK	98	0:18:56	0:57:03	0:43:20
97	3176	Xie Lingqiong		1:59:34	1:59:50	18	W30	88	0:26:32	0:00:00	0:00:00
98	3180	Yang Guanya		1:59:36	1:59:53	19	W30	88	0:26:32	0:00:00	0:00:00
99	2619	Nolte Birgit	Runnergy.de	1:59:45	2:00:26	3	W55	61	0:20:38	0:56:40	0:42:26
100	2631	Beumer Annette	Scsv Spelle	1:59:56	2:00:26	11	W50	67	0:20:39	0:56:49	0:42:27
101	2296	Bultmann Emma	Etuf	1:59:56	2:00:46	1	WU20	99	0:21:40	0:56:37	0:41:38
102	2478	De Koster Janneke	Avantri	1:59:58	2:00:27	12	W35	83	0:19:37	0:56:23	0:43:57
103	2402	Weber Stephanie	*Düsseldorf	2:00:16	2:01:22	20	W30	87	0:21:19	0:57:16	0:41:39
104	2403	Nahimi Karin	*Düsseldorf	2:00:16	2:01:22	21	W30	88	0:21:19	0:57:16	0:41:39
105	3203	Teitges Cavchen		2:00:30	2:01:27	14	W45	73	0:20:55	0:57:24	0:42:10
106	2473	Peschel Raphaela	Freie Schwimmer Duisburg	2:00:45	2:02:34	32	WHK	97	0:21:38	0:57:58	0:41:08
107	2829	Diederichs Dr. Sonja	*Düsseldorf	2:00:46	2:01:26	13	W40	75	0:21:52	0:57:43	0:41:10
108	2699	Schroer Uschi	Gilde Laufgruppe	2:00:46	2:01:29	4	W55	63	0:20:50	0:56:27	0:43:28
109	2606	Arntz Angela	*Düsseldorf	2:00:57	2:01:25	33	WHK	91	0:19:55	0:56:15	0:44:46
110	2858	Javourez Helene	*Düsseldorf	2:01:10	2:03:21	34	WHK	90	0:22:09	0:59:26	0:39:34
111	3115	Koll Sarah	*Köln	2:01:24	2:02:39	22	W30	85	0:21:27	0:57:54	0:42:02
112	3102	Deventer Anna Katharina	*Düsseldorf	2:01:26	2:02:32	35	WHK	89	0:21:57	0:57:10	0:42:18
113	3065	Czichos Catarina	*Düsseldorf	2:02:18	2:03:27	13	W35	82	0:21:46	0:57:14	0:43:16
114	2316	Wendler Ruth	*Krefeld	2:02:27	2:04:17	14	W35	80	0:22:12	0:58:21	0:41:53
115	2293	Subow Ina	*Berlin	2:03:06	2:05:05	23	W30	88	0:22:28	0:58:34	0:42:03
116	2804	Adamska Anna	*Warszawa	2:03:10	2:05:07	24	W30	85	0:22:34	0:58:51	0:41:44
117	3054	Hoff Vera	*Düsseldorf	2:03:11	2:04:48	36	WHK	89	0:22:21	0:58:49	0:42:00
118	2571	Rohn Vanessa	*Düsseldorf	2:03:30	2:04:13	37	WHK	90	0:20:40	0:59:42	0:43:07
119	3292	Nolte Svenja		2:03:32	2:04:06	38	WHK	96	0:20:21	0:57:39	0:45:30
120	3020	Roth Dirka	*Viersen	2:03:32	2:05:04	15	W35	83	0:20:49	0:58:11	0:44:31

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
121	2860	Miller Andrea	*Düsseldorf	2:03:34	2:04:42	15	W45	71	0:20:40	0:57:42	0:45:10
122	2585	Epprecht Karin	*Düsseldorf	2:03:59	2:04:42	25	W30	84	0:20:15	0:56:45	0:46:57
123	3030	Riemann Celina	*Köln	2:04:02	2:05:40	39	WHK	92	0:21:58	0:57:57	0:44:06
124	3275	Becker Christina	TEA DUS	2:04:12	2:04:51	14	W40	76	0:21:13	0:59:16	0:43:43
125	3099	Woith Michelle	*Meerbusch	2:04:20	2:04:40	16	W45	69	0:20:04	0:56:28	0:47:47
126	3080	Tschampel Nina	*Düsseldorf	2:04:32	2:05:04	16	W35	79	0:20:25	0:58:42	0:45:24
127	2855	Riesebeck Danika	*Ratingen	2:04:44	2:06:25	40	WHK	97	0:21:01	0:58:16	0:45:25
128	2357	Annette Droß	Commerzbank Ag	2:04:51	2:06:22	17	W45	71	0:22:22	0:59:04	0:43:23
129	3082	Pohl Annett	*Köln	2:04:53	2:06:08	18	W45	72	0:21:30	0:58:24	0:44:59
130	2549	Kratz Antonia	*Gießen	2:04:54	2:05:52	41	WHK	95	0:24:00	1:01:10	0:39:43
131	2825	Korati Nicole	*Neuss	2:05:07	2:05:11	17	W35	83	0:22:31	1:00:48	0:41:48
132	3139	Kakuan Mana	*Köln	2:05:24	2:06:10	26	W30	88	0:21:14	0:58:40	0:45:29
133	2392	Niebler Theresa	*Düsseldorf	2:05:36	2:06:09	42	WHK	92	0:22:11	0:59:50	0:43:33
134	3118	Berkenkemper Elena	*Düsseldorf	2:05:39	2:06:38	15	W40	76	0:22:06	1:00:32	0:43:00
135	3222	Orth Annika		2:05:39	2:06:13	43	WHK	89	0:21:32	0:58:57	0:45:09
136	2309	Elich Anke	*Aachen	2:05:41	2:06:18	44	WHK	95	0:22:43	0:59:19	0:43:38
137	2586	Neumeyer Daniela	*Willich	2:05:48	2:06:04	19	W45	71	0:21:24	0:59:50	0:44:33
138	2401	Ising Katharina	200Pro	2:05:49	2:06:58	16	W40	74	0:21:47	0:57:50	0:46:10
139	2377	Bui Huyen-Vi	*Düsseldorf	2:06:07	2:07:36	45	WHK	90	0:21:53	0:59:42	0:44:31
140	3079	Leibauer Christine	*Düsseldorf	2:06:20	2:07:27	46	WHK	92	0:21:27	0:59:07	0:45:45
141	2897	Landmann Yvonne	Running Team Grafenberg	2:06:25	2:07:01	18	W35	82	0:21:40	0:59:39	0:45:06
142	2609	Strater Tanja	*Düsseldorf	2:06:38	2:08:14	47	WHK	95	0:22:38	0:59:45	0:44:14
143	2260	Hinkel Sylke	*Meerbusch	2:06:57	2:08:38	12	W50	65	0:24:17	1:00:00	0:42:38
144	2259	Seidel Desiree	*Düsseldorf	2:06:57	2:08:38	48	WHK	92	0:24:17	1:00:01	0:42:38
145	2490	Holzmann Daniela	*Düsseldorf	2:07:03	2:09:13	27	W30	85	0:23:00	1:01:45	0:42:17
146	3074	Karl Jennifer	*Meerbusch	2:07:05	2:08:43	49	WHK	89	0:22:45	0:59:49	0:44:30
147	2647	Oka Hiroko	*Düsseldorf	2:07:17	2:07:55	20	W45	71	0:21:12	1:00:12	0:45:51
148	2589	Trier Josephine	Runnery	2:07:29	2:08:06	50	WHK	90	0:20:05	0:58:21	0:49:02
149	2836	Effmert Vera	*Düsseldorf	2:07:34	2:09:32	28	W30	87	0:21:43	1:00:34	0:45:17
150	3228	Herling Jelena		2:07:46	2:08:33	51	WHK	93	0:21:25	1:00:32	0:45:47
151	2307	Daga Barbara	*Düsseldorf	2:07:51	2:09:36	21	W45	71	0:22:12	1:00:09	0:45:30
152	3257	Pieper Ellen		2:07:57	2:09:32	19	W35	79	0:22:20	0:59:05	0:46:30
153	3256	Uöerich Verena		2:07:57	2:09:33	20	W35	80	0:22:20	0:59:06	0:46:30
154	2646	Kloth Jil	*Düsseldorf	2:08:02	2:08:52	29	W30	85	0:23:01	1:00:34	0:44:25
155	2202	Wieneke Monika	*Düsseldorf	2:08:11	2:09:27	21	W35	80	0:22:21	0:59:44	0:46:04
156	2787	Tieck Pia	*Haren	2:08:11	2:09:36	52	WHK	92	0:23:03	1:00:10	0:44:57
157	2786	Kotte-Laake Birgit	*Messingen	2:08:12	2:09:36	22	W45	71	0:23:03	1:00:10	0:44:57
158	2404	Feldschen Hannah	*Düsseldorf	2:08:31	2:09:58	53	WHK	96	0:21:30	0:59:49	0:47:11
159	2990	Arai Chiharu	*Düsseldorf	2:08:32	2:09:58	22	W35	80	0:21:46	0:59:35	0:47:11
160	3285	Fuchs Sarah	LG Burg Wiedenbrück	2:08:52	2:10:10	30	W30	85	0:22:45	1:01:23	0:44:43
161	2977	Herbel Yvonne	*Mönchengladbach	2:09:10	2:09:57	54	WHK	91	0:20:26	1:01:29	0:47:14
162	2468	Hinrichs Barbara	*Laer	2:09:35	2:10:52	13	W50	65	0:23:12	1:01:55	0:44:26
163	2304	Heitvogt Anja	*Düsseldorf	2:09:37	2:11:04	23	W35	83	0:22:14	1:00:32	0:46:49
164	2524	Bohlin Annette	SC Spelle-Venhaus	2:09:37	2:10:08	23	W45	69	0:21:57	1:00:35	0:47:04
165	3075	Burgardt Infanti Bruna	*Düsseldorf	2:09:41	2:10:35	31	W30	88	0:21:53	1:02:03	0:45:44
166	2370	Böhme Manuela	*Zuzenhausen	2:10:48	2:12:06	5	W55	60	0:23:03	1:03:01	0:44:44
167	2773	Dieckmännken Maria	SC Spelle-Venhaus	2:11:02	2:11:34	1	W70	48	0:22:00	1:01:19	0:47:43
168	2634	Schmitz Claudia	*Düsseldorf	2:11:12	2:12:24	24	W45	70	0:22:00	1:02:08	0:47:04
169	3076	Klose Liana	Cm Team	2:11:13	2:11:47	17	W40	78	0:21:03	1:02:29	0:47:41
170	2959	Herriger Martina	*Meerbusch	2:11:16	2:11:28	14	W50	68	0:21:53	1:02:13	0:47:09
171	2837	Hufer Stefanie	*Düren	2:11:21	2:13:18	32	W30	87	0:23:26	1:01:54	0:46:00
172	2508	Reker Hedwig	SC Spelle-Venhaus	2:11:32	2:12:03	6	W55	59	0:22:34	1:02:33	0:46:24
173	2501	Moeken Marlies	SC Spelle-Venhaus	2:11:32	2:12:03	15	W50	66	0:22:34	1:02:33	0:46:24
174	3110	Akiyama Yumi	Papa Genki	2:11:55	2:13:22	24	W35	82	0:23:40	1:01:49	0:46:25
175	2948	Thiel Mareike	*Reckange/mess	2:11:56	2:12:26	25	W35	80	0:23:19	1:04:07	0:44:28
176	2317	Rebac Laura	*Moers	2:12:23	2:12:53	55	WHK	94	0:24:02	1:01:32	0:46:48
177	3053	Hollmann Laura	*Düsseldorf	2:12:25	2:14:01	56	WHK	89	0:22:12	1:00:26	0:49:46
178	3093	Spatschek Julia	*Düsseldorf	2:12:37	2:14:01	18	W40	77	0:23:48	1:03:20	0:45:28
179	3119	Trachte Caroline	*Düsseldorf	2:12:49	2:13:00	26	W35	79	0:21:53	1:02:13	0:48:41
180	3170	Le Corre Anne		2:12:53	2:13:27	57	WHK	89	0:23:14	1:02:23	0:47:15

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
181	2302	Brinkmann Miriam	*Düsseldorf	2:12:59	2:14:59	33	W30	84	0:23:14	1:02:00	0:47:45
182	3022	Theodoridou Eleni	Sfd' 75 Düsseldorf	2:13:06	2:13:16	19	W40	75	0:22:02	1:01:44	0:49:19
183	2827	Pötter Lea	*Hohen Neuendorf	2:13:15	2:14:03	58	WHK	94	0:22:59	1:03:51	0:46:23
184	2899	Lange Linda	*Düsseldorf	2:13:20	2:15:04	34	W30	87	0:22:15	1:02:34	0:48:29
185	2238	Bastians Kathrin	*Essen	2:13:27	2:15:29	59	WHK	92	0:22:28	1:01:34	0:49:23
186	2641	Heidrich Maggie	Tus Mechernich 1897	2:13:29	2:14:08	27	W35	82	0:21:41	1:02:07	0:49:41
187	2436	Peuckert Mareike	*Düsseldorf	2:13:32	2:15:00	35	W30	85	0:23:06	1:02:20	0:48:04
188	2972	Geismann Maren	Running Team Grafenberg	2:13:42	2:14:34	60	WHK	91	0:24:02	1:04:12	0:45:26
189	3019	De Jager Femke	Nsl	2:14:04	2:15:09	36	W30	85	0:23:09	1:03:37	0:47:18
190	2945	Reichel Alexandra	*Vohburg	2:14:15	2:16:06	25	W45	71	0:23:03	1:00:52	0:50:19
191	3216	Wack Sarah		2:15:00	2:16:46	28	W35	82	0:22:00	1:03:22	0:49:36
192	3162	Brandenburg Helga	ASV Köln	2:15:59	2:16:25	2	W70	44	0:22:10	1:04:23	0:49:25
193	2680	Primechaeva Maria	*Münster	2:16:09	2:17:21	29	W35	81	0:24:23	1:05:37	0:46:08
194	2213	Endberg Melanie	*Düsseldorf	2:16:11	2:17:04	20	W40	75	0:23:38	1:04:41	0:47:51
195	3088	Rotscheidt Doris	*Hennef	2:16:46	2:18:23	1	W60	58	0:23:51	1:04:50	0:48:04
196	2462	Ranke Hannah	*Reichshof	2:17:22	2:18:57	61	WHK	96	0:22:24	1:03:26	0:51:31
197	2390	Krüger Laura	*Düsseldorf	2:17:38	2:19:20	62	WHK	95	0:23:18	1:04:30	0:49:48
198	3270	Neumann Stefani		2:17:38	2:18:47	21	W40	77	0:21:51	1:04:46	0:51:00
199	2414	Küken Anne	*Kaarst	2:17:49	2:19:20	22	W40	76	0:23:26	1:04:42	0:49:40
200	2386	Schmidt Stiedenroth Dr. Kira	*Düsseldorf	2:18:31	2:20:24	37	W30	85	0:25:54	1:05:19	0:47:17
201	3274	Seibert Julia		2:18:31	2:20:24	30	W35	83	0:25:54	1:05:20	0:47:17
202	2321	Anders Kerstin	*Ibbenbüren	2:18:40	2:20:35	23	W40	76	0:23:12	1:04:15	0:51:12
203	2627	Aretz Angelika	*Rinteln	2:18:59	2:20:57	2	W60	58	0:24:53	1:05:32	0:48:33
204	2633	Aretz Judith	*Köln	2:19:00	2:20:57	63	WHK	90	0:24:54	1:05:32	0:48:33
205	2554	Saur Isabella	*Stuttgart	2:19:41	2:21:30	64	WHK	89	0:23:27	1:03:26	0:52:48
206	2555	Weber Lisa	*Düsseldorf	2:19:42	2:21:30	65	WHK	90	0:23:27	1:03:26	0:52:48
207	3198	Kappner Astrid		2:21:01	2:21:13	7	W55	63	0:22:30	1:05:35	0:52:55
208	3172	Hoener zu Drewer Inga		2:21:11	2:23:00	31	W35	80	0:23:29	1:04:21	0:53:21
209	2547	Watzlawek Lea	*Herford	2:21:12	2:22:13	66	WHK	95	0:25:48	1:06:26	0:48:56
210	2518	Fromm Eva	*Tübingen	2:21:12	2:21:34	67	WHK	93	0:25:00	1:07:05	0:49:06
211	2532	Krüger Katharina	*Meerbusch	2:21:14	2:22:12	38	W30	86	0:25:50	1:06:26	0:48:56
212	3173	Krämer Stefanie		2:21:17	2:21:47	16	W50	68	0:24:51	1:08:04	0:48:21
213	2993	Kulusic Mehviba	*Remscheid	2:21:33	2:22:24	24	W40	76	0:23:58	1:06:43	0:50:51
214	2382	Bischoff Jasmin	*Düsseldorf	2:21:38	2:22:37	68	WHK	90	0:21:24	1:02:51	0:57:23
215	2329	Philippi Roxana	*Meerbusch	2:21:44	2:23:14	69	WHK	96	0:25:10	1:06:25	0:50:08
216	2881	Emara Yousra	*Düsseldorf	2:22:01	2:23:48	39	W30	88	0:22:45	1:05:06	0:54:09
217	3197	Kanasawang Sukanya	Intercontinental Hotel Düssel	2:22:41	2:24:34	25	W40	77	0:24:20	1:07:46	0:50:34
218	2796	Hörnig Hannah	*Düsseldorf	2:22:48	2:24:54	70	WHK	93	0:23:37	1:06:51	0:52:20
219	2784	Kuller Laura	*Korschenbroich	2:23:11	2:25:01	71	WHK	93	0:23:39	1:07:09	0:52:23
220	2679	Weber Petra	Team Erdinger Alkoholfrei	2:23:51	2:24:51	8	W55	59	0:24:31	1:08:32	0:50:47
221	2338	Sereda Ekaterina	*Düsseldorf	2:24:16	2:25:41	40	W30	85	0:23:54	1:06:50	0:53:32
222	2246	Wehlmann Birgit	Renntiere	2:24:48	2:26:27	3	W60	58	0:24:25	1:07:53	0:52:30
223	2994	Mrkic Daliborka	*Moers	2:25:16	2:26:07	26	W40	76	0:23:59	1:06:43	0:54:33
224	2960	Schumacher Alice	Running Team Grafenberg	2:25:18	2:25:47	26	W45	69	0:24:51	1:10:33	0:49:52
225	3149	Weidhase Christine	*Düsseldorf	2:25:22	2:27:08	27	W45	69	0:23:43	1:06:57	0:54:42
226	2218	Baartwijk Marjon	*Leiden	2:25:24	2:25:29	28	W45	69	0:22:58	1:08:18	0:54:07
227	2328	Sieverding Anna	*Borken	2:25:46	2:27:37	41	W30	88	0:23:55	1:07:59	0:53:51
228	2929	Buchmüller Nicole	Team Erdinger Alkoholfrei	2:25:55	2:27:22	32	W35	79	0:25:18	1:08:55	0:51:40
229	2290	Schön Sancha	Borbecker Raketen	2:25:55	2:27:22	27	W40	74	0:25:19	1:08:55	0:51:40
230	2483	Findl Beate	Ultrasports	2:26:17	2:28:10	9	W55	63	0:26:27	1:09:57	0:49:52
231	3296	Kesper Nadine		2:26:17	2:26:49	42	W30	87	0:22:58	1:09:10	0:54:08
232	2484	Queck Karolin	*Düsseldorf	2:26:35	2:28:44	72	WHK	93	0:23:00	1:06:34	0:57:00
233	3050	Hauptprich Silvana	*Warendorf	2:26:45	2:28:42	43	W30	87	0:23:29	1:05:41	0:57:33
234	2373	Hansen Claudia	*Düsseldorf	2:27:31	2:29:25	73	WHK	91	0:25:49	1:11:04	0:50:37
235	2461	Girard Marie-Christine	*Le Mans	2:27:39	2:29:16	17	W50	66	0:25:24	1:10:01	0:52:13
236	2460	Girard Justine	*Düsseldorf	2:27:39	2:29:16	74	WHK	91	0:25:26	1:10:01	0:52:11
237	2806	John Marion	*Düsseldorf	2:28:28	2:30:35	18	W50	67	0:25:58	1:09:59	0:52:31
238	2341	Leonhardt Julia	*Marl	2:28:49	2:30:41	33	W35	80	0:24:51	1:09:21	0:54:37
239	2760	Warwel Kerstin	*Breckerfeld	2:29:29	2:30:19	19	W50	68	0:24:08	1:11:08	0:54:11
240	2252	Müller Manuela	#aufgebenistkeineoption	2:30:20	2:31:43	34	W35	80	0:23:52	1:11:07	0:55:20

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	0-4km	4-14km	14-21km
241	2276	Roeckerath Angela	*Pulheim	2:30:39	2:31:46	44	W30	84	0:26:12	1:11:07	0:53:18
242	2245	Münninghoff Barbara	City Fitness	2:31:04	2:32:44	10	W55	59	0:26:37	0:00:00	0:00:00
243	2512	Ehle Dagmar	*Düsseldorf	2:32:26	2:34:19	29	W45	72	0:25:11	1:10:23	0:56:51
244	2885	Schupke Karin	*Düsseldorf	2:34:07	2:36:10	45	W30	85	0:26:05	1:11:51	0:56:11
245	2888	Ruhl Melanie	*Düsseldorf	2:34:11	2:36:04	46	W30	88	0:25:49	1:13:38	0:54:42
246	2763	Viethen Anna-Laura	*Düsseldorf	2:34:36	2:36:18	47	W30	87	0:22:59	0:00:00	0:00:00
247	2266	Briem Lisa Carolin	*Düsseldorf	2:35:37	2:36:25	75	WHK	92	0:24:31	1:11:58	0:59:07
248	3283	Friemelt Jana	TSV Meerbusch	2:36:32	2:38:33	4	W60	56	0:26:19	1:12:49	0:57:23
249	2205	Corbin Donna	*St. Peter	2:38:56	2:40:13	28	W40	75	0:26:38	1:17:33	0:54:44
250	2415	Will Katja	Medicoreha	2:39:20	2:40:32	35	W35	83	0:26:08	1:17:53	0:55:18
251	2277	Winton Diana	*Kamen	2:39:30	2:40:22	48	W30	86	0:26:08	1:16:54	0:56:28
252	2331	Kegel Lena	*Münster	2:41:17	2:43:20	76	WHK	95	0:24:59	1:13:29	1:02:48
253	2441	Zensen Natalie	*Düsseldorf	2:41:23	2:41:49	36	W35	80	0:20:35	1:21:50	0:58:57
254	3043	Pilomia Tercia	*Köln	2:55:04	2:56:30	1	W65	50	0:30:29	1:22:18	1:02:16