

Kölner Zoolauf am 14. Juli 2017 - 5 Runden - 8.36km

Ergebnisliste Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	501	Wagner Richard	*Overath	0:44:21	2001	MU18	1	0:44:23 06:38 08:05 08:19 08:43 12:36	4:58 min/km
2	600	Gotthardt Nils	*Bonn	0:44:32	1989	MHK	1	0:44:45 07:33 08:07 09:15 09:56 09:40	4:60 min/km
3	1558	Langenberg Kai	Go Forrest	0:46:02	1993	MHK	2	0:48:59 10:47 10:17 09:50 08:09 06:58	5:10 min/km
4	2195	Lüke Thomas	Spec Attack	0:46:34	1990	MHK	3	0:50:44 10:01 09:32 08:46 08:56 09:16	5:13 min/km
5	1405	Schmitz Ulrich	Die Schmitzens	0:47:55	1968	M45	1	0:49:46 11:46 10:06 09:08 08:33 08:20	5:22 min/km
6	1406	Schmitz René	Die Schmitzens	0:47:56	2005	MU14	1	0:49:49 11:44 10:06 09:02 08:39 08:23	5:22 min/km
7	2311	Cumunija Miran	Atomic Tiitten	0:48:21	1988	MHK	4	0:48:26 09:01 09:39 10:30 09:45 09:24	5:25 min/km
8	1377	Hettich Andreas	*Kerpen	0:48:39	1975	M40	1	0:53:04 09:21 08:49 09:31 09:51 11:05	5:27 min/km
9	289	Marquadsen Thorsten	*Karlsruhe	0:50:20	1968	M45	2	0:53:21 10:07 09:44 10:08 10:22 09:57	5:39 min/km
10	2198	Lauf Niclas	*Köln	0:50:48	1991	MHK	5	0:53:21 10:40 10:14 09:56 10:00 09:57	5:42 min/km
11	537	Eidens Jan	*Köln	0:50:52	1977	M40	2	0:54:21 10:25 10:06 09:50 10:17 10:13	5:42 min/km
12	1909	Kinze Sven	Carglass	0:50:53	1981	M35	1	0:53:19 10:42 09:41 10:12 10:19 09:56	5:42 min/km
13	977	Rau Hanno	*Erfstadt	0:53:10	1989	MHK	6	0:53:51 12:39 10:15 09:50 10:04 10:20	5:58 min/km
14	670	Hummel Prof. Dr. Florian	Köln	0:53:28	1975	M40	3	0:56:21 10:52 10:16 09:50 11:07 11:22	5:60 min/km
15	120	Brücken Thomas	*Köln	0:53:44	1971	M45	3	0:54:45 12:08 14:30 09:14 09:18 08:32	6:01 min/km
16	1407	Schmitz Peer	Die Schmitzens	0:53:51	2008	MU10	1	0:54:49 11:53 10:36 10:29 11:22 09:28	6:02 min/km
17	1136	Linden Rolf	Banana13	0:54:08	1970	M45	4	0:56:24 11:35 11:02 10:40 10:34 10:16	6:04 min/km
18	1901	Hanke Philipp	Carglass	0:54:37	1984	M30	1	0:57:00 11:04 10:36 10:58 10:20 11:38	6:07 min/km
19	114	Donauer Florian	*Köln	0:55:27	1967	M50	1	0:59:12 11:39 11:13 10:59 10:59 10:36	6:13 min/km
20	394	Von Pupka Christoph	*Holzweiler	0:57:20	1964	M50	2	0:59:17 11:39 10:54 10:06 13:19 11:20	6:26 min/km
21	1049	Grandt Rainer	*Brühl	0:57:21	1964	M50	3	1:01:10 11:34 11:21 11:28 11:25 11:32	6:26 min/km
22	1390	Hagemann Frederik	*Köln	0:57:50	1988	MHK	7	1:00:47 12:58 11:21 11:09 10:58 11:21	6:29 min/km
23	2389	Holz Gerd	Läufer mit Herz	0:58:15	1971	M45	5	0:58:46 11:59 12:43 12:42 10:43 10:05	6:32 min/km
24	1938	David Felix	Carglass	0:59:22	1979	M35	2	1:02:09 11:51 11:20 11:43 12:02 12:25	6:39 min/km
25	2177	Kattenbeck Jan	*Köln	1:00:04	1988	MHK	8	1:00:58 11:55 11:32 12:07 12:37 11:51	6:44 min/km
26	2206	Kleine Achim	*Troisdorf	1:00:15	1979	M35	3	1:04:26 10:38 12:05 12:49 11:56 12:46	6:45 min/km
27	1735	Schönweitz Dirk	*Köln	1:01:36	1983	M30	2	1:05:01 13:05 12:50 11:25 12:20 11:54	6:54 min/km
28	1086	Knüpfer H.Eberhard	*Bonn	1:01:48	1942	M75	1	1:04:33 12:31 12:29 12:12 12:10 12:24	6:56 min/km
29	2145	Schorr Dennis	Ruhl	1:02:10	1983	M30	3	1:04:45 11:57 12:33 12:37 12:42 12:19	6:58 min/km
30	864	Serbée Thomas	*Köln	1:02:35	1988	MHK	9	1:02:56 09:57 09:24 09:47 14:13 19:13	7:01 min/km
31	1042	Meyer-Spang Sascha	*Hennef	1:03:14	1988	MHK	10	1:03:24 11:26 13:23 13:39 13:22 11:23	7:05 min/km
32	723	Kölschbach Markus	*Bonn	1:03:27	1968	M45	6	1:07:48 12:03 11:48 12:32 13:22 13:40	7:07 min/km
33	725	Müller Marc	Smoking Gentlemen	1:04:03	1974	M40	4	1:07:39 11:48 12:09 13:49 13:54 12:21	7:11 min/km
34	2088	Ruhl Jenns	Ruhl	1:04:42	1975	M40	5	1:07:18 11:57 12:34 13:32 13:19 13:19	7:15 min/km
35	385	Zimmer Carina	*Hürth	1:05:58	1996	MHK	11	1:06:39 12:04 12:11 13:09 14:18 14:15	7:24 min/km
36	752	Treinen Marcus	Die 3 Stooges	1:06:28	1974	M40	6	1:06:37 12:00 12:49 13:34 13:51 14:13	7:27 min/km
37	914	Lorenz Markus	BSG Lültdorf e.V.	1:08:44	1975	M40	7	1:09:22 13:36 14:53 14:57 14:37 10:41	7:42 min/km
38	907	Horn Dr. Michael	BSG Lültdorf e.V.	1:13:00	1966	M50	4	1:13:38 13:36 14:57 14:59 15:06 14:20	8:11 min/km
39	578	Deiters Lothar	LSV-Porz/ Köln	1:14:04	1934	M80	1	1:15:38 14:29 14:39 15:03 15:10 14:41	8:18 min/km
40	2153	Bomm Rainer	*Hennef	1:14:09	1960	M55	1	1:14:55 12:35 14:33 15:55 15:54 15:10	8:19 min/km
41	911	Braun Justin	BSG Lültdorf e.V.	1:14:31	2004	MU14	2	1:14:49 11:03 12:31 13:50 14:45 22:21	8:21 min/km
42	1046	Neugebauer Christoph	LV Oelde	1:17:27	1978	M35	4	1:18:10 11:48 11:11 25:31 16:55 12:00	8:41 min/km
43	923	Schröder Christian	FC Deutsche Post	1:28:42	1984	M30	4	1:32:22 17:05 20:22 13:23 20:04 17:46	9:57 min/km

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	1299	Stachelscheid Uta	*Köln	0:47:15	1985 W30	1	0:48:20	10:21 09:31 09:32 09:19 08:30	5:18 min/km
2	1300	Große Hovest Miriam	*Köln	0:47:15	1978 W35	1	0:48:20	10:22 09:31 09:32 09:18 08:30	5:18 min/km
3	2105	Sobieray Miriam	Spec Attack	0:47:22	1986 W30	2	0:51:32	10:01 09:32 09:08 09:34 09:03	5:19 min/km
4	708	Schnee Laura	#läuft	0:47:57	1989 WHK	1	0:48:57	12:17 11:57 12:01 10:46 00:54	5:23 min/km
5	701	Peter Vanessa	#läuft	0:47:59	1994 WHK	2	0:48:58	12:17 11:58 12:01 10:49 00:53	5:23 min/km
6	1839	Fabiano Gianna	*Hürth	0:49:28	1988 WHK	3	0:50:32	09:28 08:48 09:00 09:29 12:41	5:33 min/km
7	1837	Sladek Marta	*Köln	0:50:20	1984 W30	3	0:50:48	10:25 09:59 09:50 10:06 09:58	5:39 min/km
8	2348	Jansen Janine	LT DSHS Köln	0:50:25	2004 WU14	1	0:54:44	10:13 09:26 10:06 10:26 10:13	5:39 min/km
9	1530	Mach Jessica	*Grevenbroich	0:50:57	1988 WHK	4	0:51:31	09:33 09:54 10:14 10:33 10:42	5:43 min/km
10	602	Radmayr Doris	TrumerTriTeam	0:51:44	1968 W45	1	0:53:20	10:35 10:21 10:15 10:14 10:17	5:48 min/km
11	464	Delfmann Lea	*Köln	0:52:36	1996 WHK	5	0:56:58	11:05 11:13 10:42 10:08 09:27	5:54 min/km
12	990	Gessert Susanne	*Köln	0:52:51	1985 W30	4	0:55:13	11:30 11:39 11:57 09:10 08:32	5:56 min/km
13	1158	Schulte-Tigges Sibily	*Rösrath	0:53:14	1972 W45	2	0:54:20	10:13 10:15 11:01 11:19 10:25	5:58 min/km
14	1059	Diebig Maja	*Köln	0:53:34	1984 W30	5	0:53:55	10:01 10:20 10:40 10:58 11:33	6:00 min/km
15	2274	Nitsch-Felsecker Patrizia		0:53:48	1973 W40	1	0:54:44	12:02 11:24 11:18 09:37 09:25	6:02 min/km
16	287	Nagel Karin	*Nörvenich	0:53:53	1963 W50	1	0:57:27	12:54 10:36 10:17 10:09 09:54	6:03 min/km
17	1330	Porta Claudia	Jammer net lauf	0:54:47	1968 W45	3	0:55:44	10:53 10:36 11:01 11:19 10:56	6:09 min/km
18	1905	Holz Carina	Carglass	0:54:51	1986 W30	6	0:57:13	11:06 10:34 11:00 11:00 11:09	6:09 min/km
19	491	Kluth Ulrike	*Köln	0:54:54	1982 W35	2	0:58:04	11:35 11:10 11:09 10:35 10:24	6:09 min/km
20	811	Lerm Lara Ronja	*Pulheim	0:55:26	2005 WU14	2	0:55:53	10:45 10:18 10:24 12:44 11:13	6:13 min/km
21	115	Donauer Andrea	*Köln	0:55:28	1967 W50	2	0:59:13	11:39 11:13 10:59 10:59 10:36	6:13 min/km
22	79	Peitz Doris	JAMMER NET, LAUF!	0:55:32	1959 W55	1	0:56:28	10:30 12:34 10:25 10:22 11:39	6:14 min/km
23	1363	Werner Dolores	*Leverkusen	0:56:05	1975 W40	2	0:57:57	11:51 11:20 11:14 11:03 10:35	6:17 min/km
24	2041	Riedel Kiara	Team MMP	0:56:23	1991 WHK	6	0:58:25	10:30 10:44 11:06 11:41 12:19	6:19 min/km
25	132	Wipperfürth Loraine	*Köln	0:57:16	1990 WHK	7	0:59:45	11:46 12:19 11:50 11:01 10:19	6:25 min/km
26	2191	Erdenberger Sandra	*Köln	0:57:17	1976 W40	3	0:57:31	11:02 11:32 11:23 11:36 11:42	6:25 min/km
27	395	Hupperich Margit	*Holzweiler	0:57:21	1963 W50	3	0:59:17	11:40 11:10 11:16 11:53 11:20	6:26 min/km
28	1432	Roth Corinna	*Frechen	0:57:38	1987 W30	7	0:59:02	12:13 12:32 11:33 10:57 10:21	6:28 min/km
29	1022	Schwarz Isabelle	*Gießen	0:57:50	1984 W30	8	1:00:48	12:57 11:21 11:10 10:58 11:22	6:29 min/km
30	851	Roth Pauline	*Frechen	0:57:58	2003 WU16	1	1:01:01	12:15 12:05 11:54 11:32 10:11	6:30 min/km
31	489	Hourtz Britta	LT Lucherberg	0:58:00	1969 W45	4	0:58:58	11:24 13:27 10:41 11:17 11:09	6:30 min/km
32	2164	Rutter Sophie	*Mechernich	0:58:50	1996 WHK	8	1:03:02	13:23 11:23 13:09 11:11 09:42	6:36 min/km
33	938	Zelaya Jessica	*Köln	0:58:58	1988 WHK	9	1:01:24	11:17 10:28 11:35 13:01 12:36	6:37 min/km
34	1505	Vortkort-Natusch Anja	*Porta Westfalica	0:59:03	1979 W35	3	1:01:22	12:29 12:02 11:43 11:40 11:08	6:37 min/km
35	1499	Bladt Leonie	*Overath	0:59:05	1999 WU20	1	1:02:30	12:36 11:21 11:30 11:51 11:45	6:37 min/km
36	759	Vöcking Yvonne	-	0:59:07	1988 WHK	10	1:03:13	11:46 11:34 11:52 12:10 11:43	6:38 min/km
37	2021	Walter Anne		0:59:51	1982 W35	4	1:03:18	12:13 11:40 11:56 12:21 11:39	6:43 min/km
38	2020	Unkebach Sarah		0:59:51	1986 W30	9	1:03:18	12:13 11:40 11:56 12:21 11:39	6:43 min/km
39	1869	Fend Angela	*Köln	1:00:07	1987 W30	10	1:00:58	11:58 11:31 12:08 12:37 11:51	6:44 min/km
40	2061	Weyerhäuser Vanessa	*Köln	1:00:07	1988 WHK	11	1:00:58	11:58 11:31 12:08 12:37 11:51	6:44 min/km
41	929	Coeln Elly	*Köln	1:00:35	1956 W60	1	1:04:38	12:13 12:41 12:47 11:39 11:13	6:48 min/km
42	1121	Eiglmeier Klaudia	Erdmännchen-Lovers	1:00:41	1972 W45	5	1:05:08	11:58 12:52 12:03 12:14 11:33	6:48 min/km
43	299	Schürmann Tanja	*Köln	1:00:43	1978 W35	5	1:01:51	11:05 10:50 12:45 14:24 11:38	6:49 min/km
44	1091	Rütze Meike	*Kerpen	1:01:28	1979 W35	6	1:04:14	13:08 12:35 12:08 12:10 11:25	6:53 min/km
45	1087	Knüpfer Dr. Stephanie	*Kiel	1:01:49	1980 W35	7	1:04:33	12:32 12:29 12:12 12:10 12:24	6:56 min/km
46	599	Valerius Anna-Maria	*Bonn	1:02:10	1983 W30	11	1:04:12	12:42 12:45 12:43 13:05 10:53	6:58 min/km
47	2089	Ruhl Barbara	*Köln	1:02:10	1979 W35	8	1:04:44	11:56 12:34 12:37 12:43 12:18	6:58 min/km
48	808	Seifert Annett	*Rösrath	1:02:15	1977 W40	4	1:04:28	11:51 11:43 11:51 13:15 13:33	6:59 min/km
49	735	Brasch Anna	*Bonn	1:02:49	1983 W30	12	1:04:51	12:42 12:45 12:43 13:05 11:32	7:03 min/km
50	2087	Maihoff Constanze	*Koeln	1:03:13	1990 WHK	12	1:03:23	11:32 13:22 13:34 13:22 11:22	7:05 min/km
51	175	Schiffer Anke	BKZ	1:03:18	1969 W45	6	1:07:05	12:16 12:16 12:37 13:11 12:58	7:06 min/km
52	1615	Burgard Gina	*Köln	1:03:24	1986 W30	13	1:05:20	12:25 12:48 12:45 12:51 12:32	7:07 min/km
53	1614	McHugh Isabel	Gina-Isa	1:03:25	1988 WHK	13	1:05:21	12:25 12:48 12:45 12:51 12:34	7:07 min/km

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54	2063	Dziejak Carolin	*Niederkassel	1:03:29	1998 WU20	2	1:04:09	13:01	13:03	12:47	12:37	11:59	7:07 min/km
55	2062	Dziejak Marion	*Niederkassel	1:03:31	1968 W45	7	1:04:12	13:01	13:03	12:47	12:37	12:01	7:07 min/km
56	44	Waldoff Melanie	*Kerpen	1:03:43	1991 WHK	14	1:05:26	12:13	12:19	12:43	13:03	13:23	7:09 min/km
57	492	Haas Petra	Sportteufelchen e.V.	1:04:33	1965 W50	4	1:06:34	14:00	13:07	12:46	12:43	11:55	7:14 min/km
58	555	Pyka Jeannette	Sport Teufelchen	1:04:34	1963 W50	5	1:06:35	13:59	13:08	12:46	12:43	11:56	7:14 min/km
59	2007	Littig Nadine		1:04:39	0 WHK	15	1:04:50	11:01	11:02	11:01	19:07	12:27	7:15 min/km
60	1744	Geiser Carolin	TSV Bayer Leverkusen	1:05:18	2002 WU16	2	1:05:22	09:17	12:23	14:28	14:33	14:36	7:19 min/km
61	1734	Baumgart Hannah	TSV Bayer Leverkusen	1:05:19	2003 WU16	3	1:05:22	09:18	12:23	14:28	14:33	14:36	7:19 min/km
62	1842	Hillebrecht Julia	*Dormagen	1:05:20	1985 W30	14	1:06:39	14:17	14:03	13:46	11:37	11:34	7:20 min/km
63	1508	Zadory Lilla	L & L	1:05:43	1956 W60	2	1:09:41	12:20	13:05	13:16	13:48	13:11	7:22 min/km
64	1689	Steinmann Luisa	*Brühl	1:05:58	1999 WU20	3	1:06:39	12:04	12:11	13:08	14:17	14:16	7:24 min/km
65	1276	Brings Monika	*Köln	1:07:33	1974 W40	5	1:08:37	12:32	13:28	14:03	13:56	13:33	7:34 min/km
66	2144	Geus Julia	*Niederkassel	1:07:50	1996 WHK	16	1:10:55	12:03	12:03	12:18	18:57	12:27	7:36 min/km
67	1504	König-Nisius Nicola	*Köln	1:08:07	1980 W35	9	1:10:25	13:23	13:58	13:40	13:39	13:26	7:38 min/km
68	1973	Hetterich Frau Tanja	REWE Group	1:08:14	1988 WHK	17	1:09:25	13:16	13:42	13:53	13:56	13:24	7:39 min/km
69	1413	Quesada Monje Laura	*Köln	1:08:15	1990 WHK	18	1:09:25	13:17	13:42	13:53	13:56	13:24	7:39 min/km
70	913	Lorenz Christina	BSG Lülldorf e.V.	1:08:44	1976 W40	6	1:09:22	13:35	14:53	14:56	14:37	10:40	7:42 min/km
71	1847	Ritz Carmen	Seitenstecher	1:08:49	1980 W35	10	1:12:06	14:37	11:56	12:16	13:32	16:26	7:43 min/km
72	1849	Breuer Andrea	*Kaarst	1:09:05	1966 W50	6	1:11:15	12:55	12:56	16:18	14:24	12:31	7:45 min/km
73	1848	Griesbach Manuela	*Kaarst	1:09:07	1964 W50	7	1:11:17	12:55	12:56	16:18	14:24	12:33	7:45 min/km
74	2128	Alles Christine	*Bonn	1:10:27	1971 W45	8	1:14:57	12:00	16:14	15:49	15:46	10:37	7:54 min/km
75	203	Monschau Susi	*Bergisch Gladbach	1:10:28	1980 W35	11	1:11:43	14:01	14:02	14:27	14:20	13:37	7:54 min/km
76	934	Antons Lisa	*Köln	1:11:10	1992 WHK	19	1:12:27	14:03	14:42	14:20	14:17	13:46	7:59 min/km
77	70	Rembges Ute	SV Siemens	1:15:17	1980 W35	12	1:17:12	13:50	15:44	17:54	17:12	10:36	8:26 min/km
78	202	Lenz Karin	*Köln	1:15:34	1949 W65	1	1:16:49	14:19	15:09	15:26	15:35	15:03	8:28 min/km
79	715	Küster Janina	*Leverkusen	1:17:16	1996 WHK	20	1:19:24	13:50	15:27	16:35	15:55	15:28	8:40 min/km
80	172	Schlaß Kerstin	*Frechen	1:18:14	1970 W45	9	1:20:28	18:23	20:06	13:06	13:36	13:00	8:46 min/km