

10 km - Stadtmeisterschaft

11. Sparkassenlauf Aurich - 16. Juni 2018

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Rundenzeiten
1	953	Waschkau Jan	TUS Weene	0:36:00	0:36:01	1	M40	77	12:08 11:43 12:08
2	819	De Jonge Stefan	TuS Weene	0:39:19	0:39:21	2	M40	76	12:49 13:28 13:01
3	946	Schmidt Jörg	TUS Weene	0:40:01	0:40:03	1	M30	84	13:19 13:15 13:25
4	943	Maibaum Lars	LT Tus Aurich-Ost	0:41:24	0:41:24	1	M45	71	13:56 13:43 13:44
5	625	Villamil David		0:42:38	0:42:42	2	M30	86	14:16 14:07 14:14
6	719	Schepker Lars	Rolf Janssen Gruppe	0:43:22	0:43:33	1	M35	80	14:23 14:15 14:43
7	511	Stürzl Sebastian	LT TUS Aurich-Ost	0:43:46	0:43:49	3	M30	86	14:30 14:38 14:37
8	848	Janßen Nils	TV Norden	0:44:16	0:44:24	1	M20	95	13:48 14:59 15:27
9	739	Block Wilhelm	2-Rad Center Block GmbH Aurich	0:44:34	0:44:38	2	M35	80	14:17 14:52 15:24
10	809	Janssen Ingo	Leinetstift	0:45:28	0:45:37	3	M35	81	15:03 15:21 15:04
11	926	Tabbert Frank	LG Ostfriesland	0:45:51	0:45:55	1	M50	65	15:23 15:05 15:22
12	952	Boettcher Bernd		0:45:52	0:46:00	3	M40	76	15:17 15:04 15:31
13	502	Wulle Thomas	MTV Aurich	0:45:56	0:46:01	1	M55	63	15:16 15:07 15:32
14	772	Bruns Ingo	LT TuS Aurich-Ost	0:47:23	0:47:31	4	M30	84	15:42 15:26 16:15
15	564	Sörös Manfred	AUR-LiLoFit	0:47:44	0:47:49	4	M35	81	15:11 15:34 16:58
16	827	Peters Marc-Andie		0:47:58	0:48:03	2	M45	71	15:47 15:52 16:17
17	622	Janssen Reno		0:48:05	0:48:14	5	M35	80	14:38 16:08 17:18
18	639	Zagonel Marco	Team Enercon	0:48:10	0:48:18	4	M40	76	16:08 15:46 16:15
19	944	Lindter Michael	MTV Aurich	0:49:08	0:49:15	3	M45	70	16:42 16:07 16:18
20	841	Roseboom Dirk		0:49:22	0:49:29	2	M20	90	16:33 16:28 16:21
21	778	Haren Thees		0:50:00	0:50:06	6	M35	83	16:33 16:31 16:55
22	672	Hamacher Henning		0:50:07	0:50:23	5	M40	74	17:00 16:22 16:44
23	742	Schweizer Christoph		0:50:18	0:50:30	5	M30	87	17:16 16:24 16:37
24	789	Ubben Ehke	MTV Aurich	0:50:53	0:51:01	2	M55	62	16:43 16:47 17:22
25	582	De Vries Tilko		0:50:55	0:51:09	7	M35	81	17:00 16:40 17:14
26	746	Leffers Michael		0:51:17	0:51:26	8	M35	83	15:55 16:43 18:38
27	603	Müller Frank	Sparkasse Aurich-Norden	0:51:35	0:51:53	4	M45	72	16:57 16:46 17:51
28	607	Reinken Udo	Sparkasse Aurich-Norden	0:51:45	0:52:03	9	M35	83	16:58 16:52 17:53
29	935	Döring Dominik	Team ENERCON	0:52:03	0:52:12	6	M30	88	16:40 17:13 18:09
30	959	Bohlen Stefan	B-Piast 2000	0:53:08	0:53:23	3	M20	92	16:42 17:43 18:42
31	635	Wattjes Sascha		0:53:24	0:53:30	10	M35	81	17:01 17:34 18:48
32	606	Oltmans Matthias	Sparkasse Aurich-Norden	0:55:18	0:55:35	6	M40	74	18:13 18:08 18:56
33	628	Hoffmann Christopher		0:55:33	0:55:44	7	M30	88	18:14 18:20 18:57
34	558	Bühren Hendrik		0:55:49	0:56:02	11	M35	80	18:24 18:21 19:03
35	928	Herfurth Oliver		0:56:01	0:56:10	5	M45	73	18:15 18:11 19:34
36	837	Poppen Hilko	Herzkinder Ostfriesland	0:56:42	0:56:44	1	MU1	06	15:38 21:35 19:28
37	738	Klaaßen Heinz		0:56:42	0:56:58	8	M30	88	18:43 18:49 19:09
38	561	Steinmeier Fritz	MTV Aurich	0:59:19	0:59:35	1	M70	48	20:21 19:23 19:34
39	801	Krautschick Björn	Team ENERCON	1:00:02	1:00:02	7	M40	78	19:45 19:44 20:32
40	592	Dechow Ingo	Sparkasse Aurich-Norden	1:00:00	1:00:16	6	M45	70	19:27 19:31 21:01
41	727	Wolters Karsten	Sparkasse Aurich-Norden	0:59:59	1:00:16	2	M50	68	19:04 19:42 21:13
42	731	Fecht Malte		1:01:45	1:01:53	1	MU1	03	19:01 19:04 23:39
43	934	Janssen Günter	MTV Aurich	1:04:41	1:04:58	1	M75	43	21:38 21:14 21:48
44	714	Bigalski Volker	Realschule Aurich	1:05:27	1:05:44	8	M40	74	20:42 20:49 23:56
45	508	Rassau Matthias		1:39:54	1:40:13	12	M35	82	33:34 32:53 33:27

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Rundenzeiten
1	584	Schwarz Tanja	MTV Aurich	0:39:25	0:39:27	1	W40	77	13:18 13:01 13:05
2	601	Janssen Claudia	Sparkasse Aurich-Norden	0:43:36	0:43:39	1	W35	80	14:17 14:32 14:46
3	544	Ender Imke	WfbM Aurich- Wittmund	0:50:35	0:50:38	2	W40	75	16:14 16:40 17:40
4	813	Müller Maren	Herzkinder Ostfriesland	0:51:12	0:51:23	1	W45	73	16:22 16:20 18:29
5	835	Geringer Irina		0:52:00	0:52:04	2	W35	81	17:07 17:31 17:21
6	636	Klingenberg Tanja	Deichmädchen	0:52:02	0:52:13	2	W45	72	17:22 17:10 17:29
7	647	Heuermann- Steinke Maike	Hilde Ubben GmbH	0:52:09	0:52:20	1	W30	86	17:21 17:11 17:37
8	575	Geiken Marion	LT TuS Aurich-Ost	0:54:00	0:54:04	1	W50	66	17:55 17:51 18:13
9	730	Hedemann Franziska		0:54:23	0:54:29	1	W20	90	17:58 17:51 18:34
10	805	Sauer-Ufkes Gudrun	MTV Aurich	0:54:26	0:54:31	2	W50	65	17:58 17:53 18:34
11	811	Janssen Maren		0:55:23	0:55:38	3	W35	80	18:40 18:12 18:30
12	550	Fink Anna		0:55:53	0:56:08	4	W35	80	18:41 18:30 18:42
13	528	Berents Anja	Blödsinn, laufen und mehr	0:55:59	0:56:12	5	W35	79	18:42 18:29 18:47
14	830	Lowack Venja		0:56:04	0:56:18	2	W20	90	18:09 18:23 19:30
15	844	Claver Martina		0:58:18	0:58:31	6	W35	81	19:25 19:28 19:24
16	548	Andreesen Katrin		0:58:19	0:58:31	7	W35	83	19:25 19:27 19:25
17	504	Dannholz Iris	TuS Aurich	1:00:01	1:00:06	3	W40	74	19:32 19:51 20:38
18	828	Laska Monika	LT TUS Aurich-Ost	1:00:31	1:00:36	3	W50	68	19:31 20:13 20:46
19	501	Rabenda Hiroko		1:00:39	1:00:54	4	W40	78	19:01 20:15 21:22
20	562	Steinmeier Marion	MTV Aurich	1:00:39	1:00:55	3	W45	69	18:53 19:40 22:05
21	711	Oskedra Heike		1:02:58	1:03:16	8	W35	79	20:55 19:54 22:07
22	735	Kakuschke Bele		1:04:07	1:04:09	1	WU1	03	20:31 21:22 22:12
23	596	Grübner Iris	Sparkasse Aurich-Norden	1:04:21	1:04:36	4	W45	72	21:09 21:11 22:00
24	715	Bigalski Doris	Realschule Aurich	1:04:07	1:05:24	5	W40	76	19:43 20:49 23:35
25	521	Bohlentz Sabine		1:06:25	1:06:39	9	W35	80	21:05 22:50 22:29
26	612	Witzel Heike	Stadtwerke Aurich	1:09:21	1:09:40	5	W45	69	21:48 23:06 24:27
27	515	Rassau Sarah	SWS	1:39:54	1:40:14	2	W30	84	33:36 32:51 33:26