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Platz	Startnr	Name	Verein*/Ort	Zeit	AK	Jahr
1	917	Vernikov Sonja	Alemannia Aachen	01:08.75	WU18	2001
2	715	Schneider Claudia	Bunert - Der Kölner Laufladen	01:10.95	W40	1978
3	712	Jaschke Lisa	Bunert - Der Kölner Laufladen	01:13.15	WHK	1990
4	713	Jaschke Lisa	Bunert - Der Kölner Laufladen	01:14.65	WHK	1990
5	891	Lüchtedfeld Alice	Bunert - Der Kölner Laufladen	01:15.50	WHK	1992
6	336	Lerche Sabine	*Köln	01:18.10	WHK	1996
7	425	Schippa Beatrix	ASV Köln	01:21.60	WHK	1989
8	684	Link Annika	TS Frechen	01:22.85	WU18	2001
9	830	Schäfer Sophie	LAV Habelrath-Grefrath	01:25.5	WU18	2002
10	695	Peters Tina	*Frechen	01:25.40	WHK	1990
11	703	Hock Ines	TS Frechen	01:25.70	W55	1960
12	705	Erken Vanessa	TS Frechen	01:26.75	WU20	2000
13	922	Kreutner Sophie	Piraten AG	01:26.30	WHK	1991
14	703	Hock Ines	TS Frechen	01:27.50	W55	1960
15	425	Schippa Beatrix	ASV Köln	01:28.25	WHK	1989
16	703	Hock Ines	TS Frechen	01:28.15	W55	1960
17	425	Schippa Beatrix	ASV Köln	01:29.75	WHK	1989
18	702	Candan Monika	TS Frechen	01:30.60	W35	1981
19	997	Reinelt Sonja		01:31.70	WHK	1989
20	1125	Koch Pamela	DTV 1847	01:31.80	W35	1980
21	907	Pfahlbusch Elfi	Run of Colours Promoteam	01:31.45	W45	1972
22	1125	Koch Pamela	DTV 1847	01:32.90	W35	1980
23	735	Ogamba Simone	*Bergheim	01:32.75	W35	1981
24	922	Kreutner Sophie	Piraten AG	01:32.5	WHK	1991
25	735	Ogamba Simone	*Bergheim	01:32.15	W35	1981
26	735	Ogamba Simone	*Bergheim	01:34.55	W35	1981
27	389	Velinov DR Anke	*Frechen	01:34.35	W35	1979
28	1018	Thelen Anja		01:35.40	WHK	1996
29	571	Heesen Anita	Bauhaus Racing Team	01:35.35	W40	1977
30	692	Ruff Verena	Kita Arte	01:36.85	W35	1979
31	843	Hundertmark Sarah	TV-Alpenglühn Balkhausen 1900	01:36.90	WHK	1998
32	1125	Koch Pamela	DTV 1847	01:36.60	W35	1980
33	562	Overath Nadine	Bauhaus Racing Team	01:37.15	W30	1986
34	494	Burdak Li-Luna	SCB Horrem	01:37.10	WU12	2007
35	831	Räkow Ina	LAV Habelrath-Grefrath	01:37.75	WU18	2001
36	896	Tischlinger DR Christina	*Weilerswist	01:37.45	W35	1981
37	638	Scheidweiler Sandra	Sportsfreunde2018	01:37.65	WHK	1989
38	911	Hagen Katrin	Run of Colours Promoteam	01:38.15	W45	1972
39	497	Peters Nicole	Mach Melli Mobil	01:38.40	W40	1977
40	660	Herling Jelena	*Hürth	01:38.0	WHK	1993
41	389	Velinov DR Anke	*Frechen	01:38.75	W35	1979
42	648	Rempel Svetlana	Vier aus Hürth	01:39.45	W35	1982
43	868	Wichterich Lena Marie	Realschule Frechen	01:39.95	WU16	2003
44	499	Liedtke Manuela	TSV Stelle	01:39.40	W40	1978
45	717	Hilbk Katharina	*Köln	01:39.85	WHK	1993
46	982	Rodewald Harion	Sportfreunde Aremberg	01:39.85	W40	1976
47	783	Vogel Sabine	*Köln	01:39.60	W45	1972
48	982	Rodewald Harion	Sportfreunde Aremberg	01:39.25	W40	1976
49	922	Kreutner Sophie	Piraten AG	01:39.40	WHK	1991
50	411	Weiß Jessica	Feuerwehr Frechen	01:41.45	W30	1985
51	512	Fernandez Carla	Bauhaus Racing Team	01:41.0	W40	1977
52	510	Beckerhoff Natalie	Bauhaus Racing Team	01:41.65	W40	1975
53	493	Burdak Diana	1969	01:41.25	W45	1969
54	444	Wiebe Birte	*Köln	01:41.0	WHK	1991
55	660	Herling Jelena	*Hürth	01:41.85	WHK	1993
56	358	Schwarz Gise	born2run	01:42.80	W55	1963
57	1102	Mikschik Sylvia		01:42.15	W40	1975
58	1102	Mikschik Sylvia		01:42.50	W40	1975
59	331	Flieger Sabrina	*Köln	01:43.60	W35	1979
60	346	Heller Elke	*Frechen	01:43.60	W50	1967
61	389	Velinov DR Anke	*Frechen	01:43.85	W35	1979
62	1102	Mikschik Sylvia		01:43.0	W40	1975

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63	520	Hebola Nadja	Bauhaus Racing Team	01:44.25	W30	1988
64	482	Leers Clara	SCB-Horrem	01:44.70	WU12	2007
65	780	Wallraf Marion	*Frechen	01:44.20	W45	1973
66	910	Pfahlbusch Sigrid	Run of Colours Promoteam	01:44.20	W65	1950
67	850	Al Haji Aliya	Hauptschule Herberthskaul	01:44.0	WU14	2005
68	783	Vogel Sabine	*Köln	01:44.95	W45	1972
69	571	Heesen Anita	Bauhaus Racing Team	01:44.50	W40	1977
70	638	Scheidweiler Sandra	Sportsfreunde2018	01:44.50	WHK	1989
71	783	Vogel Sabine	*Köln	01:44.15	W45	1972
72	671	Borghard Nicole	Womens Workout	01:45.35	W45	1971
73	961	Kraetz Mary-Joe	Realschule Frechen	01:45.45	WU14	2006
74	435	Schlechtriem Bianca	*Frechen	01:45.45	W40	1976
75	660	Herling Jelena	*Hürth	01:45.35	WHK	1993
76	436	Ippen Conny	*Frechen	01:46.5	W50	1968
77	510	Beckerhoff Natalie	Bauhaus Racing Team	01:46.30	W40	1975
78	493	Burdak Diana	1969	01:46.10	W45	1969
79	497	Peters Nicole	Mach Melli Mobil	01:46.5	W40	1977
80	435	Schlechtriem Bianca	*Frechen	01:46.15	W40	1976
81	1007	Wegner Sabrina		01:47.20	W35	1981
82	744	Gaßmüller Marlene	GVG-Laufteam	01:47.20	W55	1960
83	493	Burdak Diana	1969	01:47.75	W45	1969
84	497	Peters Nicole	Mach Melli Mobil	01:47.10	W40	1977
85	861	Schröder Sarah	Realschule Frechen	01:48.80	WU16	2004
86	670	Brohl Dominique	Womens Workout	01:48.25	WHK	1990
87	439	Sommer DR Anette	*Berlin	01:48.75	W50	1968
88	982	Rodewald Harion	Sportfreunde Aremberg	01:48.75	W40	1976
89	454	Fibich Valentina	*Frechen	01:49.40	W30	1986
90	475	May Sabrina	*Frechen	01:49.75	W35	1983
91	665	Leinweber Kristina	Womens Workout	01:49.60	W30	1984
92	481	Mühlegger-Leers Elke	SCB-Horrem	01:49.70	W50	1968
93	691	Völlmicke Lena-Marie	*Frechen	01:49.0	WHK	1997
94	685	Figge Lara	TS Frechen	01:49.75	WU18	2001
95	384	Stupp Nicola	*Kerpen	01:49.85	WHK	1994
96	765	Purmann Peggy	GVG-Laufteam	01:50.15	W45	1971
97	612	Völlmicke Melanie	TS Frechen	01:50.80	W45	1973
98	839	Keunecke Kerstin	Die Grauen Burggeister	01:50.25	W50	1967
99	437	Makropoulos Heike	*Frechen	01:50.5	W40	1978
100	717	Hilbk Katharina	*Köln	01:50.20	WHK	1993
101	510	Beckerhoff Natalie	Bauhaus Racing Team	01:50.75	W40	1975
102	608	Ewert Petra	TS Frechen	01:51.55	W45	1969
103	598	Lutz Anke	TS Frechen	01:51.60	W45	1970
104	310	Schröter Zoe	*Frechen	01:51.40	WU14	2006
105	950	Suchalla Sandra	10.09.1972	01:51.95	WW	
106	441	Szyska Bärbel	*Frechen	01:51.80	W50	1966
107	963	Negri Paula	HSV-Frechen	01:52.45	WU18	2002
108	871	Eichmann Emily	Realschule Frechen	01:52.60	WU14	2006
109	951	Aggelidis Sabine	10.09.1968	01:52.55	WW	
110	782	Manz Bianka	*Bergheim	01:52.50	W50	1968
111	738	Brengmann Sandra	GVG-Laufteam	01:52.80	W40	1976
112	842	Breidbach Kyra	TV-Alpenglühn Balkhausen 1900	01:52.75	WU20	1999
113	461	Oebel Tanja	Raiffeisenbank Frechen-Hürth	01:52.50	WHK	1991
114	1061	Meul Monika		01:52.25	W60	1958
115	872	Klinz Paulina	Realschule Frechen	01:53.40	WU14	2006
116	902	Rueß-Paterno Giusi	*Frechen	01:53.35	W40	1977
117	885	Hartl Britta	*Frechen	01:53.95	WHK	1995
118	659	Mathieu Mylčne	runningwithoutasloth	01:53.45	W30	1984
119	839	Keunecke Kerstin	Die Grauen Burggeister	01:53.90	W50	1967
120	967	Möllmann Yasmin	HSV-Frechen	01:54.70	WU18	2002
121	977	Finlay Sive		01:54.10	WHK	1990
122	740	Dittmann-Schöne Imogen	GVG-Laufteam	01:54.5	W45	1970
123	430	Engelage Tanja	Kita Arte	01:55.15	W40	1975
124	645	Brandt Yasmin	*Düsseldorf	01:55.20	W30	1988

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125	331	Flieger Sabrina	*Köln	01:55.10	W35	1979
126	435	Schlechtriem Bianca	*Frechen	01:55.40	W40	1976
127	571	Heesen Anita	Bauhaus Racing Team	01:55.70	W40	1977
128	330	Huneke Pia	*Köln	01:57.35	W35	1983
129	346	Heller Elke	*Frechen	01:57.20	W50	1967
130	1143	Schäfer Martina		01:58.0	W50	1968
131	359	Sonntag Ursula	TFG Nippes 78	01:58.30	W55	1962
132	627	Kaci Lilit	ASC Akhtamar	01:59.0	WU18	2001
133	322	Ehmann Lisa	*Erfstadt	01:59.55	W30	1984
134	437	Makropoulos Heike	*Frechen	01:59.25	W40	1978
135	331	Flieger Sabrina	*Köln	01:59.95	W35	1979
136	1020	Ende Felizitas		02:00.40	WU20	1999
137	998	Koltermann Birgitt		02:00.45	W45	1970
138	1019	Pawiitschko Jessica		02:00.20	WU20	1999
139	439	Sommer DR Anette	*Berlin	02:00.75	W50	1968
140	398	Stümpel Johanne	Fresh Open Bäder Frechen	02:01.55	W30	1988
141	729	Blaschke Rebecca	*Frechen	02:01.80	W35	1982
142	387	Sieverling Wiebke	*Hürth	02:01.80	W45	1972
143	727	GÜNTHER INES	*Frechen	02:01.85	W35	1979
144	993	Looock Sabine	LAV Habbelrath	02:01.70	W55	1963
145	900	Dichant Heidi	*Frechen	02:01.5	W55	1960
146	1106	Domes Simone		02:01.20	W45	1972
147	358	Schwarz Gise	born2run	02:01.45	W55	1963
148	436	Ippen Conny	*Frechen	02:01.45	W50	1968
149	839	Keunecke Kerstin	Die Grauen Burggeister	02:01.50	W50	1967
150	480	Saerbeck Britta	Frechener-Schwimm-Verein	02:02.15	W40	1975
151	384	Stupp Nicola	*Kerpen	02:02.35	WHK	1994
152	1060	Martinez Charis Debora		02:03.25	W40	1976
153	761	Müller Dagmar	GVG-Laufteam	02:03.40	W55	1962
154	1061	Meul Monika		02:03.30	W60	1958
155	346	Heller Elke	*Frechen	02:03.75	W50	1967
156	994	Cremers Kristina		02:04.60	W35	1979
157	742	Engels Kathy	GVG-Laufteam	02:04.15	W65	1951
158	439	Sommer DR Anette	*Berlin	02:04.75	W50	1968
159	476	Wolf Sandra	Team Erdinger Alkoholfrei	02:05.90	W30	1985
160	638	Scheidweiler Sandra	Sportsfreunde2018	02:05.85	WHK	1989
161	744	Gaßmüller Marlene	GVG-Laufteam	02:05.60	W55	1960
162	500	Wellner Heike	*Erfstadt	02:06.50	W50	1967
163	704	Henschek Katharina	TS Frechen	02:06.55	W65	1952
164	1012	Duwe Jennifer	Team Bauhaus	02:06.10	WHK	
165	1013	Schmodthe Stephanie	Team Bauhaus	02:06.65	WHK	
166	419	Lersch Michaela	*Frechen	02:06.70	W40	1976
167	472	Van den Hoogen Andrea	*Frechen	02:07.85	W35	1979
168	623	Vietz Vivien	LG RWE Power	02:07.90	WHK	1995
169	322	Ehmann Lisa	*Erfstadt	02:07.60	W30	1984
170	505	Vohs Franziska	Bauhaus Racing Team	02:08.65	WHK	1990
171	433	Pütz-Pilewski Katharina	*Frechen	02:08.70	W55	1961
172	723	Ommer Annika	Road Runner Hasenweide	02:08.45	WHK	1994
173	627	Kaci Lilit	ASC Akhtamar	02:08.25	WU18	2001
174	742	Engels Kathy	GVG-Laufteam	02:08.65	W65	1951
175	441	Szyszka Bärbel	*Frechen	02:08.50	W50	1966
176	338	Mayer Mina	*Frechen	02:09.90	WU10	2010
177	337	Wilke Eileen	*Frechen	02:09.85	W40	1976
178	538	Kierakowicz Marzena	Bauhaus Racing Team	02:09.40	W45	1969
179	900	Dichant Heidi	*Frechen	02:09.5	W55	1960
180	354	Mayer Judith	1. FC Köln	02:10.0	W35	1979
181	316	Rohr Swantje	Pulchra-Amphora e.V. Neuss	02:10.30	W50	1966
182	436	Ippen Conny	*Frechen	02:10.95	W50	1968
183	213	Hartl Samira	LAV Habbelrath-Grefrath	02:11.95	WU12	2008
184	672	Hansen Annett	Womens Workout	02:11.55	W45	1970
185	859	Soulayman Nawja	Hauptschule Herberthskaul	02:11.45	WU16	2004
186	652	Lay Pui Hien	Frau	02:11.60	W50	1968

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Platz	Startnr	Name	Verein/*Ort	Zeit	AK	Jahr
187	1144	Wiesler Christina		02:11.35	W55	1961
188	330	Huneke Pia	*Köln	02:11.60	W35	1983
189	441	Szyska Bärbel	*Frechen	02:11.15	W50	1966
190	883	Hall Alicia	Team Hall	02:12.95	WU12	2007
191	324	Stauber Ulrike	*Hürth	02:12.70	W40	1976
192	546	Tamm Mareike	Bauhaus Racing Team	02:12.5	W30	1987
193	316	Rohr Swantje	Pulchra-Amphora e.V. Neuss	02:12.55	W50	1966
194	555	Krause Tanja	Bauhaus Racing Team	02:13.60	WHK	1992
195	358	Schwarz Gise	born2run	02:13.55	W55	1963
196	907	Pfahlbusch Elfi	Run of Colours Promoteam	02:13.95	W45	1972
197	1061	Meul Monika		02:13.15	W60	1958
198	413	Agbo Amarachukwu Benita	GGs Burgschule Frechen 2B	02:14.20	WU10	2009
199	907	Pfahlbusch Elfi	Run of Colours Promoteam	02:14.60	W45	1972
200	1106	Domes Simone		02:14.45	W45	1972
201	627	Kaci Lilit	ASC Akhtamar	02:14.65	WU18	2001
202	513	Wegmann Cindy	Bauhaus Racing Team	02:15.0	W35	1983
203	720	Funk-Hilger Myriam	*Frechen	02:15.25	W45	1969
204	596	Zollorsch Maïke	TS Frechen	02:15.60	WHK	1993
205	900	Dichant Heidi	*Frechen	02:15.90	W55	1960
206	749	Hajek Verena	GVG-Laufteam	02:15.25	W65	1952
207	680	Maxrath Marie	Womens Workout	02:16.90	WHK	1998
208	866	Minich Lia	Realschule Frechen	02:16.20	WU14	2006
209	322	Ehmann Lisa	*Erfstadt	02:16.80	W30	1984
210	749	Hajek Verena	GVG-Laufteam	02:16.70	W65	1952
211	330	Huneke Pia	*Köln	02:16.55	W35	1983
212	744	Gaßmüller Marlene	GVG-Laufteam	02:16.45	W55	1960
213	1106	Domes Simone		02:16.95	W45	1972
214	766	Reder Gabi	GVG-Laufteam	02:17.10	W40	1974
215	623	Vietz Vivien	LG RWE Power	02:17.90	WHK	1995
216	681	Maxrath Andrea	Womens Workout	02:18.90	W40	1976
217	460	Neulen Daniela	Raiffeisenbank Frechen-Hürth	02:18.80	W40	1978
218	342	Wachter Anette	*Frechen	02:19.65	W35	1982
219	334	Barkhausen Inga	*Köln	02:19.60	W35	1983
220	542	Adams Sandra	Bauhaus Racing Team	02:19.90	WHK	1990
221	864	Klemkow Lena	Realschule Frechen	02:19.50	WU14	2006
222	885	Hartl Britta	*Frechen	02:19.80	WHK	1995
223	316	Rohr Swantje	Pulchra-Amphora e.V. Neuss	02:19.45	W50	1966
224	717	Hilbk Katharina	*Köln	02:19.70	WHK	1993
225	664	Wirtz Sarah	*Kerpen	02:20.70	W30	1987
226	546	Tamm Mareike	Bauhaus Racing Team	02:20.25	W30	1987
227	444	Wiebe Birte	*Köln	02:20.30	WHK	1991
228	535	Reck Tamara	Bauhaus Racing Team	02:21.45	WHK	1994
229	749	Hajek Verena	GVG-Laufteam	02:21.95	W65	1952
230	723	Ommer Annika	Road Runner Hasenweide	02:21.85	WHK	1994
231	437	Makropoulos Heike	*Frechen	02:21.60	W40	1978
232	456	Kersten Petra	Raiffeisenbank Frechen-Hürth	02:22.95	W45	1970
233	455	Küchler Anja	Raiffeisenbank Frechen-Hürth	02:22.70	W45	1971
234	429	Oestreicher Tanja	Team WürmPchen	02:22.30	W40	1977
235	723	Ommer Annika	Road Runner Hasenweide	02:22.80	WHK	1994
236	431	Förster-Stauder Birgit	*Frechen	02:23.75	W40	1977
237	742	Engels Kathy	GVG-Laufteam	02:23.30	W65	1951
238	434	Pütz Daniela	*Frechen	02:24.15	WHK	1993
239	969	Ibegbülem Mathilda	HSV-Frechen	02:24.90	WU14	2005
240	880	Hall Silvia	Team Hall	02:24.80	W35	1979
241	1016	Münker Henrike		02:24.55	W45	1973
242	610	Hinterthan Petra	TS Frechen	02:26.80	W50	1966
243	444	Wiebe Birte	*Köln	02:26.10	WHK	1991
244	1000	Küfer-Weiss Annika		02:27.30	W35	1979
245	539	Schenk Ronja	Bauhaus Racing Team	02:28.5	WHK	1994
246	689	Vasios Claudia	*Frechen	02:28.10	W45	1969
247	659	Mathieu Mylčne	runningwithoutasloth	02:28.35	W30	1984
248	343	Pantaleo Maria	*Frechen	02:29.5	W35	1980

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249	614	Razavi Nooshin	TS Frechen	02:30.65	W45	1970
250	679	Pietrangeli Regina	Womens Workout	02:30.0	W50	1966
251	865	Bara Anna Melina	Realschule Frechen	02:30.80	WU12	2007
252	885	Hartl Britta	*Frechen	02:30.70	WHK	1995
253	623	Vietz Vivien	LG RWE Power	02:30.70	WHK	1995
254	384	Stupp Nicola	*Kerpen	02:30.90	WHK	1994
255	863	Slomiany Maria	Realschule Frechen	02:31.0	WU12	2007
256	359	Sonntag Ursula	TFG Nippes 78	02:32.80	W55	1962
257	359	Sonntag Ursula	TFG Nippes 78	02:33.50	W55	1962
258	546	Tamm Mareike	Bauhaus Racing Team	02:34.35	W30	1987
259	536	Smolka Nicole	Bauhaus Racing Team	02:36.45	WHK	1992
260	678	Sobetzko Barbara	Womens Workout	02:41.50	W35	1982
261	857	Minor Vialetta	Hauptschule Herbertskaul	02:42.65	WU16	2004
262	667	Gronowski Sarah	Womens Workout	02:42.85	WU16	2004
263	659	Mathieu Mylčne	runningwithoutasloth	02:42.15	W30	1984
264	668	Gronowski Andrea	Womens Workout	02:43.15	W40	1974
265	677	Trümer Marita	Womens Workout	02:45.50	W60	1957
266	673	Wendeler Stefanie	Womens Workout	02:45.15	W40	1974
267	845	Röher Martina	Hauptschule Herbertskaul	02:46.95	W55	1962
268	860	Soulayman Pakisa	Hauptschule Herbertskaul	02:47.15	WU18	2002
269	317	Scherwaß Anja	LT Düsseldorf-Süd	02:49.50	W50	1966
270	1014	Fischer Elaine	Team Bauhaus	02:50.40	WHK	
271	303	Schlaß Kerstin	*Frechen	02:52.80	W45	1970
272	1015	Coehna Nicole	Team Bauhaus	02:52.65	WHK	
273	432	Broich Petra	*Frechen	02:57.35	W45	1973
274	506	Heide Jacqueline	Bauhaus Racing Team	02:58.65	WHK	1990
275	556	Henning Tanja	Bauhaus Racing Team	03:09.85	W40	1977
276	557	Gerke Dominique	Bauhaus Racing Team	03:09.30	WHK	1990